

REGISTERED COMPANY NUMBER: 05137644 (England and Wales)
REGISTERED CHARITY NUMBER: 1106639

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 March 2023
for
Chooselife Cymru

Ashmole & Co
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for the Year Ended 31 March 2023

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Chooselife Cymru

Report of the Trustees for the Year Ended 31 March 2023

The Trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting by Charities': Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019). The Report of the Trustees also comprises a Directors Report as required by company law.

OBJECTIVES AND ACTIVITIES

Objectives and aims including public benefit

The Trustees confirm that they have complied with their duty, under the Charities Act 2011, to have regard to the Charity Commissions published public benefit guidelines in determining the activities undertaken by the charity.

The charity's objectives are to relieve persons who are in need or hardship or who are aged or sick (particularly but not exclusively as a result of drug or alcohol abuse); to relieve the distress caused thereby (particularly but not exclusively by providing advice, information, guidance and accommodation to individuals, to enable them to access suitable treatment); to give advice and assistance to their families in Llanelli and in such other parts of the United Kingdom or the world as the trustees from time to time think fit.

The Charity also aims to advance education in accordance with Christian principles of children and adults (particularly but not exclusively in relation to the avoidance of drug and alcohol misuse), by such means as the trustees may consider appropriate in the said location and in such other parts of the United Kingdom or the world as the trustees may from time to time think fit.

Due to ever increasing problems with drug & alcohol abuse in the Carmarthenshire area, Chooselife's aim is not only to help those who already have a substance misuse problem but to offer a positive alternative for those who might have a future substance misuse problem. Advice, information and guidance are provided to individuals to enable them to access suitable treatment and to help support their families also.

The benefits of our activities are summarised in the Achievement and Performance section (below) and relate directly to our objectives.

ACHIEVEMENT AND PERFORMANCE

ACHIEVEMENTS OF PERIOD

Chooselife was set up in 1996 by the current Managing Director with a passion for helping people struggling with addiction and in 2004 it gained charitable status. The Chooselife Centre is located in one of the most deprived areas of Llanelli and the services provided have adapted over the years to continue to meet the needs of its beneficiaries.

The Drop-in Service has remained closed after the Covid 19 Pandemic, but we have found new ways of working to ensure that we are still meeting the needs of vulnerable and homeless people through introducing an appointment system for beneficiaries to access our T.E.E Programme and also to access takeaway lunches, rehab referrals and ARC homes supported accommodation.

We have identified the need of a clearer digital footprint to enable continued support for the marginalised and vulnerable, many do not have access to phones/computers and are digitally excluded from the way other service providers now work. This has been identified as a result of organisations moving to on-line support, meetings etc. and requesting that our beneficiaries' access Zoom Meetings:

Examples of digital support:

- o LAC Reviews
- o Family Courts
- o Training requirements
- o GP Online assessments
- o PIP assessments
- o Bidding for Local Authority properties via Home Finder
- o Accessing Universal Credit.

We continue to work closely with many other service providers including NACRO, Probation, Social Services, Community Mental Health Team, PCN'S, Psychiatrists, MIND, The Wallich, Housing Associations, Workways etc. The joint working ensures that the expertise of services is harnessed to provide the best support for individuals. We will continue to adapt our services as necessary to ensure the needs of the community are met.

We have become an accredited Living Wage Employer in 2022, joining thousands of organisations, businesses, and people, across the UK, who believe that a hard day's work deserves a fair day's pay. Together we can continue to ensure everyone can earn enough to live on.

TEE 3 Project (Train Equip and Empower)

The Tee 3 project funded by the WCVA through the Third Sector Resilience fund is due to end 30th April 2023. Tee 3 was a continuation project, which was funded by The Community fund, Big Lottery for two years to support the transition of the new Universal Credit system in 2019. Further funding in 2021 continued with TEE 2 from WCVA Resilience fund. Due to the continued success of the previous three years, management decided it would be beneficial to keep the programme running as it offers vital support to the community.

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Report of the Trustees for the Year Ended 31 March 2023

TEE 3 employs three members of staff; a Project co-ordinator (16hrs), a Project Supervisor (30hrs) and a Support Worker (20hrs). After running TEE for three years, we had a better understanding of the needs of our beneficiaries and tailored the services to offer the in-depth support required by the majority, offering access to computers to support with benefit claims accessing their Universal Credit Online Journals to keep track of appointments etc to avoid sanctions of benefits, access to online training, accompanied visits to set up bank accounts, medical appointments, supported court appearances, access to housing, etc. A surprising factor was that since April 2022 we have recorded 40 Polish beneficiaries registering for support. We have collaborated with Carmarthenshire County Council to offer English lessons every Thursday and have 3-4 people from the Polish community attending these lessons.

