

WELL WOMEN CENTRE

England & Wales · Charity number 1107523

Details

Status	Registered
Legal form	Charitable company
Company number	05206205
Registered	2005-01-10
Register	View on the Charity Commission register

Contact

Address	Well Women Centre 24 Trinity Church Gate Wakefield WF1 1TX
Phone	01924211114
Email	governance@wellwomenwakefield.org.uk
Website	www.wellwomenwomen.org.uk

Activities

Objects: TO PROMOTE AND PROTECT THE GOOD HEALTH, BOTH MENTAL AND PHYSICAL OF THE WOMEN IN WAKEFIELD REGARDLESS OF AGE, CLASS, CULTURE, RACE, RELIGION, SEXUAL ORIENTATION, OR MEDICO-SOCIAL NEED.

Activities: We are a holistic women's centre working to improve the health and wellbeing of women in Wakefield District. We offer mental health services for women, including counselling and therapeutic groups and courses. We work with young women at risk of sexual exploitation, and we also work with women offenders and women at risk of offending. We have a complementary therapy clinic.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information, Other Charitable Activities
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives
- **Who:** Children/young People, Elderly/old People, Other Defined Groups

Geography

- **Area of benefit:** WAKEFIELD
- City Of Wakefield

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£808,622	£974,602	£138,823	28
2024-03-31	£877,885	£934,811	£304,803	29
2023-03-31	£874,335	£872,803	£361,729	31
2022-03-31	£670,493	£673,794	£380,155	21
2021-03-31	£612,168	£590,788	£383,456	19

Trustees

Name	Role	Appointed
Amanda Pauline VICKERS		2021-08-06
Jane Louise Sadler		2025-01-28
Jane Walton		2018-07-09
Kelly Ridley		2023-06-20
Linda Thornley		2024-03-10
Lucy Ndlovu		2025-04-28

WELL WOMEN CENTRE

England & Wales - Charity number 1107523

Accounts

Charity Number: 1107523

Company Number: 05206205

Well Women Centre

(A Company Limited by Guarantee)

Annual Report and Financial Statements

For the year ended 31 March 2025



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Well Women Centre

Charity Information

Trustees

Jane Bryant (resigned 31 January 2025)
Julie Mayhew
Kim Meadmore (resigned 31 May 2025)
Lucy Ndlovu (appointed 28 April 2025)
Kelly Ridley
Jane Sadler (appointed 28 January 2025)
Emma Spencer
Linda Thornley (appointed 1 November 2024)
Amanda Vickers
Jane Walton

Secretary

Tamsin Lim

Company number

05206205

Charity number

1107523

Registered office

24 Trinity Church Gate
Wakefield
WF1 1TX

Independent Examiner

Azets Audit Services Limited
12 King Street
Leeds
LS1 2HL

Bankers

Unity Bank Plc
9 Brindley Place
Birmingham
B1 2HB

Well Women Centre

Trustees' Report for the year ended 31 March 2025

The Board of Trustees, who are also Directors for the purposes of company law, present their report and independently examined financial statements for the year ended 31 March 2025.

The financial statements have been prepared in accordance with the accounting policies set out in note 1. to the financial statements and comply with the charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as effective from 1 January 2019).

Reference and Administrative Details

The Charity Information page forms part of this report.

Structure, Governance and Management

The Charity became a company limited by guarantee on 16 August 2004. It was registered as a charity in 1985 and re-registered following incorporation as a company on 10 January 2005. It is governed by a memorandum and articles of association as amended by special resolution dated 7 September 2011 and 31 January 2017. The liability of the members in the event of the company being wound up is limited to a sum not exceeding £1.

The charity is governed by the Board of Trustees, working closely with the CEO and senior management team. The trustees have formed dedicated sub committees to address both finance and HR, meet 8 times a year to oversee the financial management of the centre, to ensure probity and to support the CEO. The HR subgroup meet 8 times a year to support the CEO in oversight of staff management and development. Both groups form consensus and report to the whole board.

The Trustees consider the Chief Executive Officer, the Clinical Manager, and Services Manager, to comprise the key management personnel of the charity in charge of directing and controlling the charity and running and operating the charity on a day to day basis.

Remuneration is reviewed annually and is bench-marked with organisations of a similar size and activity to ensure that pay is fair and not out of line with that generally paid for similar roles. The Trustees regularly conduct their own review of the major risks to which the charity is exposed and systems have been established to mitigate those risks.

Method of recruitment and appointment of trustees

The Directors of the company are also charity Trustees for the purposes of charity law and under the Memorandum and Articles of Association the members of the Management Group are elected to service for a period of one year after which they must be re-elected at the next Annual General Meeting.

The charity shall have at least three Trustees comprising:

- a) The Honorary Officers elected at the Annual General Meeting;
- b) Up to nine Members of the Charity elected at the Annual General Meeting;
- c) Persons appointed in accordance with Article 31.

The company endeavors to maintain a balance of members both from internal volunteers/service users and women with relevant skills from external organisations. In an effort to maintain a broad skill mix, individuals are approached to offer themselves for election to the Management Committee, the HR sub-group; Fundraising sub-group; or the Finance sub-group. The Management Group also works with local consultants with relevant skills where these are needed.

Well Women Centre

Trustees' Report for the year ended 31 March 2025 (continued)

Objectives and Activities

The charity's objects

The Well Women Centre continues to serve its core charitable objects which are:

To promote and protect the good health, both mental and physical of the women in Wakefield regardless of age, class, culture, race, religion, sexual orientation or medico-social need.

Our Mission has been updated to:

To be leading organisation in the Wakefield District tackling women's issues relating to the mental health and wellbeing, violence and abuse and the associated trauma. Women will continue to be offered high quality, personalized support packages to aid their recovery. We will work collaboratively across sectors to influence policy and support strategic system change.

The charity's main activities

We offer a range of services for women in Wakefield District which include:

Registration service (twice weekly)

Women can self-refer for our services through telephone registration to access assessment appointment. Women who wish to access our services can do so through self-referral, however many women are directed to us from their GPs, NHS workers, Mental Health workers, Third Sector workers and family or friends. The assessment session offers a collaborative space where we listen to the needs of individual women and work with them to identify which service or services would be of most help for them.

A range of counselling therapies

This includes counselling for women with anxiety and depression, women with multiple & complex needs or women who have experienced significant trauma. We also provide EMDR therapy.

Self-development and wellbeing groups and courses

We provide rolling programs offering a variety of groups and courses, which have been developed in direct response to the presenting need of women.

Intensive support services for women with multiple disadvantage and complex needs

We provide intensive 1 to 1 Casework to women affected by the following issues: Domestic Abuse; Women Apart from their Children; offending, alcohol and substance abuse.

A range of Complementary Therapies

Our therapies work holistically to treat the whole person. The centre is proud to have developed this service in direct response to the voices of BAME women across Wakefield. Grant funded for appropriate Casework clients.

Remotely delivered services

While most of our services are delivered in-person, we also deliver all services remotely, using either telephone or video platform to enhance accessibility for women in Wakefield district.

Public benefit statement

In setting out objectives and planning our activities our trustees have given serious consideration to the Charity Commission's general guidance on public benefit and in particular the advancement of health and the saving of lives. We also operate within other charitable purposes with relation to our work with the rehabilitation of those who have experienced issues related to drug and alcohol use.

Achievements and performance

We introduced several new initiatives following an internal review of our charity in December 2023 to improve the quality, efficiency and effectiveness of our services, in 2024-2025 we:

- Reduced client assessment waiting times from 4-5 weeks to under 2 weeks.
- Reduced waiting times for all counselling services from an average wait of 24 months – 18 months to an average of 12 – 3 months.

Well Women Centre

Trustees' Report for the year ended 31 March 2025 (continued)

Achievements and performance (continued)

- Reduced the number of logged risk concerns by 44%. Our staff shared with us that they were feeling overwhelmed by the volume and complexity of risk management. In response, we focused on providing better support for our staff and improving our working practices, carefully managing referrals to the centre, ensuring we only saw the number of clients we are commissioned to support, and reducing waiting times for clients.
- 17% increase in recovery rates for across our counselling services
- Completion of an independent review of our Casework service demonstrated the effectiveness of this partnership work. Internal and external networks contributed to the delivery of a holistic approach and the breadth of outcomes that clients gained.

Successes

- New cloud NHS approved database, we started the build phase with engineers in January 2025. The system went live in April 2025
- We realised our long-term ambition of acquiring our own building to house our casework team, providing them with a permanent base, allowing us to deliver additional client groups and continue to actively engage with our local community. The building was officially opened in November 2024 by local MP Jade Botterill who cut our ceremonial ribbon. Simon Lightwood MP and The Mayor of West Yorkshire Tracy Brabin attended the event.
- Our casework support is holistically tailored to meet women's needs, providing them both emotional, psycho-educational and practical assistance. Caseworkers create a safe space for women to 'stabilise' and address the crucial first stage of trauma recovery, which can help them prepare for deeper psychological support, such as counselling, if needed.
- We also tackle the practical issues that often worsen women's mental health, such as housing concerns, challenges with the child protection system, criminal offenses, or substance misuse. A caseworker will support clients with safety planning and resilience-building activities equip them with the tools to manage their mental health and safety effectively. This empowers individuals to take control of their well-being, fostering independence and long-term stability.

Priorities for the future

In February 2025 at our Trustee Strategic Awayday, we confirmed that our current focus as Trustees is to respond positively to the very difficult funding environment by focussing on diversifying and improving our income streams. Our improved premises at Trinity Church Gate, and our new premises at 8-10 Wood Street provide opportunities for group work and counselling spaces that benefit clients. Negotiating existing contracts and gaining new grants are key activities for this year, supported by a Business Development role.

An equal priority is to recognise we are a people business, and our staff and volunteers must be supported and enabled to do their client-facing jobs.

The new premises at 8-10 Wood Street were a significant investment in the future of our charity and marks a pivotal moment in our long-term sustainability. We plan to further expand this safe, women only building to offer an additional four 1-2-1 rooms and a waiting area, which will enhance our capacity to support clients.

Fundraising

Fundraising from the public represents a very small proportion of income, the majority of which is sourced through grants and contracts. No complaints were received in the year in connection with fundraising.

We strive to achieve the highest fundraising standards and we value the financial support we receive from our supporters. We stay up to date with developments in charity regulation, data protection and the Fundraising Preference Service (FPS) to make sure we are legally compliant and adhering to all guidelines.

As part of our 40th anniversary celebrations we launched our Membership in March 2024, for £10 or more, members receive our quarterly newsletter.

Well Women Centre

Trustees' Report for the year ended 31 March 2025 (continued)

Financial Review

The net expenditure for the year was £165,980 (2024 net expenditure of £56,926), including net expenditure of £151,798 (2024 net expenditure £14,977) on unrestricted funds and net expenditure £14,182 (2024 - £41,949) on restricted funds after transfers. and the total reserves at 31 March 2025 stand at £138,823 (2024 - £304,803).. During the year the cost of the purchase of the Wood Street building was (£220,793). Cash inflow from new borrowings was £120,000; and the repayment of those borrowings was £4,125.

Reserves Policy

The charity's free reserves, excluding designated funds and long term liabilities, at the year end were £6,989 (2024 - £145,050).

Our designated building reserve of £125,895 has now been spent on premises at 8-10 Wood Street. Our agreed reserves amount for the year is £116,000. Last year's (2023/24) reserve level was £110,000. The reserve level has risen because of new mortgage repayment obligations.

Trustees review the Reserves Policy annually and in doing so will calculate the reserves amount needed for the coming year. The trustees will ensure that the agreed level of reserves will provide continuation of the charity's current activities in the event of a significant drop in funding. This will give time for consideration of options and fundraising actions to be taken.

Statement of the Responsibilities of the Trustees

The trustees (who are also the directors for the purposes of company law) are responsible for preparing the Trustees report and the financial statements in accordance with the applicable law and UK Accounting Standards.

Company law requires the trustees to prepare financial accounts for each financial year, which give a true and fair view of the state of affairs of the Charitable Company and of the incoming resources and application of resources, including the income and expenditure, of Charitable Company for that year. In preparing these financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the Charitable SORP;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements
- Prepare the accounts on a going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Charitable Company and to enable them to ensure that the financial accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Small Company Rules

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006

The Trustees' report was approved by the Board of Trustees and signed on its behalf by:

Amanda Vickers

Amanda Vickers
Trustee

Date: 22/10/2025

Well Women Centre

Independent Examiner's Report to the Trustees of Well Women Centre

I report to the trustees on my examination of the financial statements of Well Women Centre for the year ended 31 March 2025.

This report is made solely to the Charity's Trustees, as a body, in accordance with Section 145 of the Charities Act 2011. My independent examination work has been undertaken so that I might state to the Charity's Trustees those matters I am required to state to them in an Independent Examiner's Report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Charity and the Charity's Trustees as a body, for my independent examination work, for this report, or for the opinions I have formed.

Responsibilities and basis of report

As the Trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent Examiner's Statement

Since the Charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Jessica Lawrence

Jessica Lawrence FCA CTA
Azets Audit Services Limited
12 King Street
Leeds
LS1 2HL

28/10/2025

Well Women Centre

Statement of Financial Activities (including Income and Expenditure Account) for the year ended 31 March 2025

	Note	Unrestricted funds £	Restricted Funds £	Total funds 2025 £	Total funds 2024 £
Income					
Donations and legacies	2	589	-	589	1,366
Charitable Activities	3	386,809	331,961	718,770	802,113
Other trading activities	4	87,305	-	87,305	69,409
Investments	5	1,958	-	1,958	4,997
Total Income		476,661	331,961	808,622	877,885
Expenditure					
Raising funds	6	172	-	172	775
Charitable Activities	7	628,287	346,143	974,430	934,036
Total Expenditure		628,459	346,143	974,602	934,811
Net (expenditure) / income		(151,798)	(14,182)	(165,980)	(56,926)
Transfer between funds		(4,500)	4,500	-	-
Funds brought forward		272,858	31,945	304,803	361,729
Funds carried forward	16	116,560	22,263	138,823	304,803

All income and expenditure derive from continuing activities.

The statement of financial activities includes all gains and losses recognised in the year.

The notes on pages 10 to 19 form part of the financial statements.

A fully detailed Statement of Financial Activities for the year ended 31 March 2024 is shown in note 19

The Statement of Financial Activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

Well Women Centre

Balance Sheet as at 31 March 2025

	Note	2025 £	2024 £
Fixed Assets			
Tangible assets	11	220,793	1,913
		220,793	1,913
Current Assets			
Debtors	12	16,839	99,834
Cash at Bank and in hand		52,207	246,492
		69,046	346,326
Creditors: amounts falling due within one year	13	(39,796)	(43,436)
Net current assets		29,250	302,890
Creditors: Amounts falling due within one year	15	(111,220)	-
Total net assets		138,823	304,803
Funds			
Unrestricted funds			
General unrestricted funds	16	116,560	146,963
Designated funds	16	-	125,895
Unrestricted funds		116,560	272,858
Restricted funds	16	22,263	31,945
Total funds		138,823	304,803

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2025. No member of the company has deposited a notice, pursuant to section 476, requiring an audit of these financial statements under the requirements of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 22/10/2025

Amanda Vickers

Amanda Vickers
Trustee

The notes on pages 10 to 19 form part of the financial statements.

Company registration number: 05206205

Well Women Centre

Statement of Cash Flows for the Year Ended 31 March 2025

	Note	2025 £	2024 £
Cash flows from operating activities			
Net cash (used in) operating activities		(91,325)	(23,755)
Cash flows from investing activities			
Bank interest received		1,958	4,997
Purchase of tangible fixed assets		(220,793)	-
Net cash provided by / (used in) investing activities		(218,835)	4,997
Cash flows from financing activities			
Cash inflow from new borrowings		120,000	-
Repayment of borrowings		(4,125)	-
Net cash provided by financing activities		115,875	-
			-
Change in cash and cash equivalents in the reporting period		(194,285)	(18,758)
Cash equivalents at the beginning of the reporting period		246,492	265,250
Cash and cash equivalents at the end of the reporting period		52,207	246,492
		2025	2024
Reconciliation of net movement in funds to net cash flow from operating activities		£	£
Net movement in funds for the reporting period (as per the statement of financial activities)		(165,980)	(56,926)
Adjustments for:			
Depreciation charges:		1,913	3,829
Bank interest		(1,958)	(4,997)
Decrease in debtors		82,995	91,078
(Decrease) in creditors		(8,295)	(56,729)
Net cash (used in) operating activities		(91,325)	(23,755)
Analysis of changes in net debt			
Cash at bank and in hand		52,207	246,492
Borrowings, excluding overdrafts		(115,875)	-
		(63,668)	246,492

Well Women Centre

Notes to the Financial Statements for the year ended 31 March 2025

1. Accounting policies

Company information

The Charitable Company is limited by guarantee, with the liability of members limited to £1 per member. Well Women Centre is a charity registered with the Charities Commission in England and Wales. The address of the registered office is given in the charity information on page 1 of these financial statements. The nature of the charity's operations is to improve the health and wellbeing of women in Wakefield District.

Basis of accounting

The accounts have been prepared in accordance with the Charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £1.

The financial statements have been prepared under the historical cost convention, modified to include certain financial instruments at fair value. The principal accounting policies adopted are set out below.

Going concern

The Trustees have at the time of approving the financial statements a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. The charity has sufficient reserves to meet its immediate requirements. Thus the Trustees have continued to adopt the going concern basis of accounting in preparing the financial statements

Income

All income is included in the Statement of Financial Activities when the charity is entitled to the income, any performance conditions have been met, the receipt is probable, and the amount can be measured reliably..

Donations and legacies, are included in the Statement of Financial Activities when it is probable that the funds will be received and that they can be measured with sufficient reliability.

Core funding grants, including government grants and restricted funding grants are recognised in the income and expenditure account in the period to which they relate.

The value of services provided by volunteers is not included.

Where income is received specifically for expenditure in a future accounting period that amount is deferred.

Expenditure

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be recovered and is reported as part of the expenditure to which it relates.

Charitable expenditure comprises those costs incurred by the Charity in the delivery of its activities and services for its beneficiaries. These include governance which are those costs associated with meeting the constitutional and statutory requirement of the charitable company.

Well Women Centre

Notes to the Financial Statements for the year ended 31 March 2025 (continued)

1. Accounting Policies (continued)

Fund accounting

Funds held by the charity are either:

Unrestricted funds - Unrestricted funds are donations and other income receivable or generated for the objects of the charity without further specified purpose and are available as general funds.

Designated funds - Designated funds are unrestricted funds earmarked by the Trustees for particular purposes.

Restricted funds - Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund, together with a fair allocation of management and support costs.

Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors, cash and bank balances and current asset investments, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Impairment of financial assets

Financial assets, other than those held at fair value through income and expenditure, are assessed for indicators of impairment at each reporting date. Financial assets are impaired where there is objective evidence that, as a result of one or more events that occurred after the initial recognition of the financial asset, the estimated future cash flows have been affected.

If an asset is impaired, the impairment loss is the difference between the carrying amount and the present value of the estimated cash flows discounted at the asset's original effective interest rate. The impairment loss is recognised in net income/(expenditure) for the year.

If there is a decrease in the impairment loss arising from an event occurring after the impairment was recognised, the impairment is reversed. The reversal is such that the current carrying amount does not exceed what the carrying amount would have been, had the impairment not previously been recognised. The impairment reversal is recognised in net income/(expenditure) for the year.

Well Women Centre

Notes to the Financial Statements for the year ended 31 March 2025 (continued)

1. Accounting Policies (continued)

Derecognition of financial assets

Financial assets are derecognised only when the contractual rights to the cash flows from the asset expire or are settled, or when the charity transfers the financial asset and substantially all the risks and rewards of ownership to another entity, or if some significant risks and rewards of ownership are retained but control of the asset has transferred to another party that is able to sell the asset in its entirety to an unrelated third party.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity held for working capital.

Pension costs

The charity operates defined contribution pension arrangements for its employees. Amounts due are recognised as an expense in the SoFA when they fall due for payment.

Operating leases

Rentals payable under operating leases, including any lease incentives received, are charged to the SoFA on a straight-line basis over the lease term.

Taxation

Well Women Centre is an exempt charity within the meaning of the Charities Act 2011 and is considered to pass the tests set out in Paragraph 1 Schedule 6 Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes.

Critical Accounting Estimates and Judgements

In the application of the charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

Well Women Centre

Notes to the Financial Statements for the year ended 31 March 2025 (continued)

1. Accounting Policies (continued)

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised, if the revision affects only that period, or in the period of the revision and future periods if the revision affects both current and future periods.

After review the Trustees consider that there are no critical estimates and assumptions which have a significant risk of causing a material adjustment to the carrying amount of assets and liabilities within the financial statements.

