

**Charity Registration No. 1107625**

**Company Registration No. 05137693 (England and Wales)**

**MK ARTS FOR HEALTH**  
**COMPANY LIMITED BY GUARANTEE**  
**ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2022**

**MK ARTS FOR HEALTH  
COMPANY LIMITED BY GUARANTEE  
LEGAL AND ADMINISTRATIVE INFORMATION**

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**Trustees**

Maria Wogan (former Chair, resigned 14/09/2022)  
Katharine Sorensen (current chair)  
Heather Freeman  
John Cove – (resigned 14/09/2022)  
Linda Bartram  
Simon Lloyd  
Omatayo Kufeji  
Anjana Singh  
Lesley Halford  
Kate Jarman – (appointed 19/05/2021)  
Christopher Kubiak (appointed 14/09/2022)

**Registered charity name**

MK Arts for Health (known as Arts for Health MK)

**Charity number**

1107625

**Company number**

05137693

**Registered office**

Facilities Directorate  
Milton Keynes General Hospital  
Standing Way  
Eaglestone  
Milton Keynes  
MK6 5LD

**Independent examiner**

Stephen Simpson  
Longstaff Gentle & Co  
61 Harpur Street  
Bedford  
MK40 2SR

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# MK ARTS FOR HEALTH COMPANY LIMITED BY GUARANTEE TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

**FOR THE YEAR ENDED 31 MARCH 2022**

The Trustees, who are also the Directors for the purposes of company law, present their report and the unaudited financial statements for the year ended 31 March 2022.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016).

## OBJECTIVES AND ACTIVITIES

The Charity's object (the objects) is to use arts activities and promote engagement with the arts in the Hospital and in the wider community of Milton Keynes for the benefit of the local population, promoting health for the benefit of the public including by educating the public about health and health related issues; and providing facilities for recreation and other leisure time activity in the interests of social welfare for people who have need of them by reason of illness, their youth, age, infirmity or disability with a view to improving their conditions of life.

Trustees have jointly reviewed, revised and agreed a five year strategic plan for 2018-2023.

Arts for Health MK's key strategic priorities 2018-2023 are to:

Arts For Health MK - Strategic Priorities 2018-2023				
1. Become a sustainable organisation	2. Grow Arts on Prescription Programme	3. Improve The Collection at MKUH	4. Embed AHMK in MKUH	5. Demonstrate our impact
Secure longer-term funding streams to ensure the sustainability and viability of the organisation and to enable AHMK to make a more significant impact on health and wellbeing and cultural life in MK.	Reach a wider and more diverse audience, including specific growth of the Art and Dementia and Headstart programmes	Continue our work to improve the hospital visual art collection, how and where it is displayed and ensure that work is shown at its best with an emphasis on quality, reach and diversity. This includes increasing the quality and profile of the changing exhibition programme.	Continue to embed our work in the hospital by building awareness of the organisation, strengthening our partnership with the hospital's Charity and delivering positive outcomes for staff and patients. This includes providing the artistic lead for all new building developments on the hospital site (Cancer Centre 2019 and Treatment Centre 2020/21).	Strengthen our evaluation and evidence base to show our impact on health and wellbeing outcomes, and demonstrate our impact on the wider community. This includes developing and implementing a marketing and communications strategy for AHMK.

## Arts for Health MK's key target groups are:

Milton Keynes University Hospital's patients, visitors, carers & staff; adults with mental health issues, including dementia; people with disabilities; young people with mental health issues; people with health and wellbeing challenges; carers including young carers.

## Public Benefit Policy

In planning our activities for the year, we kept in mind the Charity Commission's guidance on public benefit at our Trustee meetings.



# **MK ARTS FOR HEALTH COMPANY LIMITED BY GUARANTEE TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)**

**FOR THE YEAR ENDED 31 MARCH 2022**

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## **ACHIEVEMENTS AND PERFORMANCE**

### **Milton Keynes University Hospital's Art Collection**

The Hospital Art Collection (over 420 works) is central to our work and plays an important role in enhancing the environment for everyone, improving patient outcomes, and helping cheer, soothe and offer a pleasing distraction for visitors, staff and patients. It is the largest permanent art collection in Milton Keynes and has a strong local element, and includes work that has been commissioned on various occasions since work to build the new town (now city) began in the 1970s.

