

The Hope Centre - St Helens

Charity number 1103903

A Company limited by guarantee number 05089663

Annual Report and Unaudited Financial Statements for the year ended 31 March 2023

The Hope Centre - St Helens

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees		Position	Dates
	Mr J Ryan	Chair	
	Rev C Lawrenson	Vice Chair	
	Mr T Kelly	Treasurer	
	Mrs J Webster		Till December 2022
	Bill Schafer		From March 2023
Project Director	Mrs A Metcalfe		
Company Secretary	Mrs B Barton		
Charity Number	1103903		
Company Number	05089663		
Principal address	The Hope Centre St Helens Christian Life Centre Atherton Street St Helens Merseyside WA10 2DT		
Bankers	Virgin Money 6 Bridge Street St Helens WA10 1NF		
Independent Examiner	Jane Williams MAAT Greater Merseyside Community Accountancy Service Halton & St Helens Voluntary and Community Action Beacon Building College Street St Helens WA10 1TF		

The Hope Centre - St Helens

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The Hope Centre - St Helens

Report of the Board of Trustees

THE TRUSTEES:

The Trustees, who are also Directors for the purposes of the Companies Act, have pleasure in presenting their report and the financial statements of the charity for the year ended 31 March 2023.

Mr J Ryan
Mr T Kelly
Rev Craig Lawrenson
Mrs J Webster
Mr Bill Schafer

REFERENCE AND ADMINISTRATIVE DETAILS:

Reference and administrative details are shown in the schedule of members of the board and professional advisers on page 1 of the financial statements

STRUCTURE, GOVERNANCE AND MANAGEMENT:

The Hope Centre is a registered charity and company limited by guarantee. As such its activities are overseen by a board of trustees who are also directors of the company. However the day to day running of the charity is overseen by the Hope Centre Director and the Chair of Trustees.

The date of incorporation of the charity was 31 March 2004 and the date of appointment of the first Trustee was 4 April 2004. Currently the Board is made up of five members. The Hope Centre continues to rent its office and training accommodation from St Helens Christian Life Centre. In addition Hope House, The Homeless Day Centre is rented from Green Pastures.

Trustees on appointment are provided with the Charity Commission documentation for trustees, outlining roles and responsibilities. In addition briefing papers are provided from the management to all new trustees.

Trustees are normally appointed for a period of 3 years after which they must be re-elected at the next annual meeting. The Trustees Board has met on four occasions during this year for full Board meetings with a further 3 meetings for Business Planning strategy meetings.

ORGANISATIONAL STRUCTURE:

A Board of Trustees has overall responsibility for determining the Hope Centre's strategic direction, approving capital and revenue expenditure and monitoring performance and is comprised of a Chair, and six other Trustee Board Members.

The trustees of the Charity are drawn from a range of backgrounds with some being members of the founding church whilst others are not. Trustees members are drawn from within the third sector, the financial and business sectors. All the Trustees give their time voluntarily.

An Executive Management Team is comprised of the Chair of Trustees and the Project Director who assume overall responsibility, with support from staff team leaders, for executing the strategic and financial plan.

Finance and Administration is managed by the Hope Centre Director with the support of two volunteers and finance issues are reported to the Management Team and Trustees.

The Hope Centre - St Helens

Report of the Board of Trustees

Finance and Administration staff manage the day to day financial position of the Charity as well as producing end of year accounts, liaising with banks and auditors. All monitoring of service users/learners achievement of project targets and completion of monitoring reports are carried out by this team. Major reports for funders are collated and produced. The significant volunteer data base is also managed within the team as are new applications for funding under the direction of the Hope Centre Director.

Operational Management is delegated by the trustees to the Project Director and 3 Project Leads responsible for Hope House homeless services, the Training department, the Foodbank, Hope Pantry and BabyBasics projects. The Project Director has overall responsibility for the operational and performance management and quality framework and responsibility for priorities through specific project development, service delivery, tailored interventions and training, service improvements, joint networking practices and general administration.

Four Operational Teams of staff and volunteers support the Project Director. Training, Advice, Advocacy and Support Services, Hope House - Homeless Provision; Engage Community Projects; St Helens Foodbank. Finance and administrative staff who report directly to the Hope Centre Director. Regular operational meetings take place with the Project Director & Team Leaders who then report to the Executive Management Team (E.M.T). General staff meetings take place monthly and staff training away days bi-annually.

RELATED PARTIES:

The Hope Centre was established by the St Helens Christian Life Centre (Elim Pentecostal Church) from which the Charity rents its accommodation and to whom a contribution is made for facilities, such as copiers, and utilities. In addition the Church makes donations to support the work of the Charity.

RISK MANAGEMENT:

The Management Team and Trustees continually consider the impact of our financial position and stability at their regular Trustee meetings. Attention continues to be focused on reviewing the current strategies and planning effectively for the future. New services and training opportunities continue to be a focus as is promoting the work in order to attract longer term funding. The Trustees, in conjunction with the Director, identify and review major risks which may affect the stability and successful operation of the Charity. Action is then planned and implemented, as far as possible, to minimise or remove the identified risk. The Trustees, together with the Director continue to review the long-term future viability of the Charity, particularly with a view to reducing dependence on a single stream of funding and report to trustees. Long term sustainability continues to be a challenge as longer term funding opportunities and increased donation income are sought. Financial viability is continually monitored and addressed throughout the year in management team meetings and at trustee's meetings.

