

COMPANY REGISTRATION NUMBER: 05200902
CHARITY REGISTRATION NUMBER: 1105607



Henna Asian Women's Group
Company Limited by Guarantee
Unaudited Financial Statements
31 March 2024

Stately Accountants

Kingsbridge Court
Castlehaven Road
London
NW1 8QA

Henna Asian Women's Group
Company Limited by Guarantee
Year ended 31 March 2024

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Henna Asian Women's Group

Company Limited by Guarantee

Year ended 31 March 2024

Reference and administrative details

Registered charity name Henna Asian Women's Group

Charity registration number 1105607

Company registration number 05200902

Principal office and registered office Abbey Community Centre
172 Belsize Road
London NW6 4BJ

The Trustees	Nilufar Verjee – Chair	Appointed: 14 Dec 2015
	Darshan Vora-Treasurer	Appointed: 22 Feb 2023
	Derek Jarman	Appointed: 28 Mar 2023
	Jasmine Vithalani	Appointed: 28 Feb 2023
	Shelly Khan	Appointed: 31 May 2023
	Momota Khatoon- Secretary	Appointed: 01 June 2023

Henna Staff Team	Momota Khatoon	Operations Manager
	Bushra Begum	Project Worker
	Sajida Gitay	Project Worker
	Afjan Chowdhury	Project Worker

Independent examiner Stately Accountants
Kingsbridge Court
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The trustees, who are also the directors for the purposes of company law, present their report and the unaudited financial statements of the charity for the year ended 31 March 2024.

Chairperson's Report

As the cost of living crisis continued to bite in the UK against a global backdrop of uncertainty and war, communities everywhere have seen an intensification of the challenges they face. Both governmental and private funders have continued to tighten their belts whilst understandably seeking greater value for money and higher impact. Unfortunately all the signs indicate that uncertainty, insecurity and instability are here to stay on a local, national and global level.

However, in the face of adversity, strong communities intuitively pull together, demonstrating their capacity for resilience, creativity and perseverance. This has been abundantly true in Camden, as shown in the council's new We Make Camden strategy and the launch of their unparalleled Community Partner Fund - unique amongst all UK local councils in providing long-term strategic grants to a range of community organisations.

Henna Asian Women's Group has been needed more than ever by its members in the past year, providing both a physical and metaphorical haven of togetherness and peace. So whilst continuing to deliver a plethora of highly valued day-to-day activities, I am proud that we also carved out time to create a strong long-term strategy, both of which are outlined in the Project and Operations Manager's report below.

In keeping with our grassroots ethos, the strategy development process was extremely collaborative, involving input from Henna's members as well as staff and partners, with Board leadership and external consultancy support. Through the strategy we have clarified who we serve, our vision, mission and values, and our 5 priorities for impact and growth to 2030. Critically, we will continue to refine our new Theory of Change so we can better monitor and evaluate our impact as we begin implementing the strategy from April 2024 onwards.

The highlight of Henna's year was undoubtedly our successful bid to become a Community Partner of Camden Council, receiving strategic funding for the next 7 years. This is not only vital resource, but also an incredible vote of confidence in Henna's new strategy and our ability to make a difference to the lives of South Asian women.

I am also delighted that our financial performance is now on the road to recovery as outlined in the Treasurer's Report below. We have significantly reduced our financial losses, doubled our income by investing in fundraising capacity, and marginally increased our membership base.

We are immensely grateful to our funders over the past year, including City Bridge Foundation, Garfield Weston, Hampstead Wells and Camden Trust, Greater London Authority, the National Lottery Fund and Camden Council. We are especially grateful for the support and co-operation of Camden Council's Community Partnership team, in particular John, Karen, Rosie, Halima and Jessica.

As ever, Henna's success is down to the dedication of the amazing staff and volunteering team who fully deserve our heartfelt thanks and appreciation for their unwavering commitment. Additionally this year, special thanks to Simone Hensby for so adeptly steering us through the development of our new strategy.

Looking ahead to 2024-2025, whilst the outlook remains challenging for all community organisations like Henna, our ambition is to continue building on our positive financial trajectory by implementing our strategy through the design and delivery of new programmes, leveraging our new status as Camden Community Partner with other funders, and staying focussed on increasing income. Our guiding lights will continue be the incredible, inspiring women whom we have the privilege of calling Henna's members.



Nilufar Verjee, Chair of the Board of Trustees

Henna Asian Women's Group

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Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2024

Operations Manager's Report

It has been another inspiring, challenging and rewarding year at Henna. We continued to do and achieve things in a passionate and resourceful manner with our members at the heart; collaborating effectively with funders, stakeholders and partners; involving our trustees and with a committed and willing staff team.

