

NOTTINGHAMSHIRE INDEPENDENT DOMESTIC ABUSE SERVICES(NIDAS)

England & Wales · Charity number 1105613

Details

Other names	MANSFIELD AND ASHFIELD WOMEN'S AID, NORTH NOTTINGHAMSHIRE INDEPENDENT DOMESTIC ABUSE SERVICES (NNIDAS)
Status	Registered
Legal form	Charitable company
Company number	05201290
Registered	2004-08-24
Register	View on the Charity Commission register

Contact

Address	1B Birch House Ransom Wood Business Park Southwell Road Rainworth Notts NG21 0HJ
Phone	01623 683 250
Email	hello@nidas.org.uk
Website	www.nidas.org.uk

Activities

Objects: TO PROMOTE ANY CHARITABLE PURPOSES FOR THE BENEFIT OF VICTIMS WHO MAY HAVE, WHO HAVE BEEN OR ARE EXPERIENCING DOMESTIC ABUSE OR ARE AT RISK OF DOING SO IN PARTICULAR BY THE PROVISION OF SUPPORT AND INTERVENTION PRIMARILY BUT NOT EXCLUSIVELY WITHIN NOTTINGHAMSHIRE.

Activities: NIDAS is an organisation offering safety, advice, practical help and emotional support to victims of Domestic Abuse. NIDAS offers a range of services which gives children, young people and their families access to professional support whatever their situation.

Classification

- **How:** Provides Human Resources, Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, The Prevention Or Relief Of Poverty
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Defined Groups, The General Public/mankind

Geography

- **Area of benefit:** DISTRICTS OF ASHFIELD, MANSFIELD, BASSETLAW, NEWARK AND SHERWOOD (NORTH NOTTINGHAMSHIRE) AND NEIGHBOURING COMMUNITIES
- Nottinghamshire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£353,338	£351,671	-	-
2024-03-31	£392,901	£431,744	-	-
2023-03-31	£428,534	£440,281	-	-
2022-03-31	£413,589	£382,344	-	-
2021-03-31	£418,768	£289,832	-	-

Trustees

Name	Role	Appointed
Martin Andrew Cook	Chair	2024-01-29
Ash Ruan Botes		2022-08-05
Catherine Hornby		2023-03-27
Tarra Carrington		2022-03-07

Accounts

Company registration number: 05201290

Charity registration number: 1105613

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2025

Community Accounting Plus
Units 1 and 2, North West
41 Talbot Street
Nottingham
NG1 5GL

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Contents

Reference and Administrative Details	1
Trustees' Report	2 to 6
Independent Examiner's Report	7
Statement of Financial Activities	8 to 9
Balance Sheet	10
Notes to the Financial Statements	11 to 22

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Reference and Administrative Details

Trustees	Martin Cook, Chair
	Tarra Carrington, Treasurer
	Ash Ruan Botes
	Cathy Hornby
	Zara Kayani
Senior Management Team	Leanne McGachan, Service Delivery Manager
	Rukhsana Ismail, CEO, appointed May 2024
Charity Registration Number	1105613
Company Registration Number	05201290
Registered Office	Unit 1b, Birch House
	Ransom Wood Business Park
	Mansfield
	NG21 0HJ
Independent Examiner	Eva Stevens, employee of
	Community Accounting Plus
	Units 1 and 2, North West
	41 Talbot Street
	Nottingham NG1 5GL

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2025.

Trustees and officers

The trustees and officers serving during the year and since the year end were as follows:

Trustees:	Stephen Brady (resigned 12 April 2024)
	Martin Cook, Chair
	Tarra Carrington, Treasurer
	Emma McLaughlin (resigned 18 October 2024)
	Ash Ruan Botes
	Cathy Hornby
	Zara Kayani (appointed 24 June 2025)

Structure, governance and management

Nature of governing document

The charity is a company limited by guarantee and registered charity. It is operated under the rules of its memorandum and articles of association dated 9th August 2004 and most recently amended 31st July 2023. It has no share capital and the liability of each member in the event of winding-up is limited to £10.

Recruitment and appointment of trustees

The board of Trustees are responsible for the recruitment of Trustees they are supported through the process by the CEO. Potential new Trustees attend an interview conducted by the Chair and CEO then invited along to a board meeting as an observer. New Trustees are elected and co-opted under the terms of the Memorandum and Articles of Association.

NIDAS periodically advertise for new Trustee positions through advertising in the local media, volunteer community services, social media and with specialist services.

Objectives and activities

Objects and aims

NIDAS supports women and families with all aspects of domestic abuse. We believe being free from abuse is only the start of the journey. We support women to stay safe, grow their self-esteem and go on to build happy, healthy relationships. Our team work in a kind, caring and non-judgemental way, providing personalised support for as long as it is needed.

Our vision is for women and families to lead fulfilling lives, free from domestic abuse. Our mission is to provide practical and emotional support to help women move on from abuse and rebuild their confidence, choice and control.

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Trustees' Report

Objectives, strategies and activities

NIDAS offer practical and emotional support to help women and families understand how domestic abuse may have affected them, their relationships and family dynamics.

Support with NIDAS can include:

Safety planning

Risk management

Domestic abuse awareness

Advocacy

Family intervention

Group programmes

Art Therapy

Public benefit

Raising awareness of domestic abuse and increasing the knowledge within the community of the different types of domestic abuse can help victims feel safe and supported to leave a relationship, but can also help you to identify signs for the future.

Individual/families referred to NIDAS will have a safety plan tailored to their needs, which can help identify risk and support to achieve a multi agency approach to manage risk.

Early intervention work with children and young people can help to develop the skills they need to lead happy, healthy successful lives. It can improve the quality of children's home lives and family relationships, increase educational attainment and support good mental health.

Art therapy is a form of psychotherapy that uses art as a way of communicating and expressing thoughts, feelings and emotions. It can help people work through life experiences that they may find difficult to put into words.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Achievements and performance

78 referrals into CYP service

53 completed a programme of support on a 1:1 basis

117 referrals into the family service

77 completed programme of support on a 1:1 or a group basis

97 referrals into the art therapy service

55 completed a programme of support

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Trustees' Report

Case study

Introduction

Domestic abuse has far-reaching consequences, not only for the individuals directly involved but also for the entire family unit. Research shows that domestic abuse can severely impact relationships, creating emotional distance, mistrust, and heightened anxiety among family members. At NIDAS, we understand the profound effects of domestic abuse on families and are committed to providing holistic support that addresses the needs of everyone involved, even when the initial referral is focused on the children.

This case study highlights the journey of Laura and James, two children referred to NIDAS for support following their exposure to domestic abuse. While the referral was initially for the children, NIDAS recognised the importance of supporting the entire family to foster healing and rebuild relationships. Through a combination of individual and family-focused interventions, we provided a safe space for Laura, James, and their mother to process their experiences, develop coping strategies, and strengthen their bonds as a family.

Sessions Focused On

- Understanding emotions
- Anger management
- Coping with worries
- Safety planning
- Relaxation

Understanding Emotions

Laura and James' sessions began with a focus on understanding and expressing their emotions. For Laura, this meant exploring her anxieties, particularly around contact with her father. She was given a feelings journal to help her articulate her emotions, which she used both in sessions and at school. This tool not only helped Laura express herself but also built her confidence in sharing her feelings with her support network.

James, on the other hand, struggled with feelings of being unloved and unrecognised within his family. His sessions provided a safe space to explore these emotions, helping him understand his relationships and his hopes for the future. Through these discussions, James began to build confidence in himself and in his ability to communicate his feelings.

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Trustees' Report

Anger Management and Coping with Worries

Both children were supported in developing coping strategies for managing anger and worries. Laura's sessions focused on identifying triggers for her anxiety and finding practical ways to cope at home and school. Safety planning was also introduced, helping Laura identify trusted individuals she could turn to when she felt overwhelmed.

For James, sessions addressed his challenging behavior at home, which stemmed from his struggles with feeling loved and cared for. By exploring these feelings in a supportive environment, James began to develop healthier ways to express himself and manage his emotions.

Safety Planning and Relaxation

Safety planning was a key component of the support provided to Laura and James. This involved helping them identify safe spaces and trusted adults they could turn to in times of distress. Additionally, relaxation techniques were introduced to help both children manage their anxiety and feel more secure in their daily lives.

Support for Mum

Recognising the importance of supporting the entire family, NIDAS allocated a family support worker to Mum. This provided her with a safe space to process the impact of domestic abuse on herself and her children. Through one-to-one sessions, Mum gained a deeper understanding of how to support her children and rebuild her relationship with them. Family sessions were also held, offering a space for open communication, boundary-setting, and strengthening family bonds.

For Mum and the Family

- Developed coping skills for managing anger and worries.
- Explored and addressed challenging behavior at home.
- Rebuilt communication skills and strengthened relationships with the children.
- Gained a better understanding of boundaries and safety planning for herself and her children.

For Laura and James

- Built confidence in expressing their feelings and seeking help.
- Strengthened family bonds and developed coping skills.
- Felt safer and more secure in their daily lives.

Financial review

Due to the complexity of our funding arrangements, we manage nine separate budgets, each with a different year end. All budgets are currently on track to spend their allocated funding within the required timescales, and extensions have been requested where this has not been possible.

Policy on reserves

Our reserves policy requires maintaining three months of operating costs, which we currently hold. Because our various funding streams end at different times, the level of reserves needed can fluctuate. At present, our reserves are calculated based on the charity's estimated closure costs. All reserve funds are generated from charitable donations.

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Trustees' Report

Statement of Trustees' Responsibilities

The trustees (who are also the directors of Nottinghamshire Independent Domestic Abuse Services (NIDAS) for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland". The report and accounts have been prepared in accordance with the provisions in the Companies Act 2006 relating to small companies.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including its income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards, comprising FRS 102 have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records that can disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Small companies provision statement

This report has been prepared in accordance with the small companies regime under the Companies Act 2006.

The annual report was approved by the trustees of the charity on 4/12/25 and signed on its behalf by:



Martin Cook
Trustee

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Independent Examiner's Report to the trustees of Nottinghamshire Independent Domestic Abuse Services (NIDAS) ('the Company')

Independent examiner's report to the trustees of Nottinghamshire Independent Domestic Abuse Services (NIDAS) ('the Company')

I report to the charity trustees on my examination of the accounts of the company for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

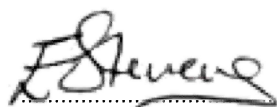
Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Chartered Institute of Public Finance and Accountancy (CIPFA), which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Eva Stevens, employee of Community Accounting Plus
member of the Chartered Institute of Public Finance and Accountancy (CIPFA)

Units 1 and 2, North West
41 Talbot Street
Nottingham
NG1 5GL

Date: 04/12/2025

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Statement of Financial Activities for the Year Ended 31 March 2025 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted funds £	Restricted funds £	Total 2025 £	Total 2024 £
Income from:					
Donations and legacies	2	34,725	-	34,725	24,693
Charitable activities	3	-	310,612	310,612	351,136
Investment income	5	8,001	-	8,001	17,072
Total Income		<u>42,726</u>	<u>310,612</u>	<u>353,338</u>	<u>392,901</u>
Expenditure on:					
Charitable activities	6	<u>(88,964)</u>	<u>(262,707)</u>	<u>(351,671)</u>	<u>(431,744)</u>
Total Expenditure		<u>(88,964)</u>	<u>(262,707)</u>	<u>(351,671)</u>	<u>(431,744)</u>
Gains/losses on investment assets		<u>-</u>	<u>-</u>	<u>-</u>	<u>1,901</u>
Net (expenditure)/income		(46,238)	47,905	1,667	(36,942)
Transfers between funds		<u>(18,480)</u>	<u>18,480</u>	<u>-</u>	<u>-</u>
Other recognised gains and losses					
Net movement in funds		(64,718)	66,385	1,667	(36,942)
Reconciliation of funds					
Total funds brought forward		<u>216,529</u>	<u>122,713</u>	<u>339,242</u>	<u>376,184</u>
Total funds carried forward	16	<u>151,811</u>	<u>189,098</u>	<u>340,909</u>	<u>339,242</u>

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for the period is shown in note 16.

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Statement of Financial Activities for the Year Ended 31 March 2025 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted funds £	Restricted funds £	Total 2024 £
Income and Endowments from:				
Donations and legacies	2	24,693	-	24,693
Charitable activities	3	530	350,606	351,136
Investment income	5	17,072	-	17,072
Total income		<u>42,295</u>	<u>350,606</u>	<u>392,901</u>
Expenditure on:				
Charitable activities	6	<u>(44,845)</u>	<u>(386,899)</u>	<u>(431,744)</u>
Total expenditure		(44,845)	(386,899)	(431,744)
Gains/losses on investment assets		<u>1,901</u>	<u>-</u>	<u>1,901</u>
Net expenditure		<u>(649)</u>	<u>(36,293)</u>	<u>(36,942)</u>
Net movement in funds		(649)	(36,293)	(36,942)
Reconciliation of funds				
Total funds brought forward		<u>217,178</u>	<u>159,006</u>	<u>376,184</u>
Total funds carried forward	16	<u><u>216,529</u></u>	<u><u>122,713</u></u>	<u><u>339,242</u></u>

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

(Registration number: 05201290)
Balance Sheet as at 31 March 2025

	Note	2025 £	2024 £
Fixed assets			
Tangible assets	10	377	2,152
Investments	11	-	42,697
		<u>377</u>	<u>44,849</u>
Current assets			
Debtors	12	6,879	7,356
Cash at bank and in hand		<u>340,679</u>	<u>316,382</u>
		347,558	323,738
Creditors: Amounts falling due within one year	13	<u>(7,026)</u>	<u>(29,345)</u>
Net current assets		<u>340,532</u>	<u>294,393</u>
Net assets		<u>340,909</u>	<u>339,242</u>
Funds of the charity:			
Restricted income funds			
Restricted funds	16	189,098	122,713
Unrestricted income funds			
Unrestricted funds		<u>151,811</u>	<u>216,529</u>
Total funds	16	<u>340,909</u>	<u>339,242</u>

For the financial year ending 31 March 2025 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

The financial statements on pages 8 to 22 were approved by the trustees, and authorised for issue on 4.12.25 and signed on their behalf by:



Martin Cook
Trustee

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2025

1 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)) (issued in October 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Basis of preparation

Nottinghamshire Independent Domestic Abuse Services (NIDAS) meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern

The financial statements have been prepared on a going concern basis.

