HOME-START CENTRAL LANCASHIRE LTD

England & Wales · Charity number 1105739

Details

Other names	HOME-START CHORLEY & SOUTH RIBBLE, HOME-START CHORLEY AND SOUTH RIBBLE
Status	Registered
Legal form	Charitable company
Company number	05214560
Registered	2004-09-06
Register	View on the Charity Commission register

Contact

Address	112a Market Street Chorley Lancashire PR7 2SL
Phone	01257241636
Email	enquiries@homestartcentrallancs.org.uk
Website	www.homestartcentrallancs.org.uk

Activities

Objects: A)TO SAFEGUARD, PROTECT AND PRESERVE THE GOOD HEALTH, BOTH MENTAL AND PHYSICAL OF CHILDREN AND PARENTS OF CHILDREN;B)TO PREVENT CRUELTY TO OR MALTREATMENT OF CHILDREN;C)TO RELIEVE SICKNESS, POVERTY AND NEED AMONGST CHILDREN AND PARENTS OF CHILDREN;D)TO PROMOTE THE EDUCATION OF THE PUBLIC IN BETTER STANDARDS OF CHILD CARE;WITHIN THE AREA OF CENTRAL LANCASHIRE AND ITS ENVIRONS ('THE OBJECTS')

Activities: To offer support to families who have at least one child under nineteen years of age.

Classification

- **How:** Provides Human Resources, Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes
- **Who:** Children/young People, The General Public/mankind

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Geography

- **Area of benefit:** CENTRAL LANCASHIRE AND ITS ENVIRONS
- Lancashire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£261,941	£274,856	-	-
2024-03-31	£212,648	£244,816	-	-
2023-03-31	£186,451	£244,174	-	-
2022-03-31	£146,575	£210,779	-	-
2021-03-31	£93,106	£227,307	-	-

Trustees

Name	Role	Appointed
Maureen Walkden	Chair	2017-09-14
DIANE GRADWELL		2011-10-19
David Herne		2025-12-23
JEANNIE SHARMAN STIRLING		
June Molyneaux		2023-01-11
Zieda Ali		2021-10-29

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HOME-START CENTRAL LANCASHIRE LTD

England & Wales - Charity number 1105739

Accounts

Home-Start Central Lancashire Annual Report 2024/2025

The Science of Support

The Power of Connection

The Science of Support
The Power of Connection

PRESENTED FOR

Home-Start Central Lancashire
AGM 2025

Home-Start Central lancashire

Organisation and Leadership

Home-Start Central Lancashire is a family support charity and company limited by guarantee.
We work in a different way to statutory and many other services. Families choose to work with us and invite us into their homes and lives. We are an independent; non-judgmental; local community network of expert support and trained volunteers helping families with young children in their own homes and communities through their challenging times.

We are there for parents and children when they need us the most to support them through the struggles they are experiencing, so they can recognise their strengths and build on them.

Our Trustees have parenting and/or carer experience, a range of professional skills and diverse backgrounds. They are committed to the organisation providing quality family support; time; skills; and experience to ensuring the charity is well governed and supported.
Donna Hussain our current CEO began life an only child; abandoned by her mother and raised by her grandparents in the County of Lancashire, in one of the most deprived areas of England

Donna is the founder, designer and developer of 'Sweet Chilli Parenting®'. She brings to the organisation professional experience; diverse lived experience; and a reputation for successful transformation. She advocates for families; social justice; trauma informed practice and therapeutic parenting.

Family Support Manager – Kerry Molyneaux joined our organisation in the summer of 2023. Previously Kerry worked in East Lancashire supporting diverse families living in high deprivation. She came to Home-Start wanting to be a part of something that was inclusive; empowered families and kept them together. Her lived experience; skills; and knowledge in part gained from raising her three children diagnosed with autism; and extensive experience supporting and safeguarding diverse families; contributes towards protecting our families and ensuring they have what they need to thrive.

"The Alchemy of Family Support", combines traditional and evolving support, with innovation to provide robust, progressive, early intervention and prevention family support, which has the potential to further complement and strengthen existing support services delivered by local partners. This could also ensure that families have access to identified learning and support, and what they need to overcome the 'imposed' challenges impacting their ability to advance and thrive in the 21st Century.

Organisation Strengths and Team Expertise

At Home-Start Central Lancashire, we have 30 years of experience supporting families in our local communities. Our team brings a wealth of expertise in early intervention, trauma-informed care, and family support.

Our Office Manager and Family Support Coordinators are qualified professionals with a combination of experience and qualifications including social care, early years education and development, and mental health services.

They lead a team of highly trained volunteers, some of whom have previous professional experience supporting families including retired midwives, health visitors, nutritionists etc. More importantly, all our volunteers live locally and have lived experience as parents or carers.
This lived experience, combined with rigorous training, allows them to engage with families with deep empathy and understanding, providing tailored support that addresses multiple and/or complex family challenges.

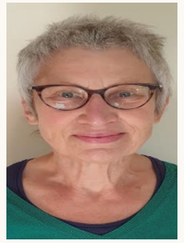
Our volunteers undergo extensive training, including areas such as safeguarding, mental health awareness, trauma-informed approaches, domestic violence and abuse, and childhood development. This ensures they have the necessary skills to assist families facing issues such as post-natal depression, isolation, bereavement, mental health challenges, intergenerational trauma, and more.

Additionally, our coordinators maintain a close working relationship with each family, overseeing volunteer efforts and ensuring support remains flexible and responsive to the changing needs of both volunteers and families.

The support and training we provide to our volunteers are highly regarded. Our volunteers are sometimes approached by our partner organisations for employment opportunities, or we support them to successfully secure jobs they were previously denied. This demonstrates the strength and quality of our volunteer program and the practical skills it instils.

We also actively support university students, particularly those studying health and social care, occupational therapy, and early childhood development. These students gain invaluable, hands-on experience with us, complementing their academic studies and giving them a real-world perspective on family support work. This collaboration strengthens our partnerships with local universities and ensures the future of quality of care for families.

Who We Are



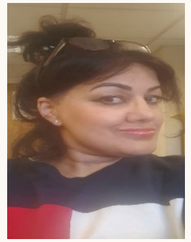
Chair of Trustees
Maureen Walkden



Vice-Chair Trustees
Jeannie Stirling



Trustee
Diane Gradwell



Trustee
Zaida Shah



Trustee
Cllr June Molineaux



Local Authority Rep
Cllr Aaron Beaver



Patron
Catherine Hoyle



CEO
Donna Hussain



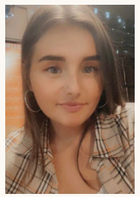
Family Support Manager
Kerry Molineaux



Office Manager
Jennifer Coupe



Jorden Thompson
Family Support Coordinator



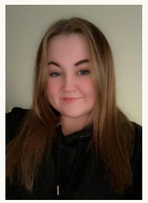
Katie Walsh
Early Years and Volunteer Coordinator



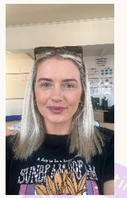
Becky Wood
Family Support Coordinator



Joanna Steed
Family Support Coordinator



Megan Alty
Family Support Coordinator



Lauren Blair
Family Support Coordinator

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Our Vision

A future where every family, no matter their past, is strong, connected, and confident free from shame, fear, and exclusion.

- Where cycles of isolation and inequality are broken, and replaced with systems rooted in connection, compassion, and truth.

- Where science and soul unite, empowering children, their caregivers, and communities to flourish with confidence and independence.



The science of support - the power of connection

Executive Summary

The past year has been one of resilience, innovation, and impact for Home-Start Central Lancashire. Against a backdrop of rising child poverty and with more than one in three children in Preston now growing up below the poverty line, our work has never been more vital.

Families across Chorley, South Ribble, West Lancashire, and Greater Preston continue to face multiple, complex challenges. Yet, through our trauma-informed, volunteer-led family support, we have been able to offer hope, stability, and practical change when it is needed most.

Over 1,200 families received support this year, each with their own story. Some, like Lisa, found a lifeline after years of crisis and isolation; others, like Sarah, discovered new strategies through Sweet Chilli Parenting® that transformed daily life with her children. Darren's recovery journey through Flip the Script showed the power of walking alongside parents tackling addiction, while Amal's story demonstrates how Vibes of Belonging can reduce isolation and help families new to the UK feel at home. These stories highlight not just the numbers, but the real lives being changed by early intervention.

Our model - The Alchemy of Family Support - continues to grow stronger. Alongside our core home-visiting, this year we -
- Expanded Budding Spirits parent and child groups to nurture early years development.
- Embedded Divergent Parent, recognising the unique strengths and challenges of neurodiverse parents.
- Strengthened our partnerships with the local universities to independently evaluate our impact, ensuring academic rigour underpins our practice.
- Invested in volunteer recruitment and wellbeing, with new local volunteers trained, many of whom go on to secure employment through the skills and confidence they gain.

Financially, we have made strong progress, securing diverse income streams to stabilise our future and developing professional training programmes that generate independent income. We remain deeply grateful to our funders, partners, and donors whose belief in our work sustains us.

Looking ahead, our 2025–2028 Strategic Plan sets out bold ambitions to scale our services so that no family is left behind; to deepen evaluation so that the voices of families influence systems; and to ensure that every parent has the tools, confidence, and connection to break cycles of disadvantage.

This report reflects not only the measurable outcomes, improvements in emotional regulation, parenting confidence, and child development, but also the quieter triumphs like a parent answering the door for the first time, a child laughing again, a family daring to hope for a brighter future.

Our vision remains clear: a future where every family, no matter their past, is strong, connected, and confident free from shame, fear, and exclusion. With the continued dedication of our staff, volunteers, trustees, and partners, I am confident we will achieve it.

Donna Hussain
Chief Executive Officer

A message from the Chair of Trustees
Maureen Walkden 2024/2025

2024-2025 was another successful 12 months for Home-Start Central Lancashire. It has again been a privilege to serve as Chair of the Board of Trustees and be part of this success.

During the year, our CEO Donna Hussain was able to secure more funding and ensure the scheme could continue with and extend the support for families in Central Lancashire. Donna, the staff and volunteers worked tirelessly to make this happen. The role of the volunteers is a key part of our support for families which is centred on home visiting.

On behalf of the Trustees and myself I wish to thank them, Donna and her staff for all their hard work often in difficult and challenging circumstances.
Throughout 2024 Home-Start Central Lancashire worked closely with other agencies in the area. This has been a productive partnership and one we are keen to maintain and expand in the coming months. The Board of Trustees value the financial help received from our stake holders and thank them for continuing to believe in our work.

I also wish to thank my fellow trustees for their hard work and encouragement.
The Trustees are confident that Home-Start Central Lancashire will go from strength to strength and we look forward to the future with optimism.

Best wishes to you all
Maureen.

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We are incredibly grateful for the dedication and impact of our volunteers, and this year we've made it a priority to show our appreciation in meaningful ways.

During Volunteers' Week, each volunteer received a personalised certificate in recognition of their valuable contribution. We partnered with West Lancs CVS and Preston CVS to organise a special dinner to celebrate their efforts.

Throughout the year, we shared messages of thanks through social media, text messages, and regular monthly newsletters especially to keep those who couldn't attend coffee mornings connected and informed. Christmas celebrations also gave us another opportunity to come together and express our thanks supported by Places for People who generously donated raffle prizes..

Feedback from families has consistently highlighted how much our volunteers are valued, and we remain committed to recognising the vital role they play in everything we do.



A huge thanks to our volunteers

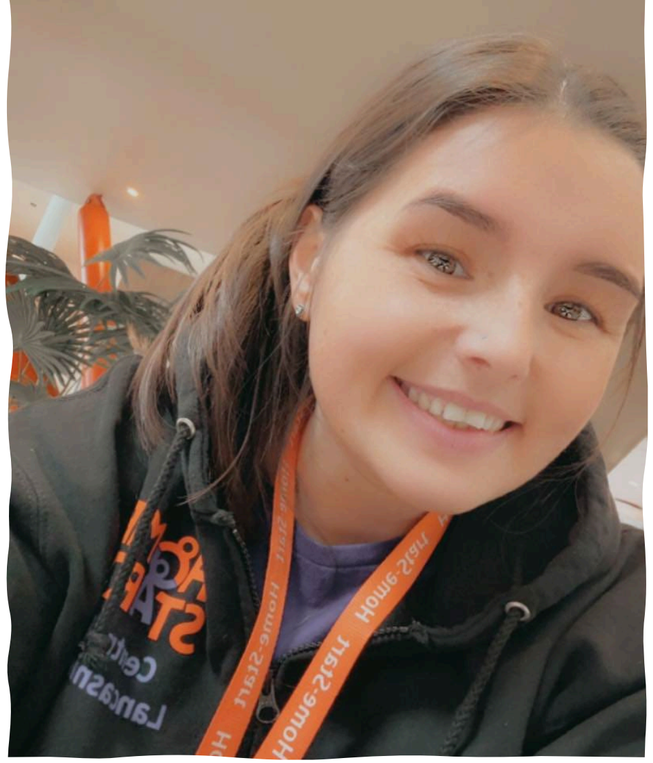
WE VALUE AND APPRECIATE YOU





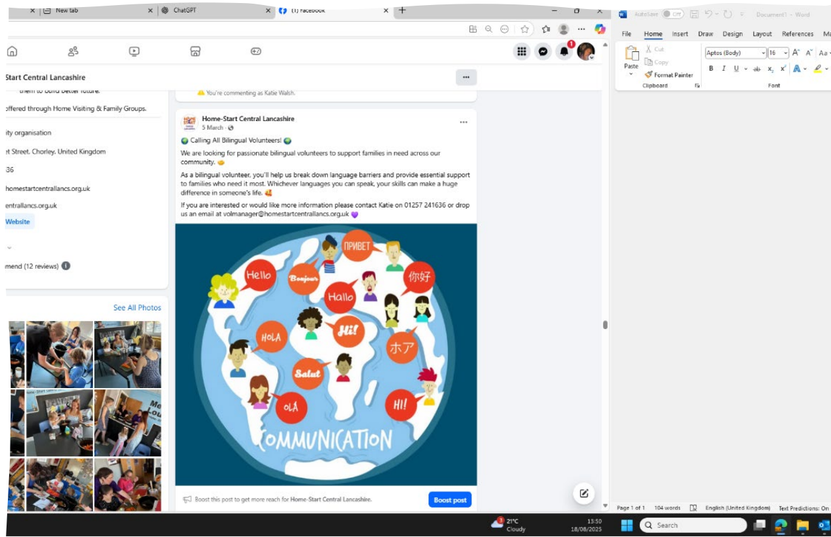
Volunteer Recruitment

- We have continued to strengthen our volunteer recruitment efforts through a range of targeted activities.
- Katie has represented our organisation at numerous events, including careers fairs at Edge Hill University and UCLAN, helping to engage students and graduates interested in giving back to their communities.
- We've also worked closely with West Lancs CVS and Preston CVS to connect with potential volunteers through local networks and community events.
- In addition, we've increased our outreach through social media campaigns, delivered targeted posts, and distributed flyers to schools to raise awareness and attract more volunteers from a diverse range of backgrounds.









Volunteer Success Story

This year, we were proud to see the journey of one of our dedicated volunteers, Megan, come full circle. Megan first joined us through a placement opportunity while studying at UCLan, volunteering with us throughout her three-year course. During that time, she developed valuable skills, gained hands-on experience, and made a real impact within our service.

We're delighted that Megan has now joined our team as a staff member.

Her progression from volunteer to employee is a fantastic example of how we not only support our volunteers but also create meaningful pathways for their future—giving back to those who give so much to us, here is Megans story:

"My volunteering journey with Home-Start Central Lancashire began 3 years ago as part of my university placement while studying Children, Schools and Families at UCLAN. In my first year, I supported two families each week, visiting them in their homes and offering emotional and practical support.

As I moved into my second and third year, I continued to support families and became involved in community-based support through volunteering at the Parent and Toddler group in Clayton Brook. These experiences helped me grow both personally and professionally and confirmed my passion for a career in family support.

In March 2025, I was given the amazing opportunity to join the team as a Family Support Coordinator. Now, I get to be part of the same incredible team, just in a new capacity. I've come to see even more clearly just how vital our volunteers are in the support we offer at Home-Start Central Lancashire."

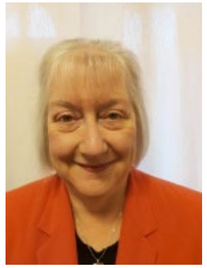


Feedback From Volunteers



Heidi “You can do something for nothing but realise it's appreciated and for the greater good and that's what keeps me going , So thank you all for having faith in me”

Lesley "I volunteer because I want to give something back to society and I love doing it because I can see the difference I am making in peoples lives"





Aurora "I started volunteering to help others but along the way I discovered myself"

Valerie "It is important to me and very rewarding to be able to offer my skills and experience to make a difference in my community by helping to improve the lives of individual families in a small way"





Debbie "My time as a volunteer for home start has allowed me to challenge and develop myself with totally new skills since my retirement. The feedback I have received from families has made me role very rewarding as they have confirmed I have made a difference in their lives"

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Feedback From Families

Mum of 2 supported by Rachel

“Mum said that she really enjoyed the support from the volunteer, mum said that she helped get out and about, had someone to talk to and was a good listener, mum said that she always turned up and was reliable.”



Mum of 2 received support from Carole

“Mum said that she has got on really well with Carole, she was really good with the children. We have been to the park, been for walks, we have played in the garden and Carole helped me with planting, it has been really nice to have someone to talk to and someone to go out with”



Mum of 1 supported by Julie W

“Julie is amazing, she is so lovely there has been no lows to the support only highs, Julie has been there, she has been a consistent support, and I really appreciate having her there, she kept me grounded and was brilliant with my eldest child, Julie made me feel like I am stronger, and I can stand up for myself and she was very reassuring'.



Mum of 6 supported by Heidi

“I am very thankful for the support, C5 really took to her and 'loves her'. C5 has really come out of his shell which was an outcome that I wanted to achieve, C5 loved his 'Heidi days'. The highs for the support is that Heidi managed to get C5 to try new foods and then continued and C5 tasted new foods at nursery.”



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SOFOLOGY VOLUNTEER EVENT







This year, we were excited to partner with Sofology to film a special feature in one of their stores, aimed at promoting our volunteer programme and encouraging others to get involved.

The film, which was later shared on televisions across their stores and across digital platforms, showcased the real impact of volunteering through powerful stories.

Our volunteers shared their personal experiences, staff highlighted the difference volunteers make to our service, and families took part to express the positive impact volunteers have had on their lives.

It was a fantastic opportunity to raise awareness, celebrate the contributions of our volunteers, and reach a wider audience with our message.

Scan the QR codes below for the full social media reels

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The Alchemy of Family Support

This multidisciplinary approach gives parents a choice in the type of early intervention support they receive, reinforcing that their voices are heard and respected, which is crucial to implementing trauma-informed principles.

In addition to our core home-visiting support, Sweet Chilli Parenting®, and Budding Spirits, throughout 2025 we plan to further develop our newer initiatives in response to ongoing feedback, including -

Flip the Script – supporting parents to access and engage with addiction services more effectively.

Divergent Parent – supporting parents diagnosed with, awaiting diagnosis for, or suspected of having neurodiversity or attachment issues.

Vibes of Belonging – focusing on increasing awareness and support around inclusivity, equity, and cultural competence.

Breaking the Silence – Raising awareness amongst professionals about the impact of adult illiteracy and safeguarding implications.









Expanding vs. Maintaining Core Services

While we are expanding our services, it's important to clarify that programs like Flip the Script (supporting parents to engage better with addiction services), Divergent Parent (supporting neurodiverse parents), and Vibes of Belonging (focusing on Equality, Diversity, and Inclusion) are not separate elements.

Rather, these are enhancements within our core home-visiting service designed to address specific challenges that can affect family outcomes if not fully recognised and supported.

These enhancements ensure that our home-visiting service is responsive to the often diverse, complex, and underlying needs of families.

Home-Visiting Family Support

Over 1200 Families including over 3000 children were supported by Home-Start Central Lancashire during this year

Below gives an idea of the difference we make.

97%

Families feel less isolated.



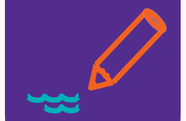
99%

Saw improvement in their children's behaviour



94%

Families see improvement in Parent's mental health.



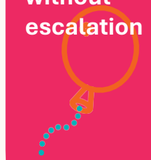
98%

Improvement in Parent and Child Connection.



99.9%

Families supported by us improved without escalation



98%

Families are more aware of available local services.



97%

Achieved school readiness goals.



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Impactful Stories

FAMILY TESTIMONIALS

"Home-Start changed our lives through unwavering support and kindness."

POSITIVE GROWTH

"With guidance, we learned to overcome challenges and move forward."

LASTING CONNECTIONS

"The friendships we built are lifelines in our journey."

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Key Achievements

Celebrating Impactful Moments in 2024/2025

Community Outreach

Expanded services to reach more families

Volunteer Training

Increased opportunities and Formed strong connections with local volunteers

Family Support

Provided support and resources to over 1200 families

Partnership Growth

Collaborated with new and existing organisations for support

Growth Statistics

Impact of Outreach on Local Families and Communities

1,200

Families Supported

Increased community engagement

98%

Satisfaction Rate

Families feel better supported

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Budding Spirits

Clayton Brook Parent and Child Group

Since launching in September 2023, our Parent and Child Group has had a significant and positive impact on families in our community. The group has played a key role in reducing social isolation by offering a welcoming space where both children and adults can connect, build friendships, and develop trust.

Children have benefited from having regular access to engage in activities, and the opportunity to socialise with their peers, supporting their social and emotional development. Many of these children have since started nursery together, allowing them to form secure attachments and friendships ahead of time, which has made the transition into nursery smoother and less stressful for both children and their parents. The group has proven to be a valuable stepping stone in building confidence and community for families.











Clayton Brook Parent and Child group



Feedback From Families

MUM OF JACK AGED 3

“I loved coming to group because after moving to Clayton brook myself and my little boy didn't know anyone now, we both have made friends and feels like it made us more sociable also the girls who run the group were always there for us for support and guidance on daily life struggles and for that I'm truly grateful”.

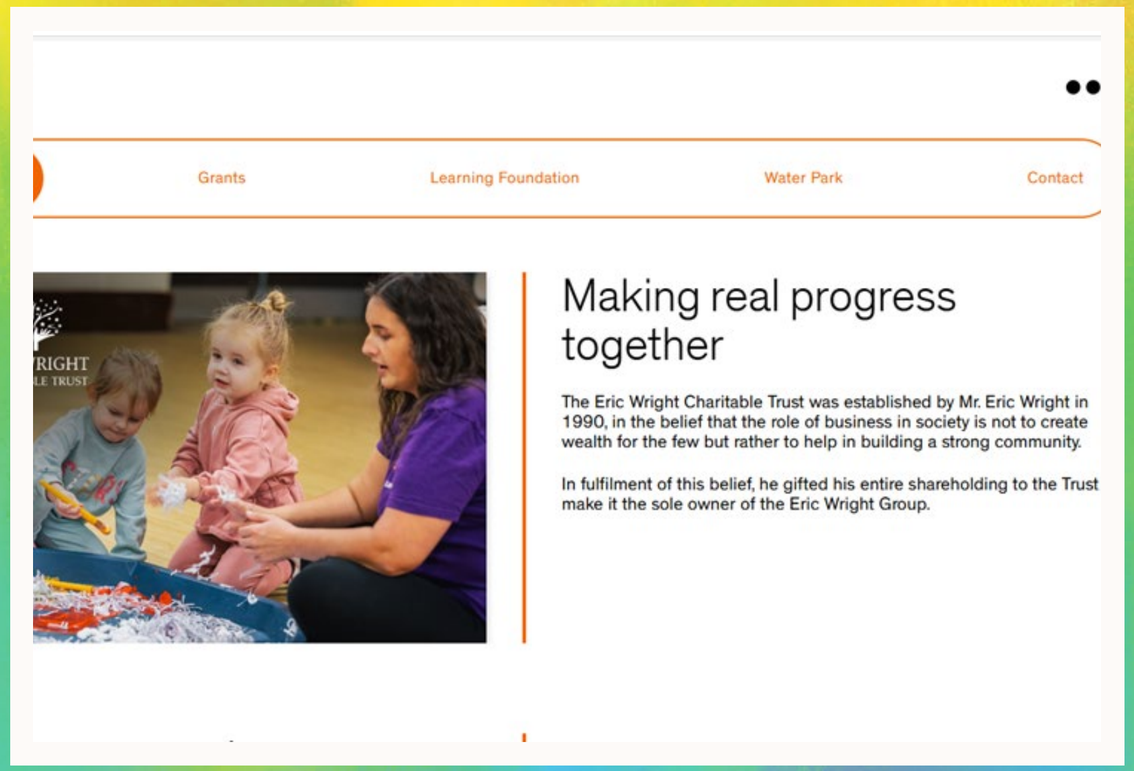
MUM OF ROSIE AGED 2

“The group is very welcoming and place to go with my daughter as it helps my daughter to build her confidence up more mix with other children. Also it's good for us mums to , to have brew chat whilst our children play.”

MUM OF CHILD AGED 3

“Really enjoy the variety of activities and like the sensory tray, People are friendly, my child has enjoyed making new friends and playing with all the toys.”

Budding Spirits Clayton Brook Parent and Child group Welcomes The Eric Wright Charitable Trust



We were pleased to welcome members from Eric Wright, one of our key funders, to visit our group and see firsthand the impact their support has on the families we work with.

During their visit, they had the opportunity to meet parents and children, observe the activities taking place, and hear directly from families about how the group has benefited them.

