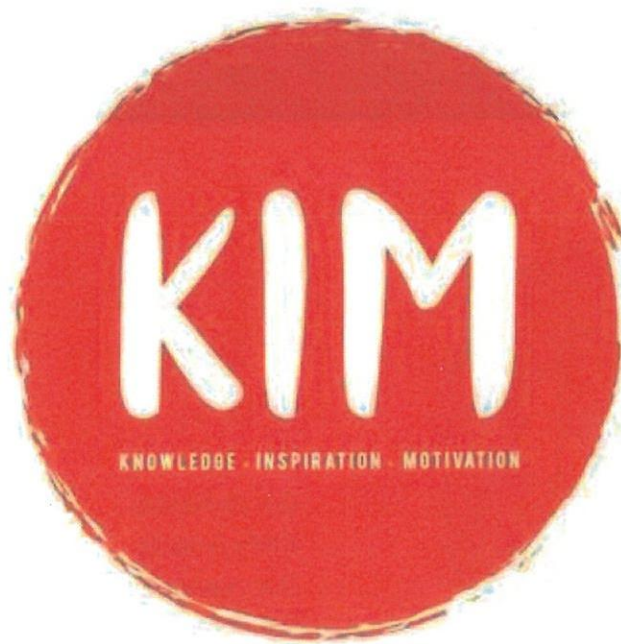
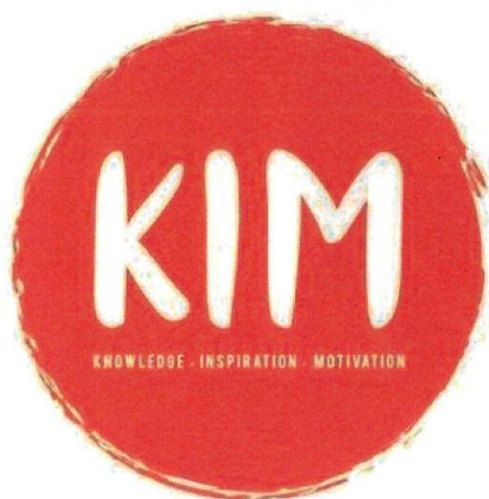


KIM Inspire Annual Report and **Accounts 2020/21**



**"Everything about my life
has improved"**

www.kim-inspire.org.uk



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At KIM Inspire we believe that mental wellbeing means feeling good about yourself and the world around you and being able to get on with life the way you want to.

KIM Inspire is an award winning charity providing professional, high quality mental health support. The charity was established in 2002 to offer a gender specific service to women who were struggling with their mental health after experiencing domestic abuse.

Due to the Covid-19 pandemic, KIM Inspire has had to adapt and change its service delivery to an online platform via KIM's new Virtual Hub and more recently the KIM portal. KIM was delivering a full online mental health service from the start of April 2020 with phone support where needed. KIM was the first mental health service in the area to be able to deliver a full service online after the initial lockdown commenced.

Our Services

For the individuals we work with, many daily tasks are very daunting i.e. going to the supermarket or taking public transport, resulting in a lack of social interaction, loss of self-belief and poor personal care all of which further reinforces loneliness and despair. The impact of childhood abuse is also prevalent and the effects of this trauma reach far into adulthood. We also work with individuals whose physical ill health impacts on their mental wellbeing.

KIM 4 Her Sociable, informative and builds self-reliance. Through a combination of new places, new people and inspiring opportunities, individuals learn about themselves, their responses and their place in their community

KIM 4 Him Our men's recovery programme is designed to empower men to recognise and develop their strengths and abilities. Supporting men to improve their wellbeing through activity and engagement.

KIM eVOLution Volunteers are at the centre of everything we do from sitting on the Board of Trustees to supporting and developing our groups and activities. We believe that social inclusion and community participation are pivotal to mental health recovery.

KIM Betweeners Empowers young people to build resilience, boost confidence and manage difficult emotions. Involvement and engagement with our activities increases the capacity to thrive and succeed in life!

KIM in the Community One of KIM's main aims is to bring together the community as a whole. We offer a selection of activities to the local community such as the KIM Community Choir, Community Gardening, Cooking groups fundraising events and our pop café. The benefits of these activities include improved social interaction, greater community resilience and better wellness outcomes for all.

Our Vision

"Enable women, men and young people to improve their mental health and fulfil their potential by making positive changes to their lives"

KIM sessions are friendly, fun and always focused on progression and individual development. Our group-led activities are proven and innovative.

We recognize that certain key capabilities make our work unique. Our evaluations show that volunteers, students, staff and visitors find KIM to be a special organisation. Our staff are passionate and enthusiastic, and create an environment which is welcoming and accessible. We operate as flexibly and responsively as possible and ensure that everyone involved with KIM is treated equally.

Our Mission Statement

"KIM supports people to improve mental health, coping strategies, social networks and opportunities for training, volunteering, employment and community integration"

We aim to involve our clients and volunteers in all the activities we undertake, and through consultation ensure everyone is appropriately involved in decision making. We also actively encourage our clients and volunteers to become members of KIM, to attend Annual General Meetings and to become Trustees.

We also offer and encourage activities involving the wider local community offering social integration opportunities for our clients and others whilst reducing mental health stigma.

"Volunteering keeps my own mental health in check. It gives me purpose, I feel like I am proactive and I am not stagnating"

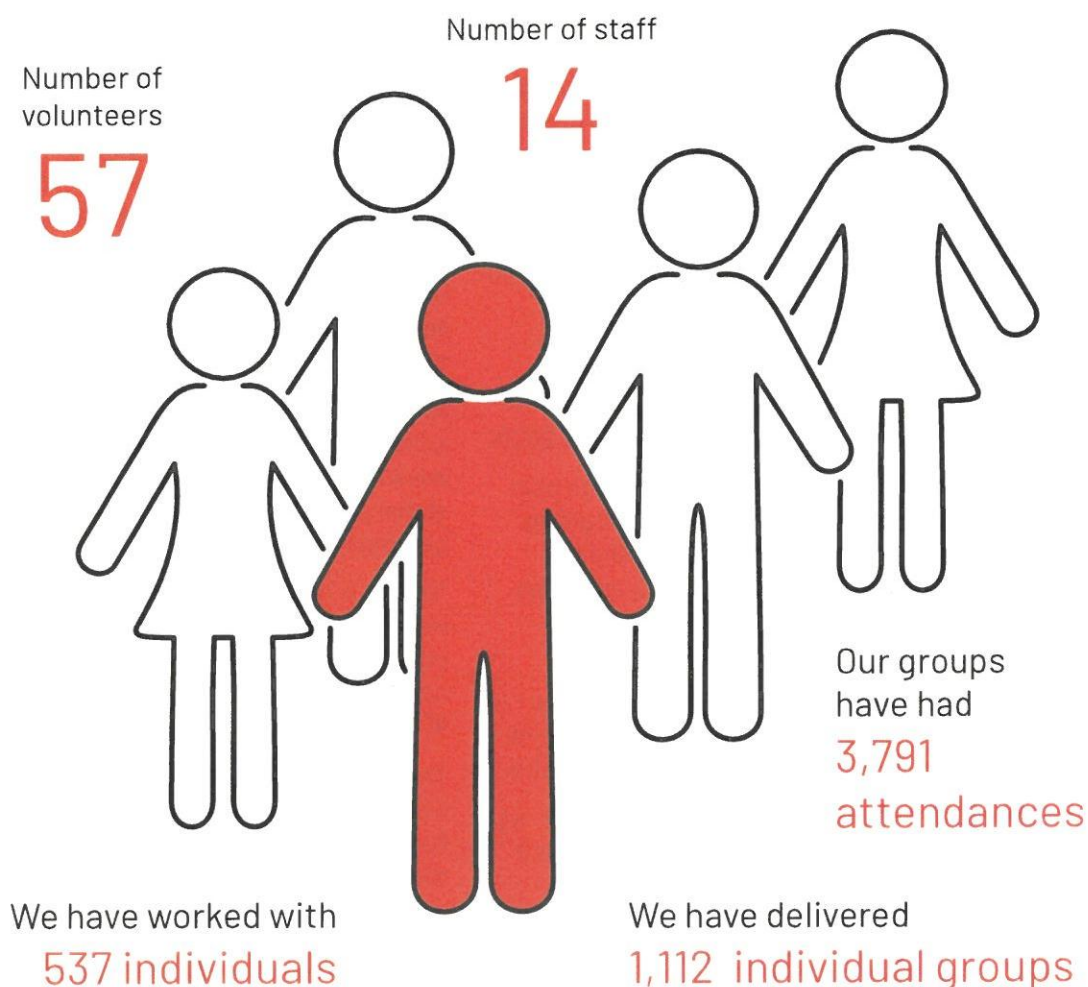


KIM's Awards

We are proud to have been recognised for our work over the past few years.

