

The Turning Point Counselling Service

Charity number 1105857

Annual Report and Financial Statements for the year ended 31 March 2022



The Turning Point Counselling Service

Annual Report and Financial Statements for the year ended 31 March 2022

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The Turning Point Counselling Service

Trustees' report for the year ended 31 March 2022

Reference and administrative details of the charity, its trustees and advisors

The trustees during the financial year and up to and including the date the report was approved were:

Name	Position	Dates
Ursula Blagg	Chair	Appointed Nov 21
Alan Hoggard		
Christine Hood		
Pearl Horner	Secretary	Resigned July 21
Chris Hartley		
David Palethorpe	Vice Chair	

Charity number

The charity registered as a charity number 1105857 on 14th September 2004

Principal address

16 Church Lane
Brighthouse
HD6 1AT

Bankers

CAF Bank Ltd
25 Kings Hill Ave.
Kings Hill
West Malling
Kent
ME19 4JQ

Independent examiner

Roger Ellis

Structure, governance and management

The charity is governed by a constitution adopted 06/06/2002 as amended on 23/08/2004 as amended on 08/07/2013 as amended on 20/1/2022

Method of recruitment and appointment of trustees

The trustees of the charity are appointed by the members at the AGM.

The Turning Point Counselling Service

Trustees' report (continued) for the year ended 31 March 2022

Objectives and activities

The charity's objects

The preservation and promotion of good health and well-being for the benefit of the public by offering a counselling service based on the christian ethos to anyone over the age of 14 years, in an effort to relieve emotional and mental suffering. The provision of ongoing development training to qualified counsellors and those working towards their professional qualification to help further this object and the establishment of other services linked to the prime objectives when a relevant need and adequate resources are identified.

The charity's main activities

We are a charity committed to supporting individuals suffering mental health and emotional difficulties within the local Brighouse community and throughout Calderdale. We endeavour to be accessible to all who approach us offering a compassionate service, tailored to an individual's need in an environment where mutual respect and courtesy are demonstrated by both counsellor and client.

Public benefit statement

In setting our objectives and planning our activities our Trustees have given serious consideration to the Charity Commission's general guidance on public benefit and in particular the advancement of health and education).

Achievements and performance

During 2021/22 we along with many organisations transitioned out of the covid pandemic and were able to return to offering a face to face counselling service which is the core of our work

Our in-house counselling service provides clients with a safe, confidential, and non-judgemental space in which to explore stressful and/or distressing experiences. The clients we work with are often struggling with high anxiety and the coping tools and strategies they learn during counselling sessions can be life changing. In 2021/22 we have provided 1104 sessions of counselling to 69 clients. In the past year we have worked with calderdale cares partnership to provide counselling to key workers

In January 21 we recieved funding and were able to expand our telephone support service offered to any one who contacts us though the help line and includes those on the waiting list for counselling. It enables people to offload their worries whilst they wait for more consistent support from a counsellor. This service is invaluable especially for those who are suicidal, and the clients we talk with have expressed how grateful they are to have someone who will listen in a compassionate and non-judgemental way.

The work we do at Rastrick High School is for young people aged 14+ and offers students a safe place for them to be heard as themselves, away from their peers and the pressures of adolescence and social media. For many young people, this environment is their only reprieve in difficult circumstances both at home and at school. This work was funded by a grant from the Brighouse Jigsaw Festival

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Trustees' report (continued) for the year ended 31 March 2022

Our placement counsellors include students from Leeds Beckett, Huddersfield University and Leeds City College. They must gain 100 hours one-to-one counselling experience to fully qualify as a counsellor. At The Turning Point, we support the students in both a professional and personal capacity. The Turning Point supports college work, client work and personal challenges to enable the students to achieve their potential and offer the best possible service to our community. We also offer our counsellors specialist training e.g., supporting those struggling with sexual trauma and working with people facing financial difficulties. In 2021/22 we had 15 volunteer counsellors 10 of which are trainees.

