



Create, Connect, Feel Better

Arts for Recovery in the Community

Annual Report and
Financial Statement
for the year ended
31 March 2022

Arc is a registered charity no. **1107607**
A limited company no. **05288784** - registered in Cardiff

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1) Reference and Administrative Information

Charity Name	Arts for Recovery in the Community
Charity Registration Number	1107607
Company Registration Number	05288784
Registered Office	Hat Works, Wellington Mill, Wellington Road South, Stockport SK3 0EU

Directors

Safia Griffin	Chair
Graeme Draper	Director
Robert Morris	Finance Director
Lucy Wallace	Director
David Milligan-Croft	Director (appointed 28th October 2021)
Kevin Brosnahan	Director (resigned 2nd May 2022)
Rachel Lake	Director (resigned 28th April 2022)
Jamie Popplewell	Director (resigned 20th November 2021)

Company Secretary

Jacqui Wood

Principal staff

Jacqui Wood	Artistic Director and Lead Officer
Nuala Ryan	Finance Manager

Staff

Annette Naor Hilton	Creative Programme Manager
Harriet Wilson	Operations Manager
Jane Wilkinson	Mental Health Support Officer
Hannah Flint	Volunteer and Engagement Co-ordinator

Independent Examiner

Paul Cowham MA FCA DChA
Green Fish Resource Centre
46 – 50 Oldham Street, Manchester M4 1LE

Banker

Yorkshire Bank plc 34 Princess Street Stockport SK1 1RE	Barclays Bank PLC Leicester LE87 2BB	Shawbrook Bank Lutea House, Warley Hill Business Park Brentwood, Essex, CM13 3BE
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2) Trustees' Report

Welcome

Welcome to our annual report for the year 2021/22. This has been another significant year to document. As COVID-19 restrictions eased many workplaces, models of delivery and meetings returned to in person but with the national government still urging caution and the recognition of the benefits of 'blended' approaches things were never going to be the same. It was with this in mind that we wrote our strategic plan and built on our ambitions for the year, which we are pleased to report on here.

In this year we have welcomed new members to our team, seen the 'buzz' come back to our centre as we reopened to the public and participants, and continued conversations around developing Stockport's culture corridor with key partners and supporters.

Last year we spoke of how much the recognition of the benefits of arts and health had grown, against a backdrop of unprecedented change and upheaval in both our personal and work lives. For some, this was alongside mental distress and wider challenges to accessing healthcare, with COVID-19 still limiting access and causing staff shortages across the healthcare system.

We will continue to develop our offer and delivery model to meet both needs and ambitions that people have for themselves and their loved ones. We will work with partners and supporters to widen access and participation in arts and health for the many different communities in Stockport, Greater Manchester and beyond.

As trustees (and volunteers ourselves), we feel privileged to oversee and govern such a respected and crucial charity. A charity and team that continues to work at the heart of Stockport's growing and thriving offer around arts and health. We are part of an amazingly dynamic movement – which has found its time. We invite you now to read and see more of what we have been doing with yours and others' support, time and participation as we detail this in our annual report and accounts.

Thank you.

Safia Griffin, Arc Chair



Aims and Objectives

The Company is established to relieve sickness and protect mental good health through the use of the arts and creative activity in North West England, in particular but not exclusively in Stockport. The aims of the Company are to support the wellbeing of people with mental ill health by developing confidence in their abilities through engagement with Arc, enhancing recovery and encouraging them to gain skills and experience which lead to a better quality of life. Arc will provide a rich and varied programme of creative activities in a safe and supportive environment, organise training and support in the arts, provide services and undertake commissions, promoting positive images of mental health through high quality arts projects.

Mission Statement

Vision & Mission

Our vision is one of healthy and happy communities, in which people can achieve sustainable wellbeing inspired by creative projects and connected through shared experiences.

Our mission is to offer high impact creative experiences, skills and opportunities which promote individual and communal wellbeing, reaching the most vulnerable within communities, recognising the value of creativity to self-worth, resilience and confidence.

Values

Connectivity

The arts have an amazing ability to bring people together, enabling us to find strength in ourselves and each other. By connecting through creativity to people and place, we support each other, and develop a genuine sense of belonging. This has a profound impact on our mental health.

Creativity

Creativity transforms lives - we can be inspired to flourish, to express ourselves, to be more confident and articulate. To take control of our future and to celebrate our journey.

Sharing stories and listening

There is tremendous power in being given the space to tell your story and to listen to others'. Exploring and sharing narratives help us make sense of our experiences and our world, reinforcing that we are not alone.

Accessibility

Creative projects need to be open, welcoming, easily accessed and responsive to the needs and interests of participants, but also ambitious, striving for the highest artistic outcomes/values.

Effective & efficient resourcing

We always seek to improve our model, increase our impact and focus the use of our valuable human and financial resources.

Activities undertaken for public benefit in relation to objectives

In planning our activities for the year, we kept in mind the Charity Commission's guidance on public benefit. Regular reports on activities are submitted to the Directors at Board meetings by the Lead Officer to enable the Directors to monitor progress. This and other mechanisms, such as the annual rolling strategic plan, enabled the Directors to ensure that new and current activities are in line with the company's aims and objectives and the Charity Commission's guidance.

Main activities undertaken to further the charity's purposes for the public benefit

- Structured creative programmes to support the mental health of vulnerable adults and young people.
- Accessible programmes for anyone who wants to use the arts to improve or maintain their mental health in our town centre cultural venue and through digital delivery.
- Services for health partners and commissioners to refer in to, providing effective, reliable specialist support for recovery from mental ill health.

- Volunteering opportunities for those who have previously participated in our programmes, as well as those wishing to give their time to a charity.
- Partnership projects for communities and organisations in the VCSE, private and statutory sectors to collaborate with us, and engage their service users and staff in creative wellbeing activities.
- Professional development, training, networking, resources, commissioning and residencies for artists and facilitators of all levels of experience.
- Exhibitions, events and products for members of the public with an interest in the arts and/or mental health.



Achievements and Performance

How we met our strategic goals in 2021/2022

Goal 1: Deliver high impact creative programmes which improve the mental health and wellbeing of more than 750 vulnerable, isolated adults and young people in Stockport and Greater Manchester, by March 2024.

"Over 25 years Arc has demonstrated the power of art on mental wellbeing. We're going to need more of that going forwards" Cllr Adrian Nottingham, Mayor of Stockport

This year we faced unprecedented challenges with the ongoing impact of COVID-19: digital exclusion, social anxiety and increased mental ill health impacting on engagement, vulnerable adults and young people struggling to access services, and referral partners being affected by staff shortages. We also saw the effects of poverty and cost of living increases on the mental health of many residents of Greater Manchester.