Internal control risks are minimised by the implementation of procedures for authorisation of all transactions and anti-fraud policies. Measures are also in place to ensure compliance with health and safety of staff, volunteers, service users, learners and visitors.

The Hope Centre - St Helens

Report of the Board of Trustees

OBJECTS, ACTIVITIES AND PERFORMANCE:

Public Benefit Statement

The principal aim of the Hope Centre – St Helens is to improve the lives of vulnerable and disadvantaged people in the borough of St Helens.

The Trustees believe that the services provided by the Hope Centre - St Helens are compliant with the Charities Commission Guidance on Public Benefit and the public benefit is further exemplified in the following statements of Activity and Performance, and Future Development Plans.

Objects of The Hope Centre - St Helens

The Charity's objects (revised December 2011) contained within the governing document are:

1. to advance the christian faith for the benefit of the public in accordance with the statement of belief appearing in the schedule hereto in St. Helens and in such other parts of the United Kingdom as the Trustees may from time to time think fit and in so doing to fulfil such other purposes which are exclusively charitable according to the laws of England and Wales and are connected with the charitable work of the Trust
2. To promote social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society.
 - a) For the purpose of this clause 'socially excluded' means being excluded from society, or parts of society, as a result of one or more of the following factors: unemployment; financial hardship; youth or old age; ill health (physical or mental); substance abuse or dependency including alcohol and drugs; poor educational or skills attainment; relationship and family breakdown; homelessness or poor housing (that is housing that does not meet basic habitable standards).
3. to prevent or relieve poverty in St. Helens by providing: education, training and support services to individuals in need

Hope Centre Strategic Objectives

The Hope Centre, in partnership where appropriate, will work with vulnerable and/or disadvantaged people to:

1. empower them for positive behaviour change and improved life choices
2. improve their social, economic, physical, psychological and spiritual well-being
3. prepare them for and help sustain their independent living
4. encourage their responsible participation in society

The Hope Centre employs an inclusive approach and provides relevant social care services and training for vulnerable and disadvantaged young people and adults, and does not discriminate on the grounds of gender, race, disability, sexual orientation, religion, belief or age.

The Hope Centre - St Helens

Report of the Board of Trustees

HOPE CENTRE Covid

Although there have been no new lockdowns in this period the service has continued to experience reduced levels of volunteering and increased levels of people using the service with significant mental health issues and in some cases increased use of illegal substances.

ACTIVITY AND PERFORMANCE APRIL 2022 - MARCH 2023

HOPE CENTRE TRAINING April 2022 to March 2023

Breathe Mental Health

Funded by Liverpool City Region

Breathe Men's Mental Health

- LCR Breathe Men's Mental Health – delivery started in July and as the course has been well attended and the cohort ends 30th September.
- 12 learners started.
- 10 completed.



Changes in delivery:

- An additional celebration session was added to the course to award learners their certificates and ask for feedback.

Course review and feedback:

- All participants made progress in their mental health, and all gave positive feedback regarding content, delivery.
- 1 gave up smoking and in October 2023 is still not smoking.
- 2 joined a walking group.
- Several felt they were able to better open up in a single gender environment, while 1 felt there was no difference this environment.

Digital Skills sessions:

Delivery of digital skills in a formal training session has been taken out of project delivery – the team are looking at other ways to deliver digital skills and funding opportunities are being accessed outcomes of which will be reported 2023-2024

The Hope Centre - St Helens

Report of the Board of Trustees



ACTIVITY AND PERFORMANCE APRIL 2022 - MARCH 2023

Hope Pantry is part of the wider Your Local Pantry network. The key aim of having the pantry is to help soften the blow of high living costs and create the conditions for communities to grow and thrive, by bringing people together around food. To strengthen communities, fostering friendships, loosening the grip of poverty, and contributing to healthier, happier lives.

Activity Figures for the Year Impact

From September 2022 to March 2023, Hope Pantry has supported 418 adults and 202 children.

We had 157 active members and had 1411 recorded visits to the Pantry.

Our volunteers have also contributed 924 voluntary hours to the project.

Our main challenge we have faced through the pantry this year is sourcing food supplies.

Good news

We are very thankful to Warburtons Baking Company for their weekly donations of bread to the pantry. They donate 100 fresh loaves a week to Hope Pantry.



- From April 2022 to March 2023 Baby Basics have provided 114 baby baskets to new parents across St.Helens.
- From April 2022 to March 2023 Baby Basics have given out 23 prams, to those that have requested them.
- Baby Basics main local partnerships are Whiston Hospital Midwives, St Helens Social Services, St Helens CAHMS, Community Health Teams, Enhancing Families Team.