Statistics for the project for the last 11 months are:

Date	Support Session	Benefit Support	Housing Support	Employment	Food Bank	Rehab	Other	Medical	Polish	New Sign Ups	Lunches
May	68	52	4	4	5	1	5	0	0	17	272
June	60	38	2	0	4	0	1	4	13	10	321
July	60	34	1	0	4	4	4	3	10	17	305
August	50	34	5	1	9	3	4	1	0	15	363
September	68	34	5	1	9	3	4	1	13	7	425
October	65	37	5	1	9	3	1	3	9	16	343
November	66	48	1	0	3	1	0	2	7	7	298
December	51	37	0	0	6	0	0	2	7	7	277
January	59	36	0	0	8	0	1	7	7	10	382
February	53	32	1	0	7	3	0	2	8	9	385
March	59	27	2	0	0	1	8	2	8	8	345

Statistics gathered clearly shows the impact of the cost-of-living crisis as 272 lunches were served at the start of the project and in March 345 lunches were served. An average of eight polish beneficiaries attended the centre for English lessons per month. 659 support sessions were delivered to beneficiaries over 11 months. A fantastic outcome has been that 18 beneficiaries have been referred to residential rehabilitation during this period and three people have returned from rehab and have volunteered at the centre to prepare lunches etc. Staff recorded working with other organisations on 283 occasions.

The main organisations currently worked with are:

- o BAROD - referrals made for prescribing and substance misuse training.
- o Probation - work alongside IOMs to ensure appropriate support for those leaving prison.
- o Dyfed Powys Police - work with PCSOS to discuss clients in common.
- o Carmarthenshire Adult Health and Social Care team - continue to work with social workers, youth workers etc. to resolve beneficiaries' issues.
- o Foodbanks -Lifeshare and the Llanelli Foodbank provide us with vouchers for beneficiaries in need.
- o Carmarthenshire County Council - continue to work with and report on the levels of occupation, etc. to the housing department.
- o Betel of Britain providing residential rehabilitation.

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Report of the Trustees for the Year Ended 31 March 2023

o GP's, hospitals, dentists, mental health providers, Job Centre/DWP, prisons, NACRO, housing associations, Banks etc.

The project is a great success and would be missed by beneficiaries if it had to end as there are still vulnerable people who are afraid to use technology and the ever-increasing speed of new technology is leaving many behind and feeling helpless. In a recent consultation the question asked was "What does Chooselife mean to you?" the reply given by one beneficiary sums up the service:

"Chooselife is a lifeline to me personally if it was not here people would go hungry. Most people I know have not got computers and phones. Staff sit down with you and really give you help; it's not just a job for them it's a passion".

Healthy Eating - Takeaway Lunches

The importance of food is vital to everyone's health and well-being and during the current Cost of Living Crisis the lunches remain a valuable service to the vulnerable individuals in our community. We are open 5 days per week during the lunch time from 12.30 - 2pm and have served over 4000 lunches in the past year. We also have donations from Greggs Bakery which we hand out daily alongside the lunch prepared by volunteers, which is a great addition to the lunch we serve. Castell Howell have donated food to us on occasions throughout the year and this has enabled us to make our budgets go further or dependent on the product we have been able to distribute to service users. Castell Howell supplied us with all the Turkey Slices to make our festive takeaway lunch and Jenkins Bakery provided us with the "Big Softie" Rolls and we made service users a very tasty Christmas Festive Roll with Turkey, roast potato, cranberry and stuffing, topped with roast turkey gravy.

We received a very kind donation of Christmas food supplies as a tribute from the parents of a local businesswoman who sadly passed away. For several years we had received a generous donation to contribute to our Christmas lunch, as the vulnerable and needy was a cause very close to her heart.

The rise in food costs is continuing to impact our community and we are seeing regular faces daily who comment that they would not have a warm meal if they didn't access our service and they are very grateful for our support.

There are two local food banks we work closely with and often refer individuals who are waiting for benefits and do not have any income or who have been released from prison etc. Having no money to buy food is a real problem for many when faced with challenging changes in circumstances and our links with local agencies and being able to signpost people to vital support is crucial.

We also have a small clothes bank (due to lack of space) available and provide clothes to anyone who is in need. These are primarily given to homeless and individuals moving into our Supported accommodation.

On The MOVE (Moving On towards Volunteering and Employment)

The On the MOVE programme is a way of helping service users who are stabilising their addictions to keep busy and find useful things to do to help them on their recovery journey, it has been more difficult with the Drop-In Centre closed but we have still found meaningful ways to keep people busy. It is a step before volunteering and tasks included shopping, cooking, clearing up, property maintenance etc.

On the MOVE programme has helped 5 individuals to develop their self-confidence, skills, and knowledge with the aim of helping them to build a life free from addiction and participating in meaningful work.

We have supported individuals who have been helping to prepare the takeaway lunches during the year to carry out their Level 2 Food Hygiene Training online, and also supported with other online training to prepare for work.

Residential Rehabilitation

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Report of the Trustees for the Year Ended 31 March 2023

Our referrals to residential rehabilitation have increased this year and individuals have been accessing Rehab within a couple of days of being referred which is often needed as individuals' motivation can change quickly. We provide train fare or provide the transport ourselves to ensure barriers to service are removed. This year we have referred 18 individuals where individuals receive 24-hour support to overcome their addiction with the aim of achieving recovery and to live independently in the community. Life changes of some of the individuals we have referred have been astounding and they have been unrecognisable in the change in their appearance some having been in life-threatening near-death circumstances before going and are now fully recovered living a positive meaningful life.

