



TeesValley Womens Centre

“Women are the true builders of
society.”

Annual Report 31/03/2025



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Mission & Aims Statement

TeesValley Women's Centre is a pioneering grass roots venture providing a one stop shop for women in a safe non-judgmental environment helping to support the wellbeing of local women, improve their quality of life by supplying one to one support, advice & guidance, training, and education, along with employment opportunities, helping to tackle social exclusion. Signpost to outside agencies when necessary.

We are a community-based organisation operating across the whole of the Tees Valley area. Working with local colleges, education providers, local Councils, and partner agencies to relieve the stress and hardship faced by our current economic climate, giving women the chance to change their circumstances through the provision of choice and opportunity, knowledge & support.

We have been operating for over 35 years and have helped many women achieve their goals and aspirations, take up employment opportunities, further their educational qualifications or simply help them to have belief in themselves, empowering them to achieve.

We believe when we help a woman, we also help her family as they too benefit from her experience, self-worth, and belief that the impossible can be achieved.

Equality & Diversity Policy

TVWC's Equality & Diversity Policy applies to all beneficiaries, employees, funding bodies, host and partner organisations, sub-contractors, Committee members and volunteers. We are committed to encouraging equality, diversity, and inclusion among our workforce, and eliminating unlawful discrimination. The aim is for our workforce to be truly representative of all sections of society and our customers, and for each employee to feel respected and able to give their best. The organisation - in providing services and facilities - is also committed against unlawful discrimination against customers or the public. The Centre is accessible for wheelchairs and has disabled facilities; interpreters are available on request; Free parking is available on site, and we are close to main bus & train services. The Committee members and all staff have a responsibility and commitment to be pro-active in promoting and celebrating diversity and tackling unlawful discrimination, by working hard to secure a truly inclusive women only environment, creating better working relationships in an atmosphere of inclusion.

Environmental Strategy

TVWC's Commitment to Environmental Sustainability

TVWC supports the development of sustainable local communities by promoting awareness and understanding of the importance of conserving natural resources and protecting the environment. Beneficiaries are given opportunities to engage in activities that align with the principles of Local Agenda 21 and the environmental sustainability strategies of local councils.

While this project is not classified as an environmental initiative and does not directly address specific environmental issues, all partners, agencies, and beneficiaries are actively encouraged to uphold a commitment to environmental sustainability and the responsible use of natural resources. All participants are expected to follow TVWC's recycling policies, which include the proper disposal and recycling of paper, glass, plastic, and ICT-related items

Access to Services

Telephone: **01642 296166**

Enquiries Email:

Reception@tvwc.org.uk

Website:

www.teesvalleywomenscentre.co.uk
www.teesvalleywomenscentre.org.uk

Opening Times:

Monday to Thursday

Centre

8:30 – 4:30 pm

Courses/Activities
Most Courses run between

Timetable available each term.
9:30 – 2:30 pm

Nursery – Tees Valley Tots

Monday to Friday

8:00 - 5:30 pm

Full Day/Morning & Afternoon sessions available.

Essential Information

Working Name:	Tees Valley Women's Centre - T V W C
Charity No:	1106950
Date of Registration	13/7/1994
Governing Document	Incorporated 28/09/2004
Company Reg No:	5244511
Company Registered name	Tees Valley Women's Centre Ltd
	Name changed 22/12/2008.
Former Name	South Bank Women's Centre
Ofsted registration	EY552306 (Tees Valley Tots)
Year End	31 st March
Contact Number	01642 296166

Management Committee:

(Management committee, who are directors for the purpose of company law, and trustees for the purpose of charity law.)

Management Committee 2024-25

K KAUR	Chairperson
B BEGG	Treasurer
E McTIERNAN	Secretary
K COATES	Member
L KEATING	Member

Staff numbers during 2024-25

Managerial		3
Administrative		2
Support Worker		1
Nursery Practitioners		10
Apprentices		2
Cleaning		1
Volunteers (ave.)		20

<u>Accountants/Auditors</u>	Leonard Bye - 01642 246006	80 Borough Road, Middlesbrough, TS1 2JN
<u>Legal /HR Advisers</u>	Avensure Ltd	South Central, Peter Street, Manchester M2 QR
<u>Bank Accounts</u>	Virgin Money	7 Linthorpe Road Middlesbrough TS1 5BS
	Shawbrook Bank - notice a/c	Brentwood, Essex, CM13 3BE
	Scottish Widdows - savings	PO Box 883, Leeds LS1 9TY

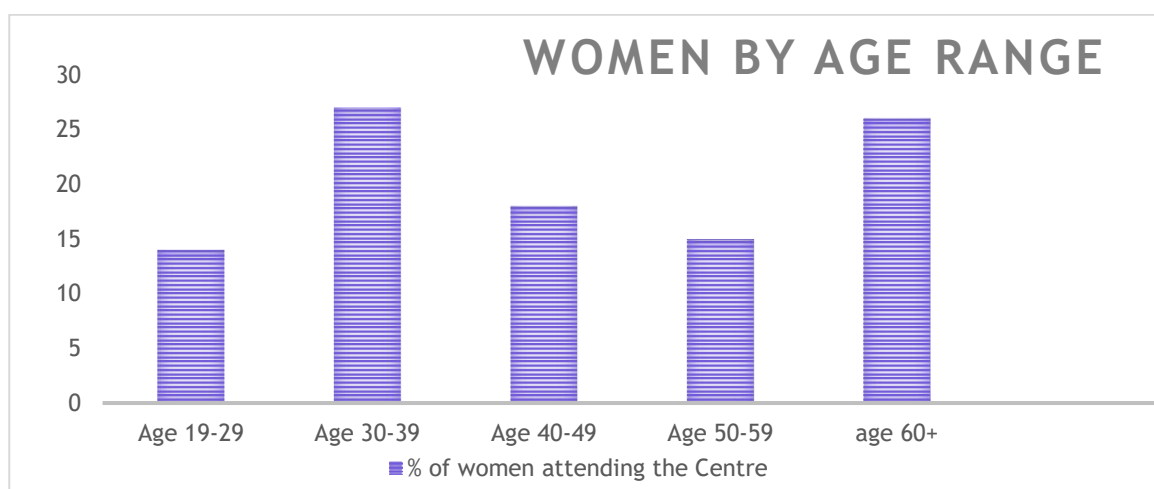
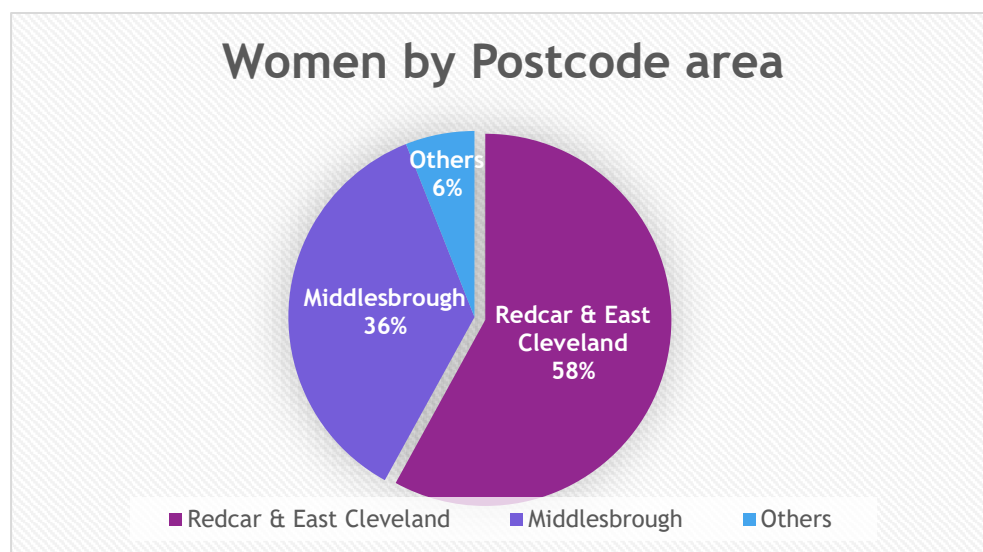
Area of Benefit

Women accessing the Centre during

At TVWC, we provide holistic support that addresses both the immediate needs and long-term development of our beneficiaries

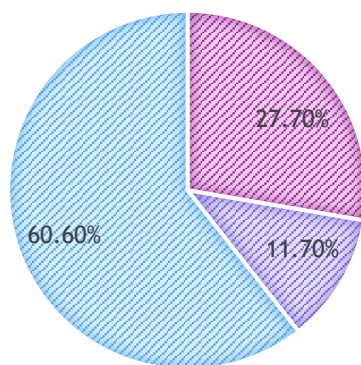
Our work not only improves the lives of women but also has a positive ripple effect on their families and the wider community.

By offering a safe and supportive space, promoting women's empowerment, and helping women achieve financial independence and personal well-being, we contribute to the overall health, safety, and progress of the communities we serve.

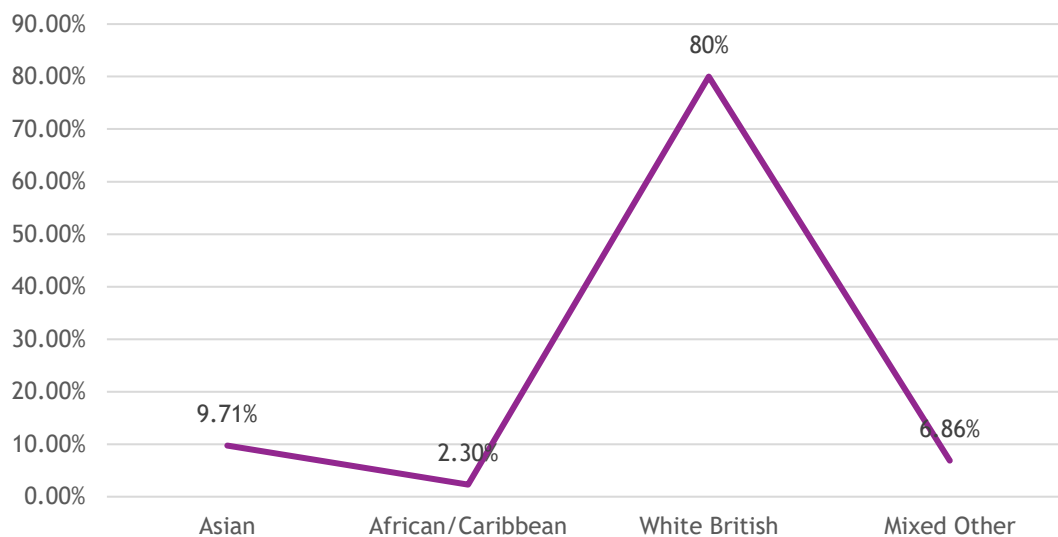


WOMEN ACCESSING WITH A DISABILITY

■ Learning Disability ■ Registered Disabled ■ Other ■



ETHNICITY



AGENCIES WE ARE WORKING WITH:

Age UK

Alphatech – IT Support

Appleby Hope & Mathews – Legal services for women

Beyond Housing

Cleveland Women's Network (Women's issues)

C.A.B

Eva women's aid – signposting for Domestic Violence

Fare Share Northeast (Eco Shop)

HALO Project

Job Centre plus (providing training courses for the unemployed)

Learning Curve Group

Middlesbrough College (Apprenticeships)

Middlesbrough Mind

MVDA Middlesbrough Voluntary Agency

My Sisters Place – signposting for Domestic Violence

Atomix Educational Trust

R & C Borough Council – Community issues.

R & Cleveland Children & SEN Services

R & C Adult Education services

RCVDA – Voluntary Agency

Sexual Health Teesside

SES Engineering

Social Prescribers (working with the NHS)

Tees Valley Combined Authority

Teesside University

Thirteen Housing Group

UCQ Training

LETTER FROM THE CHAIR

As Chair of Tees Valley Women's Centre, I am proud to lead an organisation that has been a safe and empowering space for women across the Tees Valley. My connection with the Centre is deeply personal. I first came here to complete training, and the support and guidance I received transformed my confidence and opened doors I never imagined. This experience inspires my commitment to ensuring the Centre continues to provide life-changing opportunities for women.

Over 2024/25 I have been inspired by the resilience, determination and achievements of the women we support, alongside the dedication of our staff and volunteers, together we have strengthened training, wellbeing, empowerment and domestic violence support ensuring that women have the tools, guidance and encouragement they need to thrive.

Being chair is about more than governance it is about standing alongside women, championing their voices and guiding the Centre to remain a welcoming, innovative and sustainable space for every woman who walks through the doors. I am committed to ensuring that Tees Valley Women's Centre continues to change lives, build confidence and create brighter futures for the women and their families



.....Kally Kaur

OUR Trustees:

Our volunteer Board of Trustees are responsible for the charity's overall governance and strategic direction. They hold responsibility for the professional, legal, and financial management of all aspects of the charity, they oversee its strategies & policies alongside identifying and reviewing all relevant risks.

Our trustees meet on a quarterly basis to discuss issues of importance such as organisation performance, administrative issues, budgeting issues, quality assurance, staffing levels, financial targets, and any other matters.

