

REGISTERED COMPANY NUMBER: 04673165 (England and Wales)
REGISTERED CHARITY NUMBER: 1106379

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE PERIOD 1 APRIL 2019 TO
30 SEPTEMBER 2020
FOR
FOLLOW YOUR DREAMS LIMITED**

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FOLLOW YOUR DREAMS LIMITED

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FOR THE PERIOD 1 APRIL 2019 TO 30 SEPTEMBER 2020**

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FOLLOW YOUR DREAMS LIMITED

CHIEF EXECUTIVE'S REPORT FOR THE PERIOD 1 APRIL 2019 TO 30 SEPTEMBER 2020

What a year! The past year or so has seen us go through turbulent times, totally unprecedented which we had never even contemplated possible in our strategic or operational plans.

The flooding in South Wales had a negative effect on our charity income during February 2020 and then we were faced with all our income streams stopping with the COVID-19 pandemic. Fundraising events were cancelled, our charity and coffee shops closed, presenting me with the greatest challenge in the time with Follow Your Dreams. Our utmost priority was always to keep our staff, volunteers, families and customers safe.

It was necessary to furlough all our staff with the exception of myself and then make the awful decision to make staff redundant. We are incredibly grateful for their dedication to our charity and for their understanding of the dreadful situation we were faced with. I continued working every single hour possible and was supported by two lead volunteers who gave a full-time commitment Pam Volausek (our Chair of Trustees) and Emma Lewis. I am indebted to them and will never forget the support they have given, both to me and our Charity, and continue to provide with all our online sessions.

We are grateful to our amazing supporters who have endeavoured to fundraise during this time for those who were able to do our Annual Sky Dive. We decided to change our end of year accounting date to align with our membership scheme and aid our response to the Covid19 pandemic.

As we go forward, we analyse what we have learned, what we have achieved and how we can best help our families in the future.

Our small team of staff and all our volunteers now work remotely. We are grateful to our landlords for allowing early exit from our leases at Gwynfa House and Rosie's, and also to the suppliers who wrote off outstanding balances. We are hugely grateful to Pontyclun Van Hire for their support in accommodating our charity in small offices with a rent-free period, and for providing us with a lorry to move. I am grateful to the very small team who facilitated the closure of Rosie's and the move from our head office. This was a task made all the more difficult by the social distancing regulations. Fast forward to today, we are now confident our overheads are at a bare minimum. Our offices are small, we will fully utilise home working in the future, our staff costs are at the lowest needed to operate, and we look forward to expanding our volunteer network.

I am immensely proud of our dedicated and hardworking small team of staff who strive continuously to go the extra mile through their passion for helping children and young people with learning disabilities. Never has a year shown by so many families feedback that our work is vital, children and young people with learning disabilities not just want but need our support, the vast majority not receiving support from any other charity or organisation.

I would like to thank Circus Starr, St. David's Shopping Centre and Co-op Food Stores Wales for our continued partnerships. Also, those who have donated either goods, services, time and money, our incredible volunteers and hardworking team of employed staff, our Ambassadors, our Patrons, our Trustees and our families we work with.

And finally, my thanks go to the children and young people themselves who inspire us to serve and support them, to lead fulfilling lives and follow their dreams.



Diane Blackmore
Chief Executive

FOLLOW YOUR DREAMS LIMITED

REPORT OF THE TRUSTEES FOR THE PERIOD 1 APRIL 2019 TO 30 SEPTEMBER 2020

The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the period 1 April 2019 to 30 September 2020. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Follow Your Dreams was set up "To help people with learning disabilities by such charitable means as the trustees determine from time to time in particular but not exclusively by sponsorship".

The trustees can confirm that they have complied with the duty in Section 17 of the Charities Act 2011 to have due regard to public benefit guidance published by the Commission. Significant activities that we undertook during the year that demonstrate public benefit are set out in the following pages.

COVID19 RESPONSE

Our charity has gone from operating Monday to Friday 9am to 5pm with occasional family contact outside of these hours, and mainly through organised sessions and groups, to now supporting families pretty much 24/7, families identified to be the most vulnerable by Government and at high risk. In our experience these are also financially vulnerable, some without any means to engage in technology, without printers etc

Since the pandemic started, we rapidly changed our charitable activities, in line with our constitution, to:

- Provide regular zoom sessions for children with disabilities and siblings, with professional entertainers who are DBS checked and teaching qualified
- Provide regular zoom sessions for young adults with disabilities covering subjects such as crafts, karaoke, bingo and general social interaction
- Weekly bingo, bringing young and older people together for fun and social interaction, and some undercover learning with numbers
- Weekly disco, karaoke and party sessions for fun and social interaction
- Advice and support to parents, carers and guardians – 24/7 by telephone, messenger and online. We are looking to provide a live online chat facility
- Sent out over 3000 activity packs including adult colouring, word search, quiz, arts and crafts
- Improved our Safeguarding Policies to take into consideration new online activity and technology

Our participants consist of children, young people and older adults with mainly learning disabilities, but some with physical disabilities. Also, siblings, young carers, carers, parents and guardians. Due to the unprecedented times, we also reached out to older people with learning disabilities to include them in our activities and received many referrals from local councils throughout England and Wales.

We have needed to enhance our digital policies and procedures, enhance security, and need to focus on enhanced IT. The key risks are contact with members for deliveries, which we have addressed with the provision of PPE and social distancing guidelines. Also, security risks for online presence, we have increased our online protection in full consultation with our IT company, and ensured all online meetings are not made public and password accessed. We also have ensured our staff have been increased with volunteer presence for all sessions, and at least doubled to our normal staff/volunteer ratios for charitable activities.

Some feedback received:

"We are so grateful to all you've done since the start of the pandemic. Your weekly activities have become the structure and routine he badly craved and needed once schools closed, and they give him something to look forward to. It's helped us no end with supporting us through isolation as my son was shielding. He also really enjoyed getting his own post in the form of the wonderful activity packs and other things you sent out. Thank you so much!" Elinor, Bridgend

I'm a mum of a daughter Amy who's 23 and has extremely complex needs, her mental health throughout the year has been a constant battle and one of our biggest worries. What Follow Your Dreams offer is a lifeline, an olive branch of support, that feeling you're not on your own, it's actually okay to be sad. We would be lost without the activities provided by Follow Your Dreams, and life would be much more difficult. Amy is happy and we can both re-charge as a family we have definitely found our happy place. Without you supporting the Charity, Life would be so sad and bleak but its wonderful thanks to people like you. Thank you" Kerrie, Gwent

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"Follow your Dreams have provided our children with amazing experiences over the lockdown period where disabled children's whole routine have been turned upside down and behaviours are hard to manage. Follow your dreams have provided so many sessions that are inclusive to everyone who needs them. Our family have loved the Arts and Crafts sessions. We would have been lost without them. Thank you!" Hannah, Bridgend

"I have 4 children, 3 with SEN (Special Educational Needs), and knowing we have the flexibility to join as when we can has been amazing and an absolute life saver during lockdown. The bright cheery faces at the other end has really raised my children's, and my spirit during this very gloomy time." Charlene, Norwich

"You guys have been amazing! So friendly and welcoming and given us something to look forward to in a very isolating time! Amazing varied opportunities to suit both children's needs. Really would have felt much more alone if we hadn't you x" Phil, Kent

"Ollie has been very lonely since his sister, Lily, died. The zoom activities have helped him feel connected to the world still when we have been stuck at home. He especially loves all the arts and crafts activities." Jilly, Leicester

"My two boys have loved the online zoom craft sessions, the craft packs you sent have been invaluable. They particularly love the discos and seeing all the other children. You brighten up our dull lockdown days and it is a pleasant break from trying to do home schooling. The boys love when a parcel from you comes, and can't wait to see what exciting things they have to do. Thank you." Katherine, Tiverton

"We love Follow your dreams in this house - in these very dark and worrying times it has been a real beacon of light. Without you guys I am not sure we would have made it through. You welcomed us with open arms from day 1 and Oliver loves you all and loves getting involved with all the sessions." Mark, Gillingham

