

ACTIVITY FOR HEALTH

England & Wales · Charity number 1103887

Details

Other names FAVERSHAM ACTIVITY FOR HEALTH

Status Registered

Legal form Other

Registered 2004-05-21

Register [View on the Charity Commission register](#)

Contact

Address Bridge Cottage
Water Lane
Ospringe
Faversham
ME13 8TX

Phone 01795532135

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Activities

Objects: TO PROVIDE STRUCTURED PHYSICAL ACTIVITY INTERVENTIONS, TO PRESERVE AND PROTECT THE GOOD HEALTH OF ADULTS RESIDING IN AND AROUND FAVERSHAM, KENT PARTICULARLY THOSE WHO REQUIRE SPECIAL ATTENTION AS A RESULT OF A MEDICAL CONDITION, SOME OF WHOM, WOULD, WITHOUT OUR SERVICE, NOT HAVE THE OPPORTUNITY TO UNDERTAKE REGULAR PHYSICAL ACTIVITY/EXERCISE.

Activities: Provide twice weekly exercise to those people in the Faversham area of Kent, who with medical physical or mental problems who would benefit.

Classification

- **How:** Provides Human Resources, Provides Buildings/facilities/open Space, Provides Services
- **What:** The Advancement Of Health Or Saving Of Lives, Disability, Amateur Sport
- **Who:** Elderly/old People, People With Disabilities, The General Public/mankind

Geography

- **Area of benefit:** FAVERSHAM, KENT
- Kent

Finances

Period end	Income	Expenditure	Assets	Employees
2025-05-31	£3,352	£3,505	-	-
2024-05-31	£3,639	£2,714	-	-
2023-05-31	£1,185	£1,449	-	-
2022-05-31	£3,250	£3,265	-	-
2021-05-31	£1	£50	-	-

Trustees

Name	Role	Appointed
DOUGLAS ELSLEY	Chair	2017-04-19
CHRISTINE BEGG		
FRANCES BEAUMONT		2019-09-01
NOBBY GRAY		