

REGISTERED COMPANY NUMBER: 05256793 (England and Wales)
REGISTERED CHARITY NUMBER: 1106452

**REPORT OF THE TRUSTEES AND
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023
FOR
THURROCK AND BRENTWOOD MIND**

Goldwyns Limited
Statutory Auditors and Chartered Accountants
Rutland House
90-92 Baxter Avenue
Southend on Sea
Essex
SS2 6HZ

THURROCK AND BRENTWOOD MIND

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FOR THE YEAR ENDED 31 MARCH 2023**

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**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023**

The trustees, who are also directors of the charity for the purpose of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2023. The financial statements comply with the Companies Act 2006 and the Statement of Recommended Practice, Accounting and Reporting by Charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objective of the charity is to promote the preservation of mental health and to assist in relieving and rehabilitating persons suffering from mental disorder or conditions of emotional or mental distress requiring advice or treatment.

Our aims are:

Staying well - Support people likely to develop mental health problems to stay well.

Empowering choice - Empower people who experience a mental health problem to make informed choices about how they live and recover.

Improving services and support - Ensure people get the right services and support at the right time to help their recovery and enable them to live with their mental health problem.

Enabling social participation - Open the doors to people with experience of mental health problems participating fully in society.

Removing inequality of opportunity - Gain equality of treatment for people who experience both mental health and other forms of discrimination.

Organisational excellence - Make the most of our assets by building a culture of excellence.

The charity is affiliated to Mind and operates in accordance with the aims and objectives of Mind.

We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities. In particular, the Committee members consider how planned activities will contribute to the aims and objectives they have set.

Objectives for the year

To meet our overall objects of the charity, aims and objectives for each project are set annually and recorded in the 'Overarching Operational Policy and Plan'. We have robust mechanisms in place to illicit, record and analyse qualitative experience and quantitative data relating to each project. At the start, review and end stage various channels are used to gather data which include surveys, verbal feedback, forums and outcome measurement tools (a short version of the Warwick-Edinburgh Mental Wellbeing Scale (SWEMWBS)). Quarterly management reports demonstrate the outcomes of the project work and how these outcomes directly contribute to achieving the charitable objects and the public benefit as detailed in our strategic plan. Evaluation and analysis of findings are discussed with service users, within supervision, team and managers' meetings and reported in quarterly monitoring meetings with Trustees and Commissioners.

Strategies for the year

To achieve our goals, Thurrock and Brentwood Mind will work collaboratively with service users and carers, and multiple organisations, with a strong focus on prevention. To be able to identify people earlier within their community and enable them to access support in building resilience and self-care skills around their health and wellbeing, as well as promoting increased participation within their community.

Each project manager has targets to achieve in accordance with the contract funding agreement - these are aligned with our Operational Plan which details strategies for achieving our overall organisational aims and objectives.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023**

OBJECTIVES AND ACTIVITIES

Principal activities

Outline of Services

Thurrock and Brentwood Mind has continued to work collaboratively with the NHS, local Minds and other mental health providers in the transformation of mental health services across Mid and South Essex (MSE) STP (Sustainability and Transformation Partnership). Service users have been consulted in all steps in the process of continuing developments. Service users representing the voices of others together with our services outlined below contribute to achieving our aims and objectives. We empower people to make informed choices and those likely to develop mental health problems to stay well. With the exception of services that are specifically delivered by telephone, all services returned to offering face to face, telephone or via digital platforms. Unfortunately we were unsuccessful in the tender process and Thurrock Advocacy Service and Independent Mental Health Advocacy ended in December 2022.

Services provided in Brentwood have slowly increased with the introduction of Wellbeing activities. Thurrock Carers Service covers all carers of Thurrock residents, which also ensures the carers of people with mental health problems receive the support they require.

Admission Prevention and Early Discharge (APED)

The Admission Prevention and Early Discharge Service is a collaborative service between EPUT and Thurrock and Brentwood Mind to prevent admission into the Mental Health wards and facilitate early discharge.

Crisis Sanctuary

Crisis Sanctuaries are part of the 24-7 Mental Health Crisis Response and Care Service with three Sanctuaries covering the entire geography of the Mid and South Essex (MSE). We cover the South West Essex area of Thurrock, Basildon and Brentwood.

In partnership with Basildon Mind, our Crisis Sanctuary provides a safe place for individuals experiencing an emotional or mental health crisis. It offers practical and emotional support in a warm, welcoming and friendly environment. The outreach support enables service users to receive additional support if required to link them with local services and opportunities.

The Substance Misuse Worker provides specialist expertise and supports service users to engage with substance misuse services. The Community Link Worker engages and works collaboratively within the local community to address inequalities and encourage access to support.

Day Services

Thurrock wellbeing activities were held four times per week in person and three times per week online. There were a range of activities; service users provide peer support to each other and take part in gardening, arts and crafts, quizzes, games and excursions.

Brentwood wellbeing activities commenced during the year with the number of groups being offered increasing to five weekly groups and one monthly group. The activities that were offered included colouring, walking, LGBT group, ADHD/autism group, mindfulness and arts and crafts.

Individual Placement and Support (IPS)

In partnership with Midlands Partnership NHS Foundation Trust the service provides support to people with severe mental health difficulties into employment. The IPS team work alongside the secondary care mental health team with individuals as employment can be an integral part of recovery. Each individual is supported by their Employment Specialist to complete a vocational profile which instigates discussion about their work aspirations and goals, workplace preferences, and any barriers they are concerned about. They are supported to create CVs, complete application forms, prepare for interview and liaise with employers.

Mental Health Recovery Workers

In partnership with local Minds covering Mid and South Essex, to provide support to the Community Mental Health Teams and A&E Mental Health Liaison; providing emotional support and signposting into community groups and services to meet the service users' needs.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023**

OBJECTIVES AND ACTIVITIES

Peer Mentoring and Peer Support

Peer Mentoring offers low level time-limited support to facilitate self-care in the community for those people that experience a mental health issue. Peer Support groups provide support through a shared interest. The project presents the opportunity for people to be identified earlier within their community and to enable them to access support in building resilience and self-care skills around their health and wellbeing.

Positive Pathways

An integral part of the Shared Care Protocol, whereby statutory and voluntary sector colleagues work collaboratively with patients to help them to identify and access facilities in the community to maintain their recovery.

