

THE GLOBAL NATURAL HEALTH CARE TRUST

England & Wales · Charity number 1107629

Details

Status Registered

Legal form Trust

Registered 2005-01-14

Register [View on the Charity Commission register](#)

Contact

Address Lower Penhale Farmhouse
Penhale Lane
St Columb Cornwall
St Columb Cornwall

TR9 6ND

Phone 01726 861490

Email info@gnhct.com

Website www.gnhct-uk.com

Activities

Objects: 1. THE PROMOTION OF HEALTH AND THE RELIEF OF SICK ILL AND DISABLED PEOPLE PARTICULARLY BUT NOT EXCLUSIVELY BY THE USE OF NATURAL HEALING METHODS AND THE PROVISION OF HERBAL MEDICINES.2. THE EDUCATION OF THE PUBLIC IN ALL MATTERS PERTAINING TO HEALTH AND IN PARTICULAR IN THE GROWING HARVESTING AND STORAGE OF WHOLESOME FOODSTUFFS IN NUTRITION AND IN FOOD PREPARATION.3. THE CONSERVATION OF THE ENVIRONMENT IN GENERAL AND IN PARTICULAR THE TAKING OF REMEDIAL ACTION WHERE NEGLECT POLLUTION OR ANY OTHER CAUSE IS HAVING AN ADVERSE EFFECT ON THE HEALTH OF THE LOCAL POPULATION.

Activities: Promotion of health and relief of sick, ill and disabled people.Education of the Public on health matters and provision of transport for the disabled.Operation of free advisory clinics.

Classification

- **How:** Provides Human Resources, Provides Buildings/facilities/open Space, Provides Services, Sponsors Or Undertakes Research
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** The General Public/mankind

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-02-28	£68,292	£67,818	-	-
2024-02-29	£36,602	£33,546	-	-
2023-02-28	£30,722	£30,530	-	-
2022-02-28	£26,817	£28,328	-	-
2021-02-28	£39,778	£38,718	-	-

Trustees

Name	Role	Appointed
ANNETTE MONTAGUE-THOMAS	Chair	
ANTHONY PHILIP PROCTOR		
Daniella Rubio		2019-06-21
Helen Mousley		2021-06-19
Niall Clift		2024-04-26

THE GLOBAL NATURAL HEALTH CARE TRUST

England & Wales - Charity number 1107629

Accounts

THE GLOBAL NATURAL HEALTHCARE TRUST

A CHARITABLE UN-INCORPORATED ASSOCIATION

TRUSTEES' REPORT

AND

FINANCIAL STATEMENTS

FOR THE YEAR ENDED

28 FEBRUARY 2025

THE GLOBAL NATURAL HEALTHCARE TRUST
LEGAL AND ADMINISTRATIVE INFORMATION

FOR THE YEAR ENDED 28 FEBRUARY 2025

Trustees

Annette Montague-Thomas
Anthony Philip Proctor
Daniella Rubio
Helen Mously
Pauline Burton-Page
Niall Clift
Tara Fielding

Charity Number

1107629

Registered Office

Lower Penhale Farmhouse Office
Penhale Lane
Fraddon
TR9 6ND

Bankers

Barclays Bank PLC
20 Lemon Street
Truro
TR1 2NB
Cornwall

Independent Examiner

PSM Reid Masters Ltd t/a Tolvern
Unit 3, Building B
Green Court
Truro
TR4 9LF

THE GLOBAL NATURAL HEALTHCARE TRUST

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FOR THE YEAR ENDED 28 FEBRUARY 2025

Trustees' Report 1

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THE GLOBAL NATURAL HEALTHCARE TRUST

TRUSTEES' REPORT

FOR THE YEAR ENDED 28 FEBRUARY 2025

The trustees present their annual report and financial statements for the year ended 28 February 2025.

Structure, Governance and Management

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity. It has seven trustees who are re-appointed annually at the Annual General Meeting. New trustees are appointed by existing trustees using the provisions of the governing document.

Objectives and Activities

The objectives of the charity are as follows:

- Promotion of health and relief of sick, ill and disabled people particularly but not exclusively by the use of natural healing methods and the provision of herbal medicines;
- Education of public on all health matters and in particular in the growing and harvesting and storage of wholesome foodstuffs in nutrition in food preparation; and
- Conservation of the environment in general and in particular the taking of remedial action where neglect pollution or any other cause is having an adverse effect on the health of the local population.

The activity of the charity is as follows:

- Operation of free advisory clinics.

The trustees have reviewed their objectives, policies and activities to ensure they continue to reflect the charity's aims. In carrying out this review they have considered the Charity's Commission's revised general guidance on public benefit.

Achievements and performance

The charity has achieved a great deal over the years by:

- Caring for those afflicted and affected by Lyme Disease in all stages;
- Creating Lyme Disease Awareness Campaigns;
- Opening a Helpline for those with Lyme Disease offering Integrated Medicine advice;
- Creating facilities in clinic for those with Neurological Conditions;
- Facilities now available for on line FREE consultations;
- Setting up organic herb growing facilities;
- Setting up endangered wild plant species facilities;
- Mental Health support and counselling; and
- Working with those in the community who need support.

Financial review

During the year, the charity had net receipts of £474 in the year (2024: net receipts £3,056). Total receipts increased by £31,690 to £68,292, which included a restricted donation of £44,000 that was given towards the building costs of the new clinic and dispensary. This work was still ongoing at the year end. The total cash funds held at the year end were £3,756.26 (2024: £3,283), of which £3,402 represented restricted funds. The remaining funds are unrestricted funds. The charity's policy on reserves is that where operationally possible, to hold sufficient funds either in liquid investments, cash or realisable assets to meet the immediate contractual obligations of the charity.

Risk and investments

The trustees have assessed the major risks to which this charity is exposed relating to its operations and finances and are satisfied that under the present system there is no significant exposure. Investment policy need not be considered as the charity has no significant investments.