Volunteer roles: Kath and Kev Lawrenson – taking clothes home and washing and ironing, and cleaning prams (respectively), Lynn and Janet Heath – general

- and ironing, and cleaning prams (respectively), Lynn and Janet Heath – general Baby Basics duties (creating Baskets, tidying/sorting clothes, managing stock), Diane Kelly – same as Lynn and Janet and also managing the online Baby Basics system, Pauline – creating toiletry packs (both purchasing items and making them up)

- Thank you stories/quotes: "I'm overwhelmed with what you have sent up, Please pass on my absolute gratitude to them [Hope Centre] for gifting this to me"

The Hope Centre - St Helens

Report of the Board of Trustees



ACTIVITY AND PERFORMANCE APRIL 2022 - MARCH 2023

Hope House aims to develop social awareness of homelessness and substance misuse within our community, promoting responsible citizenship. As well as offering advice, guidance, and personal development support to help individuals become valuable upholding members of their community.

Activity figures for year

Please note, although most of our data is recorded, it is difficult to provide a completely accurate representation of our current case load.

Male	Female
239	46

Clients By Age Group

Under 18	18-24	25-34	35-44	45-59	60+
0	7	48	103	98	29

Clients By Ethnicity

Ethnicity	Total
Not Stated	23
White British	256
White Irish	6

Clients By Nationality

Nationality	Total
United Kingdom	194

Any difference from previous years

Over the past year we have seen a drastic increase in service users accessing our day centre provision regularly. This is clearly reflected in the IMS report.

Regular extended interventions such as Benefit Consultations, Mental Health Referrals have increased over the past 12-month period clearly demonstrating the need for our service. The cost-of-living crisis has had a big impact on our provision also with more service users accessing our breakfast/dinner provisions as well as shower and laundry facilities.

In addition to this, over the past year we have also noted a significant increase in mental health deterioration from those who access our service.

The Hope Centre - St Helens

Report of the Board of Trustees



Good new story

Mr Paul Jones, has been supported on his journey from homelessness and bad mental health to his allocation of permanent supported living accommodation.

Paul presented at Hope House for the first time on the 4th of April 2023 and was dealing with several personal problems. Paul lived and cared for his mother for several years. After the death of his mother, Paul struggled to deal with this and started to drink alcohol to deal with his bereavement. Paul started to live in his car and struggled with day-to-day life and his alcohol addiction.

Before Paul's mother passed, he had a wife, kids, a job and after the passing of his mother he felt as if he had no one to talk with or offload his problems.

Before being admitted to hospital Paul chose to leave his partner/home for his own sake after his partner at the time was a regular user of freebase and crack cocaine along with several other substances.

Paul first presented to Hope House in February 2023 after leaving hospital with his own health concerns at "rock bottom" struggling with the likes of addiction and his crippling mental health.

After a number of weeks Paul was offered a self-contained private apartment where he had access to a shared shower and kitchen facilities along with his own personal bedroom, bathroom and appliances etc.

Paul stated, "Being in my flat now, with my own space makes me feel safer, more secure and overall, a happier person, eliminating the stresses of feeling agitated".

Paul no longer drinks alcohol.

Paul left a few small quotes he asked I would include in his testimony one being, "Hope House will always have a close place to my heart. The dedication of the staff members daily throughout this difficult time has contributed to over 80% of my rehabilitation and has provided a steppingstone to better times.

Hope House has led me down a road I never knew existed 12 months ago, your work, attitude, dedication has helped to bring my old self back and I can look forward to getting back into hobbies like fishing now I'm headed in the right direction. Temptation is difficult, no one said it would be easy but the continued support your staff have shown me have led me to happiness and success and I will always be grateful for the work you do for vulnerable people within our town. Thank You".

One thing to highlight is the close working relationship we have built over the past year with Whitechapel and Housing First. Both agencies over the past year have used our day centre as a central hub to tie in with service users in a professional environment. This has helped both us and the other agencies as we have been able to develop a better understanding of the needs of those who access our service regularly and to allocate our resources to the specific needs to those people.

The Hope Centre - St Helens

Report of the Board of Trustees

Hope Centre – St Helens Volunteers Annual Report



ACTIVITY AND PERFORMANCE APRIL 2022 - MARCH 2023

The Hope Centres Volunteers have done an amazing job this year contributing to the growth and day-to-day service and ongoings of the Hope Centre. They have shown sheer dedication, loyalty, and hard work. Each volunteer is extremely valued at the Hope Centre, and we appreciate their contributions to our projects.

Activity Figures for the Year Impact

- 120 regular volunteers (defined as 4+ hours in the last two months)
- 20 young people from Ascent College (formerly Wargrave College) supporting weekly, along with 18 support staff (majority doing two hours per week, a couple of individuals doing 4/5 hours per week)

Impact

- Our volunteers have contributed 16,749 volunteer hours from September 2022- September 2023. Comprising of the Foodbank Hubs, Food Drives, Foodbank Drivers, Hope House, and Baby Basics.

This year we have seen an increase in volunteer numbers from the general busy-ness of foodbank increasing. Ascent College support increasing, primarily due to more stock arriving at Hope Centre rather than direct to Chalon Way. Increase in volunteer hours also caused by both new projects and therefore new volunteers, but also with current volunteers contributing more to the everyday activities necessary in supporting the Community of St Helens.

