

**REGISTERED COMPANY NUMBER: 05137644 (England and Wales)**  
**REGISTERED CHARITY NUMBER: 1106639**

Report of the Trustees and  
Unaudited Financial Statements for the Year Ended 31 March 2022  
for  
Chooselife Cymru

Ashmole & Co  
First Floor  
1 St John's Court  
Upper Fforest Way  
Enterprise Park  
Swansea  
SA6 8QQ



Chooselife Cymru

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for the Year Ended 31 March 2022

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Report of the Trustees  
for the Year Ended 31 March 2022

The Trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting by Charities' :Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019). The Report of the Trustees also comprises a Directors Report as required by company law.

**OBJECTIVES AND ACTIVITIES**

**Objectives and aims including public benefit**

The Trustees confirm that they have complied with their duty, under the Charities Act 2011, to have regard to the Charity Commissions published public benefit guidelines in determining the activities undertaken by the charity.

The charity's objectives are to relieve persons who are in need or hardship or who are aged or sick (particularly but not exclusively as a result of drug or alcohol abuse); to relieve the distress caused thereby (particularly but not exclusively by providing advice, information, guidance and accommodation to individuals, to enable them to access suitable treatment); to give advice and assistance to their families in Llanelli and in such other parts of the United Kingdom or the world as the trustees from time to time think fit.

The Charity also aims to advance education in accordance with Christian principles of children and adults (particularly but not exclusively in relation to the avoidance of drug and alcohol misuse), by such means as the trustees may consider appropriate in the said location and in such other parts of the United Kingdom or the world as the trustees may from time to time think fit.

Due to ever increasing problems with drug & alcohol abuse in the Carmarthenshire area, Chooselife's aim is not only to help those who already have a substance misuse problem but to offer a positive alternative for those who might have a future substance misuse problem. Advice, information and guidance are provided to individuals to enable them to access suitable treatment and to help support their families also.

The benefits of our activities are summarised in the Achievement and Performance section (below) and relate directly to our objectives.



Report of the Trustees  
for the Year Ended 31 March 2022

**ACHIEVEMENT AND PERFORMANCE**  
**ACHIEVEMENTS OF PERIOD**

Chooselife has been operational since 1996, established by the current Managing Director and registered as a Charity in 2004.

Chooselife's services have adapted to continue to meet the needs of the most disadvantaged and excluded people in Llanelli and surrounding areas despite the restrictions resulting from the Covid 19 Pandemic. The Drop-in Service has remained closed, but we are still meeting the needs of vulnerable and homeless people through our T.E.E Programme, Takeaway lunches, rehab referrals and continue to provide supported accommodation. We have worked closely with many other service providers including NACRO, Probation, Social Services, Community Mental Health Team, PCN'S, Psychiatrists, MIND, The Wallich, Housing Associations, Workways etc. The joint working ensures that the expertise of services is harnessed to provide the best support for individuals. We will continue to adapt our services as necessary to ensure the needs of the community are met.

**TEE 2 Project (Train Equip and Empower)**

The TEE 2 project funded by the WCVA through the Third Sector Resilience fund originated from the TEE project, which was funded by The Community fund, Big Lottery for two years to support the transition of the new Universal Credit system in 2019. Due to the success of this two-year programme, management decided that the project would need to continue to provide the support we had been giving over the last two years. During the last year of the project Covid-19 struck and people were desperate for support due to the number of agencies closed and they had no way of accessing their benefits.

TEE 2 employs three members of staff; a Project co-ordinator (16hrs), a Project Supervisor (30hrs) and a Support Worker (20hrs). Due to the Covid-19 pandemic we had to adjust the way that we worked and during this time we remained open to provide take-away lunches and introduced an appointment system for beneficiaries to access the TEE 2 project. The project enabled those with no computers to access their Universal Credit accounts and get support to set up new claims etc. During this time, we provided an average of 25- 30 meals daily.

After running the TEE programme for two years, we had a better understanding of the needs of our community and therefore provided the in-depth support the majority required by offering accompanied visits to set up Bank accounts, supported medical appointments, supported court appearance, access to housing, etc. With this better understanding of beneficiaries needs we had the experience to make them achievable. A surprising factor was that during the year we had 22 Polish beneficiaries seeking support at the centre. It was difficult for staff due to the language barrier, and we overcame this by having project details, forms etc. translated into Polish.

Funding received was £83,065.00 and made up of 75% grant and 25% loan which has to be repaid. Due to an underspend on the project, we were able to negotiate an extra month, so the project ran for a total of 13 months and statistics were as follows:

Report of the Trustees  
for the Year Ended 31 March 2022

**TEE 2 Statistics - April 21 - April 22**

	Sign ups	Sign ups accessed support	Support sessions	Accessing money	Support with medical problems	Support sessions medical	Working with other organisations
April	55	15	29	15	3	5	19
May	11	4	28	9	7	10	42
June	16	12	51	27	3	12	24
July	13	3	49	4	1	6	12
August	3	0	39	1	2	5	35
September	2	5	43	0	1	3	27
October	7	5	45	3	2	6	38
November	4	5	50	2	4	9	18
December	6	7	46	2	2	3	17
January	1	2	45	2	0	4	22
February	1	1	38	1	1	1	1
March	8	3	55	3	0		
April	4	4	45	0	3		
<b>Total</b>	<b>131</b>	<b>66</b>	<b>563</b>	<b>41</b>	<b>29</b>	<b>64</b>	<b>255</b>

The higher numbers for the start of the project were people who had been accessing TEE previously and now signed up to the TEE 2 project. Figures show a steady increase in support sessions as the project progressed and demonstrated that staff had worked with other organisation to support beneficiaries on 255 occasions.

