

Registered number: 05093370
Charity number: 1103790

NORTH KENT MIND
(A company limited by guarantee)

**TRUSTEES REPORT AND FINANCIAL
STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

Lindeyer Francis Ferguson Limited
Chartered Accountants & Statutory Auditors
198 High Street
Tonbridge
Kent
TN9 1BE

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NORTH KENT MIND

REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITY, ITS TRUSTEES AND ADVISORS FOR THE YEAR ENDED 31 MARCH 2022

Trustees

Lyndsey Stukalov-Stone (Chair)
Donald MacLeod (Treasurer)
Alex Stukalov-Stone
Phil Matthews (Resigned 20th December 2021)
Andrew Upstill
Diljeet Nota (Resigned 31st October 2021)
Sarah Gow
Eleanor Collins
Phil Vickery
Jane Barham (Resigned 1st March 2022)
Maria Burke (Appointed 6th June 2022)

Company registered number

05093370

Charity registered number

1103790

Registered office

The Almshouses
6-22 West Hill
Dartford
Kent
DA1 2EP

Chief Executive Officer

Justin Bateman

Business Manager and Company secretary

Angela Lawrence

Auditors

Lindeyer Francis Ferguson Limited
Chartered Accountants
North House
198 High Street
Tonbridge
Kent TN9 1BE

Bankers

CAF Bank
25 Kings Hill Avenue,
West Malling, Kent
ME19 4JQ

NORTH KENT MIND

TRUSTEES' REPORT FOR THE YEAR ENDED 31 MARCH 2022

The Trustees (who are also directors of the charity for the purposes of the Companies Act) present their annual report together with the audited financial statements of North Kent Mind (the company) for the year ended 31 March 2022. The Trustees confirm that the annual report and financial statements of the charitable company comply with the current statutory requirements, the requirements of the company's governing document and the provisions of "Accounting and Reporting by Charities: Statement of Recommended Practice" applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), (effective 1 January 2019) (Charities SORP (FRS 102)).

STRUCTURE, GOVERNANCE AND MANAGEMENT

North Kent Mind's governing documents are its Memorandum and Articles of Association, and its constitution.

· Method of appointment or election of Trustees

The management of the company is the responsibility of the Trustees who are elected at the Annual General Meeting, or co-opted under the terms of the Articles of Association. The Board reviews its strengths and weaknesses in relation to the task it needs to accomplish, and this helps identify when new Trustees should be recruited.

The Charity Commission stress that if a trustee has served for more than nine years, their reappointment is:

1. subject to a particularly rigorous review and takes into account the need for progressive refreshing of the board; and
2. explained in the trustees' annual report.

One of our current trustees, Andrew Upstill, has served more than 9 years. The Board has considered his position, and noting that he comprises only 1 out of 8 Trustees, that new members have continued to join the Board throughout his tenure, and that he provides a unique and stable contribution to the work of an organisation that has experienced rapid change and growth, considers his continued involvement to be clearly beneficial.

· Policies adopted for the induction and training of Trustees

The Board is currently reviewing its induction policies for inducting and training Trustees, to ensure they are provided with all relevant information and training, including the 3 day North Kent Mind Training mandatory for all staff and volunteers.

· Organisational structure and decision making

The overall management of the charity is in the hands of the Trustees who meet every other month and there are currently two sub-committees: Finance & Personnel, and Quality. The Board delegates the day-to-day running of the organisation to the Chief Executive Officer. Other senior members of staff comprise the Deputy CEO who is responsible for spearheading new developments, the Central Services Manager who is responsible for the administrative staff, the Finance Manager and the managers of the key service elements: during the year in question these elements comprised Supported Housing, Fee Paying Services, Talking Therapies on the NHS, Wellbeing Services, Employment Services and the Children and Young Persons Service, previously known as the Schools and Training Service. The Senior Management Team serves as a decision-making body on operational issues.

· Risk management

The Trustees have assessed the major risks to which the company is exposed, in particular those related to the operations and finances of the company, and are satisfied that systems and procedures are in place to mitigate exposure to the major risks. This exercise was last completed at a Meeting of the Board on 28 June

NORTH KENT MIND

TRUSTEES' REPORT FOR THE YEAR ENDED 31 MARCH 2022 (continued)

2021. They have reviewed the need for an internal audit, and judged this is not necessary in the year to which these accounts relate.

· Networks and Partnerships

The organisation is affiliated to National Mind, and this has been codified in a Mind Federation Agreement dated March 2021 and will last until 2027 at the minimum. This defines the relationship between National Mind and local Minds, as well as the relationship the over 100 Local Mind Associations have with each other. This affiliation brings with it the advantages of a known and valued brand name, cooperative mutual help across the network, access to financially advantageous Insurance and Human Resources expertise, and regular quality audits.

The 5 Local Mind Associations who have an interest in Kent and Medway: North Kent Mind, West Kent Mind, Mid Kent Mind, South Kent Mind, East Kent Mind (managed by Mind in Bexley) now meet regularly and as "Mind in Kent and Medway", cover the whole of this area, and with an agreed Memorandum of Understanding now stand ready to jointly run projects that straddle several areas.

In the year in question, North Kent Mind remained one of the partners within the Advice Together Partnership, which allowed efficient and speedy cross-referral of clients within around 40 local agencies. This partnership has now been replaced with the Kent Refernet system, which includes KCC, and appears to have a focus more on clients' finances than its more generic predecessor.

North Kent Mind functions as a delivery partner for the charity Porchlight on several fronts. During the year in question this involved delivering:

- Wellbeing services in Dartford, Gravesham and Swanley (KCC Funding)
- Employment Services in Dartford, Gravesham and Swanley (KCC Funding)
- Supported Housing in Dartford, Gravesham and Swanley (KCC Funding)
- The Aspirations Employment Services in North Kent (EU/Big Lottery Funding)
- Wellbeing and Employment Services in Medway (CCG/Medway Council Funding)
- Preparation for the Crisis Peer Alternative Service (CPAS)

North Kent Mind also runs IAPT services in Medway, in partnership with Insight Healthcare (Lead) and IESO, and now works collaboratively with all the other Providers of IAPT Services in Kent and Medway, these being: Insight Healthcare, We Are With You, University Medical Centre, Faversham Counselling, Dover Counselling, IESO and Vita Healthcare.