ARC Homes (Accommodation-Recovery-Community)

In 2012 Chooselife started to provide supported accommodation due to the lack of suitable accommodation and the much-needed support for the vulnerable in our community.

We have 5 properties situated within a 2-mile radius of the Chooselife Centre with capacity to house up to 26 residents. We own two of the 5 properties, and it is our aim to own properties opposed to renting as it provides added security to residents and enables us to have more control over maintaining properties, which in turn enables us to provide a higher standard of accommodation.

During the year we have supported 50 vulnerable individuals with their accommodation needs, with 18 residents being in supported accommodation at the start of the year, 17 residents moving out during the year and 32 new residents moving in during the year. At the end of the year, we had 24 individuals in our properties.

Housing and homelessness are a widespread issue and in Carmarthenshire (2022) there were 3979 households on social housing waiting lists. There is a high demand for 1-bedroom flats/properties and there is a shortage of these even amongst private rentals and often the rents are unaffordable to individuals on benefits. The price of rents has increased due to the cost-of-living crisis and with shortage of accommodation we have seen many vulnerable individuals with nowhere to be housed. Individuals with complex life issues can also struggle to secure accommodation due to advance rents, bonds, references, and the issues of long waiting lists. Chooselife doesn't charge a bond or upfront rent and try to make housing as accessible as possible for individuals on low income and can often house an individual within a day if necessary and this is very rewarding to see someone coming to you homeless and on the same day to be able to help them move in to a warm, safe place to live and have helped them to claim benefits, provided them with a food parcel and clean clothes.

During the year we have received more referrals from the Probation Service and our accommodation has seen an increase in demand as we have marketed the service more widely and have created stronger links within the community, we are still getting referrals through Probation, HMP leavers, NACRO and other organisations and we are continue to raise awareness of our service through local GP surgeries and other services in the wider community.

Chooselife provides HMO supported accommodation where an individual has their own room and then shares the communal areas such as bathroom, kitchen and living room. Support workers carry out daily checks on the properties and individuals we support who often have complex needs such as substance misuse, mental health, offending history etc. and can lack daily living skills or even the ability to manage their own room. Support is provided by staff to help residents and we also work with other agencies where required. Helping individuals with their benefits and attending appointments, supporting them to register with health services such as GP, Dentist etc. can also be part of the support provided.

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Report of the Trustees for the Year Ended 31 March 2023

Due to the changes that Covid-19 introduced in 2020, we have identified the need of a clearer digital footprint to enable continued support for the marginalised and vulnerable, many do not have access to phones/computers and are digitally excluded from the way other service providers now work. This has been identified as a result of organisations moving to on-line support, meetings etc. and requesting that our beneficiaries' access Zoom Meetings at the centre for the following reasons:

- o LAC Reviews
- o Family Courts
- o Training requirements
- o GP Online assessments
- o PIP assessments
- o Bidding for Local Authority properties via Home Finder
- o Accessing Universal Credit.

Supported accommodation offers housing stability which can then enable individuals to work on other areas of their lives which they are having difficulties with. Negative life experiences and events can often leave people feeling disempowered and hopeless, having stable accommodation and support can often be the tool that enables people to slowly rebuild their lives. We work with many other organisations to enable residents to benefit from specialised support appropriate to their needs and often with the support of different organisations pooling expertise residents can move into their own accommodation.

We have upgraded two of the properties we own with an outdoor patio area with planters, bike shelters and seating areas from funding we have received, and this will enhance residents' quiet enjoyment of the outdoor space.

We have supported three residents to gain employment during the year and due to the success of ARC homes several tenants have moved on into secured private accommodation.

Christmas which can be a difficult time of year for residents with no family and difficult life circumstances. We received Food Hampers for all our residents from the Lifeshare Food Bank, having no extra money to buy luxury food items or having presents from family can make it a difficult time but the Food Hamper was a real treat and helped them to feel as if someone cares!

Volunteer Support

During the year we have had 5 volunteers supporting the service and we will continue to recruit into volunteer roles as they are an invaluable part of our service delivery.

Developments

There have been no major developments during the year.

FINANCIAL REVIEW

Result for the year

The Charity's total income for the year was £240k (2022 £296k), with a deficit 66k (2022 surplus 17k).

Principal funding sources

Principal funding sources for the Charity during the year: the Third Sector Resilience Fund for Wales Scheme, administered by WCVA on behalf of the Welsh Government, The Lloyds Bank Foundation - funding received for the following year, Rental Income.

FINANCIAL REVIEW

Reserves policy and review of financial position.

The Trustees have reviewed the Charity's reserve requirements in light of the main risks to the organisation. Policy states that unrestricted funds not committed or invested in tangible fixed assets should be between 3-6 months of expenditure. Based on accounts to 31st March 2023 the target for free reserves is between £76,600 and £153,200. Free reserves includes designated reserves for this purpose. The present level of free reserves available to the Charity of £154,155 is over the 6 month target level and Trustees aim is to keep the reserves over the target for the medium to long term. However, the Trustees are mindful of the need to maintain service levels.