They are also regular visitors to the Centre, taking part in many of our activities, open days, and volunteering for fundraising events.



Edwina McTiernan- I was delighted to be invited onto the committee to witness first-hand how women flourish with confidence and the knowledge to take them further than they would have ever imagined.

After spending over 30 years assisting my husband running a roofing contracting business, it is nice to put something back into society and being involved with charitable events at such a warm and welcoming place

Linda Keating -Hi my name is Linda Keating; I started to use the women's center after being introduced by a friend and have attended many courses here. I had the honor of being asked to be a trustee 3 years ago and was very pleased to accept. The Centre is such a warm & welcoming place for all women, and I feel proud to be part of their journey of growth and empowerment.

Kally Kaur – Being chair is about more than governance it is about standing alongside women, championing their voices and guiding the Centre to remain a welcoming, innovative and sustainable space for every woman who walks through the doors. I am committed to ensuring that Tees Valley Women's Centre continues to change lives, build confidence and create brighter futures for the women and their families

Barbars Begg – I was introduced to Tees Valley Women's Centre around 8 years ago. At the centre I met an abundance of people from all walks of life and was immediately made to feel welcome. Spending more time in the centre allowed me to see firsthand the difference that could be made in young and older people's lives. Seeing young girls walk in at the beginning with no confidence in themselves, then seeing them graduate and go onto new careers with a new lease of life ahead of them. It is also a place where all are welcome. The centre provides a safe and secure environment for people who may find themselves feeling lonely or isolated. I was therefore delighted when I was invited to serve as treasurer on the committee, as not only would I be helping to ensure that the centre continues to offer all its amazing services, I would also be able to reuse and recall all the skills I learned working in a high street bank.

Katie Coates – At the age of 17 and as a new mum I was introduced to the women's Centre, through the guidance, support, warmth & love shown by the staff at the Centre I was able to enroll on a teaching assistant course. With an underlying dream of working in education, this opportunity opened doors that led to my current career. Associate Assistant Headteacher at a local secondary school.

I feel now by that volunteering as a trustee on the board of the Centre I am giving something back to those that helped me and feel that I'm also helping shape the future of women in similar situations to me.

KEY SERVICES - What does the Centre do to sustain its purpose?

- It provides a safe, comfortable, friendly environment for women to meet, especially for minority ethnic women unable to access other services because of cultural restrictions.
- It provides free training courses along with free onsite crèche places.
- It operates an open-door policy, always there with a listening ear and cup of tea.
- The Centre has direct access to services for women experiencing domestic violence, referral to women's refuge, and police support.
- It provides excellent quality affordable childcare for 0 – 5yrs. Ofsted rated "Good."
Also, our onsite ofsted registered Nursery provision facility is free to women attending courses.
- It provides spaces within the nursery for government free 15 hrs. 2 & 3 yr. old childcare to local families.
- It provides training placements and support for school pupils on work experience and young unemployed seeking a career in childcare.
- The center's core work directly contributes to 15 of Redcar & Cleveland's 35 local area agreement priority indicators.
- It provides legal advice through its partnership with Local solicitors.
- It provides advice, guidance, information, and debt management advice through its partnership with CAB services.
- It provides a warm & safe space to help combat isolation within the community. Providing a hot meal and a warm drink on Welcome Wednesdays.
- It provides an Eco Shop provision to help local families during the cost-of-living crisis

What does the Centre do to achieve

- It will continue to provide a listening ear, an open-door policy, and direct referrals to other agencies in developing preventative strategies for vulnerable women, such as those in debt, suffering mental health problems, domestic abuse, and childcare problems.
- It will continue to meet the needs of women in the local community through direct consultation with its members, beneficiaries, and partner organisations
- It will continue to improve its human, and financial resources to meet the increased capacity and changes in social and economic policies effecting women.
- It will continue in its search to provide excellent quality accredited/non accredited training acting as a host organisation to all colleges and providers of education.
- It will continue to ensure excellent quality childcare is provided to all women free of charge who are attending courses and to extend the social enterprise side of the nursery in providing affordable childcare spaces for local women and those in receipt of the government subsidies for childcare provision.
- It will continue to develop new strategies with, for and among partner agencies dealing with various projects, helping to give women offenders, or women at risk of offending an alternative to custodial sentencing, integrating them back into the community and supporting a change in lifestyle, building confidence and educational attainment.
- It will continue to diversify its sources of income, continue to expand its income generating resources, and work in partnership with outside agencies on various projects.
- It will also continue to source outside funding for the Centre to ensure that all women have access to help and support when needed.
- It will continue to provide a warm safe space for women with access to an ECO shop, helping to reduce isolation, food poverty and mental health within the community.

➤ **Priorities / Provisions**

- *We will Maintain the level of commitment and service we provide to all women in need.*
- *Continue and maintain and improve accessibility of the Centre for all women, making sure we reach out to women in the ethnic & marginalized communities.*
- *Maintain all the Charity policies and procedures in line with all legislation.*
- *Maintain and upgrade existing I.T. equipment and associated software when necessary.*
- *Maintain and upgrade all Nursery and associated equipment when necessary.*
- *Continue to provide excellent quality accredited and non-accredited training courses to meet the needs of the women users.*
- *Maintain and build on our partnerships with local colleges, partners, and training providers to ensure the highest possible success/outcomes for women.*
- *We will maintain our Nursery's Ofsted registration including the 2 & 3 yrs. old provision".*
- *Update and improve the Centre's facilities as and when necessary.*
- *We will maintain funding strategies in line with our future/reserves policy.*
- *We will continue to implement staff training when necessary.*
- *Continue to provide a warm safe space for women in the local community.*
- *Continue to provide an ECO shop to help those struggling with rising costs.*
- *We will continue to source new services to help provide local women with additional accessible resources within their local community.*

Safeguarding

At TVWC, we are committed to creating a safe, supportive, and respectful environment for all women who engage in our activities. Our safeguarding policy is comprehensive, regularly reviewed, and designed to protect every individual—particularly those who may be vulnerable—from harm. We have clear procedures in place for reporting concerns, alongside a culture of vigilance that prioritises the of all women accessing our services. Our policy is continuously monitored to ensure it remains effective, up to date, and aligned with our core values of safety and respect. All staff and volunteers receive ongoing safeguarding and professional training to maintain exacting standards of care and awareness. In addition, our nursery is Ofsted registered and follows stringent safeguarding procedures for children. Every member of our nursery team completes safeguarding training as part of their induction and has a strong understanding of safeguarding protocols and responsibilities.

General Data Protection Regulations - The charity is GDPR compliant.

ICO – TVWC is registered with the ICO.

TVWC is now a Dementia Friendly workspace.

TVWC employs the services of “Avensure” to assist in complying with its legal obligations regarding HR services & Health & Safety compliance.

Preventative Strategies:

TVWC remains committed to staying informed and up to date on political and national issues that may affect the Centre's wellbeing. We monitor developments through a range of sources, including media, online platforms, community networks, and official communications. Where necessary, we will actively advocate for policy changes that advance women's rights and safety, ensuring long-term systemic protection and support.

Centre Update: 2024-25 Centre Manager

This year has been one of continued growth and resilience for Tees Valley Women's Centre, as a Centre Manager I am proud to reflect on the positive impact we have made within our community, supporting women from all walks of life to achieve their potential and build brighter futures.

Our Team has worked tirelessly to provide a safe, welcoming and inclusive environment where women can access practical support, education, training and opportunities for personal development. We have strengthened partnerships with local organisations and agencies, ensuring that those who come through our doors receive the holistic support they need.

The challenges faced by many in our community remain significant, but thanks to the dedication of our staff, trustees, volunteers we continue to deliver meaningful change, whether it is helping women gain qualifications or move into employment or further education.

I would like to extend my heartfelt tanks to everyone who has supported Tees Valley Women's Centre this year, our funders, partners, staff and most importantly the women who inspire us every day with their strength and determination.

Together we are building opportunities, breaking down barriers and creating a stronger future for women across the Tees Valley.

During the year 24-25:



- Our Eco shop was accessed 904 times.
- Our Warm Space Wednesday was accessed 686 times.
- Over 350 women attended courses during this year completing on average up to 3 courses each.
- Over 250 women accessed additional services available at the Centre.
- The Centre itself was accessed 3741 times.
- We currently have 1688 women on our database

Donna Middleton

During 2024-25 we continued to offer both educational & vocational courses, with around 500 women per week accessing our services. We are now also able to offer enhanced services such as Debt advice (CAB), access to advice from a local solicitor, a sexual health drop-in service (monthly) and help with CV's, job searches and interview techniques. We also offer an eco-shop providing essential help with the cost-of-living crisis. We continue to seek out alternative services that we can offer to enhance our current curriculum.

TVWC Newsletter, May 2025

NEWSLETTER



Stepping into Summer at Tees Valley Women's Centre



As we get ready to step into Summer at Tees Valley Women's Centre, we are nearly half way into 2025. Looking back at the year so far and the many accomplishments of our amazing ladies, the centre continues to go from strength to strength.

We thank everyone who's been there to support us along the way!



International Women's Day - March 2025

What a wonderful day at Tees Valley Women's Centre celebrating International Women's Day 2025 with all the incredible ladies in our community!

Thank you to everyone who came along to join us and all of the special friends of the centre who contributed to make the day such a huge success.

Thirteen Group Employability Service, Citizens Advice Redcar & Cleveland and Eva Women's Aid for their specialist advice and support, our wonderful Yoga specialist who provided some relaxation techniques workshops throughout the day, the ladies from Learning Curve Group who treat the ladies to some lovely hair and beauty treatments, the 'Healthy Heart' practitioners from Health Innovation, there to give valuable health advice and checks. And of course a HUGE thank you to all of the staff and volunteers for all their hard work and support organising the day and working so hard to make it such a brilliant event! As you can see from the pictures it was a fantastic celebration and we welcomed so many local women through our doors to experience the centre.

The perfect way to celebrate International Women's Day at Tees Valley Women's Centre and all the wonderful ladies in our community!




International Women's Day

A BIG THANK YOU!





We want to say a huge thank you for the wonderful food donation from The Complete Food Group in Middlesbrough. They kindly donated some delicious food from their range to cater for our International Women's Day celebration. We were delighted to be able to show them around, when they came to make the delivery, and explain all the activities and support services we offer to the women of Tees Valley. We can not thank them enough for their generosity, gestures such as these from local businesses and supporters of the centre give us such a boost in the services and events we organise for the local community.

The Easter bunny came to visit with some delicious treats for the nursery children at Tees Valley Women's Centre! We want to say a huge thank you to Barbie Potts and Abigail Potts for their amazing donation of Easter eggs for our children at Tees Valley Women's Centre. Donations like these are an amazing boost to us and help us continue our work supporting the women of Tees Valley! And you can see from the smiles on the children's faces, just how much it means to them.



 www.tvwc.org.uk

 01642 296166

 Upper Albion Street,
South Bank, TS6 6XG



A Visit from BBC Radio Tees' Amy Oakden

We welcomed Amy Oakden from BBC Radio Tees down to Tees Valley Women's Centre to have a look around and show her the wonderful things that happen here! Donna Middleton, our Centre Manager spoke to Amy about the services and support for women in the community.

Amy Oakden spoke to some of the special ladies from our centre and learnt about their experience and how it is such an important place in their life.

Michelle spoke of the educational journey she has embarked on thanks to the centre, after completing an access course she successfully applied and gained a place at Teesside University to become a palliative nurse, and was successful in gaining a position at Teesside Hospice, incredibly as a busy mum of 6.

Jean was directed to the centre by a social prescriber at an extremely difficult point in her life. She explains how it has been a lifeline for her and had such a positive impact on her life.

I thank you BBC Radio Tees for giving us the opportunity to talk about Tees Valley Women's Centre and the inspirational journeys these incredible ladies have been on with us.



Have a listen to the interview [here](#).

Our Teesside Hero!

We had some very special visitors to the centre in April, who came along to give one of our volunteers a big surprise! Jenny Williams from The Teesside Charity & Lee Elgie from their patron Gallagher, came along to present Barbara with her Teesside Hero Award for all the time and support she gives to Tees Valley Women's Centre through her volunteering. Barbara volunteers 2 days a week here, where she helps build confidence in women entering the services and supports them while cooking and teaching them new skills. Her work here is life-changing for women facing challenges such as unemployment, low income, mental health issues and domestic violence.

Barbara plays a vital role in ensuring women feel welcome, safe and understood in the centre, offering compassion, emotional support and her time and resources. Her selfless dedication uplifts other women, empowering them to reach their full potential.

Donna Middleton, Centre Manager, said of her nomination, "The centre truly couldn't function without Barbara. Whether she's helping with cooking meals for the women, teaching them to bake, restocking our eco shop or providing support to the women who come into the centre, her contributions are invaluable and she's an incredible support to the staff here as well."

Alongside the award that was given to Barbara, there was also a £1,000 donation by The Teesside Charity, which Barbara of course chose to donate to Tees Valley Women's Centre to help us continue with our mission.



