

Registered number: 05093370
Charity number: 1103790

NORTH KENT MIND
(A company limited by guarantee)

TRUSTEES REPORT AND FINANCIAL
STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

Lindeyer Francis Ferguson Limited
Chartered Accountants & Statutory Auditors
198 High Street
Tonbridge
Kent
TN9 1BE

CONTENTS

	Page
Reference and administrative details of the charity, its Trustees, and advisors	1
Trustees' report and Statement of Trustees' responsibilities	2
Independent Auditors report	9
Statement of Financial Activities	13
Balance Sheet	14
Statement of Cash Flows	15
Notes to the Financial Statements	16

NORTH KENT MIND

REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITY, ITS TRUSTEES AND ADVISORS FOR THE YEAR ENDED 31 MARCH 2023

Trustees

Lyndsey Stukalov-Stone (Chair)
Donald MacLeod (Treasurer)
Alex Stukalov-Stone
Andrew Upstill
Sarah Gow
Eleanor Collins
Phil Vickery
Maria Burke (appointed 1 April 2022)

Company registered number
05093370

Charity registered number
1103790

Registered office
The Almshouses
6-22 West Hill
Dartford
Kent
DA1 2EP

Chief Executive Officer
Justin Bateman

Business Manager and Company secretary
Angela Lawrence

Auditors
Lindeyer Francis Ferguson Limited
Chartered Accountants
North House
198 High Street
Tonbridge
Kent TN9 1BE

Bankers
CAF Bank
25 Kings Hill Avenue
West Malling, Kent
ME19 4JQ

HSBC Bank PLC
Kings Hill 38 High Street
Dartford, Kent
DA1 1DG

NORTH KENT MIND

TRUSTEES' REPORT FOR THE YEAR ENDED 31 MARCH 2023

The Trustees (who are also directors of the charity for the purposes of the Companies Act) present their annual report together with the audited financial statements of North Kent Mind (the company) for the year ended 31 March 2023. The Trustees confirm that the annual report and financial statements of the charitable company comply with the current statutory requirements, the requirements of the company's governing document and the provisions of "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), (effective 1 January 2019) (Charities SORP (FRS 102)).

STRUCTURE, GOVERNANCE AND MANAGEMENT

North Kent Mind's governing documents are its Memorandum and Articles of Association, and its constitution.

• Method of appointment or election of Trustees

The management of the company is the responsibility of the Trustees who are elected at the Annual General Meeting or co-opted under the terms of the Articles of Association. The Board reviews its strengths and weaknesses in relation to the task it needs to accomplish, and this helps identify when new Trustees should be recruited.

The Charity Commission stress that if a trustee has served for more than nine years, their reappointment is:

1. subject to a particularly rigorous review and considers the need for progressive refreshing of the board; and,
2. explained in the trustees' annual report.

Two of our current trustees, Andrew Upstill and Lyndsey Stukalov-Stone, (our current chair) have served more than 9 years. The Board has considered their position, and noting that they comprise only 2 out of 8 Trustees, that there is a rolling programme of trustees having to stand for re-election, that new members have continued to join the Board throughout their tenure, and that they provide a unique and stable contribution to the work of an organisation that has experienced rapid change, considers their continued involvement to be clearly beneficial.

• Policies adopted for the induction and training of Trustees

Processes and policies for inducting and training Trustees were reviewed and renewed in October 2023 in response to the Mind Quality Mark process and following discussion at the Board Awayday in August that year. The organisation retained its stance that the 3-day North Kent Mind Training remains mandatory for all staff and volunteers, including Trustees.

• Organisational structure and decision making

The overall management of the charity is in the hands of the Trustees who meet every other month and there are currently three sub-committees: Finance & Personnel, Quality, Investment. The latter was created in 2023 to work productively with the substantial number of reserves that have been acquired. The Board delegates the day-to-day running of the organisation to the Chief Executive Officer. Other senior members of staff comprise the Deputy CEO who is responsible for spearheading new developments, the Central Services Manager who is responsible for the administrative staff, the Finance Manager, and the managers of the key service elements: during the year in question these elements comprised Supported Housing, Fee Paying Services, Talking Therapies on the NHS, Wellbeing Services, Employment Services and the Children and Young Persons Service. The Senior Management Team serves as a decision-making body on operational issues.

NORTH KENT MIND

TRUSTEES' REPORT FOR THE YEAR ENDED 31 MARCH 2023 (continued)

• Risk management

The Trustees have assessed the major risks to which the company is exposed, in particular those related to the operations and finances of the charity and are satisfied that systems and procedures are in place to mitigate exposure to the major risks. This exercise was last completed at a Meeting of the Board on 19 December 2022. They have reviewed the need for an internal audit, and judged this is not necessary in the year to which these accounts relate.

The format for assessing organisational risk was reviewed and updated in October 2023 as part of the Mind Quality Mark process.

• Networks and Partnerships

The organisation is affiliated to National Mind, and this has been codified in a Mind Federation Agreement dated March 2021 and will last until 2027 at the minimum. This defines the relationship between National Mind and local Minds, as well as the relationship the over 100 Local Mind Associations have with each other. This affiliation brings with it the advantages of a known and valued brand name, cooperative mutual help across the network, access to financially advantageous Insurance and Human Resources expertise, and regular quality audits.

The 5 Local Mind Associations who have an interest in Kent and Medway: North Kent Mind, West Kent Mind, Mid Kent Mind, South Kent Mind, East Kent Mind (managed by Mind in Bexley) now meet regularly and as "Mind in Kent and Medway", cover the whole of this area, and with an agreed Memorandum of Understanding now stand ready to jointly run projects that straddle several areas. There are currently several costed proposals which, if successful, envisage these 5 organisations working in tandem on specific new projects.

North Kent Mind remains one of the partners within the Kent Refernet system, which includes KCC and a range of other local organisations, promoting prompt cross-referral.