Activity

- Ascent College Newton le Willows. They are working towards their DofE awards, this is counting as their volunteering phase, and their staff are hugely supportive of getting their students involved.
- Moving various forms of communication to WhatsApp – Driver's chat, Parish Church FB, Baby Basics. Far easier to communicate across everyone with a method that the majority already have.
- Introducing the Hope Centre Volunteer Newsletter was well received, keeping people informed of our projects a bit smoother.
- Annual celebration to say '**thank you**' the volunteers for their loyalty and hard work in the year. The impact the Hope Centre has within the town is all because of the wonderful team of volunteers.

The Hope Centre - St Helens

Report of the Board of Trustees



ACTIVITY AND PERFORMANCE APRIL 2022 - MARCH 2023

The aim of this project is to feed the people of St. Helens making sure that no one goes hungry. Working with other partners either in collecting donations or issuing vouchers.

In April 2022 to March 2023, we gave out a total of 2254 vouchers which helped to feed a total of 3214 adults and 1791 children. This is an increase on the previous year of 484 vouchers feeding and extra 644 adults and 328 children.

The stock incoming went up by 25409.08 kg. Although here was a decrease in donations from Charities - 4.4%, Corporates -0.2% and Education – 2.8%.

We did have an increase from Churches +4.42%, Community Groups + 0.27% Individuals + 3.19% and Supermarkets + 1.55%.

We also purchased an extra 776.59kg. (This is due to the donations being made were beans and pasta).

We ran a food drive at local Supermarkets every 3 months on a Friday & Saturday which brought in a lot of stock.

Forge Fitness started a weekly collection for us. This is still ongoing.

Easter time, we found we had a lot of chocolate eggs donated.

MPH College came in every Tuesday for 4 months to help with the Food bank. This was 3 students helping to mark, sort and pack donations.

June 2022,

The Fuel Foundation was set up which is a foundation that gives out fuel vouchers to clients that are struggling who are on pre-payment meters. They must be referred into us then we can be sure that the voucher is needed and then we can apply for a £30.00 in summer and £45.00 in winter voucher for them. They then go into Post office/Shop and exchange the voucher for either Electric/Gas or split between the two. They are not allowed 2 vouchers within 10 days.

July 2022,

We had the volunteer celebration at Tunza.

This was a great celebration of all Hope Centre Volunteers and the amazing contribution they make to the impact of the The Hope Centre in St Helens..

October 2022,

We started a connection with Wargrave College, and students came in to help with the Foodbank. This is still ongoing, and they are a brilliant help collecting from Asda and Tesco then marking/sorting and packing the donations.

Jan 2023 We managed to get a new warehouse in Chalon Way which is larger than the storage units at Micklehead, and this means that we have the room to sort and store more stock.

The Hope Centre - St Helens

Report of the Board of Trustees

CHANGING COMMUNITIES – CIC

The CIC was officially formed on 30th March 2017.

The vision statement is “We will positively help change communities and improve people’s lives”, with the tag line “Changing Communities – one life at time”.

The mission statement is “We shall positively support people and communities to help them develop their sense of belonging, increase local involvement and help them have the confidence to make new life choices”.

Re-Store – St Helens project is key to alleviating resource poverty within St Helens.

The Project has 3 aims which are;

1. Providing volunteer and mentoring opportunities to socially excluded individuals who live locally, they will up skill and learn how to re store second hand furniture.
2. Providing affordable furniture for low income families, vulnerable individuals with a new tenancy and individuals who are leaving street homelessness to secure their own properties.
3. Re-store donated furniture items for re sell which will reduce landfilling, reduce energy use and reduce carbon footprint.

The project will engage with vulnerable and disadvantaged individuals within the Borough who face barriers including unemployment, risk of homelessness, mild to moderate mental health, in recovery from substance misuse and have no or low qualifications.

These individuals often suffer from a lack of skills and confidence and there are few opportunities for them to gain real work experience. The project will provide placement opportunities and will build skills through the restoration of furniture and home furnishings which will reduce the waste produced by our 'throw away' culture and will in turn provide furniture which is in good condition to those transitioning into their own properties.

This in turn will increase the chances of sustaining their tenancies as the properties will become their own personal spaces, increasing their value to the individual.

The Hope Centre - St Helens

Report of the Board of Trustees

FINANCIAL REVIEW:

The Charity's principal source of income continues to be grant funding. Trustees and the management team aim to maintain financial stability and considerable attention has therefore been given to identifying new income sources as well as encouraging one-off donations.

In addition to grants from the local Council, local and national funders are approached to invest in our projects. Major funders in 2022-2023 include: St Helens Council, Trussell Trust, Steve Morgan Foundation, Awards for All, Julia and Hans Rausing Trust, Liverpool City Region, John Moores Foundation, Torus Foundation and the Pilkington Charity.

Many thanks to these and to the many smaller donors who have supported us during the year. This includes a large number of individuals who have made regular and one-off donations.

Like most charities, the Hope Centre's major challenge is to secure grant funding. This obviously affects the services it can provide. The Trustees have been aiming to achieve a balanced budget and to increase our current level of unrestricted reserves. This will provide a safety net that will allow us to maintain basic services.

INVESTMENT POLICIES:

The charity currently has no investments, or investment income.