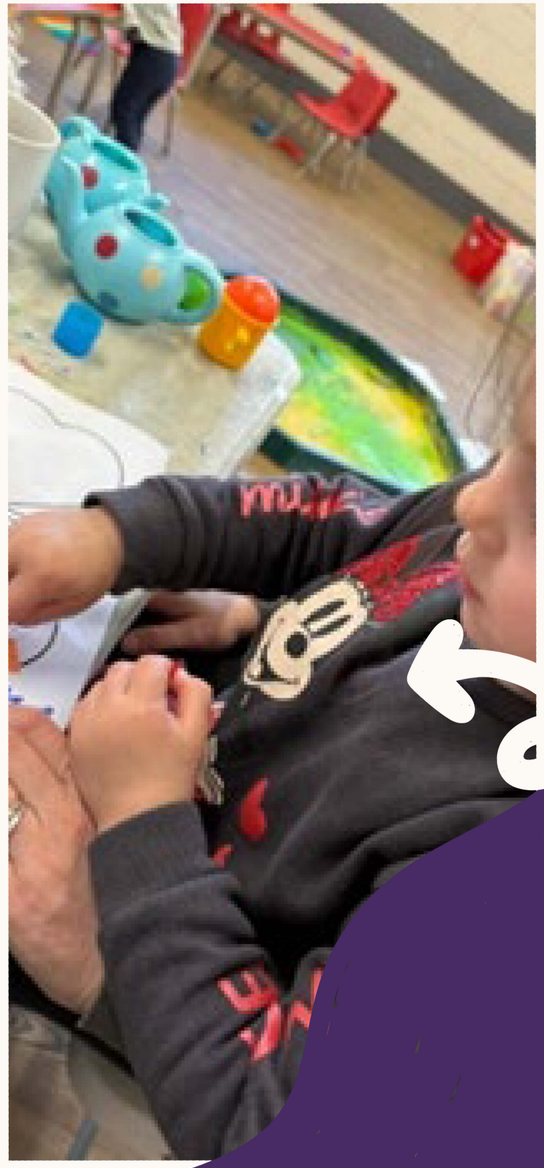
Photos were also taken during the session to be shared on the Eric Wright website, helping to showcase the real-life impact of their funding.

Their visit was a valuable opportunity to highlight how their support helps reduce isolation, build friendships, and create a safe, welcoming space for families in our community.

Budding Spirits

Moss Side Parent and Child group





Budding Spirits

Moss Side Parent and Child Group

Our group in the Moss Side Community, began in October 2024 and has since become a vital part of our community, providing a supportive space for families to come together.

The group has been instrumental in reducing isolation by creating a friendly and inclusive environment where parents and carers can connect, share experiences, and build meaningful friendships.

At the same time, children have benefited from access to a wide range of fun and stimulating activities that support their early development and provide valuable opportunities for social interaction.

The group continues to grow in strength, helping to develop a sense of belonging for both adults and children alike.





Feedback From Families

MUM OF CHILDREN AGED 2 AND 4

“Really like the group and feel happy there. The children really enjoy it and Katie is great. Always feel welcomed and the others who attend are really nice”

MUM OF CHILD AGED 2

“Really enjoying the group, the other ladies are great and make it really welcoming”



SWEET CHILLI PARENTING®

A therapeutic approach to parenting

Key Impact Insights

Significant Improvement in Coping Ability
Participants starting with the lowest coping scores (0-1) showed the most dramatic improvements, with an average increase of 2.7 points on the 5 point scale.

Addressing Complex Needs
The workshops have successfully supported parents dealing with challenging situations, including ADHD, ASD, PDA profiles, childhood trauma, and SGO arrangements.

Diverse Referral Sources: The programme successfully attracts participants from multiple channels - education settings (52%), HSCL (26%), social services (13%), and community sources (9%)

Practical Skills Application: **Participants consistently mentioned implementing specific strategies like boundaries, consequences, staying calm, and improved listening skills.**

Universal Applicability
Success across diverse family situations (single parents, co-parents, grandparents, SGO arrangements) demonstrates the programme's broad

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Participant Overview

Parent A

"I feel more confident, and it has helped me with new parenting skills... I have tools now to implement"

Parent B

"The course has been great especially for me with SGO... has given me more confidence"

Parent C

"I can see where I was struggling before... I stay calm and learn"

Parent D

"This course has been FANTASTIC - I have learnt so much more than other things I have tried"

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Household Support Fund

Working in Partnership with Chorley Council

471 Families across Chorley were Supported via the Household Support Fund


GROUPS AND
EVENTS @HSCL

Bringing Christmas 2024 Magic to Families

Every Child Got Something Just Right

We didn't just hand out random gifts - we really listened to what each family needed:

For our littlest ones: Soft sensory toys, musical books, and tummy time mats to help them explore their world

For the busy toddlers and young kids: Cars to zoom around the house, cuddly dolls, Bluey everything (because who doesn't love Bluey?), roaring dinosaurs, and loads of arts and crafts to keep those creative minds busy

For our older kids and teenagers: Gaming gear like Minecraft and Harry Potter stuff, Lynx gift sets (because smelling good matters!), make-up sets, and football equipment.

Going the Extra Mile

What made us really proud was seeing how our team thought about the whole family. Mums got shower gels and skincare treats, there were candles to make homes feel cozy, and we even remembered that parents deserve gifts too.

Those who donated:

We are so grateful for every donation that we received that enabled us to give gifts. We received donations from St George's and All Saints' church, St John's the Divine, Chorley, Coppull Parish, St Teresa's school in Penwortham, previously supported families, several members of the public, Places for People, Chorley Council, Asda, TSB Chorley, Tesco Chorley and Cash for Kids and their Mission Christmas campaign.

Thank you to everyone who donated

sweetchilli parenting

HOME-START CENTRAL LANCASHIRE

budding spirits

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International



Day of the Family 2025

Our International Day of the Family event on May 15th, 2025, was a vibrant and inclusive celebration that brought together families from all cultures and backgrounds to enjoy a fun-filled day and connect with others in the community.

The event featured a variety of activities for children, including planting, hook-a-duck, and face painting, creating a lively and engaging atmosphere for all ages. Families also had the opportunity to enjoy baked potatoes and other food together, helping to create a warm, shared experience.

In addition to the fun, we welcomed several partner agencies who were on hand to offer information and support to parents, making the day not only enjoyable but also meaningful.

The event truly reflected the spirit of unity, belonging, and support that lies at the heart of our work with families.

SUMMER HOLIDAY GROUPS

THIS SUMMER, WE RAN TWO FREE HOLIDAY GROUPS THAT PROVIDED A FUN, SAFE, AND WELCOMING SPACE FOR CHILDREN TO PLAY, RECONNECT WITH FRIENDS, AND MAKE NEW ONES.

THESE SESSIONS GAVE CHILDREN THE CHANCE TO MIX WITH OTHERS THEY MAY NOT USUALLY MEET, HELPING TO BUILD CONFIDENCE AND SOCIAL SKILLS IN A RELAXED ENVIRONMENT.

FOR PARENTS AND CARERS, THE GROUPS OFFERED A SUPPORTIVE SPACE WHERE THEIR CHILDREN COULD ENGAGE IN MEANINGFUL PLAY DURING THE SCHOOL BREAK.

THE SESSIONS ALSO GAVE US THE OPPORTUNITY TO SPEAK WITH FAMILIES ABOUT OTHER SERVICES WE OFFER, SUCH AS OUR REGULAR PLAYGROUPS, SWEET CHILLI PARENTING COURSES, AND ADDITIONAL SUPPORT AVAILABLE THROUGHOUT THE YEAR—ENSURING FAMILIES STAY CONNECTED AND INFORMED BEYOND THE SUMMER HOLIDAYS.









Family Cooking

Workshops

Over the school holidays, we successfully ran three cooking workshops designed to support families with practical, budget-friendly cooking skills.
Each family could book onto one workshop, and as part of their participation, received a slow cooker to take home helping them continue cooking affordably beyond the session.

The workshops focused on essential skills such as meal planning, batch cooking, and cooking on a budget, all delivered in a relaxed, hands-on environment.
Children were actively involved throughout, learning alongside their parents, which not only made the sessions more engaging but also helped equip them with valuable life skills for the future.

These workshops offered a supportive space for families to learn together, build confidence in the kitchen, and make lasting changes to their approach to cooking at home.

Making Communities Stronger

Clayton Brook parent and child group
Clayton Brook Community Centre
Tunley Holme
PR5 8HL
Mondays 9:15-10:45





Moss Side parent and child group
Moss Side Community Centre
Dunkirk Lane
PR25 1TW
Thursdays 9:45-11:15



Winter Play Day

Winter Play Day at Inspire, where we hosted activities such as bracelet making, colouring, and a lucky dip for children to enjoy.

The event brought together families in a festive and friendly atmosphere, providing a perfect opportunity for children to have fun and be creative.

With several other agencies also present, the day served as a valuable chance to meet new people, build connections, and share information about the wide range of services we offer to support families throughout the year.



Chorley Play day!



Chorley Play Day

We were delighted to attend the Devonshire Park Summer Play Day, where we provided a range of fun, creative activities for children, including hook-a-duck, headband making, bracelet crafting, and sun catcher decorating.

The event was a fantastic opportunity to engage with families in a relaxed, outdoor setting while offering children the chance to explore their creativity and have fun.

With many different services and organisations also in attendance, the day proved to be a valuable networking opportunity, allowing us to build connections, share information, and strengthen partnerships that benefit the families we support.

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PARTNERSHIPS AND NETWORKING

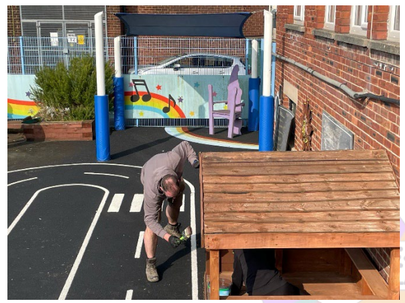
It has been a privilege to work alongside our many local partners this year. Their collaboration, expertise, and commitment to early intervention have strengthened our shared mission.
Together, we've been able to bridge gaps, create opportunities, and ensure families get the right support at the right time.
Collaborations embody what Home-Start Central Lancashire stands for - *The Science of Support*. *The Power of Connection*. We are deeply grateful for your shared commitment, and proud to stand alongside you all in this work.

Places for People Volunteering Day

We were delighted to welcome a team of staff from Places for People, who generously gave their time to volunteer with us for a day. Their support made a big difference, as they helped tidy and improve our outdoor area, creating a more welcoming and enjoyable space for everyone who visits.







The science of support - the power of connection

ACKNOWLEDGEMENTS

Home-Start Central Lancashire would like to thank all the organisation's who have funded and supported us throughout the year 2024-2025

The National Lottery Big Fund
The Eric Wright Foundation
The Henry Smith Foundation
Chorley Council
South Ribble Council
Garfield Weston
Cadent
TrustHouse
Cash 4 Kids Rock FM

Thank you also to those organisations and individuals who have supported us with donations, gifts in kind, donated towards events or have worked in partnership with us, including –

Elizabeth Wilding – St Georges and All Saints Church
Margaret Doherty
St Lawrences Church
ASDA – Chorley
Chris Hobson
Places for People
Jesus Christ Latter Day Saints
TESCO – Chorley

St Johns the Divine
Peter and Pauline Lowther
TSB Chorley
Gregson Green Community

Kelly Geldard
Laura Toplis
Julie's Friend
Rachel Derbyshire

Coppull Parish Church
St. Theresa's Catholic School
Adlington Luncheon Club
David Wilson Homes

TO GET IN TOUCH

EMAIL US AT

ADMIN@HOMESTARTCENTRALLANCS.ORG.UK

WEBSITE

www.homestartcentrallancs.org.uk

PHONE

01257 241636

Registered number: 5214560
Charity number: 1105739

HOME START CENTRAL LANCASHIRE LTD

(A company limited by guarantee)

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

TUESDAY
AEI1NY4Q
A28 23/12/2025 #54
COMPANIES HOUSE

HOME START CENTRAL LANCASHIRE LTD

(A company limited by guarantee)

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TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2025

The Trustees present their annual report together with the financial statements of the Company for the 1 April 2023 to 31 March 2025. The Annual report serves the purposes of both a Trustees' report and a directors' report under company law. The Trustees confirm that the Annual report and financial statements of the charitable company comply with the current statutory requirements, the requirements of the charitable company's governing document and the provisions of the Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019).

Since the Company qualifies as small under section 382 of the Companies Act 2006, the Strategic report required of medium and large companies under the Companies Act 2006 (Strategic Report and Directors' Report) Regulations 2013 has been omitted.

Objectives and activities

a. Policies and objectives

Our Vision
That social inequalities are reduced, and every family receives the support they need so that parents, carers, and children can reach their full potential.

Our Aims
Home-Start Central Lancashire aims to increase the confidence, capacity, and independence of families by:
- Offering emotional and practical support along with friendship to parents and their children.
- Supporting families with a strength-based, trauma informed approach
- Visiting families in their own homes where the dignity and identity of each adult and child can be respected and protected.
- Promoting and encouraging early childhood development through play and learning.
- Introducing families to therapeutic parenting ideology and practice, while supporting them to implement strategies that are strength based and promote family healing.
- Reassuring parents that difficulties in bringing up children are not unusual and support and encourage them to enjoy family life.
- Developing a relationship with the family in which time can be shared and understanding can be developed.
- Identifying and working with local services and agencies that can further support families to reach their goals.

Home Start has a proven, lasting, and positive impact on the development of children and the health and welfare of the whole family. Providing support through our home visiting service, family groups, cookery workshops, and Sweet Chilli Parenting.

In setting objectives and planning for activities, the Trustees have given due consideration to general guidance published by the Charity Commission relating to public benefit, including the guidance 'Public benefit: running a charity (PB2)'.

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

Objectives and activities (continued)

b. Activities undertaken to achieve objectives

The key activities of the charity are:
-Home visiting service – Experienced staff and trained and supervised volunteers support families in their own homes helping them with life's challenges to prevent family crisis or breakdown. The volunteers help parents to grow in confidence, build resilience, strengthen their relationships with their children and widen their links with the local community.
-Sweet Chilli Parent – Provides parents with an understanding of trauma, adverse childhood experience, brain development, and attachment theory. The program promotes strength-based therapeutic parenting strategies. This is delivered on a 1-2-1 basis with families as well as group sessions. 28 sessions had been delivered throughout the financial year.
- 48 Budding Spirits Early Learning development group sessions with parents, babies and toddlers.
-Training, support, and development for volunteers.
-Bespoke training for professionals – Developed to meet identified need and gaps in trauma informed approach practice for professionals who support families and individuals.
-Family Support groups - these provide the opportunity to engage in learning activities in a safe, welcoming environment where confidence and skills can be nurtured and also provide the opportunity to meet other families.
-Family cooking workshops - these provide the opportunity to engage in learning to cook nutritional food in a safe, welcoming environment. The workshops are facilitated both in group sessions and with families in their own homes alongside the family support they receive.

c. Volunteers

The Charity is indebted to many volunteers, without whom the charity could not operate.

The Charity is also indebted to its trustees who also offer services on a voluntary basis.

d. Main activities undertaken to further the Company's purposes for the public benefit

In meeting the objectives of the charitable company the Trustees have considered the Charity Commission guidance on public benefit and are satisfied that the activities undertaken during the year have provided significant benefit to the general public, particularly parents with young families, and their children and relatives.

Achievements and performance

a. Review of activities

During 2024 -2025 the Charity –
Supported families through home visiting, by virtual means, family groups, parenting programs, and cooking workshops.
Recruited, managed, trained, and developed volunteers.
Delivered family activities and play days.
Administrated the 'Household Support Fund' to families.
Attended networking and promotional events across Lancashire.

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

Financial review

a. Going concern

After making appropriate enquiries, the Trustees have a reasonable expectation that the Company has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the accounting policies.

b. Reserves policy

The charitable company aims to hold between 3 - 6 months running costs in reserves as per the Charities Commission guidelines.

Structure, governance and management

a. Constitution

Home Start Central Lancashire Ltd is registered as a charitable company limited by guarantee and was set up by a Trust deed. It has a registered charity number of 1105739.

b. Methods of appointment or election of Trustees

The management of the Company is the responsibility of the Trustees who are elected and co-opted under the terms of the Trust deed.

Any new trustees are identified and nominated by the existing board of trustees based on the skills and experience required from new trustees.

c. Policies adopted for the induction and training of Trustees

Any new trustees are given informal induction and training from existing trustees. Relevant information and Charity Commission publications regarding the responsibilities of trustees and information on the background to the charity are provided to all new trustees.

Reference and administrative details of the Company, its trustees and advisers

	Maureen Walkden Diane Gradwell Jeannie Stirling Zieda Ali June Molyneaux
Company registered number	5214560
Charity registered number	1105739

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

Registered office	112a Market Street Chorley Lancashire PR7 2SL
Company secretary	Donna Louise Hussain
Chief executive officer	Donna Louise Hussain
Accountants	CW Accountants Limited Office 5 The Boulevard Centre 45 Railway Road Blackburn Lancashire BB1 1EZ
Bankers	Royal Bank of Scotland 56 Market Street Chorley Lancashire PR7 2SD

Members' liability

The Members of the Company guarantee to contribute an amount not exceeding £1 to the assets of the Company in the event of winding up.

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

Statement of Trustees' responsibilities

The Trustees (who are also the directors of the Company for the purposes of company law) are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial . Under company law, the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the Company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS 102);
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Company will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the Company's transactions and disclose with reasonable accuracy at any time the financial position of the Company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the members of the board of Trustees on 24/10/2025 and signed on their behalf by:

J Walkden

Maureen Walkden

HOME START CENTRAL LANCASHIRE LTD
(A company limited by guarantee)

INDEPENDENT EXAMINER'S REPORT FOR THE YEAR ENDED 31 MARCH 2025

Independent examiner's report to the Trustees of Home Start Central Lancashire Ltd ('the Company')

I report to the charity Trustees on my examination of the accounts of the Company for the year ended 31 March 2025.

Responsibilities and basis of report

As the Trustees of the Company (and its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the Company's accounts carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of (enter body here), which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

This report is made solely to the Company's Trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. My work has been undertaken so that I might state to the Company's Trustees those matters I am required to state to them in an Independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Company and the Company's Trustees as a body, for my work or for this report.

Signed: C. Wright Dated: 24/10/2025

INDEPENDENT EXAMINER'S REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

Courtney Wright FCCA

Office 5, The Boulevard Centre, 45 Railway Road, Blackburn, Lancashire, BB1 1EZ

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING INCOME AND EXPENDITURE ACCOUNT) FOR THE YEAR ENDED 31 MARCH 2025

	Note	Restricted funds 2025 £	Unrestricted funds 2025 £	Total funds 2025 £	*Total funds 2024 £*
Income from:					
Donations and legacies	3	**160,875**	**96,127**	**257,002**	*200,232*
Other trading activities		**-**	**4,425**	**4,425**	*11,007*
Investments	4	**-**	**514**	**514**	*1,409*
Total income		**160,875**	**101,066**	**261,941**	*212,648*
Expenditure on:					
Charitable activities		**191,780**	**83,076**	**274,856**	*244,816*
Total expenditure		**191,780**	**83,076**	**274,856**	*244,816*
Net movement in funds		**(30,905)**	**17,990**	**(12,915)**	*(32,168)*
Reconciliation of funds:					
Total funds brought forward		**34,124**	**37,235**	**71,359**	*103,527*
Net movement in funds		**(30,905)**	**17,990**	**(12,915)**	*(32,168)*
Total funds carried forward		**3,219**	**55,225**	**58,444**	*71,359*

The Statement of financial activities includes all gains and losses recognised in the year.

The notes on pages 11 to 25 form part of these financial statements.

HOME START CENTRAL LANCASHIRE LTD
(A company limited by guarantee)
REGISTERED NUMBER: 5214560

BALANCE SHEET
AS AT 31 MARCH 2025

	Note		2025 £		2024 £
Fixed assets					
			-		-
Current assets					
Debtors	10	-		750	
Investments	11	62,786		61,907	
Cash at bank and in hand		22,479		13,048	
		85,265		75,705	
Creditors: amounts falling due within one year	12	(26,821)		(4,346)	
Net current assets			58,444		71,359
Total assets less current liabilities			58,444		71,359
Net assets excluding pension asset			58,444		71,359
Total net assets			58,444		71,359
Charity funds					
Restricted funds	13		3,219		34,124
Unrestricted funds	13		55,225		37,235
Total funds			58,444		71,359

The Company was entitled to exemption from audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit for the year in question in accordance with section 476 of Companies Act 2006.

The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to entities subject to the small companies regime.

The financial statements were approved and authorised for issue by the Trustees on 24TH OCTOBER 2025 and signed on their behalf by:

The notes on pages 11 to 25 form part of these financial statements.

M Walkden
MAUREEN WALKDEN

STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2025

	2025 £	*2024* *£*
Cash flows from operating activities		
Net cash used in operating activities	**9,560**	*(28,615)*
Cash flows from investing activities		
Net cash provided by investing activities	**-**	*-*
Cash flows from financing activities		
Net cash provided by financing activities	**-**	*-*
Change in cash and cash equivalents in the year	**9,560**	**(28,615)**
Cash and cash equivalents at the beginning of the year	**75,705**	*104,320*
Cash and cash equivalents at the end of the year	**85,265**	*75,705*

The notes on pages 11 to 25 form part of these financial statements

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

1. General information

Home Start Central Lancashire is a private limited company without share capital and a registered charity. The company was incorporated in England and Wales and has the following registered office address:
112a Market Street
Chorley
Lancashire
PR7 2SL

2. Accounting policies

2.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Home Start Central Lancashire Ltd meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

2.2 Income

All income is recognised once the Company has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Grants are included in the Statement of financial activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the Balance sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

2.3 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the Company's objectives, as well as any associated support costs.

2. Accounting policies (continued)

2.3 Expenditure (continued)

All expenditure is inclusive of irrecoverable VAT.

2.4 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the Company; this is normally upon notification of the interest paid or payable by the institution with whom the funds are deposited.

2.5 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

2.6 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

2.7 Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the Company anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised in the Statement of financial activities as a finance cost.

2.8 Financial instruments

The Company only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2.9 Pensions

The Company operates a defined contribution pension scheme and the pension charge represents the amounts payable by the Company to the fund in respect of the year.

2. Accounting policies (continued)

2.10 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Company and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Company for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Investment income, gains and losses are allocated to the appropriate fund.

3. Income from donations and legacies

	Restricted funds 2025 £	Unrestricted funds 2025 £	Total funds 2025 £
Donations	1,625	1,627	**3,252**
Grants	159,250	94,500	**253,750**
	160,875	96,127	**257,002**

	Restricted funds 2024 £	*Unrestricted funds 2024 £*	*Total funds 2024 £*
Donations	*1,563*	*509*	*2,072*
Grants	*160,722*	*37,438*	*198,160*
	162,285	*37,947*	*200,232*

4. Investment income

	Unrestricted funds 2025 £	Total funds 2025 £
Investment income	514	**514**

	Unrestricted funds 2024 £	*Total funds 2024 £*
Investment income	*1,409*	*1,409*

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

5. Analysis of Grant Income

	Restricted funds 2025 £	Unrestricted funds 2025 £	Total funds 2025 £
Grants			
Henry Smith	65,000	-	**65,000**
Chorley Council	-	76,625	**76,625**
Realise Wellness	1,250	-	**1,250**
Groundwork	375	-	**375**
Other small donations	-	1,626	**1,626**
National Lottery	81,250	-	**81,250**
Lancashire County Council	-	2,188	**2,188**
Eric Wright	13,000	-	**13,000**
South Ribble Borough Council	-	13,500	**13,500**
Home Start UK	-	2,188	**2,188**
Total 2025	160,875	96,127	**257,002**

	Restricted funds 2024 £	*Unrestricted funds 2024 £*	*Total funds 2024 £*
All grants	*162,285*	*37,947*	*200,232*

6. Independent examiner's remuneration

	2025 £	*2024 £*
Fees payable to the Company's independent examiner for the independent examination of the Company's annual accounts	**450**	*450*

7. Staff costs

	2025 £	*2024* *£*
Wages and salaries	**191,780**	*164,956*
Social security costs	**9,023**	*9,908*
Contribution to defined contribution pension schemes	**11,040**	*9,864*
	211,843	*184,728*

The average number of persons employed by the Company during the year was as follows:

	2025 No.	*2024* *No.*
Operational	**7**	*6*
Administration	**1**	*1*
	8	*7*

No employee received remuneration amounting to more than £60,000 in either year.

8. Analysis of direct costs on charitable activities

	Restricted funds 2025 £	Unrestricted funds 2025 £	Total funds 2025 £
Salaries with on costs	149,122	62,721	**211,843**
Utilities	15,044	5,052	**20,096**
Volunteer expenses	913	-	**913**
Bank charges	-	60	**60**
Project costs	10,775	-	**10,775**
Rent and rates	3,363	3,363	**6,726**
General office expenses	6,826	3,438	**10,264**
Staff resources	-	412	**412**
Cleaning	-	1,649	**1,649**
Repairs and maintenance	-	2,796	**2,796**
Training	802	-	**802**
Professional fees	1,023	1,022	**2,045**
Insurance	-	1,513	**1,513**
Management committee costs	3,912	-	**3,912**
Travel costs	-	-	**-**
Home Start levy	-	600	**600**
Accountancy	-	450	**450**
Total 2025	191,780	83,076	**274,856**

	Restricted funds 2024 £	*Unrestricted funds 2024* £	*Total funds 2024* £
Salaries with on costs	*107,091*	*77,637*	*184,728*
Utilities	*9,823*	*7,248*	*17,071*
Volunteer expenses	*1,024*	*319*	*1,343*
Bank Charges	-	*70*	*70*
Project costs	*10,795*	-	*10,795*
Rent and rates	*3,153*	*3,154*	*6,307*
General office expenses	*5,023*	*3,983*	*9,006*
Staff resources	-	*2,193*	*2,193*
Repairs and maintenance	-	*2,896*	*2,896*
Training	*183*	-	*183*
Professional fees	*1,982*	*1,533*	*3,515*
Insurance	-	*1,717*	*1,717*
Management committee costs	*150*	-	*150*
Travel costs	*53*	-	*53*
Home Start Levy	-	*4,339*	*4,339*
Accountancy	-	*450*	*450*
Total 2024	*139,277*	*105,539*	*244,816*

9. Trustees' remuneration and expenses

During the year, no Trustees received any remuneration or other benefits *(2024 - £NIL)*.