"Wellbeing Wednesdays have given me the only me time I've had during the pandemic due to caring responsibilities and running a home, online schooling and working from home. It's been extremely challenging and I'm so grateful as it's helped me feel connected and that I do matter and have an identity too xxxx thank you xxxx" Chel, Cardiff

"Follow Your Dreams has been a lifesaver over the last year and not only has it help Samuel it's helped me. Follow Your Dreams has helped engage Samuel with other people, without this support he would of been lonely at home with me. I would also not have had interaction with people as Samuel is able to hold much of a conversation only repeat what you say. He knows Friday is now not only chip day it's DJJay day and Monday is Liverpool tumble day. Samuel very rarely gets invited to parties and when he does it takes us ages to get him into the disco, so having parties on zoom that he can watch and take part in his own home has been absolutely fantastic to watch him join in. Samuel is also starting to join in with the craft session which also is a big thing for him as fine motor skill isn't something he's enjoying in the past. A huge thank you from us both and long may zoom continue as it's one fantastic thing to come out of lockdown that can't stop xx" Angela, Kent

"Receiving activity packs through the post has been so exciting for Holly. It has made her feel special at such a lonely and confusing time." Louise, Cardigan

"I have 5 children, 3 of which have additional needs and during lockdown we have struggled to provide suitable activities to keep the children entertained. Follow Your Dreams have provided that for us with fun, engaging activities that are suitable for all ages and abilities. I cannot thank them enough for all they have done for my family during such an uncertain time." Diane, Llanelli

"Since the daycentre Sherylee attended closed down due to Covid, her whole social and work life went with it, she had no social contact with friends, her mental health also declined we was put in touch with FYD, now a whole new life has opened up with a busy online schedule, friends and a reason to get up in morning x" Sue, Talbot Green

"Chloe is missing social interaction with friends and follow your dreams zoom parties have given chloe something to look forward to! Chloe also received a very generous craft pack before Christmas which absolutely made her night, her smiles are everything and follow your dreams makes chloe smile ALOT! We as a family are so grateful them 🧡💖" Lauren, Cardiff

Without Follow Your Dreams lockdown would have been impossible... Chloes classes stopped ,she lost her job volunteering in a shop, missed social activities and being able to have time with her PA. FYD has made life so much easier with ZOOM activities , craft packs, karaoke and discos plus Friday night bingo ... thank you Diane and all involved in making this happen ... Yvonne , Chloe and Izak 🤗🤗 we love you all 💖💖 Yvonne Cardiff

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Although we can't attend many of the zoom sessions due to work commitments, Lillie enjoys every one that she joins. It gets her up and moving and she is delighted to see her friends on there 😊

FYD have been a lifeline during lockdown with zoom sessions, activity packs and sometimes just moral support, thank you 💖 Tara, Weymouth

It's been a very hard few months with Kacee-Grace feeling very very low, by the second zoom session her confidence has gone from strength to strength she has amazed me that she spoke so openly and is full of smiles again, this really has brought so much joy into her day and I hope this will continue for a long long time, thank you Diane, Vicki and all the team 💖💖 xxx Sheri, Gwent

It's been a very hard year, since March last year we have been involved a lot with this charity and I cannot thank them enough. The boxes of crafts they have sent out is amazing, the daily zooms have been out of this world. There isn't a lot of charities out there that support children/adults with disabilities this charity goes above and beyond. Hollie is so happy and loves being involved with them all and I am going to continue being a member for a very long time to come. Thank you Diane and all the team 😊😊 Gemma, Bridgend

FYD has been an absolute life saver. Seriously don't think Nathan would have coped without all the zoom activities you do. He is normally such a sociable person, out at various clubs/groups every day, and for him to stay home and join in so much with you guys, is absolutely amazing. Makes the lockdown so much more bearable. Catherine, Bolton

Follow your dreams has provided my children with fun, educational and family entertainment. We can laugh together during this scary unpredictable times. We look forward to everyday and never want this to end. 💖 Claire, Ellesmere Port



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REPORT OF THE TRUSTEES FOR THE PERIOD 1 APRIL 2019 TO 30 SEPTEMBER 2020

LIFEWISE

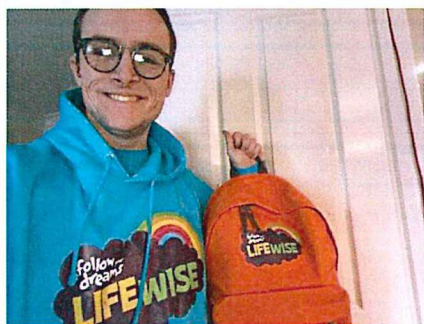
LifeWise delivers a weekly workshop to young people 18+ with learning disabilities. Sessions are focused on Arts & Crafts, Health & Wellbeing, Heritage, Knowledge & Life Skills and Performing Arts. Participants are encouraged to participate in the full programme of activities, regardless of interest, to engage in new and varied topics.

50 weekly sessions were delivered during this financial year covering the following subjects:

Internet Safety	Pencil Drawing
Salsa Dancing	Board games
Easter Egg cheesecakes	Blackberry & Apple crumble
Soap making	Pom Pom Wreath
Animation	Event planning
Animal Encounter	Skittles
Cupcake Decorating	Drama
Guide Dogs	Halloween Karaoke & Guy making
Police	Kazoo playing & Event organising
Flower Arranging	Lantern making
Dancing	Wreath making
Pressing flowers	Cooking Together
Dinosaurs at the Cardiff Museum	Christmas Party
Line dancing	Character Drawing
Science Experiments	Badge making
Pressed flower pictures	Puppet Making
Circus tricks	Puppet Show
Ballroom Dancing	Keep fit
Lawn Bowls	Valentine cake
Shenkin & Goat Major	Postcards of Kindness
Spaghetti towers	Making candles & lavender bags
Self portraits	Intergenerational Choir 6 sessions

We measure demonstrable improvement in the following: - Attitude, Belief in their own ability, Social Interaction, Life Skills, Knowledge and Practical Skills. We evaluate every session and track individual progress and development through observations, social interaction questionnaires and interview. Success is measured on the progress of service users using value-added principles.

Since September 2020 our LifeWise project is now run fully online and has attracted new members from across England and Wales, sessions now average around 25 participants.



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DREAMS

- Raising funds and awareness to support children with learning disabilities to follow their dreams, helping them to explore and develop their potential.
- Increasing participation through fun and inspirational events which are learning disability friendly.
- Providing holidays/short breaks for families of children and young people.
- Providing equipment for children and people with learning disabilities including tablets, Chromebooks, speakers, headphones and microphones.
- Developing life skills, work experience, volunteering and employment opportunities for young people.
- Providing birthday cards and gifts from members of the public for children and young people with disabilities.

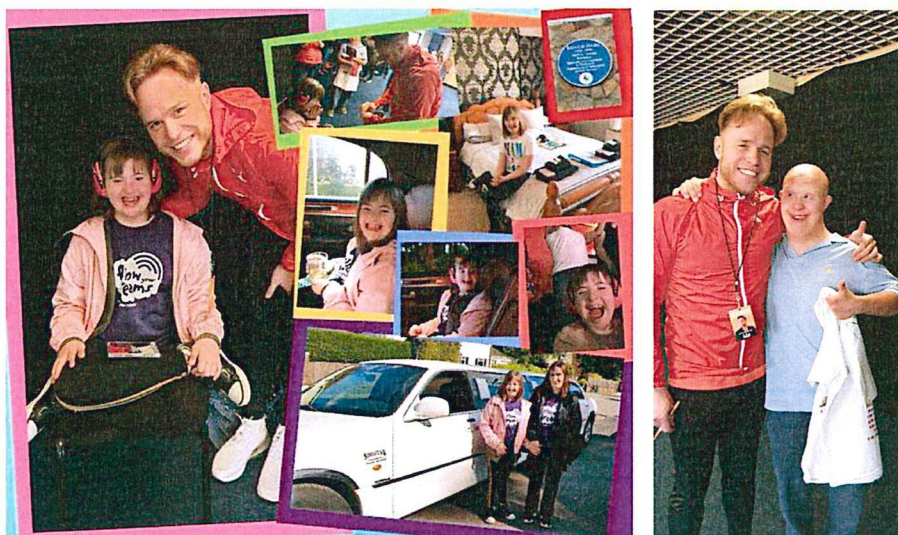
During the period, our dreams function activities totalled **10784 beneficiaries**.

