

Company registration number: 05201290

Charity registration number: 1105613

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2025

Community Accounting Plus
Units 1 and 2, North West
41 Talbot Street
Nottingham
NG1 5GL

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

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Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Reference and Administrative Details

Trustees	Martin Cook, Chair
	Tarra Carrington, Treasurer
	Ash Ruan Botes
	Cathy Hornby
	Zara Kayani
Senior Management Team	Leanne McGachan, Service Delivery Manager
	Rukhsana Ismail, CEO, appointed May 2024
Charity Registration Number	1105613
Company Registration Number	05201290
Registered Office	Unit 1b, Birch House
	Ransom Wood Business Park
	Mansfield
	NG21 0HJ
Independent Examiner	Eva Stevens, employee of
	Community Accounting Plus
	Units 1 and 2, North West
	41 Talbot Street
	Nottingham NG1 5GL

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2025.

Trustees and officers

The trustees and officers serving during the year and since the year end were as follows:

Trustees:	Stephen Brady (resigned 12 April 2024)
	Martin Cook, Chair
	Tarra Carrington, Treasurer
	Emma McLaughlin (resigned 18 October 2024)
	Ash Ruan Botes
	Cathy Hornby
	Zara Kayani (appointed 24 June 2025)

Structure, governance and management

Nature of governing document

The charity is a company limited by guarantee and registered charity. It is operated under the rules of its memorandum and articles of association dated 9th August 2004 and most recently amended 31st July 2023. It has no share capital and the liability of each member in the event of winding-up is limited to £10.

Recruitment and appointment of trustees

The board of Trustees are responsible for the recruitment of Trustees they are supported through the process by the CEO. Potential new Trustees attend an interview conducted by the Chair and CEO then invited along to a board meeting as an observer. New Trustees are elected and co-opted under the terms of the Memorandum and Articles of Association.

NIDAS periodically advertise for new Trustee positions through advertising in the local media, volunteer community services, social media and with specialist services.

Objectives and activities

Objects and aims

NIDAS supports women and families with all aspects of domestic abuse. We believe being free from abuse is only the start of the journey. We support women to stay safe, grow their self-esteem and go on to build happy, healthy relationships. Our team work in a kind, caring and non-judgemental way, providing personalised support for as long as it is needed.

Our vision is for women and families to lead fulfilling lives, free from domestic abuse. Our mission is to provide practical and emotional support to help women move on from abuse and rebuild their confidence, choice and control.

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Trustees' Report

Objectives, strategies and activities

NIDAS offer practical and emotional support to help women and families understand how domestic abuse may have affected them, their relationships and family dynamics.

Support with NIDAS can include:

Safety planning

Risk management

Domestic abuse awareness

Advocacy

Family intervention

Group programmes

Art Therapy

Public benefit

Raising awareness of domestic abuse and increasing the knowledge within the community of the different types of domestic abuse can help victims feel safe and supported to leave a relationship, but can also help you to identify signs for the future.

Individual/families referred to NIDAS will have a safety plan tailored to their needs, which can help identify risk and support to achieve a multi agency approach to manage risk.

Early intervention work with children and young people can help to develop the skills they need to lead happy, healthy successful lives. It can improve the quality of children's home lives and family relationships, increase educational attainment and support good mental health.

Art therapy is a form of psychotherapy that uses art as a way of communicating and expressing thoughts, feelings and emotions. It can help people work through life experiences that they may find difficult to put into words.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Achievements and performance

78 referrals into CYP service

53 completed a programme of support on a 1:1 basis

117 referrals into the family service

77 completed programme of support on a 1:1 or a group basis

97 referrals into the art therapy service

55 completed a programme of support

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Trustees' Report

Case study

Introduction

Domestic abuse has far-reaching consequences, not only for the individuals directly involved but also for the entire family unit. Research shows that domestic abuse can severely impact relationships, creating emotional distance, mistrust, and heightened anxiety among family members. At NIDAS, we understand the profound effects of domestic abuse on families and are committed to providing holistic support that addresses the needs of everyone involved, even when the initial referral is focused on the children.

