

COMPANY REGISTRATION NUMBER: 05200902
CHARITY REGISTRATION NUMBER: 1105607

**Henna Asian Women's Group
Company Limited by Guarantee
Unaudited Financial Statements
31 March 2021**

GROMAN & COMPANY

Chartered Accountants
5 Violet Hill
St. John's Wood
London NW8 9EB

Henna Asian Women's Group

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report)

Year ended 31 March 2021

The trustees, who are also the directors for the purposes of company law, present their report and the unaudited financial statements of the charity for the year ended 31 March 2021.

Chair's report

The year 2020-2021 raised unprecedented challenges for the whole world ravaged by the Covid-19 pandemic. In the face of these challenges, I am incredibly proud of how Henna and its members, staff and trustees have adapted to the new normal (which felt anything but normal). Thanks to their dedication, resilience and strength, it has been possible to innovate Henna's activities so its members and broader community have been able to continue accessing the invaluable services that have been a lifeline to so many.

Henna's success has only been made possible by the unstinting support of our partners – from funders who have acknowledged the value that Henna brings to them and the community, to our business partners in the IT, HR and financial disciplines who have provided us with professional services and advice.

With these partners, we have worked hard to put Henna's financial position on a more sustainable footing, and will continue our focus on growing our impact through increased income in the coming year.

I would like to extend my sincere thanks to everyone involved with Henna in the past year for their tireless commitment. Special thanks go to all of Henna's amazing trustees and wonderful staff, past and present; our Projects and Operations Manager, Momota Khatoon, who took up the reins so smoothly during such turbulent times, bringing her passion, energy and creativity to all of Henna's activities; and most of all to every single one of Henna's members and programme participants who together form a wonderful community that never fails to support, nurture and inspire each other, and to which it is a privilege to belong.


Nilufar Verjee

Chair of the Board of Trustees

10.1.22

Henna Asian Women's Group

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2021

Reference and administrative details

Registered charity name Henna Asian Women's Group

Charity registration number 1105607

Company registration number 05200902

Principal office and registered office 222C Belsize Road
London NW6 4DJ

Trustees Nilufar Verjee - Chair
Eva Skevres - Treasurer
Emma Lawson De Roeck
Meher Shergill
Tracey McDermott

Trustees serving during the year and since the year-end were as follows:

Chair	Nilufar Verjee
Treasurer	Eva Skevres
Elected trustees	Emma Lawson de Roeck (appointed 22 April 2020)
	Meher Shergill
	Tracey McDermott
	Rena Rani (resigned 1 February 2021)

Henna Staff Team

Momota Khatoon - Projects & Operations Manager
Aysha Ahmed – Support Worker

On behalf of the Board and staff, we would also like to thank all our volunteers, service users, funders and partners without whom Henna would not be able to operate.

Independent examiner Al Groman FCA
5 Violet Hill
St. John's Wood
London NW8 9EB

Henna Asian Women's Group

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2021

Structure, governance and management

Governing Document

Henna Asian Women's Group is a company limited by guarantee governed by its Memorandum and Articles of Association. It is registered as a charity with the Charities Commission.

Recruitment and Appointment of Management Committee

As set out in the Articles of Association, a director must be a person aged 18 or over. All members are circulated with invitations to nominate trustees prior to the AGM advising them of the retiring trustees and requesting nominations for the AGM. The charity may appoint a person who is willing to act as a Director.

Trustee Induction and Training

New trustees are furnished with the Memorandum of Articles and other literature relating to the organisation and its work. They are briefed on their legal obligations under Charity and Company Law, the committee and decision-making processes and recent financial performance of the charity. Trustees attend an induction evening where they can meet other trustees, staff etc. They are also provided with a description of their roles and responsibilities. Trustees are also encouraged to attend external training events where these will facilitate the undertaking of their role.

Organisational Structure

The board of trustees, which must have a minimum of 3 directors, administers the charity. The board meets every two months. A Manager is appointed by the trustees to manage the day-to-day operations of the charity. To facilitate effective operations, the Manager holds the office of Company Secretary and has delegated authority, for operational matters including finance and employment.

Pay Policy for Staff

Trustees are responsible for setting remuneration levels for Henna's staff. These staff are clearly identified by the trustees and consist of the charity's executive or management team. The pay of the staff is reviewed annually and increased in accordance with average earnings.

Objectives and Activities

Henna's Ethos: Mission, Vision, Key Aims and Objectives

Vision: Asian women in London are happy and fulfilled.

