

**REPORT OF THE TRUSTEES AND**  
**RECEIPTS AND PAYMENTS ACCOUNT**  
**FOR THE YEAR ENDED 28 FEBRUARY 2023**  
**FOR**  
**THE GLOBAL NATURAL HEALTH CARE TRUST**

**THE GLOBAL NATURAL HEALTH CARE TRUST**

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**THE GLOBAL NATURAL HEALTH CARE TRUST**

**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 28 FEBRUARY 2023**

**Reference and Administrative Details of the Charity, its Trustees and Advisers**

**Trustees:** Annette Montague-Thomas (chairman)  
Philip Proctor  
Daniella Rubio  
Barbara Schmid (resigned 28/07/2022)  
Helen Mousley  
Pauline Burton-Page (appointed 01/08/2022)

**Charity Correspondent:** Annette Montague-Thomas  
Lower Penhale Farmhouse Offices  
Penhale Lane  
Fraddon  
Cornwall  
TR9 6ND

**Independent Examiners':** J Pearce FCA  
Lang Bennetts Audit Limited  
The Old Carriage Works  
Moresk Road  
Truro  
Cornwall  
TR1 1DG

**Bankers:** Barclays Bank plc  
20 Lemon Street  
Truro  
Cornwall  
TR1 2NB

**Charity No:** 1107629

# **THE GLOBAL NATURAL HEALTH CARE TRUST**

## **REPORT OF THE TRUSTEES** **FOR THE YEAR ENDED 28 FEBRUARY 2023**

### **Structure, Governance and Management**

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity. It has five trustees who are re-appointed annually at the Annual General Meeting. New trustees are appointed by existing trustees using the provisions of the governing document.

### **Objectives and Activities**

The objectives of the charity are as follows:

- Promotion of health and relief of sick, ill and disabled people particularly but not exclusively by the use of natural healing methods and the provision of herbal medicines;
- Education of public on all health matters and in particular in the growing and harvesting and storage of wholesome foodstuffs in nutrition in food preparation; and
- Conservation of the environment in general and in particular the taking of remedial action where neglect pollution or any other cause is having an adverse effect on the health of the local population.

The activity of the charity is as follows:

- Operation of free advisory clinics.

The trustees have reviewed their objectives, policies and activities to ensure they continue to reflect the charity's aims. In carrying out this review they have considered the Charity's Commission's revised general guidance on public benefit.

### **Achievements and performance**

The charity has achieved a great deal over the years by:

- Caring for those afflicted and affected by Lyme Disease in all stages;
- Creating Lyme Disease Awareness Campaigns;
- Opening a Helpline for those with Lyme Disease offering Integrated Medicine advice;
- Creating facilities in clinic for those with Neurological Conditions;
- Facilities now available for on line FREE consultations;
- Setting up organic herb growing facilities;
- Setting up endangered wild plant species facilities;
- Mental Health support and counselling; and
- Working with those in the community who need support.

The charity relies on the volunteers to meet the objectives of the charity.

### **Financial review**

During the year, the charity had net receipts of £192 in the year (2022: net payments £1,161). Total receipts decreased by £375 to £26,792. The total cash funds held at the year end were £227 (2022: £35). These are unrestricted funds. The charity's policy on reserves is that where operationally possible, to hold sufficient funds either in liquid investments, cash or realisable assets to meet the immediate contractual obligations of the charity.

### **Risk and investments**

The trustees have assessed the major risks to which this charity is exposed relating to its operations and finances and are satisfied that under the present system there is no significant exposure.

Investment policy need not be considered as the charity has no significant investments.

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees



.....  
Mr Philip Proctor  
Trustee

Dated: 7.6.23.....

**THE GLOBAL NATURAL HEALTH CARE TRUST**

**REPORT OF THE INDEPENDENT EXAMINERS TO THE MEMBERS OF**  
**THE GLOBAL NATURAL HEALTH CARE TRUST**  
**FOR THE YEAR ENDED 28 FEBRUARY 2023**

I report to the trustees on my examination on the accounts of The Global Natural Health Care Trust ('the charity') for the year ended 28 February 2023, which are set out on pages 4 – 6.

This report is made solely to the charity's trustees, as a body, in accordance with section 154 of the Charities Act 2011. My independent examiner's work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body for my independent examiner's work, for this report, or for the opinions I have formed.

