

2023

3/31/2023

# TEESVALLEY WOMENS CENTRE 2023

Annual Report & Accounts

Charity Reg No: 1106950



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## **Mission Statement**

TeesValley Women's Centre is a pioneering grass roots venture providing a one stop shop for women in a safe non-judgmental environment helping to support the wellbeing of local women, improve their quality of life by supplying one to one support, advice & guidance, training, and education, along with employment opportunities, helping to tackle social exclusion. Signposting to outside agencies when necessary.

We are a community-based organisation operating across the whole of the Tees Valley area. Working with local colleges, education providers, local Councils, and partner agencies to relieve the stress and hardship faced by our current economic climate, giving women the chance to change their circumstances through the provision of choice and opportunity, knowledge & support.

We have been operating for over 35 years and have helped many women achieve their goals and aspirations, take up employment opportunities, further their educational qualifications or simply help them to have belief in themselves, empowering them to achieve.

We believe when we help a woman, we also help her family as they too benefit from her experience, self-worth, and belief that the impossible can be achieved.



### Mission & Aims

Tees Valley Women's Centre is a pioneering grass roots venture providing a one stop shop for women in a non-threatening safe environment helping to support the wellbeing of local women, improve their quality of life by supplying one to one support, advice & guidance, training, and education, along with employment opportunities, helping to tackle social exclusion. Signposting to outside agencies when necessary.

### Equality & Diversity Policy

TVWC's Equality & Diversity Policy applies to all beneficiaries, employees, funding bodies, host and partner organisations, sub-contractors, Committee members and volunteers. We are committed to encouraging equality, diversity, and inclusion among our workforce, and eliminating unlawful discrimination.

The aim is for our workforce to be truly representative of all sections of society and our customers, and for each employee to feel respected and able to give their best.

The organisation - in providing services and facilities - is also committed against unlawful discrimination against customers or the public.

The Centre is accessible for wheelchairs and has disabled facilities; interpreters are available on request; Free parking is available on site, and we are close to main bus & train services.

The Committee members and all staff have a responsibility and commitment to be pro-active in promoting and celebrating diversity and tackling unlawful discrimination, by working hard to secure a truly inclusive women only environment, creating better working relationships in an atmosphere of inclusion.

### Equal Opportunities Monitoring

Staff & Executive Members	Female	White	Ethnic	Disabled	Age 65+
Executive Members	7	6	1	0	4
Paid staff	12	11	1	0	0
Volunteers	10	7	3	1	3
TOTALS	36	31	4	1	7
%	100%	86%	11%	3%	20%

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## Access to Services

Telephone: 01642 296166

Email: [Operations@tvwc.org.uk](mailto:Operations@tvwc.org.uk)  
[Reception@tvwc.org.uk](mailto:Reception@tvwc.org.uk)  
[Manager@tvwc.org.uk](mailto:Manager@tvwc.org.uk)

Website: [www.teesvalleywomenscentre.co.uk](http://www.teesvalleywomenscentre.co.uk)  
[www.teesvalleywomenscentre.org.uk](http://www.teesvalleywomenscentre.org.uk)

Opening Times: Centre  
Monday to Friday 9:00 - 4:30 pm  
Courses/Activities Timetable available each term.

Nursery  
Monday to Friday 8:30 - 5:30 pm

Full Day/Morning & Afternoon sessions available

## In-house facilities:

Accessible for wheelchairs  
Interpreting service on request  
Disabled facilities  
On site Nursery  
Legal advice clinic – Monthly  
Debt advice clinic – Twice Weekly  
Training Rooms for Hire  
Catering Kitchen

## ENVIRONMENTAL STRATEGY

TVWC supports the development of sustainable local communities, mainly in the area of raising awareness and understanding of the need to conserve natural resources and the environment. Beneficiaries access opportunities to activities, which support the framework of local Agenda 21 and local council's environmental sustainability strategy.

Although this project is not an environmental project and as such will not immediately or actively address local environmental issues however, all partners, agencies, beneficiaries are actively encouraged to be committed to environmental sustainability and the prudent use of natural resources. All those participating adhere to TVWC recycling policies of all waste such as paper, glass, plastic, and ICT related items.

Our classes encourage recycling of materials and re-purposing them wherever possible.

## **Essential Information**



Working Name:	T V W C
Charity No:	1106950
Date of Registration	13/7/1994
Governing Document	Incorporated 28/09/2004
Company Reg No:	5244511
Company Registered name	Tees Valley Women's Centre Ltd
Former Name	Name changed 22/12/2008. South Bank Women's Centre
Ofsted registration	EY552306 (Tees Valley Tots)
Year End	31 <sup>st</sup> March
Charity Correspondent:	Mrs. Debby Winstanley Manager/Finance Upper Albion Street Southbank TS6 6XG
Contact Number	01642 296166
Contact e mail	debby.winstanley@tvwc.org.uk

## **Management Committee:**

## **Trustee/Directors**

(Management committee, who are directors for the purpose of company law, and trustees for the purpose of charity law.)

K. Kaur	Chairperson
B Begg	Treasurer
J Corbett	Secretary
E McTiernan	
K Coates	
L Keating	

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**Staff numbers during 22/23**

Managerial	4
Administrative staff	1
Nursery Staff p/t	9
Nursery Apprentice	1
Nursery - Placements	2
Cleaning staff p/t	1
Volunteers	10 (average)

**External Advisor & Fundraiser**

ML Shehata Consultant

**Accountant/Auditors**

Leonard Bye, 80 Borough Road, Middlesbrough, TS1 2JN  
Tel No: 01642 246006

**Legal advisers:**

Avensure Limited  
South Central, Peter Street, Manchester M2 QR

**Bank Accounts**

Virgin Money  
7 Linthorpe Road  
Middlesbrough

SHAWBROOK BANK (60 days' notice ac)

SCOTTISH WIDOWS (savings ac)



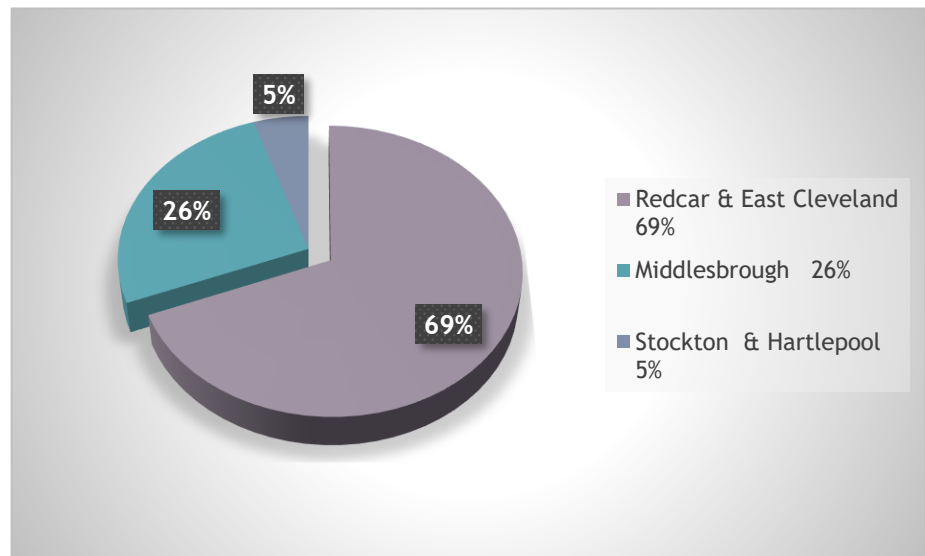


## Area of Benefit

Tees Valley Middlesbrough, Redcar & Cleveland, Stockton & districts, East Cleveland.  
(Tees Valley wide)

Women accessing the Centre during 22/23

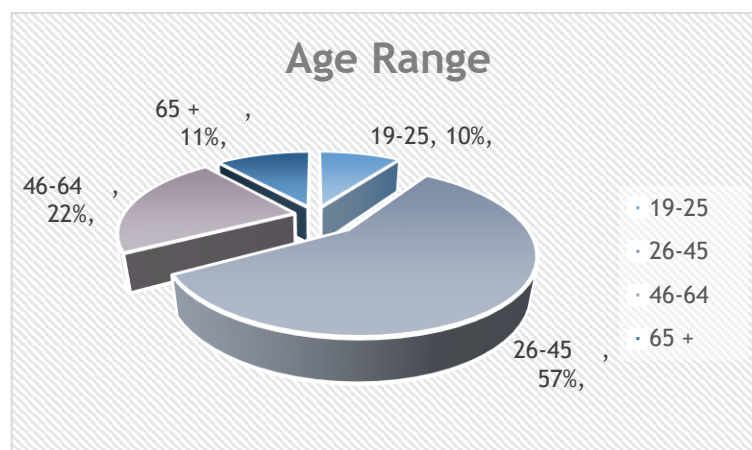
By Postcode



### Who Benefits:

All women, Young, Elderly, housebound, women with a disability, young mothers, disadvantaged/disaffected women, unemployed, women with mental health problems, ex-offenders, prisoners, probation services, partnership organisations, and the local community?

### Age range of women accessing our services during the year to 31/03/2023



## Local Organisations we are working with:

Age UK  
Alphatech  
Catalyst Stockton on Tees  
Cleveland Housing Advice Centre. (housing & benefit issues)  
Cleveland Women's Network (Women's issues)  
Citizens Advice  
DTVCR  
Eden Training  
Eva women's aid – signposting for Domestic Violence  
Fare Share Northeast (Eco Shop)  
Foundation Housing  
Hartlepool B Council  
HALO Project  
Job Centre plus (providing training courses for the unemployed)  
Learning Curve Group  
Local food Banks  
Middlesbrough College  
Middlesbrough Mind  
Middlesbrough PCC  
Middlesbrough PCT  
MVDA Middlesbrough Voluntary Agency  
My Sisters Place – signposting for Domestic Violence  
N.E.L.D Ladies  
Prior Pursglove College  
R & C Borough Council – Community issues.  
R & C Mind (working with vulnerable adults)  
R & Cleveland Children's Services  
R & C SEN services  
R & C Adult Education services  
R & C Financial inclusion Group  
RCVDA – Voluntary Agency  
Savvy Hair & Beauty  
Social Prescribers (working with the NHS)  
Tees Valley Combined Authority  
Teesside University  
Thirteen Housing Group



## LETTER FROM THE CHAIR

I would like to thank all the staff of TVWC for their continued hard work & dedication in making the Women's Centre a warm and welcoming place for women to access our services.