Adults Thurrock - In addition to referrals from the Primary Care Network (PCN), Essex Partnership University NHS Trust (EPUT) has continued to transfer specialist care patients into the project, where they are either signposted or supported to access other local groups and services to re-engage with the community.

Adults Basildon and Brentwood - EPUT Community Mental Health Teams and professionals in PCNs refer patients into the project, where they are either signposted or supported to access other local groups and services to re-engage with the community.

Youth Thurrock (14-18yrs) - Following therapeutic intervention, North East London NHS Foundation Trust (NELFT) Child & Adolescent Mental Health Service (CAMHS) refer young people into the project. They are encouraged to access opportunities in the community to maintain or improve their wellbeing. If needed they can make use of a Personal Health Budget to achieve their wellbeing outcomes.

Youth Basildon (Coaching and Mentoring) - Working with young people aged 11-16 years who have been absent from school for a minimum of 60 consecutive days due to mental ill health, are supported to re-engage with school or prepare for college.

Support to Thrive - Working with young people aged 11-16 years from Brentwood and Basildon, at risk of mental ill health and school absence, offering early intervention support by phone or video.

Youthful Wellbeing - Working in partnership with other local Mind associations, the service extended to Mid and South Essex. Young adults aged 18-25 develop a wellbeing plan and are supported to engage in activities and achieve their goals. If needed they can make use of a Personal Health Budget.

Psychological Therapies

Counselling and Groupwork Service - A British Association of Counselling and Psychotherapy (BACP) accredited counselling service. The service is based on an integrated approach, offering a confidential, non-judgemental, caring and safe environment, adhering to the Code of Confidentiality and Ethics as laid down by BACP. The service offers face to face and telephone counselling. Up to 12 student placements are provided each year.

Bereavement Counselling - There are two services for Bereavement Counselling, with one being specific for bereavement due to Covid.

Multi Ethnic Counselling Service - To provide counselling to residents from the Black Asian and Minority Ethnic communities. Clients generally have preferred to continue with telephone counselling, but face to face is also an option.

Inclusion Thurrock Improving Access to Psychological Therapies (IAPT) - In partnership with Midlands Partnership NHS Foundation Trust, we provide psychological interventions using a stepped care approach that complies with The National Institute for Health and Care Excellence (NICE) guidelines.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023**

OBJECTIVES AND ACTIVITIES

Recovery College

In partnership with Midlands Partnership NHS Foundation Trust, the Recovery College provides recovery-focused education and training courses across Thurrock and provides information that will help people to learn and give them the best chance of staying well and living the most fulfilling lives they can. People with lived experience of mental health issues (Peer Trainers) co-produce and co-deliver courses with other staff.

Thurrock Advocacy Service (until 31 December 2022)

In partnership with Thurrock Lifestyle Solutions and Thurrock Centre for Independent Living to provide Care Act Advocacy to individuals from the following client groups; learning difficulty, mental health conditions, sensory impairments, acquired brain injury, dementia, drug and alcohol, people who have substantial difficulty understanding relevant information, remembering information, using information to help them be involved in making decisions or communicating their views, wishes and feelings, and carers of all client groups. In addition, there is a form filling service.

Independent Mental Health Advocacy (until 31 December 2022)

IMHA support is a legal right for patients detained under eligible sections of the Mental Health Act. An Independent Mental Health Advocate helps patients understand their rights under law and can ensure their views about their care and treatment are heard.

Thurrock Carers Service

The service is provided in partnership with Thurrock Lifestyle Solutions and Thurrock Centre for Independent Living to provide information, advice and support to all adult unpaid carers of Thurrock residents. Information, advice and support was provided by telephone, face to face, on a one-to-one basis, in one of the support groups or at the Grays hub.

Wellbeing Calls

Essex Partnership University NHS Foundation Trust (EPUT) - Working collaboratively, EPUT identifies high risk patients that with extra support through wellbeing calls on a regular basis which could prevent relapse in their mental health, early signs of relapse are addressed promptly, and this can prevent hospitalisation.

GP Wellbeing Calls - This is part of the MSE Depression pathway. People prescribed anti-depressants are referred for 4-6 weeks wellbeing calls. This will provide an opportunity for people to discuss their concerns regarding the medication and provide reassurance. It provides support during the period of time it takes for the medication to take effect.

Commercial services

Thurrock and Brentwood Mind operates a Housing Project, Charity Shop and Mind Talk; to provide private counselling and training.

Housing

Two of Thurrock and Brentwood Mind's properties are used for the housing project. These are:

Koinonia House - nine units which consists of four bedsits with en-suite plus three rooms with shared bathroom and toilet; all seven share the kitchen, lounge and utility room. The two self-contained flats also share the utility room.

Bridge House - Consists of six rooms with shared facilities.

Charity Shop

The Charity Shop sells recycled goods, and also has a dedicated information corner where volunteers are able to provide members of the public with information on mental health and local services. Volunteering opportunities are available for service users and the wider community.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023**

OBJECTIVES AND ACTIVITIES

Mind Talk

Provides Counselling, Hypnotherapy and Training.

Counselling: This is a BACP accredited private counselling service, where all counsellors are qualified, and the client pays a set fee. A first appointment is offered within 10 working days.

Training: Mental Health First Aid for Adults or Youth.

Volunteering

There is a range of volunteering opportunities at Thurrock and Brentwood Mind within the projects listed above. Volunteers are generally Thurrock residents with and without mental health problems. All volunteers receive Volunteer Core Training with additional project specific training according to their role. Volunteer Counsellors are either qualified or in their final year of training. The pandemic has left a significant impact on volunteer recruitment; it has become much more challenging to recruit new volunteers during the course of the year.

Operational Performance

Reports on operational and financial performance are measured by trustees on a quarterly basis, sent to funders and quarterly contract monitoring meetings with Commissioners take place.

ACHIEVEMENT AND PERFORMANCE

Financial review and results for the year

A summary of the charitable company's financial performance for the year can be found in the annexed financial statements.

Successful tendering with existing partners and the development of new partnerships has provided the organisation with contracts of a longer duration, and engaging with a wider audience. Working collaboratively with other organisations to develop new services and / or pathways that benefit the public in accessing support when they need it has kept Thurrock and Brentwood Mind at the forefront of developments.

