

# SIVANANDA YOGA VEDANTA CENTRE

England & Wales · Charity number 1103746

## Details

|                |                                                         |
|----------------|---------------------------------------------------------|
| Status         | Registered                                              |
| Legal form     | Charitable company                                      |
| Company number | <a href="#">05091856</a>                                |
| Registered     | 2004-05-13                                              |
| Register       | <a href="#">View on the Charity Commission register</a> |

## Contact

|         |                                                                         |
|---------|-------------------------------------------------------------------------|
| Address | Sivananda Yoga Vedanta Centre<br>51 Felsham Road<br>London<br>SW15 1AZ  |
| Phone   | 02087800160                                                             |
| Email   | <a href="mailto:swj@sivananda.net">swj@sivananda.net</a>                |
| Website | <a href="https://sivanandalondon.org/">https://sivanandalondon.org/</a> |

## Activities

**Objects:** The objects for which the Centre is established are to advance the Hindu religion as a way of life by the propagation, practice and dissemination of the spiritual teachings and doctrines of the Indian saint, mystic and sage His Holiness Sri Swami Sivananda, founder of the Divine Life Society, Rishikesh, India, who taught the yoga of synthesis as a means to reach physical and mental wellbeing and ultimately Self-realization.

**Activities:** Religious activities. Located in Putney SW15.

## Classification

- **How:** Provides Services
- **What:** Religious Activities
- **Who:** The General Public/mankind

## Geography

- **Area of benefit:** NOT DEFINED. IN PRACTICE THE LONDON BOROUGH OF CAMDEN AND ELSEWHERE
- Hammersmith And Fulham

## Finances

| Period end | Income   | Expenditure | Assets | Employees |
|------------|----------|-------------|--------|-----------|
| 2024-12-31 | £143,893 | £206,359    | -      | -         |
| 2023-12-31 | £125,287 | £205,986    | -      | -         |
| 2022-12-31 | £96,870  | £248,003    | -      | -         |
| 2021-12-31 | £133,409 | £162,291    | -      | -         |
| 2020-12-31 | £142,089 | £235,460    | -      | -         |

## Trustees

| Name                 | Role | Appointed  |
|----------------------|------|------------|
| JOLANDA ONDERWATER   |      | 2020-03-06 |
| Maria Guagliano      |      | 2016-05-03 |
| SRINIVASAN ASHLEY    |      |            |
| SWAMI DURGANANDA     |      |            |
| SWAMI GOKULANANDA    |      | 2022-03-24 |
| SWAMI KAILASANANDA   |      |            |
| SWAMI SIVADASANANDA  |      |            |
| SWAMI SWAROOPANANDA  |      |            |
| Swami Ramapriyananda |      | 2020-03-06 |
| Swami Sitaramananda  |      | 2014-04-12 |

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# Accounts

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Registered Charity Number 1103746

Registered Company Number 5091856

Sivananda Yoga Vedanta Centre  
(A Charitable Company Limited By Guarantee)

Unaudited Accounts

For the year ended 31 December 2024

**Sivananda Yoga Vedanta Centre**  
**Report and accounts**

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**Sivananda Yoga Vedanta Centre**  
**Reference and administrative information**  
**For the year ended 31 December 2024**

|                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                              |
|---------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Charity name</b>                               | Sivananda Yoga Vedanta Centre<br>(A Charitable Company Limited by Guarantee)                                                                                                                                                                                                                                                                                                                                                                 |
| <b>Nature of governing document</b>               | Articles of Association                                                                                                                                                                                                                                                                                                                                                                                                                      |
| <b>Registered company number</b>                  | 5091856                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| <b>Registered charity number</b>                  | 1103746                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| <b>Directors / Trustees</b>                       | President - Brigitte Fletcher ( Swami Durgananda)<br>Vice President - Florence Aillot ( Swami Kailasananda)<br>Treasurer - Jonas Müller ( Swami Sivadasananda)<br>Rony Magazanic ( Swami Swaroopananda)<br>Mark Ashley ( Srinivasan)<br>Maria Guagliano (Kanti Devi)<br>Swami Sitaramananda<br>Maartje Johanna Onderwater (Swami Jyotirmayananda)<br>Hedwig Selmeier (Swami Ramapriyananda)<br>Sabine Margarethe Malecek (Swami Gokulananda) |
| <b>Secretary</b>                                  | Florence Aillot ( Swami Kailasananda)                                                                                                                                                                                                                                                                                                                                                                                                        |
| <b>Accountants/<br/>Independent Examiner</b>      | Monika Hazelton<br>Winston Hazelton & Co Ltd<br>Certified Chartered Accountants<br>34 Arlington Road<br>London<br>NW1 7HU                                                                                                                                                                                                                                                                                                                    |
| <b>Bankers</b>                                    | Royal Bank of Scotland<br>36 New Bridge Street<br>London<br>EC4V 6BJ                                                                                                                                                                                                                                                                                                                                                                         |
| <b>Solicitors</b>                                 | Russell-Cooke<br>2 Putney Hill<br>London<br>SW15 6AB                                                                                                                                                                                                                                                                                                                                                                                         |
| <b>Registered office/<br/>Operational address</b> | 45 - 51 Felsham Road<br>London<br>SW15 1AZ                                                                                                                                                                                                                                                                                                                                                                                                   |

**Sivananda Yoga Vedanta Centre**  
**Trustees' annual report**  
**For the year ended 31 December 2024**

The trustees who are also directors under company law, present their report and financial statements for the year ended 31 December 2024. The trustees confirm that the financial statements comply with current statutory requirements, the memorandum and articles of association and the Charities Statement of Recommended Practice (SORP) - Accounting and Reporting by Charities SORP applicable to charities preparing their accounts in accordance with FRS 102 effective 1 January 2019.

**Structure, Governance and Management**

**Governing document**

Sivananda Yoga Vedanta Centre is a company limited by guarantee, number 5091856 incorporated on 2 April 2004 and a charity registered with the Charity Commission on 13 May 2004, number 1103746. The charity is governed by its Articles of Association.

During the year the Charity updated its Articles of Association which were adopted by Written Special Resolution dated 26 September 2024.

The company has no share capital but under the terms of its Memorandum of Association every member is liable to contribute a sum not exceeding £1 in the event that the company is wound up whilst they are a member or for one year thereafter. The number of trustees shall not be less than six members nor more than ten. The number of trustees at present is ten (2023: ten).

**Recruitment and appointment of board of management**

The members of the Board of Management are the members in accordance with the Articles of Association. Under the requirements of the Memorandum and Articles of Association the members of the Board of Management are elected by the Board of Management to serve for a period of 3 years after which they may be re-appointed for one or more further terms of three years. All officers must be sympathetic to the teachings of Sri Swami Sivananda Maharaj.

