

REGISTERED COMPANY NUMBER: 05256793 (England and Wales)
REGISTERED CHARITY NUMBER: 1106452

**REPORT OF THE TRUSTEES AND
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021
FOR
THURROCK AND BRENTWOOD MIND**

Goldwyns Limited
Statutory Auditors and Chartered Accountants
Rutland House
90-92 Baxter Avenue
Southend on Sea
Essex
SS2 6HZ

THURROCK AND BRENTWOOD MIND

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**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021**

The trustees, who are also directors of the charity for the purpose of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2021. The financial statements comply with the Companies Act 2006 and the Statement of Recommended Practice, Accounting and Reporting by Charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objective of the charity is to promote the preservation of mental health and to assist in relieving and rehabilitating persons suffering from mental disorder or conditions of emotional or mental distress requiring advice or treatment.

Our aims are:

Staying well - Support people likely to develop mental health problems to stay well.

Empowering choice - Empower people who experience a mental health problem to make informed choices about how they live and recover.

Improving services and support - Ensure people get the right services and support at the right time to help their recovery and enable them to live with their mental health problem.

Enabling social participation - Open the doors to people with experience of mental health problems participating fully in society.

Removing inequality of opportunity - Gain equality of treatment for people who experience both mental health and other forms of discrimination.

Organisational excellence - Make the most of our assets by building a culture of excellence.

The charity is affiliated to Mind and operates in accordance with the aims and objectives of Mind.

We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities. In particular, the Committee members consider how planned activities will contribute to the aims and objectives they have set.

Objectives for the year

To meet our overall objects of the charity, aims and objectives for each project are set annually and recorded in the 'Overarching Operational Policy and Plan'. We have robust mechanisms in place to illicit, record and analyse qualitative experience and quantitative data relating to each project. At the start, review and end stage various channels are used to gather data which include surveys, verbal feedback, forums and outcome measurement tools (a short version of the Warwick-Edinburgh Mental Wellbeing Scale (SWEMWBS)). Quarterly management reports demonstrate the outcomes of the project work and how these outcomes directly contribute to achieving the charitable objects and the public benefit as detailed in our strategic plan. Evaluation and analysis of findings are discussed with service users, within supervision, team and managers' meetings and reported in quarterly monitoring meetings with Trustees and Commissioners.

Strategies for the year

To achieve our goals, Thurrock and Brentwood Mind will work collaboratively with service users and carers, and multiple organisations, with a strong focus on prevention. To be able to identify people earlier within their community and enable them to access support in building resilience and self-care skills around their health and wellbeing, as well as promoting increased participation within their community.

Each project manager has targets to achieve in accordance with the contract funding agreement; these are aligned with our Operational Plan which details strategies for achieving our overall organisational aims and objectives.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021**

OBJECTIVES AND ACTIVITIES

Principal activities

Outline of Services

Thurrock and Brentwood Mind has continued to work collaboratively with the NHS, Local Minds and other mental health providers in the transformation of mental health services across Mid and South Essex (MSE) STP (Sustainability and Transformation Partnership). Service users have been consulted in all steps in the process of further developing the NHS Crisis pathway across the STP. Service users representing the voices of others, have been involved in high level meetings for a Crisis House, naming it Sanctuary Plus, and informing the Operational Policies and Guidance, Job Descriptions and Person Specifications etc. This together with our services outlined below contribute to achieving our aims and objectives. We empower people to make informed choices and those likely to develop mental health problems to stay well. Despite the pandemic and lockdowns, all our services remained open. This was made possible through the Thurrock Clinical Commissioning Group, Thurrock Council, Mind and Essex Community Foundation Trust who supported the organisation with funding purchase equipment to deliver services remotely. All services were delivered by telephone or via digital platforms, except for Thurrock Care Act Advocacy where face to face support was provided where necessary and Basildon and Brentwood Positive Pathways Youth and Stepping Stones Gardening Group who met up outdoors in line with Government guidance. Thurrock Carers Service covers all carers of Thurrock residents, which also ensures the carers of people with mental health problems receive the support they require.

Crisis Sanctuary

Crisis Sanctuaries are part of the 24-7 Mental Health Crisis Response and Care Service covering the entire geography of the Mid and South Essex (MSE).

The Crisis Sanctuaries provide a safe place for individuals experiencing an emotional or mental health crisis. It offers practical and emotional support in a warm, welcoming and friendly environment. The outreach support enables service users to receive additional support if required. In partnership with Basildon Mind the service went live on 1 April 2020 and 676 people accessed the service.

Day Services

Wellbeing activities were held three times per week and were well attended. There were a range of activities: services users singing along to tribute acts to peer support; sharing their lived experiences of mental health; and managing their mental health during lockdown. Small groups met outside for the gardening activities, in line with Government guidance. For people unable to access digital platforms, weekly wellbeing calls were made.

176 people were supported, a significant increase from the year before (63 people).

Individual Placement and Support (IPS)

In partnership with Midlands Partnership NHS Foundation Trust the service provides support to people with severe mental health difficulties into employment. The IPS team, work alongside the secondary care mental health team with individuals as employment can be an integral part recovery. Each individual is supported by their Employment Specialist to complete a vocational profile which instigates discussion about their work aspirations and goals, workplace preferences, and any barriers they are concerned about. They are supported to create CV's, complete application forms, prepare for interview and liaise with employers.

Peer Mentoring and Peer Support

Peer Mentoring offers low level time-limited support to facilitate self-care in the community for those people that experience a mental health issue. Peer Support groups provide support through a shared interest. The project presents the opportunity for people to be identified earlier within their community and to enable them to access support in building resilience and self-care skills around their health and wellbeing. 128 people were active on the project.

Positive Pathways

An integral part of the Shared Care Protocol, whereby statutory and voluntary sector colleagues work collaboratively with patients to help them to identify and access facilities in the community to maintain their recovery.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021**

OBJECTIVES AND ACTIVITIES

- Thurrock Adults - Essex Partnership University NHS Trust (EPUT) has continued to transfer secondary care patients into the project, where they are either signposted or supported to access other local groups and services to re-engage with the community. 140 service users were supported.