Thank you The Teesside Charity for such a special award to celebrate our wonderful volunteer Barbara and for the generous donation.



www.tvwc.org.uk



01642 296166



Upper Albion Street,
South Bank, TS6 6XG

Tees Valley - Local Area:

The Tees Valley sub region covers a population of 674,300 (2019) people living in five boroughs which include Darlington, Hartlepool, Middlesbrough, Redcar & Cleveland, and Stockton on Tees; of these (51%) are women.

- Tees Valley has some of the country's highest economic inactivity rates – closely correlated with relatively low levels of health and well-being – and stubbornly high unemployment rates when compared to other areas. Youth unemployment is an issue with a higher-than-average number of young people unemployed and claiming benefits and a high number NEET (Not in Education, Employment or Training).
- Tees Valley has a relatively high proportion of LSOAs within the most deprived 10% nationally, ranking as the second most deprived LEP in England (out of 38 LEP areas). This ranking is unchanged since 2015.
- 121 or 29% of Tees Valley's 417 LSOAs are in the 10% most deprived nationally, almost three times the national rate.
- Tees Valley is most deprived in the health domain, with Employment deprivation second and Income deprivation a close third.
- At the local authority level and out of 317 districts nationally, Middlesbrough has the highest proportion of LSOAs within the national most deprived 10% with Hartlepool 10th, Redcar & Cleveland 29th, Stockton-on-Tees 39th and Darlington 47th.
- All five local authority areas now rank amongst the 15% most deprived local authorities in England.

. TVWC is based in South Bank, a ward located within the Borough of Redcar & Cleveland.

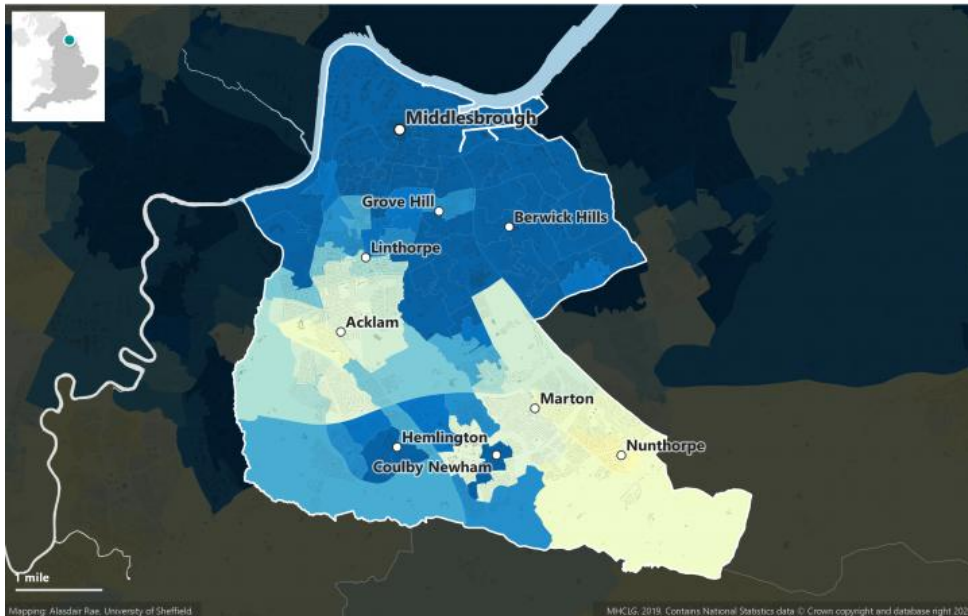
This borough features a diverse mix of rural, urban, and coastal areas, but is also marked by **significant social and economic challenges**, including neighbourhoods experiencing **persistent deprivation and social exclusion**.

The local area faces a **high rate of crime**, particularly **theft and burglary**, much of which is linked to underlying **drug and alcohol-related issues**. Additionally, many residents struggle with **financial instability**, often exacerbated by a reliance on **credit and high-interest loans**, leading to growing levels of **personal debt**.

TVWC specifically focuses its efforts on supporting **women from these deprived communities**, offering tailored services and resources designed to address these complex challenges and empower women to improve their circumstances.

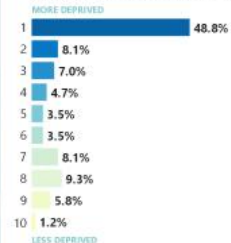
Index of Multiple Deprivation 2019

MIDDLESBROUGH



Local authority profile

% of LSOAs in each national deprivation decile



What this map shows

This is a map of Index of Multiple Deprivation (IMD) 2019 data for **Middlesbrough**. The colours on the map indicate the deprivation decile of each Lower Layer Super Output Area (LSOA) for England as a whole, and the coloured bars above indicate the proportion of LSOAs in each national deprivation decile. The most deprived areas (decile 1) are shown in blue. It is important to keep in mind that the data relate to small areas and do not tell us how deprived, or wealthy, individual people are. LSOAs have an average population of just under 1,700 (as of 2017).

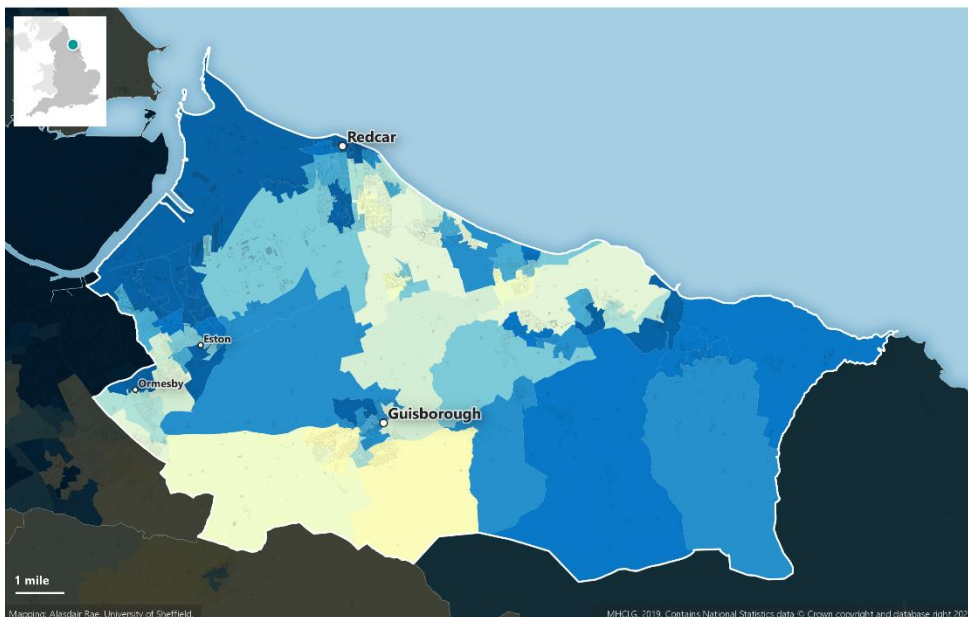


Index of Multiple Deprivation 2019

REDCAR AND CLEVELAND

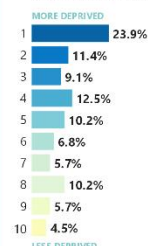


Ministry of Housing,
Communities &
Local Government



Local authority profile

% of LSOAs in each national deprivation decile



What this map shows

This is a map of Index of Multiple Deprivation (IMD) 2019 data for **Redcar and Cleveland**. The colours on the map indicate the deprivation decile of each Lower Layer Super Output Area (LSOA) for England as a whole, and the coloured bars above indicate the proportion of LSOAs in each national deprivation decile. The most deprived areas (decile 1) are shown in blue. It is important to keep in mind that the data relate to small areas and do not tell us how deprived, or wealthy, individual people are. LSOAs have an average population of just under 1,700 (as of 2017).



ON each measure, the local authority district with a rank of 1 is the most deprived

Local Authority District code (2019)	Local Authority District name (2019)	Employment - Average rank	Employment - Rank of average rank	Employment - Proportion of LSOAs in most deprived 10% nationally	Employment - Rank of proportion of LSOAs in most deprived 10% nationally	Employment scale	Rank of Employment Scale
E06000001	Hartlepool	24902.51	5	0.4310	5	9715.25	111
E06000002	Middlesbrough	25231.38	4	0.4884	2	15542.50	62
E06000003	Redcar and Cleveland	23809.65	17	0.3295	12	12291.00	86
E06000004	Stockton-on-Tees	20104.05	67	0.2083	39	15089.25	64

Local Authority District code (2019)	Local Authority District name (2019)	Education, Skills, and Training - Average rank	Education, Skills, and Training - Rank of average rank	Education, Skills, and Training - Average score	Education, Skills, and Training - Rank of average score	Education, Skills, and Training - Proportion of LSOAs in most deprived 10% nationally	Education, Skills, and Training - Rank of proportion of LSOAs in most deprived 10% nationally
E06000001	Hartlepool	19,980.79	77	30.255	51	0.2069	38
E06000002	Middlesbrough	22,111.75	36	38.850	8	0.3953	3
E06000003	Redcar and Cleveland	18,997.48	102	27.768	73	0.1932	46
E06000004	Stockton-on-Tees	16,899.44	139	24.786	111	0.1667	61

Local Authority District code (2019)	Local Authority District name (2019)	Health Deprivation and Disability - Average rank	Health Deprivation and Disability - Rank of average rank	Health Deprivation and Disability - Average score	Health Deprivation and Disability - Rank of average score	Health Deprivation and Disability - Proportion of LSOAs in most deprived 10% nationally	Health Deprivation and Disability - Rank of proportion of LSOAs in most deprived 10% nationally
E06000001	Hartlepool	25806.04	21	0.869	16	0.3621	16
E06000002	Middlesbrough	27603.83	9	1.194	6	0.5698	4
E06000003	Redcar and Cleveland	25339.55	26	0.790	27	0.3523	18
E06000004	Stockton-on-Tees	23468.75	48	0.684	36	0.2833	28



Inspiring Women Awards – Redcar & Cleveland

We were so incredibly proud when Katie Coates was chosen as the winner for the **Inspiring Others' Award at the Inspiring Women Awards – Redcar & Cleveland Ceremony.**

Katie first came to Tees Valley Women's Centre at the age of 18 having recently had her son and not being able to complete her A-Levels. She enrolled on the Teaching Assistant Level 2 course, with the additional support of the TVWC creche and facilities, she managed to successfully complete the course and gain employment from her placement school. Katie continued her training and her career has gone from strength to strength, now working as Student Engagement Manager of North Durham Academy. This is all achieved through all her own hard work and dedication, however we are proud she feels the centre gave her the support she needed throughout this journey. Katie has gone on to be a member of Tees Valley Women's Centre management committee, providing vital support and resources for our staff, volunteers and the ladies who attend. Katie joined the committee as a way of giving back and helping other women in similar circumstances to her.

We are so proud of everything Katie has achieved and given back, she is a true inspiration for us all, and we are delighted she was chosen from all those nominated to receive this thoroughly deserved accolade.



CURRENT COURSES AT TEES VALLEY WOMEN'S CENTRE

READY, STEADY, COOK!	Thursday 8 th May	12.30pm – 2.30pm	4 weeks
SUMMER CRAFTS	Monday 18 th May	12.00pm – 2.00pm	6 weeks
SUMMER CRAFTS	Tuesday 20 th May	9.30am – 11.30am	6 weeks
JEWELLERY MAKING	Tuesday 20 th May	12.30pm – 2.30pm	6 weeks
CHAIR BASED YOGA	Tuesday 3 rd June	3.00pm – 4.00pm	7 weeks
MAT YOGA	Thursday 5 th June	3.00pm – 4.00pm	7 weeks
SEWING GROUP	Thursday 5 th June	9.30am – 11.30am	8 weeks (£25)
MAKATON LEVEL 1	Wednesday 18 th June	9.30am – 11.30am	8 weeks
WRITE TURN	TBC	TBC	TBC
DIGITAL COMMUNICATIONS	TBC	TBC	4 WEEKS