Project:	Total
Play Stay & Sign	212
Events	90
Gifts	6180
Circus	4216
Dreams	24
Birthday Smiles	62

Highlights during the year include:

Olly Murs

2 of our young people meeting Singer and TV star Olly Murs. Olly ordinarily supports the Charity's he is Patron of, and we are really grateful that he helped us make these dreams come true. Both Tomos and Keeley got to meet Olly prior to the concert. Keeley's mum said "Meeting Olly is something Keeley will remember forever (so will I!)" We are grateful to Olly Mur's management company, Ty Mynydd Lodge and Singletons Limousines for making this dream possible. You can view her video here: <https://youtu.be/w4NnbWl3kO4> Mum Ceri said "Thank you for arranging the meet up, as you seen and heard for yourself from him, it was amazing".

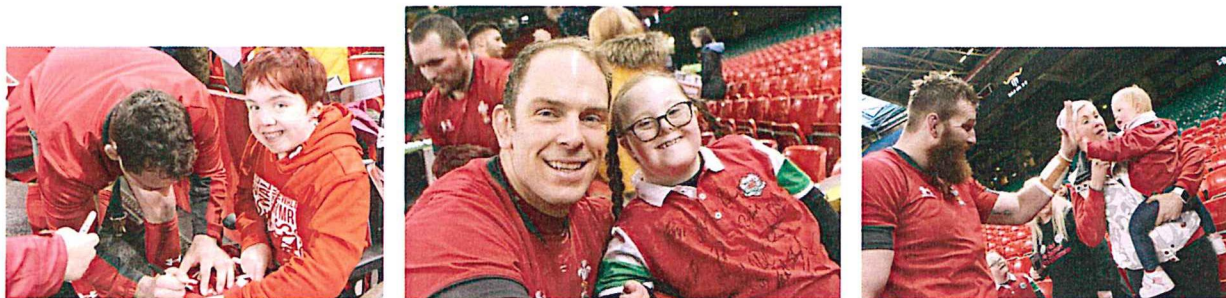


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Captains Run

We are truly grateful for our ongoing relationship with the Welsh Rugby Union who have supported our Charity for the past 8 years. Back in August 2019 and January 2020, we were fortunate to take numerous families to watch the team train at the Principality Stadium and then get to meet the players. Take a look at the WRU video here: <https://fb.watch/3jGJgpWsA/> Unfortunately, due to the Covid restrictions we did not get to meet players at the Captains Run in February as our families needed to be up in the tiers, but when normality resumes, we will seek to make this happen. We were also disappointed to cancel our Charity Ball, which was being hosted by Alun Wyn Jones, which sold out very quickly. This would have led to a minimum of £30,000 income for our Charity which after the hard administration and organisational work involved was devastating to lose.



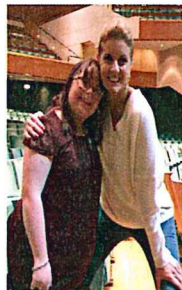
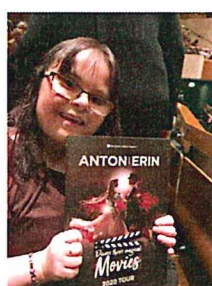
Hairdressing

In August 2019 we got to help Dana and Izzy start their dreams to become hairdressers. We had already arranged a work placement for Dana at Scarlet Knight Hairdressing in Tonteg, and with their support she gained valuable work experience and training. With thanks to Wahl, Dennis Williams Hair & Beauty, Nicky Clarke and Gilmor Hair & Beauty were able to gift them all the equipment and products they needed to help with their dreams.



Anton Du Beke

When one of our LifeWise member's Chloe mentioned following her dance session that it was her dream to meet her hero Anton Du Beke, knowing that she was a superb ballroom dancer, we got to work to help her meet her idol. Chloe got to watch the show and meet both Anton and Erin. Keeeeeeep dancing Chloe!



 Anton Du Beke
So pleased you enjoyed the show, Chloe, and what an absolute pleasure to meet you! Much love,
Anton
XX
18m
Reply

  4
Like

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PLAY STAY & SIGN

In January 2020, we facilitated a 5-day break at Bluestone Wales for 37 families. Play, Stay and Sign is a pioneering project which involves taking families with disabled children away for a residential stay where the focus is on encouraging sign language in a fun, friendly and supportive setting. Sign languages such as Makaton use signs and symbols to help people with communication difficulties to communicate, understand the world around them, and be understood by others.

Many families with disabled children use signing, or want to use it, to assist their disabled child's communication, understanding and inclusion in everyday life. However, accessing formal training in sign languages, and keeping signing skills among the family up to date, can be difficult for many families due to restricted time in their daily lives, cost and availability of training, and a lack of opportunities to learn and develop signing skills in an environment suitable for the whole family.

A child's access to sign language can depend heavily on where they live, their school's policy on sign language and family members' ability to learn and practice signing skills. This can impact negatively on their ability to communicate within the family and with others, and to enjoy and participate fully in many aspects of their lives.

Follow Your Dreams is a passionate advocate for the use of signing with disabled children where it will enhance their communication and understanding. As a charity we have aimed to incorporate sign into as many of our activities as possible. Our members have relayed to us a real need for more opportunities to encourage signing use amongst their families, and a definite lack in provision for learning and improving their signing skills, particularly in practical, family-friendly ways.

Project Outcomes:

- Participating families will benefit from an invaluable opportunity to meet, make friends, and socialise with other families experiencing similar situations, and opportunities to support each other, and share their knowledge and experience.
- Participating families will benefit from the opportunity to enhance relationships within the family unit through spending quality time together on a break away from daily routines and challenges. They will benefit from support with the tools for improving their communication with, and understanding of, one another.
- Participating disabled children will benefit from the opportunity to enjoy a unique, inclusive and accessible sign-based activity, centred around their communication needs. The residential will help them to feel more included in a group or community as well as in family life, and less excluded and isolated by their disability.

Here is a small selection of their feedback:

"Follow Your Dreams provides support, advice and opportunities to families who struggle every day with guilt, emotions, behaviour, and worry. Play, Stay and Sign has been such a lifeline for some families, especially those who don't meet up with friends. This event gives families support, confidence, improved self-esteem, memories and hope! Life will always have worries and stresses but knowing you're NOT alone is everything. Thank You, Follow Your Dreams."

"Our family's interaction has improved greatly because of Play, Stay and Sign. My daughter is much more listened to, understood and engaged with also. Everyone is so much happier."

"Play, Stay and Sign has impacted dramatically on our family's lives, as we're all exchanging more with our daughter and understanding her better. The best part is the improvement in communication between her and her brother."

"The difference this event has made to our family is that we are 100% better in every way, it's amazing how communication impacts everything! Such a happy time, memories to last a lifetime!"

"Play, Stay and Sign has been amazing as a family to feel included and not be worrying about meltdowns or being different"

"Play, Stay and Sign has a more positive impact on family life. My daughter will be able to feel more confident in expressing her needs using sign, and others can be understanding."

"Play, Stay and Sign has helped our family's interaction with each other. It's been lovely to spend some quality time together away from everyday life stresses and routines. I'm quite shy meeting others – but it's been lovely to meet like-minded people who 'just get it'"

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"A much needed all round trip focusing on everyone in the family. So completely all-inclusive activities. Usually, My daughter misses out because she only really enjoys music, but doesn't like it too loud. She's loved Play, Stay and Sign, which makes me feel better as a Mum."