Both the level of grants and the year-end financial position were satisfactory during 2022/23. The annual negotiations of grant levels for 2022/23 increased significantly compared to 2021/22. Agreements are constantly reviewed with funders to ensure continuation of services and the provision of funding for all projects. New partnership agreements with other local providers are in place and we will continue to work in partnership or collaboratively with other organisations and diversify our income sources.

The expenditure and income of the charity for the year is reported on the Statement of Financial Activities.

FINANCIAL REVIEW

Investment policy and objectives

The Committee have considered the investment requirements of the charity and has decided that uncommitted funds should be retained in banks and building societies and that any suggested changes to the banking arrangement should be agreed with them in advance. The Committee also feel that funds should be retained on interest bearing accounts wherever this is practical.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023**

FINANCIAL REVIEW

Reserves policy

Introduction

The policy is written in the light of the Charity Commissioners' guidance "Charities' Reserves" (CC19, January 2016)

Reserves are defined as "income which becomes available to the charity and is to be expended at the trustees' discretion in the furtherance of any of the charity's objectives (sometimes referred to as "general purposes" income); but which is not yet spent, committed or designated (i.e. is "free")" (para. 11).

The definition of reserves therefore excludes: permanent endowment; expendable endowment; restricted funds; designated funds; and income funds which could only be realised by disposing of fixed assets held for charity use (para. 11).

The reserves policy should cover as a minimum:

- the reason why the charity needs reserves;
- what level (or range) of reserves the trustees believe the charity needs;
- what steps the charity is going to take to establish or maintain reserves at the agreed level (or range); and
- arrangements for monitoring and reviewing the policy (para. 36).

Why Thurrock and Brentwood Mind needs reserves

Maintenance of properties - Thurrock and Brentwood Mind owns three properties and has decided it needs to have £45k available for emergency repairs and renovations to these properties in order that it could continue the services run from those buildings.

Winding up the charity - Thurrock and Brentwood Mind has decided that, in the event of the organisation having to be wound up, it would need to have six months running costs estimated to be £369k in reserves to allow for a proper running down.

A source of service funding ceases - Thurrock and Brentwood Mind has decided that it is unnecessary to keep any reserves to allow for the continuation of any NHS or local authority funded services because should such funders decide to cease their funding without notice, it is the expectation that the relevant funder would ensure that they provide adequate funding to facilitate an orderly winding down or transfer of the service to minimise any disruption to the service users and avoid any adverse publicity.

Investment in properties - Thurrock And Brentwood Mind own properties that are integral to the services provided to people experiencing emotional or mental distress.

The investment in properties is to enable services to remain sustainable in the long term.

The Charity has commitments to long term mortgages and reserves have been designated to cover the historical cost carrying value less the outstanding mortgages.

The level of reserves the trustees believe Thurrock and Brentwood Mind needs as at 31 March 2023

As set out above, Thurrock and Brentwood Mind has decided it needs reserves of circa £975k made up of the Designated Properties Fund of £561k and General Fund of £414k.

The unrestricted reserves at 31 March 2023 of £1,560k is in excess of the targeted reserves of £975k.

Monitoring and reviewing the reserves policy

This policy and financial detail will be reviewed annually by the Board of Trustees.

Funds in deficit

Due to a transfer of unrestricted funds to restricted funds, no funds remain in deficit at the year end.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023**

FUTURE PLANS

Future plans were considered in Thurrock and Brentwood Mind's Business Plan 2017-2022 to encompass the period ending on 31 March 2022. The plans were to:

- Maintain existing and develop new high quality services to respond to local need and national imperatives.
- Promote the services and use regular social media and the website to engage a wider audience.
- Maintain existing and attract new sources of income in addition to, developing our income generating projects further to assist in diversifying our income.
- Strengthen existing and build new partnerships to create new services and expand existing to a wider audience.
- Ensure that our staff, volunteers and service users are able to influence and shape how the organisation works and enable them to communicate with statutory bodies and the public on mental health issues.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Thurrock and Brentwood Mind is a company limited by guarantee governed by its Memorandum and Articles dated 4 December 2019. It is registered as a charity with the Charity Commission. Anyone over the age of 18 can become a member of the charity, each of whom agrees to contribute £15 for an Organisational Membership, £5 for an individual.

Recruitment and appointment of new trustees

Thurrock and Brentwood Mind carries out its selection process of trustees following a process agreed by the Board of Trustees:

Stage 1

An information meeting is held with the Chief Executive Officer and/or Chair of the Board of Trustees with the following information given:-

- Annual report
- Terms of reference for the Board
- Job description of a trustee
- Information booklet on Management Committees
- Service information booklet
- Service leaflets
- Charity Commission trustee leaflet
- Volunteer trustee application form

If a volunteer wishes to proceed with becoming a trustee they have to complete and return their application form prior to election at the Annual General Meeting as below.

Stage 2

The Chair views applications received and if suitable, references are taken up and the person is informed of the nomination process.

Stage 3

A nomination form is completed giving a brief outline of relevant information and skills, and a proposer and a seconder is obtained. These forms need to be returned one week prior to the Annual General Meeting.

Stage 4

Nomination forms are taken forward for the election process at the Annual General Meeting.

All members of the Management Committee give their time voluntarily and received no benefits from the charity. Any expenses reclaimed from the charity are set out in note 9 to the accounts.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Induction and training of new trustees

Training opportunities are made available to trustees and specific training for specific roles is identified and a training log is kept for each trustee. The sources of training information are identified through the Charity Commission's newsletters, Thurrock Council for Voluntary Service and The National Association of Councils and Voluntary Services.

Risk management

The Executive Committee has conducted its own review of the major risks to which the charity may be exposed to and has set up systems to mitigate these risks. The organisation adopts a pro-active approach with a programme of risk management that aims to preserve its assets and reputation and to provide protection against preventable injury and loss to employees, volunteers, clients and the general public.

Organisational Management

An Executive Management Committee (Board of Trustees) consisting of trustees appointed at the Annual General Meeting runs the charity.