We also work in partnership with Gravesham Council to deliver Mental Health Services to rough sleepers and hostel residents in the Borough.

· Constitution

The organisation operates on a constitution approved by National Mind.

OBJECTIVES AND ACTIVITIES

· Policies and objectives

The objects for which the charity is established are, within the communities of Dartford, Gravesham, Swanley and Medway; and across Kent in collaboration with other Mind organisations:

a) to promote the preservation of mental health and to assist in relieving and rehabilitating persons suffering from mental disorder or conditions of emotional or mental stress requiring advice or treatment; and

b) to promote the study of and research into mental health disorder and emotional or mental distress and to obtain and make records of and disseminate to the public the useful results of such research and to educate the public in matters relating to mental health.

NORTH KENT MIND

TRUSTEES' REPORT FOR THE YEAR ENDED 31 MARCH 2022 (continued)

The organisation espouses the values of individualism, empowerment and recovery in mental health work.

· Public benefit statement

In setting North Kent Mind's objectives and planning its activities, the Trustees have given careful consideration to the Charity Commission's general guidance on public benefit as required in section 17 of the Charities Act 2011 and, in particular, its supplementary public benefit guidance on fee charging.

ACHIEVEMENTS AND PERFORMANCE

· A note on the pandemic

The year in question, 2021 – 2022, saw the country emerging from the restrictions previously imposed as a result of Covid 19, and North Kent Mind cautiously mapped its way back to a more normal way of providing services: Throughout the year, progressively more teams were allowed back into the offices, and services started working in person with clients, originally where this could be outside (as with meeting tenants in the gardens, or the Ecology Island project), but then moving back to indoors in-person work in August 2021 when risk assessments indicated it was safe to do so.

Over the course of the year, clients became more used to in-person working, to the degree that in our therapeutic services such as IAPT and fee-paying services, there is now a clear demand for in-person work that we need to meet.

The organisation now expects all staff to have some portion of in-person or in-office work, and where a particular worker requests to continue largely or entirely on a remote basis, they need to present their case to a panel consisting of the Chair, CEO and Central Services Manager who will form a judgement on the case.

However, the organisation is now clear that for many posts, hybrid working (a combination of working from home and working from office) will in future be the norm.

As an organisation working in mental health, it is also clear to us that the experience of living under lockdown has had a significantly adverse effect on the mental health of the population at large. While national statistics might speak of increase in stress amongst younger people, or increasing levels of domestic violence, our frontline workers continuously report an increase in complexity of presentation amongst the people with whom we work.

· Review of activities

Throughout the year 2021–2022, North Kent Mind continued to run its range of services.

· Wellbeing Services:

These are delivered under the auspices of Porchlight, the Strategic Partner chosen by Kent County Council as part of its "Live Well Kent" service. The agreed portfolio in Dartford, Gravesham and Swanley and Medway consisted of:

- Social Skills Sessions
- Recovery and Activity Sessions
- Coping with Life Courses
- Mindfulness Course

We achieved all the targets of our contract, and note that Porchlight remain highly confident in our ability to deliver these at a high level of quality and volume.

**TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2022 (continued)**

· **Employment Services:**

These comprise:

- Springboard Services: funded through the Live Well Kent and Medway initiative, in Dartford, Gravesham and Swanley and in Medway.
- Computer Group in Dartford.
- Aspirations: this service functions throughout North Kent. It identifies hard-to-reach unemployed people with mental health issues and reengages them with employment or community involvement. It is funded by the Big Lottery. This service will expire when funding finishes in March 2023.
- Employment Advisor in the Medway Talking Therapies Service. We are funded by the DWP, as part of a national pilot scheme, which seeks to evidence if extra Employment interventions can help IAPT clients retain or achieve work. The overall pilot scheme appears to have been a success, and thought is being given to it being rolled out on a national level.

Our Employment Services regularly surpass the targets set for them by the commissioners.

· **Fee Paying Services:**

These provided:

- Individual Counselling
- Group Therapy
- Anger Management Courses.

Anger Management Courses, suspended over the previous year as they cannot be run remotely, were re-established in the year and are now working through a waiting list. A new direct debit system was put into place allowing clients to keep abreast of their charges, and allowing the organisation to perform more efficiently.

· **Supported Housing:**

We continued our policy of ensuring any new tenancies arising are let on a short term 2-year basis, to enable our service to work with more people in need. Short-term tenancies now outnumber long-term tenancies, and this ratio will continue to move in favour of short term tenancies

This department expanded significantly in the year, with the addition of new services:

- **Rough Sleepers' Initiative.** North Kent Mind provide a Mental Health Practitioner to the initiative run by Gravesham Borough Council.
- **Wrotham Road Hostel.** North Kent Mind provide Support Workers to this new facility run by Gravesham.

· **IAPT Services (Improving Access to Psychological Therapies)**

We have now been delivering these services for ten years, and are still experiencing significant demand. To maintain flexibility within what is essentially a zero-level contract we structure our delivery on a core of permanent therapeutic staff supplemented by a range of self-employed Sessional Counsellors. Our service is available individually, in groups, or via guided digital modules.

We have maintained good recovery rates in this service (national standards are 50%) and are especially proud that whereas 90% of our clients who have a first session return for further sessions, the national target is 70% and for other IAPT providers in Kent and Medway, this has been as little as 60%.

NORTH KENT MIND

TRUSTEES' REPORT FOR THE YEAR ENDED 31 MARCH 2022 (continued)

Recruitment of qualified therapists to this service is particularly difficult, and experience shows that the most successful method is to take on staff as trainees, who once qualified are likely to stay within the service.

We continue to provide a similar service in Medway in partnership with Insight and IESO.