- Youth Thurrock (14-18yrs) - North East London NHS Foundation Trust (NELFT) Emotional Wellbeing and Mental Health Service (EWMHS) referred 49 young people into the project. The focus was on young people and their families keeping well during lockdown as they struggled with mental ill-health. A youth group was formed for like-minded young people to come together using digital platforms.

- Youth Basildon - The 6 month pilot project ended in August 2020 and a further year was granted to continue working with young people aged 11-16 years who had been absent from school for a minimum of 60 consecutive days due to mental ill health. 19 young people were supported.

Psychological Therapies

- Counselling and Groupwork Service - A British Association of Counselling and Psychotherapy (BACP) accredited counselling service. The service is based on an integrated approach, offering a confidential, non-judgemental, caring and safe environment, adhering to the Code of Confidentiality and Ethics as laid down by BACP. 944 people accessed the service, which includes bereavement counselling service clients.

- Multi Ethnic Counselling Service - To provide counselling to residents from the Black Asian and Minority Ethnic communities. 241 people accessed the service.

- Inclusion Thurrock Improving Access to Psychological Therapies (IAPT) and Recovery College - In partnership with Midlands Partnership NHS Foundation Trust, we provide psychological interventions using a stepped care approach that complies with The National Institute for Health and Care Excellence (NICE) guidelines.

- Recovery College - The Recovery College provides recovery-focused education and training courses across Thurrock and provides information that will help people to learn and give them the best chance of staying well and living the most fulfilling lives they can. People with lived experience of mental health issues (Peer Trainers) co-produced and co-deliver courses with staff.

Thurrock Advocacy Service

In partnership with Thurrock Lifestyle Solutions and Thurrock Centre for Independent Living to provide Care Act Advocacy to individuals from the following client groups: learning difficulty, mental health conditions, sensory impairments, acquired brain injury, Dementia, drug and alcohol, people who have substantial difficulty understanding relevant information, remembering information, using information to help them be involved in making decisions or communicating their views, wishes and feelings, and carers of all client groups. In addition, there is a form filling service. 596 people accessed the advocacy service.

Independent Mental Health Advocate

IMHA support is a legal right for patients detained under eligible sections of the Mental Health Act. An IMHA helps patients understand their rights under law and can ensure their views about their care and treatment are heard. 80 patients were supported by the IMHA.

Thurrock Carers Service

The service is provided in partnership with Thurrock Lifestyle Solutions and Thurrock Centre for Independent Living to provide information, advice and support to all adult unpaid carers of Thurrock residents. Information, Advice and Support was provided to 377 carers either by telephone, face to face, on a one to one basis, in one of the 9 support groups or from one of the 8 outreach centres in the localities of Thurrock.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021**

OBJECTIVES AND ACTIVITIES

Wellbeing Calls

- Essex Partnership University NHS Foundation Trust (EPUT) - Working collaboratively, EPUT identified high risk patients that with extra support through wellbeing calls on a regular basis could prevent relapse in their mental health, early signs of relapse are addressed promptly, and this can prevent hospitalisation. 41 people were supported during the first quarter of operation.

- GP Wellbeing Calls - This is part of the MSE Depression pathway. People prescribed anti-depressants are referred for 4 weeks of wellbeing calls. This will provide an opportunity for people to discuss their concerns regarding the medication and provide reassurance. It provides support during the period of time it takes for the medication to take effect. The service will go live on 1 April 2022.

Commercial Services

Thurrock and Brentwood Mind operates a Housing Project, Charity Shop, Gardening Project and Mind Talk. Services available are private counselling, and training.

Housing

Two of Thurrock and Brentwood Mind's properties are used for the housing project. These are;

- Koinonia House (9 units) which consists of four bedsits with en-suite plus three rooms with shared bathroom and toilet; all seven share the kitchen, lounge and utility room. The two self-contained flats also share the utility room.
- Bridge House which consists of 6 rooms with shared facilities.

17 tenants were supported. There was little housing available for tenants to move on during the year.

Charity Shop

The Charity Shop sells recycled goods, and also has a dedicated information corner where volunteers are able to provide members of the public with information on mental health and local services. Work placements and volunteering opportunities are available for service users and the wider community.

The pandemic had significant impact on this service.

Gardening - Stepping Stones

Throughout this year the project has held sessional activities, in line with Government guidance.

The pandemic had significant impact on this service.

Mind Talk

Provides Counselling, Hypnotherapy and Training.

- Counselling: This is a BACP accredited private counselling service, where all counsellors are qualified, and the client - pays a set fee. A first appointment is offered within 10 working days.
- Training: Mental Health First Aid for Adults or Youth.

The pandemic had significant impact on this service.

Volunteering

There is a range of volunteering opportunities at Thurrock and Brentwood Mind within the projects listed above. Volunteers are generally Thurrock residents with and without mental health problems. All volunteers receive Volunteer Core Training with additional project specific training according to their role. Volunteer Counsellors are either qualified or in their final year of training. The pandemic had significant impact on volunteering.

Operational Performance

Reports on operational and financial performance are measured by trustees on a quarterly basis, sent to funders and quarterly contract monitoring meetings with Commissioners take place.

THURROCK AND BRENTWOOD MIND (REGISTERED NUMBER: 05256793)

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021**

ACHIEVEMENT AND PERFORMANCE

Financial review and results for the year

A summary of the results for the year is given on page 14 of the financial statements.

Successful tendering with existing partners and the development of new partnerships has provided the organisation with contracts of a longer duration, and engaging with a wider audience. Working collaboratively with other organisations to develop new services and / or pathways that benefit the public in accessing support when they need it has kept Thurrock and Brentwood Mind at the forefront of developments.

Both the level of grants and the year-end financial position were satisfactory during 2020/21. The annual negotiations of grant levels for 2020/21 increased significantly compared to 2019/20. Agreements are constantly reviewed with funders to ensure continuation of services and the provision of funding for all projects. New partnership agreements with other local providers are in place and we will continue to work in partnership or collaboratively with other organisations and diversify our income sources.

The expenditure and income of the charity for the year is reported on the Statement of Financial Activities.

FINANCIAL REVIEW

Investment policy and objectives

The Committee have considered the investment requirements of the charity and has decided that uncommitted funds should be retained in banks and building societies and that any suggested changes to the banking arrangement should be agreed with them in advance. The Committee also feel that funds should be retained on interest bearing accounts wherever this is practical.