The organisation operates on the direction and oversight of this management team but employs a number of operating staff that undertakes the work involved in the running of the charity. A Chief Executive Officer (CEO) has overall responsibility for various projects that in turn have lead project managers. There is a Delegation of Authority Policy and Control Procedures in place.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

05256793 (England and Wales)

Registered Charity number

1106452

Registered office

152 Bridge Road
Grays
Essex
RM17 6DB

Trustees

J Lyons Chairperson
A P Harmer Vice Chairperson (resigned 25/1/2023)
D J Noble
Mrs S A Lyons
Mrs P Wright
Mrs S M Lyons (appointed 25/1/2023)
Mrs K Hunter
S Brown (appointed 25/1/2023)
N Quish (appointed 25/1/2023)

Senior Management

Mrs L Morgan
W Robertson

Chief Executive Officer
Deputy Chief Executive Officer

Company Secretary

Mrs S A Lyons

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023**

REFERENCE AND ADMINISTRATIVE DETAILS

Auditors

Goldwyns Limited
Statutory Auditors and Chartered Accountants
Rutland House
90-92 Baxter Avenue
Southend on Sea
Essex
SS2 6HZ

Solicitors

M Reynolds Partnership, 24 London Road, Grays, Essex, RM17 5XY.

Bankers

Barclays Bank Plc, 9 High Street, Grays, Essex, RM17 6NL.

STATEMENT OF TRUSTEES' RESPONSIBILITIES

Statement of Committee Members'/Directors' Responsibilities

The Trustees (who are also directors of Thurrock and Brentwood Mind for the purposes of company law) are responsible for preparing the report of the Management Committee and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Management Committee to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure of the charitable company, for the year. In preparing these financial statements, the Management Committee are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities Statement of Recommended Practice (SORP);
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The Management Committee is responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable it to ensure that the financial statements comply with the Companies Act 2006. It is also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Statement as to Disclosure of Information to Auditors

So far as the committee members/directors are aware, there is no relevant audit information of which the charitable company's auditors are unaware, and each director has taken all the steps that he or she ought to have taken as a director in order to make himself or herself aware of any relevant audit information and to establish that the company's auditors are aware of that information.

AUDITORS

The auditors, Goldwyns Limited, will be proposed for re-appointment at the forthcoming Annual General Meeting.

Approved by order of the board of trustees on 9 November 2023 and signed on its behalf by:

John Lyons

J Lyons - Trustee

REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF THURROCK AND BRENTWOOD MIND

Opinion

We have audited the financial statements of Thurrock and Brentwood Mind (the 'charitable company') for the year ended 31 March 2023 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2023 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees has been prepared in accordance with applicable legal requirements.

REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF THURROCK AND BRENTWOOD MIND

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Report of the Trustees.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to take advantage of the small companies exemption from the requirement to prepare a Strategic Report or in preparing the Report of the Trustees.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Our responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud.

In order to address the risks of misstatements in respect of irregularities, including fraud, we have:

- obtained an understanding of the key laws and regulations applicable to the charitable company, including the Companies Act 2006, the Charities Act 2011, and applicable taxation legislation;
- assessed the charitable company's own internal controls and systems for the prevention and detection of irregularities and particularly the control environment within which they operate;
- determined a materiality level and audit approach sufficient to identify most irregularities, including fraud, that may occur;
- considered our own involvement in the preparation of the charitable company's statutory financial statements;
- conducted audit verification work, on a sample basis, on the key audit areas and risks we have identified; and
- reflected on the outcome of our work, and the likelihood that conclusions drawn may be indicative of other areas of potential irregularity.

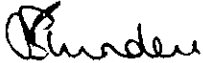
We therefore consider our audit approach has been sufficient to detect material irregularities, including fraud.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

**REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF
THURROCK AND BRENTWOOD MIND**

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.



S T Blundell FCA (Senior Statutory Auditor)
for and on behalf of Goldwyns Limited
Statutory Auditors and Chartered Accountants
Rutland House
90-92 Baxter Avenue
Southend on Sea
Essex
SS2 6HZ

Date: 20 November 2023

THURROCK AND BRENTWOOD MIND

**STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2023**

	Notes	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	19,987	-	19,987	31,612
Charitable activities	5				
Mental health services		3,598,041	273,866	3,871,907	2,392,292
Charity shop		68,946	-	68,946	47,709
Rental income		81,246	-	81,246	85,688
Management and awareness		98,968	26,556	125,524	11,017
Other trading activities	3	54,221	-	54,221	37,125
Investment income	4	1,860	-	1,860	18
Other Income		-	-	-	2,404
Total		<u>3,923,269</u>	<u>300,422</u>	<u>4,223,691</u>	<u>2,607,845</u>
EXPENDITURE ON					
Raising funds		-	-	-	-
Charitable activities	6				
Mental health services		3,173,612	318,263	3,491,875	2,133,453
Charity shop		81,055	-	81,055	66,380
Rental income		54,066	-	54,066	37,253
Management and awareness		47,244	-	47,244	37,512
Total		<u>3,355,977</u>	<u>318,263</u>	<u>3,674,240</u>	<u>2,274,598</u>
NET INCOME/(EXPENDITURE)		567,292	(17,841)	549,451	333,247
Transfers between funds	21	113,052	(113,052)	-	-
Net movement in funds		680,344	(130,893)	549,451	333,247
RECONCILIATION OF FUNDS					
Total funds brought forward		879,568	199,983	1,079,551	746,304
TOTAL FUNDS CARRIED FORWARD		<u>1,559,912</u>	<u>69,090</u>	<u>1,629,002</u>	<u>1,079,551</u>

The notes form part of these financial statements

THURROCK AND BRENTWOOD MIND (REGISTERED NUMBER: 05256793)

**BALANCE SHEET
31 MARCH 2023**

	Notes	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
FIXED ASSETS					
Intangible assets	12	-	-	-	-
Tangible assets	13	1,200,634	-	1,200,634	1,211,158
		<u>1,200,634</u>	<u>-</u>	<u>1,200,634</u>	<u>1,211,158</u>
CURRENT ASSETS					
Stocks	14	-	-	-	300
Debtors	15	71,291	-	71,291	530,840
Cash at bank and in hand		1,104,278	69,089	1,173,367	210,339
		<u>1,175,569</u>	<u>69,089</u>	<u>1,244,658</u>	<u>741,479</u>
CREDITORS					
Amounts falling due within one year	16	(136,851)	-	(136,851)	(193,015)
NET CURRENT ASSETS		<u>1,038,718</u>	<u>69,089</u>	<u>1,107,807</u>	<u>548,464</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>2,239,352</u>	<u>69,089</u>	<u>2,308,441</u>	<u>1,759,622</u>
CREDITORS					
Amounts falling due after more than one year	17	(679,439)	-	(679,439)	(680,071)
NET ASSETS		<u>1,559,913</u>	<u>69,089</u>	<u>1,629,002</u>	<u>1,079,551</u>
FUNDS	21				
Unrestricted funds:					
General fund				999,274	327,351
Designated Properties Fund				560,639	552,217
				<u>1,559,913</u>	<u>879,568</u>
Restricted funds				<u>69,089</u>	<u>199,983</u>
TOTAL FUNDS				<u>1,629,002</u>	<u>1,079,551</u>