**BEYOND HOUSING
JOB CLUB**

MONDAY 2ND JUNE, 23RD JUNE & 30TH JUNE 11.00AM – 1.00PM

- JOB SEARCH
- CV
- APPLICATION FORMS
- INTERVIEW PREPARATION

CONFIRMED COURSES FOR SEPTEMBER 2025

- ACCESS TO HIGHER EDUCATION. FOR HEALTH
- ACCESS TO HIGHER EDUCATION FOR EDUCATION
- ACCESS TO HIGHER EDUCATION FOR LAW AND BUSINESS
- EARLY YEARS PRACTITIONER DIPLOMA
- ENGLISH AND MATHS FUNCTIONAL SKILLS
- MAKATON LEVELS 1 – 4 PROGRESSING
- FLOWER CRAFT
- AUTUMN CRAFTS



www.tvwc.org.uk



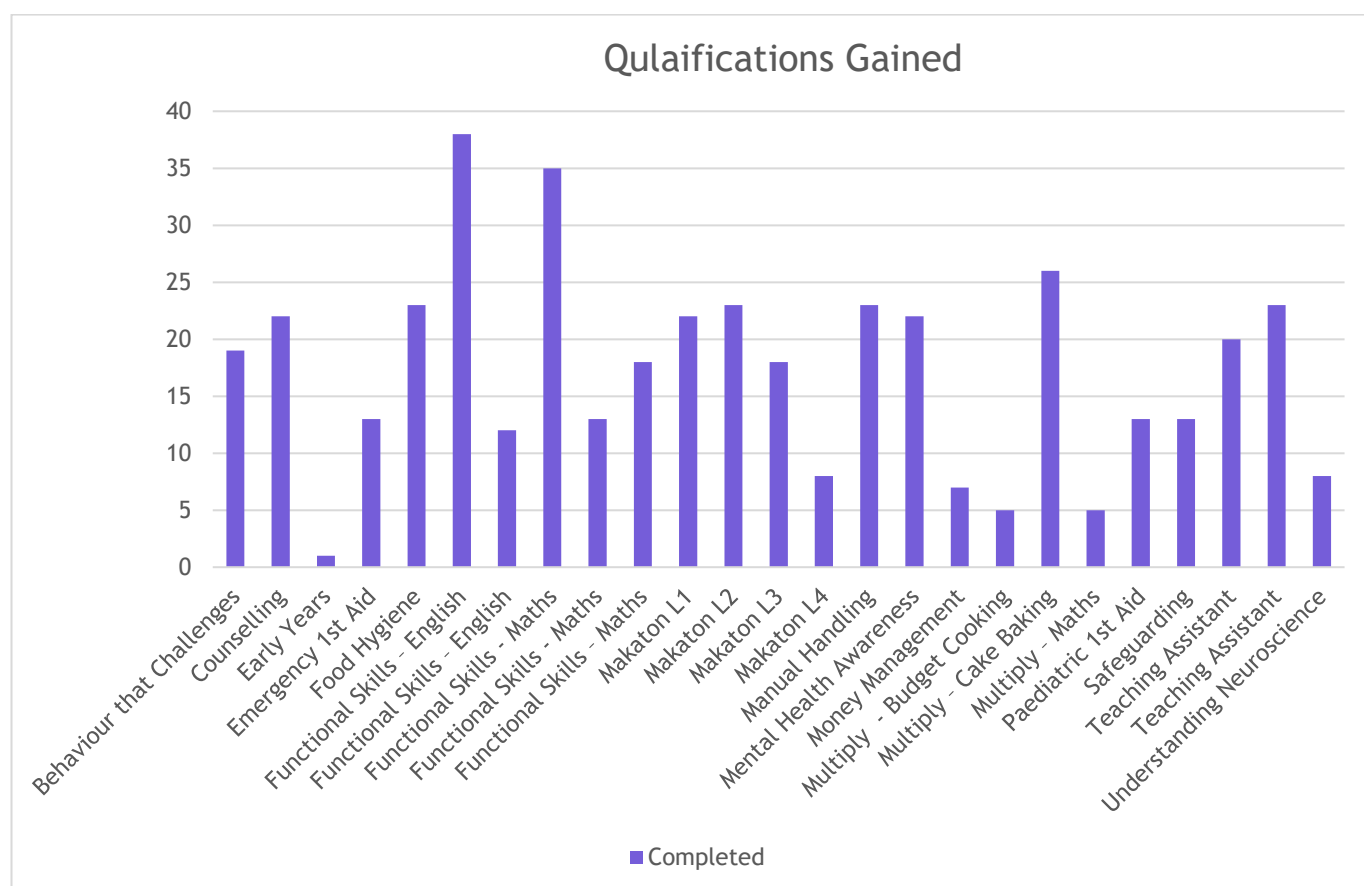
01642 296166



Upper Albion Street,
South Bank, TS6 6XG

Academic COURSES	COMPLETED	QUALIFICTION
Access to Education	8	L4
Access to Health	22	L4
Access to Humanities	8	L4
Behaviour that Challenges	19	L2
Counselling	22	L2
Early Years	1	L2
Emergency 1 st Aid	13	L3
Food Hygiene	23	L2
Functional Skills – English	38	EL
Functional Skills – English	12	L1
Functional Skills - Maths	35	EL
Functional Skills - Maths	13	L1
Functional Skills – Maths	18	L2
Makaton L1	22	L1
Makaton L2	23	L2
Makaton L3	18	L3
Makaton L4	8	L4
Manual Handling	23	L2
Mental Health Awareness	22	L2
Money Management	7	EL
Multiply - Budget Cooking	5	EL
Multiply – Cake Baking	26	EL
Multiply – Maths	5	EL
Paediatric 1 st Aid	13	L3
Safeguarding	13	L2
Teaching Assistant	20	L2
Teaching Assistant	23	L3
Understanding Neuroscience	8	L2
Leisure Courses	COMPLETED	QUALIFICTION
Sewing AM	30	n/a
Sewing PM	25	n/a
Jewellery making	8	n/a
Yoga (chair based/floor)	30	n/a
Art Wellbeing	29	n/a
Cooking on a Budget	12	n/a
Intro to Sign Language	9	n/a

Wreath making	49	n/a
Christmas Crafts	13	n/a
Cake Baking	22	n/a
Slow Cooker Workshop	11	n/a
Flower arranging	18	n/a
Eva Women's Aid (Domestic Violence) Programme	22	Advice
Menopause Programme	13	Advice



Beginners
YOGA CLASS
6 WEEK COURSE
STARTING 16TH JANUARY
3.00PM - 4.00PM

FREE COURSE

CONTACT US
01642 296166
TO BOOK A PLACE

Tees Valley Women's Centre

Boost strength, flexibility & relaxation for a healthier you!

Tees Valley Women's Centre, Albion Street, South Bank



CLINICS

WOMEN'S HEALTH CLINIC
MONTHLY DROP IN SESSION
11.00am - 1.00pm
NO APPOINTMENT NEEDED
NEXT SESSION
WEDNESDAY 4TH JUNE

- ✓ Sexual health support & advice
- ✓ Contraception including long-acting contraception (LARCS)
- ✓ Cervical smear testing
- ✓ Menopause support & advice
- ✓ Full STI screening

CONTACT US
01642 296166

Tees Valley Women's Centre



WEDNESDAY 17TH SEPTEMBER
2.30pm - 4.00pm

DEMENTIA AWARENESS SESSION

INCREASE YOUR UNDERSTANDING OF DEMENTIA AND WHAT LIFE CAN BE LIKE FOR THOSE AFFECTED WITH THE CONDITION, MAKING YOU MORE CONFIDENT TO PROVIDE SUPPORT AS YOU LEARN ABOUT THE SYMPTOMS, CHALLENGES, AND NEEDS OF PEOPLE LIVING WITH DEMENTIA.

Contact Us ► 01642 296166

Tees Valley Women's Centre

Dementia Action TEESIDE



MATHS & ENGLISH FUNCTIONAL SKILLS COURSES

Starting September
From Entry Level up to Level 2

TUESDAY

9:30-11:30am

or
12:30-2:30pm

CONTACT US: 01642 296166

Tees Valley Women's Centre



Tees Valley Women's Centre

ACCESS TO HIGHER EDUCATION

HUMANITIES/ EDUCATION

STARTING SEPTEMBER 2025

Thinking about university? This Access to HE: Humanities/Education course is your stepping stone to a degree in subjects like teaching, social work, psychology, or English. Gain a recognised qualification, build confidence, and take the next step in a supportive, women-only environment at Tees Valley Women's Centre.

ENROL NOW!

Starts this September at
Tees Valley Women's Centre — your journey starts here!



01642 296166
FOR FURTHER INFORMATION
& TO ENROL



READY STEADY COOK!

FREE 4 WEEK COURSE

THURSDAY
12:00 - 2:00

CONTACT US
TO ENROL

01642 296166
TVWC, UPPER ALBION STREET, SOUTH BANK, TS6 6XJ

- GET NEW MEAL IDEAS
- MEET NEW PEOPLE
- TAKE HOME YOUR MAKE



karbon homes

FUNDING:

As we reflect on the past 12 months, we would like to express our sincere appreciation to everyone who has supported us throughout the year. Your continued trust, collaboration, and encouragement have been invaluable to our work and mission.

We are particularly grateful for the funding and support received from the following organisations during the **2024–2025 financial year**. Their contributions have played a vital role in helping us deliver our programs and achieve meaningful impact in our community.

- Arnold Clark Community fund
- Austin Hope & Pilkington
- Awards for all
- Ballinger Trust
- Beyond Housing
- Charles & E Sykes
- Catherine Cookson Charitable Trust
- Erimus Rotary Club
- Jack Brunton Charitable Trust
- Karbon Homes
- Miller Homes
- National Lottery Community Fund
- Redcar Youth Play (Donation)
- Tees Millions
- Tees Valley Community Foundation
- The 29th of May 1961 charity
- The Archer Trust
- The Rothley Trust
- The Teesside Charity
- The Woodsmith Foundation
- William Leach



Success stories 24-25



Success Story



My journey at Tees Valley Women's Centre started with a gel polish nail course, then someone I spoke to on that course mentioned doing a Maths and English at the centre which I was interested in doing!

I spoke to Donna at the Centre and I was helped with childcare and got my two sons a space at Tees Valley Tots which meant I could attend courses.

I have two sons Ronnie, aged 4, and Teddy, aged 2, they keep me on my toes like you wouldn't believe but I love them more than life. While looking after my sons I also work part time as a care assistant which I've done for the past 6 years since I left college. I studied health and social care and was resitting Maths and English but failed them. I had left school without GCSE's, I struggled in my lessons at school and I would never ask for help, instead I would just sit there or get sent out.

Studying at the Women's Centre on Mondays and working, being a Mam, house work, seeing family/friends, revising as much as possible was a lot and I was close to pausing the courses but Donna at the Centre and my friends were supportive. I stuck to it and I'm so glad I did so thank you all! In the first year I passed L1 & L2 English and L1 Maths, I continued the next year and have now passed my L2 Maths.

I am now enrolling on the Teaching Assistant L2 course, starting in September. I'm so glad I've stuck to something that is going to benefit me and my boys in the long run, it will open job opportunities for me that I've wanted for a long time.

Kay's Story: From Surviving to Thriving

In 2024 I completed a master's degree in advanced biomedical science, following a bachelor's degree in biomedical science, which I graduated from with First Class Honor's at Teesside University. But that journey didn't begin at university, it started at a point in my life when I had no qualifications, no direction, and no idea how to move forward. Becoming seriously unwell during my teenage years, I missed so much school that I had to be taught from home. Just as I was preparing for my exams, tragedy struck: my brother died in a motorbike accident. He was 23, and I was 16. His death shattered our family. I still turned up to sit my math's exam the following Monday, but I was filled with grief and barely functioning. I put down my pen and walked out. Every year after that, I told myself I'd go back and get my qualifications. But life moved on. I got married, had children, and eventually, when the marriage broke down, I hit rock bottom. By 2016, I was a single parent struggling emotionally and financially, trying to raise my children while fighting for child support and dealing with depression so heavy I could barely function. I would get the children to school and go through the motions but inside, I felt completely broken. Then one day, I realise something had to change. I needed to do something not just for my children, but for myself. I wanted them to see what was possible, and I wanted to remember who I was before life got in the way. **That's when I found Tees Valley Women's Centre.** With no formal qualifications, I needed a place to start, and the Centre gave me exactly that. I enrolled in GCSE-equivalent Math's and English courses, but what I found was more than education. I found a kind, welcoming environment where I felt safe, seen, and supported. I made friends, and I was able to bring my youngest child, my baby son, with me. He was cared for in the on-site nursery while I attended lessons, which made all the difference. That support lifted a huge weight off my shoulders. Knowing he was close by and well looked after allowed me to focus, and for the first time in years, I began to believe in myself again. After completing the courses at the Centre, I enrolled in a one-year Access to Higher Education programme. That led me to university. Today, I'm preparing to write a book that combines my love of science with my passion for self-transformation — exploring how biology and neuroscience support personal growth and manifestation. It's been a six-year journey but those very first steps began at Tees Valley Women's Centre. Without that foundation, I might never have been able to start. That's where everything changed. That's where I remembered who I was. Tees Valley Women's Centre gave me the foundation I needed to rebuild my life. It gave me practical support, direction, dignity, and belief. And it didn't just change my future, it helped shape the lives of my children, too. My oldest daughter, Evie, has followed in my footsteps and has just finished her first year at Teesside University studying for a Law degree, something she's pursuing with passion and drive. She told me that watching me go back to education inspired her deeply. It showed her what's possible with determination and belief and gave her the courage to chase her own dreams. Tees Valley Women's Centre doesn't just help women gain qualifications. It creates real, lasting change that ripples through families and generations. I'm living proof of that. And so are my children. We're not just surviving anymore — we're thriving together.





Rebecca's Story

Rebecca's journey is one of determination, growth, and the power of support. From leaving school early with no qualifications, to now preparing for University, her story shows how the encouragement and opportunities offered by the Tees Valley Women's Centre can help women transform their lives and achieve their dreams.



"I am the youngest of five siblings, my mother and father still reside in the home where we were all raised in South Bank, from a young age I have always dreamed of becoming a nurse but never ever thought it would be possible with leaving school so early in the year group of year 9 with no qualifications.