In 2023-24 our range of activities, groups, projects and wraparound support combatted adversity, overcame isolation, provided learning and nurtured activism and participation with a thoughtful, inclusive and sensitive approach.

A new Henna Strategy for 2024-2030 was developed committing and embedding ourselves into our core communities. We worked towards and achieved our long-term goal of becoming a strategic partner to Camden Council.

In combination, they offer us a unique platform to take Henna to the next level as an organisation for and with our members. It's a once-in-a-lifetime opportunity to grow and sustain ourselves and improve the well-being of our core communities.

Key Achievements

1. Henna Strategy 2024-2030

Background:

In the autumn of 2023, Henna entered into a process of updating and drafting a new Strategy with the support and contribution of the Henna Forum, our member's insight, focus and oversight group, staff and members. We brought in an external consultant to facilitate critical and transparent discussions on who we were; what we stood for; the cohorts we sought to engage with, represent and advance; our Unique Selling Point (USP) and our priorities.

Key features:

Henna's core community is the diaspora of South Asian women resident in North Camden. We have used the definition of South Asia that covers India, Pakistan, Bangladesh, Sri Lanka, Bhutan and Nepal.

This definition is not intended to exclude anyone, but rather help Henna focus on investing our limited resources in communities where we have the appropriate knowledge, skills and cultural understanding to support women effectively.

Henna will never turn away any woman regardless of her origins or heritage – we will always actively signpost her to organisations that can deliver services better tailored to her needs. Also, no existing members from outside the South Asian definition would be asked to leave

Our vision is to create a safe and supportive community where women from the South Asian diaspora in Camden can feel equipped to improve their physical and mental well-being, empowered to challenge gender injustice and inspired to achieve their full potential.

Our Mission as a member-led organisation is to provide women of the South Asian diaspora in Camden with the opportunities, skills and support to interact with others, increase their knowledge and improve their confidence.

Our Values underpin our culture, behaviors and interactions namely Well-being; Community Commitment; Equity and Inclusion and Collaboration

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Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2024

Henna's Strategic Priorities

1. **Ageing Well:** Reducing social isolation and improving the physical and mental well-being of older women aged 65+ and mid-life women aged 45+.
2. **Living Well:** Improving food security, feeling safe, expanding access to essential services and signposting women to specialist information as appropriate.
3. **Working Well:** Increasing the job readiness of younger women aged 25-45 years and improving their access to volunteering and paid employment.
4. **Connecting Well:** Strengthening women's voices so they can communicate confidently, participate fully in society, and advocate for themselves and other South Asian women in tackling gender injustice; promoting cross-cultural understanding and integration within the diverse South Asian community and between South Asian and other Camden communities.
5. **Sustainable Growth:** This priority is an enabler of the other 4 – without sustainable growth, Henna will not be in a position to pursue its four impact priorities.

Henna's Impact and Theory of Change

By 2030 we want our impact to be that Henna is a sustainable organisation led by women and for women from the South Asian diaspora. It is valued as an anchor organisation that can tackle the challenges the community faces by working in partnership with others.

Our priorities fit in very well with the We Make Camden commitment and ambitions of working together across Camden to create a fairer, more equal society with a 'rebellious spirit.'

We meet the Camden Challenges of alleviating isolation and loneliness; supporting efforts towards feeling safe (and warm) at home and in the community; combatting financial and digital insecurity; raising awareness and contributing towards environmental friendliness.

We meet the Camden Missions of addressing food insecurity; contributing towards strengthening local neighbourhoods; diversity in organisational leadership and supporting access to opportunity for younger people.