"Play, Stay and Sign has been so important for many reasons. It was a special 1:1 time with my son. Too often I feel guilty that he doesn't get enough attention. The calm environment made us recap all of our Makaton knowledge, and it was totally amazing meeting all the families"

"We've noticed a difference in son at Play, Stay and Sign compared to a mainstream event. His behaviour has improved hugely"

"My son loved it, he learned new signs, enjoyed family time and making new friends. It has extended his community hugely."

"Thank you all for such a special time for our family. Spending time with other special needs families is invaluable, we just get it with no need to explain. Meeting other families like ours is priceless."

"This whole experience has been invaluable! It is honestly the best, most inclusive trip we have ever had as a family. My son has many needs over and above the Down's Syndrome and has many sensory issues. He tends to avoid people and places. BUT... being amongst such amazing families, all using 'his language', he has started to come out of his shell and show his awesome personality to people!"

"It's definitely brought us closer together, especially having Dad with us."

"My son knows he's included and part of a group. This is huge and a big leap in his development. Thank you!"

"I can't put into words the overall difference Play, Stay and Sign has made to our family overall. There's no better start to 2020! It's given us a zest to join in more, not shy away from things – and to become lifetime Follow Your Dreams members! Thank You!! xxx"

"Play, Stay and Sign has been wonderful! The workshops have been educational and entertaining, we have all learned new signs that we can use in everyday life. The team at Follow Your Dreams and the Bluestone staff have ensured that the activities were fully inclusive and are always willing to help if asked. When asked how she feels about it, my daughter signed and said it was 'fun' and she 'loved' it."



WORKSHOPS

- Organising and running workshops at identified locations for children and young people with learning disabilities
- Developing our own Community Groups run by parents/volunteers, and whilst retaining independence in operations, ensuring they are managed effectively providing administrative, financial and governance support
- Working with support groups where children and young people with learning disabilities attend.
- Working and liaising with the parents and carers to identify the aims and aspirations of the participants
- Providing weekly sessions for young people who are not in full time employment or education to develop skills, instil confidence and create a 'can do' attitude
- Provide networking opportunities for parents and carers to receive family support and advice

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Follow Your Dreams' Clubs and Groups operational in period:

- Technology Club FYD – Newport
- Photography Club – Pontyclun
- Hype Club – Neath Port Talbot
- Sign & Play – Church Village

Newport Technology Club are now firmly established as a very successful specialist youth and family club, and they have also added a Lego Club into their activities. Their membership is still growing, and families benefit immensely from their support.

Photography Club's membership has grown, and the club now learn and practice skills in Photoshop graphic design software, in addition to camera-based skills.

Hype Club – An after-school activity club for families with disabled children in Croeserw, Neath Port Talbot. Activities include Crafts, Sensory/Messy Play, Toys and Games, and group trips.

Sign & Play - A play and Sign group incorporating Makaton into a play setting, for families with an interest in signing in RCT. All of these clubs stopped operating due to the vulnerability of the participants and very limited resources. All participants were welcomed to join our wide-ranging online activities.

Affiliated Clubs and Groups operational in Period:

- Special Movers – Rassau
- Valley Daffodils – Caerphilly
- TechTivity – Bridgend
- Special Families - Maesteg

We continue to support our affiliated groups - Special Movers and Valley Daffodils by providing workshops for the children and young people who attend there, on topics such as Sensory Storytelling, Music, Movement and Performing Arts and Arts and Crafts, and by providing support to their committees, in addition to their Governance.

Bridgend Technology Club secured registered Charity Status now called TechTivity. We continue to support them at board level. We also provide board level experience and assistance with Governance to **Special Families** Maesteg, another registered charity.

Tea Room & Charity Shop

Operating a charity shop and tearoom in Church Village

- Providing a much-needed income stream to our charity.
- Providing volunteering and training opportunities for young people with learning disabilities to gain valuable work experience in our shops.
- Providing volunteering opportunities for unemployed, retired, and other members of the community.

We were forced to close Rosie's as the income could not be generated to meet staff costs and overheads indefinitely with the Covid19 pandemic. We decided to permanently close in July 2020 making 3 staff redundant. This was such a hard decision for us as the shops provided a hub for the local community, as well as opportunities for the volunteers and more importantly placements for people with learning and physical disabilities. We are truly grateful to the staff and all the customers who supported the shop, and really hope that one day we can once again trade.

We work with children and young people with learning disabilities helping to realise their full potential and making their Dreams and aspiration become a reality. Our work not only impacts on individual directly but can impact on the family by providing an opportunity for their child that they may not be able to afford or organise themselves and often taking them out of their comfort zone. We also where funds permit endeavour to involve the siblings who are often carers, and parent/carer support.

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ACHIEVEMENTS AND PERFORMANCE

To summarise the main achievements of our Charity during this financial period to September 2020:

- We formed a Covid19 Activities group reaching out to **304 families** sending out **3148 activity packs** and delivering online sessions.
- We supported **4 community groups**, and support **4 affiliated groups** and **2 Registered Charities** providing much needed weekly support for **over 400 families** and providing support to parents/carers and also siblings getting together.
- **24 Children** were given support to follow their dreams. Much of this support is not funded by other charities or other bodies. **100% positive feedback** was received from the beneficiaries, their parents and where applicable to lesson provider.
- We delivered **50 sessions for our LifeWise Project** during the period which focuses on health, wellbeing and independence for young people with disabilities aged 18+.
- We administered **4216 tickets** for children with learning disabilities and their families to see the circus, thanks to our partnership with Circus Starr
- We have promoted family cohesion by including family members as much as possible in activities – **37 families** of children with Learning Disabilities received a short break at Bluestone Wales a 5-star National Park Resort in Pembrokeshire through our Play, Stay & Sign project. This involved 212 individuals.
- Over **4600 children** across Wales received Easter Eggs through our partnership with Co-operative Retail
- **1452 children** received gifts through our partnership with St David's Shopping Centre and Capital FM
- We have supported volunteering and work experience with unemployed people within the charity, and people with Learning Disabilities with **23,594 hours** benefiting our Charity.
- Our social media presence continues to grow with over **31,000 followers** on twitter and over **14,000 followers** on Facebook. This has improved our reach particularly to new parents of children with learning disabilities, in addition to families who are not already aware of our charity.

FUTURE PLANS - Commitment for 2020/2021

Ensure financial and operational stability

- To continue being a lifeline to our families during the COVID19 Pandemic and whatever may lay ahead
- Inspire the ambitions of children and young people with learning disabilities
- Encourage, empower and motivate a change in attitude, inspiring optimism to make dreams a reality, providing hope, aspiration and opportunities.
- Support young adults with learning disabilities who are seeking employment or volunteering opportunities.
- To ensure that our services are consistent with the Mission, Vision and Values of the Charity. Charity values are consistently applied to all we do and how we do it. To challenge poor performance and attitude and to support improvement at all levels.
- To represent people with disabilities within the charity:- workshops, staff, volunteers and Board level.
- To work effectively with relevant partners both locally and regionally.
- To diversify our funding streams. To develop current and additional trading initiatives. To raise funds and finance the charity.
- To ensure staff and volunteers have the skills, capacity, training, facilities, tools and support.
- To ensure continued development of the Trustee Board and its capacity to oversee and direct an ambitious growing charity.
- To ensure compliance with all aspects of Governance.
- To increase volunteer support and involvement at all levels, including both maintenance and client liaison.

We have endeavoured to maximise savings across the Charity, to provide sufficient funds for our projects with our beneficiaries. Our commitments are ambitious but the good work this year despite a significant fall in income has set a solid foundation for the structured growth of the Charity and forever growing and improving.

Public benefit

The trustees can confirm that they have complied with the duty in Section 17 of the Charities Act 2011 to have due regard to public benefit guidance published by the Commission. Significant activities that we undertook during the year that demonstrate public benefit are set in this report.

FOLLOW YOUR DREAMS LIMITED

REPORT OF THE TRUSTEES FOR THE PERIOD 1 APRIL 2019 TO 30 SEPTEMBER 2020

FINANCIAL REVIEW

The results for the year can be found in the following Statement of Financial Activities, Balance Sheet and related notes.