After so much restriction, isolation and anxiety, 2021/2022 has been a year of gradual readjustment, with a huge development in the content and range of our offer to support the mental health needs and creative interests of our participants.

At the start of the year we were still offering remote delivery. Responding to the ongoing pandemic and the impact of lockdown on mental health and creativity, reflective projects such as My Lockdown Story, We Are Mini Dreamers and Keeping Us Together offered creative interaction beyond our geographical boundary.

Our Arts for Wellbeing Programme offered in person delivery as well as digital and blended, to accommodate the needs of a range of vulnerable adults and young people. Whilst initially there was a lot of anxiety about returning to the centre, by the end of the year most participants wanted face to face sessions.

This short film illustrated the impact of our Creative Mums Programme this year

<https://www.youtube.com/watch?v=GKlv2XDsxKg>

We continued to review, evaluate and adapt our delivery model according to the responses of participants. This year we introduced a new programme of monthly activities, extending our offer to previous participants. This has proved an effective way to sustain vital contact with participants who feel safe in our Centre beyond the core programmes, whilst also encouraging greater independence. As some of these 'monthlies' take place in other settings and involve the wider public too, we have found that they connect people, open horizons, build trust and introduce participants to services and venues beyond Arc – they are a real step towards a more inclusive creative Stockport community.

In 2021/2022 we reached out to people not accessing our core service through successful partnerships, which ranged from collaborative delivery through to training partner organisation staff in using Arc resources with their clients.

Our mental health support team provided holistic support for participants, to ensure that they could get the most out of the projects we offered. They dealt with concerns around anxiety, depression, suicide ideation, domestic violence, bereavement, housing and debt.

Participants were signposted to appropriate support services including Healthy Minds, Stockport Without Abuse, Oakwood Eating Disorder Unit, Stockport Women's Centre and Citizens Advice.

Goal 2: Address the effects of loneliness and isolation, providing services which connect with and build a sense of belonging for 6,000 people across Stockport & GM by March 2024

We are delighted to be reaching and connecting with more people than ever before for events, workshops, and exhibitions, with the Centre now fully open to the public. As an example, our monthly Saturday Art Clubs are now regularly attended by well over 100 people of all ages and are a mix of those who use our service, those who are discovering Arc for the first time, and regular attendees of our wider community offer.

"The sessions are great for children with additional needs, very inclusive, friendly and relaxing for all"

A central, easily accessed location and higher local profile has encouraged hundreds of people to attend our public workshops such as pottery evening classes and one off craft workshops. Photography and movement monthlies brought new people to Arc as participants – connecting them to our core wellbeing offer. A programme of exhibitions, a shop area stocked with products designed and made by participants and volunteers, and a friendly café space draw visitors in who have no prior knowledge of the organisation.

"Great space, great people and a real escape from all outside pressures"

This is the vision we have for the Centre – that every visitor feels welcome when they arrive and feels better in some way by the time they leave.

In 2021/2022 we saw our 2 large scale place-based Love Letter projects express a sense of belonging in Oldham and Macclesfield this year. The 3 year "Love Letter to Oldham" commission for Gallery Oldham, which had engaged 667 local people through town centre festivals and events, and a community workshop programme culminated in the exhibition of the final communal poem in the new Oldham Stories exhibition at Gallery Oldham. The huge textile panels are accompanied by a film and recording produced by Oldham Theatre Workshop and the work helps direct people to our weekly sessions taking place in the studio downstairs. <https://lovelettertooldham.wordpress.com>

And our 2016 project 'Love Letter to Macc' came back to life as lines from the poem were used in public realm improvements in the centre of Macclesfield.

<https://www.youtube.com/watch?v=paeO6q4tkoM>

https://www.cheshireeast.gov.uk/business/major_regeneration_projects/town_centre_vision/town-centre-public-realm-works.aspx



This year we undertook a major COVID-19 response commission for Stockport Metropolitan Council, **Stockport Together Again**. The project had 3 elements – an exhibition across all 3 spaces at Stockport War Memorial Art Gallery, the first Stockport Arts and Health Week and a series of Micro Commissions for new arts and health projects. It invigorated and inspired, celebrating the arts and health activity that had helped the Borough to cope and heal during the pandemic, and instigating future partnerships and collaborations.

"The variety of narrative, media and imagery on display was inspiring, and I found it sincerely moving. I was blown away with the way that the exhibition managed to reflect such different experiences of the pandemic, yet find commonality in the benefits of engaging with, and connecting through, art and creative pursuits."
Jennifer Connolly, Director of Public Health, Stockport Metropolitan Borough Council



Volunteering once again made a massive contribution to Arc, providing meaningful and fulfilling roles and a sense of community for our volunteers. New roles and teams were developed – including Centre Hosts, welcoming and engaging with all our visitors, an Enterprise Team designing and making projects for the

shop, Arc Ambassadors capable of speaking at external events and market stalls and a Public Art Team who painted 17 large fibre glass frogs!

"Arc is an excellent place to begin volunteering and to help build personal confidence, especially if you have any mental health issues or have gone through some of Arcs programmes, as it is a very safe and supportive environment"

"Volunteering at Arc has had a dramatic effect on my self-confidence and improved my skill sets, which has helped enable me back into full time employment."

Goal 3: Become more inclusive, with service users, staff and volunteers more accurately reflecting our GM communities, by March 2024.

Arc provides access to high quality arts for people with long term mental and physical health conditions: as participants, volunteers and freelancers.

In 2021/2022 our Wellbeing Programmes continued to reach out to a wide range of participants by promoting referrals to our ever-growing network of neighbourhood & community workers and new agencies / professionals, as well as through significant public promotion. We prioritized areas of socio-economic disadvantage and worked with participants affected not only by COVID-19 but also poverty and debt due to cost of living increases. We offered remote/virtual programmes as well as face to face and supported participants to use the technology required to access our programmes. We were successful in bidding for funding to develop our postal art project, now known as Art Pen Pals, connecting isolated, house-bound adults with an Arc volunteer for creative dialogue.

We designed bespoke partnership projects to reach those not attending our current offer, including victims of domestic abuse from a diverse range of ethnic backgrounds, and developed a new programme specifically for men, to begin to address the imbalance in gender of our core programmes.

Film-maker John Grey made a short film about the Men's Music Project:

<https://www.youtube.com/watch?v=jEabnf-ezKw>

Our YPA Shine & MusicSpace programmes have proved to be safe spaces for young people who are neurodivergent or who are exploring gender identity, as well as those who have experienced violence in the home or bullying at school.