2. Donations and Other Income

	2025 £	2024 £
General donations	589	1,366

3. Charitable activities income

	2025 £	2024 £
Grants:		
Restricted		
National Lottery Community Fund	84,686	108,956
The Henry Smith Charity	-	43,100
Pilgrim's Trust	7,530	14,332
West Yorkshire Combined Authority	80,160	80,160
Wakefield Metropolitan District Council	129,585	119,988
The Tudor Trust	30,000	-
	331,961	366,536
Unrestricted		
The Tudor Trust	-	38,750
L& D WP	-	10,876
Wakefield Metropolitan District Council	3,000	11,128
Other grants	30,927	-
Garfield Weston	-	20,000
Contracts and service level agreements	352,882	354,823
	386,809	435,577
Total	718,770	802,113

4. Other trading activities:

	2025 £	2024 £
Earned income	8,339	878
Staff secondment	78,966	68,531
	87,305	69,409

5. Investments

	2025 £	2024 £
Bank interest received	1,958	4,997

Well Women Centre

Notes to the Financial Statements for the year ended 31 March 2025 (continued)

6. Raising funds

	2025 £	2024 £
Marketing and publicity	172	775

7. Charitable activities expenditure

Current year	Activities Costs £	Support Costs £	2025 Total Cost £
Women's support work	662,499	311,931	974,430
Prior year	Activities Costs £	Support Costs £	2024 Total Cost £
Women's support work	693,293	240,743	934,036

8a Support Costs

Current year	Charitable activity £	Governance activity	2025 Total Cost £
Support cost type			
Salaries	168,479	-	168,479
General Running costs	122,518	-	122,518
Accounts and independent examination	1,983	5,160	7,143
HR services	4,626	-	4,626
IT contract	9,165	-	9,165
	306,771	5,160	311,931

Prior year

	Charitable activity £	Governance activity	2024 Total Cost £
Support cost type			
Salaries	136,697	-	136,697
General running costs	84,588	-	84,588
Payroll charges	598	-	598
Accounts and independent examination	-	6,225	6,225
HR services	4,884	-	4,884
IT contract	7,681	-	7,681
Governance	-	70	70
	234,448	6,295	240,743

Well Women Centre

Notes to the Financial Statements for the year ended 31 March 2025 (continued)

8b Charitable activities expenditure detail

	2025 Total Cost £	2024 Total Cost £
Salaries NI and pensions	712,359	741,168
Staff Health Care	5,400	3,560
Staff Supervision	11,355	12,216
Staff expenses	6,635	5,956
Staff training	1,405	1,907
Group costs	71,580	67,128
Rent	21,300	(6,496)
General running costs	122,518	84,588
Accounts and independent examination	7,143	6,225
HR services	4,454	5,544
IT contract	9,165	7,681
Governance	-	70
Volunteer costs	1,116	4,489
	974,430	934,036

8c Staff costs and numbers

	2025 £	2024 £
Gross salaries	636,770	661,756
Social security costs	48,098	49,214
Pensions	27,491	30,198
	712,359	741,168

The average number of employees during the year was 28 (2024: 29). There were no employees with emoluments above £60,000.

Defined contribution pension scheme

	2025 £	2024 £
Costs of the scheme to the charity for the year	27,491	30,198
Amount of any contributions outstanding at the year end	3,660	3,289

9. Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

10. Net income

	2025 £	2024 £
This is stated after charging		
Fees paid to the independent examiner	4,300	4,000

Well Women Centre

Notes to the Financial Statements for the year ended 31 March 2025 (continued)

11. Tangible assets

	Land & Buildings £	Fixtures & Fittings £	Leasehold Improvement £	Total £
Cost				
At 31 March 2024	-	29,505	10,112	39,617
Additions	220,793	-	-	220,793
At 31 March 2025	220,793	29,505	10,112	260,410
Depreciation				
At 1 April 2024	-	27,592	10,112	37,704
Charge for year	-	1,913	-	1,913
At 31 March 2025	-	29,505	10,112	39,617
Net book value				
At 31 March 2025	220,793	-	-	220,793
At 31 March 2024	-	1,913	-	1,913

12. Debtors

	2025 £	2024 £
Trade debtors	16,006	27,006
Prepayments and accrued income	833	72,828
	16,839	99,834

13. Creditors

	2025 £	2024 £
Trade creditors	12,260	1,725
Accruals	7,127	5,441
Deferred income Note 14	-	18,597
Taxation and social security	15,754	14,384
Bank loan Note 15	4,655	-
Other creditors	-	3,289
	39,796	43,436

14. Deferred income

	2025 £	2024 £
Balance brought forward	18,597	35,595
Released in the year	(18,597)	(35,595)
Deferred in the year	-	18,597
Balance carried forward	-	18,597

15. Creditors: Amounts falling due after more than one year

	2025 £	2024 £
Secured bank loan – Nat West	111,220	-
	111,220	-

A secured loan for £120,000 was obtained in 2024 from National Westminster Bank plc. For the first 36 months a fixed rate has been agreed at 3.2% over Base Rate. The loan is to be repaid 180 months after the loan was drawn. The loan is secured by a 1st legal charge over the charity's freehold property at 8 Wood Street, Wakefield

Well Women Centre

Notes to the Financial Statements for the year ended 31 March 2025 (continued)

16.Restricted funds

Current year

	At 1 April 2024	Income	Expenditure	Transfers	At 31 March 2025
Unrestricted funds -general-	146,963	476,661	628,459	121,395	116,560
Designated funds:					
Property Purchase	125,895	-	-	(125,895)	-
Total Unrestricted Funds	272,858	476,661	628,459	(4,500)	116,560
Restricted funds:					
Accelerator	398	87,585	87,585	-	398
Adult Safeguarding Board	3,791	-	-	-	3,791
Refugee Resettlement	5,786	-	-	-	5,786
The Pilgrim's Trust	-	7,530	7,530	-	-
National Lottery	21,838	84,686	94,368	-	12,156
SATS	-	42,000	42,000	-	-
WMDC	-	80,160	84,660	4,500	-
The Tudor Trust (2)	132	30,000	30,000	-	132
Total Restricted Funds	31,945	331,961	346,143	4,500	22,263
Total Funds	304,803	808,622	974,602	-	138,823

Prior year

	At 1 April 2023	Income	Expenditure	Transfers	At 31 March 2024
Unrestricted funds -general-	169,481	511,349	(526,326)	(7,541)	146,963
Designated funds:					
Property Purchase	125,895	-	-	-	125,895
Total Unrestricted Funds	295,376	511,349	(526,326)	(7,541)	272,858
Restricted funds:					
Accelerator	1,863	79,988	(81,453)	-	398
Adult Safeguarding Board	3,791	-	-	-	3,791
Refugee Resettlement	5,786	-	-	-	5,786
Charles Hayward	15,503	-	(15,503)	-	-
The Pilgrim's Trust	-	14,332	(14,332)	-	-
Henry Smith	214	43,100	(43,314)	-	-
National Lottery	24,384	108,956	(111,502)	-	21,838
SATS	4,721	40,000	(45,699)	978	-
WMDC	9,959	80,160	(96,682)	6,563	-
The Tudor Trust (2)	132	-	-	-	132
Total Restricted Funds	66,353	366,536	(408,485)	7,541	31,945
Total Funds	361,729	877,885	(934,811)	-	304,803

Purpose of restricted funds:

Accelerator	Towards the project ADDER; (Addiction, Diversion, Disruption, Enforcement and Recovery)
Adult Safeguarding Board	Toward domestic abuse awareness raising campaign
Refugee Resettlement	To offer a women's support group to provide a service for Syrian Refugees

Well Women Centre

Notes to the Financial Statements for the year ended 31 March 2025 (continued)

16.Restricted funds (continued)

Purpose of restricted funds:

Charles Hayward	To provide emotional and practical support to women with complex needs who have experienced domestic abuse or criminal exploitation
Henry Smith	Towards salary and on costs of a Casework Manager and Caseworker at a project providing support to women and girls who have experienced domestic abuse of trauma in Wakefield
National Lottery	To grow and enhance our Casework service; increase our focus on minority ethnic communities, continue developing peer support groups and increasing outreach support, strengthening the pathway between casework and counselling support
Pilgrim's Trust	Casework service – providing a support package consisting of emotional and practical support for women recovering from trauma
SATS	The Well Women Centre will undertake and provide assessment and counselling and therapeutic support to female and male adult victims of domestic abuse residing in safe accommodation, to promote victims recovery from domestic abuse.
The Tudor Trust (1) WMDC	Contribution to the charity's core costs of £45k/year for 3 years This is to provide counselling and group services for women. This also supports our volunteers across the centre.
The Tudor Trust (2)	A wellbeing grant to support staff, volunteer and trustee wellbeing All transfers relate to management costs unless stated above.

17.Analysis of net assets between funds

Current year	Fixed assets £	Net current assets £	Long term liabilities £	Total £
Restricted funds	-	22,263	-	22,263
Unrestricted funds	220,793	6,989	(111,220)	116,562
Designated funds	-	-	-	-
	220,793	29,250	(111,220)	138,823

Prior year	Fixed assets £	Net current assets £	Total £
Restricted funds	-	31,945	31,945
Unrestricted funds	1,913	145,050	146,963
Designated funds	-	125,895	125,895
	1,913	302,890	304,803

Well Women Centre

Notes to the Financial Statements for the year ended 31 March 2025 (continued)

18. Related party transactions

One trustee received expenses totalling £1,024 in the year (previous year no expenses were paid). No trustee received any remuneration or benefit during this year or the previous year.

The total employee benefits received by key management personnel were £135,984 (2024: £193,978).

19. Operating leases

Expected future minimum lease payments over the remaining life of the lease, analysed into the period in which the commitment falls due:

	2025 £	2024 £
Within one year	2,753	2,360
In the second to fifth years inclusive	1,920	9,340
	4,673	11,700

19. Statement of Financial Activities (including Income and Expenditure Account) for the year ended 31 March 2024

	Unrestricted funds £	Restricted Funds £	Total funds 2024 £
Income			
Donations and legacies	1,366	-	1,366
Charitable Activities	435,577	366,536	802,113
Other trading activities	69,409	-	69,409
Investments	4,997	-	4,997
Other	-	-	-
Total Income	511,349	366,536	877,885
Expenditure			
Raising funds	775	-	775
Charitable Activities	525,551	408,485	934,036
Total Expenditure	526,326	408,485	934,811
Net (expenditure)	(14,977)	(41,949)	(56,926)
Transfer between funds	(7,541)	7,541	-
Funds brought forward	295,376	66,353	361,729
Funds carried forward	272,858	31,945	304,803

WELL WOMEN CENTRE

England & Wales - Charity number 1107523

Accounts

Charity Number: 1107523

Company Number: 05206205

Well Women Centre

(A Company Limited by Guarantee)

Annual Report and Financial Statements

For the year ended 31 March 2024



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Well Women Centre

Charity Information

Trustees

Jane Bryant
Julie Mayhew
Kim Meadmore (appointed 1 November 2023)
Kelly Ridley (appointed 20 June 2023)
Emma Spencer (appointed 23 June 2023)
Linda Thornley (appointed 1 November 2024)
Amanda Vickers
Jane Walton
Tolu Adedipe (resigned 31 October 2023)
Tamsin Lim (resigned 31 October 2023)
Rachel Massey (resigned 19 October 2023)

Secretary

Tamsin Lim (appointed 1 November 2023)
Lisa Kaye (resigned 20 September 2023)

Company number

05206205

Charity number

1107523

Registered office

24 Trinity Church Gate
Wakefield
WF1 1TX

Independent Examiner

Azets Audit Services Limited
12 King Street
Leeds
LS1 2HL

Bankers

Unity Bank Plc
9 Brindley Place
Birmingham
B1 2HB

Nationwide BS
5-11 Georges Street
Douglas
Isle of Man
IM99 1AS

Ecology BS
7 Belton Road
Silsden
Keighley
DB20 0BE

Well Women Centre

Trustees' Report for the year ended 31 March 2024

The Board of Trustees, who are also Directors for the purposes of company law, present their report and independently examined financial statements for the year ended 31 March 2024.

The financial statements have been prepared in accordance with the accounting policies set out in note 1. to the financial statements and comply with the charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as effective from 1 January 2019).

Reference and Administrative Details

The Charity Information page forms part of this report.

Structure, Governance and Management

The Charity became a company limited by guarantee on 16 August 2004. It was registered as a charity in 1985 and re-registered following incorporation as a company on 10 January 2005. It is governed by a memorandum and articles of association as amended by special resolution dated 7 September 2011 and 31 January 2017. The liability of the members in the event of the company being wound up is limited to a sum not exceeding £1.

The charity is governed by the Board of trustees, working closely with the CEO and senior management team. The trustees have formed dedicated sub committees to address both finance and HR responsibilities and providing opportunity to share and utilise trustees' strengths. The finance committee meet 8 times a year to oversee the financial management of the centre, to ensure probity and security, to identify sources of funding to sustain and develop the organisation's charitable purpose and to support the CEO in securing these funds. The HR subgroup meet 8 times a year to support the CEO in oversight of staff management and development. Both groups form consensus and report to the whole board for ratification.

The Trustees consider the Chief Executive Officer, Head of Business Development, Clinical Manager, Services Manager and Operations Manager, as comprising the key management personnel of the charity in charge of directing and controlling the charity and running and operating the charity on a day to day basis. In the prior year the key management personnel were considered to be the Chief Executive Officer only.

The pay of the charity's key management personnel is reviewed annually and normally increased in accordance with average earnings. The remuneration is also bench-marked with organisations of a similar size and activity to ensure that the remuneration set is fair and not out of line with that generally paid for similar roles. The Trustees regularly conduct their own review of the major risks to which the charity is exposed and systems have been established to mitigate those risks.

Method of recruitment and appointment of trustees

The directors of the company are also charity trustees for the purposes of charity law and under the company's Articles are known as members of the Management Group. Under the requirements of the Memorandum and Articles of Association the members of the Management Group are elected to service for a period of one year after which they must be re-elected at the next Annual General Meeting.

The charity shall have at least three Trustees comprising:

- a) The Honorary Officers elected at the Annual General Meeting;
- b) Up to nine Members of the Charity elected at the Annual General Meeting;
- c) Persons appointed in accordance with Article 31.

The company endeavors to maintain a balance of members both from internal volunteers/service users and women with relevant skills from external organizations. In an effort to maintain a broad skill mix, in the event of particular skills being lost due to retirements, individuals are approached to offer themselves for election to the Management Committee. The Management Group also works with local consultants with relevant skills should existing trustees lack these skills.

Well Women Centre

Trustees' Report for the year ended 31 March 2024 (continued)

Objectives and Activities

The charity's objects

The Well Women Centre continues to serve its core charitable objects which are:

To promote and protect the good health, both mental and physical of the women in Wakefield regardless of age, class, culture, race, religion, sexual orientation or medico-social need.

Our Mission has been updated to:

To be leading organization in the Wakefield District tackling women's issues relating to the mental health and wellbeing, violence and abuse and the associated trauma. Women will continue to be offered high quality, personalized support packages to aid their recovery. We will work collaboratively across sectors to influence policy and support strategic system change.

The charity's main activities

We offer a range of services for women in Wakefield District which include:

Twice weekly Registration service

Women can self-refer for our services through registration to access assessment appointment. The assessment offers a collaborative space where we listen to the needs of individual women and work with them to identify which service or services would be of most help for them.

A range of counselling therapies

This includes counselling for women with anxiety and depression, women with multiple & complex needs or women who have experienced significant trauma. We also provide EMDR therapy.

Self-development and wellbeing groups and courses

We provide rolling programs offering a variety of groups and courses, which have been developed in direct response to the presenting need of women.

Intensive support services for women with multiple disadvantage and complex needs

We provide intensive 1 to 1 Casework to women affected by the following issues: Domestic Abuse; Women Apart from their Children; offending, alcohol and substance abuse.

A range of Complementary Therapies

Our therapies work holistically to treat the whole person.

BAMER Women's Support

The centre is proud to have developed this service in direct response to the voices of BAME women across Wakefield.

Our services continue to be delivered in person from our main centre at Trinity Church Gate or within one of our designated outreach venues within the district. We also deliver all services remotely, using either telephone or video platform to enhance accessibility for women in Wakefield.

Women who wish to access our services can do so through self-referral, however many women are directed to us from their GPs, NHS workers, Mental Health workers, Third Sector workers and family or friends.

Public benefit statement

In setting out objectives and planning our activities our trustees have given serious consideration to the Charity Commission's general guidance on public benefit and in particular the advancement of health and the saving of lives. We also operate within other charitable purposes with relation to our work with the rehabilitation of offenders and the prevention of crime.

Achievements and performance

As another year draws to a close, we can look back with pride and satisfaction at the support our dedicated staff and volunteers give to the women of Wakefield.

Well Women Centre

Trustees' Report for the year ended 31 March 2024 (continued)

Achievements and performance (continued)

We are continuing to experience high demand for our services, through both self-referrals and women referred by our partners. This demand has put extra challenges on our staff with regards to longer waiting lists, increased waiting times and risk management, all of which we know are issues for mental health services generally. We have worked together as a team to produce a 12-month plan to address these matters. This was put in place in January 2024 and the early signs of improvement have been promising.

Last year we identified the need to find more suitable space both in the city centre and in the wider community. we are pleased to report that in March 2024 we found a suitable property to purchase for the centre, and the sale completed in May 2024. We also have one community site up and running with another in the pipeline and are looking for at least another two.

Funding continues to be a challenge for lot of charities and we are no exception. We continue to look for new sources of funding as well as working with our current funders and continue to have good success with both. As always, we wish to thank our funders that already work with us, to help us secure the long-term future for the centre and its services.

Successes

Our free counselling service was at the heart of our foundation in 1985 and has now expanded to include 5 different strands of therapy. One aspect of counselling of working is our Safe Accommodation Therapeutic Support (SATS) service. This was a local authority funded provision from 2021 -2023 and is in response to the statutory obligation to provide this in the recently revised Domestic Abuse Act 2021. We offer timely counselling to women who have fled domestic abuse and are currently residing in Safe Accommodation in Wakefield District. These women often have various immediate needs including housing and are often are single parents of children in their care. Provisionally residing in refuges or temporary accommodation, they are often geographically separated from family and friends, leaving them without community support. Our therapeutic approach is to help women come to terms with the abuse they have experienced in safe women only setting and empowering them. Partnership working to address basic priority needs is a significant aspect of this work. In the last 12 months we had 102 women referred to SATS and we have secured continuation of funding for this work from the Local Authority.

Our casework service was established in 2015 from National Lottery funding and has allowed the centre to extend our therapeutic foundations to work with women who are experiencing multiple and complex lifestyles. We were an original partner participating in the ADDER Accelerator place based programme from 2021- 2023. This was a natural extension of our casework service and brought a FTE caseworker with experience of working with women with chaotic lifestyles, substance misuse and sometimes offending behaviours. This caseworker has been dedicated to enhancing partnership referral pathways with substance misuse treatment services and criminal justice. We have found that the vast majority of the women have struggled to manage their finances and live in deprivation.

We have supported women who are in extremely challenging, distressing situations and helped them to stabilise and better their lives. This has included advocating for benefit support, access to foodbanks, facilitating Citizens Advice talking to the women about managing fuel poverty, we provide bus passes to help women attend, mobile phones, diaries and we provide packages to support with priority basic needs that include toiletries. We have had 57 women referred to Accelerator in the last 12 months. We have secured continuation funding for this grant from Local Authority and Public Health for a 1.5 FTE caseworker and move forward to contribute to the Combatting Drugs Partnership.

Well Women Centre

Trustees' Report for the year ended 31 March 2024 (continued)

Priorities for the future

In March at our Trustee Strategic Away day, we confirmed that our decision as Trustees is to put the welfare of our staff and volunteers at the forefront to enable them to provide the much needed services for the women of Wakefield District. This will be achieved through improved premises and working conditions, well being days, targeted training and continued support in reducing pressure with our waiting list reduction plan.

Diversifying our funding stream is a priority and we now have a Business Development role which will be focused on in the next year, supported by Trustees.

We look forward to the next year and the opportunities it brings to the centre for its continued growth and ability to fulfil our mission.

Fundraising

We strive to achieve the highest fundraising standards and we value the support we receive financially from supporters. We are staying up to date with developments in charity regulation, data protection and the Fundraising Preference Service (FPS) to make sure we are legally compliant and adhering to all guidelines.

No complaints were received in the year in connection with fundraising.

Fundraising from the public represents a very small proportion of income, the majority of which is sourced through grants and contracts.

Financial Review

The net expenditure for the year was £56,926 (2023 net income of £1,574), including net expenditure of £14,977 (2023 net income £11,646) on unrestricted funds and net expenditure £41,949 (2023 - £10,072) on restricted funds after transfers. and the total reserves at 31 March 2024 stand at £304,803 (2023 - £361,729).

Reserves Policy

The charity's free reserves, excluding designated funds, at the year end were £145,050 (2023 - £163,749). In addition designated funds were £125,895 (2023 - £125,895). The designated funds relate to the sale proceeds of a property that have been designated for the purchase of another property (see note 18).