Reserves policy

It is the policy to maintain the free reserves of Follow Your Dreams at a level approximating three months of forthcoming unavoidable operational expenditure. This would equate to approximately £40,000. At 30 September 2020 there were unrestricted reserves of £49,516 (31 March 2019 - £23,148) of this £5,883 (2019: £6,274) is represented by tangible fixed assets leaving free reserves of £43,633 (2109: £16,874).

It is not considered appropriate to build up reserves beyond this level, since the aim of Follow Your Dreams is to develop services for the benefit of users, rather than seek excessive financial security. Three months of operating expenditure is considered prudent (given the need to cover fluctuations in income) whilst taking into account the need to expend funds for the good of Follow Your Dreams beneficiaries.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

Follow Your Dreams governance structure is supported by its constitution document, the Memorandum and Articles of Association. The organisation is a registered charity and a company limited by guarantee.

Mission Statement

Follow Your Dreams are a national charity that supports children and young people with learning disabilities. Follow Your Dreams will inspire the ambitions of children and young people with learning disabilities by delivering enjoyable methods of learning and play. We focus on their abilities and identify opportunities, growing and developing skills through the delivery of creative and interactive events, dreams and workshops through collaborative partnerships.

Recruitment, appointment and induction of new trustees

The directors of the company are also charity trustees for the purposes of charity law. When selecting trustees, the charity aims to ensure there is a broad range of relevant skills. Candidates are asked to declare at this stage any potential conflicts of interest. Trustees are appointed after interviews with existing trustees and formal visits to the organisation, to ensure that they understand our vision and values. Trustees are subject to Disclosure and Barring Service checks where applicable.

Follow Your Dreams actively endorses training at all levels of the charity. New trustees participate in an induction process to include spending time with staff and volunteers, relevant information regarding health and safety and personal safety, charity official documentation, minutes of recent Trustee meetings, Strategic and Operational Plan and role-related knowledge where applicable. New trustees are also given copies of relevant Charity Commission literature, and an Anti-Money Laundering Form is completed along with other adapted Charity Commission forms. Trustees are encouraged to undertake development training where appropriate.

The trustees met monthly during the year to make strategic and policy decisions. Trustee meetings were held on zoom throughout the Pandemic. Unfortunately, two of our trustees needed to resign at short notice due to the impact of Covid19 on their incomes. We appreciate their support, and our focus as the Pandemic reaches closure will be to increase our board of trustees, while we endeavour to recruit during this time. All trustees give of their time freely and no trustee remuneration was paid in the year.



FOLLOW YOUR DREAMS LIMITED

REPORT OF THE TRUSTEES FOR THE PERIOD 1 APRIL 2019 TO 30 SEPTEMBER 2020

STRUCTURE, GOVERNANCE AND MANAGEMENT

Organisational structure

The charity is administered by a Board of Trustees who meet regularly to oversee all activities of the charity and to ensure it adheres to a clear direction for the charity. Day to day management is delegated to a Chief Executive Officer and Management Team.

Key management remuneration

The pay of the senior staff is reviewed annually but has not been increased since June 2015 and will be reviewed in February 2021. Pay would be normally increased in accordance with average earnings. In view of the nature of the charity, the directors benchmark against pay levels in other charities of a similar size.

Membership and Affiliation

- Fundraising Regulator
- British Institute of Learning Disabilities (BILD)
- Interlink
- Wales Council for Voluntary Action (WCVA)

Fundraising

Follow Your Dreams complies with all relevant statutory regulations, including the Charities Act 2011, General Data Protection Regulation 2016/679. We always seek to act in ways which are legal, open, honest and respectful, striving for best practice in fundraising by complying with a range of codes of practice, including being registered with the Fundraising Regulator, and adhering to its Code of Fundraising Practice and Fundraising Promise. We are careful to monitor our fundraising activities and provide supporters with help and information via our social media, email, phone or post. We have a complaints procedure and record and respond to all complaints; no complaints were received in connection with fund-raising activities.

Risk management

Financial sustainability is the major financial risk for the charity, we have continuously worked towards our objective of settling debts as they fall due, and active management of our cash flow. We have also ensured:

- Public and Employers Liability Insurance maintained
- Accreditation for food hygiene and premises
- Strong Application Process for dream support
- Monthly Trustee meetings including formal agendas and review of accounts

Volunteers

Our volunteers are at the heart of all our work, they make a huge difference they make an enormous difference and are committed to the passion to help children and young people with learning disabilities. They supplement the work our employees do and also take the lead on service delivery in our community groups. We recognise that placing a monetary value on the contribution which our volunteers deliver some 23,594 hours over the past 18 months, presents significant difficulties due to the wide range of roles performed, and the lack of a reliable market comparator price for volunteers. Accordingly, we do not include any contribution from such sources in our declared income.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

04673165 (England and Wales)

Registered Charity number

1106379

Registered office

8A Cambrian Industrial Estate, East Side
Coedcae Lane
Pontyclun
Rhondda Cynon Taff
CF72 9EW

FOLLOW YOUR DREAMS LIMITED

**REPORT OF THE TRUSTEES
FOR THE PERIOD 1 APRIL 2019 TO 30 SEPTEMBER 2020**

REFERENCE AND ADMINISTRATIVE DETAILS

Trustees

Current

Pamela Volausek	appointed - 02/12/2019
Ryan Smith	appointed - 01/11/2020
John Hope	appointed - 01/11/2020

Resigned

Christopher Gibbins	appointed - 29/11/2019, resigned 29/9/2020
Emma Newbury	appointed - 07/12/2019, resigned 31/10/2020
Kim Owen MBE	resigned - 29/11/2019
David Enticott	resigned - 02/12/2019
Nicola Goode	resigned - 29/11/2019

Company Secretary

John Hope

Independent examiner

Watts Gregory LLP
Chartered Accountants
Elfed House
Oak Tree Court
Cardiff Gate Business Park
CARDIFF
County of Cardiff
CF23 8RS

Bankers

Lloyds Bank plc (Victoria Park)
Cowbridge Road
Canton
CARDIFF
CF11 9TB

FOLLOW YOUR DREAMS LIMITED

REPORT OF THE TRUSTEES
FOR THE PERIOD 1 APRIL 2019 TO 30 SEPTEMBER 2020

REFERENCE AND ADMINISTRATIVE DETAILS

Staff - Current

Full time	Diane Blackmore	Chief Executive
Part time	Vicky George	Project Manager - Operations & Membership
	Rachel Williams	Finance Manager

Staff - Past

Made redundant during accounting period:		
Liz Whitaker	Project Manager - Groups & Workshops	15/08/2020
Veronica Preece	Dreams Assistant	08/08/2020
David Preece	Tea Room Assistant	01/08/2020
Charlotte Hutchins	Charity Shop & Tea Room Manager	25/07/2020
Natalie Hill	Assistant Charity Shop Manager	05/07/2020

Retired:

John Hope	Operations Director	30/10/2020
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Contracts ended/notice given:

Megan Davies	Fundraising Assistant	26/02/2020
Katarina Davies	Assistant Charity Shop Manager	20/09/2019

Approved by order of the Board of Trustees on 12th February 2021 and signed on its behalf by:



P Volausek - Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF FOLLOW YOUR DREAMS LIMITED

Independent examiner's report to the trustees of Follow Your Dreams Limited ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the period ended 1 April 2019 to 30 September 2020.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of ACCA which is one of the listed bodies

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached

Julia Mortimer FCCA
Watts Gregory LLP
Chartered Accountants
Elfed House
Oak Tree Court
Cardiff Gate Business Park
CARDIFF
County of Cardiff
CF23 8RS