During the year ended 31 March 2025, no Trustee expenses have been incurred *(2024 - £NIL)*.

10. Debtors

	2025 £	*2024* £
Due within one year		
Prepayments and accrued income	-	*750*
	-	*750*

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

11. Current asset investments

	2025	*2024*
	£	*£*
Listed investments	**62,786**	*61,907*

12. Creditors: Amounts falling due within one year

	2025	*2024*
	£	*£*
Other taxation and social security	**-**	*3,384*
Pension fund	**921**	*512*
Accruals and deferred income	**25,900**	*450*
	26,821	*4,346*

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

13. Statement of funds

Statement of funds - current year

	Balance at 1 April 2024 £	Income £	Expenditure £	Balance at 31 March 2025 £
Unrestricted funds				
Designated funds				
Designated Funds - all funds	**36,310**	**-**	**-**	**36,310**
General funds				
General Funds - all funds	**925**	**101,066**	**(83,076)**	**18,915**
Total Unrestricted funds	**37,235**	**101,066**	**(83,076)**	**55,225**
Restricted funds				
The National Lottery	**3,484**	**81,250**	**(82,658)**	**2,076**
Eric Wright	**-**	**13,000**	**(13,000)**	**-**
Preston City Council - DA project	**30,640**	**-**	**(30,640)**	**-**
Henry Smith	**-**	**65,000**	**(63,857)**	**1,143**
Groundwork	**-**	**375**	**(375)**	**-**
Realise Wellness	**-**	**1,250**	**(1,250)**	**-**
	34,124	**160,875**	**(191,780)**	**3,219**
Total of funds	**71,359**	**261,941**	**(274,856)**	**58,444**

13. Statement of funds (continued)

Statement of funds - prior year

	Balance at 1 April 2023 £	*Income* £	*Expenditure* £	*Balance at 31 March 2024* £
Unrestricted funds				
Designated funds				
Designated Funds - all funds	*36,310*	-	-	*36,310*
General funds				
General Funds - all funds	*56,101*	*50,363*	*(105,539)*	*925*
Total Unrestricted funds	*92,411*	*50,363*	*(105,539)*	*37,235*
Restricted funds				
The National Lottery	*9,008*	*75,000*	*(80,524)*	*3,484*
Eric Wright	*2,108*	-	*(2,108)*	-
Household Support Fund	-	*46,000*	*(46,000)*	-
Skelton Bounty	-	*1,563*	*(1,563)*	-
Preston City Council - DA project	-	*32,722*	*(2,082)*	*30,640*
Henry Smith	-	*7,000*	*(7,000)*	-
	11,116	*162,285*	*(139,277)*	*34,124*
Total of funds	*103,527*	*212,648*	*(244,816)*	*71,359*

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

14. Statement of funds

Designated funds - This fund is for 6 month running costs as per the Charities Commission best practice guidance. This includes; redundancies, notices, leases and running costs.

Restricted funds -

Chorley and Leyland Methodist church - This donation was received specifically to provide children's dinners as part of the holiday hunger project throughout the school holidays.

Eric Wright - This fund is to provide family support.

National Lottery Fund - This fund is for our core family support service and the development of 'Sweet Chilli Parenting' our parenting workshops.

Kickstart - These grants were received by the DWP to support young people gaining access to employment.

Household Support Fund - This fund is to support families in the community with essential goods and support.

Amazon/ M&S Fund - These funds are to provide family support.

15.

Summary of funds - current year

	Balance at 1 April 2024 £	Income £	Expenditure £	Balance at 31 March 2025 £
Designated funds	**36,310**	**-**	**-**	**36,310**
General funds	**925**	**101,066**	**(83,076)**	**18,915**
Restricted funds	**34,124**	**160,875**	**(191,780)**	**3,219**
	71,359	**261,941**	**(274,856)**	**58,444**

15. Summary of funds (continued)

Summary of funds - prior year

	Balance at 1 April 2023 £	*Income* £	*Expenditure* £	*Balance at 31 March 2024* £
Designated funds	*36,310*	-	-	*36,310*
General funds	*56,101*	*50,363*	*(105,539)*	*925*
Restricted funds	*11,116*	*162,285*	*(139,277)*	*34,124*
	103,527	*212,648*	*(244,816)*	*71,359*

16. Analysis of net assets between funds

Analysis of net assets between funds - current year

	Restricted funds 2025 £	**Unrestricted funds 2025 £**	**Total funds 2025 £**
Current assets	3,219	82,046	**85,265**
Creditors due within one year	-	(26,821)	**(26,821)**
Total	3,219	55,225	**58,444**

Analysis of net assets between funds - prior year

	Restricted funds 2024 £	*Unrestricted funds 2024* £	*Total funds 2024* £
Current assets	*34,124*	*41,581*	*75,705*
Creditors due within one year	-	*(4,346)*	*(4,346)*
Total	*34,124*	*37,235*	*71,359*

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

17. Reconciliation of net movement in funds to net cash flow from operating activities

	2025 £	2024 £
Net expenditure for the year (as per Statement of Financial Activities)	**(12,915)**	*(32,168)*
Adjustments for:		
Decrease in debtors	**-**	*268*
Increase in creditors	**22,475**	*3,285*
Net cash provided by/(used in) operating activities	**9,560**	*(28,615)*

18. Analysis of cash and cash equivalents

	2025 £	2024 £
Cash in hand	**85,265**	*75,705*
Total cash and cash equivalents	**85,265**	*75,705*

19. Analysis of changes in net cash

	At 1 April 2024 £	Cash flows £	At 31 March 2025 £
Cash at bank and in hand	**13,048**	**9,431**	**22,479**
Debt due within 1 year	**(512)**	**(409)**	**(921)**
Liquid investments	**61,907**	**879**	**62,786**
	74,443	**9,901**	**84,344**

20. Related party transactions

The Company has not entered into any related party transaction during the year, nor are there any outstanding balances owing between related parties and the Company at 31 March 2025.

21. Post balance sheet events

There have been no significant events affecting the Company since the year end.

22. Controlling party

Those directors listed on the administrative page of the accounts control the Company.

HOME-START CENTRAL LANCASHIRE LTD

England & Wales - Charity number 1105739

Accounts

HOME START
Central
Lancashire



Home-Start Central Lancashire Annual Report 2023/2024

Home-Start Central Lancashire at a glance

Home-Start Central Lancashire have been providing independent support for families in the local area since 1996. Initially as an unregistered community group, and later due to growth and demand we expanded our support offer and registered as a charity and company limited by guarantee in 2004. Although we are part of a wider network consisting of over 180 local Home-Starts, we remain financially independent, and our services are tailored to meet local need and priorities. Home-Start UK provide the branding for the network, and the Quality Assurance Framework and assessments. This ensures a consistent quality standard of good practice is instilled and maintained throughout all local Home-Starts.
We support families living in the most deprived neighbourhoods across West Lancashire, Chorley, South Ribble, and Greater Preston, alongside a large network of partners from across different sectors who we work in close collaboration with, to increase local resources, support and opportunities proving beneficial when tailoring our services to meet local area and individual family support needs.

Changes to traditional family life and structure over the past decade have been widely embraced and celebrated, but many families are struggling, and suffering from a continuing decline in supportive family networks and close relationships. Families report that this is a result of relationship breakdown, societal changes, cultural and ideological differences, and the continuing rise in health, financial, environmental, and socio-economic inequalities. Although the traditional family structure is no longer an expected cultural standard, 'family' remains fundamentally important to individuals throughout their lives. Families still bear the primary responsibility for the education and socialisation of children as well as instilling values of citizenship and belonging within local communities and society.

Developing new and old services to form 'The Alchemy of Family Support' and implementing the elements over the past year either as a standalone provision, or combined in a multi-disciplinary approach, has been of vital importance for ensuring we have got it right, and our services are supporting the evolving needs of families today whilst anticipating those of the future.



Who We Are 2023/2024

Patron

Catherine Hoyle

Chair of Trustees
Maureen Walkden

Vice Chair of Trustees
Jeannie Stirling

Trustee / Directors

Diane Gradwell **Zed Ali** **Sarah Taylor (Resigned July 2024)** **Cllr June Molyneaux**

Staff Members

Chief Executive Officer - Donna Hussain
Family Support Service Manager- Kerry Molineaux
Office Manager - Jennifer Coupe
Family Support Coordinators -
Jorden Thompson, Katie Walsh, Rebecca Woods, Joanna Steed.

Professional Services
Finance Administrator - Meriel Beattie.
Accountant Courtney Wright

Thank you to those Trustees, staff , and Volunteers who have moved on during 2023/2024

Our Vision

That social inequalities are reduced, and every family receives the support they need so parents, carers, and children can become more independent, and reach their full potential.

Our Aims

Home-Start Central Lancashire aims to increase the confidence, capacity, and independence of families by.

- **Offering emotional and practical support along with friendship to parents and their children.**
- **Continuously improving our support services.**
- **Advocating for families and making sure their voices are heard.**
- **Supporting families with a strength-based, trauma informed approach.**
- **Working alongside local universities to inform academic research and development.**
- **Visiting families in their own homes where the dignity and identity of each adult and child can be respected and protected.**
- **Promoting and encouraging early childhood development through play and learning.**
- **Introducing families to therapeutic parenting ideology and strategies.**
- **Reassuring parents that difficulties in bringing up children are not unusual and support and encourage them to enjoy family life.**
- **Developing a relationship with the family in which time can be shared and understanding can be developed.**
- **Identifying and working with local services and agencies that can further support families to reach their goals.**

EXECUTIVE SUMMARY

The past 12 months have been transformative for Home-Start Central Lancashire. Our commitment to empowering families through tailored support has not only improved lives and attracted investment, but it has also strengthened our community ties and expanded our reach. This report summarises our impact, engagement with families and partners, and the successful piloting of innovative interventions such as Sweet Chilli Parenting and Budding Spirits.

Additionally, we outline our future for introducing new initiatives and expanding our services to address needs that are currently unmet.

Increased diverse funding from supporters over the past year and their encouragement to progress innovation, has been instrumental in bolstering our confidence and efforts to develop and deliver, enhanced support for families.

Embedding trauma informed learning, experience, and approaches throughout all areas of support and organisation, have provided the strengthened relationships and environment needed, to implement newly developed initiatives alongside our improved volunteer led Home-Visiting Support Service when combined form - 'The Alchemy of Family Support.'

Managing and coordinating service implementation, monitoring impact, conducting surveys and consultations, and trying to anticipate the response of families and collaborative partners, has only been possible because of the supportive combined efforts of Trustees, staff, volunteers, and wider stakeholders.

Maintaining and strengthening our core home-visiting support, whilst nurturing innovation and design from conception stage through to implementation, going on to monitor practice and impact, has been an incredible journey of excitement and learning, co-existing alongside doubt and anticipation, and propelled by optimism, inspiration, and faith. Relief finally emerging with the realisation that the effects of widening inequalities, poverty, and disadvantage, can be overcome with determination, and the right support.

Over the year it has become clear how important renewal, diversity, and strong connections are to unlocking sustainable achievement, potential, and investment.

Donna Hussain
Chief Executive Officer

A word from our Chair of Trustees Maureen Walkden 2023/2024

It has been both a pleasure and a privilege to serve on the Board of Trustees of Home-Start Central Lancashire in the capacity of Chair over the past twelve months.

During another challenging year our CEO Donna Hussain, the staff, and Volunteers have worked tirelessly to to provide support for families in Chorley, South Ribble, West Lancashire and Greater Preston. On behalf of the Board of Trustees and myself want to thank them all for their dedicated hard work.

Much has been achieved in partnership with other agencies in the region and we are grateful for their support. Continuing progress relies on the financial help of our many stakeholders and The Board of Trustees truly appreciate their commitment to our work.

I also wish to thank my fellow Trustees for their hard work and support throughout the past year.

The Board of Trustees look forward to the coming year with confidence knowing that Home-Start Central Lancashire has the staff and the volunteers to make a difference to the lives of many families in the region who face multiple challenges.

My best wishes to everyone involved in Home-Start Central Lancashire.

Maureen
Chair of Trustees

Key Findings of Family Support 2023/2024



The 'Alchemy of Family Support' initiative has made significant strides in enhancing the well-being of over 1150 families including over 3000 children over the past 12 months.

Noticeable improvements in the families we have supported, have been widely recognised by statutory services, educators, and a range of collaborative partners across all sectors. This has proved significant in validating the effectiveness of our efforts and inspiring continued commitment to empowering families and helping them reach their potential.

Moving forward, we aim to further strengthen our connections and continue to build on our successes to support and empower even more families in need.

Organisation achievements internally and externally

Our organisation has achieved significant internal and external milestones over the past year. Internally, we have incorporated a complete trauma informed approach, built staff confidence, well-being, and capacity, whilst overcoming workforce and volunteer challenges

This has resulted in an improved operational efficiency and nurtured a positive team culture. Externally, we have made a profound impact on the families we have supported, strengthened valuable partnerships, secured additional funding, increased public awareness, and developed a valuable partnership with local university research teams to progress the process of conducting research and evaluations to formally validate our work.

These achievements position us well for continued growth and success in supporting families in need.

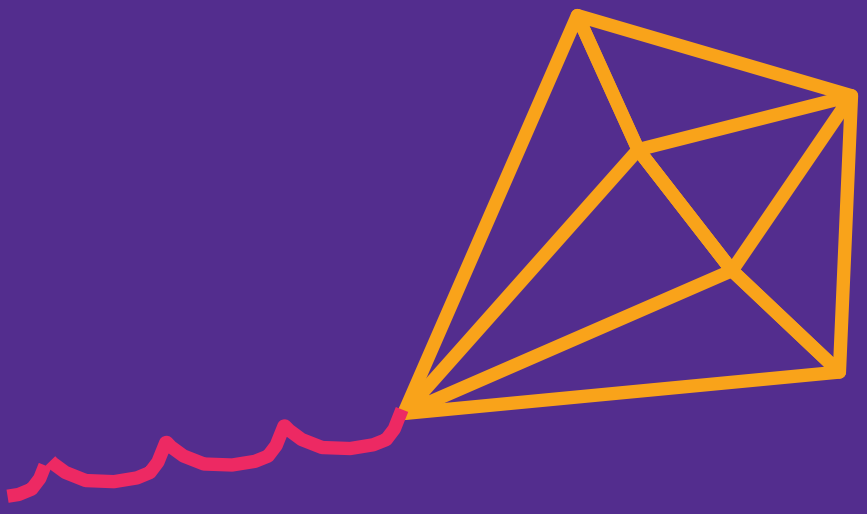
Key Findings
The Alchemy of Family Support

Early analysis of data from evaluations, feedback, and outcomes, suggest improvements made to our support service are proving effective for families and increasing outcomes.

Brief Summary of Outcomes from Combining Multi-Disciplinary Approaches:

1. **Being able to offer a more multi-disciplinary approach to families has increased our capacity to address a range of needs simultaneously.**
2. **Families have a choice of support options they can select from depending on their preferences, and their situation.**
3. **Having a range of expertise means support is more informed and effective.**
4. **A coordinated approach ensures that various aspects of a family's needs are met in a consistent manner, leading to better overall outcomes.**
5. **Support allows for flexibility, meeting families where they are at, enabling them to set the pace of support.**
6. **Our approach increases effective and sustainable improvements in both parent and child development.**

Looking at support provision through a 'Reach the parent, reach the child' lens, recognises the foundational role of parents in a child's life, and leverages their relationship to encourage a lasting positive impact on the development of parents, children, and family well-being.



Over 1150 Families and 3000 supported during 2023/2024.

Below is an overview of the impact reported by families and wider stakeholders

100%

Improved personalised assistance.



100%

Improved Community Connection



100%

Increased understanding of Adverse Childhood Experiences and Trauma

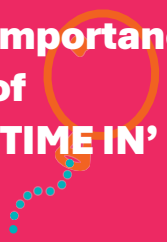


100%

Increased awareness of Emotional and behavioural regulation.

100%

Increased awareness of the importance of 'TIME IN'



99.99%

Relieved immediate financial pressure with the Household Support Fund



98.99%

Increased Family Stability



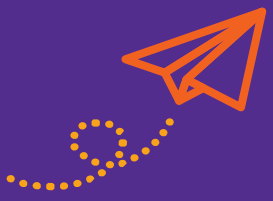
100%

Increased awareness of Early Years Development



98%

Improved Early Years Development



100%

Families felt better supported having a choice of support.



Impact in more detail

Home-Visiting Support

- **Improved personalised Assistance – Experienced Family Coordinators and trained volunteers providing tailored support to families in their own homes, promotes the comfortable environment for parents to share their challenges and receive guidance. The personalised attention and mindful approach have been effective in building confidence in parents and improved family dynamics.**
- **Community Connection – The involvement of key family coordinators and volunteers has strengthened community connections and developed a sense of shared responsibility among families.**

'Sweet Chilli Parenting®'

- **Increased an understanding of Adverse Childhood Experiences (ACE's) – Parents have gained crucial insights into how ACE's impact brain development and emotional regulation. This knowledge has encouraged them to self-reflect and identify gaps in their own learning and childhood, empowering them to begin breaking negative cycles and develop healthier relationships with their children.**
- **Emotional Awareness and Regulation – learning to recognise the emotions preceding their children's behaviours, parents have become better at addressing the root cause of challenging behaviour, rather than the symptoms. This has led to more effective and compassionate parenting.**
- **Importance of 'Time-in' – Emphasising 'staying close' to children when their behaviour becomes challenging, and calmly naming the emotion they are expressing, has helped to reinforce positive attachments, and started the process of children identifying their feelings and the ability to regulate them.**

'Sweet Chilli Parenting®,' has achieved remarkable recognition, in feedback from families and external partners. Visible results are continuing to unlock potential for families.

Impact in more detail

The Household Support Fund

- **Relief of Immediate Pressures - The fund has provided crucial resources to help families cope with the cost-of-living crisis, reducing short-term financial stress and allowing parents to focus more on their children's development and well-being.**
- **Increased Stability - Financial support has helped towards household stability, contributing to a more secure and supportive environment for children.**

Parent and Pre-school Children's Community Group

- **Developmental Awareness – Parents are learning for the first time about developmental milestones and expectations. This has led to a more informed and initiative-taking approach from parents who are keen to better support their child's growth.**
- **Enhanced Child Development – The group supports parents with practical tools and activities that improve cognitive, emotional, and social development, enabling meeting and/or exceeding developmental expectations.**

The group has observed early improvements in cognitive development and social skills.

Inspiring 'Budding Spirits'- Igniting Brilliance in Little Leaders

The early positive impact of 'Sweet Chilli Parenting,' and the community based early years group, have inspired the conception of 'Budding Spirits' – Igniting Brilliance in Little Leaders. The initiative focuses attention on learning provision for both parents and children, to improve - positive attachment, emotional regulation, and key areas of development, thus increasing confidence and improving outcomes for parents, babies, and toddlers. In addition, parents will have the opportunity of support and encouragement while they implement their learning at home through our home-visiting service.

The positive transitions we have been fortunate enough to witness in families previously deemed hard to reach, and the connections we have strengthened, have inspired ideas to further develop the 'focused elements' that form 'The Alchemy of Family Support.'

Monitoring and Evaluation

We collect, record and measure impact through observation, family consultations, community events, surveys and feedback, volunteer reports, training evaluations, tracking key development and well-being indicators, and feedback from wider organisations and establishments.

Internal and external data collection, feedback, Quality Assurance standards, and evaluations provide us with objective assessments, comparative analysis and adherence to best practice ensuring effective support.

The success stories we have been privileged to capture, and wider stakeholder feedback, further highlight positive changes.

These methods confirm our effectiveness in improving family resilience and mitigating adverse childhood experience.

Overall, 'The Alchemy of Family Support' has created a transformative impact by integrating volunteer-led home visiting, Sweet Chilli Parenting, parent and preschool group, and trauma-informed training, complemented by financial support for families through the Household Support Fund. These combined efforts have significantly improved the emotional, psychological, and developmental well- being of both children and parents, enabling a stronger, more resilient community.

Identifying the ongoing needs of families

Families in the most disadvantaged communities face a multitude of challenges that have been exacerbated by socio-economic and health inequalities, the Cost-of-Living Crisis, and rapid societal changes driven by digital and technological advances that barely existed during the childhood of many of today's parents.

Recent analysis of data and feedback from parents and wider stakeholders have provided an overview of the challenges and ongoing needs of families.

A Full Report of Findings will be released early 2025

A Glimpse of 2025 and Beyond

As we look ahead to 2025, Home-Start Central Lancashire remains steadfast in our commitment to providing holistic, inclusive support for families.
Under the umbrella of ‘The Alchemy of Family Support,' we will continue developing our multidisciplinary services, ensuring every family receives the comprehensive help they need.

We are proud to carry forward our initiative, 'Breaking the Silence around Adult Illiteracy in the UK,' encouraging adults to access crucial literacy support without stigma. Literacy is the foundation for family empowerment, and we are determined to address this silent challenge.

In 2025, we will introduce 'Vibes of Belonging - Where Every Heart Finds Its Beat,' a project embracing all families regardless of race, faith, spiritual beliefs, neurodivergence, or disabilities. We are committed to ensuring every family feels seen, heard, and supported in their unique journey.

Another key initiative, 'Flip The Script,' will focus on the devastating effects of addiction on individuals, families, and children. By raising awareness and helping families to access support, we aim to empower those affected by addiction to regain control of their lives, rebuild relationships, and secure a brighter future.

Our 'Beyond The Wall’ arts project for parents will explore the therapeutic benefits of 'Graffiti Art,' leveraging social neuroscience to aid individuals in recovering from trauma and adverse childhood experiences.

Lastly, we will launch 'Divergent Parent,' raising awareness of neurodiversity among parents. Many parents face the challenges of neurodivergence in silence, and we aim to create safe spaces where they can share, learn, and thrive.

Our journey is guided by a vision of inclusive, empowering family support, ensuring no one is left behind. We look forward to continuing this mission in 2025 and beyond.

Volunteers

A Massive Thank You

to all of our wonderful volunteers who have given their time and energy to Home- Start Central Lancashire and their families this year 2023-2024.

We couldn't have done it without you!







Christmas 2023

Breakfast with Santa – Supported by Asda Chorley & Places 4 People

















Food Donated For Family Christmas Hampers 2023

by Gregson Green Community Centre





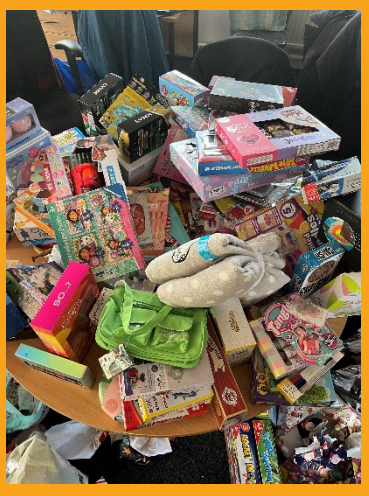
Some of the wonderful Christmas presents kindly donated by local businesses, organisations, schools, and local people 2023













Community events 2023/2024



















Summer Activities 2024 at Home-Start Central Lancashire



















Home-Start Community 2024
Parent and baby groups











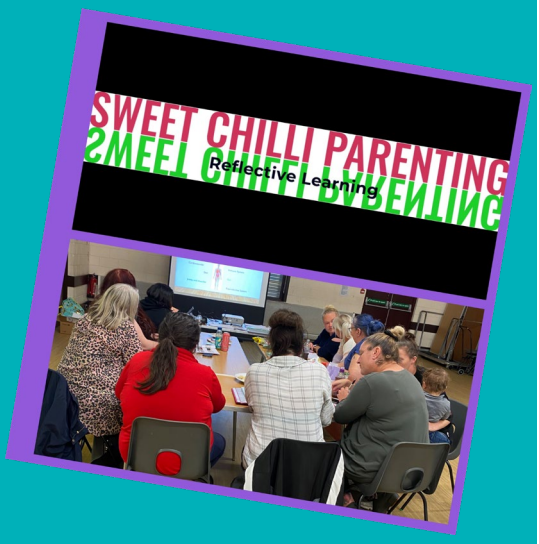


Training 2023/2024

Over 160 training sessions delivered to professionals, volunteers, and Parents in our fully equipped training room and on the go in communities with our mobile training experience.







We offer a variety of training workshops including 'Trauma Informed Approach' for professionals and 'Sweet Chilli Parenting' for parents

For further enquiries please contact us on

01257 241636

What people say about us

FAMILY FEEDBACK –

“Thanks very very much for what you have helped me with, with the funding and also all the support you have given me with mental health issues and life support. Especially Jorden who has helped me in such a way! I really wish I can repay the personal help she has given me and my family, but that is not possible. Jorden is great!! Thanks very very much Jorden. Me and my family we thank you forever!! Thanks for everything you have helped me and my family in struggling times, from me and my family.”

