

Company registration number: 05201290

Charity registration number: 1105613

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2023

Community Accounting Plus
Units 1 and 2, North West
41 Talbot Street
Nottingham
NG1 5GL

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Contents

Reference and Administrative Details	1
Trustees' Report	2 to 6
Independent Examiner's Report	7
Statement of Financial Activities	8 to 9
Balance Sheet	10
Notes to the Financial Statements	11 to 21

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Reference and Administrative Details

Trustees	Stephen Brady, Chair
	Tarra Carrington, Treasurer
	Jayne Bouch
	Emma McLaughlin
	Ash Ruan Botes
	Cathy Hornby
Senior Management Team	Leanne McGachan, Service Delivery Manager, appointed July 2020
	Sarah Dagley, CEO, appointed Nov 2020
Charity Registration Number	1105613
Company Registration Number	05201290
Principal Office	Mansfield Business Centre
	Ashfield Avenue
	Mansfield
	Notts
	NG18 2AE
Independent Examiner	John O'Brien, employee of
	Community Accounting Plus
	Units 1 and 2, North West
	41 Talbot Street
	Nottingham NG1 5GL

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2023.

Trustees and officers

The trustees and officers serving during the year and since the year end were as follows:

Trustees:

Stephen Brady, Chair

Tarra Carrington, Treasurer

David Woods (resigned 2 December 2022)

Jayne Bouch

Scott Turton (resigned 5 August 2022)

Julie Sutherland (resigned 21 November 2022)

Emma McLaughlin

Ash Ruan Botes (appointed 5 August 2022)

Cathy Hornby (appointed 27 March 2023)

Structure, governance and management

Nature of governing document

The charity is a company limited by guarantee and registered charity. It is operated under the rules of its memorandum and articles of association dated 9th August 2004 and most recently amended 7th November 2018. It has no share capital and the liability of each member in the event of winding-up is limited to £10.

Recruitment and appointment of trustees

The board of Trustees are responsible for the recruitment of Trustees they are supported through the process by the CEO. Potential new Trustees attend an interview conducted by the Chair and CEO then invited along to a board meeting as an observer. New Trustees are elected and co-opted under the terms of the Memorandum and Articles of Association.

NIDAS periodically advertise for new Trustee positions through advertising in the local media, volunteer community services, social media and with specialist services.

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Trustees' Report

Objectives and activities

Objects and aims

NIDAS supports women and families with all aspects of domestic abuse. We believe being free from abuse is only the start of the journey. We support women to stay safe, grow their self-esteem and go on to build happy, healthy relationships. Our team work in a kind, caring and non-judgemental way, providing personalised support for as long as it is needed.

Our vision is for women and families to lead fulfilling lives, free from domestic abuse. Our mission is to provide practical and emotional support to help women move on from abuse and rebuild their confidence, choice and control.

Objectives, strategies and activities

NIDAS offer practical and emotional support to help women and families understand how domestic abuse may have affected them, their relationships and family dynamics.

Support with NIDAS can include:

- Safety planning
- Risk management
- Domestic abuse awareness
- Advocacy
- Family intervention
- Group programmes
- Art Therapy

Public benefit

Raising awareness of domestic abuse and increasing the knowledge within the community of the different types of domestic abuse can help victims feel safe and supported to leave a relationship, but can also help you to identify signs for the future.

Individual/families referred to NIDAS will have a safety plan tailored to their needs, which can help identify risk and support to achieve a multi agency approach to manage risk.

Early intervention work with children and young people can help to develop the skills they need to lead happy, healthy successful lives. It can improve the quality of children's home lives and family relationships, increase educational attainment and support good mental health.

Art therapy is a form of psychotherapy that uses art as a way of communicating and expressing thoughts, feelings and emotions. It can help people work through life experiences that they may find difficult to put into words.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Trustees' Report

Achievements and performance

127 referrals into CYP service

65 children and YP completed a programme of support on a 1:1 basis

164 referrals into family service

90 adults completed a programme of support in a 1:1 or group setting

53 referrals into the Art Therapy service

3 CYP completed therapeutic programme of support

Case study

Referral and presenting issues

Louise (pseudonym) aged 13, was referred to the NIDAS therapy service by her mother after concerns were raised regarding Louise's mental health and her starting to self-harm.