The trustees are:

Brigitte Fletcher (Swami Durgananda)  
Florence Aillot (Swami Kailasananda)  
Jonas Müller (Swami Sivadasananda)  
Rony Magazanic (Swami Swaroopananda)  
Mark Ashley (Srinivasan)  
Maria Guagliano (Kanti Devi)  
Swami Sitaramananda  
Maartje Johanna Onderwater (Swami Jyotirmayananda)  
Hedwig Selmeier (Swami Ramapriyananda)  
Sabine Margarethe Malecek (Swami Gokulananda)

**Organisational structure**

The business of the Centre is managed by the Board of Management as a whole and they are responsible for the strategic direction and policy of the charity. Certain trustees - Swami Kailasananda, Swami Durgananda, Swami Sivadasananda and Swami Jyotirmayananda - who are experienced in the operational and financial issues of the centre - play a more active role as trustees of the centre. Responsibility for the day to day management of the Centre was delegated to the Centre Director, Swami Jyotirmayananda who is responsible for all the activities of the centre.

**Sivananda Yoga Vedanta Centre**  
**Trustees' annual report**  
**For the year ended 31 December 2024**

**Trustee induction and training**

The trustees are already familiar with the practical work of the charity being practising Yogis themselves. All are sympathetic to the teachings of Sri Swami Sivananda Maharaj. Most trustees are active in the annual budgeting process and are very familiar with the objectives of the Centre. Information regarding the duties of trustees is circulated to and discussed with all trustees.

**Risk management**

The board of management regularly conducts a review of the major risks to which the charity is exposed. Regular reporting to the board of management helps minimise financial and operational risks and certain trustees visit the centre. Individuals involved in running any classes are required to have the appropriate qualifications. Insurance is in place to protect against operational risks.

The charity's risk assessment has been updated and fine-tuned further under the guidance of a professional risk consultant.

**Objectives, activities and public benefit**

The Centre's principal activity during the year remains to advance the Hindu religion as a way of life by the propagation, practice and dissemination of the spiritual teachings and doctrines of the Indian saint, mystic and sage His Holiness Sri Swami Sivananda, founder of the Divine Life Society, Rishikesh, India, who taught the yoga of synthesis as a means to reach physical and mental wellbeing and ultimately Self-realisation.

The trustees have had due regard to the guidance issued by the Charity Commissioners, including public benefit guidance, and they consider that the work carried out by the centre is for the public benefit.

In furtherance of these objects the Centre brings together persons interested in the discipline of Yoga and promotes the knowledge of such discipline. This is achieved by running a centre at its operational address to promote the theory and practice of such a discipline. Projects are occasionally undertaken at other venues.

Classes in meditation, yoga and relaxation are offered. The five basic principles of yoga promoted by Swami Vishnudevananda are taught as part of the classes. Certificate courses, retreats and special programmes take place at the centre and occasionally at other venues. Invited guests visit the centre to assist in providing some of the special programmes.

**Investment and funding**

The trustees confirm that all the income and expenditure is for the sole purpose of meeting these objectives.

**Members of the centre**

Members of the Centre, as distinct from members of the board of management, are entitled to a discount on classes, courses, workshops and retreats. The Centre has an active membership

**Sivananda Yoga Vedanta Centre**  
**Trustees' annual report**  
**For the year ended 31 December 2024**

**Achievements and performance**

The main area of charitable activity is the running of classes, courses, workshops, residential certificate courses held at the centre and retreats to achieve the charitable objectives of the centre. There are also online yoga classes and courses. The centre also runs a boutique shop located at its operational address where products promoting the activities of the centre are for sale. The range of products are regularly reviewed and stock levels are carefully monitored. The centre has written various books promoting the objects of the charity, these are available for sale in the boutique. The charity has rights to Royalties.

In April 2024, the Centre hosted the Executive Board Members from all over the world, who have flown in to the UK for the first in-person meeting since the pandemic. The London Centre was honoured to host the meeting.

The centre is dependent on and grateful for the contributions rendered by its unpaid volunteers who play an essential role in helping to achieve the objectives of the centre.

Achieving these goals is dependent on the number of people attending the classes and courses organised by the Centre. These numbers are affected by general economic trends and the income does vary each year. During 2024 numbers increased from 107 to 121. As in the past years there was good attendance for the annual Easter retreat and the residential certificate courses in the centre.

**Financial review**

**Principal funding sources**

Income from charitable activities in the year comprised £120,111 (2023: £103,133). The trustees are satisfied with the level of income given the exceptional situation with the ongoing cost of living crisis. This income is derived from yoga classes, courses (including online courses), teacher training, workshops, retreats and other programs.

Other trading activities include income from sales in the boutique of related yoga and meditation products of £11,127 (2023: £8,589), Royalties £Nil (2023: £Nil).

Donations received have decreased in the year, down to £12,359 (2023: £13,108). Gift aid income of £713 (2023: £2,131) is included in total donations.

Costs are incurred in running the classes, courses and residential certificate courses at the centre's premises and at other locations. The expenditure has been apportioned between these different charitable headings.

No fundraising is undertaken directly and no costs are incurred in that regard.

The deficit in funds for the year of £62,466 (2023: £80,699) is stated after depreciation of £99,278 (2023: £90,270).

**Investment policy**

The Board has the power to make investments under the Articles and can appoint a professional investment manager if deemed appropriate. No such appointment has been made. The Board takes a very prudent view regarding the investment of surplus funds which are invested in bank balances as funds are required to meet the centre's ongoing needs and to build up reserves.

**Sivananda Yoga Vedanta Centre**  
**Trustees' annual report**  
**For the year ended 31 December 2024**

**Financial position at year end and reserves policy**

The charity has a reserves policy that unrestricted funds in the form of free reserves not committed or invested in tangible fixed assets should represent between 3-6 months of expenditure. The board recognise that this is important as a significant proportion of the reserves are invested in the freehold property owned by the charity.

The centre has cash balances of £20,837 and net current liabilities of £9,004 at the year end (2023: cash balances of £36,006 and net current liabilities of £447,857).

Annual expenditure was circa £206,000 which means circa £51,500-£103,000 of free reserves are required.

The trustees are aware that the current reserves policy has not been met since Covid 19, throughout the cost of living crisis and the recent changes in global geopolitical set up. The Centre acknowledges that the recovery is moderate but is keen to increase the available net assets and it is working to achieve this over a period of time as referred in the Plans for future periods section.

The charity has loans from other centres. These loans are denominated in a foreign currency. The charities functional currency is £ Sterling. Foreign exchange differences arise on these outstanding loans at the year end. In 2024 there is a foreign exchange gain of £45,708 (2023: £12,172).

**Plans for future periods**

The Retreat income forms a substantial part of the income from charitable activities and has increased by 21% compared to 2023. There is especially much interest in retreats in the UK countryside. Apart from the well-attended Easter Retreat in Kent, a first retreat will be held in a new venue in Hampshire over the August Bank Holiday in 2025. There will also be a one-day country-side retreat in another new venue in East Sussex on the Spring Bank Holiday Monday 2025. We trust that these additional retreats will help to share the teachings to a broader audience as well as provide the centre with additional income.

Extensive kitchen renovations concluded in February. The kitchen is a vital hub of the centre and has, after three months of renovations, been transformed into a practical, hardwearing and beautiful space.

In March 2025, a new website was launched. It has an improved on-line visibility as the Charity recognises that this is one of the most critical indicators of a successful search engine optimization (SEO) strategy.

The free taster class that was reintroduced on Saturday afternoons to sample the Sivananda class without obligation, has been very fruitful. Although the number of participants is mostly modest, participants regularly enrol for beginners' yoga courses after having attended the taster class.