In view of the specific risks and opportunities stated, the Board agrees that a level of reserves equating to £110,000 is appropriate for 2023/24. This is in addition to the £125,895 building designated fund.

The trustees will review the policy annually and in doing so will calculate the reserves amount needed for the coming year. The trustees will ensure that the agreed level of reserves will provide continuation of the charity's current activities in the event of a significant drop in funding. This will give time for consideration of options and fundraising actions to be taken.

Well Women Centre

Trustees' Report for the year ended 31 March 2024 (continued)

Statement of the Responsibilities of the Trustees

The trustees (who are also the directors for the purposes of company law) are responsible for preparing the Trustees report and the financial statements in accordance with the applicable law and UK Accounting Standards.

Company law requires the trustees to prepare financial accounts for each financial year, which give a true and fair view of the state of affairs of the Charitable Company and of the incoming resources and application of resources, including the income and expenditure, of Charitable Company for that year. In preparing these financial statements, the trustees are required to:

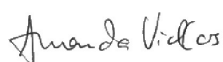
- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the Charitable SORP;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements
- Prepare the accounts on a going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Charitable Company and to enable them to ensure that the financial accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Small Company Rules

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006

The Trustees' report was approved by the Board of Trustees on 16 December 2024 and signed on its behalf by:



Amanda Vickers
Trustee

Well Women Centre

Independent Examiner's Report to the Trustees of Well Women Centre

I report to the trustees on my examination of the financial statements of Well Women Centre for the year ended 31 March 2024.

This report is made solely to the Charity's Trustees, as a body, in accordance with Section 145 of the Charities Act 2011. My independent examination work has been undertaken so that I might state to the Charity's Trustees those matters I am required to state to them in an Independent Examiner's Report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Charity and the Charity's Trustees as a body, for my independent examination work, for this report, or for the opinions I have formed.

Responsibilities and basis of report

As the Trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent Examiner's Statement

Since the Charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Jessica Lawrence

Jessica Lawrence FCA CTA

17/12/2024

Azets Audit Services Limited
12 King Street
Leeds
LS1 2HL

Well Women Centre

Statement of Financial Activities (including Income and Expenditure Account) for the year ended 31 March 2024

	Note	Unrestricted funds £	Restricted Funds £	Total funds 2024 £	Total funds 2023 £
Income					
Donations and legacies	2	1,366	-	1,366	6,041
Charitable Activities	3	435,577	366,536	802,113	776,571
Other trading activities	4	69,409	-	69,409	90,285
Investments	5	4,997	-	4,997	1,438
Other		-	-	-	42
Total Income		511,349	366,536	877,885	874,377
Expenditure					
Raising funds	6	775	-	775	146
Charitable Activities	7	525,551	408,485	934,036	872,657
Total Expenditure		526,326	408,485	934,811	872,803
Net (expenditure) / income		(14,977)	(41,949)	(56,926)	1,574
Transfer between funds		(7,541)	7,541	-	-
Funds brought forward		295,376	66,353	361,729	360,155
Funds carried forward	15	272,858	31,945	304,803	361,729

All income and expenditure derive from continuing activities.

The statement of financial activities includes all gains and losses recognised in the year.

The notes on pages 11 to 21 form part of the financial statements.

A fully detailed Statement of Financial Activities for the year ended 31 March 2023 is shown in note 20

The Statement of Financial Activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

Well Women Centre

Balance Sheet as at 31 March 2024

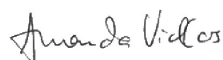
	Note	2024 £	2023 £
Fixed Assets			
Tangible assets	11	1,913	5,732
		1,913	5,732
Current Assets			
Debtors	12	99,834	190,912
Cash at Bank and in hand		246,492	265,250
		346,326	456,162
Creditors: amounts falling due within one year	13	(43,436)	(100,165)
Net current assets		302,890	355,997
Total net assets		304,803	361,729
Funds			
Unrestricted funds			
General unrestricted funds	15	146,963	169,481
Designated funds	15	125,895	125,895
Unrestricted funds		272,858	295,376
Restricted funds	15	31,945	66,353
Total funds		304,803	361,729

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2024. No member of the company has deposited a notice, pursuant to section 476, requiring an audit of these financial statements under the requirements of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 16 December 2024



Amanda Vickers
Trustee

The notes on pages 11 to 21 form part of the financial statements.

Company registration number: 05206205

Well Women Centre

Statement of Cash Flows for the Year Ended 31 March 2024

	Note	2024 £	2023 £
Cash flows from operating activities			
Net cash (used in) operating activities		(23,755)	(103,307)
Cash flows from investing activities			
Bank interest		4,997	1,438
Purchase of tangible fixed assets (excluding donated assets)		-	(5,736)
Net cash provided by / (used in) investing activities		4,997	(4,298)
Change in cash and cash equivalents in the reporting period		(18,758)	(107,605)
Cash equivalents at the beginning of the reporting period		265,250	372,855
Cash and cash equivalents at the end of the reporting period		246,492	265,250
		2024	2023
Reconciliation of net movement in funds to net cash flow from operating activities		£	£
Net movement in funds for the reporting period (as per the statement of financial activities)		(56,926)	1,574
Adjustments for:			
Depreciation charges:		3,829	6,904
Bank interest		(4,997)	(1,438)
Decrease / (increase) in debtors		91,078	(90,347)
(Decrease) / Increase in creditors		(56,729)	(20,000)
Net cash (used in) operating activities		(23,755)	(101,869)

The Charity had no debt in the current or previous financial year

Well Women Centre

Notes to the Financial Statements for the year ended 31 March 2024

1. Accounting policies

Company information

The Charitable Company is limited by guarantee, with the liability of members limited to £1 per member. Well Women Centre is a charity registered with the Charities Commission in England and Wales. The address of the registered office is given in the charity information on page 1 of these financial statements. The nature of the charity's operations is to improve the health and wellbeing of women in Wakefield District.

Basis of accounting

The accounts have been prepared in accordance with the Charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £1.

The financial statements have been prepared under the historical cost convention, modified to include certain financial instruments at fair value. The principal accounting policies adopted are set out below.

Going concern

The Trustees have at the time of approving the financial statements a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. The charity has sufficient reserves to meet its immediate requirements. Thus the Trustees have continued to adopt the going concern basis of accounting in preparing the financial statements

Income

All income is included in the Statement of Financial Activities when the charity is entitled to the income, any performance conditions have been met, the receipt is probable, and the amount can be measured reliably..

Donations and legacies, are included in the Statement of Financial Activities when it is probable that the funds will be received and that they can be measured with sufficient reliability.

Core funding grants, including government grants and restricted funding grants are recognised in the income and expenditure account in the period to which they relate.

The value of services provided by volunteers is not included.

Where income is received specifically for expenditure in a future accounting period that amount is deferred.

Expenditure

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be recovered and is reported as part of the expenditure to which it relates.

Charitable expenditure comprises those costs incurred by the Charity in the delivery of its activities and services for its beneficiaries. These include governance which are those costs associated with meeting the constitutional and statutory requirement of the charitable company.

Well Women Centre

Notes to the Financial Statements for the year ended 31 March 2024 (continued)

1. Accounting Policies (continued)

Fund accounting

Funds held by the charity are either:

Unrestricted funds - Unrestricted funds are donations and other income receivable or generated for the objects of the charity without further specified purpose and are available as general funds.

Designated funds - Designated funds are unrestricted funds earmarked by the Trustees for particular purposes.

Restricted funds - Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund, together with a fair allocation of management and support costs.

Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors, cash and bank balances and current asset investments, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Impairment of financial assets

Financial assets, other than those held at fair value through income and expenditure, are assessed for indicators of impairment at each reporting date. Financial assets are impaired where there is objective evidence that, as a result of one or more events that occurred after the initial recognition of the financial asset, the estimated future cash flows have been affected.

If an asset is impaired, the impairment loss is the difference between the carrying amount and the present value of the estimated cash flows discounted at the asset's original effective interest rate. The impairment loss is recognised in net income/(expenditure) for the year.

If there is a decrease in the impairment loss arising from an event occurring after the impairment was recognised, the impairment is reversed. The reversal is such that the current carrying amount does not exceed what the carrying amount would have been, had the impairment not previously been recognised. The impairment reversal is recognised in net income/(expenditure) for the year.

Well Women Centre

Notes to the Financial Statements for the year ended 31 March 2024 (continued)

1. Accounting Policies (continued)

Derecognition of financial assets

Financial assets are derecognised only when the contractual rights to the cash flows from the asset expire or are settled, or when the charity transfers the financial asset and substantially all the risks and rewards of ownership to another entity, or if some significant risks and rewards of ownership are retained but control of the asset has transferred to another party that is able to sell the asset in its entirety to an unrelated third party.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity held for working capital.

Pension costs

The charity operates defined contribution pension arrangements for its employees. Amounts due are recognised as an expense in the SoFA when they fall due for payment.

Operating leases

Rentals payable under operating leases, including any lease incentives received, are charged to the SoFA on a straight-line basis over the lease term.

Taxation

Well Women Centre is an exempt charity within the meaning of the Charities Act 2011 and is considered to pass the tests set out in Paragraph 1 Schedule 6 Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes.

Critical Accounting Estimates and Judgements

In the application of the charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

Well Women Centre

Notes to the Financial Statements for the year ended 31 March 2024 (continued)

1. Accounting Policies (continued)

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised, if the revision affects only that period, or in the period of the revision and future periods if the revision affects both current and future periods.

After review the Trustees consider that there are no critical estimates and assumptions which have a significant risk of causing a material adjustment to the carrying amount of assets and liabilities within the financial statements.

2. Donations and Other Income

	2024 £	2023 £
General donations	1,366	6,041

3. Charitable activities income

	2024 £	2023 £
Grants:		
Restricted		
Accelerator Team	-	55,604
Charles Hayward Foundation	-	24,500
National Lottery Community Fund	108,956	96,486
The Henry Smith Charity	43,100	42,300
Pilgrim's Trust	14,332	14,173
West Yorkshire Combined Authority	80,160	-
Wakefield Metropolitan District Council	119,988	139,574
The Tudor Trust	-	2,000
	366,536	374,637
Unrestricted		
The Tudor Trust	38,750	40,000
L& D WP	10,876	-
Wakefield Metropolitan District Council	11,128	7,563
DWP Resource Management	-	7,766
Garfield Weston	20,000	-
Contracts and service level agreements	354,823	346,605
	435,577	401,934
Total	802,113	776,571

4. Other trading activities:

	2024 £	2023 £
Earned income	878	623
Staff secondment	68,531	89,662
	69,409	90,285

5. Investments

	2024 £	2023 £
Bank interest received	4,997	1,438

Well Women Centre

Notes to the Financial Statements for the year ended 31 March 2024 (continued)

6. Raising funds

	2024 £	2023 £
Marketing and publicity	775	146

7. Charitable activities expenditure

	Activities Costs £	Support Costs £	2024 Total Cost £	2023 Total Cost £
Women's support work	693,293	240,743	934,036	872,657

8a Support Costs Current year

	Charitable activity £	Governance activity	2024 Total Cost £
Support cost type			
Salaries	136,697	-	136,697
General running costs	84,588	-	84,588
Payroll charges	598	-	598
Accounts and independent examination	-	6,225	6,225
HR services	4,884	-	4,884
IT contract	7,681	-	7,681
Governance	-	70	70
	234,448	6,295	240,743

Prior year

	Charitable activity £	Governance activity	2023 Total Cost £
Support cost type			
Salaries	167,352	-	167,352
General running costs	74,587	-	74,587
Payroll charges	1,429	-	1,429
Accounts and independent examination	-	3,300	3,300
HR services	3,942	-	3,942
IT contract	5,396	-	5,396
Governance	-	538	538
	252,706	3,838	256,544

Well Women Centre

Notes to the Financial Statements for the year ended 31 March 2024 (continued)

8b Charitable activities expenditure detail

	2024	2023
	Total Cost	Total Cost
	£	£
Salaries NI and pensions	741,168	699,660
Staff Health Care	3,560	2,205
Staff Supervision	12,216	12,863
Staff expenses	5,956	6,499
Staff training	1,907	3,723
Group costs	67,128	42,706
Rent	(6,496)	15,000
General running costs	84,588	74,587
Payroll charges	1,056	1,429
Accounts and independent examination	6,225	3,300
HR services	4,488	3,942
IT contract	7,681	5,396
Governance	70	538
Volunteer costs	4,489	809
	934,036	872,657

8c Staff costs and numbers

	2024	2023
	£	£
Gross salaries	661,756	617,320
Social security costs	49,214	50,157
Pensions	30,198	32,183
	741,168	699,660

The average number of employees during the year was 29 (2023: 27). There were no employees with emoluments above £60,000.

Defined contribution pension scheme

	2024	2023
	£	£
Costs of the scheme to the charity for the year	30,198	32,183
Amount of any contributions outstanding at the year end	3,289	4,679

9. Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

Well Women Centre

Notes to the Financial Statements for the year ended 31 March 2024 (continued)

10. Net income

	2024 £	2023 £
This is stated after charging		
Fees paid to the independent examiner	4,000	3,300

11. Tangible assets

	Fixtures and £	Leasehold Improvement £	Total £
Cost			
At 31 March 2023	29,505	10,112	39,617
Additions	-	-	-
At 31 March 2024	29,505	10,112	39,617
Depreciation			
At 1 April 2023	25,681	8,204	33,885
Charge for year	1,911	1,908	3,819
At 1 April 2024	27,592	10,112	37,704
Net book value			
At 31 March 2024	1,913	-	1,913

12. Debtors

	2024 £	2023 £
Trade debtors	27,006	81,551
Prepayments and accrued income	72,828	109,361
	99,834	190,912

13. Creditors

	2024 £	2023 £
Trade creditors	1,725	-
Accruals	5,441	46,144
Deferred income Note 13	18,597	35,595
Taxation and social security	14,384	13,747
Other creditors	3,289	4,679
	43,436	100,165

14. Deferred income

	2024 £	2023 £
Balance brought forward	35,595	-
Released in the year	(35,595)	-
Deferred in the year	18,597	35,595
Balance carried forward	18,597	35,595

Well Women Centre

Notes to the Financial Statements for the year ended 31 March 2024 (continued)

15.Restricted funds

Current year

	At 1 April 2023	Income	Expenditure	Transfers	At 31 March 2024
Unrestricted funds -general-	169,481	511,349	(526,326)	(7,541)	146,963
Designated funds:					
Property Purchase	125,895	-	-	-	125,895
Total Unrestricted Funds	295,376	511,349	(526,326)	(7,541)	272,858
Restricted funds:					
Accelerator	1,863	79,988	(81,453)	-	398
Adult Safeguarding Board	3,791	-	-	-	3,791
Refugee Resettlement	5,786	-	-	-	5,786
Charles Hayward	15,503	-	(15,503)	-	-
The Pilgrim's Trust	-	14,332	(14,332)	-	-
Henry Smith	214	43,100	(43,314)	-	-
National Lottery	24,384	108,956	(111,502)	-	21,838
SATS	4,721	40,000	(45,699)	978	-
WMDC	9,959	80,160	(96,682)	6,563	-
The Tudor Trust (2)	132	-	-	-	132
Total Restricted Funds	66,353	366,536	(408,485)	7,541	31,945
Total Funds	361,729	877,885	(934,811)	-	304,803

Prior year

	At 1 April 2022	Income	Expenditure	Transfers	At 31 March 2023
Unrestricted funds -general-	157,835	499,740	(534,802)	46,708	169,481
Designated funds:					
Property Purchase	125,895	-	-	-	125,895
Total Unrestricted Funds	283,730	499,740	(534,802)	46,708	295,376
Restricted funds:					
Accelerator	357	55,604	(46,958)	(7,140)	1,863
Adult Safeguarding Board	3,791	-	-	-	3,791
Refugee Resettlement	5,786	-	-	-	5,786
Charles Hayward	-	24,500	(8,271)	(726)	15,503
Henry Smith	426	42,300	(38,151)	(4,361)	214
National Lottery	23,777	96,486	(83,124)	(12,755)	24,384
Pilgrim's Trust	-	14,173	(13,826)	(347)	-
Time2Reflect	257	16,667	(13,925)	(2,999)	-
Safer Streets	3,543	-	-	(3,543)	-
SATS	-	42,747	(33,610)	(4,416)	4,721
The Tudor Trust (1)	34,125	-	(34,125)	-	-
WMDC	4,363	80,160	(64,143)	(10,421)	9,959
The Tudor Trust (2)	-	2,000	(1,868)	-	132
Total Restricted Funds	76,425	374,637	(338,001)	(46,708)	66,353
Total Funds	360,155	874,377	(872,803)	-	361,729

Well Women Centre

Notes to the Financial Statements for the year ended 31 March 2024 (continued)

15.Restricted funds (continued)

Purpose of restricted funds:

Accelerator	Towards the project ADDER; (Addiction, Diversion, Disruption, Enforcement and Recovery)
Adult Safeguarding Board	Toward domestic abuse awareness raising campaign
Refugee Resettlement	To offer a women's support group to provide a service for Syrian Refugees
Charles Hayward	To provide emotional and practical support to women with complex needs who have experienced domestic abuse or criminal exploitation
Henry Smith	Towards salary and on costs of a Casework Manager and Caseworker at a project providing support to women and girls who have experienced domestic abuse of trauma in Wakefield
National Lottery	To grow and enhance our Casework service; increase our focus on minority ethnic communities, continue developing peer support groups and increasing outreach support, strengthening the pathway between casework and counselling support
Pilgrim's Trust	Casework service – providing a support package consisting of emotional and practical support for women recovering from trauma
Time2Reflet	The pilot will address trauma both present and historical to reduce the likelihood of repeat pregnancies. Individual support packages will be tailored to the needs of Women and their partner/support network to address issues that have resulted in a child being removed
Safer Streets	To co-facilitate 'Understand Women and Girls' use of parks, their experience and perception of safety in parks. The balance of funds has been retained by the charity with the permission of the funder
SATS	The Well Women Centre will undertake and provide assessment and counselling and therapeutic support to female and male adult victims of domestic abuse residing in safe accommodation, to promote victims recovery from domestic abuse.
The Tudor Trust (1) WMDC	Contribution to the charity's core costs of £45k/year for 3 years This is to provide counselling and group services for women. This also supports our volunteers across the centre.
The Tudor Trust (2)	A wellbeing grant to support staff, volunteer and trustee wellbeing All transfers relate to management costs unless stated above.

Designated funds:

Property Purchase	The sale proceeds of the sale of King Street have been designated for the purchase of another property – see note 17.
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Well Women Centre

Notes to the Financial Statements for the year ended 31 March 2024 (continued)

16. Analysis of net assets between funds

Current year	Fixed assets £	Net current assets £	Total £
Restricted funds	-	31,945	31,945
Unrestricted funds	1,913	145,050	146,963
Designated funds	-	125,895	125,895
	1,913	302,890	304,803

Prior year	Fixed assets £	Net current assets £	Total £
Restricted funds	-	66,353	66,353
Unrestricted funds	5,732	163,749	169,481
Designated funds	-	125,895	125,895
	5,732	355,997	361,729

17. Related party transactions

No trustee received any expenses during this year or the previous year. No trustee received any remuneration or benefit during this year or the previous year.

The total employee benefits received by key management personnel were £193,978 (2023: £55,392).

18. Operating leases

Expected future minimum lease payments over the remaining life of the lease, analysed into the period in which the commitment falls due:

	2024 £	2023 £
Within one year	2,360	1,919
In the second to fifth years inclusive	9,340	7,200
	11,700	9,119

19. Post balance sheet events

On 24 May 2024 the charity purchased 8-10 Wood Street, Wakefield for £192,316, with a mortgage of £120,000 as a permanent base for the case work team.