Mission statement:

To increase social inclusion and confidence by creating awareness, building skills and providing support.

Aims and Objectives:

Henna Asian Women's Group aims "to promote the benefit of Asian women resident or working in Camden, and neighbouring boroughs where appropriate, by advancing education and providing facilities in the interest of social welfare or recreation".

It aims to:

- To increase participation in the community
- To increase integration for those who are lonely and isolated
- To increase awareness of health, well-being and lifestyle choices
- To increase self-confidence
- To improve life skills

Henna Asian Women's Group

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2021

Where have we come from and what have we achieved so far?

Main Beneficiaries

Henna Asian Women's Group was formed in 1982 by South Asian women, with the intention of bringing all women together regardless of their different backgrounds. Henna has been able to build on this concept by offering services which help towards integrating women, and allowing them to build relationships, and stronger links within their local community. Henna Asian Women's Group is a user-led organisation who aims to improve the overall well-being of women by increasing social interaction; improving health; and develop, maintain more independence to overcome deprivation and isolation. Our members are from diverse ethnic backgrounds which include South Asian, White British, African, Afro-Caribbean, Irish, Middle Eastern, Far East Asian and South American. We offer a range of services empowering a range of different women, who may otherwise be socially isolated. They are given the opportunity to communicate with individuals with whom they may share certain customs, values and attributes alongside making friends with individual's who they have never been able to mix with helping towards changing mind-sets and developing social links within their local communities and assisting towards community cohesion. We encourage our members to participate in our services as well as introducing them to many mainstream services, allowing them to build confidence to integrate within society and help towards strengthening communities.

Risk Management

The Board has conducted a review of the major risks to which the charity is exposed and a risk register has been established. The major risks identified were current funding, obtaining new funding, financial procedures and health and safety. A health and safety policy has been produced and financial procedures have been written. A fund-raising strategy has been written in the current year. The Board will review the risk register annually to ensure new risks are identified and measures are taken to mitigate both current and new risks.

Public benefit

We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future services. In particular the board of trustees consider how our planned services will contribute to the aims and objectives they have set.

Henna Asian Women's Group

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2021

Achievements and performance *(continued)*

Achievements and performance

Henna and the Covid-19 year

The Context

On March 23rd, 2020, previous advice on social distancing became legally mandatory. On national television Prime Minister, Boris Johnson announces a UK lockdown:

"From this evening I must give the British people a very simple instruction - you must stay at home."

Pubs, cafes closed, the first claps for NHS workers began and the Prime Minister is diagnosed with Covid-19 on March 27.

This set the context and the backdrop for the year to come in all our lives. Covid-19 and the pandemic determined the parameters of our personal well-being and our interaction with others. It defined us as communities and brought to the fore historical and structural inequalities in our midst. Henna Asian Women's Group provided meaningful and innovative services and activities- adapting and responding to the changing and emerging needs of our members and service users. We did so with a sense of purpose and direction, building upon the platforms we had developed in early 2020 as the crisis developed.

With a combination of data, quotes, personal stories we will reflect on our successes and achievements during this historically challenging year.

'Good preparation.'

Henna was well placed and significantly ahead of our Voluntary and Community Sector partners in managing and combating key features of the evolving pandemic such as social isolation and loneliness and digital exclusion due to the various befriending programmes we had and most especially the Tech Divas project we had established the previous year. It enabled our users to become more aware of and confident in technology and getting online and connected. Henna started this project in April 2019 and provided drop-in sessions, once a month for Henna users.

It is important to note that though the Tech Divas was not designed for the isolation and loneliness of a pandemic, it was critical to our ability to reach out and provide all our activities, services and support online. It was supposed to be learning, educational and fun surfing the internet, making new connections and strengthening existing aptitudes. During Covid 19 it became a lifeline and a gamechanger for so many of our users in respect to connecting with their peers, their self-confidence, resilience and mental well-being. They navigated onto the online space with more vigour appreciating its significance and we in turn attempted to make it as seamless as possible. We provided training and guidance to new members as well taking account of language needs and digital poverty by providing tablets and other devices.

Henna Asian Women's Group

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Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2021

Achievements and performance *(continued)*

Our beneficiaries were already familiar with opening email accounts, connecting to friends and family, signing up to on-line shopping, online banking and checking balances as well as accessing information. They were also aware of computer-based scams. This was so important as it instilled in them the confidence, skills and knowledge to manage their needs safely and independently during the pandemic. We were always there to support and guide them with any challenges, concerns and fears through one-to-one support and group sessions including on conspiracies and misinformation online relating to covid-19 and the vaccine as well as hate crime.

