



# Annual Report & Accounts 2023-2024





# Our Aims



Our local community network of trained volunteers and expert staff-led support is there to help families with young children through their challenging times. We are there for parents when they need us most, because childhood can't wait.

At the heart of Home-Start's work is home visiting volunteer support. Dedicated volunteers work alongside parents, in their own homes, to help them cope with the stresses and strains of life and make sure they have the skills, confidence and strength they need to nurture their children.

Starting in the home, our approach is as individual as the people we're helping.

We are compassionate and free of judgment.

We offer confidential help and expert support.

Our work offers a vital lifeline to parents and helps to give children the best possible start in life.

# Our Team

## Trustees

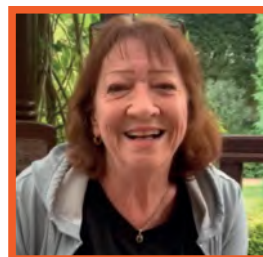
**Sam McGaw**

*Chair of Trustees*



**Margaret Corless**

*Treasurer*



**Lorna Morris**

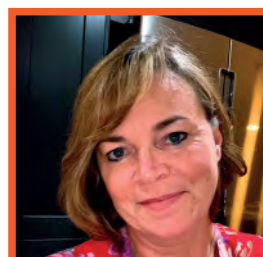
*Safeguarding Advisor to the Board*



**Heather Barnes**



**Thamara Bulmer**



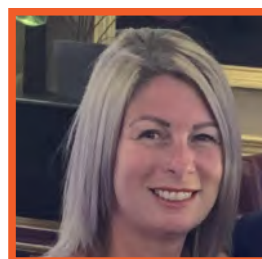
# Our Team

## Trustees

**Pam Owen**



**Emma Pickering**



**Elaine Porter**



**Janet Burton**



**Val Wood**

*Our Patron*





# Our Team

## Staff

**Caroline Watson**  
*Scheme Manager*



**Jo Boasman**  
*Coordinator*



**Charlotte Dunstan**  
*Start for Life Parent Infant Well-Being  
Peer Support Coordinator*



**Bridget Marvin-Smelt**  
*Families in Mind Coordinator*



**Phil Vincent**  
*Coordinator*





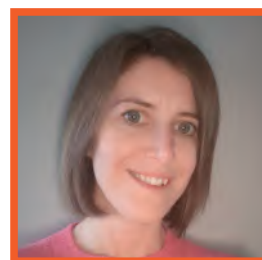
**Lucy Jonas**

*Start for Life Partners and Dads Peer  
Support Coordinator*



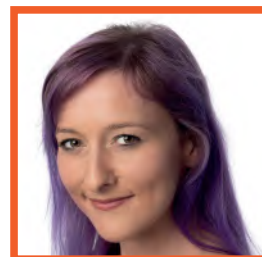
**Katie Warren**

*Family Support Worker*



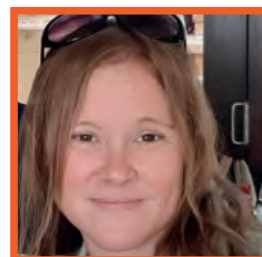
**Gemma Brown**

*Digital & Fundraising Officer*



**Kelly Sykes-Moody**

*Admin & Finance Officer*



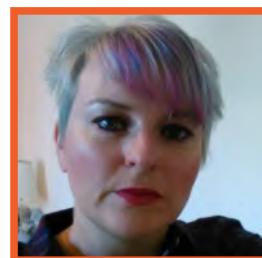
**Helen Percy**

*Admin Assistant (Families in Mind)*



**Charlotte Neale**

*Admin Assistant*



# Chair of Trustees Report

We are proud that Home-Start has been working in Hull for over 40 years, and yet every year, as a charity funded largely by grants, we are looking closely at plans for survival and how to continue to offer the vital work we do, providing for local families help and support knowing the difference that has made to so many: hard work for staff and volunteers alike, but achieved with high standards and certainly something to celebrate. As the framework around us changes, we have to be responsive to new factors constantly and focus on the challenges of the well documented “cost of living crisis” affecting many of “our” families directly and also impacting on our funders.

Embracing new opportunities for family support has allowed modest expansion of our work and the workforce too, both staff and volunteers. Our traditional work through volunteers continues, ably supported by our small staff. The volunteers are crucial to demonstrating and delivering practical support in family situations, yet the demands across society for volunteers makes recruitment far harder. Continuing our presence with the families who are referred to us is essential and I congratulate the volunteers and the staff on all that has been achieved in the past year and commend their continuing work. My thanks also to our manager, her assistants in our supportive staff and the other Trustee Board members and Members of the charity for their help and support. Lastly, thank you to our funders and financial supporters – without that support the work would not continue.

I hope that you find interest and encouragement in this report which provides insight and a commentary on what we do and illustrates our activities and financial situation. Your interest is always appreciated.

Sam McGaw, Chair of Trustees





# Scheme Manager Report

This year has seen our biggest changes since Home-Start (Hull) began, in the way we offer support to families. Our new Start for Life peer support projects have both offered informal drop-in peer support groups every week and the Partners & Dads project has also offered Saturday morning groups for Dads. We have increased the offer of phone support, as well as recorded a series of PODcasts and started a closed Facebook group. With more choice for families to decide when and how they get Home-Start support, we hope there is something for everyone, but we continue to respond to ideas and suggestions as they arise.

The core work and Families in Mind continue to be hugely successful with referrals flowing in continuously. The constant struggle with volunteer recruitment which has only become worse with the cost-of-living crisis effecting all families, Coordinator's have done more direct support themselves and, in October 2023, our new Family Support Worker started in post. Recruited from within our volunteer pool, Katie offers several weeks of support to some of our more complex families ensuring a timely intervention and breathing space to find an appropriate volunteer if ongoing support is needed.