The trustees assess whether the use of going concern is appropriate i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the charity to continue as a going concern. The trustees make this assessment in respect of a period of one year from the date of approval of the financial statements.

Exemption from preparing a cash flow statement

Under the exemption available to smaller charities the Board of Trustees has chosen not to include a Statement of Cash Flows within the financial statements.

Income and endowments

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2025

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Individual fixed assets costing £500.00 or more are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Computer equipment	33.3% straight line
Furniture & equipment	25.0% straight line

Fixed asset investments

Fixed asset investments, other than programme related investments, are included at market value at the balance sheet date. Realised gains and losses on investments are calculated as the difference between sales proceeds and their market value at the start of the year, or their subsequent cost, and are charged or credited to the Statement of Financial Activities in the period of disposal.

Unrealised gains and losses represent the movement in market values during the year and are credited or charged to the Statement of Financial Activities based on the market value at the year end.

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2025

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Designated funds are unrestricted funds set aside for specific purposes at the discretion of the trustees.

Restricted income funds are those grants for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme for employees. The assets of the scheme are held separately from those of the charity. Pension costs charges in the Statement of Financial Activities represent the contributions payable by the charity during the year.

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2025

2 Income from donations and legacies

	Unrestricted funds Designated £	General £	Total 2025 £	Total 2024 £
Donations and legacies;				
Donations from individuals	-	2,225	2,225	10,927
Grants, including capital grants;				
Government grants	-	-	-	8,070
Grants from other charities	32,500	-	32,500	5,696
	<u>32,500</u>	<u>2,225</u>	<u>34,725</u>	<u>24,693</u>

3 Income from charitable activities

	Restricted funds £	Total 2025 £	Total 2024 £
Grants & donations	310,612	310,612	350,606
Sales & fees	-	-	530
	<u>310,612</u>	<u>310,612</u>	<u>351,136</u>

4 Grants & donations

	Unrestricted funds £	Restricted funds £	Total £
Charles Hayward	-	21,000	21,000
Access to Work	-	1,440	1,440
Nottinghamshire County Council	-	6,000	6,000
Nottingham Police	-	121,893	121,893
BBC Children in Need	-	33,257	33,257
FPS Global Charities	32,500	-	32,500
National Lottery Community Fund	-	127,022	127,022
General donations	2,225	-	2,225
	<u>34,725</u>	<u>310,612</u>	<u>345,337</u>

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2025

5 Investment income

	Unrestricted funds General £	Total 2025 £	Total 2024 £
Interest receivable and similar income;			
Interest receivable on bank deposits	5,456	5,456	14,405
Other income from fixed asset investments	2,545	2,545	2,667
	<u>8,001</u>	<u>8,001</u>	<u>17,072</u>

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2025

6 Expenditure on charitable activities

	Unrestricted funds		Restricted funds	Total 2025	Total 2024
	Designated	General			
	£	£	£	£	£
Project cost & client support	-	192	3,509	3,701	7,652
Computer & IT	-	1,432	3,735	5,167	5,489
Evaluation fees	-	-	3,600	3,600	2,413
Freelance therapists	-	-	31,265	31,265	-
Gifts and donations	-	998	9	1,007	-
Housekeeping	-	172	-	172	-
Insurance	-	-	3,655	3,655	2,087
Marketing, communications & generating funds	-	840	6,469	7,309	14,300
Memberships & subscriptions	-	505	260	765	642
Moving costs 2023	-	-	-	-	3,644
Office supplies, photocopying and printing	-	2,064	1,399	3,463	4,995
Professional fees & consultancy	-	20,634	3,613	24,247	12,630
Rent & maintenance charges	2,007	11,066	22,092	35,165	40,657
Staff support costs	8,145	3,876	8,652	20,673	20,216
Travel & staff expenses	59	242	956	1,257	4,738
Sundry expenses	-	2,003	-	2,003	133
Telephone & postage	-	718	2,779	3,497	3,214
Utilities	500	2,039	7,096	9,635	-
Wages, NI & pensions	22,168	3,351	163,618	189,137	290,266
Depreciation	-	1,775	-	1,775	3,286
Generating funds	-	4,178	-	4,178	-
Bank charges	-	-	-	-	915
Training	-	-	-	-	465
Agency Staff	-	-	-	-	13,195
Investment management charges	-	-	-	-	807
	<u>32,879</u>	<u>56,085</u>	<u>262,707</u>	<u>351,671</u>	<u>431,744</u>

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2025

7 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

8 Fees payable to independent examiner

During the period, the fees payable (excluding VAT) to the charity's independent examiner Community Accounting Plus are analysed as follows:

	2025 £	2024 £
Independent examination	1,300	1,250
	<u>1,300</u>	<u>1,250</u>

9 Staff costs

The aggregate payroll costs were as follows:

	2025 £	2024 £
Staff costs during the year were:		
Wages and salaries	174,007	256,576
Social security costs	10,746	23,488
Pension costs	4,384	10,202
	<u>189,137</u>	<u>290,266</u>

The monthly average number of persons (including senior management team) employed by the charity during the year was as follows:

	2025 No	2024 No
Average weekly no. of employees	<u>10</u>	<u>11</u>

5 (2024 - 10) of the above employees participated in the Defined Contribution Pension Schemes.

Contributions to the employee pension schemes for the year totalled £4,384 (2024 - £10,202).

No employee received emoluments of more than £60,000 during the year.

The total employee benefits of the key management personnel of the charity were £97,394 (2024 - £71,997).

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2025

10 Tangible fixed assets

	Furniture and equipment £	Computer equipment £	Total £
Cost			
At 1 April 2024	19,015	19,834	38,849
At 31 March 2025	19,015	19,834	38,849
Depreciation			
At 1 April 2024	19,015	17,682	36,697
Charge for the year	-	1,775	1,775
At 31 March 2025	19,015	19,457	38,472
Net book value			
At 31 March 2025	-	377	377
At 31 March 2024	-	2,152	2,152

11 Fixed asset investments

	2025 £	2024 £
Other investments	-	42,697

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2025

12 Debtors

	2025 £	2024 £
Prepayments	580	1,057
Other debtors	6,299	6,299
	<u>6,879</u>	<u>7,356</u>

13 Creditors: amounts falling due within one year

	2025 £	2024 £
Trade creditors	4,580	20,114
Other taxation and social security	-	7,625
Other creditors	2,446	-
Accruals	-	1,606
	<u>7,026</u>	<u>29,345</u>

14 Taxation

The charity is a registered charity and is therefore exempt from corporation taxation.

15 Related party transactions

There were no related party transactions in the year.

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2025

16 Funds

	Balance at 1 April 2024 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2025 £
Unrestricted funds					
<i>General</i>					
General	216,529	10,226	(56,085)	(18,859)	151,811
<i>Designated</i>					
FPS Global Charities	-	32,500	(32,879)	379	-
Total unrestricted funds	<u>216,529</u>	<u>42,726</u>	<u>(88,964)</u>	<u>(18,480)</u>	<u>151,811</u>
Restricted funds					
CADA	-	24,285	(28,387)	4,102	-
Boots	2,871	-	(2,871)	-	-
Children In Need 2022 - 2025	3,155	-	-	-	3,155
Lottery cost of living uplift 22/23	31,193	-	-	-	31,193
MOJ	7,298	-	-	-	7,298
Big Lottery 2022-2025	70,597	107,339	(92,810)	-	85,126
Charles Hayward	-	21,000	(18,954)	-	2,046
Family Team	3,065	-	(3,065)	-	-
Mansfield Building Society	3,057	-	(3,057)	-	-
FPS Global Charities	379	-	-	(379)	-
Access to work	1,098	1,440	(2,538)	-	-
Awards4All	-	19,683	-	-	19,683
COL Fund	-	-	(14,757)	14,757	-
CYP Project	-	33,257	(21,666)	-	11,591
Marketing	-	39,858	(26,804)	-	13,054
NCC Wellbeing	-	6,000	-	-	6,000
Therapy Intervention	-	57,750	(47,798)	-	9,952
Total restricted funds	<u>122,713</u>	<u>310,612</u>	<u>(262,707)</u>	<u>18,480</u>	<u>189,098</u>
Total funds	<u><u>339,242</u></u>	<u><u>353,338</u></u>	<u><u>(351,671)</u></u>	<u><u>-</u></u>	<u><u>340,909</u></u>

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2025

	Balance at 1 April 2023 £	Incoming resources £	Resources expended £	Other recognised gains/(losses) £	Balance at 31 March 2024 £
Unrestricted funds					
<i>General</i>					
General	217,178	42,295	(44,845)	1,901	216,529
Restricted					
CADA	-	16,546	(16,546)	-	-
Grant & Fundraising Officer	19,699	-	(19,699)	-	-
Boots	4,705	10,000	(11,834)	-	2,871
Children In Need 2022 - 2025	1,910	32,862	(31,617)	-	3,155
Lottery cost of living uplift 22/23	53,352	-	(22,159)	-	31,193
MOJ	4,489	42,573	(39,764)	-	7,298
Safer Streets	13,124	-	(13,124)	-	-
Big Lottery 2022-2025	53,227	120,613	(103,243)	-	70,597
Charles Hayward	-	21,000	(21,000)	-	-
Family Team	5,000	-	(1,935)	-	3,065
CADA Therapy	-	53,252	(53,252)	-	-
Mansfield Building Society	3,500	1,500	(1,943)	-	3,057
FPS Global Charities	-	32,500	(32,121)	-	379
Access to work	-	19,760	(18,662)	-	1,098
Total restricted funds	<u>159,006</u>	<u>350,606</u>	<u>(386,899)</u>	<u>-</u>	<u>122,713</u>
Total funds	<u><u>376,184</u></u>	<u><u>392,901</u></u>	<u><u>(431,744)</u></u>	<u><u>1,901</u></u>	<u><u>339,242</u></u>

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2025

Description of Restricted funds:

CADA – Therapeutic support which consists of Ontario providing DART to families, or 1:1 therapeutic intervention;

Grant & Fundraising Officer - This was funding from previous years for salaries and has now all been spent;

Boots - Funding for the Referral and Assessment Worker's Salary;

Children in Need – Funded the Domestic Abuse Children's outreach worker;

The National Lottery Fund – Funded the family team to support families affected by domestic abuse this included part funding of the art therapy service;

MOJ - Funding Young Person's IDVA;

Safer Streets – Funded a partnership post with NIDAS and Ashfield District Council within the complex case team to support vulnerable families in the Ashfield District;

Charles Hayward - Funded the salary of the Domestic Abuse Outreach Worker;

Mansfield Building Society – Provided art therapy resources and contributed to providing an art therapy room for clients;

FPS Global Charities - for Family Support and Referral and Assessment Worker;

Family Team - for Family Support;

Access to work - for staff identified as having an additional need and were provided equipment/support through Access to Work.

17 Analysis of net assets between funds

	Unrestricted		2025
	General	Restricted	Total funds
	£	£	£
Tangible fixed assets	377	-	377
Current assets	158,460	189,098	347,558
Current liabilities	(7,026)	-	(7,026)
Total net assets	151,811	189,098	340,909

	Unrestricted		2024
	General	Restricted	Total funds
	£	£	£
Tangible fixed assets	2,152	-	2,152
Fixed asset investments	42,697	-	42,697
Current assets	201,025	122,713	323,738
Current liabilities	(29,345)	-	(29,345)
Total net assets	216,529	122,713	339,242

Accounts

Company registration number: 05201290

Charity registration number: 1105613

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2024

Community Accounting Plus
Units 1 and 2, North West
41 Talbot Street
Nottingham
NG1 5GL

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Contents

Reference and Administrative Details	1
Trustees' Report	2 to 6
Independent Examiner's Report	7
Statement of Financial Activities	8 to 9
Balance Sheet	10
Notes to the Financial Statements	11 to 21

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Reference and Administrative Details

Trustees	Martin Cook, Chair Tarra Carrington, Treasurer Ash Ruan Botes Cathy Hornby
Senior Management Team	Leanne McGachan, Service Delivery Manager, appointed July 2020 Sarah Dagley, CEO, appointed Nov 2020
Charity Registration Number	1105613
Company Registration Number	05201290
Registered Office	Unit 1b, Birch House Ransom Wood Business Park Mansfield NG21 0HJ
Independent Examiner	John O'Brien, employee of Community Accounting Plus Units 1 and 2, North West 41 Talbot Street Nottingham NG1 5GL

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2024.

Trustees and officers

The trustees and officers serving during the year and since the year end were as follows:

Trustees:	Stephen Brady (resigned 12 April 2024)
	Martin Cook, Chair (appointed 29 January 2024)
	Tarra Carrington, Treasurer
	Jayne Bouch (resigned 25 March 2024)
	Emma McLaughlin (resigned 18 October 2024)
	Ash Ruan Botes
	Cathy Hornby

Structure, governance and management

Nature of governing document

The charity is a company limited by guarantee and registered charity. It is operated under the rules of its memorandum and articles of association dated 9th August 2004 and most recently amended 7th November 2018. It has no share capital and the liability of each member in the event of winding-up is limited to £10.

Recruitment and appointment of trustees

The board of Trustees are responsible for the recruitment of Trustees they are supported through the process by the CEO. Potential new Trustees attend an interview conducted by the Chair and CEO then invited along to a board meeting as an observer. New Trustees are elected and co-opted under the terms of the Memorandum and Articles of Association.

NIDAS periodically advertise for new Trustee positions through advertising in the local media, volunteer community services, social media and with specialist services.

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Trustees' Report

Objectives and activities

Objects and aims

NIDAS supports women and families with all aspects of domestic abuse. We believe being free from abuse is only the start of the journey. We support women to stay safe, grow their self-esteem and go on to build happy, healthy relationships. Our team work in a kind, caring and non-judgemental way, providing personalised support for as long as it is needed.

Our vision is for women and families to lead fulfilling lives, free from domestic abuse. Our mission is to provide practical and emotional support to help women move on from abuse and rebuild their confidence, choice and control.

Objectives, strategies and activities

NIDAS offer practical and emotional support to help women and families understand how domestic abuse may have affected them, their relationships and family dynamics.

Support with NIDAS can include:

- Safety planning
- Risk management
- Domestic abuse awareness
- Advocacy
- Family intervention
- Group programmes
- Art Therapy

Public benefit

Raising awareness of domestic abuse and increasing the knowledge within the community of the different types of domestic abuse can help victims feel safe and supported to leave a relationship, but can also help you to identify signs for the future.

Individual/families referred to NIDAS will have a safety plan tailored to their needs, which can help identify risk and support to achieve a multi agency approach to manage risk.