Our displays have included loaned artworks from *Paintings in Hospitals* and individual local and UK-based artists. We continue to host a collection of paintings and photographs from Boyd and Evans, to complement those in the Hospital Art Collection, in addition to 12 artworks from *Paintings in Hospitals*. This year the hospital saw an increase in artwork donations to the Collection as a thank you from the community for the hospital's unwavering support during the COVID-19 pandemic. This included a large textile artwork by the local group Quilts of Carers now displayed in the newly refurbished staff hub. Other, smaller-scale donations are in a temporary exhibition near the Hospital Charity offices.

During the reporting year we continued the digitalisation of the collection, a long-term initiative to support curatorial care of the Collection and to make artwork images and information more widely accessible. Despite Covid-19 restrictions at MKUH limiting our onsite Collections Volunteers programme, one of them was able to continue working on the digitalisation of the collection from home. As restrictions have eased it has been possible to regain momentum with this work back onsite in our 2022-23 programme. We also arranged specialist cleaning of Peter Randall-Page's sculpture *After the Winter*, as part of our collections care improvement schedule, which had been delayed by COVID-19 restrictions on the hospital site.

### **Exhibition Programme**

The 2021-22 programme featured four main temporary exhibitions at the hospital, including Jan Walker's *Hamburg Series* of mixed media artwork and *On Reflection*, a collection of paintings by David H Jones recalling his visit to Monet's Garden at Giverny. Whilst COVID-19 related site restrictions prevailed we ensured that our exhibitions could still be accessed by audiences via our website. We also hosted a virtual, fundraising exhibition on our website, *A Female Focus: Behind the Lens*, by local photography group the MK Photography Divas. From this presentation a print was selected for display in an Early Pregnancy Assessment Unit at the hospital. We continue to develop opportunities to receive works of high quality, and to maintain diversity across our exhibitions, reflecting the diverse mix of people who find themselves in the hospital.

### **Creative Courtyards**

Owing to Covid-19 restrictions our volunteer gardeners, most of whom are adults with learning disabilities, were unable to attend site but we had support from MKUH to maintain the Courtyards during this period. When restrictions eased in early 2022, volunteers returned to clear the general maintenance work backlog and we began work to source a shed for storage of gardening tools and equipment. We began planning for more volunteers and engagement with the Creative Courtyards, liaising with the hospital's volunteer coordinators and MK Community Foundation. With a renewed focus on Environment Responsibility we started looking to recruit a "Green Champion", an artist facilitator to supervise adult Courtyard volunteers but also to promote biodiversity, recycling, and net zero, contributing to the hospital's "Green Plan". Our Green Champion will work with us to promote further volunteering opportunities (including children and young people). Working In partnership with the hospital we plan to increase the type and frequency of events and activities happening in these valuable outdoor spaces. This work will accelerate in 22/23, helping to better embed us within MKUH, and to support our ambition to be seen as a sector leader in environmental responsibility, equality, inclusion & diversity, and partnership working.



**MK ARTS FOR HEALTH  
COMPANY LIMITED BY GUARANTEE  
TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)  
FOR THE YEAR ENDED 31 MARCH 2022**

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**MK Disability Awareness Day (MKDAD) Friday 16<sup>th</sup> July 2021**

The 2021 MKDAD event was held outdoors in Campbell Park and started with a walk along the canal and up to the MK Rose surrounded by Mandala Kinetika flags, taking in the *Drake Music Planted Symphony* sound installation along the way (displayed as part of the Milton Keynes International Festival). The event showcased two outstanding local artists. Keith Jansz (MFPA - Mouth and Foot Painting Artists UK) demonstrated his masterful mouth art painting techniques, and Jan Harrington, who has work on long term loan to the hospital, helped us make collaborative artwork using brightly coloured tapes. The event, which was also live-streamed online for those unable to be present in person, was attended by MK SNAP (Special Needs Advancement Project) and the Camphill Community.