Well Women Centre

Notes to the Financial Statements for the year ended 31 March 2024 (continued)

20. Statement of Financial Activities (including Income and Expenditure Account) for the year ended 31 March 2023

	Unrestricted funds £	Restricted Funds £	Total funds 2023 £
Income			
Donations and legacies	6,041	-	6,041
Charitable Activities	401,934	374,637	776,571
Other trading activities	90,285	-	90,285
Investments	1,438	-	1,438
Other	42	-	42
Total Income	499,740	374,637	874,377
Expenditure			
Raising funds	17	129	146
Charitable Activities	534,785	337,872	872,657
Total Expenditure	534,802	338,001	872,803
Net income/(expenditure)	(35,062)	36,636	1,574
Transfer between funds	46,708	(46,708)	-
	11,646	(10,072)	1,574
Funds brought forward	283,730	76,425	360,155
Funds carried forward	295,376	66,353	361,729

WELL WOMEN CENTRE

England & Wales - Charity number 1107523

Accounts

Well Women Centre

Charity number 1107523

A company limited by guarantee number 05206205

Annual Report and Financial Statements **for the year ended 31 March 2023**



**Annual Report and Financial Statements
for the year ended 31 March 2023**

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Prepared by West Yorkshire Community Accountancy Service CIO

Well Women Centre

Trustees' report for the year ended 31 March 2023

Reference and administrative details of the charity, its trustees and advisors

The trustees during the financial year and up to and including the date the report was approved were:

Name	Position	Dates
Jane Bryant		
Jane Walton		
Tolu Adedipe		Resigned 31 October 2023
Amanda Vickers		
Julie Mayhew		
Kim Meadmore		Appointed 9 November 2022
Rachel Massey		Resigned 19 October 2023
Leanne Evans		Resigned 8 August 2022
Kelly Ridley		Appointed 20 June 2023
Emma Spencer		Appointed 23 June 2023
Charity number	1107523	Registered in England and Wales
Company number	05206205	Registered in England and Wales

Registered and principal address

24 Trinity Church Gate
Wakefield
West Yorkshire
WF1 1TX

Bankers

Unity Bank Plc	Julian Hodge Bank Ltd	Nationwide BS	Ecology BS
9 Brindley Place	29 Windsor Place	5-11 Georges Street	7 Belton Road
Birmingham	Cardiff	Douglas	Silsden
B1 2HB	CF10 3BZ	Isle of Man	Keighley
		IM99 1AS	DB20 0EE

Independent examiner

E J Beverley FCCA

West Yorkshire Community Accountancy Service CIO

Stringer House
34 Lupton Street
Leeds
LS10 2QW

Structure, governance and management

The charity became a company limited by guarantee on 16 August 2004. It was registered as a charity in 1985 and re-registered following incorporation as a company on 10 January 2005. It is governed by a memorandum and articles of association as amended by special resolution dated 7 September 2011 and 31 January 2017. The liability of the members in the event of the company being wound up is limited to a sum not exceeding £1.

The charity is governed by the Board of trustees, working closely with the CEO and senior management team. The trustees have formed dedicated sub committees to address both finance and HR responsibilities and providing opportunity to share and utilise trustees' strengths. The finance committee meet 8 times a year to oversee the financial management of the centre, to ensure probity and security, to identify sources of funding to sustain and develop the organisation's charitable purpose and to support the CEO in securing these funds. The HR subgroup meet 8 times a year to support the CEO in oversight of staff management and development. Both groups form consensus and report to the whole board for ratification.

Well Women Centre

Trustees' report (continued) for the year ended 31 March 2023

Method of recruitment and appointment of trustees

The directors of the company are also charity trustees for the purposes of charity law and under the company's Articles are known as members of the Management Group. Under the requirements of the Memorandum and Articles of Association the members of the Management Group are elected to serve for a period of one year after which they must be re-elected at the next Annual General Meeting.

The Charity shall have at least three Trustees comprising:

- (a) the Honorary Officers elected at the Annual General Meeting;
- (b) up to nine Members of the Charity elected at the Annual General Meeting;
- (c) persons appointed in accordance with Article 31.

The company endeavours to maintain a balance of members both from internal volunteers/service users and women with relevant skills from external organisations. In an effort to maintain a broad skill mix, in the event of particular skills being lost due to retirements, individuals are approached to offer themselves for election to the Management Committee. The Management Group also works with local consultants with relevant skills should existing trustees lack these skills.

Objectives and activities

The charity's objects

The Well Women Centre continues to serve its core charitable objects which are:

To promote and protect the good health, both mental and physical of the women in Wakefield regardless of age, class, culture, race, religion, sexual orientation, or medico-social need.

Our Mission has been updated to:

To be the leading organisation in the Wakefield District tackling women's issues relating to mental health and wellbeing, violence and abuse and the associated trauma. Women will continue to be offered high quality, personalised support packages to aid their recovery. We will work collaboratively across sectors to influence policy and support strategic system change.

Well Women Centre

Trustees' report (continued) for the year ended 31 March 2023

The charity's main activities

We offer a range of services for women in the Wakefield District which include:

Twice weekly Registration service

Women can self-refer for our services through registration to access an assessment appointment. The assessment offers a collaborative space where we listen to the needs of individual women and work with them to identify which service or services would be of most help for them.

A range of counselling therapies

This includes counselling for women with anxiety and depression, women with multiple & complex needs or women who have experienced significant trauma. We also provide EMDR therapy.

Self-development and wellbeing groups and courses

We provide rolling programmes offering a variety of groups and courses, which have been developed in direct response to the presenting needs of women.

Intensive support services for women with multiple disadvantage and complex needs

We provide intensive 1 to 1 case worker support to women affected by the following issues: Domestic Abuse; Women Apart from their Children; and Offending.

A range of Complementary Therapies

Our therapies work holistically to treat the whole person.

BAMER Women's Support

The centre is proud to have developed this service in direct response to the voices of BAME women across Wakefield.

Our services continue to be delivered in person from our main centre at Trinity Church Gate or within one of our designated outreach venues within the district. We also deliver all services remotely, using either telephone or video platform to enhance accessibility for women in Wakefield.

Women who wish to access our services can do so through self-referral, however many women are directed to us from their GPs, NHS workers, Mental Health workers, Third Sector workers and family or friends.

Public benefit statement

In setting our objectives and planning our activities our trustees have given serious consideration to the Charity Commission's general guidance on public benefit and in particular the advancement of health and the saving of lives. We also operate within other charitable purposes with relation to our work with the rehabilitation of offenders and the prevention of crime.

Well Women Centre

Trustees' report (continued) for the year ended 31 March 2023

Achievements and performance

When elected to become Chair of the Board at the Well Women Centre Wakefield in December 2022, I knew that we had to continue to provide the dedicated, hardworking staff and volunteers with the resources they needed to continue to support the women of the Wakefield district.

After achieving a relative position of stability with some of our core services, by navigating a period of consolidation and 'reset' to ground the charity in 2022, we are now in an exciting position with a committed Board of Trustees to further strengthen our foundation and seek opportunity for growth in support of our mission.

The last few years have produced many challenges, including the current recruitment crisis, during which we have adapted to new ways of working and as a result continue to attract and employ good quality staff and volunteers. We believe that our biggest asset are the people who work and volunteer both at the centre and in our outreach programmes. The work they do is challenging so we have arranged wellbeing days during the year including a whole centre away day at Yorkshire Sculpture park complete with a visit by a petting farm zoo, away days for each part of the service to allow them to connect away from the busy centre, continued CPD and health insurance amongst other benefits.

Successes

Our free counselling service was at the heart of our foundation in 1985 and has now expanded to include 5 different strands of therapy. One aspect of counselling of working with women in poverty, is our Safe Accommodation Therapeutic Support (SATS) service. This was a local authority funded provision from 2021 - 2023 and is in response to the statutory obligation to provide this in the recently revised Domestic Abuse Act. We offer timely counselling to women who have fled domestic abuse and are currently residing in Safe Accommodation in Wakefield District. These women often have housing needs, are unemployed and are single parents of children in their care. They often live in Refuges or temporary accommodation and are geographically separated from family and friends, leaving them without community support. We estimate that 90% of the SATS women we have worked with have been impacted on by poverty. This can be magnified further by their accommodation, not having a kitchen or being rehoused without adequate white goods, most often 'starting from scratch'. Our therapeutic approach is to empower women by addressing barriers which are sadly often shame based. Partnership working to address basic priority needs is a significant aspect of this work. In the last 12 months we had 102 women referred to SATS and we have secured continuation of funding for this work from the Local Authority.

Our casework service was established in 2015 from National Lottery funding and has allowed the centre to extend our therapeutic foundations to work with women who are experiencing multiple and complex lifestyles. We were an original partner participating in the ADDER Accelerator place based programme from 2021- 2023. This was a natural extension of our casework service and brought a FTE caseworker with experience of working with women with chaotic lifestyles, substance misuse and offending behaviours. This caseworker has been dedicated to enhancing partnership referral pathways with substance misuse treatment services and criminal justice. We have found that the vast majority of the women have struggled to manage their finances and live in deprivation. We have supported women with often desperate situations to stabilise and better their lives. This has included advocating for benefit support, access to foodbanks, facilitating Citizens Advice talking to the women about managing fuel poverty, we provide bus passes to help women attend, mobile phones, diaries and we provide packages to support with priority basic needs that include toiletries. We have had 57 women referred to Accelerator in the last 12 months. We have secured continuation funding for this grant from Public Health for a 1.5 FTE caseworker and move forward to contribute to the Combatting Drugs Partnership.

These are two examples of our programmes which we have been successful in securing funding for, and we continue to develop our business model to secure the future of the organisation. We have sustained success in securing renewal of funding agreements, new funding opportunities, visibility, reputation and relationships with funders and stakeholders. This enables us to prioritise delivery of services, provides quality employment and volunteering opportunities ultimately for women to support women. We are grateful to our funders that already work with us, and we want to enhance our current provision and secure the long-term future for the centre and its services.

Well Women Centre

Trustees' report (continued) for the year ended 31 March 2023

Priorities for the future

We have had over 1300 referrals in the last year and one of our challenges to meet this over the next year, together with a reduction in waiting times, is to tackle our need for more space both in Central Wakefield and outreach spaces to ensure accessibility to those who need it most. Our new Vice Chair, Julie Mayhew, has taken this on with help from our resident building and property expert on the board, Jane Bryant and together with the Management team they will identify the needs for both now and the future, to find the space we need to grow our services.

Our new 5 year strategic plan has set our vision and the pathway for the future in which we make 6 priorities:

1. Developing and sustaining our much-needed services for women across the Wakefield District, ensuring relevance and appeal, increasing access and reach.
2. Working across sectors, in collaboration with other partners and agencies to deliver better services for women to address gaps and avoid duplication.
3. Being a constructive influence in strategic system change in local, regional and national arenas.
4. Raising awareness and validating the need for gender specific trauma informed work.
5. Building an excellent, independent and sustainable organisation
6. To promote best management practice and high standards of clinical governance.

We look forward to the next year and the opportunities it brings to the centre for its continued growth and ability to fulfil our mission.

Kim Meadmore
Chair

Financial review

The net income for the year was £1,574, including net income of £11,646 on unrestricted funds and net expenditure of £10,072 on restricted funds after transfers.

This year has seen stable growth in services, staff numbers and income, against a backdrop of recovery from the pandemic. The charity has implemented sound financial management, and has demonstrated an impressive success rate with applications for grants and commissioned work.

How we've spent our money this year

Unplanned expenditure arose with having to replace the boiler, in winter when staff and clients needed heating and hot water.

Planned increase in expenditure followed an externally-led Staff Pay Review, which brought salaries into parity with the norms of the sector, and ironed out some historical anomalies.

Principal Funding Sources

The principal funding sources for the charity are grant and contract income from the Wakefield CCG and WMDC. Throughout the year, staff and Board have monitored the timeline of the various funding streams, ensuring adequate planning time for staff team employment continuity.

Investment Policy

The Board plans to review the investment of the property reserve, originating from the sale of the Kings Street premises and designated for use for future new premises.

Budget

We have produced a budget and forecast of our financial position for the coming year. The Trustees have scrutinised and approved the budget, which shows a slight deficit.

Well Women Centre

Trustees' report (continued) for the year ended 31 March 2023

Financial review (continued)

Plans for the Future

The Trinity Gate premises are acknowledged as overcrowded and in some ways inadequate. A short-term expansion into community rooms at The Hive, in the Ridings Shopping Centre has been agreed, but a move to larger and more appropriate premises is planned in the next few years.

At the time of signing these accounts the charity has been impacted by the global Covid-19 virus. The trustees have reassessed the charity's ability to continue for at least 12 months from the date that the accounts are approved and conclude that no material uncertainties exist that cast significant doubt on the charity's ability to continue as a going concern.

The charity has a business continuity plan and money reserves; all agreed by our board of trustees.

Reserves policy

The charity's free reserves, excluding fixed assets, at the year end were £289,644.

Included in this amount are designated funds of £125,895 leaving £163,749. The designated funds relate to the sale proceeds of a property that have been designated for the purchase of another property.

It is the policy of the charity that unrestricted funds that have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This reserves policy is reviewed by the trustees annually.

Well Women Centre

Trustees' report (continued) for the year ended 31 March 2023

Statement of trustees' responsibilities

The trustees (who are also the directors for the purposes of company law) are responsible for preparing the Trustees report and the financial statements in accordance with the applicable law and UK Accounting Standards.

Company law requires the trustees to prepare financial accounts for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for the year. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;

- observe the methods and principles in the Charities SORP;

- make judgements and estimates that are reasonable and prudent;

- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;

- prepare the accounts on a going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (Charities SORP (FRS102)), and in accordance with the special provisions of the Companies Act 2006 relating to small companies.

approved by the board of trustees on 29/01/2024

Kim Meadmore (Trustee)

Well Women Centre

Independent examiner's report to the trustees of Well Women Centre

I report to the charity trustees on my examination of the accounts of the charitable company for the year ended 31 March 2023, which are set out on pages 10 to 21.

Responsibilities and basis of report

As the charity's trustees of the charitable company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the charitable company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charitable company's gross income exceeded £250,000 your examiner must be a fellow of a body listed in section 145 of the 2011 Act.

I confirm that I am qualified to undertake the examination because I am a fellow of ACCA which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
- 2 the accounts do not accord with those records; or
- 3 the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
- 4 the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

E J Beverley FCCA

30/01/2024

West Yorkshire Community Accountancy Service CIO

Stringer House
34 Lupton Street
Leeds
LS10 2QW

Well Women Centre
Statement of Financial Activities
(including summary income and expenditure account)
for the year ended 31 March 2023

	Notes	2023 Unrestricted funds £	2023 Restricted funds £	2023 Total funds £	Restated 2022 Total funds £
Income from:					
Donations and legacies	(2)	6,041	-	6,041	1,376
Charitable activities	(3)	401,934	374,637	776,571	549,446
Other trading activities	(4)	90,285	-	90,285	99,206
Investments	(5)	1,438	-	1,438	465
Other	(6)	42	-	42	-
Total income		499,740	374,637	874,377	650,493
Expenditure on:					
Raising funds	(7)	17	129	146	1,599
Charitable activities	(8)	534,785	337,872	872,657	672,195
Total expenditure		534,802	338,001	872,803	673,794
Net income / (expenditure)		(35,062)	36,636	1,574	(23,301)
Transfers between funds		46,708	(46,708)	-	-
Net movement in funds		11,646	(10,072)	1,574	(23,301)
Fund balances brought forward		283,730	76,425	360,155	383,456
Fund balances carried forward	(9)	295,376	66,353	361,729	360,155

All incoming resources and resources expended derive from continuing activities.

Well Women Centre
Balance sheet
as at 31 March 2023

Restated

	2023	2023	2023	2022
	Unrestricted	Restricted	Total	Total
	£	£	£	£
Fixed assets				
Tangible assets	(10) 5,732	-	5,732	6,900
Total fixed assets	<u>5,732</u>	<u>-</u>	<u>5,732</u>	<u>6,900</u>
Current assets				
Debtors and prepayments	(11) 157,363	33,549	190,912	100,565
Cash at bank and in hand	(12) 232,446	32,804	265,250	372,855
Total current assets	<u>389,809</u>	<u>66,353</u>	<u>456,162</u>	<u>473,420</u>
Current liabilities:				
amounts falling due within one year				
Creditors and accruals	(13) 100,165	-	100,165	120,165
Total current liabilities	<u>100,165</u>	<u>-</u>	<u>100,165</u>	<u>120,165</u>
Net current assets / (liabilities)	<u>289,644</u>	<u>66,353</u>	<u>355,997</u>	<u>353,255</u>
Net assets	<u>295,376</u>	<u>66,353</u>	<u>361,729</u>	<u>360,155</u>
Funds				
Unrestricted funds				
General unrestricted funds	169,481	-	169,481	157,835
Designated funds	(14) 125,895	-	125,895	125,895
Unrestricted funds	<u>295,376</u>	<u>-</u>	<u>295,376</u>	<u>283,730</u>
Restricted funds	<u>-</u>	<u>66,353</u>	<u>66,353</u>	<u>76,425</u>
Total funds	<u>295,376</u>	<u>66,353</u>	<u>361,729</u>	<u>360,155</u>

For the year ending 31 March 2023 the charitable company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the charitable company to obtain an audit of its accounts for the year in question in accordance with section 476. The trustees (who are also the directors for the purposes of company law) acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and with FRS 102 (effective January 2019).

The financial statements were approved by the board of trustees on 29/01/2024

Kim Meadmore (Trustee)

Well Women Centre
Statement of cash flows
for the year ended 31 March 2023

	2023 £	Restated 2022 £
Cash flows from operating activities:		
Net cash provided by (used in) operating activities	<u>(101,869)</u>	<u>(48,468)</u>
Cash flows from investing activities:		
Bank interest		465
Purchase of tangible fixed assets (excluding donated assets)	<u>(5,736)</u>	<u>(5,722)</u>
Net cash provided by (used in) investing activities	<u>(5,736)</u>	<u>(5,257)</u>
Change in cash and cash equivalents in the reporting period	(107,605)	(53,725)
Cash and cash equivalents at the beginning of the reporting period	<u>372,855</u>	<u>426,580</u>
Cash and cash equivalents at the end of the reporting period	<u>265,250</u>	<u>372,855</u>

Reconciliation of net movement in funds to net cash flow from operating activities	2023 £	2022 £
Net movement in funds for the reporting period (as per the statement of financial activities)	1,574	(23,301)
Adjustments for:		
Depreciation charges	6,904	4,991
Bank interest		(465)
(Increase) / decrease in debtors	(90,347)	(45,486)
Increase / (decrease) in creditors	<u>(20,000)</u>	<u>15,793</u>
Net cash provided by (used in) operating activities	<u>(101,869)</u>	<u>(48,468)</u>

Analysis of cash and cash equivalents	2023 £	2022 £
Cash in hand	2,202	2,121
Notice deposits (less than 30 days)	<u>263,048</u>	<u>370,734</u>
Total cash and cash equivalents	<u>265,250</u>	<u>372,855</u>

Well Women Centre

Notes to the accounts

for the year ended 31 March 2023

1 Accounting policies

Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

There has been no change to the accounting policies since last year.

The accounts for the previous year have been restated to take account of income that should have been deferred at the year end as the services had not been delivered. See the detailed note 10.

Going concern

The trustees are satisfied that there are no material uncertainties about the charity's ability to continue.

Incoming resources

All incoming resources are included in the Statement of Financial Activities (SOFA) when the charity becomes entitled to the resources, if it is more likely than not that the trustees will receive the resources and the monetary value can be measured with sufficient reliability.

Grants and donations

Grants and donations are only included in the SOFA when the charity has unconditional entitlement to the resources.

Where grants are related to performance and specific deliverables, they are accounted for as the charity earns the right to consideration by its performance.

Expenditure and liabilities

Expenditure is recognised on an accrual basis as a liability is incurred. Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out the resources and the amount of the obligation can be measured with reasonable certainty.

Taxation

As a charity the organisation benefits from rates relief and is generally exempt from income tax and capital gains tax but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

Tangible fixed assets

Tangible fixed assets costing more than £1,000 are capitalised and included at cost including any incidental expenses of acquisition. Gifted assets are shown at the value to the charity on receipt. Depreciation is provided on all tangible fixed assets at rates calculated to write off the cost on a straight line basis over their expected useful economic lives as follows:

Project and office equipment: over 5 years

Fixtures and equipment: over 3 years

Leasehold improvements: over 3 years

Pensions

The charity operates a defined contribution scheme for the benefit of its employees. The costs of contributions are recognised in the year they are payable.

Well Women Centre

Notes to the accounts continued

for the year ended 31 March 2023

1 Accounting policies continued

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

Leases

Rents under operating leases are charged on a straight line basis over the lease term or to an earlier date if the lease can be determined without financial penalty.