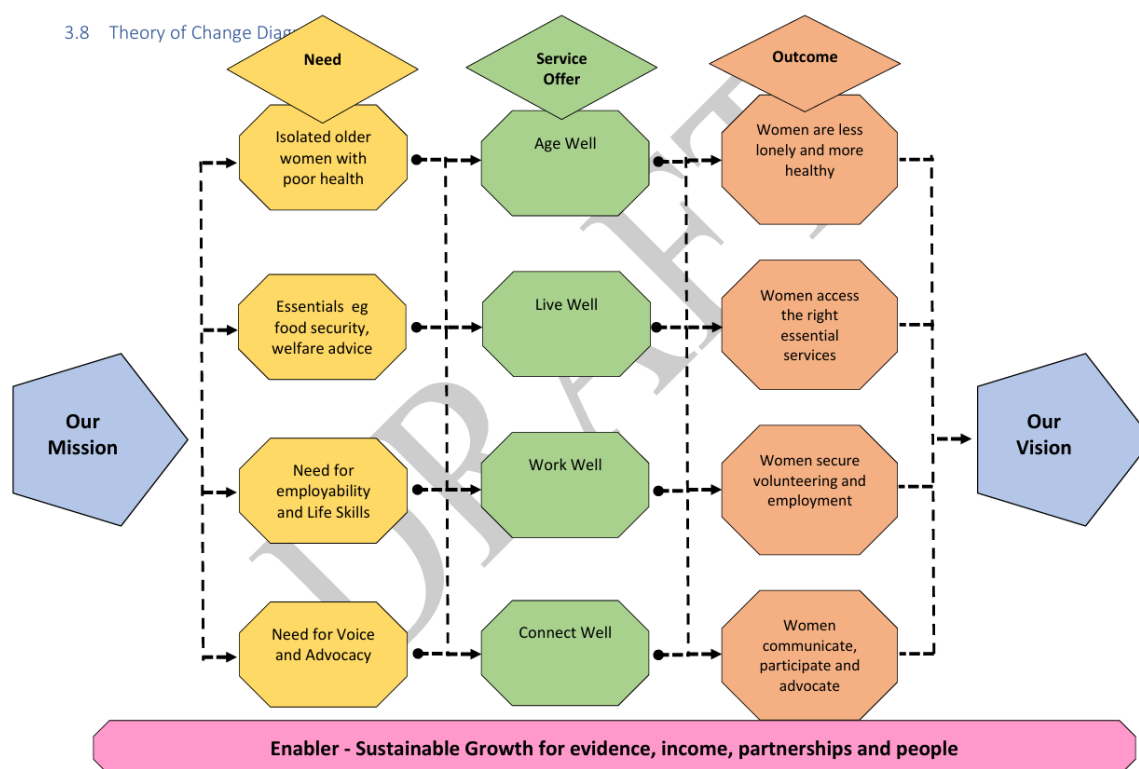
Henna's Theory of Change outlines how we achieve and measure impact. The diagram below illustrates Henna's Mission and Vision, the needs and activities required to achieve the impact identified by 2030 and how these feed into the long-term Vision.

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Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2024



In 2024-25, we will develop an implementation plan for the Strategy, led by me and my staff team with the support and contribution of our trustees and Henna Forum.

2. Community Partner to Camden Council

It has been a long-held and cherished aim of the organisation to become a Community Partner to Camden Council with the elevation in status and the 7-year rolling funding that comes with it.

Over recent years, Henna has worked hard to enhance its profile within the Council and especially the Community Partnership Team through communications, collaboration and partnership working.

This laid the groundwork for the Community Partner application process in Autumn 2023 which had two stages: Expression of Interest and if successful a more detailed and evidenced Design Stage.

We were successful in February 2024 in securing a £25k annual funding award for 7 years from 2024-2030. The funding provides us with a measure of stability and a steppingstone to other funding within the Council and more broadly. It is a unique achievement for the organisation and one that offers us opportunities to grow, strengthen and improve.

3. Tackling Poverty, Insecurity and Isolation

The funding we received from Hampstead Wells and Campden Trust, The

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Year ended 31 March 2024

National Lottery ('Meeting Places) and Camden Council (Cost of Living) has enabled us to continue to tackle the twin challenges of financial (food and fuel) insecurity and social isolation during this enduring cost of living crisis.



We have developed warm and embracing spaces for older and vulnerable South Asian women - comfort zones- to have a hot, culturally appropriate, nutritious meal; make social connections; receive health and hygiene packs; engage in activities and play board games.

These women would otherwise remain isolated at home, a cold and lonely environment with many still enduring the dilemma of heating or eating. The support prevents the worsening of chronic health conditions that many have.

The women appreciate the familiarity and localised nature of these meeting places at Abbey Community Centre and Hampstead Court Residential Home- within walking distance or a short bus ride for most of them, many of whom have mobility problems.

We provide wraparound support in partnership with other agencies providing an opportunity to check in on emotional and physical needs and introduce women to services, activities and groups that are supportive and enabling including advice. We have hosted workshops supporting financial independence and eating healthily.

"I was really pleased to see all the hard work Henna team have put together to provide us with traditional hot meal every Mondays. It shows that the organisation really cares about the struggles of rising costs and providing us with a warm space to meet other people. Otherwise, I would be lonely at home." Samina Idris

"Due to the Pandemic 2020-2022 was a very difficult time not able to go anywhere, now I can interact meeting new people and enjoy hot meal in Monday Club and take part in crochet and knitting session which Henna Asian Women provide". (Anonymous)

'Thank you for getting back to me with your very comprehensive project update. It's good to know that your project is progressing well, and it was great to see the testimonials and flyers for your project, complete with the National Lottery Community Fund branding'

Graham Tilley, The National Lottery, Awards for All.