Students of the London Centre participate in Sivananda Teachers' Training Courses in the various course venues in Europe as well as in the Himalayas in India. The infrastructure supporting the teachings in the London Centre is in the last phase of improvement. The graphic office will be transformed into a bedroom and access to the public showers in the basement will be improved. We look forward to resuming the training of future yoga teachers in the London Centre once our facilities are ready to welcome bigger groups of residents for a one-month training programme.

**Sivananda Yoga Vedanta Centre**  
**Trustees' annual report**  
**For the year ended 31 December 2024**

**Responsibilities of the board of management**

**Statement of Directors' and Trustees' Responsibilities**

Charity Law and the Companies Acts require the Board to prepare accounts for each financial year which give a true and fair view of the state of affairs of the charitable company as at the end of the financial year and of its incoming resources and application of resources, including income and expenditure for that period. In preparing those accounts the Board is required to :-

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.
- state whether applicable accounting standards and statements of recommended practice have been followed , subject to any material departures disclosed and explained in the financial statements.
- observe the methods and principles of the Charities SORP

The trustees are also responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which are sufficient to show and explain the charity's transactions and enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report was approved by the board on 29 May 2025.



Maartje Johanna Onderwater (Swami Jyotirmayananda)  
Trustee and member of the Board of Management

**Sivananda Yoga Vedanta Centre  
(LIMITED BY GUARANTEE)  
Accountants' Report**

**Independent Examiner's report on the unaudited accounts  
to the directors/trustees of  
Sivananda Yoga Vedanta Centre**

I report to the Company's Board of Directors who are also the Trustees of Sivananda Yoga Vedanta Centre (the Charity) on the accounts for the year ended 31 December 2024, which comprise the Statement of Financial Activities, the Balance Sheet and the related notes. These accounts have been prepared in accordance with the accounting policies set out therein and the requirements of the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019) - Charities SORP FRS 102 (Second Edition), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) and the Companies Act 2006.

This report is made solely to the Company's Board of Directors who are also the Charity's Trustees, as a body. My work has been undertaken so that I might state to the trustees those matters I am required to state to them in an Independent Examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Charity and the Charity's trustees as a body, for my work, for this report or for the opinion I have formed.

**Respective responsibilities of trustees and independent examiner**

As described in the statement of trustees' responsibilities on page 6, the Charity's trustees are responsible for the preparation of the accounts and they consider that the Charity is exempt from an audit under section 144 of the Charities Act 2011 (the Act) and exempt under Part 16 of the Companies Act 2006 and that an independent examination is required.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to examine the accounts under section 145 of the Act and to follow procedures laid down in the general Directions given by the Charity Commission under section 145(5) of the Act and state whether particular matters have come to my attention.

**Basis of Independent Examiner's report**

My examination was carried out in accordance with the General Directions given by the Charity Commission. My examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

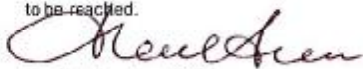
**Independent examiner's statement**

I have completed my examination.

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
  - \* to keep accounting records in accordance with section 386 of the Companies Act 2006; and
  - \* to prepare accounts which accord with the accounting records and comply with the accounting requirements of Section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities applicable to Financial Reporting Standard applicable to UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP FRS 102));have not been met; or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Monika Hazelton ACCA  
Independent examiner  
Winston Hazelton & Co Ltd  
Certified Chartered Accountants  
34 Arlington Road  
London  
NW1 7HU

2 June 2025

**Sivananda Yoga Vedanta Centre**  
**(Limited by guarantee)**  
**Statement of financial activities**  
**(Including Income & Expenditure Account)**  
**for the year ended 31 December 2024**

|                                           | Notes | General<br>unrestricted<br>funds<br>£ | Restricted<br>funds<br>£ | 2024<br>£       | 2023<br>£       |
|-------------------------------------------|-------|---------------------------------------|--------------------------|-----------------|-----------------|
| <b>Income from:</b>                       |       |                                       |                          |                 |                 |
| Donations, grants and legacies            | 2     | 12,359                                | -                        | 12,359          | 13,108          |
| Charitable activities                     | 3     | 120,111                               | -                        | 120,111         | 103,133         |
| Other trading activities                  | 4     | 11,127                                | -                        | 11,127          | 8,589           |
| Income from investments                   | 5     | 296                                   | -                        | 296             | 457             |
| <b>Total income</b>                       |       | <b>143,893</b>                        | <b>-</b>                 | <b>143,893</b>  | <b>125,287</b>  |
| <b>Expenditure on:</b>                    |       |                                       |                          |                 |                 |
| Raising funds                             | 6     | 18,601                                | -                        | 18,601          | 17,808          |
| Charitable activities                     | 6     | 187,758                               | -                        | 187,758         | 188,178         |
| <b>Total expenditure</b>                  |       | <b>206,359</b>                        | <b>-</b>                 | <b>206,359</b>  | <b>205,986</b>  |
| <b>Net movement in funds</b>              |       | <b>(62,466)</b>                       | <b>-</b>                 | <b>(62,466)</b> | <b>(80,699)</b> |
| <b>Reconciliation of funds</b>            |       |                                       |                          |                 |                 |
| <b>Total funds as at 1 January 2024</b>   |       | <b>648,157</b>                        | <b>-</b>                 | <b>648,157</b>  | <b>728,856</b>  |
| <b>Total funds as at 31 December 2024</b> |       | <b>585,691</b>                        | <b>-</b>                 | <b>585,691</b>  | <b>648,157</b>  |

The statement of financial activities includes all gains and losses. All income and expenditure derives from continuing activities.

**Sivananda Yoga Vedanta Centre  
Balance Sheet  
as at 31 December 2024**

Registered Company Number 5091856

|                                                                  | Notes | 2024<br>£        | 2023<br>£        |
|------------------------------------------------------------------|-------|------------------|------------------|
| <b>Fixed assets</b>                                              |       |                  |                  |
| Tangible assets                                                  | 10    | 1,541,805        | 1,640,456        |
| <b>Current assets</b>                                            |       |                  |                  |
| Stocks                                                           |       | 8,750            | 8,750            |
| Debtors                                                          | 11    | 8,288            | 3,707            |
| Cash at bank and in hand                                         |       | 20,837           | 36,006           |
|                                                                  |       | <u>37,875</u>    | <u>48,463</u>    |
| <b>Creditors: amounts falling due within one year</b>            | 12    | (46,879)         | (496,320)        |
| <b>Net current liabilities</b>                                   |       | <u>(9,004)</u>   | <u>(447,857)</u> |
| <b>Total assets less current liabilities</b>                     |       | <u>1,532,801</u> | <u>1,192,599</u> |
| <b>Creditors: amounts falling due after more than one year</b>   | 13    | (947,110)        | (544,442)        |
| <b>Net assets</b>                                                |       | <u>585,691</u>   | <u>648,157</u>   |
| <b>Unrestricted funds</b>                                        |       |                  |                  |
| General funds                                                    | 14    | 585,691          | 648,157          |
| <b>Total charity funds - all unrestricted - 31 December 2024</b> |       | <u>585,691</u>   | <u>648,157</u>   |

For the financial year in question the company was entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006 relating to small companies.

No members have required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the special provisions applicable to companies subject to the small companies' regime.