Admin has continued to work hard at maintaining the Charitylog system to ensure we can demonstrate the impact of our work with families. In November 2023, Emma left to pursue her career in family support and complete the final year of her degree and we recruited Charlotte into the role. The team continues to go from strength to strength.

We have had a good opportunity to assess our service this year as we completed re-accreditation of the NCVO Investing in Volunteers quality standard, and we are currently undertaking a full Home-Start UK Quality Assurance review. The whole team has worked hard to review our processes and practice to ensure we are offering the best possible standard of support to our volunteers and families and achieve this recognition.

A massive thank you as always to our incredible volunteers; without them Home-Start wouldn't exist. My thanks as ever to the staff who have really gone above and beyond this year, working evenings and weekends to ensure we reach as many families as possible. The trustees continue to be a huge support to the team and myself and I am so grateful to have their guidance.

Caroline Watson, Scheme Manager



# Citywide Family Support Service

The past year has proved to be another very busy time for me. I have continued to build good working relationships with other services along with offering and organising much needed befriending support to those families in need across the city. I continue to work from the Acorns Family Hub one day each week which helps to build good working relationships. More recently I have delivered an Infant Massage course at Marfleet Family Hub and have another group planned for later in the year along with one to one sessions as and when needed. I have also been actively involved with numerous events at the Family Hubs, schools, antenatal sessions and the carousel events to promote our service and the amazing support our volunteers continue to offer parents/carers across the city. I also continue to promote and recruit prospective volunteers along with delivering the volunteer preparation course which can be completed on a one to one basis, online or as a group. This enables us to offer varied opportunities to meet their individual needs and recruit as many prospective volunteers as possible in these challenging times. To continue with my personal development I have undertaken Home-Start and local authority training as well as supporting volunteers to build on their personal learning and development. More recently I have also gained a diploma in Infant Massage, we can now offer this additional service to our families. Overall it has been lovely to see our families attend our numerous social events over the year such as seasonal parties, The Big Lunch, Dads event and Teddy Bears Picnic. Being part of these activities enables me to not only see but to also join in the fun.

Jo- Coordinator East, Parks & Wyke

The past 12 months has seen me continue my role as Coordinator in North, North Carr and the Riverside area of the city. As always, they are busy areas regarding referrals and families needing Home-Start support. I have continued to build relationships with referrers and the family hubs in my areas of the city. This has proved valuable in terms of referrals and knowing what is going on within the Hubs to enhance support for our families. It continues to prove challenging to recruit new volunteers, but we are out there spreading the word and attending events to try and recruit new volunteers. This year has seen me become involved in the dads work offering support and attending groups to help Lucy whenever needed, something I have found enjoyable. I have attended a variety of different training during the last 12 months, and I am part of the dads champion network as well as working alongside Lucy to develop Becoming Dad ante natal sessions in the city. I continue to learn and develop my role which is something I thoroughly enjoy. Finally, a big thankyou to all our volunteers for your continued support of our families. You are a credit to yourselves, and the most valuable asset Home-Start Hull has.

Phil- Coordinator North, North Carr & Riverside





# Families in Mind project

Families in Mind is currently funded by The Henry Smith Charity to support at least 30 families per year, one to one, through both Coordinator, and importantly, volunteer support. I continue to offer telephone support to the families in the first instance, and some families find they want this support alone, as it suits their circumstances and mental health concerns. We have now entered the last year of the grant and we are hopeful of getting more funding to continue this important project. I enjoy my job supporting families and working with them to get the best outcomes for them. I have been doing the job of mental health project Coordinator for 15 years and can say no two days are the same. Working alongside the volunteers who have been tireless in their support of families is one of the best parts of the job; I am always grateful for all that they do and their continued hard work. The project aims to help parents manage their mental health in a way that is sustainable for them, and which considers the ups and down that go along with it. We aim to support them to cope better and keep their mental health on an even footing for them and their family. We help parents to enjoy their children, and to establish a good bond with their little ones, hopefully to break the cycle of poor mental health in families. I continue to undertake any courses that will assist me and Home-Start Hull in delivering our work. We engage with other agencies and attend events to promote both our support and volunteering opportunities to the public.

Bridget Marvin-Smelt, Families in Mind Coordinator





# Start for Life projects

What an exciting time to be part of the Start for Life Partner and Dad's peer support project (PADS). The project focusses on supporting dads, expectant dads, stepdads and partners of mums with children aged 0-2. I have been out and about around the city connecting with families within all the family hubs, supporting the families at the antenatal classes, joining in with the monthly carousel at Hull Women's and Children's Hospital, speaking to parents and parents-to-be as well as attending the parent carer forums and events across the city. I have recently joined up with Humber Dads in NICU at Hull Women & Children's hospital to give extra support to dads and family members during this extremely stressful time. Over the past year, the PADS Facebook group page has gone from strength to strength, providing casual support and information that partners and dads may need. I have been trying different venues for groups around the city and trying to ensure there is something for everyone. The groups are an informal drop-in and a chance for dads, stepdads, grandads and partners of mums, to come and join together in a calm relaxing space to chat and have a cuppa and share experiences. I have more groups starting in September. We established a Working with PADS professionals' group to share best practice across different organisations and support the rollout of training such as the Institute of Health Visiting dads champion training. This group organised and delivered a Celebrating Dads event the week after Father's Day at Hull City Hall and this was attended by 20 organisations and over 1000 people. Working with our Digital and Funding Officer, we recorded a series of Podcasts (PADcast) in January 2024. This was supported by dads working in other organisations with the aim of providing a different way for dads to get digital peer support. The PADcasts have discussed issues facing PADS and the support available to them, as well as personal experiences of issues such as infant loss, mental health, separation. These are now on Youtube and Spotify.