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021

FINANCIAL REVIEW

Reserves policy

Introduction

The policy is written in the light of the Charity Commissioners' guidance "Charities' Reserves" (CC19, January 2016)

Reserves are defined as "income which becomes available to the charity and is to be expended at the trustees' discretion in the furtherance of any of the charity's objectives (sometimes referred to as "general purposes" income); but which is not yet spent, committed or designated (i.e. is "free")" (para. 11).

The definition of reserves therefore excludes: permanent endowment; expendable endowment; restricted funds; designated funds; and income funds which could only be realised by disposing of fixed assets held for charity use (para. 11).

The reserves policy should cover as a minimum:

- the reason why the charity needs reserves;
- what level (or range) of reserves the trustees believe the charity needs;
- what steps the charity is going to take to establish or maintain reserves at the agreed level (or range); and
- arrangements for monitoring and reviewing the policy (para. 36).

Thurrock and Brentwood Mind's reserves

Thurrock and Brentwood Mind owns properties that are integral to the services provided to people experiencing emotional or mental distress. The investment in property is to enable services to remain sustainable in the long term. The organisation has a commitment to a long term mortgage and given the income required to build up reserves to meet the £682k, we do in effect have negative reserves.

Why Thurrock and Brentwood Mind needs reserves

Upkeep of premises - Thurrock and Brentwood Mind owns three properties; two are for the purpose of accommodation and one for offices and services. Thurrock and Brentwood Mind has decided it needs to have £20k available for emergency repairs and renovations in order that it could continue the services run from those properties.

Winding up the charity - Thurrock and Brentwood Mind has decided that, in the event of the organisation having to be wound up, it would need to have six months running costs (£774k) in reserves to allow for a proper running down.

Redundancy - Thurrock and Brentwood Mind has decided to keep a sum of £20k to cover redundancy.

A source of income ceases - Thurrock and Brentwood Mind has decided that it needs to keep £250k (the annual costs of its largest project) in reserves to allow for a year's running costs should the income for that project cease with no notice. One year would be needed to run the project whilst other sources of funding were sought.

The level of reserves the trustees believe Thurrock and Brentwood Mind needs as at 31 March 2021

Thurrock and Brentwood Mind's average monthly expenditure was £129k and this includes a monthly salary bill of around £98k. The agreed budget for expenditure for the first six months of 2021/22 totals £774k.

Taking the above into account, Thurrock and Brentwood Mind has decided to aim to keep reserves equivalent to six months expenditure (a sum of £774k).

Establishing and maintaining reserves at the agreed level - Thurrock and Brentwood Mind has agreed to aim for a reserves figure of £774k in cash or readily realisable assets. Currently, it has unrestricted, non designated reserves of £607k.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021**

FINANCIAL REVIEW

The current level of reserves (£607k), is below 6 months budgeted expenditure (£774k).

Monitoring and reviewing the reserves policy

This policy and financial detail will be reviewed annually by the Board of Trustees.

Having considered the overall position of reserves shown in the 2020/21 accounts the Board recognises that reserves are substantially lower than the expected level. The 2020/21 agreed budgets predict a very slight increase in reserves as a result of planned activities, however the Board recognised that restricted income levels mean that the reserves can only be built up over a period of several years. The Board understands that this continues to be an important aim, but does not think that the current position should restrict any of our present plans or activities.

Funds in deficit

Due to a transfer of unrestricted funds to restricted funds, no funds remain in deficit at the year end.

FUTURE PLANS

Future plans were considered in Thurrock and Brentwood Mind's Business Plan 2017-2022 to encompass the period ending on 31 March 2021. The plans were to:

- Maintain existing and develop new high quality services to respond to local need and national imperatives.
- Promote the services and use regular social media and the website to engage a wider audience.
- Maintain existing and attract new sources of income in addition to, developing our income generating projects further to assist in diversifying our income.
- Strengthen existing and build new partnerships to create new services and expand existing to a wider audience.
- Ensure that our staff, volunteers and service users are able to influence and shape how the organisation works and enable them to communicate with statutory bodies and the public on mental health issues.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Thurrock and Brentwood Mind is a company limited by guarantee governed by its Memorandum and Articles dated 4 December 2019. It is registered as a charity with the Charity Commission. Anyone over the age of 18 can become a member of the charity and there are currently 9 members, each of whom agrees to contribute £25 for an Organisational Membership, £3 for an individual.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Recruitment and appointment of new trustees

Thurrock and Brentwood Mind carries out its selection process of trustees following a process agreed by the Board of Trustees:

Stage 1

An information meeting is held with the Chief Executive Officer and/or Chair of the Board of Trustees with the following information given:-

- Annual report
- Terms of reference for the Board
- Job description of a trustee
- Information booklet on Management Committees
- Service information booklet
- Service leaflets
- Charity Commission trustee leaflet
- Volunteer trustee application form

If a volunteer wishes to proceed with becoming a trustee they have to complete and return their application form prior to election at the Annual General Meeting as below.

Stage 2

The Chair views applications received and if suitable, references are taken up and the person is informed of the nomination process.

Stage 3

A nomination form is completed giving a brief outline of relevant information and skills, and a proposer and a seconder is obtained. These forms need to be returned one week prior to the Annual General Meeting.

Stage 4

Nomination forms are taken forward for the election process at the Annual General Meeting.

All members of the Management Committee give their time voluntarily and received no benefits from the charity. Any expenses reclaimed from the charity are set out in note 9 to the accounts.

Induction and training of new trustees

Training opportunities are made available to trustees and specific training for specific roles is identified and a training log is kept for each trustee. The sources of training information are identified through the Charity Commission's newsletters, Thurrock Council for Voluntary Service and The National Association of Councils and Voluntary Services.

Risk management

The Executive Committee has conducted its own review of the major risks to which the charity may be exposed to and has set up systems to mitigate these risks. The organisation adopts a pro-active approach with a programme of risk management that aims to preserve its assets and reputation and to provide protection against preventable injury and loss to employees, volunteers, clients and the general public.

Organisational Management

An Executive Management Committee (Board of Trustees) consisting of trustees appointed at the Annual General Meeting runs the charity.