Maartje Johanna Onderwater (Swami Jyotirmayananda)  
Trustee and member of the Board of Management

Approved by the board of management on ... 29 May ... 2025

**Sivananda Yoga Vedanta Centre**  
**Notes to the Accounts**  
**for the year ended 31 December 2024**

**1 Accounting policies**

a) **Basis of preparation**

The financial statements have been prepared under historical cost convention in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable to UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP FRS 102 second edition October 2019), the financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy or note.

b) **Public benefit entity**

The charitable company meets the definition of a public entity under FRS 102.

**Concessionary loans**

The centre has received loans from other centres. These are at rates below the prevailing market rates of interest of a similar commercial loan. The loans have been treated as public benefit concessionary loans under the definition in the Financial Reporting Standard FRS 102. These loans are reported at the amount received adjusted for any unpaid accrued interest. The loans have not been discounted to their present value and the liability in subsequent years is not recognised at amortised cost using the effective interest rate method.

c) **Going concern**

At the date of these accounts, cost of living crisis continued to impacted the speed of the post Covid - 19 recovery of the Charity's net incoming resources. In addition it is noted that there are global geopolitical changes that affect organisations throughout the world.

As indicated in the trustees report the Charity is adding new ways of generating income and a moderate increase in income was noted. The Centre loans are friendly loans between supportive Sivananda Centres. The accounts have therefore been prepared on a going concern basis.

The trustees do not consider that there are any sources of uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next reporting period.

d) **Income**

All income is included in the statement of financial activities when the charity is entitled to the income, it is probable that the income will be received and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

- Voluntary income is received by way of donations and gifts and is included in full in the Statement of Financial Activities when receivable.
- Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included in these accounts.
- Investment income is included when receivable.
- Books and other items donated for resale through the charity's boutique are included as other trading activities when they are sold.
- Yoga classes, courses and teacher training income is treated as charitable activities and are accounted for when earned.
- Subscription income is treated as part of income from charitable activities as it is for a service received. Subscriptions paid in advance are deferred to future periods.

e) **Interest receivable**

Interest on funds held in bank accounts is included when receivable and the amount can be measured reliably by the charity, this is normally upon notification of the interest paid or payable by the bank.

f) **Fund accounting**

Unrestricted funds are donations and other incoming resources received or generated for the charitable purposes.

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund.

**Sivananda Yoga Vedanta Centre**  
**Notes to the Accounts**  
**for the year ended 31 December 2024**

**1 Accounting policies - continued**

**g) Expenditure**

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure is stated net of Vat. Any irrecoverable VAT is reported separately:

- Costs of raising funds comprise the cost associated with attracting voluntary income.
- Charitable activities expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.
- All costs are allocated between the expenditure categories of the Statement of Financial Activities on a basis designed to reflect the use of the resources. Costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis per floor areas, per capita or estimated usage as set out in note 6.

**h) Allocation of support costs**

Resources expended are allocated to the particular activity where the cost relates to that activity. The cost of overall direction and administration of each activity, comprising the overhead costs of the central function, are apportioned based on the amount attributable to each activity.

**i) Tangible fixed assets**

Fixed assets are stated at cost less accumulated depreciation. Depreciation is provided at rates calculated to write off the

|                                    |                              |
|------------------------------------|------------------------------|
| Freehold buildings                 | 2% on building-straight line |
| Improvements to land and buildings | 5% straight line             |
| Equipment, furniture and fittings  | 20% reducing balance basis   |

The estimated value of the land is not depreciated.

**j) Stocks**

Stock is valued at the estimated lower of cost and net realisable value.

**k) Debtors**

Debtors are recognised at the settlement amount due after any discounts offered. Prepayments are valued at the amount prepaid net of any discounts due.

**l) Cash at bank and in hand**

Cash at bank and in hand includes bank balance kept in current accounts.

**m) Creditors and provisions**

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any discounts due.

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments which are initially recognised at transaction value and subsequently measured at their settlement value.

**n) Leasing and hire purchase commitments**

Rentals applicable to operating leases where substantially all of the benefits and risks of ownership remain with the lessor are charged to the Statement of Financial Activities as incurred.

**o) Foreign currencies**

Transactions in foreign currencies are recorded at the rate ruling at the date of the transaction. Monetary assets and liabilities denominated in foreign currencies are translated at the rate of exchange ruling at the balance sheet date. All differences are taken to the profit and loss account.

**Sivananda Yoga Vedanta Centre**  
**Notes to the Accounts**  
**for the year ended 31 December 2024**

**2 Income from donations, grants and legacies**

|                             | <b>Unrestricted</b> | <b>Restricted</b> | <b>2024</b>   | <b>2023</b>   |
|-----------------------------|---------------------|-------------------|---------------|---------------|
|                             | <b>£</b>            | <b>£</b>          | <b>Total</b>  | <b>Total</b>  |
|                             | <b>£</b>            | <b>£</b>          | <b>£</b>      | <b>£</b>      |
| Donations                   | 12,359              | -                 | 12,359        | 13,108        |
| Grants from local authority | -                   | -                 | -             | -             |
|                             | <u>12,359</u>       | <u>-</u>          | <u>12,359</u> | <u>13,108</u> |

**3 Income from charitable activities**

|                        | <b>Unrestricted</b> | <b>Restricted</b> | <b>2024</b>    | <b>2023</b>    |
|------------------------|---------------------|-------------------|----------------|----------------|
|                        | <b>£</b>            | <b>£</b>          | <b>Total</b>   | <b>Total</b>   |
|                        | <b>£</b>            | <b>£</b>          | <b>£</b>       | <b>£</b>       |
| Yoga activities income | <u>120,111</u>      | <u>-</u>          | <u>120,111</u> | <u>103,133</u> |

**4 Income from other trading activities**

|                          |               |          |               |              |
|--------------------------|---------------|----------|---------------|--------------|
| Other trading activities | <u>11,127</u> | <u>-</u> | <u>11,127</u> | <u>8,589</u> |
|--------------------------|---------------|----------|---------------|--------------|

**5 Income from investments**

|                        |            |          |            |            |
|------------------------|------------|----------|------------|------------|
| Bank interest received | <u>296</u> | <u>-</u> | <u>296</u> | <u>457</u> |
|------------------------|------------|----------|------------|------------|

**6 Analysis of expenditure**

|                                        | <b>Charitable activities</b> | <b>Raising funds</b> | <b>Governance</b> | <b>2024</b>   | <b>2023</b>   |
|----------------------------------------|------------------------------|----------------------|-------------------|---------------|---------------|
|                                        | <b>£</b>                     | <b>£</b>             | <b>£</b>          | <b>Total</b>  | <b>Total</b>  |
|                                        | <b>£</b>                     | <b>£</b>             | <b>£</b>          | <b>£</b>      | <b>£</b>      |
| Boutique costs                         | -                            | 6,194                | -                 | 6,194         | 4,167         |
| Special programmes                     | 13,629                       | -                    | -                 | 13,629        | 4,281         |
| Retreat expenses                       | 3,733                        | -                    | -                 | 3,733         | 3,044         |
| Direct yoga supplies                   | 10,569                       | -                    | -                 | 10,569        | 11,303        |
| Brochure cost, design and distribution | 4,051                        | -                    | -                 | 4,051         | 2,486         |
| Motor and travel                       | 8,443                        | -                    | -                 | 8,443         | 5,713         |
|                                        | <u>40,425</u>                | <u>6,194</u>         | <u>-</u>          | <u>46,619</u> | <u>30,994</u> |