North Kent Mind functions as a delivery partner for the charity Porchlight on several fronts. During the year in question this involved delivering:

- Wellbeing services in Dartford, Gravesham and Swanley (KCC Funding)
- Employment Services in Dartford, Gravesham and Swanley (KCC Funding)
- Supported Housing in Dartford, Gravesham and Swanley (KCC Funding)
- The Aspirations Employment Services in North Kent (EU/Big Lottery Funding)
- The Crisis Peer Alternative Service (CPAS: NHS Funding)

North Kent Mind continued to run IAPT services (now renamed as NHS talking Therapy Services) in Medway, in partnership with Insight Healthcare (now renamed as Everyturn) Lead) and to work collaboratively with all the other Providers of IAPT Services in Kent and Medway, these being: Everyturn, We Are With You, University Medical Centre Canterbury, Faversham Counselling Service, Dover Counselling Centre, IESO and Vita Healthcare.

We also work in partnership with Gravesham Council to deliver Mental Health Services to rough sleepers and hostel residents in the Borough.

Funding from National Mind has allowed us to form a partnership in Medway with Citizen's Advice and the Trussel Trust

In late 2022, our Deputy CEO became the Chair of the Voluntary Sector Alliance for the Dartford, Gravesham and Swanley area. Within this role, North Kent Mind has therefore been at the forefront of an extensive voluntary network in that area, coordinating joint meetings and events.

NORTH KENT MIND

TRUSTEES' REPORT FOR THE YEAR ENDED 31 MARCH 2023 (continued)

• Constitution

The organisation operates on a constitution approved by National Mind.

OBJECTIVES AND ACTIVITIES

• Policies and objectives

The objects for which the charity is established are, within the communities of Dartford, Gravesham, Swanley and Medway, and across Kent in collaboration with other Mind organisations:

- a) to promote the preservation of mental health and to assist in relieving and rehabilitating persons suffering from mental disorder or conditions of emotional or mental stress requiring advice or treatment; and
- b) to promote the study of and research into mental health disorder and emotional or mental distress and to obtain and make records of and disseminate to the public the useful results of such research and to educate the public in matters relating to mental health.

The organisation espouses the values of individualism, empowerment, and recovery in mental health work.

• Public benefit statement

In setting North Kent Mind's objectives and planning its activities the Trustees have carefully considered the Charity Commission's general guidance on public benefit as required in section 17 of the Charities Act 2011 and, in particular, its supplementary public benefit guidance on fee charging.

ACHIEVEMENTS AND PERFORMANCE

• Review of activities

Throughout the year 2022–2023, North Kent Mind continued to run its range of services. Following the experiences of the previous couple of years, the organisation approved hybrid (in person and remote) delivery of some of its services where appropriate. The SCESS project of the Children and Young Person's Service which reaches out to young people beyond our geographical boundaries was for instance delivered entirely remotely, and our IAPT and fee-paying services were partially delivered remotely.

• Wellbeing Services:

These are delivered under the auspices of Porchlight and the Shaw Trust, the Strategic Partners chosen by Kent County Council and Medway Council as part of the "Live Well Kent and Medway" service. The agreed portfolio in Dartford, Gravesham and Swanley and Medway consisted of:

- Social Skills Sessions
- Recovery and Activity Sessions
- Coping with Life Courses
- Mindfulness Courses

We achieved all the targets of our contract and note that Porchlight remain highly confident in our ability to deliver these at a high level of quality and volume. The service was recommissioned, with some changes in delivery, for 5 years from April 2023.

NORTH KENT MIND

TRUSTEES' REPORT FOR THE YEAR ENDED 31 MARCH 2023 (continued)

• Employment Services:

These comprised:

- Springboard Services: funded through the Live Well Kent and Medway initiative, in Dartford, Gravesham and Swanley and in Medway.
- Computer Group in Dartford.

These were recommissioned, with substantial changes in delivery, for 5 years from April 2023.

Employment Services also comprised:

- Aspirations: this service, engaging with hard-to-reach unemployed people with mental health issues, finally closed when funding expired in March 2023.
- Employment Advisor in the Medway Talking Therapies Service. This service continued into 2023-2024, with some expansion.

• Fee Paying Services:

These provided:

- Individual Counselling
- Group Therapy
- Anger Management Courses.

• Supported Housing:

We continued our policy of ensuring any new tenancies arising are let only on a short term 2-year basis, to enable our service to work with more people in need. Short-term tenancies now outnumber long-term tenancies, and this ratio will continue to move in favour of short-term tenancies.

This department continued to provide Support Workers to the hostel run by Gravesham Borough Council, but our involvement with the Rough Sleepers' Initiative, with the same borough council came to an end during the year.

• IAPT Services (Improving Access to Psychological Therapies)

In 2022-2023 we continued to deliver these services in Dartford, Gravesham and Swanley and in Medway, our service being available in-person as well as via telephone or on-line platform, for individuals or groups. We maintained good recovery rates (49.4% compared to the national average of 50%) and again showed good engagement rates in that 87.7% of our clients who have a first session return for further sessions, compared to the national target of 70%.

In early 2023, the popularity of our service meant that demand was outstripping capacity, and we needed to put measures in place to bring down the numbers of people on the waiting list, mainly by referring on to other providers. By April 2023 we had completely eradicated the waiting list.

Following national decisions, these services are now called NHS Talking Therapies.

• Children and Young Persons

This department continued to experience expansion, indicating that it is clearly responding to a need. In comparison to other departments within North Kent Mind, this service in particular is open to several funding streams, including the education departments of KCC, and Medway Council, the individual schools themselves, national Mind (Schools and Colleges Extra Support Service) and potentially a number of other regional or national funders. Within the year we were working within 34 local schools, compared to the 20 noted the previous year.

NORTH KENT MIND

TRUSTEES' REPORT FOR THE YEAR ENDED 31 MARCH 2023 (continued)

• Smaller Projects

North Kent Mind also ran several other initiatives within the financial year, financed either through its own resources, or by various funding streams. Among these were:

- Time for Change Group. This successful and long-running psychotherapeutic group came to an end in December 2022 with the retirement of the facilitator.
- Friendship Group. Funded by Dartford Council, this is an online Saturday peer support/social group.
- Ecology Island. An award-winning ecological activity group based in Darenth Country Park and the Promenade in Gravesend.

