

COMPANY REGISTRATION NUMBER: 05200902
CHARITY REGISTRATION NUMBER: 1105607

**Henna Asian Women's Group
Company Limited by Guarantee
Unaudited Financial Statements
31 March 2022**

GROMAN & COMPANY

Chartered Accountants
5 Violet Hill
St. John's Wood
London NW8 9EB

Henna Asian Women's Group

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report)

Year ended 31 March 2022

The trustees, who are also the directors for the purposes of company law, present their report and the unaudited financial statements of the charity for the year ended 31 March 2022.

Chair's report

Welcome to our Annual Report for 2021-2022. We are a member-based charity based in Kilburn, London and we work for the benefit of Asian Women in the London Borough of Camden.

We exist to increase the social inclusion and well-being of women from the South Asian diaspora. We offer a range of services and facilities for women to build their skills and confidence, improve their physical and mental health, and increase their social support systems.

I am delighted to be reporting another successful year where we supported our members through the period of recovery following the worst of the Covid-19 pandemic. During this time, our financial position remained strong as outlined in the Financial Report section, and we were able to continue and renew a range of services and activities as described in the Operation and Manager's Report below.

The value of Henna to its members is undeniably visible in their comments and feedback. But the success of Henna is primarily down to the strength, resilience, charisma and support of its members who are all incredible women in their own right.

I would like to thank the equally incredible people who have made Henna's activities possible: the funders for their continued support; the core staff and tutors for their unfailing delivery of quality services; the volunteers for their passion and time; and the Trustees for their tireless commitment to Henna's success.

I hope this report inspires all its readers with the impact that Henna and its members have achieved, and that the Henna community goes from strength to strength in the coming year.

Nilufar Verjee, Chair

Chair of the Board of Trustees

Henna Asian Women's Group

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2022

Reference and administrative details

Registered charity name	Henna Asian Women's Group
Charity registration number	1105607
Company registration number	05200902
Principal office and registered office	222C Belsize Road London NW6 4DJ

The trustees

Nilufar Verjee - Chair
Eva Skevres – Treasurer-
Emma Lawson De Roeck
Meher Shergill-
Tracey McDermott

Trustees

The Trustees serving during the year and since the year-end were as follows:

Chair	Nilufar Verjee
Treasurer	Eva Skevres- Resigned 31 July 2022
Elected trustees	Emma Lawson De Roeck Meher Shergill- Resigned 31 August 2022 Tracey McDermott – Resigned 31 July 2022

Henna Staff Team

Mamota Khatoon- Project & Operations Manager
Aysha Ahmed - Support Worker

On behalf of the Board and staff, I would also like to thank all our volunteers, service users, funders and partners without whom Henna would not be able to run.

Independent examiner	Al Groman FCA 5 Violet Hill St. John's Wood London NW8 9EB
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Henna Asian Women's Group

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2022

Structure, governance and management

Governing Document

Henna Asian Women's Group is a company limited by guarantee governed by its Memorandum and Articles of Association. It is registered as a charity with the Charities Commission.

Recruitment and Appointment of Management Committee

As set out in the Articles of Association, a director must be a person aged 18 or over. All members are circulated with invitations to nominate trustees prior to the AGM advising them of the retiring trustees and requesting nominations for the AGM. The charity may appoint a person who is willing to act as a Director.

Trustee Induction and Training

New trustees are furnished with the Memorandum of Articles and other literature relating to the organisation and its work. They are briefed on their legal obligations under Charity and Company Law, the committee and decision-making processes and recent financial performance of the charity. Trustees attend an induction evening where they can meet other trustees, staff etc. They are also provided with a description of their roles and responsibilities. Trustees are also encouraged to attend external training events where these will facilitate the undertaking of their role.

Organisational Structure

The board of trustees, which must have a minimum of 3 directors, administers the charity. The board meets every two months. A Manager is appointed by the trustees to manage the day-to-day operations of the charity. To facilitate effective operations, the Manager holds the office of Company Secretary and has delegated authority, for operational matters including finance and employment.

Pay Policy for Staff

Trustees are responsible for setting remuneration levels for Henna's staff. These staff are clearly identified by the trustees and consist of the charity's executive or management team. The pay of the staff is reviewed annually and increased in accordance with average earnings.

Objectives and Activities

Henna's Ethos: Mission, Vision, Key Aims and Objectives

Vision: Asian women in London are happy and fulfilled.

Mission statement: To increase social inclusion and confidence by creating awareness, building skills and providing support.

Aims and Objectives: Henna Asian Women's Group aims "to promote the benefit of Asian women resident or working in Camden, and neighbouring boroughs where appropriate, by advancing education and providing facilities in the interest of social welfare or recreation".

It aims to:

- To increase participation in the community
- To increase integration for those who are lonely and isolated
- To increase awareness of health, well-being and lifestyle choices
- To increase self-confidence
- To improve life skills

Henna Asian Women's Group

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2022

Where have we come from and what have we achieved so far?

Main Beneficiaries

Henna Asian Women's Group was formed in 1982 by South Asian women, with the intention of bringing all women together regardless of their different backgrounds. Henna has been able to build on this concept by offering services which help towards integrating women, and allowing them to build relationships, and stronger links within their local community. Henna Asian Women's Group is a user-led organisation who aims to improve the overall well-being of women by increasing social interaction; improving health; and develop, maintain more independence to overcome deprivation and isolation. Our members are from diverse ethnic backgrounds which include South Asian, White British, African, Afro-Caribbean, Irish, Middle Eastern, Far East Asian and South American. We offer a range of services empowering a range of different women, who may otherwise be socially isolated. They are given the opportunity to communicate with individuals with whom they may share certain customs, values and attributes alongside making friends with individual's who they have never been able to mix with helping towards changing mind-sets and developing social links within their local communities and assisting towards community cohesion. We encourage our members to participate in our services as well as introducing them to many mainstream services, allowing them to build confidence to integrate within society and help towards strengthening communities.