**Support costs allocated to activities**

|                                |                |               |            |                |                |
|--------------------------------|----------------|---------------|------------|----------------|----------------|
| Establishment expenses         | 59,602         | 5,183         | -          | 64,785         | 56,531         |
| General office expenses        | 7,199          | 626           | -          | 7,825          | 9,146          |
| Legal and professional         | 609            | 53            | -          | 662            | 1,415          |
| Accountancy                    | 6,440          | 560           | -          | 7,000          | 6,250          |
| Independent examination fee    | -              | -             | 750        | 750            | 750            |
| Depreciation                   | 91,336         | 7,942         | -          | 99,278         | 90,270         |
| Irrecoverable input VAT        | 4,645          | -             | -          | 4,645          | 4,852          |
| Foreign exchange loss/(profit) | (42,051)       | (3,657)       | -          | (45,708)       | (12,172)       |
| Bank charges and interest      | 18,863         | 1,640         | -          | 20,503         | 17,950         |
|                                | <u>146,643</u> | <u>12,347</u> | <u>750</u> | <u>159,740</u> | <u>174,992</u> |

**Governance costs**

|  |     |    |       |   |
|--|-----|----|-------|---|
|  | 690 | 60 | (750) | - |
|--|-----|----|-------|---|

**Total expenditure 2024**

|  |                |               |          |                |
|--|----------------|---------------|----------|----------------|
|  | <u>187,758</u> | <u>18,601</u> | <u>-</u> | <u>206,359</u> |
|--|----------------|---------------|----------|----------------|

**Total expenditure 2023**

|  |                |               |          |                |
|--|----------------|---------------|----------|----------------|
|  | <u>188,178</u> | <u>17,808</u> | <u>-</u> | <u>205,986</u> |
|--|----------------|---------------|----------|----------------|

The support costs are allocated between the yoga activities and boutique pro rata to their turnover.

**Sivananda Yoga Vedanta Centre**  
**Notes to the Accounts**  
**for the year ended 31 December 2024**

|                                    |             |             |
|------------------------------------|-------------|-------------|
| <b>7 Net incoming resources</b>    | <b>2024</b> | <b>2023</b> |
|                                    | <b>£</b>    | <b>£</b>    |
| This is stated after charging:     |             |             |
| Depreciation of owned fixed assets | 99,278      | 90,270      |
| Independent Examiner's fees        | 750         | 750         |

**8 Analysis of staff costs, trustee remuneration and expenses and the cost of key management personnel**

No members of the board of management received any remuneration during the year. Travel costs amounting to £Nil (2023: £Nil) were paid on behalf of any members of the board in their roles as trustees. The charity paid medical expenses of £Nil (2023: £2,321) for one trustee.

No amounts are included in the financial statements for services donated by key management personnel and volunteers as these cannot be quantified.

**9 Taxation**

As a charity, Sivananda Yoga Vedanta Centre is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the Charity.

The company is exempt from levying VAT on certain of its income and can therefore only recover input tax on a proportion of goods and services purchased.

**10 Tangible fixed assets**

|                       | <b>Freehold land<br/>and buildings<br/>£</b> | <b>Equipment,<br/>furniture<br/>and fittings<br/>£</b> | <b>Total<br/>£</b> |
|-----------------------|----------------------------------------------|--------------------------------------------------------|--------------------|
| <b>Cost</b>           |                                              |                                                        |                    |
| At 1 January 2024     | 3,109,485                                    | 118,354                                                | 3,227,839          |
| Additions             | 627                                          | -                                                      | 627                |
| At 31 December 2024   | 3,110,112                                    | 118,354                                                | 3,228,466          |
| <b>Depreciation</b>   |                                              |                                                        |                    |
| At 1 January 2024     | 1,472,128                                    | 115,255                                                | 1,587,383          |
| Charge for the year   | 98,658                                       | 620                                                    | 99,278             |
| At 31 December 2024   | 1,570,786                                    | 115,875                                                | 1,686,661          |
| <b>Net book value</b> |                                              |                                                        |                    |
| At 31 December 2024   | 1,539,326                                    | 2,479                                                  | 1,541,805          |
| At 31 December 2023   | 1,637,357                                    | 3,099                                                  | 1,640,456          |

The Executive Committee are of the opinion that the market values of the freehold functional properties are not less than their book value at 31 December 2024.

|                               |             |             |
|-------------------------------|-------------|-------------|
| <b>11 Debtors</b>             | <b>2024</b> | <b>2023</b> |
|                               | <b>£</b>    | <b>£</b>    |
| Other debtors and prepayments | 8,288       | 3,707       |

**Sivananda Yoga Vedanta Centre**  
**Notes to the Accounts**  
**for the year ended 31 December 2024**

| <b>12 Creditors: amounts falling due within one year</b> | <b>2024</b>   | <b>2023</b>    |
|----------------------------------------------------------|---------------|----------------|
|                                                          | <b>£</b>      | <b>£</b>       |
| Bank loans and overdrafts (secured)                      | 20            | 1,763          |
| Trade creditors                                          | 5,538         | 5,408          |
| Other loans                                              | 33,556        | 423,581        |
| Other taxes and social security costs                    | 15            | 314            |
| Accruals and deferred income                             | 7,750         | 65,254         |
|                                                          | <u>46,879</u> | <u>496,320</u> |

Overdrafts are secured by a first charge over the land and buildings.

The loans from other centres are shown above as other loans.

During the year the Charity renegotiated the terms of certain loans extending the periods of repayment as well as interest rates.

From 2024 1.5% interest rates are charged on all the loans (2023: 1.5% - 3.0%)

The Charity has not met its annual repayments and interest for some of these loans. The internal loan agreements between four European Sivananda Yoga Centres and the London Sivananda Yoga Centre are friendly loans between supportive Sivananda Centres. There is no pressure on repayment dates, the Sivananda Yoga Centre London is allowed to pay loan instalments when the financial position allow the Centre to do so.

Based on the above the Charity has reclassified most of its loans that has fallen due within 1 year as falling due over 1 year.

Unpaid accrued interest has now been also reclassified to accruals over 1 year (2023: within 1 year). The loans have not been discounted to their present value.

| <b>13 Creditors: amounts falling due after one year</b> | <b>2024</b>    | <b>2023</b>    |
|---------------------------------------------------------|----------------|----------------|
|                                                         | <b>£</b>       | <b>£</b>       |
| Other loans                                             | 876,387        | 544,442        |
| Accruals over 1 year                                    | 70,723         | -              |
|                                                         | <u>947,110</u> | <u>544,442</u> |
| <u>Total loans commitments</u>                          |                |                |
| Loans falling due within one year                       | 33,576         | 425,344        |
| Loans falling due between 1 and 2 years                 | 33,556         | 43,487         |
| Loans falling due between 2 and 5 years                 | 100,668        | 117,971        |
| Loans falling due after 5 years                         | 742,163        | 382,985        |
|                                                         | <u>909,963</u> | <u>969,787</u> |

| <b>14 Movements in funds</b> | <b>2024</b>    | <b>2023</b>    |
|------------------------------|----------------|----------------|
|                              | <b>£</b>       | <b>£</b>       |
| At 1 January                 | 648,157        | 728,856        |
| Incoming resources           | 143,893        | 125,287        |
| Resources expended           | (206,359)      | (205,986)      |
|                              | <u>585,691</u> | <u>648,157</u> |
| At 31 December               |                |                |

**Sivananda Yoga Vedanta Centre**  
**Notes to the Accounts**  
**for the year ended 31 December 2024**

**15 Related party transactions**

The affiliated centres' loans that are stated in notes 12 and 13 were received based on arm's length agreements.