Arc took on the role of providing support, mentoring, hosting and a critical friend through projects including Stockport Culture Champions and Stockport Together Again. The Arts and Health Micro Commissions we managed, encouraged people with lived experience of ill-health to lead pilot projects.

"The exhibition showed just how creative and inclusive Stockport is as a town and made me proud to live here."
Audience member, Stockport Together Again exhibition.

We launched a programme of health-focussed exhibitions at the Arc Centre, providing a platform for emerging local artists and underrepresented groups who often find it hard to access exhibition space as well as promotional opportunities. The initial season featured Culture Bridge, led by Kurdish women who have been refugees and asylum seekers, and emerging local artist Wendy Roby. The exhibitions have brought new audiences to Arc but, more importantly, connected visitors and exhibitors to our Wellbeing Programmes.

We continued our Equality, Diversity & Inclusion work, undertaking a review and revisiting our self-assessment document to check progress against our aim to embed EDI in our strategic planning and operational activities. This work included being more visible and active in equality conversations and networks, joining the Sector 3 Equity Network and the Stockport Youth Voice group, as well as attending local networks including One Stockport Borough Plan sessions.

We recognise that this is an ongoing process and are committed to building on what we are already doing to become more inclusive and representative.

We want to get the best out of our teams and people and be more representative of communities we work with, and so this year we will seek to:

- Increase the diversity in our delivery team through more inclusive recruitment practices.
- Plan and launch call outs for facilitators and volunteers from communities which are under-represented and build in this into 2022/2023 to reach, engage with, support and employ a wider range of artists and volunteers in appropriate settings.
- In 2022/2023 continue to review key plans, policy and operational activities with an equalities and representation lens.
- Develop workplace understanding and commitment to EDI through dedicated planning and discussions, training and objective setting.

Goal 4. Increase Arc's profile, reach, organisational resilience and income streams, creating a more dynamic and sustainable organisation by March 2024.

In 2021/2022 Arc's profile and reach was increased by a number of factors.

The year began with recruitment for new staff posts, following an organisational review and restructure. The new team had to be flexible and respond fast to a changing environment, offering digital and home-based (postal) delivery alongside face to face, changing location when necessary, and working closely with partners to ensure that we were supporting the maximum number of beneficiaries.

Having stability at our core had a massive impact on our capacity to adapt our service to meet a growing and complex need.

The new staff team worked incredibly hard across all fronts – networking, developing the venue offer of retail, exhibition, public programme and refreshments, as well as fundraising and nurturing partnerships.

Our town centre location helped raise our profile locally, easily accessed by public transport from all over GM. Projects and commissions including the Stockport Frogs, Stockport Together Again, the Shine service with Beacon Counselling ensured that we were associated with successful public artwork and engagement at a significant scale.

We reviewed and updated our strategic plan to reflect the significance of our change in location in late 2019, our increasingly embedded position in the regeneration of Stockport Town centre, and our role in the ongoing development of the arts and mental health agenda across Greater Manchester. We have been instrumental in the development and launch of the [Stockport Cultural Strategy](https://www.culturestockport.com) (<https://www.culturestockport.com>) with arts and health as a priority area. We have also been involved in the new Local Cultural Education Partnership and the North West Craft Network, advocating for health and wellbeing as key targets.

We continued to invest in workforce development with CPD sessions open to all, successful volunteer recruitment and the offer of student placements to 4 North West Universities.

We increased our network of referrers in Stockport, Oldham and Tameside, regularly presenting to health and social care teams about how they and their clients can access our programmes.

And we began to explore workplace wellbeing for the private sector, developing relationships with local corporate teams involved in the regeneration of Stockport town centre, including Glenbrook Property (<https://www.glenbrookproperty.co.uk/>) and Willmott Dixon (<https://www.willmott Dixon.co.uk/>).

"Mental fitness is as important as physical well-being to Willmott Dixon which is why we have chosen to partner with Stockport charity Arc. Momentum continues to build around the issue of mental health in the construction sector and working together is a significant step forward in offering our workforce the best possible chance at improved mental fitness through innovative and creative initiatives."

Beth Hodder, Willmott Dixon

What our participants told us:

"Arc is not just a programme – it's a community where people come together. It's a place where you can feel free, where you feel supported and safe"

"By making art, you are putting something new in to the world, into the universe, that has never existed before and that makes you feel better about yourself, you feel you are part of the world, you are part of society"

"It has really helped with my loneliness and isolation and gives me a sense of purpose"

"When I first came in I didn't speak, I don't think I opened my mouth. On this 8th week I've written a song and I've stood up in front of people I don't know and I've actually sang this song...I couldn't of even imagined me ever doing anything like that but it's inspired me. These guys running it have given me the confidence, it's amazing, I'm very, very happy. I've come a long way, even I can see that."

"Art has been the only thing to help with my mental health, it really relaxes me"

"Art makes me feel centred when I do it, makes me feel better"

"I think coming here has really helped with my socialisation, I'm much more comfortable here because I am doing so much art and it's easy to talk to the others. I've enjoyed learning new skills and being able to express myself."

"Art is her outlet, how she expresses herself. She never used to speak to other young people, she didn't know how. Now she comes home & says 'I've spoken to a new person and is excited about that! I've not seen this child for so long.....'"

"Many thanks again for providing such a wonderful, safe place for my kids to thrive in."

"It's helped me see there is a future ahead, new beginnings"



Key achievements in 2021/2022:

Adult Wellbeing Programmes

- We engaged a total of **171** adults with mental ill-health from Stockport, Oldham and Tameside in creative activities through a mix of virtual and face to face delivery.
- **89%** of participants in our Adult Wellbeing Programmes reported improved mental health and wellbeing.
- **91%** reported reduced isolation, as a result of participation in the programmes.
- **8** Community Programmes built connections and confidence in 12 week artist led projects.
- **3** Creative Challenge programmes, each lasting 4 months, developed further skills and independence, towards volunteering and other work-related opportunities.
- **5** Perinatal Creative Mums projects supported **27** women in Stockport and Oldham.
- All Adult Wellbeing Programmes resulted in exhibitions in our Centre, where participants shared their work with friends, family and the wider public.