This case study highlights the journey of Laura and James, two children referred to NIDAS for support following their exposure to domestic abuse. While the referral was initially for the children, NIDAS recognised the importance of supporting the entire family to foster healing and rebuild relationships. Through a combination of individual and family-focused interventions, we provided a safe space for Laura, James, and their mother to process their experiences, develop coping strategies, and strengthen their bonds as a family.

Sessions Focused On

- Understanding emotions
- Anger management
- Coping with worries
- Safety planning
- Relaxation

Understanding Emotions

Laura and James' sessions began with a focus on understanding and expressing their emotions. For Laura, this meant exploring her anxieties, particularly around contact with her father. She was given a feelings journal to help her articulate her emotions, which she used both in sessions and at school. This tool not only helped Laura express herself but also built her confidence in sharing her feelings with her support network.

James, on the other hand, struggled with feelings of being unloved and unrecognised within his family. His sessions provided a safe space to explore these emotions, helping him understand his relationships and his hopes for the future. Through these discussions, James began to build confidence in himself and in his ability to communicate his feelings.

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Trustees' Report

Anger Management and Coping with Worries

Both children were supported in developing coping strategies for managing anger and worries. Laura's sessions focused on identifying triggers for her anxiety and finding practical ways to cope at home and school. Safety planning was also introduced, helping Laura identify trusted individuals she could turn to when she felt overwhelmed.

For James, sessions addressed his challenging behavior at home, which stemmed from his struggles with feeling loved and cared for. By exploring these feelings in a supportive environment, James began to develop healthier ways to express himself and manage his emotions.

Safety Planning and Relaxation

Safety planning was a key component of the support provided to Laura and James. This involved helping them identify safe spaces and trusted adults they could turn to in times of distress. Additionally, relaxation techniques were introduced to help both children manage their anxiety and feel more secure in their daily lives.

Support for Mum

Recognising the importance of supporting the entire family, NIDAS allocated a family support worker to Mum. This provided her with a safe space to process the impact of domestic abuse on herself and her children. Through one-to-one sessions, Mum gained a deeper understanding of how to support her children and rebuild her relationship with them. Family sessions were also held, offering a space for open communication, boundary-setting, and strengthening family bonds.

For Mum and the Family

- Developed coping skills for managing anger and worries.
- Explored and addressed challenging behavior at home.
- Rebuilt communication skills and strengthened relationships with the children.
- Gained a better understanding of boundaries and safety planning for herself and her children.

For Laura and James

- Built confidence in expressing their feelings and seeking help.
- Strengthened family bonds and developed coping skills.
- Felt safer and more secure in their daily lives.

Financial review

Due to the complexity of our funding arrangements, we manage nine separate budgets, each with a different year end. All budgets are currently on track to spend their allocated funding within the required timescales, and extensions have been requested where this has not been possible.

Policy on reserves

Our reserves policy requires maintaining three months of operating costs, which we currently hold. Because our various funding streams end at different times, the level of reserves needed can fluctuate. At present, our reserves are calculated based on the charity's estimated closure costs. All reserve funds are generated from charitable donations.

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Trustees' Report

Statement of Trustees' Responsibilities

The trustees (who are also the directors of Nottinghamshire Independent Domestic Abuse Services (NIDAS) for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland". The report and accounts have been prepared in accordance with the provisions in the Companies Act 2006 relating to small companies.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including its income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards, comprising FRS 102 have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records that can disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Small companies provision statement

This report has been prepared in accordance with the small companies regime under the Companies Act 2006.