Early intervention work with children and young people can help to develop the skills they need to lead happy, healthy successful lives. It can improve the quality of children's home lives and family relationships, increase educational attainment and support good mental health.

Art therapy is a form of psychotherapy that uses art as a way of communicating and expressing thoughts, feelings and emotions. It can help people work through life experiences that they may find difficult to put into words.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Trustees' Report

Achievements and performance

98 referrals into CYP service

53 completed a programme of support on a 1:1 basis

137 referrals into the family service

63 completed programme of support on a 1:1 or a group basis

55 referrals into the art therapy service

35 completed a programme of support

Case study

Referral and presenting issues

Sarah* self referred into NIDAS in November 2021 as she had experienced domestic abuse from her ex partner. Sarah* was living in another city with her abusive partner. She fled from her abusive relationship and moved back in with her family. Sarah* was in the relationship with her ex partner for 18 months and is currently 7 months pregnant.

Whilst Sarah* was in a relationship with her ex-partner she experienced emotional abuse, physical abuse and coercive control. Sarah* was still in contact with her ex partner after she left the relationship and he was still controlling her and expecting her to reply to texts within a certain amount of time. Social services were also involved and advised Sarah* that her ex-partner couldn't have contact with the baby.

Sarah* also experienced domestic abuse in a previous relationship and had a difficult childhood, she stated she stayed in a hostel and had been in abusive relationships and she didn't have a good relationship with her mum. Sarah* stated her ex partner would drink excessively and when he had been drinking the abuse would get worse. Sarah* also has two children from a previous relationship. Sarah* stated her ex partner was abusive to her eldest daughter and he has slapped her and also put a sock in her mouth on one occasion. Sarah* stated this incident is what made her decide to leave the relationship so she asked her family for help. She stated her aunty helped her book a train ticket and she left the house whilst her ex partner was at work, however he found out she was leaving as he had a tracker on her phone which she didn't know about. Sarah* managed to leave and she had the tracker removed off her phone.

Sarah* also struggles with her mental health and has suffered from post-natal depression in the past. Sarah* disclosed that she also has thoughts of self-harming and has self-harmed in the past. Sarah* is currently receiving help for her mental health from Millbrook.

Work completed

Sarah* was allocated to the Domestic Abuse Outreach Worker at NIDAS and is completing one to one support sessions around domestic abuse. A safety plan and DASH were completed with Sarah* in her first session. The DASH was monitored throughout her support to supervise the level of risk.

After completing the recovery outcomes form with Sarah*, a sessions plan was created to ensure she received the correct support. The sessions consisted of; types of domestic abuse and why people stay in abusive relationships, healthy and unhealthy relationships, power and control wheel, how DV impacts children's and her relationship as a mother and work around confidence and self-esteem.

Sarah* also required support around housing as she was living with family and sharing a bedroom with her two young daughters. Our Domestic Abuse Outreach worker supported Sarah* by providing her with a housing supporting letter which assisted her to a house move. Sarah* also required support in obtaining some furniture for her property which our Domestic Abuse Outreach Worker helped her to get via the Household Support Scheme, the items included a fridge, freezer, two beds and two mattresses. This Scheme was also able to provide some food vouchers which Sarah* was able to use to buy school uniforms for her children.

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Trustees' Report

Outcomes

Sarah* was struggling with her mental health and was having thoughts of harming herself and her unborn baby. A referral was completed into the perinatal mental health midwife to ensure Sarah* was receiving the right support to help her. Sarah's* eldest daughter was also struggling with her emotions due to what she had experienced from Sarah's* ex partner which led to a referral being completed into the Children and Young Persons worker at NIDAS.

Our Domestic Abuse Outreach Worker also attended a child in need meeting to advocate on behalf of Sarah*. A report was also provided prior to the meeting to inform the social worker of the work that would be completed with Sarah*.

As a result of the support from our Domestic Abuse Outreach worker Sarah* was able to move into suitable accommodation where her and her children had their own bedrooms and she also has a spare bedroom for when she has the baby. Sarah* was also supported in getting some furniture which she required for the property as her children were having to sleep on the floor as they didn't have beds. Our Outreach Worker was also able to ensure Sarah* got the support she needed for her mental health by making the necessary referrals.

The awareness raising sessions were helpful for Sarah* as she was able to understand and recognize that her ex partner was abusive and was continuing to be abusive via text messages after she had left him.

Feedback

"I just want to say thank you so much for all the support I've had, having my own place has helped me with my mental health as I've got my own space and I'm so grateful for the beds because it means my kids don't have to sleep on the floor".

Financial review

Due to the complexity of the different funders that we have there are 9 different budgets for each funder that all have a different year end. Each budget is in line to spend the funding within the specified timescales, and where they are not, extensions have been requested.

Policy on reserves

Our reserves policy is to have 3 months running costs in our reserve which we currently have. Due to each of our funding budgets ending at different times this does effect the size of the reserves required. Currently our reserves are based on the charities closing costs. Reserve funds come from donations to the charity.

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Trustees' Report

Statement of Trustees' Responsibilities

The trustees (who are also the directors of Nottinghamshire Independent Domestic Abuse Services (NIDAS) for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland". The report and accounts have been prepared in accordance with the provisions in the Companies Act 2006 relating to small companies.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including its income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards, comprising FRS 102 have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records that can disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Small companies provision statement

This report has been prepared in accordance with the small companies regime under the Companies Act 2006.

The annual report was approved by the trustees of the charity on 16 December 2024 and signed on its behalf by:



Martin Cook
Trustee

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Independent Examiner's Report to the trustees of Nottinghamshire Independent Domestic Abuse Services (NIDAS) ('the Company')

Independent examiner's report to the trustees of Nottinghamshire Independent Domestic Abuse Services (NIDAS) ('the Company')

I report to the charity trustees on my examination of the accounts of the company for the year ended 31 March 2024.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

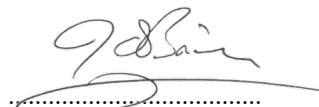
Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member and Fellow of the Association of Charity Independent Examiners, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



John O'Brien, employee of Community Accounting Plus
Fellow of the Association of Charity Independent Examiners

Units 1 and 2, North West
41 Talbot Street
Nottingham
NG1 5GL

Date: 17/12/2024

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Statement of Financial Activities for the Year Ended 31 March 2024 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted funds £	Restricted funds £	Total 2024 £	Total 2023 £
Income from:					
Donations and legacies	2	24,693	-	24,693	32,515
Charitable activities	3	530	350,606	351,136	389,465
Investment income	5	17,072	-	17,072	6,554
Total Income		<u>42,295</u>	<u>350,606</u>	<u>392,901</u>	<u>428,534</u>
Expenditure on:					
Charitable activities	6	<u>(44,845)</u>	<u>(386,899)</u>	<u>(431,744)</u>	<u>(440,281)</u>
Total Expenditure		<u>(44,845)</u>	<u>(386,899)</u>	<u>(431,744)</u>	<u>(440,281)</u>
Gains/losses on investment assets		<u>1,901</u>	<u>-</u>	<u>1,901</u>	<u>-</u>
Other recognised gains and losses					
Net movement in funds		(649)	(36,293)	(36,942)	(11,747)
Reconciliation of funds					
Total funds brought forward		<u>217,178</u>	<u>159,006</u>	<u>376,184</u>	<u>387,931</u>
Total funds carried forward	17	<u><u>216,529</u></u>	<u><u>122,713</u></u>	<u><u>339,242</u></u>	<u><u>376,184</u></u>

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for the period is shown in note 17.

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Statement of Financial Activities for the Year Ended 31 March 2024 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted funds £	Restricted funds £	Total 2023 £
Income and Endowments from:				
Donations and legacies	2	32,515	-	32,515
Charitable activities	3	8,335	381,130	389,465
Investment income	5	6,554	-	6,554
Total income		47,404	381,130	428,534
Expenditure on:				
Charitable activities	6	(80,445)	(359,836)	(440,281)
Total expenditure		(80,445)	(359,836)	(440,281)
Net (expenditure)/income		(33,041)	21,294	(11,747)
Transfers between funds		31,468	(31,468)	-
Net movement in funds		(1,573)	(10,174)	(11,747)
Reconciliation of funds				
Total funds brought forward		218,751	169,180	387,931
Total funds carried forward	17	217,178	159,006	376,184

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

(Registration number: 05201290)
Balance Sheet as at 31 March 2024

	Note	2024 £	2023 £
Fixed assets			
Tangible assets	10	2,152	4,309
Investments	11	42,697	38,936
		<u>44,849</u>	<u>43,245</u>
Current assets			
Debtors	12	7,356	69,374
Cash at bank and in hand		316,382	279,300
		<u>323,738</u>	<u>348,674</u>
Creditors: Amounts falling due within one year	13	<u>(29,345)</u>	<u>(15,735)</u>
Net current assets		<u>294,393</u>	<u>332,939</u>
Net assets		<u>339,242</u>	<u>376,184</u>
Funds of the charity:			
Restricted income funds			
Restricted funds	17	122,713	159,006
Unrestricted income funds			
Unrestricted funds		<u>216,529</u>	<u>217,178</u>
Total funds	17	<u>339,242</u>	<u>376,184</u>

For the financial year ending 31 March 2024 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

The financial statements on pages 8 to 21 were approved by the trustees, and authorised for issue on 16 December 2024 and signed on their behalf by:



Martin Cook
Trustee

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2024

1 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)) (issued in October 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Basis of preparation

Nottinghamshire Independent Domestic Abuse Services (NIDAS) meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern

The financial statements have been prepared on a going concern basis.

The trustees assess whether the use of going concern is appropriate i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the charity to continue as a going concern. The trustees make this assessment in respect of a period of one year from the date of approval of the financial statements.

Exemption from preparing a cash flow statement

Under the exemption available to smaller charities the Board of Trustees has chosen not to include a Statement of Cash Flows within the financial statements.

Income and endowments

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2024

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Individual fixed assets costing £500.00 or more are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Computer equipment	33.3% straight line
Furniture & equipment	25.0% straight line

Fixed asset investments

Fixed asset investments, other than programme related investments, are included at market value at the balance sheet date. Realised gains and losses on investments are calculated as the difference between sales proceeds and their market value at the start of the year, or their subsequent cost, and are charged or credited to the Statement of Financial Activities in the period of disposal.

Unrealised gains and losses represent the movement in market values during the year and are credited or charged to the Statement of Financial Activities based on the market value at the year end.

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2024

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted income funds are those grants for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme for employees. The assets of the scheme are held separately from those of the charity. Pension costs charges in the Statement of Financial Activities represent the contributions payable by the charity during the year.

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2024

2 Income from donations and legacies

	Unrestricted funds General £	Total 2024 £	Total 2023 £
Donations and legacies;			
Donations from individuals	10,927	10,927	16,549
Grants, including capital grants;			
Government grants	8,070	8,070	-
Grants from other charities	5,696	5,696	13,500
Grants from companies	-	-	2,466
	<u>24,693</u>	<u>24,693</u>	<u>32,515</u>

3 Income from charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2024 £	Total 2023 £
Grants & donations	-	350,606	350,606	381,130
Sales & fees	530	-	530	8,335
	<u>530</u>	<u>350,606</u>	<u>351,136</u>	<u>389,465</u>

4 Grants & donations

	Unrestricted funds £	Restricted funds £	Total £
Access to work	570	19,760	20,330
BBC Children in Need	-	32,862	32,862
FPS Global Charities	5,000	32,500	37,500
Big Lottery	-	120,613	120,613
Charles Hayward	-	21,000	21,000
Boots	-	10,000	10,000
Donations	10,927	-	10,927
Gift Aid	696	-	696
Mansfield Building Society	-	1,500	1,500
Notts Police Crime Commissioner	-	112,371	112,371
MDC Safer Streets Project	7,500	-	7,500
	<u>24,693</u>	<u>350,606</u>	<u>375,299</u>

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2024

5 Investment income

	Unrestricted funds General £	Total 2024 £	Total 2023 £
Interest receivable and similar income;			
Interest receivable on bank deposits	14,405	14,405	6,554
Other income from fixed asset investments	2,667	2,667	-
	<u>17,072</u>	<u>17,072</u>	<u>6,554</u>

6 Expenditure on charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2024 £	Total 2023 £
Project cost & client support	19	7,633	7,652	8,319
Computer & IT	620	4,869	5,489	5,242
Evaluation fees	-	2,413	2,413	2,400
Insurance	-	2,087	2,087	2,056
Memberships & subscriptions	361	281	642	492
Telephone & postage	607	2,607	3,214	928
Professional fees & consultancy	8,947	3,683	12,630	10,072
Office supplies, photocopying and printing	1,115	3,880	4,995	2,633
Marketing, communications & generating funds	-	14,300	14,300	8,939
Recruitment	-	-	-	3,249
Rent, services & utilities	7,838	32,819	40,657	25,721
Travel & staff expenses	-	4,738	4,738	5,025
Sundry expenses	133	-	133	194
Supervision	-	-	-	2,528
Bank charges	915	-	915	15
Training	-	465	465	18,053
Agency Staff	-	13,195	13,195	9,037
Depreciation	3,286	-	3,286	6,228
Investment management charges	807	-	807	196
Wages, NI & pensions	15,140	275,126	290,266	326,635
Staff support costs	1,413	18,803	20,216	349
Loss on investment	-	-	-	1,897
Volunteer expenses	-	-	-	73
Moving costs 2023	3,644	-	3,644	-
	<u>44,845</u>	<u>386,899</u>	<u>431,744</u>	<u>440,281</u>

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2024

7 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

8 Fees payable to independent examiner

During the period, the fees payable (excluding VAT) to the charity's independent examiner Community Accounting Plus are analysed as follows:

	2024 £	2023 £
Independent examination	1,250	1,135
	<u>1,250</u>	<u>1,135</u>

9 Staff costs

The aggregate payroll costs were as follows:

	2024 £	2023 £
Staff costs during the year were:		
Wages and salaries	256,576	297,542
Social security costs	23,488	22,351
Pension costs	<u>10,202</u>	<u>6,742</u>
	<u>290,266</u>	<u>326,635</u>

The monthly average number of persons (including senior management team) employed by the charity during the year was as follows:

	2024 No	2023 No
Average weekly no. of employees	<u>11</u>	<u>12</u>

10 (2023 - 10) of the above employees participated in the Defined Contribution Pension Schemes.

Contributions to the employee pension schemes for the year totalled £10,202 (2023 - £6,742).

No employee received emoluments of more than £60,000 during the year.