Trainee Placements

Within this year we continued to provide placements to Student Social Workers and Trainee Counsellors. In addition, we took on 5 full-time trainee Psychological Wellbeing Practitioners and 2 full time trainee High Intensity CBT therapists, as part of our IAPT work.

FINANCIAL REVIEW

The charitable company's incoming resources for the year ended 31 March 2023 totalled £3,275,672 (2022: £2,745,543). Resources expended totalled £3,214,859 (2022: £2,520,061), resulting in total net income of £60,813 (2022: £225,482).

At the year end, a pension liability arising from obligations to a multi-employer defined benefit pension scheme has been recognised at a figure of £5,023 (2022: £7,879).

• Reserves policy

The Trustees are very conscious of the need to act prudently with the administration of the funds of the charity and assess the levels of free reserves they consider the charity should hold for all existing and planned activities to be financed. With significant amounts of money now being invoiced to the NHS monthly, there is also a need to hold reserves sufficient to cover any cash-flow issues when payments from this source, or elsewhere, are delayed.

The Trustees are also aware of the need to meet all contractual obligations if, for any reason, the charity had to cease activity, and hold that the complex responsibilities the organisation undertakes must be supported by an adequate level of reserves.

The trustees have a policy of reviewing the levels of reserves each year. Since the previous year's review, the Charity has expanded in both workload and personnel. The trustees are of the opinion that the Charity should retain free unrestricted reserves to cover 3 months of ongoing expenses and have sufficient funds to cover any closure costs should they arise. Following decisions at the Board Meeting December 2022 and the Finance and Personnel Meeting January 2023, the Trustees considered that a desired level of unrestricted reserves currently should be £1,040,000.

As at the year ended 31 March 2023, the figure in free unrestricted reserves (that is unrestricted reserves, excluding designated reserves, represented by net current assets) was £1,226,662 (2022: £1,134,844). A figure of £53,616 (2022: £89,173) is in restricted reserves and therefore is not available for general purposes of the charity at the year end.

• Principal Funding

The charity generally remains dependent on funding from statutory sources, but these show a diversity of funding streams. However, forecasts for the year 2024-2025 show a radically different weighting to previous years, due to the news that the procurement exercise for the NHS Talking Therapies resulted in all lots in Kent and Medway being given to the private company of Vita Health Care Limited, to the detriment of the previous charities, including North Kent Mind.

NORTH KENT MIND

TRUSTEES' REPORT FOR THE YEAR ENDED 31 MARCH 2023 (continued)

Our organisation therefore must readjust to a loss of approximately 50% of its income. Because of this, forecasts for 2024-2025 show income from rents and Enhanced Housing Management as bringing in 30.4% of income, Live Well Kent and Medway 19.5% various CYP income 15.32%, Client Contributions to the fee-paying Service 13.8%, Medway Council 11.9%, Gravesham Borough Council 6.4%.

PLANS FOR THE FUTURE

• Future developments

Given the loss of funding from the NHS, North Kent Mind's Senior Leadership Team and Trustees are working to implement several changes to ensure the regrowth of the organisation. These include:

- A restructuring of the organisation which will see some redundancies and some retirements.
- An expansion of fee-paying services to include a higher level of client contributions.
- Continued expansion of the CYP service to capitalise on funding available.
- Managed expansion of the Supported Housing Service to take on 8 new units made available by other providers closing down.
- Further Investigation and appropriate application to any appropriate new funding opportunities.

At the same time, the organisation is looking at the possibility of purchasing the Almshouses in Dartford, which it has rented for the last 30+ years.

AUDITORS

The auditors, Lindeyer Francis Ferguson Limited, are deemed to be reappointed under section 487(2) of the Companies Act 2006.

TRUSTEES' RESPONSIBILITIES STATEMENT

The Trustees (who are the directors of North Kent Mind for the purpose of company law) are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year. Under that law the Trustees have elected to prepare the financial statements in accordance with the United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the surplus or deficit of the charitable company for that period.

In preparing those financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

NORTH KENT MIND

**TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2023 (continued)**

PROVISION OF INFORMATION TO AUDITORS

Each of the persons who are Trustees at the time when this Trustees' report is approved has confirmed that:

- so far as each Trustee is aware, there is no relevant audit information of which the charitable company's auditors are unaware, and
- that each Trustee has taken all the steps that ought to have been taken as a Trustee in order to be aware of any information needed by the charitable company's auditors in connection with preparing their report and to establish that the charitable company's auditors are aware of that information.

This report has been prepared in accordance with the provisions applicable to small companies subject to the small companies' regime in Part 15 of the Companies Act 2006.

This report was approved by the Trustees on 23/02/2024 and signed on their behalf, by:



L Stukalov-Stone – Chair

NORTH KENT MIND

INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF NORTH KENT MIND FOR THE YEAR ENDED 31 MARCH 2023

Opinion

We have audited the financial statements of North Kent Mind (the 'charitable company') for the year ended 31 March 2023 which comprise the Statement of financial activities, the Balance sheet, the Statement of cash flows and the related notes. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2023 and of its incoming resources and application of resources for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least 12 months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the annual report, other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

NORTH KENT MIND

INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF NORTH KENT MIND FOR THE YEAR ENDED 31 MARCH 2023

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the trustees' report, which includes the directors' report prepared for the purposes of company law, for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the directors' report included within the trustees' report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the directors' report included within the trustees' report

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the directors' report and from the requirement to prepare a strategic report.

Responsibilities of trustees

As explained more fully in the trustees' responsibilities statement, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

NORTH KENT MIND

INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF NORTH KENT MIND FOR THE YEAR ENDED 31 MARCH 2023

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud, is detailed below.

We obtained an understanding of the legal and regulatory framework applying to the charitable company, and the procedures that management adopt to ensure compliance, and have considered the extent to which non-compliance might have a material effect on the financial statements, and in particular we identified: the Companies Act 2006, the Charities Act 2011 and Charities SORP (FRS102).

We have also identified other laws and regulations that do not have a direct effect on the amounts or disclosures within the financial statements, but for which compliance is fundamental to the company's operations and to avoid material penalties, including General Data Protection Regulation.