· Children and Young Persons

This department continues to expand as KCC, Medway Council and the individual schools themselves see the value of using the services we have to offer. During the year we were working within 20 schools, both primary and secondary. We were especially pleased to be chosen as one of only 2 Local Mind Associations to run the first tranche of services (Schools and Colleges Extra Support Service) with the Anna Freud Centre, an exercise that required us to mobilise a new service within less than a month of getting the contract. With the agreement of the other Minds in Kent and Medway, we continue to run a pilot project reaching out to individual children even if they are outside our normal area of operation. During the year we also delivered a number of services through "reconnect" grants, working with younger people in community settings to help them reconnect to their communities after months of lockdown.

· Smaller Projects

North Kent Mind also ran a number of other initiatives within the financial year, financed either through its own resources, or by various funding streams. Among these were:

- Time for Change Group. A long-established, intensive psychodynamic group. Funded by NKMind: this moved from remote to in-person delivery during the year.
- Friendship Group. Funded by Dartford Council, this is an online Saturday peer support/social group.
- Men's Groups. Now run at various locations.
- Ecology Island. An award-winning ecological activity group based in Darenth Country Park and the Promenade in Gravesend.

Trainee Placements

Within this year we continued to provide placements to Student Social Workers, Counselling Trainees and took on 6 full-time trainee Psychological Wellbeing Practitioners and 5 full time trainee High Intensity CBT therapists, as part of our IAPT work.

FINANCIAL REVIEW

The charitable company's incoming resources for the year ended 31 March 2022 totalled £2,840,904 (2021: £2,451,501). Resources expended totalled £2,520,061 (2021: £2,065,464), resulting in a total net surplus of £320,843 (2021: £386,037).

At the year end, a pension liability arising from obligations to a multi-employer defined benefit pension scheme has been recognised at a figure of £7,879 (2021: £33,579).

· Reserves policy

The Trustees are very conscious of the need to act prudently with the administration of the funds of the charity, and assess the levels of free reserves they consider the charity should hold in order for all existing and planned activities to be financed. With significant amounts of money now being invoiced to the NHS on a monthly basis, there is also a need to hold reserves sufficient to cover any cash-flow issues when payments from this source, or elsewhere, are delayed.

NORTH KENT MIND

TRUSTEES' REPORT FOR THE YEAR ENDED 31 MARCH 2022 (continued)

The Trustees are also aware of the need to meet all contractual obligations if, for any reason, the charity had to cease activity, and hold that the complex responsibilities the organisation undertakes must be supported by an adequate level of reserves.

The trustees have a policy of reviewing the levels of reserves each year. Since the previous year's review the Charity has expanded in both workload and personnel. The trustees are of the opinion that the Charity should retain free unrestricted reserves to cover 3 months of ongoing expenses and also have sufficient funds to cover any closure costs should they arise. Following decisions at the Board Meeting December 2022 and the Finance and Personnel Meeting January 2023, the Trustees consider that a desired level of unrestricted reserves currently should be £1,040,000.

As at the year ended 31 March 2022, the figure in free unrestricted reserves (that is unrestricted reserves represented by net current assets) was £1,237,559 (2021: £928,734). A figure of £97,039 (2021: £85,021) is in restricted reserves and therefore is not available for general purposes of the charity at the year end.

· Principal Funding

The charity generally remains dependent on funding from statutory sources, but these show a diversity of funding streams. Forecasts for the year 2022 - 2023 expect 43.2% to come from the Kent and Medway Integrated Care Board (NHS), 24.8% from Porchlight (mostly as the Strategic Partner of KCC), 11.6% from Intensive Housing Management, 6.8% from Health Education England, 5.4% from Medway and KCC Education Departments, and 8.2% from other sources.

PLANS FOR THE FUTURE

· Future developments

North Kent Mind published its 4 year strategy in April 2019. This focuses on the following key elements:

- The intention to retain our current portfolio of services where these can be evidenced to be financially viable by either breaking even or creating a surplus,
- To replicate where possible in Medway those baseline well-being services which have been a substantial part of our portfolio in the Dartford, Gravesend and Swanley areas, and to achieve an effective contact point for the public to access North Kent Mind in Medway,
- To expand the fundraising ability of the organisation,
- To consolidate internal standards, structures, procedures, policies and processes across the organisation,
- Improve the income-making potential of our services which run on a social enterprise model,
- To rebalance the work and culture of the organisation so that "therapeutic services" do not detract from the holistic and social model of mental health which are the Unique Selling Point of local Mind Associations, and,
- To expand into preventative work: working with people and communities which have no currently indicated mental health issues, but are in danger of becoming so.

In the last year of this strategy, even with the stultifying effect of covid and lockdown, NKMind has gone a fair way to implementing these targets: it has certainly retained all its portfolio of services, and moved to a position where all these are financially sustainable: it now delivers "baseline services" in Medway. It has created a post of fundraiser, and while there are more communities to which we could provide preventative services, that is the key focus within our work within schools. The organisation is now working on an agreed Strategy for April 2023 onwards.

NORTH KENT MIND

TRUSTEES' REPORT FOR THE YEAR ENDED 31 MARCH 2022 (continued)

AUDITORS

The auditors, Lindeyer Francis Ferguson Limited, are deemed to be reappointed under section 487(2) of the Companies Act 2006.

TRUSTEES' RESPONSIBILITIES STATEMENT

The Trustees (who are the directors of North Kent Mind for the purpose of company law) are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year. Under that law the Trustees have elected to prepare the financial statements in accordance with the United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the surplus or deficit of the charitable company for that period.

In preparing those financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

PROVISION OF INFORMATION TO AUDITORS

Each of the persons who are Trustees at the time when this Trustees' report is approved has confirmed that:

- so far as each Trustee is aware, there is no relevant audit information of which the charitable company's auditors are unaware, and
- that each Trustee has taken all the steps that ought to have been taken as a Trustee in order to be aware of any information needed by the charitable company's auditors in connection with preparing their report and to establish that the charitable company's auditors are aware of that information.

This report has been prepared in accordance with the provisions applicable to small companies subject to the small companies' regime in Part 15 of the Companies Act 2006.