The organisation operates on the direction and oversight of this management team but employs a number of operating staff that undertakes the work involved in the running of the charity. A Chief Executive Officer (CEO) has overall responsibility for various projects that in turn have lead project managers. There is a Delegation of Authority Policy and Control Procedures in place.

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

05256793 (England and Wales)

Registered Charity number

1106452

Registered office

152 Bridge Road

Grays

Essex

RM17 6DB

Trustees

D J Noble Chairperson

A P Harmer Vice Chairperson

J Lyons

Mrs S Lyons

Mrs P Wright

Mrs S M Lyons (resigned 31/3/2021)

Mrs K Hunter

Senior Management

Mrs L Morgan

W Robertson

Chief Executive Officer

Deputy Chief Executive Officer

Company Secretary

Mrs S Lyons

Auditors

Goldwyns Limited

Statutory Auditors and Chartered Accountants

Rutland House

90-92 Baxter Avenue

Southend on Sea

Essex

SS2 6HZ

Solicitors

M Reynolds Partnership, 24 London Road, Grays, Essex, RM17 5XY.

Bankers

Barclays Bank Plc, 9 High Street, Grays, Essex, RM17 6NL.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021**

STATEMENT OF TRUSTEES' RESPONSIBILITIES

Statement of Committee Members'/Directors' Responsibilities

The Trustees (who are also directors of Thurrock and Brentwood Mind for the purposes of company law) are responsible for preparing the report of the Management Committee and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Management Committee to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure of the charitable company, for the year. In preparing these financial statements, the Management Committee are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities Statement of Recommended Practice (SORP);
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements.
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The Management Committee is responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable it to ensure that the financial statements comply with the Companies Act 2006. It is also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Statement as to Disclosure of Information to Auditors

So far as the committee members/directors are aware, there is no relevant audit information of which the charitable company's auditors are unaware, and each director has taken all the steps that he or she ought to have taken as a director in order to make himself or herself aware of any relevant audit information and to establish that the company's auditors are aware of that information.

AUDITORS

The auditors, Goldwyns Limited, will be proposed for re-appointment at the forthcoming Annual General Meeting.

Approved by order of the board of trustees on 23 March 2022 and signed on its behalf by:

Mrs S Lyons - Secretary

REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF THURROCK AND BRENTWOOD MIND

Opinion

We have audited the financial statements of Thurrock and Brentwood Mind (the 'charitable company') for the year ended 31 March 2021 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2021 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees has been prepared in accordance with applicable legal requirements.

REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF THURROCK AND BRENTWOOD MIND

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Report of the Trustees.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to take advantage of the small companies exemption from the requirement to prepare a Strategic Report or in preparing the Report of the Trustees.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Our responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud.

In order to address the risks of misstatements in respect of irregularities, including fraud, we have:

- obtained an understanding of the key laws and regulations applicable to the charitable company, including the Companies Act 2006, the Charities Act 2011, and applicable taxation legislation;
- assessed the charitable company's own internal controls and systems for the prevention and detection of irregularities and particularly the control environment within which they operate;
- determined a materiality level and audit approach sufficient to identify most irregularities, including fraud, that may occur;
- considered our own involvement in the preparation of the charitable company's statutory financial statements;
- conducted audit verification work, on a sample basis, on the key audit areas and risks we have identified; and
- reflected on the outcome of our work, and the likelihood that conclusions drawn may be indicative of other areas of potential irregularity.

We therefore consider our audit approach has been sufficient to detect material irregularities, including fraud.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

**REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF
THURROCK AND BRENTWOOD MIND**

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

S T Blundell FCA (Senior Statutory Auditor)
for and on behalf of Goldwyns Limited
Statutory Auditors and Chartered Accountants
Rutland House
90-92 Baxter Avenue
Southend on Sea
Essex
SS2 6HZ

24 March 2022

THURROCK AND BRENTWOOD MIND

**STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2021**

	Notes	Unrestricted funds £	Restricted funds £	2021 Total funds £	2020 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	26,318	154	26,472	29,298
Charitable activities	5				
Main activity		65,301	1,544,325	1,609,626	833,423
Other trading activities	3	100,268	7	100,275	164,849
Investment income	4	136	-	136	298
Other income		13,078	-	13,078	5,676
Total		<u>205,101</u>	<u>1,544,486</u>	<u>1,749,587</u>	<u>1,033,544</u>
EXPENDITURE ON					
Raising funds		-	-	-	-
Charitable activities	6				
Main activity		151,633	1,396,475	1,548,108	1,021,089
Total		<u>151,633</u>	<u>1,396,475</u>	<u>1,548,108</u>	<u>1,021,089</u>
NET INCOME		<u>53,468</u>	<u>148,011</u>	<u>201,479</u>	<u>12,455</u>
Transfers between funds	21	<u>11,531</u>	<u>(11,531)</u>	<u>-</u>	<u>-</u>
Net movement in funds		<u>64,999</u>	<u>136,480</u>	<u>201,479</u>	<u>12,455</u>
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>541,680</u>	<u>3,145</u>	<u>544,825</u>	<u>532,370</u>
TOTAL FUNDS CARRIED FORWARD		<u><u>606,679</u></u>	<u><u>139,625</u></u>	<u><u>746,304</u></u>	<u><u>544,825</u></u>

The notes form part of these financial statements

THURROCK AND BRENTWOOD MIND (REGISTERED NUMBER: 05256793)

**BALANCE SHEET
31 MARCH 2021**

	Notes	Unrestricted funds £	Restricted funds £	2021 Total funds £	2020 Total funds £
FIXED ASSETS					
Intangible assets	12	-	600	600	2,140
Tangible assets	13	1,199,117	-	1,199,117	1,229,065
		<u>1,199,117</u>	<u>600</u>	<u>1,199,717</u>	<u>1,231,205</u>
CURRENT ASSETS					
Stocks	14	300	-	300	300
Debtors	15	4,340	230,023	234,363	66,038
Cash at bank and in hand		109,830	91,033	200,863	98,695
		<u>114,470</u>	<u>321,056</u>	<u>435,526</u>	<u>165,033</u>
CREDITORS					
Amounts falling due within one year	16	(50,981)	(181,429)	(232,410)	(167,674)
		<u>63,489</u>	<u>139,627</u>	<u>203,116</u>	<u>(2,641)</u>
NET CURRENT ASSETS					
		<u>63,489</u>	<u>139,627</u>	<u>203,116</u>	<u>(2,641)</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		1,262,606	140,227	1,402,833	1,228,564
CREDITORS					
Amounts falling due after more than one year	17	(655,926)	(603)	(656,529)	(683,739)
		<u>606,680</u>	<u>139,624</u>	<u>746,304</u>	<u>544,825</u>
NET ASSETS					
		<u>606,680</u>	<u>139,624</u>	<u>746,304</u>	<u>544,825</u>
FUNDS	21				
Unrestricted funds				606,680	541,680
Restricted funds				139,624	3,145
TOTAL FUNDS				<u>746,304</u>	<u>544,825</u>