FUTURE PLANS

" To continue developing ARC Homes which provides supported accommodation to vulnerable residents with the aim of purchasing additional properties to meet the growing demand.

" To review volunteer roles and actively recruit to meet the needs of service development areas.

" To continue to develop the TEE Project to meet the needs of service users and growing demand for services.

" To continue developing social enterprises with the aim of providing meaningful work and training opportunities for service users and to generate income for the charity.

" The relocate the Chooselife service by 2027.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The organisation is a charitable company limited by guarantee, incorporated on 25th May 2004 and registered as a charity on 8th November 2004. The company was established under a Memorandum of Association which established the objectives and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up its members are required to contribute an amount not exceeding £10.

Recruitment and appointment of trustees

Trustees are nominated and appointed by the members in a general meeting. A recruitment policy and procedure has been developed and used in recruiting and training new trustees to ensure a robust process is in place.

The directors of the company are also charity trustees for the purposes of charity law.

Organisational structure

The day to day management of the charity is delegated by the Trustees to the Chief Executive Officer, Alan Andrews and the rest of the Management Team. The Management Team has been set up as a working group involved with the daily running of the organisation and is responsible to the Trustees. The group is responsible for drafting policies and guidelines and meets regularly to monitor and evaluate the progress of the project. Financial decisions can only be made within the guidelines set by the Trustees. The group provides a forum for discussions on issues that arise from daily operations and enables perspectives to be processed and presented to the Trustees for consideration.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. Internal control risks are minimised by the implementation of procedures for all transactions and procedures. Procedures are in place to ensure compliance with Health & Safety of staff, volunteers, clients and visitors to the Centre. Procedures are periodically reviewed to ensure that they continue to meet the needs of the charity.

In March 2020, Covid-19 was a new risk the Trustees needed to assess. On the 23 March 2020 Covid-19 forced closure of the drop-in service. After guidance from the Public Health Wales the centre remains open to provide takeaway lunches, to satisfy the needs of vulnerable and homeless people, the trustees need to continue to identify and review the risks of Covid-19 to ensure Health & Safety of staff, volunteers, clients and visitors to the Centre.

The trustees continued to meet up four times a year to consider reports from the management team.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

05137644 (England and Wales)

Registered Charity number

1106639

Registered office

Canolfan Antioch Centre
Copperworks Road
LLANELLI
Carmarthenshire
SA15 2NE

Trustees

Mr W G Pettiford
Mr A Tootill
Miss L J Augustyn

Company Secretary

Mrs A J Howells

Independent Examiner

Ashmole & Co
First Floor
1 St John's Court
Upper Fforest Way
Enterprise Park
Swansea
SA6 8QQ

Chooselife Cymru

Report of the Trustees
for the Year Ended 31 March 2023

REFERENCE AND ADMINISTRATIVE DETAILS

Bankers

Barclays Bank Plc
Leicester
LE87 2BB

Management Team

Alan Andrews - Managing Director
Amanda Howells - Business & Administration Officer
Ann Heycock - Marketing Development Manager

Approved by order of the board of trustees on 28 November 2023 and signed on its behalf by:

Mr W G Pettiford - Trustee

Independent Examiner's Report to the Trustees of
Chooselife Cymru

Independent examiner's report to the trustees of Chooselife Cymru ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

C E Daultrey

Ashmole & Co

28 November 2023

Chooselife Cymru

Statement of Financial Activities
(Incorporating an Income and Expenditure Account)
for the Year Ended 31 March 2023

				2023	2022	
		Unrestricted funds	Restricted funds	Restricted Capital Grant Funds	Total funds	Total funds
	Notes	£	£	£	£	£
INCOME AND ENDOWMENTS FROM						
Donations and legacies		7,202	-	-	7,202	2,628
Charitable activities	3					
All Activities		215,393	17,055	-	232,448	290,728
Investment income	2	451	-	-	451	10
Other income		-	-	-	-	2,809
Total		223,046	17,055	-	240,101	296,175
EXPENDITURE ON						
Raising funds	4	8,537	1,600	-	10,137	10,034
Charitable activities	5					
All Activities		217,904	59,388	18,970	296,262	268,412
Total		226,441	60,988	18,970	306,399	278,446
NET INCOME/(EXPENDITURE)						
Transfers between funds	17	(3,395) 972	(43,933) (2,748)	(18,970) 1,776	(66,298) -	17,729 -
Net movement in funds		(2,423)	(46,681)	(17,194)	(66,298)	17,729
RECONCILIATION OF FUNDS						
Total funds brought forward		156,575	51,895	173,326	381,796	364,067
TOTAL FUNDS CARRIED FORWARD		154,152	5,214	156,132	315,498	381,796