This report was approved by the Trustees on 26 January 2023 and signed on their behalf, by:

L Stukalov-Stone - **Chair**

**INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF NORTH KENT MIND
FOR THE YEAR ENDED 31 MARCH 2022**

Opinion

We have audited the financial statements of North Kent Mind (the 'charitable company') for the year ended 31 March 2022 which comprise the Statement of financial activities, the Balance sheet, the Statement of cash flows and the related notes. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2022 and of its incoming resources and application of resources for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least 12 months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the annual report, other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

**INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF NORTH KENT MIND
FOR THE YEAR ENDED 31 MARCH 2022**

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the trustees' report, which includes the directors' report prepared for the purposes of company law, for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the directors' report included within the trustees' report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the directors' report included within the trustees' report

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the directors' report and from the requirement to prepare a strategic report.

Responsibilities of trustees

As explained more fully in the trustees' responsibilities statement, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

NORTH KENT MIND

INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF NORTH KENT MIND FOR THE YEAR ENDED 31 MARCH 2022

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud, is detailed below.

We obtained an understanding of the legal and regulatory framework applying to the charitable company, and the procedures that management adopt to ensure compliance, and have considered the extent to which non-compliance might have a material effect on the financial statements, and in particular we identified: the Companies Act 2006, the Charities Act 2011 and Charities SORP (FRS102).

We have also identified other laws and regulations that do not have a direct effect on the amounts or disclosures within the financial statements, but for which compliance is fundamental to the company's operations and to avoid material penalties, including General Data Protection Regulation.

Having reviewed the laws and regulations applicable to the company, we designed and performed audit procedures to obtain sufficient appropriate audit evidence. Specifically, we:

- Selected a team with sector experience was selected for completing the audit;
- Obtained an understanding of the entity's laws and regulations;
- Obtained and reviewed meeting minutes;
- Made enquiries of management, and reviewed any reported incidents during the year;
- Reviewed the register held by the Information Commissioner's Office to ensure that the company was appropriately registered and no regulatory breaches were found;
- Obtained and reviewed internal policies and procedures and external guidance; and
- Reviewed the completeness and accuracy of associated disclosures made in the financial statements.

We assessed the susceptibility of the company's financial statements to material misstatement due to fraud, and in doing so:

- We considered how fraud might occur and evaluated management's assessment of the risk of fraud and whether they are aware of any actual or suspected incidences of fraud;
- We considered whether management have incentives and opportunities to manipulate financial results (including overriding controls) and determined that the key risks related to completeness of income and costs in relation to the extension work;
- We obtained the Board of Trustees' assessment of fraud risk and enquired as to any known or suspected instances of fraud in the year; and
- We designed and performed audit procedures to respond to the risks identified, including review of relevant correspondence and minutes, discussions with management and corroboration of their statements, a review of systems and controls, a review of accounting estimates and journal entries and performing substantive testing in respect of completeness of income, and allocations of costs to fixed assets.

The audit has been planned and performed in accordance with the auditing standards, however, because of the inherent limitations of audit procedures there remains a risk that we will not detect all irregularities, including those that may lead to material misstatements in the financial statements. There are inherent difficulties in detecting irregularities, and irregularities that result from fraud may be more difficult to detect than irregularities that result from error, for example due to concealment, override of controls, collusion or misrepresentations. In addition, the further removed non-compliance with laws and regulations is from the events and transactions reflected in the financial statements, the less audit procedures are able to identify.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: <http://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

NORTH KENT MIND

INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF NORTH KENT MIND FOR THE YEAR ENDED 31 MARCH 2022

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and, the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Jonathan Healey FCA
Senior Statutory Auditor

For and on behalf of:
Lindeyer Francis Ferguson Limited
Statutory Auditors
Chartered Accountants

Date: 30 January 2023

North House
198 High Street
Tonbridge
Kent TN9 1BE

NORTH KENT MIND

**STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2022**

		2022	2022	2022	2021
		Unrestricted	Restricted	Total funds	Total funds
	Notes	funds	funds		
		£	£	£	£
INCOME FROM:					
Donations	2	102,284	35,951	138,235	143,839
Investments	3	100	-	100	128
Charitable activities	4	2,478,323	224,246	2,702,569	2,307,534
TOTAL		2,580,707	260,197	2,840,904	2,451,501
EXPENDITURE ON:					
Charitable activities	5	2,289,322	230,546	2,519,868	2,064,570
Interest payable	7	193	-	193	894
TOTAL		2,289,515	230,546	2,520,061	2,065,464
NET INCOME	8	291,192	29,651	320,843	386,037
Transfer between funds	13	17,633	(17,633)	-	-
Net movement in funds		308,825	12,018	320,843	386,037
Total funds brought forward		928,734	85,021	1,013,755	627,718
Total funds carried forward	13	1,237,559	97,039	1,334,598	1,013,755

The statement of financial activities includes all gains and losses recognised in the period.

All income and expenditure derives from continuing activities.

NORTH KENT MIND

**BALANCE SHEET
FOR THE YEAR ENDED 31 MARCH 2022**

	Notes	2022 £	£	2021 £	£
Fixed assets					
Investment	9		-		1
Current assets					
Debtors	10	716,642		469,232	
Cash at bank and in hand		832,730		695,246	
		<u>1,549,372</u>		<u>1,164,478</u>	
Liabilities					
Creditors: amounts falling due within one year	11	(209,690)		(125,587)	
		<u></u>		<u></u>	
Net current assets			1,339,682		1,038,891
			<u></u>		<u></u>
Total assets less current liabilities			1,339,682		1,038,892
			<u></u>		<u></u>
Creditors: amounts falling due after more than one year	12		(5,084)		(25,137)
			<u></u>		<u></u>
Total net assets			<u>1,334,598</u>		<u>1,013,755</u>
The funds of the charity					
Unrestricted funds			1,237,559		928,734
Restricted funds			97,039		85,021
			<u></u>		<u></u>
Total charity funds	13		<u>1,334,598</u>		<u>1,013,755</u>

The financial statements were approved by the Board of Trustees on 26 January 2023 and were signed on its behalf by:

L Stukalov-Stone - Chair

Company Number: 05093370

NORTH KENT MIND

**STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2022**

	Notes	2022 £	2021 £
Cash flows from operating activities:			
Net cash generated by operating activities	A	137,384	478,565
Cash flows from investing activities:			
Interest received		100	128
Change in cash and cash equivalents in the year		137,484	478,693
Cash and cash equivalents at the beginning of the year		695,246	216,553
Cash and cash equivalents at the end of the year		832,730	695,246
Represented by:			
Cash at bank and in hand		832,730	695,246
A. Reconciliation of net income to net cash flow from operating activities			
Net income for the year		320,843	386,037
<i>As per the Statement of Financial Activities</i>			
Adjustments for:			
(Increase) / decrease in debtors		(247,410)	54,662
Increase in creditors		64,050	37,994
Interest receivable		(100)	(128)
Disposal of subsidiary		1	-
		(183,459)	92,528
Net cash provided by operating activities		137,384	478,565

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

1 Accounting policies

1.1 General information

North Kent Mind is a charitable company limited by guarantee and incorporated in England and Wales (charity number 1103790, registered company number 05093370). In the event of the company being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The address of the registered office is The Almshouses, 6-22 West Hill, Dartford, Kent, DA1 2EP.

North Kent Mind meets the definition of a public benefit entity under FRS 102 and its principal activity is to promote the preservation of mental health and to assist in the recovery of persons suffering from a mental disorder or conditions of emotional or mental distress.

1.2 Basis of preparation

The financial statements have been prepared in accordance with "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

There are no material uncertainties about the charity's ability to continue, and so the going concern basis of accounting has been adopted.

The financial statements are prepared in pounds sterling, which is the functional currency of the Charity, and rounded to the nearest £1.

1.3 Income

Income from donations and grants is recognised when the charity is entitled to the funds, the receipt is probable and the amount can be measured reliably. For donations, this is usually on receipt. For grants, this is usually when a formal offer is made in writing, unless the grant contains terms and conditions outside of the charity's control which must be met before the charity is entitled to the funds.

Income from charitable activities is recognised to the extent that the charity has provided contracted services.

Investment income is recognised when receivable.

No amounts are included in the financial statements for services donated by volunteers.

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

1 Accounting policies (continued)

1.4 Expenditure

Liabilities, and related expenditure, are recognised when a present legal or constructive obligation exists at the balance sheet date as a result of a past event, it is probable that a transfer of economic benefits will be required to settle the obligation, and the amount can be measured or estimated reliably.

All expenditure is accounted for on an accruals basis and has been classified under expense categories that aggregate costs for allocation to an activity. Where costs cannot be directly attributed to particular activities they have been allocated on a basis consistent with the use of the resources.

Support costs are those incurred directly in support of expenditure on the objects of the company and include project management carried out at Headquarters.

Support costs have been allocated to each fund type based on the proportion of direct costs incurred in the year of review.

1.5 Investment in subsidiary

Investments in subsidiaries are initially measured at cost, and subsequently measured at cost less any impairment losses. A subsidiary is an entity controlled by the company. Control is the power to govern the financial and operational policies of the entity so as to obtain benefits from its activities.

1.6 Financial Instruments

The charity only has financial instruments which are classified as basic financial instruments. The charity's basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

1.7 Pension contributions

The charity is part of a multi-employer defined benefit pension scheme, which is operated by The Pension Trust. It is not possible in the normal course of events to identify separately the assets and liabilities of participating employers on a consistent and reasonable basis. Consequently the plan is accounted for as a defined contribution plan. Where the plan is in deficit and where the charity has agreed, with the plan, to participate in a deficit funding arrangement the charity recognises a liability for this obligation. The amount recognised is the net present value of the contributions payable under the agreement that relates to the deficit. This amount is expensed in surplus or deficit. The unwinding of the discount is recognised as a finance cost.

1.8 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the charitable company and which have not been designated for other purposes.

Designated funds are unrestricted funds designated by the trustees for particular purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by the donors which have been raised by the company for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

1 Accounting policies (continued)**1.9 Operating leases**

Rentals payable under operating leases are charged against income on a straight line basis over the lease term.

1.10 Judgements and key sources of estimation uncertainty

North Kent Mind has a multi-employer defined benefit pension scheme which is accounted for as a defined contribution scheme. Details of the scheme and the reasons for the accounting treatment are given in note 15. The charitable company recognises a liability for pension deficit funding at its net present value. The discount rate used is a key source of estimation uncertainty and the charitable company has adopted the rate advised by the scheme provider as set out in note 15.

1.11 Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost less estimated realisable value of each asset over its expected useful life, as follows:

Motor vehicles	4 years straight line
Equipment	4 years straight line

Fixed assets with an individual cost of less than £1,000 are written off in the year of purchase.

2 Donations and legacies	2022	2021
	£	£
Grants and Donations	103,235	39,095
Legacies	35,000	-
Supporting Emotional Wellbeing During Covid grant	-	80,000
Coronavirus Job Retention Scheme	-	24,744
	<u>138,235</u>	<u>143,839</u>

The comparative figure includes £80,000 of restricted income.

3 Investment income	2022	2021
	£	£
Bank interest receivable	<u>100</u>	<u>128</u>

The comparative figure includes £Nil of restricted income.

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

4 Incoming resources from charitable activities

	2022 £	2021 £
Housing Services	317,216	329,267
Well-being Service	225,532	162,988
Fee Paying Services	45,580	32,936
Employment Services	374,798	335,260
NHS Psychological Therapies	1,076,095	1,115,877
Trainees	324,853	240,637
Children and Young Persons	338,495	90,569
	<u>2,702,569</u>	<u>2,307,534</u>

The total comparative figure includes £250,723 of restricted income.

5 Expenditure on charitable activities

Summary by fund type	2022 Direct £	2022 Support £	2022 Total £	2021 Total £
Housing Services	198,899	68,175	267,074	231,326
Well-being Service	172,766	59,217	231,983	127,626
Fee Paying Services	33,899	11,619	45,518	67,895
Employment Services	298,668	102,371	401,039	339,500
NHS Psychological Therapies	778,660	266,893	1,045,553	971,369
Trainees	255,409	87,544	342,953	243,909
Children and Young Persons	138,333	47,415	185,748	82,945
	<u>1,876,634</u>	<u>643,234</u>	<u>2,519,868</u>	<u>2,064,570</u>

The total comparative figure includes £298,439 of expenditure from restricted funds.