My mother Gill has always looked after her siblings from the age of 14, and has always cared for people around her, this is something I have always admired in her and it has inspired me to finally have the courage and go sign up to this course (Access to Health) at the Tees Valley Women's Centre in South Bank, although I have 3 children Chay 18, Ronan 13 and Ruben 6 they are my greatest achievements in life, I felt I had no great success or a good job that they would ever follow or look up to me like I do with my parents.

I did boxing when I was younger, but have never had the courage to pursue my dreams low confidence in myself, but my mother constantly telling me "Becky please go sign up to that course at the women's centre, you will be great at it", I'm so glad I finally did.

From starting the course last September I have achieved so much passing my level 1 and 2 Maths and English and gaining confidence with the support of tutors, everyone on my course and the staff who work at the women's centre, there were days I thought I can't do it wanted to give up but got the love and support of family and Donna and her co workers always giving me good advice and telling me I can do it, the centre is so welcoming and supportive!

My life has totally changed for the better. who would of thought that only last year I couldn't use a laptop but now I am starting university in September studying ODP, the first of all my siblings to go to university!

Places like the Women's Centre and the services they offer are a lifeline to women like myself raising family and wanting to pursue their dreams."

TVWC, Upper Albion Street, South Bank, TS6 6XG

INTRODUCING:**KIM PEACOCK**

ENGAGEMENT AND SUPPORT WORKER

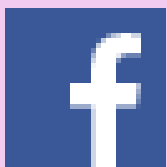
I'm thrilled to have joined the amazing team at Tees Valley Women's Centre as an Engagement and Support Worker, starting on 1st October 2024.

My relationship with the Centre goes back many years, having accessed and supported its services throughout my previous roles. This began when working for A4e, during which I returned to education and completed a PGCE at Teesside University. That led to me managing the Northeast Learning and Skills team of Tutors, deepening my passion and knowledge around Adult Learning. During that time, I approached the Centre to deliver learning courses in the local community, which was hugely successful.

Since then, I've had the privilege of working with Teesside Mind, where I led the Community Projects Teams to support the mental health and wellbeing of local people. I've also taken on roles in Social Prescribing and Employability, all with a strong focus on helping people connect, grow, and thrive.

I'm passionate about continuing to promote the Centre across my existing networks and building new connections, helping more women access our services, and strengthening partnerships that enhance what we offer at the Women's Centre.

I'm so proud to be part of such an important space for women in our community.



Find us on Facebook
& LinkedIn

teesvalleywomenscentre.org.uk



www.linkedin.com/in/tees-valley-women-s-centre-30616128

twwc.org.uk

Tees Valley
Women's Centre

TVWC WEEKLY FREE SERVICES

FREE DEBT SERVICES EVERY TUESDAY AT TEES VALLEY WOMEN'S CENTRE!

Our debt adviser offers free, independent, confidential, and non-judgmental advice on managing your debts and implementing your chosen strategy. The earlier you seek advice, the more options you have. We provide support with budgeting, accessing social tariffs for water and telecoms, ensuring you receive all entitled benefits and discounts, understanding creditor actions, negotiating with creditors, applying for Breathing Space, and exploring insolvency options.

Appointments are available on Tuesdays. To book, visit us in person, call 01642 296166, text Laura on 07732 073609, or email debtappointment@citizensad.



FREE EMPLOYMENT SUPPORT EVERY THURSDAY AT TEES VALLEY WOMEN'S CENTRE!



Open to everyone aged 19+, our employment support services offer personalized assistance with job searches, CV writing, interview preparation, and skills development. Join us every Thursday to take the next step in your career!



NURSERY PROVISION:

Tees Valley Tots Nursery

Hi, my name is Laura, and I am the Nursery Manager at TeesValley Tots.

The nursery provision at Tees Valley Tots continues to play a vital role in supporting children and families within the local community, our nursery is continuously growing and adapting to suit the needs of the local area and childcare demand.

The nursery provides high-quality early years education and care for children aged 6wks to 5yrs.

Registered with Ofsted we can accommodate 23 children, the setting offers a warm, inclusive and nurturing environment where every child is supported to reach their full potential. The provision is delivered by a team of qualified Early Years Practitioners who place children's wellbeing, safety and learning at the heart of everything they do.

The nursery follows the Early Years Foundation Stage (EYFS) framework, providing developmentally appropriate, play-based learning experiences that build children's confidence, communication, independence and curiosity. Our daily routines include structured learning opportunities as well as free flow play, outdoor exploration and creative activities.

We continue to strengthen our commitment to inclusion and accessibility, offering funded places for eligible babies, 2, 3 and 4yr olds. We work closely with families and external agencies to ensure children with additional needs receive targeted support.

This year, the nursery has maintained high levels of parental engagement and satisfaction, with positive developmental outcomes for children across all age groups



OFSTED RATED – GOOD

Tees Valley Tots is based within the Women's Centre and is Ofsted registered for 23 children.

The Nursery follows the EYFS framework for children 0-5 years and can accommodate the government funded 15/30 hours per week free childcare for 2/3-year old's. Our new longer opening hours work well with local employed women who require all day childcare. We are now open from 8am to be more flexible for working parents.

Women attending courses in the Centre are offered free childcare within our creche setting, which removes one of the most common barriers to learning for local women.

Our friendly staff team (All Early Years qualified) continually strive to make learning fun; they work closely with key children, planning & executing activities to suit each child's individual needs in line with the EYFS guidelines.

- **EYSF Framework**

1. Introduction:

All children deserve the care and support they need to have the best start in life. Children learn and develop at a faster rate from birth to five years old than at any other time in their lives, so their experiences in early years have a major impact on their future life chances.

A secure, safe, and happy childhood is important in its own right.

Good parenting and high-quality early learning provide the foundation children need to fulfil their potential. 2. 3. 4. 5.

The EYFS sets the standards that all early year's providers must meet to ensure that children learn and develop well and are kept healthy and safe. It promotes teaching and learning to ensure children's 'school readiness' and gives children the right foundation for good future progress through school and life.

The EYFS is about what children learn, as well as how they learn. Effective practice is a mix of different approaches. Children learn through play, by adults modelling, by observing each other and through adult-guided learning.

The EYFS seeks to provide:

- Quality and consistency in all early years settings, so that every child makes good progress, and no child gets left behind.
- A secure foundation through planning for the learning and development of each individual child and assessing and reviewing what they have learned regularly.
- Partnership working between practitioners and with parents and/or carers.
- Equality of opportunity and anti-discriminatory practice, ensuring that every child is included and supported.

Overarching principles Four guiding principles should shape practice in early years. These are:

- Every child is a unique child, who is constantly learning and can be resilient, capable, confident, and self-assured.

- Children learn to be strong and independent through positive relationships.
- Children learn and develop well in enabling environments with teaching and support from adults, who respond to their individual interests and needs and help them to build their learning over time. Children benefit from a strong partnership between practitioners and parents and/or carers.
- Importance of learning and development. Children develop and learn at different rates. (See “the characteristics of effective teaching and learning” at paragraph 1.18). The framework covers the education and care of all children, including children with special educational needs and disabilities (SEND).

Early Years

Professional Development Programme

Members of our current staff team are qualified in the EYPDP programme.

The EYPDP is a tailored professional development programme and forms part of the government’s Early Years Education Recovery Plan which aims to address the continued effects of the pandemic on young children.

The Early Years Professional Development Programme (EYPDP) supports practitioners working with early years children, helping them to develop their practice and improve outcomes in Communication and Language, Early Mathematics and Personal, Social and Emotional Development (PSED).



Anna Freud
building the mental
wellbeing of the
next generation





We Are Open

Our opening times are 8:00 am - 5:30 pm Monday to Friday

Sessions

Full Day, Morning, and Afternoon Sessions Available.

Ages

We Cater for children birth-5 years,





The Archer Trust



County Durham
Community Foundation



The

29th May 1961 Charitable Trust



The Charles & Elsie Sykes Trust



The Rothley Trust



THANK YOU SO MUCH TO ALL OUR SUPPORTERS, VOLUNTEERS AND FUNDERS
WE COULDN'T DO THIS WITH OUT YOU.

TEESVALLEY WOMENS CENTRE LTD- 05244511
(A Company Limited by Guarantee)

FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31ST MARCH 2025

TEESVALLEY WOMENS CENTRE LTD

TRUSTEES' REPORT FOR THE YEAR ENDED 31ST MARCH 2025

The Management Committee presents its report and financial statements for the Year ended 31 March 2025.

Reference and Administrative Information

Charity Name:	Tees Valley Women's Centre Ltd
Charity Registration number	1106950
Company Registration number	5244511
Registered Office and Operational Address	TeesValley Womens Centre Upper Albion Street SouthBank TS6 6XG

Management Committee:

K Kaur	Chairperson
E McTiernan	Secretary
B Begg	Treasurer
K Coates	
L Keating	

Senior Management Team

D Middleton	Centre Manager
D Winstanley	Finance
L Blackmore	Nursery Manager

Accountants

Leonard Bye Limited, 80 Borough Road, Middlesbrough, TS1 2JN

Bankers

Virgin Money, 7 Linthorpe Road, Middlesbrough, TS1 1RF
Shawbrook Bank Limited, Lutea House, Essex, CM13 3BE
Scottish Widows charity deposit account

TEESVALLEY WOMENS CENTRE LTD

TRUSTEES' REPORT FOR THE YEAR ENDED 31ST MARCH 2025

Governing Document

The organisation is a charitable company limited by Guarantee; it was incorporated on 28th September 2004 and registered as a charity on 13th July 1994. The Company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its articles of association. In the event of the company being wound up members are required to contribute an amount not exceeding £10.

Recruitment and Appointment of Management Committee

The directors of the company are also charity trustees for the purposes of charity law and under the company's articles are known as members of the Management Committee. Under the requirements of the Memorandum and Articles of Association the members of the Management Committee are elected to serve for a period of three years after which they must be re-elected at the next Annual General Meeting.

To enhance the potential pool of trustees, the charity continues through selective advertising and networking with other organisations sought to identify women, especially users of the centre, who would be willing to become members of the Management Committee and use their own experience to assist the charity.

Trustee Induction and Training

Most Trustees are already familiar with the practical work of the charity having been encouraged to take part in continuous training.

Additionally new trustees are invited and encouraged to attend a series of short training sessions to familiarise themselves with the charity and the context within which it operates. Covering the following:

- The obligations of Management Committee Members
- The main documents which set out the operational framework for the charity including the Memorandum and Articles
- Resourcing and the current financial position as set out in the latest published accounts
- Future plans and objectives.
- Safeguarding.

TEESVALLEY WOMENS CENTRE LTD

TRUSTEES' REPORT FOR THE YEAR ENDED 31ST MARCH 2025
(-CONTINUED)

Organisational Structure

TeesValley Women's Centre has a management committee of up to 8 members who meet regularly and are responsible for the strategic direction and policy of the charity.

The Management Team have the day-to-day responsibility for the provision of services, supervision of the staff, Staff development of skills and working practices in line with good practice.

Objectives and activities

The Company's objectives and principal activities are to:

- Relieve women residents in Tees Valley and surrounding areas who are in conditions of need, hardship and distress.
- The protection and preservation of the health of women residents
- The provision of facilities for recreation or other leisure time occupation.

The main objectives and activities for the year continue to focus on Women's needs, the strategies employed to assist the charity to meet these objectives include the following:

- Provide a wide range of vocational/non vocational courses.
- To provide a non-threatening space for women to feel safe and develop their skills and knowledge
- Reduce isolation.
- To provide good quality childcare within the Centre Nursery.

The trustees confirm that they have taken into consideration the Charity Commissions guidance on public benefit when planning the charity's activities.

Achievements and Performance

Tees Valley Women's Centre is a pioneering grass roots venture managed by a volunteer Management committee, providing a one stop shop for women in a non-threatening safe environment helping to support the wellbeing of local women, improve their quality of life by giving support, advice and guidance, training and education, access to employment and employment opportunities, and helping to tackle social exclusion.

This is supported by free childcare facilities for women attending courses in our Ofsted registered Nursery. The TVT Nursery also runs affordable daily nursery provision and is registered to provide the governments (free 15/30 hrs.) early years provision for 2- & 3-year-old and the new 30hrs provision for working parents.

The Centre continues to go from strength to strength, with additional services being added when available to enhance and improve the services we can offer to local women.

The Centre will during 2025/26 continue to offer its services to local women looking to gain employment, update training and educational skills, gain self confidence and self-esteem, enabling them to become job ready. We will continue to provide a holistic approach to women's issues, especially with regard to mental health & anxiety issues which have risen greatly over the last few years. Offering workshops and well-being courses in smaller groups, alongside a warm & welcoming safe space, debt advice, employability sessions, a sexual health drop-in service and access to legal advice.

Our ECO shop provision will also be available to women attending the Centre and our Warm Wednesday will continue to provide a hot meal to local women in need.

TEESVALLEY WOMENS CENTRE LTD

TRUSTEES' REPORT FOR THE YEAR ENDED 31ST MARCH 2025 **(-CONTINUED)**

The Centre is fully committed to meeting the needs of all women including providing a safe place to study. and taking a holistic approach to all issues affecting women's lives hence our constant search for new funding & training opportunities within the Tees Valley Area.

