

Charity Number: 1104739  
Company Number: 04881570

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**PERSIAN CARE CENTRE**  
**(A registered Charity and Company Limited by Guarantee)**

**Report and Financial Statements for**  
**the year ended 31 March 2025**

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**Report and Financial Statements for  
the year ended 31 March 2025**

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**PERSIAN CARE CENTRE**  
(A registered Charity and Company Limited by Guarantee)

**REFERENCE & ADMINISTRATIVE DETAILS**

**Company / Charity Name:**  
04881570 **Charity Number:**  
245 Walmer Road

Persian Care Centre **Company Number:**  
1104739 **Registered Office Address:**

London  
W11 4EY

**Management Committee:**  
Rosana Ordoubadi  
Tannazi

Mrs Rubecka Anwar Mahmoodi  
Mr. Jalil

**Company Secretary:**

Roohangiz Shahin

**Independent Examiner:**

Dunstanette Kuti **FCCA MCSI**  
Community Action Sutton  
Granfers Community Centre  
73-79 Oakhill Rd  
Sutton SM1 3AA

**PERSIAN CARE CENTRE**  
**(A registered Charity and Company Limited by Guarantee)**

**REPORT OF THE DIRECTORS**

**Structure Governance and Management:**

**Governing Document**

The organisation is a charitable company limited by guarantee, incorporated on 29th August 2003 as amended by special resolution dated 3rd June 2004 and registered charity 2nd July 2004. The company was established under a Memorandum of Association, which establish the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up, members are required to contribute an amount not exceeding £10.

**Recruitment and Appointment of Management Committee**

At the AGM the members shall elect from among themselves a chair and a treasurer whom shall hold office from the conclusion of the AGM.

**Trustee Induction and Training**

Whenever a new trustee joins the charitable company one of the existing and experienced trustee will take the induction procedures and training with the new trustee.

This would include:

- Familiarisation with the Terms of Reference of the charitable company.
- Visits to the Centre and introduction to the Co-ordinator, Committee members and significant others.
- Provided with information about the partner organisations and agencies the Centre works with.
- Provided with details of the latest financial statements and governing documents.
- Information about administration process and procedures.
- Information about the future plans for the coming year.

Following the pandemic, the induction and training now includes an up to date run through off measures taken with regards to following guidelines and government restrictions in the case of another pandemic. In addition to this, updated information is provided with regards to the procedures for moving the working facilities to be more adaptable for remote working in times of need.

**Risk Management**

The directors/trustees actively review the risk, which the Company faces on a regular basis and will endeavour to maintain the reserve levels around its current figure. The review of the controls of the financial systems will provide sufficient resources in the event of adverse.

In addition to this, risk management has been updated to include potential risks that may come with future events of another pandemic. Directors/trustees have reviewed these risks and highlighted on the most important and necessary objectives that need to be met in times of a future pandemic or event.

**(A COMPANY LIMITED BY GUARANTEE)**

**REPORT OF THE DIRECTORS (continued)**

The trustees have also examined other operational and business risks faced by

**Related Parties** the Charity and confirm that the trustees have established systems to mitigate the significant risks.

## **PERSIAN CARE CENTRE**

### **Organisational Structure**

Persian Care Centre directors/trustees have delegated management of Persian Care Centre to the Coordinator who reports on the performance against the strategic and operational plans approved by the trustees. The Co-ordinator has responsibility for planning and developing the services and strategies for Persian Care Centre within clear policies and protocols set by the trustees.

There are no related parties to report on.

### **Objectives and Activities:**

The charities objectives highlight the focus on providing services for Persian refugee elders of the ages 55 and over. The charity organisation provides a non-threatening therapeutic space to meet on a weekly basis where they are informed and educated on the facilities and services available to them, they participate in weekly activities, share personal experiences, socialise and learn about statutory and non-statutory facilities in the local community. These services target the relief of social isolation, loneliness, depression, and anxiety for individuals who reside in the Royal Borough of Kensington and Chelsea and its surrounding areas. As well as such, Persian Care Centre aims to educate on mental and physical health and well-being and the steps that can be taken to maintain good health and independency.