- **2015** - Care Council of Wales first ever 10 year award for most developed previous winner (we won our first accolade in 2007 for community development)
- **2015** - Lloyds Bank Foundation Valuing Volunteers category for Wales winner (finalists in UK category)
- **2015** - North Wales Police Commissioners Community Award, Third Sector category
- **2016** - GlaxoSmith Kline Impact Awards, finalist
- **2016** - Admin Officer won North Wales Training Customer of the Year award
- **2017** - Social work awards 2017 - British Association of Social Workers Cymru - Practice Teacher Award - Annie Donovan and British Association of Social Workers Cymru - Team Award - Annie Donovan, Andy Matthews, Amy Gray
- **2018** - Radio 2 'All in the Mind' national winner
- **2020** - FLVC Tom Jones Young Volunteer Award to Jack Wilson for outstanding contribution to volunteering with KIM Inspire in Flintshire

Our year at a glance



Welcome

2020 was an exceptional year in every way...

This applied for the whole world as it grappled with a world-wide pandemic that threatened to change our ways of life and decimate our populations. We have had to learn new skills, adjust to a different normal and learn how to deal with physical separation. In all of this, our social structures have been under threat and our relationships have been put under strain, as many people were unable to connect with their nearest and dearest and unable to build new physical relationships.

KIM Inspire was able to transfer its work with people, most of its groups and connections that people had already grown, to an on-line equivalent as we went into lockdown in March 2020. A new virtual Hub was devised to provide on-line and telephone support and the facilitation of groups, so we were in an excellent position, during the time we have been asked to keep physical interaction to a minimum.

There is also now a KIM Portal, which is a safe social media platform where further discussion and support can be accessed 24/7 and is moderated by KIM staff. As a consequence of all this on-line development, KIM was in a unique place to respond to the need for support following the lockdown in March 2020.

All our activities continued according to plan via online platforms. We have offered group work courses, qualifications, workshops, volunteer training, and community activities.

KIM Inspire has been acknowledged for its efforts to support individuals during the Coronavirus pandemic and invited to be part of a BBC radio interview series about the use of technology in the treatment of mental health.

Although this has been a year like no other, we as an organisation have flourished, reaching out further by supporting people in other locations and being creative about how many varied ways we can keep in touch with people and encourage group belonging.

Working from home has been a challenge but I have to congratulate the staff on their adaptability and commitment, because we have been able to provide additional services, even in the restrictions imposed by the pandemic.

What a challenge and what a response. KIM Inspire has grown yet again this year due to its commitment and flexible approach to any challenge. It is an honour to be the Chair of this organisation.



Anne Hooper
Chair

Our annual report this year is bursting with examples of resilience, determination and creativity from everyone, whether connected to KIM as a beneficiary, volunteer or employee.

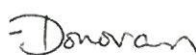
KIM has had to adapt daily working practice significantly, across the organisation. New skills were developed and substantial changes made, which were not always straightforward.

It was inspiring to see, not only the high quality of the innovative work undertaken, but also the tenacity and flexibility with which, it was both delivered and received.

High levels of internal and external collaboration have not only sustained but advanced KIM's day-to-day work during the global pandemic, allowing organisational and geographical growth.

"COVID-19 highlights how truly interdependent we all are. How reliant we are on cooperation, communication, and compassion to successfully combat the virus" **Jacinda Ardern, Prime Minister of New Zealand**

Thank you to everyone for achieving so much, despite everything, and thank you to our funders for your understanding and support throughout this time.



Annie Donovan
Chief Executive Officer

KIM 4 Her

Throughout this difficult year KIM have continued to offer an interactive, supportive and empathic service for women to support to improve mental health, promote change and a positive outlook on life.

The Covid-19 pandemic and subsequent lockdown led to a change in delivery of service from face to face Hub support and community activities to a virtual hub. KIM staff were able to adapt the service keeping to the principle of community participation and the core values in KIM. Women were supported to access discord and zoom to benefit from the range of activities on offer in the virtual groups and it was good to see how quickly the women adapted, embraced and enjoyed this new innovative way of attending for 1-2-1 support and group activities.

Women were supported to focus on their personal development of:

- Improve confidence
- Improve self esteem
- Improve resilience
- Better communication skills
- Positive decision making
- Managing stress
- Managing emotions
- Healthy relationships
- Nutrition
- Critical and creative thinking



Kim 4 Her has worked closely with KIM volunteers who have been supporting KIM staff in groups, facilitating some groups and supporting women in the groups. Facilitation included, mindfulness, meditation, self-care, crafts, goal setting and motivation.

Feedback from a group that was facilitated by a volunteer on card folding to create beautiful boxes:

"Thank you. Really enjoyed this week. Will be doing this with my little one after school."



Kim 4 Her have also worked in close partnership with Adult Learning Wales and Coleg Cambria to deliver accredited courses all of which help women who attend to learn new skills, interact and feel empowered. The courses on offer are:

- Improving Confidence Level 1 and 2
- Resilience Level 1 and 2
- Nutrition Level 1
- Welsh Language and Culture Level 1
- Welsh History Level 1 and 2
- Volunteer Training Level 1

We were able to maintain strong partnership links group facilitators: Lorna Kernahan who joined the women's group to talk about local history, Scott Gillham from John Moors University to talk about 'Food and Mood', Dani Robertson talked to the group about the Dark Skies over North Wales, Coleg Cambria on starting a Book Club. Additional groups were focused on 'Reducing Carbon Footprint', Sign Language, Equality and Diversity.

Achievements in this reporting period

- 418 sessions in virtual hub
- 202 women attended sessions
- 1,526.00 hours of support provided

J's story

J self-referred to KIM. Having spent her working life running her own business and managing staff upon retirement JR due to ill health found herself isolated and lonely having an impact on her mental health and self-esteem.

Though initially reluctant to consider group activities, through support and 1-2-1 sessions JR started attending community groups which she was surprised to find that she enjoyed and gave her a structure and purpose in her week.

The lockdown due to covid-19 affected JR in that she felt once again that she was isolated but soon started joining in the virtual groups and thrived in this virtual setting.

J benefited from joining the core women's groups.

J gained a Level 1 qualification in The Geography and People of Wales

J gained a Level 2 qualification in Improving Confidence and commented

This course has pushed me deeper and harder than I have been for a long time, even though I have struggled at times I feel it has been a huge accomplishment to get to the end and could not have done it without the help and advice from KIM team.

J is currently preparing to be a KIM volunteer and will be undertaking the Volunteer training in the spring. The package of support J has benefited from while with KIM has worked to improve her outlook on life and in the process learnt new skills.

KIM 4 Him

Last year KIM 4 Him supported 124 men over 2 counties.

A ground breaking project designed specifically for men established in Flintshire in 2014 and extending to Wrexham in 2019. We help reduce the barriers to men seeking support through 1-1 mentoring and team based group work.

