

Company no. 5106378
Charity no. 1105583

Alive and Kicking UK
Report and Financial Statements
31 December 2022

Alive and Kicking UK

Contents

For the year ended 31 December 2022

Reference and administrative details	1
Report of trustees	2
Independent Examiner's Report	10
Statement of financial activities	12
Balance sheet	13
Statement of cash flows	14
Notes to the financial statements	15

Alive and Kicking UK

Reference and administrative details

For the year ended 31 December 2022

Company number 5106378

Charity number 1105583

Registered office and operational address 147 Hoxton Street, London, N1 6QG, United Kingdom

Trustees Trustees, who are also directors under company law, who served during the year and up to the date of this report were as follows:

Tristram Jones-Parry (Chairman)
Charlie Appleton
Danny Gill
Christopher Duncan
Gillie Howarth
James Flecker
Joe Cogan
Jon Begg
Susi Owusu
Joel Keane
Simon Nasta
Daniel Cooper
Clare Kenny
Sophie Jourlait-Fileni

Bankers Lloyds TSB
Butler Place Branch
London
SW1H 0PR

Independent Examiner Dr Shona F Wardrop C.A.
Chariot House Chartered Accountants
44 Grand Parade
Brighton
BN2 9QA

Alive and Kicking UK

Report of the trustees

For the year ended 31 December 2022

The trustees present their report and Independent Examination of the financial statements for the period ended 31 December 2022.

Reference and administrative information set out on page 1 forms part of this report. The financial statements comply with the current statutory requirements, the memorandum and articles of association and the Financial Reporting Standard (FRS) 102 and comply with the relevant provisions of the Charities Act (2011) and the Companies Act (2006).

Structure, governance & management

Alive and Kicking UK (AK UK) was incorporated as a Private Limited Company on 20 April 2004 (Company Registration No. 5106378) and registered as a charity with the Charity Commission for England and Wales on 20 August 2004 (Charity Registration No. 1105583).

The company was established under a memorandum of association which established the objects and powers of the charitable company and is governed under its articles of association. The members liability in event of winding up is limited to £1 each.

Objectives and activities

Purpose: Alive and Kicking exist to create happier, healthier, more empowered communities

Vision: Alive and Kicking positively impact the lives and livelihoods of people and families facing disadvantage.

Mission: Alive and Kicking produce a sports ball like no other - creating better access to ethical jobs, play and vital health education.

Values: Inclusive, Empowering, Fun, Family, Creative.

The Members of AK UK are the custodians of the Organisation's Vision and how the Mission is implemented, and how the name and reputation is protected.

Alive and Kicking UK

Report of the trustees

For the year ended 31 December 2022

Whenever an Alive and Kicking operation is set up, and for the duration of its existence, the UK Members will ensure that a governance framework is effective. This ensures that:

- The UK Company is a registered charity and adopts a leadership role for the organisation.
- Each company has a Board of Trustees/Directors with a Chair elected by simple majority.
- Each local country operation is set-up and empowered to direct and manage its own operations and, on incorporation (or as soon as possible if incorporation has already occurred), the Mission/Vision/Values of Alive and Kicking has been passed as a Resolution of the Company at the first General Meeting.
- The Chair of the UK Trustees is a member of each country Board of Trustees.
- The Chair of each country Board of Trustees is a member of the UK Board.
- Each local operation reports timely monthly accounts and audited financial statements, management reports, annual business plans, forecasts and budgets and such information as is reasonably requested by the UK Company.

Alive and Kicking UK serves as a coordinating entity for a network of independent organisations operating under the Alive and Kicking name. The international network consists of Alive and Kicking Kenya and Alive and Kicking Zambia. Each member of the Alive and Kicking network is a legally distinct and separate entity and each describes itself as such.

The Chairman of Trustees is Tristram Jones-Parry who is an ex officio member of the Board of Directors of Alive and Kicking Kenya and Alive and Kicking Zambia. All other Directors of network members are appointed independently according to the member's governance arrangements. The Board of AK Kenya currently has 13 Directors and A+K Zambia have 4 Directors. The Chairs of the Board of AK Kenya and AK Zambia are ex officio Trustees of A+K UK.