**Arts on Prescription**

We've been delivering successful Arts on Prescription (AoP) programmes since 2010 for people in MK with mild to moderate mental health issues and other health and wellbeing challenges. People referred are offered the opportunity to participate in a programme of twelve free weekly art workshops. The impact of COVID restrictions on this programme was significant requiring all AoP activity to be scaled back or moved online. During 2021/22 we received 29 adult AoP referrals, with 24 people attending these AoP programmes: Drawing and Painting, Portraits by Zoom and the Step Up programme. Our waiting list continued to grow with 54 enrolled by the end of this year.

We continued to deliver our AoP HeadStart Art course for 5 young people referred by the Bridge PCN (Primary Care Network), Milton Keynes. During 2021/22 we received 136 referrals for HeadStart programmes. Our waiting list grew, with 94 enrolled by the end of this year for the HeadStart Art course and 64 for the HeadStart Artforms course.

**Art Workshops in partnership with the Milton Keynes Art Centre and The Parks Trust**

Over 12 weeks, 10 participants (aged 12 – 17) explored themes of identity through relaxed artist-led workshops in the calming surroundings of MK Arts Centre and Great Linford Manor Park. Participants were encouraged to look at identity by observing parallels in the natural world and to explore the 'outer self' and how the individual wants to be seen by others. They were given opportunities to learn or enhance prior skills in drawing, ceramics, textiles and printmaking, as well as be guided through outdoor learning activities with The Parks Trust. The programme included exploration of identity, sense of self, body image in a cultural context, language and visual representation and was particularly designed to support young people who may have felt the effects of the pandemic upon their physical and mental wellbeing. Artists and Facilitators: Ciara Callaghan, Andrew Macdermott, Alondene Phillips, Sarah Wright and The Parks Trust Outdoor Learning Team.

Feedback from parents of participants:

*"I just want to say thank you so very much to all of you for all the work you do with the group. 'A's mood has changed considerably (for the better) since this group and she has said to us that she finds it heaven to be with the kids that she feels are just like her. She feels she finally fits in somewhere and loves all the activities too. We can't thank you enough!"*

*"My daughter thoroughly enjoyed the course and has never attended anything where she has been willing and keen to go to every session. I cannot thank the team enough for providing an environment and a course where she felt this way. She also thrived by meeting other young people who are similar to her or are facing similar issues to her."*

Participant feedback:

*"I really enjoyed working with the tutors and making new friends"*

*"It was a nice environment to be creative and it was a bit easier to talk to people"*

*"It was fun and creative"*



**MK ARTS FOR HEALTH  
COMPANY LIMITED BY GUARANTEE  
TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)  
FOR THE YEAR ENDED 31 MARCH 2022**

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**HEADSTART Music in partnership with MK Music Hub**

During 2021-22 we continued to provide limited but successful creative music sessions in partnership with the MK Music Hub, highly valued by participants and parents alike. Here are some examples of the excellent feedback:

*"We are very pleased with the sessions. [THE CLIENT] is really benefitting from attending. The sessions are helping to build his confidence. I feel you create a safe environment for him to express himself. I also appreciate the time you take to discuss any of my concerns about issues that he is facing. So your sessions benefit me as well as I feel you understand my concerns and you can empathise. I asked [THE CLIENT] for some specific feedback and he said that the sessions make him feel relaxed. He really enjoys the teamwork when improvising the music and the opportunity to socialise with others. Thanks once again for what you do."*

*"I believe [THE CLIENT] is going to email you herself but from a parental perspective I can say she's really enjoying the sessions. She comes home happy and talking about the fun she's having."*

*"We really hope to see you in September too. You are a great teacher and role model for these youngsters. [CLIENT NAME] has come such a long way and she really had fun. I'm sorry we're so rubbish at zoom.. Have a lovely summer. Thanks for being awesome".*

*"The work you do is so beneficial and as you're a calm positive grounded influence to young struggling students it really makes a difference!"*

**Art Group**

In 2021-22 we averaged 10 people every week coming to our drop-in Art Group, some attending weekly and others less frequently. Thanks to a grant from Wolverton Science & Arts, our Art Group is now a thriving, volunteer-led group at The Old Bath House, Wolverton. During COVID restrictions we closed our sessions but remained in contact with participants via email, ensuring they had materials at home to continue with their practice. We were delighted to see sessions re-open in mid July with Covid appropriate measures in place. Feedback from participants was positive:

*"I really look forward to our Monday afternoon sessions. It is good to meet different people and chat. I have been inspired to try different techniques and it is always a boost to confidence when you receive positive feedback. I suffer from chronic pain and the sessions give me a mood lift which takes away from feeling too down about it. Thank you to all involved."*

*"I have enjoyed the sessions that I have come to. Socialising and concentrating on Art helps me feel a bit more positive."*

*"I would like to thank arts for health and the team that run this session very much it has enabled me to get out and join with others in the first instance and share talk about art as well as talk about my health and general chat. This especially after the extra difficult times we have been through with COVID has been like a life line as it just gives a feeling of belonging to something where others share your feelings and understand without long explanations. The art itself, the guidance and equipment provided by the group is also amazing. I love the art as it gives me time to just let my head relax and do something that gives my whole self a freedom from everything else, it absorbs your mind and just has a way of relaxing the brain. The gentle way the guidance is offered and support is given is lovely and gives me a belief in what I'm able to achieve which is also something which helps in other areas of my life. Thank you for this opportunity"*

*"I love the art group - I look forward to coming every week - such kind ladies who run it as well !! I feel better when I am there - more relaxed and focused"*

*"For me the group is very welcome. How does it help me? Well it gives me a place to meet new people. Having retired early due to health issues I can sometimes feel lonely as my friends are still working. Monday class has filled this gap somewhat. There is always a supportive and positive atmosphere with Laura and Sue helping and encouraging what you do. Helps with my anxiety issues. I know I don't have any (limited) talent but it is fun and*



# **MK ARTS FOR HEALTH COMPANY LIMITED BY GUARANTEE TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)**

**FOR THE YEAR ENDED 31 MARCH 2022**

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*I can feel a sense of achievement.....Sometimes an interesting topic of conversation will pop up between a small group which adds to the day. Also, I have noticed often that a quiet conversation between two people can start up on a common topic that concerns or impacts on both parties. We know talking helps.....I can see this does. Learning something new stimulates the brain they say, especially as I get older."*

*"I have always found making art relaxing and uplifting but have long had a block to allowing myself to do it at home. The Art Group, with the encouragement of the very supportive helpers and other members, helps me give myself permission to do art at the group and at home. I enjoy the friendliness of the other members and seeing other people's work also gives me different ideas. I look forward to the group each week but also appreciate the flexibility of it being a drop-in. Many thanks for all your help and support."*

Whilst the impact of COVID prevented us from establishing any new Art Groups during 2021/22, we have, however, been actively considering the establishment of tailored Art Groups for diverse communities as part of a forthcoming "Creatively Minded, Ethnically Diverse" project.

## **Music for Mindfulness**

Music4Mindfulness was a 12-week online programme of support for anyone wishing to improve their health and wellbeing via an introduction to classical music. Published between April and July, these 20 minute video sessions remain accessible on our website for people to enjoy in their own time and at their own pace.

Delivered for us by Alina Orchestra, each week Alina's Musical Director Hilary Davan Wetton provided an expert introduction to a classical music excerpt on a different theme. Then Alina's Outreach Leader, Anna Sideris shared breathing and mindfulness techniques based around the chosen music, which participants then listened to afterwards. Although sessions could be joined at any time, participation in all 12 sessions was encouraged, so that by the end of the programme people would have broadened their knowledge base, improved listening skills and hopefully been inspired to listen to classical music in new and different ways. These skills can be used alongside other music and breathing techniques to help people with physical and mental health issues. The therapeutic benefits of listening to music in this way include calming anxiety, easing pain, boosting the immune system and lifting mood. Participants also received extra listening recommendations.

We had 401 unique views on our own website over the course of the programme. Alina Orchestra boosted their Facebook posts towards the end of the programme and viewing figures for them increased significantly. Our Facebook and Instagram views averaged 70 views each week, while on Twitter there was an average of 310 views per post, with one post about recapping the series reaching over 900 people.

## **Our Team**

In January 2022 we were delighted to welcome Ben Heyworth as our new Director, following the excellent work of Emma Courtney as Interim Director who had guided the Charity through the second half of 2021 following the departure of the previous Director, Stuart Isaac.