Principal Funding

Against the backdrop of limited resources and greater insecurities over funding it has become increasingly difficult to plan or develop services. Nevertheless, the charity with the aid of sound financial management and support of both its staff and volunteers managed over the past year to generate funds through its Nursery provision, room hire, as well as grant funding from partnerships & trusts.

We are continuously searching for new funding from grant giving organisations sympathetic to our ethos.

Investment Policy

The Trustees have operated an investment policy of maintaining funds in an interest bearing current & deposit accounts, where the funds are easily accessible for the day to day running of the charity.

Reserves Policy

The Trustees have established a policy whereby the unrestricted funds, not committed or invested in tangible fixed assets, held by the charity should be equal to 6 months of the unrestricted expenditure. Our current reserves are currently slightly higher than this as we anticipate much higher running costs in the coming year due to both the energy and cost of living crisis, along with increases to the NMW.

Future Planning

The Charity plans to continue the activities outlined previously during the forthcoming years subject to satisfactory funding arrangements. We look forward to growing our services in line with the needs of the local women in our community.

Funding streams and grant provisions are constantly changing and are even more in high demand as more charities compete for funds.

With the ever-increasing need for education & training the Centre will hopefully be at the forefront of helping women reach their true potential both in their personal and employment goals.

Our Nursery facility continues to grow and is now offering longer hours for working parents.

Responsibilities of the Management Committee

The Management Committee are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the Management Committee to prepare financial statements for each financial year which give a true and fair view of the state of the affairs of the charitable company and of the incoming resources and application of resources, including income and expenditure, of the charitable company for the financial year. In preparing these financial statements, the management committee are required to:

- Select suitable accounting policies and then apply them consistently
- Observe the methods and principles in the Charities SORP
- Make judgments and estimates that are reasonable and prudent
- State whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements.
- Prepare the financial statements on the going concern basis unless it is inappropriate to assume that the company will continue on that basis.

TEESVALLEY WOMENS CENTRE LTD

TRUSTEES' REPORT FOR THE YEAR ENDED 31ST MARCH 2025
(-CONTINUED)

The Management committee is responsible for keeping adequate records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. The Management committee is also responsible for safeguarding the assets of the charitable company and for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Members of the Management Committee

Members of the Management Committee, who are directors for the purpose of company law, and trustees for the purpose of charity law, who served during the year and up to the date of this report are set out on Page 2.

In accordance with company law, as the company's directors, we certify that:

- So far as we are aware, there is no relevant information of which the company's independent examiners are unaware
- As the directors of the company, we have taken all the steps that we ought to have taken in order to make ourselves aware of any relevant information and to establish that the charity's independent examiners are aware of that information.

Independent Examiners

Leonard Bye accountants were re-appointed as the charitable company's Independent Examiners during the year and have expressed their willingness to continue in that capacity.

This report has been prepared having taken advantage of the small companies' exemption in the Companies Act 2006.

Approved by the Management Committee on 12th November 2025 and signed on its behalf by:

K. Kaur

Trustee

ACCOUNTANTS REPORT
TEESVALLEY WOMENS CENTRE LTD
IN RESPECT OF THE YEAR TO 31ST MARCH 2025

I report on the accounts for the year ended 31st March 2025, set out on pages 8 to 16.

Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to an audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to our attention.

Basis of independent examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- 1 which gives me reasonable cause to believe that, in any material respect, the requirements:
 - to keep accounting records in accordance with section 386 of the Companies Act 2006; and
 - to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charitieshave not been met; or
- 2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Mrs J. E. Shield BA FCA

For and on behalf of:

Leonard Bye Limited

Chartered Accountants

80 Borough Road

Middlesbrough

TS1 2JN

Dated: 18th November 2025

TEESVALLEY WOMEN'S CENTRE LTD

**STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING INCOME
AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31ST MARCH 2025**

		<u>2025</u> £	<u>2025</u> £	<u>2025</u> £	<u>2024</u> £
		<u>Restricted</u> <u>Funds</u>	<u>Unrest'ed</u> <u>Funds</u>	<u>Totals</u>	<u>Totals</u>
INCOMING RESOURCES	Notes				
Incoming resources from generating funds					
Voluntary Income	2	-	24,636	24,636	23,337
Activities for generating funds – room hire			37,883	37,883	32,580
Investment Income		-	1,817	1,817	1,161
Incoming resources from charitable activities	3	102,235	220,898	323,133	282,690
Other Income- Government Grants		-	-	-	-
Total Incoming Resources		<u>102,235</u>	<u>285,234</u>	<u>387,469</u>	<u>339,768</u>
RESOURCES EXPENDED					
Charitable activities		75,427	195,987	271,414	280,188
Governance costs		-	15,198	15,198	19,679
Cost of Generating funds		-	4,875	4,875	9,153
Total Resources Expended	4	<u>75,427</u>	<u>216,060</u>	<u>291,487</u>	<u>309,020</u>
NET INCOMING RESOURCES / (RESOURCES EXPENDED) BEFORE TRANSFERS	5	26,808	69,174	95,982	30,748
TRANSFER BETWEEN FUNDS - Reclassification of funding		-	-	-	-
NET MOVEMENT IN FUNDS		26,808	69,174	95,982	30,748
FUND BALANCES B/F		11,626	242,346	253,972	223,224
FUND BALANCES C/FORWARD		<u>38,434</u>	<u>311,520</u>	<u>349,954</u>	<u>253,972</u>

TEESVALLEY WOMEN'S CENTRE LTD

BALANCE SHEET
AS AT 31ST MARCH 2025

		<u>2025</u>	<u>2024</u>
	Notes	£	£
FIXED ASSETS			
Tangible Assets	8	3,707	76
CURRENT ASSETS			
Debtors	9	10,552	5,680
Cash at Bank and in hand		345,682	257,745
		<u>356,234</u>	<u>263,425</u>
Creditors – amounts falling due within one year	10	9,987	9,529
		<u> </u>	<u> </u>
NET CURRENT ASSETS		346,247	253,896
		<u> </u>	<u> </u>
NET ASSETS		349,954	253,972
		<u> </u>	<u> </u>
Financed by:			
ACCUMULATED FUNDS	11		
Restricted Funds			
National Lottery 2020		26,046	10,322
Jack Brunton Charitable Trust		-	895
Middlesbrough Erimus Rotary Club		-	409
William Leach Charity		2,000	-
Tees Millions		1,000	-
The Rothley Trust		1,000	-
Awards for All		8,388	-
		<u> </u>	<u> </u>
		38,434	11,626
Unrestricted Funds		311,520	242,346
		<u> </u>	<u> </u>
		349,954	253,972
		<u> </u>	<u> </u>

TEESVALLEY WOMEN'S CENTRE LTD

BALANCE SHEET – Continued
AS AT 31ST MARCH 2025

The directors are satisfied that the company was entitled to exemption under section 477 of the Companies Act 2006 and that members have not requested an audit in accordance with section 476.

The directors acknowledge their responsibilities for:

- i ensuring that the company keeps accounting records which comply with section 386; and
- ii preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of sections 394 and 395, and which otherwise comply with the requirements of this Act relating to accounts, so far as applicable to the company.

These accounts have been prepared in accordance with the special provisions for small companies under part 15 of the Companies Act 2006 and The Financial Reporting Standard for Smaller Entities (effective January 2019).

Trustee: K. Kaur

Trustee: B. Begg

Date: 12th November 2025

Date: 12th November 2025

TeesValley Womens Centre Ltd- 05244511

TEESVALLEY WOMEN'S CENTRE LTD

NOTES TO THE 2025 ACCOUNTS

1. ACCOUNTING POLICIES

1.1 General information and basis of preparation

The charity is a company limited by guarantee. The members of the company are the trustees named on page 2. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £10 per member of the charity. The address of the registered office is given in the charity information on page 2 of these financial statements.

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts.

The accounts have been prepared in accordance with:

- the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16th July 2014
- the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102)
- and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been applied consistently to all years presented unless otherwise stated.

1.2 Funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Restricted funds arise when the company receives grants and other significant donations and the use of these funds may be restricted by the donor to a particular area of the company's work. A detailed record is maintained by the company of all transactions relating to income. Unexpended funds at the end of the year are shown separately on the Balance Sheet as restricted funds.

1.3 Income Recognition

All incoming resources are included in the Statement of Financial Activities (SoFA) when the charity is legally entitled to the income after any performance conditions have been met, the amount can be measured reliably and it is probable that the income will be received.

For grants to be recognised the charity will have been notified of the amounts and the settlement date in writing. If there are conditions attached to the donation and this requires a level of performance before entitlement can be obtained then the income is deferred until those conditions are fully met or the fulfilment of those conditions is within the control of the charity and it is probable that they will be fulfilled.

Donated facilities and donated professional services are recognised in income at their fair value when their economic benefit is probable, it can be measured reliably and the charity has control over the item. Fair value is determined on the basis of the value of the gift to the charity. For example the amount the charity would be willing to pay in the open market for such facilities and services. A corresponding amount is recognised in expenditure.

TEESVALLEY WOMEN'S CENTRE LTD

NOTES TO THE 2025 ACCOUNTS – Continued

1.4 Expenditure recognition

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to that category. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties, it is probable that the settlement will be required and the amount of the obligation can be measured reliably.

1.5 Tangible Fixed Assets

Provision is made for depreciation on all tangible assets, at rates calculated to write off the cost or valuation, less estimated residual value, of each asset over its expected useful life, as follows:

Leasehold Buildings	Over the lease term
Office Equipment:	25.00% per annum on reducing balance
Computers	50.00% per annum on a straight line basis

1.6 Debtors and creditors receivable/payable within one year

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

1.7 Provisions

Provisions are recognised when the charity has an obligation at the balance sheet date as a result of a past event, it is probable that an outflow of economic benefits will be required in settlement and the amount can be reliably estimated.

1.8 Tax

The charity is an exempt charity within the meaning of schedule 3 of the Charities Act 2011 and is considered to pass the tests set out in paragraph 1 schedule 6 Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes.

1.9 Going Concern

The accounts have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

2. VOLUNTARY INCOME

	2025	2024
	£	£
Sundry Donations	7,636	6,337
Redcar & Cleveland Council: Rent (Donation in Kind)	17,000	17,000
	<hr/>	<hr/>
	24,636	23,337
	<hr/>	<hr/>

TEESVALLEY WOMEN'S CENTRE LTD

NOTES TO THE 2025 ACCOUNTS – Continued

3. INCOMING RESOURCES FROM CHARITABLE ACTIVITIES

	Restri- cted £	Unrest- ricted £	Total 2025 £	2024 £
Crèche Income	-	74,675	74,675	98,931
Government Subsidy-Childcare	-	118,969	118,969	63,055
Community Foundation	11,000	-	11,000	-
National Lottery	52,092	-	52,092	46,787
Awards For All	14,388	-	14,388	-
The Charles & Elsie Sykes Trust	-	-	-	2,500
Woodsmith Foundation	2,760	-	2,760	5,000
Tees Valley Community Foundation	-	-	-	2,500
Free Masons	-	-	-	1,200
Masonic Lodge	-	-	-	1,200
Ballinger Charitable Trust	-	20,000	20,000	20,000
The Archer Trust	-	1,000	1,000	1,000
The Hadrian Trust	-	-	-	2,000
Redcar Hydrogen Community Fund	-	-	-	1,296
The Noble Charitable Trust	-	-	-	1,500
Eco shop & Grant Income	-	3,254	3,254	5,712
Garfield Weston Foundation	-	-	-	10,000
North East Ladies Day	-	-	-	500
The Hedley Foundation	-	-	-	2,000
The Screwfix Foundation	-	-	-	2,050
The Jack Brunton Charitable Trust	2,500	-	2,500	2,500
29 th May 1961 Charitable Trust	4,000	-	4,000	4,000
Everyone Active	-	-	-	7,300
The Rothley Trust	1,000	-	1,000	1,250
Middlesbrough Erimus Rotary Club	-	-	-	409
Redcar Youth play	-	3,000	3,000	-
William Leach Charity	2,000	-	2,000	-
Catherine Cookson Charitable Trust	500	-	500	-
Arnold Clark Community Fund	2,500	-	2,500	-
The Austin & Hope Pilkinton Trust	1,000	-	1,000	-
R & C Fareshare (Eco Shop)	1,000	-	1,000	-
Tees Million	3,500	-	3,500	-
Decerna	2,000	-	2,000	-
Beyond Housing	495	-	495	-
Karbon Homes	1,500	-	1,500	-
	<u>102,235</u>	<u>220,898</u>	<u>323,133</u>	<u>282,690</u>

TEESVALLEY WOMENS CENTRE LTD

NOTES TO THE 2025 ACCOUNTS-Continued

4. RESOURCES EXPENDED

	Total 2025	Total 2024
	£	£
Salaries, & NI	201,785	211,644
Staff pensions costs	2,125	2,071
Crèche Expenses	19,208	21,371
Rent and Rates	18,556	18,027
Heat and Light	5,938	7,187
Printing and Stationery	684	410
Insurance	3,746	3,657
Repair, Renewals and Cleaning	9,716	7,993
Telephone	2,782	2,100
Sundries	594	874
Equipment Leases	1,906	2,231
Accountancy Fees	1,698	1,679
Subscriptions	3,881	3,812
Depreciation	1,948	24
Consultancy & Monitoring Fees	4,875	9,153
Computer Maintenance	3,185	3,126
Grant Funded Projects	1,465	5,639
Beneficiary, Volunteer & Creche Subsidies	638	-
Staff Training	1,246	480
Bank Charges	1,276	1,475
Eco shop purchases	3,726	5,310
Event costs	501	-
Donations	-	757
Loss on disposal	8	-
	<hr/>	<hr/>
	291,487	309,020
	<hr/>	<hr/>

5. NET INCOMING RESOURCES

This is stated after charging:	2025	2024
	£	£
Depreciation	1,948	24
Independent Examiners Fees (including VAT)	1,698	1,679

6. TRUSTEES REMUNERATION & RELATED PARTY TRANSACTIONS

No member of the management committee received any remuneration during the year.