Public benefit

We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future services. In particular the board of trustees consider how our planned services will contribute to the aims and objectives they have set.

Henna Asian Women's Group

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2021

Achievements and performance

Henna 2021-22: The year of recovery and renewal

The Context

2021-22 saw communities and localities slowly emerging from the pandemic with the gradual relaxation of Covid social distancing measures, mask-wearing and the gradual opening-up of society. Though the shadow of the Omicron variant was a constant reminder of the threat in our midst, the successful rollout of the vaccination program correlating with a fall in hospital admissions and deaths, created a sense of confidence and optimism.

Henna needed to meet the challenges and opportunities of the new normal. To reset the bar and move on vigilantly and positively as an organisation like the rest of the voluntary and community sector.

During the pandemic and in the aftermath, Henna consistently tapped into and responded to the needs, fears and aspirations of our members with the support of funders such as Westminster Adult Learning, Ageing Better Camden, City Bridge Trust, and Mind in Camden. We developed platforms of resilience, choice, and social connection.

2021-22 was a period that saw a doubling of Henna's membership and a hybrid interaction with our members with a progression towards more face-to-face. We created and embedded new practices, policies, and activities for the new normal and recruited new workers that represented the diversity of our membership.

The Henna year is best and most suitably told by our members. Their stories, reflections, and experiences, in pictures and in words grace this report and bring it to life.

Post Pandemic considerations, hybrid pathways and transition.

For our membership, the heartbeat and foundation of Henna, there was an air of trepidation mixed with the aroma of opportunity upon the dawn of a new era in the spring of 2021. There was a need to safely navigate back into a real-world forever changed by a once-in-a-lifetime pandemic. There was also a fear of the unknown, particularly their relationship with others and a worsening of their mental resolve, linked to isolation and loneliness.

Henna monitored, planned for and anticipated the 'new normal' or the 'reset' during 2020-21 with a person-centred and strength-based approach. Our close relationship with our membership, ensured that we were aware of the practical and holistic support that they needed and developed innovative and wraparound services for their recovery.

Henna Asian Women's Group

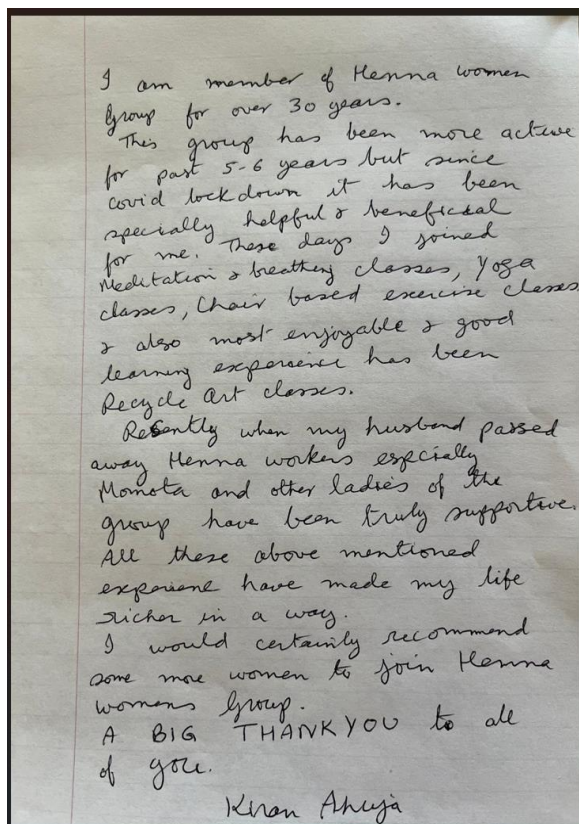
Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2022

Achievements and performance *(continued)*

Kiran's reflections



A group trip to the London Eye

The needs of our women were diverse and not homogenous, and this reflected their levels of recovery from the pandemic. The impact was individual and not collective in so many ways. Some of them had suffered significant personal losses: others a significant deterioration in their physical and mental well-being. The challenge we faced was to adapt and develop our services to incorporate their varying needs and aspirations. For many, the expectations of a better world, a kinder place. For others, a more negative mindset, where nothing would really change in their everyday lives.

A considerable number wished to continue doing everything online as it was what they had grown used to; some were too fearful of catching Covid-19; others were too stressed with seeing others. For so many, face-to-face engagement was much needed, after being physically away from one another for so long. There were those that did not wish to engage with others either online or face to face; a proportion only wanted 1-1 support. Some of our members were feeling more positive in their lives and had a brighter outlook. For them, Henna was one of many options.

Henna Asian Women's Group

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2022

Achievements and performance *(continued)*

Cake Decoration Course



Henna
Asian Women's Group

CAKE DECORATION WORKSHOP FOR BEGINNERS

**MONDAYS AT
10AM UNTIL 12PM**

Learn how to make and decorate
cakes/cupcakes with us.
Instructions will be provided via
Zoom.

Early registration is necessary
REGISTER TODAY!!
- LIMITED SPACES -
FIRST COME FIRST SERVE

FREE for Henna
members or if
in receipt
of benefits!

Funded by
 WESTMINSTER ADULT EDUCATION SERVICE

Email: info@hennaorg.co.uk
Web: www.henna.org.uk
Tel: +447752681828
Facebook: [HennaAsianWomensGroup](https://www.facebook.com/HennaAsianWomensGroup)
Twitter: [@HennaAsianWomen](https://twitter.com/HennaAsianWomen)
Instagram: [@HennaAsianWomen](https://www.instagram.com/HennaAsianWomen)

A picnic and coming together



That being so, our model which had become online during 20-21 (through our Tech Divas digital inclusion programme) slowly moved into one that was hybrid based on personal needs and wishes with no compulsion to adjust or conform. We were primarily online during 2021 in respect to talking groups, breathing exercises, yoga and recreational support with the turn of the year seeing more women coming together in face-to-face groups, walks and trips. The colder weather was quite understandably a barrier to many of our older, more vulnerable cohorts and so hybrid options remained.