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

This report was approved by the trustees and signed on its behalf by:

A Proctor

Annette Montague-Thomas, Anthony Philip Proctor
Trustee

Date : **18 March 2026**

THE GLOBAL NATURAL HEALTHCARE TRUST

INDEPENDENT EXAMINER'S REPORT

FOR THE YEAR ENDED 28 FEBRUARY 2025

Independent Examiner's Report to the Trustees of The Global Natural Healthcare Trust

I report to the Charity Trustees on my examination of the accounts of the charity for the year ended 28 February 2025 which consists of the statement of financial activities, balance sheet and the related notes

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act')

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent Examiner's Statement

The charity's gross income did not exceed £250,000 and I am qualified to undertake the examination by being a qualified member of AAT

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

the accounting records were not kept in accordance with section 130 of the Charities Act; or

the accounts did not accord with the accounting records; or

the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Peter Masters

Name: **Peter Masters**

for and on behalf of **PSM Reid Masters Ltd t/a Tolvern**

Date: **18 March 2026**

THE GLOBAL NATURAL HEALTHCARE TRUST

RECEIPTS AND PAYMENTS

FOR THE YEAR ENDED 28 FEBRUARY 2025

Categories	Unrestricted funds	Restricted funds	Total funds	Last year
Receipts				
Donation and gifts	29,907.14	29,000.00	58,907.14	27,111.00
General grants provided by Government/other charities	-	-	-	5,000.00
Gift Aid	5,690.55	-	5,690.55	2,425.00
Events	2,244.46	-	2,244.46	2,066.00
Sub total	37,842.15	29,000.00	66,842.15	36,602.00
Asset and investment sales				
Loans received from external funder	1,450.00	-	1,450.00	227.00
Sub total	1,450.00	-	1,450.00	227.00
Total receipts	39,292.15	29,000.00	68,292.15	36,829.00
Payments				
Patient treatment expenses	6,804.27	-	6,804.27	4,815.00
Growing tunnels - rent, plants, tools and workers	9,189.21	-	9,189.21	9,474.00
New clinic redevelopment	-	26,728.22	26,728.22	3,870.00
Motor expenses	6,681.05	-	6,681.05	5,744.00
Travel expenses	81.38	-	81.38	24.00
Office administration	3,526.89	-	3,526.89	135.00
Equipment Hire	3,456.00	-	3,456.00	1,528.00
Rent, rates and utilities	3,452.89	-	3,452.89	555.00
Bank charges and interest	252.00	-	252.00	-
Professional expenses	-	-	-	178.00
Miscellaneous expenses	799.17	-	799.17	878.00
Website design	103.55	-	103.55	968.00
Staging fundraising events	1,168.81	-	1,168.81	2,228.00
Accountants fees	5,165.00	-	5,165.00	1,650.00
Sub total	40,680.22	26,728.22	67,408.44	32,047.00
Asset and investment purchases				
Plant & Machinery - Additions - Cost	410.10	-	410.10	1,499.00

Sub total	410.10	-	410.10	1,499.00
Total Payments	41,090.32	26,728.22	67,818.54	33,546.00
Net of receipts/(payments)	(1,798.17)	2,271.78	473.61	3,283.00
Cash funds last year end	2,153.00	1,130.00	3,283.00	-
Cash funds this year end	354.83	3,401.78	3,756.61	3,283.00

THE GLOBAL NATURAL HEALTHCARE TRUST

STATEMENT OF ASSETS AND LIABILITIES

FOR THE YEAR ENDED 28 FEBRUARY 2025

Categories	Details	Unrestricted funds	Restricted funds
Cash funds			
	Cash at bank and in hand	354.83	3,401.78
	Total Cash Funds	354.83	3,401.78
	Details	Fund to which asset belongs	Cost (optional)
Assets retained for the charity's own use			
	Plant & Machinery	Restricted Funds	5,000.00
	Plant & Machinery	Unrestricted Funds	21,866.10
	Motor Vehicles	Unrestricted Funds	21,000.00
	Fixtures & Fittings	Unrestricted Funds	984.00
	Computer Equipment	Unrestricted Funds	1,105.00
	Total		49,955.10
	Details	Fund to which asset belongs	Cost (optional)
Liabilities			
	Loan from founder member and chairman	Unrestricted Funds	6,314.00
	Total		6,314.00

For the year ended 28 February 2025 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476.

The trustees acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Board on 18 March 2026 and signed on its behalf by:

Annette Montague-Thomas

Annette Montague-Thomas, Anthony Philip Proctor
Trustee

Date : **18 March 2026**

THE GLOBAL NATURAL HEALTHCARE TRUST

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 28 FEBRUARY 2025

1. Accounting Policies

1.1 Basis of preparation

The accounts have been prepared on a receipts and payments basis and therefore consist of a receipts and payments account and a statement of assets and liabilities.

Receipts and payments accounts record income when it is received and expenditure when it is paid. No adjustments are made for accruals or prepayments.

The accounts have been prepared in accordance with the Charities Act 2011 and the Charity Commission guidance applicable to charities preparing receipts and payments accounts.

The accounts are presented in pounds sterling and rounded to the nearest pound.

2. Tangible Fixed Assets

	Plant & Machinery	Motor Vehicles	Fixtures & Fittings	Computer Equipment
	£	£	£	£
2.1 Cost or valuation				
At 01 March 2024	26,456.00	21,000.00	984.00	1,105.00
Additions	410.10	-	-	-
Disposals	-	-	-	-
Revaluations	-	-	-	-
Transfers	-	-	-	-
At 28 February 2025	26,866.10	21,000.00	984.00	1,105.00
2.2 Depreciation and impairments				
At 01 March 2024	-	-	-	-
Charge for the year	-	-	-	-
Disposals	-	-	-	-
Revaluations	-	-	-	-
Transfers	-	-	-	-
At 28 February 2025	-	-	-	-
2.3 Net book value				
At 01 March 2024	26,456.00	21,000.00	984.00	1,105.00
At 28 February 2025	26,866.10	21,000.00	984.00	1,105.00

Fixed assets are recorded at original cost.

3. TRANSACTIONS WITH TRUSTEES'

Within the above payments the following were paid in respect of A Montague-Thomas who was a trustee throughout the year:

	2025	2024
Trustees' expenses	-	-
Motor expenses	2,198	3,787

The loan balance carried forward at the year end is £6,314 (2024: £4,864), which is repayable to Ms A Montague-Thomas on demand. The loan had increased by £1,450 during the year.

The charity uses Ms A Montague-Thomas's personal vehicles for charity business and has agreed to pay the motoring costs for these.

Ms A Montague-Thomas has privately paid for expenses for the charity amounting to £2,506 during the year. These are to be treated as a donation in kind. The charity also uses premises owned by Ms A Montague-Thomas for office space and dispensary at no charge.