Over the last few years, and since the outset of Covid - 19 and throughout the cost of living crisis, the terms of repayment on these loans have not been adhered to, by mutual consent.

**16 Company information**

Sivananda Yoga Vedanta Centre is a private company limited by guarantee incorporated in England and Wales. The registered office is 45 - 51 Felsham Road, London, SW15 1AZ.

**17 Presentation currency**

The financial statements are presented in Sterling.

**18 Liabilities of members**

The company has no share capital but under the terms of its memorandum and articles of association every member is liable to contribute a sum not exceeding £1 in the event the company is wound up whilst they are a member or for one year thereafter.

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# Accounts

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Registered Charity Number 1103746

Registered Company Number 5091856

**Sivananda Yoga Vedanta Centre  
(A Charitable Company Limited By Guarantee)**

**Unaudited Accounts**

**For the year ended 31 December 2023**

**Sivananda Yoga Vedanta Centre**  
**Report and accounts**

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**Sivananda Yoga Vedanta Centre**  
**Reference and administrative information**  
**For the year ended 31 December 2023**

|                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
|---------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Charity name</b>                               | Sivananda Yoga Vedanta Centre<br>(A Charitable Company Limited by Guarantee)                                                                                                                                                                                                                                                                                                                                                                                                            |
| <b>Nature of governing document</b>               | Memorandum and Articles of Association                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| <b>Registered company number</b>                  | 5091856                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| <b>Registered charity number</b>                  | 1103746                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| <b>Directors / Trustees</b>                       | <p>President - Brigitte Fletcher ( Swami Durgananda)</p> <p>Vice President - Florence Aillot ( Swami Kailasananda)</p> <p>Treasurer - Jonas Müller ( Swami Sivadasananda)</p> <p>Rony Magazanic ( Swami Swaroopananda)</p> <p>Mark Ashley ( Srinivasan)</p> <p>Maria Guagliano (Kanti Devi)</p> <p>Swami Sitaramananda</p> <p>Maartje Johanna Onderwater (Swami Jyotirmayananda)</p> <p>Hedwig Selmeier (Swami Ramapriyananda)</p> <p>Sabine Margarethe Malecek (Swami Gokulananda)</p> |
| <b>Secretary</b>                                  | Florence Aillot ( Swami Kailasananda)                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| <b>Accountants/<br/>Independent Examiner</b>      | <p>Monika Hazelton</p> <p>Winston Hazelton &amp; Co Ltd</p> <p>Certified Chartered Accountants</p> <p>34 Arlington Road</p> <p>London</p> <p>NW1 7HU</p>                                                                                                                                                                                                                                                                                                                                |
| <b>Bankers</b>                                    | <p>Royal Bank of Scotland</p> <p>36 New Bridge Street</p> <p>London</p> <p>EC4V 6BJ</p>                                                                                                                                                                                                                                                                                                                                                                                                 |
| <b>Solicitors</b>                                 | <p>Russell-Cooke</p> <p>2 Putney Hill</p> <p>London</p> <p>SW15 6AB</p>                                                                                                                                                                                                                                                                                                                                                                                                                 |
| <b>Registered office/<br/>Operational address</b> | <p>51 Felsham Road</p> <p>London</p> <p>SW15 1AZ</p>                                                                                                                                                                                                                                                                                                                                                                                                                                    |

**Sivananda Yoga Vedanta Centre**  
**Trustees' annual report**  
**For the year ended 31 December 2023**

The trustees who are also directors under company law, present their report and financial statements for the year ended 31 December 2023. The trustees confirm that the financial statements comply with current statutory requirements, the memorandum and articles of association and the Charities Statement of Recommended Practice (SORP) - Accounting and Reporting by Charities SORP applicable to charities preparing their accounts in accordance with FRS 102 effective 1 January 2019.

**Structure, Governance and Management**

**Governing document**

Sivananda Yoga Vedanta Centre is a company limited by guarantee, number 5091856 incorporated on 2 April 2004 and a charity registered with the Charity Commission on 13 May 2004, number 1103746. The charity is governed by its Memorandum and Articles of Association.

The company has no share capital but under the terms of its Memorandum of Association every member is liable to contribute a sum not exceeding £1 in the event that the company is wound up whilst they are a member or for one year thereafter. The number of trustees shall not be less than six members nor more than ten. The number of trustees at present is ten (2022: ten).

**Recruitment and appointment of board of management**

The members of the Board of Management are the members in accordance with the Articles of Association. Under the requirements of the Memorandum and Articles of Association the members of the Board of Management are elected by the Board of Management to serve for a period of 3 years after which they may be re-appointed for one or more further terms of three years. All officers must be sympathetic to the teachings of Sri Swami Sivananda Maharaj.

**The trustees are:**

Brigitte Fletcher (Swami Durgananda)  
Florence Aillot (Swami Kailasananda)  
Jonas Müller (Swami Sivadasananda)  
Rony Magazanic (Swami Swaroopananda)  
Mark Ashley (Srinivasan)  
Maria Guagliano (Kanti Devi)  
Swami Sitaramananda  
Maartje Johanna Onderwater (Swami Jyotirmayananda)  
Hedwig Selmeier (Swami Ramapriyananda)  
Sabine Margarethe Malecek (Swami Gokulananda)

**Organisational structure**

The business of the Centre is managed by the Board of Management as a whole and they are responsible for the strategic direction and policy of the charity. Certain trustees - Swami Kailasananda, Swami Durgananda, Swami Sivadasananda and Swami Jyotirmayananda - who are experienced in the operational and financial issues of associated centres which are part of the Sivananda Yoga Vedanta worldwide movement - play a more active role as trustees of the centre. Responsibility for the day to day management of the Centre was delegated to the Centre Director, Swami Jyotirmayananda who is responsible for all the activities of the centre.

**Sivananda Yoga Vedanta Centre**  
**Trustees' annual report**  
**For the year ended 31 December 2023**

**Trustee induction and training**

The trustees are already familiar with the practical work of the charity being practising Yogis themselves. All are sympathetic to the teachings of Sri Swami Sivananda Maharaj and generally are active in other associated non profit making centres which are part of the Sivananda Yoga Vedanta Centre movement worldwide. Most trustees are active in the annual budgeting process and are very familiar with the objectives of the Centre. Information regarding the duties of trustees is circulated to and discussed with all trustees.

**Risk management**

The board of management regularly conducts a review of the major risks to which the charity is exposed. Regular reporting to the board of management helps minimise financial and operational risks and certain trustees visit the centre. Individuals involved in running any classes are required to have the appropriate qualifications. Insurance is in place to protect against operational risks.