Socially connecting again, having fun at the seaside and confidence building.



Henna Asian Women's Group

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) (continued)

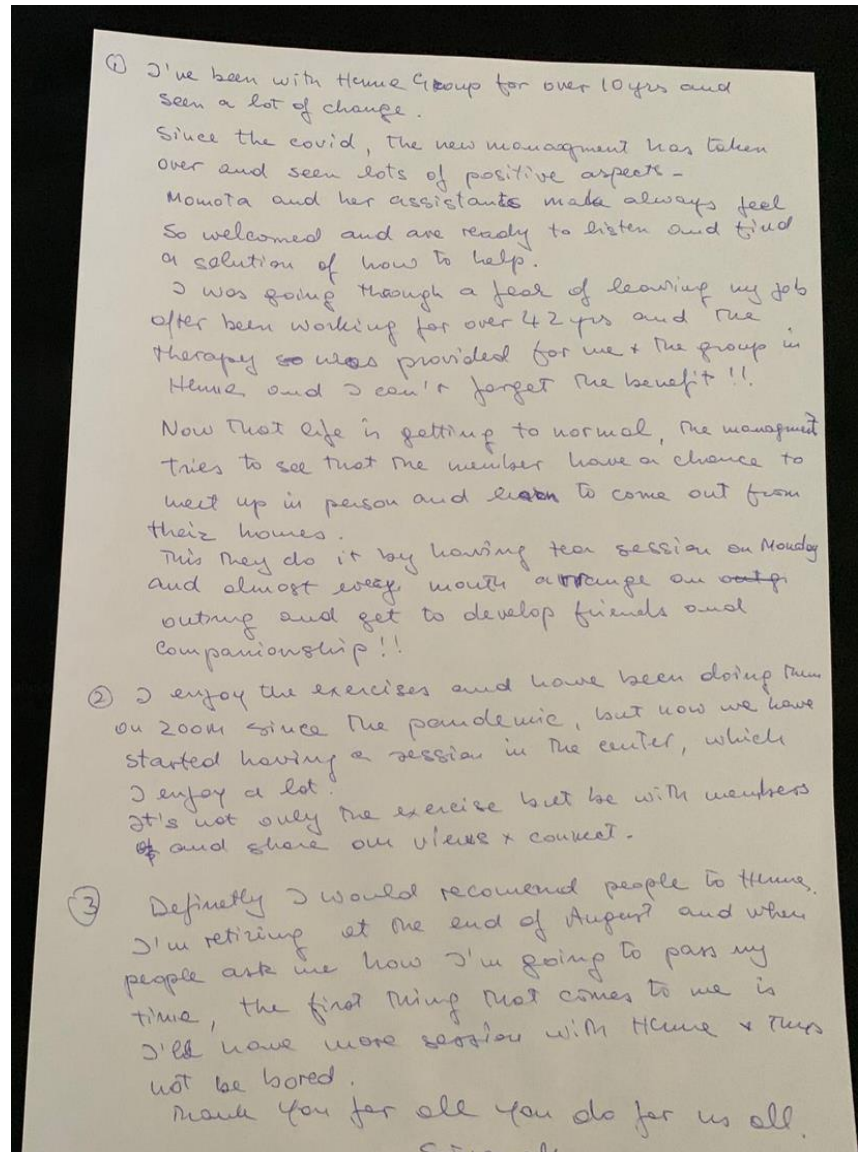
Year ended 31 March 2022

Achievements and performance (continued)

Henna Design



Nassima's Reflections



A person-centred approach to emerging needs and expectations.

Henna had the strength of purpose and a strong commitment to resilience building based on personal choice. We initiated connections through groups and activities with a focus on rehabilitation and inclusion as well as building capacity around 1-1 support and counselling.

We identified and addressed emerging needs through a range of interventions. This included innovative platforms to support our members with emotional needs and trauma such as counselling and meditation; physical well-being through exercise and healthy eating; conversation and interaction through talking groups in safe spaces; education and learning through digital support and ESOL classes.

Henna Asian Women's Group

Company Limited by Guarantee

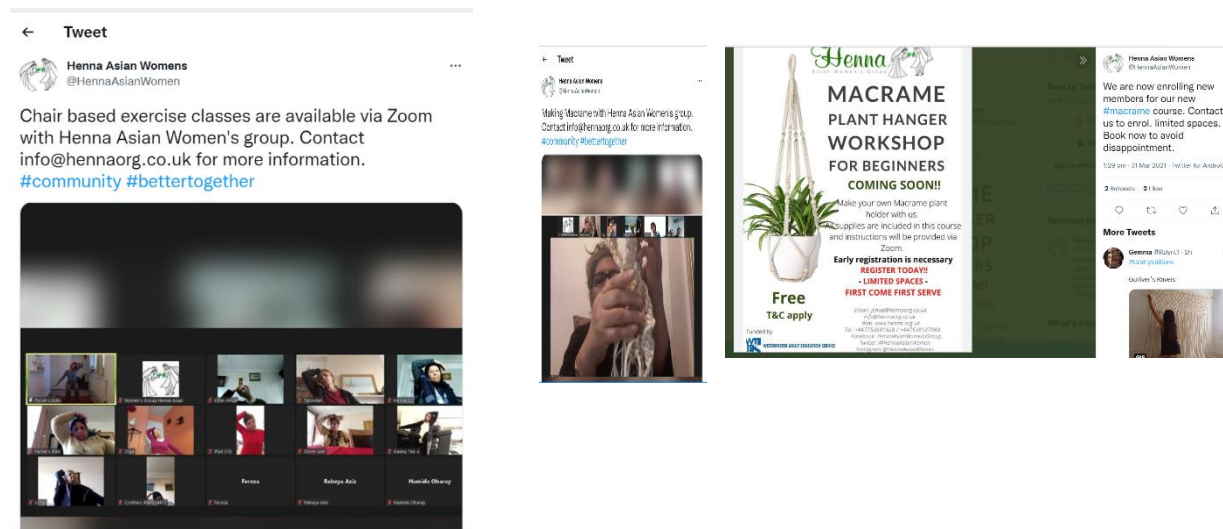
Trustees' Annual Report (Incorporating the Director's Report) (continued)