- We ran a successful pilot Men's Music Project, to specifically target and support men who were not accessing other mental health services, **100%** of participants said that attending had improved their wellbeing and also their social connections.
- Weekly creative writing and visual art sessions, delivered in partnership with the Occupational Therapy team on both mental health wards at Stockport's Stepping Hill Hospital engaged in-patients and signposted them to our programmes upon discharge.
- **14** participants from the Age Well Studio for isolated older people created visual art work for two exhibitions and worked with Creative Industries Trafford on an intergenerational animation project.
- The #KeepingUsTogether programme, originally designed during the pandemic, continued to connect with hundreds of people, with activities designed by participants from the Creative Challenge Programme.
- A new wide-ranging follow-on creative resilience programme was accessed by **50+** adults, keeping vital connections through monthly peer-led groups, drop-ins, new artforms & skills-building.
- We completed the Stockport Culture Champions scheme, in which **150** older people engaged as artists, facilitators, participants, volunteers, advocates, contributors & supporters with partners such as Men In Sheds, Disability Stockport and Age UK.
- New partnerships included: training nursing staff from Tameside Hospital to use our resources to deliver creative sessions with dementia patients, working with **28** women and children from Stockport Without Abuse on therapeutic ceramics activities, and collaborating with Manchester-based dancers, Company Chameleon, on a series of Movement for Mental Health workshops.

Young People's Arc

- **116** vulnerable children and young people took part in our Young People's Arc (YPA) programme, young people facing issues such as having to care for family members, bullying at school, bereavement, domestic violence, neglect, severe anxiety and autism diagnosis.
- We launched Shine, a new early help service offering 12 week artist-led studio projects to 11 – 18 year olds, partnering with Beacon Counselling.
- YPA projects this year included music and lyric writing with young people from Tameside and Glossop Mind, visual art and photography to explore identity with young carers, music technology at a pupil referral unit, and art journaling with pregnant teenagers and young mums at a local Startwell hub.
- Young people from YPA were commissioned to produce photographic art work for the Department of Psychological Therapies at Stepping Hill Hospital.

Training, volunteering and work experience for people in arts & wellbeing sectors

- **74** people volunteered with Arc giving **2,215** hours to projects ranging from public art commissions and hanging exhibitions to supporting our Wellbeing Programmes and leading activities for families in the Centre.
- New volunteer roles developed in social media, exhibition curation, Arc Ambassadors, and Centre Hosts.
- We employed **10** artists as facilitators in our Arts for Wellbeing adult programmes, **13** in Young People's Arc and **19** in our wider Public Programmes (including Culture Champions).
- We engaged **3** trainee artists in our Young People's programme.
- **120** people took part in networking and skills sessions in our first Arts and Health week
- CPD training events were provided, on subjects including project fundraising, creative facilitation and finance for freelancers.
- **9** Social Work students from 3 Universities undertook 70 day placements and 2 post-graduate Museum & Gallery studies students completed 20 days placements.
- Arc staff led seminars and units of work as part of public health, arts and social care degree courses with the Universities of Chester, Manchester and Bolton and presented at the first of a series of "Meet the Employer" creative sector events run by Brightersound.

Creative wellbeing in Stockport town centre

- **1550** people visited our reopened Arc Centre for arts and health focussed exhibitions and events with 246 people taking part in public workshops.
- **575** local people, including past and present participants, came to our family focussed Saturday Art Clubs.
- Arc worked with SMBC on a number of town centre regeneration projects, including the **Stockport Frog Trail**.
- **52** artists, and a further **300** residents, members of community groups and Arc participants exhibited at Stockport Art Gallery as part of a major commission from Stockport MBC '**Stockport Together Again**', drawing an audience of over **2,000** people.
- **160** people benefitted from a series of arts and health micro commissions.



Future Projects for 2022 / 2023

- Continue strategic/leadership role for arts and mental health through the Stockport Cultural Strategy, the All Age Mental Health Strategy and the GM Live Well Strategy, delivering a major stakeholder event as part of Arts and Health Week.
- Develop the Arc Centre as a local and regional Arts & Health Hub as part of the Culture Stockport strategy.
- Develop our workplace wellbeing offer to the corporate sector, starting with a large-scale photography project with Stockport Interchange developers, Willmott Dixon.
- Increase the diversity of our facilitation team to be more representative of our community, through mentoring and support.
- Launch call outs for facilitators and volunteers from communities which are under-represented to reach, engage with, support and employ a wider range of artists and volunteers in appropriate settings.
- Build on strategic partnerships to extend our specialist services to adults and children experiencing mental ill health in the community.

Structure, governance and management

Company status

The company is a charitable company, incorporated under the Companies Act of 1985 as a private limited company on the 17 November 2004 and entered into the Central Register of Charities on the 13 January 2005. The company is limited by guarantee and all members have agreed to contribute a sum not exceeding £1 in the event of a winding-up. The number of guarantees at 31 March 2022 was seven.

Governing document

The company is controlled via its Memorandum and Articles of Association. Members of the company are volunteers, Directors of the company and trustees of the charity. The number of members must be a minimum of three and a maximum of twelve.

An AGM is held by the company and the Board of Directors meet at least six times per year. The Board is responsible for the annual report and accounts, and overseeing policy, personnel, and the strategic direction of the Charitable Company. It ensures company documents and key policies are reviewed on a regular basis.

Recruitment and appointment of Directors

Directors are recruited from a number of sources, including personal recommendation, GMCVO, Reach, Manchester User Network (MUN), and ex-participants of Arc. The Board has defined the skill profiles required and actively seeks to establish a diversity of backgrounds and experience of its members.

Prospective Directors are invited to submit an application, to tour the premises, and to meet key people. They are subsequently interviewed by members of the Board and required to present a personal statement of their potential contribution to Arc. They are made aware of their responsibilities and are also required to provide two referees who are contacted before appointment is approved. All Directors are checked via the Disclosure and Barring Service (DBS).

Induction and training of Directors

New directors are given access to Arc's SharePoint which contains governance documents, a current listing of policies and procedures and previous Annual Reports, Accounts and Board meeting minutes. Directors are given information on their roles and responsibilities and invited to attend training courses relevant to their roles.

Organisational structure

The Chair leads the Board and line manages the Lead Officer. There are two sub-committees that oversee key areas of governance and report back to the full Board with matters for approval and discussion. These are:

- Finance (includes fundraising and risk)
- Personnel, Policy and Quality

The minimum expected attendance for any sub-committee is at least one principal staff member and two Directors. All Directors are encouraged to attend sub-committee meetings and expected to when their specialist expertise is required.

Strategy is discussed at Board meetings and as relevant in sub-committees as it relates to these areas. A rolling strategic plan sets out the objectives and priorities for each 3-year period and is developed with key stakeholders including staff and Directors. This is operationalised annually through delegated responsibility to staff under the leadership of the Lead Officer, overseen by the Board of Directors. Working groups are formed, as required, to work on specific areas of strategic development.

Risk management

The Directors regularly review and assess the risks faced by the charity in all areas of its work and plan for the management of those risks. Major risks are assessed through a risk register and policy overseen by the Board and Lead Officer, to which staff report, and operationalised through risk assessments and procedure.