The charity's risk assessment has been updated and fine-tuned further under the guidance of a professional risk consultant.

**Related parties**

The Centre is affiliated in spirit, to the extent permitted by applicable laws and the objects of the Centre, in aim and activity, with the Sivananda Yoga Vedanta Centre, Val Morin, Quebec, Canada, which was registered as a non-profit corporation in the Province of Québec, Canada in conformity with Article 2, Chapter 271, Statutes 1964 of Canadian legislation on 29 November 1965. There are affiliated Centres throughout the world.

**Objectives, activities and public benefit**

The Centre's principal activity during the year remains to advance the Hindu religion as a way of life by the propagation, practice and dissemination of the spiritual teachings and doctrines of the Indian saint, mystic and sage His Holiness Sri Swami Sivananda, founder of the Divine Life Society, Rishikesh, India, who taught the yoga of synthesis as a means to reach physical and mental wellbeing and ultimately Self-realisation.

The trustees have had due regard to the guidance issued by the Charity Commissioners, including public benefit guidance, and they consider that the work carried out by the centre is for the public benefit.

In furtherance of these objects the Centre brings together persons interested in the discipline of Yoga and promotes the knowledge of such discipline. This is achieved by running a centre at its operational address to promote the theory and practice of such a discipline. Projects are occasionally undertaken at other venues.

Classes in meditation, yoga and relaxation are offered. The five basic principles of yoga promoted by Swami Vishnudevananda are taught as part of the classes. Certificate courses, retreats and special programmes take place at the centre and occasionally at other venues. Invited guests visit the centre to assist in providing some of the special programmes.

**Investment and funding**

The trustees confirm that all the income and expenditure is for the sole purpose of meeting these objectives.

**Sivananda Yoga Vedanta Centre**  
**Trustees' annual report**  
**For the year ended 31 December 2023**

**Achievements and performance**

The main area of charitable activity is the running of classes, courses, workshops, residential certificate courses held at the centre and retreats to achieve the charitable objectives of the centre. There are also online yoga classes and courses. The centre also runs a boutique shop located at its operational address where products promoting the activities of the centre are for sale. The range of products are regularly reviewed and stock levels are carefully monitored. The centre has written various books promoting the objects of the charity, Royalties are received from these books which are also available for sale in the boutique.

The centre is dependent on and grateful for the contributions rendered by its unpaid volunteers who play an essential role in helping to achieve the objectives of the centre.

Achieving these goals is dependent on the number of people attending the classes and courses organised by the Centre. These numbers are affected by general economic trends and the income does vary each year. During 2023 numbers remained lower than pre pandemic years, but towards the end of the year, the Centre saw a gradual increase in student numbers. There was good attendance for the annual Easter retreat and the residential certificate courses in the centre.

**Members of the centre**

Members of the Centre, as distinct from members of the board of management, are entitled to a discount on classes, courses, workshops and retreats. The Centre has an active membership scheme. There are currently 107 members of the centre who pay a subscription, to be members.

**Financial review**

**Principal funding sources**

Income from charitable activities in the year comprised £103,133 (2022: £80,095). The trustees are satisfied with the level of income given the exceptional situation with the ongoing cost of living crisis. This income is derived from yoga classes, courses (including online courses), teacher training, workshops, retreats and other programs.

Other trading activities include income from sales in the boutique of related yoga and meditation products of £8,589 (2022: £11,219), Royalties £Nil (2022: £Nil).

Insurance claims relating to accidental property damages amounted to £Nil (2022: £7,533).

Donations received have increased in the year, up to £13,108 (2022: £5,457). Gift aid income of £2,131 (2022: £2,585) is included in total donations.

Costs are incurred in running the classes, courses and residential certificate courses at the centre's premises and at other locations. The expenditure has been apportioned between these different charitable headings.

No fundraising is undertaken directly and no costs are incurred in that regard.

The deficit in funds for the year of £80,699 (2022: £151,133) is stated after depreciation of £90,270 (2022: £95,728).

**Sivananda Yoga Vedanta Centre**  
**Trustees' annual report**  
**For the year ended 31 December 2023**

**Investment policy**

The Board has the power to make investments under the Articles and can appoint a professional investment manager if deemed appropriate. No such appointment has been made. The Board takes a very prudent view regarding the investment of surplus funds which are invested in bank balances as funds are required to meet the centre's ongoing needs and to build up reserves.

**Financial position at year end and reserves policy**

The charity has a reserves policy that unrestricted funds in the form of free reserves not committed or invested in tangible fixed assets should represent between 3-6 months of expenditure. The board recognise that this is important as a significant proportion of the reserves are invested in the freehold property owned by the charity.

The centre has cash balances of £36,006 and net current liabilities of £447,857 at the year end (2022: cash balances of £37,581 and net current liabilities of £396,279).

Annual expenditure was circa £206,000 which means circa £51,500-£103,000 of reserves are required.

The Centre is keen to increase the available net assets and is working to achieve this over a period of time.

The charity has loans from other centres. These loans are denominated in a foreign currency. The charities functional currency is £ Sterling. Foreign exchange differences arise on these outstanding loans at the year end. In 2023 there is a foreign exchange gain of £12,172 (2022: £43,278 loss).

---

**Plans for future periods**

The Retreat income forms a substantial part of the income from charitable activities and has increased by 73% compared to 2022. There is especially much interest in retreats in the UK countryside. Apart from the well-attended Easter Retreat in Kent, a second retreat in Kent has now been added during summer and we are organising a May Bank Holiday retreat on the coast in Hampshire. We trust that these additional retreats will help to share the teachings to a broader audience as well as provide the centre with the necessary extra income.

With the vast offer of yoga classes all over London, most of the participants of the day-to-day activities of the centre are living locally. We have started to advertise more actively in the surrounding areas of the centre to promote the drop-in yoga classes and courses via flyers and postcards as well as via large poster displays in the shop windows of the centre. The free taster class was reintroduced on Saturday afternoons to sample the Sivananda class without obligation.

A new website is in process of being developed, with a focus on improving the website's visibility as one of the most critical indicators of a successful search engine optimization (SEO) strategy.

**Sivananda Yoga Vedanta Centre**  
**Trustees' annual report**  
**For the year ended 31 December 2023**

**Responsibilities of the board of management**

Statement of Directors' and Trustees' Responsibilities

Charity Law and the Companies Acts require the Board to prepare accounts for each financial year which give a true and fair view of the state of affairs of the charitable company as at the end of the financial year and of its incoming resources and application of resources, including income and expenditure for that period. In preparing those accounts the Board is required to :-

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.
- state whether applicable accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements.
- observe the methods and principles of the Charities SORP

The trustees are also responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which are sufficient to show and explain the charity's transactions and enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report was approved by the board on .....24/08/2024.



Maartje Johanna Onderwater (Swami Jyotirmayananda)  
Trustee and member of the Board of Management

**Sivananda Yoga Vedanta Centre  
(LIMITED BY GUARANTEE)  
Accountants' Report**

**Independent Examiner's report on the unaudited accounts  
to the directors/trustees of  
Sivananda Yoga Vedanta Centre**

I report to the Company's Board of Directors who are also the Trustees of Sivananda Yoga Vedanta Centre (the Charity) on the accounts for the year ended 31 December 2023, which comprise the Statement of Financial Activities, the Balance Sheet and the related notes. These accounts have been prepared in accordance with the accounting policies set out therein and the requirements of the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019) - Charities SORP FRS 102 (Second Edition), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) and the Companies Act 2006.