15 February 2021

FOLLOW YOUR DREAMS LIMITED

**STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)
FOR THE PERIOD 1 APRIL 2019 TO 30 SEPTEMBER 2020**

		Unrestricted funds	Restricted funds	Period 1/4/19 to 30/9/20 Total funds	Year ended 31/3/19 Total funds
	Notes	£	£	£	£
INCOME AND ENDOWMENTS FROM					
Donations and legacies	3	411,888	-	411,888	457,269
Charitable activities	6				
Working with young people with learning disabilities		21,400	76,159	97,559	-
Other trading activities	4	110,086	-	110,086	177,052
Investment income	5	<u>5</u>	<u>-</u>	<u>5</u>	<u>-</u>
Total		543,379	76,159	619,538	634,321
EXPENDITURE ON					
Raising funds					
Raising donations and legacies	7	53,035	-	53,035	80,143
Other trading activities	8	<u>72,489</u>	<u>-</u>	<u>72,489</u>	<u>54,685</u>
		125,524	-	125,524	134,828
Charitable activities	9				
Working with young people with learning disabilities		<u>398,394</u>	<u>66,169</u>	<u>464,563</u>	<u>479,553</u>
Total		<u>523,918</u>	<u>66,169</u>	<u>590,087</u>	<u>614,381</u>
NET INCOME		19,461	9,990	29,451	19,940
Transfers between funds	20	<u>6,907</u>	<u>(6,907)</u>	<u>-</u>	<u>-</u>
Net movement in funds		26,368	3,083	29,451	19,940
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>23,148</u>	<u>14,040</u>	<u>37,188</u>	<u>17,248</u>
TOTAL FUNDS CARRIED FORWARD		<u>49,516</u>	<u>17,123</u>	<u>66,639</u>	<u>37,188</u>

The notes form part of these financial statements

FOLLOW YOUR DREAMS LIMITED

**BALANCE SHEET
AT 30 SEPTEMBER 2020**

		Unrestricted funds	Restricted funds	2020 Total funds	2019 Total funds
	Notes	£	£	£	£
FIXED ASSETS					
Tangible assets	16	5,883	-	5,883	6,274
CURRENT ASSETS					
Debtors	17	1,103	-	1,103	5,465
Cash at bank		<u>58,464</u>	<u>21,409</u>	<u>79,873</u>	<u>35,093</u>
		59,567	21,409	80,976	40,558
CREDITORS					
Amounts falling due within one year	18	(15,934)	(4,286)	(20,220)	(9,644)
NET CURRENT ASSETS		<u>43,633</u>	<u>17,123</u>	<u>60,756</u>	<u>30,914</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>49,516</u>	<u>17,123</u>	<u>66,639</u>	<u>37,188</u>
NET ASSETS		<u>49,516</u>	<u>17,123</u>	<u>66,639</u>	<u>37,188</u>
FUNDS	20				
Unrestricted funds				49,516	23,148
Restricted funds				<u>17,123</u>	<u>14,040</u>
TOTAL FUNDS				<u>66,639</u>	<u>37,188</u>

The notes form part of these financial statements

FOLLOW YOUR DREAMS LIMITED

**BALANCE SHEET - CONTINUED
AT 30 SEPTEMBER 2020**

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the period ended 30 September 2020.

The members have not required the company to obtain an audit of its financial statements for the period ended 30 September 2020 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees on 12th February 2021 and were signed on its behalf by:


P Volausek - Trustee

The notes form part of these financial statements

FOLLOW YOUR DREAMS LIMITED

**CASH FLOW STATEMENT
FOR THE PERIOD 1 APRIL 2019 TO 30 SEPTEMBER 2020**

	Notes	Period 1/4/19 to 30/9/20 £	Year ended 31/3/19 £
Cash flows from operating activities:			
Cash generated from operations	1	<u>52,341</u>	<u>16,464</u>
Net cash provided by (used in) operating activities		<u>52,341</u>	<u>16,464</u>
Cash flows from investing activities:			
Purchase of tangible fixed assets		(7,566)	(673)
Interest received		<u>5</u>	<u>-</u>
Net cash provided by (used in) investing activities		<u>(7,561)</u>	<u>(673)</u>
Change in cash and cash equivalents in the reporting period		44,780	15,791
Cash and cash equivalents at the beginning of the reporting period		<u>35,093</u>	<u>19,302</u>
Cash and cash equivalents at the end of the reporting period		<u>79,873</u>	<u>35,093</u>

The notes form part of these financial statements

FOLLOW YOUR DREAMS LIMITED

**NOTES TO THE CASH FLOW STATEMENT
FOR THE PERIOD 1 APRIL 2019 TO 30 SEPTEMBER 2020**

1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	Period 1/4/19 to 30/9/20 £	Year ended 31/3/19 £
Net income for the reporting period (as per the statement of financial activities)	29,451	19,940
Adjustments for:		
Depreciation charges	7,815	3,233
Loss on disposal of fixed assets	142	-
Interest received	(5)	-
Decrease/(increase) in debtors	4,362	(2,270)
Increase/(decrease) in creditors	<u>10,576</u>	<u>(4,439)</u>
Net cash provided by (used in) operating activities	<u><u>52,341</u></u>	<u><u>16,464</u></u>

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1/4/19 £	Cash flow £	At 30/9/20 £
Net cash			
Cash at bank	35,093	44,780	79,873
	<u>35,093</u>	<u>44,780</u>	<u>79,873</u>
Total	<u><u>35,093</u></u>	<u><u>44,780</u></u>	<u><u>79,873</u></u>

1. STATUTORY INFORMATION

Follow Your Dreams is a company limited by guarantee incorporated in Wales within the United Kingdom. Each member is liable for a maximum of £10 in the event of the company being wound up. The registered office is 8a Cambrian Industrial Estate, East Side, Coedcae Lane, Pontyclun, CF72 9EW.

The financial statements are presented in Sterling (£), the company's functional currency, and rounded to the nearest pound.

The principal activity of the charity is to help people with learning disabilities by such charitable means as the trustees determine from time to time in particular but not exclusively by sponsorship.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

2. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102 S1A Update Bulletin 1) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

During the current financial year the reporting period was changed from 31 March to 30 September, as a result, comparative amounts and the related notes may not be entirely comparable.

Going concern

At 30 September 2020 there are net current assets of £60,756. The trustees have assessed the charity's ability to continue as a going concern after taking into account the financial impact of Covid-19 which is set out in the Report of the Trustees.

The charity's forecasts and projections show that the charity should be able to continue to operate and is well placed to manage its risks successfully in the coming 12 months.

The trustees, therefore, have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Accordingly, they continue to adopt the going concern basis of accounting in preparing these financial statements.

2. ACCOUNTING POLICIES - continued

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

This includes capital grants.

Donations and legacies income

Donations and legacies income includes donations, gifts and grants that provide core funding or are of a general nature and are recognised where there is entitlement, probability of receipt and the amount can be measured with sufficient reliability. Such income is only deferred when the donor specifies it must be used in future accounting periods or the donor has imposed conditions which must be met before the charity has unconditional entitlement.

Other trading activities income

Income from other trading activities includes income received under contract. This income is recognised as the related services are provided and there is entitlement, probability of receipt and the amount can be measured with sufficient reliability. Income is deferred when the amounts received are in advance of the performance of the service or event to which they relate.

Investment income

Investment income is recognised on a receivable basis.

Donated goods

Income received from donated goods sold in its shop is recognised on the sale of the goods.

Other donated goods received by charity which has been used for fundraising activities or charitable activities have been valued at fair value on the date that the goods or services were received.

It is not the policy of the charity to show income net of expenditure.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Expenditure on raising funds include direct costs applicable to the activity, advertising, marketing and direct materials as well as a proportion of salaries based on an approximation of time spent in this area.

Expenditure on charitable activities comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Support costs are those costs that, whilst necessary to deliver an activity, do not themselves produce or constitute the output of the charitable activity. This includes governance costs which are those costs associated with meeting the constitutional and statutory requirements of the charity and include the accountancy fees and costs linked to the strategic management of the charity as well as a proportion of salaries based on an approximation of time spent in this area.

Termination payments

The charitable company recognises termination benefits as a liability and an expense only when the entity is demonstrably committed either to terminate the employment of an employee or group of employees before the normal retirement date or to provide termination benefits as a result of an offer made in order to encourage voluntary redundancy.

2. ACCOUNTING POLICIES - continued

Allocation and apportionment of costs

All costs are allocated between the expenditure categories on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly; others are apportioned on an appropriate basis.