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 9 November 2023 and were signed on its behalf by:

John Lyons

J Lyons - Trustee

The notes form part of these financial statements

THURROCK AND BRENTWOOD MIND
CASH FLOW STATEMENT
FOR THE YEAR ENDED 31 MARCH 2023

	Notes	2023 £	2022 £
Cash flows from operating activities			
Cash generated from operations	1	1,027,441	95,037
Net cash provided by operating activities		<u>1,027,441</u>	<u>95,037</u>
Cash flows from investing activities			
Purchase of tangible fixed assets		(18,720)	(40,413)
Net cash used in investing activities		<u>(18,720)</u>	<u>(40,413)</u>
Cash flows from financing activities			
Loan repayments in year		(45,693)	(45,148)
Net cash used in financing activities		<u>(45,693)</u>	<u>(45,148)</u>
Change in cash and cash equivalents in the reporting period		<u>963,028</u>	<u>9,476</u>
Cash and cash equivalents at the beginning of the reporting period		<u>210,339</u>	<u>200,863</u>
Cash and cash equivalents at the end of the reporting period		<u><u>1,173,367</u></u>	<u><u>210,339</u></u>

The notes form part of these financial statements

THURROCK AND BRENTWOOD MIND

**NOTES TO THE CASH FLOW STATEMENT
FOR THE YEAR ENDED 31 MARCH 2023**

1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2023 £	2022 £
Net income for the reporting period (as per the Statement of Financial Activities)	549,451	333,247
Adjustments for:		
Depreciation charges	29,243	28,976
Interest paid	28,260	17,081
Decrease in stocks	300	-
Decrease/(increase) in debtors	459,551	(296,476)
(Decrease)/increase in creditors	(39,364)	12,229
Net cash provided by operations	<u>1,027,441</u>	<u>95,037</u>

2. ANALYSIS OF CHANGES IN NET (DEBT)/FUNDS

	At 1.4.22 £	Cash flow £	At 31.3.23 £
Net cash			
Cash at bank and in hand	210,339	963,028	1,173,367
	<u>210,339</u>	<u>963,028</u>	<u>1,173,367</u>
Debt			
Debts falling due within 1 year	(24,805)	20,315	(4,490)
Debts falling due after 1 year	(629,399)	(2,883)	(632,282)
	<u>(654,204)</u>	<u>17,432</u>	<u>(636,772)</u>
Total	<u>(443,865)</u>	<u>980,460</u>	<u>536,595</u>

The notes form part of these financial statements

THURROCK AND BRENTWOOD MIND

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The charity is limited by guarantee and is incorporated in the UK.

The place of business is at the registered office which can be located in the trustees' report.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Intangible fixed assets

Amortisation is provided at the following annual rate in order to write off each asset over its estimated useful life.

Computer software	- Straight line over 5 years
-------------------	------------------------------

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold property	- Straight line over 15 years and Straight line over 50 years
Improvements to property	- Over remaining period of lease
Fixtures and fittings	- 50% on cost and 25% on cost
Motor vehicles	- 25% on cost

It is the charity's general policy to capitalise items costing over £250.

Taxation

HM Revenue and Customs have confirmed that the charity is exempt from Income and Corporation Taxes on its investment and trading income because of its charitable status and therefore no provision for taxation has been made in the financial statements.

Fund accounting

Restricted funds are grants and contracts awarded for specific purposes as laid down by the donor. Expenditure that meets these specific purposes is matched against grant income and allocated over the appropriate cost centres.

Unrestricted funds comprise other income received or generated for charitable purposes but which may be spent at the discretion of the Management Team.

Designated funds are those unrestricted funds that have been earmarked by the Trustees for particular purposes.

THURROCK AND BRENTWOOD MIND

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

1. ACCOUNTING POLICIES - continued

Operating leases

Rentals payable under operating leases are charged to the Statement of Financial Activities as incurred over the term of the lease.

Donated goods

Goods donated are included at their market value at the date of the donation.

2. DONATIONS AND LEGACIES

	2023	2022
	£	£
Donations	19,946	31,595
Subscriptions	41	17
	<u>19,987</u>	<u>31,612</u>

3. OTHER TRADING ACTIVITIES

	2023	2022
	£	£
Private counselling	23,586	19,270
Fund raising	18,224	17,855
Other	12,411	-
	<u>54,221</u>	<u>37,125</u>

4. INVESTMENT INCOME

	2023	2022
	£	£
Bank interest received	<u>1,860</u>	<u>18</u>

Investment income arises from money held in interest bearing bank accounts.

5. INCOME FROM CHARITABLE ACTIVITIES

	Activity	2023	2022
		£	£
Grants	Mental health services	3,871,907	2,392,292
Charity shop sales	Charity shop	68,946	47,709
Rent	Rental income	81,246	85,668
Grants	Management and awareness	125,524	11,017
		<u>4,147,623</u>	<u>2,536,686</u>

Grants received, included in the above, are as follows:

	2023	2022
	£	£
IMHA	11,519	14,976
Counselling and Groupwork	186,970	192,402
Thurrock Day Opportunities	67,181	67,181
Thurrock Carers Services	135,778	201,506
Thurrock Advocacy Service	59,387	78,731
IAPT	228,796	168,724
	<u>689,631</u>	<u>723,520</u>
Carried forward		