2 Donations and legacies

	2023 Unrestricted funds £	2023 Restricted funds £	2023 Total funds £	2022 Total funds £
General donations	6,041	-	6,041	1,376
	<u>6,041</u>	<u>-</u>	<u>6,041</u>	<u>1,376</u>

3 Charitable activities income

	2023 Unrestricted funds £	2023 Restricted funds £	2023 Total funds £	2022 Total funds £
Grants				
Accelerator Team	-	55,604	55,604	38,782
Charles Hayward Foundation	-	24,500	24,500	24,000
National Lottery Community Fund	-	96,486	96,486	23,877
NHS Wakefield Clinical Commissioning Group	-	-	-	26,977
Pilgrim's Trust	-	14,173	14,173	14,491
The Henry Smith Charity	-	42,300	42,300	41,400
The Tudor Trust	40,000	2,000	42,000	45,000
Wakefield Metropolitan District Council	7,563	139,574	147,137	122,885
West Yorkshire Combined Authority	-	-	-	4,349
DWP Resource Management	7,766	-	7,766	-
Contracts and service level agreements	<u>346,605</u>	<u>-</u>	<u>346,605</u>	<u>207,685</u>
	<u>401,934</u>	<u>374,637</u>	<u>776,571</u>	<u>549,446</u>

Well Women Centre
Notes to the accounts continued
for the year ended 31 March 2023

4 Other trading activities

	2023	2023	2023	2022
	Unrestricted	Restricted	Total	Total
	funds	funds	funds	funds
	£	£	£	£
Earned income	623	-	623	-
Staff secondment	89,662	-	89,662	99,206
	<u>90,285</u>	<u>-</u>	<u>90,285</u>	<u>99,206</u>

5 Investments

	2023	2023	2023	2022
	Unrestricted	Restricted	Total	Total
	funds	funds	funds	funds
	£	£	£	£
Interest receivable	1438	-	1438	465
	<u>1,438</u>	<u>-</u>	<u>1,438</u>	<u>465</u>

6 Other

	2023	2023	2023	2022
	Unrestricted	Restricted	Total	Total
	funds	funds	funds	funds
	£	£	£	£
Other income	42	-	42	-
	<u>42</u>	<u>-</u>	<u>42</u>	<u>-</u>

7 Raising funds

	2023	2023	2023	2022
	Unrestricted	Restricted	Total	Total
	funds	funds	funds	funds
	£	£	£	£
Marketing and publicity	17	129	146	1,599
	<u>17</u>	<u>129</u>	<u>146</u>	<u>1,599</u>

8 Charitable activities expenditure

	2023	2023	2023	2022
	Activities	Support	Total	Total
	costs	costs	cost	cost
	£	£	£	£
Women's support work	616,113	256,544	872,657	672,195
	<u>616,113</u>	<u>256,544</u>	<u>872,657</u>	<u>672,195</u>

Well Women Centre
Notes to the accounts continued
for the year ended 31 March 2023

8a Support costs

	Charitable activity	Governance activity	2023 Total cost	2022 Total cost
Support cost type	£	£	£	£
Salaries	167,352	-	167,352	45,037
General running costs	74,587	-	74,587	37,743
Payroll charges	1,429	-	1,429	1,195
Accounts and independent examination	-	3,300	3,300	2,160
HR service	3,942	-	3,942	3,644
IT contract	5,396	-	5,396	8,291
Governance	-	538	538	13
	<u>252,706</u>	<u>3,838</u>	<u>256,544</u>	<u>98,083</u>

8b Charitable activities expenditure detail

	2023 Unrestricted funds	2023 Restricted funds	2023 Total cost	2022 Total cost
	£	£	£	£
Salaries NI and pensions (8c)	391,250	308,410	699,660	519,003
Staff Health Care	1,582	623	2,205	1,769
Staff supervision	11,289	1,574	12,863	9,711
Staff expenses	2,372	4,127	6,499	2,606
Staff training	1,624	2,099	3,723	19,951
Group costs	29,806	12,900	42,706	35,966
Rent	15,000	-	15,000	15,420
General running costs	67,257	7,330	74,587	50,205
Payroll charges	1,429	-	1,429	1,195
Accounts and independent examination	3,300	-	3,300	2,160
HR service	3,942	-	3,942	5,394
IT contract	5,396	-	5,396	8,291
Governance	538	-	538	13
Volunteer costs	-	809	809	511
	<u>534,785</u>	<u>337,872</u>	<u>872,657</u>	<u>672,195</u>

8c Staff costs and numbers

	2023 £	2022 £
Gross salaries	617,320	459,358
Social security costs	55,157	38,413
Employment allowance	(5,000)	(4,000)
Pensions	<u>32,183</u>	<u>25,232</u>
	<u>699,660</u>	<u>519,003</u>

The average number of employees during the year was 26.7, being an average of 20.3 full time equivalent (2022: 20.8, 15.5 FTE). There were no employees with emoluments above £60,000.

Defined contribution pension scheme

	2023 £	2022 £
Costs of the scheme to the charity for the year	32,183	25,232
Amount of any contributions outstanding at the year end	4,679	2,998

Well Women Centre
Notes to the accounts continued
for the year ended 31 March 2023

9 Restricted funds	Balance b/f	Incoming	Outgoing	Transfers	Balance c/f
	£	£	£	£	£
Accelerator	357	55,604	46,958	(7,140)	1,863
Adult Safeguarding Board	3,791	-	-	-	3,791
Refugee Resettlement	5,786	-	-	-	5,786
Charles Hayward	-	24,500	8,271	(726)	15,503
Henry Smith	426	42,300	38,151	(4,361)	214
National Lottery	23,777	96,486	83,124	(12,755)	24,384
Pilgrim's Trust	-	14,173	13,826	(347)	-
Time2Reflect	257	16,667	13,925	(2,999)	-
Safer Streets	3,543	-	-	(3,543)	-
SATS	-	42,747	33,610	(4,416)	4,721
The Tudor Trust (1)	34,125	-	34,125	-	-
WMDC	4,363	80,160	64,143	(10,421)	9,959
The Tudor Trust (2)	-	2,000	1,868	-	132
	<u>76,425</u>	<u>374,637</u>	<u>338,001</u>	<u>(46,708)</u>	<u>66,353</u>

Fund name

Purpose of restriction

Accelerator	Towards the project ADDER; (Addiction, Diversion, Disruption, Enforcement and Recovery)
Adult Safeguarding Board	Towards domestic abuse awareness raising campaign.
Refugee Resettlement	To offer a women's support group to provide a service for Syrian Refugees.
Charles Hayward	To provide emotional and practical support to women with complex needs who have experienced domestic abuse or criminal exploitation.
Henry Smith	Towards salary and on costs of a Casework Manager and Caseworker at a project providing support to women and girls who have experienced domestic abuse or trauma in Wakefield.
National Lottery	To grow and enhance our Casework service; increase our focus on minority ethnic communities, continue developing peer support groups and increasing outreach support, strengthening the pathway between casework and counselling support.
Pilgrim's Trust	Casework service - Providing a support package consisting of emotional and practical support for women recovering from trauma.
Time2Reflect	The pilot will address trauma both present and historical to reduce the likelihood of repeat pregnancies. Individual support packages will be tailored to the needs of Women and their partner/support network to address issues that have resulted in a child being removed.
Safer Streets	To co-facilitate 'Understand Women and Girls' use of parks, their experience and perception of safety in parks. The balance of funds has been retained by the charity with the permission of the funder.
SATS	Pilot project; The Well Women Centre will undertake and provide assessment and counselling and therapeutic support to female and male adult victims of domestic abuse residing in safe accommodation, to promote victims recovery from domestic abuse.
The Tudor Trust (1)	Contribution to the charity's core costs of £45k/year for 3 years
WMDC	This is to provide counselling and group services for women. This also supports our volunteers across the centre.
The Tudor Trust (2)	A wellbeing grant to support staff, volunteer and trustee wellbeing.

All transfers relate to management costs unless stated above.

Well Women Centre
Notes to the accounts continued
for the year ended 31 March 2023

10 Tangible assets

	Fixtures and	Leasehold Improvement	Total
<u>Cost</u>	£	£	£
At 1 April 2022	23,769	10,112	33,881
Additions	5,736	-	5,736
At 31 March 2023	29,505	10,112	39,617
 <u>Depreciation</u>			
At 1 April 2022	20,684	6,297	26,981
Charge for year	4,997	1,907	6,904
At 31 March 2023	25,681	8,204	33,885
 <u>Net book value</u>			
At 31 March 2023	3,824	1,908	5,732
At 31 March 2022	3,085	3,815	6,900

11 Debtors and prepayments

	2023	2022
	£	£
Debtors	81,551	65,187
Prepayments	1,434	819
Accrued income	107,927	34,559
	190,912	100,565

12 Cash at bank and in hand

	2023	2022
	£	£
Cash at bank	263,048	370,734
Cash in hand	2,202	2,121
	265,250	372,855

13 Creditors and accruals

	2023	2022
	£	£
Creditors	-	205
Accruals	46,144	38,094
Deferred income (see note below for analysis)	35,595	59,066
Taxation and social security	13,747	19,757
Other creditors	4,679	3,043
	100,165	120,165

Well Women Centre
Notes to the accounts continued
for the year ended 31 March 2023

Deferred income	Deferred to next year	Released from last year
	£	£
Contract with Turning Point Talking Therapies	15,604	39,066
Contract with Liaison and Diversion	10,876	20,000
Contract with NHS Wakefield CCG	9,114	-
	<u>35,594</u>	<u>59,066</u>

Item name	Reason for deferral
Contract with Turning Point Talking Therapies	Value of contract still to deliver
Contract with Liaison and Diversion	Value of contract still to deliver
Contract with NHS Wakefield CCG	Value of contract still to deliver

14 Designated funds	Balance b/f	Incoming	Outgoing	Transfers	Balance c/f
	£	£	£	£	£
Property Purchase	125,895	-	-	-	125,895
	<u>125,895</u>	<u>-</u>	<u>-</u>	<u>-</u>	<u>125,895</u>

Fund name	Reason for designation
Property Purchase	The sale proceeds of the sale of King Street have been designated for the purchase of another property.

15 Related party transactions

Trustee expenses

No trustee received any expenses during this year or the previous year.

Trustee remuneration and benefits

No trustee received any remuneration or benefit during this or the previous year.

Remuneration and benefits received by key management personnel

The total employee benefits received by key management personnel were £55,392 (previous year: £50,784).

16 Operating leases

Expected future minimum lease payments over the remaining life of the lease, analysed into the period in which the commitment falls due:	2023	2022
	£	£
Within one year	-	1,599
In the second to fifth years inclusive	-	5,871
	<u>-</u>	<u>7,470</u>

Well Women Centre

Notes to the accounts continued

for the year ended 31 March 2023

17 Changes to Statement of Financial Activities

During the year to 31 March 2022 an invoice was raised to the Liaison and Diversion Team for the Young Womens Pathway work. However this work was not started during the year to 31 March 2022 and the amount charged should therefore have been included in deferred income to be carried forward to the following year when the work was started.

This income was included in Charitable activities unrestricted income, overstating this amount by £20,000 in the accounts to 31 March 2022.

Since the effect of these changes is material and affects the figures in prior periods, the previous year's figures have been corrected in accordance with FRS102.

Income and endowments from charitable activities	2022 £
Original figure in the accounts for the year ended 31 March 2022	569,446
Income now deferred at 31 March 2022	(20,000)
Restated figure	<u>549,446</u>

Current liabilities deferred income	2022 £
Original figure in the accounts for the year ended 31 March 2022	39,066
Income now deferred at 31 March 2022	20,000
Restated figure	<u>59,066</u>

Unrestricted funds	2022 £
Original figure in the accounts for the year ended 31 March 2022	303,730
Income now deferred at 31 March 2022	(20,000)
Restated figure	<u>283,730</u>

Summary of change on fund balances as reported at 31 March 2022

	Unrestricted funds £	Restricted funds £	Total funds £
Original figure for the year ended 31 March 2022	303,730	76,425	380,155
Amendments	(20,000)	-	(20,000)
Restated figure	<u>283,730</u>	<u>76,425</u>	<u>360,155</u>

Well Women Centre

Statement of Financial Activities including comparatives for all funds (including summary income and expenditure account) for the year ended 31 March 2023

	2023 Unrestricted funds £	2022 Unrestricted funds £	2023 Restricted funds £	2022 Restricted funds £	2023 Total funds £	2022 Total funds £
Income						
Donations and legacies	6,041	1,376	-	-	6,041	1,376
Charitable activities	401,934	207,685	374,637	341,761	776,571	549,446
Other trading activities	90,285	99,206	-	-	90,285	99,206
Investments	1,438	465	-	-	1,438	465
Other	42	-	-	-	42	-
Total income	499,740	308,732	374,637	341,761	874,377	650,493
Expenditure						
Raising funds	17	1,444	129	155	146	1,599
Charitable activities	534,785	351,511	337,872	320,684	872,657	672,195
Total expenditure	534,802	352,955	338,001	320,839	872,803	673,794
Net income / (expenditure)	(35,062)	(44,223)	36,636	20,922	1,574	(23,301)
Transfers between funds	46,708	25,652	(46,708)	(25,652)	-	-
Net movement in funds	11,646	(18,571)	(10,072)	(4,730)	1,574	(23,301)
Fund balances brought forward	283,730	302,301	76,425	81,155	360,155	383,456
Fund balances carried forward	295,376	283,730	66,353	76,425	361,729	360,155

WELL WOMEN CENTRE

England & Wales - Charity number 1107523

Accounts

Well Women Centre

Charity number 1107523

A company limited by guarantee number 05206205

Annual Report and Financial Statements **for the year ended 31 March 2022**



West Yorkshire Community Accounting Service

Well Women Centre

Annual Report and Financial Statements for the year ended 31 March 2022

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Prepared by West Yorkshire Community Accounting Service

Well Women Centre

Trustees' report for the year ended 31 March 2022

Reference and administrative details of the charity, its trustees and advisors

The trustees during the financial year and up to and including the date the report was approved were:

Name	Position	Dates
Mary Roche		Resigned 6 August 2021
Jane Bryant		
Katheryn Fisher		Resigned 14 June 2021
Jane Walton		
Claire Woodhead		Resigned 6 August 2021
Tolu Adedipe		
Rachel Massey	Vice- chair	
Leanne Evans	Chair	Resigned 8 August 2022
Sharon Dominey		Resigned 14 June 2021
Amanda Vickers		Appointed 6 August 2021
Julie Mayhew		Appointed 1 January 2022
Kim Meadmore		Appointed 9 November 2022

Company secretary Lisa Kaye

Charity number 1107523 Registered in England and Wales

Company number 05206205 Registered in England and Wales

Registered and principal address

24 Trinity Church Gate
Wakefield
West Yorkshire
WF1 1TX

Bankers

Unity Bank Plc
9 Brindley Place
Birmingham
B1 2HB

Julian Hodge Bank Ltd
29 Windsor Place
Cardiff
CF10 3BZ

Nationwide BS
5-11 Georges Street
Douglas
Isle of Man
IM99 1AS

Ecology BS
7 Belton Road
Silsden
Keighley
DB20 0EE

Independent examiner

E J Beverley FCCA

West Yorkshire Community Accountancy Service CIO

Stringer House
34 Lupton Street
Leeds
LS10 2QW

Well Women Centre

Trustees' report (continued) for the year ended 31 March 2022

Structure, governance and management

The charity became a company limited by guarantee on 16 August 2004. It was registered as a charity in 1985 and re-registered following incorporation as a company on 10 January 2005. It is governed by a memorandum and articles of association as amended by special resolution dated 7 September 2011 and 31 January 2017. The liability of the members in the event of the company being wound up is limited to a sum not exceeding £1.

The charity is governed by the Board of trustees, working closely with the CEO and senior management team. The trustees have formed dedicated sub committees to address both finance and HR responsibilities and providing opportunity to share and utilise trustees' strengths. The finance committee meet 8 times a year to oversee the financial management of the centre, to ensure probity and security, to identify sources of funding to sustain and develop the organisation's charitable purpose and to support the CEO in securing these funds. The HR subgroup meet 8 times a year to support the CEO in oversight of staff management and development. Both groups form consensus and report to the whole board for ratification.

Method of recruitment and appointment of trustees

The directors of the company are also charity trustees for the purposes of charity law and under the company's Articles are known as members of the Management Group. Under the requirements of the Memorandum and Articles of Association the members of the Management Group are elected to serve for a period of one year after which they must be re-elected at the next Annual General Meeting.

The Charity shall have at least three Trustees comprising:

- (a) the Honorary Officers elected at the Annual General Meeting;
- (b) up to nine Members of the Charity elected at the Annual General Meeting;
- (c) persons appointed in accordance with Article 31.

The company endeavours to maintain a balance of members both from internal volunteers/service users and women with relevant skills from external organisations. In an effort to maintain a broad skill mix, in the event of particular skills being lost due to retirements, individuals are approached to offer themselves for election to the Management Committee. The Management Group also works with local consultants with relevant skills should existing trustees lack these skills.

Objectives and activities

The charity's objects

The Well Women Centre continues to serve its core charitable objects which are:

To promote and protect the good health, both mental and physical of the women in Wakefield regardless of age, class, culture, race, religion, sexual orientation, or medico-social need.

Our Mission has been updated to:

To be the leading organisation in the Wakefield District tackling women's issues relating to mental health and wellbeing, violence and abuse and the associated trauma. Women will continue to be offered high quality, personalised support packages to aid their recovery. We will work collaboratively across sectors to influence policy and support strategic system change.

Well Women Centre

Trustees' report (continued) for the year ended 31 March 2022

The charity's main activities

We offer a range of services for women in the Wakefield District which include:

Twice weekly drop in service

Women can self-refer into our drop in service where we listen to the needs of individual women and work with them to identify which service or services would be of most help for them.

A range of counselling therapies

This includes counselling for women with anxiety and depression, women with multiple & complex needs or women who have experienced significant trauma. We also provide EMDR (Eye Movement Desensitisation and Reprocessing) therapy.

Self-development and wellbeing groups and courses

We provide rolling termly programmes offering a variety of groups and courses, which have been developed in direct response to the presenting needs of women.

Intensive support services for women with multiple disadvantage and complex needs

We provide intensive 1 to 1 case worker support to women affected by the following issues: Domestic Abuse; Childhood Sexual Abuse; Women Apart from their Children; Offending.

A range of Complementary Therapies

Our therapies work holistically to treat the whole person.

BAMER Women's Support

The centre is proud to have developed this service in direct response to the voices of BAMER women across Wakefield.

Our services continue to be delivered in person from our main centre at Trinity Church Gate or within one of our designated outreach venues within the district. We also deliver all services remotely, using either telephone or video platform to enhance accessibility for women in Wakefield.

Women who wish to access our services can do so through self-referral, however many women are directed to us from their GPs, NHS workers, Mental Health workers, Third Sector workers and family or friends.

Public benefit statement

In setting our objectives and planning our activities our trustees have given serious consideration to the Charity Commission's general guidance on public benefit and in particular the advancement of health and the saving of lives. We also operate within other charitable purposes with relation to our work with the rehabilitation of offenders and the prevention of crime.

Achievements and performance

Looking back over the previous year we are proud to have continued offering vital services for women. As Chair of the Board, I am proud that we have worked closely with the CEO to focus on the wellbeing and development of our staff and volunteer teams. We remained mindful of the importance of recreating the connectivity lost when staff teams and volunteers were dispersed and working in virtual isolation during the Covid-19 pandemic. We hosted two whole centre wellbeing events for staff, one virtual and the second one in person when we were able to participate in creative activities miniature pony grooming and lunch together. We've also had Continuing Professional Development training and Safeguarding training Saturdays in person and these have all brought welcome in person connectivity that we had definitely been missing. This focus has brought necessary consolidation for the centre to continue offering support for women in Wakefield and District.

Well Women Centre

Trustees' report (continued) for the year ended 31 March 2022



Trustee quote: I am proud to be a trustee of WWC and share the vision of everyone involved of providing inclusive, safe, and accessible services to the women of Wakefield District. Our policies and procedures and the skills, knowledge, and commitment of all involved ensure we are able to work to high standards and reflect the values we hold dear.

Challenges

The main challenges of the last year have been related to the increased demand for our services with occasionally compromised capacity from staff and volunteer absence due to ill health from Covid or self-isolation from close contacts. Waiting time for our services has been longer than we would want, with obvious implications for women waiting for support. We have made changes to our service to offer additional support, including 'keep in touch' and wellbeing contacts with our clients waiting for start dates. We have continued to ensure a balance of staff and volunteer wellbeing, client need and our commitment to running safe and effective services.

We know how important it is to be in trusted community venues for women to overcome accessibility barriers of psychological safety or more practical, perhaps financial barriers to accessing services that are a bus ride away. We know these barriers are magnified for many more families at the moment and that isolation has become a widespread issue. Social deprivation coupled with pronounced common mental health problems, increased stress and family difficulties are almost universal for our clients now. The added complexity of trauma is sadly prevalent throughout, from childhood or adult trauma but also now as a result of the pandemic, health complications, complex bereavement and onset or worsening of abusive relationships.

After not being able to work in venues in the community at all during the pandemic, we focused on outreaching and even offered some of our services outdoors in Spring 2021. For the last year we have been building our community provision back up to go and meet women where they are. We have secured some regular space within the town centre that is large enough for group work and we have more recently reinstated our counselling and casework provision in the wider district. We have remote access services now as a choice for women when appropriate.

We have more work to do on this. The most recent census information tells us that in Wakefield, the population size has increased by 8.4%, from around 325,800 in 2011 to 353,300 in 2021. This is higher than the average increase in England. Our workforce has grown and we want to utilise space for our team to deliver vital services as part of a whole system across the Wakefield District. Our CEO is seen to actively promote integrated care and partnership working and was invited to take part in an NHS England initiative of Leading for System Change. Within this forum she is able to offer realistic advocacy for the third sector. This is a space that offers strategic consideration of joint working, sharing resource and physical space, working together for each client as a system and we believe this is the only way we can meet this growing need in Wakefield.