Louise struggled with the loss of her Dad, due to him leaving the family home, and the changes that were occurring in her life due to this. Louise struggled with anxiety and panic attacks and seemed to be struggling to process what she had been through and to be able to settle in her 'new' life. Louise had a history of self-harm due to struggling with her anxiety and coping with her life experiences. Louise presented with difficulties with suicidal ideation, self-harm, depression, anxiety and loss.

Work completed

Agreed therapy aims:

- Understand and process grief/loss due to Dad leaving
- Understand Dad's change in behaviour after leaving
- Coping with self-harm/suicidal ideation - Healthy ways of coping with depression/anxiety

Sessions focused on Louise having the space to reflect on her past experiences and having a neutral person to talk to. Louise seemed to struggle talking about her past experiences as she felt that they would burden other people. Having a therapy space focused on her feelings gave Louise time to talk about her thoughts and feelings, and process what she had been through. Louise was able to use the therapy space to explore her anxiety, express her sadness, understand her relationships, and process her losses. Louise explored her past experiences and the emotions she had suppressed in relation to them. Louise used creativity to understand her 'messy' feelings, and muddle through the web of years of feelings she had internalised, giving them the time and space they needed to support her in understanding and processing them. Through this self-exploration, Louise was able to process her life experience and emotions, to build herself up to work towards a more positive future.

Louise used her sessions to explore her relationship with her parents, how these have changed, and that they mean to her. Louise was able to reflect on the complexity of her family life, and talk about how her family has changed, and how this has impacted on her life. Due to internalising her experiences and feelings, Louise was stuck in the past and struggling to see past what her family was, and what she feels her family should be now. Her own thoughts were competing with her real family situation, which was causing Louise distress and confusion. Through openly talking about and creatively expressing her family's history, Louise was able to see the full picture of her life, and reflect on her past, present, and future. This helped Louise to externalise her life, and to see it for what it was, rather than living in her internalised feelings, which was causing her distress. This encouraged Louise in building her confidence in coping with difficult situations and showed her her own resilience and strength. This allowed Louise to move from living in the past, to seeing her present life and feelings.

Louise was supported throughout sessions by her Mum, who attended the initial, review and final sessions. This allowed Louise to reflect on her relationship with her Mum and work with her Mum around continuing support at home and implementing the positive changes into her everyday life.

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Trustees' Report

Outcomes

Through self-exploration, expression, and creativity, Louise was able to process her life experiences and her mental health struggles impacted by this. Louise was able to give her emotions the space they needed to be expressed, and help her understand them. By doing so, Louise develop healthy ways of dealing with difficult feelings and situations, and was able to understand her ability to process difficult situations, and her strength in coping with them.

Outcome measures completed by client in the first and final sessions:

On a scale of 1 - 10 (10 being the highest) rate your struggles:

Anxiety: (Start of support) 8 / (End of support) 5

Self-Harm: (Start of support) 8 / (End of support) 4

Loss/Grief: (Start of support) 10 / (End of support) 1

Through assessment of Louise's strengths and difficulties (Outcome measures) positive change was evident in the following areas:

- Happiness
- Relationships
- Attainment at school
- Emotional wellbeing
- Coping with fears

Quotes from the client

Mum: '[Louise] was reluctant to talk to me about certain upsetting things and having a neutral person to listen to her has been invaluable. [Louise] has been in a better frame of mind at home and has talked about certain things to me. She is doing better at school and has worked really hard in trying to attend her classes'

Louise: 'In sessions I was able to make my own choices which made me feel confident. I felt listened to and understood which made me feel very welcomed. The art therapist understood me really well and took care. It helped me with my grief and my Dad leaving and it made me feel 10 times better about myself.'

Financial review

Due to the complexity of the different funders that we have there are 9 different budgets for each funder that all have a different year end. Each budget is in line to spend the funding within the specified time scales, and where they are not, extensions have been requested.

Policy on reserves

Our reserves policy is to have 3 months running costs in our reserve which we currently have. Due to each of our funding budgets ending at different times this does effect the size of the reserves required. Currently our reserves are based on the charities closing costs. Reserve funds come from donations to the charity.