The notes form part of these financial statements

Chooselife Cymru

Balance Sheet
31 March 2023

					2023	2022
		Unrestricted	Restricted	Restricted		
	Notes	funds	funds	Capital	Total	Total
		£	£	Grant	funds	funds
				Funds	£	£
FIXED ASSETS						
Tangible assets	12	222,416	-	50,565	272,981	287,169
CURRENT ASSETS						
Debtors	13	4,212	161	-	4,373	4,793
Cash at bank		94,340	29,155	105,567	229,062	306,622
		<u>98,552</u>	<u>29,316</u>	<u>105,567</u>	<u>233,435</u>	<u>311,415</u>
CREDITORS						
Amounts falling due within one year	14	(7,991)	(24,105)	-	(32,096)	(31,474)
		<u>90,561</u>	<u>5,211</u>	<u>105,567</u>	<u>201,339</u>	<u>279,941</u>
NET CURRENT ASSETS						
		<u>90,561</u>	<u>5,211</u>	<u>105,567</u>	<u>201,339</u>	<u>279,941</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		312,977	5,211	156,132	474,320	567,110
CREDITORS						
Amounts falling due after more than one year	15	(158,822)	-	-	(158,822)	(185,314)
		<u>154,155</u>	<u>5,211</u>	<u>156,132</u>	<u>315,498</u>	<u>381,796</u>
NET ASSETS						
		<u>154,155</u>	<u>5,211</u>	<u>156,132</u>	<u>315,498</u>	<u>381,796</u>
FUNDS	17					
Unrestricted funds					154,155	156,575
Restricted funds					161,343	225,221
TOTAL FUNDS					<u>315,498</u>	<u>381,796</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with Section 476 of the Companies Act 2006.

The notes form part of these financial statements

Chooselife Cymru

Balance Sheet - continued

31 March 2023

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 28 November 2023 and were signed on its behalf by:

Mr W G Pettiford - Trustee

Notes to the Financial Statements
for the Year Ended 31 March 2023

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland', the Charities Act 2011 and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The charitable company has taken advantage of the following disclosure exemptions in preparing these financial statements, as permitted by FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland':

- the requirements of Section 7 Statement of Cash Flows;
- the requirement of paragraph 3.17(d);
- the requirements of paragraphs 11.42, 11.44, 11.45, 11.47, 11.48(a)(iii), 11.48(a)(iv), 11.48(b) and 11.48(c);
- the requirements of paragraphs 12.26, 12.27, 12.29(a), 12.29(b) and 12.29A;
- the requirement of paragraph 33.7.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Leasehold property	- 5% on cost
Leasehold improvements	- 5% on cost
Fixtures, fittings & equipment	- 15% on reducing balance

Assets acquired with restricted income are initially treated as restricted assets. Where the acquisition of the asset discharges the restriction imposed, the related asset is transferred to unrestricted funds.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Notes to the Financial Statements - continued
for the Year Ended 31 March 2023

1. ACCOUNTING POLICIES - continued

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Designated funds comprise the funds that have been set aside at the discretion of the Trustees for specific purposes. The purpose and use of the designated unrestricted funds is set out in the notes to the accounts.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid after taking account of any trade discounts due.

Cash at bank in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Creditors and Provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for and trade discounts due

Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at the carrying value plus accrued interest less repayments. The financing charge to expenditure is at a constant rate calculated using the effective interest method.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Notes to the Financial Statements - continued
for the Year Ended 31 March 2023

2. INVESTMENT INCOME

	2023	2022
	£	£
Deposit account interest	451	10
	<u>451</u>	<u>10</u>

3. INCOME FROM CHARITABLE ACTIVITIES

		2023	2022
	Activity	£	£
Accommodation	All Activities	188,143	199,989
Grants	All Activities	44,305	90,688
Other income	All Activities	-	51
		<u>232,448</u>	<u>290,728</u>

Grants received, included in the above, are as follows:

	2023	2022
	£	£
Lloyds Bank Foundation	27,250	25,001
Albert Hunt Trust	5,000	-
Sundry grants under £500	-	246
Darkley Trust	-	4,954
Covid Funding	-	48,817
Awards for All	-	9,870
Moondance	-	1,800
Third Sector resilience fund	12,055	-
	<u>44,305</u>	<u>90,688</u>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2023

4. RAISING FUNDS

Other trading activities

	2023	2022
	£	£
Staff costs	10,137	10,034

5. CHARITABLE ACTIVITIES COSTS

	Direct Costs (see note 6)	Support costs (see note 7)	Totals
	£	£	£
All Activities	156,145	140,117	296,262

6. DIRECT COSTS OF CHARITABLE ACTIVITIES

	2023	2022
	£	£
Staff costs	44,334	41,583
Travel and subsistence	1,867	2,120
Care fund	449	435
Health and fitness costs	5,136	5,704
Refreshments and food	291	-
Rehab Referral	2,004	1,423
Events and workshops	427	977
D.A.R.E. Expenditure	8,732	8,969
Accommodation expenditure	92,905	68,935
	156,145	130,146

Notes to the Financial Statements - continued
for the Year Ended 31 March 2023

7. SUPPORT COSTS

	Management £	Finance £	Information technology £
All Activities	8,072	4,708	6,161
	Human resources £	Depreciation £	Governance costs £
All Activities	102,872	14,188	4,116
			Totals £
			140,117

Support costs, included in the above, are as follows:

	2023 All Activities £	2022 Total activities £
Premises costs	7,777	11,393
Advertising and marketing etc	30	706
Subscription & membership fees	265	239
Bank charges	938	610
Staff training	3,770	1,497
IT Support	1,144	1,885
Communications	3,666	3,502
Printing, post and stationery	646	914
Sundries	705	96
Office and finance staff	85,022	83,969
Social security	5,414	5,585
Pensions	801	768
Interest payable and similar charges	11,635	9,887
Depreciation	14,188	12,994
Accountancy fees	4,116	4,221
	140,117	138,266

Notes to the Financial Statements - continued
for the Year Ended 31 March 2023

8. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2023	2022
	£	£
Depreciation - owned assets	14,188	12,994
Surplus on disposal of fixed assets	-	(2,809)
	<u> </u>	<u> </u>

9. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2023 nor for the year ended 31 March 2022.