Henna provided a range of groups and interventions online:

June and July 2020 (average attendance in brackets)

Monday Club (17/12), IT Club (11/7), Breathing & Meditation (27/27), Music (11/10), Arts & Craft (10/10), Mind in Camden Peer Support Group (5/5), Gentle exercise (27/26); Movement Exercises (-/24)

ESOL - beneficiaries (3/3); Befriending - beneficiaries (2/2); Counselling - clients (3/3); Advice & Listening: June- 6 sessions (4 advice & 2 listening); July- 5 sessions (4 advice & 1 listening)

Outcomes of our Survey on Digital and Online integration.

Henna Asian Women's Group conducted a survey in the summer of 2020 to understand the impact of our online services during this lockdown and how we could improve our services for the betterment of our beneficiaries and expand our services in other London boroughs.

The findings below are a result of interviewing 63 beneficiaries from Henna, who have been an active part of our services since the lockdown.

Henna Asian Women's Group

Company Limited by Guarantee

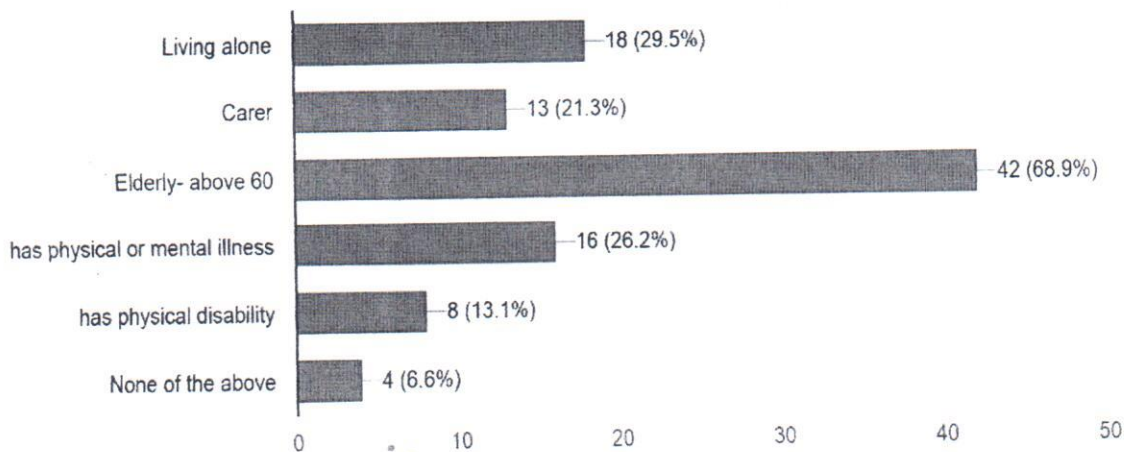
Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2021

Achievements and performance *(continued)*

Are you?

61 responses



It was found that 68% of beneficiaries accessing our online services are above the age of 60, out of which 21% are carers and 30% of them are living alone. Furthermore, 26% of them stated to have an underlying issue of physical and mental health problems like anxiety, depression, diabetes, cancer, heart problems etc. Whereas 13% of them stated to have a physical disability like arthritis, visual and hearing impairment, dementia etc.

'Online interaction helped me to connect with people. If there was no online class, I would have gone into depression.'

Henna Asian Women's Group

Company Limited by Guarantee

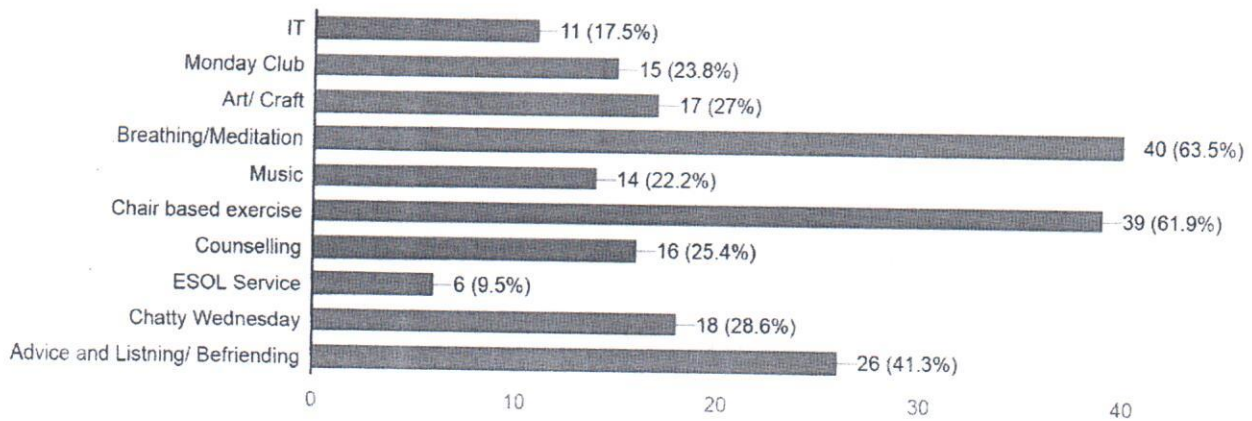
Trustees' Annual Report (Incorporating the Director's Report) (continued)