Lucy Jonas- Partner and Dads Peer Support Coordinator

It has been a busy year for me supporting families on the PIWB project alongside some of our brilliant volunteers. Supporting the parent-infant relationship in the first 1001 days of a child's life (from conception to age 2) has been identified as one of the most important things we can do to improve outcomes for children. By supporting parents practically and emotionally at home, or by being alongside them to go to groups, our volunteers are giving mums and dads the support they need to build strong bonds with their little ones. As part of our package of support we have run two informal peer-support groups. These are unstructured, relaxed drop-in sessions where parents can chat with each other and I will be there for more support and, of course, to make sure there is a plentiful supply of tea! These are intentionally not activity focussed, to allow parents the time and space to socialise and share moments with their child. By doing this we remove any sense of pressure parents may feel – there is no need to book or stay for the whole group. In these groups I have seen mums who were reluctant at first to join groups grow in confidence and make connections with other parents, which is brilliant. Working alongside colleagues in Family Hubs (particularly at The Parks Hub where I run a group) has been great. It's fantastic to see our relaxed peer-support sitting alongside all the other great things happening in the Family Hubs. I have had the opportunity to build my skills professionally this year by training to be a Grobrain group facilitator and also completing an Infant Massage accreditation. These are both excellent ways to encourage a strong parent-infant relationship in the early days and so far I have enjoyed not only running a baby massage course but also visiting a family at home to do some massage sessions. I look forward in the coming year to running some massage and Grobrain sessions for our parents but to keep our informal Home-Start group ethos there will be an opportunity to socialise and get a brew afterwards for our mums and dads!

Charlotte Dunstan, Parent Infant Wellbeing (West Area) Coordinator



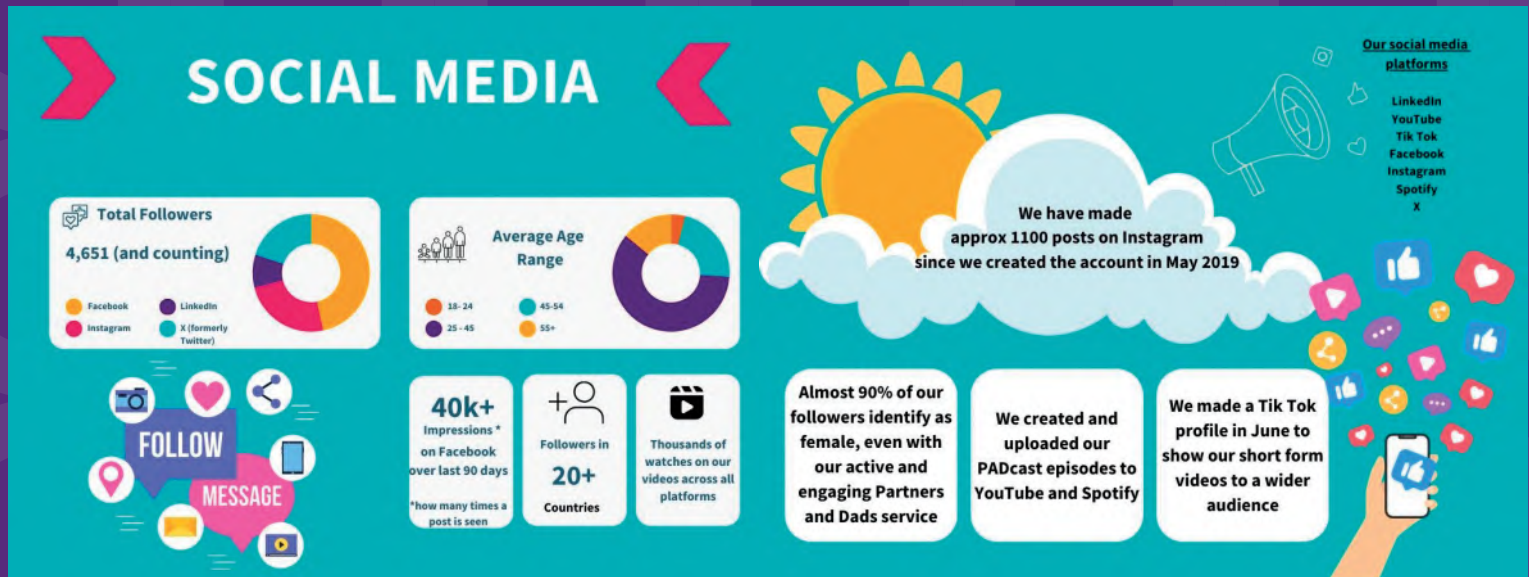
# Fundraising & Social Media

This year we decided to provide support in different ways, by listening to our beneficiaries and finding out what works for them. As a result, we were able to create a series of podcasts called PADcast that supported our partners and dads, at times and places that suited them. The podcast was well received with requests to listen from Hull City Council Children and Young Peoples Service, other schemes in the Home Start Network, and the Family Hubs network. They are currently available on our Home Start Hull YouTube and have amassed several hundred listens. This is a resource that can be reused and revisited for as long as required.

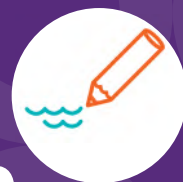
We now have a Tik Tik (not for staff dancing, sorry!), but to utilise a platform popular with a different demographic to our other platforms. Our fundraising continues, with multiple applications for small pots of money for events etc. We also keep our eyes peeled for larger pots to keep the core services running. Success is a mixed bag, indicative mostly of the increased demand rather than the quality of our applications.

Overall, we are happy with the increased awareness of our brand and our ethos, and are positive that we can achieve even more in the upcoming 12 months.