Having reviewed the laws and regulations applicable to the company, we designed and performed audit procedures to obtain sufficient appropriate audit evidence. Specifically, we:

- Selected a team with sector experience was selected for completing the audit;
- Obtained an understanding of the entity's laws and regulations;
- Obtained and reviewed meeting minutes;
- Made enquiries of management, and reviewed any reported incidents during the year;
- Reviewed the register held by the Information Commissioner's Office to ensure that the company was appropriately registered and no regulatory breaches were found;
- Obtained and reviewed internal policies and procedures and external guidance; and
- Reviewed the completeness and accuracy of associated disclosures made in the financial statements.

We assessed the susceptibility of the company's financial statements to material misstatement due to fraud, and in doing so:

- We considered how fraud might occur and evaluated management's assessment of the risk of fraud and whether they are aware of any actual or suspected incidences of fraud;
- We considered whether management have incentives and opportunities to manipulate financial results (including overriding controls) and determined that the key risks related to completeness of income and costs in relation to the extension work;
- We obtained the Board of Trustees' assessment of fraud risk and enquired as to any known or suspected instances of fraud in the year; and
- We designed and performed audit procedures to respond to the risks identified, including review of relevant correspondence and minutes; discussions with management and corroboration of their statements; a review of systems and controls; a review of accounting estimates and journal entries; performing substantive testing in respect of completeness of income; and reviewing the multi-employer defined benefit pension scheme calculations and disclosure.

The audit has been planned and performed in accordance with the auditing standards, however, because of the inherent limitations of audit procedures there remains a risk that we will not detect all irregularities, including those that may lead to material misstatements in the financial statements. There are inherent difficulties in detecting irregularities, and irregularities that result from fraud may be more difficult to detect than irregularities that result from error, for example due to concealment, override of controls, collusion or misrepresentations. In addition, the further removed non-compliance with laws and regulations is from the events and transactions reflected in the financial statements, the less audit procedures are able to identify.

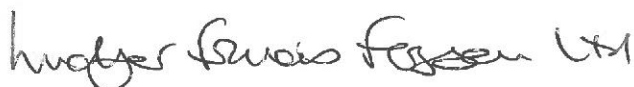
A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: <http://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

NORTH KENT MIND

INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF NORTH KENT MIND FOR THE YEAR ENDED 31 MARCH 2023

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and, the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.



Jonathan Healey FCA
Senior Statutory Auditor

For and on behalf of:
Lindeyer Francis Ferguson Limited
Statutory Auditors
Chartered Accountants

Date: 29 February 2024.

North House
198 High Street
Tonbridge
Kent TN9 1BE

NORTH KENT MIND

**STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2023**

		2023	2023	2023	As restated
		Unrestricted	Restricted	Total funds	2022
	Notes	funds	funds		
		£	£	£	£
INCOME FROM:					
Donations	3	82,081	-	82,081	138,235
Investments	4	4,424	-	4,424	100
Charitable activities	5	2,911,518	277,649	3,189,167	2,607,208
TOTAL		2,998,023	277,649	3,275,672	2,745,543
EXPENDITURE ON:					
Fundraising		4,934	-	4,934	-
Charitable activities	6	2,899,690	310,086	3,209,776	2,519,868
Interest payable	8	149	-	149	193
TOTAL		2,904,773	310,086	3,214,859	2,520,061
NET INCOME	9	93,250	(32,437)	60,813	225,482
Transfer between funds	14	3,120	(3,120)	-	-
Net movement in funds		96,370	(35,557)	60,813	225,482
Total funds brought forward		1,150,064	89,173	1,239,237	1,013,755
Total funds carried forward	14	1,246,434	53,616	1,300,050	1,239,237

The statement of financial activities includes all gains and losses recognised in the period.

All income and expenditure derives from continuing activities.

NORTH KENT MIND

**BALANCE SHEET
FOR THE YEAR ENDED 31 MARCH 2023**

		2023		As restated 2022	
	Notes	£	£	£	£
Fixed assets					
Tangible fixed assets	10		6,151		-
Current assets					
Debtors	11	772,231		656,701	
Cash at bank and in hand		768,804		832,730	
		<u>1,541,035</u>		<u>1,489,431</u>	
Liabilities					
Creditors: amounts falling due within one year	12	(244,984)		(245,110)	
Net current assets			1,296,051		1,244,321
Total assets less current liabilities			<u>1,302,202</u>		<u>1,244,321</u>
Creditors: amounts falling due after more than one year	13		(2,152)		(5,084)
Total net assets			<u>1,300,050</u>		<u>1,239,237</u>
The funds of the charity					
Unrestricted funds			1,246,434		1,150,064
Restricted funds			53,616		89,173
Total charity funds	14		<u>1,300,050</u>		<u>1,239,237</u>

The financial statements were approved by the Board of Trustees on 23/02/2024 and were signed on its behalf by:



L. Stukalov-Stone - Chair

Company Number: 05093370

NORTH KENT MIND

**STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2023**

	Notes	2023 £	2022 <i>As restated</i> £
Cash flows from operating activities:			
Net cash generated by operating activities	A	(60,316)	137,384
Cash flows from investing activities:			
Interest received		4,424	100
Purchase of assets		(8,034)	
Change in cash and cash equivalents in the year		(63,926)	137,484
Cash and cash equivalents at the beginning of the year		832,730	695,246
Cash and cash equivalents at the end of the year		768,804	832,730
Represented by:			
Cash at bank and in hand		768,804	832,730
A. Reconciliation of net income to net cash flow from operating activities			
Net income for the year		60,813	225,482
<i>As per the Statement of Financial Activities</i>			
Adjustments for:			
(Increase) / decrease in debtors		(115,530)	(187,469)
(Decrease)/Increase in creditors		(3,058)	99,470
Interest receivable		(4,424)	(100)
Disposal of subsidiary		-	1
Depreciation		1,883	-
		(121,129)	(88,098)
Net cash provided by operating activities		(60,316)	137,384

NORTH KENT MIND

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

1.1 General information

North Kent Mind is a charitable company limited by guarantee and incorporated in England and Wales (charity number 1103790, registered company number 05093370). In the event of the company being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The address of the registered office is The Almshouses, 6-22 West Hill, Dartford, Kent, DA1 2EP.