Document Details

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Browser &
Version

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Document Draft Annual Accounts 2025 - GNHCT created.	18-03-2026 15:52
Signer Annette Montague-Thomas,Anthony Philip Proctor,Peter Masters added to the document Draft Annual Accounts 2025 - GNHCT.	18-03-2026 15:54
Reminder set to the document Draft Annual Accounts 2025 - GNHCT.	18-03-2026 15:59
Document has sent for signature to Annette Montague-Thomas(info@gnhct.com).	18-03-2026 16:00
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Document has sent for signature to Peter Masters(p.masters@mail.com).	18-03-2026 16:00
Document has sent for signature to Peter Masters(p.masters@mail.com).	18-03-2026 16:00
Document has sent for signature to Peter Masters(p.masters@mail.com).	18-03-2026 16:00
Peter Masters signed the document Draft Annual Accounts 2025 - GNHCT.	18-03-2026 16:12
Anthony Philip Proctor signed the document Draft Annual Accounts 2025 - GNHCT.	18-03-2026 16:22

THE GLOBAL NATURAL HEALTH CARE TRUST

England & Wales - Charity number 1107629

Accounts

REPORT OF THE TRUSTEES AND
RECEIPTS AND PAYMENTS ACCOUNT
FOR THE YEAR ENDED 28 FEBRUARY 2024
FOR
THE GLOBAL NATURAL HEALTH CARE TRUST

THE GLOBAL NATURAL HEALTH CARE TRUST

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FOR THE YEAR ENDED 28 FEBRUARY 2024

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THE GLOBAL NATURAL HEALTH CARE TRUST

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 28 FEBRUARY 2024

Reference and Administrative Details of the Charity, its Trustees and Advisers

Trustees: Annette Montague-Thomas (chairman)
Philip Proctor
Daniella Rubio
Helen Mousley
Pauline Burton-Page
Niall Clift (appointed 26/04/2024)
Tara Fielding (appointed 24/02/2024)

Charity Correspondent: Annette Montague-Thomas
Lower Penhale Farmhouse Offices
Penhale Lane
Fraddon
Cornwall
TR9 6ND

Independent Examiners': J Pearce FCA
TC Group
The Old Carriage Works
Moresk Road
Truro
Cornwall
TR1 1DG

Bankers: Barclays Bank plc
20 Lemon Street
Truro
Cornwall
TR1 2NB

Charity No: 1107629

THE GLOBAL NATURAL HEALTH CARE TRUST

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 28 FEBRUARY 2024

Structure, Governance and Management

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity. It has seven trustees who are re-appointed annually at the Annual General Meeting. New trustees are appointed by existing trustees using the provisions of the governing document.

Objectives and Activities

The objectives of the charity are as follows:

- Promotion of health and relief of sick, ill and disabled people particularly but not exclusively by the use of natural healing methods and the provision of herbal medicines;
- Education of public on all health matters and in particular in the growing and harvesting and storage of wholesome foodstuffs in nutrition in food preparation; and
- Conservation of the environment in general and in particular the taking of remedial action where neglect pollution or any other cause is having an adverse effect on the health of the local population.

The activity of the charity is as follows:

- Operation of free advisory clinics.

The trustees have reviewed their objectives, policies and activities to ensure they continue to reflect the charity's aims. In carrying out this review they have considered the Charity's Commission's revised general guidance on public benefit.

Achievements and performance

The charity has achieved a great deal over the years by:

- Caring for those afflicted and affected by Lyme Disease in all stages;
- Creating Lyme Disease Awareness Campaigns;
- Opening a Helpline for those with Lyme Disease offering Integrated Medicine advice;
- Creating facilities in clinic for those with Neurological Conditions;
- Facilities now available for on line FREE consultations;
- Setting up organic herb growing facilities;
- Setting up endangered wild plant species facilities;
- Mental Health support and counselling; and
- Working with those in the community who need support.

The charity relies on the volunteers to meet the objectives of the charity.

Financial review

During the year, the charity had net receipts of £3,056 in the year (2023: net receipts £192). Total receipts increased by £5,880 to £36,602, which included a restricted grant of £5,000 that was given by Screwfix towards the building costs of the new clinic and dispensary. This work was still ongoing at the year end. The total cash funds held at the year end were £3,283 (2023: £227), of which £1,130 represented restricted funds. The remaining funds are unrestricted funds. The charity's policy on reserves is that where operationally possible, to hold sufficient funds either in liquid investments, cash or realisable assets to meet the immediate contractual obligations of the charity.

Risk and investments

The trustees have assessed the major risks to which this charity is exposed relating to its operations and finances and are satisfied that under the present system there is no significant exposure.

Investment policy need not be considered as the charity has no significant investments.

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees



.....
Mr Philip Proctor
Trustee

Dated: 15.08.2024

THE GLOBAL NATURAL HEALTH CARE TRUST

REPORT OF THE INDEPENDENT EXAMINERS TO THE MEMBERS OF
THE GLOBAL NATURAL HEALTH CARE TRUST
FOR THE YEAR ENDED 28 FEBRUARY 2024

I report to the trustees on my examination on the accounts of The Global Natural Health Care Trust ('the charity') for the year ended 28 February 2024, which are set out on pages 4 – 6.

This report is made solely to the charity's trustees, as a body, in accordance with section 154 of the Charities Act 2011. My independent examiner's work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body for my independent examiner's work, for this report, or for the opinions I have formed.

Respective responsibilities and basis of report

As the charity trustees of the charity, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

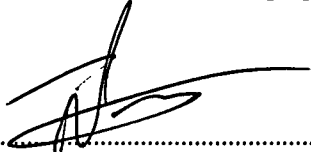
I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached



.....
James Pearce (FCA)
TC Group
The Old Carriage Works
Moresk Road
TRURO
Cornwall
TR1 1DG

Date: 2/9/24

THE GLOBAL NATURAL HEALTH CARE TRUST

RECEIPTS AND PAYMENTS
FOR THE YEAR ENDED 28 FEBRUARY 2024

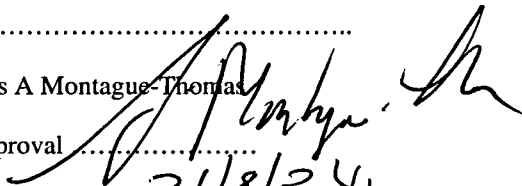
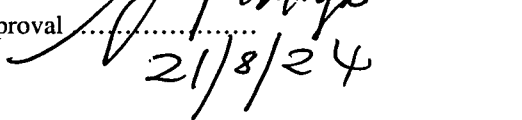
	Unrestricted Funds £	Restricted Funds £	2024 Total £	2023 Total £
<u>Receipts</u>				
Grants	-	5,000	5,000	4,000
Donations and collections	27,111	-	27,111	19,094
Fundraising	2,066	-	2,066	983
Gift aid repayment	2,425	-	2,425	6,645
	<u>31,602</u>	<u>5,000</u>	<u>36,602</u>	<u>30,722</u>
<u>Total receipts</u>	<u>31,602</u>	<u>5,000</u>	<u>36,602</u>	<u>30,722</u>
<u>Payments</u>				
Patient treatment expenses	4,815	-	4,815	2,470
Growing tunnels – rent, plants, tools and workers	9,474	-	9,474	15,199
		-		
Fund raising expenses	2,228	-	2,228	807
New clinic redevelopment	-	3,870	3,870	-
Motor expenses	5,744	-	5,744	3,758
Travel expenses	24	-	24	886
Office administration	135	-	135	180
Equipment Hire	1,528	-	1,528	1,050
Rent, rates and utilities	555	-	555	1,920
Bank charges and interest	-	-	-	-
Accountancy	1,650	-	1,650	1,596
Professional expenses	178	-	178	-
Miscellaneous expenses	878	-	878	1,073
Website design	968	-	968	-
	<u>28,177</u>	<u>3,870</u>	<u>32,047</u>	<u>28,939</u>
<u>Assets and investment purchase</u>				
Plant and machinery	1,499	-	1,499	1,591
	<u>1,499</u>	<u>-</u>	<u>1,499</u>	<u>1,591</u>
<u>Total payments</u>	<u>29,676</u>	<u>3,870</u>	<u>33,546</u>	<u>30,530</u>
Net receipts for the year	1,926	1,130	3,056	192
Cash funds last year	227	-	227	35
Transfers to/ (from) funds	-	-	-	-
Cash funds this year	<u>2,153</u>	<u>1,130</u>	<u>3,283</u>	<u>227</u>