Whether it's for emotional, educational, welfare, advice or just a cup of tea we love to welcome women old & new into our Centre.

Now that we seem to have finally come out of the apathy created by the pandemic, we are seeing a lot more positive changes in women wanting to get on with their lives, learn new things, creating a future for themselves and their families.

Although the pandemic and its aftermath has brought its own problems for families to cope with, fuel & food poverty, mental health problems, lack of access to NHS services.

We at the women's Centre try to create a warm and safe space for all women to access helping them through their many problems, building up their self-esteem and hopefully helping them create a brighter future.

None of this would be possible without the hard work and dedication of the staff team, volunteers, grant funders and our board of trustees.

I would like to thank them all very much and hopefully we can continue the great results we achieve with the women in the local community.

Kind regards

Kally Kaur



Our volunteer Board of Trustees are responsible for the overall governance and strategic direction of the charity. They hold responsibility for the professional, legal, and financial management of all aspects of the charity, they oversee its strategies & policies alongside identifying and reviewing all relevant risks.

### Meet Some of our Trustees:



**Barbara Begg** - My name is Barbara Begg; I am 76 years old and from Nunthorpe in Middlesbrough.

I was introduced to Tees Valley Women's Centre around 8 years ago. Recently widowed, I was looking for things to occupy my time and I enrolled in a sewing class along with my daughter.

At the centre I met an abundance of people from all walks of life and was immediately made to feel welcome. As the years progressed and the soft furnishings in my house were all gradually replaced, I began to get more involved with the centre.

There was always a number of charitable events going on and as a keen home baker I happily contributed my time and cakes whenever required.

Spending more time in the centre allowed me to see firsthand the difference that could be made in young and older people's lives. Seeing young girls walk in at the beginning of a course with no confidence in themselves, then seeing them graduate and go onto new careers with a totally new lease of life ahead of them. It is also a place where all are welcome. The centre provides a safe and secure environment for people who may find themselves feeling lonely or isolated.

I was therefore delighted when I was invited to serve as treasurer on the committee, as not only would I be helping to ensure that the centre continues to offer all of its amazing services, but I would also be able to reuse and recall all the skills I learned working in a high street bank for years.



**Kaite Coates** – Hi, my name is Katie Coates, I am 30 years old from Middlesbrough and to put it in a short version, I owe my whole career to the Tees Valley Women's Centre.

13 years ago, I walked into the Centre at the young age of 17. As a new single Mum who had just had their education put to a halt due to the birth of their baby, to say I had no idea what to do next would be an understatement.

The Centre staff gave me advice on my current situation, directing me to advisors for my finances and informing me of everything the Centre could offer to help get my education back on track. With no idea what I wanted to do and worried about childcare, I enrolled on to a short Accountancy course. My son attended the onsite crèche for 1 day a week whilst I studied. Enrolling on the short course not only gave me something to add to my CV but it filled me with confidence that despite my situation, I could actually still go out and achieve.

With my newfound confidence and my new love of learning, I then enrolled on a teaching assistant course. With an underlying dream to work in education, this opportunity opened all the doors that has led to my current career. Throughout the course I was expected to find a placement to go alongside the qualification. With the additional help of childcare, my placement was extended and then led to employment due to the glowing reports from my tutor and the skills I had developed via the Centre. The Centre continued to help by supporting my childcare needs whilst I remained working on my placement after my course had finished.

I am now an Associate Assistant Headteacher at a local secondary school. I would never have fulfilled my dreams, reached my potential, or even known where to start if it wasn't for the fantastic service the women's Centre offered to me.

Not only will I forever be in awe of the work TVWC does, but I'll also be forever in debt to them all for their help. As a young, single, teenage Mum my life could have been steered anyway. But instead, through the guidance, support, warmth & love shown from the women in the Centre, my life mapped out better than I could have ever imagined.

I feel now by that volunteering as a trustee on the board of the Centre I am giving something back to those that helped me and feel that I'm also helping shape the future of women in similar situations to me.

Our trustees meet on a quarterly basis to discuss issues of importance such as organisation performance, administrative issues, budgeting issues, quality assurance, staffing levels, financial targets, and any other matters.

They are also regular visitors to the Centre, taking part in many of our activities, open days, and volunteering for fundraising events.

**HIGHLIGHTS & ACHIEVEMENTS 2022-23**

Our “access to healthcare course” which takes place 2 days a week in the Centre working in partnership with Learning Curve proved to be very successful for the women taking part. Eight of the students gained places at Teesside University to continue their studies in Nursing, Midwifery & paramedic science. This course is going from strength to strength and will be taking on new students in Sept 2023.

The availability of our onsite creche facility was a major factor in these ladies being able to study without the worry of childcare, and the safe, welcoming, non-judgmental ethos of the Centre created a warm & welcoming place to study.





## Key Services - What the Centre does to achieve.

- It provides a safe, comfortable, friendly environment for women to meet, especially for minority ethnic women unable to access other services because of cultural restrictions.
- It provides free training courses along with free onsite crèche places.
- It operates an open-door policy, always there with a listening ear and cup of tea.
- The Centre has direct access to services for women experiencing domestic violence, referral to women's refuge, and police support.
- The Reaches project provides 'one stop shop' personalised placements for women serving sentences in the community, aiming to tackle offending behavior assisting women to get back into mainstream society.
- It provides good quality affordable childcare for 0 – 5yrs. Ofsted rated "Good." Also, our onsite ofsted registered crèche facility is free to women attending courses.
- It provides spaces within the nursery for the government free 15 hrs. 2 & 3 yr. old childcare to local families.
- It provides training placements and support for school pupils on work experience and young unemployed seeking a career in childcare.
- The center's core work directly contributes to 15 of Redcar & Cleveland's 35 local area agreement priority indicators.
- It provides legal advice through its partnership with Tilley Bailey & Irvine solicitors.
- It provides advice, guidance, information, and sign posting to women in need of welfare, housing benefits and debt arrears advice. It provides debt management advice through its partnership with Cleveland Housing Advice center.
- It provides a warm & safe space to help combat isolation within the community.
- It provides an Eco Shop provision to help local families during the cost-of-living crisis.

### What does the Centre do to sustain its purpose?

- It will continue to provide a listening ear, an open-door policy, and direct referrals to other agencies in developing preventative strategies for vulnerable women, such as those in debt, suffering mental health problems, domestic abuse, and childcare problems.
- It will continue to meet the needs of women in the local community through direct consultation with its members, beneficiaries, and partner organisations.
- It will continue to develop active partnerships with other professionals who are dealing with offenders and women at risk of offending with the aim of reducing their offending behavior and convincing the statutory sector that it is more cost effective & productive to provide this type of training and support to enable women offenders to turn their lives around.
- It will continue to improve its human, physical and financial resources to meet the increased capacity and changes in social and economic policies effecting women.
- It will continue in its search to provide good quality accredited/non accredited training acting as a host organisation to all colleges and providers of education.
- It will continue to ensure good quality childcare is provided to all women free of charge who are attending courses and to extend the social enterprise side of the crèche in providing mobile crèche provision to outside agencies.
- It will continue to develop new strategies with, for and among partner agencies dealing with various projects, helping to give women offenders, or women at risk of offending an alternative to custodial sentencing, integrating them back into the community and supporting a change in lifestyle, building confidence and educational attainment.
- It will continue to diversify its sources of income, continue to expand its income generating resources, and work in partnership with outside agencies on various projects.
- It will also continue to source outside funding for the Centre to ensure that all women have access to help and support when needed.
- It will continue to provide a warm safe space with access to an ECO shop, helping to reduce isolation, food poverty and mental health within the community.



### Priorities / Provisions 2022/23

- *Maintain and improve accessibility of the Centre for all women, through all relevant communication channels, making sure we reach the maximum number of women, as well as hard to reach women in the ethnic communities.*
- *Maintain Charity policies and procedures in line with all legislation.*
- *Maintain and upgrade existing I.T. equipment and associated software.*
- *Maintain and upgrade all crèche and associated equipment when necessary.*
- *Continue to provide good quality accredited and non-accredited training courses to meet the needs of the women users.*
- *Maintain and build on all our partnerships with local colleges and training providers.*
- *Maintain and build on the “projects” currently embedded in the Centre’s provision.*
- *Maintain our Nursery’s Ofsted registration including. “2 & 3-year-old provision”.*
- *Maintain and improve the Centre’s facilities as and when necessary.*
- *Maintain funding strategies in line with our future/reserves policy.*
- *Maintain and improve staff training.*

### Priorities / Provisions -2023/24

- *We will Maintain the level of commitment and service we provide to all women in need.*
- *Continue and maintain and improve accessibility of the Centre for all women, making sure we hard to reach women in the ethnic communities.*
- *Maintain all the Charity policies and procedures in line with all legislation.*
- *Maintain and upgrade existing I.T. equipment and associated software.*
- *Maintain and upgrade all crèche and associated equipment when necessary.*
- *Continue to provide good quality accredited and non-accredited training courses to meet the needs of the women users.*
- *Maintain and build on our partnerships with local colleges, partners, and training providers to ensure the highest possible success/outcomes for women.*
- *We will maintain our Nursery’s Ofsted registration including the 2 & 3 yrs. old provision”.*
- *Update and improve the Centre’s facilities as and when necessary.*
- *We will maintain funding strategies in line with our future/reserves policy.*
- *We will continue to implement staff training when necessary.*
- *Continue to provide a warm safe space for women in the local community.*
- *Continue to provide an ECO shop to help with the current cost of living crisis.*

### *Centre Update: 2022-23*

TVWC is the only women's Centre covering the Tees valley Area. The work we do differs from other women's services locally. We are proud that we are different and want to celebrate our difference with everyone that we meet and work with.

Our Centre is in a highly disadvantaged area on the border of Middlesbrough and Redcar, the services we offer are open to all women, but especially to women from lower socio-economic backgrounds. We hope all women have positive experiences regardless of who they are or where they come from. We feel it is important that all women are made aware of the opportunities they can access.

Women led communities are safe spaces and can make it easier for women to grow. Many women enjoy the calm atmosphere and the empowerment that they are given through education, recreational activities, support, and other available services.

We are committed to working with other agencies so that women can meet their full potential and be supported at times when they are facing the most challenges.

The number of women accessing our services during the year has greatly increased and the demand for social interaction is finally on the up.