Year ended 31 March 2021

Achievements and performance (continued)

What online services do you access from Henna?

63 responses

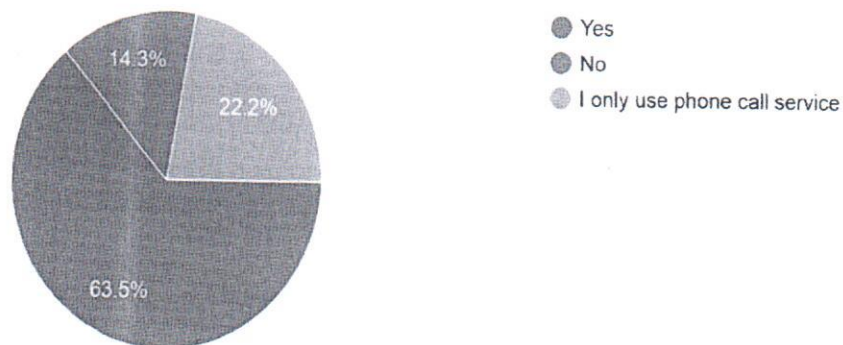


When the lockdown started in March 2020, only 10% of beneficiaries were willing to attend mental health services provided by Henna. Today, Henna provides mental health services thrice a week where more than 50% of beneficiaries are accessing those services.

'I am now more confident to use a smart phone and join online classes.'

Is this the first time you are using online services?

63 responses



It was observed that 63% of beneficiaries have never used any online applications before COVID-19 pandemic. It was the first time Henna introduced its members to the zoom application and taught

Henna Asian Women's Group

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2021

Achievements and performance *(continued)*

every member on how to use the zoom app. Today, all the members are independent and can access Henna services with minimal assistance from the staff members.

'During the pandemic, I was stuck at home and the online exercise really helped me physically and mentally as I could stay fit and connect with people'

Out of 63% of beneficiaries who are accessing online services for the first time, 25% of them had a basic mobile phone neither did they have any other device (Ipad or laptop) to support zoom application. Henna provided a tablet to those beneficiaries who are high-risk and vulnerable. In the survey, the beneficiaries who are provided with a tablet stated that they feel much more confident in using Henna tablet devices. It has helped them to be independent and has further provided them with basic level skills of how to use a tablet.

Additionally, we found that 22% of beneficiaries would be unable to access online services. This was because many members did not have access to a WiFi connection. Henna started providing telephonic services to members who were unable to join online sessions. These beneficiaries are a part of weekly befriending, advice-giving, counselling and Chatty Wednesday sessions.

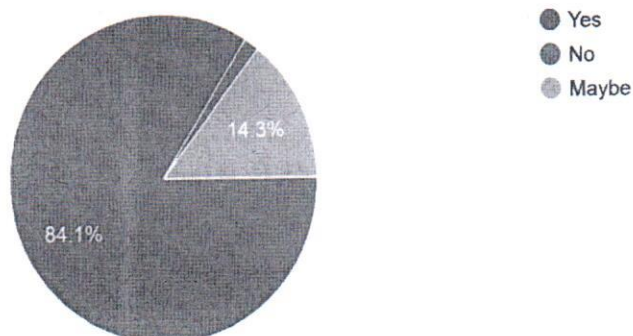
In the survey, when enquired 'what would the members have done if they were not provided with online services.' It was found that 65% of them stated that they would have felt lonely and isolated at home which would have led to unhealthy eating habits, excessive sleeping, lack of exercise etc. 20% of them stated that they wouldn't have been motivated to do any physical activity compared to what they are when they come to the centre. Instead, they would have been dependent on their friends and family members to pass their time during the lockdown. 15% of them stated that they would have exercised at home however, they prefer exercising with everyone on zoom.