The Directors have given consideration to the major risks to which the charity is exposed and satisfied themselves that systems and procedures are established in order to manage those risks.

Major risks are those risks that have a major impact and a probable or highly probable likelihood of occurring. If they occurred, they would have a major impact on some or all the following areas:

- governance.
- operations.
- finances.
- environmental or external factors such as public opinion or relationship with funders.
- Arc's compliance with law or regulation.

Arc's policy document and risk register sets out to:

- Identify the major risks that apply to our charity and their impacts.
- Provide a basis to make decisions about how to respond to the risks we face.
- Provide records to write an appropriate risk management statement in our annual report.

Assessing and management of risk is a whole team effort, and while the Board of Directors holds ultimate responsibility for this, appropriate and proportionate responsibility is delegated to staff. Arc is able to state that there have been no major incidents or risks in 2021/2022 that required reporting to the Charity Commission.

Given the ongoing risk of COVID-19 and any impact on staff and participant's health Arc will continue to monitor the situation and adapt accordingly, Arc has revised its Risk Analysis to take account of the circumstances and the safety policies it has had to implement as a result. Arc will continue to implement its Risk Management Policy to ensure that the organisation complies with the Charity Commission's requirements as outlined in their guidance on Risk Management for Charities (CC26).

Related parties

The Company operates independently and there are no related party transactions. Board members and their immediate relatives have no contractual relationships, other than at arm's length, with any suppliers or fund providers. Each Director is asked to sign a Declaration of Interests register and Code of Conduct form. These are held on file and the Declaration of Interests form is updated at least annually and when informed of a change.

Financial Review

Principal funding sources

For 2021 / 2022 the principal income sources were:

- | | |
|----------------------------------|--|
| • The National Lottery (£68,090) | • European Social Fund (£7,994) |
| • NHS Stockport CCG (£59,950) | • Youth Music (£17,420) |
| • GMCA (£42,700) | • Awards for All (£9,790) |
| • BBC Children in Need (£19,500) | • Social Work Student Placement Income (£10,780) |
| • Henry Smith (£36,750) | • Beacon – Shine Project (£6,411) |

Principal sources of funding carried forward into 2021 / 2022 were:

- | | |
|---------------------------------|------------------------------|
| • GMCA (£6,185) | • Ralph Pendlebury (£2,991) |
| • Henry Smith (£8,214) | • SMBC ASC Capital (£26,183) |
| • Stockport Local (£1,440) | • Garfield Weston (£20,000) |
| • Action Together (£3,254) | • Baring (£20,000) |
| • Morrisons Foundation (£3,470) | • CAF (£2,475) |

How funding has supported key priorities

Our donors have supported us by funding us in the following ways:

- NHS Stockport CCG provides core funding to underpin all our work at Arc. The funding enables our programmes to continue to help improve the mental health needs of Stockport residents.
- Arc secured a further 5-year grant from The National Lottery to fund staffing and core costs of the organisation till March 2026. This will ensure that Arc can continue to flourish and develop a more sustainable model for future financial stability of the organisation.
- GMCA have provided Arc a further year's extension funding to support Arts and Wellbeing in the Greater Manchester region.
- BBC Children in Need funding was secured for further year, due to end in March 2023. Funding from Children in Need enables Arc to continue to offer a diverse and exciting programme offered to young people in Stockport and Tameside.
- Arc have also secured another grant from Youth Music to continue the work that has been developed in this area. The on-going project is called MusicSpace which aims to improve wellbeing, confidence and resilience of young people not receiving support through mainstream services.
- The YPA programme is all about partnerships and providing tailored programmes of short creative projects for targeted groups of disadvantaged and vulnerable children and young people. Arc have continued to collaborate with local organisations such as Stockport Homes and Pennine on one off projects during the year which complemented the main offering from YPA. Arc are also delivering an Early Help and Wellbeing Service for 11 to 18 year olds in partnership with Beacon Counselling and delivered a photographic commission for Stepping Hill Hospital Psychological Therapies team.
- Henry Smith provides funding to deliver a 3-year programme of activities supporting people facing a mental health crisis in communities across Stockport and Oldham. This funding ends in September 2022.
- CAF provided an emergency grant of £4,000 to assist towards COVID-19 related costs during 2020/2021 and 2021/2022.
- Baring and Garfield Weston paid grants during 2020/2021. These funds supported our programme delivery for 2021/2022.
- European Social Fund was a 1-year grant to provide a Creative Challenge programme with personalised pre-employment support and training. This was delivered in 2020/2021 with final funds being released in 2021/2022.
- Arc have also secured a grant from Awards for All to continue to deliver our postal art scheme (Art Pen Pals) which was developed during lockdown for isolated people without an internet connection.

The budget for 2022/2023 balances and there is no need to use our reserves for this financial year. The overhead costs paid by Arc have remained stable and this has helped the team to accurately plan future funding streams and requirements. 2022/2023 will prove to be an exciting time for Arc, the budget has been developed to include the costs of a larger staff team and Arc have planned for a full and diverse programme supplemented by commissions that are delivered so well by the organisation.

Arc are also developing new streams of income that will help to sustain the organisation in the long term. Challenges remain with increased cost of living which is hard to factor into new bids. Arc will seek to meet all its commitments with regard to staff remuneration and other increasing costs over which we do not have control. Arc will maintain healthy reserves to ensure we can meet our ongoing obligations.

Arc has designated funds to develop new projects for the 2022/2023 financial year. This is to enable Arc to be able to develop new and exciting projects where mainstream funding may not be immediately available. Arc will continue to maintain a level of reserves in compliance with our reserves policy. This is intended to meet any unforeseen risk and financial threat to the organisation. The reserves to be held have been determined by the Board and are identified below.

Future funding campaigns and strategies are under consideration to enable Arc to diversify funding and mitigate risks from any shortfalls in funding and to protect the level of safe reserves determined by the Board.

New income sources for 2022 / 23

- CCG (£59,950)
- The National Lottery (£69,026)
- GMCA (£40,000)
- Henry Smith (£18,400)
- BBC Children in Need (£19,500)
- Beacon / Shine (£9,810)
- Youth Music (£15,225)

Reserves policy

The Board will ensure that adequate reserves are held by Arc to cover emergencies. Principally:

1. To ensure that any shortfall in income can be covered over a sufficient period to ensure that management and the Board can take effective action to minimise any detrimental effects on staff and the organisation and to meet any contractual obligations.
2. To cover any unforeseen emergencies concerning property or facilities.
3. To cover any emergencies due to force majeure.