“I can’t thank you enough I don’t know what we would have done. Me and my kids were in such a dark place and I didn’t realise how much my past was affecting me and how much I was blaming the kids. I got support from Jen with food vouchers, Becky supported my family and linked me with Julie who didn’t let me miss my debt appointments and Donna who didn’t judge and helped me learn how to be a better me and better parent. I wish I knew about trauma and time in before. Thank you Thank you Thank you”

What people say about us

HSCL

REFERRER FEEDBACK

01

Family Support Worker - CFWS

Once again, thank you so much for your help and support. You have been a huge help to the family and to myself. All of your hard work and efforts are greatly appreciated!

Domestic Abuse Outreach Support - KEY

Jorden is very easy to converse with and has always updated me as a fellow professional, whenever there is something to tell me, or if there have been concerns. Her input into the client was always relevant and safeguarding led in this instance. Jorden is very knowledgeable re safeguarding procedures, as am I.

02

03

Family Suport Worker - St. Peter's Primary School

I have been referring families I work with to Home start over the last four years. Home start are my go to support due to the wide variety of support that they can offer. I have always found the support workers keep me updated with time scales and are keen to work alongside school to support in any way they can, either by attending meetings with parents or going to appointments. Families have been provided with equipment to help with safety as well as support and signposting given to acquire medical supplies.
The feedback from the families has been very positive and all of them have found the support and advice invaluable in helping them to get back on their feet, at a pace they feel comfortable with.

INCLUSION, INTERSECTIONALITY, AND EQUITY

At Home-Start Central Lancashire, we prioritise accessibility and inclusivity to ensure a diverse range of families benefit from our services. We employ several strategies to enhance accessibility, including -

1. Community Outreach - Engaging directly with local communities through outreach programs, events, and partnerships to raise awareness about our services.

2. Tailored Support - Offering flexible and personalised support plans that cater to the specific needs and circumstances of each family.

3. Collaborative Partnerships - Working closely with local authorities, statutory services, healthcare providers, schools, and community organisations to extend our reach and provide integrated support.

4. Cultural Sensitivity and Competence - Ensuring our services are culturally sensitive and responsive to the diverse backgrounds and experiences of families.

5. Removing Barriers - Continuously evaluating and removing barriers to access, such as illiteracy, language barriers, transportation issues, and financial constraints.

Despite these efforts, we recognise challenges in connecting with some marginalised groups, including isolated individuals and those facing severe economic hardship.
To address this, we are exploring targeted outreach strategies, collaborating with trusted community leaders, and adapting our services to better meet the needs of these underserved populations.
Our commitment remains steadfast in ensuring equitable access and support for all families in our community.

Thank you to All of our Partners 2023-2024

Home-Start Central Lancashire values collaboration and partnerships with multiple local and national organisations to enhance the support and services provided to families in the community.
These partnerships play a crucial role in addressing complex needs comprehensively and leveraging resources effectively. Here's an overview of how our organisation works in partnership.

Partnership Approach:
1.Collaborative Network - Home-Start Central Lancashire collaborates with local authorities, statutory services, healthcare providers, educational establishments, and community organisations, to create a holistic support network for families. These partnerships ensure that families receive integrated services tailored to their needs.

2.Shared Resources and Expertise - By partnering with diverse organisations, we can tap into their expertise, resources, and networks. This allows us to expand our reach, improve service delivery, and provide families with access to a broader range of support options.

3.Strategic Alignment - Partnerships are aligned strategically to address key community needs, such as mental health support, parenting education, social inclusion, access to healthcare services, and much more. Each partner brings unique strengths that contribute to achieving shared goals.

We would like to thank all our partners old and new for their support and encouragement throughout the year.

We look forward to many more years of productive and positive collaborative partnerships.

Acknowledgments

Home-Start Central Lancashire would like to thank all the organisation's who have funded and supported us throughout the year 2023-2024

The National Lottery Big Fund
The Eric Wright Foundation
Chorley Council
South Ribble Council
Garfield Weston
The Henry Smith Foundation

Thank you also to those organisations and individuals who have supported us with donations, gifts in kind, donated towards events or have worked in partnership with us, including:

Adlington Luncheon Club
The Vicarage
Cadent
Places 4 People
Asda – Chorley
Tesco Superstore Chorley
St Theresa's School
Weldbank Plastics
Calico Lounge
Gregson Green Community Centre
Pickford's Pre-Cast Concrete LTD
St James CofE School
Rachael Derbyshire
Margaret Doherty
Euxton Primary School
Inspire Youth Zone
Sandra Barber
St George's and All Saints Church
Peter and Pauline Lowther
Amanda
David and Pamela Short
Asda Foundation
Chorley & South Ribble Football Fun
Amanda Melvin
Kelly Geldard
Kay Shuttleworth
Jodie Gordon
Beth Rowlands
Sophie Ash
Jenna Townley
Matt Harding
Chorley Buddies
St Mary's School
St Joseph's Primary School
St Laurence's Church
Jenny Cartwright

Central Lancashire

SCAN ME

Please scan the QR Code above to access our social media sites and website

Tel 01257 241636
Visit
www.homestartcentrallancs.org.uk

Registered number: 5214560
Charity number: 1105739

HOME START CENTRAL LANCASHIRE LTD

(A company limited by guarantee)

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

HOME START CENTRAL LANCASHIRE LTD
(A company limited by guarantee)

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HOME START CENTRAL LANCASHIRE LTD

(A company limited by guarantee)

TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2024

The Trustees present their annual report together with the financial statements of the Company for the 1 April 2023 to 31 March 2024. The Annual report serves the purposes of both a Trustees' report and a directors' report under company law. The Trustees confirm that the Annual report and financial statements of the charitable company comply with the current statutory requirements, the requirements of the charitable company's governing document and the provisions of the Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019).

Since the Company qualifies as small under section 382 of the Companies Act 2006, the Strategic report required of medium and large companies under the Companies Act 2006 (Strategic Report and Directors' Report) Regulations 2013 has been omitted.

Objectives and activities

a. Policies and objectives

Our Vision
That social inequalities are reduced, and every family receives the support they need so that parents, carers, and children can reach their full potential.

Our Aims
Home-Start Central Lancashire aims to increase the confidence, capacity, and independence of families by:

- Offering emotional and practical support along with friendship to parents and their children.
- Supporting families with a strength-based, trauma informed approach
- Visiting families in their own homes where the dignity and identity of each adult and child can be respected and protected.
- Promoting and encouraging early childhood development through play and learning.
- Introducing families to therapeutic parenting ideology and practice, while supporting them to implement strategies that are strength based and promote family healing.
- Reassuring parents that difficulties in bringing up children are not unusual and support and encourage them to enjoy family life.
- Developing a relationship with the family in which time can be shared and understanding can be developed.
- Identifying and working with local services and agencies that can further support families to reach their goals.

Home Start has a proven, lasting, and positive impact on the development of children and the health and welfare of the whole family. Providing support through our home visiting service, family groups, cookery workshops, and Sweet Chilli Parenting.

In setting objectives and planning for activities, the Trustees have given due consideration to general guidance published by the Charity Commission relating to public benefit, including the guidance 'Public benefit: running a charity (PB2)'.

Objectives and activities (continued)

b. Activities undertaken to achieve objectives

The key activities of the charity are:
-Home visiting service – Experienced staff and trained and supervised volunteers support families in their own homes helping them with life's challenges to prevent family crisis or breakdown. The volunteers help parents to grow in confidence, build resilience, strengthen their relationships with their children and widen their links with the local community.
-Sweet Chilli Parent – Provides parents with an understanding of trauma, adverse childhood experience, brain development, and attachment theory. The program promotes strength-based therapeutic parenting strategies. This is delivered on a 1-2-1 basis with families as well as group sessions. 28 sessions had been delivered throughout the financial year.
- 48 Budding Spirits Early Learning development group sessions with parents, babies and toddlers.
-Training, support, and development for volunteers.
-Bespoke training for professionals – Developed to meet identified need and gaps in trauma informed approach practice for professionals who support families and individuals.
-Family Support groups - these provide the opportunity to engage in learning activities in a safe, welcoming environment where confidence and skills can be nurtured and also provide the opportunity to meet other families.
-Family cooking workshops - these provide the opportunity to engage in learning to cook nutritional food in a safe, welcoming environment. The workshops are facilitated both in group sessions and with families in their own homes alongside the family support they receive.

c. Volunteers

The Charity is indebted to many volunteers, without whom the charity could not operate.

The Charity is also indebted to its trustees who also offer services on a voluntary basis.

d. Main activities undertaken to further the Company's purposes for the public benefit

In meeting the objectives of the charitable company the Trustees have considered the Charity Commission guidance on public benefit and are satisfied that the activities undertaken during the year have provided significant benefit to the general public, particularly parents with young families, and their children and relatives.

Achievements and performance

a. Review of activities

During 2023 -2024 the Charity –
Supported families through home visiting, by virtual means, family groups, parenting programs, and cooking workshops.
Recruited, managed, trained, and developed volunteers.
Delivered family activities and play days.
Administrated the 'Household Support Fund' to families.
Attended networking and promotional events across Lancashire.

Financial review

a. Going concern

After making appropriate enquiries, the Trustees have a reasonable expectation that the Company has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the accounting policies.

b. Reserves policy

The charitable company aims to hold between 3 - 6 months running costs in reserves as per the Charities Commission guidelines.

Structure, governance and management

a. Constitution

Home Start Central Lancashire Ltd is registered as a charitable company limited by guarantee and was set up by a Trust deed. It has a registered charity number of 1105739.

b. Methods of appointment or election of Trustees

The management of the Company is the responsibility of the Trustees who are elected and co-opted under the terms of the Trust deed.

Any new trustees are identified and nominated by the existing board of trustees based on the skills and experience required from new trustees.

c. Policies adopted for the induction and training of Trustees

Any new trustees are given informal induction and training from existing trustees. Relevant information and Charity Commission publications regarding the responsibilities of trustees and information on the background to the charity are provided to all new trustees.

Reference and administrative details of the Company, its trustees and advisers

	Maureen Walkden Diane Gradwell Jeannie Stirling Zieda Ali Sarah Taylor (resigned 8 June 2024) June Molyneaux (appointed 11 January 2023)
Company registered number	5214560
Charity registered number	1105739

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

Registered office	112a Market Street Chorley Lancashire PR7 2SL
Company secretary	Donna Louise Hussain
Chief executive officer	Donna Louise Hussain
Accountants	CW Accountants Limited Office 5 The Boulevard Centre 45 Railway Road Blackburn Lancashire BB1 1EZ
Bankers	Royal Bank of Scotland 56 Market Street Chorley Lancashire PR7 2SD

Members' liability

The Members of the Company guarantee to contribute an amount not exceeding £1 to the assets of the Company in the event of winding up.

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

Statement of Trustees' responsibilities

The Trustees (who are also the directors of the Company for the purposes of company law) are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial . Under company law, the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the Company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS 102);
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Company will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the Company's transactions and disclose with reasonable accuracy at any time the financial position of the Company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the members of the board of Trustees on
and signed on their behalf by:

INDEPENDENT EXAMINER'S REPORT
FOR THE YEAR ENDED 31 MARCH 2024

Independent examiner's report to the Trustees of Home Start Central Lancashire Ltd ('the Company')

I report to the charity Trustees on my examination of the accounts of the Company for the year ended 31 March 2024.

Responsibilities and basis of report

As the Trustees of the Company (and its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the Company's accounts carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

This report is made solely to the Company's Trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. My work has been undertaken so that I might state to the Company's Trustees those matters I am required to state to them in an Independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Company and the Company's Trustees as a body, for my work or for this report.

Signed: Dated:

Courtney Wright FCCA

Office 5, The Boulevard Centre, 45 Railway Road, Blackburn, Lancashire, BB1 1EZ

HOME START CENTRAL LANCASHIRE LTD

(A company limited by guarantee)

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING INCOME AND EXPENDITURE ACCOUNT) FOR THE YEAR ENDED 31 MARCH 2024

	Note	Restricted funds 2024 £	Unrestricted funds 2024 £	Total funds 2024 £	*Total funds 2023 £*
Income from:					
Donations and legacies	3	**162,285**	**37,947**	**200,232**	*178,286*
Other trading activities		**-**	**11,007**	**11,007**	*7,126*
Investments	4	**-**	**1,409**	**1,409**	*1,039*
Total income		**162,285**	**50,363**	**212,648**	*186,451*
Expenditure on:					
Charitable activities		**139,277**	**105,539**	**244,816**	*244,174*
Total expenditure		**139,277**	**105,539**	**244,816**	*244,174*
Net movement in funds		**23,008**	**(55,176)**	**(32,168)**	*(57,723)*
Reconciliation of funds:					
Total funds brought forward		**11,116**	**92,411**	**103,527**	*161,250*
Net movement in funds		**23,008**	**(55,176)**	**(32,168)**	*(57,723)*
Total funds carried forward		**34,124**	**37,235**	**71,359**	*103,527*

The Statement of financial activities includes all gains and losses recognised in the year.

The notes on pages 10 to 24 form part of these financial statements.

HOME START CENTRAL LANCASHIRE LTD

(A company limited by guarantee)
REGISTERED NUMBER: 5214560

BALANCE SHEET
AS AT 31 MARCH 2024

	Note		2024 £		*2023 £*
Fixed assets					
			-		*-*
Current assets					
Debtors	10	**750**		*268*	
Investments	11	**61,907**		*87,364*	
Cash at bank and in hand		**13,048**		*16,956*	
		75,705		*104,588*	
Creditors: amounts falling due within one year	12	**(4,346)**		*(1,061)*	
Net current assets			**71,359**		*103,527*
Total assets less current liabilities			**71,359**		*103,527*
Net assets excluding pension asset			**71,359**		*103,527*
Total net assets			**71,359**		*103,527*
Charity funds					
Restricted funds	13		**34,124**		*11,116*
Unrestricted funds	13		**37,235**		*92,411*
Total funds			**71,359**		*103,527*

The Company was entitled to exemption from audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit for the year in question in accordance with section 476 of Companies Act 2006.

The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to entities subject to the small companies regime.

The financial statements were approved and authorised for issue by the Trustees on and signed on their behalf by:

The notes on pages 10 to 24 form part of these financial statements.

STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2024

	2024 £	*2023* *£*
Cash flows from operating activities		
Net cash used in operating activities	**(28,615)**	*(32,306)*
Cash flows from investing activities		
Net cash provided by investing activities	**-**	**-**
Cash flows from financing activities		
Net cash provided by financing activities	**-**	**-**
Change in cash and cash equivalents in the year	**(28,615)**	**(32,306)**
Cash and cash equivalents at the beginning of the year	**104,320**	*136,626*
Cash and cash equivalents at the end of the year	**75,705**	*104,320*

The notes on pages 10 to 24 form part of these financial statements

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

1. General information

Home Start Central Lancashire is a private limited company without share capital and a registered charity. The company was incorporated in England and Wales and has the following registered office address:
112a Market Street
Chorley
Lancashire
PR7 2SL

2. Accounting policies

2.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Home Start Central Lancashire Ltd meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

2.2 Income

All income is recognised once the Company has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Grants are included in the Statement of financial activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the Balance sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

2.3 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the Company's objectives, as well as any associated support costs.

2. Accounting policies (continued)

2.3 Expenditure (continued)

All expenditure is inclusive of irrecoverable VAT.

2.4 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the Company; this is normally upon notification of the interest paid or payable by the institution with whom the funds are deposited.

2.5 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

2.6 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

2.7 Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the Company anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised in the Statement of financial activities as a finance cost.

2.8 Financial instruments

The Company only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2.9 Pensions

The Company operates a defined contribution pension scheme and the pension charge represents the amounts payable by the Company to the fund in respect of the year.

2. Accounting policies (continued)

2.10 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Company and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Company for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Investment income, gains and losses are allocated to the appropriate fund.

3. Income from donations and legacies

	Restricted funds 2024 £	Unrestricted funds 2024 £	Total funds 2024 £
Donations	1,563	509	**2,072**
Grants	160,722	37,438	**198,160**
	162,285	37,947	**200,232**

	Restricted funds 2023 £	*Unrestricted funds 2023 £*	*Total funds 2023 £*
Donations	*-*	*3,561*	*3,561*
Grants	*136,894*	*37,831*	*174,725*
	136,894	*41,392*	*178,286*

4. Investment income

	Unrestricted funds 2024 £	Total funds 2024 £
Investment income	1,409	**1,409**

	Unrestricted funds 2023 £	*Total funds 2023 £*
Investment income	*1,039*	*1,039*

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

5. Analysis of Grant Income

	Restricted funds 2024 £	Unrestricted funds 2024 £	Total funds 2024 £
Grants			
All grants:	-	-	**-**
Rock FM	7,000	-	**7,000**
Chorley Council	46,000	13,571	**59,571**
Preston City Council - DA Project	32,722	-	**32,722**
National Lottery	75,000	-	**75,000**
Garfield Weston	-	20,000	**20,000**
Cadent	-	2,188	**2,188**
Skelton Bounty	1,563	-	**1,563**
Home Start UK	-	2,188	**2,188**
Total 2024	162,285	37,947	**200,232**

	Restricted funds 2023 £	*Unrestricted funds 2023 £*	*Total funds 2023 £*
All grants	*136,894*	*37,831*	*174,725*

6. Independent examiner's remuneration

	2024 £	*2023 £*
Fees payable to the Company's independent examiner for the independent examination of the Company's annual accounts	**450**	*350*

7. Staff costs

	2024 £	*2023* *£*
Wages and salaries	**164,956**	*163,765*
Social security costs	**9,908**	*9,805*
Contribution to defined contribution pension schemes	**9,864**	*8,178*
	184,728	*181,748*

The average number of persons employed by the Company during the year was as follows:

	2024 No.	*2023* *No.*
Operational	**6**	*7*
Administration	**1**	*1*
	7	*8*

No employee received remuneration amounting to more than £60,000 in either year.

8. Analysis of direct costs on charitable activities

	Restricted funds 2024 £	Unrestricted funds 2024 £	Total funds 2024 £
Salaries with on costs	107,091	184,728	**291,819**
Utilities	9,823	17,071	**26,894**
Volunteer expenses	1,024	1,343	**2,367**
Bank charges	-	70	**70**
Project costs	10,795	10,795	**21,590**
Rent and rates	3,153	6,307	**9,460**
General office expenses	5,023	9,006	**14,029**
Staff resources	-	2,193	**2,193**
Cleaning	-	-	**-**
Repairs and maintenance	-	2,896	**2,896**
Training	183	183	**366**
Professional fees	1,982	3,515	**5,497**
Insurance	-	1,717	**1,717**
Management committee costs	150	150	**300**
Travel costs	53	53	**106**
Home Start levy	-	4,339	**4,339**
Accountancy	-	450	**450**
Total 2024	139,277	244,816	**384,093**

	Restricted funds 2023 £	*Unrestricted funds 2023 £*	*Total funds 2023 £*
Salaries with on costs	*91,821*	*89,927*	*181,748*
Utilities	*8,201*	*7,811*	*16,012*
Volunteer expenses	*-*	*547*	*547*
Bank Charges	*-*	*133*	*133*
Project costs	*24,743*	*-*	*24,743*
Rent and rates	*3,098*	*3,000*	*6,098*
General office expenses	*2,824*	*2,121*	*4,945*
Staff resources	*-*	*220*	*220*
Cleaning	*-*	*968*	*968*
Repairs and maintenance	*-*	*2,410*	*2,410*
Training	*-*	*45*	*45*
Professional fees	*-*	*2,271*	*2,271*
Insurance	*-*	*922*	*922*
Management committee costs	*-*	*519*	*519*
Travel costs	*643*	*-*	*643*
Home Start Levy	*-*	*1,600*	*1,600*
Accountancy	*-*	*350*	*350*
Total 2023	*131,330*	*112,844*	*244,174*

9. Trustees' remuneration and expenses

During the year, no Trustees received any remuneration or other benefits *(2023 - £NIL)*.

During the year ended 31 March 2024, no Trustee expenses have been incurred *(2023 - £NIL)*.

10. Debtors

	2024 £	*2023 £*
Due within one year		
Prepayments and accrued income	**750**	*268*
	750	*268*

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

11. Current asset investments

	2024	2023
	£	£
Listed investments	**61,907**	*87,364*

12. Creditors: Amounts falling due within one year

	2024	2023
	£	£
Other taxation and social security	**3,384**	-
Pension fund loan payable	**512**	-
Accruals and deferred income	**450**	*1,061*
	4,346	*1,061*

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

13. Statement of funds

Statement of funds - current year

	Balance at 1 April 2023 £	Income £	Expenditure £	Balance at 31 March 2024 £
Unrestricted funds				
Designated funds				
Designated Funds - all funds	**36,310**	**-**	**-**	**36,310**
General funds				
General Funds - all funds	**56,101**	**50,363**	**(105,539)**	**925**
Total Unrestricted funds	**92,411**	**50,363**	**(105,539)**	**37,235**
Restricted funds				
The National Lottery	**9,008**	**75,000**	**(80,524)**	**3,484**
Eric Wright	**2,108**	**-**	**(2,108)**	**-**
Household Support Fund	**-**	**46,000**	**(46,000)**	**-**
Skelton Bounty	**-**	**1,563**	**(1,563)**	**-**
Preston City Council - DA project	**-**	**32,722**	**(2,082)**	**30,640**
Rock FM Cash for Kids	**-**	**7,000**	**(7,000)**	**-**
	11,116	**162,285**	**(139,277)**	**34,124**
Total of funds	**103,527**	**212,648**	**(244,816)**	**71,359**

13. Statement of funds (continued)

Statement of funds - prior year

	Balance at 1 April 2022 £	*Income* £	*Expenditure* £	*Balance at 31 March 2023* £
Unrestricted funds				
Designated funds				
Designated Funds - all funds	*36,310*	*-*	*-*	*36,310*
General funds				
General Funds - all funds	*119,388*	*49,557*	*(112,844)*	*56,101*
Total Unrestricted funds	*155,698*	*49,557*	*(112,844)*	*92,411*
Restricted funds				
The National Lottery	*5,552*	*75,000*	*(71,544)*	*9,008*
Eric Wright	*-*	*16,000*	*(13,892)*	*2,108*
Household Support Fund	*-*	*40,000*	*(40,000)*	*-*
Skelton Bounty	*-*	*2,000*	*(2,000)*	*-*
Preston City Council - DA project	*-*	*1,000*	*(1,000)*	*-*
Rock FM Cash for Kids	*-*	*2,894*	*(2,894)*	*-*
	5,552	*136,894*	*(131,330)*	*11,116*
Total of funds	*161,250*	*186,451*	*(244,174)*	*103,527*

14. Statement of funds

Designated funds - This fund is for 6 month running costs as per the Charities Commission best practice guidance. This includes; redundancies, notices, leases and running costs.

Restricted funds -

Chorley and Leyland Methodist church - This donation was received specifically to provide children's dinners as part of the holiday hunger project throughout the school holidays.

Eric Wright - This fund is to provide family support.

National Lottery Fund - This fund is for our core family support service and the development of ‘Sweet Chilli Parenting’ our parenting workshops.

Kickstart - These grants were received by the DWP to support young people gaining access to employment.

Household Support Fund - This fund is to support families in the community with essential goods and support.

Amazon/ M&S Fund - These funds are to provide family support.

15.

Summary of funds - current year

	Balance at 1 April 2023 £	Income £	Expenditure £	Balance at 31 March 2024 £
Designated funds	**36,310**	**-**	**-**	**36,310**
General funds	**56,101**	**50,363**	**(105,539)**	**925**
Restricted funds	**11,116**	**162,285**	**(139,277)**	**34,124**
	103,527	**212,648**	**(244,816)**	**71,359**

15. Summary of funds (continued)

Summary of funds - prior year

	Balance at 1 April 2022 £	*Income* £	*Expenditure* £	*Balance at 31 March 2023* £
Designated funds	*36,310*	*-*	*-*	*36,310*
General funds	*119,388*	*49,557*	*(112,844)*	*56,101*
Restricted funds	*5,552*	*136,894*	*(131,330)*	*11,116*
	161,250	*186,451*	*(244,174)*	*103,527*

16. Analysis of net assets between funds

Analysis of net assets between funds - current period

	Restricted funds 2024 £	**Unrestricted funds 2024 £**	**Total funds 2024 £**
Current assets	34,124	41,581	**75,705**
Creditors due within one year	-	(4,346)	**(4,346)**
Total	34,124	37,235	**71,359**

Analysis of net assets between funds - prior period

	Restricted funds 2023 £	*Unrestricted funds 2023* £	*Total funds 2023* £
Current assets	*11,116*	*93,472*	*104,588*
Creditors due within one year	*-*	*(1,061)*	*(1,061)*
Total	*11,116*	*92,411*	*103,527*

17. Reconciliation of net movement in funds to net cash flow from operating activities

	2024 £	*2023* *£*
Net expenditure for the period (as per Statement of Financial Activities)	**(32,168)**	*(57,723)*
Adjustments for:		
Decrease in debtors	**268**	*27,834*
Increase/(decrease) in creditors	**3,285**	*(2,417)*
Net cash used in operating activities	**(28,615)**	*(32,306)*

18. Analysis of cash and cash equivalents

	2024 £	*2023* *£*
Cash in hand	**75,705**	*104,320*
Total cash and cash equivalents	**75,705**	*104,320*

19. Analysis of changes in net debt

	At 1 April 2023 £	Cash flows £	At 31 March 2024 £
Cash at bank and in hand	**16,956**	**(3,908)**	**13,048**
Debt due within 1 year	**-**	**(512)**	**(512)**
Liquid investments	**87,364**	**(25,457)**	**61,907**
	104,320	**(29,877)**	**74,443**

20. Related party transactions

The Company has not entered into any related party transaction during the year, nor are there any outstanding balances owing between related parties and the Company at 31 March 2024.

