

REPORT OF THE TRUSTEES AND  
RECEIPTS AND PAYMENTS ACCOUNT  
FOR THE YEAR ENDED 28 FEBRUARY 2022  
FOR  
THE GLOBAL NATURAL HEALTH CARE TRUST

**THE GLOBAL NATURAL HEALTH CARE TRUST**

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**THE GLOBAL NATURAL HEALTH CARE TRUST**

**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 28 FEBRUARY 2022**

**Reference and Administrative Details of the Charity, its Trustees and Advisers**

Trustees: Annette Montague-Thomas (chairman)  
Beth Harrison (resigned 25/06/2021)  
Philip Proctor  
Diane Dyckhoff (resigned 25/06/2021)  
Daniella Rubio  
Barbara Schmid (appointed 19/06/2021)  
Helen Mousley (appointed 19/06/2021)

Charity Correspondent: Annette Montague-Thomas  
Lower Penhale Farmhouse Offices  
Penhale Lane  
Fraddon  
Cornwall  
TR9 6ND

Independent Examiners: Lang Bennetts  
Chartered Accountants  
The Old Carriage Works  
Moresk Road  
Truro  
Cornwall  
TR1 1DG

Bankers: Barclays Bank plc  
20 Lemon Street  
Truro  
Cornwall  
TR1 2NB

Charity No: 1107629

# **THE GLOBAL NATURAL HEALTH CARE TRUST**

## **REPORT OF THE TRUSTEES** **FOR THE YEAR ENDED 28 FEBRUARY 2022**

### **Structure, Governance and Management**

The charity is controlled by its governing document, and it has five trustees who are re-appointed annually at the Annual General Meeting. New trustees are appointed by existing trustees using the provisions of the governing document.

### **Objectives and Activities**

The objectives of the charity are as follows:

- Promotion of health and relief of sick, ill and disabled people particularly but not exclusively by the use of natural healing methods and the provision of herbal medicines;
- Education of public on all health matters and in particular in the growing and harvesting and storage of wholesome foodstuffs in nutrition in food preparation; and
- Conservation of the environment in general and in particular the taking of remedial action where neglect pollution or any other cause is having an adverse effect on the health of the local population.

The activity of the charity is as follows:

- Operation of free advisory clinics.

The trustees have reviewed their objectives, policies and activities to ensure they continue to reflect the charity's aims. In carrying out this review they have considered the Charity's Commission's revised general guidance on public benefit.

### **Achievements and performance**

The charity has achieved a great deal over the years by:

- Caring for those afflicted and affected by Lyme Disease in all stages;
- Creating Lyme Disease Awareness Campaigns;
- Opening a Helpline for those with Lyme Disease offering Integrated Medicine advice;
- Creating facilities in clinic for those with Neurological Conditions;
- Facilities now available for on line FREE consultations;
- Setting up organic herb growing facilities;
- Setting up endangered wild plant species facilities;
- Mental Health support and counselling; and
- Working with those in the community who need support.

### **Financial review**

During the year, the charity had net payments of £1,161 in the year (2021: net receipts £1,060). Total receipts decreased by £12,611 to £27,167. Grants included £5,000 received as a restricted grant from John Ackroyd Charitable Trust. These funds were restricted for the purchase and installation of the milling machine and were fully spent within the year. The total cash funds held at the year end were £35 (2021: £1,196). The charity's policy on reserves is that where operationally possible, to hold sufficient funds either in liquid investments, cash or realisable assets to meet the immediate contractual obligations of the charity.

### **Risk and investments**

The trustees have assessed the major risks to which this charity is exposed relating to its operations and finances and are satisfied that under the present system there is no significant exposure. Investment policy need not be considered as the charity has no significant investments.

The trustees declare that they have approved the trustees' report above.  
Signed on behalf of the charity's trustees

*Philip Proctor*

.....

Mr Philip Proctor  
Trustee

Dated: ...28/04/2022.....

**THE GLOBAL NATURAL HEALTH CARE TRUST**  
**REPORT OF THE INDEPENDENT EXAMINERS TO THE MEMBERS OF**  
**THE GLOBAL NATURAL HEALTH CARE TRUST**  
**FOR THE YEAR ENDED 28 FEBRUARY 2022**

I report to the trustees on my examination on the accounts of The Global Natural Health Care Trust ('the charity') for the year ended 28 February 2022, which are set out on pages 4 – 6.

This report is made solely to the charity's trustees, as a body, in accordance with section 154 of the Charities Act 2011. My independent examiner's work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body for my independent examiner's work, for this report, or for the opinions I have formed.

**Respective responsibilities and basis of report**

As the charity trustees of the charity, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

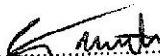
I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached

  
.....  
Colin R Truscott (FCA)  
Lang Bennetts Audit Limited  
The Old Carriage Works  
Moresk Road  
TRURO  
Cornwall  
TR1 1DG

Date: 6/5/2022.....