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Trustees' Report

Statement of Trustees' Responsibilities

The trustees (who are also the directors of Nottinghamshire Independent Domestic Abuse Services (NIDAS) for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland". The report and accounts have been prepared in accordance with the provisions in the Companies Act 2006 relating to small companies.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including its income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards, comprising FRS 102 have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records that can disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Small companies provision statement

This report has been prepared in accordance with the small companies regime under the Companies Act 2006.

The annual report was approved by the trustees of the charity on 2 November 2023 and signed on its behalf by:


.....

Stephen Brady
Trustee

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Independent Examiner's Report to the trustees of Nottinghamshire Independent Domestic Abuse Services (NIDAS) ('the Company')

Independent examiner's report to the trustees of Nottinghamshire Independent Domestic Abuse Services (NIDAS) ('the Company')

I report to the charity trustees on my examination of the accounts of the company for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

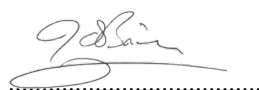
Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member and Fellow of the Association of Charity Independent Examiners, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



John O'Brien, employee of Community Accounting Plus
Fellow of the Association of Charity Independent Examiners

Units 1 and 2, North West
41 Talbot Street
Nottingham
NG1 5GL

Date: 15.11.2023.....

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Statement of Financial Activities for the Year Ended 31 March 2023 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted funds £	Restricted funds £	Total 2023 £	Total 2022 £
Income from:					
Donations and legacies	2	32,515	-	32,515	41,105
Charitable activities	3	8,335	381,130	389,465	371,583
Investment income	5	6,554	-	6,554	901
Total Income		<u>47,404</u>	<u>381,130</u>	<u>428,534</u>	<u>413,589</u>
Expenditure on:					
Charitable activities	6	<u>(80,445)</u>	<u>(359,836)</u>	<u>(440,281)</u>	<u>(382,344)</u>
Total Expenditure		<u>(80,445)</u>	<u>(359,836)</u>	<u>(440,281)</u>	<u>(382,344)</u>
Gains/losses on investment assets		<u>-</u>	<u>-</u>	<u>-</u>	<u>(144)</u>
Net (expenditure)/income		(33,041)	21,294	(11,747)	31,101
Transfers between funds		<u>31,468</u>	<u>(31,468)</u>	<u>-</u>	<u>-</u>
Other recognised gains and losses					
Net movement in funds		(1,573)	(10,174)	(11,747)	31,101
Reconciliation of funds					
Total funds brought forward		<u>218,751</u>	<u>169,180</u>	<u>387,931</u>	<u>356,830</u>
Total funds carried forward	17	<u>217,178</u>	<u>159,006</u>	<u>376,184</u>	<u>387,931</u>

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for the period is shown in note 17.

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Statement of Financial Activities for the Year Ended 31 March 2023 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted funds £	Restricted funds £	Total 2022 £
Income and Endowments from:				
Donations and legacies	2	41,105	-	41,105
Charitable activities	3	29,079	342,504	371,583
Investment income	5	901	-	901
Total income		<u>71,085</u>	<u>342,504</u>	<u>413,589</u>
Expenditure on:				
Charitable activities	6	<u>(51,793)</u>	<u>(330,551)</u>	<u>(382,344)</u>
Total expenditure		(51,793)	(330,551)	(382,344)
Gains/losses on investment assets		<u>(144)</u>	<u>-</u>	<u>(144)</u>
Net income		19,148	11,953	31,101
Transfers between funds		<u>1,352</u>	<u>(1,352)</u>	<u>-</u>
Net movement in funds		20,500	10,601	31,101
Reconciliation of funds				
Total funds brought forward		<u>198,251</u>	<u>158,579</u>	<u>356,830</u>
Total funds carried forward	17	<u><u>218,751</u></u>	<u><u>169,180</u></u>	<u><u>387,931</u></u>