### **Achievements and Performance:**

We would like to extend our thanks and words of appreciation to our grant funders during this financial year, including; Dalgarno, Community Development 4All, Hazeldene, NHS London Medical Association, Kensington and Chelsea Foundation, NHS North West London Integrated Care Board, Westway, Royal Borough of Kensington and Chelsea, and Groundwork Grassroots Fund via the Postcode Lottery Fund. With the support of our funders, we have managed to provide successful events for our service users over the year. Funding from these organisations has allowed for running of cookery projects, exercise classes, celebratory events of the Persian traditions of Yalda, the longest night of the year and Christmas which is celebrated in one event, and Nowruuz which is the equinox, the Persian Spring Festival, as well as workshops on physical and mental health.

Grant applications are made year on year to a variety of charitable and other sources of funding. All grants are restricted by the agency that has their own criteria which applications have to address and show how funds would be spent. Persian Care Centre, although with restricted funding, has enabled for the continuation of services through the dedication of volunteers. Service users are highly appreciative of the opportunity to attend sessions and have found a place they feel welcomed and secure.

## **PERSIAN CARE CENTRE**

### **(A COMPANY LIMITED BY GUARANTEE)**

### **REPORT OF THE DIRECTORS (continued)**

#### **Membership**

Services are continuously provided for both existing and new members of Persian Care Centre.

Many of our members live with physical disabilities, sensory impairments, or a range of medical conditions. While these challenges could have made attending the centre more difficult in the past, they have not prevented members from participating in sessions and engaging in social contact.

The members of Persian Care Centre are particularly vulnerable to social isolation, depression, and anxiety. These issues have significantly impacted their social development and their ability to maintain regular contact with others. This has led to lasting effects on service users' confidence in attending inperson activities.

To address these challenges, Persian Care Centre has consistently offered various forms of support for our service users, including social group chats via WhatsApp and Telegram, in-house workshops and discussions providing information on health, wellbeing, and topics of interest, as well as ongoing phone calls to ensure regular contact and emotional support.

We have found that our service users have enjoyed the services offered and continue to request specific projects regularly- in particular one of our most sought-after projects is our chair exercises.

It is important to note that Persian Care Centre has seen an increase in referrals and enquiries. Referrals have been received from all over England; however, due to limited resources and geographic constraints, Persian Care Centre has been unable to provide direct services in all cases. All efforts have been focused on providing further suggestions and recommendations to statutory services where needed.

#### **Activities:**

- Mental and Physical Health Awareness Sessions
- Music, Dance, and Poetry
- New Year Celebration (Nowrooz – 20th March)
- A Variety of Workshops
- Storytelling
- Exercise Classes such as Chair Exercises
- Cookery Projects
- Referrals to Statutory Services
- Day Trips
- Discussions on topics such as dementia and depression
- Promoting steps to maintain good health
- Education on Digital Skills
- Remaining independent longer project
- Dealing with mental health such as grievances
- Communicating effectively when visiting the GP

## **PERSIAN CARE CENTRE**

For several years, volunteers have regularly gathered feedback from service users to understand their preferences and the types of personal learning opportunities they would like the centre to offer. This ongoing engagement has revealed significant interest in a variety of activities.

**PERSIAN CARE CENTRE**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**REPORT OF THE DIRECTORS (continued)**

**Volunteers**

Our volunteers are an indispensable part of the Persian Care Centre, and their unwavering support, particularly during challenging times, is something we deeply value and appreciate.

Despite limited funding, and sometimes being unable to offer full reimbursement for their efforts, these dedicated individuals have continued to support various in-house programs, such as cookery projects, exercise classes, and outing trips.

Volunteers have also played a key role in encouraging and empowering the elderly to maintain their independence by helping them develop essential life skills. Their efforts have been especially crucial in promoting self-determination, supporting physical and mental well-being, and assisting our members in improving their English skills, managing their finances, and making informed decisions about their lives.

Volunteers have been vital in ensuring these services continue to be delivered to our vulnerable service users, fostering close, supportive relationships with those they serve. Their dedication and selflessness have allowed us to continue providing invaluable support to our members, even with limited resources. Throughout their work, we have ensured that volunteers follow health and safety standards, prioritizing the well-being of themselves and the service users they assist. Their commitment to our mission has been truly invaluable in maintaining the heart and soul of Persian Care Centre's services.