21. Post balance sheet events

There have been no significant events affecting the Company since the year end.

22. Controlling party

Those directors listed on the administrative page of the accounts control the Company.

Registered number: 5214560
Charity number: 1105739

HOME START CENTRAL LANCASHIRE LTD

(A company limited by guarantee)

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

HOME START CENTRAL LANCASHIRE LTD
(A company limited by guarantee)

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HOME START CENTRAL LANCASHIRE LTD

(A company limited by guarantee)

TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2024

The Trustees present their annual report together with the financial statements of the Company for the 1 April 2023 to 31 March 2024. The Annual report serves the purposes of both a Trustees' report and a directors' report under company law. The Trustees confirm that the Annual report and financial statements of the charitable company comply with the current statutory requirements, the requirements of the charitable company's governing document and the provisions of the Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019).

Since the Company qualifies as small under section 382 of the Companies Act 2006, the Strategic report required of medium and large companies under the Companies Act 2006 (Strategic Report and Directors' Report) Regulations 2013 has been omitted.

Objectives and activities

a. Policies and objectives

Our Vision
That social inequalities are reduced, and every family receives the support they need so that parents, carers, and children can reach their full potential.

Our Aims
Home-Start Central Lancashire aims to increase the confidence, capacity, and independence of families by:

- Offering emotional and practical support along with friendship to parents and their children.
- Supporting families with a strength-based, trauma informed approach
- Visiting families in their own homes where the dignity and identity of each adult and child can be respected and protected.
- Promoting and encouraging early childhood development through play and learning.
- Introducing families to therapeutic parenting ideology and practice, while supporting them to implement strategies that are strength based and promote family healing.
- Reassuring parents that difficulties in bringing up children are not unusual and support and encourage them to enjoy family life.
- Developing a relationship with the family in which time can be shared and understanding can be developed.
- Identifying and working with local services and agencies that can further support families to reach their goals.

Home Start has a proven, lasting, and positive impact on the development of children and the health and welfare of the whole family. Providing support through our home visiting service, family groups, cookery workshops, and Sweet Chilli Parenting.

In setting objectives and planning for activities, the Trustees have given due consideration to general guidance published by the Charity Commission relating to public benefit, including the guidance 'Public benefit: running a charity (PB2)'.

Objectives and activities (continued)

b. Activities undertaken to achieve objectives

The key activities of the charity are:
-Home visiting service – Experienced staff and trained and supervised volunteers support families in their own homes helping them with life's challenges to prevent family crisis or breakdown. The volunteers help parents to grow in confidence, build resilience, strengthen their relationships with their children and widen their links with the local community.
-Sweet Chilli Parent – Provides parents with an understanding of trauma, adverse childhood experience, brain development, and attachment theory. The program promotes strength-based therapeutic parenting strategies. This is delivered on a 1-2-1 basis with families as well as group sessions. 28 sessions had been delivered throughout the financial year.
- 48 Budding Spirits Early Learning development group sessions with parents, babies and toddlers.
-Training, support, and development for volunteers.
-Bespoke training for professionals – Developed to meet identified need and gaps in trauma informed approach practice for professionals who support families and individuals.
-Family Support groups - these provide the opportunity to engage in learning activities in a safe, welcoming environment where confidence and skills can be nurtured and also provide the opportunity to meet other families.
-Family cooking workshops - these provide the opportunity to engage in learning to cook nutritional food in a safe, welcoming environment. The workshops are facilitated both in group sessions and with families in their own homes alongside the family support they receive.

c. Volunteers

The Charity is indebted to many volunteers, without whom the charity could not operate.

The Charity is also indebted to its trustees who also offer services on a voluntary basis.

d. Main activities undertaken to further the Company's purposes for the public benefit

In meeting the objectives of the charitable company the Trustees have considered the Charity Commission guidance on public benefit and are satisfied that the activities undertaken during the year have provided significant benefit to the general public, particularly parents with young families, and their children and relatives.

Achievements and performance

a. Review of activities

During 2023 -2024 the Charity –
Supported families through home visiting, by virtual means, family groups, parenting programs, and cooking workshops.
Recruited, managed, trained, and developed volunteers.
Delivered family activities and play days.
Administrated the 'Household Support Fund' to families.
Attended networking and promotional events across Lancashire.

Financial review

a. Going concern

After making appropriate enquiries, the Trustees have a reasonable expectation that the Company has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the accounting policies.

b. Reserves policy

The charitable company aims to hold between 3 - 6 months running costs in reserves as per the Charities Commission guidelines.

Structure, governance and management

a. Constitution

Home Start Central Lancashire Ltd is registered as a charitable company limited by guarantee and was set up by a Trust deed. It has a registered charity number of 1105739.

b. Methods of appointment or election of Trustees

The management of the Company is the responsibility of the Trustees who are elected and co-opted under the terms of the Trust deed.

Any new trustees are identified and nominated by the existing board of trustees based on the skills and experience required from new trustees.

c. Policies adopted for the induction and training of Trustees

Any new trustees are given informal induction and training from existing trustees. Relevant information and Charity Commission publications regarding the responsibilities of trustees and information on the background to the charity are provided to all new trustees.

Reference and administrative details of the Company, its trustees and advisers

	Maureen Walkden Diane Gradwell Jeannie Stirling Zieda Ali Sarah Taylor (resigned 8 June 2024) June Molyneaux (appointed 11 January 2023)
Company registered number	5214560
Charity registered number	1105739

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

Registered office	112a Market Street Chorley Lancashire PR7 2SL
Company secretary	Donna Louise Hussain
Chief executive officer	Donna Louise Hussain
Accountants	CW Accountants Limited Office 5 The Boulevard Centre 45 Railway Road Blackburn Lancashire BB1 1EZ
Bankers	Royal Bank of Scotland 56 Market Street Chorley Lancashire PR7 2SD

Members' liability

The Members of the Company guarantee to contribute an amount not exceeding £1 to the assets of the Company in the event of winding up.

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

Statement of Trustees' responsibilities

The Trustees (who are also the directors of the Company for the purposes of company law) are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial . Under company law, the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the Company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS 102);
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Company will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the Company's transactions and disclose with reasonable accuracy at any time the financial position of the Company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the members of the board of Trustees on
and signed on their behalf by:

INDEPENDENT EXAMINER'S REPORT
FOR THE YEAR ENDED 31 MARCH 2024

Independent examiner's report to the Trustees of Home Start Central Lancashire Ltd ('the Company')

I report to the charity Trustees on my examination of the accounts of the Company for the year ended 31 March 2024.

Responsibilities and basis of report

As the Trustees of the Company (and its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the Company's accounts carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

This report is made solely to the Company's Trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. My work has been undertaken so that I might state to the Company's Trustees those matters I am required to state to them in an Independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Company and the Company's Trustees as a body, for my work or for this report.

Signed: Dated:

Courtney Wright FCCA

Office 5, The Boulevard Centre, 45 Railway Road, Blackburn, Lancashire, BB1 1EZ

HOME START CENTRAL LANCASHIRE LTD

(A company limited by guarantee)

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING INCOME AND EXPENDITURE ACCOUNT) FOR THE YEAR ENDED 31 MARCH 2024

	Note	Restricted funds 2024 £	Unrestricted funds 2024 £	Total funds 2024 £	*Total funds 2023 £*
Income from:					
Donations and legacies	3	**162,285**	**37,947**	**200,232**	*178,286*
Other trading activities		**-**	**11,007**	**11,007**	*7,126*
Investments	4	**-**	**1,409**	**1,409**	*1,039*
Total income		**162,285**	**50,363**	**212,648**	*186,451*
Expenditure on:					
Charitable activities		**139,277**	**105,539**	**244,816**	*244,174*
Total expenditure		**139,277**	**105,539**	**244,816**	*244,174*
Net movement in funds		**23,008**	**(55,176)**	**(32,168)**	*(57,723)*
Reconciliation of funds:					
Total funds brought forward		**11,116**	**92,411**	**103,527**	*161,250*
Net movement in funds		**23,008**	**(55,176)**	**(32,168)**	*(57,723)*
Total funds carried forward		**34,124**	**37,235**	**71,359**	*103,527*

The Statement of financial activities includes all gains and losses recognised in the year.

The notes on pages 10 to 24 form part of these financial statements.

HOME START CENTRAL LANCASHIRE LTD

(A company limited by guarantee)
REGISTERED NUMBER: 5214560

BALANCE SHEET
AS AT 31 MARCH 2024

	Note		2024 £		*2023 £*
Fixed assets					
			-		*-*
Current assets					
Debtors	10	**750**		*268*	
Investments	11	**61,907**		*87,364*	
Cash at bank and in hand		**13,048**		*16,956*	
		75,705		*104,588*	
Creditors: amounts falling due within one year	12	**(4,346)**		*(1,061)*	
Net current assets			**71,359**		*103,527*
Total assets less current liabilities			**71,359**		*103,527*
Net assets excluding pension asset			**71,359**		*103,527*
Total net assets			**71,359**		*103,527*
Charity funds					
Restricted funds	13		**34,124**		*11,116*
Unrestricted funds	13		**37,235**		*92,411*
Total funds			**71,359**		*103,527*

The Company was entitled to exemption from audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit for the year in question in accordance with section 476 of Companies Act 2006.

The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to entities subject to the small companies regime.

The financial statements were approved and authorised for issue by the Trustees on and signed on their behalf by:

The notes on pages 10 to 24 form part of these financial statements.

STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2024

	2024 £	*2023* *£*
Cash flows from operating activities		
Net cash used in operating activities	**(28,615)**	*(32,306)*
Cash flows from investing activities		
Net cash provided by investing activities	**-**	**-**
Cash flows from financing activities		
Net cash provided by financing activities	**-**	**-**
Change in cash and cash equivalents in the year	**(28,615)**	**(32,306)**
Cash and cash equivalents at the beginning of the year	**104,320**	*136,626*
Cash and cash equivalents at the end of the year	**75,705**	*104,320*

The notes on pages 10 to 24 form part of these financial statements

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

1. General information

Home Start Central Lancashire is a private limited company without share capital and a registered charity. The company was incorporated in England and Wales and has the following registered office address:
112a Market Street
Chorley
Lancashire
PR7 2SL

2. Accounting policies

2.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Home Start Central Lancashire Ltd meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

2.2 Income

All income is recognised once the Company has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Grants are included in the Statement of financial activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the Balance sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

2.3 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the Company's objectives, as well as any associated support costs.

2. Accounting policies (continued)

2.3 Expenditure (continued)

All expenditure is inclusive of irrecoverable VAT.

2.4 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the Company; this is normally upon notification of the interest paid or payable by the institution with whom the funds are deposited.

2.5 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

2.6 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

2.7 Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the Company anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised in the Statement of financial activities as a finance cost.

2.8 Financial instruments

The Company only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2.9 Pensions

The Company operates a defined contribution pension scheme and the pension charge represents the amounts payable by the Company to the fund in respect of the year.

2. Accounting policies (continued)

2.10 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Company and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Company for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Investment income, gains and losses are allocated to the appropriate fund.

3. Income from donations and legacies

	Restricted funds 2024 £	Unrestricted funds 2024 £	Total funds 2024 £
Donations	1,563	509	**2,072**
Grants	160,722	37,438	**198,160**
	162,285	37,947	**200,232**

	Restricted funds 2023 £	*Unrestricted funds 2023 £*	*Total funds 2023 £*
Donations	*-*	*3,561*	*3,561*
Grants	*136,894*	*37,831*	*174,725*
	136,894	*41,392*	*178,286*

4. Investment income

	Unrestricted funds 2024 £	Total funds 2024 £
Investment income	1,409	**1,409**

	Unrestricted funds 2023 £	*Total funds 2023 £*
Investment income	*1,039*	*1,039*

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

5. Analysis of Grant Income

	Restricted funds 2024 £	Unrestricted funds 2024 £	Total funds 2024 £
Grants			
All grants:	-	-	**-**
Rock FM	7,000	-	**7,000**
Chorley Council	46,000	13,571	**59,571**
Preston City Council - DA Project	32,722	-	**32,722**
National Lottery	75,000	-	**75,000**
Garfield Weston	-	20,000	**20,000**
Cadent	-	2,188	**2,188**
Skelton Bounty	1,563	-	**1,563**
Home Start UK	-	2,188	**2,188**
Total 2024	162,285	37,947	**200,232**

	Restricted funds 2023 £	*Unrestricted funds 2023 £*	*Total funds 2023 £*
All grants	*136,894*	*37,831*	*174,725*

6. Independent examiner's remuneration

	2024 £	*2023 £*
Fees payable to the Company's independent examiner for the independent examination of the Company's annual accounts	**450**	*350*

7. Staff costs

	2024 £	*2023* *£*
Wages and salaries	**164,956**	*163,765*
Social security costs	**9,908**	*9,805*
Contribution to defined contribution pension schemes	**9,864**	*8,178*
	184,728	*181,748*

The average number of persons employed by the Company during the year was as follows:

	2024 No.	*2023* *No.*
Operational	**6**	*7*
Administration	**1**	*1*
	7	*8*

No employee received remuneration amounting to more than £60,000 in either year.

8. Analysis of direct costs on charitable activities

	Restricted funds 2024 £	Unrestricted funds 2024 £	Total funds 2024 £
Salaries with on costs	107,091	184,728	**291,819**
Utilities	9,823	17,071	**26,894**
Volunteer expenses	1,024	1,343	**2,367**
Bank charges	-	70	**70**
Project costs	10,795	10,795	**21,590**
Rent and rates	3,153	6,307	**9,460**
General office expenses	5,023	9,006	**14,029**
Staff resources	-	2,193	**2,193**
Cleaning	-	-	**-**
Repairs and maintenance	-	2,896	**2,896**
Training	183	183	**366**
Professional fees	1,982	3,515	**5,497**
Insurance	-	1,717	**1,717**
Management committee costs	150	150	**300**
Travel costs	53	53	**106**
Home Start levy	-	4,339	**4,339**
Accountancy	-	450	**450**
Total 2024	139,277	244,816	**384,093**

	Restricted funds 2023 £	*Unrestricted funds 2023 £*	*Total funds 2023 £*
Salaries with on costs	*91,821*	*89,927*	*181,748*
Utilities	*8,201*	*7,811*	*16,012*
Volunteer expenses	*-*	*547*	*547*
Bank Charges	*-*	*133*	*133*
Project costs	*24,743*	*-*	*24,743*
Rent and rates	*3,098*	*3,000*	*6,098*
General office expenses	*2,824*	*2,121*	*4,945*
Staff resources	*-*	*220*	*220*
Cleaning	*-*	*968*	*968*
Repairs and maintenance	*-*	*2,410*	*2,410*
Training	*-*	*45*	*45*
Professional fees	*-*	*2,271*	*2,271*
Insurance	*-*	*922*	*922*
Management committee costs	*-*	*519*	*519*
Travel costs	*643*	*-*	*643*
Home Start Levy	*-*	*1,600*	*1,600*
Accountancy	*-*	*350*	*350*
Total 2023	*131,330*	*112,844*	*244,174*

9. Trustees' remuneration and expenses

During the year, no Trustees received any remuneration or other benefits *(2023 - £NIL)*.

During the year ended 31 March 2024, no Trustee expenses have been incurred *(2023 - £NIL)*.

10. Debtors

	2024 £	*2023 £*
Due within one year		
Prepayments and accrued income	**750**	*268*
	750	*268*

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

11. Current asset investments

	2024	2023
	£	£
Listed investments	**61,907**	*87,364*

12. Creditors: Amounts falling due within one year

	2024	2023
	£	£
Other taxation and social security	**3,384**	-
Pension fund loan payable	**512**	-
Accruals and deferred income	**450**	*1,061*
	4,346	*1,061*

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

13. Statement of funds

Statement of funds - current year

	Balance at 1 April 2023 £	Income £	Expenditure £	Balance at 31 March 2024 £
Unrestricted funds				
Designated funds				
Designated Funds - all funds	**36,310**	**-**	**-**	**36,310**
General funds				
General Funds - all funds	**56,101**	**50,363**	**(105,539)**	**925**
Total Unrestricted funds	**92,411**	**50,363**	**(105,539)**	**37,235**
Restricted funds				
The National Lottery	**9,008**	**75,000**	**(80,524)**	**3,484**
Eric Wright	**2,108**	**-**	**(2,108)**	**-**
Household Support Fund	**-**	**46,000**	**(46,000)**	**-**
Skelton Bounty	**-**	**1,563**	**(1,563)**	**-**
Preston City Council - DA project	**-**	**32,722**	**(2,082)**	**30,640**
Rock FM Cash for Kids	**-**	**7,000**	**(7,000)**	**-**
	11,116	**162,285**	**(139,277)**	**34,124**
Total of funds	**103,527**	**212,648**	**(244,816)**	**71,359**

13. Statement of funds (continued)

Statement of funds - prior year

	Balance at 1 April 2022 £	*Income* £	*Expenditure* £	*Balance at 31 March 2023* £
Unrestricted funds				
Designated funds				
Designated Funds - all funds	*36,310*	*-*	*-*	*36,310*
General funds				
General Funds - all funds	*119,388*	*49,557*	*(112,844)*	*56,101*
Total Unrestricted funds	*155,698*	*49,557*	*(112,844)*	*92,411*
Restricted funds				
The National Lottery	*5,552*	*75,000*	*(71,544)*	*9,008*
Eric Wright	*-*	*16,000*	*(13,892)*	*2,108*
Household Support Fund	*-*	*40,000*	*(40,000)*	*-*
Skelton Bounty	*-*	*2,000*	*(2,000)*	*-*
Preston City Council - DA project	*-*	*1,000*	*(1,000)*	*-*
Rock FM Cash for Kids	*-*	*2,894*	*(2,894)*	*-*
	5,552	*136,894*	*(131,330)*	*11,116*
Total of funds	*161,250*	*186,451*	*(244,174)*	*103,527*

14. Statement of funds

Designated funds - This fund is for 6 month running costs as per the Charities Commission best practice guidance. This includes; redundancies, notices, leases and running costs.

Restricted funds -

Chorley and Leyland Methodist church - This donation was received specifically to provide children's dinners as part of the holiday hunger project throughout the school holidays.

Eric Wright - This fund is to provide family support.

National Lottery Fund - This fund is for our core family support service and the development of ‘Sweet Chilli Parenting’ our parenting workshops.

Kickstart - These grants were received by the DWP to support young people gaining access to employment.

Household Support Fund - This fund is to support families in the community with essential goods and support.

Amazon/ M&S Fund - These funds are to provide family support.

15.

Summary of funds - current year

	Balance at 1 April 2023 £	Income £	Expenditure £	Balance at 31 March 2024 £
Designated funds	**36,310**	**-**	**-**	**36,310**
General funds	**56,101**	**50,363**	**(105,539)**	**925**
Restricted funds	**11,116**	**162,285**	**(139,277)**	**34,124**
	103,527	**212,648**	**(244,816)**	**71,359**

15. Summary of funds (continued)

Summary of funds - prior year

	Balance at 1 April 2022 £	*Income* £	*Expenditure* £	*Balance at 31 March 2023* £
Designated funds	*36,310*	*-*	*-*	*36,310*
General funds	*119,388*	*49,557*	*(112,844)*	*56,101*
Restricted funds	*5,552*	*136,894*	*(131,330)*	*11,116*
	161,250	*186,451*	*(244,174)*	*103,527*

16. Analysis of net assets between funds

Analysis of net assets between funds - current period

	Restricted funds 2024 £	**Unrestricted funds 2024 £**	**Total funds 2024 £**
Current assets	34,124	41,581	**75,705**
Creditors due within one year	-	(4,346)	**(4,346)**
Total	34,124	37,235	**71,359**

Analysis of net assets between funds - prior period

	Restricted funds 2023 £	*Unrestricted funds 2023* £	*Total funds 2023* £
Current assets	*11,116*	*93,472*	*104,588*
Creditors due within one year	*-*	*(1,061)*	*(1,061)*
Total	*11,116*	*92,411*	*103,527*

17. Reconciliation of net movement in funds to net cash flow from operating activities

	2024 £	*2023* *£*
Net expenditure for the period (as per Statement of Financial Activities)	**(32,168)**	*(57,723)*
Adjustments for:		
Decrease in debtors	**268**	*27,834*
Increase/(decrease) in creditors	**3,285**	*(2,417)*
Net cash used in operating activities	**(28,615)**	*(32,306)*

18. Analysis of cash and cash equivalents

	2024 £	*2023* *£*
Cash in hand	**75,705**	*104,320*
Total cash and cash equivalents	**75,705**	*104,320*

19. Analysis of changes in net debt

	At 1 April 2023 £	Cash flows £	At 31 March 2024 £
Cash at bank and in hand	**16,956**	**(3,908)**	**13,048**
Debt due within 1 year	**-**	**(512)**	**(512)**
Liquid investments	**87,364**	**(25,457)**	**61,907**
	104,320	**(29,877)**	**74,443**

20. Related party transactions

The Company has not entered into any related party transaction during the year, nor are there any outstanding balances owing between related parties and the Company at 31 March 2024.

21. Post balance sheet events

There have been no significant events affecting the Company since the year end.

22. Controlling party

Those directors listed on the administrative page of the accounts control the Company.

HOME-START CENTRAL LANCASHIRE LTD

England & Wales - Charity number 1105739

Accounts

Registered number: 5214560
Charity number: 1105739

HOME START CENTRAL LANCASHIRE LTD

(A company limited by guarantee)

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2023

The Trustees present their annual report together with the financial statements of the Company for the 1 April 2022 to 31 March 2023. The Annual report serves the purposes of both a Trustees' report and a directors' report under company law. The Trustees confirm that the Annual report and financial statements of the charitable company comply with the current statutory requirements, the requirements of the charitable company's governing document and the provisions of the Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019).

Since the Company qualifies as small under section 382 of the Companies Act 2006, the Strategic report required of medium and large companies under the Companies Act 2006 (Strategic Report and Directors' Report) Regulations 2013 has been omitted.

Objectives and activities

a. Policies and objectives

Our Vision
That social inequalities are reduced, and every family receives the support they need so that parents, carers, and children can reach their full potential.

Our Aims
Home-Start Central Lancashire aims to increase the confidence, capacity, and independence of families by:

- Offering emotional and practical support along with friendship to parents and their children.
- Supporting families with a strength-based, trauma informed approach
- Visiting families in their own homes where the dignity and identity of each adult and child can be respected and protected.
- Promoting and encouraging early childhood development through play and learning.
- Introducing families to therapeutic parenting ideology and practice, while supporting them to implement strategies that are strength based and promote family healing.
- Reassuring parents that difficulties in bringing up children are not unusual and support and encourage them to enjoy family life.
- Developing a relationship with the family in which time can be shared and understanding can be developed.
- Identifying and working with local services and agencies that can further support families to reach their goals.

Home Start has a proven, lasting, and positive impact on the development of children and the health and welfare of the whole family. Providing support through our home visiting service, family groups, cookery workshops, and Sweet Chilli Parenting.

In setting objectives and planning for activities, the Trustees have given due consideration to general guidance published by the Charity Commission relating to public benefit, including the guidance 'Public benefit: running a charity (PB2)'.

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

Financial review

a. Going concern

After making appropriate enquiries, the Trustees have a reasonable expectation that the Company has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the accounting policies.

b. Reserves policy

The charitable company aims to hold between 3 - 6 months running costs in reserves as per the Charities Commission guidelines.

Structure, governance and management

a. Constitution

Home Start Central Lancashire Ltd is registered as a charitable company limited by guarantee and was set up by a Trust deed. It has a registered charity number of 1105739.

b. Methods of appointment or election of Trustees

The management of the Company is the responsibility of the Trustees who are elected and co-opted under the terms of the Trust deed.

Any new trustees are identified and nominated by the existing board of trustees based on the skills and experience required from new trustees.

c. Policies adopted for the Induction and training of Trustees

Any new trustees are given informal induction and training from existing trustees. Relevant information and Charity Commission publications regarding the responsibilities of trustees and information on the background to the charity are provided to all new trustees.

Reference and administrative details of the Company, its trustees and advisers

	Maureen Walkden Diane Gradwell Jeannie Stirling Zieda Ali Sarah Taylor June Molyneaux (appointed 11 January 2023)
Company registered number	5214560
Charity registered number	1105739

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

Statement of Trustees' responsibilities

The Trustees (who are also the directors of the Company for the purposes of company law) are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial . Under company law, the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the Company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS 102);
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Company will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the Company's transactions and disclose with reasonable accuracy at any time the financial position of the Company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the members of the board of Trustees on and signed on their behalf by:

HOME START CENTRAL LANCASHIRE LTD

(A company limited by guarantee)

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING INCOME AND EXPENDITURE ACCOUNT) FOR THE YEAR ENDED 31 MARCH 2023

	Note	Restricted funds 2023 £	Unrestricted funds 2023 £	Total funds 2023 £	*Total funds 2022 £*
Income from:					
Donations and legacies	3	**136,894**	**41,392**	**178,286**	*137,719*
Other trading activities		**-**	**7,126**	**7,126**	*8,466*
Investments	4	**-**	**1,039**	**1,039**	*390*
Total income		**136,894**	**49,557**	**186,451**	*146,575*
Expenditure on:					
Charitable activities		**131,330**	**112,844**	**244,174**	*210,779*
Total expenditure		**131,330**	**112,844**	**244,174**	*210,779*
Net movement in funds		**5,564**	**(63,287)**	**(57,723)**	*(64,204)*
Reconciliation of funds:					
Total funds brought forward		**5,552**	**155,698**	**161,250**	*225,454*
Net movement in funds		**5,564**	**(63,287)**	**(57,723)**	*(64,204)*
Total funds carried forward		**11,116**	**92,411**	**103,527**	*161,250*

The Statement of financial activities includes all gains and losses recognised in the year.

