

The Turning Point Counselling Service

Charity number 1105857

Annual Report and Financial Statements for the year ended 31 March 2025



The Turning Point Counselling Service

Annual Report and Financial Statements for the year ended 31 March 2025

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The Turning Point Counselling Service

Trustees' report for the year ended 31 March 2025

Reference and administrative details of the charity, its trustees and advisors

The trustees during the financial year and up to and including the date the report was approved were:

Name	Position	Dates
Alan Hoggard	Chair	
Christine Hood		
Chris Hartley		
David Palethorpe	Vice Chair	
Ursula Blagg		

Chaplin

Judith Grandage

Staff

Ellen Martin - Counselling Co-Ordinator

Claire Summerscales - Administrator

Charity number

The charity registered as a charity number 1105857 on 14th September 2004

Principal address

16 Church Lane
Brighthouse
HD6 1AT

Bankers

CAF Bank Ltd
25 Kings Hill Ave.
West Malling
Kent
ME19 4JQ

Bankers

Virgin Money
12 Bradford Road
Cleckheaton
BD19 3RJ

Independent examiner

Roger Ellis

Structure, governance and management

The charity is governed by a constitution adopted 06/06/2002 as amended on 23/08/2004 as amended on 08/07/2013 as amended on 20/1/2022

Method of recruitment and appointment of trustees

The trustees of the charity are appointed by the members at the AGM.

The Turning Point Counselling Service

Trustees' report (continued) for the year ended 31 March 2025

Objectives and activities

The charity's objects

The preservation and promotion of good health and well-being for the benefit of the public by offering a counselling service based on the christian ethos to anyone over the age of 14 years, in an effort to relieve emotional and mental suffering. The provision of ongoing development training to qualified counsellors and those working towards their professional qualification to help further this object and the establishment of other services linked to the prime objectives when a relevant need and adequate resources are identified.

The charity's main activities

We are a charity committed to supporting individuals suffering mental health and emotional difficulties within the local Brighthouse community and throughout Calderdale. We endeavour to be accessible to all who approach us offering a compassionate service, tailored to an individual's need in an environment where mutual respect and courtesy are demonstrated by both counsellor and client.

Public benefit statement

In setting our objectives and planning our activities our Trustees have given serious consideration to the Charity Commission's general guidance on public benefit and in particular the advancement of health and education).

Achievements and performance

Our in-house counselling service provides clients with a safe, confidential, and non-judgemental space in which to explore stressful and/or distressing experiences. The clients we work with are often struggling with high anxiety and the coping tools and strategies they learn during counselling sessions can be life changing. In 2024/25 ten volunteer counsellors provided 1101 (1070) sessions of counselling to 65 (76) clients.

<u>12 months to</u> <u>March 25</u>	<u>Clients</u>	<u>sessions</u>	<u>Av.</u> <u>Sessions</u>	<u>Waiting</u> <u>Time</u> <u>(weeks)</u>	<u>age</u>	<u>male</u>	<u>female</u>
finished	46	949	21	19	41	17	29
NLR	23				43	3	20
Current	19	152	8	14	36	5	11
Waiting List	26				38	9	17
	114	1101	17	20	40	34	77

We are receiving an increased number of referrals for young people between 14 and 18. we do seek to offer support as soon as possible however this is difficult as we only have a limited number of qualified counsellors who are able to work with young people.

The Turning Point Counselling Service

Trustees' report (continued) for the year ended 31 March 2025

Young People under 18							
finished	12	139	12	14	17	1	2
NLR	4				17		4
Current	5	57	11	16	17	1	1
Waiting List	8				16		8
	29	196	12	20	17	2	15

We continue to offer a free telephone support service offered to any one who contacts us though the help line and includes those on the waiting list for counselling. It enables people to offload their worries whilst they wait for more consistent support from a counsellor. This service is invaluable especially for those who are suicidal, and the clients we talk with have expressed how grateful they are to have someone who will listen in a compassionate and non-judgemental way.

Our placement counsellors include students from Leeds Beckett, Huddersfield University and Leeds City College. They must gain 100 hours one-to-one counselling experience to fully qualify as a counsellor. At The Turning Point, we support the students in both a professional and personal capacity. The Turning Point supports college work, client work and personal challenges to enable the students to achieve their potential and offer the best possible service to our community. We also offer our counsellors specialist training e.g., supporting those struggling with sexual trauma and working with people facing financial difficulties. In March 2025 we had 10 volunteer counsellors 6 of which were trainees.

Signed on behalf of the Trustees by Alan Hoggard



Date: 25th October 2025

The Turning Point Counselling Service

Independent examiner's report to the trustees of The Turning Point Counselling Service

I report to the charity trustees on my examination of the accounts of the Charity for the year ended 31 March 2025, which are set out on pages 7 to 11.

Responsibilities and basis of report

As the charity trustees of the charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts as carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the Act; or
- 2 the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:  Name: Roger Ellis