TEESVALLEY WOMENS CENTRE LTD

NOTES TO THE 2025 ACCOUNTS – Continued

7. EMPLOYEE INFORMATION

	2025
	£
7.1 Staff Costs	
Salaries and wages	191,572
Social security costs	10,213
	<u>201,785</u>

7.2 The average number of employees in the year was 16 (2024-16).

7.3 There were no employees paid by the charity whose annual emoluments were £60,000 or more.

8. TANGIBLE FIXED ASSETS

	<u>Leasehold</u>	<u>Computer</u>	<u>Other</u>	<u>Total</u>
	<u>Alterations</u>	<u>Equipment</u>	<u>Equipment</u>	
Cost at 1st April 2024	95,040	38,773	19,623	153,436
Additions	-	2,136	3,451	5,587
Disposals	-	(38,773)	(1,144)	(39,917)
Cost at 31st March 2025	<u>95,040</u>	<u>2,136</u>	<u>21,930</u>	<u>119,106</u>
Depreciation at 1st April 2024	95,040	38,773	19,547	153,360
Charge for the year	-	1,068	880	1,948
Written off on disposal	-	(38,773)	(1,136)	(39,909)
Depreciation at 31st March 2025	<u>95,040</u>	<u>1,068</u>	<u>19,291</u>	<u>115,399</u>
Net book value at 31st March 2025	<u>-</u>	<u>1,068</u>	<u>2,639</u>	<u>3,707</u>
Net book value at 1st April 2024	<u>-</u>	<u>-</u>	<u>76</u>	<u>76</u>

All assets are used for direct charitable purposes and administration of the charity.

9. DEBTORS

	2025	2024
	£	£
Trade debtors	10,076	5,390
Prepayments	476	290
Other debtors	-	-
	<u>10,552</u>	<u>5,680</u>

TEESVALLEY WOMENS CENTRE LTD

NOTES TO THE 2025 ACCOUNTS – Continued

10. CREDITORS – AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025	2024
	£	£
Trade creditors	2,839	704
Taxes and social security costs	2,095	4,626
Other creditors and accruals	5,053	4,199
Grants received in advance	-	-
	<hr/>	<hr/>
	9,987	9,529
	<hr/> <hr/>	<hr/> <hr/>

11. RESTRICTED FUNDS AND ANALYSIS OF NET ASSETS BETWEEN FUNDS

11.1 Restricted Funds

When the company receives grants and other significant donations the use of these funds may be restricted by the donor to a particular area of the company's work. A detailed record is maintained by the company of all transactions relating to income. Unexpended funds at the end of the year are shown separately on the Balance Sheet as restricted funds.

11.2 Analysis of net assets between funds

Fund balances at 31st March 2025 are represented by:

	Restricted Funds £	General Funds £	Total £
Fixed Assets	-	3,707	3,707
Current Assets			
Debtors & Prepayments	-	10,552	10,552
Cash at Bank and in Hand	38,434	307,248	345,682
Current Liabilities	-	(9,987)	(9,987)
	<hr/>	<hr/>	<hr/>
	38,434	311,520	349,954
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

TEESVALLEY WOMENS CENTRE LTD- 05244511
(A Company Limited by Guarantee)

FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31ST MARCH 2025

TEESVALLEY WOMENS CENTRE LTD

TRUSTEES' REPORT FOR THE YEAR ENDED 31ST MARCH 2025

The Management Committee presents its report and financial statements for the Year ended 31 March 2025.

Reference and Administrative Information

Charity Name:	Tees Valley Women's Centre Ltd
Charity Registration number	1106950
Company Registration number	5244511
Registered Office and Operational Address	TeesValley Womens Centre Upper Albion Street SouthBank TS6 6XG

Management Committee:

K Kaur	Chairperson
E McTiernan	Secretary
B Begg	Treasurer
K Coates	
L Keating	

Senior Management Team

D Middleton	Centre Manager
D Winstanley	Finance
L Blackmore	Nursery Manager

Accountants

Leonard Bye Limited, 80 Borough Road, Middlesbrough, TS1 2JN

Bankers

Virgin Money, 7 Linthorpe Road, Middlesbrough, TS1 1RF
Shawbrook Bank Limited, Lutea House, Essex, CM13 3BE
Scottish Widows charity deposit account

TEESVALLEY WOMENS CENTRE LTD

TRUSTEES' REPORT FOR THE YEAR ENDED 31ST MARCH 2025

Governing Document

The organisation is a charitable company limited by Guarantee; it was incorporated on 28th September 2004 and registered as a charity on 13th July 1994. The Company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its articles of association. In the event of the company being wound up members are required to contribute an amount not exceeding £10.

Recruitment and Appointment of Management Committee

The directors of the company are also charity trustees for the purposes of charity law and under the company's articles are known as members of the Management Committee. Under the requirements of the Memorandum and Articles of Association the members of the Management Committee are elected to serve for a period of three years after which they must be re-elected at the next Annual General Meeting.

To enhance the potential pool of trustees, the charity continues through selective advertising and networking with other organisations sought to identify women, especially users of the centre, who would be willing to become members of the Management Committee and use their own experience to assist the charity.

Trustee Induction and Training

Most Trustees are already familiar with the practical work of the charity having been encouraged to take part in continuous training.

Additionally new trustees are invited and encouraged to attend a series of short training sessions to familiarise themselves with the charity and the context within which it operates. Covering the following:

- The obligations of Management Committee Members
- The main documents which set out the operational framework for the charity including the Memorandum and Articles
- Resourcing and the current financial position as set out in the latest published accounts
- Future plans and objectives.
- Safeguarding.

TEESVALLEY WOMENS CENTRE LTD

TRUSTEES' REPORT FOR THE YEAR ENDED 31ST MARCH 2025 **(-CONTINUED)**

Organisational Structure

TeesValley Women's Centre has a management committee of up to 8 members who meet regularly and are responsible for the strategic direction and policy of the charity.

The Management Team have the day-to-day responsibility for the provision of services, supervision of the staff, Staff development of skills and working practices in line with good practice.

Objectives and activities

The Company's objectives and principal activities are to:

- Relieve women residents in Tees Valley and surrounding areas who are in conditions of need, hardship and distress.
- The protection and preservation of the health of women residents
- The provision of facilities for recreation or other leisure time occupation.

The main objectives and activities for the year continue to focus on Women's needs, the strategies employed to assist the charity to meet these objectives include the following:

- Provide a wide range of vocational/non vocational courses.
- To provide a non-threatening space for women to feel safe and develop their skills and knowledge
- Reduce isolation.
- To provide good quality childcare within the Centre Nursery.

The trustees confirm that they have taken into consideration the Charity Commissions guidance on public benefit when planning the charity's activities.

Achievements and Performance

Tees Valley Women's Centre is a pioneering grass roots venture managed by a volunteer Management committee, providing a one stop shop for women in a non-threatening safe environment helping to support the wellbeing of local women, improve their quality of life by giving support, advice and guidance, training and education, access to employment and employment opportunities, and helping to tackle social exclusion.

This is supported by free childcare facilities for women attending courses in our Ofsted registered Nursery. The TVT Nursery also runs affordable daily nursery provision and is registered to provide the governments (free 15/30 hrs.) early years provision for 2- & 3-year-old and the new 30hrs provision for working parents.

The Centre continues to go from strength to strength, with additional services being added when available to enhance and improve the services we can offer to local women.

The Centre will during 2025/26 continue to offer its services to local women looking to gain employment, update training and educational skills, gain self confidence and self-esteem, enabling them to become job ready. We will continue to provide a holistic approach to women's issues, especially with regard to mental health & anxiety issues which have risen greatly over the last few years. Offering workshops and well-being courses in smaller groups, alongside a warm & welcoming safe space, debt advice, employability sessions, a sexual health drop-in service and access to legal advice.

Our ECO shop provision will also be available to women attending the Centre and our Warm Wednesday will continue to provide a hot meal to local women in need.

TEESVALLEY WOMENS CENTRE LTD

TRUSTEES' REPORT FOR THE YEAR ENDED 31ST MARCH 2025 **(-CONTINUED)**

The Centre is fully committed to meeting the needs of all women including providing a safe place to study. and taking a holistic approach to all issues affecting women's lives hence our constant search for new funding & training opportunities within the Tees Valley Area.

Principal Funding

Against the backdrop of limited resources and greater insecurities over funding it has become increasingly difficult to plan or develop services. Nevertheless, the charity with the aid of sound financial management and support of both its staff and volunteers managed over the past year to generate funds through its Nursery provision, room hire, as well as grant funding from partnerships & trusts.

We are continuously searching for new funding from grant giving organisations sympathetic to our ethos.

Investment Policy

The Trustees have operated an investment policy of maintaining funds in an interest bearing current & deposit accounts, where the funds are easily accessible for the day to day running of the charity.

Reserves Policy

The Trustees have established a policy whereby the unrestricted funds, not committed or invested in tangible fixed assets, held by the charity should be equal to 6 months of the unrestricted expenditure. Our current reserves are currently slightly higher than this as we anticipate much higher running costs in the coming year due to both the energy and cost of living crisis, along with increases to the NMW.

Future Planning

The Charity plans to continue the activities outlined previously during the forthcoming years subject to satisfactory funding arrangements. We look forward to growing our services in line with the needs of the local women in our community.

Funding streams and grant provisions are constantly changing and are even more in high demand as more charities compete for funds.

With the ever-increasing need for education & training the Centre will hopefully be at the forefront of helping women reach their true potential both in their personal and employment goals.

Our Nursery facility continues to grow and is now offering longer hours for working parents.

Responsibilities of the Management Committee

The Management Committee are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the Management Committee to prepare financial statements for each financial year which give a true and fair view of the state of the affairs of the charitable company and of the incoming resources and application of resources, including income and expenditure, of the charitable company for the financial year. In preparing these financial statements, the management committee are required to:

- Select suitable accounting policies and then apply them consistently
- Observe the methods and principles in the Charities SORP
- Make judgments and estimates that are reasonable and prudent
- State whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements.
- Prepare the financial statements on the going concern basis unless it is inappropriate to assume that the company will continue on that basis.

TEESVALLEY WOMENS CENTRE LTD

TRUSTEES' REPORT FOR THE YEAR ENDED 31ST MARCH 2025
(-CONTINUED)

The Management committee is responsible for keeping adequate records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. The Management committee is also responsible for safeguarding the assets of the charitable company and for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Members of the Management Committee

Members of the Management Committee, who are directors for the purpose of company law, and trustees for the purpose of charity law, who served during the year and up to the date of this report are set out on Page 2.

In accordance with company law, as the company's directors, we certify that:

- So far as we are aware, there is no relevant information of which the company's independent examiners are unaware
- As the directors of the company, we have taken all the steps that we ought to have taken in order to make ourselves aware of any relevant information and to establish that the charity's independent examiners are aware of that information.

Independent Examiners

Leonard Bye accountants were re-appointed as the charitable company's Independent Examiners during the year and have expressed their willingness to continue in that capacity.

This report has been prepared having taken advantage of the small companies' exemption in the Companies Act 2006.

Approved by the Management Committee on 12th November 2025 and signed on its behalf by:

K. Kaur

Trustee

ACCOUNTANTS REPORT
TEESVALLEY WOMENS CENTRE LTD
IN RESPECT OF THE YEAR TO 31ST MARCH 2025

I report on the accounts for the year ended 31st March 2025, set out on pages 8 to 16.

Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to an audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to our attention.