Tangible fixed assets

Fixed assets are initially recorded at cost.

Depreciation is calculated so as to write off the cost of an asset, less its estimated residual value, over the useful economic life of that asset as follows:

Fixtures, fittings and equipment - 20% - 50% on cost.

Only assets costing over £300 are capitalised.

Financial Instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

Debtors

Trade debtors and other debtors are recognised at the settlement amount due after any trade discounts offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Creditors

Creditors are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors are normally recognised at their settlement amount after allowing for any trade discounts due.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

There is no formal policy of transfer between funds or on the allocation of funds to designated funds, other than that described above.

Any other proposed transfer between funds would be considered on the particular circumstances.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Hire purchase and leasing commitments

Rentals paid under operating leases are charges to the Statement of Financial Activities on a straight line basis over the period of the lease.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

FOLLOW YOUR DREAMS LIMITED

**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE PERIOD 1 APRIL 2019 TO 30 SEPTEMBER 2020**

3. DONATIONS AND LEGACIES

	Period 1/4/19 to 30/9/20 £	Year ended 31/3/19 £
Bucket collections	87,030	121,775
Donations	217,404	299,615
Gift aid	4,961	7,131
Grants	99,460	28,748
Membership scheme	<u>3,033</u>	<u>-</u>
	<u>411,888</u>	<u>457,269</u>

The charity is grateful to its many donors which provided a wide range of goods and services valued at £187,790 (2019: £271,914) which contribute significantly to helping support people with learning disabilities explore and develop their potential through a wide range of activities.

The charity benefits from the involvement and enthusiastic support of its many volunteers, details of which are given in the annual report. In accordance with accounting standards, the economic contribution of general volunteers is not recognised in the accounts.

4. OTHER TRADING ACTIVITIES

	Period 1/4/19 to 30/9/20 £	Year ended 31/3/19 £
Fundraising events	50,711	83,101
Donated goods and services for fundraising events	5,203	43,428
Shop sales	12,229	15,084
Coffee shop sales	<u>41,943</u>	<u>35,439</u>
	<u>110,086</u>	<u>177,052</u>

5. INVESTMENT INCOME

	Period 1/4/19 to 30/9/20 £	Year ended 31/3/19 £
Deposit account interest	<u>5</u>	<u>-</u>

FOLLOW YOUR DREAMS LIMITED

**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE PERIOD 1 APRIL 2019 TO 30 SEPTEMBER 2020**

6. INCOME FROM CHARITABLE ACTIVITIES

	Period 1/4/19 to 30/9/20 £	Year ended 31/3/19 £
Grants	<u>97,559</u>	<u>-</u>

Grants received, included in the above, are as follows:

	Period 1/4/19 to 30/9/20 £	Year ended 31/3/19 £
Voluntary Action Merthyr Tydfil	6,559	-
Cwm Taf Morgannwg University Health Board	2,500	-
Interlink Rhondda Cynon Taff	2,250	-
Tesco Bags of Help Community Grants	17,500	-
Business Wales Flood Relief Grant	2,500	-
Beacon Lodge Charitable Trust Ltd	5,000	-
The Moondance Foundation	11,030	-
VSEF Small Grants	500	-
Bridgend Association of Voluntary Organisations	2,463	-
National Lottery - Awards for All	10,000	-
The Clothworker's Foundation	5,000	-
Community Foundation Wales	10,000	-
Neighbourly Ltd	400	-
Pen Y Cymoedd Wind Farm Community Fund CIC	6,557	-
RCTCBC - COVID Community Grant	300	-
The National Lottery Community Fund - Coronavirus Community Support Fund	<u>15,000</u>	<u>-</u>
	<u>97,559</u>	<u>-</u>

7. RAISING DONATIONS AND LEGACIES

	Period 1/4/19 to 30/9/20 £	Year ended 31/3/19 £
Staff costs	12,875	3,155
Fundraisers' commission & expenses	23,765	30,338
Rent, rates and office services	1,658	559
Insurance	88	34
Telephone	296	85
Postage, stationery & advertising	196	64
Repairs and renewals	169	56
Fixtures & fittings depreciation	259	10
Website fees	306	609
Fundraising event costs	8,220	4,725
Donated goods and services	<u>5,203</u>	<u>40,508</u>
	<u>53,035</u>	<u>80,143</u>

FOLLOW YOUR DREAMS LIMITED

**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE PERIOD 1 APRIL 2019 TO 30 SEPTEMBER 2020**

8. OTHER TRADING ACTIVITIES

	Period 1/4/19 to 30/9/20 £	Year ended 31/3/19 £
Purchases	21,831	17,081
Staff costs	34,830	27,898
Postage, stationery & advertising	527	563
Telephone	795	746
Repairs and renewals	1,511	503
Insurance	236	295
Volunteer expenses	441	298
Rent, rates and office services	8,059	4,462
Depreciation	4,259	2,839
	<u>72,489</u>	<u>54,685</u>

9. CHARITABLE ACTIVITIES COSTS

	Direct costs (See note 10) £	Support costs (See note 11) £	Totals £
Working with young people with learning disabilities	<u>395,608</u>	<u>68,955</u>	<u>464,563</u>

10. DIRECT COSTS OF CHARITABLE ACTIVITIES

	Period 1/4/19 to 30/9/20 £	Year ended 31/3/19 £
Staff costs	131,587	99,524
Delivering Dreams	191,110	245,177
Motor and travel	509	1,578
Rent, rates & office services	16,922	17,588
Insurance	896	1,051
Telephone and internet	3,012	2,657
Postage, stationery & advertising	1,994	2,006
Repairs and renewals	-	412
Fixtures & fittings depreciation	2,639	316
Ohana Play expenditure	87	542
Life wise costs	1,344	1,019
Donated goods and services	10,519	41,265
COVID-19 Expenditure	34,847	-
Loss on sale of assets	142	-
	<u>395,608</u>	<u>413,135</u>

11. SUPPORT COSTS

	Staff costs £	Depreciation £	Other £	Governance costs £	Totals £
Working with young people with learning disabilities	<u>26,822</u>	<u>512</u>	<u>28,650</u>	<u>12,971</u>	<u>68,955</u>

FOLLOW YOUR DREAMS LIMITED

**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE PERIOD 1 APRIL 2019 TO 30 SEPTEMBER 2020**

12. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	Period 1/4/19 to 30/9/20 £	Year ended 31/3/19 £
Depreciation - owned assets	7,815	3,233
Hire of plant and machinery	2,063	1,369
Deficit on disposal of fixed asset	142	-
Independent examination fees	<u>4,088</u>	<u>2,560</u>

13. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the period ended 30 September 2020 or for the year ended 31 March 2019.

Trustees' expenses

No trustee expenses were reimbursed or paid on behalf of the trustees for the period ended 30 September 2020 or for the year ended 31 March 2019.

14. STAFF COSTS

	Period 1/4/19 to 30/9/20 £	Year ended 31/3/19 £
Wages and salaries	200,720	141,659
Social security costs	6,883	8,206
Other pension costs	<u>4,493</u>	<u>2,050</u>
	<u>212,096</u>	<u>151,915</u>

The average monthly number of employees during the period was as follows:

	Period 1/4/19 to 30/9/20	Year ended 31/3/19
Number of employees	<u>10</u>	<u>9</u>

No employees received emoluments in excess of £60,000.

Included within staff costs are termination payments amounting to £2,475 (2019: £nil).

15. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	436,129	21,140	457,269
Other trading activities	<u>177,052</u>	<u>-</u>	<u>177,052</u>
Total	613,181	21,140	634,321
EXPENDITURE ON			
Raising funds	134,828	-	134,828
Charitable activities			
Working with young people with learning disabilities	<u>460,509</u>	<u>19,044</u>	<u>479,553</u>
Total	<u>595,337</u>	<u>19,044</u>	<u>614,381</u>
NET INCOME	17,844	2,096	19,940
Transfers between funds	<u>673</u>	<u>(673)</u>	<u>-</u>
Net movement in funds	18,517	1,423	19,940
RECONCILIATION OF FUNDS			
Total funds brought forward	<u>4,631</u>	<u>12,617</u>	<u>17,248</u>
TOTAL FUNDS CARRIED FORWARD	<u><u>23,148</u></u>	<u><u>14,040</u></u>	<u><u>37,188</u></u>

FOLLOW YOUR DREAMS LIMITED

**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE PERIOD 1 APRIL 2019 TO 30 SEPTEMBER 2020**

16. TANGIBLE FIXED ASSETS

	Fixtures and fittings £
COST	
At 1 April 2019	33,402
Additions	7,566
Disposals	<u>(27,602)</u>
At 30 September 2020	<u>13,366</u>
DEPRECIATION	
At 1 April 2019	27,128
Charge for year	7,815
Eliminated on disposal	<u>(27,460)</u>
At 30 September 2020	<u>7,483</u>
NET BOOK VALUE	
At 30 September 2020	<u>5,883</u>
At 31 March 2019	<u>6,274</u>

17. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2020 £	2019 £
Other debtors	276	-
Prepayments and accrued income	<u>827</u>	<u>5,465</u>
	<u>1,103</u>	<u>5,465</u>

18. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2020 £	2019 £
Trade creditors	3,914	2,282
Social security and other taxes	4,542	1,492
Other creditors	2	2,278
Accruals and deferred income	<u>11,762</u>	<u>3,592</u>
	<u>20,220</u>	<u>9,644</u>

Included in accruals and deferred income above is £396 (2019: £498) of deferred membership income and £4,286 (2019: £nil) of deferred grant income received in advance of service delivery. All amounts deferred in the year ended 31 March 2019 were released to the Statement of Financial Activities during the period to 30 September 2020.

FOLLOW YOUR DREAMS LIMITED

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19. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	2020 £	2019 £
Within one year	1,584	1,584
Between one and five years	<u>2,376</u>	<u>4,752</u>
	<u>3,960</u>	<u>6,336</u>

Total lease payments recognised as an expense during the period (year) amounted to £21,183 (2019: £19,638).

20. MOVEMENT IN FUNDS

	At 1/4/19 £	Net movement in funds £	Transfers between funds £	At 30/9/20 £
Unrestricted funds				
General fund	23,148	19,461	6,907	49,516
Restricted funds				
Lifewise Fund	3,000	(3,000)	-	-
Play Stay and Sign Fund	1,753	(1,753)	-	-
IT Fund	9,287	-	(3,987)	5,300
COVID-19 Pandemic Fund	-	<u>14,743</u>	<u>(2,920)</u>	<u>11,823</u>
	<u>14,040</u>	<u>9,990</u>	<u>(6,907)</u>	<u>17,123</u>
TOTAL FUNDS	<u>37,188</u>	<u>29,451</u>	<u>-</u>	<u>66,639</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	543,379	(523,918)	19,461
Restricted funds			
Lifewise Fund	7,250	(10,250)	(3,000)
Play Stay and Sign Fund	9,000	(10,753)	(1,753)
Hype Club Fund	4,000	(4,000)	-
Rogerstone Arts Fund	1,000	(1,000)	-
Makaton Sing and Sign Choir Fund	750	(750)	-
COVID-19 Pandemic Fund	<u>54,159</u>	<u>(39,416)</u>	<u>14,743</u>
	<u>76,159</u>	<u>(66,169)</u>	<u>9,990</u>
TOTAL FUNDS	<u>619,538</u>	<u>(590,087)</u>	<u>29,451</u>

FOLLOW YOUR DREAMS LIMITED

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE PERIOD 1 APRIL 2019 TO 30 SEPTEMBER 2020

20. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1/4/18 £	Net movement in funds £	Transfers between funds £	At 31/3/19 £
Unrestricted Funds				
General fund	4,631	17,844	673	23,148
Restricted Funds				
Ohana Play Fund	3,586	(3,586)	-	-
Lifewise Fund	9,031	(6,031)	-	3,000
Play Stay and Sign Fund	-	1,753	-	1,753
IT Fund	-	9,960	(673)	9,287
	12,617	2,096	(673)	14,040
TOTAL FUNDS	<u>17,248</u>	<u>19,940</u>	<u>-</u>	<u>37,188</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	613,181	(595,337)	17,844
Restricted funds			
Ohana Play Fund	-	(3,586)	(3,586)
Lifewise Fund	7,000	(13,031)	(6,031)
PALS Stars Fund	1,000	(1,000)	-
Play Stay and Sign Fund	3,000	(1,247)	1,753
IT Fund	10,140	(180)	9,960
	21,140	(19,044)	2,096
TOTAL FUNDS	<u>634,321</u>	<u>(614,381)</u>	<u>19,940</u>

20. MOVEMENT IN FUNDS - continued

Lifewise Fund

Grants were received from Tesco Bags of Help Community Grant (administered by Groundwork) and The David Brooke Charity in the previous year, to support the Lifewise project, which aids 16+ year olds prepare for their next stage of life, such as in the transition from school to college or from education to employment. Additional funding was received in this period from Voluntary Action Merthyr Tydfil and Cwm Taf Morgannwg University Health Board in order to continue delivering this worthwhile project.

Hype Club Fund

The Hype Club Fund was set up during the year with funding from Tesco Bags of Help Community Grants (administered by Groundwork). The funds were used to transport the Hype club members from Neath to Llantrisant to the charity Xmas party, where they were each given a special present.

IT Fund

The charity has set up a fund to try and replace their IT equipment. The fund was supported in the prior year by the Ford Britain Trust and the Millennium Stadium Charitable Trust. A transfer has been made from this fund to general funds in relation to assets purchased before the year end.

Stay Play and Sign Fund

The Sign & Play Fund was set up in the prior year with funding from Tesco Bags of Help Community Grants (administered by Groundwork), additional funding was received from Tesco 2019/20. The funds were used to cover venue hire and staffing costs.

Rogerstone Arts Fund

The Rogerstone Arts project was set up during the year with funding from Tesco Bags of Help Community Grants (administered by Groundwork).

Makaton Sing and Sign Choir Fund

Funding was received from Interlink Rhondda Cynon Taff in support of staff and volunteer costs in relation to the establishment of a sing and sign Makaton Choir in Church Village.

COVID-19 Pandemic Fund

Supporting children, young people and older adults with disabilities, their siblings, young carers, carers, parents and guardians during the Covid-19 Pandemic. Including regular zoom sessions, posting activity packs and providing 24/7 advice and support. Funding was provided by the following organisations:

The Moondance Foundation

VSEF Small Grants

Interlink Rhondda Cynon Taff

Pen Y Cymoedd Wind Farm Community Fund CIC

Voluntary Action Merthyr Tydfil

National Lottery - Awards for All

The Clothworker's Foundation

RCTCBC - COVID Community Grant

Bridgend Association of Voluntary Organisations

The National Lottery Community Fund - Coronavirus Community Support Fund

Relating to comparative year:

Ohana Play Fund

Funding was received from Awards for All England in the previous year, to support activities at Ohana Play Centre in Bristol. Ohana Play is a centre which runs workshops for children with learning disabilities, in an environment where families can meet and support each other.

Pals Stars Fund

Pals Stars is an accessible performing arts-based activity club for children and young people with disabilities and their siblings based in Aberdare with funding from Tesco Bags of Help Community Grant (administered by Groundwork).

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**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
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21. RELATED PARTY DISCLOSURES

The total key management personnel remuneration benefits paid during the period was £90,701 (2019: £64,230).

The following income was received during the 2019/20 financial year from Roly Poly Entertainments Ltd, a business in which trustee Christopher Gibbins has a controlling interest:

	2020 £
Fundraising income	420
Donations income	130

Fundraising income of £410 was received from three trustees during the financial year (2019: £nil).

22. PENSION COMMITMENTS

The charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charity in independently administered funds. The pension cost charge represents contributions paid by the charity to the fund and amounted to £4,495 (2019: £2,191). Outstanding refunds due at the year end amounted to £197 (2019: £88 outstanding contributions due).