A constitution based on a shared vision and mission of all three offices has been created and adopted by all three Alive and Kicking network members. The Constitution sets out the principles and instruments on how Alive and Kicking is governed.

The Board of AK Kenya, and AK Zambia are responsible for strategy in their countries of operation. Each AK network member is responsible for increasing ball production and distribution in its own country, expanding the AK health and quality of life programmes and publicising the work of the network.

The Board of Trustees of AK UK decides where feasibility studies are conducted and in which nations AK will establish new operations. AK UK is responsible for the design and monitoring of the health programme. AK UK raises the profile of the whole AK network, canvassing the support of major development agencies, sporting bodies, government departments, grant funding trust and foundations and private individuals.

Alive and Kicking UK

Report of the trustees

For the year ended 31 December 2022

Chairman's Statement

At Alive and Kicking we want to make sure that every ball we produce goes on to champion positive change. Across 2022, 392 creative hands turned locally sourced materials into 43,892 beautifully crafted sports balls. All handmade, built to professional level specification, and proven to last at least seven times longer than other products on the market, each ball is made to create long term impact.

Impact Overview

In 2022, the production of our sports balls enabled Alive and Kicking to economically empower 196 adults from vulnerable jobs groups. This provided the tools for those individuals to support themselves and their families, ensuring access to vital goods and services such as health care, safe housing, and education.

From a play perspective, our balls were able to boost the physical wellbeing of 333,450 young people, providing communities with over 1,934,010 hours of fun playing opportunities. This has been driven by our ever-growing ball library network, providing free access to sport to thousands of people just minutes from their doorstep.

Our sports balls have even been used to boost the mental wellbeing of 10,380 young people through our innovative play-based education sessions. Over the last 12 months we have upskilled staff and volunteers across 63 schools and community groups to deliver mental health education through weekly sports coaching sessions.

Looking Forward

Moving into 2023, we are aiming to build on our impact with a hope of producing more balls than ever before. With new impact programmes driving innovation, including our Business in a Box programme that enables refugees to set up their own ball making/fixing micro enterprises, we want to be an innovator in the sports industry, showing that high quality sports products and services can be delivered while creating positive social change.

A key part of this, alongside our programmes, will be our focus on improving our environmental sustainability. Having already proven that an Alive and Kicking football creates less than half the carbon footprint of other football brand products, we want to address every element of our work from sourcing materials all the way through to how our balls are transported.

Alive and Kicking UK

Report of the trustees

For the year ended 31 December 2022

2022 has been a challenging yet impactful year and we look forward to moving forward with our exciting plans for 2023 and beyond. As ever, we would not be able to achieve any of this without the brilliant backing of our supporters, donors and partners who continue to champion our approach to sustainable impact. Thank you for your ongoing encouragement, assistance and support that has brought us to where we are today and set us up to create more impact for years to come.

This is why we tell people that Alive and Kicking sports balls are like no other – produced simply to create happier healthier, more empowered communities. We hope that you will continue to be part of the world's only not for profit sports ball manufacturer.

Tristram Jones-Parry
Chairman of Trustees

Administration Details

During the 2022 reporting period and on the day this report was approved, Ben Sadler served as Chief Executive Officer, whom the Trustees delegate day to day management of the Charity.

Achievements and performance

In 2022, AK UK employed three full time staff and five part time staff. The main area of work has focused on supporting the AK network and their growth across our three social impact areas. This included providing capacity and financial support to ensure that each centre could continue to operate and support their staff and programme beneficiaries. AK UK also secured funding for expanding the mental health education programme and has grown the innovative ball library network.

Fundraising

AK is thankful to its donors and supporters across 2022 that played a crucial role in our impact, particularly during a challenging environment coming out of the COVID-19 pandemic.

Both Unrestricted and Restricted fundraising for the year was in line with fundraising objectives. This was driven by partnerships with organisations including the Surrey Square Charitable Trust, Hackney Council, Austin Bailey Foundation, Garfield Weston Foundation, the FIFA Foundation, the Souter Trust and the Gibbs Trust. Our Football Marathon event with Westminster School was also a success alongside a record breaking cycling attempt stretching the length of the country.

