

# SAHARA MEANS SUPPORT

England & Wales · Charity number 1104924

## Details

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Other names	SMS
Status	Registered
Legal form	Other
Registered	2004-07-15
Register	<a href="#">View on the Charity Commission register</a>

## Contact

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Address	35A Wood Vale London N10 3DJ
Phone	07748371617
Email	<a href="mailto:hello@saharameanssupport.org">hello@saharameanssupport.org</a>
Website	<a href="http://www.saharameanssupport.org">www.saharameanssupport.org</a>

## Activities

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**Objects:** 1. TO PRESERVE AND PROTECT THE PHYSICAL, MENTAL AND SPIRITUAL HEALTH OF THE COMMUNITY BY PROVIDING FACILITIES FOR YOGA, MEDITATION AND COUNSELLING.2. TO RELIEVE PERSONS WITH PHYSICAL AND/OR MENTAL DISABILITIES BY ANY MEANS WHICH THE TRUSTEES IN THEIR DISCRETION DETERMINED MENTAL CAPACITIES THAT THEY MAY GROW TO FULL MATURITY AS INDIVIDUALS AND MEMBERS OF SOCIETY.

**Activities:** To promote physical, emotional and spiritual health through offering facilities for yoga, counselling and meditation and donations to charities who support the physically, mentally, economically and socially handicapped.

## Classification

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- **How:** Makes Grants To Individuals, Makes Grants To Organisations, Provides Services
- **What:** General Charitable Purposes, The Advancement Of Health Or Saving Of Lives, The Prevention Or Relief Of Poverty, Overseas Aid/famine Relief
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Charities Or Voluntary Bodies, The General Public/mankind

## Geography

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- India
- Haringey

## Finances

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Period end	Income	Expenditure	Assets	Employees
2025-04-30	£69,900	£935	-	-
2024-04-30	£20,337	£19,588	-	-
2023-04-30	£16,158	£15,805	-	-
2022-04-30	£15,241	£13,020	-	-
2021-04-30	£12,658	£12,104	-	-

## Trustees

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Name	Role	Appointed
Paras Kishore Anand		2024-01-27
Vijay Arora		2018-03-09

**SAHARA MEANS SUPPORT**

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# Accounts

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# Charity Commission Annual Return 2024

## SAHARA MEANS SUPPORT

Charity registration number: 1104924

**Most of the information you give in this form will become publicly available on the Register of Charities. Any field that the Charity Commission will not display will be clearly marked.**

**This document is a record of the information provided in the Annual Return 2024.**

### Financial period

**Financial period start date****Financial period end date**

### Income and spending

**Income £****Spending £**

### Number of contracts from government

How many contracts (other than grant agreements) did your charity receive from central government or a local authority during the financial period for this return?

0

## Number of grants from government

How many grants did your charity receive from central government or a local authority during the financial period for this return?

0

## Income breakdown

**Donations and legacies (excluding Endowments Received)**

£15,284

**Charitable activities**

£0

**Other trading activities**

£0

**Investments**

£2,451

**Other**

£2,602

## Grantmaking

Is grant making the main way your charity carries out its purposes?

Yes

## Recipients of grants

Please round all figures to the nearest pound (do not enter decimal points or commas).Individuals

£0

Other charities

£0

Other organisations that are not charities

£19,340

## Grant recipients related parties

Are any of the grant recipients related parties to the charity?

No

## Trustee payments

Excluding out of pocket expenses, for what were any of the trustees paid during the financial period for this return?

e. None of the trustees have been paid

Did any of the trustees resign and take up employment with your charity in the financial period of this return?

No

## Income from outside the UK

Did your charity receive income from outside of the United Kingdom in the financial period of this return?

No

## Delivering activities outside the United Kingdom

**Did your charity deliver charitable activities outside of the United Kingdom in the financial period of this return?**

Yes

**Select the countries your charity delivered charitable activities outside the United Kingdom**

India

## Written agreements with partners outside UK

**Does your charity have formal written agreements in place with any partners delivering charitable activities on its behalf outside of the United Kingdom?**

Yes

## Spending outside England & Wales

**Did your charity spend funds outside of the United Kingdom in the financial period of this return?**

No

## Trading subsidiaries

**Does the charity have any trading subsidiaries?**

No

## Charity contact details correct

**Is the contact address displayed from the Register of Charities, correct?**

Yes

## Charity headquarters details correct

**Is this the same address that you use as your charity's administrative headquarters?**

Yes

## Charity contact address

35A Wood Vale

LONDON

N10 3DJ

## Charity Headquarters address

35A Wood Vale

LONDON

N10 3DJ

## Property

**Were any of your charity's properties held by holding or custodian trustees on behalf of your charity (excluding the Official Custodian) during the financial period for this return?**