Direct costs	2022 £	2021 £
Computer costs	45,810	20,395
Volunteers	279	17
Rent	19,442	21,759
Repairs and maintenance	16,889	20,440
Telephone	1,297	6,665
Other office costs	22,072	76,551
Travel costs	9,524	6,678
Training	-	5,036
Therapist costs	115,864	148,299
Wages and Salaries	1,642,219	1,270,921
Bad debt expense	3,238	-
	<u>1,876,634</u>	<u>1,576,760</u>

NORTH KENT MIND

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

5 Expenditure on charitable activities - continued

Support costs	2022	2021
	£	£
Rent	63,220	52,839
Light and heat	16,997	9,762
Repairs and maintenance	5,196	14,041
Small items of office equipment	25,638	17,710
Insurance	14,145	6,158
Legal and professional	13,561	4,699
Telephone	39,242	24,503
Printing, postage and stationery	19,697	15,443
Computer costs	18,885	11,471
Other office costs	41,697	29,798
Training	11,213	6,876
Travel costs	42	993
Recruitment	9,983	2,180
Wages and salaries	353,659	284,045
Bad debts	-	572
Auditor's remuneration	3,550	3,400
Auditor's remuneration for accountancy services	6,509	3,320
	643,234	487,810

6 Staff costs

	2022	2021
	£	£
Wages and salaries	1,831,702	1,405,952
Social security costs	144,853	109,738
Pension costs	19,323	39,275
	1,995,878	1,554,965

The average number of employees during the year is as follows:

Housing Services	12	8
Wellbeing	8	8
Fee Paying Services	1	2
Employment Services	12	10
IAPT	36	29
Central Management	18	16
Children and Young Persons	8	4
	95	77

No member of staff earned over £60,000 in the year or the previous year. None of the Trustees received any remuneration or benefits in kind in the year (2021: £Nil). No Trustees were reimbursed for personal expenses during the year (2021: £Nil).

NORTH KENT MIND

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

7 Interest and finance costs payable		2022	2021
		£	£
Pension scheme interest expense		193	894
8 Net income		2022	2021
		£	£
This is stated after charging:			
Auditor's remuneration for audit services		3,550	3,400
Auditor's remuneration for accountancy services		6,509	3,320
Pension costs	Note 6	19,323	39,275
Operating lease rentals		40,108	51,160
9 Fixed asset investments		2022	2021
		£	£
Investment in Made in Kent Limited		-	1
Made in Kent Limited was dissolved in July 2021. North Kent Mind held 100% of the trading subsidiary.			
10 Debtors		2022	2021
		£	£
Fees for services		224,745	237,839
Prepayments and accrued income		491,897	231,393
		716,642	469,232
11 Creditors: amounts falling due within one year		2022	2021
		£	£
Amounts due to suppliers		65,495	28,870
Other creditors		40,814	54,552
Deferred income		100,586	33,723
Multi-employer pension scheme deficit contributions	(Note 15)	2,795	8,442
		209,690	125,587
		2022	2021
		£	£
Deferred income included above:			
Incoming resources deferred in the previous period		33,723	-
Released to the Statement of Financial Activities		(33,723)	-
Incoming resources deferred in the current period		100,586	33,723
Carried forward		100,586	33,723
All deferred income relates to contract income received in advance.			
12 Creditors: amounts falling due after more than one year		2022	2021
		£	£
Multi-employer pension scheme deficit contributions	(Note 15)	5,084	25,137

NORTH KENT MIND

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

13 Movement in funds

	1 April 2021	Incoming resources	Resources expended	Transfers	31 March 2022
	£	£	£	£	£
Unrestricted funds					
General fund	879,846	2,568,381	(2,235,981)	10,093	1,222,339
Designated funds					
WB Service Activity Fund	-	-	-	1,533	1,533
Options Group Funds	1,274	133	-	(1,407)	-
WB Activity Fund	1,033	-	(907)	(126)	-
Supportline	34,581	10,193	(41,133)	(3,641)	-
Housing Sink Fund	12,000	-	(11,181)	11,181	12,000
Fee Paying Hardship Fund	-	2,000	(313)	-	1,687
	928,734	2,580,707	(2,289,515)	17,633	1,237,559
Restricted funds:					
Ecology Island Project	6,783	1,690	(1,946)	-	6,527
NW Kent Carers	1,896	-	(552)	-	1,344
The Shed Project	1,251	-	(1,251)	-	-
Aspirations	24,433	182,234	(172,447)	-	34,220
Friendship Group Grant	6,958	-	(469)	-	6,489
Donations for Housing	466	2	-	-	468
EFL "On Your Side" Grant	1,000	-	(1,000)	-	-
Fee Paying Hardship Fund	328	-	(328)	-	-
LWK Young People Fund	3,120	-	-	-	3,120
Practise Hope Project	17,633	-	-	(17,633)	-
Men's Suicide Prevention Group	4,102	3,732	(409)	-	7,425
IAPT Interpreters	5,250	-	(5,250)	-	-
Let's Stay in Touch Project	3,003	510	(696)	-	2,817
MIND Resilience Programme	8,798	977	(987)	-	8,788
KCC Strategic	-	5,650	(5,650)	-	-
Covid Control Infections Funds Housing	-	8,528	(6,906)	-	1,622
Digital transformation	-	3,000	(1,650)	-	1,350
Discharge project	-	25,922	(4,432)	-	21,490
Kent Minds Connector Fund	-	1,379	-	-	1,379
Kickstart employment support	-	26,573	(26,573)	-	-
	85,021	260,197	(230,546)	(17,633)	97,039
Total funds	1,013,755	2,840,904	(2,520,061)	-	1,334,598