THE GLOBAL NATURAL HEALTH CARE TRUST

STATEMENT OF ASSETS AND LIABILITIES
AT 28 FEBRUARY 2024

	Unrestricted Funds	Restricted Funds	2024 Total	2023 Total
	£	£	£	£
Cash funds				
Cash at bank	2,153	1,130	3,283	227
Total cash funds	<u>2,153</u>	<u>1,130</u>	<u>3,283</u>	<u>227</u>
Investment assets				
Loan to Lyme Disease GNHCT Scotland	-	-	-	3,919
	<u>-</u>	<u>-</u>	<u>-</u>	<u>3,919</u>
This loan has been written off during the year as it is no longer recoverable.				
Assets retained for the charity's own use - cost				
Computer equipment	1,105	-	1,105	1,105
Fixtures and fittings	984	-	984	984
Motor vehicles	21,000	-	21,000	21,000
Plant and machinery	21,456	5,000	26,456	24,957
	<u>44,545</u>	<u>5,000</u>	<u>49,545</u>	<u>48,046</u>
Liabilities				
Loan from founder member and chairman (note 1)	(4,864)	-	(4,864)	(4,864)
	<u>(4,864)</u>	<u>-</u>	<u>(4,864)</u>	<u>(4,864)</u>

These accounts were approved by the Trustees and signed on their behalf by:

.....
 Name Ms A Montague-Thomas 
 Date of approval  21/8/24

THE GLOBAL NATURAL HEALTH CARE TRUST

NOTES TO THE FINANCIAL STATEMENTS
AT 28 FEBRUARY 2024

1. TRANSACTIONS WITH TRUSTEES'

Within the above payments the following were paid in respect of A Montague-Thomas who was a trustee throughout the year:

	2024	2023
Trustees' expenses	-	-
Motor expenses	3,787	2,181

The loan balance carried forward at the year end is £4,864 (2023: £4,864), which is repayable to Ms A Montague-Thomas on demand. The loan had not changed during the year.

The charity uses Ms A Montague-Thomas's personal vehicles for charity business and has agreed to pay the motoring costs for these.

Ms A Montague-Thomas has privately paid for expenses for the charity amounting to £2,506 during the year. These are to be treated as a donation in kind. The charity also uses premises owned by Ms A Montague-Thomas for office space and dispensary at no charge.

2. FIXED ASSETS

Fixed assets are recorded at original cost.

3. RELATED PARTY TRANSACTIONS

In previous years the charity has made multiple payments on behalf of the sister charity Lyme Disease GNHCT Scotland. The amount due to the charity from the Scottish sister charity at the year end was £3,719 (2023: (£3,719)).

The charity received donations from Trustees amounting to £7,972 during the year (2023: £6,220).

See also note 1 for details of Trustees expenses.

THE GLOBAL NATURAL HEALTH CARE TRUST

England & Wales - Charity number 1107629

Accounts

REPORT OF THE TRUSTEES AND
RECEIPTS AND PAYMENTS ACCOUNT
FOR THE YEAR ENDED 28 FEBRUARY 2023
FOR
THE GLOBAL NATURAL HEALTH CARE TRUST

THE GLOBAL NATURAL HEALTH CARE TRUST

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THE GLOBAL NATURAL HEALTH CARE TRUST

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 28 FEBRUARY 2023

Reference and Administrative Details of the Charity, its Trustees and Advisers

Trustees: Annette Montague-Thomas (chairman)
Philip Proctor
Daniella Rubio
Barbara Schmid (resigned 28/07/2022)
Helen Mousley
Pauline Burton-Page (appointed 01/08/2022)

Charity Correspondent: Annette Montague-Thomas
Lower Penhale Farmhouse Offices
Penhale Lane
Fraddon
Cornwall
TR9 6ND

Independent Examiners': J Pearce FCA
Lang Bennetts Audit Limited
The Old Carriage Works
Moresk Road
Truro
Cornwall
TR1 1DG

Bankers: Barclays Bank plc
20 Lemon Street
Truro
Cornwall
TR1 2NB

Charity No: 1107629

THE GLOBAL NATURAL HEALTH CARE TRUST

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 28 FEBRUARY 2023

Structure, Governance and Management

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity. It has five trustees who are re-appointed annually at the Annual General Meeting. New trustees are appointed by existing trustees using the provisions of the governing document.

Objectives and Activities

The objectives of the charity are as follows:

- Promotion of health and relief of sick, ill and disabled people particularly but not exclusively by the use of natural healing methods and the provision of herbal medicines;
- Education of public on all health matters and in particular in the growing and harvesting and storage of wholesome foodstuffs in nutrition in food preparation; and
- Conservation of the environment in general and in particular the taking of remedial action where neglect pollution or any other cause is having an adverse effect on the health of the local population.

The activity of the charity is as follows:

- Operation of free advisory clinics.

The trustees have reviewed their objectives, policies and activities to ensure they continue to reflect the charity's aims. In carrying out this review they have considered the Charity's Commission's revised general guidance on public benefit.

Achievements and performance

The charity has achieved a great deal over the years by:

- Caring for those afflicted and affected by Lyme Disease in all stages;
- Creating Lyme Disease Awareness Campaigns;
- Opening a Helpline for those with Lyme Disease offering Integrated Medicine advice;
- Creating facilities in clinic for those with Neurological Conditions;
- Facilities now available for on line FREE consultations;
- Setting up organic herb growing facilities;
- Setting up endangered wild plant species facilities;
- Mental Health support and counselling; and
- Working with those in the community who need support.