North Kent Mind meets the definition of a public benefit entity under FRS 102 and its principal activity is to promote the preservation of mental health and to assist in the recovery of persons suffering from a mental disorder or conditions of emotional or mental distress.

1.2 Basis of preparation

The financial statements have been prepared in accordance with "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

As covered in note 20 of the accounts, after the balance sheet date a major contract has been lost and reductions in staff numbers will be made from 1 April 2024 to reduce expenditure accordingly. As such, the trustees are confident the entity remains a going concern, and so the going concern basis of accounting has been adopted.

The financial statements are prepared in pounds sterling, which is the functional currency of the Charity, and rounded to the nearest £1.

1.3 Income

Income from donations and grants is recognised when the charity is entitled to the funds, the receipt is probable and the amount can be measured reliably. For donations, this is usually on receipt. For grants, this is usually when a formal offer is made in writing, unless the grant contains terms and conditions outside of the charity's control which must be met before the charity is entitled to the funds.

Income from charitable activities is recognised to the extent that the charity has provided contracted services.

Investment income is recognised when receivable.

No amounts are included in the financial statements for services donated by volunteers.

NORTH KENT MIND

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies (continued)

1.4 Expenditure

Liabilities, and related expenditure, are recognised when a present legal or constructive obligation exists at the balance sheet date as a result of a past event, it is probable that a transfer of economic benefits will be required to settle the obligation, and the amount can be measured or estimated reliably.

All expenditure is accounted for on an accruals basis and has been classified under expense categories that aggregate costs for allocation to an activity. Where costs cannot be directly attributed to particular activities they have been allocated on a basis consistent with the use of the resources.

Support costs are those incurred directly in support of expenditure on the objects of the company and include project management carried out at Headquarters.

Support costs have been allocated to each fund type based on the proportion of direct costs incurred in the year of review.

1.5 Investment in subsidiary

Investments in subsidiaries are initially measured at cost, and subsequently measured at cost less any impairment losses. A subsidiary is an entity controlled by the company. Control is the power to govern the financial and operational policies of the entity so as to obtain benefits from its activities.

1.6 Financial Instruments

The charity only has financial instruments which are classified as basic financial instruments. The charity's basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

1.7 Pension contributions

The charity is part of a multi-employer defined benefit pension scheme, which is operated by The Pension Trust. It is not possible in the normal course of events to identify separately the assets and liabilities of participating employers on a consistent and reasonable basis. Consequently the plan is accounted for as a defined contribution plan. Where the plan is in deficit and where the charity has agreed, with the plan, to participate in a deficit funding arrangement the charity recognises a liability for this obligation. The amount recognised is the net present value of the contributions payable under the agreement that relates to the deficit. This amount is expensed in surplus or deficit. The unwinding of the discount is recognised as a finance cost.

1.8 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the charitable company and which have not been designated for other purposes.

Designated funds are unrestricted funds designated by the trustees for particular purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by the donors which have been raised by the company for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

NORTH KENT MIND

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies (continued)

1.9 Operating leases

Rentals payable under operating leases are charged against income on a straight line basis over the lease term.

1.11 Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost less estimated realisable value of each asset over its expected useful life, as follows:

Motor vehicles	4 years straight line
Equipment	4 years straight line

Fixed assets with an individual cost of less than £1,000 are written off in the year of purchase.

2 Judgements and key sources of estimation uncertainty

North Kent Mind has a multi-employer defined benefit pension scheme which is accounted for as a defined contribution scheme. Details of the scheme and the reasons for the accounting treatment are given in note 16. The charitable company recognises a liability for pension deficit funding at its net present value. The discount rate used is a key source of estimation uncertainty and the charitable company has adopted the rate advised by the scheme provider as set out in note 16.

3 Donations and legacies	2023 £	2022 £
Grants and Donations	82,081	103,235
Legacies	-	35,000
	<u>82,081</u>	<u>138,235</u>

The comparative figure includes £80,000 of restricted income.

4 Investment income	2023 £	2022 £
Bank interest receivable	<u>4,424</u>	<u>100</u>

The comparative figure includes £Nil of restricted income.

NORTH KENT MIND

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

5 Incoming resources from charitable activities

	2023	2022
	£	£
Housing Services	464,000	317,216
Well-being Service	391,576	225,532
Fee Paying Services	57,344	45,580
Employment Services	414,553	374,798
NHS Psychological Therapies	1,270,599	1,076,095
Trainees	314,394	324,853
Children and Young Persons	276,701	243,134
	3,189,167	2,607,208

The total comparative figure includes £260,197 of restricted income.

6 Expenditure on charitable activities

Summary by fund type	2023	2023	2023	2022
	Direct	Support	Total	Total
	£	£	£	£
Housing Services	294,443	81,455	375,898	267,074
Well-being Service	350,136	96,862	446,998	231,983
Fee Paying Services	38,001	10,513	48,514	45,518
Employment Services	353,662	97,837	451,499	401,039
NHS Psychological Therapies	1,013,598	280,401	1,293,999	1,045,553
Trainees	177,041	48,977	226,018	342,953
Children and Young Persons	280,704	77,654	358,358	185,748
Small Projects	6,652	1,840	8,492	-
	2,514,237	695,539	3,209,776	2,519,868

The total comparative figure includes £230,546 of expenditure from restricted funds.