Gemma Brown, Digital & Funding Officer







# Administration Team

We provide administrative support to all the staff, volunteers and trustees here at Home-Start (Hull) including maintaining our system, Charitylog, and always at the end of the phone for our amazing volunteers and our lovely families.

## **Administration and Finance Officer – Kelly Sykes-Moody**

I have been at Home-Start (Hull) almost 9 years. We have an amazing Home-Start family and I love my job here. I am responsible for the day-to-day accounts and work alongside Caroline and Margaret to make sure we stay in budget. I support our amazing volunteers with Charitylog access issues and support Caroline with recruitment and HR. This year we have welcomed Charlotte to our admin team, who has settled in very well. I couldn't do what I do without the support of Helen and Charlotte.

## **Administration Assistant – Helen Percy**

I've been with Home-Start Hull for 15 years and feel very proud to be part of our Home-Start family, as that is what we are. I've thoroughly enjoyed all the amazing experiences we have given our families and volunteers during that time and can't wait to see what next year will bring.

## **Administration Assistant – Charlotte Neale**

I have been part of the Home-Start Hull team since November and have been welcomed by all the staff. I find it so rewarding to know that along with everyone else in the organisation, from Coordinators to volunteers, we are all making a positive difference to our families.



# How we did this year

**277**

**Total referrals**

**30**

families supported from  
Families In Mind project

**6**

families supported in  
Beverley

**141**

for Partners and Dads, and  
Parent Infant Wellbeing  
Start For Life contracts

## Impact

Home Start Hull made a difference to 412 new children and young people, offered placements to 7 students, and offered 8 volunteer preparation courses. We achieved NCVO Investing In Volunteers success for the second time - giving us another 3 years accreditation!

### 2023-2024 STATS

- 161 NEW families supported in 1 year
- 36 families with complex needs
- 6 new parents with a disability supported
- 25 children with a disability
- 20 New volunteers recruited
- 25 new BAME families supported
- 97% of families reported improvements from initial visit to end visit
- 100% of families contacted within 3 days of referral

" I really appreciate the support from my volunteer and all of Home-Start. Without her I wouldn't be able to get stuff done at home or get to groups with all three children -anonymous feedback from end of year report

**2560**  
HOURS  
OF SUPPORT  
PROVIDED  
BY VOLUNTEERS

**751**  
Hours of  
Coordinator r  
support

**67**  
VOLUNTEERS  
PROVIDING  
SUPPORT  
OVER 1 YEAR

**100%**  
OF FAMILIES REPORTED  
AN OVERALL BENEFIT FROM SUPPORT

**89%**  
OF VOLUNTEERS LEAVING THE  
SCHEME DID SO FOR  
WORK/EDUCATION/TRAINING

**100%**  
OF VOLUNTEERS  
CHOOSING TO ACCREDIT  
ACHIEVED THIS!





# Thank you to our volunteers

HOME-START (HULL) VOLUNTEERS AS FROM SEPTEMBER 2024.

PAM O 19 YEARS  
KATHRYN Y 14 YEARS  
ELAINE P 13½  
KIM S 12 YEARS  
TERRI C 11 YEARS  
SARAH G 10 YEARS  
NADIA C 8 YEARS  
NIKKI A 6 YEARS  
MOLLIE B 6 YEARS  
SAM B 5 YEARS  
DEBBIE C 5 YEARS  
DONNA J 5 YEARS  
EMMA B 2 ½ YEARS  
CHRISTINE D 2 YEARS  
ROSEMARY I 2 YEARS  
TRACY H 2 YEARS  
JOSEPHINE S 2 YEARS  
EMMA B 2 YEAR  
PHILIPPA K 2 YEAR  
REBECCA W 18 MTHS  
LU H 18 MTHS  
VICTORIA G 18 MTHS



BRENDA K 18 MTHS  
JULIA T 18 MTHS  
MOLLIE D 18 MTHS  
SAM S 18 MTHS  
LOUISE T 18 MTHS  
CHRIS R 18 MTHS  
SHEENA T 18 MTHS  
CHARLOTTE A 1 YEAR  
VICTORIA S 1 YEAR  
MARIE B 1 YEAR  
DENISE D 1 YEAR  
ROWENA H 1 YEAR  
GEMMA M 1 YEAR  
TEMI O 1 YEAR  
LILIAN O 1 YEAR  
GARY T 7 MTHS  
TRACY W 7 MTHS  
TRACEY B 6 MTHS  
JANE D 6 MTHS  
RUTA G 6 MTHS  
LYDIA A 3 MTHS



# Thank you to our funders and supporters



Amazon  
R Gore  
V Wood  
L Vokes





# 2023-2024 in pictures





Charity registration number 1105574

Company registration number 5200713 (England and Wales)

**HOME-START (HULL)**  
**COMPANY LIMITED BY GUARANTEE**  
**ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2024**

**Fawley Judge & Easton**  
**Chartered Certified Accountants**  
**1 Parliament Street**  
**Hull**  
**East Yorkshire**  
**HU1 2AS**

**HOME-START (HULL)**  
**COMPANY LIMITED BY GUARANTEE**  
**LEGAL AND ADMINISTRATIVE INFORMATION**

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**Trustees**

Pamela Owen  
Sam McGaw  
Emma Pickering  
Lorna Morris  
Heather Barnes  
Elaine Porter  
Margaret Corless  
Janet Burton  
Thamara Bulmer

**Secretary**

Caroline Watson

**Charity number**

1105574

**Company number**

5200713

**Independent examiner**

Fawley Judge & Easton  
Chartered Certified Accountants  
1 Parliament Street  
Hull  
East Yorkshire  
HU1 2AS

# HOME-START (HULL) COMPANY LIMITED BY GUARANTEE CONTENTS

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**HOME-START (HULL)**  
**COMPANY LIMITED BY GUARANTEE**  
**TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)**  
**FOR THE YEAR ENDED 31 MARCH 2024**

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The trustees, who are also directors for the purposes of company law, present their report and the un-audited financial statements of the charity for the year ended 31 March 2024.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's governing document, the Companies Act 2006 and the Statement of Recommended Practice, "Accounting and Reporting by Charities", issued in March 2005.