Pay Less Eat Well and Coffee, Cake and Calculate sessions at Abbey (Feb and March) in partnership with Working Men's College to support people with eating healthily and cheaply.

The Camden Magazine and the borough website promoted our cost-of-living work.

4. Enhancing learning, life skills and social mobility

Henna worked on the **GLA Skills for London (Easy Support into Learning)** programme to support the Mayor of London's mission to raise literacy and numeracy levels in the capital, focusing on hard-to-reach and BME communities, to address the inequalities in education, employment, financial literacy, and insecurity and the digital gap evidenced by the pandemic.

We engaged with potential learners; and supported them to enrol into numeracy, literacy and adult educational courses provided by designated colleges such as Capital City College and

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Year ended 31 March 2024

Working Men's College. Camden Adult Education and Learning team.

- October 23 – March 24**

The number of Londoners engaged	103
The number of referrals made into adult education opportunities	103
The number of referrals made into numeracy provision, where appropriate	45

Money Charity facilitated free workshops on 'Women and Money', 'Pensions' and Wills and Future'; **Camden Digital Inclusion Team** provided drop-in sessions for participants (our members) to navigate the digital world confidently and safely; Money Saving workshop **with Capital City College Group**: part of our development of a life skills programme.

Challenging voter apathy, systemic indifference and political illiteracy.

We were one of 8 organisations funded to work on the **GLA Voter ID Phase 2** campaign to raise awareness of the Voter ID requirements at elections (and the only one based in Camden) based on our valuable contributions in the initial stage.,

We worked with partner organisations in the community, voluntary and faith sectors to deliver on the initiative, engaging with underrepresented communities in places and spaces familiar to them.

We promoted the campaign in an impartial and independent manner, drafting new and updating our Phase 1 literature and publicity in South Asian languages. We successfully met the challenges of working towards the deadline of a general election, voter apathy and political illiteracy reaching out to more than 700 people.

'Thank you for all of your hard work in delivering the grant-funded project. We thank you greatly for your efforts in engaging with underrepresented communities.' Groundwork London.

5. The calendar of community and cultural events, trips and activities were full and varied:

Eid Celebration events at Hampstead Residential Care Home (April 23) and Andover Community Centre (August 23)

King's Coronation Tea Party at Hampstead Residential Care Home (May 23)

Participated in and supported Hampstead Residential Care Home charity event (June 24) and Grand Opening (Oct 23); Camden Festivals including Camden Mela, West Hampstead and Camden New Town (Summer 23); Durga Puja 5-day festival at Swiss Cottage Library (Oct 23).

Trips with members to Margate, Southend on Sea and fruit picking in Surrey.

India and Pakistan Independence Day events (August 23)

Visits for members to Royal Albert Hall Oct 23 to watch a performance and Tower Bridge Dec 23 supported by City Bridge Foundation.

Visit to Camden's Mayors' Parlour (Feb 24) for our members.

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Henna provided an extensive range of activities and services for our members at Abbey Community Centre and Hampstead Court with funding provided by **City Bridge Foundation** (5-year award for arts, crafts, trips), **Garfield Weston** (core funding), **Sport England** (older people exercise) and **Souter Charitable Trust** (room hire)

- Breathing and Meditation
- Movement Exercise
- Music and Singing
- Chair-Based Exercise
- Recycle Art
- Wellbeing Hub
- Henna Support Group
- 1-2-1 Counselling
- Telephone Befriending
- Knitting Club
- Smart Gadget Group
- Board Games
- ESOL and Life in the UK
- Healthy Cooking
- Henna Forum



6. Henna in the Community

National Hate Crime Awareness Week (NHCAW) from 14-21 October 2023

Henna supported the campaign by working with the Camden Community Partnership team to organise an event to demonstrate the positive impact that people make in their community and raise awareness of how to report hate crime

Attended by the Metropolitan Police, Camden Community Safety Team Partnership team, community organisations and our members, it provided an ideal opportunity to share experiences, learn how to report safely, challenge stereotypes and consider some of the underlying causes of hate in the post-pandemic cost of living crisis era.

Henna takes pride in celebrating the role and achievements of women and girls at our annual **International Women's Day** gathering.

This year, we celebrated and raised awareness of the need to inspire inclusion to forge a better world for women.

One where they are valued, better understood and respected in society, in the workplace, and in the home.

Anywhere and everywhere where women want to be, like to be and aspire to be.

Henna is committed to supporting women and breaking boundaries to forge a better world without fear.