The annual report was approved by the trustees of the charity on 4/12/25 and signed on its behalf by:



Martin Cook
Trustee

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Independent Examiner's Report to the trustees of Nottinghamshire Independent Domestic Abuse Services (NIDAS) ('the Company')

Independent examiner's report to the trustees of Nottinghamshire Independent Domestic Abuse Services (NIDAS) ('the Company')

I report to the charity trustees on my examination of the accounts of the company for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

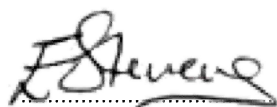
Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Chartered Institute of Public Finance and Accountancy (CIPFA), which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Eva Stevens, employee of Community Accounting Plus
member of the Chartered Institute of Public Finance and Accountancy (CIPFA)

Units 1 and 2, North West
41 Talbot Street
Nottingham
NG1 5GL

Date: 04/12/2025

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Statement of Financial Activities for the Year Ended 31 March 2025 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted funds £	Restricted funds £	Total 2025 £	Total 2024 £
Income from:					
Donations and legacies	2	34,725	-	34,725	24,693
Charitable activities	3	-	310,612	310,612	351,136
Investment income	5	8,001	-	8,001	17,072
Total Income		<u>42,726</u>	<u>310,612</u>	<u>353,338</u>	<u>392,901</u>
Expenditure on:					
Charitable activities	6	<u>(88,964)</u>	<u>(262,707)</u>	<u>(351,671)</u>	<u>(431,744)</u>
Total Expenditure		<u>(88,964)</u>	<u>(262,707)</u>	<u>(351,671)</u>	<u>(431,744)</u>
Gains/losses on investment assets		<u>-</u>	<u>-</u>	<u>-</u>	<u>1,901</u>
Net (expenditure)/income		(46,238)	47,905	1,667	(36,942)
Transfers between funds		<u>(18,480)</u>	<u>18,480</u>	<u>-</u>	<u>-</u>
Other recognised gains and losses					
Net movement in funds		(64,718)	66,385	1,667	(36,942)
Reconciliation of funds					
Total funds brought forward		<u>216,529</u>	<u>122,713</u>	<u>339,242</u>	<u>376,184</u>
Total funds carried forward	16	<u>151,811</u>	<u>189,098</u>	<u>340,909</u>	<u>339,242</u>

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for the period is shown in note 16.

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Statement of Financial Activities for the Year Ended 31 March 2025 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted funds £	Restricted funds £	Total 2024 £
Income and Endowments from:				
Donations and legacies	2	24,693	-	24,693
Charitable activities	3	530	350,606	351,136
Investment income	5	17,072	-	17,072
Total income		<u>42,295</u>	<u>350,606</u>	<u>392,901</u>
Expenditure on:				
Charitable activities	6	<u>(44,845)</u>	<u>(386,899)</u>	<u>(431,744)</u>
Total expenditure		(44,845)	(386,899)	(431,744)
Gains/losses on investment assets		<u>1,901</u>	<u>-</u>	<u>1,901</u>
Net expenditure		<u>(649)</u>	<u>(36,293)</u>	<u>(36,942)</u>
Net movement in funds		(649)	(36,293)	(36,942)
Reconciliation of funds				
Total funds brought forward		<u>217,178</u>	<u>159,006</u>	<u>376,184</u>
Total funds carried forward	16	<u><u>216,529</u></u>	<u><u>122,713</u></u>	<u><u>339,242</u></u>

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

(Registration number: 05201290)
Balance Sheet as at 31 March 2025

	Note	2025 £	2024 £
Fixed assets			
Tangible assets	10	377	2,152
Investments	11	-	42,697
		<u>377</u>	<u>44,849</u>
Current assets			
Debtors	12	6,879	7,356
Cash at bank and in hand		<u>340,679</u>	<u>316,382</u>
		347,558	323,738
Creditors: Amounts falling due within one year	13	<u>(7,026)</u>	<u>(29,345)</u>
Net current assets		<u>340,532</u>	<u>294,393</u>
Net assets		<u>340,909</u>	<u>339,242</u>
Funds of the charity:			
Restricted income funds			
Restricted funds	16	189,098	122,713
Unrestricted income funds			
Unrestricted funds		<u>151,811</u>	<u>216,529</u>
Total funds	16	<u>340,909</u>	<u>339,242</u>

For the financial year ending 31 March 2025 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

The financial statements on pages 8 to 22 were approved by the trustees, and authorised for issue on 4.12.25 and signed on their behalf by:



Martin Cook
Trustee

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2025

1 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)) (issued in October 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Basis of preparation

Nottinghamshire Independent Domestic Abuse Services (NIDAS) meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern

The financial statements have been prepared on a going concern basis.