**Objectives and activities**

The charity's objects are to safeguard and preserve the good health, both mental and physical of children and parents of children, to prevent cruelty to or maltreatment of children, to relieve sickness, poverty and need amongst children and parents of children and to promote the education of the public in better standards of child care within the area of Hull and its environs. The policies adopted in furtherance of these objects are applied by the committee and there has been no change in these during the year.

To provide support to a minimum of 100 new families using home-visiting volunteers. This is our core work.

To support an additional 30 families per year on our Families in Mind project funded by the Henry Smith Charity from January 2022. This project supports parents with a lasting and enduring mental health condition.

To support an additional 100 families per year on the Start for Life Partners & Dads peer support project and Parent Infant Well Being project.

To conclude and signpost on (where appropriate) the families under the Beverley and Leconfield projects.

To reevaluate the Big Hopes Big Future project in line with Home-Start UK and the Start for Life offer in Hull.

To offer 8 preparation courses for new volunteers, annual refresher training and at least one specialist training opportunity per year for all volunteers.

To offer quality training to staff, volunteers and trustees through professional development opportunities and accredited modules, including additional external training in identified areas.

To identify a Vice Chair of Trustees as part of our succession planning.

**Public benefit**

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

**Activities**

Home Start Hull applies for the funding of its activities through a tendering processes. Successful applications result in service contracts or grants received to deliver the specific area identified in the application. The following

To increase the support available to families through both the core work and projects. Current target of 230 families.

To maintain current staffing levels and volunteer numbers.

To assess whether we need to expand our services to families

To maintain our current representation on the Trustees board.

**HOME-START (HULL)  
COMPANY LIMITED BY GUARANTEE  
TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)  
FOR THE YEAR ENDED 31 MARCH 2024**

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**Achievements and performance**

*Significant activities and achievements against objectives*

Our Local Home-Start supported 108 families this year through the core work, 30 through the Families in Mind project, 75 families through the Start for Life projects, 6 families on the Beverley project, by 67 home-visiting volunteers offering 2753 hours of support.

We have successfully completed the second year of our Hull Health & Care Partnership contract for the core work.

We have successfully recruited a new Family Support Worker from our volunteer group, and a new admin assistant.

We successfully delivered the second year of our Families in Mind Henry Smith Charity funded project.

We have successfully completed the first year of our Start for Life contracts.

We successfully concluded the Beverley support.

The volunteers and families were supported by 9 trustees and 12 staff during the year. (Joanne Boasman, Gemma Brown, Emma Brownlee (left November 2023), Charlotte Dunstan, Lucy Jonas (started May 2023), Kelly Sykes, Bridget Marvin-Smelt, Charlotte Neale (started November 2023), Helen Percy, Phil Vincent, Katie Warren, Caroline Watson.)

All staff, volunteers and trustees continue to complete role appropriate training including Safeguarding Children's Partnership training.

We delivered 5 volunteer preparation courses recruiting a total of 20 new volunteers. 100% of volunteers choosing to accredit their training have achieved the Intermediate certificate from Skills & Education Group.

89% of volunteers leaving the scheme this year did so for work and training and we offered 6 student placements contributing to their educational experience.

We offered additional training in the 'Prevent' strategy, Hull Safeguarding Children's Partnership sources of stress, Parental conflict, Born to Bond attachment, parent infant mental health, healthy eating and Mental Health First Aid.

The board have reviewed the reserves set aside by the scheme and are satisfied that they cover the necessary requirements identified in the Reserves Policy. The Reserves covers three months of running costs plus redundancy costs.

We continue to look for ways to provide additional funding for the scheme and increase volunteer numbers.

There have been no incidents or near misses regarding information governance.

**Financial review**

The executive committee review the financial position regularly throughout the year.

The Charity receives income from a contract, donations, grants and investments. During 2023-2024 this amounted to £290,133. Its income is used to finance direct charitable expenditure and other expenditure amounting to £286,579.

Our reserves amount to £58,523 Unrestricted General Fund and £50,000 Designated Contingent Reserve Fund.



**HOME-START (HULL)**  
**COMPANY LIMITED BY GUARANTEE**  
**TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)**  
**FOR THE YEAR ENDED 31 MARCH 2024**

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*Reserves policy*

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

*Major risks*

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

**Plans for future periods**

The Board recognise that over the next five years, the amount of funding from the Hull Health & Care Partnership will decrease each year and have planned provision to cover a predicted shortfall as costs increase due to workplace pensions and increased costs associated with volunteer training and DBS checks.

We continue to look for ways to provide additional funding for the scheme

**Structure, governance and management**

The charity is a company limited by guarantee and has been registered as a charity.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Pamela Owen

Sam McGaw

Emma Pickering

Lorna Morris

Heather Barnes

Elaine Porter

Margaret Corless

Janet Burton

Thamara Bulmer

*Recruitment and appointment of trustees*

The current trustees continue to seek new trustees as vacancies or skills profiles are required from the general public and those associated in the area the charity operates.

None of the trustees has any beneficial interest in the company. All of the trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

*Organisational structure*

The organisation is managed by an Executive Committee comprising of no fewer than 4 members and not more than 12 members. All the trustees sit on this committee.