The charity relies on the volunteers to meet the objectives of the charity.

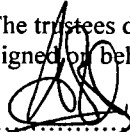
Financial review

During the year, the charity had net receipts of £192 in the year (2022: net payments £1,161). Total receipts decreased by £375 to £26,792. The total cash funds held at the year end were £227 (2022: £35). These are unrestricted funds. The charity's policy on reserves is that where operationally possible, to hold sufficient funds either in liquid investments, cash or realisable assets to meet the immediate contractual obligations of the charity.

Risk and investments

The trustees have assessed the major risks to which this charity is exposed relating to its operations and finances and are satisfied that under the present system there is no significant exposure. Investment policy need not be considered as the charity has no significant investments.

The trustees declare that they have approved the trustees' report above.
Signed on behalf of the charity's trustees


.....
Mr Philip Proctor
Trustee

Dated: 7.6.23.....

THE GLOBAL NATURAL HEALTH CARE TRUST

REPORT OF THE INDEPENDENT EXAMINERS TO THE MEMBERS OF
THE GLOBAL NATURAL HEALTH CARE TRUST
FOR THE YEAR ENDED 28 FEBRUARY 2023

I report to the trustees on my examination on the accounts of The Global Natural Health Care Trust ('the charity) for the year ended 28 February 2023, which are set out on pages 4 – 6.

This report is made solely to the charity's trustees, as a body, in accordance with section 154 of the Charities Act 2011. My independent examiner's work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body for my independent examiner's work, for this report, or for the opinions I have formed.

Respective responsibilities and basis of report

As the charity trustees of the charity, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').


I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached


.....
James Pearce (FCA)
Lang Bennetts Audit Limited
The Old Carriage Works
Moresk Road
TRURO
Cornwall
TR1 1DG

Date: 12/6/23.....

THE GLOBAL NATURAL HEALTH CARE TRUST

RECEIPTS AND PAYMENTS
FOR THE YEAR ENDED 28 FEBRUARY 2023

	Unrestricted Funds £	Restricted Funds £	2023 Total £	2022 Total £
<u>Receipts</u>				
Grants	4,000	-	4,000	6,500
Donations and collections	19,094	-	19,094	17,194
Fundraising	983	-	983	689
Gift aid repayment	6,645	-	6,645	2,434
	<hr/>	<hr/>	<hr/>	<hr/>
	30,722	-	30,722	26,817
<u>Asset and investment sales</u>				
Loan received – A Montague-Thomas	-	-	-	-
Loan repayments received - Lyme Disease GNHCT Scotland	-	-	-	350
	<hr/>	<hr/>	<hr/>	<hr/>
	30,722	-	30,722	27,167
<u>Total receipts</u>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>
	30,722	-	30,722	27,167
<u>Payments</u>				
Patient treatment expenses	2,470	-	2,470	1,010
Growing tunnels – rent, plants, tools and workers	15,199	-	15,199	12,235
Fund raising expenses	807	-	807	413
Trustees' expenses	-	-	-	1,203
Motor expenses	3,758	-	3,758	1,912
Travel expenses	886	-	886	-
Office administration	180	-	180	284
Equipment Hire	1,050	-	1,050	-
Rent, rates and utilities	1,920	-	1,920	1,417
Bank charges and interest	-	-	-	43
Accountancy	1,596	-	1,596	1,600
Professional expenses	-	-	-	102
Miscellaneous expenses	1,073	-	1,073	1,706
Website design	-	-	-	860
	<hr/>	<hr/>	<hr/>	<hr/>
	28,939	-	28,939	22,785
<u>Assets and investment purchase</u>				
Plant and machinery	1,591	-	1,591	5,543
	<hr/>	<hr/>	<hr/>	<hr/>
	1,591	-	1,591	28,328
Total payments	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>
	30,530	-	30,530	28,328
Net receipts/(payments) for the year	192	-	192	(1,161)
Cash funds last year	35	-	35	1,196
Transfers to/ (from) funds	-	-	-	-
	<hr/>	<hr/>	<hr/>	<hr/>
Cash funds this year	227	-	227	35
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

THE GLOBAL NATURAL HEALTH CARE TRUST

STATEMENT OF ASSETS AND LIABILITIES

AT 28 FEBRUARY 2023

	Unrestricted Funds	Restricted Funds	2023 Total	2022 Total (restated)
	£	£	£	£
Cash funds				
Cash at bank	227	-	227	35
Total cash funds	<u>227</u>	<u>-</u>	<u>227</u>	<u>35</u>
Investment assets				
Loan to Lyme Disease GNHCT Scotland	3,919	-	3,919	3,919
	<u>3,919</u>	<u>-</u>	<u>3,919</u>	<u>3,919</u>
Assets retained for the charity's own use - cost				
Computer equipment	1,105	-	1,105	1,105
Fixtures and fittings	984	-	984	-
Motor vehicles	21,000	-	21,000	21,000
Plant and machinery	19,957	5,000	24,957	24,350
	<u>43,046</u>	<u>5,000</u>	<u>48,046</u>	<u>46,455</u>
Liabilities				
Loan from founder member and chairman (note 1)	(4,864)	-	(4,864)	(4,864)
	<u>(4,864)</u>	<u>-</u>	<u>(4,864)</u>	<u>(4,864)</u>

These accounts were approved by the Trustees and signed on their behalf by:

.....

Name Ms A Montague-Thomas

Date of approval

A. Montague-Thomas
11/6/23

THE GLOBAL NATURAL HEALTH CARE TRUST

NOTES TO THE FINANCIAL STATEMENTS
AT 28 FEBRUARY 2023

1. TRANSACTIONS WITH TRUSTEES'

Within the above payments the following were paid in respect of A Montague-Thomas who was a trustee throughout the year:

	2023	2022
Trustees' expenses	-	1,203
Motor expenses	2,181	644

The loan balance carried forward at the year end is £4,864 (2022: £4,864), which is repayable to Ms A Montague-Thomas on demand. The loan had not changed during the year.

The charity uses Ms A Montague-Thomas's personal vehicle for charity business and has agreed to pay her motoring costs.

2. FIXED ASSETS

Fixed assets are recorded at original cost.

3. RELATED PARTY TRANSACTIONS

In the previous year the charity made multiple payments on behalf of the sister charity Lyme Disease GNHCT Scotland. The amount due to the charity from the Scottish sister charity at the year end was £3,919 (2022: (£3,919)).

See also note 1 for details of Trustees expenses.