**Call Enquiries**

A service that organizations and individuals contacting us from search engines such as Google to find out what we do, when we do and how they can do the referral to us or for self referrals, the line is available 7 days a week from 9am-7pm

These programs have encouraged engagement, independence, and well-being, with many members expressing their appreciation for these facilities and opportunities.

We have received consistent positive feedback from local health and social care professionals, and it is common for these agencies to refer elders to the Centre for support, ensuring greater social inclusion and connection. Our organisation is linked to the Social services website.



**PERSIAN CARE CENTRE**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**REPORT OF THE DIRECTORS (continued)**

**Financial Review** Principal

Funding Sources: Grants

from:

- NHS North West London Integrated Care Board
- Hazeldene
- Kensington and Chelsea Foundation
- Westway - Dalgarno
- Kensington and Chelsea Social Council
- Number Four All C.I.C
- Royal Borough of Kensington and Chelsea
- Groundwork Grassroots Fund via Postcode Lottery

**Reserve Policy:**

Persian Care Centre is nearing completion of its policy for holding reserves, in line with plans for the long-term development, expansion and sustainability. Persian Care Centre aims to hold reserves for up to six months in the event of no more funding available of which services will continue until all service users can be allocated elsewhere.

**Plans for Future Periods**

The focus for 2025-2026 will be to continue offering in-person services and sessions at our centre and virtual service and communication through group Whatsapp and Telegram.

Persian Care Centre is committed to ensuring that our service users can continue benefiting from the valuable programs we provide.

As we move forward, we are dedicated to ongoing fundraising efforts to secure the necessary funding to support core costs and ensure the sustainability of our services. Our continued partnership with Dalgarno Trust will be instrumental in partial support towards running vital programs such as chair exercises, dance classes, and other engaging activities designed to promote physical and mental wellbeing.

Our top priority for the coming year is addressing the challenges many of our members face, including depression, loneliness, social isolation, and anxiety.

We recognise the importance of supporting our service users as they regain their confidence and wellbeing, and we are committed to working closely with them to introduce weekly sessions into their individual routines.

Creating a welcoming and supportive environment will be key to encouraging their participation and ensuring that they feel comfortable accessing the centre and the services we offer.

**PERSIAN CARE CENTRE**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**REPORT OF THE DIRECTORS (continued)**

Additionally, we will pursue funding to celebrate the ancient traditional events of Nowruz and Yalda, ensuring that these cultural milestones are properly acknowledged and enjoyed by our service users. These celebrations, alongside our ongoing programmes, will help foster a sense of community and connection, allowing our members to continue participating in the enriching activities that are so important to their well-being.

We also plan to continue offering our luncheon club while expanding the weekly programme to include activities focused on health, well-being, and safety. We aim to organise day trips to bring independence into individuals lives and allow for our service users to explore and learn of the larger community around them.

The feedback from both members and volunteers has been overwhelmingly positive, highlighting the enjoyment of these activities and the friendship they provide.

We will continue to seek funding to expand and sustain our efforts, ultimately making a lasting, positive impact on the lives of our members.

**Statement of Directors' Responsibilities**

Company law requires the directors/trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charitable company and of its results for that period. In preparing those financial statements the directors are required to:

- Select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- State whether the policies adopted are in accordance with the Charities SORP and with applicable accounting standards, subject to any material departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to assume that the company will continue in operation.

The directors are responsible for keeping proper accounting records, which disclose with reasonable accuracy at any time, the financial position of the charity and to enable them to ensure that the financial statements comply with relevant law. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud or other irregularities.

**Balance Sheet**

Details of the major items on the balance sheet can be found in the notes to the accounts.

**PERSIAN CARE CENTRE**  
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**REPORT OF THE DIRECTORS (continued)**

The fluctuations in debtors and creditors year on year are purely the result of the timing of receipts and payment around the year-end.

**Accountants**

The new accountant: (Dunstanette Kuti (Community Action Sutton)) was appointed as the charitable company's accountants during the year and has expressed their willingness to do our accounts.

## **INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF PERSIAN CARE CENTRE**

I report on the accounts for the year ended 31<sup>st</sup> March 2025 set out on pages 11-12 which have been prepared under the accounting policies set out on page 13.