Basis of independent examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- 1 which gives me reasonable cause to believe that, in any material respect, the requirements:
 - to keep accounting records in accordance with section 386 of the Companies Act 2006; and
 - to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charitieshave not been met; or
- 2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Mrs J. E. Shield BA FCA

For and on behalf of:

Leonard Bye Limited

Chartered Accountants

80 Borough Road

Middlesbrough

TS1 2JN

Dated: 18th November 2025

TEESVALLEY WOMEN'S CENTRE LTD

**STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING INCOME
AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31ST MARCH 2025**

		<u>2025</u> £	<u>2025</u> £	<u>2025</u> £	<u>2024</u> £
		<u>Restricted</u> <u>Funds</u>	<u>Unrest'ed</u> <u>Funds</u>	<u>Totals</u>	<u>Totals</u>
INCOMING RESOURCES	Notes				
Incoming resources from generating funds					
Voluntary Income	2	-	24,636	24,636	23,337
Activities for generating funds – room hire			37,883	37,883	32,580
Investment Income		-	1,817	1,817	1,161
Incoming resources from charitable activities	3	102,235	220,898	323,133	282,690
Other Income- Government Grants		-	-	-	-
Total Incoming Resources		<u>102,235</u>	<u>285,234</u>	<u>387,469</u>	<u>339,768</u>
RESOURCES EXPENDED					
Charitable activities		75,427	195,987	271,414	280,188
Governance costs		-	15,198	15,198	19,679
Cost of Generating funds		-	4,875	4,875	9,153
Total Resources Expended	4	<u>75,427</u>	<u>216,060</u>	<u>291,487</u>	<u>309,020</u>
NET INCOMING RESOURCES / (RESOURCES EXPENDED) BEFORE TRANSFERS	5	26,808	69,174	95,982	30,748
TRANSFER BETWEEN FUNDS - Reclassification of funding		-	-	-	-
NET MOVEMENT IN FUNDS		26,808	69,174	95,982	30,748
FUND BALANCES B/F		11,626	242,346	253,972	223,224
FUND BALANCES C/FORWARD		<u>38,434</u>	<u>311,520</u>	<u>349,954</u>	<u>253,972</u>

TEESVALLEY WOMEN'S CENTRE LTD

BALANCE SHEET
AS AT 31ST MARCH 2025

		<u>2025</u>	<u>2024</u>
	Notes	£	£
FIXED ASSETS			
Tangible Assets	8	3,707	76
CURRENT ASSETS			
Debtors	9	10,552	5,680
Cash at Bank and in hand		345,682	257,745
		<u>356,234</u>	<u>263,425</u>
Creditors – amounts falling due within one year	10	9,987	9,529
		<u> </u>	<u> </u>
NET CURRENT ASSETS		346,247	253,896
		<u> </u>	<u> </u>
NET ASSETS		349,954	253,972
		<u> </u>	<u> </u>
Financed by:			
ACCUMULATED FUNDS	11		
Restricted Funds			
National Lottery 2020		26,046	10,322
Jack Brunton Charitable Trust		-	895
Middlesbrough Erimus Rotary Club		-	409
William Leach Charity		2,000	-
Tees Millions		1,000	-
The Rothley Trust		1,000	-
Awards for All		8,388	-
		<u> </u>	<u> </u>
		38,434	11,626
Unrestricted Funds		311,520	242,346
		<u> </u>	<u> </u>
		349,954	253,972
		<u> </u>	<u> </u>

TEESVALLEY WOMEN'S CENTRE LTD

BALANCE SHEET – Continued
AS AT 31ST MARCH 2025

The directors are satisfied that the company was entitled to exemption under section 477 of the Companies Act 2006 and that members have not requested an audit in accordance with section 476.

The directors acknowledge their responsibilities for:

- i ensuring that the company keeps accounting records which comply with section 386; and
- ii preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of sections 394 and 395, and which otherwise comply with the requirements of this Act relating to accounts, so far as applicable to the company.

These accounts have been prepared in accordance with the special provisions for small companies under part 15 of the Companies Act 2006 and The Financial Reporting Standard for Smaller Entities (effective January 2019).

Trustee: K. Kaur

Trustee: B. Begg

Date: 12th November 2025

Date: 12th November 2025

TeesValley Womens Centre Ltd- 05244511

TEESVALLEY WOMEN'S CENTRE LTD

NOTES TO THE 2025 ACCOUNTS

1. ACCOUNTING POLICIES

1.1 General information and basis of preparation

The charity is a company limited by guarantee. The members of the company are the trustees named on page 2. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £10 per member of the charity. The address of the registered office is given in the charity information on page 2 of these financial statements.

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts.

The accounts have been prepared in accordance with:

- the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16th July 2014
- the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102)
- and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been applied consistently to all years presented unless otherwise stated.

1.2 Funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Restricted funds arise when the company receives grants and other significant donations and the use of these funds may be restricted by the donor to a particular area of the company's work. A detailed record is maintained by the company of all transactions relating to income. Unexpended funds at the end of the year are shown separately on the Balance Sheet as restricted funds.

1.3 Income Recognition

All incoming resources are included in the Statement of Financial Activities (SoFA) when the charity is legally entitled to the income after any performance conditions have been met, the amount can be measured reliably and it is probable that the income will be received.

For grants to be recognised the charity will have been notified of the amounts and the settlement date in writing. If there are conditions attached to the donation and this requires a level of performance before entitlement can be obtained then the income is deferred until those conditions are fully met or the fulfilment of those conditions is within the control of the charity and it is probable that they will be fulfilled.

Donated facilities and donated professional services are recognised in income at their fair value when their economic benefit is probable, it can be measured reliably and the charity has control over the item. Fair value is determined on the basis of the value of the gift to the charity. For example the amount the charity would be willing to pay in the open market for such facilities and services. A corresponding amount is recognised in expenditure.

TEESVALLEY WOMEN'S CENTRE LTD

NOTES TO THE 2025 ACCOUNTS – Continued

1.4 Expenditure recognition

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to that category. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties, it is probable that the settlement will be required and the amount of the obligation can be measured reliably.

1.5 Tangible Fixed Assets

Provision is made for depreciation on all tangible assets, at rates calculated to write off the cost or valuation, less estimated residual value, of each asset over its expected useful life, as follows:

Leasehold Buildings	Over the lease term
Office Equipment:	25.00% per annum on reducing balance
Computers	50.00% per annum on a straight line basis

1.6 Debtors and creditors receivable/payable within one year

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

1.7 Provisions

Provisions are recognised when the charity has an obligation at the balance sheet date as a result of a past event, it is probable that an outflow of economic benefits will be required in settlement and the amount can be reliably estimated.

1.8 Tax

The charity is an exempt charity within the meaning of schedule 3 of the Charities Act 2011 and is considered to pass the tests set out in paragraph 1 schedule 6 Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes.

1.9 Going Concern

The accounts have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

2. VOLUNTARY INCOME

	2025	2024
	£	£
Sundry Donations	7,636	6,337
Redcar & Cleveland Council: Rent (Donation in Kind)	17,000	17,000
	<hr/>	<hr/>
	24,636	23,337
	<hr/>	<hr/>

TEESVALLEY WOMEN'S CENTRE LTD

NOTES TO THE 2025 ACCOUNTS – Continued

3. INCOMING RESOURCES FROM CHARITABLE ACTIVITIES

	Restri- cted £	Unrest- ricted £	Total 2025 £	2024 £
Crèche Income	-	74,675	74,675	98,931
Government Subsidy-Childcare	-	118,969	118,969	63,055
Community Foundation	11,000	-	11,000	-
National Lottery	52,092	-	52,092	46,787
Awards For All	14,388	-	14,388	-
The Charles & Elsie Sykes Trust	-	-	-	2,500
Woodsmith Foundation	2,760	-	2,760	5,000
Tees Valley Community Foundation	-	-	-	2,500
Free Masons	-	-	-	1,200
Masonic Lodge	-	-	-	1,200
Ballinger Charitable Trust	-	20,000	20,000	20,000
The Archer Trust	-	1,000	1,000	1,000
The Hadrian Trust	-	-	-	2,000
Redcar Hydrogen Community Fund	-	-	-	1,296
The Noble Charitable Trust	-	-	-	1,500
Eco shop & Grant Income	-	3,254	3,254	5,712
Garfield Weston Foundation	-	-	-	10,000
North East Ladies Day	-	-	-	500
The Hedley Foundation	-	-	-	2,000
The Screwfix Foundation	-	-	-	2,050
The Jack Brunton Charitable Trust	2,500	-	2,500	2,500
29 th May 1961 Charitable Trust	4,000	-	4,000	4,000
Everyone Active	-	-	-	7,300
The Rothley Trust	1,000	-	1,000	1,250
Middlesbrough Erimus Rotary Club	-	-	-	409
Redcar Youth play	-	3,000	3,000	-
William Leach Charity	2,000	-	2,000	-
Catherine Cookson Charitable Trust	500	-	500	-
Arnold Clark Community Fund	2,500	-	2,500	-
The Austin & Hope Pilkinton Trust	1,000	-	1,000	-
R & C Fareshare (Eco Shop)	1,000	-	1,000	-
Tees Million	3,500	-	3,500	-
Decerna	2,000	-	2,000	-
Beyond Housing	495	-	495	-
Karbon Homes	1,500	-	1,500	-
	<u>102,235</u>	<u>220,898</u>	<u>323,133</u>	<u>282,690</u>

TEESVALLEY WOMENS CENTRE LTD

NOTES TO THE 2025 ACCOUNTS-Continued

4. RESOURCES EXPENDED

	Total 2025	Total 2024
	£	£
Salaries, & NI	201,785	211,644
Staff pensions costs	2,125	2,071
Crèche Expenses	19,208	21,371
Rent and Rates	18,556	18,027
Heat and Light	5,938	7,187
Printing and Stationery	684	410
Insurance	3,746	3,657
Repair, Renewals and Cleaning	9,716	7,993
Telephone	2,782	2,100
Sundries	594	874
Equipment Leases	1,906	2,231
Accountancy Fees	1,698	1,679
Subscriptions	3,881	3,812
Depreciation	1,948	24
Consultancy & Monitoring Fees	4,875	9,153
Computer Maintenance	3,185	3,126
Grant Funded Projects	1,465	5,639
Beneficiary, Volunteer & Creche Subsidies	638	-
Staff Training	1,246	480
Bank Charges	1,276	1,475
Eco shop purchases	3,726	5,310
Event costs	501	-
Donations	-	757
Loss on disposal	8	-
	<hr/>	<hr/>
	291,487	309,020
	<hr/>	<hr/>

5. NET INCOMING RESOURCES

This is stated after charging:	2025	2024
	£	£
Depreciation	1,948	24
Independent Examiners Fees (including VAT)	1,698	1,679

6. TRUSTEES REMUNERATION & RELATED PARTY TRANSACTIONS

No member of the management committee received any remuneration during the year.

TEESVALLEY WOMENS CENTRE LTD

NOTES TO THE 2025 ACCOUNTS – Continued

7. EMPLOYEE INFORMATION

	2025
	£
7.1 Staff Costs	
Salaries and wages	191,572
Social security costs	10,213
	<u>201,785</u>

7.2 The average number of employees in the year was 16 (2024-16).

7.3 There were no employees paid by the charity whose annual emoluments were £60,000 or more.

8. TANGIBLE FIXED ASSETS

	<u>Leasehold</u>	<u>Computer</u>	<u>Other</u>	<u>Total</u>
	<u>Alterations</u>	<u>Equipment</u>	<u>Equipment</u>	
Cost at 1st April 2024	95,040	38,773	19,623	153,436
Additions	-	2,136	3,451	5,587
Disposals	-	(38,773)	(1,144)	(39,917)
Cost at 31st March 2025	<u>95,040</u>	<u>2,136</u>	<u>21,930</u>	<u>119,106</u>
Depreciation at 1st April 2024	95,040	38,773	19,547	153,360
Charge for the year	-	1,068	880	1,948
Written off on disposal	-	(38,773)	(1,136)	(39,909)
Depreciation at 31st March 2025	<u>95,040</u>	<u>1,068</u>	<u>19,291</u>	<u>115,399</u>
Net book value at 31st March 2025	<u>-</u>	<u>1,068</u>	<u>2,639</u>	<u>3,707</u>
Net book value at 1st April 2024	<u>-</u>	<u>-</u>	<u>76</u>	<u>76</u>

All assets are used for direct charitable purposes and administration of the charity.

9. DEBTORS

	2025	2024
	£	£
Trade debtors	10,076	5,390
Prepayments	476	290
Other debtors	-	-
	<u>10,552</u>	<u>5,680</u>

TEESVALLEY WOMENS CENTRE LTD

NOTES TO THE 2025 ACCOUNTS – Continued

10. CREDITORS – AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025	2024
	£	£
Trade creditors	2,839	704
Taxes and social security costs	2,095	4,626
Other creditors and accruals	5,053	4,199
Grants received in advance	-	-
	<hr/>	<hr/>
	9,987	9,529
	<hr/> <hr/>	<hr/> <hr/>

11. RESTRICTED FUNDS AND ANALYSIS OF NET ASSETS BETWEEN FUNDS

11.1 Restricted Funds

When the company receives grants and other significant donations the use of these funds may be restricted by the donor to a particular area of the company's work. A detailed record is maintained by the company of all transactions relating to income. Unexpended funds at the end of the year are shown separately on the Balance Sheet as restricted funds.

11.2 Analysis of net assets between funds

Fund balances at 31st March 2025 are represented by:

	Restricted Funds £	General Funds £	Total £
Fixed Assets	-	3,707	3,707
Current Assets			
Debtors & Prepayments	-	10,552	10,552
Cash at Bank and in Hand	38,434	307,248	345,682
Current Liabilities	-	(9,987)	(9,987)
	<hr/>	<hr/>	<hr/>
	38,434	311,520	349,954
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>