During 2022-23 we continued to offer both educational & vocational courses to all women, these were all well attended. We also for the 2nd year ran the "access to healthcare" course in partnership with Learning Curve. This was again very successful with 8 ladies being accepted at our local university to study various degrees including Midwifery, adult nursing, and paramedic science.

We held a cap & gown celebration of achievement event at the end of term for these ladies who all received their final certificates from one of our local MP's.

12 of our ladies studying on the Teaching assistant courses within the Centre secured employment with local schools and education providers.

We are extremely proud of these ladies and wish them all well in their future careers.

This year we have seen the increased pressures facing women and their families impacted by the cost-of-living crisis. We were able to respond to this by obtaining some funding to set up an onsite ECO shop available to all Women who access the Centre. The food available can change week to week but we have available a good range of home essentials, tins, jars, store cupboard staples along with cleaning products. We hope to continue with this as long as we can get funding to help support this essential service.

Our biggest worry during 22-23 was the large increase in energy costs. Along with many other charitable organisations we have seen the cost of our energy bill nearly double, we constantly strive to make our Centre as energy efficient as possible whilst still maintaining a warm and comfortable space.

We are looking to provide "soup and bun!" a weekly event to help with both the energy and cost of living crisis helping the local community during the winter months.

Debby Winstanley/Donna Middleton

## Safeguards

TVWC follows recognised policies and procedures when dealing with vulnerable women. TVWC provides appropriate training to staff, DBS checks and supervision for both staff and volunteers to ensure this safeguard. Our crèche also follows recognised “safeguarding children” policies and procedures, in line with its OFSTED registration.

General Data Protection Regulations - The charity is GDPR compliant.  
ICO – TVWC is registered with the ICO.

TVWC employs the services of “Avensure” to assist in complying with its legal obligations in regards to HR services & Health & Safety compliance.

## Preventative Strategies:

TVWC continues to keep updated and abreast of current political and national issues that could impact on the Centre’s wellbeing from various outside sources including, media, and web, word of mouth and email notifications.

Tees Valley Women’s Centre will conform to all government guidelines regarding the Covid pandemic.

## Apprentice Training Programme:

During the year 22-23 we had one apprenticeship placement within our creche setting studying for her L3 Childcare qualification. She completed her course and is now employed and working within our setting.

We will be looking to recruit a new apprentice from the local community very shortly.

We also welcome local school & college work experience placements within our nursery setting, giving local girls a taste of what a career in childcare would be like.

## Reaches Project:

We continue to offer this service within the Centre as and when required by partnership agencies, providing support/guidance/signposting and training for women offenders. This project works with women offenders and women at risk of offending with multiple needs.

The project is crucial to breaking the cycle of re-offending for women, meeting the 9 pathways to reducing re-offending. The support and training provided by the Women’s Centre is continuous, long after their orders have been completed. Barriers to employment, training and other issues faced by women are overcome, especially with the free childcare and support provided.

The Project’s work is focused on increasing both the coping capacity and self-confidence and establishing stability in their lives in relations to accommodation, finances and family issues and addressing underlying issues such as mental health, domestic violence, and substance misuse.

### **Local Area:**

The Tees Valley sub region covers a population of 674,300 (2019) people living in five boroughs which include Darlington, Hartlepool, Middlesbrough, Redcar & Cleveland, and Stockton on Tees; of these (51%) are women.

- Tees Valley has some of the country's highest economic inactivity rates – closely correlated with relatively low levels of health and well-being – and stubbornly high unemployment rates when compared to other areas. Youth unemployment is an issue with a higher-than-average number of young people unemployed and claiming benefits and a high number NEET (Not in Education, Employment or Training).
- Tees Valley has a relatively high proportion of LSOAs within the most deprived 10% nationally, ranking as the second most deprived LEP in England (out of 38 LEP areas). This ranking is unchanged since 2015.
- 121 or 29% of Tees Valley's 417 LSOAs are in the 10% most deprived nationally, almost three times the national rate.
- Tees Valley is most deprived in the health domain, with Employment deprivation second and Income deprivation a close third.
- At the local authority level and out of 317 districts nationally, Middlesbrough has the highest proportion of LSOAs within the national most deprived 10% with Hartlepool 10<sup>th</sup>, Redcar & Cleveland 29<sup>th</sup>, Stockton-on-Tees 39<sup>th</sup> and Darlington 47<sup>th</sup>.
- All five local authority areas now rank amongst the 15% most deprived local authorities in England.

TVWC Centre is located in South Bank, a ward within the administrative boundaries of the Borough of Redcar & Cleveland. The borough is an area of contrasting geography with rural, urban & coastal settlements, containing neighborhoods that have persistent experience of high levels of multiple deprivation and social exclusion.

The area suffers from a high crime rate (mainly theft and burglary) much of which is linked to drugs and alcohol related issues.

Many people are caught in the credit and loan culture which has led to the increase of personal debt amongst local people.

The Women's Centre targets its activities at women from deprived communities within these different areas of the borough.

The area suffered greatly during the Pandemic with lots of families having to resort to local foodbanks.

**English Indices of Deprivation 2019**

ON each measure, the local authority district with a rank of 1 is the most deprived

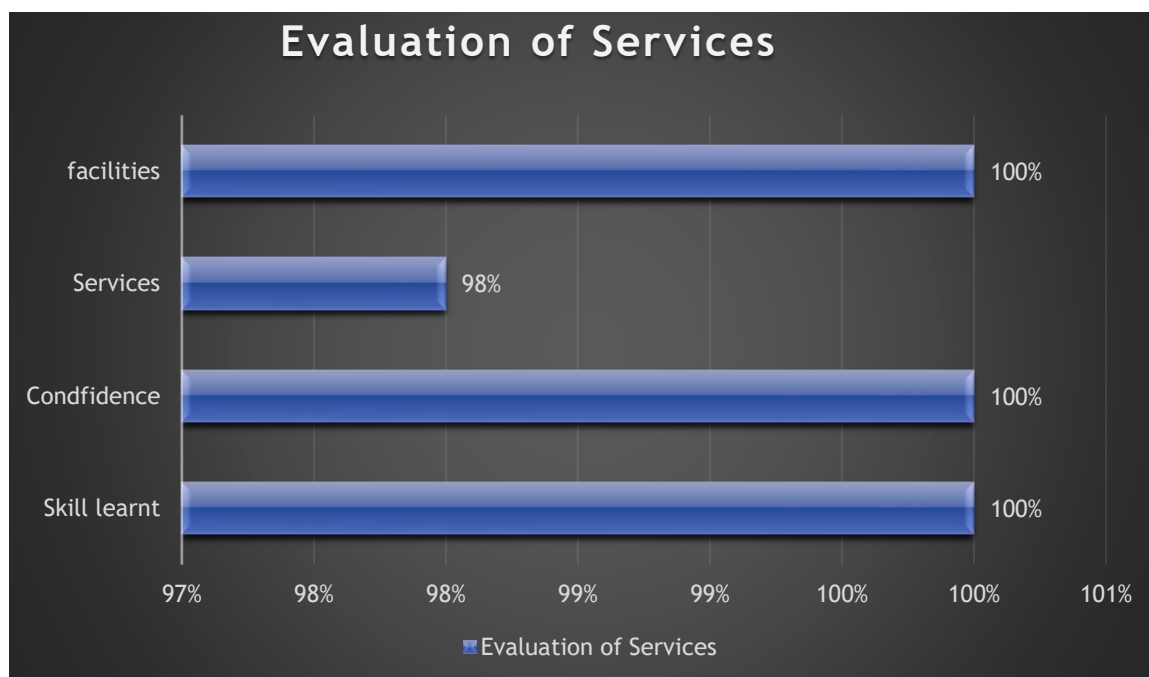
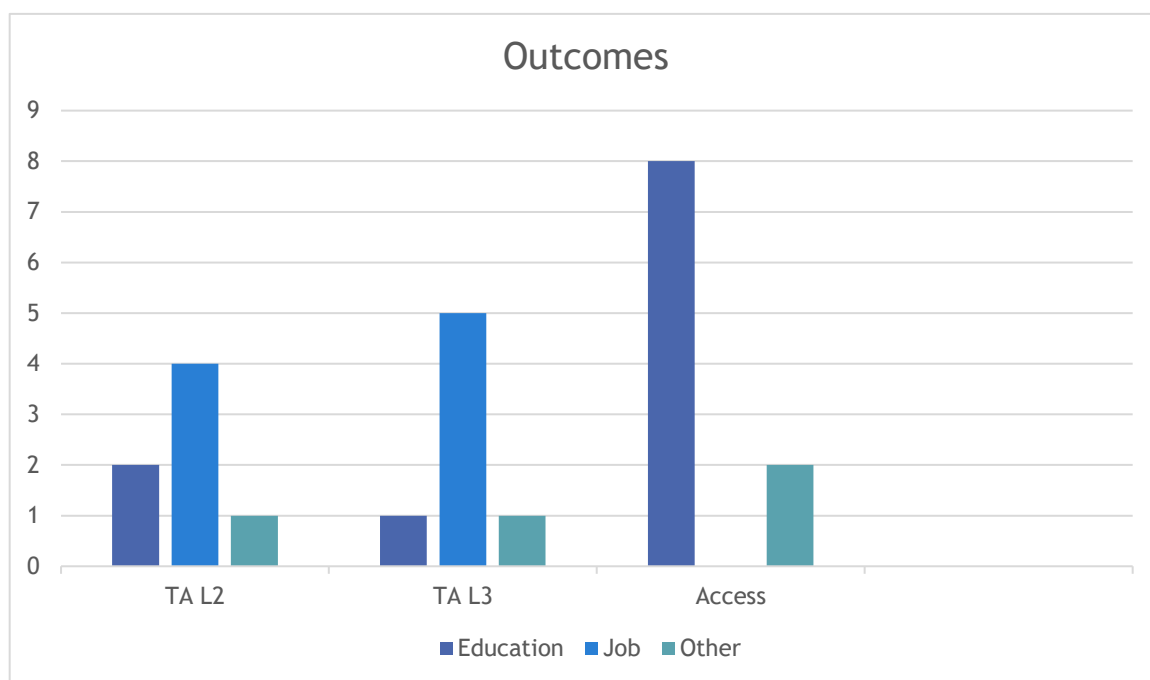
Local Authority District code (2019)	Local Authority District name (2019)	<b>Employment</b> - Average rank	<b>Employment</b> - Rank of average rank	<b>Employment</b> - Proportion of LSOAs in most deprived 10% nationally	<b>Employment</b> - Rank of proportion of LSOAs in most deprived 10% nationally	<b>Employment</b> scale	Rank of <b>Employment</b> Scale
E06000001	Hartlepool	24902.51	5	0.4310	5	9715.25	111
E06000002	Middlesbrough	25231.38	4	0.4884	2	15542.50	62
E06000003	Redcar and Cleveland	23809.65	17	0.3295	12	12291.00	86
E06000004	Stockton-on-Tees	20104.05	67	0.2083	39	15089.25	64
E06000005	Darlington	20134.54	65	0.1846	52	7637.50	132