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Year ended 31 March 2024

South Asian Heritage Month



Henna members came together to celebrate **South Asian Heritage Month** on Aug 7, 2023, with an introduction to Henna's history including the role and struggles of South Asian women activists in North London. Henna members shared their own experiences of coming to the UK, the challenges they faced and conquered, their achievements as well the changes they have witnessed in Camden over the last few decades. The women were also able to look at earlier images of Henna group's activities in the borough.

Partnerships and Collaboration:

Vaccination Champions programme: engaged with more than 300 people from BAME and hard-to-reach groups on their reservations to COVID-19 and more general vaccinations, appreciating their concerns and breaking down barriers.

Optimizing Health for Maternity UCLH: supported the programme with workshops on nutrition, diet, weaning, healthy eating, mental health, fear of birth, anxiety around childbirth, pregnancy and contraception.

Networks: In Kilburn and South Hampstead, we have contributed to local strategies and social action through the One Kilburn forum and West Kilburn Network and formed local partnerships that improve the lives of local people with Abbey Community Centre, South Hampstead and Kilburn Centre (food support), Kove (toilet and bench-to-bench campaigns) and West Hampstead Women's Centre (memory club).

NCL VCS Mental Health Forum: Membership ensures that we have a voice and an input in the development of local and boroughwide mental health services and provisions that positively and sensitively impact our members.

Camden Carers Count: Henna continued to support Camden Carers by raising awareness of the critical role of carers and the challenges they face.

Hampstead Court Residential Home: Henna has developed a very special relationship with Hampstead Court, where we run activities and groups including board games, IT support and arts and crafts for residents of the care home and our members. The focus is on social interaction across cultures and building bridges.

We organise and chair a steering group of local stakeholders at the home providing a valuable forum to discuss and find solutions to local concerns and issues.

"Working with the Henna Asian Women's Group at Hampstead Court is nothing but a pleasure

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Year ended 31 March 2024

to offer our space so the community can come together. The life and soul that this brings into our home is nothing short of fabulous. We are very honoured to work with such a proactive, forward-thinking, professional group of women. We have welcomed them into our family with open arms and it brings joy seeing people smile, laugh and enjoy our facilities” Daniel Bridges, Commissioning Manager, averyhealthcare.co.uk

7. Henna Stories

Ms X

Indian From East Africa

In the past X faced various difficulties during and after her divorce. Due to cultural expectations, X was frowned upon by family and friends for getting a divorce, despite the reason of domestic violence.

X struggled through isolation, financial instability and severe mental health. At the current time, she still does not have a lot of family around however, she is striving through Henna services. X says that she has made close friends at Henna and is very comfortable with the staff, she feels part of a family. She is confident to share any issues she may have with staff members and keeps herself self-busy with all the activities that Henna provides. She never feels judged regardless of religion, culture or background.

X attends Drop-in sessions on Monday and Wednesday. Participates in art & crafts, and cooking sessions.

Ms Y aged 61

From India

Y came to England where she had to raise her children by herself. Going through the struggles where she had to find a way to ensure the best upbringing for her children including a good education.

Later in life, Y was diagnosed with breast cancer. She returned to India for partial treatment. She then returned to the UK to complete her chemotherapy. Y's mindset remained positive; despite going through severe depression and low mood, Y endured her chemotherapy whilst still attending Henna drop-in sessions which allowed her to keep herself occupied and her mind fresh. She still wanted to attend and have fun times with the other members who were her close friends.

Y frequently comes to Henna to participate in activities such as the drop-in sessions on Mondays and Wednesdays, singing and dancing with other members and joining in with cooking sessions. Y enjoys joining the chair-based exercise class online in the comfort of her own home. This allows her to continue being active on days she is not always well to go out. Y loves going on our summer trips.

And Finally..

Henna is no longer that women's group in the north of Camden, comfortable being small, content to just work with and support other groups and organisations. With our new status and the rolling programme of funding, we are in a better position to grow and flourish; explore new frontiers and combat fresh challenges; realise bold ambitions and aspirations.

Henna is committed to working with our partners in the VCS, Camden Council and all our

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funders, in making Camden the borough we all want to live, study and spend quality time in whatever our age, ethnicity and background. We will do so with a rebellious spirit and a sense of urgency.

2024-25 promises to be a year of opportunity, transformation and change at Henna, building on the solid progress of this year. Keep following Henna....

**Momota Khatoon,
Project and Operations Manager**

Treasurer's Report

It is with pleasure I present to you our results for the last financial year, April 2023 to March 2024. The charity concluded the financial year with net assets and cash reserves of £62,904 compared to £81,832 in the previous year.