Year ended 31 March 2022

Achievements and performance (continued)

Chair-based exercise

Macrame with Westminster Adult Learning



We provided practical support and information to our members including younger women, single parents and those impacted by family breakdown, income loss, bereavement, and lack of opportunities during lockdown with the aim of broadening their skills, networks and experience to enhance their volunteering and work prospects and thereby their independence and wellbeing.

The Henna Week – open to new activities

Peer Support Talking Group



'Henna has made difference in my life by allowing me to interact with other members, make new friends and learn to live a healthy and active life using the techniques learned in Meditation, Yoga, Arts and Crafts.' (Shaheen J Choudhury)

Henna Asian Women's Group

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2022

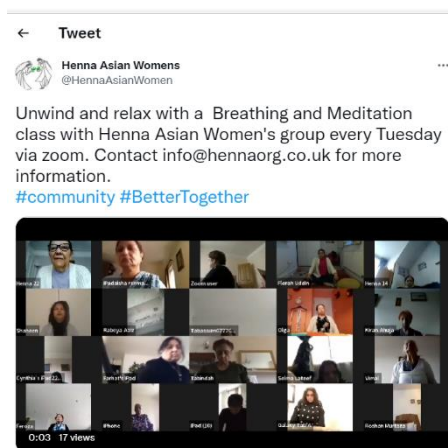
Achievements and performance *(continued)*

There was something for everyone in our programme of activities be it learning and education, developing practical skills, enhancing well-being and making social connections. Most of our beneficiaries participated in a range of groups allowing them to share their ideas and experiences and make friendships with a wider range of women. We completed and enhanced their day in the ways and means they suggested and needed.

Zumba!!



Breathing and Meditation Class



We supported our women with emerging issues such as the cost of living, fuel poverty, food insecurity and debt through personal budgeting, accessing food banks and advice provision as well as grants from national and local councils. A knowledge of their rights, signposting to the right agency and being accessible ourselves was so important in giving many the confidence to take control of their lives again. It made a difference.

We engaged with and supported newly arrived Afghan women evacuees and their families in bridging hotels with yoga classes, accessing language support and local activities. We also donated clothes, toys and cultural items from our members.

The UCHL Reaching Out research project was a unique opportunity to train our members on the importance of collecting and compiling community stories. Stories that are based on reality and in years to come, will define our history.

Henna Asian Women's Group

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) (continued)

Year ended 31 March 2022

Achievements and performance (continued)

Hamida's reflections

My experience with Henna music and Singing class has been fantastic. During covid when we were not allowed to go out Henna classes on Zoom helped us survive difficult times. Music class particularly kept our morale high and kept us away from falling in depression. Since all my family members live abroad a lot of Henna members have become my dearest friends and extended family. We go out regularly and have fun. I am extremely happy with all activities of Henna. I enjoy singing class, Rukhsana Malik's class and Flora's classes. Also I am very happy with current management of Henna who are trying their best to keep us happy. I would definitely recommend Henna to others.

Hamida Obaray

Henna's End of Year Party!!



The disproportionate impact and a visible presence

As an organisation we were aware of the importance of having a visible and accessible presence that was responsive to the practical needs of the moment. We witnessed the trials and tribulations endured by our communities during this perilous phase in our history and the strength and fortitude they showed. The pandemic evidenced what our members also confirmed namely the disproportional impact on communities of colour and the inequalities (social, health, economic) in respect to affordability, access, and experience in their everyday lives perpetuated by exclusion, indifference, systemic racism and discrimination. The theme of this year's successful International Women's Day event was 'Breaking the Bias.'



Henna Asian Women's Group

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2022

Achievements and performance *(continued)*

Through our peer support groups and wider interaction, our members voiced their concerns about the possible long-term side effects of the vaccine as well as their hesitancy in taking it in the first place. Many felt duty-bound to take the vaccine as they believed they would be labelled as 'spreaders.' They were also afraid of being targeted as communities came out of lockdown; lived in poor and often overcrowded housing conditions that worsened their already frail health; could not afford digital and data to be more engaged; had markedly worse health outcomes and morbidities than people who were non BAME.

We addressed these challenges by supporting our women back into society with accompanied walks and befriending; with data support, learning and devices; with conversations allaying their health concerns and prompting them to engage with medical services. With open and respectful interactions on the vaccine rollout. Most especially by relaying their concerns and experiences through forums and partnerships we were part of including the local authority, public health and voluntary sector.

Improving and raising awareness of women's safety.



Inclusion, identity and strength in numbers.

Though we are an organisation for Asian women, we have throughout our 40-year history embraced women of all cultures, faiths and nationalities. Our service users represent this spirit of diversity and inclusion. Around 150 users have taken advantage of the different services/activities provided by Henna, which are culturally appropriate.

Our growing and loyal membership indicate a solid foundation to move forward with developing innovative projects and services that meet their everyday and emerging needs. We are in an advantageous position to take advantage of funding opportunities that will allow us to do this, and this will further strengthen our capacity and levels of engagement with our members.

Our members are more confident, more resilient and more engaged. Mentally and emotionally more likely to attend a group and do so face to face; try new things; challenge themselves.