THE GLOBAL NATURAL HEALTH CARE TRUST

England & Wales - Charity number 1107629

Accounts

CHARITY NUMBER: 1107629

REPORT OF THE TRUSTEES AND
RECEIPTS AND PAYMENTS ACCOUNT
FOR THE YEAR ENDED 28 FEBRUARY 2022
FOR
THE GLOBAL NATURAL HEALTH CARE TRUST

THE GLOBAL NATURAL HEALTH CARE TRUST

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THE GLOBAL NATURAL HEALTH CARE TRUST

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 28 FEBRUARY 2022

Reference and Administrative Details of the Charity, its Trustees and Advisers

Trustees: Annette Montague-Thomas (chairman)
Beth Harrison (resigned 25/06/2021)
Philip Proctor
Diane Dyckhoff (resigned 25/06/2021)
Daniella Rubio
Barbara Schmid (appointed 19/06/2021)
Helen Mousley (appointed 19/06/2021)

Charity Correspondent: Annette Montague-Thomas
Lower Penhale Farmhouse Offices
Penhale Lane
Fraddon
Cornwall
TR9 6ND

Independent Examiners: Lang Bennetts
Chartered Accountants
The Old Carriage Works
Moresk Road
Truro
Cornwall
TR1 1DG

Bankers: Barclays Bank plc
20 Lemon Street
Truro
Cornwall
TR1 2NB

Charity No: 1107629

THE GLOBAL NATURAL HEALTH CARE TRUST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 28 FEBRUARY 2022

Structure, Governance and Management

The charity is controlled by its governing document, and it has five trustees who are re-appointed annually at the Annual General Meeting. New trustees are appointed by existing trustees using the provisions of the governing document.

Objectives and Activities

The objectives of the charity are as follows:

- Promotion of health and relief of sick, ill and disabled people particularly but not exclusively by the use of natural healing methods and the provision of herbal medicines;
- Education of public on all health matters and in particular in the growing and harvesting and storage of wholesome foodstuffs in nutrition in food preparation; and
- Conservation of the environment in general and in particular the taking of remedial action where neglect pollution or any other cause is having an adverse effect on the health of the local population.

The activity of the charity is as follows:

- Operation of free advisory clinics.

The trustees have reviewed their objectives, policies and activities to ensure they continue to reflect the charity's aims. In carrying out this review they have considered the Charity's Commission's revised general guidance on public benefit.

Achievements and performance

The charity has achieved a great deal over the years by:

- Caring for those afflicted and affected by Lyme Disease in all stages;
- Creating Lyme Disease Awareness Campaigns;
- Opening a Helpline for those with Lyme Disease offering Integrated Medicine advice;
- Creating facilities in clinic for those with Neurological Conditions;
- Facilities now available for on line FREE consultations;
- Setting up organic herb growing facilities;
- Setting up endangered wild plant species facilities;
- Mental Health support and counselling; and
- Working with those in the community who need support.

Financial review

During the year, the charity had net payments of £1,161 in the year (2021: net receipts £1,060). Total receipts decreased by £12,611 to £27,167. Grants included £5,000 received as a restricted grant from John Ackroyd Charitable Trust. These funds were restricted for the purchase and installation of the milling machine and were fully spent within the year. The total cash funds held at the year end were £35 (2021: £1,196). The charity's policy on reserves is that where operationally possible, to hold sufficient funds either in liquid investments, cash or realisable assets to meet the immediate contractual obligations of the charity.

Risk and investments

The trustees have assessed the major risks to which this charity is exposed relating to its operations and finances and are satisfied that under the present system there is no significant exposure. Investment policy need not be considered as the charity has no significant investments.

The trustees declare that they have approved the trustees' report above.
Signed on behalf of the charity's trustees

Philip Proctor

.....

Mr Philip Proctor
Trustee

Dated: ...28/04/2022.....

THE GLOBAL NATURAL HEALTH CARE TRUST
REPORT OF THE INDEPENDENT EXAMINERS TO THE MEMBERS OF
THE GLOBAL NATURAL HEALTH CARE TRUST
FOR THE YEAR ENDED 28 FEBRUARY 2022

I report to the trustees on my examination on the accounts of The Global Natural Health Care Trust ('the charity') for the year ended 28 February 2022, which are set out on pages 4 – 6.

This report is made solely to the charity's trustees, as a body, in accordance with section 154 of the Charities Act 2011. My independent examiner's work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body for my independent examiner's work, for this report, or for the opinions I have formed.

Respective responsibilities and basis of report

As the charity trustees of the charity, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').


I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached


.....
Colin R Truscott (FCA)
Lang Bennetts Audit Limited
The Old Carriage Works
Moresk Road
TRURO
Cornwall
TR1 1DG

Date: 6/5/2022.....

THE GLOBAL NATURAL HEALTH CARE TRUST

RECEIPTS AND PAYMENTS
FOR THE YEAR ENDED 28 FEBRUARY 2022

	Unrestricted Funds £	Restricted Funds £	2022 Total £	2021 Total £
<u>Receipts</u>				
Grants	1,500	5,000	6,500	13,000
Donations and collections	17,194		17,194	17,104
Fundraising	689	-	689	199
Gift aid repayment	2,434	-	2,434	3,237
	<u>21,817</u>	<u>5,000</u>	<u>26,817</u>	<u>33,540</u>
<u>Asset and investment sales</u>				
Loan received – A Montague-Thomas	-	-	-	2,238
Loan repayments received - Lyme Disease GNHCT Scotland	350	-	350	4,000
	<u>350</u>	<u>-</u>	<u>350</u>	<u>6,238</u>
	<u>22,167</u>	<u>5,000</u>	<u>27,167</u>	<u>39,778</u>
<u>Total receipts</u>				
<u>Payments</u>				
Patient treatment expenses	1,010	-	1,010	1,107
Growing tunnels – rent, plants and tools	12,235	-	12,235	11,410
Fund raising expenses	413	-	413	480
Trustees' expenses	1,203	-	1,203	156
Motor expenses	1,912	-	1,912	4,380
Office administration	284	-	284	419
Rent, rates and utilities	1,417	-	1,417	1,064
Bank charges and interest	43	-	43	5
Accountancy	1,600	-	1,600	1,200
Professional expenses	102	-	102	-
Miscellaneous expenses	1,706	-	1,706	1,125
Website design	860	-	860	-
	<u>22,785</u>	<u>-</u>	<u>22,785</u>	<u>21,346</u>
<u>Assets and investment purchase</u>				
Computer equipment	-	-	-	900
Plant and machinery	543	5,000	5,543	7,808
Bridget Roberts loan repayment	-	-	-	4,000
Lyme Disease GNHCT Scotland loan	-	-	-	4,664
	<u>543</u>	<u>5,000</u>	<u>5,543</u>	<u>17,372</u>
	<u>23,328</u>	<u>5,000</u>	<u>28,328</u>	<u>38,718</u>
<u>Total payments</u>				
Net (payments)/receipts for the year	(1,161)	-	(1,161)	1,060
Cash funds last year	1,196	-	1,196	136
Transfers to/ (from) funds	-	-	-	-
Cash funds this year	<u>35</u>	<u>-</u>	<u>35</u>	<u>1,196</u>