Local Authority District code (2019)	Local Authority District name (2019)	<b>Education, Skills, and Training</b> - Average rank	<b>Education, Skills, and Training</b> - Rank of average rank	<b>Education, Skills, and Training</b> - Average score	<b>Education, Skills, and Training</b> - Rank of average score	<b>Education, Skills, and Training</b> - Proportion of LSOAs in most deprived 10% nationally	<b>Education, Skills, and Training</b> - Rank of proportion of LSOAs in most deprived 10% nationally
E06000001	Hartlepool	19,980.79	77	30.255	51	0.2069	38
E06000002	Middlesbrough	22,111.75	36	38.850	8	0.3953	3
E06000003	Redcar and Cleveland	18,997.48	102	27.768	73	0.1932	46
E06000004	Stockton-on-Tees	16,899.44	139	24.786	111	0.1667	61
E06000005	Darlington	18,401.65	114	27.402	76	0.2000	42

Local Authority District code (2019)	Local Authority District name (2019)	<b>Health Deprivation and Disability</b> - Average rank	<b>Health Deprivation and Disability</b> - Rank of average rank	<b>Health Deprivation and Disability</b> - Average score	<b>Health Deprivation and Disability</b> - Rank of average score	<b>Health Deprivation and Disability</b> - Proportion of LSOAs in most deprived 10% nationally	<b>Health Deprivation and Disability</b> - Rank of proportion of LSOAs in most deprived 10% nationally
E06000001	Hartlepool	25806.04	21	0.869	16	0.3621	16
E06000002	Middlesbrough	27603.83	9	1.194	6	0.5698	4
E06000003	Redcar and Cleveland	25339.55	26	0.790	27	0.3523	18
E06000004	Stockton-on-Tees	23468.75	48	0.684	36	0.2833	28
E06000005	Darlington	22510.99	61	0.532	57	0.2462	35

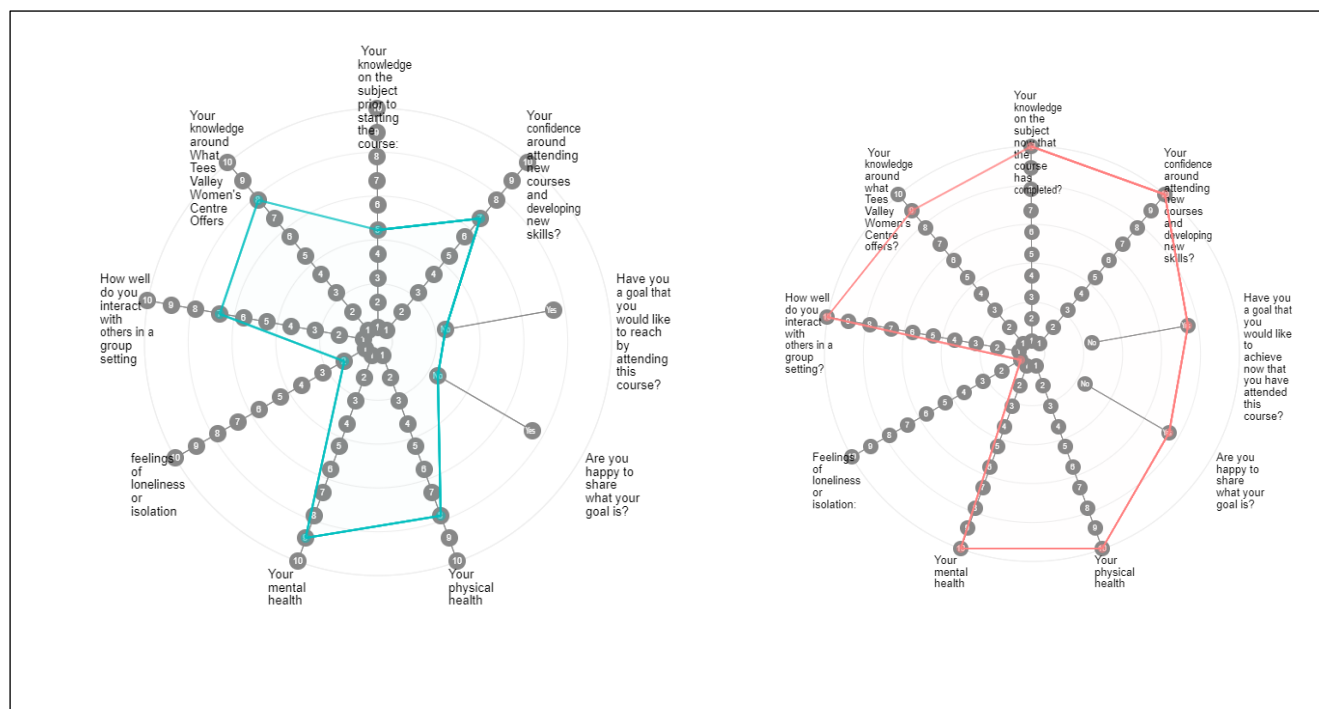
Course	Number	Qualification Gained
Access to Healthcare	8	L4
Asian Cookery	37	Leisure
Autism L3	9	C & G L3
Beauty	5	L1
Christmas Cupcakes	5	Leisure
Cookery – HALO project	8	Leisure
Cooking on a Budget	8	Multiply L1
Counselling	4	Level 2
C.V. workshop	2	Information
Domestic Violence Awareness	19	Ncfe L2
Driving Theory	7	Multiply L1
Emergency 1 <sup>st</sup> aid	12	Level 3
English	14	L1/2/3
Express Nails	6	Level 3
First aid awareness	12	information
Health & Social care L2	8	Ncfe L2
Holistic Crafts	11	Leisure
ICT Computer Course	2	Level 1
Knit & Knatter	2	Leisure/wellbeing
Makaton	3	Level 1
Mathematics	26	C & G L1/2/3
Pediatric 1 <sup>st</sup> Aid	13	Level 3
Positive Mindset	6	Well being
Safe Handling of Meds	7	Level 2
Sewing – General	25	Leisure
Sewing for Beginners	40	Leisure
Sign Language	7	Intro Level
Slow Cooker Workshops	16	Leisure
Soft Furnishing	27	Leisure
Teaching Assistant L2	16	C & G l2
Teaching assistant L3	5	C & G L3
Wreath Making	24	Leisure

**The Women's Centre** will continue to add new courses and training opportunities during the next year to meet the specific needs of women attending the Centre; this is the result of continuous feedback from both the women attending the Centre and partner organisations.

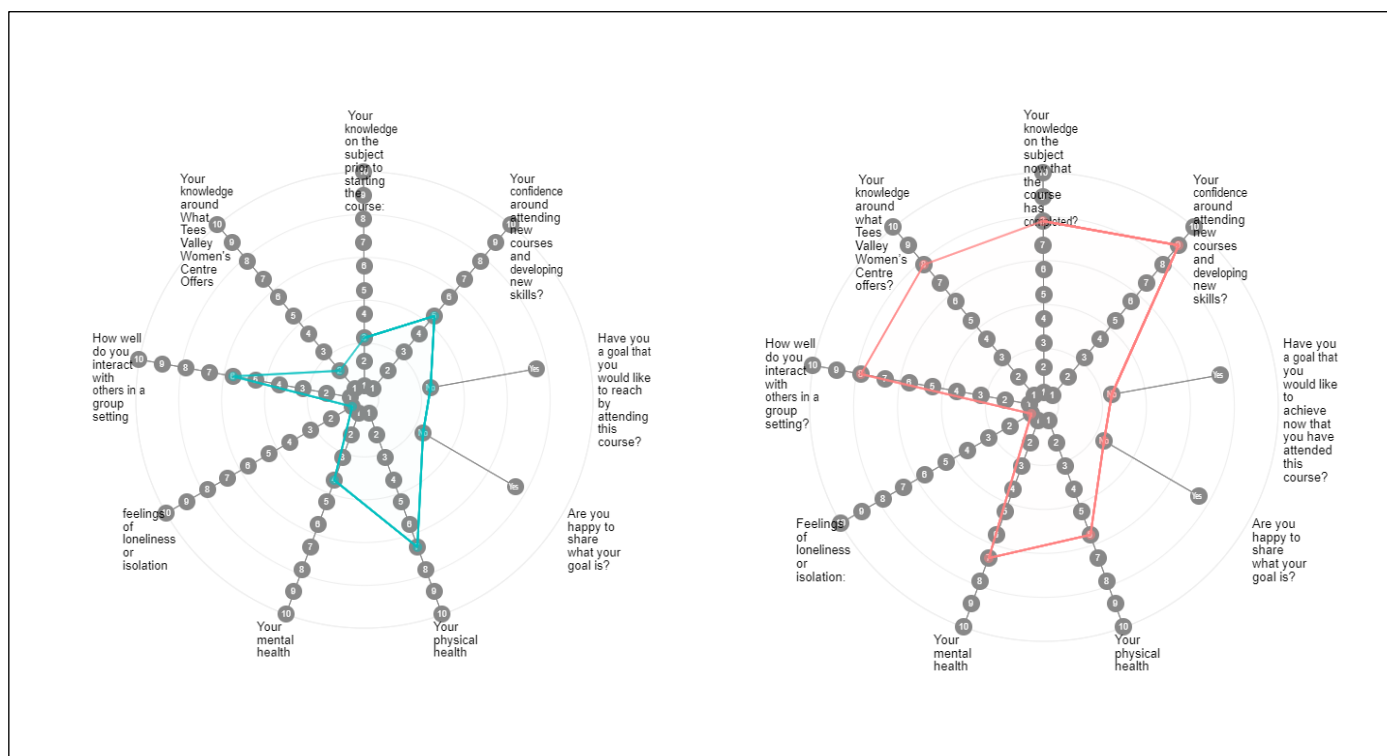


## Measurable Outcomes

Graphs indicating progress made on completing a course within the Centre.