What we did

The men and the men's service has been transitioned over the last 12 months, to adapt with the ongoing Covid pandemic and Lockdowns, which has had an effect on how groups could be attended and delivered.

With support from the Men, a new Virtual Hub was devised, to provide online and telephone support and the facilitation of groups. The Virtual Hub has been created to continue communication with the outside community at time, where we have been asked to keep physical interaction at a minimum.

The Men have embraced the changes we have faced over the last 12 months, playing a Key Role in planning and delivery. We have provided groups 5 days a week, with ever changing focuses, including Mental Health discussion groups, Welsh History groups and Interactive games groups, as some of the many examples.

The men also co-produced our new Kim Portal, from development to a



wider Kim roll-out. The Portal is a safe, social media platform, where further discussion and support material can be accessed 24/7. Moderated by Kim-Staff.

Where we worked

The men's service has continued to support men from the Flintshire community, through funding from The Big Lottery. We have also been chosen as an ICAN hub to offer further support to the wider community in the counties of Flintshire and Wrexham.

The Wrexham project, funded by Henry Smith has continued to grow and has become an established support hub within the county. We have developed excellent working links with Mental Health agencies, The Local Authority Arts council and Wrexham Football Clubs, Community team.



What have we covered before?

- What are the three macronutrients?
- Does muscle weigh more than fat?
- Are there "good" and "bad" foods?
- How much water should we be aiming to drink per day?
- What are some of the methods we can use to encourage a positive change in our body composition?

"Through the help and support of the Kim staff I have now learned new IT skills and can talk to other guys about Mental health in the men's zoom groups."

"I actually feel a part of something now for the first time in years."

"I am now beginning my volunteer training in June and look forward to being a bigger part of the online activities."

"Taking part in the men's zoom each week has given me something to look forward too. I always leave the group each week feeling great like a weight has been lifted off my shoulders."

The mental health knowledge I receive has helped me to understand my own mind and the group has a great sense of humour."

Achievements

From our work:

- 343 groups delivered across Flintshire and Wrexham that men attended.
- 1010 total attendance of men at groups
- 100% men confirmed an increase in confidence levels
- 100% engage better with their friends and wider communities
- 100% report feeling free from worry
- 80% feel like they have education and employment opportunities
- 100% confirm an improvement in mood.



KIM's first ever fundraising short video for Christmas

KIMBetweeners

Especially for young people who want to be better able to manage their own emotions and mental health. We provide a wide range of activity and wellbeing group work and 121 person centred support.

What we did

Through our Virtual Hub, young people accessed online social activity and mental health support groups. These groups evolved over the period to include aspects of what was previously valuable in the face to face groups as well as activities and content inspired by the challenges of the Covid climate. Alongside group activities; support by text, email and phonecall increased to help with the transition to a remote service, and one to one sessions by phone or video call were introduced and have made a huge difference. Volunteering opportunities have also been available and young people have been instrumental in the design and testing of the service and its technologies!

Many of the young people who made the most significant progress, were those who were able to rewrite their own rulebook, have a fresh start, stop comparing themselves to others, or have some physical space between themselves and the places where connection was difficult or unhealthy. Young People who could never quite be themselves in person have found their confidence in Discord or Zoom, where the communication is equally 'valid' by text or even in pictures/gifs. One young person said he talks to and 'knows' more people now thanks to our groups, than he did when he was allowed out unrestricted. Another got to know her university peers online between April

and September, and was then able to seamlessly connect with them in person, something which had been causing her so much anxiety early in the year that she almost gave up her place.

Where we worked

Despite the Covid 19 pandemic, we have been able to run a year round programme of activities and services, making a difference to the mental health of young people in need across Flintshire, and thanks to technology, beyond!

Nothing could have turned the concept of connection on its head more comprehensively than April 2020 to March 2021. In previous years a major signpost of success might have been evidence of YP thriving in face to face settings. In the absence of such opportunity even existing this last year, we have all learnt that opportunities to connect meaningfully can be nurtured creatively anywhere, and remote connection does not have to be second best. We have supported Young People in Flintshire, Wrexham, Denbighshire and as far afield as Leeds.



Responses to the question 'How does being part of the KIM Betweeners make you feel?'

One young person whose emotional regulation fell apart following the death of her grandfather needed a small number of 121 sessions. She said she was applying all she had learned in these sessions to everything, not just her grief and that she felt like a different person; much happier in herself, even than before the bereavement.

Achievements

- We have worked with over 50 young people
- 45 weeks of online access to activities and groups
- The overwhelming majority reported being:
 - better able to manage their emotions in lockdown (80+%)
 - being more connected and less isolated despite Covid (85+%)
 - having a more positive outlook even in difficult times (80+%)

"This year I have had time to reflect on myself and become more of the person I want to be."

"I have learnt this year not to take anything for granted because it can be taken away at any time, and that your actions have consequences."

"I'm proud of making it through yet another year."

"Proud that I joined these sessions. No regrets? No regrets!"

"I have achieved the feeling to want to be alive."

"My stutter has got better being in a relaxed environment with others understanding helps."

"I find zoom a challenge, I think it's more to do with seeing myself on screen. That's why at times you don't see my face properly, but I do like being here."

"I'm proud I can have sharp /hurtful things in my room without doing anything."

KIM Volunteering

Our volunteers continue to tell us that the best route to learning to care for yourself is to care for others. By giving time and support to people who are struggling with their mental health or by helping in the community, our volunteers have found their own mental health has improved enormously. We welcome people from all walks of life and appreciate the wide range of skills and experiences our volunteers bring.

Volunteering has been slightly different since March 2020. The volunteering role has included group support (in Zoom), planning, preparing and facilitating sessions, researching topics and resources and safely supporting those around them, using the things learnt in a KIM volunteering role.

We continue to offer a range of opportunities for self-development, accredited training, work experience and the opportunity to link with others. Over this period, our volunteering project was funded by the Steve Morgan Foundation.

We tailor our volunteer roles to the individual and allow people to 'play to their strengths' whilst simultaneously developing new skills that will offer new challenges. Our flexibility and strengths-based approach remains fundamental to our volunteering opportunities.

K's Story

K joined KIM in 2018 with very poor mental health. She had experienced a period of isolation due to poor physical health and her referral to KIM came at a point when things were really tough. She quickly felt the benefits of attending KIM – she felt included and involved in something and having a routine and time away from home had huge benefits.



Volunteers planting as part of the 'Keep Wales Tidy' Nature pack installation

Within a short period, it was clear that K had a huge range of skills that she could use in a volunteering role with KIM. Initially this was very informal, with K helping to research and identify community organisations that may be of interest. When the volunteer training course ran in the Summer of 2019 K was offered a place and attended – she thrived on the training, leading discussions and developing ideas, supporting others who were less confident.

K's volunteering journey perfectly represents the KIM strengths-based approach. K was keen to plan, prepare and deliver sessions for our clients and due to her skills and abilities to reflect on her own journey she was brilliant at doing this. She ran a number of sessions – both creative and mental health based – to a variety of groups, including one at Heddffan psychiatric unit.

K has always felt supported and understood in her volunteering role at KIM, where she feels her own mental health is constantly considered. She has 'needed volunteering' during the pandemic to keep her own mental health in check and has always found it positive. K has recently started to study

for a degree, a long held dream, that she realised was a possibility after her time as a volunteer with KIM.

Achievements

17 Volunteers completed accredited training in the following areas:

- Mental Health and Wellbeing
- Improving Confidence
- Welsh Language and Culture
- Come Cook with Me
- Additional training in this period included: carbon footprint and global change, diversity and difference, community development and volunteering, an Introduction to volunteering at KIM.
- A young volunteer, with KIMbetweeners, was recognised for their contribution to volunteering in Flintshire by the FLVC.
- At Christmas we produced a KIM fundraising film and packs of Christmas card, with lots of volunteer input.
- Improved volunteer's IT skills using Zoom, email and websites so participation continued.
- Collaborated with Holywell museum to produce sketches for use in a fundraising booklet.