The amount of reserves determined by the Board for the financial year 2021 / 2022 has been calculated as follows:

Reserves amount calculated as of 31 August 2022

Employee redundancy & notice costs	£41,482
Equipment lease commitments	£10,652
Property lease commitment	£27,500
Three months fixed running costs	£15,051
Accountancy fees	£2,000
TOTAL	£96,685

The reserves calculation has increased for the year due to the following:

Employee redundancy and notice costs have increased due to more permanent staff working at Arc. Arc currently has a six-year lease of Hat Works space with two break clauses during the term. It has been agreed that it would be prudent to set aside the cost of this lease until the next break clause. The equipment lease commitments have reduced with repayments during the year. The three months fixed running costs have also been reviewed and stated as per costs on the ledger for 2021/2022, it is anticipated that these costs will remain constant. Overall total reserves required have increased from £90,387 in 2020/2021 to £96,685 in 2021/2022.

Note 20 of the accounts shows that unrestricted current assets less current liabilities, as of 31 March 2022, to be £165,798.

This policy is reviewed annually. The amount is calculated each year and when there are major changes, such as changes in the staffing levels and the taking on of additional leases.

Investment policy

The company will hold funds in accordance with the sum identified in our reserves policy within a savings and investment secure portfolio.

Statement of Directors' responsibilities

The Directors are responsible for preparing the Report of the Directors and the financial statements in accordance with applicable law and regulations.

Company law requires the Directors to prepare financial statements for each financial year. Under that law the Directors have elected to prepare the financial statements in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008) (United Kingdom Generally Accepted Accounting Practice applicable to Smaller Entities). Under company law the Directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and the income and expenditure of the charitable company for that period. In preparing these financial statements the Directors are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the Charities SORP;
- Make judgments and accounting estimates that are reasonable and prudent;
- State whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The Directors are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose at any time the financial position of the charitable company and to enable it to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Directors, who are Directors for the purposes of company law, and trustees for the purposes of charity law, who served during the year and up to the date of this report are set out on page 2. This report has been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (issued in March 2005) and in accordance with the provisions applicable to companies subject to the small companies' regime of the Companies Act 2006.

Approved by the Directors and signed on its behalf by:

Safia Griffin

Safia Griffin (Chair) Date: 22th September 2022

3) Independent Examiner's Report to the Directors of Arts for Recovery In the Community

I report to the Directors on my examination of the accounts of the Company for the year ended 31 March 2022.

Responsibilities and basis of report

As the Directors of the Company (and also its Directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since the Company's gross income exceeds £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Paul Cowham

Paul Cowham FCA DChA
Green Fish Resource Centre
46 – 50 Oldham Street
Manchester
M4 1LE

Date: 30 September 2022

Arts for Recovery in the Community
Statement of Financial Activities
(including Income and Expenditure account)
for the year ended 31 March 2022

	Note	Unrestricted funds £	Restricted funds £	Total funds 2022 £	Total funds 2021 £
Income					
Donations and legacies	3	5,756	-	5,756	3,741
Charitable activities	4	59,950	208,655	268,605	230,953
Fees and other income	5	67,521	-	67,521	30,237
Investments	6	459	-	459	445
Total income		133,686	208,655	342,341	265,376
Expenditure					
Raising funds	7	21,546	-	21,546	12,980
Charitable activities	8	94,632	205,838	300,470	237,179
Total expenditure		116,178	205,838	322,016	250,159
Net income/(expenditure) for the year	9	17,508	2,817	20,325	15,217
Transfer between funds		17,024	(17,024)	-	-
Net movement in funds for the year		34,532	(14,207)	20,325	15,217
Reconciliation of funds					
Total funds brought forward		157,205	67,233	224,438	209,221
Total funds carried forward		191,737	53,026	244,763	224,438

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

Arts for Recovery in the Community
Company number 05288784

Balance sheet as at 31 March 2022

	Note	2022	2021
		£	£
Fixed assets			
Tangible assets	14	1,328	3,033
Total fixed assets		1,328	3,033
Current assets			
Debtors	15	3,019	39,834
Cash at bank and in hand		278,763	214,665
Total current assets		281,782	254,499
Liabilities			
Creditors: amounts falling due in less than one year	16	(38,347)	(33,094)
Net current assets		243,435	221,405
Total assets less current liabilities		244,763	224,438
Net assets		244,763	224,438
Funds of the charity			
Restricted income funds	17	53,026	67,233
Unrestricted income funds	19	191,737	157,205
Total charity funds		244,763	224,438

For the year in question, the company was entitled to exemption from an audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476,
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts

These accounts are prepared in accordance with the special provisions of part 15 of the Companies Act 2006 relating to small companies and constitute the annual accounts required by the Companies Act 2006 and are for circulation to members of the company.

The notes on pages 21 to 34 form part of these accounts.

Approved by the trustees on 22 September 2022 and signed on their behalf by:

Robert Morris

Robert Morris - Finance Director

Arts for Recovery in the Community

Notes to the accounts for the year ended 31 March 2022

1 Accounting policies

The principal accounting policies adopted, judgments and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

a Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The charity has applied Update Bulletin 1 as published on 2 February 2016 and does not include a cash flow statement on the grounds that it is applying FRS 102 section 1A.

Arts for Recovery in the Community meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

b Reconciliation with previous Generally Accepted Accounting Practice

In preparing the accounts, the trustees have considered whether in applying the accounting policies required by FRS 102 and the Charities SORP FRS 102 the restatement of comparative items was required. No such restatement was required.

c Preparation of the accounts on a going concern basis

The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern. Covid 19 has impacted on ARC's activities, however emergency funding has been received from CAF and the other funders have been flexible in allowing their funds to be used for on-line activities where they were originally for group classes. The trustees are happy that ARC is a going concern despite the challenges presented by Covid 19.

There are no key judgments which the trustees have made which have a significant effect on the accounts.

The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amount of assets and liabilities within the next reporting period.

Arts for Recovery in the Community

Notes to the accounts for the year ended 31 March 2022 (continued)

d Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Income received in advance of a provision of a specified service is deferred until the criteria for income recognition are met.

e Donated services and facilities

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), general volunteer time is not recognised; refer to the trustees' annual report for more information about their contribution.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

f Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

Arts for Recovery in the Community

Notes to the accounts for the year ended 31 March 2022 (continued)

g Fund accounting

Unrestricted funds are available to spend on activities that further any of the purposes of charity.

Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose.

Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.

h Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

i Operating leases

Operating leases are leases in which the title to the assets, and the risks and rewards of ownership, remain with the lessor. Rental charges are charged on a straight line basis over the term of the lease.

j Tangible fixed assets

Individual fixed assets costing £1,000 or more are capitalised at cost and are depreciated over their estimated useful economic lives on a straight line basis as follows:

Motor vehicles:	4 years
Office fixtures and equipment	4 years
Improvements to premises:	10 years

k Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

l Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

m Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Arts for Recovery in the Community

Notes to the accounts for the year ended 31 March 2022 (continued)

n Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

o Pensions

Arc operates a work place pension scheme with NEST as well as making contributions to an employee's own scheme which is a Qualifying Workplace Pension Scheme (QWPS).