**DARE Programme (Development and Recovery Enterprises)**

Due to the effects of Covid the programme hasn't provided services to the public this year. The Programme is still available on a very small scale as needed and is kept in house. This year we haven't utilised the programme due to shortage of volunteers to oversee the work. As volunteer participation increases, we can provide more opportunities to people as it offers participants a structure to their day helping to manage boredom which can lead to substance misuse, crime, and other unwanted issues.

**Healthy Eating**

We still see the lunches as a valuable service to the vulnerable individuals in our community and have adapted the way we work as a result of Covid and continue to serve takeaway lunches 5 days per week opposed to a sit-down meal. We also have donations from Greggs Bakery which we hand out daily alongside the lunch prepared by volunteers, which is a great addition to the lunch we serve. Castell Howell have started donating food to us which we use to make our lunches or distribute to service users, and this helps our limited budgets go further. The rise in food costs is having an impact on our community and we are seeing regular faces daily who comment that they would not have a warm meal if they didn't access our service.

Our records show that 4563 takeaway meals were provided to vulnerable people in the area during the year and we provided an average of 25-30 meals daily. Meals provided included sausage, beans and mashed potatoes, chilli con carne, chicken curry, pizza and chips, fish and chips, chicken nuggets, beans and chips and were received by anyone arriving between the hours of 12:30-2:00pm.

Report of the Trustees  
for the Year Ended 31 March 2022

Christmas lunch was also served as a Takeaway Turkey and cranberry stuffed roll with roast potato side to 29 vulnerable individuals, who may not have had any other form of festive lunch.

There are two local food banks we work closely with and often refer individuals who are waiting for benefits and do not have any income or who have been released from prison etc. Having no money to buy food is a real problem for many when faced with challenging changes in circumstances and our links with local agencies and being able to signpost people to vital support is crucial. Christmas Hampers were provided by Lifeshare foodbank for all our ARC Homes residents which helped to bring some festive cheer to vulnerable individuals who often don't have any family and feel very lonely and isolated.

We also have a small clothes bank available and provide clothes to anyone who is in need.

**On The MOVE (Moving On towards Volunteering and Employment)**

The On the MOVE programme is a way of helping service users who are stabilising their addictions to keep busy and find useful things to do to help them on their recovery journey, it has been more difficult with the Drop-In Centre closed but we have still found meaningful ways to keep people busy. It is a step before volunteering and tasks included shopping, cooking, clearing up, etc.

On the MOVE programme has helped 5 individuals to develop their self-confidence, skills, and knowledge with the aim of helping them to build a life free from addiction and participating in meaningful work.

We have supported individuals who have been helping to prepare the takeaway lunches during the year to carry out their Level 2 Food Hygiene Training online, and also supported with other online training to prepare for work. Five individuals gained employment and we have worked in partnership with workways to support individuals to develop their confidence and skills.

**Residential Rehabilitation**

Our referrals to residential rehabilitation have increased this year and individuals have been accessing Rehab within a couple of days of being referred. We provide train fare or provide the transport ourselves to ensure barriers to service are removed. This year we have referred 14 individuals where individuals receive 24-hour support to overcome their addiction with the aim of achieving recovery and to live independently in the community.

**ARC Homes (Accommodation-Recovery-Community)**

In 2012 Chooselife started to provide supported accommodation due to the lack of suitable accommodation and the need for support for the vulnerable in our community.

During the year we had 6 properties but unfortunately one of the Landlords withdrew one of the properties at the end of the year reducing our capacity for accommodation down to 26 from 31. We own two of the 5 properties, and it is our aim to own properties opposed to renting as it provides added security to residents and enables us to have more control over maintaining properties, which in turn enables us to provide a higher standard of accommodation.

During the year we have supported 46 individuals with 22 tenants being in supported accommodation at the start of the year, 28 tenants moving out during the year and 24 new tenants coming in, with 18 individuals in our properties at the end of the year.

Report of the Trustees  
for the Year Ended 31 March 2022

Housing and homelessness is a massive issue in Carmarthenshire with over 4000 households on the waiting list and there is also a shortage of private rentals and often the rents are unaffordable to individuals on benefits. Individuals with complex life issues struggle to secure accommodation due to advance rents, bonds, references, and the issues of long waiting lists. Chooselife doesn't charge a bond or upfront rent and try to make housing as accessible as possible for individuals on low income and can often house an individual within a day if necessary.

We have been affected by the council referring all the homeless into local accommodation which has been prebooked and paid for by the government, but we are still getting referrals through Probation, HMP leavers, NACRO and other organisations and we are marketing our service locally to raise awareness again.

Chooselife provides supported accommodation in an HMO where an individual has their own room and then share the communal areas such as bathroom, kitchen and living room. Support workers carry out daily checks on the properties and individuals we support who often have complex needs such as substance misuse, mental health, offending history etc. and can lack daily living skills or even the ability to manage their own room. Support is provided by staff to help residents and we also work with other agencies where required. Helping individuals with their benefits and attending appointments, supporting them to register with health services such as GP, Dentist etc. can also be part of the support provided.

Supported accommodation offers housing stability which can then enable individuals to work on other areas of their lives which they are having difficulties with. Negative life experiences and events can often leave people feeling disempowered and hopeless, having stable accommodation and support can often be the tool that enables people to slowly rebuild their lives. We work with many other organisations to enable residents to benefit from specialised support appropriate to their needs and often with the support of different organisations pooling expertise residents can move into their own accommodation. We have seen Mental health

We have supported five residents to gain employment during the year with training being undertaken online in Customer Services, Food Hygiene and First Aid. Due to the success of ARC homes several tenants have moved on into secured private accommodation.