"Volunteering helps me to temporarily get away from personal pressures. It's a break and I consider it to be important 'me' time"

"Volunteering at KIM is so well supported and I feel understood. I have never had this in other volunteering roles"

"Since I completed the Volunteer training course I've found a new passion in helping others strive forward. I am getting so much fulfilment from taking part in something bigger than oneself. It's also satisfying to give back to KIM after the support I have received"

"I love the opportunities volunteering has given me to learn a great deal and share my skills and passions"

"Volunteering with KIM – satisfaction, achievement, confidence, helpful, rewarding, caring, bright, smile and no judgement"

**While volunteering online:
"Volunteering has allowed me to still have a routine and a sense of purpose. It's helping people without leaving the security of your own home".**

Community Activities

In normal times, we would welcome everyone to come along and join in with our community activities. However 2020/21 has been very different due to the Covid 19 pandemic and unfortunately our doors at the Hub have had to remain closed to the general public for the entire year.

KIM however has continued to offer Welsh Language and Culture courses (Levels 1&2) online, which has seen nearly 30 clients and volunteers receive an accreditation.

As restrictions ease going forward, we hope that 2021/22 will once again see a varied and interesting array of community activities based in the Hub.

These include our Cwtch Pop-Up Café every Friday, the Holywell and District Men's Shed and KIM Community Choir all at the Hub. Other events are regularly posted on our website at www.kim-inspire.org.uk and Facebook page at www.facebook.com/kiminspire.

Facilities for hire

Part of our income generation strategy for the charity is to hire out rooms at the Hub. We have a fantastic selection of recently redecorated rooms from one to one meeting rooms and hot desking space to meeting rooms which accommodate up to 60 people, which we can hire out to outside organisations. We can offer light refreshments to a sit down meal prepared in our in-house commercial catering kitchen. The Hub has full disability access, WIFI and parking, plus a fantastic garden which can be used for outside activities.



In normal circumstances, many external organisations use the Hub either regularly or for one off events and meetings and we value the links we have with partner organisations who utilise the Hub.

Welsh at KIM

KIM are proud to be able to offer Welsh groups and accredited Welsh Language and Welsh History courses. Offering a unique experience for those who attend to be able to explore the history and mythology of Wales and the opportunity to learn the language in fun interactive sessions.

There has never been a better time to learn Welsh.

In line with Welsh Government's vision to see the Welsh Language thriving with 1 million people able to speak Welsh by 2050.

KIM is playing its part in this vision.

Since March 2020, the pandemic and lockdown KIM continue to offer an amazing opportunity for learners to enjoy learning the Welsh Language and all about the history of Wales in a virtual setting in Zoom. Learners are able to enjoy learning the language, enjoy a new challenge and a new experience.

Personal aspirations are fulfilled as a number of people choose to learn the language and learn about the history of Wales because they enjoy a new challenge. Learners soon discover that the language is alive and kicking in most communities across Wales, and speaking the language will open doors to new opportunities and experiences.

Also benefiting family life for the learners who have children who are learning Welsh in schools, learners are able to speak Welsh with them and help with homework.

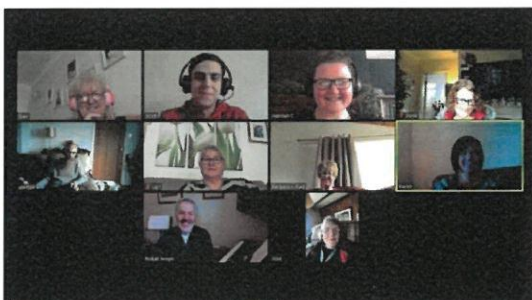
In the last year...

- 51 people have joined KIM Welsh groups with
- 27 gaining a Level 1 or Level 2 qualification in Welsh Language and Culture or Welsh History

The highlight of the year was when we were privileged to welcome Dafydd Iwan to our group to talk about his life's work, the inspirations behind his songs and he delighted the group by singing one of his most famous songs 'Da Ni Yma o Hyd'

We were also able to welcome well known Welsh author and novelist Bethan Gwanas to the group to talk about her work. In the photo Bethan is seen launching her new novel during the lockdown – in a lay-by!!

Robat Arwyn another Welsh icon singer songwriter joined us to talk about his work and he sang a few of his songs for the group.



"The Welsh course has been amazing and I have learned so much. The workbook gave my brain a good workout and I thoroughly enjoyed it. Thank you!"

"I found this course very informative. I enjoyed doing research on a wide variety of subjects. I would recommend this to anyone else interested in their home country. The pace of learning was just right for me."

"I have thoroughly enjoyed this course, finding it both fun and informative. I have lived in North Wales all of my life and have loved finding out more about local history and places I've never visited."

"I found the course to be packed with information about the area I've lived in for 30 odd years and didn't know. The delivery of the material was impeccable and the tutor was engaging from start to finish bringing her passion of Wales to every session."

"All round I found the course to be highly informative, packed full of history and culture presented in a way as to keep me coming back for more. I cannot recommend the course highly enough."

"The course has been an interesting, challenging and thought provoking opportunity."

Symyd Ymlaen – Moving Forward

KIM Active Inclusion project tackles unemployment which is managed by WCVA, supported by funding from European Structural and Investment Funds.

The aim of the project is to reduce economic inactivity in Wales and improve the employability of disadvantaged people.

KIM are able to offer support, training and qualifications for participants on the Symyd Ymlaen project focusing on individual goals and aspirations and developing a personal development plan for participants to achieve their goals.

The Symyd Ymlaen project started in February 2020 just before the Covid 19 pandemic and will run until June 2022. The ongoing pandemic has caused problems for the delivery of the project but staff have worked hard from the outset to adapt and respond to individual needs and totally transform our service and the way in which we deliver support to those experiencing poor mental health.

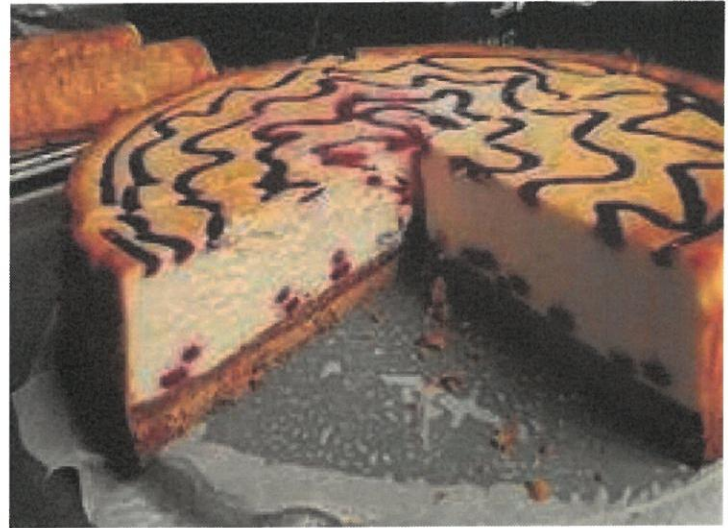
We currently have 93 participants on the Symyd Ymlaen project and they all have an opportunity to join groups and undertake qualifications in partnership with Agored, Adult Learning Wales and Coleg Cambria.

The qualifications range from:

- Nutrition
- Volunteer training
- Improving Confidence
- Resilience
- Welsh Language
- Welsh History
- All level 1 and 2 qualifications

To date...

- 12 learners have achieved a qualification
- 60 learners gained a work relevant certificate by improving their IT skills



One of the delightful cakes baked in the demonstration cooking sessions in Zoom

- 76 gained a positive outcome
- 3 engaging in job search
- 10 entering volunteering
- 1 full time employment.