Thank you to our regular givers, major donors, Trust and Foundation partners, Corporate partners and wider supporters for helping further our impact.

Industry recognition: AK won Gold Winner for Social Good Campaign at the Shorty Awards 2022

Alive and Kicking UK

Report of the trustees

For the year ended 31 December 2022

Structure, Governance and Management: AK continues to strengthen its governance. Each year, AK updates every policy in line with new regulations and has added new policies to ensure the effective running of the Charity and the Network. The AK UK Board meet a minimum of four times a year and include a Finance and Governance Committee to ensure effective financial management.

New Trustees are recruited based on regular Trustee skill audits that identify any gaps in expertise that may be needed to strengthen impact. New Trustees are recruited in line with the Charity's Inclusive Recruitment Policy and serve in line with the Trustee Terms of Service.

All new Trustees receive a Charity Induction Pack that outlines their role and responsibilities and have a face to face induction with the Chair of Trustees and the CEO. Training is provided to Trustees throughout the year on topics including governance and financial management.

Every day running of the organisation is delegated to the Charity CEO. The Trustees contribute to decisions on strategy, partnerships, governance, financial management, fundraising strategy, environmental sustainability and legal work.

Salary for Charity personal is reviewed annually every April. Salaries are set in line with inflation and benchmarked against similar roles in the sector using benchmarking tools such as Hays and Glassdoor.

The Charity has set up a trading subsidiary alongside the Charity to grow trading income. This will begin operating in 2023 and generate income through the sale of Alive and Kicking sports balls. The trading subsidiary will donate income from sales to the Charity on a quarterly basis.

Volunteers

Special thanks are given to our Charity volunteers who help Alive and Kicking deliver fundraising events throughout the year, run market stalls, provide expertise in marketing, communications and photography, and contribute to the resource development of our award winning health and sport programmes.

Future Plans

Alive and Kicking UK

Report of the trustees

For the year ended 31 December 2022

The Charity will continue to work in line with its rolling strategy, allowing us to be agile and responsive to every changing environments. Our Strategic Objectives currently outline that by 2025 we will:

Create 125 new ethical jobs for adults from vulnerable job groups, train 150 Business in a Box entrepreneurs, enable 3 million children facing disadvantage to access regular sport and enable 30,000 young people facing disadvantage to access regular health education and support.

This will be driven by expanding our network of Alive and Kicking centres - opening one new centre in West Africa, growing our ball library network internationally and scaling our award winning health education training programmes.

Public benefit

The trustees believe that the objectives and activities described above clearly demonstrate the public benefit derived from the charity's operations.

Financial Review

The Statement of Financial Activities shows net movement of funds for the year 31 December 2022 of £10,141

The balance sheet discloses net assets of £55,947. A+K UK target reserve level is £40,000 (unrestricted). The trustees believe that the current level of reserves is adequate; representing sufficient cover for the organisation given projected cash flows in the new year.

Alive and Kicking UK

Report of the trustees

For the year ended 31 December 2022

Main risks facing the organisation

Liquidity risk: AK UK is a small charity operating in an increasingly crowded space. Raising funds is a constant challenge. The trustees have controls in place to monitor the cash position of the organisation to ensure it remains solvent. The trustees are also actively involved in seeking new income streams; the establishment of AKFC and driving more ball sales bring the most recent examples of this.

Key personnel risk: With such a small staff in the UK, a significant amount of knowledge rests with key individuals. The risk is mitigated through the use of a new CRM system to ensure all pertinent information is captured. It is the charity's policy to ensure that thorough handovers are conducted where possible. The organisation has also been successful in the past in remaining in contact with past employees, allowing new staff to contact people if required.

Reputation risk: AK operates to the highest ethical standards in all of its dealings. Operating across multiple countries can present challenges, in some instances accepted business practices and expectations of customers and suppliers can place AK in situations that may result in damage to AK UK's reputation. This is mitigated through having appropriate policies in place to guide all such dealings and through day to day contact between the CEO and AK's network members' key staff, regular monitoring visits by AK UK staff and monitoring of key appointments in Kenya and Zambia.