**THE GLOBAL NATURAL HEALTH CARE TRUST**

**RECEIPTS AND PAYMENTS**  
**FOR THE YEAR ENDED 28 FEBRUARY 2022**

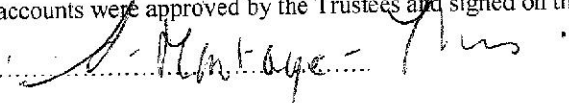
	Unrestricted Funds £	Restricted Funds £	2022 Total £	2021 Total £
<b><u>Receipts</u></b>				
Grants	1,500	5,000	6,500	13,000
Donations and collections	17,194		17,194	17,104
Fundraising	689	-	689	199
Gift aid repayment	2,434	-	2,434	3,237
	<u>21,817</u>	<u>5,000</u>	<u>26,817</u>	<u>33,540</u>
<b><u>Asset and investment sales</u></b>				
Loan received – A Montague-Thomas	-	-	-	2,238
Loan repayments received - Lyme Disease GNHCT Scotland	350	-	350	4,000
	<u>350</u>	<u>-</u>	<u>350</u>	<u>6,238</u>
	<u>22,167</u>	<u>5,000</u>	<u>27,167</u>	<u>39,778</u>
<b><u>Total receipts</u></b>				
<b><u>Payments</u></b>				
Patient treatment expenses	1,010	-	1,010	1,107
Growing tunnels – rent, plants and tools	12,235	-	12,235	11,410
Fund raising expenses	413	-	413	480
Trustees' expenses	1,203	-	1,203	156
Motor expenses	1,912	-	1,912	4,380
Office administration	284	-	284	419
Rent, rates and utilities	1,417	-	1,417	1,064
Bank charges and interest	43	-	43	5
Accountancy	1,600	-	1,600	1,200
Professional expenses	102	-	102	-
Miscellaneous expenses	1,706	-	1,706	1,125
Website design	860	-	860	-
	<u>22,785</u>	<u>-</u>	<u>22,785</u>	<u>21,346</u>
<b><u>Assets and investment purchase</u></b>				
Computer equipment	-	-	-	900
Plant and machinery	543	5,000	5,543	7,808
Bridget Roberts loan repayment	-	-	-	4,000
Lyme Disease GNHCT Scotland loan	-	-	-	4,664
	<u>543</u>	<u>5,000</u>	<u>5,543</u>	<u>17,372</u>
	<u>23,328</u>	<u>5,000</u>	<u>28,328</u>	<u>38,718</u>
<b><u>Total payments</u></b>				
<b><u>Net (payments)/receipts for the year</u></b>	(1,161)	-	(1,161)	1,060
Cash funds last year	1,196	-	1,196	136
Transfers to/ (from) funds	-	-	-	-
	<u>35</u>	<u>-</u>	<u>35</u>	<u>1,196</u>
<b><u>Cash funds this year</u></b>				

**THE GLOBAL NATURAL HEALTH CARE TRUST**

**STATEMENT OF ASSETS AND LIABILITIES**  
**AT 28 FEBRUARY 2022**

	Unrestricted Funds	Restricted Funds	2022 Total	2021 Total (restated)
	£	£	£	£
<b>Cash funds</b>				
Cash at bank	35	-	35	1,196
<b>Total cash funds</b>	<u>35</u>	<u>-</u>	<u>35</u>	<u>1,196</u>
 <b>Investment assets</b>				
Loan to Lyme Disease GNHCT Scotland	3,919	-	3,919	4,269
	<u>3,919</u>	<u>-</u>	<u>3,919</u>	<u>4,269</u>
 <b>Assets retained for the charity's own use - cost</b>				
Computer equipment	1,105	-	1,105	1,105
Fixtures and fittings	-	-	-	-
Motor vehicles	21,000	-	21,000	21,000
Plant and machinery	19,350	5,000	24,350	18,808
	<u>41,455</u>	<u>5,000</u>	<u>46,455</u>	<u>40,913</u>
 <b>Liabilities</b>				
Loan from founder member and chairman (note 1)	(4,864)	-	(4,864)	(4,864)
	<u>(4,864)</u>	<u>-</u>	<u>(4,864)</u>	<u>(4,864)</u>

These accounts were approved by the Trustees and signed on their behalf by:



Name Ms A Montague-Thomas

Date of approval 6/5/2022

**THE GLOBAL NATURAL HEALTH CARE TRUST**

**NOTES TO THE FINANCIAL STATEMENTS**

**AT 28 FEBRUARY 2022**

**1. TRANSACTIONS' WITH TRUSTEE'S**

Within the above payments the following were paid in respect of A Montague-Thomas who was a trustee throughout the year:

	2022	2021
Office Administration and rent paid to Ms Montague-Thomas	-	-
Reimbursement of expenses	-	-
Trustees' expenses	1,203	156
Motor expenses	644	3,587
Office expenses	-	190

The loan balance carried forward at the year end is £4,864 (2021: £4,864), which is repayable to Ms A Montague-Thomas on demand. The loan had increased by £7,473 during the year due to expenses of the charity being paid privately by Ms A Montague-Thomas and additional funds provided to the charity by Ms A Montague-Thomas. Ms A Montague-Thomas has agreed that this can be treated as a donation to the charity and is not repayable.

The charity uses Ms A Montague-Thomas's personal vehicle for charity business and has agreed to pay her motoring costs.

**2. FIXED ASSETS**

Fixed assets are recorded at original cost.

**3. RELATED PARTY TRANSACTIONS**

In the previous year the charity made multiple payments on behalf of the sister charity Lyme Disease GNHCT Scotland. The amount due to the charity from the Scottish sister charity at the year end was £3,919 (2021: (£4,269)).

See also note 1 for details of Trustees expenses.