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

(Registration number: 05201290)
Balance Sheet as at 31 March 2023

	Note	2023 £	2022 £
Fixed assets			
Tangible assets	10	4,309	6,349
Investments	11	<u>38,936</u>	<u>41,029</u>
		<u>43,245</u>	<u>47,378</u>
Current assets			
Debtors	12	69,374	1,425
Cash at bank and in hand		<u>279,300</u>	<u>341,754</u>
		348,674	343,179
Creditors: Amounts falling due within one year	13	<u>(15,735)</u>	<u>(2,626)</u>
Net current assets		<u>332,939</u>	<u>340,553</u>
Net assets		<u>376,184</u>	<u>387,931</u>
Funds of the charity:			
Restricted income funds			
Restricted funds	17	159,006	169,180
Unrestricted income funds			
Unrestricted funds		<u>217,178</u>	<u>218,751</u>
Total funds	17	<u>376,184</u>	<u>387,931</u>


For the financial year ending 31 March 2023 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

The financial statements on pages 8 to 21 were approved by the trustees, and authorised for issue on 2 November 2023 and signed on their behalf by:


.....
Stephen Brady
Trustee

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2023

1 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)) (issued in October 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Basis of preparation

Nottinghamshire Independent Domestic Abuse Services (NIDAS) meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern

The financial statements have been prepared on a going concern basis.

The trustees assess whether the use of going concern is appropriate i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the charity to continue as a going concern. The trustees make this assessment in respect of a period of one year from the date of approval of the financial statements.

Exemption from preparing a cash flow statement

The charity opted to early adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

Income and endowments

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2023

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Individual fixed assets costing £500.00 or more are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Computer equipment	33.3% straight line
Furniture & equipment	25.0% straight line

Fixed asset investments

Fixed asset investments, other than programme related investments, are included at market value at the balance sheet date. Realised gains and losses on investments are calculated as the difference between sales proceeds and their market value at the start of the year, or their subsequent cost, and are charged or credited to the Statement of Financial Activities in the period of disposal.

Unrealised gains and losses represent the movement in market values during the year and are credited or charged to the Statement of Financial Activities based on the market value at the year end.

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2023

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted income funds are those grants for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme for employees. The assets of the scheme are held separately from those of the charity. Pension costs charges in the Statement of Financial Activities represent the contributions payable by the charity during the year.

2 Income from donations and legacies

	Unrestricted funds General £	Total 2023 £	Total 2022 £
Donations and legacies;			
Donations from companies, trusts and similar proceeds	-	-	32,405
Donations from individuals	16,549	16,549	-
Grants, including capital grants;			
Government grants	-	-	500
Grants from other charities	13,500	13,500	8,200
Grants from companies	2,466	2,466	-
	<u>32,515</u>	<u>32,515</u>	<u>41,105</u>

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2023

3 Income from charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2023 £	Total 2022 £ (As restated)
Grants & donations	-	381,130	381,130	342,504
Sales & fees	8,335	-	8,335	28,950
Sundry income	-	-	-	129
	<u>8,335</u>	<u>381,130</u>	<u>389,465</u>	<u>371,583</u>

4 Grants & donations

	Unrestricted funds £	Restricted funds £	Total £
Ashfield District Council	-	21,000	21,000
Big Lottery	-	186,400	186,400
BBC Children in need	-	32,878	32,878
Brook Trust	-	27,500	27,500
Grocers Charity	-	5,000	5,000
Mansfield building society	-	3,500	3,500
National Grid	-	2,000	2,000
Nottinghamshire Police & Crime Commissioner	-	102,852	102,852
Other donations	32,515	-	32,515
	<u>32,515</u>	<u>381,130</u>	<u>413,645</u>

5 Investment income

	Unrestricted funds General £	Total 2023 £	Total 2022 £
Interest receivable and similar income;			
Interest receivable on bank deposits	6,554	6,554	164
Other income from fixed asset investments	-	-	737
	<u>6,554</u>	<u>6,554</u>	<u>901</u>