2 Legal status of the charity

The charity is a company limited by guarantee registered in England and Wales and has no share capital. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The registered office address is disclosed on page 1.

3 Income from donations and legacies

	Unrestricted £	Restricted £	Total 2022 £	Unrestricted £	Restricted £	Total 2021 £
Donations	5,756	-	5,756	3,741	-	3,741
Total	5,756	-	5,756	3,741	-	3,741

Arts for Recovery in the Community

Notes to the accounts for the year ended 31 March 2022 (continued)

4 Income from charitable activities

	Unrestricted £	Restricted £	Total 2022 £	Unrestricted £	Restricted £	Total 2021 £
Grants						
Awards for All	-	9,790	9,790	-	-	-
Baring Foundation	-	-	-	12,000	-	12,000
BBC Children in Need	-	19,500	19,500	-	19,308	19,308
Beacon Counselling	-	6,411	6,411	-	-	-
Big Lottery Fund - Reaching Communities	-	68,090	68,090	-	32,000	32,000
Charities Aid Foundation	-	-	-	4,000	-	4,000
ESF Workers' Educational Trust	-	7,994	7,994	-	6,995	6,995
Garfield Weston	-	-	-	-	20,000	20,000
Greater Manchester Combined Authority	-	42,700	42,700	-	40,000	40,000
Henry Smith	-	36,750	36,750	-	36,700	36,700
NHS Stockport CCG	59,950	-	59,950	59,950	-	59,950
Youth Music	-	17,420	17,420	-	-	-
Total	59,950	208,655	268,605	75,950	155,003	230,953

5 Fees and other income

	Unrestricted £	Restricted £	2022 £	Unrestricted £	Restricted £	2021 £
Café income	2,360	-	2,360	-	-	-
Student placements	10,780	-	10,780	4,200	-	4,200
Public programme (Sales & events)	12,611	-	12,611	1,646	-	1,646
Commissions & fees	41,730	-	41,730	24,389	-	24,389
Other income	40	-	40	2	-	2
	67,521	-	67,521	30,237	-	30,237

Arts for Recovery in the Community

Notes to the accounts for the year ended 31 March 2022 (continued)

6 Investment income

	Unrestricted £	Restricted £	2022 £	<i>Unrestricted</i> £	<i>Restricted</i> £	<i>2021</i> £
Income from bank deposits	459	-	459	445	-	445
	459	-	459	445	-	445

All of the charity's investment income arises from money held in interest bearing deposit accounts. All investment income is unrestricted.

7 Analysis of expenditure on raising funds

	Total 2022 £	Total 2021 £
Fundraising costs	21,546	12,980

8 Analysis of expenditure on charitable activities

	Total 2022 £	Total 2021 £
Staff costs	133,322	53,071
Depreciation/loss on disposal of assets	1,705	1,924
Premises costs	22,858	22,977
General running costs	24,672	17,738
Programme costs	116,538	140,169
Other governance costs		
Independent examination	1,375	1,300
	300,470	237,179
	2022 £	2021 £
Restricted expenditure	205,838	175,609
Unrestricted expenditure	94,632	61,570
	300,470	237,179

Arts for Recovery in the Community

Notes to the accounts for the year ended 31 March 2022 (continued)

9 Net income/(expenditure) for the year

This is stated after charging/(crediting):	2022	2021
	£	£
Depreciation	1,705	1,924
Independent examiner's remuneration		
- accountancy	500	500
- independent examination	800	800

10 Staff costs

Staff costs during the year were as follows:

	2022	2021
	£	£
Wages and salaries	120,460	49,702
Social security costs	6,018	438
Employers pension contributions	4,144	1,690
Staff expenses and training	2,700	1,241
	133,322	53,071

No employee has employee benefits in excess of £60,000 (2021: Nil).

The average number of staff employed during the period was 5.4 (2021: 2).

The average full time equivalent number of staff employed during the period was 4.31 (2021: 1.48).

The key management personnel of the charity comprise the trustees, the Artistic Director/Lead Officer and the Finance Manager. The total employee benefits of the key management personnel of the charity were £56,572 (2021: £51,392).

11 Trustee remuneration and expenses, and related party transactions

Neither the trustees nor any persons connected with them received any remuneration during the year (2021: Nil), in addition no travel expenses were claimed in the year (2021: £nil).

Aggregate donations from related parties were £nil (2021: £nil).

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.

No trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity, including guarantees, during the year (2021: nil).

Arts for Recovery in the Community

Notes to the accounts for the year ended 31 March 2022 (continued)

12 Government grants

The government grants recognised in the accounts were as follows:

	2022 £	2021 £
NHS Stockport	59,950	59,950
Greater Manchester Combined Authority	42,700	40,000
	<hr/>	<hr/>
	102,650	99,950
	<hr/>	<hr/>

There were no unfulfilled conditions and contingencies attaching to the grants.

13 Corporation tax

The charity is exempt from tax on income and gains falling within Chapter 3 of Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the charity.

14 Fixed assets: tangible assets

	Office equipment & furniture £	Total £
Cost		
At 1 April 2021	18,414	18,414
Additions	-	-
Disposals	-	-
	<hr/>	<hr/>
At 31 March 2022	18,414	18,414
	<hr/>	<hr/>
Depreciation		
At 1 April 2021	15,381	15,381
Charge for the year	1,705	1,705
Disposals	-	-
	<hr/>	<hr/>
At 31 March 2022	17,086	17,086
	<hr/>	<hr/>
Net book value		
At 31 March 2022	1,328	1,328
	<hr/>	<hr/>
At 31 March 2021	3,033	3,033
	<hr/>	<hr/>

Arts for Recovery in the Community

Notes to the accounts for the year ended 31 March 2022 (continued)

15 Debtors

	2022 £	2021 £
Accrued income	1,437	38,252
Prepayments & other debtors	1,582	1,582
	<hr/>	<hr/>
	3,019	39,834
	<hr/>	<hr/>

16 Creditors: amounts falling due within one year

	2022 £	2021 £
Trade creditors	35,014	30,827
Other creditors and accruals	3,333	2,267
	<hr/>	<hr/>
	38,347	33,094
	<hr/>	<hr/>

Arts for Recovery in the Community

Notes to the accounts for the year ended 31 March 2022 (continued)