The total employee benefits of the key management personnel of the charity were £71,997 (2023 - £88,170).

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2024

10 Tangible fixed assets

	Furniture and equipment £	Computer equipment £	Total £
Cost			
At 1 April 2023	19,015	18,704	37,719
Additions	-	1,130	1,130
At 31 March 2024	<u>19,015</u>	<u>19,834</u>	<u>38,849</u>
Depreciation			
At 1 April 2023	19,015	14,396	33,411
Charge for the year	-	3,286	3,286
At 31 March 2024	<u>19,015</u>	<u>17,682</u>	<u>36,697</u>
Net book value			
At 31 March 2024	<u>-</u>	<u>2,152</u>	<u>2,152</u>
At 31 March 2023	<u>-</u>	<u>4,308</u>	<u>4,308</u>

11 Fixed asset investments

	2024 £	2023 £
Other investments	<u>42,697</u>	<u>38,936</u>

Other investments

	Listed investments £	Total £
Cost or Valuation		
At 1 April 2023	38,936	38,936
Revaluation	<u>3,761</u>	<u>3,761</u>
At 31 March 2024	<u>42,697</u>	<u>42,697</u>
Net book value		
At 31 March 2024	<u>42,697</u>	<u>42,697</u>
At 31 March 2023	<u>38,936</u>	<u>38,936</u>

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2024

12 Debtors

	2024 £	2023 £
Prepayments	1,057	3,058
Accrued income	-	66,316
Other debtors	6,299	-
	<u>7,356</u>	<u>69,374</u>

13 Creditors: amounts falling due within one year

	2024 £	2023 £
Trade creditors	20,114	-
Other taxation and social security	7,625	5,038
Accruals	1,606	10,697
	<u>29,345</u>	<u>15,735</u>

14 Taxation

The charity is a registered charity and is therefore exempt from taxation.

15 Charity status

The charity is a company limited by guarantee and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £10 towards the assets of the charity in the event of liquidation.

16 Related party transactions

There were no related party transactions in the year.

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2024

17 Funds

	Balance at 1 April 2023 £	Incoming resources £	Resources expended £	Other recognised gains/(losses) £	Balance at 31 March 2024 £
Unrestricted funds					
<i>General</i>					
General	217,178	42,295	(44,845)	1,901	216,529
Restricted funds					
CADA	-	16,546	(16,546)	-	-
Grant & Fundraising Officer	19,699	-	(19,699)	-	-
Boots	4,705	10,000	(11,834)	-	2,871
Children In Need 2022 - 2025	1,910	32,862	(31,617)	-	3,155
Lottery cost of living uplift 22/23	53,352	-	(22,159)	-	31,193
MOJ	4,489	42,573	(39,764)	-	7,298
Safer Streets	13,124	-	(13,124)	-	-
Big Lottery 2022-2025	53,227	120,613	(103,243)	-	70,597
Charles Hayward	-	21,000	(21,000)	-	-
Family Team	5,000	-	(1,935)	-	3,065
CADA Therapy	-	53,252	(53,252)	-	-
Mansfield Building Society	3,500	1,500	(1,943)	-	3,057
FPS Global Charities	-	32,500	(32,121)	-	379
Access to work	-	19,760	(18,662)	-	1,098
Total restricted funds	<u>159,006</u>	<u>350,606</u>	<u>(386,899)</u>	<u>-</u>	<u>122,713</u>
Total funds	<u><u>376,184</u></u>	<u><u>392,901</u></u>	<u><u>(431,744)</u></u>	<u><u>1,901</u></u>	<u><u>339,242</u></u>

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2024

	Balance at 1 April 2022 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2023 £
Unrestricted funds					
<i>General</i>					
General	218,751	47,404	(80,445)	31,468	217,178
Restricted					
CADA	-	25,628	(25,628)	-	-
Grant & Fundraising Officer	20,000	27,500	(7,801)	(20,000)	19,699
Boots	-	-	(5,295)	10,000	4,705
Children In Need 2022 - 2025	-	32,878	(30,393)	(575)	1,910
Family Intervention Service	40,859	-	(25,877)	(14,982)	-
IT equipment	1,500	-	-	(1,500)	-
Lottery cost of living uplift 22/23	-	56,139	(2,787)	-	53,352
MOJ	-	36,536	(32,047)	-	4,489
CYP Outreach Worker Management Team	23,583 286	- -	(2,583) -	(21,000) (286)	- -
Civil & Family Court	25,437	-	-	(25,437)	-
National Grid	-	2,000	(1,909)	(91)	-
Safer Streets	-	21,000	(7,876)	-	13,124
Teen Worker	57,515	-	(66,022)	8,507	-
Big Lottery 2022-2025	-	130,261	(92,016)	14,982	53,227
Charles Hayward	-	-	(21,000)	21,000	-
Family Team	-	5,000	-	-	5,000
CADA Therapy	-	40,688	(38,602)	(2,086)	-
Mansfield Building Society	-	3,500	-	-	3,500
Total restricted funds	<u>169,180</u>	<u>381,130</u>	<u>(359,836)</u>	<u>(31,468)</u>	<u>159,006</u>
Total funds	<u><u>387,931</u></u>	<u><u>428,534</u></u>	<u><u>(440,281)</u></u>	<u><u>-</u></u>	<u><u>376,184</u></u>

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2024

Description of Restricted funds:

CADA – Therapeutic support which consists of Ontario providing DART to families, or 1:1 therapeutic intervention;

Grant & Fundraising Officer - This was funding from previous years for salaries and has now all been spent;

Boots - Funding for the Referral and Assessment Worker's Salary;

Children in Need – Funded the Domestic Abuse Children's outreach worker;

The National Lottery Fund – Funded the family team to support families affected by domestic abuse this included part funding of the art therapy service;

MOJ - Funding Young Person's IDVA;

Safer Streets – Funded a partnership post with NIDAS and Ashfield District Council within the complex case team to support vulnerable families in the Ashfield District;

Charles Hayward - Funded the salary of the Domestic Abuse Outreach Worker;

Mansfield Building Society – Provided art therapy resources and contributed to providing an art therapy room for clients;

FPS Global Charities - for Family Support and Referral and Assessment Worker;

Access to work - for staff identified as having an additional need and were provided equipment/support through Access to Work.

18 Analysis of net assets between funds

	Unrestricted		2024
	General £	Restricted £	Total funds £
Tangible fixed assets	2,152	-	2,152
Fixed asset investments	42,697	-	42,697
Current assets	201,025	122,713	323,738
Current liabilities	(29,345)	-	(29,345)
Total net assets	<u>216,529</u>	<u>122,713</u>	<u>339,242</u>
	Unrestricted		2023
	General £	Restricted £	Total funds £
Tangible fixed assets	4,309	-	4,309
Fixed asset investments	38,936	-	38,936
Current assets	189,668	159,006	348,674
Current liabilities	(15,735)	-	(15,735)
Total net assets	<u>217,178</u>	<u>159,006</u>	<u>376,184</u>

Accounts

Company registration number: 05201290

Charity registration number: 1105613

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2023

Community Accounting Plus
Units 1 and 2, North West
41 Talbot Street
Nottingham
NG1 5GL

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Contents

Reference and Administrative Details	1
Trustees' Report	2 to 6
Independent Examiner's Report	7
Statement of Financial Activities	8 to 9
Balance Sheet	10
Notes to the Financial Statements	11 to 21

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Reference and Administrative Details

Trustees	Stephen Brady, Chair
	Tarra Carrington, Treasurer
	Jayne Bouch
	Emma McLaughlin
	Ash Ruan Botes
	Cathy Hornby
Senior Management Team	Leanne McGachan, Service Delivery Manager, appointed July 2020
	Sarah Dagley, CEO, appointed Nov 2020
Charity Registration Number	1105613
Company Registration Number	05201290
Principal Office	Mansfield Business Centre
	Ashfield Avenue
	Mansfield
	Notts
	NG18 2AE
Independent Examiner	John O'Brien, employee of
	Community Accounting Plus
	Units 1 and 2, North West
	41 Talbot Street
	Nottingham
	NG1 5GL

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2023.

Trustees and officers

The trustees and officers serving during the year and since the year end were as follows:

Trustees:	Stephen Brady, Chair
	Tarra Carrington, Treasurer
	David Woods (resigned 2 December 2022)
	Jayne Bouch
	Scott Turton (resigned 5 August 2022)
	Julie Sutherland (resigned 21 November 2022)
	Emma McLaughlin
	Ash Ruan Botes (appointed 5 August 2022)
	Cathy Hornby (appointed 27 March 2023)

Structure, governance and management

Nature of governing document

The charity is a company limited by guarantee and registered charity. It is operated under the rules of its memorandum and articles of association dated 9th August 2004 and most recently amended 7th November 2018. It has no share capital and the liability of each member in the event of winding-up is limited to £10.

Recruitment and appointment of trustees

The board of Trustees are responsible for the recruitment of Trustees they are supported through the process by the CEO. Potential new Trustees attend an interview conducted by the Chair and CEO then invited along to a board meeting as an observer. New Trustees are elected and co-opted under the terms of the Memorandum and Articles of Association.

NIDAS periodically advertise for new Trustee positions through advertising in the local media, volunteer community services, social media and with specialist services.

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Trustees' Report

Objectives and activities

Objects and aims

NIDAS supports women and families with all aspects of domestic abuse. We believe being free from abuse is only the start of the journey. We support women to stay safe, grow their self-esteem and go on to build happy, healthy relationships. Our team work in a kind, caring and non-judgemental way, providing personalised support for as long as it is needed.

Our vision is for women and families to lead fulfilling lives, free from domestic abuse. Our mission is to provide practical and emotional support to help women move on from abuse and rebuild their confidence, choice and control.

Objectives, strategies and activities

NIDAS offer practical and emotional support to help women and families understand how domestic abuse may have affected them, their relationships and family dynamics.

Support with NIDAS can include:

- Safety planning
- Risk management
- Domestic abuse awareness
- Advocacy
- Family intervention
- Group programmes
- Art Therapy

Public benefit

Raising awareness of domestic abuse and increasing the knowledge within the community of the different types of domestic abuse can help victims feel safe and supported to leave a relationship, but can also help you to identify signs for the future.

Individual/families referred to NIDAS will have a safety plan tailored to their needs, which can help identify risk and support to achieve a multi agency approach to manage risk.

Early intervention work with children and young people can help to develop the skills they need to lead happy, healthy successful lives. It can improve the quality of children's home lives and family relationships, increase educational attainment and support good mental health.

Art therapy is a form of psychotherapy that uses art as a way of communicating and expressing thoughts, feelings and emotions. It can help people work through life experiences that they may find difficult to put into words.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Trustees' Report

Achievements and performance

127 referrals into CYP service

65 children and YP completed a programme of support on a 1:1 basis

164 referrals into family service

90 adults completed a programme of support in a 1:1 or group setting

53 referrals into the Art Therapy service

3 CYP completed therapeutic programme of support

Case study

Referral and presenting issues

Louise (pseudonym) aged 13, was referred to the NIDAS therapy service by her mother after concerns were raised regarding Louise's mental health and her starting to self-harm.

Louise struggled with the loss of her Dad, due to him leaving the family home, and the changes that were occurring in her life due to this. Louise struggled with anxiety and panic attacks and seemed to be struggling to process what she had been through and to be able to settle in her 'new' life. Louise had a history of self-harm due to struggling with her anxiety and coping with her life experiences. Louise presented with difficulties with suicidal ideation, self-harm, depression, anxiety and loss.

Work completed

Agreed therapy aims:

- Understand and process grief/loss due to Dad leaving
- Understand Dad's change in behaviour after leaving
- Coping with self-harm/suicidal ideation - Healthy ways of coping with depression/anxiety

Sessions focused on Louise having the space to reflect on her past experiences and having a neutral person to talk to. Louise seemed to struggle talking about her past experiences as she felt that they would burden other people. Having a therapy space focused on her feelings gave Louise time to talk about her thoughts and feelings, and process what she had been through. Louise was able to use the therapy space to explore her anxiety, express her sadness, understand her relationships, and process her losses. Louise explored her past experiences and the emotions she had suppressed in relation to them. Louise used creativity to understand her 'messy' feelings, and muddle through the web of years of feelings she had internalised, giving them the time and space they needed to support her in understanding and processing them. Through this self-exploration, Louise was able to process her life experience and emotions, to build herself up to work towards a more positive future.

Louise used her sessions to explore her relationship with her parents, how these have changed, and that they mean to her. Louise was able to reflect on the complexity of her family life, and talk about how her family has changed, and how this has impacted on her life. Due to internalising her experiences and feelings, Louise was stuck in the past and struggling to see past what her family was, and what she feels her family should be now. Her own thoughts were competing with her real family situation, which was causing Louise distress and confusion. Through openly talking about and creatively expressing her family's history, Louise was able to see the full picture of her life, and reflect on her past, present, and future. This helped Louise to externalise her life, and to see it for what it was, rather than living in her internalised feelings, which was causing her distress. This encouraged Louise in building her confidence in coping with difficult situations and showed her her own resilience and strength. This allowed Louise to move from living in the past, to seeing her present life and feelings.

Louise was supported throughout sessions by her Mum, who attended the initial, review and final sessions. This allowed Louise to reflect on her relationship with her Mum and work with her Mum around continuing support at home and implementing the positive changes into her everyday life.

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Trustees' Report

Outcomes

Through self-exploration, expression, and creativity, Louise was able to process her life experiences and her mental health struggles impacted by this. Louise was able to give her emotions the space they needed to be expressed, and help her understand them. By doing so, Louise develop healthy ways of dealing with difficult feelings and situations, and was able to understand her ability to process difficult situations, and her strength in coping with them.

Outcome measures completed by client in the first and final sessions:

On a scale of 1 - 10 (10 being the highest) rate your struggles:

Anxiety: (Start of support) 8 / (End of support) 5

Self-Harm: (Start of support) 8 / (End of support) 4

Loss/Grief: (Start of support) 10 / (End of support) 1

Through assessment of Louise's strengths and difficulties (Outcome measures) positive change was evident in the following areas:

- Happiness
- Relationships
- Attainment at school
- Emotional wellbeing
- Coping with fears

Quotes from the client

Mum: '[Louise] was reluctant to talk to me about certain upsetting things and having a neutral person to listen to her has been invaluable. [Louise] has been in a better frame of mind at home and has talked about certain things to me. She is doing better at school and has worked really hard in trying to attend her classes'

Louise: 'In sessions I was able to make my own choices which made me feel confident. I felt listened to and understood which made me feel very welcomed. The art therapist understood me really well and took care. It helped me with my grief and my Dad leaving and it made me feel 10 times better about myself.'