'I can now use the tablet to make video calls to my family'

'I made new friends and I enjoy attending the sessions.'

Shall we continue with this online service?

63 responses



Henna Asian Women's Group

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

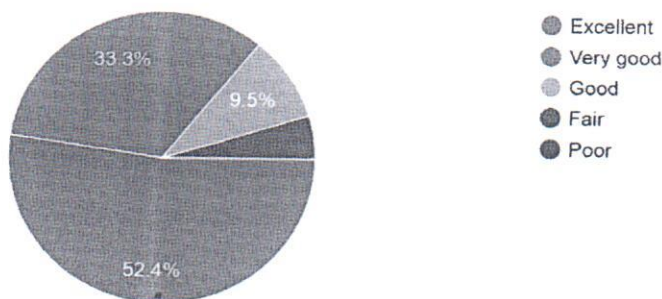
Year ended 31 March 2021

Achievements and performance *(continued)*

It was found that 84% of beneficiaries find Henna services to be productive and helpful during this lockdown. Whereas, 16% of them stated they want to come to the centre because of increased boredom and social-isolation.

How would you rate our new online services?

63 responses



Overall, 95% of beneficiaries have found Henna's online services to be satisfactory and above average. In the survey, we asked Henna members- 'How has henna services helped them during COVID- 19 pandemics?' It was found that 42% of beneficiaries who are high-risk and vulnerable stated that Henna services have allowed them to maintain a healthy mind-body balance. 25% of them who are living alone and are above the age of 60 states that it would have severely impacted their physical and mental health wellbeing. 21% of those who have a caring responsibility stated that henna services have motivated them to take care of their mental health. Overall 89% of them stated that they would have felt lonely and depressed, out of which 68% have been provided with mental health services- 25% of them are accessing telephonic counselling services, 28% of them are accessing a 1-2-1 support service (Chatty Wednesday) and 15% of them are accessing weekly befriending service.

'Henna staff called us and asked if I am ok. It was nice to know someone is there for me. Someone cares.'

Activities and support January 2021

Health and Well-being – peer support, Zumba classes, recycling art, group therapy, movement exercise, breathing and meditation, chair-based exercise, well-being hub, one to one counselling (bilingual in South Asian languages- Hindi, Gujrati, Bengali as well as English)

Social activities – befriending; music and singing classes, jewellery design.

Learning and Education - digital inclusion, ESOL with Life in the UK, Information technology and mobile technology.

10 total attendances on average per week with average 8-9 per session/activity/class. All online.

Henna Asian Women's Group

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) (continued)

Year ended 31 March 2021

Achievements and performance (continued)

Movement exercise, chair-based exercises, breathing and meditation, music and singing, yoga and jewellery design are particularly popular with our members.

Rabeva's story:

'I have been an active and proud member of Henna Asian Women's Group since 2007. Back then I was confident and able to participate in classes and events organised by Henna, like sewing and jewellery making.

During the lockdown I could feel myself getting frustrated at being home with nothing to do and too much time on my hands. I can't tell you what a relief it was when Henna offered classes online. My family joke that I am busy like a child with my scheduled classes, and they set me up for my class and I tell them not to disturb me. Even my family value how much Henna helps me mentally more than anything and they trust that I am being looked after by Henna.

If Henna didn't offer the online classes I honestly don't know what would have become of my mental state, there are many things I can no longer do due to my health conditions like sewing or jewellery making but I can still do the yoga, meditation and chair-based exercise.

All the years that I have been a member at Henna I have seen that the benefits are plentiful and that's why I still attend sessions even with my bad leg and poor eyesight. I want to stay with Henna and I want to carry on being busy, I would love for Henna to bring back more activities to keep me busy.'

Henna could not have achieved for our users and communities without the funding, support and co-operation of our wide array of funders, most of whom allowed us to diversify our services towards covid related responses. These are listed in the next section

AN INSIGHT INTO HENNA'S WORK THROUGH SOCIAL MEDIA AND IN PICTURES.