Regrettably, the charity experienced a loss of £18,928, however, this is an improvement on the previous year, when we recorded a greater loss of £53,583. The primary factor contributing to this year's loss was down to very tough fundraising market conditions, resulting in adverse consequences. However, it is important to note that we were able to minimise this year's losses compared to the previous year by increasing our fundraising activities, as we said we would.

Total income for the year was £112,123 compared to £46,027 in 2023, which is an increase of £66,096. In this financial year, the principal funders were Greater London Authority, London Borough of Camden, and the National Lottery fund.

Our member base increased from 150 to 177 in 2023/24, the income generated from memberships slightly increased. Specifically, membership income amounted to £475, in contrast to the previous year's £327.

Our expenditure for the year was £131,051, compared to £99,970 representing an increase of £31,261 from last year. The primary factor contributing to this increase was wages due to an increase in headcount and fund-raising resource.

Financial Highlights 2023/24

Figures in brackets are the comparative totals for 2022/23.

Members: 177, (150)

Income: £112,123, (£46,207)

Expenditure on Charitable Activities: £131,051, (£99,790)

Net Income: (£18,928), ((£53,583))

Total Charity Funds at the year-end: £62,904, (£81,832)

Restricted Funds at the year-end: £33,860 (£27,372)

Unrestricted Funds at the year-end: £29,044, (£54,460)

The full breakdown has been shared in the Accounts which accompany the reports sent ahead of the AGM.

Going Concern

The Trustees have a reasonable expectation that the charity has adequate resources to continue in

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Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2024

operational existence for the foreseeable future.

Reserves Policy

The charity's policy is to maintain unrestricted reserves of an amount equal to six months operational costs. As of 31 March 2024, unrestricted reserves were £29,044 which does not satisfy this criterion and only gives 3 months' worth of operational costs.

Investment Policy

The charity has never had sufficient funds to warrant making long term investments and all funds are held as bank deposits. Should the need arise in the future the Trustees will develop an investment policy in the context of the prevailing financial climate.

Risk Management

The principal risks that arose in this financial year stemmed from very tough fundraising market conditions and manifested themselves in reduced lower than budgeted income.

The above results indicate that Trustees and staff managed these risks as effectively as they could. Trustees are aware of the need to ensure that risks are discussed regularly at Board level.

Funding Sources

Most of the funding is derived from grants.

In this financial year the principal funders were LB Camden, GLA, Camden Giving and the National Lottery Fund.

Membership income was £475, (£327).

Darshan Vora, Treasurer

Small company provisions

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

The trustees' annual report was approved on 03 December 2024 and signed on behalf of the board of trustees by:



Nilufar Verjee - Chair
Trustee

Henna Asian Women's Group

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Year ended 31 March 2024

I report to the trustees on my examination of the financial statements of Henna Asian Women's Group ('the charity') for the year ended 31 March 2024.

Responsibilities and basis of report

As the trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn to this report in order to enable a proper understanding of the accounts to be reached.



Stately Accountants
Kingsbridge Court
Castlehaven Road
London
NW1 8QA

Dated: 5 December 2024

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Year ended 31 March 2024

Statement of Financial Activities

		Unrestricted funds	2024 Restricted funds	2023 Total funds	2023 Total funds
	Note	£	£	£	£
Income and endowments					
Donations and legacies	5	14,913	96,361	111,274	44,035
Investment income	6	180	–	180	45
Other income	7	669	–	669	2,127
Total income		<u>15,762</u>	<u>96,361</u>	<u>112,123</u>	<u>46,027</u>
Expenditure					
Expenditure on charitable activities	8,9	43,658	87,393	131,051	99,790
Other expenditure	10	–	–	–	–
Total expenditure		<u>43,658</u>	<u>87,393</u>	<u>131,051</u>	<u>99,790</u>
Net (expenditure)/income for the year t		<u>(27,896)</u>	<u>8,968</u>	<u>(18,928)</u>	<u>(53,583)</u>
Transfer between funds		<u>2,480</u>	<u>(2,480)</u>		
Net movement in funds		<u>(25,416)</u>	<u>6,488</u>	<u>(18,928)</u>	<u>(53,583)</u>
Reconciliation of funds		54,460	27,372	81,832	135,415
Total funds brought forward		<u>29,044</u>	<u>33,860</u>	<u>62,904</u>	<u>81,832</u>
Total funds carried forward					