Emma Barford continues in her role as Collection & Exhibitions Manager, leading the curation of the growing Hospital Collection and making an important contribution to the development of our relationship with MKUH. Naomi Lutman has continued and developed her role as Administrator, providing vital support to our service users, referrers, artists, trustees and volunteers particularly during Covid lockdown restrictions.

We thank our whole AfHMK team; volunteers and Trustees, Director, Curator and Administrator and all our contracted arts professionals. We are most grateful for your continued support.

**MK ARTS FOR HEALTH  
COMPANY LIMITED BY GUARANTEE  
TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)**

**FOR THE YEAR ENDED 31 MARCH 2022**

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**FINANCIAL REVIEW**

Expended resources exceeded Incoming resources for the year by £13,100 (2021: £6,397 – Incoming resources exceeded Expended resources). Restricted funds increased by £3,266 (2021: - reduced by £4,728) in the year, and unrestricted funds reduced by £16,366 (2021: increased by £11,125). The Trustees are satisfied that the charity's assets are adequate to fulfil its obligations.

The Trustees consider it right and prudent to retain reserves equal to approximately £3,000 of unrestricted expenditure in order to provide an element of financial security for its consultants and to ensure sufficient capital for the day to day operation of the organisation.

Unrestricted reserves at 31 March 2022 were £12,902.

The Trustees are grateful to MK University Hospital NHS Foundation Trust for the use of premises shown on page 1 as the principal address on a rent free basis. This represents valuable in-kind support from our health partners.

**Unusual circumstances – Coronavirus Pandemic**

COVID19 continued to impact normal activities undertaken by the Charity. However, lessons learnt in 2020/21 enabled some activity to rapidly move online or be paused until the final easing of restrictions in Spring 2022.

**Risk Assessment**

A risk assessment has been carried out by the Trustees.

The Trustees recognise there is always a risk of not securing funding. Retaining adequate reserves to close the charity contains this risk. Funding is discussed at each board meeting and a contingency plan is in place for reduced level of activity and an orderly shutdown if required.

The Trustees have a reasonable expectation that the Charity has adequate resources to continue operating for the foreseeable future because the charity is currently on track with financial projections and there is grant funding planned from a variety of sources in excess of £85,000.

The Board were also reassured that activity levels, which had dipped considerably due to the impact of COVID, would return to normal following the easing of restrictions both on the hospital site and in the community.



**MK ARTS FOR HEALTH  
COMPANY LIMITED BY GUARANTEE  
TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)**

**FOR THE YEAR ENDED 31 MARCH 2022**

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**STRUCTURE, GOVERNANCE AND MANAGEMENT**

The charity is constituted as company limited by guarantee and is therefore governed by a Memorandum and Articles of Association. The initial Trustees will serve till death, retirement or removal by resolution of an annual general meeting. The power of appointing new trustees is vested in the initial Trustees in accordance with the Memorandum and Articles of Association.

**Trustees and Board Development**

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Maria Wogan  
Heather Freeman  
Katharine Sorensen  
John Cove  
Linda Bartram  
Lesley Halford  
Simon Lloyd  
Anjana Singh  
Omatayo Kufeji  
Kate Jarman  
Christopher Kubiak

**Further Organisational Development**

Following the completion of the Brand, Advocacy and Marketing Strategy in 2021, the Charity continued to explore opportunities for further organisational development. However capacity to fully embrace the new Strategy was limited owing to changes in Director during the reporting year. Emma Courtney (Courtney Consulting) fulfilled an Interim Director role until a new permanent Director could be engaged in January 2022. Coupled with the impact of COVID, the Trustees recognised that navigating this period of upheaval whilst maintaining COVID-safe client facing activity had been extremely challenging. During this period, the Board, in partnership with the incoming Director Ben Heyworth, and with reference to the Brand, Advocacy and Marketing strategy, agreed a number of priorities:

- Strengthen the long-term financial health of the Charity, particularly accessing multi-year core funding. To this end it was agreed to apply to the Arts Council to be part of the National Portfolio. Furthermore, it was agreed to complete an application for multi-year funding through the Big Lottery Community Fund to include a full Headstart programme with a significant contribution to core funds.
- Ensure client-facing activity returned to pre-COVID levels, funded through existing reserves, local and regional short-term funding and bespoke small project grants.
- Improve the quality and ambition of the Charity's forward activity plan and strategic objectives – a process greatly enhanced and encouraged by the requirements of the National Portfolio Application process.
- Improve the quality and frequency of evaluations – including a repurposing of an existing Arts Council grant for the design and delivery of a bespoke online evaluation tool called ArtPROMS.
- Embed environmental responsibility into the Charity's current activities and forward activity plan – also a requirement of the National Portfolio Application.