The notes on pages 10 to 23 form part of these financial statements.

STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2023

	2023 £	*2022* *£*
Cash flows from operating activities		
Net cash used in operating activities	**(32,306)**	*(84,095)*
Cash flows from investing activities		
Net cash provided by investing activities	**-**	**-**
Cash flows from financing activities		
Net cash provided by financing activities	**-**	**-**
Change in cash and cash equivalents in the year	**(32,306)**	**(84,095)**
Cash and cash equivalents at the beginning of the year	**136,626**	*220,721*
Cash and cash equivalents at the end of the year	**104,320**	*136,626*

The notes on pages 10 to 23 form part of these financial statements

2. Accounting policies (continued)

2.3 Expenditure (continued)

All expenditure is inclusive of irrecoverable VAT.

2.4 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the Company; this is normally upon notification of the interest paid or payable by the institution with whom the funds are deposited.

2.5 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

2.6 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

2.7 Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the Company anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised in the Statement of financial activities as a finance cost.

2.8 Financial Instruments

The Company only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2.9 Pensions

The Company operates a defined contribution pension scheme and the pension charge represents the amounts payable by the Company to the fund in respect of the year.

3. Income from donations and legacies

	Restricted funds 2023 £	Unrestricted funds 2023 £	Total funds 2023 £
Donations	-	3,561	**3,561**
Grants	136,894	37,831	**174,725**
	136,894	41,392	**178,286**

	Restricted funds 2022 £	*Unrestricted funds 2022 £*	*Total funds 2022 £*
Donations	-	*15,263*	*15,263*
Grants	*42,141*	*80,315*	*122,456*
	42,141	*95,578*	*137,719*

4. Investment Income

	Unrestricted funds 2023 £	Total funds 2023 £
Investment income	1,039	**1,039**

	Unrestricted funds 2022 £	*Total funds 2022 £*
Investment income	*390*	*390*

7. Staff costs (continued)

The average number of persons employed by the Company during the year was as follows:

	2023 No.	2022 No.
Operational	7	5
Administration	1	1
	8	6

No employee received remuneration amounting to more than £60,000 in either year.

8. Analysis of direct costs on charitable activities

	Restricted funds 2023 £	Unrestricted funds 2023 £	Total funds 2023 £
Salaries with on costs	91,821	89,927	**181,748**
Utilities	8,201	7,811	**16,012**
Volunteer expenses	-	547	**547**
Bank charges	-	133	**133**
Project costs	24,743	-	**24,743**
Rent and rates	3,098	3,000	**6,098**
General office expenses	2,824	2,121	**4,945**
Staff resources	-	220	**220**
Cleaning	-	968	**968**
Repairs and maintenance	-	2,410	**2,410**
Training	-	45	**45**
Professional fees	-	2,271	**2,271**
Insurance	-	922	**922**
Management committee costs	-	519	**519**
Travel costs	643	-	**643**
Home Start levy	-	1,600	**1,600**
Accountancy	-	350	**350**
Total 2023	131,330	112,844	**244,174**

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

11. Current asset investments

	2023	2022
	£	£
Listed investments	**87,364**	*111,363*

12. Creditors: Amounts falling due within one year

	2023	2022
	£	£
Other taxation and social security	**-**	*3,118*
Accruals and deferred income	**1,061**	*360*
	1,061	*3,478*

13. Statement of funds (continued)

Statement of funds - prior year

	Balance at 1 April 2021 £	*Income* £	*Expenditure* £	*Balance at 31 March 2022* £
Unrestricted funds				
Designated funds				
Designated Funds - all funds	*36,310*	-	-	*36,310*
General funds				
General Funds - all funds	*189,144*	*104,434*	*(174,190)*	*119,388*
Total Unrestricted funds	*225,454*	*104,434*	*(174,190)*	*155,698*
Restricted funds				
Restricted Funds - all funds	-	*42,141*	*(36,589)*	*5,552*
Total of funds	*225,454*	*146,575*	*(210,779)*	*161,250*

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

15. Summary of funds (continued)

Summary of funds - prior year

	Balance at 1 April 2021 £	*Income* £	*Expenditure* £	*Balance at 31 March 2022* £
Designated funds	*36,310*	-	-	*36,310*
General funds	*189,144*	*104,434*	*(174,190)*	*119,388*
Restricted funds	-	*42,141*	*(36,589)*	*5,552*
	225,454	*146,575*	*(210,779)*	*161,250*

16. Analysis of net assets between funds

Analysis of net assets between funds - current year

	Restricted funds 2023 £	**Unrestricted funds 2023** £	**Total funds 2023** £
Current assets	11,116	93,472	**104,588**
Creditors due within one year	-	(1,061)	**(1,061)**
Total	11,116	92,411	**103,527**

Analysis of net assets between funds - prior year

	Restricted funds 2022 £	*Unrestricted funds 2022* £	*Total funds 2022* £
Current assets	*5,552*	*159,176*	*164,728*
Creditors due within one year	-	*(3,478)*	*(3,478)*
Total	*5,552*	*155,698*	*161,250*

21. Post balance sheet events

There have been no significant events affecting the Company since the year end.

22. Controlling party

Those directors listed on the administrative page of the accounts control the Company.

HOME-START CENTRAL LANCASHIRE LTD

England & Wales - Charity number 1105739

Accounts

Registered number: 5214560
Charity number: 1105739

HOME START CENTRAL LANCASHIRE LTD

(A company limited by guarantee)

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

THURSDAY
ABJFLOOK
A11 22/12/2022 #183
COMPANIES HOUSE

HOME START CENTRAL LANCASHIRE LTD

(A company limited by guarantee)

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TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2022

The Trustees present their annual report together with the financial statements of the Company for the 1 April 2021 to 31 March 2022. The Annual report serves the purposes of both a Trustees' report and a directors' report under company law. The Trustees confirm that the Annual report and financial statements of the charitable company comply with the current statutory requirements, the requirements of the charitable company's governing document and the provisions of the Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019).

Since the Company qualifies as small under section 382 of the Companies Act 2006, the Strategic report required of medium and large companies under the Companies Act 2006 (Strategic Report and Directors' Report) Regulations 2013 has been omitted.

Objectives and activities

a. Policies and objectives

Our vision - helping families with children feel happy, confident and supported.

Our aim - Home Start reaches out to families with children through positive support and friendship. We encourage families to increase their confidence and independence, improve health and wellbeing whilst helping them to build better lives and futures.

Home Start has a proven, lasting and positive impact on the development of children and the health and welfare of the whole family. Providing support through our home visiting service, our family groups, small group sessions and People in Crisis project.

In setting objectives and planning for activities, the Trustees have given due consideration to general guidance published by the Charity Commission relating to public benefit, including the guidance 'Public benefit: running a charity (PB2)'.

b. Activities undertaken to achieve objectives

The key activities of the charity are:
- Home visiting service - trained and supervised volunteers support families in their own homes helping them to prevent family crisis or breakdown. The volunteers support parents as they grow in confidence, build resilience, strengthen their relationships with their children and widen their links with the local community.
- People in Crisis project - this started in July 2016, working in partnership with Citizens Advice Lancashire and KEY Unlocking Futures. This project aims to draw on the strength and experience of people facing hardship and crisis so that they can overcome immediate difficulties and be ready for future opportunities and challenges.
-Training support and development for volunteers.
- Holiday hunger project - provided children's dinners to families throughout school holidays, who are entitled and receive free school dinners.
-Family Support groups - these provide the opportunity to engage in learning activities in a safe, welcoming environment where confidence and skills can be nurtured and also provide the opportunity to meet other families
.- School holiday activities and events for the whole family including holiday food and fun sessions to help tackle issues of holiday hunger.

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

Objectives and activities (continued)

c. Volunteers

The Charity is indebted to many volunteers, without whom the charity could not operate.

The Charity is also indebted to its trustees who also offer services on a voluntary basis.

d. Main activities undertaken to further the Company's purposes for the public benefit

In meeting the objectives of the charitable company the Trustees have considered the Charity Commission guidance on public benefit and are satisfied that the activities undertaken during the year have provided significant benefit to the general public, particularly parents with young families, and their children and relatives.

Achievements and performance

a. Review of activities

During 2021 - 2022 the Charity -
- Supported families through home visiting, by virtual means, family groups and small group support
- Managed, trained and supported volunteers.
- Delivered family, activities and play days over the summer holidays and during half term.

The below activities were either delivered by virtual means or postponed due to COVID:
- Family groups across Chorley, Leyland, Penwortham, Skelmersdale and Ormskirk.
- Dads group in chorley.
- Group sessions for baby sensory and bumps to babes.

Financial review

a. Going concern

After making appropriate enquiries, the Trustees have a reasonable expectation that the Company has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the accounting policies.

Structure, governance and management

a. Constitution

Home Start Central Lancashire Ltd is registered as a charitable company limited by guarantee and was set up by a Trust deed. It has a registered charity number of 1105739.

Structure, governance and management (continued)

b. Methods of appointment or election of Trustees

The management of the Company is the responsibility of the Trustees who are elected and co-opted under the terms of the Trust deed.

Any new trustees are identified and nominated by the existing board of trustees based on the skills and experience required from new trustees.

c. Policies adopted for the induction and training of Trustees

Any new trustees are given informal induction and training from existing trustees. Relevant information and Charity Commission publications regarding the responsibilities of trustees and information on the background to the charity are provided to all new trustees.

Reference and administrative details of the Company, its trustees and advisers

	Maureen Walkden Diane Gradwell Jeannie Stirling Zieda Ali (appointed 29 October 2021) Sarah Taylor (appointed 29 October 2021)
Company registered number	5214560
Charity registered number	1105739
Registered office	112a Market Street Chorley Lancashire PR7 2SL
Company secretary	Donna Louise Hussain
Chief executive officer	Donna Louise Hussain
Accountants	CW Accountants Limited Office 5 The Boulevard Centre 45 Railway Road Blackburn Lancashire BB1 1EZ

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

Bankers

Royal Bank of Scotland
56 Market Street
Chorley
Lancashire
PR7 2SD

Members' liability

The Members of the Company guarantee to contribute an amount not exceeding £1 to the assets of the Company in the event of winding up.

Statement of Trustees' responsibilities

The Trustees (who are also the directors of the Company for the purposes of company law) are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial . Under company law, the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the Company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS 102);
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Company will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the Company's transactions and disclose with reasonable accuracy at any time the financial position of the Company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the members of the board of Trustees on 18TH DECEMBER 2022 and signed on their behalf by:

MAUREEN WALKDEN

Director

INDEPENDENT EXAMINER'S REPORT FOR THE YEAR ENDED 31 MARCH 2022

Independent examiner's report to the Trustees of Home Start Central Lancashire Ltd ('the Company')

I report to the charity Trustees on my examination of the accounts of the Company for the year ended 31 March 2022.

Responsibilities and basis of report

As the Trustees of the Company (and its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the Company's accounts carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

This report is made solely to the Company's Trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. My work has been undertaken so that I might state to the Company's Trustees those matters I am required to state to them in an Independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Company and the Company's Trustees as a body, for my work or for this report.

Signed: C. Wright Dated: 18/12/2022

Courtney Wright FCCA

Office 5, The Boulevard Centre, 45 Railway Road, Blackburn, Lancashire, BB1 1EZ

HOME START CENTRAL LANCASHIRE LTD

(A company limited by guarantee)

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING INCOME AND EXPENDITURE ACCOUNT) FOR THE YEAR ENDED 31 MARCH 2022

	Note	Restricted funds 2022 £	Unrestricted funds 2022 £	Total funds 2022 £	*Total funds 2021 £*
Income from:					
Donations and legacies	3	**42,141**	**95,578**	**137,719**	*87,266*
Other trading activities		**-**	**8,466**	**8,466**	*5,405*
Investments	4	**-**	**390**	**390**	*435*
Total income		**42,141**	**104,434**	**146,575**	*93,106*
Expenditure on:					
Charitable activities		**36,589**	**174,190**	**210,779**	*227,307*
Total expenditure		**36,589**	**174,190**	**210,779**	*227,307*
Net movement in funds		**5,552**	**(69,756)**	**(64,204)**	*(134,201)*
Reconciliation of funds:					
Total funds brought forward		**-**	**225,454**	**225,454**	*359,655*
Net movement in funds		**5,552**	**(69,756)**	**(64,204)**	*(134,201)*
Total funds carried forward		**5,552**	**155,698**	**161,250**	*225,454*

The Statement of financial activities includes all gains and losses recognised in the year.

The notes on pages 9 to 19 form part of these financial statements.

HOME START CENTRAL LANCASHIRE LTD
(A company limited by guarantee)
REGISTERED NUMBER: 5214560

BALANCE SHEET
AS AT 31 MARCH 2022

	Note		2022 £		*2021 £*
Fixed assets					
			-		-
Current assets					
Debtors	8	**28,102**		*7,172*	
Investments	9	**111,363**		*110,974*	
Cash at bank and in hand		**25,263**		*109,747*	
		164,728		*227,893*	
Creditors: amounts falling due within one year	10	**(3,478)**		*(2,439)*	
Net current assets			**161,250**		*225,454*
Total assets less current liabilities			**161,250**		*225,454*
Net assets excluding pension asset			**161,250**		*225,454*
Total net assets			**161,250**		*225,454*
Charity funds					
Restricted funds	11		**5,552**		-
Unrestricted funds	11		**155,698**		*225,454*
Total funds			**161,250**		*225,454*

The Company was entitled to exemption from audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit for the year in question in accordance with section 476 of Companies Act 2006.

The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to entities subject to the small companies regime.

The financial statements were approved and authorised for issue by the Trustees on 18TH DECEMBER 2022 and signed on their behalf by:

The notes on pages 9 to 19 form part of these financial statements.

MAUREEN WALLDEN

STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2022

	2022 £	*2021* *£*
Cash flows from operating activities		
Net cash used in operating activities	**(84,095)**	*(150,705)*
Cash flows from investing activities		
Net cash provided by investing activities	**-**	*-*
Cash flows from financing activities		
Net cash provided by financing activities	**-**	*-*
Change in cash and cash equivalents in the year	**(84,095)**	**(150,705)**
Cash and cash equivalents at the beginning of the year	**220,721**	*371,426*
Cash and cash equivalents at the end of the year	**136,626**	*220,721*

The notes on pages 9 to 19 form part of these financial statements

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

1. General information

Home Start Central Lancashire is a private limited company without share capital and a registered charity. The company was incorporated in England and Wales and has the following registered office address:
112a Market Street
Chorley
Lancashire
PR7 2SL

2. Accounting policies

2.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Home Start Central Lancashire Ltd meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

2.2 Income

All income is recognised once the Company has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Grants are included in the Statement of financial activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the Balance sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

2.3 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the Company's objectives, as well as any associated support costs.

2. Accounting policies (continued)

2.3 Expenditure (continued)

All expenditure is inclusive of irrecoverable VAT.

2.4 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the Company; this is normally upon notification of the interest paid or payable by the institution with whom the funds are deposited.

2.5 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

2.6 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

2.7 Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the Company anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised in the Statement of financial activities as a finance cost.

2.8 Financial instruments

The Company only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2.9 Pensions

The Company operates a defined contribution pension scheme and the pension charge represents the amounts payable by the Company to the fund in respect of the year.

2. Accounting policies (continued)

2.10 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Company and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Company for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Investment income, gains and losses are allocated to the appropriate fund.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

3. Income from donations and legacies

	Restricted funds 2022 £	Unrestricted funds 2022 £	Total funds 2022 £
Donations	-	15,263	**15,263**
Grants	42,141	80,315	**122,456**
	42,141	95,578	**137,719**

	Restricted funds 2021 £	*Unrestricted funds 2021 £*	*Total funds 2021 £*
Donations	-	*12,332*	*12,332*
Grants	*10,000*	*33,367*	*43,367*
Similar incoming resources	-	*31,567*	*31,567*
	10,000	*77,266*	*87,266*

4. Investment income

	Unrestricted funds 2022 £	Total funds 2022 £
Investment income - local cash	390	**390**

	Unrestricted funds 2021 £	*Total funds 2021 £*
Investment income	*435*	*435*

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

5. Independent examiner's remuneration

	2022 £	2021 £
Fees payable to the Company's independent examiner for the independent examination of the Company's annual accounts	**390**	*380*

6. Staff costs

	2022 £	2021 £
Wages and salaries	**116,372**	*141,768*
Social security costs	**4,507**	*6,396*
Contribution to defined contribution pension schemes	**6,452**	*8,109*
	127,331	*156,273*

The average number of persons employed by the Company during the year was as follows:

	2022 No.	2021 No.
Operational	**5**	*6*
Administration	**1**	*1*
	6	*7*

No employee received remuneration amounting to more than £60,000 in either year.

7. Trustees' remuneration and expenses

During the year, no Trustees received any remuneration or other benefits *(2021 - £NIL)*.

During the year ended 31 March 2022, no Trustee expenses have been incurred *(2021 - £NIL)*.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

8. Debtors

	2022 £	2021 £
Due within one year		
Trade debtors	**28,102**	*6,903*
Prepayments and accrued income	**-**	*269*
	28,102	*7,172*

9. Current asset investments

	2022 £	2021 £
Listed investments	**111,363**	*110,974*

10. Creditors: Amounts falling due within one year

	2022 £	2021 £
Other taxation and social security	**3,118**	*1,412*
Accruals and deferred income	**360**	*1,027*
	3,478	*2,439*

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

11. Statement of funds

Statement of funds - current year

	Balance at 1 April 2021 £	Income £	Expenditure £	Balance at 31 March 2022 £
Unrestricted funds				
Designated funds				
Designated Funds - all funds	**36,310**	**-**	**-**	**36,310**
General funds				
General Funds - all funds	**189,144**	**104,434**	**(174,190)**	**119,388**
Total Unrestricted funds	**225,454**	**104,434**	**(174,190)**	**155,698**
Restricted funds				
Restricted Funds - all funds	**-**	**42,141**	**(36,589)**	**5,552**
Total of funds	**225,454**	**146,575**	**(210,779)**	**161,250**

11. Statement of funds (continued)

Statement of funds - prior year

	Balance at 1 April 2020 £	*Income* £	*Expenditure* £	*Transfers in/out* £	*Balance at 31 March 2021* £
Unrestricted funds					
Designated funds					
Designated Funds - all funds	*71,466*	-	-	*(35,156)*	*36,310*
General funds					
General Funds - all funds	*284,826*	*83,106*	*(213,944)*	*35,156*	*189,144*
Total Unrestricted funds	*356,292*	*83,106*	*(213,944)*	-	*225,454*
Restricted funds					
Chorley and Leyland Methodist Church	*3,363*	-	*(3,363)*	-	-
Eric Wright	-	*10,000*	*(10,000)*	-	-
	3,363	*10,000*	*(13,363)*	-	-
Total of funds	*359,655*	*93,106*	*(227,307)*	-	*225,454*

12. Statement of funds

Designated funds - This fund is for 6 month running costs as per the Charities Commission best practice guidance. This includes; redundancies, notices, leases and running costs.

Restricted funds -

Chorley and Leyland Methodist church - This donation was received specifically to provide children's dinners as part of the holiday hunger project throughout the school holidays.

Eric Wright - This fund is to provide family support.

National Lottey Fund - This fund is for our core family support service and the development of 'Sweet Chilli Parenting' our parenting workshops.

Kickstart - These grants were received by the DWP to support young people gaining access to employment.

13.

Summary of funds - current year

	Balance at 1 April 2021 £	Income £	Expenditure £	Balance at 31 March 2022 £
Designated funds	**36,310**	**-**	**-**	**36,310**
General funds	**189,144**	**104,434**	**(174,190)**	**119,388**
Restricted funds	**-**	**42,141**	**(36,589)**	**5,552**
	225,454	**146,575**	**(210,779)**	**161,250**

Summary of funds - prior year

	Balance at 1 April 2020 £	*Income £*	*Expenditure £*	*Transfers in/out £*	*Balance at 31 March 2021 £*
Designated funds	*71,466*	-	-	*(35,156)*	*36,310*
General funds	*284,826*	*83,106*	*(213,944)*	*35,156*	*189,144*
Restricted funds	*3,363*	*10,000*	*(13,363)*	-	-
	359,655	*93,106*	*(227,307)*	-	*225,454*

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

14. Analysis of net assets between funds

Analysis of net assets between funds - current year

	Restricted funds 2022 £	Unrestricted funds 2022 £	Total funds 2022 £
Current assets	5,552	159,176	**164,728**
Creditors due within one year	-	(3,478)	**(3,478)**
Total	5,552	155,698	**161,250**

Analysis of net assets between funds - prior year

	Unrestricted funds 2021 £	*Total funds 2021 £*
Current assets	*227,893*	*227,893*
Creditors due within one year	*(2,439)*	*(2,439)*
Total	*225,454*	*225,454*

15. Reconciliation of net movement in funds to net cash flow from operating activities

	2022 £	*2021 £*
Net expenditure for the year (as per Statement of Financial Activities)	**(64,204)**	*(134,201)*
Adjustments for:		
Depreciation charges	**-**	*12*
Increase in debtors	**(20,930)**	*(6,917)*
Increase/(decrease) in creditors	**1,039**	*(9,599)*
Net cash used in operating activities	**(84,095)**	*(150,705)*

16. Analysis of cash and cash equivalents

	2022	*2021*
	£	*£*
Cash in hand	**136,626**	*220,721*
Total cash and cash equivalents	**136,626**	*220,721*

17. Analysis of changes in net debt

	At 1 April 2021	Cash flows	At 31 March 2022
	£	£	£
Cash at bank and in hand	**109,747**	**(84,484)**	**25,263**
Liquid investments	**110,974**	**389**	**111,363**
	220,721	**(84,095)**	**136,626**

18. Related party transactions

The Company has not entered into any related party transaction during the year, nor are there any outstanding balances owing between related parties and the Company at 31 March 2022.

19. Post balance sheet events

There have been no signifcant events affecting the Company since the year end.

20. Controlling party

Those directors listed on the administrative page of the accounts control the Company.

HOME-START CENTRAL LANCASHIRE LTD

England & Wales - Charity number 1105739

Accounts

Central
Lancashire

Home-Start Central Lancashire Annual Report 2020

Home-Start Central Lancashire at a glance

Home-Start Central Lancashire is a Family Support Charity based in Chorley and works with families who have at least one child under the age of eleven, in communities across West Lancashire, Chorley, South Ribble and Greater Preston. We are a local branch of Home-Start UK and as such we have to pass strict Quality Assurance tests in order to operate. Home-Start UK provide infrastructure across the UK for all local Home-starts but they do not fund us and so we operate as an independent local charity.

Home-Start Central Lancashire have been providing support for families within the area since 1996. Due to growth and demand we officially registered as a charity and company limited by guarantee in 2004.

We provide early intervention and post intervention home-visiting family support. Starting in the home, our approach is as individual as the people we are helping. No judgment, it is just compassionate, confidential help and expert family support. At the heart of our work is home visiting volunteer support.

Families, many of them struggling with multiple and/or complex issues such as post-natal depression, isolation, physical health problems, bereavement, early childhood developmental issues, poor mental health and many other issues receive the expertise of a family Support Coordinator and the support of a trained volunteer who will spend at least two hours a week in a family's home supporting them in the ways they need. Depending on each family's needs and their complexities, our Coordinators and volunteers can spend between 3- 12 months providing them with family support.

The earliest years make the biggest impact and Home-Start makes sure those years count so that no child's future is limited. Children who are raised in a stable, loving, family environment are more likely to have a positive and healthy future.

Home-Start works because our home-visiting volunteers are parents/carers. They understand how hard it can be and work alongside parents, in their own homes, to help them cope with the stresses and strains of life and make sure they have the skills, confidence, and strength they need to nurture their children.

Home-Start Central Lancashire work closely with and alongside other local agencies from all sectors to provide rapid response and longer term multi agency support, for families who need more than one intervention to get their lives back on track and increase their capacity and independence.

We facilitate training, peer support groups, encourage positive friendships and support families to access available local services, education, and training, as well as lots of other support.

Who We Are 2020

Chair of Trustees
Jessica Wood

Vice Chair of Trustees
Jeannie Stirling

Trustee / Directors

Diane Gradwell
Maureen Walkden
Helen Connolly
Carole Lee
Olga Norris
Neil Williams
Ann Bridge

Staff

Business and Development Manager - Donna Hussain
Continuous Improvement Lead - Bernadette Aston
Learning and Development Officer - Moya Fletcher
Office Manager - Jennifer Coupe
Administrator - Eunice Weller
Family Support Coordinators - Jorden Thompson, Keelie Bentley, Shirley Gent, Ruksana Ali.
Finance Admin - Meriel Beattie

EXECUTIVE SUMMARY

Throughout the recent lock down 2020/2021 caused by the COVID-19 pandemic, Home-Start Central Lancashire has continued to maintain and deliver family support services across Central Lancashire.

During 2020/2021 we have supported over 230 families and over 650 children.

As a result of the pandemic families have faced even more isolation, poverty, and a tremendous decrease in support and opportunities. This has contributed to the increase in number of referrals and families needing support to return to the 'new normal', and the increase of complex issues families are currently experiencing.

Parents and Carers are increasingly struggling to meet the physical and emotional demands of themselves and their children. Social isolation has risen significantly over the last few years due to families being more fragmented and fewer intergenerational households being the norm.

We have seen a 34% increase over the last year 2020/2021 in referrals from agencies and families themselves for early intervention and post intervention family support.