## Makaton course



## Gel Nails Course



2023



A Celebration Event



Its Christmas



Items for Sale

# Tees Valley Tots

Hello from Laura Blackmore

Nursery Manager



Hi, my name is Laura, and I am the Nursery Manager at TeesValley Tots.

I have worked here since 2018.

In our last Ofsted inspection (Jan 2020) we were rated GOOD.

Our nursery is continuously growing and adapting. We implement any new relevant Ofsted legislation and changes as and when they are required and keep ahead of any educational changes in the EYFS system. We currently have a small cohort of SEN children who have 1:2:1 provision in place and we work closely with the local authorities SEN team to give them the best start. We love giving the children plenty of opportunities to explore our local area, we have recently visited the local beaches in Marske & Redcar, Coulby Farm and Monks Park farm to feed the animals, had a Halloween walk around the local area and visited Stewarts Park for a picnic.

My great staff team encourage all our children to be individuals and reach their full potential whilst also having fun.







# Tees Valley Tots Nursery



Our new outside mural

## OFSTED RATED – GOOD

Tees Valley Tots, based within the Women's Centre is Ofsted registered for 23 children.

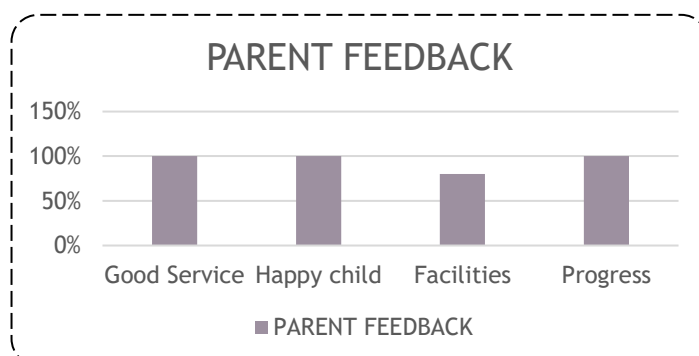
Our crèche follows the EYFS framework for children 0-5 years and can accommodate the government funded 15/30 hours per week free childcare for 2/3-year old's.

Our new longer opening hours are working well with local employed women who require all day childcare. We will shortly be opening from 8am to be more flexible for working parents.

Women attending courses in the Centre are offered free childcare within our creche setting, which removes one of the most common barriers to learning for local women.

Each child is an individual and learns at different times & stages, our continual monitoring and varied activities help us to keep the child interested whilst developing skills and ability.

Our friendly staff team (All Early Years qualified) continually strive to make learning fun, they work closely with key children planning & executing activities to suit each child's individual needs in line with the EYFS guidelines.



## **EYFS - Framework**

1. Every child deserves the best possible start in life and the support that enables them to fulfil their potential. Children develop quickly in the early years and a child's experiences between birth and age five have a major impact on their future life chances. A secure, safe, and happy childhood is important in its own right. Good parenting and high-quality early learning together provide the foundation children need to make the most of their abilities and talents as they grow up.

2. The Early Years Foundation Stage (EYFS) sets the standards that all early year's providers must meet to ensure that children learn and develop well and are kept healthy and safe. It promotes teaching and learning to ensure children's 'school readiness' and gives children the broad range of knowledge and skills that provide the right foundation for good future progress through school and life.

3. The EYFS seeks to provide:

- **quality and consistency** in all early year's settings, so that every child makes good progress, and no child gets left behind
- **a secure foundation** through learning and development opportunities which are planned around the needs and interests of each individual child and are assessed and reviewed regularly
- **partnership working** between practitioners and with parents and/or carers
- **equality of opportunity** and anti-discriminatory practice, ensuring that every child is included and supported

4. The EYFS specifies requirements for learning and development and for safeguarding children and promoting their welfare. The **learning and development requirements** cover:

- the **areas of learning and development** which must shape activities and experiences (**educational programmes**) for children in all early year's settings
- the **early learning goals** that providers must help children work towards (the knowledge, skills and understanding children should have at the end of the academic year in which they turn five)
- **assessment arrangements** for measuring progress (and requirements for reporting to parents and/or carers)

5. The **safeguarding and welfare requirements** cover the steps that providers must take to keep children safe and promote their welfare.

## **The EYFS learning and development requirements?**

The learning and development requirements cover seven prime areas, which are considered particularly important for stimulating children's interest in learning, and in building relationships:

- Communication and language development. ...
- Physical development. ...
- Personal, social, and emotional development. ...
- Literacy development. ...
- Mathematics. ...
- Understanding the world. ...
- Expressive arts and design

### “MORE THAN WORDS”

Our Nursery staff are currently attending ‘More Than Words’ training. The training is aimed at those working with children in Early Years setting with a diagnosis of Autism and/or social communication difficulties.

“The aim is to provide information about Hanen’s ‘More Than Words’ approach. Participants will gain a greater understanding of how these children learn to communicate. We will give advice and support in developing children’s social interaction and social communication skills within your setting.”



Two members of our current staff team are now studying the EYPDP programme. The EYPDP is a tailored professional development programme and forms part of the government’s Early Years Education Recovery Plan which aims to address the continued effects of the pandemic on young children.

The Early Years Professional Development Programme (EYPDP) supports practitioners working with early years children, helping them to develop their practice and improve outcomes in Communication and Language, Early Mathematics and Personal, Social and Emotional Development (PSED).

**Eligible settings offer childcare to children between 2 and 4 years of age with priority given to applications from settings that ideally meet at least two of the following criteria:**

- Provide to at least one child with an Education, Health and Care Plan or Disability Access Fund indicator.
- Provide to at least one child in receipt of Early Years Pupil Premium (EYPP)
- Provide to at least one child taking up the disadvantaged two-year-old offer.
- EY providers which do not meet the above criteria but where local intelligence suggests disadvantaged children would benefit from their practitioners receiving additional CPD support, may also be eligible.

The programme provides support for practitioners to:

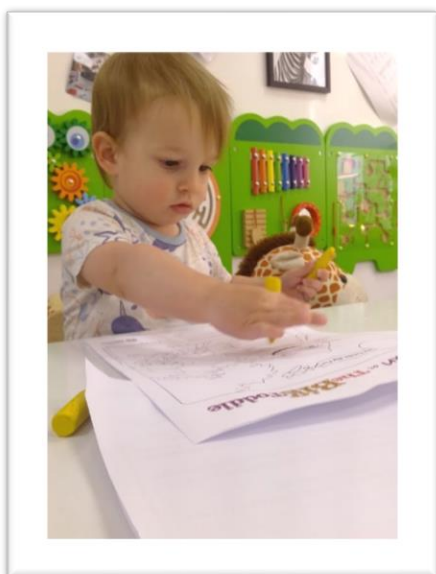
- Improve skills to identify children at risk of speech, language, and communication needs.
- Provide an understanding of the theory of child development in early mathematics.
- Develop skills to support children’s self-confidence, relationships, and self-awareness through expertly developed Personal, Social and Emotional Development training.
- Improve engagement with parents and carers to support the home learning environment.



## What do practitioners gain from completing the programme?

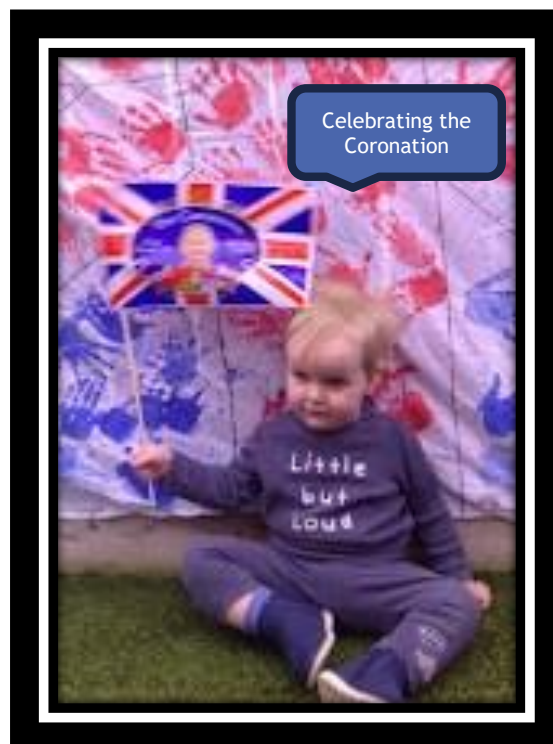
- A comprehensive package of professional development that is based on current early years pedagogy to support them as they continually improve their practice.
- An opportunity to build upon practitioners' skills and knowledge with peers and expert trainers, to improve the quality of adult-child interactions.
- Support to engage with parents and carers to support the home learning environment.
- The skills to identify children at risk of speech, language, and communication needs.
- An understanding of the theory of child development in Early Mathematics, developed by subject experts, and how to support children's early mathematical learning in everyday practice.
- The skills to support children's self-confidence and self-awareness, managing feelings and behaviours, and making relationships through expertly developed Personal, Social and Emotional Development training.
- An opportunity to meet with other practitioners from different settings and offer peer support.
- Practitioners will receive an OCN London-endorsed CPD certificate on the completion of the programme, which recognises key competencies achieved by participating in the programme.





Tees Valley  
Women's Centre

A day  
out



Celebrating the  
Coronation



Collecting  
leaves



Our Creche



## **DEBT ADVICE WORKER - CHAC**

We continue to work in Partnership with CHAC enabling us to continue to provide local people with access to benefit advice sessions.

The advice sessions now run 2 days per week on a Monday & Tuesday but can accommodate emergency sessions at any time if necessary.

During the year 2022-23 this service was accessed by 208 beneficiaries.



### **Cleveland Housing Advice Centre CIO**

Benefit checks & claim forms completing.

One to one advice on a range of welfare, housing, and benefit issues.

Negotiating and consulting with landlords, social and private local Authorities covering a wide range of issues, including homelessness, dis-repair, rent arrears and evictions.

They also assist with form filling, PIP claims, ESA, Welfare Tribunals, and housing benefit claims.

16 Borough Road, Middlesbrough, TS1 5DW – Telephone 01642 254544

### **“CHAC’s Office at Southbank - (Redcar & Cleveland Authority)**

This service is now going strong and covering all aspects of our services. During 2022

155 cases were dealt with, 354 people were assisted and £391,609.34 of one off and ongoing awards of benefit gained for clients.”