Well Women Centre

Trustees' report (continued) for the year ended 31 March 2022

We aim to give each woman more choice to increase accessibility to and engagement with our services. Collaboration is a key value in our work with women, we want to support them to help themselves and make any changes that they choose to lead healthy, fulfilling and safe lives. Our Open House group, where women attend facilitated sessions in a host venue in central Wakefield, is still going strong and offers peer support, crafts and guest speakers and continues to be well attended. We have another peer support group that was founded in the last year. They self-named their group Inspiring Women and we couldn't agree more. Women consistently tell us that they want a shorter waiting time for counselling and we know that this is more conducive for improving mental health and wellbeing at the time that women come forward for help. Reducing waiting times is our priority and we have recently gained funding from Wakefield CCG to increase our delivery and partnership communication capacity.

Success

We were delighted to be awarded contracts for three pilot projects from Wakefield Council during this year. Time2Reflect started in April 2021 to provide services that prioritise women who have previously had children removed from their care and are at risk of further unplanned pregnancy, including those at present risk of having their children removed. The second, Accelerator, mobilised in June 2021 and this project was to build on existing work and to expand multi-agency partnership working in the area to drive sustained health and crime related outcomes. The third project, SATS, began in October 2021 and we were contracted to deliver counselling and therapeutic support to adults that had experienced domestic abuse and were currently placed in Safe Accommodation. The Time2Reflect project, the Wakefield district ADDER Place-based Accelerator project and the Safe Accommodation Therapeutic Support pilot have all had the added value of increasing our credibility in professional forums, building key relationships and enhancing our ability to invest in developing robust partnerships. Ultimately this partnership working allows us to provide the holistic care that we aim for with effective joined up services through seamless pathways that are a unique blend for each woman.

We experienced some changes in our staff and volunteer teams but the level of dedicated support we offer was sustained. Recruitment was successful and we developed an increase in capacity as demand for our services continued to grow. We have had some changes on the Board of Trustees with both Leanne Evans and Rachel Massey as Vice Chairs having stepped in to the role of Chair to lead the Board and work closely with the CEO. We have welcomed two new trustees, our treasurer Amanda, a qualified accountant comes with experience at another charity as treasurer. We also welcomed Julie who worked in a senior role at The Department of Environment, Food and Rural Affairs and has previously worked for The Department of Work and Pensions (DWP) and the Economic Growth and Strategic Housing team within the Council. All of our trustees have been there consistently on Zoom, willing to share their experience and expertise and have successfully navigated leading the centre with the CEO. The trustees and senior management team had a strategic planning day and AGM in person in 2021 and have since moved back in to in person Board meetings.

Our CEO, Lisa has developed her role and key focus areas of strategic leadership, managerial leadership of the centre, accessing and stabilising funding and sustainability. She has maintained good external visibility and our aim is to help her to invest more time in this and to continue development of our existing and new partnerships. Lisa's longevity at the Centre and experience from 2005 as a volunteer, offers staff and volunteers, a consistency and safety that is invaluable for all at this time.

Our staff have continued with dedication to develop their specialist skills and knowledge. They have taken part in external training to enhance our provision. Our team leaders and managers have facilitated weekly in person team meetings and have warmly welcomed new members of staff and volunteers into their folds and they have brought new skills and experience to the Centre. We have scheduled away days for all teams that will incorporate continued team building, service development and wellbeing.

As the Mayor's chosen charity in to 2021, two members of staff were happy to take part in a Cathedral abseil to help raise funds for both Well Women Centre and Andy's Man Club in Wakefield.

Well Women Centre

Trustees' report (continued) for the year ended 31 March 2022



Client quote: The support has been a massive help, I think being around people in similar situations helps me to feel understood, without judgement. The workers have been so kind, knowledgeable and helpful.

Funding update and plan

Our largest source of income still comes from the CCG for delivery of IAPT high intensity therapy with the support of our lead provider, Turning Point Talking Therapies. Our second largest grant is from Wakefield Council for our women's mental health provision, allowing us to continue supporting more women therapeutically and to enhance development of counselling volunteers. We successfully applied for non-recurrent CCG funding from Wakefield's Mental Health Alliance and this provided a boost to our workforce development plan, securing IAPT training for 2 counselling volunteers. We have applied to the Alliance for recurrent funding to allow us to address our significant demand and capacity imbalance.

The Tudor Trust core funding has remained key to our stability this year and we plan to apply for continuation funding from next year as this comes to an end. Our awards from Charles Hayward Foundation, Pilgrim Trust and Henry Smith Charity were all mobilised in April 2021, supporting the Casework provision with salaries for 3 members of staff. We were able to offer dedicated support from the 3 Wakefield Council pilot projects and then we were so delighted to hear that we had been successful in our application for 3 years National Lottery Community Funding which started in January 2022. This rich combination is now allowing us to retain, develop and enhance our vital Casework service and develop our expertise within the team to meet the current volume of need.

We have retained excellent professional relationships with partner organisations in Wakefield and West Yorkshire. Our work with Liaison and Diversion (L&D) continues to flourish with our seconded members of staff and we received non recurrent funding from L&D towards the end of the year to develop pathways for young women at risk of offending. Our work with lead provider Turning Point Talking Therapies remains mutually supportive. The pilots undertaken have enhanced our working relationships with Wakefield and District Domestic Abuse Service, Safe Accommodation Team, Turning Point Inspiring Recovery and Social Care services in Wakefield. We are hopeful that these working relationships will continue to develop into the future.

Well Women Centre

Trustees' report (continued) for the year ended 31 March 2022

Priorities for the future

Our priorities for the near future are to consolidate financially and practically as an organisation and also as a team of individuals that have experienced significant personal and professional change since March 2020. We are committed to continuing to build our infrastructure, with further development of our Operations team, investment in our internet provision, data storage and management capacity. We will remain committed to running safe, effective, and efficient services that are so clearly needed. We will prioritise securing our increased capacity and we have implemented a RESET phase at the Centre. This will allow us to focus on wellbeing and recovery from the increased pressures on our organisation and workforce in the last two years. The Board of Trustees are focusing on developing our new Strategic Plan for 2022-2025 and we will work in close consultation with the CEO, staff and volunteers to ultimately hear and represent the voices of the women we exist to support.

Staff quote: Well Women Centre is an exceptional example of women supporting women. It builds not only the clients that come for support, but their staff, volunteers and trustees too. The support, encouragement and development I have received both on a personal and professional level has been transformational.

Financial review

The net expenditure for the year was £3,301, including net income of £1,429 on unrestricted funds and net expenditure of £4,730 on restricted funds.

At the time of signing these accounts the charity has been impacted by the global Covid-19 virus. The trustees have reassessed the charity's ability to continue for at least 12 months from the date that the accounts are approved and conclude that no material uncertainties exist that cast significant doubt on the charity's ability to continue as a going concern.

The charity has a business continuity plan and money reserves; all agreed by our board of trustees.

Reserves policy

The charity's free reserves, excluding fixed assets, at the year end were £296,830.

Included in this amount are designated funds of £125,895 leaving £170,935. The designated funds relate to the sale proceeds of a property that have been designated for the purchase of another property.

It is the policy of the charity that unrestricted funds that have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This reserves policy is reviewed by the trustees annually.

Well Women Centre

Trustees' report (continued) for the year ended 31 March 2022

Statement of trustees' responsibilities

The trustees (who are also the directors for the purposes of company law) are responsible for preparing the Trustees report and the financial statements in accordance with the applicable law and UK Accounting Standards.

Company law requires the trustees to prepare financial accounts for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for the year. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;

- observe the methods and principles in the Charities SORP;

- make judgements and estimates that are reasonable and prudent;

- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;

- prepare the accounts on a going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (Charities SORP (FRS102)), and in accordance with the special provisions of the Companies Act 2006 relating to small companies.

Signed on behalf of the board of trustees on 19/12/2022

Rachel Massey (Trustee)

Well Women Centre

Independent examiner's report to the trustees of Well Women Centre

I report to the charity trustees on my examination of the accounts of the charitable company for the year ended 31 March 2022, which are set out on pages 11 to 20.

Responsibilities and basis of report

As the charity's trustees of the charitable company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the charitable company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charitable company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act.

I confirm that I am qualified to undertake the examination because I am a member of ACCA which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
- 2 the accounts do not accord with those records; or
- 3 the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
- 4 the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

E J Beverley FCCA

20/12/2022

West Yorkshire Community Accounting Service

Stringer House
34 Lupton Street
Leeds
LS10 2QW

Well Women Centre
Statement of Financial Activities
(including summary income and expenditure account)
for the year ended 31 March 2022

	Notes	2022 Unrestricted funds £	2022 Restricted funds £	2022 Total funds £	2021 Total funds £
Income and endowments from:					
Donations and legacies	(2)	1,376	-	1,376	630
Charitable activities	(3)	227,685	341,761	569,446	512,875
Other trading activities	(4)	99,206	-	99,206	97,874
Bank interest		465	-	465	789
Total income		328,732	341,761	670,493	612,168
Expenditure on:					
Fundraising costs		1,444	155	1,599	12,137
Charitable activities	(5)	351,511	320,684	672,195	578,651
Total expenditure		352,955	320,839	673,794	590,788
Net income		(24,223)	20,922	(3,301)	21,380
Transfers between funds		25,652	(25,652)	-	-
Net movement in funds		1,429	(4,730)	(3,301)	21,380
Fund balances brought forward		302,301	81,155	383,456	362,076
Fund balances carried forward	(7)	303,730	76,425	380,155	383,456

All incoming resources and resources expended derive from continuing activities.

Well Women Centre
Balance sheet
as at 31 March 2022

	2022	2022	2022	2021
	Unrestricted	Restricted	Total	Total
	£	£	£	£
Fixed assets				
Tangible assets	(8) 6,900	-	6,900	6,169
Total fixed assets	<u>6,900</u>	<u>-</u>	<u>6,900</u>	<u>6,169</u>
Current assets				
Debtors and prepayments	(9) 87,270	13,295	100,565	55,079
Cash at bank and in hand	(10) 309,725	63,130	372,855	426,580
Total current assets	<u>396,995</u>	<u>76,425</u>	<u>473,420</u>	<u>481,659</u>
Current liabilities:				
amounts falling due within one year				
Creditors and accruals	(11) 61,099	-	61,099	46,372
Deferred income	39,066	-	39,066	58,000
Total current liabilities	<u>100,165</u>	<u>-</u>	<u>100,165</u>	<u>104,372</u>
Net current assets	<u>296,830</u>	<u>76,425</u>	<u>373,255</u>	<u>377,287</u>
Net assets	<u>303,730</u>	<u>76,425</u>	<u>380,155</u>	<u>383,456</u>
Funds				
Unrestricted funds				
General unrestricted funds	177,835	-	177,835	176,406
Designated funds	(12) 125,895	-	125,895	125,895
Unrestricted funds	<u>303,730</u>	<u>-</u>	<u>303,730</u>	<u>302,301</u>
Restricted funds	<u>-</u>	<u>76,425</u>	<u>76,425</u>	<u>81,155</u>
Total funds	<u>303,730</u>	<u>76,425</u>	<u>380,155</u>	<u>383,456</u>

For the year ending 31 March 2022 the charitable company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the charitable company to obtain an audit of its accounts for the year in question in accordance with section 476. The trustees (who also the directors for the purposes of company law) acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and with FRS 102 (effective January 2019).

The financial statements were approved by the board of trustees on 19/12/2022

Rachel Massey (Trustee)

Well Women Centre
Statement of cash flows
as at 31 March 2022

	2022 £	2021 £
Cash flows from operating activities		
Net cash provided by (used in) operating activities	<u>(48,468)</u>	<u>68,240</u>
Cash flows from investing activities:		
Bank interest received	465	789
Proceed from the sale of property, plant and equipment	-	-
Purchase of property, plant and equipment	<u>(5,722)</u>	<u>(9,253)</u>
Net cash provided by (used in) investing activities	<u>(5,257)</u>	<u>(8,464)</u>
 Change in cash and cash equivalents in the reporting period	(53,725)	59,776
Cash and cash equivalents at beginning for the year	<u>426,580</u>	<u>366,804</u>
Cash and cash equivalents at the end of the year	<u>372,855</u>	<u>426,580</u>
 Reconciliation of net income/(expenditure) to net cash flow from operating activities	2022	2021
Net income/ (expenditure) for the reporting period (as per the statement of financial activities)	(3,301)	21,380
Adjustments for:		
Depreciation charges	4,991	3,084
Bank interest received	(465)	(789)
Loss / (profit) on the sale of fixed assets	-	-
(Increase) / decrease in debtors	(45,486)	(18,664)
Increase / (decrease) in creditors	<u>(4,207)</u>	<u>63,229</u>
Net cash provided by (used in) operating activities	<u>(48,468)</u>	<u>68,240</u>
 Analysis of cash and cash equivalents	2022	2021
	£	£
Cash at bank	370,734	425,322
Cash in hand	<u>2,121</u>	<u>1,258</u>
	<u>372,855</u>	<u>426,580</u>

Well Women Centre

Notes to the accounts

for the year ended 31 March 2022

1 Accounting policies

Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

There has been no change to the accounting policies since last year.

No changes have been made to the accounts for previous years.

Going concern

The trustees are satisfied that there are no material uncertainties about the charity's ability to continue.

Incoming resources

All incoming resources are included in the Statement of Financial Activities (SOFA) when the charity becomes entitled to the resources, it is more likely than not that the trustees will receive the resources and the monetary value can be measured with sufficient reliability.

Grants and donations

Grants and donations are only included in the SOFA when the charity has unconditional entitlement to the resources.

Where grants are related to performance and specific deliverables, they are accounted for as the charity earns the right to consideration by its performance.

Donated goods for resale are valued at the amount actually realised upon their sale.

Donated assets, facilities or services are valued at their estimated value to the charity. This is the price that the charity estimates it would pay in the open market for equivalent items; or services and facilities of equivalent utility to the charity.

Expenditure and liabilities

Expenditure is recognised on an accrual basis as a liability is incurred. Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out the resources and the amount of the obligation can be measured with reasonable certainty.

Taxation

As a charity the organisation benefits from rates relief and is generally exempt from income tax and capital gains tax but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

Tangible fixed assets

Tangible fixed assets costing more than £1,000 are capitalised and included at cost including any incidental expenses of acquisition. Gifted assets are shown at the value to the charity on receipt.

Depreciation is provided on all tangible fixed assets at rates calculated to write off the cost on a straight line basis over their expected useful economic lives as follows:

Fixtures and equipment: over 3 years

Leasehold improvements: over 3 years

Pensions

The charity operates a defined contribution scheme for the benefit of its employees. The costs of contributions are recognised in the year they are payable.

Well Women Centre

Notes to the accounts continued

for the year ended 31 March 2022

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

Leases

Rents under operating leases are charged on a straight line basis over the lease term or to an earlier date if the lease can be determined without financial penalty.

2 Donations and legacies

	2021 Unrestricted funds £	2021 Restricted funds £	2021 Total funds £	2020 Total funds £
General donations	1,376	-	1,376	630
	<u>1,376</u>	<u>-</u>	<u>1,376</u>	<u>630</u>

3 Income from charitable activities

	2022 Unrestricted funds £	2022 Restricted funds £	2022 Total funds £	2021 Total funds £
Grants and donations				
Accelerator Team		38,782	38,782	-
Charles Hayward Foundation	-	24,000	24,000	-
National Lottery Community Fund	-	23,877	23,877	74,628
NHS Wakefield Clinical Commissioning Group	-	26,977	26,977	-
Pilgrim's Trust	-	14,491	14,491	-
The Henry Smith Charity	-	41,400	41,400	-
The Tudor Trust	-	45,000	45,000	47,000
Wakefield Metropolitan District Council	-	122,885	122,885	100,460
West Yorkshire Combined Authority		4,349	4,349	-
Clinical Commissioning Groups (CCGs)	-	-	-	23,000
Garfield Weston Foundation	-	-	-	25,000
Leeds Community Foundation	-	-	-	10,000
Lloyds Bank Foundation	-	-	-	13,313
NOVA Wakefield District Limited	-	-	-	14,550
Smallwood Trust	-	-	-	21,300
The Brelms Trust	-	-	-	4,980
				-
Service level agreements	227,685	-	227,685	178,644
	<u>227,685</u>	<u>341,761</u>	<u>569,446</u>	<u>512,875</u>

4 Other trading activities

	2022 Unrestricted funds £	2022 Restricted funds £	2022 Total funds £	2021 Total funds £
Earned income	-	-	-	71
Staff secondment	99,206	-	99,206	97,803
	<u>99,206</u>	<u>-</u>	<u>99,206</u>	<u>97,874</u>

Well Women Centre
Notes to the accounts continued
for the year ended 31 March 2022

5 Expenditure on charitable activities

	Activities £	Support costs £	Total £
Women's support work	574,112	98,083	672,195
	<u>574,112</u>	<u>98,083</u>	<u>672,195</u>

Support costs

	Charitable activity £	Governance activity £	Total cost £
Salaries	45,037	-	45,037
General running costs	37,743	-	37,743
Payroll charges	1,195	-	1,195
Accounts and independent examination	-	2,160	2,160
HR service	3,644	-	3,644
IT contract	8,291	-	8,291
Governance	-	13	13
	<u>95,910</u>	<u>2,173</u>	<u>98,083</u>

6 Staff costs and numbers

	2022 £	2021 £
Gross salaries	459,340	418,124
Social security costs	38,413	34,195
Employment allowance	(4,000)	(4,000)
Pensions	25,232	23,785
Recruitment	-	293
Staff Health Care	1,769	1,759
Staff supervision	9,711	9,508
Staff expenses	2,606	1,136
Staff training	19,951	2,220
	<u>553,022</u>	<u>487,020</u>

The average number employees during the year was 20.8, being an average of 15.5 full time equivalent (2021: 19.3, 14.5 FTE).

There were no employees with emoluments above £60,000.

Defined contribution pension scheme

	2022 £	2021 £
Costs of the scheme to the charity for the year	25,232	23,785
Amount of any contributions outstanding at the year end	2,998	-

Well Women Centre
Notes to the accounts continued
for the year ended 31 March 2022

7 Restricted funds	Balance b/f £	Incoming £	Outgoing £	Transfers £	Balance c/f £
Welfare fund	3,727	-	3,727	-	-
WMDC (Counselling)	14,320	80,160	79,696	(10,421)	4,363
Lloyds Caseworker Fund	4,623	-	4,623	-	-
WMDC (Refugee resettlement)	11,674	-	5,888	-	5,786
Tudor Trust	35,798	45,000	46,673	-	34,125
Adult Safeguarding Board	5,000	-	1,209	-	3,791
CCG/IAPT:Advance CCG Fund	6,013	-	6,013	-	-
Charles Hayward fund	-	24,000	23,266	(734)	-
Henry Smith fund	-	41,400	36,350	(4,624)	426
Pilgrim's Trust	-	14,491	14,217	(274)	-
Casework fund - PIP +	-	23,877	100	-	23,777
Time2Reflect fund	-	33,333	29,507	(3,569)	257
CCG/IAPT:MHA	-	26,977	26,977	-	-
Accelerator Team	-	38,782	33,433	(4,992)	357
Safer Streets WYCA	-	4,349	806	-	3,543
SATS WMDC	-	9,392	8,354	(1,038)	-
	<u>81,155</u>	<u>341,761</u>	<u>320,839</u>	<u>(25,652)</u>	<u>76,425</u>

Fund name

Welfare fund

WMDC (Counselling)

Lloyds Caseworker Fund

WMDC (Refugee resettlement)

Tudor Trust

Adult Safeguarding Board

CCG/IAPT:Advance CCG Fund

Charles Hayward fund

Henry Smith fund

Pilgrim's Trust

Casework fund - PIP +

Time2Reflect fund

CCG/IAPT:MHA

Accelerator Team

Purpose of restriction

Funds provided by the West Yorkshire Probation Service for meeting costs incurred by those beneficiaries of the charity who are in need.

This is to provide counselling and group services for women. This also supports our volunteers across the centre.

To pay for a caseworkers salary for 3 years from March 2018.

To offer a women's support group to provide a service for Syrian Refugees.

Core funding towards CEO salary. Additional £2,000 was received for staff, volunteer and trustee wellbeing.

Towards domestic abuse awareness raising campaign.

To increase the counselling provision at WWC and reduce the waiting time for counselling by employing 1.5 full time equivalent additional counsellors for a six month period.

To provide emotional and practical support to women with complex needs who have experienced domestic abuse or criminal exploitation.

Towards salary and on costs of a Casework Manager and Caseworker at a project providing support to women and girls who have experienced domestic abuse or trauma in Wakefield.

Towards casework service - providing a support package consisting of emotional and practical support for women recovering from trauma.

To grow and enhance our Casework service; increase our focus on minority ethnic communities, continue developing peer support groups and increasing outreach support, strengthening the pathway between casework and counselling support.

