

Charity Registration No. 1104858

Company Registration No. 05094904

KADAMPA MEDITATION CENTRE LANCASTER
TRUSTEES' REPORT AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022

KADAMPA MEDITATION CENTRE LANCASTER

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FOR THE YEAR ENDED 31 DECEMBER 2022**

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KADAMPA MEDITATION CENTRE LANCASTER

**COMPANY INFORMATION
FOR THE YEAR ENDED 31 DECEMBER 2022**

DIRECTORS: J J Andrews
R T Stones
C M Traynor

REGISTERED OFFICE: 93 King Street
Lancaster
LA1 1RH

REGISTERED NUMBER: 05094904

CHARITY NUMBER: 1104858

ACCOUNTANTS: Partner Accountancy
The Junction, Office 43
Charles Street
Horbury
WF4 5FH

**KADAMPA MEDITATION CENTRE LANCASTER
TRUSTEES' REPORT
FOR THE YEAR ENDED 31 DECEMBER 2022**

The trustees present their report and financial statements for the Period ended 31 December 2022.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing Document

Kadampa Meditation Centre Lancaster (KMCL) is a charitable company limited by guarantee. The company was established under a Memorandum of Association in 2004 which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £10.

Recruitment and appointment of the Management Committee

The directors of the company who are also charity trustees for the purposes of charity law and under the company's articles are also known as members of the management committee. The trustees generally serve one year term of office before re-election.

Risk Management

The trustees have assessed the major risk factors to which the charity is exposed and are satisfied that the systems are in place to mitigate exposure to them.

To mitigate financial risk an external firm of Chartered Accountants has been appointed to prepare and submit the annual accounts.

ORGANISATIONAL STRUCTURE

KMCL is a member of the New Kadampa Tradition – International Kadampa Buddhist Union (NKT – IKBU) which is an international association of Mahayana Buddhist study and meditation centre's that follow the Kadampa Buddhist Tradition founded by Venerable Geshe Kelsang Gyatso.

KMCL is managed by a voluntary committee which meets on a monthly basis. Members of the board of the company are also members of the management committee.

The charity's administration is carried out by a number of part time volunteers who are responsible for the day-to-day administration of the society.

OBJECTIVES AND ACTIVITIES

The objectives of the charity are to promote the Buddhist Faith under the spiritual guidance of the elected General Spiritual Director of the New Kadampa Tradition – International Kadampa Buddhist Union principally through the activities of teaching, study, practice and the observance of moral discipline all with the Mahayana Buddhist tradition of Atisha and Je Tsongkhapa as taught by Venerable Geshe Kelsang Gyatso, the founder of the New Kadampa Tradition – International Kadampa Buddhist Union, through the continuous implementation of the three New Kadampa Tradition Study Programmes: the General Programme, the Foundation Programme, and the Teacher Training Programme.

**KADAMPA MEDITATION CENTRE LANCASTER
TRUSTEES' REPORT
FOR THE YEAR ENDED 31 DECEMBER 2022**

ACHIEVEMENTS AND PERFORMANCE

The trustees are satisfied with the achievements and performance of the charity during the year and the position on 31 December 2022.

The trustees also consider that the charity is in a strong position to continue its activities during the coming year, and that the charity's assets are adequate to fulfil its obligation.

FINANCIAL REVIEW

The results of the year and financial position of the charity are set out in the annexed accounts.

The trustees have examined the requirement to maintain reserves for the ongoing work of the charity and conducted that the most appropriate level is between three and six months of operational expenditures.

The trustees consider the financial performance by the charity during the year to have been satisfactory.

RESERVES POLICY

Reserves are held in unrestricted funds equivalent to three months of the fixed resources expended. The purpose of the reserve is to ensure that the charity can continue to operate even if the income generated for a particular period does not cover the expenses the charity incurs in its day-to-day operation. The board considers the level of reserves to be appropriate.

FUTURE PLANS

Future plans for the centre will include continuing to grow the number of people attending classes at the centre and helping people to develop a peaceful mind. We hope to run more day retreats to Manjushri KMC, Ulverston as these have proved popular with people wanting a day away and gaining some experience of meditation.

KADAMPA MEDITATION CENTRE LANCASTER

TRUSTEES' REPORT FOR THE YEAR ENDED 31 DECEMBER 2022

RESPONSIBILITIES OF THE MANAGEMENT COMMITTEE

Company law requires the Management Committee to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company as at the balance sheet date and of its incoming resources and application of resources, including income and expenditure, for the financial year. In preparing those financial statements, the management committee should follow best practice and:

- Select suitable accounting policies and apply them consistently
- Make judgments and estimate that they are both reasonable and prudent
- Prepare the financial statements on the going concern basis unless it is inappropriate to assume that the company will continue on that basis.