### **Law Clinic – Tilly, Bailey & Irvine**

A monthly law clinic is run at the Centre by a local firm of solicitors. Appointments are made on a 1:1 basis and they provide help and advice on a variety of legal matters.

Most current appointments take place either by telephone or Zoom appointments.

### **Natalie Blake**

Associate member of CILEX



I work closely with [Tees Valley Women’s Centre](#). I hold drop-in legal surgeries and provide advice on a free of charge basis for those clients who do not qualify for legal aid and therefore would otherwise have no access to legal advice if they cannot afford a solicitor.

I have completed specialist training with Halo around Forced Marriage and Honour Based violence. I also have specialist training around supporting Eastern European Women living in the UK.

**Tel: 03334444422 – Tilly, Bailey & Irvine**



We would like to say a big thank you to all who have supported TVWC over the past 12 months. We are particularly grateful for the funding & support received from the following organisations during the financial year 2022/23

Hadrian Trust  
Garfield Weston  
Community Foundation  
National Lottery  
Cheshire Foundation  
Arnold Clarke Foundation  
The Archer Trust  
RCVDA  
Swire Charitable Trust  
Bernica Foundation  
The Edward Gosling Foundation  
Speedomick Foundation  
William Leech Charity  
Awards For All  
The Charles & Elsie Sykes Trust  
Didymus  
Anton Jurgens Charitable Trust  
Police & Crime Commissioner  
Woodsmith Foundation  
Network for Social Change  
Tees Valley Community Foundation  
Hartlepool Borough Council  
County Durham Community Foundation



## **Future Outlook 2023-24**

We still expect to face many challenges during the coming year; with increased demand for our services & extra support as individuals and communities struggle to cope with both the financial hardship and mental wellbeing after the Covid Epidemic.

We are aware of our need to re-focus our services to meet the needs of the women and communities we serve, whilst continuing to follow the ethos of the Centre.

The reduction in public expenditure will impact greatly on the voluntary and community sectors providing many more challenges for us to face.

We are committed to encouraging women to volunteer, gain qualifications, and improve their self-worth through training and experiences including workshops and motivational courses within the Centre.

We are continually seeking opportunities to expand our services, build new partnerships with outside agencies and embrace new skills.

We will therefore work hard to maintain the diversification of our charity sources of income and work closely with our partners to help meet current demand for our services and equally important the fund providers' terms and conditions.

## CASE STUDIES

I have been doing courses with learning curve @ TVWC for over two years. I would recommend using this Centre to any women. It has given me help in all aspects of life from giving me more confidence to building up my self-esteem. I have met other women in the same situations as I have been making friendships and the staff and tutors are so encouraging in helping you believe in yourself. From doing courses the last couple of years or so I am now doing a HE diplomas to health at the women Centre and none of this would have been possible if it wasn't for the TVWC and the excellent opportunities it has given me. I have just put my application in for Teesside university and see a future as a mental health nurse, something that wouldn't have been achievable if it wasn't for the Centre and all the great work it does for women in the community. The creche is an amazing facility with helping women get on the path to returning to education and work. Without this I would have not been able to get where I am today. My two-year-old daughter has been attending the creche since she was 8 weeks old and loves being with the other children and the staff are caring and very thoughtful. I will be forever grateful for all the support this Centre has given me and hope it's here for many years to come, giving women from all aspects a chance to grow and have a future.

CS – Access to healthcare 2022-23

### DS - Learning Journey

I left school with limited formal qualifications and went to college to study Childcare. I have always been a fiercely independent woman, and juggled working 12-hour shifts from aged 17 in retail; but never felt fulfilled. I started my family at 19 when I welcomed a baby girl with my now-husband and married at 21. I have helped with a Summer School yearly. After raising my family of 5 children I was looking to improve myself and my career prospects. I completed many distance learning courses during lockdown, with a view to starting a career in Mental Health Nursing. My close friend (and fellow graduate) introduced me to the Access to HE course at The Women's Centre while I was searching for a more rewarding career. Since starting this course, my confidence has grown massively, and it has given me the chance to do something for myself instead of others. I am extremely proud to have achieved overall distinction in my Access, and I am really looking forward to studying at Teesside University as it is something I never thought I would be able to do. I have formed strong friendships with my fellow graduates, and I am so happy that I decided to complete this course. I have leaned on all of my fellow graduates for their constant support. I wouldn't have been able to complete this course if it wasn't for the brilliant women alongside me, especially Liz. This course has changed my life for the better.

Date : 20<sup>th</sup> June 2023

How do you find working here?

Relaxing and friendly

How did you find out about the course?

Facebook page

I have really enjoyed my time at the centre, having such a great place right here in the community is great and the staff are excellent.

This is the second course I have completed within the centre and I now have a full time Teaching Assistant job starting in September.



Items available from our ECO shop.

Thank You Tess Vally Women's Centre

20.07.23

I would just like to say a huge thank you to the Tees Valley Women's Centre. Without this centre, I would not have secured a place at Teesside University. Which has been a passion of mine from a young age.

Through the Tees Valley Women's Centre, I was able to attend an Access to HE course, which gave me the qualifications to get into university.

To get into university I also had to meet the requirements for Maths and English qualifications. I was so happy to find out that the centre also runs these courses on Monday. I attended Maths and English in the Women's Centre for four months and gained the qualifications I needed.

The best part of all was while I have been on these courses building a future for me and my family, my youngest child was able to attend the Tees Valley Tots Nursery in the same building free of charge. Without the help of the centre, I wouldn't be where I am today. I will be forever grateful for the opportunity I have been given.

Attending the course within the centre was so much more personal than going to college and doing it. The groups are small and very welcoming. I have gained friends for life on this course. My confidence has grown leaps and bounds since joining the centre.

The facilities within the centre are brilliant, clean and everyone is so welcoming.

I found out about the course through the job centre, I am on the level 2 teaching assistants course. The course started in January and will end in July.

I found the atmosphere very relaxed and after so long out of education the small class sizes and easy to concentrate and ask for help. The creche is so convenient for my baby and she is very settled and relaxed playing in there.

Helen is a great tutor. Very easy to get along with and helpful.

The course has helped me gain a lot of confidence and gain employment with Key Stage Recruitment starting from September.

RH 2023



**EVALUATION OF SERVICES**

Date: 20/03/23

What Course did you take part in?

functional skills maths

Was the Tutor

Any Comments:

Lesley

What did you learn or gain from this course

I have gained a good knowledge of maths skills and I feel confident I will pass my exam for me to move forward.

Was the Course helpful to you?

yes

Did it improve your confidence or self esteem?

yes

Did it help you feel you could go on to other educational activities/training?

Comments: yes, I feel ready to go on to study at university with a good range of maths skills

What do you think of the Womens Centre? – could we do anything to improve?

Amazing place. amazing staff.

What do you think of the Room &amp; facilities where your course was held?

The room is comfortable and well equipped.

**TEESVALLEY WOMENS CENTRE LIMITED- 05244511**  
**(A Company Limited by Guarantee)**

**FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED 31ST MARCH 2023**

## **TEESVALLEY WOMENS CENTRE LIMITED**

### **TRUSTEES' REPORT FOR THE YEAR ENDED 31<sup>ST</sup> MARCH 2023**

The Management Committee presents its report and financial statements for the Year ended 31 March 2023.

#### ***Reference and Administrative Information***

Charity Name:	Tees Valley Women's Centre Ltd
Charity Registration number	1106950
Company Registration number	5244511
Registered Office and Operational Address	TeesValley Women's Centre Upper Albion Street South Bank TS6 6XG

#### **Management Committee:**

K Kaur	Chairperson
J Corbett	Secretary
B Begg	Treasurer
E McTiernan	
K Coates	
L Keating	

#### **Management Team**

D Winstanley	Manager/Finance
D Middleton	Manager/Operational
A Widdowson	Reception/Clerk
L Blackmore	Nursery Manager
S Burrows	Nursery Deputy Manager

#### **Accountants**

Leonard Bye Limited, 80 Borough Road, Middlesbrough, TS1 2JN

#### **Bankers**

Virgin Money, 7 Linthorpe Road, Middlesbrough, TS1 1RF  
Shawbrook Bank Limited, Lutea House, Essex, CM13 3BE  
Scottish Widows charity deposit account



## **TEESVALLEY WOMENS CENTRE LIMITED**

### **TRUSTEES' REPORT FOR THE YEAR ENDED 31<sup>ST</sup> MARCH 2023**

#### **Governing Document**

The organisation is a charitable company limited by Guarantee; it was incorporated on 28<sup>th</sup> September 2004 and registered as a charity on 13<sup>th</sup> July 1994. The Company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its articles of association. In the event of the company being wound up members are required to contribute an amount not exceeding £10.

#### **Recruitment and Appointment of Management Committee**

The directors of the company are also charity trustees for the purposes of charity law and under the company's articles are known as members of the Management Committee. Under the requirements of the Memorandum and Articles of Association the members of the Management Committee are elected to serve for a period of three years after which they must be re-elected at the next Annual General Meeting.

To enhance the potential pool of trustees, the charity continues through selective advertising and networking with other organisations sought to identify women, especially users of the Centre, who would be willing to become members of the Management Committee and use their own experience to assist the charity.

#### **Trustee Induction and Training**

Most Trustees are already familiar with the practical work of the charity and having been encouraged to take part in continuous training.

Additionally new trustees are invited and encouraged to attend a series of short training sessions to familiarise themselves with the charity and the context within which it operates. Covering the following:

- The obligations of Management Committee Members
- The main documents which set out the operational framework for the charity including the Memorandum and Articles
- Resourcing and the current financial position as set out in the latest published accounts ▪ Future plans and objectives.

## **TEESVALLEY WOMENS CENTRE LIMITED**

### **TRUSTEES' REPORT FOR THE YEAR ENDED 31<sup>ST</sup> MARCH 2023 (-CONTINUED)**

#### **Organisational Structure**

TeesValley Women's Centre has a management committee of up to 8 members who meet regularly and are responsible for the strategic direction and policy of the charity.

The Management Team have day-to-day responsibility for the provision of services, supervision of the staff, Staff development of skills and working practices in line with good practice.