RESERVES:

The charity has an agreed reserves policy. In addition to Unrestricted Funds, it has Restricted Funds and monies invested in fixed assets. Trustees have noted Charity Commission guidance, and the ambition is to hold at least three months' (13 weeks) running costs in Unrestricted Funds. This has been achieved for 2022-23, and our aim is to maintain a healthy level of reserves. At year-end, our Unrestricted Funds were £218,174.

There have been no serious incidents to report in this financial year. Our auditors have worked closely with us to minimise risk and strengthen financial processes and procedures.

RESULTS:

The results for the year and the charity's financial position at the end of the year are shown in the attached financial statements. The key result is that the Charity has a surplus of £77,680 for the financial year, and this has increased the level of Unrestricted Funds available.

INDEPENDENT EXAMINER

The Charity appointed Jane Williams of Greater Merseyside Accountancy Service as its examiner for this year, subject to annual review.

The Hope Centre - St Helens

Statement of Trustees' Responsibilities

For the year ended 31st March 2023

Statement of Directors' responsibilities

The trustees, who are also the directors of The Hope Centre - St Helens for the purpose of company law, are responsible for preparing the Trustees' Report and the accounts in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare accounts for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these accounts, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the accounts; and
- prepare the accounts on a going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the special provision relating to small companies within part 15 of the Companies Act 2006.

The Trustees' report was approved by the Board of Trustees on 5th December 2023

Mr John Ryan
Chair

The Hope Centre - St Helens
Independent Examiner's Report to the members of
The Hope Centre - St Helens
for the year ended 31 March 2023

I report to the trustees on my examination of the accounts of The Hope Centre - St Helens for the year ended 31 March 2023.

This report is made solely to the charity's trustees, as a body, in accordance with Section 145 of the Charities Act 2011. My examination has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in an Independent Examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for my examination, for this report, or for the opinions I have formed.

Responsibilities and basis of report

As the charity's trustees of The Hope Centre - St Helens (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Association of Accounting Technicians, which is one of the listed bodies.

I have completed my examination. I can confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination'; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Jane Williams
MAAT
Greater Merseyside Community Accountancy Service
Halton & St Helens Voluntary and Community Action
Beacon Building
College Street
St Helens
WA10 1TF

5th December 2023

The Hope Centre - St Helens
Statement of Financial Activities
for the year ended 31 March 2023

	Notes	Unrestricted Funds £	Restricted Funds £	2023 Total Funds £	2022 Total Funds £
Income from:					
Donations and legacies	(2)	57,347	115,692	173,039	137,030
Charitable activities	(3)	98,779	77,829	176,608	240,114
Other income		27,101	4,264	31,365	-
Investment income	(4)	24	-	24	-
Total		183,251	197,785	381,036	377,144
Expenditure on:					
Charitable activities	-(5)	(66,271)	(237,085)	(303,356)	(249,296)
Net (expenditure) / income		116,980	(39,300)	77,680	127,848
Transfers between funds	(15)	-	-	-	2,008
Net movement in funds		116,980	(39,300)	77,680	129,856
Fund balances at 1 April 2022		101,194	334,368	435,562	305,706
Fund balances at 31 March 2023		218,174	295,068	513,242	435,562

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

The Hope Centre - St Helens
Comparative Statement of Financial Activities
for the year ended 31 March 2023

	Notes	Unrestricted Funds £	Restricted Funds £	2022 Total Funds £
Income from:				
Donations and legacies	(2)	69,251	67,779	137,030
Charitable activities	(3)	19,853	220,261	240,114
Investments	(4)	-	-	-
Other Income		-	-	-
Total		<u>89,104</u>	<u>288,040</u>	<u>377,144</u>
Expenditure on:				
Charitable activities	(5)	(54,719)	(194,577)	(249,296)
Net (expenditure) / income		<u>34,385</u>	<u>93,463</u>	<u>127,848</u>
Transfers between funds	(15a)	2,008	-	2,008
Net movement in funds		<u>36,393</u>	<u>93,463</u>	<u>129,856</u>
Fund balances at 1 April 2021		64,801	240,905	305,706
Fund balances at 31 March 2022		<u>101,194</u>	<u>334,368</u>	<u>435,562</u>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

The Hope Centre - St Helens

Balance sheet

as at 31 March 2023

	Notes	2023 £	2022 £
Fixed Assets			
Tangible Fixed Assets	(10)	106,050	93,459
Total fixed assets		<u>106,050</u>	<u>93,459</u>
Current Assets			
Debtors and prepayments	(12)	20,348	19,335
Cash at bank and in hand		386,844	322,768
Total current assets		<u>407,192</u>	<u>342,103</u>
Current liabilities:			
amounts falling due within one year			
Creditors and accruals	(13)	-	-
Total current liabilities		<u>-</u>	<u>-</u>
Net current assets / (liabilities)		<u>407,192</u>	<u>342,103</u>
Total assets less current liabilities		<u>513,242</u>	<u>435,562</u>
Funds			
Restricted Funds	(15)	295,068	101,194
Designated Funds		-	-
Unrestricted funds		218,174	334,368
		<u>513,242</u>	<u>435,562</u>

The trustees (who are also the directors of the company for the purposes of company law) confirm that for the year ended 31 March 2023

the company was entitled to exemption from audit under section 477 of the Companies Act 2006, and

the members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Act

The trustees acknowledge their responsibilities for ensuring that the charity keeps accounting records which comply with section 386 of the Act and for preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of financial year and of its incoming resources and application of resources, including its income and expenditure, the the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The notes on pages 15 to 24 form an integral part of these accounts.