NORTH KENT MIND

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

13 Movement in funds (continued)

	1 April 2020 £	Incoming resources £	Resources expended £	Transfers £	31 March 2021 £
Unrestricted funds	573,707	2,107,745	(1,767,025)	(34,581)	879,846
Designated funds					
Options Group Funds	-	-	-	1,274	1,274
WB Activity Fund	-	1,033	-	-	1,033
Supportline	-	-	-	34,581	34,581
Housing Sink Fund	-	12,000	-	-	12,000
	573,707	2,120,778	(1,767,025)	1,274	928,734
Restricted funds:					
Ecology Island Project	2,426	5,540	(1,183)	-	6,783
NW Kent Carers	2,631	-	(735)	-	1,896
The Shed Project	1,251	-	-	-	1,251
Aspirations	-	163,212	(138,779)	-	24,433
Friendship Group Grant	2,869	4,500	(411)	-	6,958
Donations for Housing	291	250	(75)	-	466
EFL "On Your Side" Grant	1,000	-	-	-	1,000
Fee Paying Hardship Fund	500	-	(172)	-	328
JM Fundraising Money	658	-	(658)	-	-
LWK Young People Fund	3,120	-	-	-	3,120
Options Fund	1,274	-	-	(1,274)	-
Practise Hope Project	36,109	-	(18,476)	-	17,633
Men's Suicide Prevention Group	1,882	3,013	(793)	-	4,102
IAPT Interpreters	-	5,250	-	-	5,250
Let's Stay in Touch Project	-	3,003	-	-	3,003
Supportline	-	20,006	(20,006)	-	-
MIND Resilience Programme	-	8,798	-	-	8,798
The National Lottery Community Fund - Coronavirus Community Support	-	80,000	(80,000)	-	-
Coronavirus Mental Health Response Fund	-	19,932	(19,932)	-	-
DCMS Loneliness Covid-19 Fund Grant	-	17,219	(17,219)	-	-
	54,011	330,723	(298,439)	(1,274)	85,021
Total funds	627,718	2,451,501	(2,065,464)	-	1,013,755

Designated funds

Options Group Fund - Options involves the planning and organisation of various social events and trips. Service users within Community Services identify places they may wish to visit or events to organize and then the organisation supports them to achieve it. The fund has previously been disclosed as a restricted fund, however following review of the resources received, it was found that the criteria for restricting the resources are not met. Therefore a transfer of the balance has been made this year to treat the balance as an unrestricted designated fund.

WB Activity Fund - This fund is comprised of contributions from service users for specific activities organised by the Charity. The timing of when the resources will be utilised is dependent on the activities organised by the Charity.

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

13 Movement in funds (continued)

Supportline - Following the success of the work of Supportline this year, funds have been set aside from the unrestricted fund to ensure that the project can be undertaken in the coming year.

Housing Sink Fund - Funds have been set aside to allow for future maintenance and repairs of the Housing properties. The funds will be utilised as necessity requires.

Fee paying hardship fund - The Board have set aside £2,000 to provide support for users of fee paying services in difficult circumstances.

Restricted funds

Ecology Island Project - Ecology Island is a nature-based intervention, which takes place weekly across 8 sessions in a woodland area of Central Park, Dartford. The participants take part in a range of nature-based activities which allow them to learn new skills in a supported environment, outdoors in nature. Examples include bushcraft, campfire cooking, scrub clearance, wildlife ID, litter picking, bird and bat box building, wildflower planting and more.

NW Kent Carers - this fund is for those who are carers who require support with mental health and wellbeing, this support often takes the form of low cost counselling.

Shed Project - In Gravesend we have an allotment that provides a welcoming environment where people can come together to promote personal wellbeing and belonging. This is part of a wider movement called "Sheds Kent and Medway" where people jointly share activities.

Aspirations - Aspirations provides one to one support, based around a person's individual goals, for those who want to make a change. Whether you want to improve your wellbeing, find opportunities to engage with your local community like volunteering or local groups, or if you want to move into employment. This is a project for anyone who is unemployed, living with a mental health condition and is between the ages of 25-65. The Aspirations Project is being funded by the European Social Fund and The National Lottery Community Fund.

Friendship Group Grant - The Friendship Group provides support for individuals with mental health issues the opportunity to socialise, relax and participate in therapeutic activities, such as arts and crafts. The sessions are held on Saturdays and are run in a friendly and welcoming environment.

Donations for Housing – This was a donation requested to be used by the housing department for Housing Tenant events or functions.

EFL "On Your Side" Grant - a partnership between the English Football League to deliver services in Gillingham football clubs.

Fee Paying Hardship Fund – This was a donation received, restricted for the purposes of helping those accessing the fee paying services. The funds are to be used to support those who do not have the financial means or are not in a position to pay for the therapy that they require.

JM Fundraising Money – This was a donation received from a member of staff who held a fundraiser. This was fully utilised in the year

LWK Young People Fund - This is a project for 17-25 year olds in DGS to help improve overall wellbeing. We have been working with SupaJam to provide 1-1 coaching sessions and supporting, including signposting and sharing of resources for various mental health needs.

Practise Hope Project - This is a pilot project funded by Health Education England. In this, we are working with a number of GP Practices in North Kent, helping them improve their response to people aged 10-25 who are self-harming, or having thoughts of suicide. The residual balance of this fund was released to the general fund. The project was completed in prior years, and further review of the original service level agreement determined that any underspend on the project can be released.

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

13 Movement in funds (continued)

Men's Suicide Prevention Group - Funding for this group was from member of staff who did fundraising, this group is open to individuals who have previously suffered or currently suffering from a Mental Health Issue.

IAPT Interpreters - Funding was received for the primary purpose of providing interpretation services for those who require it as part of the IAPT programme.

Let's Stay in Touch Project - A project to provide residents of the supported living accommodation with access to internet and other telecommunications support. Funding was provided by the Hyde Foundation.

Supportline - This project was started as a result of funding received as a result of the Covid-19 pandemic. A proactive telephone line was set up to provide support for those in need.

MIND Resilience Programme - Funding was received to provide Social Media Resilience Coaching to those in need.

The National Lottery Community Fund - Coronavirus Community Support - Funding was received to support emotional wellbeing during the Covid-19 pandemic.

Coronavirus Mental Health Response Fund - Funding was received to provide increased mental health support during the Covid-19 pandemic.