Direct costs	2023	2022
	£	£
Project costs	61,683	-
Computer costs	38,554	45,810
Volunteers	1,300	279
Rent	18,011	19,442
Repairs and maintenance	6,243	16,889
Telephone	1,810	1,297
Other office costs	56,837	22,072
Travel costs	6,236	9,524
Therapist costs	123,119	115,864
Management fees	31,293	-
Wages and Salaries	2,169,151	1,642,219
Bad debt expense	-	3,238
	2,514,237	1,876,634

NORTH KENT MIND

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

6 Expenditure on charitable activities - continued

Support costs	2023	2022
	£	£
Rent	56,114	63,220
Light and heat	30,354	16,997
Repairs and maintenance	15,030	5,196
Depreciation	1,883	-
Small items of office equipment	17,920	25,638
Insurance	10,114	14,145
Legal and professional	18,447	13,561
Telephone	35,962	39,242
Printing, postage and stationery	12,152	19,697
Computer costs	14,251	18,885
Other office costs	38,965	41,697
Training	16,269	11,213
Travel costs	257	42
Recruitment	7,867	9,983
Wages and salaries	403,529	353,659
Trustee expenses	1,895	-
Auditor's remuneration	3,550	3,550
Auditor's remuneration for accountancy services	4,550	6,509
Auditor's remuneration for accountancy services - relating to the prior year	6,430	-
	695,539	643,234

7 Staff costs

	2023	2022
	£	£
Wages and salaries	2,318,198	1,831,702
Social security costs	195,230	144,853
Pension costs	59,252	19,323
	2,572,680	1,995,878

The average number of employees during the year is as follows:

Housing Services	17	12
Wellbeing	21	8
Fee Paying Services	1	1
Employment Services	9	12
IAPT	26	36
Central Management	25	18
Children and Young Persons	14	8
	113	95

No member of staff earned over £60,000 in the year or the previous year. None of the Trustees received any remuneration or benefits in kind in the year (2022: £Nil). No Trustees were reimbursed for personal expenses during the year (2022: £Nil).

NORTH KENT MIND

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023**

8 Interest and finance costs payable	2023	2022
	£	£
Pension scheme interest expense	149	193
9 Net income	2023	2022
	£	£
This is stated after charging:		
Auditor's remuneration for audit services	3,550	3,550
Auditor's remuneration for accountancy services	4,550	6,509
Auditor's remuneration for accountancy services - relating to the prior year	6,430	-
Pension costs	59,252	19,323
Operating lease rentals	44,886	40,108
10 Tangible fixed assets		
	Motor vehicles	Fixtures, fittings & equipment
	£	£
Cost or valuation		Total
At 1 April 2022	-	-
Additions	6,000	8,034
At 31 March 2023	6,000	8,034
Depreciation		
At 1 April 2022	-	-
Charge for the year	1,375	1,883
At 31 March 2023	1,375	1,883
Net book value		
At 31 March 2022	-	-
At 31 March 2023	4,625	6,151
11 Debtors	2023	As restated 2022
	£	£
Fees for services	323,371	224,745
Prepayments and accrued income	448,860	431,956
	772,231	656,701
12 Creditors: amounts falling due within one year	2023	As restated 2022
	£	£
Amounts due to suppliers	66,228	65,495
Other creditors	53,707	40,814
Deferred income	122,178	136,006
Multi-employer pension scheme deficit contributions (Note 16)	2,871	2,795
	244,984	245,110

NORTH KENT MIND

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023**

13 Creditors: amounts falling due within one year (continued)

	2023	As restated
	£	2022
		£
Deferred income included above:		
Incoming resources deferred in the previous period	136,006	33,723
Released to the Statement of Financial Activities	(136,006)	(33,723)
Incoming resources deferred in the current period	122,178	136,006
	<u>122,178</u>	<u>136,006</u>
Carried forward	122,178	136,006

All deferred income relates to contract income received in advance.

14 Creditors: amounts falling due after more than one year

	2023	2022
	£	£
Multi-employer pension scheme deficit contributions (Note 16)	2,152	5,084
	<u>2,152</u>	<u>5,084</u>

NORTH KENT MIND

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023**

15 Movement in funds

Current year	1 April 2022	Incoming resources	Resources expended	Transfers	31 March 2023
	£	£	£	£	£
Unrestricted funds					
General fund	1,134,844	2,996,490	(2,901,641)	3,120	1,232,813
Designated funds					
WB Service Activity Fund	1,533	6	(1,205)	-	334
Coping with Life (West Kent Mind)	-	285	(285)	-	-
Supportline	-	1,242	(1,242)	-	-
Housing Sink Fund	12,000	-	-	-	12,000
Fee Paying Hardship Fund	1,687	-	(400)	-	1,287
	1,150,064	2,998,023	(2,904,773)	3,120	1,246,434
Restricted funds:					
Ecology Island Project	6,527	-	(3,298)	-	3,229
NW Kent Carers	1,344	-	-	-	1,344
Aspirations	34,220	189,324	(200,768)	-	22,776
Friendship Group Grant	6,489	-	(564)	-	5,925
Donations for Housing	468	-	(99)	-	369
LWK Young People Fund	3,120	-	-	(3,120)	-
Men's Suicide Prevention Group	7,425	-	(474)	-	6,951
Let's Stay in Touch Project	2,817	-	(1,780)	-	1,037
MIND Resilience Programme	8,788	-	-	-	8,788
Covid Control Infections Funds Housing	1,622	-	-	-	1,622
Digital transformation	1,350	-	(1,350)	-	-
Kent Minds Connector Fund	1,379	-	-	-	1,379
SCESS - Schools Project	13,624	54,492	(68,116)	-	-
Help Through Hardship Fund	-	33,333	(33,333)	-	-
Swanley Lane Garden and Wellbeing Services	-	500	(304)	-	196
	89,173	277,649	(310,086)	(3,120)	53,616
Total funds	1,239,237	3,275,672	(3,214,859)	-	1,300,050