**Respective responsibilities and basis of report**

As the charity trustees of the charity, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

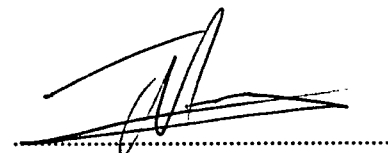
I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached



James Pearce (FCA)  
Lang Bennetts Audit Limited  
The Old Carriage Works  
Moresk Road  
TRURO  
Cornwall  
TR1 1DG

Date: 12/6/23

**THE GLOBAL NATURAL HEALTH CARE TRUST**

**RECEIPTS AND PAYMENTS**  
**FOR THE YEAR ENDED 28 FEBRUARY 2023**

	<b>Unrestricted Funds £</b>	<b>Restricted Funds £</b>	<b>2023 Total £</b>	<b>2022 Total £</b>
<b><u>Receipts</u></b>				
Grants	4,000	-	4,000	6,500
Donations and collections	19,094	-	19,094	17,194
Fundraising	983	-	983	689
Gift aid repayment	6,645	-	6,645	2,434
	<hr/> 30,722	<hr/> -	<hr/> 30,722	<hr/> 26,817
<b><u>Asset and investment sales</u></b>				
Loan received – A Montague-Thomas	-	-	-	-
Loan repayments received - Lyme Disease GNHCT Scotland	-	-	-	350
	<hr/> 30,722	<hr/> -	<hr/> 30,722	<hr/> 27,167
<b><u>Total receipts</u></b>	<hr/> 30,722	<hr/> -	<hr/> 30,722	<hr/> 27,167
<b><u>Payments</u></b>				
Patient treatment expenses	2,470	-	2,470	1,010
Growing tunnels – rent, plants, tools and workers	15,199	-	15,199	12,235
Fund raising expenses	807	-	807	413
Trustees' expenses	-	-	-	1,203
Motor expenses	3,758	-	3,758	1,912
Travel expenses	886	-	886	-
Office administration	180	-	180	284
Equipment Hire	1,050	-	1,050	-
Rent, rates and utilities	1,920	-	1,920	1,417
Bank charges and interest	-	-	-	43
Accountancy	1,596	-	1,596	1,600
Professional expenses	-	-	-	102
Miscellaneous expenses	1,073	-	1,073	1,706
Website design	-	-	-	860
	<hr/> 28,939	<hr/> -	<hr/> 28,939	<hr/> 22,785
<b><u>Assets and investment purchase</u></b>				
Plant and machinery	1,591	-	1,591	5,543
	<hr/> 1,591	<hr/> -	<hr/> 1,591	<hr/> 28,328
<b><u>Total payments</u></b>	<hr/> 30,530	<hr/> -	<hr/> 30,530	<hr/> 28,328
<b><u>Net receipts/(payments) for the year</u></b>	<hr/> 192	<hr/> -	<hr/> 192	<hr/> (1,161)
Cash funds last year	35	-	35	1,196
Transfers to/ (from) funds	-	-	-	-
<b><u>Cash funds this year</u></b>	<hr/> 227	<hr/> -	<hr/> 227	<hr/> 35

**THE GLOBAL NATURAL HEALTH CARE TRUST**

**STATEMENT OF ASSETS AND LIABILITIES**

**AT 28 FEBRUARY 2023**

	Unrestricted Funds	Restricted Funds	2023 Total	2022 Total (restated)
	£	£	£	£
<b>Cash funds</b>				
Cash at bank	227	-	227	35
<b>Total cash funds</b>	<u>227</u>	<u>-</u>	<u>227</u>	<u>35</u>
<b>Investment assets</b>				
Loan to Lyme Disease GNHCT Scotland	3,919	-	3,919	3,919
	<u>3,919</u>	<u>-</u>	<u>3,919</u>	<u>3,919</u>
<b>Assets retained for the charity's own use - cost</b>				
Computer equipment	1,105	-	1,105	1,105
Fixtures and fittings	984	-	984	-
Motor vehicles	21,000	-	21,000	21,000
Plant and machinery	19,957	5,000	24,957	24,350
	<u>43,046</u>	<u>5,000</u>	<u>48,046</u>	<u>46,455</u>
<b>Liabilities</b>				
Loan from founder member and chairman (note 1)	(4,864)	-	(4,864)	(4,864)
	<u>(4,864)</u>	<u>-</u>	<u>(4,864)</u>	<u>(4,864)</u>

These accounts were approved by the Trustees and signed on their behalf by:

.....

Name Ms A Montague-Thomas

Date of approval .....

*A. Montague-Thomas*  
11/6/23

**THE GLOBAL NATURAL HEALTH CARE TRUST**

**NOTES TO THE FINANCIAL STATEMENTS**  
**AT 28 FEBRUARY 2023**

**1. TRANSACTIONS WITH TRUSTEES'**

Within the above payments the following were paid in respect of A Montague-Thomas who was a trustee throughout the year:

	2023	2022
Trustees' expenses	-	1,203
Motor expenses	2,181	644

The loan balance carried forward at the year end is £4,864 (2022: £4,864), which is repayable to Ms A Montague-Thomas on demand. The loan had not changed during the year.

The charity uses Ms A Montague-Thomas's personal vehicle for charity business and has agreed to pay her motoring costs.

**2. FIXED ASSETS**

Fixed assets are recorded at original cost.

**3. RELATED PARTY TRANSACTIONS**

In the previous year the charity made multiple payments on behalf of the sister charity Lyme Disease GNHCT Scotland. The amount due to the charity from the Scottish sister charity at the year end was £3,919 (2022: (£3,919)).

See also note 1 for details of Trustees expenses.