The trustees assess whether the use of going concern is appropriate i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the charity to continue as a going concern. The trustees make this assessment in respect of a period of one year from the date of approval of the financial statements.

Exemption from preparing a cash flow statement

Under the exemption available to smaller charities the Board of Trustees has chosen not to include a Statement of Cash Flows within the financial statements.

Income and endowments

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2025

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Individual fixed assets costing £500.00 or more are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Computer equipment	33.3% straight line
Furniture & equipment	25.0% straight line

Fixed asset investments

Fixed asset investments, other than programme related investments, are included at market value at the balance sheet date. Realised gains and losses on investments are calculated as the difference between sales proceeds and their market value at the start of the year, or their subsequent cost, and are charged or credited to the Statement of Financial Activities in the period of disposal.

Unrealised gains and losses represent the movement in market values during the year and are credited or charged to the Statement of Financial Activities based on the market value at the year end.

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2025

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Designated funds are unrestricted funds set aside for specific purposes at the discretion of the trustees.

Restricted income funds are those grants for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme for employees. The assets of the scheme are held separately from those of the charity. Pension costs charges in the Statement of Financial Activities represent the contributions payable by the charity during the year.

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2025

2 Income from donations and legacies

	Unrestricted funds Designated £	General £	Total 2025 £	Total 2024 £
Donations and legacies;				
Donations from individuals	-	2,225	2,225	10,927
Grants, including capital grants;				
Government grants	-	-	-	8,070
Grants from other charities	32,500	-	32,500	5,696
	<u>32,500</u>	<u>2,225</u>	<u>34,725</u>	<u>24,693</u>

3 Income from charitable activities

	Restricted funds £	Total 2025 £	Total 2024 £
Grants & donations	310,612	310,612	350,606
Sales & fees	-	-	530
	<u>310,612</u>	<u>310,612</u>	<u>351,136</u>

4 Grants & donations

	Unrestricted funds £	Restricted funds £	Total £
Charles Hayward	-	21,000	21,000
Access to Work	-	1,440	1,440
Nottinghamshire County Council	-	6,000	6,000
Nottingham Police	-	121,893	121,893
BBC Children in Need	-	33,257	33,257
FPS Global Charities	32,500	-	32,500
National Lottery Community Fund	-	127,022	127,022
General donations	2,225	-	2,225
	<u>34,725</u>	<u>310,612</u>	<u>345,337</u>

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2025

5 Investment income

	Unrestricted funds General £	Total 2025 £	Total 2024 £
Interest receivable and similar income;			
Interest receivable on bank deposits	5,456	5,456	14,405
Other income from fixed asset investments	2,545	2,545	2,667
	<u>8,001</u>	<u>8,001</u>	<u>17,072</u>