NORTH KENT MIND

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

15 Movement in funds (continued)

					As restated
Prior year (as restated)	1 April 2021	Incoming resources	Resources expended	Transfers	31 March 2022
	£	£	£	£	£
Unrestricted funds	879,846	2,485,318	(2,240,413)	10,093	1,134,844
Designated funds					
WB Service Activity Fund	-	-	-	1,533	1,533
Options Group Funds	1,274	133	-	(1,407)	-
WB Activity Fund	1,033	-	(907)	(126)	-
Supportline	34,581	10,193	(41,133)	(3,641)	-
Housing Sink Fund	12,000	-	(11,181)	11,181	12,000
Fee Paying Hardship Fund	-	2,000	(313)	-	1,687
	928,734	2,497,644	(2,293,947)	17,633	1,150,064
Restricted funds:					
Ecology Island Project	6,783	1,690	(1,946)	-	6,527
NW Kent Carers	1,896	-	(552)	-	1,344
The Shed Project	1,251	-	(1,251)	-	-
Aspirations	24,433	182,234	(172,447)	-	34,220
Friendship Group Grant	6,958	-	(469)	-	6,489
Donations for Housing	466	2	-	-	468
EFL "On Your Side" Grant	1,000	-	(1,000)	-	-
Fee Paying Hardship Fund	328	-	(328)	-	-
LWK Young People Fund	3,120	-	-	-	3,120
Practise Hope Project	17,633	-	-	(17,633)	-
Men's Suicide Prevention Group	4,102	3,732	(409)	-	7,425
IAPT Interpreters	5,250	-	(5,250)	-	-
Let's Stay in Touch Project	3,003	510	(696)	-	2,817
MIND Resilience Programme	8,798	977	(987)	-	8,788
KCC Strategic	-	5,650	(5,650)	-	-
Covid Control Infections Funds Housing	-	8,528	(6,906)	-	1,622
Digital transformation	-	3,000	(1,650)	-	1,350
Kent Minds Connector Fund	-	1,379	-	-	1,379
SCESS - Schools Project	-	13,624	-	-	13,624
Kickstart employment support	-	26,573	(26,573)	-	-
	85,021	247,899	(226,114)	(17,633)	89,173
Total funds	1,013,755	2,745,543	(2,520,061)	-	1,239,237

Designated funds

WB Service Activity Fund - This fund is comprised of contributions from service users for specific activities organised by the Charity. The timing of when the resources will be utilised is dependent on the activities organised by the Charity.

Coping with Life (West Kent Mind) - This fund is in partnership with West Kent Mind to provide well-being services.

Supportline - Following the success of the work of Supportline this year, funds have been set aside from the unrestricted fund to ensure that the project can be undertaken in the coming year.

NORTH KENT MIND

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

14 Movement in funds (continued)

Housing Sink Fund - Funds have been set aside to allow for future maintenance and repairs of the Housing properties. The funds will be utilised as necessity requires.

Fee paying hardship fund - The Board have set aside £2,000 to provide support for users of fee paying services in difficult circumstances.

Options Group Fund - Options involves the planning and organisation of various social events and trips. Service users within Community Services identify places they may wish to visit or events to organize and then the organisation supports them to achieve it. The fund has previously been disclosed as a restricted fund, however following review of the resources received, it was found that the criteria for restricting the resources are not met. Therefore a transfer of the balance has been made this year to treat the balance as an unrestricted designated fund.

Restricted funds

Ecology Island Project - Ecology Island is a nature-based intervention, which takes place weekly across 8 sessions in a woodland area of Central Park, Dartford. The participants take part in a range of nature-based activities which allow them to learn new skills in a supported environment, outdoors in nature. Examples include bushcraft, campfire cooking, scrub clearance, wildlife ID, litter picking, bird and bat box building, wildflower planting and more.

NW Kent Carers - this fund is for those who are carers who require support with mental health and wellbeing, this support often takes the form of low cost counselling.

Shed Project - In Gravesend we have an allotment that provides a welcoming environment where people can come together to promote personal wellbeing and belonging. This is part of a wider movement called "Sheds Kent and Medway" where people jointly share activities.

Aspirations - Aspirations provides one to one support, based around a person's individual goals, for those who want to make a change. Whether you want to improve your wellbeing, find opportunities to engage with your local community like volunteering or local groups, or if you want to move into employment. This is a project for anyone who is unemployed, living with a mental health condition and is between the ages of 25-65. The Aspirations Project is being funded by the European Social Fund and The National Lottery Community Fund.

Friendship Group Grant - The Friendship Group provides support for individuals with mental health issues the opportunity to socialise, relax and participate in therapeutic activities, such as arts and crafts. The sessions are held on Saturdays and are run in a friendly and welcoming environment.

Donations for Housing - This was a donation requested to be used by the housing department for Housing Tenant events or functions.

EFL "On Your Side" Grant - a partnership between the English Football League to deliver services in Gillingham football clubs.

Fee Paying Hardship Fund - This was a donation received, restricted for the purposes of helping those accessing the fee paying services. The funds are to be used to support those who do not have the financial means or are not in a position to pay for the therapy that they require.

LWK Young People Fund - This is a project for 17-25 year olds in DGS to help improve overall wellbeing. We have been working with SupaJam to provide 1-1 coaching sessions and supporting, including signposting and sharing of resources for various mental health needs.

Practise Hope Project - This is a pilot project funded by Health Education England. In this, we are working with a number of GP Practices in North Kent, helping them improve their response to people aged 10-25 who are self-harming, or having thoughts of suicide. The residual balance of this fund was released to the general fund. The project was completed in prior years, and further review of the original service level agreement determined that any underspend on the project can be released.

NORTH KENT MIND

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

14 Movement in funds (continued)

Men's Suicide Prevention Group - Funding for this group was from member of staff who did fundraising, this group is open to individuals who have previously suffered or currently suffering from a Mental Health Issue.

IAPT Interpreters - Funding was received for the primary purpose of providing interpretation services for those who require it as part of the IAPT programme.

Let's Stay in Touch Project - A project to provide residents of the supported living accommodation with access to internet and other telecommunications support. Funding was provided by the Hyde Foundation.

MIND Resilience Programme - Funding was received to provide Social Media Resilience Coaching to those in need.

KCC Strategic Fund - A project funded to improve organisational sustainability after the pandemic which enabled the training of all NKM staff and volunteers in the use of Microsoft 365 software.

Covid Control Infections Funds Housing - Funding was received via Porchlight to be utilised for any additional costs incurred during the administration of the support living houses during the Covid pandemic.

Digital Transformation Fund - A project funded by national Mind to enable a consultation and development of the organisation's Customer Management Relations software system. Funding the introduction of Lamplight for Central Services.

Kent Minds Connector Fund - Funding from national Mind to support local Minds to work more collaboratively. Allowing and encouraging NKM to work with Minds across Kent to compile and identify joint bids and joint pieces of work.