THURROCK AND BRENTWOOD MIND

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023**

5. INCOME FROM CHARITABLE ACTIVITIES - continued

	2023	2022
	£	£
Brought forward	689,631	723,520
IAPT Compliant	56,181	48,262
Peer Mentoring and Peer Support	55,222	53,247
Recovery College	57,760	76,769
Employment Advisor	43,813	38,178
PHB Assessments	7,219	3,971
PHB Mentorship	30,000	17,000
18-25 Mental Health Service	344,931	87,131
Crisis Sanctuary	645,619	450,047
Suicide prevention	26,091	31,141
Crisis House Sanctuary Plus	535,000	108,005
Management and Development	8,358	65,881
Wellbeing Calls	-	36,000
Mental Health Early Discharge	-	52,500
Digital skills training	-	4,380
Admission Prevention and Early Discharge	232,892	5,958
Mental Health Recovery Workers	369,306	80,138
Positive Pathways Adults - Thurrock	304,603	283,711
Positive Pathways Adults - Basildon and Brentwood	267,699	141,008
Positive Pathways CYP Thurrock Social Prescribing	105,904	96,464
Health Education England	90,610	-
Brentwood Wellbeing Group	9,930	-
Sports England	9,889	-
Youth Champions	6,737	-
At Risk Mental State Service	100,036	-
	<u>3,997,431</u>	<u>2,403,309</u>

6. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 7) £	Totals £
Mental health services	3,208,684	283,191	3,491,875
Charity shop	43,178	37,877	81,055
Rental income	19,070	34,996	54,066
Management and awareness	-	47,244	47,244
	<u>3,270,932</u>	<u>403,308</u>	<u>3,674,240</u>

THURROCK AND BRENTWOOD MIND

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023**

7. SUPPORT COSTS

	Management £	Governance costs £	Totals £
Mental health services	271,070	12,121	283,191
Charity shop	36,346	1,531	37,877
Rental income	34,996	-	34,996
Management and awareness	-	47,244	47,244
	<u>342,412</u>	<u>60,896</u>	<u>403,308</u>

Support costs, included in the above, are as follows:

Management

				2023	2022
	Mental health services £	Charity shop £	Rental income £	Total activities £	Total activities £
Hire of equipment	683	-	-	683	649
Rates and water	8,907	974	3,669	13,550	9,601
Insurance	19,183	72	2,199	21,454	6,358
Light and heat	12,968	4,407	13,208	30,583	19,501
Telephone	33,828	33	2,066	35,927	25,088
Postage and stationery	9,871	262	-	10,133	8,713
Advertising	2,747	-	-	2,747	1,416
Sundries	619	-	-	619	510
Rent of premises	1,104	26,304	-	27,408	32,302
Repairs and renewals	39,562	1,123	13,547	54,232	38,002
Recruitment	1,237	-	-	1,237	6,229
Information technology	74,504	732	133	75,369	75,577
Publications and subscriptions	7,121	799	168	8,088	8,122
Financial charges	29,493	1,640	6	31,139	18,907
Depreciation of tangible and heritage assets	29,243	-	-	29,243	28,976
	<u>271,070</u>	<u>36,346</u>	<u>34,996</u>	<u>342,412</u>	<u>279,951</u>

Governance costs

				2023	2022
	Mental health services £	Charity shop £	Management and awareness £	Total activities £	Total activities £
Auditors' remuneration	-	-	6,660	6,660	5,760
Accountancy and bookkeeping	-	-	31,200	31,200	16,400
Legal costs and consultation	12,121	1,531	9,384	23,036	15,352
	<u>12,121</u>	<u>1,531</u>	<u>47,244</u>	<u>60,896</u>	<u>37,512</u>

THURROCK AND BRENTWOOD MIND

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023**

8. NET INCOME/(EXPENDITURE)

Net Income/(expenditure) is stated after charging/(crediting):

	2023	2022
	£	£
Auditors' remuneration	6,660	5,760
Depreciation - owned assets	29,244	28,372
Hire of plant and machinery	683	649
Computer software amortisation	-	600
	<u> </u>	<u> </u>

9. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2023 nor for the year ended 31 March 2022.

10. STAFF COSTS

	2023	2022
	£	£
Wages and salaries	2,470,372	1,524,949
Social security costs	243,012	134,656
Other pension costs	58,889	35,952
	<u> </u>	<u> </u>
	<u>2,772,273</u>	<u>1,695,557</u>

The average monthly number of employees during the year was as follows:

	2023	2022
Charitable activities and support staff	90	66
Senior management	2	2
	<u> </u>	<u> </u>
	<u>92</u>	<u>68</u>

The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

	2023	2022
£60,001 - £70,000	-	1
£70,001 - £80,000	1	-
£80,001 - £90,000	1	-
	<u> </u>	<u> </u>
	<u>2</u>	<u>1</u>

During the year, the total remuneration paid to key management personnel was £179,003 (2022 - £141,152).

THURROCK AND BRENTWOOD MIND

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023**

11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	31,612	-	31,612
Charitable activities			
Mental health services	1,411,702	980,590	2,392,292
Charity shop	47,709	-	47,709
Rental income	85,668	-	85,668
Management and awareness	11,017	-	11,017
Other trading activities	37,125	-	37,125
Investment income	18	-	18
Other income	2,404	-	2,404
Total	1,627,255	980,590	2,607,845
EXPENDITURE ON			
Raising funds	-	-	-
Charitable activities			
Mental health services	1,235,762	897,691	2,133,453
Charity shop	66,380	-	66,380
Rental income	20,185	17,068	37,253
Management and awareness	37,512	-	37,512
Total	1,359,839	914,759	2,274,598
NET INCOME	267,416	65,831	333,247
Transfers between funds	5,470	(5,470)	-
Net movement in funds	272,886	60,361	333,247
RECONCILIATION OF FUNDS			
Total funds brought forward	606,680	139,624	746,304
TOTAL FUNDS CARRIED FORWARD	879,566	199,985	1,079,551

12. INTANGIBLE FIXED ASSETS

	Computer software £
COST	
At 1 April 2022 and 31 March 2023	7,690
AMORTISATION	
At 1 April 2022 and 31 March 2023	7,690
NET BOOK VALUE	
At 31 March 2023	-
At 31 March 2022	-

THURROCK AND BRENTWOOD MIND

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023**

13. TANGIBLE FIXED ASSETS

	Freehold property £	Improvements to property £	Fixtures and fittings £	Motor vehicles £	Totals £
COST					
At 1 April 2022	1,075,938	296,315	132,447	8,700	1,513,400
Additions	-	18,720	-	-	18,720
At 31 March 2023	1,075,938	315,035	132,447	8,700	1,532,120
DEPRECIATION					
At 1 April 2022	137,237	28,595	127,711	8,699	302,242
Charge for year	17,973	9,757	1,514	-	29,244
At 31 March 2023	155,210	38,352	129,225	8,699	331,486
NET BOOK VALUE					
At 31 March 2023	920,728	276,683	3,222	1	1,200,634
At 31 March 2022	938,701	267,720	4,736	1	1,211,158

Included in cost of freehold property is land of £213,718 (2022 - £213,718) which is not depreciated.