#### **Objectives and activities**

The Company's objectives and principal activities are to:

- Relieve women residents in Tees Valley and surrounding areas who are in conditions of need, hardship, and distress.
- The protection and preservation of the health of women residents
- The provision of facilities for recreation or other leisure time occupations.

The main objectives and activities for the year continue to focus on Women's needs, the strategies employed to assist the charity to meet these objectives include the following:

- Provide a wide range of vocational/non vocational courses.
- To provide a non-threatening space for women to feel safe and develop their skills and knowledge.
- Reduce isolation.
- To provide good quality childcare within the Centre crèche.

The trustees confirm that they have taken into consideration the Charity Commissions guidance on public benefit when planning the charity's activities.

#### **Achievements and Performance**

Tees Valley Women's Centre is a pioneering grass roots venture managed by a volunteer Management committee, providing a one stop shop for women in a non-threatening safe environment helping to support the wellbeing of local women, improve their quality of life by giving support, advice and guidance, training and education, access to employment and employment opportunities, and helping to tackle social exclusion.

This is supported by free childcare facilities for women attending courses in our Ofsted registered crèche. The Crèche also runs an affordable daily nursery provision and is registered to provide the governments (free 15/30 hrs.) early years provision for 2- & 3-year-old.

The Covid pandemic had a big impact on the Centre and its ability to connect with local women. We are pleased to say this is now turning around and women are now eager to re-engage.

The Centre will during 2023/24 continue to offer its services to local women looking to gain employment, update training and educational skills, gain self confidence and self-esteem, enabling them to become job ready. We continue to provide a holistic approach to women's issues especially with regards to mental health & anxiety issues which have risen greatly after the pandemic, offering workshops and well-being courses in smaller groups, alongside a warm space and ECO shop currently available to women attending the Centre.

The Centre is fully committed to meeting the needs of all women including providing a safe place to study. and taking a holistic approach to all issues affecting women's lives hence our constant search for new funding & training opportunities within the Tees Valley Area.

## TEESVALLEY WOMENS CENTRE LIMITED

### CONTINUED) TRUSTEES' REPORT FOR THE YEAR ENDED 31<sup>ST</sup> MARCH 2023

#### (-CONTINUED)

#### Principal Funding

Against the backdrop of limited resources and greater insecurities over funding it has become increasingly difficult to plan or develop services. Nevertheless, the charity, with the aid of sound financial management and support of both its staff and volunteers managed over the past year to generate funds through its crèche provision, room hire, as well as grant aid from partnerships & trusts.

We are continuously searching for new funding from grant-giving organisations sympathetic to our ethos.

#### Investment Policy

The Trustees have operated an investment policy of maintaining funds in an interest bearing current & deposit accounts, where the funds are easily accessible for the day-to-day running of the charity.

#### Reserves Policy

The Trustees have established a policy whereby the unrestricted funds, not committed or invested in tangible fixed assets, held by the charity should be equal to 6 months of the unrestricted expenditure.

#### Future Planning

The Charity plans to continue the activities outlined previously during the forthcoming years subject to satisfactory funding arrangements. Hopefully we are now in a recovery phase from the recent pandemic and looking forward to growing our services in line with the needs of the local women in our community.

Funding streams and grant provisions after Covid are changing and the next few years will prove to be a challenge for the organisation.

With the ever-increasing need for education & training the Centre will hopefully be at the forefront of helping women reach their true potential both in their personal and employment goals.

Our creche facility continues to grow and is now offering longer hours for working parents.

#### Responsibilities of the Management Committee

The Management Committee are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the Management Committee to prepare financial statements for each financial year which give a true and fair view of the state of the affairs of the charitable company and of the incoming resources and application of resources, including income and expenditure, of the charitable company for the financial year. In preparing these financial statements, the management committee are required to:

- Select suitable accounting policies and then apply them consistently.
- Observe the methods and principles in the Charities SORP
- Make judgments and estimates that are reasonable and prudent.
- State whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements.
- Prepare the financial statements on the going concern basis unless it is inappropriate to assume that the company will continue on that basis.

## **TEESVALLEY WOMENS CENTRE LIMITED**

### **TRUSTEES' REPORT FOR THE YEAR ENDED 31<sup>ST</sup> MARCH 2023 (-CONTINUED)**

The Management committee is responsible for keeping adequate records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. The Management committee is also responsible for safeguarding the assets of the charitable company and for taking reasonable steps for the prevention and detection of fraud and other irregularities.

#### **Members of the Management Committee**

Members of the Management Committee, who are directors for the purpose of company law, and trustees for the purpose of charity law, who served during the year and up to the date of this report are set out on Page 2.

In accordance with company law, as the company's directors, we certify that:

- So far as we are aware, there is no relevant information of which the company's independent examiners are unaware.
- As the directors of the company, we have taken all the steps that we ought to have taken in order to make ourselves aware of any relevant information and to establish that the charity's independent examiners are aware of that information.

#### **Independent Examiners**

Leonard Bye accountants were re-appointed as the charitable company's Independent Examiners during the year and have expressed their willingness to continue in that capacity.

This report has been prepared having taken advantage of the small companies' exemption in the Companies Act 2006.

Approved by the Management Committee on 25<sup>th</sup> October 2023 and signed on its behalf by:

K.Kaur

Trustee

**ACCOUNTANTS REPORT TEESVALLEY WOMENS CENTRE LIMITED**  
**IN RESPECT OF THE YEAR TO 31<sup>ST</sup> MARCH 2023**

I report on the accounts for the year ended 31<sup>st</sup> March 2023, set out on pages 8 to 16.

**Respective responsibilities of trustees and examiner**

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. Having satisfied myself that the charity is not subject to an audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act.
- follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to our attention.

**Basis of independent examiner's statement**

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view", and the report is limited to those matters set out in the statement below.

**Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

1 which gives me reasonable cause to believe that, in any material respect, the requirements:

- to keep accounting records in accordance with section 386 of the Companies Act 2006; and
  - to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the  
Statement of Recommended Practice: Accounting and Reporting by Charities  
have not been met; or
- 2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Dated: 7<sup>th</sup> November 2023

**Mrs J.E. Shield BA FCA** For and  
on behalf of:  
Leonard Bye Limited  
Chartered Accountants  
80 Borough Road  
Middlesbrough  
TS1 2JN

# TEESVALLEY WOMEN'S CENTRE LIMITED

## STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING INCOME AND EXPENDITURE ACCOUNT) FOR THE YEAR ENDED 31<sup>ST</sup> MARCH 2023

		<u>2023</u> £	<u>2023</u> £	<u>2023</u> £	<u>2022</u> £
		<u>Restricted</u> <u>Funds</u>	<u>Unrest'ed</u> <u>Funds</u>	<u>Totals</u>	<u>Totals</u>
<b>INCOMING RESOURCES</b>	<b>Notes</b>				
Incoming resources from generating funds					
Voluntary Income	2	- 20,041	20,041		17,429
Activities for generating funds - room hire		- 22,770	22,770		19,080
Investment Income		- 682	682		65
Incoming resources from charitable activities	3	72,225	156,257	228,482	230,723
Other Income- Government Grants					39,533
		-----	-----	-----	-----
<b>Total Incoming Resources</b>		<u>72,225</u>	<u>199,750</u>	<u>271,975</u>	<u>306,830</u>
 <b>RESOURCES EXPENDED</b>					
Charitable activities		113,039	129,809	242,848	242,600
Governance costs		- 19,670	19,670		16,253
Cost of Generating funds		- 4,763	4,763		16,431
		----	----	----	----
<b>Total Resources Expended</b>	4	<u>113,039</u>	<u>154,242</u>	<u>267,281</u>	<u>275,284</u>
 NET INCOMING RESOURCES / (RESOURCES EXPENDED) BEFORE TRANSFERS	5	(40,814)	45,508	4,694	31,546
 <b>TRANSFER BETWEEN FUNDS -</b>					
Reclassification of funding		-	-	-	-
		-----	-----	-----	-----
<b>NET MOVEMENT IN FUNDS</b>		<u>(40,814)</u>	<u>45,508</u>	<u>4,694</u>	<u>31,546</u>
 <b>FUND BALANCES B/F</b>		52,928	165,602	218,530	186,984
		-----	-----	-----	-----
<b>FUND BALANCES C/FORWARD</b>		<u><u>12,114</u></u>	<u><u>211,110</u></u>	<u><u>223,224</u></u>	<u><u>218,530</u></u>

# TEESVALLEY WOMEN'S CENTRE LIMITED

## BALANCE SHEET AS AT 31<sup>st</sup> MARCH 2023

		<u>2023</u>	<u>2022</u>
	Notes	£	£
<b>FIXED ASSETS</b>			
Tangible Assets	8	100	5,413
<b>CURRENT ASSETS</b>			
Debtors	9	3,730	2,004
Cash at Bank and in hand		226,313	232,332
		-----	-----
		230,043	234,336
<b>Creditors - amounts falling due within one year</b>	10	6,919	21,219
		-----	-----
<b>NET CURRENT ASSETS</b>		223,124	213,117
<b>NET ASSETS</b>		-----	-----
		223,224	218,530
		=====	=====
Financed by:			
<b>ACCUMULATED FUNDS</b>	11		
<b>Restricted Funds</b>			
Building Refurbishment Fund (Already spent- see note 11.2)		-	5,280
The Tudor Trust		-	1,500
National Lottery 2020		10,914	36,648
Edward Gosling Foundation		-	1,000
Awards For All		-	8,500
Tees Valley Community Foundation		1,200	-
		----	----
		12,114	52,928
<b>Unrestricted Funds</b>		211,110	165,602
		-----	-----
		223,224	218,530
		=====	=====

**TEESVALLEY WOMEN'S CENTRE LIMITED**

**BALANCE SHEET – Continued AS AT 31<sup>ST</sup> MARCH 2023**

The directors are satisfied that the company was entitled to exemption under section 477 of the Companies Act 2006 and that members have not requested an audit in accordance with section 476.

The directors acknowledge their responsibilities for:

- i ensuring that the company keeps accounting records which comply with section 386; and
- ii preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of sections 394 and 395, and which otherwise comply with the requirements of this Act relating to accounts, so far as applicable to the company.

These accounts have been prepared in accordance with the special provisions for small companies under part 15 of the Companies Act 2006 and The Financial Reporting Standard for Smaller Entities (effective January 2019).