<https://twitter.com/hennaasianwomen/status/1247136072808751105?s=24>

<https://twitter.com/hennaasianwomen/status/1263486493554868224?s=24>

<https://twitter.com/hennaasianwomen/status/1260606477863211009?s=24>

Henna Asian Women's Group

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2021

Achievements and performance *(continued)*



Henna Asian Womens

@HennaAsianWomen



Third Age Project and 6 others

13:24 · 02/06/2020 · Twitter for Android



<https://twitter.com/hennaasianwomen/status/1262775759812378626?s=24>

<https://twitter.com/hennaasianwomen/status/1261315597213761541?s=24>

Henna Asian Women's Group

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2021

Financial review

The Statement of Financial Activities shows a total income of £175,273 (2020 - £58,101) and total expenditure of £118,551 (2020 - £105,960). The surplus for the year was £118,551 (2020 - £(47,859)). The charity has £63,263 (2020 - £37,659) of Unrestricted Funds and £62,896 (2020 - £32,138) of Restricted Funds as at the year end.

Reserve Policy

The trustees have established the level of reserves that the charity ought to have. Reserves are needed to bridge any funding gaps and cover any emergency expenditure. In addition, the trustees have decided that the reserves should be built up to cover general running and staffing costs for up to 3 months to meet requirements under employment law with regards to redundancies and termination of employment of staff, should no further funding to run the organisation be granted. In the opinion of the trustees, a reserves level of £20,000 would be appropriate.

Investment Policy

Henna Asian Women's Group has no investment policy at the moment but will consider this during the next twelve months.

Funding for Activities:

Our funders this year have been:

- National Lottery
- Independent Age
- London Community Fund
- Arts Council
- Age UK
- MIND in Camden
- The Health Forum
- Westminster Adult Learning

Acknowledgements

Henna Asian Women's Group would like to take this opportunity to express its thanks to our **Funders** and Supporters

A special thanks also to all our Befriending/Buddy volunteers who have helped Henna's project establish itself as a professional and personalised service.

Thanks also to other organisations with whom we have worked in partnership, especially:

- Voluntary Action Camden
- Bengali Women's Forum
- South Hampstead and Kilburn Community Partnership
- Abbey Community Centre

Henna Asian Women's Group

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2021

Henna Asian Women's Group

Abbey Community Centre

222c Belsize Road

London

NW6 4DJ

Telephone: 020 7372 9860

Email: info@hennaorg.co.uk

Website: www.henna.org.co.uk

Twitter: [@HennaAsianWomen](https://twitter.com/HennaAsianWomen) :

Registered Charity No: 1105607

Registered Company: 5200902

Small company provisions

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies' exemption.

The trustees' annual report was approved on 21st December 2021. and signed on behalf of the board of trustees by:



Nilufar Verjee
Chair of the Trustees

Henna Asian Women's Group

Company Limited by Guarantee

Independent Examiner's Report to the Trustees of Henna Asian Women's Group

Year ended 31 March 2021

I report to the trustees on my examination of the financial statements of Henna Asian Women's Group ('the charity') for the year ended 31 March 2021.

Responsibilities and basis of report

As the trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

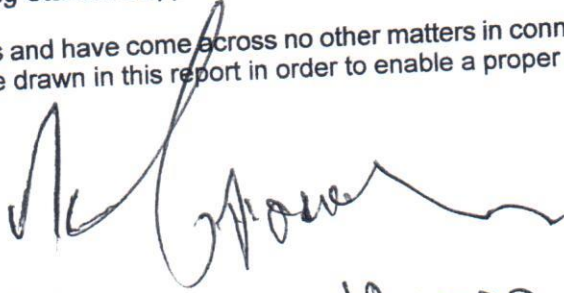
Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Al Groman FCA
Independent Examiner

10.10.22

5 Violet Hill
St. John's Wood
London NW8 9EB

Henna Asian Women's Group
Company Limited by Guarantee
Statement of Financial Activities
(including income and expenditure account)

Year ended 31 March 2021

		Unrestricted funds £	2021 Restricted funds £	Total funds £	2020 Total funds £
	Note				
Income and endowments					
Donations and legacies	5	15,859	159,044	174,903	56,203
Investment income	6	20	—	20	5
Other income	7	350	—	350	1,893
Total income		<u>16,229</u>	<u>159,044</u>	<u>175,273</u>	<u>58,101</u>
Expenditure					
Expenditure on charitable activities	8,9	1,904	116,647	118,551	105,960
Total expenditure		<u>1,904</u>	<u>116,647</u>	<u>118,551</u>	<u>105,960</u>
Net income/(expenditure)		<u>14,325</u>	<u>42,397</u>	<u>56,722</u>	<u>(47,859)</u>
Other recognised gains and losses					
Net movement in funds		<u>14,325</u>	<u>42,397</u>	<u>56,722</u>	<u>(47,859)</u>
Reconciliation of funds					
Transfer of funds		11,639	(11,639)	—	—
Total funds brought forward		<u>37,659</u>	<u>32,138</u>	<u>69,797</u>	<u>117,656</u>
Total funds carried forward		<u>63,623</u>	<u>62,896</u>	<u>126,519</u>	<u>69,797</u>

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

The notes on pages 18 to 23 form part of these financial statements.