Across central Lancashire the majority of families referred to us live in the most deprived areas, many are living beneath the poverty line and are struggling not only financially but physically, mentally, and developmentally.

In the communities that we work in reports of domestic violence, child abuse, neglect, malnutrition, school absence/exclusions, youth crime and many other issues have risen by over 25%.

Over 85% of our families live in areas that are in the bottom 10% of deprivation across the UK according to the Office for National Statistics and over 80% of the families we support are living in poverty which is a high contributing factor for high rates of infant mortality, poor nutrition, health issues, developmental delay, increased neurodiversity, and below average life expectancy.

Lancashire has one of the highest rates across England of children living in care and school exclusions are amongst the highest across England.

Reduced school attendance during the pandemic, lack of digital resources and digital illiteracy of some parents across the County, has left many children facing increased problems trying to attain academic averages.

Rates of children self-harming and struggling with their mental health have also risen substantially. Waiting lists for support from mental and physical health agencies are getting longer which is resulting in families reaching crisis point and at higher risk of losing their children before support can be accessed.

Awareness of 'Adverse childhood experiences'', and current research around 'Attachment Disorders' associated with adverse childhood experience, have proved that early intervention from nonjudgmental family support that is regular and consistent, can help reduce the impact and symptoms of attachment disorder and help to make families stronger, more independent and increase the safety and security of children.

During 2020/2021 our Board of Trustees made the decision to invest over £80,000 of unrestricted reserves into the operations of the charity to continue with improvements to our service and family support offer during the lock down. The reserves used had been saved from previous years when Home-Start Central Lancashire provided private creche services. The creche's had been successful and provided Home-Start Central Lancashire with some independent unrestricted income. When the government began providing free nursery places for children over two years old(more recently for children over one year), the need for private creche provision reduced and we were no longer able to raise an income from it.

Donna Hussain
Business and Development manager

Our Vision

That social inequalities are reduced and every family receives the support they need so that parents, carers and children can reach their full potential.

Our Aim

Home-Start Central Lancashire aims to increase the confidence, capacity and independence of families by;

- **Offering emotional and practical support along with friendship to parents and their children.**
- **Supporting families using a trauma informed approach**
- **Visiting families in their own homes where the dignity and identity of each adult and child can be respected and protected.**
- **Promoting and encouraging early childhood development through play and learn.**
- **Helping to implement new parenting strategies and cope with challenging behaviour.**
- **Reassuring parents that difficulties in bringing up children are not unusual and support and encourage them to enjoy family life.**
- **Developing a relationship with the family in which time can be shared and understanding can be developed.**
- **Identifying and working with local services and agencies that can further support families to reach their goals.**

What we do:

- Home-Start is there for parents when they need us most, because childhood cannot wait.

- Together with the family we identify issues that are affecting them. Most often these are multiple issues and many have previously gone unrecognised and unresolved.

- Identify local services/agencies and expertise then support the family to access and engage with other support.

- Our trained volunteers support and help families with young children through their challenging times.

- Change how parents think and feel about themselves

- Support families to make positive decisions and lifestyle changes

- Help parents cope with the challenges they are facing

- Improve social and economic outlook for families

- Increase access to local services and opportunities

Why we do it:

- To reduce inequalities for families.
- To improve family life and keep families together
- To increase awareness of help and support for families
- To promote positive relationships and raise awareness of the importance of family.
- To build stronger families and communities.
- The earliest years make the biggest impact. Home-Start makes sure those years count so that no child's future is limited.

How we do it:

- Home-Start offers no judgement, just compassionate, confidential help and support.

- Starting in the home, our approach is trauma informed and as individual as the people we're helping.

- We provide each family with a trained experienced Coordinator who will work with the family to form a tailor made action plan of targets and goals.

- We work with the family and a trained volunteer to work towards targets and realising family goals.

- We identify other local support services and work alongside them to provide the best support and expertise for families.

Does what we do make a difference for the better?

Yes: Home-Start helps parents build better lives for their children. Independent research published in 2013 after three years studying families showed:

- Children whose parents have had the support of a Home-Start volunteer have a better start in life than those who don't.

- Children are still benefiting up to three years after their Home-Start volunteer has stopped visiting. Separate research into how well each family is coping and how resilient they are tells us families supported by Home-Start are less isolated, more resilient, show improved mental and physical health, see improvements in children's behaviour and well-being and have less stress and conflict in the family.

- The proportion of parents rating themselves as coping 'most of the time' rises from 29% at Home-Start's first visit to 72% after our support.

- Home-Start's support increases families' capacity to cope with the issues they are facing. At the beginning of support, the average level of coping for a family was 2. At the end of support, the majority were coping at level 4 or above.

Home-Start Central Lancashire

Report 2020/21

Give a little – change a lot



• Home-Start Central Lancashire invested over £80,000 of reserves during 2020/2021 to ensure our family support service could continue supporting families throughout the COVID-19 Pandemic.

• We invested in a Business and Development Manager to implement innovation, restructure and change management. Improve our service offer, collaborative partnership working and bring us up to date with the latest research.

• We invested in a Learning and Development Officer and digital hub to improve our training package and to support staff and volunteers to access face to face and digital training opportunities alongside peer mentor support.

• We employed a Continuous improvement Lead to implement improved data collection and analysis systems and to support staff to make service delivery improvements.

Whilst investing in people, Home-Start Central Lancashire also invested in extra digital and training resources throughout 2020/2021.

Added investment enabled us to continue supporting families and prepare our staff and volunteers for the increased demands on our service and the relevant changes and improvements needed.

Our volunteers that continued with us throughout the pandemic provided over 5000 hours of telephone and video support to families across central Lancashire.

During Easter we worked over the Easter holidays delivering over 1000 Easter eggs, food parcels and emergency baby supplies to families donated to us by local businesses.

Christmas 2020, we delivered extra Christmas presents to over 100 households and over 400 children and young people.

During the pandemic our available volunteer capacity significantly reduced due to lock down restrictions, self isolating and shielding.
Despite the reduction we still managed to support over 230 families across Central Lancashire.

Report 2020/2021
Donna Hussain

This year began with the whole country and most of the world in lock-down due to a pandemic that no one could have ever anticipated.

Whilst most business's, agencies and organisation's had to close due to tight government restrictions, Home-Start Central Lancashire continued to offer support to families across Central Lancashire via whatever safe means we could.

During these unprecedented times, we continued to work alongside other local agencies to provide a rapid response support service for local families.

As part of our Rapid response we provided and delivered the following emergency supplies;

- Food
- Baby Milk & Baby food
- Nappies
- Food Vouchers
- Packed Lunches
- Learning and development Materials
- and much more.....



During 20/21 we also increased our digital and technological resources. This has enabled us to continue our support service via telephone, video link, email and face to face observing social distancing regulations.

Throughout July and August we opened our doors to families and provided daily group play and learn sessions which enabled families to begin integrating once again and to reduce social isolation that had massively impacted family life.

During the school holidays we also provided daily packed lunches for families struggling financially.

When the country went back into lock down for the second time Home-Start Central lancashire continued to support families both in their homes and via digital means.

Donna Hussain Business and Development Manager
Home-Start Central lancashire.

Collaborative Partnership Working

Current Partners

Statuatory Services

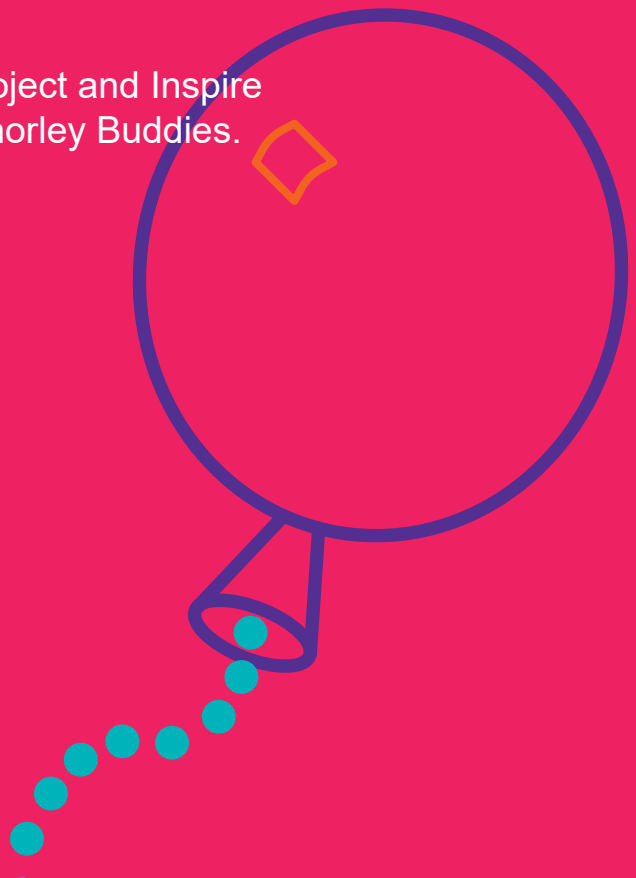
Local Authority Early action and Community services.
Children's Social care
Adult Social Care
Children's mental Health Services
Adult Mental Health Services
Police, Fire Brigade, Clinical Commissioning groups NHS, Perinatal, midwives & Health Visitors, schools and nurseries.
Housing and Council tax benefits departments
Social Housing departments

Third Sector

Local Community groups
Social Prescribers
Citizens Advice and local advocacy services
Lancashire Mind and local mental health services
Drug and Alcohol abuse services such as Tribal Project and Inspire
Befriending services such as friends for you and Chorley Buddies.
Youth Services and Youth Zones
Local food banks and Faith Establishments
Galloways for the blind
Deafway for the hard of hearing
Heartbeat
and many more,,,,,,

Private Sector

Virgin Care - Health Visitor Provision
Private nurseries
Local Supermarkets
Food establishments, takeaways and restaurants
Local businesses



Working With Families
With Multiple and Complex Needs

232 Families were supported by Home-Start central Lancashire during 2020/2021.

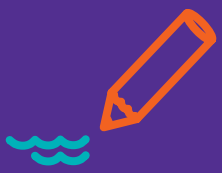
71%
Lone Parents



37%
Victims of Substance Abuse



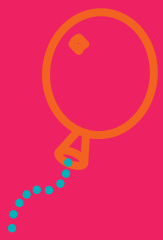
57%
Victims of Domestic Abuse



69%
Mental Health Difficulties



9%
Learning Difficulties



32%
Post Natal Depression

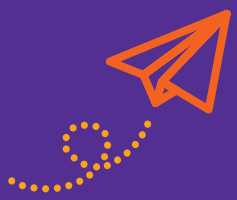


3%
Teenage Pregnancies



46%
To a Child's Behaviour Including, Adhd. Attachment Disorder. Autism.

73%
Emotional and Wellbeing Difficulties



48%
Needed Support for Socialising and Isolation



Our Summer Activities 2020/2021

Our Challenge:
Childhood Can’t Wait

Throughout July and August 2020 we organised and facilitated daily play and learn sessions for parents/carers and their children.

We also ran a Dad and children's group to support single parent Dad's and those Dad's who are the primary carers for their children.

All the groups we ran enabled parents to reintegrate, socialise and take part in open discussions and peer support. All the children and young people who attended joined in age appropriate activities that encouraged learning whilst playing.







Throughout the Year 2020/2021











Top:
Baby milk, baby food and essential food supplies we delivered.

Middle:
Donated Easter Eggs

Bottom:
Happy child receiving his Easter egg

Throughout the Year 2020/21







Top Right - Nappies for delivery

Middle Left - Family receiving much needed Christmas presents

Middle Right - Christmas present donations

Bottom - Tree decorating



Volunteers

A Big Thank You to our wonderful volunteers who have given their time and energy to Home-Start this year. We really couldn't do it without you!





Acknowledgements

Home-Start Central Lancashire would like to thank the organisations who have funded us throughout the year:

Eric Wright Foundation
Chorley Council
Community Foundation for Lancashire
Home-Start UK
CO-OP

Thank you also to those organisations and individuals who have supported us with donations, gifts in kind or donated towards particular events or have worked in partnership with us, these include:

Adlington Luncheon Club
Ann Bridge
Debbie Holden Asda Chorley
Brindle St James's School
Chorley Community Team
Chorley Early intervention Team
Chorley Mayor Hasina Khan
Chorley Football Club
Clayton Le Woods Womens Institute
Convene IT
Co-op Stores in Lancashire
Coppice School
Coppull Parish Church
Ebb & Flo Bookshop Chorley
Gregson Green
GTD Healthcare
Help the Homeless
Inner Wheel Club
Inspire Youth Zone
Julie Clarkson
Kevills Solicitors
Lancashire Constabulary
Leyland & District Lions
Leyland Round Table
L Champ Funeral Services
Living Waters Church
Mr Reece Monk
Pamela Short Paulines Angels
Rock FM - Cash for Kids
Ruth Melling
Ruth Poar
Sephra Hussain
St Bede's RC Church
St James's CE School
St Paul's CE School Adlington
St Teresa's RC School Penwortham
The Grove
Volunteers of Astley Walled Garden
Waitrose
Weldbank Plastics

HOME START

Central Lancashire

Tel: 01257 241636
Visit www.homestartcentrallancs.org.uk

Registered number: 5214560
Charity number: 1105739

HOME START CENTRAL LANCASHIRE LTD

(A company limited by guarantee)

UNAUDITED

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2021

HOME START CENTRAL LANCASHIRE LTD
(A company limited by guarantee)

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HOME START CENTRAL LANCASHIRE LTD

(A company limited by guarantee)

TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2021

The Trustees present their annual report together with the financial statements of the Home Start Central Lancashire Limited for the 1 April 2020 to 31 March 2021. The Annual report serves the purposes of both a Trustees' report and a directors' report under company law. The Trustees confirm that the Annual report and financial statements of the charitable company comply with the current statutory requirements, the requirements of the charitable company's governing document and the provisions of the Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019).

Since the Company qualifies as small under section 382 of the Companies Act 2006, the Strategic report required of medium and large companies under the Companies Act 2006 (Strategic Report and Directors' Report) Regulations 2013 has been omitted.

Objectives and activities

a. Policies and objectives

Our vision - helping families with children feel happy, confident and supported.

Our aim - Home Start reaches out to families with children through positive support and friendship. We encourage families to increase their confidence and independence, improve health and wellbeing whilst helping them to build better lives and futures.

Home Start has a proven, lasting and positive impact on the development of children and the health and welfare of the whole family. Providing support through our home visiting service, our family groups, small group sessions and People in Crisis project.

In setting objectives and planning for activities, the Trustees have given due consideration to general guidance published by the Charity Commission relating to public benefit, including the guidance 'Public benefit: running a charity (PB2)'.

b. Activities undertaken to achieve objectives

The key activities of the charity are:
- Home visiting service - trained and supervised volunteers support families in their own homes helping them to prevent family crisis or breakdown. The volunteers support parents as they grow in confidence, build resilience, strengthen their relationships with their children and widen their links with the local community.
- People in Crisis project - this started in July 2016, working in partnership with Citizens Advice Lancashire and KEY Unlocking Futures. This project aims to draw on the strength and experience of people facing hardship and crisis so that they can overcome immediate difficulties and be ready for future opportunities and challenges.
-Training support and development for volunteers.
- Holiday hunger project - provided children's dinners to families throughout school holidays, who are entitled and receive free school dinners.
-Family Support groups - these provide the opportunity to engage in learning activities in a safe, welcoming environment where confidence and skills can be nurtured and also provide the opportunity to meet other families
.- School holiday activities and events for the whole family including holiday food and fun sessions to help tackle issues of holiday hunger.

Objectives and activities (continued)

c. Volunteers

The Charity is indebted to many volunteers, without whom the charity could not operate.

The Charity is also indebted to its trustees who also offer services on a voluntary basis.

d. Main activities undertaken to further the Company's purposes for the public benefit

In meeting the objectives of the charitable company the Trustees have considered the Charity Commission guidance on public benefit and are satisfied that the activities undertaken during the year have provided significant benefit to the general public, particularly parents with young families, and their children and relatives.

Achievements and performance

a. Review of activities

During 2020 - 2021 the Charity -
- Supported families through home visiting, by virtual means, family groups and small group support
- Managed, trained and supported volunteers.
- Delivered family, activities and play days over the summer holidays and during half term.

The below activities were either delivered by virtual means or postponed due to COVID:
- Family groups across Chorley, Leyland, Penwortham, Skelmersdale and Ormskirk.
- Dads group in chorley.
- Group sessions for baby sensory and bumps to babes.

Financial review

a. Going concern

After making appropriate enquiries, the Trustees have a reasonable expectation that the Company has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the accounting policies.

Structure, governance and management

a. Constitution

Home Start Central Lancashire Ltd is registered as a charitable company limited by guarantee and was set up by a Trust deed. It has a registered charity number of 1105739.

Structure, governance and management (continued)

b. Methods of appointment or election of Trustees

The management of the Company is the responsibility of the Trustees who are elected and co-opted under the terms of the Trust deed.

Any new trustees are identified and nominated by the existing board of trustees based on the skills and experience required from new trustees.

c. Policies adopted for the induction and training of Trustees

Any new trustees are given informal induction and training from existing trustees. Relevant information and Charity Commission publications regarding the responsibilities of trustees and information on the background to the charity are provided to all new trustees.

Reference and administrative details of the Company, its trustees and advisers

Trustees	Helen Connoly (resigned 13 May 2021) Maureen Walkden Diane Gradwell Jeannie Stirling Carole Lee (resigned 15 January 2021) Neil Williams (resigned 16 June 2021) Jessica Wood (resigned 13 May 2021)
Company registered number	5214560
Charity registered number	1105739
Registered office	112a Market Street Chorley Lancashire PR7 2SL
Company secretary	Donna Louise Hussain
Chief executive officer	Donna Louise Hussain
Accountants	CW Accountants Limited Office 5 The Boulevard Centre 45 Railway Road Blackburn Lancashire BB1 1EZ

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

Bankers

Royal Bank of Scotland
56 Market Street
Chorley
Lancashire
PR7 2SD

Members' liability

The Members of the Company guarantee to contribute an amount not exceeding £1 to the assets of the Company in the event of winding up.

Statement of Trustees' responsibilities

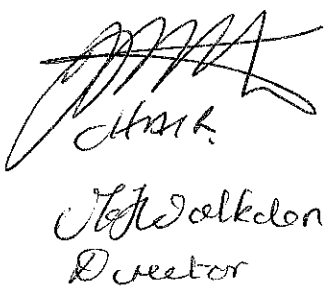
The Trustees (who are also the directors of the Company for the purposes of company law) are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial . Under company law, the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the Company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS 102);
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Company will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the Company's transactions and disclose with reasonable accuracy at any time the financial position of the Company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the members of the board of Trustees on and signed on their behalf by:



INDEPENDENT EXAMINER'S REPORT FOR THE YEAR ENDED 31 MARCH 2021

Independent examiner's report to the Trustees of Home Start Central Lancashire Ltd ('the Company')

I report to the charity Trustees on my examination of the accounts of the Company for the year ended 31 March 2021.

Responsibilities and basis of report

As the Trustees of the Company (and its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the Company's accounts carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

This report is made solely to the Company's Trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. My work has been undertaken so that I might state to the Company's Trustees those matters I am required to state to them in an Independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Company and the Company's Trustees as a body, for my work or for this report.

Signed: Dated:

Courtney Wright FCCA

Office 5, The Boulevard Centre, 45 Railway Road, Blackburn, Lancashire, BB1 1EZ

HOME START CENTRAL LANCASHIRE LTD
(A company limited by guarantee)

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING INCOME AND EXPENDITURE ACCOUNT) FOR THE YEAR ENDED 31 MARCH 2021

	Note	Restricted funds 2021 £	Unrestricted funds 2021 £	Total funds 2021 £	*Total funds 2020 £*
Income from:					
Donations and legacies	3	**10,000**	**77,266**	**87,266**	*87,011*
Other trading activities		**-**	**5,405**	**5,405**	*11,720*
Investments	4	**-**	**435**	**435**	*1,789*
Total income		**10,000**	**83,106**	**93,106**	*100,520*
Expenditure on:					
Raising funds		**-**	**-**	**-**	*300*
Charitable activities		**13,363**	**213,944**	**227,307**	*174,177*
Total expenditure		**13,363**	**213,944**	**227,307**	*174,477*
Net movement in funds		**(3,363)**	**(130,838)**	**(134,201)**	*(73,957)*
Reconciliation of funds:					
Total funds brought forward		**3,363**	**356,292**	**359,655**	*433,612*
Net movement in funds		**(3,363)**	**(130,838)**	**(134,201)**	*(73,957)*
Total funds carried forward		**-**	**225,454**	**225,454**	*359,655*

The Statement of financial activities includes all gains and losses recognised in the year.

The notes on pages 10 to 21 form part of these financial statements.

HOME START CENTRAL LANCASHIRE LTD
(A company limited by guarantee)
REGISTERED NUMBER: 5214560

BALANCE SHEET
AS AT 31 MARCH 2021

	Note		2021 £		2020 £
Fixed assets					
Tangible assets	8		-		12
			-		12
Current assets					
Debtors	9	7,172		255	
Investments	10	110,974		211,763	
Cash at bank and in hand		109,747		159,663	
		227,893		371,681	
Creditors: amounts falling due within one year	11	(2,439)		(12,038)	
Net current assets			225,454		359,643
Total assets less current liabilities			225,454		359,655
Net assets excluding pension asset			225,454		359,655
Total net assets			225,454		359,655
Charity funds					
Restricted funds	12		-		3,363
Unrestricted funds	12		225,454		356,292
Total funds			225,454		359,655

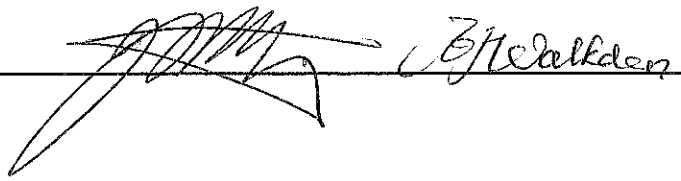
The Company was entitled to exemption from audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit for the year in question in accordance with section 476 of Companies Act 2006.

The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to entities subject to the small companies regime.

The financial statements were approved and authorised for issue by the Trustees on and signed on their behalf by:



BALANCE SHEET (CONTINUED)
AS AT 31 MARCH 2021

The notes on pages 10 to 21 form part of these financial statements.

HOME START CENTRAL LANCASHIRE LTD
(A company limited by guarantee)

STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2021

	2021 £	*2020* *£*
Cash flows from operating activities		
Net cash used in operating activities	**(150,705)**	*(58,321)*
Cash flows from investing activities		
Net cash provided by investing activities	**-**	**-**
Cash flows from financing activities		
Net cash provided by financing activities	**-**	**-**
Change in cash and cash equivalents in the year	**(150,705)**	**(58,321)**
Cash and cash equivalents at the beginning of the year	**371,426**	*429,747*
Cash and cash equivalents at the end of the year	**220,721**	*371,426*

The notes on pages 10 to 21 form part of these financial statements

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

1. General information

Home Start Central Lancashire is a private limited company without share capital and a registered charity. The company was incorporated in England and Wales and has the following registered office address:
112a Market Street
Chorley
Lancashire
PR7 2SL

2. Accounting policies

2.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Home Start Central Lancashire Ltd meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

2.2 Income

All income is recognised once the Company has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Grants are included in the Statement of financial activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the Balance sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

2.3 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

Expenditure on raising funds includes all expenditure incurred by the Company to raise funds for its charitable purposes and includes costs of all fundraising activities events and non-charitable trading.

2. Accounting policies (continued)

2.3 Expenditure (continued)

Expenditure on charitable activities is incurred on directly undertaking the activities which further the Company's objectives, as well as any associated support costs.

All expenditure is inclusive of irrecoverable VAT.

2.4 Tangible fixed assets and depreciation

Tangible fixed assets costing £NIL or more are capitalised and recognised when future economic benefits are probable and the cost or value of the asset can be measured reliably.

Tangible fixed assets are initially recognised at cost. After recognition, under the cost model, tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. All costs incurred to bring a tangible fixed asset into its intended working condition should be included in the measurement of cost.

Depreciation is charged so as to allocate the cost of tangible fixed assets less their residual value over their estimated useful lives, .

Depreciation is provided on the following bases:

Playground	- 20% straight line
Fixtures and fittings	- 25% straight line

2.5 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

2.6 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

2.7 Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the Company anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised in the Statement of financial activities as a finance cost.

2. Accounting policies (continued)

2.8 Financial instruments

The Company only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2.9 Pensions

The Company operates a defined contribution pension scheme and the pension charge represents the amounts payable by the Company to the fund in respect of the year.

2.10 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Company and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Company for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Investment income, gains and losses are allocated to the appropriate fund.

3. Income from donations and legacies

	Restricted funds 2021 £	Unrestricted funds 2021 £	Total funds 2021 £
Donations	-	12,332	**12,332**
Grants	10,000	33,367	**43,367**
Similar incoming resources	-	31,567	**31,567**
	10,000	77,266	**87,266**

	Restricted funds 2020 £	*Unrestricted funds 2020 £*	*Total funds 2020 £*
Donations	-	*7,329*	*7,329*
Grants	*27,922*	*22,981*	*50,903*
Similar incoming resources	-	*28,779*	*28,779*
	27,922	*59,089*	*87,011*

4. Investment income

	Unrestricted funds 2021 £	Total funds 2021 £
Investment income	435	**435**

	Unrestricted funds 2020 £	*Total funds 2020 £*
Investment income	*1,789*	*1,789*

5. Independent examiner's remuneration

	2021 £	2020 £
Fees payable to the Company's independent examiner for the independent examination of the Company's annual accounts	**380**	*360*

6. Staff costs

	2021 £	2020 £
Wages and salaries	**141,768**	*84,575*
Social security costs	**6,396**	*14,759*
Contribution to defined contribution pension schemes	**8,109**	*11,130*
	156,273	*110,464*

The average number of persons employed by the Company during the year was as follows:

	2021 No.	2020 No.
Operational	**6**	*4*
Administration	**1**	*2*
	7	*6*

No employee received remuneration amounting to more than £60,000 in either year.