### **Respective responsibilities of trustees and examiner**

The Charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 and that an Independent Examination is needed

Having satisfied myself that the charity is not subject to audit under company law and is eligible for Independent examination, it is my responsibility to:

- Examine the accounts under section 145 of the 2011 Charities Act;
- Follow the procedures laid down in the general directions given by the Charities Commission under section 145(5)(b) of the Charities Act; and
- State whether particular matters have come to my attention.

### **Basis of independent review**

My examination was carried out in accordance with general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a "true and fair" view and the report is limited to those matters set out in the statement below.

### **Independent examiner's statement**

In the course of my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe, that in any material respect, the requirements have not been met:

- to keep accounting records in accordance with section 386 of the Companies Act 2006; and
- to prepare accounts which accord with the accounting records, and comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the statement of Recommended Practice; Accounting and Reporting by Charities; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Name: Dunstanette Kuti FCCA MCSI  
Position: Community Accountant  
Community Action Sutton  
Granfers Community Centre,  
73-79 Oakhill Road, Sutton, Surrey,

Date: 28/04/2025

SM1 3AA

**PERSIAN CARE CENTRE**  
(A registered Charity and Company Limited by Guarantee)

**STATEMENT OF FINANCIAL ACTIVITIES**  
for the year ended 31 March 2025

					Unrestricted Funds	Restricted Funds	Total Funds 2025	Total Funds 2024
	<b>Note</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£ Income from:</b>			
Grants				2	-	27,325	27,325	4,314
Total Income					-	27,325	27,325	4,314
<b>Resources Expended</b>								
Charitable Expenditure				3	-	16,504	16,504	5,221
Total Expenditure					-	16,504	16,504	5,221
<b>Net Income</b>					-	10,821	10,821	(907)
<b>Transfers between funds</b>					-	-	-	-
					3,383	-	3,383	4,290
<b>Total funds brought forward</b>					3,383	10,821	14,205	3,383
<b>Total funds carried forward</b>								

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

The notes on pages 13 to 17 form part of these accounts.

**PERSIAN CARE CENTRE**  
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**BALANCE SHEET**  
as at 31 March 2025

Note	2025	2024	£	£ FIXED ASSETS	
Computer & Phone			4	88	117
<b>CURRENT ASSETS</b>					
Debtors			-	-	
Cash at Bank and in Hand			14,546	3,666	
			14,546		
3,666					
CREDITORS: Amounts falling due within					
			5 one year	430	400
Net Current Assets				14,116	3,266
				14,204	3,383
<b>NET ASSETS</b>					
<b>Financed by:</b>					
Restricted Income Funds				10,821	(0)
Unrestricted Funds				3,383	3,383
TOTAL FUNDS			6	14,204	3,383

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2024.

The members have not required the charity to obtain an audit in accordance with section 476 of the Companies Act 2006.

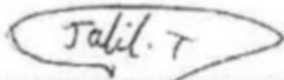
The Director acknowledges their responsibilities for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

The financial statements were approved by the board on \_\_\_\_\_ and signed on its behalf by:



Rubecka Anwar

(Chair)



Jalil Tanazi

(Treasurer)

## **PERSIAN CARE CENTRE**

### **(A registered Charity and Company Limited by Guarantee) NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025**

#### **1. Principal Accounting Policies**

##### *Going concern*

These accounts have been prepared on a going concern basis which assumes that the Charity will continue in operational existence for the foreseeable future. The Trustees assess whether the use of going concern is appropriate, i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the Charity to continue as a going concern. The trustees make this assessment in respect of a period of one year from the date of approval of the financial statements.

##### *Accounting convention*

The accounts have been prepared under the historical cost convention, the Statement of Recommended Practice accounting and Reporting by Charities in accordance with; the Financial Reporting Standard applicable to the UK and Republic of Ireland (FRS 102); the Companies Act 2006; the Charities Act 2011. The accounts include the results of the company's operations which are described in the Trustees' Annual Report.

The financial statements are prepared in sterling, which is the functional currency of the company. Monetary amounts in these financial statements are rounded to the nearest pound.

##### *Incoming Resources*

Total incoming resources as shown in the Statement of Financial Activities is the turnover of the charity and comprises the value of fees, grants and donations receivable in the ordinary course of activities. Voluntary income byway of donation and gifts to the charity is included in full in the Statement of Financial Activities when received. Intangible income is not included unless it represents goods or services which would otherwise have been purchased. Physical gifts in kind are valued and brought in as income together with the appropriate expenditure.