The management committee is responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. The managements committee is also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the detection and prevention of fraud or other irregularities.

TRUSTEES

The trustees, who are also directors for the purpose of company law, shown below have held office during the whole of the period from 1 January 2022 to the date of this report.

Mrs J J Andrews
Mrs R T Stones
Ms C M Traynor

ON BEHALF OF THE BOARD OF TRUSTEES:

.....
Ms J J Andrews

.....
Ms R T Stones

.....
Ms C M Traynor

Date:

KADAMPA MEDITATION CENTRE LANCASTER**STATEMENT OF FINANCIAL ACTIVITIES
INCLUDING INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 31 DECEMBER 2022**

	Notes	Unrestricted funds £	Restricted funds £	Total 2022 £	Total 2021 £
INCOMING RESOURCES FROM GENERATED FUNDS					
<i>Voluntary Income:</i>					
Donations and legacies	2	279	-	279	1,000
		<hr/>	<hr/>	<hr/>	<hr/>
		279	-	279	1,000
Incoming resources from Charitable activities:	3	<u>41,580</u>	<u>-</u>	<u>41,580</u>	<u>24,213</u>
TOTAL INCOME		<u>41,859</u>	<u>-</u>	<u>41,859</u>	<u>25,213</u>
EXPENDITURE					
Charitable activities		15,080	-	15,080	8,911
Centre running costs		17,841	-	17,841	11,219
Administrative expenses		3,297	-	3,297	4,636
Interest payable		1,650	-	1,650	1,190
		<hr/>	<hr/>	<hr/>	<hr/>
TOTAL EXPENDITURE		<u>37,868</u>	<u>-</u>	<u>37,868</u>	<u>25,956</u>
NET INCOME/(LOSS) FOR THE YEAR		3,991	-	3,991	(743)
Total funds brought forward		106,431	-	106,431	107,174
		<hr/>	<hr/>	<hr/>	<hr/>
		110,422	-	110,422	106,431

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

The notes form part of these financial statements

KADAMPA MEDITATION CENTRE LANCASTER**BALANCE SHEET
31 DECEMBER 2022**

	Notes	£ 2022	£ 2021
FIXED ASSETS			
Tangible assets	6	164,563	164,396
CURRENT ASSETS			
Debtors and prepayments		119	119
Cash at bank and in hand		<u>6,012</u>	<u>10,059</u>
		6,131	10,178
CREDITORS			
Amounts due within 1 year	7	<u>(9,983)</u>	<u>(8,994)</u>
NET CURRENT ASSETS		<u>(3,852)</u>	<u>1,184</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		160,711	165,580
CREDITORS			
Amounts falling due after more than one year	8	<u>(50,289)</u>	<u>(59,149)</u>
NET ASSETS		<u><u>110,422</u></u>	<u><u>106,431</u></u>
INCOME FUNDS			
Restricted funds		-	-
Unrestricted funds		<u>110,422</u>	<u>106,431</u>
TOTAL CHARITY FUND		<u><u>110,422</u></u>	<u><u>106,431</u></u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2022 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its income and expenditure for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The notes form part of these financial statements

The financial statements were approved by the Board of Directors on ----- and were signed on its behalf by:

.....
Ms J J Andrews

.....
Ms R T Stones

.....
Ms C M Traynor

Date:.....

KADAMPA MEDITATION CENTRE LANCASTER**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022****1. ACCOUNTING POLICIES****Accounting convention**

The financial statements have been prepared under the historical cost convention.

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Incoming resources

Donations are accounted for when received by the company. Other income is accounted for on an accruals basis as far as is prudent to do so. All income arises in the United Kingdom.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered and is reported as part of the expenditure in which it relates.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity.

Tangible fixed assets

Tangible fixed assets other than freehold land and buildings are stated at cost less depreciation. Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold land and buildings	- Not depreciated
Fixtures & equipment	- 25% Straight line

Accumulated funds

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the accounts.

Taxation

As a registered charity the company is generally exempt from Income Tax and Capital Gains Tax.

2. DONATIONS AND GIFTS

	2022	2021
	£	£
Donations and gifts	<u>279</u>	<u>1,000</u>
	<u> </u>	<u> </u>

The notes form part of these financial statements

KADAMPA MEDITATION CENTRE LANCASTER**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 DECEMBER 2022****3. INCOME RESOURCES FROM CHARITABLE ACTIVITIES**

	2022	2021
	£	£
Accommodation	25,534	17,481
Café and shop	-	-
Class and course income	12,758	3,219
Facility income	3,288	3,513
Sundry income	-	-
	<hr/>	<hr/>
	<u>41,580</u>	<u>24,213</u>

4. TRUSTEES

No trustees were paid any remuneration for acting as a trustee during the year.