No

## Membership type

**Is your charity part of a wider group structure with a parent body and subsidiary bodies?**

no, the charity is not part of a wider group structure

## Employment contract types

**People were permanently employed by your charity**

**People were on fixed-terms contracts with your charity**

**Self-employed people were working for your charity**

## Total overseas employees

**How many of the people above work on behalf of your charity outside of the United Kingdom?**

## Total employee payroll

**What was the total amount spent on employee payroll during the financial period relating to this return?**

## Employees' salaries

**Did any of your charity's employees receive total employment benefits of £60,000 or more in the financial period of this annual return?**

## Governance policies

**Internal charity financial controls policy and procedures**

**Safeguarding policy and procedures**

**Financial reserves policy and procedures**

Yes

**Complaints policy and procedures**

Yes

**Serious incident reporting policy and procedures**

Yes

**Internal risk management policy and procedures**

Yes

**Trustee expenses policy and procedures**

Yes

**Trustee conflicts of interest policy and procedures**

Yes

**Investing charity funds policy and procedures**

Yes

**Campaigns and political activity policy and procedures**

Yes

**Bullying and harassment policy and procedures**

Yes

**Social media policy and procedures**

Yes

**Engaging external speakers at charity events policy and procedures**

Yes

**Safeguarding**

**Has your charity provided services to children and/or adults at risk in the financial period of the return?**

No

## External risk and impact

### **Donations,**

Unknown/No Change/Not Applicable

### **Other income - grants**

Unknown/No Change/Not Applicable

### **Other income - contracts**

Unknown/No Change/Not Applicable

### **Other income - investment**

Unknown/No Change/Not Applicable

### **Expenditure on charitable activities**

Unknown/No Change/Not Applicable

### **Expenditure on overheads**

Unknown/No Change/Not Applicable

### **Number of volunteers**

Unknown/No Change/Not Applicable

### **Number of employees**

Unknown/No Change/Not Applicable

### **Number of trustees**

Unknown/No Change/Not Applicable

### **Fundraising activities**

Unknown/No Change/Not Applicable

### **Capacity to deliver services**

Unknown/No Change/Not Applicable

### **Total service demand**

Unknown/No Change/Not Applicable

## Volunteers

Excluding trustees, provide an estimate of the number of volunteers who carried out charitable activities on behalf of your charity in the United Kingdom during the financial period of this return?

0

## Privacy statement

Any information you give us will be held securely and processed only in accordance with the rule on data protection. We will not disclose your personal details to anyone unconnected to the Charity Commission unless:

- you have consented to their release; or
- we are legally obliged to disclose them; or
- we regard disclosure as either (a) necessary so that we can properly carry out our statutory functions or (b) necessary in the public interest.

We may share and disclose information about you with relevant public authorities, regulatory bodies and agencies, outside the Charity Commission but only if:

- we can lawfully do so; and
- we decide that disclosure is necessary for national security, crime detection, prevention, and law enforcement, or other issues in the public interest

**Information we collect about you**

**We will use this information:**

**To enable us to carry out our statutory functions and duties;**

**This will include the following actions:**

- (a) update, consolidate, and improve the accuracy of our records;**
- (b) undertake crime detection and prevention and law enforcement and assist the third parties specified above to investigate or prevent crime and carry out law enforcement;**
- (c) data analysis, testing, research, statistical and survey purposes**

**Information we receive from other sources.**

**Information we receive from other sources**

**We may combine this information with information you give to us and information we collect about you.**

**We may use this information and the combined information for the purposes set out above (depending on the types of information we receive).**

**We will ensure that any such disclosure and use is proportionate; considers your right to respect for your private life; and is done fairly and lawfully in accordance with the data protection principles of the Data Protection Act.**

**The Data Protection Act 1998 regulates the use of 'personal data', which is essentially any information, however stored, about identifiable living individuals.**

**As a 'data controller' under the Act, the Charity Commission must comply with it. Any changes we may make to our privacy statement in the future will be set out in the replacement version of this form.**

**Please check back frequently to see any updates or changes to our privacy policy.**

## Declaration

**Your role at the charity (select one):**

Employee

**Given names**

APRIL SARAH

**Family name**

EDDINGTON

**Telephone number**

07955352416

**Email**

hello@saharameanssupport.org

**Date submitted**

16/08/2024

**It is a criminal offence under section 60 of the Charities Act 2011 for anyone to knowingly or recklessly provide false or misleading information to the commission; this includes suppressing, concealing or destroying documents.**