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2025

6 Expenditure on charitable activities

	Unrestricted funds		Restricted funds	Total 2025	Total 2024
	Designated	General			
	£	£	£	£	£
Project cost & client support	-	192	3,509	3,701	7,652
Computer & IT	-	1,432	3,735	5,167	5,489
Evaluation fees	-	-	3,600	3,600	2,413
Freelance therapists	-	-	31,265	31,265	-
Gifts and donations	-	998	9	1,007	-
Housekeeping	-	172	-	172	-
Insurance	-	-	3,655	3,655	2,087
Marketing, communications & generating funds	-	840	6,469	7,309	14,300
Memberships & subscriptions	-	505	260	765	642
Moving costs 2023	-	-	-	-	3,644
Office supplies, photocopying and printing	-	2,064	1,399	3,463	4,995
Professional fees & consultancy	-	20,634	3,613	24,247	12,630
Rent & maintenance charges	2,007	11,066	22,092	35,165	40,657
Staff support costs	8,145	3,876	8,652	20,673	20,216
Travel & staff expenses	59	242	956	1,257	4,738
Sundry expenses	-	2,003	-	2,003	133
Telephone & postage	-	718	2,779	3,497	3,214
Utilities	500	2,039	7,096	9,635	-
Wages, NI & pensions	22,168	3,351	163,618	189,137	290,266
Depreciation	-	1,775	-	1,775	3,286
Generating funds	-	4,178	-	4,178	-
Bank charges	-	-	-	-	915
Training	-	-	-	-	465
Agency Staff	-	-	-	-	13,195
Investment management charges	-	-	-	-	807
	<u>32,879</u>	<u>56,085</u>	<u>262,707</u>	<u>351,671</u>	<u>431,744</u>

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2025

7 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

8 Fees payable to independent examiner

During the period, the fees payable (excluding VAT) to the charity's independent examiner Community Accounting Plus are analysed as follows:

	2025 £	2024 £
Independent examination	1,300	1,250
	<u>1,300</u>	<u>1,250</u>

9 Staff costs

The aggregate payroll costs were as follows:

	2025 £	2024 £
Staff costs during the year were:		
Wages and salaries	174,007	256,576
Social security costs	10,746	23,488
Pension costs	4,384	10,202
	<u>189,137</u>	<u>290,266</u>

The monthly average number of persons (including senior management team) employed by the charity during the year was as follows:

	2025 No	2024 No
Average weekly no. of employees	<u>10</u>	<u>11</u>

5 (2024 - 10) of the above employees participated in the Defined Contribution Pension Schemes.

Contributions to the employee pension schemes for the year totalled £4,384 (2024 - £10,202).

No employee received emoluments of more than £60,000 during the year.

The total employee benefits of the key management personnel of the charity were £97,394 (2024 - £71,997).

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2025

10 Tangible fixed assets

	Furniture and equipment £	Computer equipment £	Total £
Cost			
At 1 April 2024	19,015	19,834	38,849
At 31 March 2025	19,015	19,834	38,849
Depreciation			
At 1 April 2024	19,015	17,682	36,697
Charge for the year	-	1,775	1,775
At 31 March 2025	19,015	19,457	38,472
Net book value			
At 31 March 2025	-	377	377
At 31 March 2024	-	2,152	2,152

11 Fixed asset investments

	2025 £	2024 £
Other investments	-	42,697

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2025

12 Debtors

	2025 £	2024 £
Prepayments	580	1,057
Other debtors	6,299	6,299
	<u>6,879</u>	<u>7,356</u>

13 Creditors: amounts falling due within one year

	2025 £	2024 £
Trade creditors	4,580	20,114
Other taxation and social security	-	7,625
Other creditors	2,446	-
Accruals	-	1,606
	<u>7,026</u>	<u>29,345</u>

14 Taxation

The charity is a registered charity and is therefore exempt from corporation taxation.

15 Related party transactions

There were no related party transactions in the year.