SCESS - Schools Project - Funding for the Schools and Colleges and Early Support Service program to provide well-being services in schools.

Kickstart Employment Support - Funding to open up employment possibilities for young adults.

Help Through Hardship Fund - Funding to provide free advice for those struggling with the cost of living crisis.

Swanley Lane Garden and Wellbeing Services - Funding to encourage gardening and its wellbeing benefits in relation to our Swanley garden.

15 Analysis of net assets between funds

Current year	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £	Total funds 2022 £
Fixed assets	6,151	-	6,151	-
Current assets	1,487,419	53,616	1,541,035	1,489,431
Creditors: due within one year	(244,984)	-	(244,984)	(245,110)
Creditors: due in more than one year	(2,152)	-	(2,152)	(5,084)
Total net assets	1,246,434	53,616	1,300,050	1,239,237

NORTH KENT MIND

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

15 Analysis of net assets between funds (continued)

Prior year (as restated)	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Fixed assets	-	-	-	1
Current assets	1,400,258	89,173	1,489,431	1,164,478
Creditors: due within one year	(245,110)	-	(245,110)	(125,587)
Creditors: due in more than one year	(5,084)	-	(5,084)	(25,137)
Total net assets	1,150,064	89,173	1,239,237	1,013,755

16 Pension commitments

The Charity participates in 'The Growth Plan' pension scheme, operated by The Pensions Trust, which is a multi-employer scheme which provides benefits to some 638 non-associated participating employers. The scheme is a defined benefit scheme in the UK.

It is not possible for the Charity to obtain sufficient information to enable it to account for the scheme as a defined benefit scheme. Therefore, it accounts for the scheme as a defined contribution scheme.

The scheme is subject to the funding legislation outlined in the Pensions Act 2004 which came into force on 30 December 2005. This, together with documents issued by the Pensions Regulator and Technical Actuarial Standards issued by the Financial Reporting Council, set out the framework for funding defined benefit occupational pension schemes in the UK.

The scheme is classified as a 'last-man standing arrangement'. Therefore the Charity is potentially liable for other participating employers' obligations if those employers are unable to meet their share of the scheme deficit following withdrawal from the scheme. Participating employers are legally required to meet their share of the scheme deficit on an annuity purchase basis on withdrawal from the scheme.

A full actuarial valuation for the scheme was carried out with an effective date of 30 September 2020. This actuarial valuation showed assets of £800m, liabilities of £832m and a deficit of £32m. To eliminate this funding shortfall, the Trustee and the participating employers have agreed that additional contributions will be paid to the scheme as follows:

Deficit contributions:

From 1 April 2022 to 31 January 2025: £3.3m per annum (payable monthly)

Note that the scheme's previous valuation was carried out with an effective date of 30 September 2017; this valuation showed assets of £795m, liabilities of £926m and a deficit of £131m. To eliminate this funding shortfall, the Trustees and the participating employers had agreed that additional contributions would be paid, in combination from all employers, to the scheme as follows:

From 1 April 2019 to 30 September 2025: £11.2m per annum (payable monthly and increasing by 3% each year on 1st April)

Where the scheme is in deficit and where the charity has agreed to a deficit funding arrangement the Charity recognises a liability for this obligation. The amount recognised is the net present value of the deficit reduction contributions payable under the agreement that relates to the deficit. The present value is calculated using the discount rate detailed in these disclosures. The unwinding of the discount rate is recognised as a finance cost.

NORTH KENT MIND

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

16 Pension commitments (continued)

<i>Present values of provision</i>	2023 £	2022 £
Due within one year	2,871	2,795
Due after one year	2,152	5,084
Total present value of provision	<u>5,023</u>	<u>7,879</u>

Reconciliation of opening and closing provision

	£
Provision at start of period	7,879
Unwinding of the discount factor (interest expense)	149
Deficit contribution paid	(2,871)
Remeasurements - impact of any change in assumptions	(134)
Remeasurements - amendments to the contribution schedule	-
Provision at end of period	<u>5,023</u>

Income and expenditure impact

	2023 £	2022 £
Interest expense	149	194
Remeasurements - impact of any change in assumptions	(134)	(181)
Remeasurements - amendments to the contribution schedule	-	(17,215)
Costs recognised in income and expenditure account	<u>15</u>	<u>(17,202)</u>

Assumptions

	2023 £	2022 £
Rate of discount	<u>5.52</u>	<u>2.35</u>

The discount rates shown above are the equivalent single discount rates which, when used to discount the future recovery plan contributions due, would give the same results as using a full AA corporate bond yield curve to discount the same recovery plan contributions.

17 Related party transactions

The charity's key management personnel are the Trustees, the Chief Executive and the Deputy Chief Executive. Total emoluments, excluding employer's pension contributions, paid to key management personnel were £140,802 (2022: £129,356).

18 Control

The charitable company is controlled by the Trustees and there is no one ultimate controlling party.

NORTH KENT MIND

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

19 Operating lease commitments

The charity is committed to future minimum lease payments under non-cancellable operating leases as follows:

	2023	2022
	£	£
Land and buildings:		
Due within one year	24,760	39,410
Due in two to five years	4,167	28,927
	<u>28,927</u>	<u>68,337</u>

20 Events after the end of the reporting period

The charity has not been successful in renewing its contract for NHS Psychological Therapies which terminates on 31 March 2024. Income and expenditure from this contract amounted to £1,270,599 and £1,293,999, respectively, in the year ended 31 March 2023, and therefore the charity is looking to scale back operations from 1 April 2024. Whilst the charity will see a reduction in income and expenditure, the trustees are confident the charity remains a going concern.

21 Prior year restatement

Whilst preparing the financial statements it was noted that some grant income recognised in full in 2022 had performance related conditions, and as such this income should have some deferred over the funding period. Accordingly, income in 2022 has reduced by £95,361, accrued income has decreased by £59,941, and deferred income has increased by £35,420. As a result of these adjustments, restricted funds at 30 September 2022 have increased by £13,624 and unrestricted reserves have decreased by £108,985.