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

The notes on pages 17 to 24 form part of these financial statements

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Balance Sheet 31 March 2024

	Note	2024 £	£	2023 £
Fixed assets				
Tangible assets	8	0		0
Current assets				
Debtors	9	20,401		14,110
Cash at bank and in hand		48,253		70,521
		68,654	¤	84,631
Creditors: amounts falling due within one year	10	(5,750)		2,799
Net current assets			62,904	81,832
Total assets less current liabilities			62,904	81,832
			=	=
Funds of the charity				
Restricted funds			33,860	27,372
Unrestricted funds			29,044	54,460
Total charity funds	11		62,904	81,832
			=	=

For the year ending 31 March 2024 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

These financial statements were approved by the board of trustees and authorised for issue on 03 December 2024 and are signed on behalf of the board by:



Nilufar Verjee
Chair of the Trustees

The notes on pages 17 to 24 form part of these financial statements

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Year ended 31 March 2024

1. General information

The charity is a public benefit entity and a private company limited by guarantee, registered in England and Wales and a registered charity in England and Wales. The address of the registered office is 222C Belsize Road, London NW6 4DJ.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Companies Act 2006.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Going concern

There are no material uncertainties about the charity's ability to continue.

Disclosure exemptions

The entity satisfies the criteria of being a qualifying entity as defined in FRS 102. As such, advantage has been taken of the following disclosure exemptions available under paragraph 1.12 of FRS 102: (a) No cash flow statement has been presented for the company.
(b) Disclosures in respect of financial instruments have not been presented.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.

Henna Asian Women's Group

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- Income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- Legacy income is recognised when receipt is probable and entitlement is established.
- Income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- Income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- Expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- Expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- Other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Equipment - 25% straight line

Defined contribution plans

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

Henna Asian Women's Group

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

4. Limited by guarantee

The company is limited by guarantee of £1 per member without share capital.

5. Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Donations			
Donations	475		475
Grants			
City Bridge Arts/Outings		10,000	10,000
LB Camden	2,938	10,650	13,588
GLA ESOL	—	26,836	26,836
GLA Voter Awareness	—	37,875	37,875
National Lottery	1,500	—	1,500
Souter Charitable Trust		3,000	3,000
Sport England		8,000	8,000
Garfield Weston	10,000		10,000
	<u>14,913</u>	<u>96,361</u>	<u>111,274</u>
	=	=	=

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Donations			
Donations	—	—	—
Grants			
LB Camden	2,100	13,310	15,410
GLA Voter Awareness	—	8,625	8,625
H W and Camden Trust	—	10,000	10,000
National Lottery	—	10,000	10,000
Westminster AES	—	—	—
	<u>2,100</u>	<u>41,935</u>	<u>44,035</u>
	=	=	=

6. Investment income

	Unrestricted Funds £	Total Funds 2024 £	Unrestricted Funds £	Total Funds 2023 £
Bank interest receivable	180	180	45	45
	=	=	=	=

Henna Asian Women's Group

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

7. Other income

	Unrestricted Funds	Restricted Funds	Total Funds 2024
	£	£	£
Other income	250	–	250
Membership fees	419	–	419
	<u>669</u>	<u>–</u>	<u>669</u>
	=	=	=
	Unrestricted Funds	Restricted Funds	Total Funds 2023
	£	£	£
Other income	1,000	800	1,800
Membership fees	327	–	327
	<u>1,327</u>	<u>800</u>	<u>2,127</u>
	=	=	=

8. Expenditure on charitable activities by fund type

	Unrestricted Funds	Restricted Funds	Total Funds 2024
	£	£	£
Principal Activity	37,356	87,393	124,749
Support costs	6,302	–	6,302
	<u>43,658</u>	<u>87,393</u>	<u>131,051</u>
	=	=	=
	Unrestricted Funds	Restricted Funds	Total Funds 2023
	£	£	£
Principal Activity	34,484	60,907	95,391
Support costs	1,112	3,287	4,399
	<u>35,596</u>	<u>64,194</u>	<u>99,790</u>
	=	=	=

9. Expenditure on charitable activities by activity type

	Activities undertaken directly	Support costs	Total funds 2024	Total fund 2023
	£	£	£	£
Principal Activity	124,749	–	124,749	95,391
Governance costs	–	6,302	6,302	4,399
	<u>124,749</u>	<u>6,302</u>	<u>131,051</u>	<u>99,790</u>
	=	=	=	=

10. Other expenditure

	Unrestricted Funds	Restricted Funds	Total Funds 2024
	£	£	£
Bank charges	–	–	–
	=	=	=
	Unrestricted Funds	Restricted Funds	Total Funds 2023
	£	£	£
Bank charges	–	–	–

Henna Asian Women's Group

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

11. Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

	2024	2023
	£	£
Wages and salaries	71,962	56,868
Employer contributions to pension plans	1,176	860
	73,138	57,728
	=	=

The average head count of employees during the year was 6 (2023: 3).