To address trauma to reduce the likelihood of repeat pregnancies and provide individual support packages tailored to the needs of women and partner/support network.

To increase counselling capacity to reduce the waiting time for counselling.

Towards the project ADDER; (Addiction, Diversion, Disruption, Enforcement and Recovery)

Well Women Centre

Notes to the accounts continued

for the year ended 31 March 2022

7 Restricted funds (continued)

Fund name	Purpose of restriction
Safer Streets WYCA	To co-facilitate 'Understand Women and Girls' use of parks, their experience and perception of safety in parks.
SATS WMDC	Pilot project to undertake and provide assessment and counselling and therapeutic support to adult victims of domestic abuse residing in safe accommodation, to promote victims recovery from domestic abuse.
	All transfers relate to management costs unless noted above.

8 Tangible assets

	Fixtures and equipment	Leasehold Improvements	Total
<u>Cost</u>	£	£	£
At 1 April 2021	37,899	4,390	42,289
Additions	-	5,722	5,722
Disposals	(14,130)	-	(14,130)
At 31 March 2022	<u>23,769</u>	<u>10,112</u>	<u>33,881</u>
 <u>Depreciation</u>			
At 1 April 2021	31,730	4,390	36,120
Depn reversed re. disposals	(14,130)	-	(14,130)
Charge for year	3,084	1,907	4,991
At 31 March 2022	<u>20,684</u>	<u>6,297</u>	<u>26,981</u>
 <u>Net book value</u>			
At 31 March 2022	<u>3,085</u>	<u>3,815</u>	<u>6,900</u>
At 31 March 2021	<u>6,169</u>	<u>-</u>	<u>6,169</u>

9 Debtors and prepayments

	2022	2021
	£	£
Debtors	99,746	53,931
Prepayments	819	1,148
	<u>100,565</u>	<u>55,079</u>

10 Cash at bank and in hand

	2022	2021
	£	£
Cash at bank	370,734	425,322
Cash in hand	2,121	1,258
	<u>372,855</u>	<u>426,580</u>

11 Creditors and accruals

	2022	2021
	£	£
Creditors	23,005	14,183
Accruals	38,094	32,189
	<u>61,099</u>	<u>46,372</u>

Well Women Centre
Notes to the accounts continued
for the year ended 31 March 2022

12 Designated Funds	Balance b/f £	Incoming £	Outgoing £	Transfers £	Balance c/f £
Property Purchase	125,895	-	-	-	125,895
	<u>125,895</u>	<u>-</u>	<u>-</u>	<u>-</u>	<u>125,895</u>

Fund name	Purpose of restriction
Property Purchase	The sale proceeds of the sale of King Street have been designated for the purchase of another property by the trustees.

13 Related party transactions

Trustee expenses

No trustee received any expenses during this year or the previous year.

Trustee remuneration and benefits

No trustee received any remuneration or benefit during this or the previous year.

Key management personnel

The key management personnel of the charity include the trustees and the CEO. The total employee benefits received by the CEO was £50,783 (previous year: £53,024).

No trustee received any remuneration or benefit in this capacity during this or the previous year.

14 Operating leases

Expected future minimum lease payments over the remaining life of the lease, analysed into the period in which the commitment expires:

	2022	2021
	£	£
Within one year	1,599	1,593
In the second to fifth years inclusive	<u>5,871</u>	<u>-</u>
	<u>7,470</u>	<u>1,593</u>

Well Women Centre

Statement of Financial Activities including comparatives for all funds (including summary income and expenditure account) for the year ended 31 March 2022

	2022 Unrestricted funds £	2021 Unrestricted funds £	2022 Restricted funds £	2021 Restricted funds £	2022 Total funds £	2021 Total funds £
Income						
Donations and legacies	1,376	630	-	-	1,376	630
Charitable activities	227,685	221,813	341,761	291,062	569,446	512,875
Other trading activities	99,206	97,874	-	-	99,206	97,874
Bank interest	465	789	-	-	465	789
Total income	328,732	321,106	341,761	291,062	670,493	612,168
Expenditure						
Fundraising costs	1,444	11,668	155	469	1,599	12,137
Charitable activities	351,511	311,078	320,684	267,573	672,195	578,651
Total expenditure	352,955	322,746	320,839	268,042	673,794	590,788
Net income / (expenditure)	(24,223)	(1,640)	20,922	23,020	(3,301)	21,380
Transfers between funds	25,652	36,441	(25,652)	(36,441)	-	-
Net movement in funds	1,429	34,801	(4,730)	(13,421)	(3,301)	21,380
Fund balances brought forward	302,301	267,500	81,155	94,576	383,456	362,076
Fund balances carried forward	303,730	302,301	76,425	81,155	380,155	383,456

WELL WOMEN CENTRE

England & Wales - Charity number 1107523

Accounts

Well Women Centre

Charity number 1107523

A company limited by guarantee number 05206205

Annual Report and Financial Statements **for the year ended 31 March 2021**



West Yorkshire Community Accounting Service

Well Women Centre

Annual Report and Financial Statements for the year ended 31 March 2021

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Prepared by West Yorkshire Community Accounting Service

Well Women Centre

Trustees' report for the year ended 31 March 2021

Reference and administrative details of the charity, its trustees and advisors

The trustees during the financial year and up to and including the date the report was approved were:

Name	Position	Dates
Mary Roche	Chair	Resigned 6 August 2021
Jane Bryant		
Katheryn Fisher		Resigned 14 June 2021
Jane Walton		
Claire Woodhead		Resigned 6 August 2021
Tolu Adedipe		
Rachel Massey		
Leanne Evans		
Sharon Dominey		Resigned 14 June 2021
Amanda Vickers		Appointed 6 August 2021

Secretary	Lisa Kaye	Appointed 1 May 2020
Charity number	1107523	Registered in England and Wales
Company number	05206205	Registered in England and Wales

Registered and principal address

24 Trinity Church Gate
Wakefield
West Yorkshire
WF1 1TX

Bankers

Unity Bank Plc	Julian Hodge Bank Ltd	Nationwide BS	Ecology BS
9 Brindley Place	29 Windsor Place	5-11 Georges Street	7 Belton Road
Birmingham	Cardiff	Douglas	Silsden
B1 2HB	CF10 3BZ	Isle of Man	Keighley
		IM99 1AS	DB20 0EE

Independent examiner

E J Beverley FCCA

West Yorkshire Community Accounting Service

Stringer House
34 Lupton Street
Leeds
LS10 2QW

Structure, governance and management

The charity became a company limited by guarantee on 16 August 2004. It was registered as a charity in 1985 and re-registered following incorporation as a company on 10 January 2005. It is governed by a memorandum and articles of association as amended by special resolution dated 7 September 2011 and 31 January 2017. The liability of the members in the event of the company being wound up is limited to a sum not exceeding £1.

Well Women Centre

Trustees' report (continued) for the year ended 31 March 2021

Structure, governance and management (continued)

The charity is governed by the Board of trustees, working closely with the CEO and senior management team. The trustees have formed dedicated sub committees to address both finance and HR responsibilities and providing opportunity to share and utilise trustees' strengths. The finance committee meet 8 times a year to oversee the financial management of the centre, to ensure probity and security, to identify sources of funding to sustain and develop the organisation's charitable purpose and to support the CEO in securing these funds. The HR subgroup meet 8 times a year to support the CEO in oversight of staff management and development. Both groups form consensus and report to the whole board for ratification.

Method of recruitment and appointment of trustees

The directors of the company are also charity trustees for the purposes of charity law and under the company's Articles are known as members of the Management Group. Under the requirements of the Memorandum and Articles of Association the members of the Management Group are elected to serve for a period of one year after which they must be re-elected at the next Annual General Meeting.

The Charity shall have at least three Trustees comprising:

- (a) the Honorary Officers elected at the Annual General Meeting;
- (b) up to nine Members of the Charity elected at the Annual General Meeting;
- (c) persons appointed in accordance with Article 31.

The company endeavours to maintain a balance of members both from internal volunteers/service users and women with relevant skills from external organisations. In an effort to maintain a broad skill mix, in the event of particular skills being lost due to retirements, individuals are approached to offer themselves for election to the Management Committee. The Management Group also works with local consultants with relevant skills should existing trustees lack these skills.

Objectives and activities

The charity's objects

The Well Women Centre continues to serve its core charitable objects which are:

To promote and protect the good health, both mental and physical of the women in Wakefield regardless of age, class, culture, race, religion, sexual orientation, or medico-social need.

Our Mission has been updated to:

To be the leading organisation in the Wakefield District tackling women's issues relating to mental health and wellbeing, violence and abuse and the associated trauma. Women will continue to be offered high quality, personalised support packages to aid their recovery. We will work collaboratively across sectors to influence policy and support strategic system change.

The charity's main activities

We offer a range of services for women in the Wakefield District which include:

Twice weekly drop in service

Women can self-refer into our drop in service where we listen to the needs of individual women and work with them to identify which service or services would be of most help for them.

A range of counselling therapies

This includes counselling for women with anxiety and depression, women with multiple complex needs or women who have experienced significant trauma. We also provide EMDR, Eye Movement Desensitisation and Reprocessing.

Self-development and wellbeing groups and courses

We provide rolling termly programmes offering a variety of groups and courses, which have been developed in direct response to the presenting needs of women.

Well Women Centre

Trustees' report (continued) for the year ended 31 March 2021

The charity's main activities (continued)

Intensive support services for women with multiple disadvantage and complex needs

We provide intensive 1 to 1 case worker support to women affected by the following issues: Domestic Abuse; Childhood Sexual Abuse; Women Apart from their Children; Offending.

A range of Complementary Therapies

Our therapies work holistically to treat the whole person.

BAMER Women's Support

The centre is proud to have developed this service in direct response to the voices of BAMER women across Wakefield.

Our services continue to be delivered in person from our main centre at Trinity Church Gate or within one of our designated outreach venues within the district. We also deliver all services remotely, using either telephone or video platform to enhance accessibility for women in Wakefield.

Women who wish to access our services can do so through self-referral, however many women are directed to us from their GPs, NHS workers, Mental Health workers, Third Sector workers and family or friends.

Public benefit statement

In setting our objectives and planning our activities our trustees have given serious consideration to the Charity Commission's general guidance on public benefit and in particular the advancement of health and the saving of lives. We also operate within other charitable purposes with relation to our work with the rehabilitation of offenders and the prevention of crime.

Achievements and Performance

The key achievement we must reference this year is the centre's agile navigation of the Covid-19 global pandemic. The centre responded by adapting, and continued to run vital services for women through the challenges of 2020 and into 2021. We have been significantly supported by existing and new funders to make the necessary adaptations and as a Board of Trustees we have provided support for staff and volunteers. All of this was carried out during a period of significant internal change, we appointed a new CEO in April 2020, the previous holder progressed to another charitable organisation. As this was an internal appointment following robust procedures, it led to an organisational restructure and added challenge which has been successfully navigated by the CEO demonstrating exceptional resilience and professionalism.

We have a dedicated team of 21 staff and 20 volunteers. Our workforce development plan alongside our commitment to addressing women's mental health and wellbeing, has compounded one of our priorities; to enhance and increase opportunities for women to develop new skills through high quality employment, volunteering, and training. Our staff and volunteer team share a wealth of knowledge, experience and expertise and we have provided training to encourage skill sharing and develop competencies. This level of excellence in our delivery is as equal in importance as the need for empathy, understanding, care and respect for women from the moment they connect with the centre.

The knowledge and expertise of our team is much sought after, with our leadership team often consulted on women's issues and in supporting people with multiple and complex needs. Our CEO participates in meetings throughout the district, including the Domestic Abuse Management Board and MARAC steering group, Mental Health Stakeholder meetings and is often invited to round table events focussing on the effects of abuse, inequality and gender based violence. Our leadership team participate in meetings with the West Yorkshire Improving Women's Lives network, mental health interface, bereavement forum and are often invited to operational and strategic steering groups. Our leadership team at the centre are also asked for evidence to inform local and national service provision by elected members.

Well Women Centre

Trustees' report (continued) for the year ended 31 March 2021

Achievements and Performance (continued)

Our comprehensive risk assessment has been the foundation for safe and effective working throughout the pandemic. We are proud to note that all mitigation that we have employed to limit the spread of the virus have been successful. Our working bubbles, cleaning measures, building adaptations, self-contained working spaces and PPE have all played a part in avoiding an outbreak at the Centre. We have had staff and volunteers that have tested positive for Covid 19, but our planning and procedures have meant that they have remained isolated from the rest of the team and whole service delivery has not been interrupted.

We have received feedback from both Public Health England and at our most recent Health and Safety external assessment, that has noted our 'above-and-beyond' measures in creating and sustaining a Covid secure working environment

The global crisis tested our agility and dynamic approach and in turn has brought some key achievements in the last year. Key achievements include developing our remote service offer, reducing our counselling waiting list, which is under increased demand, adapting our referral process, upgrading our website and maintaining high standards of staff and volunteer wellbeing support.

Enhanced Administrative Functioning

Being thrust into remote working created an urgent need for an enhanced administrative structure. Our Operations Team and CEO developed effective work from home guidance and electronic systems to support client work. The Centre embraced the role out of Microsoft Teams and our Admin team developed an electronic diary, contact and booking systems. Our Safeguarding Manager worked with the CEO to ensure a continuation of a robust system and accurate recording; recreating the connection, support and objectivity needed for risk management when working separately from each other.

Developing our remote service offer

Our Counselling service adapted quickly to telephone and Teams working. All our staff counsellors attended external training to hone their skills to working in this way. The Team Leaders trained our counselling volunteers, both in the use of Teams and in developing their skills for remote working. One to one counselling translated well to remote working and we have not needed to change it since rolling it out in July 2020. The benefits of working in this way have included reducing the challenge of securing physical room space in a busy centre diary. We have continued to support our counselling volunteers to work from the building remotely with their clients and this has meant that they can still reap the benefits of a physical support network around them.

Our Casework service also adapted seamlessly, increasing the nominal amount of telephone contacts that they offered, to being the typical contact. Again, they have not needed to amend their approach since last year. Caseworkers were already undertaking some client contacts in this way prior to the pandemic, but again this has enhanced their skill sets and expanded this offer to video platform too.

Group work within casework was slower to develop and it is only recently that the uptake and engagement for group work online has improved to normal levels. Support Services of complementary therapies and courses have also transitioned online where possible. Touch therapies have needed to be suspended for the moment, but we plan to reintroduce them in September if restrictions allow.

Courses have an increased uptake and we have become more skilled in using Teams to better replicate the peer support experience that courses inherently offer. Uptake and engagement in remote services has been high. We have undertaken two formal client consultation periods to shape our offer to meet the needs of the women coming to us. In response we have developed a 'walk and talk' group offer, and we continue to offer check in, and welfare calls while women are waiting.

Well Women Centre

Trustees' report (continued) for the year ended 31 March 2021

Waiting list and referral process

As we had expected, demand for our services has sustained and increased at points. We have been able to reduce our waiting list slightly but even with increased throughput, we still have 300 women waiting for counselling. While women are waiting we were hearing from them that they were isolated and lonely. In response we offered regular 121 and the option of group wellbeing calls, covering topics including anxiety and stress, sleep and wellbeing. In the first quarter of 2021 for example, we facilitated 86 wellbeing calls and sent out almost 100 wellbeing packs to clients. In the second quarter to date we have facilitated a further 11 wellbeing calls and 48 wellbeing packs have been sent.

We have developed a new referral process to replace our twice weekly 'drop in' which is how women have self-referred to the Centre throughout our 35-year history. We have created and promoted a remote registration offer that means women can telephone or email brief details to generate an 'assessment' appointment. We believe this approach has enhanced inclusion and accessibility, however the knock-on effect of this, is evidentially an increased and unfaltering demand for our services.

Website

As part of our remote service offer, our website needed to be upgraded. We secured a small pot of funding and informed by a working group of staff and trustees, plus client consultation, we employed the services of a local website developer. One of the consulted clients recently shared their response:

'Just wanted to give some positive feedback about the updated / new well women centre website. It looks brilliant!!!! It looks up to date and very relevant to the society and world we live in 2021. I love the illustrations and how it has all been set out. Well done, I am sure it was a team effort. I attended an online session during the Covid lockdowns where we were asked to visit the website and make comments during the session about if it could possibly be improved. It is lovely to see the updated website.'

Staff and Volunteer wellbeing

The Centre has always valued the staff and volunteer commitment to working in a sometimes challenging sector within mental health provision and we wanted to reiterate and promote the need for self-care when continuing to work through a global pandemic that each individual is personally affected by.

We have sent care packages to staff and volunteers and offered a virtual wellbeing day, with an in-person event planned for September 2021. We have created an internal monthly newsletter to maintain connectivity and we have found sharing photos to be effective in replicating those less formal and non-agenda driven connections. We have continued to offer private healthcare provision to staff and additional clinical supervision sessions have been made available.

'Just wanted to say thanks very much for this morning. I loved opening the post yesterday and seeing the origami paper and the little treats, and I really enjoyed the event today. It's just lovely being involved again, and being amongst brilliant women, and feeling valued. Loved it.'

Board of Trustees

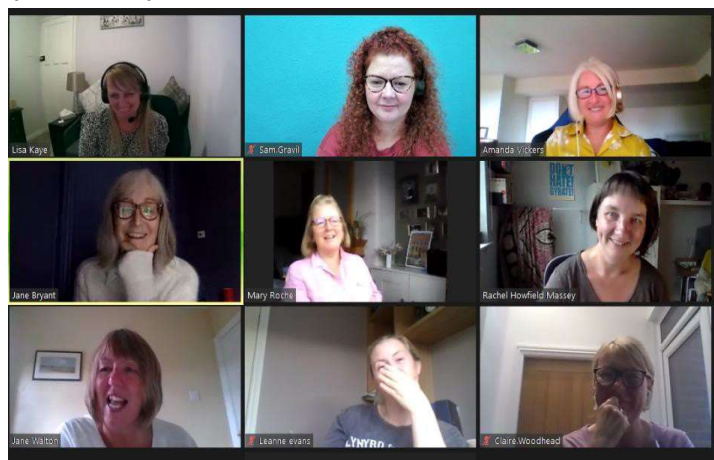
Our Board of Trustees has seen some changes during the year. Our committed board of nine trustees helped steer the charity through the most challenging period of 2020 and beyond our AGM. We had two resignations in early 2021 due to family and work commitments and our Chair later stepped down due to some health issues. The foundational work we had previously undertaken to refine our recruitment process has been invaluable in attracting new trustees and seamlessly building our Board back up to continue offering effective governance. We are delighted to have recently recruited an experienced Treasurer, another trustee with vast experience in the public sector and we have a new Chair in role. All these actions have contributed to ensuring that the Well Women Centre continues to operate as a going concern.

The Board have worked collaboratively and consistently to provide professional and strategic support to the CEO and staff while navigating such an unknown landscape. We evidence our commitment to the centre by a switch to six weekly, video platform hosted meetings which have been well attended for over a year now.

Well Women Centre

Trustees' report (continued) for the year ended 31 March 2021

Board of Trustees (continued)



Challenges

The main challenges of the last year have been related to the continual adaptation needed in regard to service delivery, to remain in line with local and national guidance and in keeping with what our client group want. We have needed to absorb increased demand with at times compromised capacity from staff and volunteer absence due to ill health from Covid or self-isolation from close contacts. Not always being able to meet need is a challenge for all and for an organisation founded as women offering support to other women, we have needed to make some difficult decisions. We have needed to ensure balance of staff and volunteer wellbeing, client need and our commitment to running safe and effective services. This is a familiar balance for the centre but this last year, with gravitas like never before.

Success

We received some funding from Wakefield's Safeguarding Adult Board to deliver some community domestic abuse awareness raising workshops and although hindered by the local and national restrictions being extended, we have now run 3 out of 4 of them and feedback from attendees has been overwhelmingly positive.

'I just want to say this is the first time I felt someone/ an organisation fully understood my story + my abuse. And ultimately understood me.'

We are proud to have been chosen as one of the incoming Mayor of Wakefield's chosen charities this year. The Mayor has chosen to support gender specific mental health and wellbeing and is working both with the WWC and Andy's Man Club to help raise awareness and fundraising support. We will be using this opportunity to raise awareness of gender specific needs and support available.



Well Women Centre

Trustees' report (continued) for the year ended 31 March 2021

Funding update and plan

The Garfield Weston Grant has helped us to address our deficit of the last financial year and for 2021/2022 we have forecast a balance.

Our 5 year National Lottery Community Fund came to an end in September 2020 and due to the pandemic there was a suspension of applications for continuation of funding from the National Lottery. We were successful in our application to their Coronavirus Community Support fund and this allowed us to retain our vital Casework service and the expertise that we had developed within it.