Christmas which can be a difficult time of year for residents with no family and difficult life circumstances. We received Food Hampers for all our residents from the Lifeshare Food Bank, having no extra money to buy luxury food items or having presents from family can make it a difficult time but the Food Hamper was a real treat and helped them to feel as if someone cares!

### **Volunteer Support**

Volunteering has continued to be affected by the Covid-19 Pandemic and restrictions, but we have recruited 2 volunteers towards the end of the year and aim to continue to look at volunteer roles as they are an invaluable part of our service delivery.

### **Developments**

There have been no major developments during the year.

### **FINANCIAL REVIEW**

#### **Result for the year**

The Charity's total income for the year was £296k (2021 £388k), with a surplus of 17k (2021 deficit 85k).

Report of the Trustees  
for the Year Ended 31 March 2022

## **FINANCIAL REVIEW**

### **Principal funding sources**

Principal funding sources for the Charity during the year: the Third Sector Resilience Fund for Wales Scheme, administered by WCVA on behalf of the Welsh Government, The Lloyds Bank Foundation - funding received for the following year, Rental Income.

### **Reserves policy and review of financial position.**

The Trustees have reviewed the Charity's reserve requirements in light of the main risks to the organisation. Policy states that unrestricted funds not committed or invested in tangible fixed assets should be between 3-6 months of expenditure. Based on accounts to 31st March 2022 the target for free reserves is between £69,612 and £139,225. Free reserves includes designated reserves for this purpose. The present level of free reserves available to the Charity of £156,575 is over the 6 month target level and Trustees aim is to keep the reserves over the target for the medium to long term. However, the Trustees are mindful of the need to maintain service levels.

## **FUTURE PLANS**

- To continue developing ARC Homes which provides supported accommodation to vulnerable residents.
- To continue to develop the TEE Project to meet the needs of service users and growing demand for services.
- To continue developing social enterprises with the aim of providing meaningful work and training opportunities for service users and to generate income for the charity.
- To continue reviewing the delivery of services in light of Covid -19 to ensure the needs of service users are being met safely.

## **STRUCTURE, GOVERNANCE AND MANAGEMENT**

### **Governing document**

The organisation is a charitable company limited by guarantee, incorporated on 25th May 2004 and registered as a charity on 8th November 2004. The company was established under a Memorandum of Association which established the objectives and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up its members are required to contribute an amount not exceeding £10.

### **Recruitment and appointment of trustees**

Trustees are nominated and appointed by the members in a general meeting. A recruitment policy and procedure has been developed and used in recruiting and training new trustees to ensure a robust process is in place.

The directors of the company are also charity trustees for the purposes of charity law.

### **Organisational structure**

The day to day management of the charity is delegated by the Trustees to the Chief Executive Officer, Alan Andrews and the rest of the Management Team. The Management Team has been set up as a working group involved with the daily running of the organisation and is responsible to the Trustees. The group is responsible for drafting policies and guidelines and meets regularly to monitor and evaluate the progress of the project. Financial decisions can only be made within the guidelines set by the Trustees. The group provides a forum for discussions on issues that arise from daily operations and enables perspectives to be processed and presented to the Trustees for consideration.



Report of the Trustees  
for the Year Ended 31 March 2022

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Risk management**

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. Internal control risks are minimised by the implementation of procedures for all transactions and procedures. Procedures are in place to ensure compliance with Health & Safety of staff, volunteers, clients and visitors to the Centre. Procedures are periodically reviewed to ensure that they continue to meet the needs of the charity.

In March 2020, Covid-19 was a new risk the Trustees needed to assess. On the 23 March 2020 Covid-19 forced closure of the drop-in service. After guidance from the Public Health Wales the centre remains open to provide takeaway lunches, to satisfy the needs of vulnerable and homeless people, the trustees need to continue to identify and review the risks of Covid-19 to ensure Health & Safety of staff, volunteers, clients and visitors to the Centre.

The trustees continued to meet up four times a year to consider reports from the management team.

Report of the Trustees  
for the Year Ended 31 March 2022

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Service User Comments**

"They help me to stay busy and they give me emotional support. They help me with my confidence, always there for me and remind me every day that I can become all I thought I couldn't, they are the reason I am still here and off drugs".

"Through being in Arc homes, I am able to reach a stage in my recovery called maintenance, to maintain a level of both my wellbeing and health with good timings going on in my life, to resolve difficulties that prevent me from proceeding further and hold me in limbo for months or years, feeling singled out and unable to do things... well I have managed to break that endless cycle".

"I often wonder just how much is my life worth? For that matter, what is the financial worth of anyone's life?? ... both these questions are impossible to answer! But one thing is almost certain, Chooselife saved my life, on more than one occasion too, and I thank them sincerely, and this testimonial is written in the hope that I can explain how vital their service to the community is. Chooselife reach out to vulnerable individuals, helping them to deal with drug and alcohol addiction, homelessness, and mental health issues. In this town, as others, there is a massive problem.

During 2016/2017 I had a mental breakdown, after suffering many losses (personal and financial) I stopped functioning, effectively I stopped caring too. My own MH diagnosis is that of stress, anxiety, and depression. In 2018, I made an unsuccessful attempt at ending my own life through suicide. In March 2019 I was due to be made homeless, and that is when my relationship with Chooselife began. For the record, I have no family around me, and very very few real friends. I do not consume alcohol or hard drugs, my vice being a reliance of smoking cannabis to help relieve my symptoms.

Six days before the date I was due to be made homeless, I'd made no effort to secure future accommodation, I guess I was on a death wish, I guess I'd decided to not move on. A specialist mental health solicitor friend of mine, showing a deep concern for my welfare, pleaded with me to immediately contact Alan Andrews (founder of Choose Life). I telephoned and spoke with him, and we arranged a face-to-face meeting the very next day. Alan said, "I can offer you the hope you need, please don't worry because you will have a secure place to stay, you'll not be homeless!"