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 23 March 2022 and were signed on its behalf by:

D J Noble - Trustee

The notes form part of these financial statements

THURROCK AND BRENTWOOD MIND

**CASH FLOW STATEMENT
FOR THE YEAR ENDED 31 MARCH 2021**

	Notes	2021 £	2020 £
Cash flows from operating activities			
Cash generated from operations	1	147,316	150,924
Net cash provided by operating activities		<u>147,316</u>	<u>150,924</u>
Cash flows from investing activities			
Purchase of tangible fixed assets		-	(101,931)
Net cash provided by/(used in) investing activities		<u>-</u>	<u>(101,931)</u>
Cash flows from financing activities			
Loan repayments in year		(45,148)	(45,148)
Net cash used in financing activities		<u>(45,148)</u>	<u>(45,148)</u>
Change in cash and cash equivalents in the reporting period		<u>102,168</u>	<u>3,845</u>
Cash and cash equivalents at the beginning of the reporting period		<u>98,695</u>	<u>94,850</u>
Cash and cash equivalents at the end of the reporting period		<u><u>200,863</u></u>	<u><u>98,695</u></u>

The notes form part of these financial statements

THURROCK AND BRENTWOOD MIND

**NOTES TO THE CASH FLOW STATEMENT
FOR THE YEAR ENDED 31 MARCH 2021**

1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2021 £	2020 £
Net income for the reporting period (as per the Statement of Financial Activities)	201,479	12,455
Adjustments for:		
Depreciation charges	31,487	35,624
Interest paid	18,756	25,625
Increase in debtors	(168,326)	(30,821)
Increase in creditors	63,920	108,041
Net cash provided by operations	<u>147,316</u>	<u>150,924</u>

2. ANALYSIS OF CHANGES IN NET DEBT

	At 1/4/20 £	Cash flow £	At 31/3/21 £
Net cash			
Cash at bank and in hand	98,695	102,168	200,863
	<u>98,695</u>	<u>102,168</u>	<u>200,863</u>
Debt			
Debts falling due within 1 year	(24,946)	(816)	(25,762)
Debts falling due after 1 year	(683,739)	27,210	(656,529)
	<u>(708,685)</u>	<u>26,394</u>	<u>(682,291)</u>
Total	<u>(609,990)</u>	<u>128,562</u>	<u>(481,428)</u>

The notes form part of these financial statements

THURROCK AND BRENTWOOD MIND

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The charity is limited by guarantee and is incorporated in the UK.

The place of business is at the registered office which can be located in the trustees' report.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Intangible fixed assets

Amortisation is provided at the following annual rate in order to write off each asset over its estimated useful life.

Computer software	- Straight line over 5 years
-------------------	------------------------------

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold property	- Straight line over 15 years and Straight line over 50 years
Improvements to property	- Over remaining period of lease
Fixtures and fittings	- 50% on cost and 25% on cost
Motor vehicles	- 25% on cost

It is the charity's general policy to capitalise items costing over £250.

Stocks

Stocks at the year-end represent a small amount of stocks held for re-sale and have been valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Taxation

HM Revenue and Customs have confirmed that the charity is exempt from Income and Corporation Taxes on its investment and trading income because of its charitable status and therefore no provision for taxation has been made in the financial statements.

Fund accounting

Restricted funds are grants and contracts awarded for specific purposes as laid down by the donor. Expenditure that meets these specific purposes is matched against grant income and allocated over the appropriate cost centres.

THURROCK AND BRENTWOOD MIND

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2021

1. ACCOUNTING POLICIES - continued

Fund accounting

Unrestricted funds comprise other income received or generated for charitable purposes but which may be spent at the discretion of the Management Team.

Designated funds are those unrestricted funds that have been earmarked by the Trustees for particular purposes.

Operating leases

Rentals payable under operating leases are charged to the Statement of Financial Activities as incurred over the term of the lease.

Donated goods

Goods donated are included at their market value at the date of the donation.

2. DONATIONS AND LEGACIES

	2021	2020
	£	£
Donations	26,431	29,278
Subscriptions	41	20
	<u>26,472</u>	<u>29,298</u>

3. OTHER TRADING ACTIVITIES

	2021	2020
	£	£
Services rendered	80,919	68,512
Sales	7,543	53,110
Private counselling	7,615	23,585
Client activities	-	418
Fund raising	3,058	3,677
Training	1,140	15,547
	<u>100,275</u>	<u>164,849</u>

4. INVESTMENT INCOME

	2021	2020
	£	£
Bank interest received	<u>136</u>	<u>298</u>

Investment income arises from money held in interest bearing bank accounts.

THURROCK AND BRENTWOOD MIND

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021**

5. INCOME FROM CHARITABLE ACTIVITIES

		2021 £	2020 £
Management fees	Activity	12,680	8,239
Grants	Main activity	1,596,946	825,184
		<u>1,609,626</u>	<u>833,423</u>

Grants received, included in the above, are as follows:

	2021 £	2020 £
IMHA	12,854	14,922
Counselling	221,756	175,060
IAPT	172,464	163,269
Day Services	41,581	37,181
Stepping Stones (formerly Garden Project)	3,000	1,000
World of Work	-	6,750
Peer Support	51,500	50,790
Recovery College	1,241	-
Positive Pathways - Adult	64,170	27,405
PHB Assessments	3,089	5,823
Positive Pathways - Youth	-	24,176
Peer Trainers	39,670	56,263
Carers Service	142,204	132,493
Thurrock Advocacy Service	88,268	72,632
Peerfest	-	2,522
Koinonia Building Grant	-	6,500
Employment Advisor	35,849	12,174
Crisis Sanctuary	253,891	13,199
Youth Worker	51,637	13,023
Open Dialogue	42,338	10,002
Charity Shop	30,000	-
Management and Development	22,622	-
MECS	47,000	-
Helpdesk	20,064	-
Befriendly and Mentoring Digital Worker	43,623	-
ECF-iWill	5,000	-
Housing Manager	50,000	-
Youth Transition Worker	34,302	-
EPUT Wellbeing Calls	48,000	-
EPUT Winter Pressure	35,000	-
GP Wellbeing Calls	35,823	-
	<u>1,596,946</u>	<u>825,184</u>