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2023

6 Expenditure on charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2023 £	Total 2022 £
Activities & materials	10	791	801	10,099
Project cost & client support	708	6,810	7,518	5,623
Computer & IT	1,102	4,140	5,242	3,127
Evaluation fees	-	2,400	2,400	2,100
Housekeeping	-	-	-	354
Insurance	-	2,056	2,056	2,930
Memberships & subscriptions	162	330	492	40
Telephone & postage	407	521	928	2,333
Professional fees & consultancy	1,949	8,123	10,072	8,897
Office supplies, photocopying and printing	66	2,567	2,633	3,078
Marketing, communications & generating funds	44	8,421	8,465	750
Recruitment	-	3,249	3,249	330
Rent, services & utilities	92	25,629	25,721	26,760
Travel & staff expenses	-	5,025	5,025	3,340
Sundry expenses	71	123	194	2
Supervision	-	2,528	2,528	1,920
Advertising/ Promotional	-	474	474	372
Bank charges	15	-	15	-
Training	10,378	7,675	18,053	4,043
DBS	-	106	106	-
Depreciation	6,228	-	6,228	4,834
Investment management charges	196	-	196	205
Wages, NI & pensions	55,564	271,071	326,635	274,820
Settlements	-	-	-	26,387
Agency Staff	1,440	7,597	9,037	-
Staff support costs	98	145	243	-
Loss on investment	1,897	-	1,897	-
Volunteer expenses	18	55	73	-
	<u>80,445</u>	<u>359,836</u>	<u>440,281</u>	<u>382,344</u>

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2023

7 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

8 Fees payable to independent examiner

During the period, the fees payable (excluding VAT) to the charity's independent examiner Community Accounting Plus are analysed as follows:

	2023 £	2022 £
Independent examination	1,135	1,080
	<u>1,135</u>	<u>1,080</u>

9 Staff costs

The aggregate payroll costs were as follows:

	2023 £	2022 £
Staff costs during the year were:		
Wages and salaries	297,542	252,147
Social security costs	22,351	15,759
Pension costs	<u>6,742</u>	<u>6,914</u>
	<u>326,635</u>	<u>274,820</u>

The monthly average number of persons (including senior management team) employed by the charity during the year was as follows:

	2023 No	2022 No
Average weekly no. of employees	<u>12</u>	<u>12</u>

10 (2022 - 10) of the above employees participated in the Defined Contribution Pension Schemes.

Contributions to the employee pension schemes for the year totalled £6,742 (2022 - £6,914).

No employee received emoluments of more than £60,000 during the year.

The total employee benefits of the key management personnel of the charity were £88,170 (2022 - £78,647).

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2023

10 Tangible fixed assets

	Furniture and equipment £	Computer equipment £	Total £
Cost			
At 1 April 2022	19,015	14,516	33,531
Additions	-	4,188	4,188
At 31 March 2023	19,015	18,704	37,719
Depreciation			
At 1 April 2022	19,015	8,167	27,182
Charge for the year	-	6,228	6,228
At 31 March 2023	19,015	14,395	33,410
Net book value			
At 31 March 2023	-	4,309	4,309
At 31 March 2022	-	6,349	6,349

11 Fixed asset investments

	2023 £	2022 £
Other investments	38,936	41,029

Other investments

	Listed investments £	Total £
Cost or Valuation		
At 1 April 2022	41,029	41,029
Revaluation	(2,093)	(2,093)
At 31 March 2023	38,936	38,936
Net book value		
At 31 March 2023	38,936	38,936
At 31 March 2022	41,029	41,029

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2023

12 Debtors

	2023 £	2022 £
Prepayments	3,058	1,425
Accrued income	66,316	-
	<u>69,374</u>	<u>1,425</u>

13 Creditors: amounts falling due within one year

	2023 £	2022 £
Other creditors	5,038	2,626
Accruals	10,697	-
	<u>15,735</u>	<u>2,626</u>

14 Taxation

The charity is a registered charity and is therefore exempt from taxation.

15 Charity status

The charity is a company limited by guarantee and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £10 towards the assets of the charity in the event of liquidation.

16 Related party transactions

There were no related party transactions in the year.