So, in March 2019, I moved into supported accommodation within one of Chooselife's HMO's (house of multiple occupancy). The first thing that struck me when I was shown my room, was that it was lovely and warm. It was going to be a challenge for sure, as each resident had their own issues, as did I. It was all new to me, every person I met was a stranger at first, even the town of Llanelli was alien to me, I knew no-one, I felt like a lost soul for sure.

From day one, I was afforded the opportunity to rest, rest, and rest some more, relaxing my mind was a beautiful thing. This given time allowed me to understand and come to terms with the personal disasters that had taken place during the previous years. Every day without fail, a member of staff would check on my welfare.

Chooselife have several staff, and I can say unreservedly that they are all fantastic individuals, each with different qualities, making a great team. Without fail, every time that I would need to speak with a member of staff, the answer was always "yes". They showed me a level of care and compassion that I was not used to, they listened and understood me, and would always try to direct me with support in the best possible way. It seemed to me that nothing was too much trouble. Strangers initially, but I sincerely hope that these kind people remain life-long friends of mine. My form of mental health disability, manifests itself in the form of 'burying my head in the sand', isolating myself from true reality, so their pro-active initial support was essential for me to complete even the smallest of tasks. I cannot express in words how truly grateful I am to be offered their vital support, time after time after time.

Report of the Trustees  
for the Year Ended 31 March 2022

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

Prior to the Covid-19 pandemic, the Chooselife charity operated a walk-in day centre, where I was able to meet and talk with people in similar situations to myself, and indeed make new friendships. A hot meal would be offered to every person daily, free of charge too. Obviously, when the pandemic hit, the day centre had to close its doors, BUT staff and volunteers made sure that a hot meal was still going to be made available to anyone who needed it, 7 days a week too.

It took two years, but I recovered...In April of this year, I moved into a flat of my own, massively supported by Chooselife staff every step of the way, making sure that I have everything to help start making a home for myself and I now hold down a full-time job."

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Company number**  
05137644 (England and Wales)

**Registered Charity number**  
1106639

**Registered office**  
Canolfan Antioch Centre  
Copperworks Road  
LLANELLI  
Carmarthenshire  
SA15 2NE

**Trustees**  
Mr W G Pettiford  
Mr A Tootill  
Miss L J Augustyn

**Company Secretary**  
Mrs A J Howells

**Independent Examiner**  
Ashmole & Co  
First Floor  
1 St John's Court  
Upper Fforest Way  
Enterprise Park  
Swansea  
SA6 8QQ

**Bankers**  
Barclays Bank Plc  
Leicester  
LE87 2BB



Report of the Trustees  
for the Year Ended 31 March 2022

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Management Team**

Alan Andrews - Managing Director

Amanda Howells - Business & Administration Officer

Ann Heycock - Marketing Development Manager

Approved by order of the board of trustees on 24 November 2022 and signed on its behalf by:

A handwritten signature in black ink, appearing to read 'W G Pettiford', written over a horizontal line.

Mr W G Pettiford - Trustee

Independent Examiner's Report to the Trustees of  
Chooselife Cymru

**Independent examiner's report to the trustees of Chooselife Cymru ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2022.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of FCCA which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



C E Daultrey  
FCCA  
Ashmole & Co

24 November 2022

Chooselife Cymru

Statement of Financial Activities  
(Incorporating an Income and Expenditure Account)  
for the Year Ended 31 March 2022

				2022	2021	
		Unrestricted funds £	Restricted funds £	Restricted Capital Grant Funds £	Total funds £	Total funds £
Notes						
<b>INCOME AND ENDOWMENTS FROM</b>						
Donations and legacies		2,628	-	-	2,628	3,242
<b>Charitable activities</b>						
All Activities		225,479	55,379	9,870	290,728	384,218
Investment income	2	9	1	-	10	29
Other income		3,077	-	(268)	2,809	570
<b>Total</b>		<u>231,193</u>	<u>55,380</u>	<u>9,602</u>	<u>296,175</u>	<u>388,059</u>
<b>EXPENDITURE ON</b>						
Raising funds	4	8,563	1,471	-	10,034	9,554
<b>Charitable activities</b>						
All Activities	5	<u>177,513</u>	<u>82,796</u>	<u>8,103</u>	<u>268,412</u>	<u>293,546</u>
<b>Total</b>		<u>186,076</u>	<u>84,267</u>	<u>8,103</u>	<u>278,446</u>	<u>303,100</u>
<b>NET INCOME/(EXPENDITURE)</b>						
		45,117	(28,887)	1,499	17,729	84,959
Transfers between funds	17	<u>(5,231)</u>	<u>5,231</u>	<u>-</u>	<u>-</u>	<u>-</u>
Net movement in funds		39,886	(23,656)	1,499	17,729	84,959
<b>RECONCILIATION OF FUNDS</b>						
Total funds brought forward		<u>116,689</u>	<u>75,551</u>	<u>171,827</u>	<u>364,067</u>	<u>279,108</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u>156,575</u>	<u>51,895</u>	<u>173,326</u>	<u>381,796</u>	<u>364,067</u>