##### *Resources Expended*

Expenditure is recorded on an accruals basis, recognised when a liability is incurred, and classified under headings that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with use of resources. The charity is not registered for VAT.

#### *Basic Financial Assets*

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction cost and are subsequently carried at amortized cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortized.

#### *Basic Financial Liabilities*

Basic financial liabilities, including creditors, are initially recognized at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future receipts discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortized.

## **NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025 (Continued)**

### **1. Principal Accounting Policies**

#### **Tangible Fixed Assets and Depreciation**

Depreciation is provided to write off cost less estimated residual values of all fixed assets over their expected useful lives. It is calculated on the original cost of the assets at the following rate:

Furniture, fittings and equipment	25% reducing balance
Fixtures and fittings	25% reducing balance
Computer equipment	25% reducing balance
Leasehold improvements	over the remainder of the lease

At each reporting period end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

#### **Leased Assets**

Rental costs under operating leases and the payments made under them are charged to the Statement of Financial Activities on a straight-line basis over the lease term.

#### **Restricted Funds**

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is identified to the fund, together with a fair allocation of overheads and support costs.



#### Unrestricted Funds

Unrestricted funds are donations and other incoming resources received or generated for the charity's purposes and are available for use at the discretion of the Trustees in the furtherance of the objectives of the charity.

#### Designated Funds

These are not included in the unrestricted funds. They are unrestricted funds that Trustees have allocated to fund possible future expenditure including contingent liabilities.

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025 (Continued)

	Unrestricted Funds	Restricted Funds	Total Funds 2025	Total Funds 2024
	£	£	£	£
<b>2 Analysis of Income</b>				
Grants	-	27,325	27,325	4,314

Hazeldene	-	15,000	15,000	-
NHS NWL ICB	-	3,000	3,000	-
Dalgarno	-	2,740	2,740	1,673
Royal Borough of Kensington and Chelsea	-	2,035	2,035	2,641
Barclays	-	75	75	-
Saana Bhalla	-	75	75	-
CIC	-	500	500	-
CIC	-	900	900	-
London Medical Association	-	1,000	1,000	-
Westway Trust	-	2,000	2,000	-
Groundwork Uk	-			
	-	27,325	27,325	4,314

### 3 Analysis of expenditure

	Unrestricted Funds	Restricted Funds	Total Funds 2025	Total Funds 2024
	£	£	£	£
Costs of Charitable Activities	-	16,504	16,504	5,221
	-	16,504	16,504	5,221

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025 (Continued)

### 4 Fixed Assets

	£	£	£
Computer	Phone	Total	
Cost B/F		574	238
Purchase		-	-

Disposal	-	-	-	C/F			
					574	238	812
Depreciation B/F				Charge for the year	513	182	695
Cum Depreciation C/F					15	14	29
					528	196	724
WDV 2025							
42 88							46
WDV 2024					61	56	117

Creditors – amounts falling due within one		5 year		
2025	2024		£	£
Accruals				430
				400
				430
				400

**NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025 (Continued)**

## 6 Movement of Funds

	B/F at 31/3/2024	Income	Expenditure	Transfers	C/F at 31/3/2025
	£	£	£	£	£
<b>Restricted funds</b>	(14,612)	-	(16,504)		(31,116)
Age UK	370	-			370
Kensington and Chelsea Foundation	2,000	-			2,000
Barchester Health	500	-			500
Campden Charities	2,000	-			2,000
Hazeldene	-	15,000			15,000
NHS NWL ICB	-	3,000			3,000
Dalgarno	7,043	2,740			9,783
Royal Borough of Kensington and Chelsea	2,699	2,035			4,734
Barclays	-	75			75
Saana Bhalla	-	75			75
CIC	-	500			500
London Medical Association	-	900			900
Westway Trust	-	1,000			1,000
Groundwork Uk	-	2,000			2,000

(0)	27,325	(16,504)	-	10,821
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### Unrestricted funds

3,383	-	-	-	3,383
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### Total funds

3,383	27,325	(16,504)	-	14,204
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## 7 Trustee remuneration and benefits.

There was no trustees' remuneration or other benefits for the year ended 31 March 2025.

## 8 Related Party Disclosures

There were no related party transactions during the period. (Year ended 31 March 2024 Nil).