*Relationship with related parties*

Home Start Hull is a member of the Home Start UK organisation which provides areas of support to the organisation. Service Agreements are entered into with various providers operating in this area

**HOME-START (HULL)**  
**COMPANY LIMITED BY GUARANTEE**  
**TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)**  
***FOR THE YEAR ENDED 31 MARCH 2024***

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The trustees' report was approved by the Board of Trustees.

Caroline Watson  
**Secretary**

3 October 2024

**HOME-START (HULL)  
COMPANY LIMITED BY GUARANTEE  
INDEPENDENT EXAMINER'S REPORT  
TO THE TRUSTEES OF HOME-START (HULL)**

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I report to the trustees on my examination of the financial statements of Home-Start (Hull) (the charity) for the year ended 31 March 2024.

**Responsibilities and basis of report**

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

**Independent examiner's statement**

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of ACCA, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

**Jonathan M Leathley**

**Fawley Judge & Easton**

Chartered Certified Accountants

1 Parliament Street

Hull

East Yorkshire

HU1 2AS

Dated: 3 October 2024

**HOME-START (HULL)**  
**COMPANY LIMITED BY GUARANTEE**  
**STATEMENT OF FINANCIAL ACTIVITIES**  
**INCLUDING INCOME AND EXPENDITURE ACCOUNT**

**FOR THE YEAR ENDED 31 MARCH 2024**

		Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
	Notes						
<b>Income from:</b>							
Donations and legacies	3	7,526	-	7,526	14,081	-	14,081
Charitable activities	4	-	276,730	276,730	-	204,201	204,201
Other trading activities	5	4,100	-	4,100	2,053	-	2,053
Investments	6	1,777	-	1,777	531	-	531
<b>Total income</b>		<b>13,403</b>	<b>276,730</b>	<b>290,133</b>	<b>16,665</b>	<b>204,201</b>	<b>220,866</b>
<b>Expenditure on:</b>							
Raising funds	7	7,295	-	7,295	6,393	-	6,393
Charitable activities	8	3,159	276,125	279,284	7,818	218,140	225,958
<b>Total expenditure</b>		<b>10,454</b>	<b>276,125</b>	<b>286,579</b>	<b>14,211</b>	<b>218,140</b>	<b>232,351</b>
<b>Net income/(expenditure)</b>		<b>2,949</b>	<b>605</b>	<b>3,554</b>	<b>2,454</b>	<b>(13,939)</b>	<b>(11,485)</b>
Transfers between funds		3,835	(3,835)	-	(9,330)	9,330	-
<b>Net movement in funds</b>	<b>11</b>	<b>6,784</b>	<b>(3,230)</b>	<b>3,554</b>	<b>(6,876)</b>	<b>(4,609)</b>	<b>(11,485)</b>
<b>Reconciliation of funds:</b>							
Fund balances at 1 April 2023		101,739	41,660	143,399	108,615	46,269	154,884
<b>Fund balances at 31 March 2024</b>		<b>108,523</b>	<b>38,430</b>	<b>146,953</b>	<b>101,739</b>	<b>41,660</b>	<b>143,399</b>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

**HOME-START (HULL)**  
**COMPANY LIMITED BY GUARANTEE**  
**BALANCE SHEET**  
**AS AT 31 MARCH 2024**

	Notes	2024 £	£	2023 £	£
<b>Fixed assets</b>					
Tangible assets	15		224		264
<b>Current assets</b>					
Cash at bank and in hand		227,667		144,816	
<b>Creditors: amounts falling due within one year</b>	16	(80,938)		(1,682)	
Net current assets			146,729		143,134
<b>Total assets less current liabilities</b>			146,953		143,398
<b>Income funds</b>					
Families in Mind		13,023		13,765	
BHBF /FSW		22,537		21,745	
Bev Org		-		6,150	
Warm Spaces		2,870		-	
	18		38,430		41,660
<u>Unrestricted funds</u>					
Designated funds	19	50,000		50,000	
General unrestricted funds		58,523		51,739	
			108,523		101,739
			146,953		143,399

**HOME-START (HULL)  
COMPANY LIMITED BY GUARANTEE  
BALANCE SHEET (CONTINUED)  
*AS AT 31 MARCH 2024***

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The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2024.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 3 October 2024

Sam McGaw  
**Trustee**

**Company registration number 5200713**

# HOME-START (HULL) COMPANY LIMITED BY GUARANTEE NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

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## 1 Accounting policies

### Charity information

Home-Start (Hull) is a private company limited by guarantee incorporated in England and Wales.

### 1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, [modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value]. The principal accounting policies adopted are set out below.

### 1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

### 1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

### 1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

### 1.5 Expenditure

Expenditure incurred by the organisation is accounted for on an accruals basis. Items relating to operational matters are charged to the SOFA, and any capital items to the Balance Sheet.

### 1.6 Research and development expenditure

**HOME-START (HULL)**  
**COMPANY LIMITED BY GUARANTEE**  
**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
**FOR THE YEAR ENDED 31 MARCH 2024**

---

**1 Accounting policies**

**(Continued)**

Research expenditure is written off against profits in the year in which it is incurred. Identifiable development expenditure is capitalised to the extent that the technical, commercial and financial feasibility can be demonstrated.

**1.7 Tangible fixed assets**

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures, fittings & equipment	15% - written down value
--------------------------------	--------------------------

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

**1.8 Impairment of fixed assets**

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

**1.9 Cash and cash equivalents**

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

***Basic financial assets***

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

***Basic financial liabilities***

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

***Derecognition of financial liabilities***

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.