14. STOCKS

	2023 £	2022 £
Stocks	-	300

15. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Amounts recoverable on contract	63,264	488,952
Prepayments and accrued income	8,027	41,888
	71,291	530,840

16. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Bank loans and overdrafts (see note 18)	4,490	24,805
Trade creditors	27,464	43,893
Social security and other taxes	63,610	43,073
Other creditors	26,109	20,745
Accruals and deferred income	15,178	60,499
	136,851	193,015

Income relating to contracts for long term provision of services and projects is deferred and released when the services are provided. Income relating to assets is deferred and released over the useful life of the asset in the same proportion to the depreciation charge. Deferred Income at the year ended 31 March 2023 was £50,672 (2022 - £52,722).

THURROCK AND BRENTWOOD MIND

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023**

17. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR

	2023	2022
	£	£
Bank loans (see note 18)	632,282	629,399
Accruals and deferred income	47,157	50,672
	<u>679,439</u>	<u>680,071</u>

18. LOANS

An analysis of the maturity of loans is given below:

	2023	2022
	£	£
Amounts falling due within one year	4,490	24,805
Amounts falling due between one and two years	4,909	231,197
Amounts falling due between two and five years	16,707	61,328
Amounts falling due in more than five years	<u>610,666</u>	<u>336,874</u>
	<u>636,772</u>	<u>654,204</u>

19. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	2023	2022
	£	£
Within one year	21,200	25,200
Between one and five years	-	24,000
	<u>21,200</u>	<u>49,200</u>

20. SECURED DEBTS

The following secured debts are included within creditors:

	2023	2022
	£	£
Bank loans	<u>636,772</u>	<u>654,204</u>

The bank loans are secured by a first legal charge over the charity's freehold properties.

THURROCK AND BRENTWOOD MIND

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023**

21. MOVEMENT IN FUNDS

	At 1.4.22 £	Net movement in funds £	Transfers between funds £	At 31.3.23 £
Unrestricted funds				
General fund	327,351	567,293	104,630	999,274
Designated Properties Fund	552,217	-	8,422	560,639
	<u>879,568</u>	<u>567,293</u>	<u>113,052</u>	<u>1,559,913</u>
Restricted funds				
IMHA	-	11,465	(11,465)	-
Day Services Project	-	65,936	(65,936)	-
Stepping Stones	-	(4,493)	4,493	-
Carers Service	31,000	8,492	(39,492)	-
Thurrock Advocacy	7,456	(12,729)	5,273	-
PHB Assessments	941	(3,628)	2,687	-
Crisis House Sanctuary Plus	93,830	(34,281)	-	59,549
EPUT Wellbeing Calls	42,687	(40,747)	(1,940)	-
GP Wellbeing Calls	19,689	(2,431)	(17,258)	-
Digital Skills Training	4,380	-	(4,380)	-
Social Inclusion Groupworker	-	(14,498)	14,498	-
Brentwood Wellbeing group	-	4,775	-	4,775
Sports England Grant	-	3,636	-	3,636
Thurrock Wellbeing Group	-	(468)	468	-
Youth Champion	-	1,129	-	1,129
	<u>199,983</u>	<u>(17,842)</u>	<u>(113,052)</u>	<u>69,089</u>
TOTAL FUNDS	<u>1,079,551</u>	<u>549,451</u>	<u>-</u>	<u>1,629,002</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	3,923,269	(3,355,976)	567,293
Restricted funds			
IMHA	11,520	(55)	11,465
Day Services Project	67,181	(1,245)	65,936
Stepping Stones	-	(4,493)	(4,493)
Carers Service	135,777	(127,285)	8,492
Thurrock Advocacy	59,386	(72,115)	(12,729)
PHB Assessments	-	(3,628)	(3,628)
Crisis House Sanctuary Plus	-	(34,281)	(34,281)
EPUT Wellbeing Calls	-	(40,747)	(40,747)
GP Wellbeing Calls	1	(2,432)	(2,431)
Social Inclusion Groupworker	-	(14,498)	(14,498)
Brentwood Wellbeing group	9,930	(5,155)	4,775
Sports England Grant	9,890	(6,254)	3,636
Thurrock Wellbeing Group	-	(468)	(468)
Youth Champion	6,737	(5,608)	1,129
	<u>300,422</u>	<u>(318,264)</u>	<u>(17,842)</u>
TOTAL FUNDS	<u>4,223,691</u>	<u>(3,674,240)</u>	<u>549,451</u>

THURROCK AND BRENTWOOD MIND

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023**

21. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.21 £	Net movement in funds £	Transfers between funds £	At 31.3.22 £
Unrestricted funds				
General fund	58,896	267,418	1,037	327,351
Designated Capital	3,873	-	(3,873)	-
Designated Properties Fund	543,911	-	8,306	552,217
	<u>606,680</u>	<u>267,418</u>	<u>5,470</u>	<u>879,568</u>
Restricted funds				
Counselling	-	777	(777)	-
IAPT	-	(172)	172	-
Day Services Project	-	(583)	583	-
Stepping Stones	-	(3,996)	3,996	-
Carers Service	-	38,800	(7,800)	31,000
Recovery College	1,241	1,099	(2,340)	-
Thurrock Advocacy	-	(1,099)	8,555	7,456
PHB Assessments	-	941	-	941
Employment Advisor	-	1,200	(1,200)	-
Youth Coach Basildon	7,760	(384)	(7,376)	-
Open Dialogue	-	(123)	123	-
Crisis House Sanctuary Plus	-	93,830	-	93,830
Housing Manager	16,667	(17,068)	401	-
Befriending and Mentoring Digital Worker	12,118	(11,044)	(1,074)	-
ECF-iWill	4,553	(4,438)	(115)	-
EPUT Wellbeing Calls	27,468	15,219	-	42,687
EPUT Winter Pressure	28,767	(30,488)	1,721	-
GP Wellbeing Calls	35,823	(14,917)	(1,217)	19,689
MECS	5,227	(4,227)	(1,000)	-
Digital Skills Training	-	4,380	-	4,380
Social Inclusion Groupworker	-	(1,878)	1,878	-
	<u>139,624</u>	<u>65,829</u>	<u>(5,470)</u>	<u>199,983</u>
TOTAL FUNDS	<u>746,304</u>	<u>333,247</u>	<u>-</u>	<u>1,079,551</u>