Signed on behalf of the Trustees by Alan Hoggard



Date: 12 September 2022

The Turning Point Counselling Service

Receipts and payments account

for the year ended 31 March 2022

	Notes	2022 Unrestricted funds £	2022 Restricted funds £	2022 Total funds £	2020 Total funds £
Receipts					
Grants	(1)	13,750	12,440	26,190	22,742
Donations Received Clients	(2)	4,455		4,455	2,513
Donations Other Individuals		1,018		1,018	1,232
HMRC Gift Aid		3,109		3,109	
Donations from Organisations	(3)	1,685	1,250	2,935	3,310
Earned income	(4)	3,020	-	3,020	
Fund Generation - Fund Raising		158		158	
Bank Interest		6		6	11
Other Income		86		86	56
		-			
Total receipts		27,287	13,690	40,977	29,864
Payments					
Staff Salaries	(6)	14,861	11,205	26,066	18,387
Supervision Fees	(7)	1,606	500	2,106	576
Calderdale Counselling		2,295	-	2,295	
Counsellor Travel Costs		534	-	534	150
Counsellor Training		451	-	451	
Young People Counselling		-	400	400	202
DBS Checks		112	-	112	
Rent		4,320	480	4,800	4,800
Brighthouse Bid Levy		118	-	118	
Service Charge		860	100	960	880
Printing		188	-	188	
Postage and Carriage		22	-	22	21
Office Stationery		36	-	36	
Telephone and Fax		227	150	377	561
Website		500	-	500	
Equipment		599	-	599	568
Cleaning		57	-	57	
Insurance		358	70	428	428
Refreshments		485	-	485	217
Subscriptions		366	-	366	240
Bank Charges		96	-	96	69
		-			
Total payments		28,091	12,905	40,996	27,099
Net receipts / (payments)		(804)	785	(19)	2,765
Transfers between funds		-	-	-	-
Net movement in funds after transfers		(804)	785	(19)	2,765
Fund balances brought forward		36,871	2,003	38,874	36,109
Fund balances carried forward	(2)	36,067	2,788	38,855	38,874

The Turning Point Counselling Service

Statement of assets and liabilities

as at 2022

	2022	2022	2022	2021
	Unrestricted	Restricted	Total	Total
	£	£	£	£
Cash funds				
Cash at bank	35,982	2,788	38,770	39,146
Cash in hand	309	-	309	92
Total cash funds	<u>36,291</u>	<u>2,788</u>	<u>39,079</u>	<u>39,238</u>
 Other monetary assets				
Debtors			320	
 Less: Liabilities				
Creditors			543	363
			<u>38,856</u>	<u>38,875</u>

Approval of the accounts

The financial statements were approved by the board of trustees on 12 September 2022

Signed:  (Trustee)

Name: Alan Hoggard

The Turning Point Counselling Service

Notes to the accounts

for the year ended 31 March 2022

1 Accounting policies

Basis of accounting

The trustees have taken advantage of section 133 of the Charities Act 2011 and have prepared the accounts on a receipts and payments basis.

There has been no change to the accounting policies since last year.

No changes have been made to the accounts for previous years.

Taxation

As a charity the organisation benefits from rates relief and is generally exempt from income tax and capital gains tax but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Endowment funds represent those assets which must be held permanently by the charity, principally investments. Income arising on the endowment funds can be used in accordance with the objects of the charity and is included as unrestricted income unless restrictions have been imposed by the donor. Any capital gains or losses arising on the investments form part of the fund. Investment management charges and legal advice relating to the fund are charged against the fund.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

The Turning Point Counselling Service

Notes to the accounts continued

for the year ended 31 March 2022

1 Grants	2022 Unrestricted funds £	2022 Restricted funds £	2022 Total funds £	2021 Total funds £
The West Trust	10,000		£10,000	£7,000
CFFC Grant	-	5,000	£5,000	£1,000
Covid-19 Response	-			£9,742
Calder Manual Draw	-			£5,000
Local Giving	500		£500	
Beaders	250		£250	
Albert Hunt	2,000		£2,000	
VCI	-	7,440	£7,440	
Lloyds Bank	1,000		£1,000	
	-			
	<u>13,750</u>	<u>12,440</u>	<u>26,190</u>	<u>22,742</u>

2 Donations Received Clients

Clients are asked at their initial meeting to sign up to a weekly contribution of at least £10 towards the cost of their counselling. So that nobody is excluded on the grounds of hardship clients who are unable to afford £10 a week are assisted in accessing a hardship fund to make up the shortfall. All clients who are able are encouraged to sign a gift aid declaration.

3 Donations from Organisations

	2022 Unrestricted funds £	2022 Restricted funds £	2022 Total funds £	2021 Total funds £
Bailiff Bridge School	200		£200	
Brighouse Jigsaw Festival	-	1,250	£1,250	£2,500
Hudds Pennine Rotary Club	250		£250	
St Johns Church Rastrick	360		£360	£360
St Matthews Church Rastrick	250		£250	£250
St Pauls Birkenshaw	500		£500	
Upper Edge Baptist Church	100		£100	£200
Other Donations	25		£25	
	-			
	<u>1,685</u>	<u>1,250</u>	<u>2,935</u>	<u>3,310</u>

4 Earned Income

From September 2021 Turning Point Carried out work for Healthy Minds and in particular the calderdale cares for us team. This service was offering counselling to key workers followingg the pandemic. Counsellors who undertook this work were paid an hourly fee

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Notes to the accounts continued
for the year ended 31 March 2022