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2025

16 Funds

	Balance at 1 April 2024 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2025 £
Unrestricted funds					
<i>General</i>					
General	216,529	10,226	(56,085)	(18,859)	151,811
<i>Designated</i>					
FPS Global Charities	-	32,500	(32,879)	379	-
Total unrestricted funds	216,529	42,726	(88,964)	(18,480)	151,811
Restricted funds					
CADA	-	24,285	(28,387)	4,102	-
Boots	2,871	-	(2,871)	-	-
Children In Need 2022 - 2025	3,155	-	-	-	3,155
Lottery cost of living uplift 22/23	31,193	-	-	-	31,193
MOJ	7,298	-	-	-	7,298
Big Lottery 2022-2025	70,597	107,339	(92,810)	-	85,126
Charles Hayward	-	21,000	(18,954)	-	2,046
Family Team	3,065	-	(3,065)	-	-
Mansfield Building Society	3,057	-	(3,057)	-	-
FPS Global Charities	379	-	-	(379)	-
Access to work	1,098	1,440	(2,538)	-	-
Awards4All	-	19,683	-	-	19,683
COL Fund	-	-	(14,757)	14,757	-
CYP Project	-	33,257	(21,666)	-	11,591
Marketing	-	39,858	(26,804)	-	13,054
NCC Wellbeing	-	6,000	-	-	6,000
Therapy Intervention	-	57,750	(47,798)	-	9,952
Total restricted funds	122,713	310,612	(262,707)	18,480	189,098
Total funds	339,242	353,338	(351,671)	-	340,909

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2025

	Balance at 1 April 2023 £	Incoming resources £	Resources expended £	Other recognised gains/(losses) £	Balance at 31 March 2024 £
Unrestricted funds					
<i>General</i>					
General	217,178	42,295	(44,845)	1,901	216,529
Restricted					
CADA	-	16,546	(16,546)	-	-
Grant & Fundraising Officer	19,699	-	(19,699)	-	-
Boots	4,705	10,000	(11,834)	-	2,871
Children In Need 2022 - 2025	1,910	32,862	(31,617)	-	3,155
Lottery cost of living uplift 22/23	53,352	-	(22,159)	-	31,193
MOJ	4,489	42,573	(39,764)	-	7,298
Safer Streets	13,124	-	(13,124)	-	-
Big Lottery 2022-2025	53,227	120,613	(103,243)	-	70,597
Charles Hayward	-	21,000	(21,000)	-	-
Family Team	5,000	-	(1,935)	-	3,065
CADA Therapy	-	53,252	(53,252)	-	-
Mansfield Building Society	3,500	1,500	(1,943)	-	3,057
FPS Global Charities	-	32,500	(32,121)	-	379
Access to work	-	19,760	(18,662)	-	1,098
Total restricted funds	<u>159,006</u>	<u>350,606</u>	<u>(386,899)</u>	<u>-</u>	<u>122,713</u>
Total funds	<u><u>376,184</u></u>	<u><u>392,901</u></u>	<u><u>(431,744)</u></u>	<u><u>1,901</u></u>	<u><u>339,242</u></u>

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2025

Description of Restricted funds:

CADA – Therapeutic support which consists of Ontario providing DART to families, or 1:1 therapeutic intervention;

Grant & Fundraising Officer - This was funding from previous years for salaries and has now all been spent;

Boots - Funding for the Referral and Assessment Worker's Salary;

Children in Need – Funded the Domestic Abuse Children's outreach worker;

The National Lottery Fund – Funded the family team to support families affected by domestic abuse this included part funding of the art therapy service;

MOJ - Funding Young Person's IDVA;

Safer Streets – Funded a partnership post with NIDAS and Ashfield District Council within the complex case team to support vulnerable families in the Ashfield District;

Charles Hayward - Funded the salary of the Domestic Abuse Outreach Worker;

Mansfield Building Society – Provided art therapy resources and contributed to providing an art therapy room for clients;

FPS Global Charities - for Family Support and Referral and Assessment Worker;

Family Team - for Family Support;

Access to work - for staff identified as having an additional need and were provided equipment/support through Access to Work.

17 Analysis of net assets between funds

	Unrestricted		2025
	General	Restricted	Total funds
	£	£	£
Tangible fixed assets	377	-	377
Current assets	158,460	189,098	347,558
Current liabilities	(7,026)	-	(7,026)
Total net assets	151,811	189,098	340,909

	Unrestricted		2024
	General	Restricted	Total funds
	£	£	£
Tangible fixed assets	2,152	-	2,152
Fixed asset investments	42,697	-	42,697
Current assets	201,025	122,713	323,738
Current liabilities	(29,345)	-	(29,345)
Total net assets	216,529	122,713	339,242