**HOME-START (HULL)  
COMPANY LIMITED BY GUARANTEE  
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)  
FOR THE YEAR ENDED 31 MARCH 2024**

---

**1 Accounting policies (Continued)**

**1.10 Employee benefits**

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

**2 Critical accounting estimates and judgements**

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

**3 Income from donations and legacies**

	<b>Unrestricted funds 2024 £</b>	<b>Unrestricted funds 2023 £</b>
Donations and gifts	<u>7,526</u>	<u>14,081</u>

**HOME-START (HULL)**  
**COMPANY LIMITED BY GUARANTEE**  
**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
**FOR THE YEAR ENDED 31 MARCH 2024**

**4 Income from charitable activities**

	Restricted funds 2024 £	Restricted funds 2023 £
<b>Hull Health &amp; Care Partnership</b>		
Performance related grants	121,384	120,060
<b>BHBF / FSW</b>		
Performance related grants	8,000	19,838
<b>Families In Mind - Henry Smith Charity</b>		
Performance related grants	59,900	59,500
<b>Beverley Project - Brelms Trust CIO</b>		
Performance related grants	380	4,803
<b>Warm Spaces - Two Ridings Foundation</b>		
Performance related grants	5,850	-
<b>West Peer Support - Hull CC</b>		
Performance related grants	80,216	-
Less: deferred income	(40,000)	-
<b>Partners and Dads Service - Hull CC</b>		
Performance related grants	81,000	-
Less: deferred income	(40,000)	-
	<u>276,730</u>	<u>204,201</u>

**5 Income from other trading activities**

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Trading activity income:	4,100	2,053
	<u>4,100</u>	<u>2,053</u>

**6 Income from investments**

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Interest receivable	1,777	531
	<u>1,777</u>	<u>531</u>

**HOME-START (HULL)**  
**COMPANY LIMITED BY GUARANTEE**  
**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
**FOR THE YEAR ENDED 31 MARCH 2024**

---

**7 Expenditure on raising funds**

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
<b>Fundraising and publicity</b>		
Fundraising costs	7,156	5,803
	<hr/>	<hr/>
<b>Trading costs</b>		
Other trading activities	139	590
	<hr/>	<hr/>
Total costs	7,295	6,393
	<hr/> <hr/>	<hr/> <hr/>

**HOME-START (HULL)**  
**COMPANY LIMITED BY GUARANTEE**  
**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
**FOR THE YEAR ENDED 31 MARCH 2024**

8 Expenditure on charitable activities										
	Core BHBF / FSW	Families In Mind	Beverley Project	Warm Spaces	West Peer Support	Partners and Dads Service	Total			
	2024	2024	2024	2024	2024	2024	2024	2024	2024	2024
	£	£	£	£	£	£	£	£	£	£
<b>Direct costs</b>										
Staff costs	104,622	6,765	46,880	3,901	2,100	37,177	30,786	232,231		
Depreciation and impairment	40	-	-	-	-	-	-	40		
Charitable expenses	5,026	-	220	886	883	425	-	7,440		
	109,688	6,765	47,100	4,787	2,983	37,602	30,786	239,711		
Grant funding of activities (see note 9)	-	-	-	-	-	-	7,600	7,600		
<b>Share of support and governance costs (see note 10)</b>										
Support	13,420	-	12,765	-	-	2,414	2,414	31,013		
Governance	960	-	-	-	-	(200)	200	960		
	124,068	6,765	59,865	4,787	2,983	39,816	41,000	279,284		
<b>Analysis by fund</b>										
Unrestricted funds	3,159	-	-	-	-	-	-	3,159		
Restricted funds	120,909	6,765	59,865	4,787	2,983	39,816	41,000	276,125		
	124,068	6,765	59,865	4,787	2,983	39,816	41,000	279,284		

**HOME-START (HULL)**  
**COMPANY LIMITED BY GUARANTEE**  
**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
**FOR THE YEAR ENDED 31 MARCH 2024**

Previous year:	Core BHBF / FSW		Families In Mind	Beverley Project	Total
	2023	2023	2023	2023	2023
	£	£	£	£	£
<b>Direct costs</b>					
Staff costs	116,910	6,216	45,749	12,913	181,788
Depreciation and impairment	47	-	-	-	47
Charitable expenses	5,268	7,315	580	1,162	14,325
	<u>122,225</u>	<u>13,531</u>	<u>46,329</u>	<u>14,075</u>	<u>196,160</u>
<b>Share of support and governance costs (see note 10)</b>					
Support	11,465	97	13,085	14	24,661
Governance	5,137	-	-	-	5,137
	<u>138,827</u>	<u>13,628</u>	<u>59,414</u>	<u>14,089</u>	<u>225,958</u>
<b>Analysis by fund</b>					
Unrestricted funds	7,818	-	-	-	7,818
Restricted funds	131,009	13,628	59,414	14,089	218,140
	<u>138,827</u>	<u>13,628</u>	<u>59,414</u>	<u>14,089</u>	<u>225,958</u>
<b>9 Grants payable</b>					
				<b>Partners and Dads Service</b>	
				<b>2024</b>	
				<b>£</b>	
Grants to institutions (1 grant):					
Becoming Dad					7,600
-					<u></u>

**HOME-START (HULL)**  
**COMPANY LIMITED BY GUARANTEE**  
**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
**FOR THE YEAR ENDED 31 MARCH 2024**

**10 Support costs**

	Support costs	Governance costs	2024	Support costs	Governance costs	2023
	£	£	£	£	£	£
Accommodation costs	19,050	-	19,050	17,934	-	17,934
IT costs	2,929	-	2,929	1,794	-	1,794
Telephone	1,440	-	1,440	1,551	-	1,551
Utilities	1,792	-	1,792	1,860	-	1,860
Office costs	5,802	-	5,802	1,522	-	1,522
Professional fees	-	960	960	-	840	840
AGM costs	-	-	-	-	4,297	4,297
	<u>31,013</u>	<u>960</u>	<u>31,973</u>	<u>24,661</u>	<u>5,137</u>	<u>29,798</u>
Analysed between						
Charitable activities	<u>31,013</u>	<u>960</u>	<u>31,973</u>	<u>24,661</u>	<u>5,137</u>	<u>28,958</u>

Governance costs includes payments to the independent examiner of £960 (2023- £840) for professional fees.