Alive and Kicking UK

Report of the trustees

For the year ended 31 December 2022

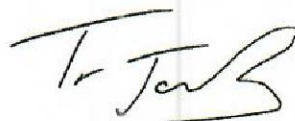
Statement of responsibilities of the trustees

The trustees are required to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charity and the income and application of resources, including the net income or expenditure, of the charity for the year. In preparing those financial statements the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which enable them to ensure that the financial statements comply with the Companies Act 1985. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the trustees on 6/12/23 and signed on their behalf by



Alive and Kicking UK

Independent Examiner's Report

For the year ended 31 December 2022

Independent examiner's report to the trustees of Alive and Kicking UK

I report on the financial statements of the charitable company for the year ended 31 December 2021, which are set out on pages 8 to 17. This report is made solely to the charity's trustees, as a body. My work has been undertaken so that I might state to the charity's trustees those matters which I am required to state to them in an independent examiners report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to any party other than the charity and charity's trustees as a body, for my examination, for this report, or for the statement I have given below.

Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charitable company is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no material matters have come to my attention which gives me cause to believe that in, any material respect:

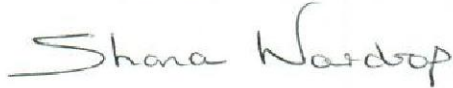
- the accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
- the accounts did not accord with the accounting records; or
- the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP

Alive and Kicking UK

Independent Examiner's Report

For the year ended 31 December 2022

I have come across no other matter in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Dr Shona F Wardrop C.A.
The Institute of Chartered Accountants of Scotland
Chariot House Limited
Chartered Accountants
44 Grand Parade
Brighton
BN2 9QA

Date: 7/12/23.

Alive and Kicking UK

Statement of financial activities (incorporating an income and expenditure account)

For the year ended 31 December 2022

		Restricted	Unrestricted	2022 Total	2021 Total
	Note	£	£	£	£
Income					
Income from donations and legacies	2	-	144,762	144,762	128,962
Income from investments		-	61	61	11
Income from charitable activities	3	92,098	-	92,098	69,178
Other Income	3	87,416	135,451	222,867	106,005
Total income		<u>179,514</u>	<u>280,275</u>	<u>459,789</u>	<u>304,156</u>
Expenditure	4				
Expenditure on raising funds		-	71,213	71,213	75,577
Expenditure on charitable activities		<u>197,195</u>	<u>181,239</u>	<u>378,435</u>	<u>259,203</u>
Total expenditure		<u>197,195</u>	<u>252,452</u>	<u>449,648</u>	<u>334,780</u>
Net movement in funds		(17,681)	27,822	10,141	(30,624)
Total funds brought forward		<u>17,681</u>	<u>27,524</u>	<u>45,205</u>	<u>75,829</u>
Total funds carried forward		<u>-</u>	<u>55,346</u>	<u>55,346</u>	<u>45,205</u>

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above. Movements in funds are disclosed in Note 13 to the financial statements.

Alive and Kicking UK

Balance sheet

Company No 5106378

31 December 2022

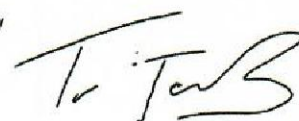
	Note	2022 £	2022 £	2021 £
Fixed assets				
Tangible fixed assets	9		-	-
Current assets				
Stock		-		-
Debtors	10	5,104		-
Cash at bank and in hand		<u>136,495</u>		<u>104,507</u>
		141,599		104,507
Liabilities				
Creditors: amounts due within one year	11	<u>61,252</u>		<u>23,278</u>
Net current assets			<u>80,347</u>	<u>81,229</u>
Creditors due in more than one year	12		<u>25,000</u>	<u>36,024</u>
Net assets	13		<u>55,346</u>	<u>45,205</u>
Funds	13			
Restricted funds			-	17,681
Unrestricted funds			<u>55,346</u>	<u>27,524</u>
Total charity funds			<u>55,346</u>	<u>45,205</u>

For the year ending 31 December 2022, the charitable company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