"The mix of quest speakers was excellent and provided further points of view on the topic."

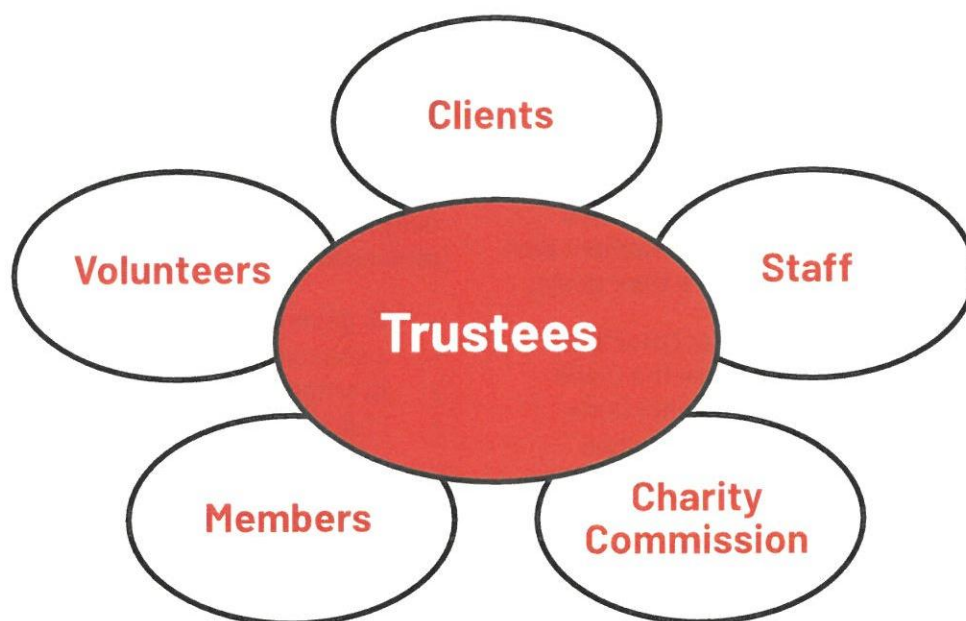
"I had never been interested in cooking but it has encouraged me to try some of the recipes, particularly the cakes."

"This course was the first that I had attended but it certainly will not be the last!"

"I found the course to be both educational and engaging while still being presented in a friendly and efficient manner."

"The course showed me that cooking for myself is easier than I may have thought and that home-made can be a lot healthier than shop-bought and not as difficult to prepare as you may think."

How we are governed



Our Structure

KIM Inspire is a company limited by guarantee (incorporated 19 June 2002, registered number 4464874) and is a registered charity in England and Wales (charity number 1104186). The charity's constitution is its Articles of Association.

Our Trustees

The directors of the company are also known as Trustees.

The Board of Trustees seeks to ensure that KIMs beneficiary groups are reflected through the diversity of the board. KIM has sought to identify existing and previous individuals who have received KIMs support who would be willing to become members of the Board and use their own experience to assist the charity.

We try to maintain a broad skill mix on the board. The boards skills are

recorded, reviewed and monitored with gaps in skills identified. Potential new trustees are invited and encouraged to join the board based on the overall skill set and rotation of members.

Subsidiary

The charity has a wholly owned subsidiary as at 31 March 2021, KIM Inspire Social Enterprises Ltd which is registered in England and Wales (incorporated 1 February 2011, registered number 07908511) as a company limited by shares. We raise some of the funds needed to run KIM Inspire through the trading activities of this subsidiary, however the cafes have been closed for the entire financial year due to the Covid 19 pandemic.

Organisational structure

The Board of Trustees is responsible for the strategic direction and policy of the charity. At present, the Board has four members from a variety of

professional backgrounds, with a further 3 potential Trustees progressing through the induction process at year end. The Board meets on a two monthly basis to discuss current and future work, financial and funding issues and other relevant general matters. Under the requirements of the Memorandum and Articles of Association, one third of the trustees are subject to retirement by rotation at each Annual General Meeting, after which they may be re-elected, if the resulting vacancy is not filled.

Induction and training of new trustees

All potential new Trustees are provided with a comprehensive package of information regarding the charity as part of their Induction process. Each potential Trustee will be asked to attend 3 Trustee meetings following which they will be interviewed by two members of the Board to ensure suitability for the position. If successful, the individual is co-opted onto the Trustee board until the next Annual General Meeting.

Strategic Partnerships, national policy and direction

KIM is guided by both local and national policy and works to a model of utilising community resources to encourage social integration and co-production in order to provide our service. The Social Services and Well-Being Act (Wales) 2014 has highlighted this approach as the way forward. We also endeavour to address the inequality and stigma for people who have mental illness in line with the Welsh Governments' 10-year strategy 'Together for Mental Health' implemented in 2012 and the Mental Health (Wales) Measure, 2010.

Representatives of the charity participate in mental health and voluntary sector network meetings. The charity has close links with local organisations such as Flintshire County Council, the Betsi Cadwaldr University Health Board, the Community Mental Health teams, the Drug and Alcohol Teams, the Glyndwr and Swansea Universities.

Such partnerships prove invaluable to the charity in establishing improved links and referral processes within the community and in identifying relevant policy developments, up to date research and prospective projects and funding.

In preparing this report, the Trustees have had regard to the Charity Commission's guidance on public benefit.

Our people

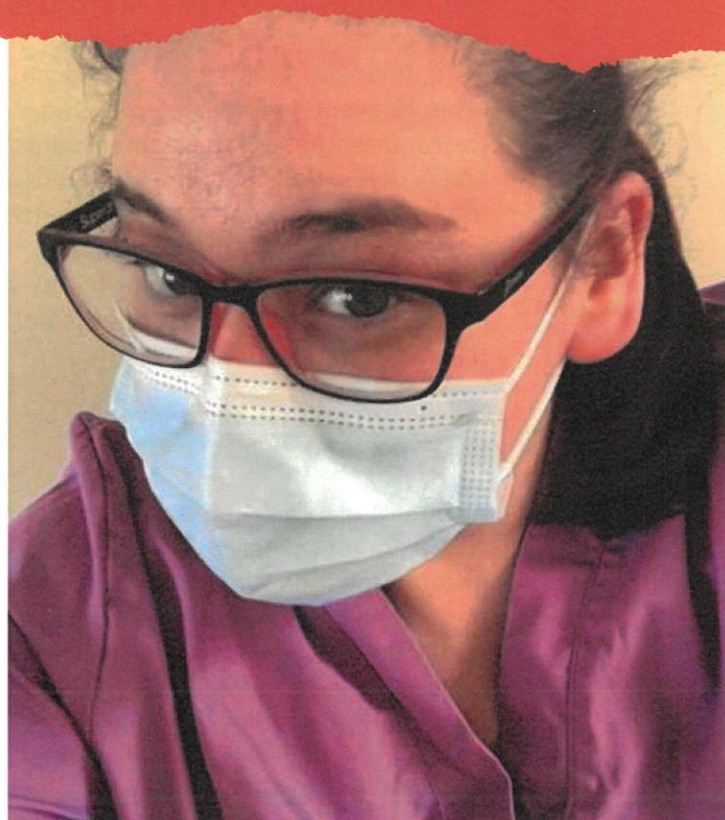
Our volunteers and employees are truly remarkable, and we're committed to helping them succeed in every aspect of their roles.

Staff Team

The paid staff of KIM comprises of 14 staff of which 9 are full time. The full time equivalent is 12. Being a social care organisation, all members of staff are frontline for some aspects of their role as all the team work with volunteers and clients in a variety of ways to increase skills and knowledge. The staff team are highly qualified with a breadth of experience and skills from a wide range of diverse backgrounds.