Financial review

Due to the complexity of the different funders that we have there are 9 different budgets for each funder that all have a different year end. Each budget is in line to spend the funding within the specified time scales, and where they are not, extensions have been requested.

Policy on reserves

Our reserves policy is to have 3 months running costs in our reserve which we currently have. Due to each of our funding budgets ending at different times this does effect the size of the reserves required. Currently our reserves are based on the charities closing costs. Reserve funds come from donations to the charity.

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Trustees' Report

Statement of Trustees' Responsibilities

The trustees (who are also the directors of Nottinghamshire Independent Domestic Abuse Services (NIDAS) for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland". The report and accounts have been prepared in accordance with the provisions in the Companies Act 2006 relating to small companies.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including its income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards, comprising FRS 102 have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records that can disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Small companies provision statement

This report has been prepared in accordance with the small companies regime under the Companies Act 2006.

The annual report was approved by the trustees of the charity on 2 November 2023 and signed on its behalf by:


.....

Stephen Brady
Trustee

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Independent Examiner's Report to the trustees of Nottinghamshire Independent Domestic Abuse Services (NIDAS) ('the Company')

Independent examiner's report to the trustees of Nottinghamshire Independent Domestic Abuse Services (NIDAS) ('the Company')

I report to the charity trustees on my examination of the accounts of the company for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

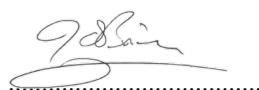
Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member and Fellow of the Association of Charity Independent Examiners, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



John O'Brien, employee of Community Accounting Plus
Fellow of the Association of Charity Independent Examiners

Units 1 and 2, North West
41 Talbot Street
Nottingham
NG1 5GL

Date: 15.11.2023.....

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Statement of Financial Activities for the Year Ended 31 March 2023 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted funds £	Restricted funds £	Total 2023 £	Total 2022 £
Income from:					
Donations and legacies	2	32,515	-	32,515	41,105
Charitable activities	3	8,335	381,130	389,465	371,583
Investment income	5	6,554	-	6,554	901
Total Income		<u>47,404</u>	<u>381,130</u>	<u>428,534</u>	<u>413,589</u>
Expenditure on:					
Charitable activities	6	<u>(80,445)</u>	<u>(359,836)</u>	<u>(440,281)</u>	<u>(382,344)</u>
Total Expenditure		<u>(80,445)</u>	<u>(359,836)</u>	<u>(440,281)</u>	<u>(382,344)</u>
Gains/losses on investment assets		<u>-</u>	<u>-</u>	<u>-</u>	<u>(144)</u>
Net (expenditure)/income		(33,041)	21,294	(11,747)	31,101
Transfers between funds		<u>31,468</u>	<u>(31,468)</u>	<u>-</u>	<u>-</u>
Other recognised gains and losses					
Net movement in funds		(1,573)	(10,174)	(11,747)	31,101
Reconciliation of funds					
Total funds brought forward		<u>218,751</u>	<u>169,180</u>	<u>387,931</u>	<u>356,830</u>
Total funds carried forward	17	<u>217,178</u>	<u>159,006</u>	<u>376,184</u>	<u>387,931</u>

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for the period is shown in note 17.

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Statement of Financial Activities for the Year Ended 31 March 2023 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted funds £	Restricted funds £	Total 2022 £
Income and Endowments from:				
Donations and legacies	2	41,105	-	41,105
Charitable activities	3	29,079	342,504	371,583
Investment income	5	901	-	901
Total income		<u>71,085</u>	<u>342,504</u>	<u>413,589</u>
Expenditure on:				
Charitable activities	6	<u>(51,793)</u>	<u>(330,551)</u>	<u>(382,344)</u>
Total expenditure		<u>(51,793)</u>	<u>(330,551)</u>	<u>(382,344)</u>
Gains/losses on investment assets		<u>(144)</u>	<u>-</u>	<u>(144)</u>
Net income		19,148	11,953	31,101
Transfers between funds		<u>1,352</u>	<u>(1,352)</u>	<u>-</u>
Net movement in funds		20,500	10,601	31,101
Reconciliation of funds				
Total funds brought forward		<u>198,251</u>	<u>158,579</u>	<u>356,830</u>
Total funds carried forward	17	<u><u>218,751</u></u>	<u><u>169,180</u></u>	<u><u>387,931</u></u>

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

(Registration number: 05201290)
Balance Sheet as at 31 March 2023

	Note	2023 £	2022 £
Fixed assets			
Tangible assets	10	4,309	6,349
Investments	11	<u>38,936</u>	<u>41,029</u>
		<u>43,245</u>	<u>47,378</u>
Current assets			
Debtors	12	69,374	1,425
Cash at bank and in hand		<u>279,300</u>	<u>341,754</u>
		348,674	343,179
Creditors: Amounts falling due within one year	13	<u>(15,735)</u>	<u>(2,626)</u>
Net current assets		<u>332,939</u>	<u>340,553</u>
Net assets		<u>376,184</u>	<u>387,931</u>
Funds of the charity:			
Restricted income funds			
Restricted funds	17	159,006	169,180
Unrestricted income funds			
Unrestricted funds		<u>217,178</u>	<u>218,751</u>
Total funds	17	<u>376,184</u>	<u>387,931</u>

For the financial year ending 31 March 2023 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

The financial statements on pages 8 to 21 were approved by the trustees, and authorised for issue on 2 November 2023 and signed on their behalf by:


.....
Stephen Brady
Trustee

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2023

1 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)) (issued in October 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Basis of preparation

Nottinghamshire Independent Domestic Abuse Services (NIDAS) meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern

The financial statements have been prepared on a going concern basis.

The trustees assess whether the use of going concern is appropriate i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the charity to continue as a going concern. The trustees make this assessment in respect of a period of one year from the date of approval of the financial statements.

Exemption from preparing a cash flow statement

The charity opted to early adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

Income and endowments

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2023

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Individual fixed assets costing £500.00 or more are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Computer equipment	33.3% straight line
Furniture & equipment	25.0% straight line

Fixed asset investments

Fixed asset investments, other than programme related investments, are included at market value at the balance sheet date. Realised gains and losses on investments are calculated as the difference between sales proceeds and their market value at the start of the year, or their subsequent cost, and are charged or credited to the Statement of Financial Activities in the period of disposal.

Unrealised gains and losses represent the movement in market values during the year and are credited or charged to the Statement of Financial Activities based on the market value at the year end.

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2023

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted income funds are those grants for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme for employees. The assets of the scheme are held separately from those of the charity. Pension costs charges in the Statement of Financial Activities represent the contributions payable by the charity during the year.

2 Income from donations and legacies

	Unrestricted funds General £	Total 2023 £	Total 2022 £
Donations and legacies;			
Donations from companies, trusts and similar proceeds	-	-	32,405
Donations from individuals	16,549	16,549	-
Grants, including capital grants;			
Government grants	-	-	500
Grants from other charities	13,500	13,500	8,200
Grants from companies	2,466	2,466	-
	<u>32,515</u>	<u>32,515</u>	<u>41,105</u>

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2023

3 Income from charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2023 £	Total 2022 £ (As restated)
Grants & donations	-	381,130	381,130	342,504
Sales & fees	8,335	-	8,335	28,950
Sundry income	-	-	-	129
	<u>8,335</u>	<u>381,130</u>	<u>389,465</u>	<u>371,583</u>

4 Grants & donations

	Unrestricted funds £	Restricted funds £	Total £
Ashfield District Council	-	21,000	21,000
Big Lottery	-	186,400	186,400
BBC Children in need	-	32,878	32,878
Brook Trust	-	27,500	27,500
Grocers Charity	-	5,000	5,000
Mansfield building society	-	3,500	3,500
National Grid	-	2,000	2,000
Nottinghamshire Police & Crime Commissioner	-	102,852	102,852
Other donations	32,515	-	32,515
	<u>32,515</u>	<u>381,130</u>	<u>413,645</u>

5 Investment income

	Unrestricted funds General £	Total 2023 £	Total 2022 £
Interest receivable and similar income;			
Interest receivable on bank deposits	6,554	6,554	164
Other income from fixed asset investments	-	-	737
	<u>6,554</u>	<u>6,554</u>	<u>901</u>

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2023

6 Expenditure on charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2023 £	Total 2022 £
Activities & materials	10	791	801	10,099
Project cost & client support	708	6,810	7,518	5,623
Computer & IT	1,102	4,140	5,242	3,127
Evaluation fees	-	2,400	2,400	2,100
Housekeeping	-	-	-	354
Insurance	-	2,056	2,056	2,930
Memberships & subscriptions	162	330	492	40
Telephone & postage	407	521	928	2,333
Professional fees & consultancy	1,949	8,123	10,072	8,897
Office supplies, photocopying and printing	66	2,567	2,633	3,078
Marketing, communications & generating funds	44	8,421	8,465	750
Recruitment	-	3,249	3,249	330
Rent, services & utilities	92	25,629	25,721	26,760
Travel & staff expenses	-	5,025	5,025	3,340
Sundry expenses	71	123	194	2
Supervision	-	2,528	2,528	1,920
Advertising/ Promotional	-	474	474	372
Bank charges	15	-	15	-
Training	10,378	7,675	18,053	4,043
DBS	-	106	106	-
Depreciation	6,228	-	6,228	4,834
Investment management charges	196	-	196	205
Wages, NI & pensions	55,564	271,071	326,635	274,820
Settlements	-	-	-	26,387
Agency Staff	1,440	7,597	9,037	-
Staff support costs	98	145	243	-
Loss on investment	1,897	-	1,897	-
Volunteer expenses	18	55	73	-
	<u>80,445</u>	<u>359,836</u>	<u>440,281</u>	<u>382,344</u>

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2023

7 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

8 Fees payable to independent examiner

During the period, the fees payable (excluding VAT) to the charity's independent examiner Community Accounting Plus are analysed as follows:

	2023 £	2022 £
Independent examination	1,135	1,080
	<u>1,135</u>	<u>1,080</u>

9 Staff costs

The aggregate payroll costs were as follows:

	2023 £	2022 £
Staff costs during the year were:		
Wages and salaries	297,542	252,147
Social security costs	22,351	15,759
Pension costs	<u>6,742</u>	<u>6,914</u>
	<u>326,635</u>	<u>274,820</u>

The monthly average number of persons (including senior management team) employed by the charity during the year was as follows:

	2023 No	2022 No
Average weekly no. of employees	<u>12</u>	<u>12</u>

10 (2022 - 10) of the above employees participated in the Defined Contribution Pension Schemes.

Contributions to the employee pension schemes for the year totalled £6,742 (2022 - £6,914).

No employee received emoluments of more than £60,000 during the year.

The total employee benefits of the key management personnel of the charity were £88,170 (2022 - £78,647).

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2023

10 Tangible fixed assets

	Furniture and equipment £	Computer equipment £	Total £
Cost			
At 1 April 2022	19,015	14,516	33,531
Additions	-	4,188	4,188
At 31 March 2023	19,015	18,704	37,719
Depreciation			
At 1 April 2022	19,015	8,167	27,182
Charge for the year	-	6,228	6,228
At 31 March 2023	19,015	14,395	33,410
Net book value			
At 31 March 2023	-	4,309	4,309
At 31 March 2022	-	6,349	6,349

11 Fixed asset investments

	2023 £	2022 £
Other investments	38,936	41,029

Other investments

	Listed investments £	Total £
Cost or Valuation		
At 1 April 2022	41,029	41,029
Revaluation	(2,093)	(2,093)
At 31 March 2023	38,936	38,936
Net book value		
At 31 March 2023	38,936	38,936
At 31 March 2022	41,029	41,029

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2023

12 Debtors

	2023 £	2022 £
Prepayments	3,058	1,425
Accrued income	66,316	-
	<u>69,374</u>	<u>1,425</u>

13 Creditors: amounts falling due within one year

	2023 £	2022 £
Other creditors	5,038	2,626
Accruals	10,697	-
	<u>15,735</u>	<u>2,626</u>

14 Taxation

The charity is a registered charity and is therefore exempt from taxation.

15 Charity status

The charity is a company limited by guarantee and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £10 towards the assets of the charity in the event of liquidation.

16 Related party transactions

There were no related party transactions in the year.

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2023

17 Funds

	Balance at 1 April 2022 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2023 £
Unrestricted funds					
<i>General</i>					
General	218,751	47,404	(80,445)	31,468	217,178
Restricted funds					
Grant & Fundraising Officer	20,000	27,500	(7,801)	(20,000)	19,699
IT equipment	1,500	-	-	(1,500)	-
Family Intervention Service	40,859	-	(25,877)	(14,982)	-
CYP Outreach Worker	23,583	-	(2,583)	(21,000)	-
Civil & Family Court	25,437	-	-	(25,437)	-
Management Team	286	-	-	(286)	-
Teen Worker	57,515	-	(66,022)	8,507	-
CADA	-	25,628	(25,628)	-	-
Boots	-	-	(5,295)	10,000	4,705
Children In Need 2022 - 2025	-	32,878	(30,393)	(575)	1,910
Lottery cost of living uplift 22/23	-	56,139	(2,787)	-	53,352
MOJ	-	36,536	(32,047)	-	4,489
National Grid	-	2,000	(1,909)	(91)	-
Safer Streets	-	21,000	(7,876)	-	13,124
Big Lottery 2022-2025	-	130,261	(92,016)	14,982	53,227
Charles Hayward	-	-	(21,000)	21,000	-
Family Team	-	5,000	-	-	5,000
CADA Therapy	-	40,688	(38,602)	(2,086)	-
Mansfield Building Society	-	3,500	-	-	3,500
Total restricted funds	<u>169,180</u>	<u>381,130</u>	<u>(359,836)</u>	<u>(31,468)</u>	<u>159,006</u>
Total funds	<u><u>387,931</u></u>	<u><u>428,534</u></u>	<u><u>(440,281)</u></u>	<u><u>-</u></u>	<u><u>376,184</u></u>

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2023

Description of Restricted funds:

ADC-Safer Streets – Funded a partnership post with NIDAS and Ashfield District Council within the complex case team to support vulnerable families in the Ashfield District

Big Lottery – Funded the family team to support families affected by domestic abuse this included part funding of the art therapy service

CIN – Funded the Domestic Abuse Children's outreach worker

Brook Trust – Funded grant and fundraising provision within NIDAS

Grocers Charity – Contributed towards the family team service

Mansfield Building Society – Provided art therapy resources and contributed to providing an art therapy room for clients

National Grid – This funding enabled us to provide bespoke luxury Christmas hampers for our families during the festive period

Nottinghamshire Police & Crime Commissioner : MOJ funds the YPIDVA post, CADA part funds the Art Therapy service and the delivery of two DART programmes per year

The transfer from the CADA Therapy and Children In Need fund to the General fund represents the net book value of fixed assets, the use of which is not subject to any restriction.