5. EMPLOYEES

There were no employees during the year.

6. TANGIBLE FIXED ASSETS

	Leasehold property £	Fixtures & fittings £	Totals £
COST			
At 1 January 2022	164,000	879	164,879
Additions	-	450	450
Disposal	-	-	-
At 31 December 2022	<u>164,000</u>	<u>1,329</u>	<u>165,329</u>
DEPRECIATION			
At 1 January 2022	-	483	483
Charge for year	-	283	283
Prior year adjustment	-	-	-
At 31 December 2022	<u>-</u>	<u>766</u>	<u>766</u>
NET BOOK VALUE			
At 31 December 2022	<u>164,000</u>	<u>563</u>	<u>164,563</u>
At 31 December 2021	<u>164,000</u>	<u>396</u>	<u>164,396</u>

7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Trade creditors	-	-
Mortgage	8,783	7,845
Rental deposits held	<u>1,200</u>	<u>1,149</u>
	<u>9,983</u>	<u>8,994</u>

8. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR

	2022 £	2021 £
Bounce back loan	7,311	8,701
Mortgage	<u>42,978</u>	<u>50,448</u>
	<u>50,289</u>	<u>59,149</u>

KADAMPA MEDITATION CENTRE LANCASTER**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 DECEMBER 2022****9. MORTGAGE**

The mortgage is secured by a first legal charge over the freehold property.

	Property cost £	Mortgage balance £	Percentage £
Mortgage	<u>164,000</u>	<u>64,992</u>	<u>40%</u>

**INDEPENDENT ACCOUNTANTS' REPORT TO THE TRUSTEES
ON THE UNAUDITED FINANCIAL STATEMENTS OF
KADAMPA MEDITATION CENTRE LANCASTER**

We report on the accounts of the company for the year ended 31 December 2022, which are set out on pages 3 to 7.

RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND REPORTING ACCOUNTANT

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 43(2) of the Charities Act 1993 (the 1993 Act) and that an independent examination is needed.

Having satisfied ourselves that the charity is not subject to audit under company law and is eligible for independent examination, it is our responsibility to:

- Examine the accounts under section 43 of the 1993 Act;
- To follow the procedures laid down in the general Directions given by the Charity Commission under section 43(7)b of the 1993 Act; and
- To state whether particular matters have come to our attention.

BASIS OF INDEPENDENT EXAMINER'S REPORT

Our examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

INDEPENDENT EXAMINER'S STATEMENT

In connection with our examination, no matter has come to our attention:

(1) which gives us reasonable cause to believe that in any material respect the requirements. to keep accounting records in accordance with section 386 of the Companies Act 2006; and to prepare accounts which accord with the accounting records, comply with the accounting requirement of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities

have not been met; or

(2) to which, in our opinion, attentions should be drawn in order to enable a proper understanding of the accounts to be reached.

Partner Accountancy
The Gas Light
Lower Warrengate
Wakefield
West Yorkshire
WF1 1SA

Date:.....

KADAMPA MEDITATION CENTRE LANCASTER**INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 31 DECEMBER 2022**

	2022		2021	
	£	£	£	£
Income				
Accommodation	25,534		17,481	
Café and shop	-		-	
Classes and courses	12,758		3,219	
Donations	279		1,000	
Facility fee	3,288		3,513	
Sundry Income	-		-	
	<hr/>	41,859	<hr/>	25,213
Expenditure				
Charitable activities				
Café and shop purchases	497		21	
Teacher's sponsorship and expenses	10,598		6,122	
Motor and travelling expenses	-		1,040	
Room hires	325		815	
Class refreshments	321		143	
Advertising	1,659		370	
Offerings	1,680		400	
Centre running costs				
Rates and water	3,255		2,467	
Insurance	2,101		2,360	
Light and heat	8,108		3,592	
Household expenses	956		1,156	
Sundry expenses	-		-	
Repairs and renewals	3,421		1,644	
Administrative expenses				
Telephone and internet charges	807		913	
Printing, postage and stationery	1,245		283	
Computer & Software expense	922		412	
Bank charges	-		2	
Legal & professional fee	40		2,855	
Fixtures and fittings depreciation	283		171	
Interest Payable				
Bank interest	-		44	
Mortgage interest	1,650		1,146	
	<hr/>	37,868	<hr/>	25,956
EXCESS OF INCOME OVER EXPENDITURE		<u>3,991</u>		<u>(743)</u>