These accounts, which have been prepared in accordance with the provisions in the Companies Act 2006 relating to small companies, were approved by the trustees on 5th December 2023 and signed on their behalf by:

John Ryan (Chair)
Trustee

Company registration number 05089663

The Hope Centre - St Helens
Statement of cash flows
For the year ended 31 March 2023

	2023	2022
	£	£
Cash flows from operating activities:		
Net income/(expenditure) per SOFA	77,680	129,856
Depreciation	12,970	10,414
Investment Income	(24)	-
(Increase)/decrease in debtors	(1,013)	1,297
Increase/(decrease) in creditors	0	(33,600)
Capital	(25,561)	(103,539)
	<u>64,052</u>	<u>4,428</u>
 Cash flows from investing activities:		
Investment income	<u>24</u>	<u>-</u>
 Net increase/(decrease) in cash:	64,076	4,428
Total cash as at 1 April 2022	<u>322,768</u>	<u>318,340</u>
Total cash as at 31 March 2023	<u>386,844</u>	<u>322,768</u>

The Hope Centre - St Helens

Notes to the accounts

for the year ended 31 March 2023

1 Accounting policies

Charity Information

The charity is a public benefit entity and a private company limited by guarantee incorporated in England and Wales. The registered office is The Hope Centre, St Helens Christian Life Centre, Atherton Street, St Helens, WA10 2DT.

1.1 Accounting convention

These accounts (financial statements) have been prepared in accordance with the charity's governing document, "Accounting and Reporting by Charities"; Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Ireland (FRS 102), and the Companies Act 2006 as amended for accounting periods commencing from 1 January 2016. The charity is a Public Benefit Entity as defined by FRS 102.

The accounts have been prepared under the historical cost convention, modified to include the revaluation of certain financial instruments at fair value. The principal accounting policies adopted are set out below.

The accounts are prepared in sterling which is the functional currency of the charity. Monetary amounts in the financial statements are rounded to the nearest £.

1.2 Going Concern

After making appropriate enquiries, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operation for the foreseeable future. For this reason, they adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the Accounting Policies.

The Hope Centre - St Helens

Notes to the accounts

for the year ended 31 March 2023

1 Accounting Policies (continued)

1.3 Charitable funds

- (a) Unrestricted funds are those that can be expended at the discretion of the trustees in the furtherance of the objects of the charity.
- (b) Restricted funds are those that may only be used for specific purposes. Restrictions arise when specified by the donor, or when funds are raised for specific purposes.

1.4 Incoming resources

- (a) Income is recognised and included in the Statement of Financial Activities (SOFA) when the charity becomes entitled to the income; receipt is probable; and the monetary value can be measured with sufficient reliability.
- (b) Where income has related expenditure (e.g. Foodbank), the income and related expenditure are reported gross in the SOFA.
- (c) Bank interest is recognised when credited to the account.
- (d) Income, which is subject to conditions that the charity has yet to fulfil, or which is specifically for use in a future accounting period, is treated as deferred income.

1.5 Resources expended

- (a) Expenditure is recognised on the accruals basis.
- (b) The charity is not registered for VAT, thus all costs are shown inclusive of VAT charged.
- (c) Liabilities are recognised as soon as there is a legal or constructive obligation to pay out resources.

1.6 Tangible fixed assets

- (a) Tangible fixed assets are capitalised if they can be used for more than one year and cost at least £1,000. They are valued at cost or, if gifted, at their value on receipt.

Depreciation is provided at rates calculated to write off the costs less estimated residual value or its expected useful life, as follows:

Long Leased property	10 years straight line basis
Fixtures & fittings	10 years straight line basis
Office Equipment	3 years straight line basis

The Hope Centre - St Helens

Notes to the accounts

for the year ended 31 March 2023

1 Accounting Policies (continued)

1.7 Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Derecognition of financial assets

Financial assets are derecognised only when the contractual rights to the cash flows from the asset expire or are settled, or when the charity transfers the financial asset and substantially all the risks and rewards of ownership to another entity, or if some significant risks and rewards of ownership are retained but control of the asset has transferred to another party that is able to sell the asset in its entirety to an unrelated third party.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

The Hope Centre - St Helens
Notes to the accounts continued
for the year ended 31 March 2023

2 Donations and legacies

	2023	2023	2023	2022
	Unrestricted	Restricted	Total	Total
	funds	funds	funds	funds
	£	£	£	£
Donations	57,347	62,225	119,572	98,592
Donations from CLC	-	2,455	2,455	2,410
Donation from Local Authority	-	51,012	51,012	36,028
	<u>57,347</u>	<u>115,692</u>	<u>173,039</u>	<u>137,030</u>
For the year ended 31 March 2022	<u>69,251</u>	<u>67,779</u>	<u>137,030</u>	
Grants receivable for core activities				
St Helens Borough Council	24,186	-	24,186	-
	<u>24,186</u>	<u>-</u>	<u>24,186</u>	<u>-</u>