We have been successful in maintaining a reduced level of our Casework service from April 2021 through grants from Charles Hayward Foundation, Pilgrim Trust and Henry Smith Charity. These organisations are all new funders to the centre and we are extremely grateful for their support for the next 2 years. We were also successful in securing funding for Casework from Wakefield Council which was in recognition of the work that we had developed in Casework for women separated from their children. This is an 18 month pilot with the hope of extending further. We are now through to stage 2 with our National Lottery application. If successful, this would offer longer term security and in the immediacy enhance our Casework offer to meet the current volume of need.

Our largest source of income still comes from the CCG for delivering IAPT counselling with the support of our lead partner, Turning Point Talking Therapies. Our second largest grant is from Wakefield Council for our women's mental health provision, allowing us to continue supporting more women therapeutically and to enhance development of counselling volunteers. The Tudor Trust funding also remains key to our stability for this and into the next financial year. This year they have contributed an additional £2,000 with the specific focus on staff and volunteer wellbeing.

We have excellent professional relationships with partner organisations in Wakefield and West Yorkshire. Our work with Liaison and Diversion continues to flourish with our seconded members of staff and our work with lead provider Turning Point Talking Therapies remains mutually supportive. We were successful in gaining some non recurrent funding from the CCG to offer additional counselling for 6 months and we have also been supported financially by the BRELMS trust, Livewell Wakefield, the Community Foundation and the Smallwood Trust. We are hopeful that these working relationships will continue to develop in to the future.

Priorities for the future

Our priorities for the future are to build on our existing Operations team in recognition of the growing pressure on our infrastructure. The increased demand for our services, not only needs to be met by funding to provide additional client facing staff but also back office support. Month on month we are seeing an increasing number of clients registering with us, hence increased processing of the external and internal communication and coordination. Increased front facing staff equates to additional HR, finance and other governance responsibilities. To continue to run safe, effective, and efficient services that are so clearly needed, we will prioritise securing and increasing our capacity, front facing and our Operations team at the heart of the centre, ultimately benefitting the women of Wakefield district that we exist to support.

Well Women Centre

Trustees' report (continued) for the year ended 31 March 2021

Financial review

The net income for the year was £21,380, including net income of £34,801 on unrestricted funds and net payments of £13,421 on restricted funds after transfers.

We have produced a budget and forecast of our financial position for the coming year. The Board of Trustees have scrutinised and approved the budget. The budget has since been reviewed in August 2021. Our forecasting and review informs us that there will be a slight adjustment to expected salary expenditure due to a minimal change in the staffing structure. We have based our forecasting on secured income and expenditure committed to and that which is projected. We have a slight deficit. We have potential additional income pending from funding applications that are currently being assessed.

We have continued to identify cost savings where possible from the changes in the way we operate due to the impact of Covid-19. Work from the building has increased in 2020 but activity is still not up to previous the levels. Hence, utility bills are slightly reduced, as is the required provision of refreshments for staff and volunteers and travel expenses.

Our main sources of income have remained unchanged. We have continued to deliver expected outcomes against these contracts and grants by transitioning and adapting to hybrid working.

At the time of signing these accounts the charity continues to navigate the impact of the global Covid-19 virus. The trustees have reassessed the charity's ability to continue for at least 12 months from the date that the accounts are approved and conclude that no material uncertainties exist that cast significant doubt on the charity's ability to continue as a going concern

Reserves policy

The charity's free reserves, excluding fixed assets, at the year end were £296,132.

It is the policy of the charity that unrestricted funds that have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised.

Included in this amount are designated funds of £125,895 leaving £170,237. This represents approximately 3.5 months of annual expenditure.

The designated funds relate to the sale proceeds of a property that have been designated for the purchase of another property.

Well Women Centre

Trustees' report (continued) for the year ended 31 March 2021

Statement of trustees' responsibilities

The trustees (who are also the directors for the purposes of company law) are responsible for preparing the Trustees report and the financial statements in accordance with the applicable law and UK Accounting Standards.

Company law requires the trustees to prepare financial accounts for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for the year. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;

- observe the methods and principles in the Charities SORP;

- make judgements and estimates that are reasonable and prudent;

- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;

- prepare the accounts on a going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (Charities SORP (FRS102)), and in accordance with the special provisions of the Companies Act 2006 relating to small companies.

Signed on behalf of the board of trustees on 15/12/2021

Leanne Evans (Trustee)

Well Women Centre

Independent examiner's report to the trustees of Well Women Centre

I report to the charity trustees on my examination of the accounts of the charitable company for the year ended 31 March 2021, which are set out on pages 12 to 21.

Responsibilities and basis of report

As the charity's trustees of the charitable company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the charitable company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charitable company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act.

I confirm that I am qualified to undertake the examination because I am a member of ACCA which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
- 2 the accounts do not accord with those records; or
- 3 the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
- 4 the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

E J Beverley FCCA

20/12/2021

West Yorkshire Community Accounting Service

Stringer House
34 Lupton Street
Leeds
LS10 2QW

Well Women Centre

Statement of Financial Activities

(including summary income and expenditure account)

for the year ended 31 March 2021

	Notes	2021 Unrestricted funds £	2021 Restricted funds £	2021 Total funds £	2020 Total funds £
Income from:					
Charitable activities	(2)	222,443	291,062	513,505	493,493
Other trading activities	(3)	97,874	-	97,874	111,023
Bank interest		789	-	789	1,537
Other income		-	-	-	1,005
Total income		<u>321,106</u>	<u>291,062</u>	<u>612,168</u>	<u>607,058</u>
Expenditure on:					
Fundraising costs		11,668	469	12,137	1,607
Charitable activities	(4)	<u>311,078</u>	<u>267,573</u>	<u>578,651</u>	<u>606,914</u>
Total expenditure		<u>322,746</u>	<u>268,042</u>	<u>590,788</u>	<u>608,521</u>
Net income / (expenditure)		(1,640)	23,020	21,380	(1,463)
Transfers between funds	(6)	<u>36,441</u>	<u>(36,441)</u>	<u>-</u>	<u>-</u>
Net movement in funds		<u>34,801</u>	<u>(13,421)</u>	<u>21,380</u>	<u>(1,463)</u>
Fund balances brought forward		<u>267,500</u>	<u>94,576</u>	<u>362,076</u>	<u>363,539</u>
Fund balances carried forward	(6)	<u>302,301</u>	<u>81,155</u>	<u>383,456</u>	<u>362,076</u>

All incoming resources and resources expended derive from continuing activities.

Well Women Centre
Balance sheet
as at 31 March 2021

	2021	2021	2021	2020
	Unrestricted	Restricted	Total	Total
	£	£	£	£
Fixed assets				
Tangible assets	(7) 6,169	-	6,169	-
Total fixed assets	<u>6,169</u>	<u>-</u>	<u>6,169</u>	<u>-</u>
Current assets				
Debtors and prepayments	(8) 55,079	-	55,079	36,415
Cash at bank and in hand	(9) 321,425	105,155	426,580	366,804
Total current assets	<u>376,504</u>	<u>105,155</u>	<u>481,659</u>	<u>403,219</u>
Current liabilities:				
amounts falling due within one year				
Creditors and accruals	(10) 46,372	-	46,372	41,143
Deferred income	34,000	24,000	58,000	-
Total current liabilities	<u>80,372</u>	<u>24,000</u>	<u>104,372</u>	<u>41,143</u>
Net current assets / (liabilities)	<u>296,132</u>	<u>81,155</u>	<u>377,287</u>	<u>362,076</u>
Net assets	<u>302,301</u>	<u>81,155</u>	<u>383,456</u>	<u>362,076</u>
Funds				
Unrestricted funds				
General unrestricted funds	176,406	-	176,406	141,605
Designated funds	(11) 125,895	-	125,895	125,895
Total unrestricted funds	302,301	-	302,301	267,500
Restricted funds	-	81,155	81,155	94,576
Total funds	<u>302,301</u>	<u>81,155</u>	<u>383,456</u>	<u>362,076</u>

For the year ending 31 March 2021 the charitable company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the charitable company to obtain an audit of its accounts for the year in question in accordance with section 476. The trustees (who also the directors for the purposes of company law) acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and with FRS 102 (effective January 2019).

The financial statements were approved by the board of trustees on 15/12/2021

Leanne Evans (Trustee)

Well Women Centre
Statement of cash flows
for the year ended 31 March 2021

	2021 £	2020 £
Cash flows from operating activities		
Net cash provided by (used in) operating activities	<u>68,240</u>	<u>20,054</u>
Cash flows from investing activities:		
Bank interest received	789	1,537
Purchase of property, plant and equipment	<u>(9,253)</u>	<u>-</u>
Net cash provided by (used in) investing activities	<u>(8,464)</u>	<u>1,537</u>
 Change in cash and cash equivalents in the reporting period	59,776	21,591
Cash and cash equivalents at beginning for the year	<u>366,804</u>	<u>345,213</u>
Cash and cash equivalents at the end of the year	<u>426,580</u>	<u>366,804</u>
 Reconciliation of net income/(expenditure) to net cash flow from operating activities		
	2021	2020
Net income/ (expenditure) for the reporting period (as per the statement of financial activities)	21,380	(1,463)
Adjustments for:		
Depreciation charges	3,084	1,162
Bank interest received	(789)	(1,537)
Loss / (profit) on the sale of fixed assets	-	-
(Increase) / decrease in debtors	(18,664)	39,095
Increase / (decrease) in creditors	<u>63,229</u>	<u>(17,203)</u>
Net cash provided by (used in) operating activities	<u>68,240</u>	<u>20,054</u>
 Analysis of cash and cash equivalents		
	2021 £	2020 £
Cash at bank	425,322	365,260
Cash in hand	<u>1,258</u>	<u>1,544</u>
	<u>426,580</u>	<u>366,804</u>

Well Women Centre

Notes to the accounts

for the year ended 31 March 2021

1 Accounting policies

Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

There has been no change to the accounting policies since last year.

No changes have been made to the accounts for previous years.

Going concern

The trustees are satisfied that there are no material uncertainties about the charity's ability to continue.

Incoming resources

All incoming resources are included in the Statement of Financial Activities (SOFA) when the charity becomes entitled to the resources, it is more likely than not that the trustees will receive the resources and the monetary value can be measured with sufficient reliability.

Grants and donations

Grants and donations are only included in the SOFA when the charity has unconditional entitlement to the resources.

Where grants are related to performance and specific deliverables, they are accounted for as the charity earns the right to consideration by its performance.

Donated goods for resale are valued at the amount actually realised upon their sale.

Donated assets, facilities or services are valued at their estimated value to the charity. This is the price that the charity estimates it would pay in the open market for equivalent items; or services and facilities of equivalent utility to the charity.

Expenditure and liabilities

Expenditure is recognised on an accrual basis as a liability is incurred. Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out the resources and the amount of the obligation can be measured with reasonable certainty.

Taxation

As a charity the organisation benefits from rates relief and is generally exempt from income tax and capital gains tax but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

Tangible fixed assets

Tangible fixed assets costing more than £1,000 are capitalised and included at cost including any incidental expenses of acquisition. Gifted assets are shown at the value to the charity on receipt.

Depreciation is provided on all tangible fixed assets at rates calculated to write off the cost on a straight line basis over their expected useful economic lives as follows:

Project and office equipment: over 5 years

Computer equipment: over 3 years

Leasehold improvements: over 3 years

Well Women Centre

Notes to the accounts

for the year ended 31 March 2021

1 Accounting policies continued

Pensions

The charity operates a defined contribution scheme for the benefit of its employees. The costs of contributions are recognised in the year they are payable.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

Leases

Rents under operating leases are charged on a straight line basis over the lease term or to an earlier date if the lease can be determined without financial penalty.

Well Women Centre
Notes to the accounts continued
for the year ended 31 March 2021

2 Income from charitable activities	2021 Unrestricted funds £	2021 Restricted funds £	2021 Total funds £	2020 Total funds £
Grants and donations				
National Lottery Community Fund	-	74,628	74,628	99,384
Lloyds Bank Foundation	2,869	10,444	13,313	25,000
Clinical Commissioning Groups (CCGs)	-	23,000	23,000	23,660
Wakefield Metropolitan District Council	15,300	85,160	100,460	78,816
The Tudor Trust	-	47,000	47,000	45,000
WMDC - refugee resettlement	-	-	-	20,000
Garfield Weston Foundation	25,000	-	25,000	-
The Brelms Trust	-	4,980	4,980	-
NOVA Wakefield District Limited	-	14,550	14,550	-
Leeds Community Foundation	-	10,000	10,000	-
Smallwood Trust	-	21,300	21,300	-
Donations	630	-	630	3,447
Service level agreements	178,644	-	178,644	198,186
	<u>222,443</u>	<u>291,062</u>	<u>513,505</u>	<u>493,493</u>

3 Other Trading Activities	2021 Unrestricted funds £	2021 Restricted funds £	2021 Total funds £	2020 Total funds £
Earned income	71	-	71	6,844
Staff secondment	97,803	-	97,803	104,179
	<u>97,874</u>	<u>-</u>	<u>97,874</u>	<u>111,023</u>

4 Expenditure on charitable activities	Activities undertaken directly £	Support costs £	Total £
Women's support work	479,977	98,674	578,651
	<u>479,977</u>	<u>98,674</u>	<u>578,651</u>

Support costs	Charitable activity £	Governance activity £	Total cost £
Salaries	50,039	-	50,039
General running costs	35,075	-	35,075
Payroll charges	1,555	-	1,555
Independent examination	-	1,980	1,980
HR service	3,621	-	3,621
IT contract	6,391	-	6,391
Governance	-	13	13
	<u>96,681</u>	<u>1,993</u>	<u>98,674</u>

Well Women Centre
Notes to the accounts continued
for the year ended 31 March 2021

5 Staff costs and numbers	2021	2020
	£	£
Gross salaries	418,124	428,950
Social security costs	34,195	29,713
Employment allowance	(4,000)	(3,000)
Pensions	23,785	27,311
Recruitment	293	190
Staff Health Care	1,759	1,948
Staff supervision	9,508	10,372
Staff expenses	1,136	7,733
Staff training	2,220	3,005
	<u>487,020</u>	<u>506,222</u>

The average number employees during the year was 19.3, being an average of 14.5 full time equivalent (2020: 20.9, 16.2 FTE). There were no employees with emoluments above £60,000.

Defined contribution pension scheme	2021	2020
	£	£
Costs of the scheme to the charity for the year	23,785	27,311

6 Restricted funds	Balance b/f	Incoming	Outgoing	Transfers	Balance c/f
	£	£	£	£	£
Welfare fund	4,325	-	598	-	3,727
WMDC (Counselling)	2,917	80,160	58,336	(10,421)	14,320
National Lottery Positive Impact	17,392	25,041	30,534	(11,899)	-
National Lottery Positive Response	-	49,587	43,389	(6,198)	-
Lloyds Caseworker Fund	23,014	10,444	28,835	-	4,623
WMDC (Refugee resettlement)	11,674	-	-	-	11,674
Tudor Trust	33,752	47,000	44,954	-	35,798
CCG winter grant	1,502	-	1,502	-	-
Adult Safeguarding Board	-	5,000	-	-	5,000
CCG/IAPT:Advance CCG Fund	-	23,000	16,987	-	6,013
Brelms Fund	-	4,980	4,980	-	-
Emotional and Mental Wellbeing	-	10,000	3,616	(6,384)	-
Leeds Community Foundation	-	10,000	10,000	-	-
Live Well Wakefield	-	4,550	4,550	-	-
Smallwood Trust	-	21,300	19,761	(1,539)	-
	<u>94,576</u>	<u>291,062</u>	<u>268,042</u>	<u>(36,441)</u>	<u>81,155</u>

Fund name	Purpose of restriction
Welfare fund	Funds provided by the West Yorkshire Probation Service for meeting costs incurred by those beneficiaries of the charity who are in need.
WMDC (Counselling)	This is to provide counselling and group services for women. This also supports our volunteers across the centre.
National Lottery Positive Impact	A 5 year Positive Impact Project.
National Lottery Positive Response	Towards casework targeted to support vulnerable women whose needs have been exacerbated during the COVID-19 pandemic.
Lloyds Caseworker Fund	To pay for a caseworkers salary for 3 years from March 2018.
WMDC (Refugee resettlement)	To offer a women's support group to provide a service for Syrian Refugees.

Well Women Centre

Notes to the accounts continued

for the year ended 31 March 2021

Restricted funds (continued)

Fund name	Purpose of restriction
Tudor Trust	Core funding towards CEO salary. Additional £2,000 was received for staff, volunteer and trustee wellbeing
CCG winter grant	Winter Funding to deliver Open House sessions to reduce A&E admissions and GP appointments.
Adult Safeguarding Board	Towards domestic abuse awareness raising campaign.
CCG/IAPT:Advance CCG Fund	To increase the counselling provision at WWC and reduce the waiting time for counselling by employing 1.5 full time equivalent additional counsellors for a six month period.
Brelms Fund	For additional staff hours in relation to Domestic Abuse work to develop on-line materials, our social media presence and website relevance.
Emotional and Mental Wellbeing	Towards enhancing our remote services by purchasing mobile phones for case workers, provide training for volunteers to offer online sessions, getting access to online platforms. The transfer relates to the purchase of laptops that have been capitalised.
Leeds Community Foundation	Towards salaries for 2 part time staff and 2 full time staff.
Live Well Wakefield	Towards enhancing our remote services by upgrading the web site, purchasing hardware and installation and etc.
Smallwood Trust	Funding towards salary costs to support women who experience disproportioned challenge or difficulty as a result of Covid -19.
	All transfers relate to management costs unless noted above.

7 Tangible assets

	Fixtures and equipment	Leasehold Improvements	Total
<u>Cost</u>	£	£	£
At 1 April 2020	28,646	4,390	33,036
Additions	9,253	-	9,253
At 31 March 2021	37,899	4,390	42,289
<u>Depreciation</u>			
At 1 April 2020	28,646	4,390	33,036
Charge for year	3,084	-	3,084
At 31 March 2021	31,730	4,390	36,120
<u>Net book value</u>			
At 31 March 2021	6,169	-	6,169
At 31 March 2020	-	-	-

8 Debtors and prepayments

	2021	2020
	£	£
Debtors	53,931	35,020
Prepayments	1,148	1,395
	55,079	36,415

Well Women Centre
Notes to the accounts continued
for the year ended 31 March 2021

9 Cash at bank and in hand	2021	2020
	£	£
Cash at bank	425,322	365,260
Cash in hand	1,258	1,544
	<u>426,580</u>	<u>366,804</u>

10 Creditors and accruals	2021	2020
	£	£
Creditors	14,183	14,004
Accruals	32,189	27,139
	<u>46,372</u>	<u>41,143</u>

11 Designated Funds	Balance b/f	Incoming	Outgoing	Transfers	Balance c/f
	£	£	£	£	£
Property Purchase	125,895	-	-	-	125,895
	<u>125,895</u>	<u>-</u>	<u>-</u>	<u>-</u>	<u>125,895</u>

Fund name

Purpose of restriction

Property Purchase

The sale proceeds of the sale of King Street have been designated for the purchase of another property by the trustees.

12 Related party transactions

Trustee expenses

No trustee received any expenses during this year or the previous year.

Trustee remuneration and benefits

No trustee received any remuneration or benefit during this or the previous year.

Remuneration and benefits received by key management personnel

The key management personnel of the charity include the trustees, the CEO and head of clinical services. The total employee benefits received by the CEO and head of clinical services were £53,024 (previous year: £86,046).

No trustee received any remuneration or benefit in this capacity during this or the previous year.

13 Operating leases

Expected future minimum lease payments over the remaining life of the lease, analysed into the period in which the commitment falls due:	2021	2020
	£	£
Within one year	1,593	3,408
In the second to fifth years inclusive	-	3,797
	<u>1,593</u>	<u>7,205</u>

Well Women Centre

Statement of Financial Activities including comparatives for all funds (including summary income and expenditure account) for the year ended 31 March 2021

	2021 Unrestricted funds £	2020 Unrestricted funds £	2021 Restricted funds £	2020 Restricted funds £	2021 Total funds £	2020 Total funds £
Income						
Charitable activities	222,443	201,633	291,062	291,860	513,505	493,493
Other trading activities	97,874	111,023	-	-	97,874	111,023
Bank interest	789	1,537	-	-	789	1,537
Other income	-	-	-	1,005	-	1,005
Total income	321,106	314,193	291,062	292,865	612,168	607,058
Expenditure						
Fundraising costs	11,668	1,607	469	-	12,137	1,607
Charitable activities	311,078	381,605	267,573	225,309	578,651	606,914
Total expenditure	322,746	383,212	268,042	225,309	590,788	608,521
Net income / (expenditure)	(1,640)	(69,019)	23,020	67,556	21,380	(1,463)
Transfers between funds	36,441	47,547	(36,441)	(47,547)	-	-
Net movement in funds	34,801	(21,472)	(13,421)	20,009	21,380	(1,463)
Fund balances brought forward	267,500	288,972	94,576	74,567	362,076	363,539
Fund balances carried forward	302,301	267,500	81,155	94,576	383,456	362,076