Approved by the trustees on 6/12/23 and signed on their behalf by



Alive and Kicking UK

Statement of cash flows

For the year ended 31 December 2022

	2022		2021	
	£	£	£	£
Cash flows from operating activities:				
Net income/(expenditure) for the year (as per the statement of financial activities)	10,141		(30,624)	
Adjustments for:				
Depreciation charges	(0)		-	
Dividends, interest and rents from invest	(61)		(11)	
(Increase)/decrease in debtors	(5,104)		32,569	
Increase/(decrease) in creditors	5,611		(17,994)	
Net cash provided by (used in) operating activities		10,587		(16,061)
Cash flows from investing activities:				
Dividends, interest and rents from investn	61		11	
Purchase of tangible fixed assets	-		-	
Net cash provided by (used in) investing activities		61		11
Cash flows from financing activities				
Repayments of borrowing	(9,400)		-	
Cash inflows from new borrowing	30,740			
Net cash provided by/ (used in) financing activities		21,340		
Change in cash and cash equivalents in the year		31,988		(16,050)
Cash and cash equivalents at the beginning of the year		104,507		120,557
Cash and cash equivalents at the end of the year		136,495		104,507

1. Accounting policies

- a) These financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). The Charity is a public benefit entity for the purposes of FRS 102 and therefore has also prepared the financial statements in accordance with the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (The FRS 102 Charities SORP) and the Charities Act (2011).

The trustees have assessed whether the use of the going concern basis is appropriate and have considered possible events or conditions that might cast significant doubt on the ability of the Charity to continue as a going concern. The trustees have made this assessment for a period of at least one year from the date of approval of the financial statements. In particular the trustees have considered the Charity's forecasts and projections. After making enquiries the trustees have concluded that there is a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. The Charity therefore continues to adopt the going concern basis in preparing its financial statements.

- b) Voluntary income is received by way of donations and gifts and is included in full in the statement of financial activities when receivable.
- c) Revenue grants are credited to the statement of financial activities when received or receivable whichever is earlier.

Where unconditional entitlement to grants receivable is dependent upon fulfilment of conditions within the charity's control, the incomes are recognised when there is sufficient evidence that conditions will be met. Where there is uncertainty as to whether the charity can meet such conditions the income is deferred.

- d) Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund.
- e) Unrestricted funds are donations and other income received or generated for the charitable purposes.
- f) Costs of generating funds relate to the costs incurred by the charitable company in inducing third parties to make voluntary contributions to it, as well as the cost of any activities with a fundraising purpose. Where information about the aims, objectives and projects of the charity is provided to potential beneficiaries, the costs associated with this publicity are allocated to charitable expenditure.
- g) Resources expended are recognised in the period in which they are incurred. Resources expended include attributable VAT which cannot be recovered.

Resources expended are allocated to the particular activity where the cost relates directly to that activity. Support costs, including governance costs, are re-allocated to each of the activities on the following basis which is an estimate, based on staff time, of the amount attributable to each activity:

Cost of generating funds	10%
Ball production, distribution & health awareness	90%

- h) Depreciation is provided at rates calculated to write down the cost of each asset to its estimated residual value over its expected useful life. The depreciation rates in use are as follows:

Website	3 years
Computer Equipment	4 years
Furnishings and fit out	5 years

Items of equipment are capitalised where the purchase price exceeds £500. Depreciation costs are allocated to activities on the basis of the use of the related assets in those activities. Assets are reviewed for impairment if circumstances indicate their carrying value may exceed their net realisable value and value in use.

Alive and Kicking UK

Notes to the financial statements

For the year ended 31 December 2022

2. Donations and legacies

	2022			2021		
	Restricted	Unrestricted	Total	Restricted	Unrestricted	Total
	£	£	£	£	£	£
DFA Law LLP Legacy	-	47,040	47,040	-	-	-
Garfield Weston Foundation	-	25,000	25,000	-	-	-
LIV CHA	-	5,000	5,000	-	-	-
Gibson Charitable Trust	-	2,000	2,000	-	-	-
The Speedomick Foundation	-	2,000	2,000	-	-	-
The Sangher Foundation	-	2,000	2,000	-	-	-
Gaffer Studio Limited	-	2,000	2,000	-	-	-
The Alexander Mosley Charitable Trust	-	-	-	-	15,000	15,000
The Sandhu Charitable Foundation	-	-	-	-	2,500	2,500
De La Rue Charitable Trust	-	-	-	-	2,000	2,000
The Souter Charitable Trust	-	-	-	-	2,000	2,000
Other	-	59,723	59,723	-	87,601	87,601
Total	-	144,762	144,762	-	109,101	109,101