10. STAFF COSTS

	2023	2022
	£	£
Wages and salaries	135,858	132,155
Social security costs	8,093	8,139
Other pension costs	1,757	1,645
	<u> </u>	<u> </u>
	<u>145,708</u>	<u>141,939</u>

Staff costs include £60,085 salary and benefits paid to key management personnel during the year.

The average monthly number of employees during the year was as follows:

	2023	2022
Management	2	2
Administration	1	1
Project and day care staff	2	2
	<u> </u>	<u> </u>
	<u>5</u>	<u>5</u>

No employees received emoluments in excess of £60,000.

Notes to the Financial Statements - continued
for the Year Ended 31 March 2023

11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Restricted Capital Grant Funds £	Total funds £
INCOME AND ENDOWMENTS FROM				
Donations and legacies	2,628	-	-	2,628
Charitable activities				
All Activities	225,479	55,379	9,870	290,728
Investment income	9	1	-	10
Other income	3,077	-	(268)	2,809
Total	<u>231,193</u>	<u>55,380</u>	<u>9,602</u>	<u>296,175</u>
EXPENDITURE ON				
Raising funds	8,563	1,471	-	10,034
Charitable activities				
All Activities	<u>177,513</u>	<u>82,796</u>	<u>8,103</u>	<u>268,412</u>
Total	<u>186,076</u>	<u>84,267</u>	<u>8,103</u>	<u>278,446</u>
NET INCOME/(EXPENDITURE)				
Transfers between funds	<u>45,117</u> <u>(5,231)</u>	<u>(28,887)</u> <u>5,231</u>	<u>1,499</u> <u>-</u>	<u>17,729</u> <u>-</u>
Net movement in funds	39,886	(23,656)	1,499	17,729
RECONCILIATION OF FUNDS				
Total funds brought forward	116,689	75,551	171,827	364,067
TOTAL FUNDS CARRIED FORWARD	<u>156,575</u>	<u>51,895</u>	<u>173,326</u>	<u>381,796</u>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2023

12. TANGIBLE FIXED ASSETS

	Freehold property £	Leasehold property £	Leasehold improvements £	Improvement to property £
COST				
At 1 April 2022 and 31 March 2023	203,760	107,886	34,233	10,000
DEPRECIATION				
At 1 April 2022	-	80,902	22,267	-
Charge for year	-	5,394	1,712	-
At 31 March 2023	-	86,296	23,979	-
NET BOOK VALUE				
At 31 March 2023	203,760	21,590	10,254	10,000
At 31 March 2022	203,760	26,984	11,966	10,000
	Plant and machinery £	Fixtures, fittings & equipment £	Motor vehicles £	Totals £
COST				
At 1 April 2022 and 31 March 2023	15,238	113,110	26,755	510,982
DEPRECIATION				
At 1 April 2022	14,378	97,797	8,469	223,813
Charge for year	171	2,340	4,571	14,188
At 31 March 2023	14,549	100,137	13,040	238,001
NET BOOK VALUE				
At 31 March 2023	689	12,973	13,715	272,981
At 31 March 2022	860	15,313	18,286	287,169

Notes to the Financial Statements - continued
for the Year Ended 31 March 2023

13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023	2022
	£	£
Sundry debtors and prepayments	4,373	4,793
	<u> </u>	<u> </u>

14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023	2022
	£	£
Bank loans and overdrafts (see note 16)	17,910	16,998
Other creditors	14,186	14,476
	<u> </u>	<u> </u>
	32,096	31,474
	<u> </u>	<u> </u>

15. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR

	2023	2022
	£	£
Bank loans (see note 16)	158,822	185,314
	<u> </u>	<u> </u>

16. LOANS

An analysis of the maturity of loans is given below:

	2023	2022
	£	£
Amounts falling due within one year on demand:		
Bank loans	17,910	16,998
	<u> </u>	<u> </u>
Amounts falling between one and two years:		
Bank loans - 1-2 years	17,910	16,996
	<u> </u>	<u> </u>
Amounts falling due between two and five years:		
Bank loans - 2-5 years	53,729	50,990
	<u> </u>	<u> </u>
Amounts falling due in more than five years:		
Repayable by instalments:		
Bank loans more 5 yr by instal	87,183	117,328