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2023

17 Funds

	Balance at 1 April 2022 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2023 £
Unrestricted funds					
<i>General</i>					
General	218,751	47,404	(80,445)	31,468	217,178
Restricted funds					
Grant & Fundraising Officer	20,000	27,500	(7,801)	(20,000)	19,699
IT equipment	1,500	-	-	(1,500)	-
Family Intervention Service	40,859	-	(25,877)	(14,982)	-
CYP Outreach Worker	23,583	-	(2,583)	(21,000)	-
Civil & Family Court	25,437	-	-	(25,437)	-
Management Team	286	-	-	(286)	-
Teen Worker	57,515	-	(66,022)	8,507	-
CADA	-	25,628	(25,628)	-	-
Boots	-	-	(5,295)	10,000	4,705
Children In Need 2022 - 2025	-	32,878	(30,393)	(575)	1,910
Lottery cost of living uplift 22/23	-	56,139	(2,787)	-	53,352
MOJ	-	36,536	(32,047)	-	4,489
National Grid	-	2,000	(1,909)	(91)	-
Safer Streets	-	21,000	(7,876)	-	13,124
Big Lottery 2022-2025	-	130,261	(92,016)	14,982	53,227
Charles Hayward	-	-	(21,000)	21,000	-
Family Team	-	5,000	-	-	5,000
CADA Therapy	-	40,688	(38,602)	(2,086)	-
Mansfield Building Society	-	3,500	-	-	3,500
Total restricted funds	<u>169,180</u>	<u>381,130</u>	<u>(359,836)</u>	<u>(31,468)</u>	<u>159,006</u>
Total funds	<u><u>387,931</u></u>	<u><u>428,534</u></u>	<u><u>(440,281)</u></u>	<u><u>-</u></u>	<u><u>376,184</u></u>

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2023

Description of Restricted funds:

ADC-Safer Streets – Funded a partnership post with NIDAS and Ashfield District Council within the complex case team to support vulnerable families in the Ashfield District

Big Lottery – Funded the family team to support families affected by domestic abuse this included part funding of the art therapy service

CIN – Funded the Domestic Abuse Children's outreach worker

Brook Trust – Funded grant and fundraising provision within NIDAS

Grocers Charity – Contributed towards the family team service

Mansfield Building Society – Provided art therapy resources and contributed to providing an art therapy room for clients

National Grid – This funding enabled us to provide bespoke luxury Christmas hampers for our families during the festive period

Nottinghamshire Police & Crime Commissioner : MOJ funds the YPIDVA post, CADA part funds the Art Therapy service and the delivery of two DART programmes per year

The transfer from the CADA Therapy and Children In Need fund to the General fund represents the net book value of fixed assets, the use of which is not subject to any restriction.

The transfer from the General fund to the restricted funds is to cover the activity in these projects.

	Balance at 1 April 2021 £	Incoming resources £	Resources expended £	Transfers £	Other recognised gains/(losses) £	Balance at 31 March 2022 £
Unrestricted funds						
<i>General</i>						
General	198,251	71,085	(51,793)	1,352	(144)	218,751
Restricted						
Grant & Fundraising Officer	20,000	-	-	-	-	20,000
Volunteer Co-ordinator	2,718	-	(2,718)	-	-	-
IT equipment	1,500	-	-	-	-	1,500
Family Intervention Service	72,517	152,645	(183,849)	(454)	-	40,859
Service Delivery	146	25,000	(25,146)	-	-	-
CYP Outreach Worker	4,327	60,534	(40,380)	(898)	-	23,583
Civil & Family Court	26,973	35,363	(36,899)	-	-	25,437
Management Team	18,008	-	(17,722)	-	-	286
Teen Worker	12,390	68,962	(23,837)	-	-	57,515
Total restricted funds	<u>158,579</u>	<u>342,504</u>	<u>(330,551)</u>	<u>(1,352)</u>	<u>-</u>	<u>169,180</u>
Total funds	<u>356,830</u>	<u>413,589</u>	<u>(382,344)</u>	<u>-</u>	<u>(144)</u>	<u>387,931</u>

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2023

18 Analysis of net assets between funds

	Unrestricted		2023
	General	Restricted	Total funds
	£	£	£
Tangible fixed assets	4,309	-	4,309
Fixed asset investments	38,936	-	38,936
Current assets	189,668	159,006	348,674
Current liabilities	(15,735)	-	(15,735)
Total net assets	<u>217,178</u>	<u>159,006</u>	<u>376,184</u>
	Unrestricted		2022
	General	Restricted	Total funds
	£	£	£
Tangible fixed assets	6,349	-	6,349
Fixed asset investments	41,029	-	41,029
Current assets	171,373	171,806	343,179
Current liabilities	-	(2,626)	(2,626)
Total net assets	<u>218,751</u>	<u>169,180</u>	<u>387,931</u>