Henna Asian Women's Group

Company Limited by Guarantee


Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2022

Achievements and performance *(continued)*

Tracey McDermott, one of our Henna trustees, supporting the International Women's Day event.







Celebrate *International Women's Day* with Henna

- Food
- Entertainment
- Henna
- Art Showcase

#BreaktheBias



Please join us on Monday 14th March 2022 at the Belsize Room, in the Abbey Community Centre, from 12-3pm

To reserve your space, please contact Aysha on 07752681828/ aysha@hennaorg.uk

Personal thoughts and reflections

Henna is in a stronger position with a positive mindset to explore new opportunities and navigate emerging challenges in 2022/23. Its secure funding base and increased membership is testimony to the hard work and commitment of all staff, volunteers, tutors and our accountant as well as the support of trustees and donors during this past.

For our members, Henna is their home. A sanctuary, a safe space, a place characterised by familiarity, friendship and fun. They are very loyal with a deep sense of affinity to all that Henna stands for. The barometer of our importance, success and relevancy is their experiences, reflections and stories. They make us the organisation that we are.

As we develop new opportunities and strategies, we need to be mindful of not losing or diluting any of the gains of the past year in respect to membership, activities and programmes.



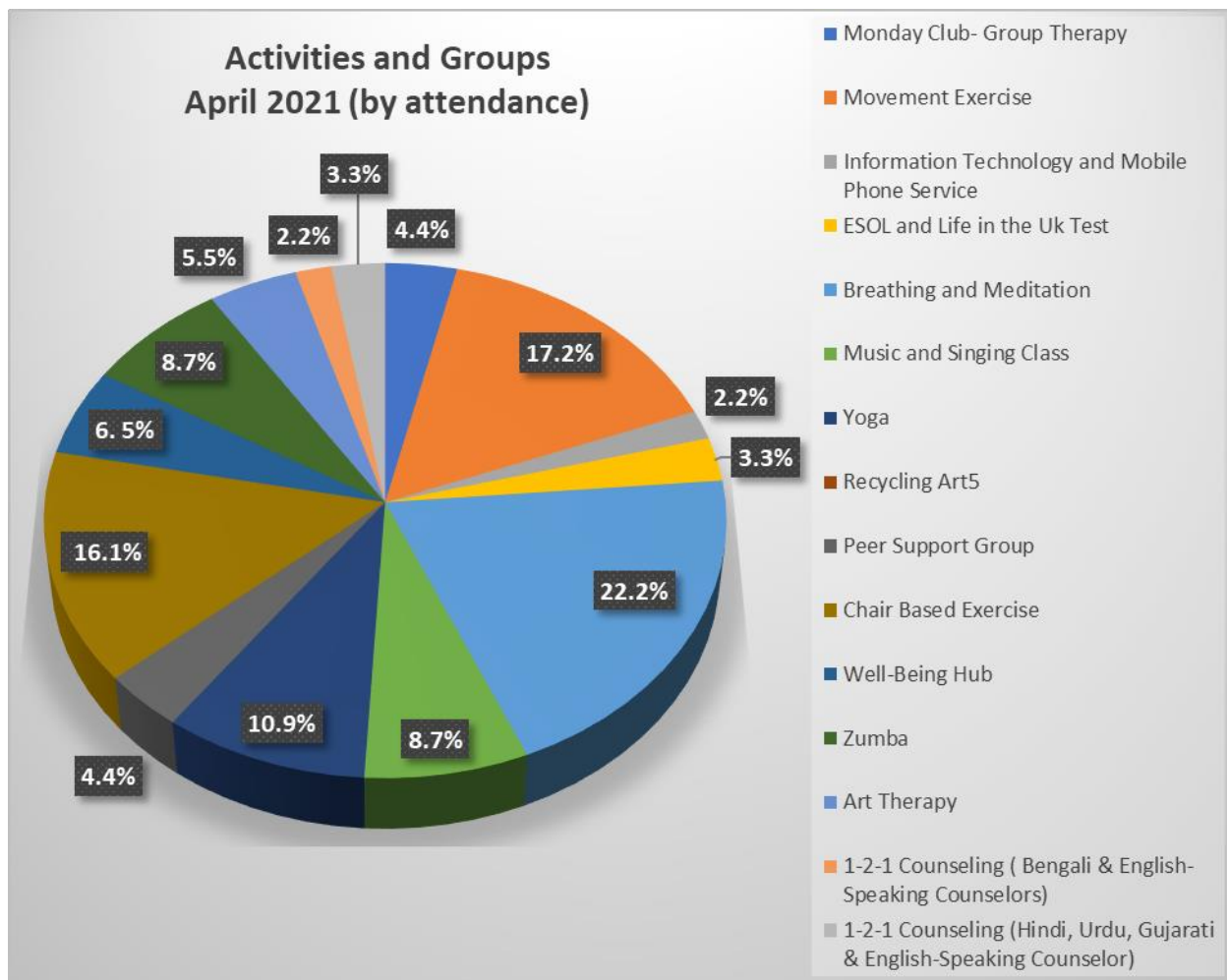
Henna Asian Women's Group

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2022

Achievements and performance *(continued)*



Both pie charts provide a snapshot of the most popular sessions and the different activities run by Henna.