Notes to the Financial Statements - continued
for the Year Ended 31 March 2023

17. MOVEMENT IN FUNDS

	At 1/4/22 £	Net movement in funds £	Transfers between funds £	At 31/3/23 £
Unrestricted funds				
General fund	12,550	(5,435)	5,295	12,410
ARC Homes Donations	14,035	74	-	14,109
Community Development Fund	43	(43)	-	-
Lloyds Bank Foundation	25,000	798	(798)	25,000
ARC Homes Accomodation	104,279	(328)	(3,525)	100,426
Marketing Video - Design fund	668	1,542	-	2,210
	<u>156,575</u>	<u>(3,392)</u>	<u>972</u>	<u>154,155</u>
Restricted funds				
Substance Misuse Action Fund - Leasehold Property and Equipment (*)	35,421	(6,907)	(1,749)	26,765
Big Lottery Fund - Leasehold Property Improvements (*)	2,985	(493)	-	2,492
UK Steel Ltd - Computer Equipment (*)	111	(17)	-	94
Welsh Government - Various Equipment (*)	1,103	(165)	-	938
Community Development Fund - Various Equipment (*)	469	(59)	-	410
Big Lottery Fund - Various Equipment (*)	814	(125)	-	689
Co-op Community Fund - Pool Table (*)	63	(9)	-	54
Lloyds TSB - Various Equipment (*)	52	(8)	-	44
Big Lottery D.R.A.W - Various Equipment (*)	3,253	(488)	-	2,765
SMAF Capital Funding - Leasehold Property Improvements and Fixtures and Fittings (*)	6,523	(736)	-	5,787
CFAP Capital Funding - The Neville Arms (*)	102,042	-	3,525	105,567
Awards For All - Various equipment (*)	20,490	(9,963)	-	10,527
National Lottery Community Fund	173	-	-	173
Darkley Trust	4,954	(3,008)	558	2,504
Antonio Calucio Foundation	4,480	(4,480)	-	-
Third Sector Resilience Fund for Wales Phase 2	6,123	(5,101)	(1,022)	-
Third Sector Resilience Fund 3	36,165	(31,347)	(2,284)	2,534
	<u>225,221</u>	<u>(62,906)</u>	<u>(972)</u>	<u>161,343</u>
TOTAL FUNDS	<u>381,796</u>	<u>(66,298)</u>	<u>-</u>	<u>315,498</u>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2023

17. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	6,040	(11,475)	(5,435)
ARC Homes Donations	74	-	74
Community Development Fund	-	(43)	(43)
Lloyds Bank Foundation	27,248	(26,450)	798
ARC Homes Accommodation	188,142	(188,470)	(328)
Marketing Video - Design fund	1,542	-	1,542
	<hr/>	<hr/>	<hr/>
	223,046	(226,438)	(3,392)
Restricted funds			
Substance Misuse Action Fund - Leasehold Property and Equipment (*)	-	(6,907)	(6,907)
Big Lottery Fund - Leasehold Property Improvements (*)	-	(493)	(493)
UK Steel Ltd - Computer Equipment (*)	-	(17)	(17)
Welsh Government - Various Equipment (*)	-	(165)	(165)
Community Development Fund - Various Equipment (*)	-	(59)	(59)
Big Lottery Fund - Various Equipment (*)	-	(125)	(125)
Co-op Community Fund - Pool Table (*)	-	(9)	(9)
Lloyds TSB - Various Equipment (*)	-	(8)	(8)
Big Lottery D.R.A.W - Various Equipment (*)	-	(488)	(488)
SMAF Capital Funding - Leasehold Property Improvements and Fixtures and Fittings (*)	-	(736)	(736)
Awards For All - Various equipment (*)	-	(9,963)	(9,963)
Darkley Trust	-	(3,008)	(3,008)
Antonio Calucio Foundation	-	(4,480)	(4,480)
Third Sector Resilience Fund for Wales Phase 2	(1)	(5,100)	(5,101)
Third Sector Resilience Fund 3	12,056	(43,403)	(31,347)
Albert Hunt Trust	5,000	(5,000)	-
	<hr/>	<hr/>	<hr/>
	17,055	(79,961)	(62,906)
TOTAL FUNDS	<hr/>	<hr/>	<hr/>
	240,101	(306,399)	(66,298)