The notes form part of these financial statements

Balance Sheet  
31 March 2022

					2022	2021
	Notes	Unrestricted funds £	Restricted funds £	Restricted Capital Grant Funds £	Total funds £	Total funds £
<b>FIXED ASSETS</b>						
Tangible assets	12	225,755	-	61,414	287,169	395,921
<b>CURRENT ASSETS</b>						
Debtors	13	4,793	-	-	4,793	1,238
Cash at bank		118,844	75,866	111,912	306,622	180,752
		<u>123,637</u>	<u>75,866</u>	<u>111,912</u>	<u>311,415</u>	<u>181,990</u>
<b>CREDITORS</b>						
Amounts falling due within one year	14	(27,371)	(4,103)	-	(31,474)	(24,193)
		<u>96,266</u>	<u>71,763</u>	<u>111,912</u>	<u>279,941</u>	<u>157,797</u>
<b>NET CURRENT ASSETS</b>						
		<u>96,266</u>	<u>71,763</u>	<u>111,912</u>	<u>279,941</u>	<u>157,797</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		322,021	71,763	173,326	567,110	553,718
<b>CREDITORS</b>						
Amounts falling due after more than one year	15	(165,446)	(19,868)	-	(185,314)	(189,651)
		<u>156,575</u>	<u>51,895</u>	<u>173,326</u>	<u>381,796</u>	<u>364,067</u>
<b>NET ASSETS</b>						
		<u>156,575</u>	<u>51,895</u>	<u>173,326</u>	<u>381,796</u>	<u>364,067</u>
<b>FUNDS</b>	17					
Unrestricted funds					156,575	116,689
Restricted funds					<u>225,221</u>	<u>247,378</u>
<b>TOTAL FUNDS</b>					<u>381,796</u>	<u>364,067</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2022 in accordance with Section 476 of the Companies Act 2006.

The notes form part of these financial statements

Balance Sheet - continued

31 March 2022

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 24 November 2022 and were signed on its behalf by:

A handwritten signature in black ink, appearing to be 'W. G. Pettiford', written over a horizontal line.

Mr W G Pettiford - Trustee

Notes to the Financial Statements  
for the Year Ended 31 March 2022

## **1. ACCOUNTING POLICIES**

### **Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland', the Charities Act 2011 and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The charitable company has taken advantage of the following disclosure exemptions in preparing these financial statements, as permitted by FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland':

- the requirements of Section 7 Statement of Cash Flows;
- the requirement of paragraph 3.17(d);
- the requirements of paragraphs 11.42, 11.44, 11.45, 11.47, 11.48(a)(iii), 11.48(a)(iv), 11.48(b) and 11.48(c);
- the requirements of paragraphs 12.26, 12.27, 12.29(a), 12.29(b) and 12.29A;
- the requirement of paragraph 33.7.

### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

### **Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Leasehold property	- 5% on cost
Leasehold improvements	- 5% on cost
Fixtures, fittings & equipment	- 15% on reducing balance

Assets acquired with restricted income are initially treated as restricted assets. Where the acquisition of the asset discharges the restriction imposed, the related asset is transferred to unrestricted funds.

### **Taxation**

The charity is exempt from corporation tax on its charitable activities.

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2022

**1. ACCOUNTING POLICIES - continued**

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Designated funds comprise the funds that have been set aside at the discretion of the Trustees for specific purposes. The purpose and use of the designated unrestricted funds is set out in the notes to the accounts.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**Debtors**

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid after taking account of any trade discounts due.

**Cash at bank in hand**

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

**Creditors and Provisions**

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for and trade discounts due

**Financial instruments**

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at the carrying value plus accrued interest less repayments. The financing charge to expenditure is at a constant rate calculated using the effective interest method.

**Pension costs and other post-retirement benefits**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Chooselife Cymru

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2022

**2. INVESTMENT INCOME**

	2022	2021
	£	£
Deposit account interest	10	29
	<u>10</u>	<u>29</u>

**3. INCOME FROM CHARITABLE ACTIVITIES**

		2022	2021
	Activity	£	£
DARE	All Activities	-	775
Accommodation	All Activities	199,989	214,696
Grants	All Activities	90,688	168,482
Other income	All Activities	51	265
		<u>290,728</u>	<u>384,218</u>

Grants received, included in the above, are as follows:

	2022	2021
	£	£
Oakdale Trust	-	1,000
Lloyds Bank Foundation	25,001	-
Sundry grants under £500	246	-
Community Foundation in Wales	-	780
Darkley Trust	4,954	-
The National Lottery Community Fund	-	36,066
Covid Funding	48,817	108,283
Bernard Sunley	-	5,000
Awards for All	9,870	10,000
Edward Gostling Foundation	-	8,000
Moondance	1,800	-
	<u>90,688</u>	<u>169,129</u>



Chooselife Cymru

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2022

**4. RAISING FUNDS**

**Other trading activities**

	2022	2021
	£	£
Staff costs	10,034	9,554
	<u>10,034</u>	<u>9,554</u>

**5. CHARITABLE ACTIVITIES COSTS**

	Direct Costs (see note 6) £	Support costs (see note 7) £	Totals £
All Activities	130,146	138,266	268,412
	<u>130,146</u>	<u>138,266</u>	<u>268,412</u>

**6. DIRECT COSTS OF CHARITABLE ACTIVITIES**

	2022	2021
	£	£
Staff costs	41,583	40,695
Travel and subsistence	2,120	387
Care fund	435	119
Health and fitness costs	5,704	8,428
Outdoor pursuits and sports	-	625
Rehab Referral	1,423	1,544
Events and workshops	977	255
D.A.R.E. Expenditure	8,969	12,149
Accommodation expenditure	68,935	86,285
	<u>130,146</u>	<u>150,487</u>

Chooselife Cymru

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2022

**7. SUPPORT COSTS**

		Management	Finance	Information technology
		£	£	£
All Activities		12,338	2,107	6,397
	Human resources	Depreciation	Governance costs	Totals
	£	£	£	£
All Activities	100,209	12,994	4,221	138,266