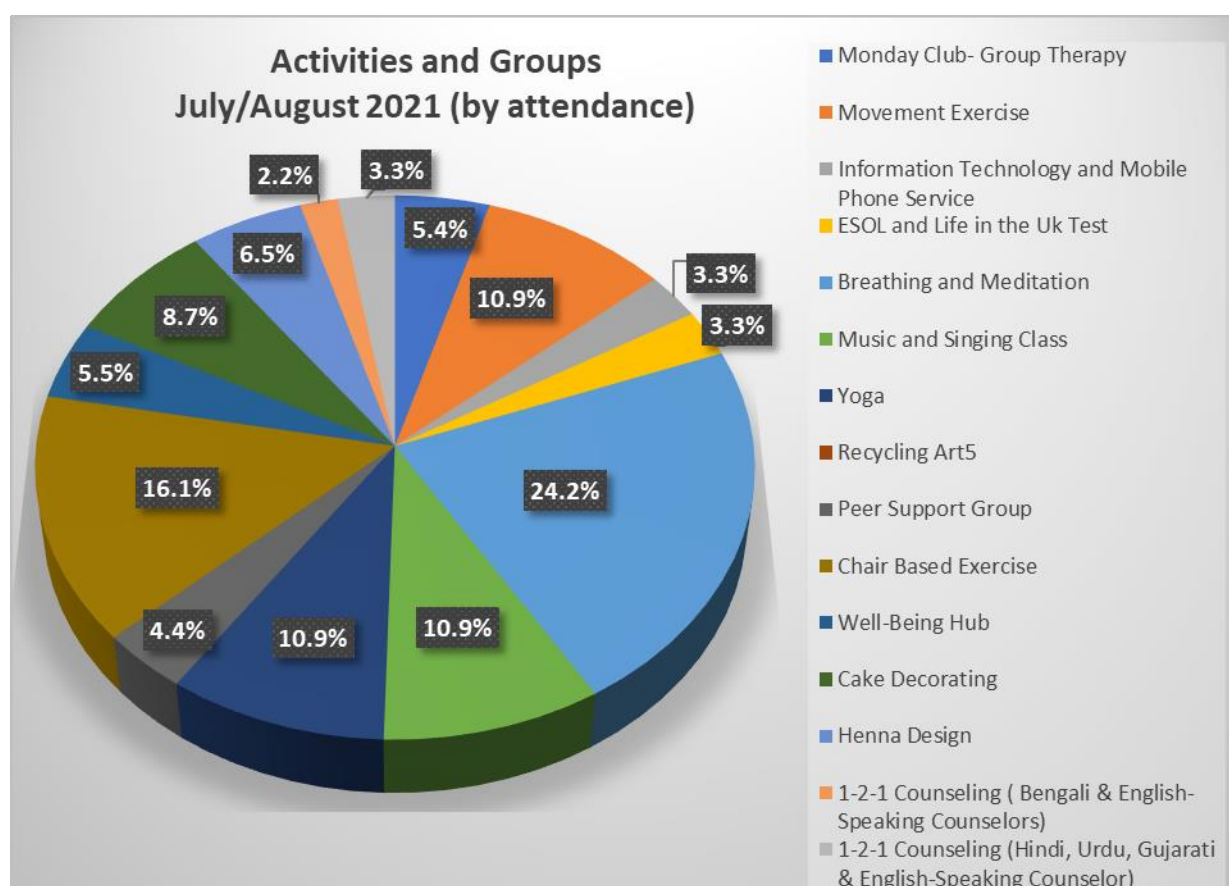
Henna Asian Women's Group

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2022

Achievements and performance *(continued)*



Financial review

The Statement of Financial Activities shows a total income of £94,085 (2021 - £175,273) and total expenditure of £85,189 (2021 - £118,551). The surplus for the year was £8,896 (2021 - £56,772). The charity has £86,584 (2021-£63,623) of Unrestricted Funds and £48,831 (2021- £62,896) of Restricted Funds as at the year end.

The Trustees consider this to be a satisfactory performance given the constraints imposed by the COVID pandemic

Going Concern

The Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future.

Henna Asian Women's Group

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2022

Reserves Policy

The charity's policy is to maintain unrestricted reserves of an amount equal to six months operational costs. As of 31 March 2022, unrestricted reserves were £86,584 which more than satisfies this criterion.

Investment Policy

The charity has never had sufficient funds to warrant making long term investments and all funds are held in bank deposits. Should the need arise in the future the Trustees will develop an investment policy in the context of the prevailing financial climate.

Risk Management

The principal risks that arose in this financial year stemmed from the pandemic and resulted in reduced activity and a fall in funding, primarily due to us not having a fundraiser in post. The above results indicate that Trustees and staff managed these risks effectively. Trustees are aware of the need to ensure that risks are discussed regularly at the Board level.

Funding Sources

Most of the funding is derived from grants and our main donors in this financial year were: Age UK, Groundwork UK, London Borough of Camden, London Community Relief Fund, Westminster City Council (Adult Education Services)

Henna Asian Women's Group

Abbey Community Centre

222c Belsize Road

London

NW6 4DJ

Telephone: 020 7372 9860

Email: info@hennaorg.co.uk

Website: www.henna.org.co.uk

Twitter: [@HennaAsianWomen](https://twitter.com/HennaAsianWomen)

Registered Charity No: 1105607

Registered Company:

5200902

Small company provisions

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

The trustees' annual report was approved on and signed on behalf of the board of trustees by:

Nilufar Verjee

Chair of the Trustees

Henna Asian Women's Group

Company Limited by Guarantee

Independent Examiner's Report to the Trustees of Henna Asian Women's Group

Year ended 31 March 2022

I report to the trustees on my examination of the financial statements of Henna Asian Women's Group ('the charity') for the year ended 31 March 2022.

Responsibilities and basis of report

As the trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Al Groman FCA
Independent Examiner

5 Violet Hill
St. John's Wood
London NW8 9EB

Henna Asian Women's Group

Company Limited by Guarantee

Statement of Financial Activities (including income and expenditure account)

Year ended 31 March 2022

		2022	2021		
		Unrestricted funds	Restricted funds	Total funds	Total funds
	Note	£	£	£	£
Income and endowments					
Donations and legacies	5	27,138	62,196	89,334	174,903
Investment income	6	1	–	1	20
Other income	7	1,605	3,145	4,750	350
Total income		28,744	65,341	94,085	175,273
Expenditure					
Expenditure on charitable activities	8,9	5,763	79,371	85,134	118,551
Other expenditure	10	20	35	55	–
Total expenditure		5,783	79,406	85,189	118,551
Net income and net movement in funds					
		22,961	(14,065)	8,896	56,722
Reconciliation of funds					
Total funds brought forward		63,623	62,896	126,519	69,797
Total funds carried forward		86,584	48,831	135,415	126,519

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

The notes on pages 20 to 26 form part of these financial statements.