Notes to the Financial Statements - continued
for the Year Ended 31 March 2023

17. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1/4/21 £	Net movement in funds £	Transfers between funds £	At 31/3/22 £
Unrestricted funds				
General fund	23,197	(5,714)	(4,933)	12,550
DARE (formally Care Project)	-	(152)	152	-
ARC Homes Donations	13,241	794	-	14,035
Community Development Fund	43	-	-	43
Lloyds Bank Foundation	-	25,000	-	25,000
ARC Homes Accomodation	80,208	24,521	(450)	104,279
Marketing Video - Design fund	-	668	-	668
	<hr/> 116,689	<hr/> 45,117	<hr/> (5,231)	<hr/> 156,575
Restricted funds				
Substance Misuse Action Fund - Leasehold Property and Equipment (*)	41,078	(5,657)	-	35,421
Big Lottery Fund - Leasehold Property Improvements (*)	3,496	(511)	-	2,985
UK Steel Ltd - Computer Equipment (*)	131	(20)	-	111
Welsh Government - Various Equipment (*)	1,298	(195)	-	1,103
Community Development Fund - Various Equipment (*)	560	(91)	-	469
Big Lottery Fund - Various Equipment (*)	957	(143)	-	814
Co-op Community Fund - Pool Table (*)	74	(11)	-	63
Lloyds TSB - Various Equipment (*)	61	(9)	-	52
Big Lottery D.R.A.W - Various Equipment (*)	3,827	(574)	-	3,253
SMAF Capital Funding - Leasehold Property Improvments and Fixtues and Fittings (*)	7,306	(783)	-	6,523
CFAP Capital Funding - The Neville Arms (*)	102,310	(268)	-	102,042
Awards For All - Various equipment (*)	10,729	9,761	-	20,490
National Lottery Community Fund	-	173	-	173
Darkley Trust	-	4,504	450	4,954
Antonio Calucio Foundation	5,993	(1,513)	-	4,480
CAF	3,106	(3,106)	-	-
Third Sector Resilience Fund for Wales Phase 2	66,452	(65,110)	4,781	6,123
Third Sector Resilience Fund 3	-	36,165	-	36,165
	<hr/>	<hr/>	<hr/>	<hr/>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2023

17. MOVEMENT IN FUNDS - continued

	247,378	(27,388)	5,231	225,221
	<u> </u>	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u>364,067</u>	<u>17,729</u>	<u>-</u>	<u>381,796</u>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2023

17. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	4,375	(10,089)	(5,714)
DARE (formally Care Project)	-	(152)	(152)
ARC Homes Donations	794	-	794
Lloyds Bank Foundation	25,000	-	25,000
ARC Homes Accommodation	199,850	(175,329)	24,521
Marketing Video - Design fund	1,174	(506)	668
	<hr/>	<hr/>	<hr/>
	231,193	(186,076)	45,117
Restricted funds			
Substance Misuse Action Fund - Leasehold Property and Equipment (*)	-	(5,657)	(5,657)
Big Lottery Fund - Leasehold Property Improvements (*)	-	(511)	(511)
UK Steel Ltd - Computer Equipment (*)	-	(20)	(20)
Welsh Government - Various Equipment (*)	-	(195)	(195)
Community Development Fund - Various Equipment (*)	-	(91)	(91)
Big Lottery Fund - Various Equipment (*)	-	(143)	(143)
Co-op Community Fund - Pool Table (*)	-	(11)	(11)
Lloyds TSB - Various Equipment (*)	-	(9)	(9)
Big Lottery D.R.A.W - Various Equipment (*)	-	(574)	(574)
SMAF Capital Funding - Leasehold Property Improvements and Fixtures and Fittings (*)	-	(783)	(783)
CFAP Capital Funding - The Neville Arms (*)	(268)	-	(268)
Awards For All - Various equipment (*)	9,870	(109)	9,761
National Lottery Community Fund	-	173	173
Darkley Trust	4,954	(450)	4,504
Antonio Calucio Foundation	-	(1,513)	(1,513)
CAF	-	(3,106)	(3,106)
Moondance	1,800	(1,800)	-
Third Sector Resilience Fund for Wales Phase 2	12,461	(77,571)	(65,110)
Third Sector Resilience Fund 3	36,165	-	36,165
	<hr/>	<hr/>	<hr/>
	64,982	(92,370)	(27,388)

Notes to the Financial Statements - continued
for the Year Ended 31 March 2023

17. MOVEMENT IN FUNDS - continued

TOTAL FUNDS	<u>296,175</u>	<u>(278,446)</u>	<u>17,729</u>
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Restricted Funds

Funds towards capital expenditure

Funds denoted (*) are restricted funds towards the purchase of fixed assets, including property and equipment. These are grouped together on the face of the balance sheet and the fund balances are reduced where appropriate by the depreciation of the equipment during the year.

Other restricted funds are as follows:

SMAF Tier 4 Residential Rehab - Funding received to provide for transportation costs in relation to residential rehabilitation referrals.

National Lottery Community Fund - TEE - Grant provided in respect of the Train, equip, empower program.

Community Foundation in Wales - Funding for lunch supplies, cooker and cooker hood etc.

Darkley Trust - Funding to provide services to service users and the homeless in the area, including gates and locks bike shelters for properties

Antinio Calucio Foundation - Funding for lunch supplies.

Third Sector Resilience Fund for Wales - Phase 2 - Funding provided in respect of the Train, equip, empower program.

Third Sector Resilience Fund for Wales - Phase 3 - Funding provided in respect of the Train, equip, empower program.

Awards 4 All - funding to provide the properties patio, planters etc

Albert Hunt Trust - funding towards charity core costs

Unrestricted Designated Funds

ARC Homes Donations - Donations received designated to the support of the ARC Homes project.

Community Development Fund - Funds designated for the purchase of fixed assets in 2010, reduced by the depreciation of those assets on an annual basis.

ARC Homes Accommodation - Income generated from operating the supported accommodation project designated to the support of the Accommodation Recovery Community Homes project.

Notes to the Financial Statements - continued
for the Year Ended 31 March 2023

18. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2023.