Support costs, included in the above, are as follows:

	2022	2021
	All Activities	Total activities
	£	£
Premises costs	11,393	21,688
Advertising and marketing etc	706	-
Subscription & membership fees	239	164
Bank charges	610	1,345
Staff training	1,497	355
IT Support	1,885	725
Communications	3,502	3,790
Printing, post and stationery	914	1,183
Sundries	96	881
Office and finance staff	83,969	80,228
Social security	5,585	5,095
Pensions	768	657
Interest payable and similar charges	9,887	9,992
Depreciation	12,994	13,164
Accountancy fees	4,221	3,792
	138,266	143,059

Chooselife Cymru

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2022

**8. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	2022	2021
	£	£
Depreciation - owned assets	12,994	13,164
Surplus on disposal of fixed assets	(2,809)	(570)
	<u>          </u>	<u>          </u>

**9. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2022 nor for the year ended 31 March 2021.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 March 2022 nor for the year ended 31 March 2021.

**10. STAFF COSTS**

	2022	2021
	£	£
Wages and salaries	132,155	127,233
Social security costs	8,139	7,497
Other pension costs	1,645	1,499
	<u>          </u>	<u>          </u>
	<u>141,939</u>	<u>136,229</u>

Staff costs include £56,984 salary and benefits paid to key management personnel during the year.

The average monthly number of employees during the year was as follows:

	2022	2021
Management	2	2
Administration	1	1
Project and day care staff	2	2
	<u>          </u>	<u>          </u>
	<u>5</u>	<u>5</u>

No employees received emoluments in excess of £60,000.

Chooselife Cymru

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2022

**11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted funds £	Restricted funds £	Restricted Capital Grant Funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>				
Donations and legacies	3,242	-	-	3,242
<b>Charitable activities</b>				
All Activities	234,043	140,175	10,000	384,218
Investment income	27	2	-	29
Other income	570	-	-	570
<b>Total</b>	<u>237,882</u>	<u>140,177</u>	<u>10,000</u>	<u>388,059</u>
<b>EXPENDITURE ON</b>				
Raising funds	8,105	1,449	-	9,554
<b>Charitable activities</b>				
All Activities	<u>212,252</u>	<u>72,851</u>	<u>8,443</u>	<u>293,546</u>
<b>Total</b>	<u>220,357</u>	<u>74,300</u>	<u>8,443</u>	<u>303,100</u>
<b>NET INCOME</b>	17,525	65,877	1,557	84,959
<b>Transfers between funds</b>	<u>(2,662)</u>	<u>(283)</u>	<u>2,945</u>	<u>-</u>
<b>Net movement in funds</b>	14,863	65,594	4,502	84,959
<b>RECONCILIATION OF FUNDS</b>				
<b>Total funds brought forward</b>	101,827	9,956	167,325	279,108
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u><u>116,690</u></u>	<u><u>75,550</u></u>	<u><u>171,827</u></u>	<u><u>364,067</u></u>

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2022

12. TANGIBLE FIXED ASSETS

	Freehold property £	Leasehold property £	Leasehold improvements £	Improvements to property £
<b>COST</b>				
At 1 April 2021	306,070	107,886	34,233	13,525
Additions	-	-	-	-
Disposals	(102,310)	-	-	(3,525)
At 31 March 2022	203,760	107,886	34,233	10,000
<b>DEPRECIATION</b>				
At 1 April 2021	-	75,508	20,555	-
Charge for year	-	5,394	1,712	-
Eliminated on disposal	-	-	-	-
At 31 March 2022	-	80,902	22,267	-
<b>NET BOOK VALUE</b>				
At 31 March 2022	203,760	26,984	11,966	10,000
At 31 March 2021	306,070	32,378	13,678	13,525

	Plant and machinery £	Fixtures, fittings & equipment £	Motor vehicles £	Totals £
<b>COST</b>				
At 1 April 2021	15,238	113,110	21,255	611,317
Additions	-	-	11,500	11,500
Disposals	-	-	(6,000)	(111,835)
At 31 March 2022	15,238	113,110	26,755	510,982
<b>DEPRECIATION</b>				
At 1 April 2021	14,092	95,095	10,146	215,396
Charge for year	286	2,702	2,900	12,994
Eliminated on disposal	-	-	(4,577)	(4,577)
At 31 March 2022	14,378	97,797	8,469	223,813
<b>NET BOOK VALUE</b>				
At 31 March 2022	860	15,313	18,286	287,169
At 31 March 2021	1,146	18,015	11,109	395,921

Chooselife Cymru

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2022

**13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2022	2021
	£	£
Sundry debtors and prepayments	4,793	1,238
	<u>4,793</u>	<u>1,238</u>

**14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2022	2021
	£	£
Bank loans and overdrafts (see note 16)	16,998	17,810
Other creditors	14,476	6,383
	<u>31,474</u>	<u>24,193</u>

**15. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR**

	2022	2021
	£	£
Bank loans (see note 16)	185,314	189,651
	<u>185,314</u>	<u>189,651</u>

**16. LOANS**

An analysis of the maturity of loans is given below:

	2022	2021
	£	£
Amounts falling due within one year on demand:		
Bank loans	16,998	17,810
	<u>16,998</u>	<u>17,810</u>
Amounts falling between one and two years:		
Bank loans - 1-2 years	16,996	17,810
	<u>16,996</u>	<u>17,810</u>
Amounts falling due between two and five years:		
Bank loans - 2-5 years	50,990	53,432
	<u>50,990</u>	<u>53,432</u>
Amounts falling due in more than five years:		
Repayable by instalments:		
Bank loans more 5 yr by instal	117,328	118,409