3. Income from charitable activities

Funding (in excess of £5,000) was received during the year from the following organisations:

	2022			2020		
	Restricted	Unrestricted	Total	Restricted	Unrestricted	Total
	£	£	£	£	£	£
FIFA Foundation	23,681	-	23,681	24,640	-	24,640
THE Postcode Society Trust	20,740	-	20,740	-	-	-
The Morrisons Foundation	16,750	-	16,750	-	-	-
Beta Charitable Trust	10,000	-	10,000	-	-	-
Access Reach Fund	7,500	-	7,500	-	-	-
London Borough of Hackney	6,950	-	6,950	-	12,861	12,861
Ideas Forums Ltd	6,477	-	6,477	7,642	-	7,642
Joffe Charitable Trust	-	-	-	15,000	-	15,000
ESC Lottery Fund	-	-	-	15,009	-	15,009
Network for Social Change Charitable Tru	-	-	-	6,887	-	6,887
Total	92,098	-	92,098	69,178	12,861.00	82,039

Other Income

Other Income of £222,867 is made up of Alive and Kicking balls sales. Alive and Kicking is a not for profit ball manufacturer and sells the balls it produces to raise income for the Charity and its social impact. Alive and Kicking balls are sold through the online store or by invoice to the general public, schools and Universities, corporate, NGOs, and sports teams.

Alive and Kicking UK

Notes to the financial statements

For the year ended 31 December 2022

4. Total resources expended

	Cost of generating funds	Ball production, distribution & health awareness	Support & Governance Costs	2022 Total	Cost of generating funds	Ball production, distribution & health awareness	Support & Governance Costs	2021
	£	£	£	£	£	£	£	£
Staff costs (Note 7)	45,270	86,081	29,036	160,387	40,608	77,217	26,046	143,871
Other staff costs	-	-	-	-	-	-	-	-
Grants to partner organisations (note 5)	-	23,692	-	23,692	-	34,080	-	34,080
Ball purchase (note 5)	-	183,488	-	183,488	-	91,135	-	91,135
Travel	-	274	-	274	-	1,625	-	1,625
Marketing	11,149	-	-	11,149	4,842	-	-	4,842
Fundraising	5,361	-	-	5,361	24,000	-	-	24,000
UK office costs	-	-	63,437	63,437	-	-	32,755	32,755
Professional fees	-	-	1,680	1,680	-	-	1,822	1,822
Miscellaneous	-	-	-	-	-	-	-	-
Depreciation	-	-	0	0	-	-	596	596
Bank charges	-	-	180	180	-	-	54	54
Total resources expended	61,780	293,535	94,333	449,648	69,450	204,057	61,273	334,780
Support & Governance Costs	9,433	84,900	(94,333)	-	6,127	55,146	61,273	-
Total resources expended	71,213	378,435	-	449,648	75,577	259,202	-	334,780

Alive and Kicking UK

Notes to the financial statements

For the year ended 31 December 2022

5. Grants to partner organisations

Grants paid to partner organisations by A+K UK include specific grants raised through the UK for particular partner operations and general support provided by A+K UK.

	2022	2021
	£	£
Alive and Kicking Kenya	88,797	101,756
Alive and Kicking Zambia	8,571	23,459
Other Health Education Programmes	23,692	-
Pakistan	86,120	-
	<u>207,180</u>	<u>125,215</u>

6. Net movement in funds

This is stated after charging / crediting:

	2022	2021
	£	£
Depreciation	-	-
Independent examination	2,281	1,782
Trustees' reimbursed expenses	-	-
	<u>-</u>	<u>-</u>

No Trustees were remunerated or reimbursed for any expenses associated with their role with A+K UK.