THE GLOBAL NATURAL HEALTH CARE TRUST

STATEMENT OF ASSETS AND LIABILITIES
AT 28 FEBRUARY 2022

	Unrestricted Funds	Restricted Funds	2022 Total	2021 Total (restated)
	£	£	£	£
Cash funds				
Cash at bank	35	-	35	1,196
Total cash funds	<u>35</u>	<u>-</u>	<u>35</u>	<u>1,196</u>
Investment assets				
Loan to Lyme Disease GNHCT Scotland	3,919	-	3,919	4,269
	<u>3,919</u>	<u>-</u>	<u>3,919</u>	<u>4,269</u>
Assets retained for the charity's own use - cost				
Computer equipment	1,105	-	1,105	1,105
Fixtures and fittings	-	-	-	-
Motor vehicles	21,000	-	21,000	21,000
Plant and machinery	19,350	5,000	24,350	18,808
	<u>41,455</u>	<u>5,000</u>	<u>46,455</u>	<u>40,913</u>
Liabilities				
Loan from founder member and chairman (note 1)	(4,864)	-	(4,864)	(4,864)
	<u>(4,864)</u>	<u>-</u>	<u>(4,864)</u>	<u>(4,864)</u>

These accounts were approved by the Trustees and signed on their behalf by:

..... *A. Montague-Thomas*

Name Ms A Montague-Thomas

Date of approval ... *6/5/2022*

THE GLOBAL NATURAL HEALTH CARE TRUST

NOTES TO THE FINANCIAL STATEMENTS
AT 28 FEBRUARY 2022

1. TRANSACTIONS' WITH TRUSTEE'S

Within the above payments the following were paid in respect of A Montague-Thomas who was a trustee throughout the year:

	2022	2021
Office Administration and rent paid to Ms Montague-Thomas	-	-
Reimbursement of expenses	-	-
Trustees' expenses	1,203	156
Motor expenses	644	3,587
Office expenses	-	190

The loan balance carried forward at the year end is £4,864 (2021: £4,864), which is repayable to Ms A Montague-Thomas on demand. The loan had increased by £7,473 during the year due to expenses of the charity being paid privately by Ms A Montague-Thomas and additional funds provided to the charity by Ms A Montague-Thomas. Ms A Montague-Thomas has agreed that this this can be treated as a donation to the charity and is not repayable.

The charity uses Ms A Montague-Thomas's personal vehicle for charity business and has agreed to pay her motoring costs.

2. FIXED ASSETS

Fixed assets are recorded at original cost.

3. RELATED PARTY TRANSACTIONS

In the previous year the charity made multiple payments on behalf of the sister charity Lyme Disease GNHCT Scotland. The amount due to the charity from the Scottish sister charity at the year end was £3,919 (2021: (£4,269)).

See also note 1 for details of Trustees expenses.

THE GLOBAL NATURAL HEALTH CARE TRUST

England & Wales - Charity number 1107629

Accounts

REPORT OF THE TRUSTEES AND
RECEIPTS AND PAYMENTS ACCOUNT
FOR THE YEAR ENDED 28 FEBRUARY 2021
FOR
THE GLOBAL NATURAL HEALTH CARE TRUST

THE GLOBAL NATURAL HEALTH CARE TRUST

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THE GLOBAL NATURAL HEALTH CARE TRUST

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 28 FEBRUARY 2021

Reference and Administrative Details of the Charity, its Trustees and Advisers

Trustees: Annette Montague-Thomas (chairman)
Beth Harrison (resigned 25/06/2021)
Philip Proctor
Diane Dyckhoff (resigned 25/06/2021)
Daniella Rubio
Barbara Schmid (appointed 19/06/2021)
Helen Mousley (appointed 19/06/2021)

Charity Correspondent: Annette Montague-Thomas
Lower Penhale Farmhouse Offices
Penhale Lane
Fraddon
Cornwall
TR9 6ND

Independent Examiners: Lang Bennetts
Chartered Accountants
The Old Carriage Works
Moresk Road
Truro
Cornwall
TR1 1DG

Bankers: Barclays Bank plc
20 Lemon Street
Truro
Cornwall
TR1 2NB

Charity No: 1107629

THE GLOBAL NATURAL HEALTH CARE TRUST

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 28 FEBRUARY 2021**

Structure, Governance and Management

The charity is controlled by its governing document, and it has five trustees who are re-appointed annually at the Annual General Meeting. New trustees are appointed by existing trustees using the provisions of the governing document.

Objectives and Activities

The objectives of the charity are as follows:

- Promotion of health and relief of sick, ill and disabled people;
- Education of public on all health matters; and
- Conservation of environment where pollution has an effect on health of population.

The activity of the charity is as follows:

- Operation of free advisory clinics.

The trustees have reviewed their objectives, policies and activities to ensure they continue to reflect the charity's aims. In carrying out this review they have considered the Charity's Commission's revised general guidance on public benefit.

Achievements and performance

The charity has achieved a great deal over the years by:

- Caring for those afflicted and affected by Lyme Disease in all stages;
- Creating Lyme Disease Awareness Campaigns;
- Opening a Helpline for those with Lyme Disease offering Integrated Medicine advice;
- Creating facilities in clinic for those with Neurological Conditions;
- Facilities now available for on line FREE consultations;
- Setting up organic herb growing facilities;
- Setting up endangered wild plant species facilities;
- Mental Health support and counselling; and
- Working with those in the community who need support.

Financial review

During the year, the charity had net receipts of £1,060 in the year (2020: net payments £1,865). Total receipts increased by £14,561 to £39,778, which included two loans to the charity amounting to £6,238 and a Covid-19 grant from Cornwall Council of £10,000. The total cash funds held at the year end were £1,196 (2020: £136). The charity's policy on reserves is that where operationally possible, to hold sufficient funds either in liquid investments, cash or realisable assets to meet the immediate contractual obligations of the charity.

Risk and investments

The trustees have assessed the major risks to which this charity is exposed relating to its operations and finances and are satisfied that under the present system there is no significant exposure.

Investment policy need not be considered as the charity has no significant investments.

The trustees declare that they have approved the trustees' report above.
Signed on behalf of the charity's trustees

Mr Philip Proctor
Trustee

Dated: 24 August 2021

THE GLOBAL NATURAL HEALTH CARE TRUST

REPORT OF THE INDEPENDENT EXAMINERS TO THE MEMBERS OF
THE GLOBAL NATURAL HEALTH CARE TRUST
FOR THE YEAR ENDED 28 FEBRUARY 2021

I report to the trustees on my examination on the accounts of The Global Natural Health Care Trust ('the charity') for the year ended 28 February 2021, which are set out on pages 4 – 6.