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2022

17. MOVEMENT IN FUNDS

	At 1/4/21 £	Net movement in funds £	Transfers between funds £	At 31/3/22 £
<b>Unrestricted funds</b>				
General fund	23,197	(5,714)	(4,933)	12,550
DARE (formally Care Project)	-	(152)	152	-
ARC Homes Donations	13,241	794	-	14,035
Community Development Fund	43	-	-	43
Lloyds Bank Foundation	-	25,000	-	25,000
ARC Homes Accommodation	80,208	24,521	(450)	104,279
Marketing Video - Design fund	-	668	-	668
	116,689	45,117	(5,231)	156,575
<b>Restricted funds</b>				
Substance Misuse Action Fund - Leasehold Property and Equipment (*)	41,078	(5,657)	-	35,421
Big Lottery Fund - Leasehold Property Improvements (*)	3,496	(511)	-	2,985
UK Steel Ltd - Computer Equipment (*)	131	(20)	-	111
Welsh Government - Various Equipment (*)	1,298	(195)	-	1,103
Community Development Fund - Various Equipment (*)	560	(91)	-	469
Big Lottery Fund - Various Equipment (*)	957	(143)	-	814
Co-op Community Fund - Pool Table (*)	74	(11)	-	63
Lloyds TSB - Various Equipment (*)	61	(9)	-	52
Big Lottery D.R.A.W - Various Equipment (*)	3,827	(574)	-	3,253
SMAF Capital Funding - Leasehold Property Improvements and Fixtures and Fittings (*)	7,306	(783)	-	6,523
CFAP Capital Funding - The Neville Arms (*)	102,310	(268)	-	102,042
Awards For All - Various equipment (*)	10,729	9,761	-	20,490
National Lottery Community Fund	-	173	-	173
Darkley Trust	-	4,504	450	4,954
Antonio Calucio Foundation	5,993	(1,513)	-	4,480
CAF	3,106	(3,106)	-	-
Third Sector Resilience Fund for Wales Phase 2	66,452	(65,110)	4,781	6,123
Third Sector Resilience Fund 3	-	36,165	-	36,165
	247,378	(27,388)	5,231	225,221
<b>TOTAL FUNDS</b>	364,067	17,729	-	381,796

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2022

17. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	4,375	(10,089)	(5,714)
DARE (formally Care Project)	-	(152)	(152)
ARC Homes Donations	794	-	794
Lloyds Bank Foundation	25,000	-	25,000
ARC Homes Accommodation	199,850	(175,329)	24,521
Marketing Video - Design fund	1,174	(506)	668
	<u>231,193</u>	<u>(186,076)</u>	<u>45,117</u>
<b>Restricted funds</b>			
Substance Misuse Action Fund - Leasehold Property and Equipment (*)	-	(5,657)	(5,657)
Big Lottery Fund - Leasehold Property Improvements (*)	-	(511)	(511)
UK Steel Ltd - Computer Equipment (*)	-	(20)	(20)
Welsh Government - Various Equipment (*)	-	(195)	(195)
Community Development Fund - Various Equipment (*)	-	(91)	(91)
Big Lottery Fund - Various Equipment (*)	-	(143)	(143)
Co-op Community Fund - Pool Table (*)	-	(11)	(11)
Lloyds TSB - Various Equipment (*)	-	(9)	(9)
Big Lottery D.R.A.W - Various Equipment (*)	-	(574)	(574)
SMAF Capital Funding - Leasehold Property Improvements and Fixtures and Fittings (*)	-	(783)	(783)
CFAP Capital Funding - The Neville Arms (*)	(268)	-	(268)
Awards For All - Various equipment (*)	9,870	(109)	9,761
National Lottery Community Fund	-	173	173
Darkley Trust	4,954	(450)	4,504
Antonio Calucio Foundation	-	(1,513)	(1,513)
CAF	-	(3,106)	(3,106)
Moondance	1,800	(1,800)	-
Third Sector Resilience Fund for Wales Phase 2	12,461	(77,571)	(65,110)
Third Sector Resilience Fund 3	36,165	-	36,165
	<u>64,982</u>	<u>(92,370)</u>	<u>(27,388)</u>
<b>TOTAL FUNDS</b>	<u>296,175</u>	<u>(278,446)</u>	<u>17,729</u>



Chooselife Cymru

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2022

**17. MOVEMENT IN FUNDS - continued**

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Notes to the Financial Statements - continued  
for the Year Ended 31 March 2022

17. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1/4/20 £	Net movement in funds £	Transfers between funds £	At 31/3/21 £
<b>Unrestricted funds</b>				
General fund	40,009	(10,699)	(6,113)	23,197
DARE (formally Care Project)	-	(11,451)	11,451	-
ARC Homes Donations	12,347	894	-	13,241
Community Development Fund	43	-	-	43
ARC Homes Accommodation	49,428	30,780	-	80,208
Edward Gostlin foundation Grant	-	8,000	(8,000)	-
	<u>101,827</u>	<u>17,524</u>	<u>(2,662)</u>	<u>116,689</u>
<b>Restricted funds</b>				
Substance Misuse Action Fund - Leasehold Property and Equipment (*)	43,863	(5,730)	2,945	41,078
Big Lottery Fund - Leasehold Property Improvements (*)	4,007	(511)	-	3,496
UK Steel Ltd - Computer Equipment (*)	154	(23)	-	131
Welsh Government - Various Equipment (*)	1,527	(229)	-	1,298
Community Development Fund - Various Equipment (*)	667	(107)	-	560
Big Lottery Fund - Various Equipment (*)	1,126	(169)	-	957
Co-op Community Fund - Pool Table (*)	87	(13)	-	74
Lloyds TSB - Various Equipment (*)	72	(11)	-	61
Big Lottery D.R.A.W - Various Equipment (*)	4,502	(675)	-	3,827
SMAF Capital Funding - Leasehold Property Improvements and Fixtures and Fittings (*)	8,152	(846)	-	7,306
CFAP Capital Funding - The Neville Arms (*)	102,310	-	-	102,310
Awards For All - Various equipment (*)	858	9,871	-	10,729
CSP SMAF Tier 4 Residential Rehab	-	(648)	648	-
National Lottery Community Fund	8,138	(9,031)	893	-
Darkley Trust	1,818	(1,818)	-	-
Antonio Calucio Foundation	-	5,993	-	5,993
CAF	-	3,106	-	3,106
Third Sector Resilience Fund for Wales Phase 1	-	18,437	(18,437)	-
Third Sector Resilience Fund for Wales Phase 2	-	49,839	16,613	66,452
	<u>177,281</u>	<u>67,435</u>	<u>2,662</u>	<u>247,378</u>