Henna Asian Women's Group

Company Limited by Guarantee

Statement of Financial Position

31 March 2021

	Note	2021 £	£	2020 £
Current assets				
Debtors	14	15,370		—
Cash at bank and in hand		<u>127,796</u>		<u>73,117</u>
		143,166		73,117
Creditors: amounts falling due within one year	15	<u>(16,647)</u>		<u>(3,320)</u>
Net current assets			<u>126,519</u>	<u>69,797</u>
Total assets less current liabilities			<u>126,519</u>	<u>69,797</u>
Net assets			<u>126,519</u>	<u>69,797</u>
Funds of the charity				
Restricted funds			<u>62,896</u>	<u>(2,316)</u>
Unrestricted funds			<u>63,623</u>	<u>72,113</u>
Total charity funds	18		<u>126,519</u>	<u>69,797</u>

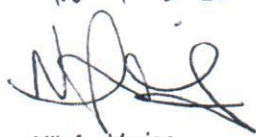
For the year ending 31 March 2021 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

These financial statements were approved by the board of trustees and authorised for issue on 10/03/22 and are signed on behalf of the board by:



Nilufar Verjee
Chair of the Trustees

The notes on pages 18 to 23 form part of these financial statements.

Henna Asian Women's Group

Company Limited by Guarantee

Notes to the Financial Statements

Year ended 31 March 2021

1. General information

The charity is a public benefit entity and a private company limited by guarantee, registered in England and Wales and a registered charity in England and Wales. The address of the registered office is 222C Belsize Road, London NW6 4DJ.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Companies Act 2006.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Going concern

There are no material uncertainties about the charity's ability to continue.

Disclosure exemptions

The entity satisfies the criteria of being a qualifying entity as defined in FRS 102. As such, advantage has been taken of the following disclosure exemptions available under paragraph 1.12 of FRS 102: (a) No cash flow statement has been presented for the company.
(b) Disclosures in respect of financial instruments have not been presented.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.

Henna Asian Women's Group

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2021

3. Accounting policies *(continued)*

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. Any tangible assets carried at revalued amounts are recorded at the fair value at the date of revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Henna Asian Women's Group

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2021

3. Accounting policies *(continued)*

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Equipment - 25% straight line

Impairment of fixed assets

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

Defined contribution plans

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

4. Limited by guarantee

The company is limited by guarantee of £1 per member without share capital.

5. Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Current year			
Donations			
Donations	479	—	479
Donations - EPMC	8,400	—	8,400
Grants			
Age UK	2,500	5,000	7,500
Big Lottery Fund	—	36,152	36,152
London Community Fund	—	67,892	67,892
MIND	2,480	—	2,480
ESC Lottery Fund	1,600	—	1,600
Arts Council	—	35,000	35,000
Independent Age	—	15,000	15,000
The Health Forum	400	—	400
	<u>15,859</u>	<u>159,044</u>	<u>174,903</u>

Henna Asian Women's Group

Company Limited by Guarantee

Notes to the Financial Statements (continued)

Year ended 31 March 2021

5. Donations and legacies (continued)

	Unrestricted Funds £	Restricted Funds £	Total Funds 2020 £
<i>Prior year</i>			
Donations			
Donations - EPMC	10,420	—	10,420
Grants			
LB Camden	1,000	—	1,000
Age UK	—	10,000	10,000
Awards For All	—	7,680	7,680
Time Bank	3,390	—	3,390
Camden Giving	—	1,500	1,500
London Community Fund	—	16,753	16,753
MIND	—	780	780
Jack & Rosa Charitable Trust	—	4,680	4,680
	<u>14,810</u>	<u>41,393</u>	<u>56,203</u>

6. Investment income

	Unrestricted Funds £	Total Funds 2021 £	Unrestricted Funds £	Total Funds 2020 £
Bank interest receivable	<u>20</u>	<u>20</u>	<u>5</u>	<u>5</u>