Volunteer Team

The Volunteer Co-Ordinator recruits, trains and supports our volunteers to be involved in all aspects of KIM's work. In normal times our volunteers get involved in: gardening, as cafe assistants, cooking, administration, group support and group facilitation. Volunteering roles at KIM are shaped to suit individuals, their interests and skills. We fully support people, from any background and experience, to be involved as a volunteer. The Volunteer team for the year included 57 volunteers.



Nicky's Story

Nicky joined KIM4Her in Wrexham in March 2019, suffering with anxiety and depression. She attended groups and felt her confidence grow quite rapidly. In time Nicky expressed an interest in facilitating a sugar craft session. Despite feeling very anxious, the session was a huge success. This gave Nicky even more confidence and she started to think she could have a place as a volunteer within KIM.

Nicky completed the accredited volunteer training in November 2019 following this she started to support others in groups, knowing only too well what it felt like to have low mood and anxiety. Nicky often reflects that volunteering with KIM changed her life.

Last June, she began work in a home for people with dementia and has been awarded a Key Worker Award in recognition for her work during the

pandemic. She loves her work, enjoys working in a team and finds she uses the skills she learnt and used as a volunteer.

Nicky says 'At KIM they were so welcoming and kind and made me feel like I had a safe place. I was offered a place to start volunteering and they helped me with the course which helped with my confidence and I started to self believe in myself.

In June 2020 I was offered a job interview for a care home for people with dementia and now I've received an award from my place of work. If it wasn't for all the staff at KIM I don't think I'd be where I am today, so a big massive thank you to everyone at KIM. You're all doing an amazing job helping people who are in places like I was'

Looking after our People

Safeguarding

KIM believes that no child, young person or adult should ever experience abuse of any kind. We have a responsibility to promote the welfare of all individuals and to keep them safe. We are committed to practice in a way that protects them.

We all have a responsibility to safeguard the welfare of the individuals we work with, their carers, family members and children.

It's important everyone at KIM Inspire understands their responsibilities and the steps they should take if they have any concerns for the safety of a vulnerable person.

What is safeguarding?

Safeguarding is about protecting and supporting people so that they can live free from harm, abuse and neglect.

To do this, we have put in place processes designed to protect those people including a comprehensive

Safeguarding Policy and mandatory Safeguarding training for all staff and volunteers, which is updated on a regular basis.

Why is it important?

Safeguarding needs to be considered in all KIM Inspire settings and activities that may involve vulnerable people, its staff and volunteers.

We have a moral and legal responsibility to support the welfare and safety of vulnerable people.

Who is responsible for safeguarding?

We strive to proactively safeguard and promote the welfare of the individuals we work with, our staff and volunteers. We are always mindful of the fact that safeguarding issues could arise and the primary need is for all staff and volunteers to be vigilant and open-minded about these risks.

KIM Inspire's Chief Executive Officer has overarching responsibility for safeguarding across the charity and holds the position of Safeguarding Officer. In addition, there is a Deputy Safeguarding Officer and a Trustee who has safeguarding responsibilities.

In addition, all staff and volunteers are expected to read, understand and follow our Safeguarding Policy and the guidance and procedures within it.

Principal Risks & Uncertainties

The Board of Trustees has overall responsibility for risk management for KIM Inspire and its subsidiary. This includes setting the risk appetite for the charity, ensuring that there are reasonable procedures in place for the prevention and detection of major risks, including fraud risk and other irregularities, and ensuring that risk procedures are reviewed when issues arise.

Risk Management

The Board of Trustees, along with all members of staff, hold an Annual Planning Meeting, to discuss KIM Inspire's current and future service provision and direction.

Risk Assessments of the charity and of specific projects and activities are carried out as appropriate. A risk register has been established, which is updated at least annually. Where appropriate, systems or procedures have been established to mitigate the risks the charity faces.

Significant external risks to funding have led to the development of a strategic plan, which will allow for the diversification of funding and activities. Internal control risks are minimised by the implementation of procedures for authorisation of all transactions and projects, including a comprehensive financial procedures policy.

Procedures are in place to ensure compliance with health and safety of staff, volunteers, individuals and visitors to the offices and venues used by the charity.

All members of staff, volunteers and members of the Management Committee who may have significant contact with individuals are required to undergo appropriate DBS checks.

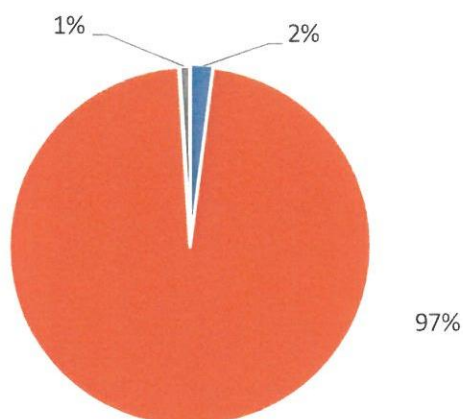
Financial Review

The result for 2020/21 was a surplus of £10,941. The breakdown is as follows:

	31 March 2019	31 March 2020	31 March 2021
Income	£377,855	£423,829	£418,892
Expenditure	£371,921	£412,543	£407,951
Surplus/(Deficit)	£5,934	£11,286	£10,941
Unrestricted funds	£77,663	£89,017	£98,026
Total funds	£284,280	£295,566	£306,507

Funding sources

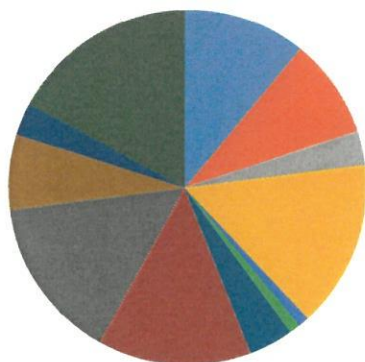
The funding sources for the charity during the year were split as follows:



Breakdown of Income 2020/21

97%	Grants
2%	Donations
1%	Other

Revenue Grant funding remains the most significant source of funding and is split as follows:



Breakdown of Grant Income 2020/21

14%	Flintshire County Council
3%	Betsi Cadwaldr University Health Board
17%	Steve Morgan Foundation
3%	Lloyds Foundation
7%	Local Mental Health Scheme
9%	BBC Children in Need
15%	The Big Lottery 2018-21
11%	Active Inclusion 2020-22
15%	The Henry Smith Charity 2019-2022
1%	The Big Lottery Community Fund
1%	CFIW - Wales Coronavirus Resilience Fund
4%	Citizens Advice

Reserves policy

KIM Inspire's reserves are generated from unrestricted sources i.e. payment for services, fundraising, room hire and donations, and are reviewed annually. The Board of Trustees have reviewed the Reserves policy. Ideally, to meet all potential financial commitments over a period of up to 6 months in the event of a loss of funding, unrestricted reserves should be £118,000. The level of unrestricted reserves at year end was below this however the Trustees have agreed and accepted that the risk is mitigated by the spread of income received and the very low likelihood that all funding would be lost at once. This year the Trustees have agreed that Designated reserves have been increased to £15,500: Replacement heating system £3,500; Redundancy costs £7,000 and the Garden Wall replacement £5,000, an increase of £2,000.

Investment policy and objectives

Aside from retaining a prudent amount in reserves each year, most of the charity's funds are to be spent in the short term so there are few funds for long term investment. In addition to the Bank current account, the Charity also operates an instant access deposit account with HSBC and a high interest deposit account with Santander.

Statement of responsibilities

Statement of responsibilities of the Trustees of KIM Inspire in respect of the Trustees' Annual Report and the financial statements

The Trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and regulations.

Company and charity law requires the Trustees to prepare financial statements for each financial year. Under that law they are required to prepare the company financial statements in accordance with UK Accounting Standards and applicable law (UK Generally Accepted Accounting Practice), including FRS 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland.

Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the excess of income over expenditure for that period. In preparing each of the charitable company financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently
- make judgements and estimates that are reasonable and prudent
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements
- assess the group's and the charitable company's ability to continue as a going concern, disclosing, as

applicable, matters related to going concern

- use the going concern basis of accounting unless they either intend to liquidate the group or the charitable company or to cease operations, or have no realistic alternative but to do so.

The Trustees are responsible for keeping adequate and proper accounting records that are sufficient to show and explain the charitable company's transactions, disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that its financial statements comply with the Companies Act 2006.

They are responsible for such internal control as they determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error, and have general responsibility for taking such steps as are reasonably open to them to safeguard the assets of the group and to prevent and detect fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website.

Reference and Administrative Details

Registered Company Number

4464874 (England and Wales)

Registered Charity Number

1104186

Registered Office

The Hub, Park Lane, Holywell
Flintshire CH8 7UR

Trustees

Dr J Pattie

Ms A Hooper

L A Carter

Dr M Ghisoni

Mrs L Harvey (resigned 20 Sept 2020)

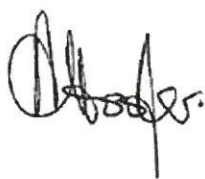
Company Secretary

Mrs W A Jones-Booth

Independent Examiner

Azets Audit Services Ltd,
Brynford House, 21 Brynford Street,
Holywell, Flintshire CH8 7RD

Approved by order of the board of trustees on 26th August 2021
and signed on its behalf by:

A handwritten signature in black ink, appearing to read 'A Hooper', with a stylized flourish at the end.

Ms A Hooper - Trustee

Independent Examiner's Report to the Trustees of KIM Inspire

Independent examiner's report to the trustees of KIM Inspire ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2021.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or

3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act
4. other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
5. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Melanie Langton-Davies ACA, FCCA

Azets Audit Services Limited, Brynford House, 21 Brynford Street, Holywell, Flintshire, Wales CH8 7RD.

Signed:

Melanie Langton-Davies

Date: 06.12.2021

Statement of Financial Activities for the year ended 31 March 2021

		Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £	Unrestricted funds 2020 £	Restricted funds 2020 £	Total 2020 £
	Notes						
<u>Income from:</u>							
Grants and donations	2	9,161	407,496	416,657	14,509	390,734	405,243
Charitable activities		1,320	-	1,320	8,480	-	8,480
Other trading activities	3	513	-	513	4,284	2,047	6,331
Investments	4	402	-	402	3,775	-	3,775
Total income		11,396	407,496	418,892	31,048	392,781	423,829
<u>Expenditure on:</u>							
Charitable activities	5	387	407,564	407,951	19,692	392,851	412,543
Net incoming/ (outgoing) resources before transfers		11,009	(68)	10,941	11,356	(70)	11,286
Gross transfers between funds		(2,000)	2,000	-	-	-	-
Net income for the year/ Net movement in funds		9,009	1,932	10,941	11,356	(70)	11,286
Fund balances at 1 April 2020		89,017	206,549	295,566	77,663	206,617	284,280
Fund balances at 31 March 2021		98,026	208,481	306,507	89,019	206,547	295,566

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

Balance Sheet

as at 31 March 2021

	Notes	2021 £	£	2020 £	£
Fixed assets					
Tangible assets	8	192,981		193,049	
Investments	9	1		1	
		<u>192,982</u>		<u>193,050</u>	
Current assets					
Stocks	10	-		31	
Debtors	11	50,939		13,746	
Cash at bank and in hand		220,683		161,119	
		<u>271,622</u>		<u>174,896</u>	
Creditors: amounts falling due within one year	12	(158,097)		(72,380)	
Net current assets			113,525		102,516
Total assets less current liabilities			<u>306,507</u>		<u>295,566</u>
Income funds					
Restricted funds - general	13	208,481		206,547	
Unrestricted funds		98,026		89,019	
		<u>306,507</u>		<u>295,566</u>	

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2021.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The financial statements were approved by the Trustees on 9 August 2021



Rev A Hooper
Trustee



Dr M Ghisoni
Trustee

Company Registration No. 4464874

Notes to the Financial Statements for the year ended 31 March 2021

1 Accounting policies

1.1 Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

1.2 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

1.3 Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

1.4 Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold land and buildings	4% on cost
Plant and equipment	25% on cost and 20% on cost
Fixtures and fittings	25% on cost
Computers	25% on cost

1.5 Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

1.6 Taxation

The charity is exempt from corporation tax on its charitable activities.

1.7 Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

1.8 Pension costs and other post-retirement benefits

The charitable company pays an employer's contribution into the employees own stakeholder pension schemes. Contributions payable by the charitable company are charged to the Statement of Financial Activities in the period to which they relate.

Notes to the Financial Statements for the year ended 31 March 2021 (Continued)

Accounting policies

Investments

Shares in the subsidiary company are shown at cost.

Grants and donations

	Unrestricted funds	Restricted funds general	Total	Unrestricted funds	Restricted funds general	Total
	2021	2021	2021	2020	2020	2020
	£	£	£	£	£	£
Donations and gifts	9,161	-	9,161	14,509	1,097	15,606
Grants receivable	-	407,496	407,496	-	389,637	389,637
	<u>9,161</u>	<u>407,496</u>	<u>416,657</u>	<u>14,509</u>	<u>390,734</u>	<u>405,243</u>

Other trading activities

	Unrestricted funds	Unrestricted funds	Restricted funds general	Total
	2021	2020	2020	2020
	£	£	£	£
Fundraising events	513	3,705	335	4,040
Tuck shop income	-	579	-	579
Catering kitchen income	-	-	1,712	1,712
Other trading activities	<u>513</u>	<u>4,284</u>	<u>2,047</u>	<u>6,331</u>

Investments

	Unrestricted funds	Unrestricted funds
	2021	2020
	£	£
Rental income	280	3,495
Interest receivable	122	280
	<u>402</u>	<u>3,775</u>

Notes to the Financial Statements

for the year ended 31 March 2021 (Continued)

	2021 £	2020 £
Staff costs	355,185	318,709
Depreciation and impairment	68	68
Opening stock	31	203
Purchases	-	2,406
Closing stock	-	(31)
Premises costs	6,686	10,824
Insurance	2,233	2,136
Employment services	1,898	2,593
Administrative expenses	10,592	9,149
Direct project costs	7,968	9,360
Repairs and renewals	7,253	13,929
Fundraising events costs	236	773
Staff and volunteer expenses	2,621	13,118
Medicash and BUPA	544	533
Beneficiary costs	12,636	28,773
	<u>407,951</u>	<u>412,543</u>
	<u>407,951</u>	<u>412,543</u>
Analysis by fund		
Unrestricted funds	387	19,692
Restricted funds - general	407,564	392,851
	<u>407,951</u>	<u>412,543</u>

Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

Employees

The average monthly number of employees during the year was:

	2021 Number	2020 Number
	<u>14</u>	<u>12</u>
Employment costs	2021 £	2020 £

Notes to the Financial Statements for the year ended 31 March 2021 (Continued)

7 Employees

(Continued)

Wages and salaries	336,930	300,396
Other pension costs	18,255	18,313
	<u>355,185</u>	<u>318,709</u>

8 Tangible fixed assets

	Freehold land and buildings £	Plant and equipment £	Fixtures and fittings £	Computers £	Total £
Cost					
At 1 April 2020	201,517	15,220	10,667	13,599	241,003
At 31 March 2021	<u>201,517</u>	<u>15,220</u>	<u>10,667</u>	<u>13,599</u>	<u>241,003</u>
Depreciation and impairment					
At 1 April 2020	8,468	15,220	10,667	13,599	47,954
Depreciation charged in the year	68	-	-	-	68
At 31 March 2021	<u>8,536</u>	<u>15,220</u>	<u>10,667</u>	<u>13,599</u>	<u>48,022</u>
Carrying amount					
At 31 March 2021	<u>192,981</u>	<u>-</u>	<u>-</u>	<u>-</u>	<u>192,981</u>
At 31 March 2020	<u>193,049</u>	<u>-</u>	<u>-</u>	<u>-</u>	<u>193,049</u>