The transfer from the General fund to the restricted funds is to cover the activity in these projects.

	Balance at 1 April 2021 £	Incoming resources £	Resources expended £	Transfers £	Other recognised gains/(losses) £	Balance at 31 March 2022 £
Unrestricted funds						
<i>General</i>						
General	198,251	71,085	(51,793)	1,352	(144)	218,751
Restricted						
Grant & Fundraising Officer	20,000	-	-	-	-	20,000
Volunteer Co-ordinator	2,718	-	(2,718)	-	-	-
IT equipment	1,500	-	-	-	-	1,500
Family Intervention Service	72,517	152,645	(183,849)	(454)	-	40,859
Service Delivery	146	25,000	(25,146)	-	-	-
CYP Outreach Worker	4,327	60,534	(40,380)	(898)	-	23,583
Civil & Family Court	26,973	35,363	(36,899)	-	-	25,437
Management Team	18,008	-	(17,722)	-	-	286
Teen Worker	12,390	68,962	(23,837)	-	-	57,515
Total restricted funds	<u>158,579</u>	<u>342,504</u>	<u>(330,551)</u>	<u>(1,352)</u>	<u>-</u>	<u>169,180</u>
Total funds	<u><u>356,830</u></u>	<u><u>413,589</u></u>	<u><u>(382,344)</u></u>	<u><u>-</u></u>	<u><u>(144)</u></u>	<u><u>387,931</u></u>

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2023

18 Analysis of net assets between funds

	Unrestricted		2023
	General	Restricted	Total funds
	£	£	£
Tangible fixed assets	4,309	-	4,309
Fixed asset investments	38,936	-	38,936
Current assets	189,668	159,006	348,674
Current liabilities	(15,735)	-	(15,735)
Total net assets	<u>217,178</u>	<u>159,006</u>	<u>376,184</u>
	Unrestricted		2022
	General	Restricted	Total funds
	£	£	£
Tangible fixed assets	6,349	-	6,349
Fixed asset investments	41,029	-	41,029
Current assets	171,373	171,806	343,179
Current liabilities	-	(2,626)	(2,626)
Total net assets	<u>218,751</u>	<u>169,180</u>	<u>387,931</u>

Accounts

Company registration number: 05201290

Charity registration number: 1105613

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2022

Community Accounting Plus
Units 1 and 2, North West
41 Talbot Street
Nottingham
NG1 5GL

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Contents

Reference and Administrative Details	1
Trustees' Report	2 to 5
Independent Examiner's Report	6
Statement of Financial Activities	7 to 8
Balance Sheet	9
Notes to the Financial Statements	10 to 19

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Reference and Administrative Details

Trustees	Stephen Brady, Chair David Woods, Treasurer Jayne Bouch Scott Turton Tarra Carrington Julie Sutherland Emma McLaughlin
Senior Management Team	Leanne McGachan, Service Delivery Manager, appointed July 2020 Sarah Dagley, CEO, appointed Nov 2020
Charity Registration Number	1105613
Company Registration Number	05201290
Principal Office	Mansfield Business Centre Ashfield Avenue Mansfield Notts NG18 2AE
Independent Examiner	John O'Brien, employee of Community Accounting Plus Units 1 and 2, North West 41 Talbot Street Nottingham NG1 5GL

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2022.

Trustees and officers

The trustees and officers serving during the year and since the year end were as follows:

Trustees:	Stephen Brady, Chair
	David Woods, Treasurer (appointed 7 March 2022)
	Jayne Bouch
	Scott Turton
	Tarra Carrington (appointed 7 March 2022)
	Julie Sutherland (appointed 13 December 2021)
	Emma McLaughlin (appointed 13 December 2021)
	Lynn Farebrother (resigned 17 January 2022)

Structure, governance and management

Nature of governing document

The charity is a company limited by guarantee and registered charity. It is operated under the rules of its memorandum and articles of association dated 9th August 2004 and most recently amended 7th November 2018. It has no share capital and the liability of each member in the event of winding-up is limited to £10.

Recruitment and appointment of trustees

The board of trustees are responsible for the recruitment of trustees they are supported through the process by the CEO. New trustees who are elected and co-opted under the terms of the Memorandum and Articles of Association.

NIDAS periodically advertise for trustee positions through advertising in the local media, volunteer community services and with specialist services.

Potential new trustees are invited to complete an application form highlighting their skills and specific experience relevant for the role.

Potential trustees are shortlisted and invited to interview if they meet the specific criteria. Interviews are conducted by a board member and the CEO.

Potential new trustees are invited along to observe a board meeting before the board each vote on the individual's suitability for the role. Unsuccessful candidates are notified and thanked for their interest. The recruitment of trustees is subject to satisfactory references.

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Trustees' Report

Objectives and activities

Objects and aims

NIDAS (Nottinghamshire Independent Domestic Abuse Service) is a specialist domestic abuse charity working in Mansfield and Ashfield. We are a support and advice service for women and families affected by domestic abuse.

The aims of the organisation are to provide:

- Protect - Victims of abuse and support them to become survivors;
- Support - Families with their recovery process and agencies with specialist services;
- Prevent - Repeat incidents, serious harm and domestic homicides;
- Empower - Families to access services by raising awareness of domestic violence and abuse.

Objectives, strategies and activities

- Rapid, accessible support and risk assessments for women experiencing domestic abuse;
- Practical domestic abuse support for women and children including recognising the signs, safety planning and managing risk;
- Emotional support during and after domestic abuse, to rebuild self-esteem, confidence and family relationships;
- Wider holistic support, by signposting to the services of trusted partners and advocacy with other agencies;
- Building support networks by awareness raising amongst family members, professionals and other charities;
- A skilled and financially sustainable organisation to deliver this support.

Public benefit

NIDAS takes a non-directive and non-judgemental approach when delivering services and supporting families. Access to services is dependent on the wishes of women and their families to engage with the organisation. The measurable difference NIDAS makes to every individual they work with is:

1. Improved safety;
2. Increased confidence and self esteem;
3. Increased support networks and reduced isolation;
4. Greater resilience;
5. Reduce risk of harm;
6. Increased awareness and knowledge of healthy relationships
5. Reduced risk of harm;
6. Increased awareness and knowledge of healthy relationships.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Trustees' Report

Achievements and performance

There have been a number of internal changes to better utilise the skills within the team and to structure the team for growth.

We have introduced a family team coordinator to oversee the family service. We have expanded the capacity of recovery support, which saw the introduction of Domestic Abuse Outreach Workers who have accessed DAPA training further upskilling the team.

We have introduced a family team support worker that is working with both male and female non abusive parents in a family setting, to rebuild the family unit after abuse.

We have introduced Art Therapy offering 1-1 therapy as well as dyadic work to build family relationships to ensure long term outcomes for survivors.

NIDAS have had a complete rebrand which has given us a new fresher identity that is in line with our strategic aims. As part of this rebranding process, we have also launched a new website to ensure we are reaching our target audience

Financial review

Due to the complexity of the different funders that we have there are 7 different budgets for each funder that all have a different year end. Each budget is in line to spend the funding within the specified timescales, and where they are not, extensions have been requested.

Policy on reserves

Our reserves policy is to have 3 months running costs in our reserve which we currently have. Due to each of our funding budgets ending at different times this does affect the size of the reserves required. Currently our reserves are based on the charities closing costs. Reserve funds come from donations to the charity.

Major risks and management of those risks

Financial risk

The financial risk that we face is being unable to renew or replace funders that come to an end.

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Trustees' Report

Statement of Trustees' Responsibilities

The trustees (who are also the directors of Nottinghamshire Independent Domestic Abuse Services (NIDAS) for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations. The report and accounts have been prepared in accordance with the provisions in the Companies Act 2006 relating to small companies.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Small companies provision statement

This report has been prepared in accordance with the small companies regime under the Companies Act 2006.

The annual report was approved by the trustees of the charity on 28/11/22 and signed on its behalf by:


.....
Stephen Brady
Trustee

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Independent Examiner's Report to the trustees of Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Independent examiner's report to the trustees of Nottinghamshire Independent Domestic Abuse Services (NIDAS) ('the Company')

I report to the charity trustees on my examination of the accounts of the company for the year ended 31 March 2022.

Responsibilities and basis of report

As the charity's trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member and Fellow of the Association of Charity Independent Examiners, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



John O'Brien, employee of Community Accounting Plus
Fellow of the Association of Charity Independent Examiners

Units 1 and 2, North West
41 Talbot Street
Nottingham
NG1 5GL

22.11.22

Date:.....

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Statement of Financial Activities for the Year Ended 31 March 2022 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted funds £	Restricted funds £	Total 2022 £	Total 2021 £
Income from:					
Donations and legacies	2	41,105	-	41,105	78,697
Charitable activities	3	29,079	342,504	371,583	339,353
Investment income	5	901	-	901	718
Total Income		<u>71,085</u>	<u>342,504</u>	<u>413,589</u>	<u>418,768</u>
Expenditure on:					
Charitable activities	6	<u>(51,793)</u>	<u>(330,551)</u>	<u>(382,344)</u>	<u>(289,832)</u>
Total Expenditure		<u>(51,793)</u>	<u>(330,551)</u>	<u>(382,344)</u>	<u>(289,832)</u>
Gains/losses on investment assets		<u>(144)</u>	<u>-</u>	<u>(144)</u>	<u>4,579</u>
Net income		19,148	11,953	31,101	133,515
Transfers between funds		<u>1,352</u>	<u>(1,352)</u>	<u>-</u>	<u>-</u>
Other recognised gains and losses					
Net movement in funds		20,500	10,601	31,101	133,515
Reconciliation of funds					
Total funds brought forward		<u>198,251</u>	<u>158,579</u>	<u>356,830</u>	<u>223,315</u>
Total funds carried forward	14	<u>218,751</u>	<u>169,180</u>	<u>387,931</u>	<u>356,830</u>

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for the period is shown in note 14.

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

**Statement of Financial Activities for the Year Ended 31 March 2022
(Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)**

	Note	Unrestricted funds £	Restricted funds £	Total 2021 £
Income and Endowments from:				
Donations and legacies	2	78,697	-	78,697
Charitable activities	3	-	339,353	339,353
Investment income	5	718	-	718
Total income		<u>79,415</u>	<u>339,353</u>	<u>418,768</u>
Expenditure on:				
Charitable activities	6	<u>(9,026)</u>	<u>(280,806)</u>	<u>(289,832)</u>
Total expenditure		<u>(9,026)</u>	<u>(280,806)</u>	<u>(289,832)</u>
Gains/losses on investment assets		<u>4,579</u>	<u>-</u>	<u>4,579</u>
Net income		74,968	58,547	133,515
Transfers between funds		<u>498</u>	<u>(498)</u>	<u>-</u>
Net movement in funds		75,466	58,049	133,515
Reconciliation of funds				
Total funds brought forward		<u>122,785</u>	<u>100,530</u>	<u>223,315</u>
Total funds carried forward	14	<u><u>198,251</u></u>	<u><u>158,579</u></u>	<u><u>356,830</u></u>

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

(Registration number: 05201290)
Balance Sheet as at 31 March 2022

	Note	2022 £	2021 £
Fixed assets			
Tangible assets	10	6,349	6,936
Investments	11	<u>41,029</u>	<u>40,641</u>
		<u>47,378</u>	<u>47,577</u>
Current assets			
Debtors	12	1,425	2,344
Cash at bank and in hand		<u>341,754</u>	<u>308,169</u>
		343,179	310,513
Creditors: Amounts falling due within one year	13	<u>(2,626)</u>	<u>(1,260)</u>
Net current assets		<u>340,553</u>	<u>309,253</u>
Net assets		<u>387,931</u>	<u>356,830</u>
Funds of the charity:			
Restricted income funds			
Restricted funds	14	169,180	158,579
Unrestricted income funds			
Unrestricted funds		<u>218,751</u>	<u>198,251</u>
Total funds	14	<u>387,931</u>	<u>356,830</u>

For the financial year ending 31 March 2022 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

The financial statements on pages 7 to 19 were approved by the trustees, and authorised for issue on 28/11/22 and signed on their behalf by:



Stephen Brady
Trustee

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2022

1 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)) (issued in October 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Basis of preparation

Nottinghamshire Independent Domestic Abuse Services (NIDAS) meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern

The financial statements have been prepared on a going concern basis.

The trustees assess whether the use of going concern is appropriate i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the charity to continue as a going concern. The trustees make this assessment in respect of a period of one year from the date of approval of the financial statements.

Exemption from preparing a cash flow statement

The charity opted to adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

Income and endowments

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2022

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Individual fixed assets costing £500.00 or more are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Computer equipment	33.3% straight line
Furniture & equipment	25.0% straight line

Fixed asset investments

Fixed asset investments, other than programme related investments, are included at market value at the balance sheet date. Realised gains and losses on investments are calculated as the difference between sales proceeds and their market value at the start of the year, or their subsequent cost, and are charged or credited to the Statement of Financial Activities in the period of disposal.

Unrealised gains and losses represent the movement in market values during the year and are credited or charged to the Statement of Financial Activities based on the market value at the year end.

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2022

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted income funds are those grants for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme for employees. The assets of the scheme are held separately from those of the charity. Pension costs charges in the Statement of Financial Activities represent the contributions payable by the charity during the year.