7. Staff costs and numbers

Staff costs were as follows:

	2022	2021
	£	£
Salaries and wages	147,994	132,392
Social security costs	9,328	8,636
Employer's pension contribution	3,066	2,843
	<u>160,387</u>	<u>143,871</u>

Employee headcount (total individuals employed) 7 4

No employee earned more than £60,000 during the year. - -

The average weekly number of employees employed in the UK (full-time equivalent) during the year was 3.

The Trustees consider the board of Trustees and the Chief Executive comprise the key management personnel of the charity in charge of directing and controlling, running and operating the Charity on a day to day basis. All trustees give of their time freely and no trustee received remuneration in the year. The total remuneration of key management personnel was £63,240

8. Taxation

The charitable company is exempt from corporation tax as all its income is charitable and is applied for charitable purposes.

Alive and Kicking UK

Notes to the financial statements

For the year ended 31 December 2022

9. Tangible fixed assets

	Website £	Computer & Office £	Furniture and Fit out £	Total £
Cost				
At the start of the year	4,085	1,224	4,242	9,551
Additions in year	-	-	-	-
Disposals in year	-	-	-	-
At the end of the year	4,085	1,224	4,242	9,551
Depreciation				
At the start of the year	4,085	1,224	4,242	9,551
Charge for the year	-	-	()	()
Disposals in year	-	-	-	-
At the end of the year	4,085	1,224	4,241	9,550
Net book value				
At the end of the year	-	-	-	-
At the start of the year	-	-	-	-

10. Debtors

	2022 £	2021 £
Other debtors	5,104	-
Prepayments	-	-
	5,104	-

11. Creditors: amounts due within 1 year

	2022 £	2021 £
Other creditors	11,967	1,680
Loans under one year	47,004	15,242
Accruals	2,281	6,356
	61,252	23,278

12. Major creditors: due in more than one year

	2022 £	2021 £
Bounce back loan	25,000	36,024
	25,000	36,024

Alive and Kicking UK

Notes to the financial statements

For the year ended 31 December 2022

13. Movements in funds

Current Year	At the start of the year £	Income £	Expenditure & transfers £	At the end of the year £
Restricted funds:				
Kenya and Zambia Ball Orders and Health Awareness	-	179,514	179,514	-
Sport England Library	17,681	-	17,681	-
Ghana fund	-	-	-	-
Total restricted funds	17,681	179,514	197,195	-
Unrestricted funds:				
General	27,524	280,275	252,452	55,346
Total unrestricted funds	27,524	280,275	252,452	55,346
Total	45,205	459,789	449,648	55,346

Prior Year	At the start of the year £	Income £	Expenditure & transfers £	At the end of the year £
Restricted funds:				
Kenya and Zambia Ball Orders and Health Awareness	-	70,056	70,057	-
Sport England Library	17,681	-	-	17,681
Ghana fund	-	-	-	-
Total restricted funds	17,681	70,056	70,057	17,681
Unrestricted funds:				
General	58,148	234,100	264,724	27,524
Total unrestricted funds	58,148	234,100	264,724	27,524
Total	75,829	304,156	334,781	45,205

Purposes of restricted funds

Kenya and Zambia Ball Orders and Health Awareness

This fund is for the distribution of balls to schools and projects that cannot afford to purchase them, and for the carrying out of health awareness activities in areas of Kenya and Zambia.

Sport England Library

This fund supports A+Ks ball library network initiative. Giving young people free access to an A+K football from over 250 locations in England.

14. Operating lease commitments

A+K UK has total commitments at the period end under operating leases (for land & building) expiring as follows:

	2022 £	2021 £
1 - 2 Years	-	2,954
2 - 5 years	-	-

Alive and Kicking UK

Notes to the financial statements

For the year ended 31 December 2022

5+ years	-	-
	-	2,954

15. Related Party Transactions

The Chairman of Trustees of A+K UK is an ex-officio member of the boards of A+K Kenya and A+K Zambia. The Chairperson of A+K Kenya and A+K Zambia are ex-officio members of the A+K UK Board. Payments were made by A+K UK to these companies during the period as set out in note 13 as part of its normal business.

Total Unrestricted Donations received from Trustees in 2022 was £0 (2021: £0)