Date: 12/11/2025

The Turning Point Counselling Service

Receipts and payments account for the year ended 31 March 2025

	Notes	2025 Unrestricted funds £	2025 Restricted funds £	2025 Total funds £	2024 Total funds £
Receipts					
Grants	(2)	-	13,250	13,250	34,582
Donations Received Clients	(3)	4,559	-	4,559	7,114
Donations Other Individuals		1,275		1,275	850
Donations from Organisations	(4)	1,982		1,982	1,057
Earned Income	(5)	9,540		9,540	-
HMRC Gift Aid		3,725		3,725	-
Fund Generation - Fund Raising		-	-	-	163
Bank Interest		9		9	543
Credit Charges		4		4	4
Room Hire Income		330		330	435
		-			
Total receipts		21,424	13,250	34,674	44,748
Payments					
Staff Salaries		18,626	18,407	37,033	31,336
Employers Pension		819	810	1,629	1,057
Other Staff costs		106	106	212	72
Supervision Fees		797	787	1,584	2,711
Counsellor Travel Costs		254	251	505	1,251
Counsellor Training		45	45	90	369
Other Counsellor Payments		(81)	1,548	1,467	569
DBS Checks		37	35	72	24
Rent		2,416	2,384	4,800	4,800
Brighthouse Bid Levy		78	77	155	127
Service Charge		483	477	960	960
Other Property Costs		110	108	218	149
Photocopier & Printing		86	84	170	14
Postage and Carriage		4	3	7	74
Office Stationery		18	18	36	484
Telephone and Fax		177	176	353	123
Website		91	89	180	27
Cleaning		113	110	223	447
Insurance		232	228	460	543
Refreshments		232	230	462	33
Sundry Expenses		60	58	118	430
Subscriptions		220	220	440	1,100
Other Training		-	-	-	60
Bank Charges		39	31	70	
		-			
Total payments		24,962	26,282	51,244	46,760
Net receipts / (payments)		(3,538)	(13,032)	(16,570)	(2,012)
Transfers between funds		-	-	-	-
Net movement in funds after transfers		(3,538)	(13,032)	(16,570)	(2,012)
Fund balances brought forward		25,992	24,157	50,189	52,201
Fund balances carried forward	(8)	22,454	11,125	33,619	50,189

The Turning Point Counselling Service

Statement of assets and liabilities

as at 2025

	2025	2025	2025	2024
	Unrestricted	Restricted	Total	Total
	£	£	£	£
Cash funds				
Cash at bank	22,180	11,125	33,305	50,049
Cash in hand	284	-	284	140
Total cash funds	<u>22,464</u>	<u>11,125</u>	<u>33,589</u>	<u>50,189</u>
Other monetary assets				
Debtors			180	138
Accrued income				3,723
Less: Liabilities				
Creditors			150	253
			<u>33,619</u>	<u>53,797</u>

Approval of the accounts

The financial statements were approved by the board of trustees on 25th July 2025

Signed:  (Trustee)

Name: Alan Hoggard

The Turning Point Counselling Service

Notes to the accounts continued

for the year ended 31 March 2025

1 Accounting

Basis of

The trustees have taken advantage of section 133 of the Charities Act 2011 and have prepared the accounts on a receipts and payments basis.

There has been no change to the accounting policies since last year.

No changes have been made to the accounts for previous years.

Taxation

As a charity the organisation benefits from rates relief and is generally exempt from income tax and capital gains tax but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

2 Grants & Donations

	2025	2025	2025	2024
	Unrestricted	Restricted	Total	Total
	funds	funds	funds	funds
	£	£	£	£
Brighthouse Jigsaw Festival		2,250	£2,250	£2,000
CFFC Support & Integration Fund		5,000	£5,000	£4,956
The West Trust			£0	£8,000
Scurrah Wainwright		5,000	£5,000	£3,000
Hillards		1,000	£1,000	£16,626
	-			
	-	13,250	13,250	34,582

3 Client donations non-taxpayers

Clients are asked at their initial meeting to sign up to a weekly contribution towards the cost of their counselling. So that nobody is excluded on the grounds of hardship clients who are unable to afford £12 a week are assisted in accessing a hardship fund to make up the shortfall. All clients who are able are also encouraged to sign a gift aid declaration.

The Turning Point Counselling Service

Notes to the accounts continued

for the year ended 31 March 2025

4 Donations from Organisations	2025	2025	2025	2024
	Unrestricted	Restricted	Total	Total
	funds	funds	funds	funds
	£	£	£	£
St Johns Church Rastrick	£480		£480	£460
St Matthews Church Rastrick	£150		£150	£150
Upper Edge Baptist Church	£843		£843	£150
Churchfields Hall	£252		£252	£205
Churches Together			£0	£92
Other Donations	£257		£257	
				£0
	<u>£1,982</u>	<u>£0</u>	<u>£1,982</u>	<u>£1,057</u>
5 Earned Income	2025	2025	2025	2024
	Unrestricted	Restricted	Total	Total
	funds	funds	funds	funds
	£	£	£	£
Rastrick High	9,540		£9,540	
	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>

From September 2021 to May 2022 Turning Point Carried out work for Healthy Minds and in particular Calderdale Wellbeing. This service was offering counselling to key workers following the pandemic. Counsellors who undertook this work were paid an hourly fee

From April 2022 to December 2022 the counselling co-ordinator worked in schools and this was funded by the schools themselves Rastrick High was topped up by a grant from Rastrick Big Local.

6 Related party transactions

Trustee expenses

No trustee received any expenses during this year or the previous year.

Trustee remuneration and benefits

No trustee received any remuneration or benefit during this or the previous year.

7 Supervision Fees

Counsellors volunteer their time free of charge, however the charity does reimburse part of the cost of personal supervision fees without which the counsellor would be unable to practise. Reasonable travel costs on a mileage basis can also be claimed.

The Turning Point Counselling Service

Notes to the accounts continued

for the year ended 31 March 2025

8 Funds	Opening Balance £	Receipts £	Payments £	Account Transfers £	Closing Balance £
Unrestricted Funds	26,032	21,424	24,962	-	22,494
Restricted Funds					
Young Peoples Fund	2,575	2,250	3,700	-	1,125
CFFC -Hardship Fund	4,956	0	4,956	-	0
Awards for All	16,626		16,626	-	0
Scurrah Wainwright		5,000			5,000
Support & Integration Fund		5,000			5,000
	50,189	33,674	50,244	0	33,619

9 Accrued income

	2025 £	2024 £
HMRC Tax Refund Due		3,723
	-	3,723

0