THURROCK AND BRENTWOOD MIND

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023**

21. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	1,627,255	(1,359,837)	267,418
Restricted funds			
IMHA	14,975	(14,975)	-
Counselling	66,330	(65,553)	777
IAPT	168,724	(168,896)	(172)
Day Services Project	67,181	(67,764)	(583)
Stepping Stones	(1)	(3,995)	(3,996)
Carers Service	201,507	(162,707)	38,800
Peer Support	53,246	(53,246)	-
Recovery College	76,768	(75,669)	1,099
Thurrock Advocacy	78,732	(79,831)	(1,099)
PHB Assessments	20,000	(19,059)	941
Employment Advisor	38,179	(36,979)	1,200
Youth Coach Basildon	46,562	(46,946)	(384)
Open Dialogue	-	(123)	(123)
Crisis House Sanctuary Plus	108,004	(14,174)	93,830
Housing Manager	1	(17,069)	(17,068)
Befriending and Mentoring Digital Worker	-	(11,044)	(11,044)
ECF-iWill	-	(4,438)	(4,438)
EPUT Wellbeing Calls	36,001	(20,782)	15,219
EPUT Winter Pressure	-	(30,488)	(30,488)
GP Wellbeing Calls	1	(14,918)	(14,917)
MECS	-	(4,227)	(4,227)
Digital Skills Training	4,380	-	4,380
Social Inclusion Groupworker	-	(1,878)	(1,878)
	<u>980,590</u>	<u>(914,761)</u>	<u>65,829</u>
TOTAL FUNDS	<u><u>2,607,845</u></u>	<u><u>(2,274,598)</u></u>	<u><u>333,247</u></u>

THURROCK AND BRENTWOOD MIND

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023**

21. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.21 £	Net movement in funds £	Transfers between funds £	At 31.3.23 £
Unrestricted funds				
General fund	58,896	834,711	105,667	999,274
Designated Capital	3,873	-	(3,873)	-
Designated Properties Fund	543,911	-	16,728	560,639
	<u>606,680</u>	<u>834,711</u>	<u>118,522</u>	<u>1,559,913</u>
Restricted funds				
IMHA	-	11,465	(11,465)	-
Counselling	-	777	(777)	-
IAPT	-	(172)	172	-
Day Services Project	-	65,353	(65,353)	-
Stepping Stones	-	(8,489)	8,489	-
Carers Service	-	47,292	(47,292)	-
Recovery College	1,241	1,099	(2,340)	-
Thurrock Advocacy	-	(13,828)	13,828	-
PHB Assessments	-	(2,687)	2,687	-
Employment Advisor	-	1,200	(1,200)	-
Youth Coach Basildon	7,760	(384)	(7,376)	-
Open Dialogue	-	(123)	123	-
Crisis House Sanctuary Plus	-	59,549	-	59,549
Housing Manager	16,667	(17,068)	401	-
Befriending and Mentoring Digital Worker	12,118	(11,044)	(1,074)	-
ECF-iWill	4,553	(4,438)	(115)	-
EPUT Wellbeing Calls	27,468	(25,528)	(1,940)	-
EPUT Winter Pressure	28,767	(30,488)	1,721	-
GP Wellbeing Calls	35,823	(17,348)	(18,475)	-
MECS	5,227	(4,227)	(1,000)	-
Digital Skills Training	-	4,380	(4,380)	-
Social Inclusion Groupworker	-	(16,376)	16,376	-
Brentwood Wellbeing group	-	4,775	-	4,775
Sports England Grant	-	3,636	-	3,636
Thurrock Wellbeing Group	-	(468)	468	-
Youth Champion	-	1,129	-	1,129
	<u>139,624</u>	<u>47,987</u>	<u>(118,522)</u>	<u>69,089</u>
TOTAL FUNDS	<u>746,304</u>	<u>882,698</u>	<u>-</u>	<u>1,629,002</u>

THURROCK AND BRENTWOOD MIND

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

21. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	5,550,524	(4,715,813)	834,711
Restricted funds			
IMHA	26,495	(15,030)	11,465
Counselling	66,330	(65,553)	777
IAPT	168,724	(168,896)	(172)
Day Services Project	134,362	(69,009)	65,353
Stepping Stones	(1)	(8,488)	(8,489)
Carers Service	337,284	(289,992)	47,292
Peer Support	53,246	(53,246)	-
Recovery College	76,768	(75,669)	1,099
Thurrock Advocacy	138,118	(151,946)	(13,828)
PHB Assessments	20,000	(22,687)	(2,687)
Employment Advisor	38,179	(36,979)	1,200
Youth Coach Basildon	46,562	(46,946)	(384)
Open Dialogue	-	(123)	(123)
Crisis House Sanctuary Plus	108,004	(48,455)	59,549
Housing Manager	1	(17,069)	(17,068)
Befriending and Mentoring Digital Worker	-	(11,044)	(11,044)
ECF-iWill	-	(4,438)	(4,438)
EPUT Wellbeing Calls	36,001	(61,529)	(25,528)
EPUT Winter Pressure	-	(30,488)	(30,488)
GP Wellbeing Calls	2	(17,350)	(17,348)
MECS	-	(4,227)	(4,227)
Digital Skills Training	4,380	-	4,380
Social Inclusion Groupworker	-	(16,376)	(16,376)
Brentwood Wellbeing group	9,930	(5,155)	4,775
Sports England Grant	9,890	(6,254)	3,636
Thurrock Wellbeing Group	-	(468)	(468)
Youth Champion	6,737	(5,608)	1,129
	1,281,012	(1,233,025)	47,987
TOTAL FUNDS	6,831,536	(5,948,838)	882,698

THURROCK AND BRENTWOOD MIND

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023**

22. RELATED PARTY DISCLOSURES

During the year ended 31 March 2023 the charity received rental receipts of £8,740 from a newly appointed trustee.

23. PENSION COSTS

The charity operates defined contribution pension schemes. The assets of the schemes are held separately from those of the charity in independently administered funds. The pension cost charges representing contributions payable by the charity to the funds amounted to £58,888 (2022 - £35,953). At the balance sheet date contributions of £14,083 (2022 - £9,974) were outstanding.