7. Other income

	Unrestricted Funds £	Total Funds 2021 £	Unrestricted Funds £	Total Funds 2020 £
Other income	—	—	443	443
Membership fees	<u>350</u>	<u>350</u>	<u>1,450</u>	<u>1,450</u>
	<u>350</u>	<u>350</u>	<u>1,893</u>	<u>1,893</u>

8. Expenditure on charitable activities by fund type

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
<i>Current year</i>			
Principal Activity	(453)	115,355	114,902
Support costs	<u>2,357</u>	<u>1,292</u>	<u>3,649</u>
	<u>1,904</u>	<u>116,647</u>	<u>118,551</u>
<i>Prior year</i>			
Principal Activity	28,065	75,040	103,105
Support costs	<u>2,048</u>	<u>807</u>	<u>2,855</u>
	<u>30,113</u>	<u>75,847</u>	<u>105,960</u>

Henna Asian Women's Group

Company Limited by Guarantee

Notes to the Financial Statements (continued)

Year ended 31 March 2021

9. Expenditure on charitable activities by activity type

	Activities undertaken directly £	Support costs £	Total funds 2021 £	Total fund 2020 £
Principal Activity	114,902	–	114,902	103,105
Governance costs	–	3,649	3,649	2,855
	<u>114,902</u>	<u>3,649</u>	<u>118,551</u>	<u>105,960</u>

10. Independent examination fees

	2021 £	2020 £
Fees payable to the independent examiner for: Independent examination of the financial statements	<u>1,200</u>	<u>1,200</u>

11. Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

	2021 £	2020 £
Wages and salaries	65,115	60,355
Social security costs	1,255	1,774
Employer contributions to pension plans	731	901
	<u>67,101</u>	<u>63,030</u>

The average head count of employees during the year was 3 (2020: 3).

No employee received employee benefits of more than £60,000 during the year (2020: Nil).

12. Trustee remuneration and expenses

No remuneration or other benefits from employment with the charity or a related entity were received by the trustees.

13. Tangible fixed assets

	Equipment £	Total £
Cost		
At 1 April 2020 and 31 March 2021	<u>5,358</u>	<u>5,358</u>
Depreciation		
At 1 April 2020 and 31 March 2021	<u>5,358</u>	<u>5,358</u>
Carrying amount		
At 31 March 2021	<u>–</u>	<u>–</u>
At 31 March 2020	<u>–</u>	<u>–</u>

Henna Asian Women's Group
Company Limited by Guarantee
Notes to the Financial Statements (continued)
Year ended 31 March 2021

14. Debtors

	2021 £	2020 £
Trade debtors	12,500	—
Other debtors	<u>2,870</u>	<u>—</u>
	<u>15,370</u>	<u>—</u>

15. Creditors: amounts falling due within one year

	2021 £	2020 £
Accruals and deferred income	15,000	—
Social security and other taxes	—	1,514
Pension liability	57	166
Other creditors	<u>1,590</u>	<u>1,640</u>
	<u>16,647</u>	<u>3,320</u>

16. Deferred income

	2021 £	2020 £
Amount deferred in year	<u>15,000</u>	<u>—</u>

17. Pensions and other post retirement benefits

Defined contribution plans

The amount recognised in income or expenditure as an expense in relation to defined contribution plans was £731 (2020: £901).

18. Analysis of charitable funds

Unrestricted funds
Current year

	At 1 Apr 2020 £	Income £	Expenditure £	Transfers £	At 31 Mar 2021 £
Unrestricted Fund	<u>37,659</u>	<u>16,229</u>	<u>(1,904)</u>	<u>11,639</u>	<u>63,623</u>

Prior year

	At 1 Apr 2019 £	Income £	Expenditure £	Transfers £	At 31 Mar 2020 £
Unrestricted Fund	<u>72,343</u>	<u>16,708</u>	<u>(30,113)</u>	<u>(21,279)</u>	<u>37,659</u>

Restricted funds
Current year

	At 1 Apr 2020 £	Income £	Expenditure £	Transfers £	At 31 Mar 2021 £
Restricted Funds	<u>32,138</u>	<u>159,044</u>	<u>(116,647)</u>	<u>(11,639)</u>	<u>62,896</u>

Prior year

	At 1 Apr 2019 £	Income £	Expenditure £	Transfers £	At 31 Mar 2020 £
Restricted Fund	<u>45,313</u>	<u>41,393</u>	<u>(75,847)</u>	<u>21,279</u>	<u>32,138</u>