Trustee: *K.Kaur*

Trustee: *B.Begg*

Date: 25<sup>th</sup> October 2023

Date: 25<sup>th</sup> October 2023

TeesValley Women's Centre- 05244511



**TEESVALLEY WOMEN'S CENTRE LIMITED**  
**NOTES TO THE 2023 ACCOUNTS**

**1. ACCOUNTING POLICIES**

**1.1 General information and basis of preparation**

The charity is a company limited by guarantee. The members of the company are the trustees named on page 2. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £10 per member of the charity. The address of the registered office is given in the charity information on page 2 of these financial statements.

These accounts have been prepared in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102"), "Accounting and Reporting by Charities" the Statement of Recommended Practice for charities applying FRS 102, the Companies Act 2006 and UK Generally Accepted Accounting Practice as it applies from 1 January 2019. The charity is a Public Benefit Entity as defined by FRS 102.

The charity has applied Update Bulletin 1 as published on 2 February 2016 and does not include a cash flow statement on the grounds that it is applying FRS 102 Section 1a.

The accounts have been prepared on a going concern basis under the historical cost convention. The accounts are presented in sterling, which is the functional currency of the charity and rounded to the nearest £.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been applied consistently to all years presented unless otherwise stated.

**1.2 Funds**

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Restricted funds arise when the company receives grants and other significant donations, and the use of these funds may be restricted by the donor to a particular area of the company's work. A detailed record is maintained by the company of all transactions relating to income. Unexpended funds at the end of the year are shown separately on the Balance Sheet as restricted funds.

**1.3 Income Recognition**

All incoming resources are included in the Statement of Financial Activities (SoFA) when the charity is legally entitled to the income after any performance conditions have been met, the amount can be measured reliably, and it is probable that the income will be received.

For the grants to be recognised the charity will have been notified of the amounts and the settlement date in writing. If there are conditions attached to the donation and this requires a level of performance before entitlement can be obtained, then the income is deferred until those conditions are fully met or the fulfilment of those conditions is within the control of the charity, and it is probable that they will be fulfilled.

Donated facilities and donated professional services are recognised in income at their fair value when their economic benefit is probable, it can be measured reliably, and the charity has control over the item. Fair value is determined on the basis of the value of the gift to the charity. For example the amount the charity would be willing to pay in the open market for such facilities and services. A corresponding amount is recognised in expenditure.

**TEESVALLEY WOMEN'S CENTRE LIMITED**

**NOTES TO THE 2023 ACCOUNTS – Continued**

**1.4 Expenditure recognition**

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to that category. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties, it is probable that settlement will be required, and the amount of the obligation can be measured reliably.

**1.5 Tangible Fixed Assets**

Provision is made for depreciation on all tangible assets, at rates calculated to write off the cost or valuation, less estimated residual value, of each asset over its expected useful life, as follows:

Leasehold Buildings	Over the lease term
Office Equipment:	25.00% per annum on reducing balance.
Computers	50.00% per annum on a straight-line basis

**1.6 Debtors and creditors receivable/payable within one year**

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

**1.7 Provisions**

Provisions are recognised when the charity has an obligation at the balance sheet date as a result of a past event, it is probable that an outflow of economic benefits will be required in settlement and the amount can be reliably estimated.

**1.8 Tax**

The charity is an exempt charity within the meaning of schedule 3 of the Charities Act 2011 and is considered to pass the tests set out in paragraph 1 schedule 6 Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes.

**1.9 Going Concern**

The accounts have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorizing these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

**2. VOLUNTARY INCOME**

	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
Sundry Donations	3,041	429
Redcar & Cleveland Council:		
Rent (Donation in Kind)	v 17,000	17,000
	<u>20,041</u>	<u>17,429</u>

**TEESVALLEY WOMEN'S CENTRE LIMITED**

**NOTES TO THE 2023 ACCOUNTS – Continued**

**3. INCOMING RESOURCES FROM CHARITABLE ACTIVITIES**

	<b>Restri- cted</b>	<b>Unrest- ricted</b>	<b>Total 2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Crèche Income		71,477	71,477	52,882
Government Subsidy-Childcare		47,637	47,637	47,843
Hadrian Trust			-	2,000
Garfield Weston			-	10,000
Community Foundation		3,000	3,000	18,600
National Lottery 2020	46,806		46,806	45,398
Cheshire Foundation			-	5,000
Arnold Clarke Community Foundation			-	1,000
The Archer Trust			-	2,000
RCVDA			-	5,000
Swire Charitable Trust			-	20,000
Bernica Foundation			-	5,000
The Edward Gosling Foundation			-	3,000
Speedomic Foundation	2,000		2,000	2,000
William Leech Charity			-	1,500
Awards For All			-	9,500
The Charles & Elsie Sykes Trust		2,000	2,000	-
Didymus		5,000	5,000	-
Anton Jurgens Charitable Trust		2,000	2,000	-
Police & Crime Commissioner		2,000	2,000	-
Woodsmith Foundation	1,500	500	2,000	-
Network for Social Change		22,643	22,643	-
Tees Valley Community Foundation	2,500		2,500	-
Hartlepool Borough Council	17,619		17,619	-
County Durham Community Foundation	1,800		1,800	-
	<u>72,225</u>	<u>156,257</u>	<u>228,482</u>	<u>230,723</u>

# **TEESVALLEY WOMENS CENTRE LIMITED**

## **NOTES TO THE 2023 ACCOUNTS-Continued**

### **4. RESOURCES EXPENDED**

	<b>Total 2023</b>	<b>Total 2022</b>
	<b>£</b>	<b>£</b>
Salaries, & NI	187,996	178,771
Staff pensions costs	843	1,026
Crèche Expenses	9,470	6,322
Rent and Rates	18,197	18,303
Heat and Light	6,111	3,981
Printing and Stationery	426	445
Insurance	3,359	4,061
Repair, Renewals and Cleaning	6,277	3,146
Telephone	2,082	2,004
Sundries	401	504
Equipment Leases	2,281	2,629
Accountancy Fees	2,040	1,491
Subscriptions	3,366	1,727
Depreciation	5,313	5,323
Consultancy & Monitoring Fees	4,763	16,431
Computer Maintenance	3,176	1,632
Settlement Payment	-	17,500
Grant Funded Projects	6,223	6,893
Beneficiary, Volunteer & Creche Subsidies	922	3,095
Staff Training	295	-
Bank Charges	1,531	-
Eco shop purchases	1,891	-
Recruitment expenses	318	-
	<hr/>	<hr/>
	267,281	275,284
	<hr/>	<hr/>

**5. NET INCOMING RESOURCES**

This is stated after charging:	<b>2023</b>	<b>2022</b>
	£	£
Depreciation	5,313	5,323
Independent Examiners Fees (including VAT)	2,040	1,491

**6. TRUSTEES REMUNERATION & RELATED PARTY TRANSACTIONS**

No member of the management committee received any remuneration during the year.

# **TEESVALLEY WOMENS CENTRE LIMITED**

## **NOTES TO THE 2023 ACCOUNTS - Continued**

### **7. EMPLOYEE INFORMATION**

	<b>2023</b>
	<b>£</b>
7.1 Staff Costs	
Salaries and wages	180,556
Social security costs	7,440
	-----
	<b>187,996</b>
	=====

7.2 The average number of employees in the year was 15 (2022-17).

7.3 There were no employees paid by the charity whose annual emoluments were £60,000 or more.

### **8. TANGIBLE FIXED ASSETS**

	<b><u>Leasehold</u></b>	<b><u>Computer</u></b>	<b><u>Other</u></b>	
	<b><u>Alterations</u></b>	<b><u>Equipment</u></b>	<b><u>Equipment</u></b>	<b><u>Total</u></b>
Cost at 1 <sup>st</sup> April 2022	95,040	38,773	19,623	153,436
Additions	-	-	-	-
Disposals	-	-	-	-
	----	----	----	----
Cost at 31 <sup>st</sup> March 2023	95,040	38,773	19,623	153,436
	----	----	----	----
<b>Depreciation</b> at 1 <sup>st</sup> April 2022	89,760	38,773	19,490	148,023
Charge for the year	5,280	-	33	5,313
Written off on disposal	-	-	-	-
	----	----	----	----
<b>Depreciation</b> at 31 <sup>st</sup> March 2023	95,040	38,773	19,523	153,336
	-----	-----	-----	-----
<b>Net book value</b> at 31 <sup>st</sup> March 2023	-	-	100	100
	=====	=====	=====	=====
<b>Net book value</b> at 1 <sup>st</sup> April 2022	5,280	-	133	5,413
	=====	=====	=====	=====

All assets are used for direct charitable purposes and administration of the charity.

### **9. DEBTORS**

	<b><u>2023</u></b>	<b><u>2022</u></b>
Trade debtors	3,482	1,315
Prepayments	248	689
Other debtors	-	-
	<b><u>3,730</u></b>	<b><u>2,004</u></b>



**TEESVALLEY WOMENS CENTRE LIMITED**

**NOTES TO THE 2023 ACCOUNTS - Continued**

**10. CREDITORS – AMOUNTS FALLING DUE WITHIN ONE YEAR**

	<i>2023</i>	<i>2022</i>
	<i>£</i>	<i>£</i>
Trade creditors	1,706	4,053
Taxes and social security costs	3,275	2,260
Other creditors and accruals	1,938	1,880
Grants received in advance	-	13,026
	<u>6,919</u>	<u>21,219</u>

**11. RESTRICTED FUNDS AND ANALYSIS OF NET ASSETS BETWEEN FUNDS**

**11.1 Restricted Funds**

When the company receives grants and other significant donations the use of these funds may be restricted by the donor to a particular area of the company's work. A detailed record is maintained by the company of all transactions relating to income. Unexpended funds at the end of the year are shown separately on the Balance Sheet as restricted funds.

**11.2 Analysis of net assets between funds**

Fund balances at 31<sup>st</sup> March 2023 are represented by:

	<i>Restricted</i>	<i>General</i>	
	<i>Funds</i>	<i>Funds</i>	<i>Total</i>
	<i>£</i>	<i>£</i>	<i>£</i>
Fixed Assets		100	100
Current Assets			
Debtors & Prepayments		3,730	3,730
Cash at Bank and in Hand	12,114	214,199	226,313
Current Liabilities		(6,919)	(6,919)
	<u>12,114</u>	<u>211,110</u>	<u>223,224</u>



TeesValley Women's Centre  
& TeesValley Tots Nursery  
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