Chooselife Cymru

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2022

**17. MOVEMENT IN FUNDS - continued**

<b>TOTAL FUNDS</b>	<u>279,108</u>	<u>84,959</u>	<u>-</u>	<u>364,067</u>
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Notes to the Financial Statements - continued  
for the Year Ended 31 March 2022

17. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	13,516	(24,215)	(10,699)
DARE (formally Care Project)	775	(12,226)	(11,451)
ARC Homes Donations	894	-	894
ARC Homes Accomodation	214,697	(183,917)	30,780
Edward Gostlin foundation Grant	8,000	-	8,000
	<u>237,882</u>	<u>(220,358)</u>	<u>17,524</u>
<b>Restricted funds</b>			
Substance Misuse Action Fund - Leasehold Property and Equipment (*)	-	(5,730)	(5,730)
Big Lottery Fund - Leasehold Property Improvements (*)	-	(511)	(511)
UK Steel Ltd - Computer Equipment (*)	-	(23)	(23)
Welsh Government - Various Equipment (*)	-	(229)	(229)
Community Development Fund - Various Equipment (*)	-	(107)	(107)
Big Lottery Fund - Various Equipment (*)	-	(169)	(169)
Co-op Community Fund - Pool Table (*)	-	(13)	(13)
Lloyds TSB - Various Equipment (*)	-	(11)	(11)
Big Lottery D.R.A.W - Various Equipment (*)	-	(675)	(675)
SMAF Capital Funding - Leasehold Property Improvments and Fixtues and Fittings (*)	-	(846)	(846)
Awards For All - Various equipment (*)	10,000	(129)	9,871
CSP SMAF Tier 4 Residantial Rehab	(648)	-	(648)
Community Foundation in Wales	780	(780)	-
National Lottery Community Fund	36,068	(45,099)	(9,031)
Darkley Trust	-	(1,818)	(1,818)
Antonio Calucio Foundation	6,300	(307)	5,993
Bernard Sunley	5,000	(5,000)	-
CAF	7,300	(4,194)	3,106
Clothworkers Foundations	4,485	(4,485)	-
Groundwork UK	500	(500)	-
Leathersellers	1,666	(1,666)	-
Moondance	1,000	(1,000)	-
Western Power	750	(750)	-
Oakdale Trust	1,000	(1,000)	-
Big Lottery Fund - Various Equipment (*)	7,700	(7,700)	-

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2022

**17. MOVEMENT IN FUNDS - continued**

Third Sector Resilience Fund for Wales Phase 1	18,437	-	18,437
Third Sector Resilience Fund for Wales Phase 2	49,839	-	49,839
	<u>150,177</u>	<u>(82,742)</u>	<u>67,435</u>
<b>TOTAL FUNDS</b>	<u>388,059</u>	<u>(303,100)</u>	<u>84,959</u>

**Restricted Funds**

**Funds towards capital expenditure**

Funds denoted (\*) are restricted funds towards the purchase of fixed assets, including property and equipment. These are grouped together on the face of the balance sheet and the fund balances are reduced where appropriate by the depreciation of the equipment during the year.

Other restricted funds are as follows:

**SMAF Tier 4 Residential Rehab** - Funding received to provide for transportation costs in relation to residential rehabilitation referrals.

**National Lottery Community Fund - TEE** - Grant provided in respect of the Train, equip, empower program.

**Community Foundation in Wales** - Funding for lunch supplies, cooker and cooker hood etc.

**Darkley Trust** - Funding to provide services to service users and the homeless in the area, including laundry facilities, clothes bank, showering facilities and personal care supplies.

**Antinio Calucio Foundation** - Funding for lunch supplies.

**Third Sector Resilience Fund for Wales - Phase 1** - Funding to help with costs of surviving the COVID-19 pandemic

**Third Sector Resilience Fund for Wales - Phase 2** - Funding provided in respect of the Train, equip, empower program.

**Third Sector Resilience Fund for Wales - Phase 3** - Funding provided in respect of the Train, equip, empower program.

**Moondance** -

**Unrestricted Designated Funds**

**DARE (formally CARE Project** - Income generated from operating the Development and Recovery Enterprises project designated to support the continuation of the project.

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2022

**17. MOVEMENT IN FUNDS - continued**

**ARC Homes Donations** - Donations received designated to the support of the ARC Homes project.

**Community Development Fund** - Funds designated for the purchase of fixed assets in 2010, reduced by the depreciation of those assets on an annual basis.

**ARC Homes Accommodation** - Income generated from operating the supported accommodation project designated to the support of the Accommodation Recovery Community Homes project.

**Edward Gostlin Foundation Grant** - Funding to help with core costs of surviving the COVID-19 pandemic.

**18. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 March 2022.