This report is made solely to the charity's trustees, as a body, in accordance with section 154 of the Charities Act 2011. My independent examiner's work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body for my independent examiner's work, for this report, or for the opinions I have formed.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- 1 which gives me reasonable cause to believe that, in any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the 2011 Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Acthave not been met; or
- 2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Colin R Truscott
Lang Bennetts
Chartered Accountants
Registered Auditors

Date: 24 August 2021

The Old Carriage Works
Moresk Road
Truro
Cornwall
TR1 1DG

THE GLOBAL NATURAL HEALTH CARE TRUST

RECEIPTS AND PAYMENTS
FOR THE YEAR ENDED 28 FEBRUARY 2021

	Unrestricted Funds £	Restricted Funds £	2021 Total £	2020 Total £
<u>Receipts</u>				
Grants	13,000	-	13,000	4,800
Donations and collections	17,104	-	17,104	14,650
Fundraising	199	-	199	1,507
Gift aid repayment	3,237	-	3,237	3,865
Lyme Disease GNHCT Scotland	-	-	-	395
	<hr/>	<hr/>	<hr/>	<hr/>
	33,540	-	33,540	25,217
<u>Asset and investment sales</u>				
Loan received – A Montague-Thomas	2,238	-	2,238	-
Loan received – Bridget Roberts	4,000	-	4,000	-
	<hr/>	<hr/>	<hr/>	<hr/>
	6,238	-	6,238	-
	<hr/>	<hr/>	<hr/>	<hr/>
<u>Total receipts</u>	39,778	-	39,778	25,217
<u>Payments</u>				
Patient treatment expenses	1,107	-	1,107	3,729
Growing tunnels	11,410	-	11,410	-
Fund raising expenses	480	-	480	1,101
Trustees' expenses	156	-	156	400
Motor expenses	4,380	-	4,380	2,870
Travel expenses	-	-	-	6,316
Office administration	419	-	419	2,288
Rent, rates and utilities	1,064	-	1,064	4,362
Bank charges and interest	5	-	5	9
Accountancy	1,200	-	1,200	1,200
Miscellaneous expenses	1,125	-	1,125	1,040
Sister charity set up costs	-	-	-	976
Transportation costs	-	-	-	2,183
	<hr/>	<hr/>	<hr/>	<hr/>
	21,346	-	21,346	26,474
<u>Assets and investment purchase</u>				
Computer equipment	900	-	900	-
Plant and machinery	7,808	-	7,808	-
A Montague-Thomas loan repayment	-	-	-	608
Bridget Roberts loan repayment	4,000	-	4,000	-
Lyme Disease GNHCT Scotland loan	4,664	-	4,664	-
	<hr/>	<hr/>	<hr/>	<hr/>
	17,372	-	17,372	27,082
	<hr/>	<hr/>	<hr/>	<hr/>
<u>Total payments</u>	38,718	-	38,718	27,082
	<hr/>	<hr/>	<hr/>	<hr/>
<u>Net receipts/(payments) for the year</u>	1,060	-	1,060	(1,865)
Cash funds last year	136	-	136	2,001
Transfers to/ (from) funds	-	-	-	-
	<hr/>	<hr/>	<hr/>	<hr/>
<u>Cash funds this year</u>	1,196	-	1,196	136
	<hr/>	<hr/>	<hr/>	<hr/>

THE GLOBAL NATURAL HEALTH CARE TRUST

STATEMENT OF ASSETS AND LIABILITIES
AT 28 FEBRUARY 2021

	Unrestricted Funds	Restricted Funds	2021 Total	2020 Total (restated)
	£	£	£	£
Cash funds				
Cash at bank	1,196	-	1,196	136
Total cash funds	<u>1,196</u>	<u>-</u>	<u>1,196</u>	<u>136</u>
	<u><u> </u></u>	<u><u> </u></u>	<u><u> </u></u>	<u><u> </u></u>
Investment assets				
Loan to establish sister charity – America	-	-	-	533
Loan to establish sister charity - Scotland	4,269	-	4,269	-
	<u>4,269</u>	<u>-</u>	<u>4,269</u>	<u>533</u>
	<u><u> </u></u>	<u><u> </u></u>	<u><u> </u></u>	<u><u> </u></u>
Assets retained for the charity's own use - cost				
Computer equipment	1,105	-	1,105	1,201
Fixtures and fittings	-	-	-	-
Motor vehicles	21,000	-	21,000	21,000
Plant and machinery	18,808	-	18,808	11,000
	<u>40,913</u>	<u>-</u>	<u>40,913</u>	<u>33,201</u>
	<u><u> </u></u>	<u><u> </u></u>	<u><u> </u></u>	<u><u> </u></u>
Liabilities				
Loan from founder member and chairman (note 1)	(4,864)	-	(4,864)	(2,626)
Loan from Lyme Disease GNHCT Scotland	-	-	-	(395)
	<u>(4,864)</u>	<u>-</u>	<u>(4,864)</u>	<u>(3,021)</u>
	<u><u> </u></u>	<u><u> </u></u>	<u><u> </u></u>	<u><u> </u></u>

These accounts were approved by the Trustees and signed on their behalf by:

.....

Name Ms A Montague-Thomas

Date of approval

THE GLOBAL NATURAL HEALTH CARE TRUST

NOTES TO THE FINANCIAL STATEMENTS
AT 28 FEBRUARY 2021

1. TRANSACTIONS' WITH TRUSTEE'S

Within the above payments the following were paid in respect of A Montague-Thomas who was a trustee throughout the year:

	2021	2020
Office Administration and rent paid to Ms Montague-Thomas	-	5,282
Reimbursement of expenses	-	608
Trustees' expenses	156	-
Motor expenses	3,587	2,870
Office expenses	190	-

The loan balance carried forward at the year end is £4,864 (2020: £2,626), which is repayable to Ms A Montague-Thomas on demand. The loan balance increased during the year due to expenses of the charity being paid privately by Ms A Montague-Thomas.

The charity now uses Ms A Montague-Thomas's personal vehicle for charity business and has agreed to pay her motoring costs.

2. FIXED ASSETS

Fixed assets are recorded at original cost.

3. RELATED PARTY TRANSACTIONS

During the year the charity made multiple payments on behalf of the sister charity Lyme Disease GNHCT Scotland. The amount due to the charity from the Scottish sister charity at the year end was £4,269 (2020: (£395)).

See also note 1 for details of Trustees expenses.