17 Analysis of movements in restricted funds

	Balance at 1 April 2021 £	Income £	Expenditure £	Transfers £	Balance at 31 March 2022 £
Action Together Oldham	3,254	-	-	-	3,254
Art Pen Pals A4A	-	9,790	-	-	9,790
ASDA	1,152	-	-	-	1,152
BBC Children in Need	-	19,500	(19,500)	-	-
The National Lottery - Reaching Communities	-	68,090	(66,254)	-	1,836
ESF Workers' Educational Trust	(7,992)	7,994	(2)	-	-
Garfield Weston	20,000	-	(20,000)	-	-
Greater Manchester Combined	6,185	40,000	(45,983)	-	202
Hart Donation	819	-	-	-	819
Henry Smith Charity	8,214	36,750	(34,407)	-	10,557
John Grant Davies Trust	443	-	-	-	443
Manchester University	2,358	-	-	(2,358)	-
Morrisons Foundation	3,470	-	-	-	3,470
Shine	-	6,411	(4,100)	-	2,311
Sir Ralph Pendlebury Charity for the Aged	2,991	-	-	-	2,991
SMBC ASC Capital	26,183	-	(3,499)	(14,666)	8,018
SMBC Culture & Leisure, Local Fund (Stockport Local Mums)	1,440	-	(75)	-	1,365
Stockport Culture Champions	-	2,700	(2,700)	-	-
Youth Music 2	(1,284)	2,495	(1,211)	-	-
Youth Music 3	-	14,925	(8,107)	-	6,818
	67,233	208,655	(205,838)	(17,024)	53,026

Arts for Recovery in the Community

Notes to the accounts for the year ended 31 March 2022 (continued)

17 Analysis of movements in restricted funds (continued)

Previous reporting period	Balance at 1 April 2020 £	Income £	Expenditure £	Transfers £	Balance at 31 March 2021 £
Action Together Oldham	3,254	-	-	-	3,254
ASDA	1,152	-	-	-	1,152
BBC Children in Need	190	19,308	(19,498)	-	-
Big Lottery - Reaching	19,537	32,000	(51,537)	-	-
Equity Foundation	634	-	(634)	-	-
ESF Workers' Educational Trust	4,996	6,995	(19,983)	-	(7,992)
Garfield Weston	-	20,000	-	-	20,000
Greater Manchester Combined	-	40,000	(33,815)	-	6,185
Hart Donation	819	-	-	-	819
Henry Smith Charity	4,240	36,700	(32,726)	-	8,214
John Grant Davies Trust	443	-	-	-	443
Manchester University	2,358	-	-	-	2,358
Morrisons Foundation	3,470	-	-	-	3,470
Sir Ralph Pendlebury Charity for	2,991	-	-	-	2,991
SMBC ASC Capital	26,183	-	-	-	26,183
SMBC Culture & Leisure, Local Fund	5,775	-	(4,335)	-	1,440
Youth Music	11,797	-	(13,081)	-	(1,284)
	87,839	155,003	(175,609)	-	67,233

Name of	Description, nature and purposes of the fund
Action Together Oldham	Grant to provide perinatal art workshops for mums in Oldham
Art pen pals A4A	Continuation of postal art programme developed in lockdown, funded by A4A. One year grant
Asda Reddish	Funds from Asda to purchase various equipment for Arc Centre
BBC Children in Need	A three year grant to fund a tailored programme of short creative projects for targeted groups of disadvantaged children and young people.

Arts for Recovery in the Community

Notes to the accounts for the year ended 31 March 2022 (continued)

18 Analysis of movements in restricted funds (continued)

Big Lottery – Reaching Communities	A five year grant to partly fund the Arc Challenge Model 2020 which covers the Challenge, Community Outreach & Volunteer Project Management posts, contributes 50% of the CEO salary, contributes to consultancy and other programme related costs and overheads.
JG Davies Trust	Contribution towards the Creative Mums Programme
Donations (Hart group)	A donation of £1,449 towards our Creative Mums' project designed to support Stockport Mothers experiencing perinatal depression.
European Social Fund	A one year grant to provide Creative Challenge programme with personalised pre-employment support and training
Garfield Weston	One year grant towards core costs for the financial year 21/22, enabling Arc to plan with confidence and provide high impact therapeutic support to 150 adults and 100 young people who are experiencing acute mental ill health
Greater Manchester Combined Authority	A two year grant for Arc to strengthen and extend our high impact arts and wellbeing offer into communities across Greater Manchester, whilst developing a 'centre of excellence for arts and mental health' from our base at Stockport's Hat Works museum.
Henry Smith Charity	Running costs of the project providing a community outreach programme.
Morrisons	Creative Mums programme
Pendlebury Shine	Programme of creative projects for older, isolated residents of Stockport
SMBC Capital	Creative sessions delivered on behalf of Beacon Counselling
	Expanding and refurbishment of our studios into an Arts Centre accessible to all, development of a town centre venue and other capital expenditure to enable the growth and expansion of Arc's service to the community.
Stockport Local Mums	Grant to provide perinatal art workshops for mums in Stockport
Manchester University - Tameside	To provide art workshops in conjunction with local GP surgeries in Tameside
Youth Music	Grant for a Young People's Arc programme called Musicspace

Arts for Recovery in the Community

Notes to the accounts for the year ended 31 March 2022 (continued)

19 Analysis of movement in unrestricted funds

	Balance at 1 April 2021 £	Income £	Expenditure £	Transfers £	As at 31 March 2022 £
General fund	157,205	133,686	(116,178)	(7,587)	167,126
FORGE	-	-	-	24,611	24,611
	157,205	133,686	(116,178)	17,024	191,737
Previous reporting period	Balance at 1 April 2020 £	Income £	Expenditure £	Transfers £	As at 31 March 2021 £
General fund	121,382	110,373	(74,550)	-	157,205
	121,382	110,373	(74,550)	-	157,205

Name of	Description, nature and purposes of the fund
General Fund	This represents the free reserves of the charity.
FORGE	Funds designated for new pilot projects at Arc and costs not covered by current funders.

20 Analysis of net assets between funds

	General fund £	Designated funds £	Restricted funds £	Total £
Tangible fixed assets	1,328	-	-	1,328
Net current assets/(liabilities)	165,798	24,611	53,026	243,435
Total	167,126	24,611	53,026	244,763

Arts for Recovery in the Community

Notes to the accounts for the year ended 31 March 2022 (continued)

21 Lease commitments

The charity had the following annual commitments under non-cancellable operating leases:

	Land and buildings		Equipment	
	2022	2021	2022	2021
	£	£	£	£
Leases expiring in:				
One year	27,500	-	-	-
Two to five years	-	27,500	10,652	16,958