Henna Asian Women's Group

Company Limited by Guarantee

Statement of Financial Position

31 March 2022

	Note	2022 £	£	2021 £
Current assets				
Debtors	15	–		15,370
Cash at bank and in hand		138,410		127,796
		<u>138,410</u>		<u>143,166</u>
Creditors: amounts falling due within one year	16	<u>2,995</u>		<u>16,647</u>
Net current assets			135,415	126,519
Total assets less current liabilities			135,415	126,519
Net assets			135,415	126,519
Funds of the charity				
Restricted funds			48,831	62,896
Unrestricted funds			86,584	63,623
Total charity funds	19		135,415	126,519

For the year ending 31 March 2022 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

These financial statements were approved by the board of trustees and authorised for issue on, and are signed on behalf of the board by:

Nilufar Verjee
Chair of the Trustees

The notes on pages 20 to 26 form part of these financial statements.

Henna Asian Women's Group

Company Limited by Guarantee

Notes to the Financial Statements

Year ended 31 March 2022

1. General information

The charity is a public benefit entity and a private company limited by guarantee, registered in England and Wales and a registered charity in England and Wales. The address of the registered office is 222C Belsize Road, London NW6 4DJ.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Companies Act 2006.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Going concern

There are no material uncertainties about the charity's ability to continue.

Disclosure exemptions

The entity satisfies the criteria of being a qualifying entity as defined in FRS 102. As such, advantage has been taken of the following disclosure exemptions available under paragraph 1.12 of FRS 102: (a) No cash flow statement has been presented for the company.

(b) Disclosures in respect of financial instruments have not been presented.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.

Henna Asian Women's Group

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2022

3. Accounting policies *(continued)*

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Equipment	- 25% straight line
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Henna Asian Women's Group

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2022

Impairment of fixed assets

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

Defined contribution plans

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

4. Limited by guarantee

The company is limited by guarantee of £1 per member without share capital.

5. Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Current year			
Donations			
Donations	31	–	31
Grants			
LB Camden	–	12,744	12,744
Age UK	–	10,000	10,000
Groundwork UK	–	4,000	4,000
London Community Fund	27,107	10,559	37,666
Westminster AES	–	24,893	24,893
	<u>27,138</u>	<u>62,196</u>	<u>89,334</u>
	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Prior year			
Donations			
Donations	479	–	479
Donations - EPMC	8,400	–	8,400
Grants			
LB Camden	–	–	–
Age UK	2,500	5,000	7,500
Groundwork UK	–	–	–
Big Lottery Fund	–	36,152	36,152
London Community Fund	–	67,892	67,892
MIND	2,480	–	2,480
Westminster AES	–	–	–
ESC Lottery Fund	1,600	–	1,600
Arts Council	–	35,000	35,000
Independent Age	–	15,000	15,000
The Health Forum	400	–	400
	<u>15,859</u>	<u>159,044</u>	<u>174,903</u>

Henna Asian Women's Group

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2022

6. Investment income

	Unrestricted Funds £	Total Funds 2022 £	Unrestricted Funds £	Total Funds 2021 £
Bank interest receivable	<u>1</u>	<u>1</u>	<u>20</u>	<u>20</u>

7. Other income

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Other income	450	3,145	3,595
Membership fees	<u>1,155</u>	<u>—</u>	<u>1,155</u>
	<u>1,605</u>	<u>3,145</u>	<u>4,750</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Other income	—	—	—
Membership fees	350	—	350
	<u>350</u>	<u>—</u>	<u>350</u>

8. Expenditure on charitable activities by fund type

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Current year			
Principal Activity	2,222	78,771	80,993
Support costs	<u>3,541</u>	<u>600</u>	<u>4,141</u>
	<u>5,763</u>	<u>79,371</u>	<u>85,134</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Prior year			
Principal Activity	(453)	115,355	114,902
Support costs	<u>2,357</u>	<u>1,292</u>	<u>3,649</u>
	<u>1,904</u>	<u>116,647</u>	<u>118,551</u>

Henna Asian Women's Group

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2022

9. Expenditure on charitable activities by activity type

	Activities undertaken directly	Support costs	Total funds 2022	Total fund 2021
	£	£	£	£
Principal Activity	80,993	–	80,993	114,902
Governance costs	–	4,141	4,141	3,649
	<u>80,993</u>	<u>4,141</u>	<u>85,134</u>	<u>118,551</u>

10. Other expenditure

	Unrestricted Funds	Restricted Funds	Total Funds 2022
	£	£	£
Current year			
Bank charges	20	35	55
	<u>20</u>	<u>35</u>	<u>55</u>
	Unrestricted Funds	Restricted Funds	Total Funds 2021
	£	£	£
Prior year			
Bank charges	–	–	–
	<u>–</u>	<u>–</u>	<u>–</u>

11. Independent examination fees

	2022	2021
	£	£
Fees payable to the independent examiner for:		
Independent examination of the financial statements	1,200	1,200
	<u>1,200</u>	<u>1,200</u>

12. Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

	2022	2021
	£	£
Wages and salaries	45,890	65,115
Social security costs	–	1,255
Employer contributions to pension plans	826	731
	<u>46,716</u>	<u>67,101</u>

The average head count of employees during the year was 3 (2021: 3).

No employee received employee benefits of more than £60,000 during the year (2021: Nil).