7. Trustees' remuneration and expenses

During the year, no Trustees received any remuneration or other benefits *(2020 - £NIL).*

During the year ended 31 March 2021, no Trustee expenses have been incurred *(2020 - £NIL).*

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

8. Tangible fixed assets

	Plant and machinery £	Fixtures and fittings £	Total £
Cost or valuation			
At 1 April 2020	**51,497**	**266**	**51,763**
At 31 March 2021	**51,497**	**266**	**51,763**
Depreciation			
At 1 April 2020	**51,489**	**262**	**51,751**
Charge for the year	**8**	**4**	**12**
At 31 March 2021	**51,497**	**266**	**51,763**
Net book value			
At 31 March 2021	**-**	**-**	**-**
At 31 March 2020	*8*	*4*	*12*

9. Debtors

	2021 £	*2020 £*
Due within one year		
Trade debtors	**6,903**	-
Prepayments and accrued income	**269**	*255*
	7,172	*255*

10. Current asset investments

	2021 £	*2020 £*
Listed investments	**110,974**	*211,763*

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

11. Creditors: Amounts falling due within one year

	2021 £	*2020* *£*
Other taxation and social security	**1,412**	-
Accruals and deferred income	**1,027**	*12,038*
	2,439	*12,038*

12. Statement of funds

Statement of funds - current year

	Balance at 1 April 2020 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2021 £
Unrestricted funds					
Designated funds					
Designated Funds - all funds	**71,466**	**-**	**-**	**(35,156)**	**36,310**
General funds					
General Funds - all funds	**284,826**	**83,106**	**(213,944)**	**35,156**	**189,144**
Total Unrestricted funds	**356,292**	**83,106**	**(213,944)**	**-**	**225,454**
Restricted funds					
Chorley and Leyland Methodist Church	**3,363**	**-**	**(3,363)**	**-**	**-**
Eric Wright	**-**	**10,000**	**(10,000)**	**-**	**-**
	3,363	**10,000**	**(13,363)**	**-**	**-**
Total of funds	**359,655**	**93,106**	**(227,307)**	**-**	**225,454**

12. Statement of funds (continued)

Statement of funds - prior year

	Balance at 1 April 2019 £	*Income* £	*Expenditure* £	*Transfers in/out* £	*Balance at 31 March 2020* £
Unrestricted funds					
Designated funds					
Designated Funds 1	*135,349*	-	-	*(113,883)*	*21,466*
Designated Funds 2	*50,000*	-	-	-	*50,000*
	185,349	-	-	*(113,883)*	*71,466*
General funds					
General Funds - all funds	*232,639*	*22,035*	*(83,731)*	*113,883*	*284,826*
Total Unrestricted funds	417,988	22,035	(83,731)	-	*356,292*
Restricted funds					
Chorley and Leyland Methodist Church	-	*3,363*	-	-	*3,363*
CAB - People In Crisis	-	*28,779*	*(28,779)*	-	-
Chorley Borough Council - Early Family Support	*15,624*	*33,833*	*(49,457)*	-	-
West Lancashire Borough Council	-	*10,900*	*(10,900)*	-	-
Asda - Holiday Hunger	-	*950*	*(950)*	-	-
Lancashire County Council	-	*660*	*(660)*	-	-
	15,624	78,485	(90,746)	-	*3,363*
Total of funds	*433,612*	*100,520*	*(174,477)*	-	*359,655*

13. Statement of funds

Designated funds - This fund is for 6 month running costs as per the Charities Commission best practice guidance. This includes; redundancies, notices, leases and running costs.

Restricted funds -

Chorley and Leyland Methodist church - This donation was received specifically to provide children's dinners as part of the holiday hunger project throughout the school holidays.

Eric Wright - This fund is to provide family support.

14. Summary of funds

Summary of funds - current year

	Balance at 1 April 2020 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2021 £
Designated funds	**71,466**	**-**	**-**	**(35,156)**	**36,310**
General funds	**284,826**	**83,106**	**(213,944)**	**35,156**	**189,144**
Restricted funds	**3,363**	**10,000**	**(13,363)**	**-**	**-**
	359,655	**93,106**	**(227,307)**	**-**	**225,454**

Summary of funds - prior year

	Balance at 1 April 2019 £	*Income £*	*Expenditure £*	*Transfers in/out £*	*Balance at 31 March 2020 £*
Designated funds	*185,349*	-	-	*(113,883)*	*71,466*
General funds	*232,639*	*22,035*	*(83,731)*	*113,883*	*284,826*
Restricted funds	*15,624*	*78,485*	*(90,746)*	-	*3,363*
	433,612	*100,520*	*(174,477)*	-	*359,655*

15. Analysis of net assets between funds

Analysis of net assets between funds - current year

	Unrestricted funds 2021 £	Total funds 2021 £
Current assets	227,893	**227,893**
Creditors due within one year	(2,439)	**(2,439)**
Total	225,454	**225,454**

Analysis of net assets between funds - prior year

	Restricted funds 2020 £	*Unrestricted funds 2020 £*	*Total funds 2020 £*
Tangible fixed assets	-	12	*12*
Current assets	3,363	368,318	*371,681*
Creditors due within one year	-	(12,038)	*(12,038)*
Total	(3,363)	(356,292)	*(359,655)*
Total	-	-	-

16. Reconciliation of net movement in funds to net cash flow from operating activities

	2021 £	*2020 £*
Net expenditure for the year (as per Statement of Financial Activities)	**(134,201)**	*(73,957)*
Adjustments for:		
Depreciation charges	**12**	*10,299*
Decrease/(increase) in debtors	**(6,917)**	*1,326*
Increase/(decrease) in creditors	**(9,599)**	*4,011*
Net cash used in operating activities	**(150,705)**	*(58,321)*

17. Analysis of cash and cash equivalents

	2021	*2020*
	£	*£*
Cash in hand	**220,721**	*371,426*
Total cash and cash equivalents	**220,721**	*371,426*

18. Analysis of changes in net debt

	At 1 April 2020	Cash flows	At 31 March 2021
	£	£	£
Cash at bank and in hand	159,663	(49,916)	109,747
Liquid investments	211,763	(100,789)	110,974
	371,426	(150,705)	220,721

Registered number: 5214560
Charity number: 1105739

HOME START CENTRAL LANCASHIRE LTD

(A company limited by guarantee)

UNAUDITED

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2021

HOME START CENTRAL LANCASHIRE LTD
(A company limited by guarantee)

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HOME START CENTRAL LANCASHIRE LTD

(A company limited by guarantee)

TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2021

The Trustees present their annual report together with the financial statements of the Home Start Central Lancashire Limited for the 1 April 2020 to 31 March 2021. The Annual report serves the purposes of both a Trustees' report and a directors' report under company law. The Trustees confirm that the Annual report and financial statements of the charitable company comply with the current statutory requirements, the requirements of the charitable company's governing document and the provisions of the Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019).

Since the Company qualifies as small under section 382 of the Companies Act 2006, the Strategic report required of medium and large companies under the Companies Act 2006 (Strategic Report and Directors' Report) Regulations 2013 has been omitted.

Objectives and activities

a. Policies and objectives

Our vision - helping families with children feel happy, confident and supported.

Our aim - Home Start reaches out to families with children through positive support and friendship. We encourage families to increase their confidence and independence, improve health and wellbeing whilst helping them to build better lives and futures.

Home Start has a proven, lasting and positive impact on the development of children and the health and welfare of the whole family. Providing support through our home visiting service, our family groups, small group sessions and People in Crisis project.

In setting objectives and planning for activities, the Trustees have given due consideration to general guidance published by the Charity Commission relating to public benefit, including the guidance 'Public benefit: running a charity (PB2)'.

b. Activities undertaken to achieve objectives

The key activities of the charity are:
- Home visiting service - trained and supervised volunteers support families in their own homes helping them to prevent family crisis or breakdown. The volunteers support parents as they grow in confidence, build resilience, strengthen their relationships with their children and widen their links with the local community.
- People in Crisis project - this started in July 2016, working in partnership with Citizens Advice Lancashire and KEY Unlocking Futures. This project aims to draw on the strength and experience of people facing hardship and crisis so that they can overcome immediate difficulties and be ready for future opportunities and challenges.
-Training support and development for volunteers.
- Holiday hunger project - provided children's dinners to families throughout school holidays, who are entitled and receive free school dinners.
-Family Support groups - these provide the opportunity to engage in learning activities in a safe, welcoming environment where confidence and skills can be nurtured and also provide the opportunity to meet other families
.- School holiday activities and events for the whole family including holiday food and fun sessions to help tackle issues of holiday hunger.

Objectives and activities (continued)

c. Volunteers

The Charity is indebted to many volunteers, without whom the charity could not operate.

The Charity is also indebted to its trustees who also offer services on a voluntary basis.

d. Main activities undertaken to further the Company's purposes for the public benefit

In meeting the objectives of the charitable company the Trustees have considered the Charity Commission guidance on public benefit and are satisfied that the activities undertaken during the year have provided significant benefit to the general public, particularly parents with young families, and their children and relatives.

Achievements and performance

a. Review of activities

During 2020 - 2021 the Charity -
- Supported families through home visiting, by virtual means, family groups and small group support
- Managed, trained and supported volunteers.
- Delivered family, activities and play days over the summer holidays and during half term.

The below activities were either delivered by virtual means or postponed due to COVID:
- Family groups across Chorley, Leyland, Penwortham, Skelmersdale and Ormskirk.
- Dads group in chorley.
- Group sessions for baby sensory and bumps to babes.

Financial review

a. Going concern

After making appropriate enquiries, the Trustees have a reasonable expectation that the Company has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the accounting policies.

Structure, governance and management

a. Constitution

Home Start Central Lancashire Ltd is registered as a charitable company limited by guarantee and was set up by a Trust deed. It has a registered charity number of 1105739.

Structure, governance and management (continued)

b. Methods of appointment or election of Trustees

The management of the Company is the responsibility of the Trustees who are elected and co-opted under the terms of the Trust deed.

Any new trustees are identified and nominated by the existing board of trustees based on the skills and experience required from new trustees.

c. Policies adopted for the induction and training of Trustees

Any new trustees are given informal induction and training from existing trustees. Relevant information and Charity Commission publications regarding the responsibilities of trustees and information on the background to the charity are provided to all new trustees.

Reference and administrative details of the Company, its trustees and advisers

Trustees	Helen Connoly (resigned 13 May 2021) Maureen Walkden Diane Gradwell Jeannie Stirling Carole Lee (resigned 15 January 2021) Neil Williams (resigned 16 June 2021) Jessica Wood (resigned 13 May 2021)
Company registered number	5214560
Charity registered number	1105739
Registered office	112a Market Street Chorley Lancashire PR7 2SL
Company secretary	Donna Louise Hussain
Chief executive officer	Donna Louise Hussain
Accountants	CW Accountants Limited Office 5 The Boulevard Centre 45 Railway Road Blackburn Lancashire BB1 1EZ

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

Bankers

Royal Bank of Scotland
56 Market Street
Chorley
Lancashire
PR7 2SD

Members' liability

The Members of the Company guarantee to contribute an amount not exceeding £1 to the assets of the Company in the event of winding up.

Statement of Trustees' responsibilities

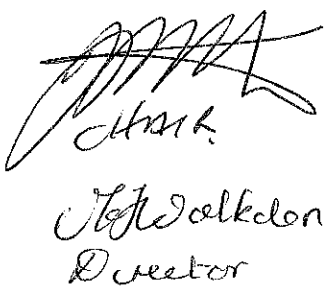
The Trustees (who are also the directors of the Company for the purposes of company law) are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial . Under company law, the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the Company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS 102);
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Company will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the Company's transactions and disclose with reasonable accuracy at any time the financial position of the Company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the members of the board of Trustees on and signed on their behalf by:



INDEPENDENT EXAMINER'S REPORT FOR THE YEAR ENDED 31 MARCH 2021

Independent examiner's report to the Trustees of Home Start Central Lancashire Ltd ('the Company')

I report to the charity Trustees on my examination of the accounts of the Company for the year ended 31 March 2021.

Responsibilities and basis of report

As the Trustees of the Company (and its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the Company's accounts carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

This report is made solely to the Company's Trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. My work has been undertaken so that I might state to the Company's Trustees those matters I am required to state to them in an Independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Company and the Company's Trustees as a body, for my work or for this report.

Signed: Dated:

Courtney Wright FCCA

Office 5, The Boulevard Centre, 45 Railway Road, Blackburn, Lancashire, BB1 1EZ

HOME START CENTRAL LANCASHIRE LTD
(A company limited by guarantee)

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING INCOME AND EXPENDITURE ACCOUNT) FOR THE YEAR ENDED 31 MARCH 2021

	Note	Restricted funds 2021 £	Unrestricted funds 2021 £	Total funds 2021 £	*Total funds 2020 £*
Income from:					
Donations and legacies	3	**10,000**	**77,266**	**87,266**	*87,011*
Other trading activities		**-**	**5,405**	**5,405**	*11,720*
Investments	4	**-**	**435**	**435**	*1,789*
Total income		**10,000**	**83,106**	**93,106**	*100,520*
Expenditure on:					
Raising funds		**-**	**-**	**-**	*300*
Charitable activities		**13,363**	**213,944**	**227,307**	*174,177*
Total expenditure		**13,363**	**213,944**	**227,307**	*174,477*
Net movement in funds		**(3,363)**	**(130,838)**	**(134,201)**	*(73,957)*
Reconciliation of funds:					
Total funds brought forward		**3,363**	**356,292**	**359,655**	*433,612*
Net movement in funds		**(3,363)**	**(130,838)**	**(134,201)**	*(73,957)*
Total funds carried forward		**-**	**225,454**	**225,454**	*359,655*

The Statement of financial activities includes all gains and losses recognised in the year.

The notes on pages 10 to 21 form part of these financial statements.

HOME START CENTRAL LANCASHIRE LTD
(A company limited by guarantee)
REGISTERED NUMBER: 5214560

BALANCE SHEET
AS AT 31 MARCH 2021

	Note		2021 £		2020 £
Fixed assets					
Tangible assets	8		-		12
			-		12
Current assets					
Debtors	9	7,172		255	
Investments	10	110,974		211,763	
Cash at bank and in hand		109,747		159,663	
		227,893		371,681	
Creditors: amounts falling due within one year	11	(2,439)		(12,038)	
Net current assets			225,454		359,643
Total assets less current liabilities			225,454		359,655
Net assets excluding pension asset			225,454		359,655
Total net assets			225,454		359,655
Charity funds					
Restricted funds	12		-		3,363
Unrestricted funds	12		225,454		356,292
Total funds			225,454		359,655

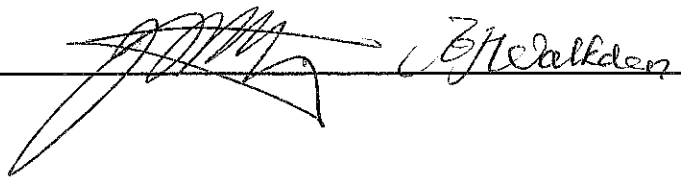
The Company was entitled to exemption from audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit for the year in question in accordance with section 476 of Companies Act 2006.

The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to entities subject to the small companies regime.

The financial statements were approved and authorised for issue by the Trustees on and signed on their behalf by:



BALANCE SHEET (CONTINUED)
AS AT 31 MARCH 2021

The notes on pages 10 to 21 form part of these financial statements.

HOME START CENTRAL LANCASHIRE LTD
(A company limited by guarantee)

STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2021

	2021 £	*2020* *£*
Cash flows from operating activities		
Net cash used in operating activities	**(150,705)**	*(58,321)*
Cash flows from investing activities		
Net cash provided by investing activities	**-**	**-**
Cash flows from financing activities		
Net cash provided by financing activities	**-**	**-**
Change in cash and cash equivalents in the year	**(150,705)**	**(58,321)**
Cash and cash equivalents at the beginning of the year	**371,426**	*429,747*
Cash and cash equivalents at the end of the year	**220,721**	*371,426*

The notes on pages 10 to 21 form part of these financial statements

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

1. General information

Home Start Central Lancashire is a private limited company without share capital and a registered charity. The company was incorporated in England and Wales and has the following registered office address:
112a Market Street
Chorley
Lancashire
PR7 2SL

2. Accounting policies

2.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Home Start Central Lancashire Ltd meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

2.2 Income

All income is recognised once the Company has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Grants are included in the Statement of financial activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the Balance sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

2.3 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

Expenditure on raising funds includes all expenditure incurred by the Company to raise funds for its charitable purposes and includes costs of all fundraising activities events and non-charitable trading.

2. Accounting policies (continued)

2.3 Expenditure (continued)

Expenditure on charitable activities is incurred on directly undertaking the activities which further the Company's objectives, as well as any associated support costs.

All expenditure is inclusive of irrecoverable VAT.

2.4 Tangible fixed assets and depreciation

Tangible fixed assets costing £NIL or more are capitalised and recognised when future economic benefits are probable and the cost or value of the asset can be measured reliably.

Tangible fixed assets are initially recognised at cost. After recognition, under the cost model, tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. All costs incurred to bring a tangible fixed asset into its intended working condition should be included in the measurement of cost.

Depreciation is charged so as to allocate the cost of tangible fixed assets less their residual value over their estimated useful lives, .

Depreciation is provided on the following bases:

Playground	- 20% straight line
Fixtures and fittings	- 25% straight line

2.5 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

2.6 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

2.7 Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the Company anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised in the Statement of financial activities as a finance cost.

2. Accounting policies (continued)

2.8 Financial instruments

The Company only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2.9 Pensions

The Company operates a defined contribution pension scheme and the pension charge represents the amounts payable by the Company to the fund in respect of the year.

2.10 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Company and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Company for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Investment income, gains and losses are allocated to the appropriate fund.

3. Income from donations and legacies

	Restricted funds 2021 £	Unrestricted funds 2021 £	Total funds 2021 £
Donations	-	12,332	**12,332**
Grants	10,000	33,367	**43,367**
Similar incoming resources	-	31,567	**31,567**
	10,000	77,266	**87,266**

	Restricted funds 2020 £	*Unrestricted funds 2020 £*	*Total funds 2020 £*
Donations	-	*7,329*	*7,329*
Grants	*27,922*	*22,981*	*50,903*
Similar incoming resources	-	*28,779*	*28,779*
	27,922	*59,089*	*87,011*

4. Investment income

	Unrestricted funds 2021 £	Total funds 2021 £
Investment income	435	**435**

	Unrestricted funds 2020 £	*Total funds 2020 £*
Investment income	*1,789*	*1,789*

5. Independent examiner's remuneration

	2021 £	2020 £
Fees payable to the Company's independent examiner for the independent examination of the Company's annual accounts	**380**	*360*

6. Staff costs

	2021 £	2020 £
Wages and salaries	**141,768**	*84,575*
Social security costs	**6,396**	*14,759*
Contribution to defined contribution pension schemes	**8,109**	*11,130*
	156,273	*110,464*

The average number of persons employed by the Company during the year was as follows:

	2021 No.	2020 No.
Operational	**6**	*4*
Administration	**1**	*2*
	7	*6*

No employee received remuneration amounting to more than £60,000 in either year.

7. Trustees' remuneration and expenses

During the year, no Trustees received any remuneration or other benefits *(2020 - £NIL).*

During the year ended 31 March 2021, no Trustee expenses have been incurred *(2020 - £NIL).*

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

8. Tangible fixed assets

	Plant and machinery £	Fixtures and fittings £	Total £
Cost or valuation			
At 1 April 2020	**51,497**	**266**	**51,763**
At 31 March 2021	**51,497**	**266**	**51,763**
Depreciation			
At 1 April 2020	**51,489**	**262**	**51,751**
Charge for the year	**8**	**4**	**12**
At 31 March 2021	**51,497**	**266**	**51,763**
Net book value			
At 31 March 2021	**-**	**-**	**-**
At 31 March 2020	*8*	*4*	*12*

9. Debtors

	2021 £	*2020 £*
Due within one year		
Trade debtors	**6,903**	-
Prepayments and accrued income	**269**	*255*
	7,172	*255*

10. Current asset investments

	2021 £	*2020 £*
Listed investments	**110,974**	*211,763*

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

11. Creditors: Amounts falling due within one year

	2021 £	*2020* *£*
Other taxation and social security	**1,412**	-
Accruals and deferred income	**1,027**	*12,038*
	2,439	*12,038*

12. Statement of funds

Statement of funds - current year

	Balance at 1 April 2020 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2021 £
Unrestricted funds					
Designated funds					
Designated Funds - all funds	**71,466**	**-**	**-**	**(35,156)**	**36,310**
General funds					
General Funds - all funds	**284,826**	**83,106**	**(213,944)**	**35,156**	**189,144**
Total Unrestricted funds	**356,292**	**83,106**	**(213,944)**	**-**	**225,454**
Restricted funds					
Chorley and Leyland Methodist Church	**3,363**	**-**	**(3,363)**	**-**	**-**
Eric Wright	**-**	**10,000**	**(10,000)**	**-**	**-**
	3,363	**10,000**	**(13,363)**	**-**	**-**
Total of funds	**359,655**	**93,106**	**(227,307)**	**-**	**225,454**

12. Statement of funds (continued)

Statement of funds - prior year

	Balance at 1 April 2019 £	*Income* £	*Expenditure* £	*Transfers in/out* £	*Balance at 31 March 2020* £
Unrestricted funds					
Designated funds					
Designated Funds 1	*135,349*	-	-	*(113,883)*	*21,466*
Designated Funds 2	*50,000*	-	-	-	*50,000*
	185,349	-	-	*(113,883)*	*71,466*
General funds					
General Funds - all funds	*232,639*	*22,035*	*(83,731)*	*113,883*	*284,826*
Total Unrestricted funds	417,988	22,035	(83,731)	-	*356,292*
Restricted funds					
Chorley and Leyland Methodist Church	-	*3,363*	-	-	*3,363*
CAB - People In Crisis	-	*28,779*	*(28,779)*	-	-
Chorley Borough Council - Early Family Support	*15,624*	*33,833*	*(49,457)*	-	-
West Lancashire Borough Council	-	*10,900*	*(10,900)*	-	-
Asda - Holiday Hunger	-	*950*	*(950)*	-	-
Lancashire County Council	-	*660*	*(660)*	-	-
	15,624	78,485	(90,746)	-	*3,363*
Total of funds	*433,612*	*100,520*	*(174,477)*	-	*359,655*

13. Statement of funds

Designated funds - This fund is for 6 month running costs as per the Charities Commission best practice guidance. This includes; redundancies, notices, leases and running costs.

Restricted funds -

Chorley and Leyland Methodist church - This donation was received specifically to provide children's dinners as part of the holiday hunger project throughout the school holidays.

Eric Wright - This fund is to provide family support.

14. Summary of funds

Summary of funds - current year

	Balance at 1 April 2020 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2021 £
Designated funds	**71,466**	**-**	**-**	**(35,156)**	**36,310**
General funds	**284,826**	**83,106**	**(213,944)**	**35,156**	**189,144**
Restricted funds	**3,363**	**10,000**	**(13,363)**	**-**	**-**
	359,655	**93,106**	**(227,307)**	**-**	**225,454**

Summary of funds - prior year

	Balance at 1 April 2019 £	*Income £*	*Expenditure £*	*Transfers in/out £*	*Balance at 31 March 2020 £*
Designated funds	*185,349*	-	-	*(113,883)*	*71,466*
General funds	*232,639*	*22,035*	*(83,731)*	*113,883*	*284,826*
Restricted funds	*15,624*	*78,485*	*(90,746)*	-	*3,363*
	433,612	*100,520*	*(174,477)*	-	*359,655*

15. Analysis of net assets between funds

Analysis of net assets between funds - current year

	Unrestricted funds 2021 £	Total funds 2021 £
Current assets	227,893	**227,893**
Creditors due within one year	(2,439)	**(2,439)**
Total	225,454	**225,454**

Analysis of net assets between funds - prior year

	Restricted funds 2020 £	*Unrestricted funds 2020 £*	*Total funds 2020 £*
Tangible fixed assets	-	12	*12*
Current assets	3,363	368,318	*371,681*
Creditors due within one year	-	(12,038)	*(12,038)*
Total	(3,363)	(356,292)	*(359,655)*
Total	-	-	-

16. Reconciliation of net movement in funds to net cash flow from operating activities

	2021 £	*2020 £*
Net expenditure for the year (as per Statement of Financial Activities)	**(134,201)**	*(73,957)*
Adjustments for:		
Depreciation charges	**12**	*10,299*
Decrease/(increase) in debtors	**(6,917)**	*1,326*
Increase/(decrease) in creditors	**(9,599)**	*4,011*
Net cash used in operating activities	**(150,705)**	*(58,321)*

17. Analysis of cash and cash equivalents

	2021	*2020*
	£	*£*
Cash in hand	**220,721**	*371,426*
Total cash and cash equivalents	**220,721**	*371,426*

18. Analysis of changes in net debt

	At 1 April 2020	Cash flows	At 31 March 2021
	£	£	£
Cash at bank and in hand	159,663	(49,916)	109,747
Liquid investments	211,763	(100,789)	110,974
	371,426	(150,705)	220,721