The trustees' report was approved by the Board of Trustees.



Katharine Sorensen

Trustee  
Dated: 30/11/22

**MK ARTS FOR HEALTH  
COMPANY LIMITED BY GUARANTEE  
INDEPENDENT EXAMINER'S REPORT  
TO THE TRUSTEES OF MK ARTS FOR HEALTH**

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I report to the trustees on my examination of the financial statements of MK Arts for Health (the charity) for the year ended 31 March 2022.

**Responsibilities and basis of report**

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

*Stephen Simpson*

Stephen Simpson  
Longstaff Gentle & Co

61 Harpur Street  
Bedford  
MK40 2SR

Dated: 30.11.2022

**MK ARTS FOR HEALTH  
COMPANY LIMITED BY GUARANTEE  
STATEMENT OF FINANCIAL ACTIVITIES  
INCLUDING INCOME AND EXPENDITURE ACCOUNT**

**FOR THE YEAR ENDED 31 MARCH 2022**

	Notes	Unrestricted funds £	Restricted funds £	Total 2022 £	Total 2021 £
<b><u>Income from:</u></b>					
Donations and legacies	3	53,187	9,155	62,342	94,854
Charitable activities	4	127	-	127	360
Investments	5	8	-	8	18
<b>Total income</b>		<b>53,322</b>	<b>9,155</b>	<b>62,477</b>	<b>95,232</b>
<b><u>Expenditure on:</u></b>					
Charitable activities	6	69,688	5,889	75,577	88,835
<b>Net (expenditure)/income for the year/ Net movement in funds</b>		<b>(16,366)</b>	<b>3,266</b>	<b>(13,100)</b>	<b>6,397</b>
Fund balances at 1 April 2021		29,268	5,469	34,737	28,340
<b>Fund balances at 31 March 2022</b>		<b>12,902</b>	<b>8,735</b>	<b>21,637</b>	<b>34,737</b>



**MK ARTS FOR HEALTH  
COMPANY LIMITED BY GUARANTEE  
BALANCE SHEET**

**AS AT 31 MARCH 2022**

		2022		2021	
	Notes	£	£	£	£
<b>Fixed assets</b>					
Tangible assets	9		318		650
<b>Current assets</b>					
Debtors	11	2,186		16,350	
Cash at bank and in hand		87,340		45,480	
		<u>89,526</u>		<u>61,830</u>	
<b>Creditors: amounts falling due within one year</b>	12	(68,207)		(27,743)	
Net current assets			21,319		34,087
<b>Total assets less current liabilities</b>			21,637		34,737
<b>Income funds</b>					
Restricted funds	13		8,735		5,469
Unrestricted funds			<u>12,902</u>		<u>29,268</u>
			<u>21,637</u>		<u>34,737</u>

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2022. No member of the company has deposited a notice, pursuant to section 476, requiring an audit of these financial statements.

The trustees acknowledge their responsibilities for ensuring that the charity keeps accounting records which comply with section 386 of the Act and for preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 30/11/22

*Katharine Sorensen*

**Katharine Sorensen**  
Trustee

Company Registration No. 05137693

# **MK ARTS FOR HEALTH COMPANY LIMITED BY GUARANTEE NOTES TO THE FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED 31 MARCH 2022**

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## **1 Accounting policies**

### **Charity information**

MK Arts for Health is a private company limited by guarantee incorporated in England and Wales. The registered office is Milton Keynes General Hospital, Standing Way, Eaglestone, Milton Keynes, MK6 5LD.

### **1.1 Accounting convention**

The financial statements have been prepared in accordance with the charity's articles of association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

### **1.2 Going concern**

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

### **1.3 Charitable funds**

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

### **1.4 Incoming resources**

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

### **1.5 Resources expended**

All expenditure is accounted for on an accruals basis.