2 Income from donations and legacies

	Unrestricted funds General £	Total 2022 £	Total 2021 £
Donations and legacies;			
Donations from companies, trusts and similar proceeds	32,405	32,405	59,009
Grants, including capital grants;			
Government grants	500	500	19,688
Grants from other charities	8,200	8,200	-
	<u>41,105</u>	<u>41,105</u>	<u>78,697</u>

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2022

3 Income from charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2022 £	Total 2021 £
Grants & donations	-	342,504	342,504	339,353
Sales & fees	28,950	-	28,950	-
Sundry income	129	-	129	-
	<u>29,079</u>	<u>342,504</u>	<u>371,583</u>	<u>339,353</u>

4 Grants & donations

	Unrestricted funds £	Restricted funds £	Total £
50 Fund	2,200	-	2,200
Boots	-	10,000	10,000
Loreal UK Ltd	10,000	-	10,000
Charles Hayward	-	21,000	21,000
Lloyds Foundation	-	25,000	25,000
Children in need	-	39,534	39,534
Longhurst	-	5,000	5,000
Mary Robertson Trust	3,000	-	3,000
National Lottery Community Fund	-	147,645	147,645
Nottinghamshire CK	-	59,962	59,962
Pilgrim Trust	-	20,363	20,363
Police and Crime Commissioner	-	14,000	14,000
Sir Jules Thorn Trust	1,000	-	1,000
Sundry grants & donations	22,905	-	22,905
Speedomick Foundation	2,000	-	2,000
	<u>41,105</u>	<u>342,504</u>	<u>383,609</u>

5 Investment income

	Unrestricted funds General £	Total 2022 £	Total 2021 £
Interest receivable and similar income;			
Interest receivable on bank deposits	164	164	-
Other income from fixed asset investments	737	737	718
	<u>901</u>	<u>901</u>	<u>718</u>

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2022

6 Expenditure on charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2022 £	Total 2021 £
Activities & materials	8,969	1,130	10,099	1,252
Project cost & client support	5,616	7	5,623	214
Computer & IT	64	3,063	3,127	5,609
Evaluation fees	-	2,100	2,100	2,400
Housekeeping	-	354	354	385
Insurance	-	2,930	2,930	3,058
Memberships & subscriptions	-	40	40	382
Telephone & postage	210	2,123	2,333	2,527
Professional fees & consultancy	-	8,897	8,897	13,022
Office supplies, photocopying and printing	1,606	1,472	3,078	1,389
Marketing, communications & generating funds	750	-	750	1,227
Recruitment	330	-	330	-
Rent, services & utilities	-	26,760	26,760	23,184
Travel & staff expenses	182	3,158	3,340	1,875
Supervision	-	1,920	1,920	588
Advertising/ Promotional	173	199	372	-
Training	416	3,627	4,043	5,216
Depreciation	4,159	675	4,834	3,333
Investment management charges	205	-	205	714
Wages, NI & pensions	2,724	272,096	274,820	223,238
Settlements	26,387	-	26,387	-
Sundry expenses	2	-	2	219
	51,793	330,551	382,344	289,832

7 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2022

8 Fees payable to independent examiner

During the period, the fees payable (excluding VAT) to the charity's independent examiner Community Accounting Plus are analysed as follows:

	2022 £	2021 £
Independent examination	1,080	1,050
	<u>1,080</u>	<u>1,050</u>

9 Staff costs

The aggregate payroll costs were as follows:

	2022 £	2021 £
Staff costs during the year were:		
Wages and salaries	252,147	206,007
Social security costs	15,759	11,706
Pension costs	6,914	5,525
	<u>274,820</u>	<u>223,238</u>

The monthly average number of persons (including senior management team) employed by the charity during the year was as follows:

	2022 No	2021 No
Average weekly no. of employees	<u>12</u>	<u>12</u>

10 (2021 - 9) of the above employees participated in the Defined Contribution Pension Schemes.

Contributions to the employee pension schemes for the year totalled £6,914 (2021 - £5,525).

No employee received emoluments of more than £60,000 during the year.

The total employee benefits of the key management personnel of the charity were £78,647 (2021 - £48,248).

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2022

10 Tangible fixed assets

	Furniture and equipment £	Computer equipment £	Total £
Cost			
At 1 April 2021	19,015	10,269	29,284
Additions	-	4,247	4,247
At 31 March 2022	19,015	14,516	33,531
Depreciation			
At 1 April 2021	19,015	3,333	22,348
Charge for the year	-	4,834	4,834
At 31 March 2022	19,015	8,167	27,182
Net book value			
At 31 March 2022	-	6,349	6,349
At 31 March 2021	-	6,936	6,936

11 Fixed asset investments

	2022 £	2021 £
Other investments	41,029	40,641

Other investments

	Listed investments £	Total £
Cost or Valuation		
At 1 April 2021	40,641	40,641
Revaluation	388	388
At 31 March 2022	41,029	41,029
Net book value		
At 31 March 2022	41,029	41,029
At 31 March 2021	40,641	40,641

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2022

12 Debtors

	2022 £	2021 £
Prepayments	<u>1,425</u>	<u>2,344</u>

13 Creditors: amounts falling due within one year

	2022 £	2021 £
Other creditors	<u>2,626</u>	<u>1,260</u>

14 Funds

	Balance at 1 April 2021 £	Incoming resources £	Resources expended £	Transfers £	Other recognised gains/(losses) £	Balance at 31 March 2022 £
Unrestricted funds						
<i>General</i>						
General	198,251	71,085	(51,793)	1,352	(144)	218,751
Restricted funds						
Grant & Fundraising Officer	20,000	-	-	-	-	20,000
Volunteer Co-ordinator	2,718	-	(2,718)	-	-	-
IT equipment	1,500	-	-	-	-	1,500
Family Intervention Service	72,517	152,645	(183,849)	(454)	-	40,859
Service Delivery	146	25,000	(25,146)	-	-	-
CYP Outreach Worker	4,327	60,534	(40,380)	(898)	-	23,583
Civil & Family Court	26,973	35,363	(36,899)	-	-	25,437
Management Team	18,008	-	(17,722)	-	-	286
Teen Worker	12,390	68,962	(23,837)	-	-	57,515
Total restricted funds	<u>158,579</u>	<u>342,504</u>	<u>(330,551)</u>	<u>(1,352)</u>	<u>-</u>	<u>169,180</u>
Total funds	<u><u>356,830</u></u>	<u><u>413,589</u></u>	<u><u>(382,344)</u></u>	<u><u>-</u></u>	<u><u>(144)</u></u>	<u><u>387,931</u></u>

The transfer from the Big lottery and Children in need fund to the General fund represents the net book value of fixed assets, the use of which is not subject to any restriction.

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2022

	Balance at 1 April 2020 £	Incoming resources £	Resources expended £	Transfers £	Other recognised gains/(losses) £	Balance at 31 March 2021 £
Unrestricted funds						
<i>General</i>						
General	122,785	79,415	(9,026)	498	4,579	198,251
<i>Restricted</i>						
Grant & Fundraising Officer	-	20,000	-	-	-	20,000
Volunteer Co-ordinator	5,862	-	(3,144)	-	-	2,718
IT equipment	-	3,500	(2,000)	-	-	1,500
Family Intervention Service	46,423	167,520	(140,928)	(498)	-	72,517
Service Delivery	14,613	25,000	(39,467)	-	-	146
CYP Outreach Worker	(4,004)	39,867	(31,536)	-	-	4,327
Civil & Family Court	26,480	32,822	(32,329)	-	-	26,973
Management Team	5,920	20,000	(7,912)	-	-	18,008
Teen Worker	5,236	30,644	(23,490)	-	-	12,390
Total restricted funds	<u>100,530</u>	<u>339,353</u>	<u>(280,806)</u>	<u>(498)</u>	<u>-</u>	<u>158,579</u>
Total funds	<u>223,315</u>	<u>418,768</u>	<u>(289,832)</u>	<u>-</u>	<u>4,579</u>	<u>356,830</u>

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2022

15 Analysis of net assets between funds

	Unrestricted		2022
	General	Restricted	Total funds
	£	£	£
Tangible fixed assets	6,349	-	6,349
Fixed asset investments	41,029	-	41,029
Current assets	171,373	171,806	343,179
Current liabilities	-	(2,626)	(2,626)
Total net assets	218,751	169,180	387,931

	Unrestricted		2021
	General	Restricted	Total funds
	£	£	£
Tangible fixed assets	6,936	-	6,936
Fixed asset investments	40,641	-	40,641
Current assets	150,674	159,839	310,513
Current liabilities	-	(1,260)	(1,260)
Total net assets	198,251	158,579	356,830

16 Taxation

The charity is a registered charity and is therefore exempt from taxation.

17 Related party transactions

There were no related party transactions in the year.

18 Charity status

The charity is a company limited by guarantee and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £10 towards the assets of the charity in the event of liquidation.

Accounts

Company registration number: 05201290

Charity registration number: 1105613

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2021

Community Accounting Plus
Units 1 and 2, North West
41 Talbot Street
Nottingham
NG1 5GL

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Contents

Reference and Administrative Details	1
Trustees' Report	2 to 5
Independent Examiner's Report	6
Statement of Financial Activities	7 to 8
Balance Sheet	9
Notes to the Financial Statements	10 to 19

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Reference and Administrative Details

Trustees	Lynn Farebrother Jayne Bouch Stephen Brady, Chair Scott Turton
Senior Management Team	Leanne McGachan, Service Delivery Manager, appointed July 2020 Sarah Dagley, CEO, appointed Nov 2020
Principal Office	Mansfield Business Centre Ashfield Avenue Mansfield Notts NG18 2AE
Company Registration Number	05201290
Charity Registration Number	1105613
Independent Examiner	John O'Brien, employee of Community Accounting Plus Units 1 and 2, North West 41 Talbot Street Nottingham NG1 5GL

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2021.

Trustees

Lynn Farebrother

Jayne Bouch

Stephen Brady, Chair

Scott Turton

Philip Shaw (resigned 6 June 2021)

Amanda Squires (resigned 28 June 2021)

Emma Dove (resigned 31 October 2021)

Structure, governance and management

Nature of governing document

The charity is a company limited by guarantee and registered charity. It is operated under the rules of its memorandum and articles of association dated 9th August 2004 and most recently amended 7th November 2018. It has no share capital and the liability of each member in the event of winding-up is limited to £10.

Recruitment and appointment of trustees

The board of trustees are responsible for the recruitment of trustees they are supported through the process by the CEO. New trustees who are elected and co-opted under the terms of the Memorandum and Articles of Association.

NIDAS periodically advertise for trustee positions through advertising in the local media, volunteer community services and with specialist services.

Potential new trustees are invited to complete an application form highlighting their skills and specific experience relevant for the role.

Potential trustees are shortlisted and invited to interview if they meet the specific criteria. Interviews are conducted by a board member and the CEO.

Potential new trustees are invited along to observe a board meeting before the board each vote on the individual's suitability for the role. Unsuccessful candidates are notified and thanked for their interest. The recruitment of trustees is subject to satisfactory references.

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Trustees' Report

Objectives and activities

Objects and aims

NIDAS (Nottinghamshire Independent Domestic Abuse Service) is a specialist domestic abuse charity working in Mansfield and Ashfield. We are a support and advice service for women and families affected by domestic abuse.

The aims of the organisation are to:

Protect - Victims of abuse and support them to become survivors;

Support - Families with their recovery process and agencies with specialist services;

Prevent - Repeat incidents, serious harm and domestic homicides;

Empower - Families to access services by raising awareness of domestic violence and abuse.

Objectives, strategies and activities

- Rapid, accessible support and risk assessments for women experiencing domestic abuse;
- Practical domestic abuse support for women and children including recognising the signs, safety planning and managing risk;
- Emotional support during and after domestic abuse, to rebuild self-esteem, confidence and family relationships;
- Wider holistic support, by signposting to the services of trusted partners and advocacy with other agencies;
- Building support networks by awareness raising amongst family members, professionals and other charities;
- A skilled and financially sustainable organisation to deliver this support.

Public benefit

NIDAS takes a non-directive and non-judgemental approach when delivering services and supporting families. Access to services is dependent on the wishes of women and their families to engage with the organisation. The measurable difference NIDAS makes to every individual they work with is:

1. Improved safety;
2. Increased confidence and self esteem;
3. Increased support networks and reduced isolation;
4. Greater resilience;
5. Reduced risk of harm;
6. Increased awareness and knowledge of healthy relationships.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Trustees' Report

Achievements and performance

NIDAS continued to support women and children throughout COVID. At the start of lockdown in March 2020 NIDAS moved to virtual support for clients. As restrictions started to ease NIDAS resumed face to face support for women, families, children and young people. Face to face support continued during lockdown two and lockdown three which meant that clients could continue the support they required.

As we moved into a second lockdown we offered clients the opportunity to access our 'Safe Space'. This scheme was an opportunity to access support virtually for clients that were not able to access support due to living at home with their perpetrator or if they were not able to access virtual support.

The Freedom Programme was delivered twice over the last 12 months due to COVID this was delivered virtually.

In November 2020 Sarah Dagley joined the NIDAS team as the CEO.

NIDAS have started developing our new strategic plan as part of this process we have revisited the Vision and Mission of the organisation.

Our Social Media presence continues to increase sharing a range of resources and awareness raising articles. This increased presence ensures that we can reach a wider audience and offer support and awareness of how to seek help when required.

Financial review

Due to the complexity of the different funders that we have there are 7 different budgets for each funder that all have a different year end. This said, each budget is in line to spend the funding within the specified timescales, and where they are not, extensions have been requested.

Policy on reserves

Our reserves policy is to have 3 months running costs in our reserve which we currently have. Due to each of our funding budgets ending at different times this does affect the size of the reserves required. Currently our reserves are based on the charities closing costs. Reserve funds come from donations to the charity.

Principal risks and uncertainties

Financial risk

The financial risk that we face is being unable to renew or replace funders that come to an end.

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Trustees' Report

Statement of Trustees' Responsibilities

The trustees (who are also the directors of Nottinghamshire Independent Domestic Abuse Services (NIDAS) for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Small companies provision statement

This report has been prepared in accordance with the small companies regime under the Companies Act 2006.

The annual report was approved by the trustees of the charity on 13/12/2024 and signed on its behalf by:



Stephen Brady
Trustee

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Independent Examiner's Report to the trustees of Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Independent examiner's report to the trustees of Nottinghamshire Independent Domestic Abuse Services (NIDAS) ('the Company')

I report to the charity trustees on my examination of the accounts of the company for the year ended 31 March 2021.