No employee received employee benefits of more than £60,000 during the year (2023: Nil).

12. Trustee remuneration and expenses

No remuneration or other benefits from employment with the charity or a related entity were received by the trustees.

13. Tangible fixed assets

	Equipment £	Total £
Cost		
At 1 April 2022 and 31 March 2023	—	—
	=	=
Additions: April 2023 and March 2024	—	—
	=	=
Carrying amount		
At 31 March 2024	—	—
	=	=
At 31 March 2024	—	—
	=	=

14. Debtors

	2024	2023
	£	£
Debtors	20,401	14,110
	=	=

15. Creditors: amounts falling due within one year

	2024	2023
	£	£
Accruals and deferred income	4,780	—
Social security and other taxes	781	1,359
Pension liability	189	—
Other creditors	—	1,440
	—	—
	5,750	2,799
	=	=

16. Pensions and other post retirement benefits

Defined contribution plans

The amount recognised in income or expenditure as an expense in relation to defined contribution plans was £1,176 (2023: £860).

Henna Asian Women's Group

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

17. Analysis of charitable funds

Unrestricted Funds	At 1 April 2023 £	Income £	Expenditure £	Trf Between Funds £	At 31 March 2024 £
Unrestricted Funds	54,460 =	15,762 =	(43,658) =	2,480	29,044 =
	At 1 April 2022 £	Income £	Expenditure £		At 31 March 2023 £
Unrestricted Funds	86,584 =	3,472 =	(35,596) =	-	54,460 =
Restricted funds	At 1 April 2023 £	Income £	Expenditure £	Trf Between Funds £	At 31 March 2024 £
Restricted Funds	27,372 = = =	96,361 = = =	(87,393) = = =	(2,480)	33,860 = = =
	At 1 April 2022 £	Income £	Expenditure £		At 31 March 2023 £
Restricted Funds	48,831 =	42,735 =	(64,194) =	-	27,372 =

Henna Asian Women's Group
Company Limited by Guarantee Detailed
Statement of Financial Activities
Year ended 31 March 2024

	2023/24 £	2022/23 £
INCOME FOR		
DONATION AND LEGACIES		
Donations	475	—
	<hr/> 475	<hr/> —
INCOME FROM CHARITABLE ACTIVITIES		
Grants		
City Bridge Arts/Outings	10,000	15,410
LB Camden	13,588	—
GLA ESOL	26,836	—
GLA Voter Awareness	37,875	8,625
H W and Camden Trust	—	10,000
National Lottery	1,500	10,000
Souter Charitable Trust	3,000	—
Sport England	8,000	—
Garfield Weston	10,000	—
	<hr/> 111,274	<hr/> 44,035
OTHER TRADING ACTIVITIES		
Other Income	250	1,800
Membership fees	419	327
	<hr/> 669	<hr/> 2,127
INVESTMENT INCOME		
Bank Interest Received	180	45
	<hr/>	<hr/>
TOTAL INCOME	<hr/> 112,123	<hr/> 46,027

Henna Asian Women's Group

Detailed Statement of Financial Activities

Year ended 31 March 2024

	2023/24 £	2022/23 £
EXPENDITURE		
COST OF RAISING FUNDS		
Fundraising and Publicity	12,420	8,350
	<u>12,420</u>	<u>8,350</u>
CHARITABLE ACTIVITIES		
Governance Costs		
Governance Cost	2,889	1,686
Overhead Costs		
Advertisement	100	-
Miscellaneous	255	283
Rent and rates	4,300	3,000
Repairs and maintenance	76	-
Bank charges	139	69
Consultancy	4,200	-
Legal & Professional	3,412	3,013
Office Equipment	1,172	1,789
Printing, postage & stationary	103	707
Refreshment	327	249
Software & subscriptions	937	916
Telephone & Internet	738	846
Website & it	782	1,412
Insurance	672	646
PNPC Costs		
Admin Overhead	725	-
Instuctor Fee	8,507	12,525
Activity Cost	10,408	2,605
Material & Equipment	943	108
Printing, postage & stationary	43	-
Refreshment	995	371
Volunteer Costs	1,005	297
Staff Costs		
Travel	272	-
Employer Nic	-	129
Pension Cost	1,176	860
Recruitment	300	1,089
Other Staff Expenses	265	284
Temporary staff	1,828	1,785
Gross Wages	71,962	56,739
Legal and professional	100	33
	<u>131,051</u>	<u>99,790</u>
TOTAL EXPENDITURE	131,051	99,790
NET INCOME / (EXPENDITURE)		
FOR THE YEAR	(18,928)	(53,583)