**MK ARTS FOR HEALTH  
COMPANY LIMITED BY GUARANTEE  
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**

**FOR THE YEAR ENDED 31 MARCH 2022**

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**1 Accounting policies**

**1.6 Tangible fixed assets**

Tangible fixed assets are initially measured at cost and subsequently measured at cost, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost of assets less their residual values over their useful lives on the following bases:

Plant and equipment	20% straight line
Fixtures and fittings	20% straight line
Office equipment	25% straight line

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in net income/(expenditure) for the year.

**1.7 Impairment of fixed assets**

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

**1.8 Cash and cash equivalents**

Cash and cash equivalents include cash in hand, deposits held at call with banks, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

**1.9 Financial instruments**

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

**Basic financial assets**

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

**MK ARTS FOR HEALTH  
COMPANY LIMITED BY GUARANTEE  
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**

**FOR THE YEAR ENDED 31 MARCH 2022**

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**1 Accounting policies**

***Basic financial liabilities***

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

***Derecognition of financial liabilities***

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

**2 Critical accounting estimates and judgements**

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

**MK ARTS FOR HEALTH  
COMPANY LIMITED BY GUARANTEE  
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**

**FOR THE YEAR ENDED 31 MARCH 2022**

**3 Donations and legacies**

	Unrestricted Funds	Restricted funds	Total 2022	Total 2021
	£	£	£	£
Donations and gifts	9,090	-	9,090	9,010
Grants	44,097	9,155	53,252	85,844
	<u>53,187</u>	<u>9,155</u>	<u>62,342</u>	<u>94,854</u>
<b>For the year ended 31 March 2021</b>	<u>76,299</u>	<u>18,555</u>		<u>94,854</u>
<b>Donations and gifts</b>				
Other	9,090	-	9,090	9,010
	<u>9,090</u>		<u>9,090</u>	<u>9,010</u>
<b>Grants receivable for core activities</b>				
Milton Keynes Council	10,000	-	10,000	18,000
Wolverton Science & Arts	117	166	283	-
New Art Club	-	-	-	-
MKCF – Thriving Communities	6,745	3,750	10,495	-
Lloyds Foundation - (Enable)	-	-	0	19,644
MKCF - (COVID Response workshops)	1,000	2,000	3,000	2,490
D OYLY CARTE – Adult Learning	1,300	200	1,500	1,500
Steel Charitable Trust – Adult Learning	1,544	354	1,898	1,897
MKUH – Curating the collection	19,336	-	19,336	21,112
MKUH Courtyards	-	1,740	1,740	1,741
CNWL – Arts on Prescription	4,055	945	5,000	5,000
MKCF Headstart	-	-	-	-
Caring For The Collection	-	-	-	-
New Art Group	-	-	-	-
The Bridge PCN – Headstart	-	-	0	2,710
MKUH (Ward 23)	-	-	-	-
MKCF – Transformation grant	-	-	0	11,750
	<u>44,097</u>	<u>9,155</u>	<u>53,252</u>	<u>85,844</u>

**MK ARTS FOR HEALTH  
COMPANY LIMITED BY GUARANTEE  
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**

**FOR THE YEAR ENDED 31 MARCH 2022**

**4 Charitable activities**

	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
1 Other income	127	360
	<u>          </u>	<u>          </u>
Restricted funds	-	
Unrestricted funds	127	360
	<u>127</u>	<u>360</u>

**5 Investments**

	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
Interest receivable	8	18
	<u>          </u>	<u>          </u>



**MK ARTS FOR HEALTH  
COMPANY LIMITED BY GUARANTEE  
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**

**FOR THE YEAR ENDED 31 MARCH 2022**

**6 Expenditure on charitable activities**

	2022 £	2021 £
Depreciation and impairment	332	394
Materials	1,149	3,826
Fees, artist fees and artwork	57,029	69,974
Premises expenses	4	43
Subscriptions	480	359
Travel, subsistence & expenses	209	16
Publicity and education	4,000	2,240
Stationery, postage, printing, computer and telephone	390	815
Catering and refreshments	15	-
General expenses & donations	96	-
Bookkeeping	1,233	855
Venue hire	350	-
Bank charges	93	59
Donated services	9,000	9,000
Insurance	798	724
	<u>75,178</u>	<u>88,305</u>
Governance costs - independent examiners fee	400	530
	<u>75,578</u>	<u>88,835</u>
<b>Analysis by fund</b>		
Unrestricted funds	69,689	65,552
Restricted funds	5,889	23,283
	<u>75,578</u>	<u>88,835</u>
<b>For the year ended 31 March 2020</b>		
Unrestricted funds		45,300
Restricted funds		29,267
		<u>74,567</u>