THURROCK AND BRENTWOOD MIND

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021**

6. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 7) £	Totals £
Main activity	1,288,775	259,333	1,548,108

7. SUPPORT COSTS

	Management £	Governance costs £	Totals £
Main activity	240,255	19,078	259,333

Support costs, included in the above, are as follows:

Management

	2021 Main activity £	2020 Total activities £
Hire of equipment	1,251	2,796
Rates and water	11,271	6,515
Insurance	6,884	7,860
Light and heat	20,096	15,812
Telephone	14,360	11,149
Postage and stationery	8,364	12,235
Advertising	6,315	7,273
Sundries	237	1,351
Rent of premises	30,607	35,147
Repairs and renewals	22,679	11,496
Recruitment	1,674	3,073
Information technology	64,296	24,896
Publications and subscriptions	2,944	3,044
Financial charges	17,790	22,303
Depreciation of tangible and heritage assets	31,487	35,624
	<u>240,255</u>	<u>200,574</u>

Governance costs

	2021 Main activity £	2020 Total activities £
Auditors' remuneration	5,759	5,999
Promotional expenditure	1,411	1,636
Legal costs and consultation	11,908	10,240
	<u>19,078</u>	<u>17,875</u>

THURROCK AND BRENTWOOD MIND

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2021

8. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2021	2020
	£	£
Auditors' remuneration	5,759	5,999
Depreciation - owned assets	29,948	34,352
Hire of plant and machinery	1,251	2,796
Computer software amortisation	1,540	1,539
	<u> </u>	<u> </u>

9. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2021 nor for the year ended 31 March 2020.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2021 nor for the year ended 31 March 2020.

10. STAFF COSTS

	2021	2020
	£	£
Wages and salaries	1,057,122	628,380
Social security costs	88,869	48,630
Other pension costs	28,542	19,295
	<u> </u>	<u> </u>
	<u>1,174,533</u>	<u>696,305</u>

The average monthly number of employees during the year was as follows:

	2021	2020
Charitable activities	43	36
Charity shop	3	3
Cleaning	1	1
Administration	3	3
Finance	1	1
Senior management	2	2
	<u> </u>	<u> </u>
	<u>53</u>	<u>46</u>

The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

	2021	2020
£60,001 - £70,000	-	1
£70,001 - £80,000	1	-
	<u> </u>	<u> </u>
	<u>1</u>	<u>1</u>

During the year, the total remuneration paid to key management personnel was £132,867 (2020 - £104,080)

THURROCK AND BRENTWOOD MIND

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021**

11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	20,092	9,206	29,298
Charitable activities			
Main activity	14,738	818,685	833,423
Other trading activities	163,743	1,106	164,849
Investment income	298	-	298
Other income	5,406	270	5,676
Total	204,277	829,267	1,033,544
EXPENDITURE ON			
Raising funds	-	-	-
Charitable activities			
Main activity	189,330	831,759	1,021,089
Total	189,330	831,759	1,021,089
NET INCOME/(EXPENDITURE)	14,947	(2,492)	12,455
Transfers between funds	(111,481)	111,481	-
Net movement in funds	(96,534)	108,989	12,455
RECONCILIATION OF FUNDS			
Total funds brought forward	638,206	(105,836)	532,370
TOTAL FUNDS CARRIED FORWARD	541,672	3,153	544,825

THURROCK AND BRENTWOOD MIND

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021**

12. INTANGIBLE FIXED ASSETS

	Computer software £
COST	
At 1 April 2020 and 31 March 2021	7,690
AMORTISATION	
At 1 April 2020	5,550
Charge for year	1,540
At 31 March 2021	7,090
NET BOOK VALUE	
At 31 March 2021	600
At 31 March 2020	2,140

13. TANGIBLE FIXED ASSETS

	Freehold property £	Improvements to property £	Fixtures and fittings £	Motor vehicles £	Totals £
COST					
At 1 April 2020 and 31 March 2021	1,075,938	258,715	129,634	8,700	1,472,987
DEPRECIATION					
At 1 April 2020	104,160	12,585	120,652	6,525	243,922
Charge for year	15,105	8,391	4,278	2,174	29,948
At 31 March 2021	119,265	20,976	124,930	8,699	273,870
NET BOOK VALUE					
At 31 March 2021	956,673	237,739	4,704	1	1,199,117
At 31 March 2020	971,778	246,130	8,982	2,175	1,229,065

Included in cost of freehold property is land of £213,718 (2020 - £213,718) which is not depreciated.

THURROCK AND BRENTWOOD MIND

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021**

14. STOCKS

	2021	2020
	£	£
Stocks	300	300
	<u>300</u>	<u>300</u>

15. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021	2020
	£	£
Amounts recoverable on contract	180,672	58,398
Prepayments and accrued income	53,691	7,640
	<u>234,363</u>	<u>66,038</u>

16. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021	2020
	£	£
Bank loans and overdrafts (see note 18)	25,762	24,946
Trade creditors	21,995	22,974
Social security and other taxes	39,754	18,515
Other creditors	7,482	5,739
Accruals and deferred income	137,417	95,500
	<u>232,410</u>	<u>167,674</u>

Income relating to contracts for long term provision of services and projects is deferred and released when the services are provided. Deferred income at the year ended 31 March 2021 was £123,632 (2020 - £84,145).

17. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR

	2021	2020
	£	£
Bank loans (see note 18)	656,529	683,739
	<u>656,529</u>	<u>683,739</u>

18. LOANS

An analysis of the maturity of loans is given below:

	2021	2020
	£	£
Amounts falling due within one year	25,762	24,946
Amounts falling due between one and two years	26,335	25,674
Amounts falling due between two and five years	271,926	272,704
Amounts falling due in more than five years	358,268	385,361
	<u>682,291</u>	<u>708,685</u>

THURROCK AND BRENTWOOD MIND

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021**

19. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	2021 £	2020 £
Within one year	24,000	24,000
Between one and five years	48,000	72,000
	<u>72,000</u>	<u>96,000</u>

20. SECURED DEBTS

The following secured debts are included within creditors:

	2021 £	2020 £
Bank loans	<u>682,291</u>	<u>708,685</u>

The bank loans are secured by a first legal charge over the charity's freehold properties.

THURROCK AND BRENTWOOD MIND

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021**

21. MOVEMENT IN FUNDS

	At 1/4/20 £	Net movement in funds £	Transfers between funds £	At 31/3/21 £
Unrestricted funds				
General fund	(6,104)	53,469	11,531	58,896
Designated Capital	3,873	-	-	3,873
Designated Fixed Asset	543,911	-	-	543,911
	<u>541,680</u>	<u>53,469</u>	<u>11,531</u>	<u>606,680</u>
Restricted funds				
IMHA	-	(1,330)	1,330	-
Counselling	-	248	(248)	-
IAPT	-	1,803	(1,803)	-
Day Services Project	-	7,123	(7,123)	-
Stepping Stones	-	(148)	148	-
Carers Service	-	(288)	288	-
Peer Support	-	(148)	148	-
Recovery College	-	104	1,137	1,241
Work Placement Facilitator from Coombeewood Amenity Fund	42	-	(42)	-
Thurrock Advocacy	-	(314)	314	-
PHB Assessments	-	5	(5)	-
Positive Pathways Adult	-	171	(171)	-
Peer Trainers	621	3,193	(3,814)	-
Employment Advisor	311	221	(532)	-
Youth Coach Basildon	128	7,910	(278)	7,760
Open Dialogue	1,739	74	(1,813)	-
Crisis Sanctuary	304	3,172	(3,476)	-
Housing Manager	-	16,667	-	16,667
Befriending and Mentoring Digital Worker	-	12,118	-	12,118
ECF-iWill	-	4,553	-	4,553
EPUT Wellbeing Calls	-	27,468	-	27,468
EPUT Winter Pressure	-	28,767	-	28,767
GP Wellbeing Calls	-	35,823	-	35,823
Helpdesk	-	(1)	1	-
MECS	-	5,227	-	5,227
Youth Transition Worker	-	(4,408)	4,408	-
	<u>3,145</u>	<u>148,010</u>	<u>(11,531)</u>	<u>139,624</u>
TOTAL FUNDS	<u>544,825</u>	<u>201,479</u>	<u>-</u>	<u>746,304</u>

THURROCK AND BRENTWOOD MIND

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021**

21. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	205,102	(151,633)	53,469
Restricted funds			
IMHA	12,856	(14,186)	(1,330)
Counselling	221,886	(221,638)	248
IAPT	172,466	(170,663)	1,803
Day Services Project	41,581	(34,458)	7,123
Stepping Stones	3,009	(3,157)	(148)
Carers Service	142,203	(142,491)	(288)
Peer Support	51,498	(51,646)	(148)
Recovery College	1,240	(1,136)	104
Thurrock Advocacy	88,288	(88,602)	(314)
PHB Assessments	3,090	(3,085)	5
Positive Pathways Adult	64,170	(63,999)	171
Peer Trainers	39,670	(36,477)	3,193
Employment Advisor	35,850	(35,629)	221
Youth Coach Basildon	51,636	(43,726)	7,910
Open Dialogue	42,338	(42,264)	74
Crisis Sanctuary	253,892	(250,720)	3,172
Housing Manager	50,000	(33,333)	16,667
Befriending and Mentoring Digital Worker	43,624	(31,506)	12,118
ECF-iWill	5,000	(447)	4,553
EPUT Wellbeing Calls	48,000	(20,532)	27,468
EPUT Winter Pressure	35,000	(6,233)	28,767
GP Wellbeing Calls	35,823	-	35,823
Helpdesk	20,063	(20,064)	(1)
MECS	47,000	(41,773)	5,227
Youth Transition Worker	34,302	(38,710)	(4,408)
	<u>1,544,485</u>	<u>(1,396,475)</u>	<u>148,010</u>
TOTAL FUNDS	<u><u>1,749,587</u></u>	<u><u>(1,548,108)</u></u>	<u><u>201,479</u></u>

THURROCK AND BRENTWOOD MIND

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021**

21. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1/4/19 £	Net movement in funds £	Transfers between funds £	At 31/3/20 £
Unrestricted funds				
General fund	90,422	14,955	(111,481)	(6,104)
Designated Capital	3,873	-	-	3,873
Designated Fixed Asset	543,911	-	-	543,911
	<u>638,206</u>	<u>14,955</u>	<u>(111,481)</u>	<u>541,680</u>
Restricted funds				
IMHA	(2,970)	(93)	3,063	-
Counselling	(447)	(128)	575	-
IAPT	(2,116)	(3)	2,119	-
Day Services Project	(56,649)	650	55,999	-
Stepping Stones	(29,946)	(3,727)	33,673	-
Carers Service	(5,970)	(820)	6,790	-
Ecotherapy	(619)	-	619	-
Peer Support	(1,397)	48	1,349	-
Recovery College	(1,822)	36	1,786	-
Work Placement Facilitator from Coombeewood Amenity Fund	42	-	-	42
World of Work	(52)	(53)	105	-
AIM	(477)	-	477	-
Thurrock Advocacy	(1,558)	(687)	2,245	-
Beautiful Minds	1,430	(3,287)	1,857	-
Positive Pathways Adult	(225)	90	135	-
Peer Trainers	(6)	627	-	621
Positive Pathways Youth	(34)	(85)	119	-
Peerfest	(3,020)	2,450	570	-
Employment Advisor	-	311	-	311
Youth Coach Basildon	-	128	-	128
Open Dialogue	-	1,739	-	1,739
Crisis Sanctuary	-	304	-	304
	<u>(105,836)</u>	<u>(2,500)</u>	<u>111,481</u>	<u>3,145</u>
TOTAL FUNDS	<u>532,370</u>	<u>12,455</u>	<u>-</u>	<u>544,825</u>