The Hope Centre - St Helens
Notes to the accounts continued
for the year ended 31 March 2023

3a Charitable activities	Centre Activities	Foodbank	Training & Outreach	Homeless Shelter	Food Pantry	Total 2023	Total 2022
	£	£	£	£	£	£	£
Performance related grants & Contracts							
The Steve Morgan Foundation	12,870	-	-	-	-	12,870	12,870
LCVS	2,000	-	-	-	-	2,000	1,250
Halton & St Helens VCA	1,000	-	-	-	-	1,000	18,275
Pilkington Charity	-	-	-	4,000	-	4,000	4,000
Torus Foundation	-	4,000	-	-	300	4,300	7,000
PH Holt Foundation	-	-	-	-	-	-	7,886
Albert Hunt	-	-	-	-	-	-	5,000
VOLA Consortium	-	-	-	-	-	-	10,729
Screwfix	-	-	-	-	-	-	5,000
B&Q Foundation	-	-	-	-	-	-	5,000
Brabners LLP	-	-	-	-	-	-	7,500
John Moores Foundation	-	-	-	5,000	-	5,000	5,000
The Trussell Trust	-	100,923	-	-	-	100,923	31,065
Awards for All	-	-	-	-	10,000	10,000	10,000
Albert Gubay	-	-	-	-	-	-	67,530
Liverpool City Region: LCR Cares	-	-	2,713	5,000	-	7,713	-
Julia & Hans Rausing Trust	9,342	-	-	-	-	9,342	-
WEA Breathe	-	-	2,896	-	-	2,896	-
Other small grants	-	-	-	-	-	-	-
Coalfields	-	-	-	-	2,000	2,000	-
Arnold Clarke	2,500	-	-	-	-	2,500	-
Hedley Foundation	-	-	-	2,255	-	2,255	-
M McCormack	-	500	-	-	-	500	-
Groundwork	1,000	-	-	-	-	1,000	500
CoOp Community Fund	-	-	-	-	-	-	1,327
Neighbourly Foundation	-	200	-	300	-	500	1,000
Jerusalem Trust	-	-	-	-	-	-	1,250
Buckingham's Newsquest	-	-	-	-	-	-	1,201
Help the Homeless	-	-	-	-	-	-	2,174
Other Income	-	1,526	-	-	-	1,526	21,330
HMRC Gift Aid	4,924	-	-	-	-	4,924	-
Services Provided	1,359	-	-	-	-	1,359	13,227
	-	-	-	-	-	-	-
	34,995	107,149	5,609	16,555	12,300	176,608	240,114
	-	-	-	-	-	-	-
	-	-	-	-	-	-	-
Other Income	31,365	-	-	-	-	31,365	-
	31,365	-	-	-	-	31,365	-

The Hope Centre - St Helens
Notes to the accounts continued
for the year ended 31 March 2023

5a Expenditure on Charitable activities	Centre Activities	Foodbank	Training & outreach	Homeless Shelter	Food Pantry	Total 2023	Total 2022
	£	£	£	£		£	£
Wages and salaries	-	23,058	1,929	53,569	8,634	150,607	158,475
Staff Travel	586	-	-	423	73	1,083	414
Rent	-	14,140	-	18,063	-	32,203	- 12,041
Light and heat	-	-	-	5,205	-	5,205	4,772
Repairs and maintenance	69	-	-	1,536	346	1,951	327
Insurance	1,418	878	-	820	65	3,181	2,008
Other establishment	-	-	-	-	-	-	300
Other motor/travel costs	-	3,215	-	30	20	3,265	3,025
Legal and professional fees	2,441	19,898	1,360	8,769	1,830	34,298	23,395
Telephone	1,950	1,580	-	2,833	178	6,541	4,422
Other office costs	4,490	3,815	947	4,464	1,513	15,229	8,372
Depreciation	12,970	-	-	-	-	12,970	10,414
Consumables	1,418	6,634	-	7,132	6,735	21,919	20,137
Materials, equipment and resources	223	825	-	325	236	1,609	15,220
Promotional activities	126	50	75	-	50	301	278
Volunteer expenses	923	737	63	510	625	2,858	1,150
Training & outreach - tutor costs	-	-	-	-	-	-	1,460
Sundry Expenses	-	7,448	-	699	864	9,011	7,168
6 Governance Costs	250	250	-	500	125	1,125	-
Total resources expended	26,865	82,529	4,374	104,878	21,293	303,357	249,296

The Hope Centre - St Helens
Notes to the accounts continued
for the year ended 31 March 2023

6 Governance costs	2023	2022
	£	£
Independent Examination	1,125	-
Administration	-	-
Trustee expenses	-	-
	<u>1,125</u>	<u>-</u>

7 Trustee remuneration and expenses	2023	2022
	£	£
Total amount paid	<u>-</u>	<u>-</u>

During the year no trustees received any remuneration or expenses (2022: 0)

8 Employees	2023	2022
	£	£
Wages and salaries	140,201	148,215
Employer's NI	7,442	6,943
Pension	2,964	3,317
	<u>150,607</u>	<u>158,475</u>

Number of employees	2023	2022
The average monthly number of employees during the year was:	Number	Number
	<u>6</u>	<u>10</u>

There were no employees whose annual remuneration was £60,000 or more.