<b>11 Net movement in funds</b>	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
The net movement in funds is stated after charging/(crediting):		
Depreciation of owned tangible fixed assets	<u>40</u>	<u>47</u>

**12 Trustees**

None of the trustees (or any persons connected with them) received any remuneration during the year.

**13 Employees**

The average monthly number of employees during the year was:

	<b>2024</b>	<b>2023</b>
	<b>Number</b>	<b>Number</b>
Administration	3	3
Service delivery	<u>7</u>	<u>6</u>
Total	<u>10</u>	<u>9</u>
<b>Employment costs</b>	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
Wages and salaries	<u>232,231</u>	<u>181,788</u>

**HOME-START (HULL)**  
**COMPANY LIMITED BY GUARANTEE**  
**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
**FOR THE YEAR ENDED 31 MARCH 2024**

**13 Employees**

**(Continued)**

There were no employees whose annual remuneration was more than £60,000.

**Remuneration of key management personnel**

The remuneration of key management personnel was as follows:

**14 Taxation**

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

**15 Tangible fixed assets**

	Fixtures, fittings & equipment £
<b>Cost</b>	
At 1 April 2023	7,706
At 31 March 2024	7,706
<b>Depreciation and impairment</b>	
At 1 April 2023	7,442
Depreciation charged in the year	40
At 31 March 2024	7,482
<b>Carrying amount</b>	
At 31 March 2024	224
At 31 March 2023	264

**16 Creditors: amounts falling due within one year**

	Notes	2024 £	2023 £
Deferred income	17	80,000	-
Accruals and deferred income		938	1,682
		80,938	1,682

**17 Deferred income**

	2024 £	2023 £
Other deferred income	80,000	-

**HOME-START (HULL)**  
**COMPANY LIMITED BY GUARANTEE**  
**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
**FOR THE YEAR ENDED 31 MARCH 2024**

**17 Deferred income**

**(Continued)**

Deferred income is included in the financial statements as follows:

	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
Deferred income is included within:		
Current liabilities	80,000	-
	<u>          </u>	<u>          </u>
Movements in the year:		
Deferred income at 1 April 2023	-	-
Resources deferred in the year	80,000	-
	<u>          </u>	<u>          </u>
Deferred income at 31 March 2024	80,000	-
	<u>          </u>	<u>          </u>



**HOME-START (HULL)  
COMPANY LIMITED BY GUARANTEE  
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)  
FOR THE YEAR ENDED 31 MARCH 2024**

## 18 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	Movement in funds			Transfers	Movement in funds			Transfers	Balance at 31 March 2024
	Balance at 1 April 2022	Incoming Resources	Outgoing Resources		Balance at 1 April 2023	Incoming Resources	Outgoing Resources		
	£	£	£	£	£	£	£	£	
Hull Health & Care Partnership - Core work	1,618	120,060	(131,008)	9,330	-	121,384	(120,911)	(473)	-
Sir James Reckitt Charity - BHF	15,535	19,838	(13,628)	-	21,745	-	(1,464)	(20,281)	-
Henry Smith Charity - Families in Mind	13,680	59,500	(59,414)	-	13,765	59,900	(59,864)	(775)	13,026
Brelms Trust CIO - Beverley project	15,436	4,803	(14,089)	-	6,150	380	(4,787)	(1,743)	-
Family Support Worker	-	-	-	-	-	8,000	(5,300)	19,837	22,537
Hull CC - Partners and Dads	-	-	-	-	-	41,000	(40,800)	(200)	-
Two Ridings Foundation - Warm spaces	-	-	-	-	-	5,850	(2,983)	-	2,867
Hull CC - West Peer Support	-	-	-	-	-	40,216	(40,016)	(200)	-
	46,269	204,201	(218,139)	9,330	41,660	276,730	(276,125)	(3,835)	38,430

**HOME-START (HULL)**  
**COMPANY LIMITED BY GUARANTEE**  
**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
**FOR THE YEAR ENDED 31 MARCH 2024**

**19 Unrestricted funds**

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2023 £	Incoming resources £	Resources expended £	Transfers £	At 31 March 2024 £
Contingency fund	50,000	-	-	-	50,000
General funds	51,739	13,403	(10,454)	3,835	58,523
	<u>101,739</u>	<u>13,403</u>	<u>(10,454)</u>	<u>3,835</u>	<u>108,523</u>

Previous year:	At 1 April 2022 £	Incoming resources £	Resources expended £	Transfers £	At 31 March 2023 £
Contingency fund	50,000	-	-	-	50,000
General funds	58,615	16,665	(14,211)	(9,330)	51,739
	<u>108,615</u>	<u>16,665</u>	<u>(14,211)</u>	<u>(9,330)</u>	<u>101,739</u>

**20 Analysis of net assets between funds**

	Unrestricted 2024 £	Restricted 2024 £	Total Unrestricted 2024 £	Restricted 2023 £	Total 2023 £
Fund balances at 31 March 2024 are represented by:					
Tangible assets	224	-	224	-	264
Current assets/(liabilities)	108,299	38,430	146,729	41,660	143,134
	<u>108,523</u>	<u>38,430</u>	<u>146,953</u>	<u>41,660</u>	<u>143,398</u>

**21 Related party transactions**

There were no disclosable related party transactions during the year (2023 - none).







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Charity No. 1105574  
Company No. 5200713

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