9 Fixed asset investments

	Other investments
Cost or valuation	
At 1 April 2020 & 31 March 2021	<u>1</u>
Carrying amount	
At 31 March 2021	<u>1</u>
At 31 March 2020	<u>1</u>

	Notes	2021 £	2020 £
Other investments comprise:			
Shares in group undertakings		<u>1</u>	<u>1</u>

Notes to the Financial Statements for the year ended 31 March 2021 (Continued)

10 Stocks

	2021 £	2020 £
Stocks	-	31

11 Debtors

	2021 £	2020 £
Amounts falling due within one year:		
Other debtors	3,000	2,999
Prepayments and accrued income	47,939	10,747
	<u>50,939</u>	<u>13,746</u>

12 Creditors: amounts falling due within one year

	Notes	2021 £	2020 £
Other taxation and social security		36	182
Deferred income		143,852	55,310
Trade creditors		60	-
Other creditors		54	54
Accruals and deferred income		14,095	16,834
		<u>158,097</u>	<u>72,380</u>

Notes to the Financial Statements for the year ended 31 March 2021 (Continued)

13 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Movement in funds			Movement in funds			Transfers	Balance at 31 March 2021
	Balance at 1 April 2019	Incoming resources	Resources expended	Balance at 1 April 2020	Incoming resources	Resources expended		
	£	£	£	£	£	£	£	£
Active Inclusion 2020-2022	-	7,124	(7,124)	-	44,460	(44,460)	-	-
BBC Children in Need	-	40,159	(40,159)	-	36,361	(36,361)	-	-
Betsi Cadwaldr University Health Board	-	31,726	(31,726)	-	12,969	(12,969)	-	-
Big Lottery - 2018-2021	-	62,065	(62,065)	-	61,888	(61,888)	-	-
Big Lottery - Capital Fund	193,117	-	(68)	193,049	-	(68)	-	192,981
Big Lottery - Community Fund	-	8,366	(8,366)	-	1,634	(1,634)	-	-
CFIW - Wales Coronavirus Resilience Fund	-	-	-	-	4,891	(4,891)	-	-
Citizens Advice	-	-	-	-	14,500	(14,500)	-	-
Designated Fund	13,500	-	-	13,500	-	-	2,000	15,500
Flintshire County Council (FCC)	-	57,992	(57,992)	-	55,594	(55,594)	-	-
Henry Smith 2019-2022	-	22,437	(22,437)	-	62,327	(62,327)	-	-
Local Mental Health Scheme	-	-	-	-	28,949	(28,949)	-	-
Lloyds Foundation	-	25,212	(25,212)	-	14,374	(14,374)	-	-
Steve Morgan Foundation	-	69,550	(69,550)	-	69,550	(69,550)	-	-
KIM Community Choir	-	1,431	(1,431)	-	-	-	-	-
The Henry Smith Charity	-	13,592	(13,592)	-	-	-	-	-
The Big Lottery - Awards for All	-	7,917	(7,917)	-	-	-	-	-
Active Inclusion	-	23,568	(23,568)	-	-	-	-	-
Catering Kitchen	-	1,712	(1,712)	-	-	-	-	-
Volunteering in Wales	-	19,930	(19,930)	-	-	-	-	-
	<u>206,617</u>	<u>392,781</u>	<u>(392,849)</u>	<u>206,549</u>	<u>407,497</u>	<u>(407,565)</u>	<u>2,000</u>	<u>208,481</u>

13 Restricted funds

The Trustees have agreed that Designated funds should be put in place to cover the following:

Replacement heating system £3,500; Redundancy costs £7,000; and Garden wall replacement £5,000.

Notes to the Financial Statements for the year ended 31 March 2021 (Continued)

14 Analysis of net assets between funds

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2021	2021	2021	2020	2020	2020
	£	£	£	£	£	£
Fund balances at 31 March 2021 are represented by:						
Tangible assets	192,981	-	192,981	193,049	-	193,049
Investments	1	-	1	1	-	1
Current assets/ (liabilities)	(93,362)	206,887	113,525	102,516	-	102,516
	<u>99,620</u>	<u>206,887</u>	<u>306,507</u>	<u>295,566</u>	<u>-</u>	<u>295,566</u>

15 Operating lease commitments

At the reporting end date the charity had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	2021	2020
	£	£
Within one year	1,700	1,430
Between two and five years	-	1,700
	<u>1,700</u>	<u>3,130</u>

16 Capital commitments

As at 31 March 2021 the charity had no capital commitments (2020 - none).

17 Related party transactions

There were no disclosable related party transactions during the year (2020 - none).

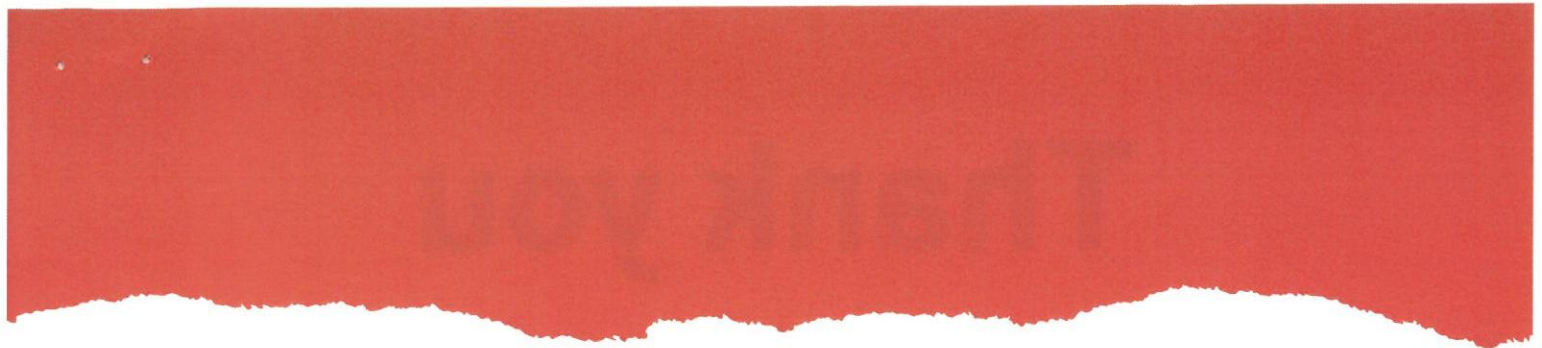
18 Legal status of the charity

The charity is a company limited by guarantee and has no share capital.

Every member promises, if the charity is dissolved while they remain a member of within 12 months of their resignation as a member, to pay up to £1 towards the costs of dissolution and the liabilities incurred by the charity.

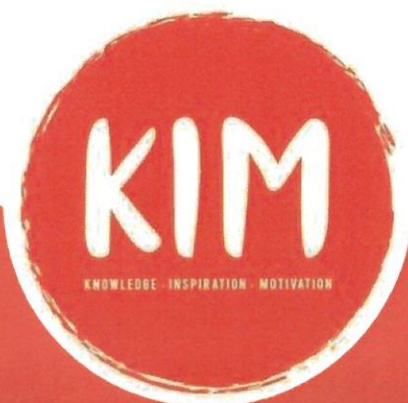
19 Pension cost

The company makes contributions to a defined contribution pension scheme for 10 (2020; 10) of its employees. The charge for the year totalled £18,255 (2020; £18,314). There were no costs prepaid or due at year end.



Thank you

We want to say a big thank you to all our funders, supporters, fundraisers, volunteers, partners, referrers, customers and our individuals who inspire us to do the work we do.



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