**7 Trustees**

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

**8 Employees**

There were no employees during the year.



**MK ARTS FOR HEALTH  
COMPANY LIMITED BY GUARANTEE  
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**

**FOR THE YEAR ENDED 31 MARCH 2022**

**9 Tangible fixed assets**

	Plant and equip ment	Fixtures and fittings	Offic e equip ment	Total
	£	£	£	£
<b>Cost</b>				
At 1 April 2021	867	9,581	882	11,330
Addition				
At 31 March 2022	<u>867</u>	<u>9,581</u>	<u>882</u>	<u>11,330</u>
<b>Depreciation and impairment</b>				
At 1 April 2021	649	9,581	450	10,680
Depreciation charged in the year	174		158	332
At 31 March 2022	<u>823</u>	<u>9,581</u>	<u>608</u>	<u>11,012</u>
<b>Carrying amount</b>				
At 31 March 2021	<u>218</u>	<u>-</u>	<u>432</u>	<u>650</u>
At 31 March 2022	<u>44</u>	<u>-</u>	<u>274</u>	<u>318</u>

**Financial instruments**

	2022 £	2021 £
<b>Carrying amount of financial assets</b>		
Debt instruments measured at amortised cost	<u>87,340</u>	<u>45,480</u>
<b>Carrying amount of financial liabilities</b>		
Measured at amortised cost	<u>68,208</u>	<u>25,793</u>

**11 Debtors**

	2022 £	2021 £
<b>Amounts falling due within one year:</b>		
Trade debtors	0	15,552
Prepayments and accrued income	1,673	798
VAT	<u>513</u>	<u>-</u>
	<u>2,186</u>	<u>16,350</u>

**MK ARTS FOR HEALTH  
COMPANY LIMITED BY GUARANTEE  
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**

**FOR THE YEAR ENDED 31 MARCH 2022**

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12	<b>Creditors: amounts falling due within one year</b>	<b>2022 £</b>	<b>2021 £</b>
	Other taxation and social security	0	1950
	Trade creditors	8,011	3881
	Accruals and deferred income	60,197	21,912
		<u>68,208</u>	<u>27,743</u>

**MK ARTS FOR HEALTH  
COMPANY LIMITED BY GUARANTEE  
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**

**FOR THE YEAR ENDED 31 MARCH 2022**

**13 Restricted funds**

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Balance 1 April 2021	Incoming resources	Resources expended	Movement in funds Balance at 31 March 2022
	£	£	£	£
The Bridge PCN - Headstart	-	-	-	-
Economy and Culture Grant	-	-	-	-
Courtyards - MKUH	1,741	1,740	-	3,481
Community Grant – Headstart Art	-	-	-	-
MKCF – Thriving Communities	-	3,750	-	3,750
Curating the Collection	-	-	-	-
New Art Group	1,677	166	(339)	1,504
Enable	-	-	-	-
Adult Learning – Steele Charitable Trust & D OYLE CARTE – Arts on Prescription	657	554	(1,211)	-
Headstart - Art	-	-	-	-
Arts on Prescription - CNWL	-	945	(945)	-
COVID - MKCF	1,394	2,000	(3,394)	-
	<u>5,469</u>	<u>9,155</u>	<u>(5,889)</u>	<u>8,735</u>

**14 Analysis of net assets between funds**

	Unrestricted funds £	Restricted funds £	Total £
Fund balances at 31 March 2022 are represented by:			
Tangible assets	318	-	318
Current assets/(liabilities)	<u>12,584</u>	<u>8,735</u>	<u>21,319</u>
	<u>12,902</u>	<u>8,735</u>	<u>21,637</u>