THURROCK AND BRENTWOOD MIND

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021**

21. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	204,278	(189,323)	14,955
Restricted funds			
IMHA	14,923	(15,016)	(93)
Counselling	176,480	(176,608)	(128)
IAPT	163,540	(163,543)	(3)
Day Services Project	38,140	(37,490)	650
Stepping Stones	1,356	(5,083)	(3,727)
Carers Service	140,060	(140,880)	(820)
Peer Support	50,792	(50,744)	48
Recovery College	-	36	36
World of Work	6,749	(6,802)	(53)
Thurrock Advocacy	72,634	(73,321)	(687)
Beautiful Minds	-	(3,287)	(3,287)
PHB Assessments	5,823	(5,823)	-
Positive Pathways Adult	27,406	(27,316)	90
Peer Trainers	56,264	(55,637)	627
Positive Pathways Youth	24,178	(24,263)	(85)
Peerfest	2,522	(72)	2,450
Employment Advisor	12,174	(11,863)	311
Youth Coach Basildon	13,023	(12,895)	128
Open Dialogue	10,002	(8,263)	1,739
Crisis Sanctuary	13,200	(12,896)	304
	<u>829,266</u>	<u>(831,766)</u>	<u>(2,500)</u>
TOTAL FUNDS	<u><u>1,033,544</u></u>	<u><u>(1,021,089)</u></u>	<u><u>12,455</u></u>

THURROCK AND BRENTWOOD MIND

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021**

21. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/4/19 £	Net movement in funds £	Transfers between funds £	At 31/3/21 £
Unrestricted funds				
General fund	90,422	68,424	(99,950)	58,896
Designated Capital	3,873	-	-	3,873
Designated Fixed Asset	543,911	-	-	543,911
	<u>638,206</u>	<u>68,424</u>	<u>(99,950)</u>	<u>606,680</u>
Restricted funds				
IMHA	(2,970)	(1,423)	4,393	-
Counselling	(447)	120	327	-
IAPT	(2,116)	1,800	316	-
Day Services Project	(56,649)	7,773	48,876	-
Stepping Stones	(29,946)	(3,875)	33,821	-
Carers Service	(5,970)	(1,108)	7,078	-
Ecotherapy	(619)	-	619	-
Peer Support	(1,397)	(100)	1,497	-
Recovery College	(1,822)	140	2,923	1,241
Work Placement Facilitator from Coombeewood Amenity Fund	42	-	(42)	-
World of Work	(52)	(53)	105	-
AIM	(477)	-	477	-
Thurrock Advocacy	(1,558)	(1,001)	2,559	-
Beautiful Minds	1,430	(3,287)	1,857	-
PHB Assessments	-	5	(5)	-
Positive Pathways Adult	(225)	261	(36)	-
Peer Trainers	(6)	3,820	(3,814)	-
Positive Pathways Youth	(34)	(85)	119	-
Peerfest	(3,020)	2,450	570	-
Employment Advisor	-	532	(532)	-
Youth Coach Basildon	-	8,038	(278)	7,760
Open Dialogue	-	1,813	(1,813)	-
Crisis Sanctuary	-	3,476	(3,476)	-
Housing Manager	-	16,667	-	16,667
Befriending and Mentoring Digital Worker	-	12,118	-	12,118
ECF-iWill	-	4,553	-	4,553
EPUT Wellbeing Calls	-	27,468	-	27,468
EPUT Winter Pressure	-	28,767	-	28,767
GP Wellbeing Calls	-	35,823	-	35,823
Helpdesk	-	(1)	1	-
MECS	-	5,227	-	5,227
Youth Transition Worker	-	(4,408)	4,408	-
	<u>(105,836)</u>	<u>145,510</u>	<u>99,950</u>	<u>139,624</u>
TOTAL FUNDS	<u>532,370</u>	<u>213,934</u>	<u>-</u>	<u>746,304</u>

THURROCK AND BRENTWOOD MIND

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021**

21. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	409,380	(340,956)	68,424
Restricted funds			
IMHA	27,779	(29,202)	(1,423)
Counselling	398,366	(398,246)	120
IAPT	336,006	(334,206)	1,800
Day Services Project	79,721	(71,948)	7,773
Stepping Stones	4,365	(8,240)	(3,875)
Carers Service	282,263	(283,371)	(1,108)
Peer Support	102,290	(102,390)	(100)
Recovery College	1,240	(1,100)	140
World of Work	6,749	(6,802)	(53)
Thurrock Advocacy	160,922	(161,923)	(1,001)
Beautiful Minds	-	(3,287)	(3,287)
PHB Assessments	8,913	(8,908)	5
Positive Pathways Adult	91,576	(91,315)	261
Peer Trainers	95,934	(92,114)	3,820
Positive Pathways Youth	24,178	(24,263)	(85)
Peerfest	2,522	(72)	2,450
Employment Advisor	48,024	(47,492)	532
Youth Coach Basildon	64,659	(56,621)	8,038
Open Dialogue	52,340	(50,527)	1,813
Crisis Sanctuary	267,092	(263,616)	3,476
Housing Manager	50,000	(33,333)	16,667
Befriending and Mentoring Digital Worker	43,624	(31,506)	12,118
ECF-iWill	5,000	(447)	4,553
EPUT Wellbeing Calls	48,000	(20,532)	27,468
EPUT Winter Pressure	35,000	(6,233)	28,767
GP Wellbeing Calls	35,823	-	35,823
Helpdesk	20,063	(20,064)	(1)
MECS	47,000	(41,773)	5,227
Youth Transition Worker	34,302	(38,710)	(4,408)
	<u>2,373,751</u>	<u>(2,228,241)</u>	<u>145,510</u>
TOTAL FUNDS	<u><u>2,783,131</u></u>	<u><u>(2,569,197)</u></u>	<u><u>213,934</u></u>

THURROCK AND BRENTWOOD MIND

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021**

22. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2021.

23. PENSION COSTS

The company operates defined contribution pension schemes. The assets of the schemes are held separately from those of the company in independently administered funds. The pension cost charges representing contributions payable by the company to the funds amounted to £28,542 (2020 - £19,295). At the balance sheet date contributions of £7,478 (2020 - £4,077) were outstanding. The full balance was paid after the year end.