DCMS Loneliness Covid-19 Fund Grant - Funding was received to support work reaching out to individuals at high risk of experiencing loneliness.

KCC Strategic Fund - A project funded to improve organisational sustainability after the pandemic which enabled the training of all NKM staff and volunteers in the use of Microsoft 365 software.

Covid Control Infections Funds Housing - Funding was received via Porchlight to be utilised for any additional costs incurred during the administration of the support living houses during the Covid pandemic.

Digital Transformation Fund - A project funded by national Mind to enable a consultation and development of the organisation's Customer Management Relations software system. Funding the introduction of Lamplight for Central Services.

Discharge Project - Funding received from a project lead by East Kent Mind to commission us to support individuals who are being discharged from statutory mental health services to be linked into and receive local support appropriate to their needs.

Kent Minds Connector Fund - Funding from national Mind to support local Minds to work more collaboratively. Allowing and encouraging NKM to work with Minds across Kent to compile and identify joint bids and joint pieces of work.

14 Analysis of net assets between funds

Current year	<i>Unrestricted funds 2022 £</i>	<i>Restricted funds 2022 £</i>	<i>Total funds 2022 £</i>	<i>Total funds 2021 £</i>
Fixed assets	-	-	-	1
Current assets	1,452,333	97,039	1,549,372	1,164,478
Creditors: due within one year	(209,690)	-	(209,690)	(125,587)
Creditors: due in more than one year	(5,084)	-	(5,084)	(25,137)
Total net assets	1,237,559	97,039	1,334,598	1,013,755

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

14 Analysis of net assets between funds (continued)

Prior year	<i>Unrestricted funds 2021 £</i>	<i>Restricted funds 2021 £</i>	<i>Total funds 2021 £</i>	<i>Total funds 2020 £</i>
Fixed assets	1	-	1	1
Current assets	1,079,457	85,021	1,164,478	740,447
Creditors: due within one year	(125,587)	-	(125,587)	(81,193)
Creditors: due in more than one year	(25,137)	-	(25,137)	(31,537)
Total net assets	928,734	85,021	1,013,755	627,718

15 Pension commitments

The Charity participates in 'The Growth Plan' pension scheme, operated by The Pensions Trust, which is a multi-employer scheme which provides benefits to some 1,300 non-associated participating employers. The scheme is a defined benefit scheme in the UK.

It is not possible for the Charity to obtain sufficient information to enable it to account for the scheme as a defined benefit scheme. Therefore, it accounts for the scheme as a defined contribution scheme.

The scheme is subject to the funding legislation outlined in the Pensions Act 2004 which came into force on 30 December 2005. This, together with documents issued by the Pensions Regulator and Technical Actuarial Standards issued by the Financial Reporting Council, set out the framework for funding defined benefit occupational pension schemes in the UK.

The scheme is classified as a 'last-man standing arrangement'. Therefore the Society is potentially liable for other participating employers' obligations if those employers are unable to meet their share of the scheme deficit following withdrawal from the scheme. Participating employers are legally required to meet their share of the scheme deficit on an annuity purchase basis on withdrawal from the scheme.

A full actuarial valuation for the scheme was carried out with an effective date of 30 September 2017. This actuarial valuation showed assets of £795m, liabilities of £926m and a deficit of £132m. To eliminate this funding shortfall, the Trustees and the participating employers have agreed that additional contributions will be paid, in combination from all employers, to the scheme as follows:

Deficit contributions:

From 1 April 2019 to 31 January 2025: £11.2m per annum (payable monthly and increasing by 3% each on 1st April)

Note that the scheme's previous valuation was carried out with an effective date of 30 September 2014; this valuation showed assets of £793m, liabilities of £970m and a deficit of £177m. To eliminate this funding shortfall, the Trustees and the participating employers have agreed that additional contributions will be paid, in combination from all employers, to the scheme as follows:

From 1 April 2016 to 30 September 2025: £12.9m per annum (payable monthly and increasing by 3% each year on 1st April)

From 1 April 2016 to 30 September 2028: £54.5k per annum (payable monthly and increasing by 3% each year on 1st April)

Where the scheme is in deficit and where the charity has agreed to a deficit funding arrangement the charitable company recognises a liability for this obligation. The amount recognised is the net present value of the deficit reduction contributions payable under the agreement that relates to the deficit. The present value is calculated using the discount rate detailed in these disclosures. The unwinding of the discount rate is recognised as a finance cost.

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

15 Pension commitments (continued)

	2022	2021
	£	£
<i>Present values of provision</i>		
Due within one year	2,795	8,442
Due after one year	5,084	25,137
Total present value of provision	<u>7,879</u>	<u>33,579</u>

Reconciliation of opening and closing provision

	£
Provision at start of period	33,579
Unwinding of the discount factor (interest expense)	194
Deficit contribution paid	(8,498)
Remeasurements - impact of any change in assumptions	(181)
Remeasurements - amendments to the contribution schedule	(17,215)
Provision at end of period	<u>7,879</u>

Income and expenditure impact

	2022	2021
	£	£
Interest expense	194	894
Remeasurements - impact of any change in assumptions	(181)	1,148
Remeasurements - amendments to the contribution schedule	(17,215)	-
Costs recognised in income and expenditure account	<u>(17,202)</u>	<u>2,042</u>

Assumptions

	2022	2021
	£	£
Rate of discount	<u>2.35</u>	<u>0.66</u>

The discount rates shown above are the equivalent single discount rates which, when used to discount the future recovery plan contributions due, would give the same results as using a full AA corporate bond yield curve to discount the same recovery plan contributions.

16 Related party transactions

The charity's key management personnel are the Trustees, the Chief Executive and the Deputy Chief Executive. Total emoluments, excluding employer's pension contributions, paid to key management personnel were £129,356 (2021: £122,650).

17 Control

The charitable company is controlled by the Trustees and there is no one ultimate controlling party.

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

18 Operating lease commitments

The charity is committed to future minimum lease payments under non-cancellable operating leases as follows:

	2022	2021
	£	£
Land and buildings:		
Due within one year	39,410	42,660
Due in two to five years	28,927	-
	<u>68,337</u>	<u>42,660</u>