13. Trustee remuneration and expenses

No remuneration or other benefits from employment with the charity or a related entity were received by the trustees.

Henna Asian Women's Group

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2022

14. Tangible fixed assets

	Equipment £	Total £
Cost		
At 1 April 2021 and 31 March 2022	<u>5,358</u>	<u>5,358</u>
Depreciation		
At 1 April 2021 and 31 March 2022	<u>5,358</u>	<u>5,358</u>
Carrying amount		
At 31 March 2022	<u>-</u>	<u>-</u>
At 31 March 2021	<u>-</u>	<u>-</u>

15. Debtors

	2022 £	2021 £
Trade debtors	-	12,500
Other debtors	-	2,870
	<u>-</u>	<u>15,370</u>

16. Creditors: amounts falling due within one year

	2022 £	2021 £
Accruals and deferred income	-	15,000
Social security and other taxes	788	-
Pension liability	439	57
Other creditors	<u>1,768</u>	<u>1,590</u>
	<u>2,995</u>	<u>16,647</u>

17. Deferred income

	2022 £	2021 £
Amount deferred in year	<u>-</u>	<u>15,000</u>

18. Pensions and other post retirement benefits

Defined contribution plans

The amount recognised in income or expenditure as an expense in relation to defined contribution plans was £826 (2021: £731).

Henna Asian Women's Group

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2022

19. Analysis of charitable funds

Unrestricted funds

	At 1 April 2021	Income	Expenditure	Transfers	At 31 March 2022
	£	£	£	£	£
Current year					
Unrestricted Fund	<u>63,623</u>	<u>28,744</u>	<u>(5,783)</u>	<u>–</u>	<u>86,584</u>

	At 1 April 2020	Income	Expenditure	Transfers	At 31 March 2021
	£	£	£	£	£
Prior year					
Unrestricted Fund	<u>37,659</u>	<u>16,229</u>	<u>(1,904)</u>	<u>11,639</u>	<u>63,623</u>

Restricted funds

	At 1 April 2021	Income	Expenditure	Transfers	At 31 March 2022
	£	£	£	£	£
Current year					
Restricted Funds	<u>62,896</u>	<u>65,341</u>	<u>(79,406)</u>	<u>–</u>	<u>48,831</u>

	At 1 April 2020	Income	Expenditure	Transfers	At 31 March 2021
	£	£	£	£	£
Prior year					
Restricted Funds	<u>32,138</u>	<u>159,044</u>	<u>(116,647)</u>	<u>(11,639)</u>	<u>62,896</u>

Henna Asian Women's Group

Company Limited by Guarantee

Management Information

Year ended 31 March 2022

The following pages do not form part of the financial statements.

Henna Asian Women's Group

Company Limited by Guarantee

Detailed Statement of Financial Activities

Year ended 31 March 2022

	2022 £	2021 £
Income and endowments		
Donations and legacies		
Donations	31	479
Donations - EPMC	—	8,400
LB Camden	12,744	—
Age UK	10,000	7,500
Groundwork UK	4,000	—
Big Lottery Fund	—	36,152
London Community Fund	37,666	67,892
MIND	—	2,480
Westminster AES	24,893	—
ESC Lottery Fund	—	1,600
Arts Council	—	35,000
Independent Age	—	15,000
The Health Forum	—	400
	<u>89,334</u>	<u>174,903</u>
Investment income		
Bank interest receivable	<u>1</u>	<u>20</u>
Other income		
Other income	3,595	—
Membership fees	1,155	350
	<u>4,750</u>	<u>350</u>
Total income	<u><u>94,085</u></u>	<u><u>175,273</u></u>

Henna Asian Women's Group

Company Limited by Guarantee

Detailed Statement of Financial Activities *(continued)*

Year ended 31 March 2022

	2022 £	2021 £
Expenditure		
Expenditure on charitable activities		
Wages and salaries	45,890	65,115
Employer's NIC	—	1,255
Pension costs	826	731
Rent	4,183	—
Repairs and maintenance	—	792
Insurance	582	540
Other establishment	2,831	2,486
Legal and professional fees	1,350	2,415
Telephone	599	303
Other office costs	1,049	539
Direct charitable activity - Direct project costs	23,078	40,873
Direct charitable activity - Events and outings	985	—
Direct charitable activity - Staff recruitment, training & development	1,966	976
Direct charitable activity - Computer & internet	1,795	2,526
	<u>85,134</u>	<u>118,551</u>
Other expenditure		
Bank charges	55	—
	<u>55</u>	<u>—</u>
Total expenditure	<u>85,189</u>	<u>118,551</u>
Net income	<u>8,896</u>	<u>56,722</u>

Henna Asian Women's Group

Company Limited by Guarantee

Notes to the Detailed Statement of Financial Activities

Year ended 31 March 2022

	2022 £	2021 £
Expenditure on charitable activities		
Activity type 1		
<i>Activities undertaken directly</i>		
Wages/salaries	45,890	65,115
Employer's NIC	—	1,255
Pension costs	826	731
Rent	4,183	—
Office equipment	—	792
Insurance	582	540
Marketing & Publications	40	1,252
Telephone	599	303
Other office costs	1,049	539
Direct charitable activity - direct project costs	23,078	40,873
Direct charitable activity - Events & outings	985	—
Direct charitable activity - Staff recruitment, training & development	1,966	976
Direct charitable activity - Computer & internet	1,795	2,526
	<u>80,993</u>	<u>114,902</u>
Governance costs		
Governance costs - bookkeeping and payroll costs	2,791	1,234
Governance costs - accountancy fees	1,200	1,200
Governance costs - legal and other professional fees	150	1,103
AGM & costs of trustees' meetings	—	112
	<u>4,141</u>	<u>3,649</u>
Expenditure on charitable activities	<u><u>85,134</u></u>	<u><u>118,551</u></u>