Responsibilities and basis of report

As the charity's trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member and Fellow of the Association of Charity Independent Examiners, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



John O'Brien, employee of Community Accounting Plus
Fellow of the Association of Charity Independent Examiners

Units 1 and 2, North West
41 Talbot Street
Nottingham
NG1 5GL

Date: 17/12/2021

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Statement of Financial Activities for the Year Ended 31 March 2021 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted funds £	Restricted funds £	Total 2021 £	Total 2020 £
Income from:					
Donations and legacies	2	78,697	-	78,697	39,753
Charitable activities	3	-	339,353	339,353	306,147
Investment income	5	718	-	718	1,681
Total Income		<u>79,415</u>	<u>339,353</u>	<u>418,768</u>	<u>347,581</u>
Expenditure on:					
Charitable activities	6	<u>(9,026)</u>	<u>(280,806)</u>	<u>(289,832)</u>	<u>(283,279)</u>
Total Expenditure		<u>(9,026)</u>	<u>(280,806)</u>	<u>(289,832)</u>	<u>(283,279)</u>
Gains/losses on investment assets		<u>4,579</u>	<u>-</u>	<u>4,579</u>	<u>(2,573)</u>
Net income		74,968	58,547	133,515	61,729
Transfers between funds		<u>498</u>	<u>(498)</u>	<u>-</u>	<u>-</u>
Other recognised gains and losses					
Net movement in funds		75,466	58,049	133,515	61,729
Reconciliation of funds					
Total funds brought forward		<u>122,785</u>	<u>100,530</u>	<u>223,315</u>	<u>161,586</u>
Total funds carried forward	15	<u>198,251</u>	<u>158,579</u>	<u>356,830</u>	<u>223,315</u>

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for the period is shown in note 15.

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Statement of Financial Activities for the Year Ended 31 March 2021 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

These are the figures for the previous accounting period and are included for comparative purposes

	Note	Unrestricted funds £	Restricted funds £	Total 2020 £
Income and Endowments from:				
Donations and legacies	2	39,753	-	39,753
Charitable activities	3	2,000	304,147	306,147
Investment income	5	1,681	-	1,681
Total income		<u>43,434</u>	<u>304,147</u>	<u>347,581</u>
Expenditure on:				
Charitable activities	6	<u>(4,803)</u>	<u>(278,476)</u>	<u>(283,279)</u>
Total expenditure		<u>(4,803)</u>	<u>(278,476)</u>	<u>(283,279)</u>
Gains/losses on investment assets		<u>(2,573)</u>	<u>-</u>	<u>(2,573)</u>
Net income		36,058	25,671	61,729
Transfers between funds		<u>(6,645)</u>	<u>6,645</u>	<u>-</u>
Net movement in funds		29,413	32,316	61,729
Reconciliation of funds				
Total funds brought forward		<u>93,372</u>	<u>68,214</u>	<u>161,586</u>
Total funds carried forward	15	<u><u>122,785</u></u>	<u><u>100,530</u></u>	<u><u>223,315</u></u>

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

(Registration number: 05201290)
Balance Sheet as at 31 March 2021

	Note	2021 £	2020 £
Fixed assets			
Tangible assets	11	6,936	9,523
Investments	12	<u>40,641</u>	<u>36,058</u>
		<u>47,577</u>	<u>45,581</u>
Current assets			
Debtors	13	2,344	2,556
Cash at bank and in hand		<u>308,169</u>	<u>177,511</u>
		310,513	180,067
Creditors: Amounts falling due within one year	14	<u>(1,260)</u>	<u>(2,333)</u>
Net current assets		<u>309,253</u>	<u>177,734</u>
Net assets		<u>356,830</u>	<u>223,315</u>
Funds of the charity:			
Restricted income funds			
Restricted funds		158,579	100,530
Unrestricted income funds			
Unrestricted funds		<u>198,251</u>	<u>122,785</u>
Total funds	15	<u>356,830</u>	<u>223,315</u>

For the financial year ending 31 March 2021 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

13/4/2021 The financial statements on pages 7 to 19 were approved by the trustees, and authorised for issue on and signed on their behalf by:


Stephen Brady
Trustee

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2021

1 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). They also comply with the Companies Act 2006 and Charities Act 2011.

Basis of preparation

Nottinghamshire Independent Domestic Abuse Services (NIDAS) meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern

The financial statements have been prepared on a going concern basis.

The trustees assess whether the use of going concern is appropriate i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the charity to continue as a going concern. The trustees make this assessment in respect of a period of one year from the date of approval of the financial statements.

Exemption from preparing a cash flow statement

The charity opted to adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

Income and endowments

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2021

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Individual fixed assets costing £500.00 or more are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Computer equipment	33.3% straight line
Furniture & equipment	25.0% straight line

Fixed asset investments

Fixed asset investments, other than programme related investments, are included at market value at the balance sheet date. Realised gains and losses on investments are calculated as the difference between sales proceeds and their market value at the start of the year, or their subsequent cost, and are charged or credited to the Statement of Financial Activities in the period of disposal.

Unrealised gains and losses represent the movement in market values during the year and are credited or charged to the Statement of Financial Activities based on the market value at the year end.

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2021

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted income funds are those grants for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme for employees. The assets of the scheme are held separately from those of the charity. Pension costs charges in the Statement of Financial Activities represent the contributions payable by the charity during the year.

2 Income from donations and legacies

	Unrestricted funds		
	General	Total	Total
	£	2021	2020
		£	£
Donations and legacies;			
Donations from companies, trusts and similar proceeds	59,009	59,009	36,290
Grants, including capital grants;			
Government grants	19,688	19,688	1,200
Grants from other charities	-	-	313
Grants from companies	-	-	1,950
	<u>78,697</u>	<u>78,697</u>	<u>39,753</u>

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2021

3 Income from charitable activities

	Restricted funds £	Total 2021 £	Total 2020 £
Grants & donations	339,353	339,353	304,147
Consultancy fees	-	-	2,000
	<u>339,353</u>	<u>339,353</u>	<u>306,147</u>

4 Grants & donations

	Unrestricted funds £	Restricted funds £	Total £
National Lottery Community Fund	-	154,915	154,915
BBC Children In Need	-	48,767	48,767
Brook Trust	-	30,000	30,000
Lloyds Foundation	-	25,000	25,000
Pilgrim Trust	-	22,822	22,822
Boots	-	10,000	10,000
Trusthouse Community Fund	-	10,000	10,000
Nottinghamshire PCC	4,170	9,560	13,730
Nottinghamshire CK	-	7,634	7,634
The Longhurst Group	-	5,000	5,000
The Sun Reader Fund	20,000	-	20,000
HMRC JRS	9,440	-	9,440
Severn Trent Water	4,965	1,855	6,820
The Kelly Family Charitable Trust	-	5,000	5,000
Noel Buxton Trust	5,000	3,500	8,500
The Jones Charitable Trust	5,000	-	5,000
Nottingham City Council	3,128	-	3,128
Souter Charitable Trust	3,000	-	3,000
Mary Robertson Trust	3,000	-	3,000
St James' Place Foundation	2,500	-	2,500
Mansfield District Council	2,200	-	2,200
Nelsons Solicitors	-	2,000	2,000
Open Gate	2,000	-	2,000
Ashfield District Council	750	1,200	1,950
Midland Legal Support Trust	1,788	-	1,788
Masonic Charitable Trust	1,250	-	1,250
The Austin & Hope Pilkington Trust	1,000	-	1,000
Sundry grants & donations	<u>9,506</u>	<u>2,100</u>	<u>11,606</u>
	<u>78,697</u>	<u>339,353</u>	<u>418,050</u>

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2021

5 Investment income

	Unrestricted funds		
	General	Total	Total
	£	2021	2020
		£	£
Interest receivable and similar income;			
Interest receivable on bank deposits	-	-	876
Other income from fixed asset investments	718	718	805
	<u>718</u>	<u>718</u>	<u>1,681</u>

6 Expenditure on charitable activities

	Unrestricted funds			
	General	Restricted	Total	Total
	£	funds	2021	2020
		£	£	£
Activities & materials	-	1,252	1,252	2,825
Client support	150	64	214	138
Computer & IT	-	5,609	5,609	4,955
Evaluation fees	-	2,400	2,400	3,250
Housekeeping	-	385	385	510
Insurance	-	3,058	3,058	1,789
Memberships & subscriptions	-	382	382	235
Telephone & postage	-	2,527	2,527	1,083
Professional fees & consultancy	274	12,748	13,022	14,515
Office supplies & photocopying	50	1,339	1,389	4,609
Marketing & communications	364	863	1,227	660
Rent, services & utilities	-	23,184	23,184	21,665
Staff expenses	167	1,708	1,875	4,045
Sundry expenses	5	214	219	110
Supervision	-	588	588	1,400
Training	-	5,216	5,216	2,436
Bank charges	-	-	-	11
Depreciation	3,084	249	3,333	-
Volunteer expenses	-	-	-	839
Investment management charges	714	-	714	606
Wages, NI & pensions	4,218	219,020	223,238	217,598
	<u>9,026</u>	<u>280,806</u>	<u>289,832</u>	<u>283,279</u>

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2021

7 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

8 Fees payable to independent examiner

During the period, the fees payable (excluding VAT) to the charity's independent examiner Community Accounting Plus are analysed as follows:

	2021 £	2020 £
Independent examination	1,050	1,050
	<u>1,050</u>	<u>1,050</u>

9 Staff costs

The aggregate payroll costs were as follows:

	2021 £	2020 £
Staff costs during the year were:		
Wages and salaries	206,007	200,803
Social security costs	11,706	12,074
Pension costs	5,525	4,721
	<u>223,238</u>	<u>217,598</u>

The monthly average number of persons (including senior management team) employed by the charity during the year was as follows:

	2021 No	2020 No
Average weekly no. of employees	<u>12</u>	<u>12</u>

9 (2020 - 8) of the above employees participated in the Defined Contribution Pension Schemes.

Contributions to the employee pension schemes for the year totalled £5,525 (2020 - £4,721).

No employee received emoluments of more than £60,000 during the year.

The total employee benefits of the key management personnel of the charity were £48,248 (2020 - £48,962).

10 Taxation

The charity is a registered charity and is therefore exempt from taxation.

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2021

11 Tangible fixed assets

	Furniture and equipment £	Computer equipment £	Total £
Cost			
At 1 April 2020	19,015	9,523	28,538
Additions	-	746	746
At 31 March 2021	19,015	10,269	29,284
Depreciation			
At 1 April 2020	19,015	-	19,015
Charge for the year	-	3,333	3,333
At 31 March 2021	19,015	3,333	22,348
Net book value			
At 31 March 2021	-	6,936	6,936
At 31 March 2020	-	9,523	9,523

12 Fixed asset investments

	2021 £	2020 £
Other investments	40,641	36,058

Other investments

	Listed investments £	Total £
Cost or Valuation		
At 1 April 2020	36,058	36,058
Revaluation	4,583	4,583
At 31 March 2021	40,641	40,641
Net book value		
At 31 March 2021	40,641	40,641
At 31 March 2020	36,058	36,058

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2021

13 Debtors

	2021 £	2020 £
Prepayments	2,344	2,192
Accrued income	-	364
	<u>2,344</u>	<u>2,556</u>

14 Creditors: amounts falling due within one year

	2021 £	2020 £
Other creditors	1,260	1,260
Pension scheme creditor	-	1,073
	<u>1,260</u>	<u>2,333</u>

15 Funds

	Balance at 1 April 2020 £	Incoming resources £	Resources expended £	Transfers £	Other recognised gains/(losses) £	Balance at 31 March 2021 £
Unrestricted funds						
<i>General</i>						
General	122,785	79,415	(9,026)	498	4,579	198,251
Restricted funds						
Volunteer Co-ordinator	5,862	-	(3,144)	-	-	2,718
Family Intervention Service	46,423	167,520	(140,928)	(498)	-	72,517
Service Delivery	14,613	25,000	(39,467)	-	-	146
CYP Outreach Worker	(4,004)	39,867	(31,536)	-	-	4,327
Civil & Family Court	26,480	32,822	(32,329)	-	-	26,973
Management Team	5,920	20,000	(7,912)	-	-	18,008
Teen Worker	5,236	30,644	(23,490)	-	-	12,390
Grant & Fundraising Officer	-	20,000	-	-	-	20,000
IT equipment	-	3,500	(2,000)	-	-	1,500
Total restricted funds	<u>100,530</u>	<u>339,353</u>	<u>(280,806)</u>	<u>(498)</u>	<u>-</u>	<u>158,579</u>
Total funds	<u>223,315</u>	<u>418,768</u>	<u>(289,832)</u>	<u>-</u>	<u>4,579</u>	<u>356,830</u>

The transfer from the Family Intervention Service fund to the General fund represents the net book value of fixed assets, the use of which is not subject to any restriction.

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2021

	Balance at 1 April 2019 £	Incoming resources £	Resources expended £	Transfers £	Other recognised gains/(losses) £	Balance at 31 March 2020 £
Unrestricted funds						
<i>General</i>						
General	93,372	43,434	(4,803)	(6,645)	(2,573)	122,785
Restricted funds						
Volunteer Co-ordinator	12,482	-	(6,620)	-	-	5,862
Family Intervention Service	-	164,317	(129,148)	11,254	-	46,423
Service Delivery	3,329	25,000	(13,716)	-	-	14,613
Family Intervention Service	39,413	-	(28,159)	(11,254)	-	-
CYP Outreach Worker	(2,878)	38,015	(39,141)	-	-	(4,004)
Civil & Family Court Management Team	8,091	46,815	(35,071)	6,645	-	26,480
Teen Worker	4,175	10,000	(8,255)	-	-	5,920
	3,602	20,000	(18,366)	-	-	5,236
Total restricted funds	<u>68,214</u>	<u>304,147</u>	<u>(278,476)</u>	<u>6,645</u>	<u>-</u>	<u>100,530</u>
Total funds	<u>161,586</u>	<u>347,581</u>	<u>(283,279)</u>	<u>-</u>	<u>(2,573)</u>	<u>223,315</u>

16 Analysis of net assets between funds

	Unrestricted funds	Restricted funds	2021 Total funds
	General £	£	£
Tangible fixed assets	6,936	-	6,936
Fixed asset investments	40,641	-	40,641
Current assets	150,674	159,839	310,513
Current liabilities	-	(1,260)	(1,260)
Total net assets	<u>198,251</u>	<u>158,579</u>	<u>356,830</u>
	Unrestricted funds	Restricted funds	2020 Total funds
	General £	£	£
Tangible fixed assets	9,523	-	9,523
Fixed asset investments	36,058	-	36,058
Current assets	77,204	102,863	180,067
Current liabilities	-	(2,333)	(2,333)
Total net assets	<u>122,785</u>	<u>100,530</u>	<u>223,315</u>

Nottinghamshire Independent Domestic Abuse Services (NIDAS)

Notes to the Financial Statements for the Year Ended 31 March 2021

17 Charity status

The charity is a company limited by guarantee and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £10 towards the assets of the charity in the event of liquidation.

18 Related party transactions

There were no related party transactions in the year.