	2023	2022
Key management of the charity received employee benefits (including pension contributions) totalling	<u>21,716</u>	<u>20,508</u>

The Hope Centre - St Helens
Notes to the accounts continued
for the year ended 31 March 2023

9 Tangible assets

	Land and buildings	Fixtures and fittings	Equipment	Total
<u>Cost</u>	£	£	£	£
At 1 April 2022	170,000	104,438	47,478	321,916
Additions	-	25,561	-	25,561
At 31 March 2023	<u>170,000</u>	<u>129,999</u>	<u>47,478</u>	<u>347,477</u>
 <u>Depreciation</u>				
At 1 April 2022	170,000	10,979	47,478	228,457
Charge for year	-	12,970	-	12,970
At 31 March 2023	<u>170,000</u>	<u>23,949</u>	<u>47,478</u>	<u>241,427</u>
 <u>Net book value</u>				
At 31 March 2023	<u>-</u>	<u>106,050</u>	<u>-</u>	<u>106,050</u>
At 31 March 2022	<u>-</u>	<u>93,459</u>	<u>-</u>	<u>93,459</u>

10 Financial Instruments

	2023	2022
	£	£
Carrying amount of financial assets		
Debt instruments measured at cost	<u>407,192</u>	<u>342,103</u>
Carrying amount of financial liabilities		
Measured at cost	<u>-</u>	<u>-</u>

11 Debtors and prepayments

	2023	2022
	£	£
Trade debtors	-	1,004
Prepayments and accrued income	-	-
Other debtors	<u>20,348</u>	<u>18,330</u>
	<u>20,348</u>	<u>19,335</u>

12 Creditors and accruals

	2023	2022
	£	£
Trade creditors	-	-
Accruals and deferred income	<u>-</u>	<u>-</u>
	<u>-</u>	<u>-</u>

The Hope Centre - St Helens

Notes to the accounts continued

for the year ended 31 March 2023

13 Retirement benefit schemes

The charity operates a defined contribution pension scheme. Contributions are charged in the accounts as they become payable in accordance with the rules of the scheme.

14 Restricted funds

The Income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes: The charity supports the shortfall of funding on these programmes from reserves to ensure continuity of service.

	Movement in funds				
	Balance at 1 April 2022	Incoming Resources	Resources Expended	Transfers	Balance at 31 March 2023
Food Bank	114,207	107,149	(82,529)	-	138,827
Baby Basics	11,591	5,160	(11,100)	-	5,651
Hope House Homeless Centre	84,847	67,567	(104,878)	-	47,536
Hope House 2	127,971	-	(12,910)	-	115,061
Training Fund	(4,248)	5,609	(4,374)	-	(3,013)
Food Pantry	-	12,300	(21,294)	-	(8,994)
	<u>334,368</u>	<u>197,785</u>	<u>(237,085)</u>	<u>-</u>	<u>295,068</u>

14a Comparative Movement in funds

	Balance at 1 April 2021	Incoming Resources	Resources Expended	Transfers	Balance at 31 March 2022
Food Bank	96,707	84,254	(66,754)	-	114,207
Baby Basics	3,522	19,645	(11,576)	-	11,591
Hope House Homeless Centre	63,757	62,834	(41,744)	-	84,847
Hope House 2	67,000	95,339	(34,368)	-	127,971
COVID 19	4,296	13,098	(17,394)	-	-
The Steve Morgan Fdtn	6,302	12,870	(19,172)	-	-
Training Fund	(679)	-	(3,569)	-	(4,248)
	<u>240,905</u>	<u>288,040</u>	<u>(194,577)</u>	<u>-</u>	<u>334,368</u>

15 Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total £
Fund balances at 31 March 2022 are represented by:			
Tangible assets	215	-	215
Current assets / (liabilities)	<u>217,959</u>	<u>295,068</u>	<u>513,027</u>
	<u>218,174</u>	<u>295,068</u>	<u>513,242</u>
Comparative at 31 March 2022			
Current assets / (liabilities)	<u>101,194</u>	<u>334,368</u>	<u>435,562</u>

16 Transactions with trustees and related parties

As two of the trustees of The Hope Centre are also elders of St Helens Christian Life Centre and the church, the Christian Life Centre is considered to be a related party of the charity. Related party transactions during the year ended 31 March 2023 were:

Expenditure from the Hope Centre to St Helens Christian Life Centre: £9,181, this is mainly for services provided including telephones. (2022 - £3,052)

Income from St Helens Christian Life Centre: £2,455, this is donations. (2022 - £2,410)

Changing Communities C.I.C is a company set up by the Hope Centre to deliver certain community projects. As the majority of its board are either trustees or employees of the Hope Centre, it is considered to be a related party. The Hope Centre also administered payroll processing and settled amounts due totalling £26,440 (2022 -£16,100) on behalf of Changing Communities C.I.C.

18 Company limited by guarantee

The Hope Centre - St Helens is incorporated as a company limited by guarantee under the Companies Act. The liability of the members is limited to £1.