This report is made solely to the Company's Board of Directors who are also the Charity's Trustees, as a body. My work has been undertaken so that I might state to the trustees those matters I am required to state to them in an Independent Examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Charity and the Charity's trustees as a body, for my work, for this report or for the opinion I have formed.

**Respective responsibilities of trustees and independent examiner**

As described in the statement of trustees' responsibilities on page 6, the Charity's trustees are responsible for the preparation of the accounts and they consider that the Charity is exempt from an audit under section 144 of the Charities Act 2011 (the Act) and exempt under Part 16 of the Companies Act 2006 and that an independent examination is required.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to examine the accounts under section 145 of the Act and to follow procedures laid down in the general Directions given by the Charity Commission under section 145(5) of the Act and state whether particular matters have come to my attention.

**Basis of Independent Examiner's report**

My examination was carried out in accordance with the General Directions given by the Charity Commission. My examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

**Independent examiner's statement**

I have completed my examination.

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
  - to keep accounting records in accordance with section 386 of the Companies Act 2006; and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of Section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities applicable to Financial Reporting Standard applicable to UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP FRS 102));have not been met; or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

  
Monika Hazelton ACCA  
Independent examiner  
Winston Hazelton & Co Ltd  
Certified Chartered Accountants  
34 Arlington Road  
London  
NW1 7HU

9/9/2024

**Sivananda Yoga Vedanta Centre**  
**(Limited by guarantee)**  
**Statement of financial activities**  
**(Including Income & Expenditure Account)**  
**for the year ended 31 December 2023**

|                                           | Notes | General<br>unrestricted<br>funds<br>£ | Restricted<br>funds<br>£ | 2023<br>£       | 2022<br>£        |
|-------------------------------------------|-------|---------------------------------------|--------------------------|-----------------|------------------|
| <b>Income from:</b>                       |       |                                       |                          |                 |                  |
| Donations, grants and legacies            | 2     | 13,108                                | -                        | 13,108          | 5,457            |
| Charitable activities                     | 3     | 103,133                               | -                        | 103,133         | 80,095           |
| Other trading activities                  | 4     | 8,589                                 | -                        | 8,589           | 11,219           |
| Income from investments                   | 5     | 457                                   | -                        | 457             | 99               |
| <b>Total income</b>                       |       | <b>125,287</b>                        | <b>-</b>                 | <b>125,287</b>  | <b>96,870</b>    |
| <b>Expenditure on:</b>                    |       |                                       |                          |                 |                  |
| Raising funds                             | 6     | 17,808                                | -                        | 17,808          | 33,363           |
| Charitable activities                     | 6     | 188,178                               | -                        | 188,178         | 214,640          |
| <b>Total expenditure</b>                  |       | <b>205,986</b>                        | <b>-</b>                 | <b>205,986</b>  | <b>248,003</b>   |
| <b>Net movement in funds</b>              |       | <b>(80,699)</b>                       | <b>-</b>                 | <b>(80,699)</b> | <b>(151,133)</b> |
| <b>Reconciliation of funds</b>            |       |                                       |                          |                 |                  |
| <b>Total funds as at 1 January 2023</b>   |       | <b>728,856</b>                        | <b>-</b>                 | <b>728,856</b>  | <b>879,989</b>   |
| <b>Total funds as at 31 December 2023</b> |       | <b>648,157</b>                        | <b>-</b>                 | <b>648,157</b>  | <b>728,856</b>   |

The statement of financial activities includes all gains and losses. All income and expenditure derives from continuing activities.

**Sivananda Yoga Vedanta Centre**  
**Balance Sheet**  
**as at 31 December 2023**

Registered Company Number 5091856

|                                                                  | Notes | £         | 2023<br>£      | £         | 2022<br>£      |
|------------------------------------------------------------------|-------|-----------|----------------|-----------|----------------|
| <b>Fixed assets</b>                                              |       |           |                |           |                |
| Tangible assets                                                  | 10    |           | 1,640,456      |           | 1,729,891      |
| <b>Current assets</b>                                            |       |           |                |           |                |
| Stocks                                                           |       | 8,750     |                | 10,000    |                |
| Debtors                                                          | 11    | 3,707     |                | 15,181    |                |
| Cash at bank and in hand                                         |       | 36,006    |                | 37,581    |                |
|                                                                  |       | 48,463    |                | 62,762    |                |
| <b>Creditors: amounts falling due within one year</b>            | 12    | (496,320) |                | (459,041) |                |
| <b>Net current liabilities</b>                                   |       |           | (447,857)      |           | (396,279)      |
| <b>Total assets less current liabilities</b>                     |       |           | 1,192,599      |           | 1,333,612      |
| <b>Creditors: amounts falling due after more than one year</b>   | 13    |           | (544,442)      |           | (604,756)      |
| <b>Net assets</b>                                                |       |           | <u>648,157</u> |           | <u>728,856</u> |
| <b>Unrestricted funds</b>                                        |       |           |                |           |                |
| General funds                                                    | 14    |           | 648,157        |           | 728,856        |
| <b>Total charity funds - all unrestricted - 31 December 2023</b> |       |           | <u>648,157</u> |           | <u>728,856</u> |

For the financial year in question the company was entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006 relating to small companies.

No members have required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the special provisions applicable to companies subject to the small companies' regime.

Maartje Johanna Onderwater (Swami Jyotirmayananda)  
 Trustee and member of the Board of Management

Approved by the board of management on ... 24/08/2024

**Sivananda Yoga Vedanta Centre**  
**Notes to the Accounts**  
**for the year ended 31 December 2023**

**1 Accounting policies**

**a) Basis of preparation**

The financial statements have been prepared under historical cost convention in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable to UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP FRS 102 second edition October 2019), the financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy or note.

**b) Public benefit entity**

The charitable company meets the definition of a public entity under FRS 102.

**Concessionary loans**

The centre has received loans from other centres. These are at rates below the prevailing market rates of interest of a similar commercial loan. The loans have been treated as public benefit concessionary loans under the definition in the Financial Reporting Standard FRS 102. These loans are reported at the amount received adjusted for any unpaid accrued interest. The loans have not been discounted to their present value and the liability in subsequent years is not recognised at amortised cost using the effective interest rate method.

**c) Going concern**

At the date of these accounts, cost of living crisis continued to impacted the speed of the post Covid - 19 recovery of the Charity's net incoming resources.

As indicated in the trustees report steps have been taken to try and minimise the impact of rapidly increasing interest rates and costs. New ways of generating income have been put in place. The accounts have therefore been prepared on a going concern basis.

The trustees do not consider that there are any sources of uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next reporting period.

**d) Income**

All income is included in the statement of financial activities when the charity is entitled to the income, it is probable that the income will be received and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

- Voluntary income is received by way of donations and gifts and is included in full in the Statement of Financial Activities when receivable.
- Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included in these accounts.
- Investment income is included when receivable.
- Books and other items donated for resale through the charity's boutique are included as other trading activities when they are sold.
- Yoga classes, courses and teacher training income is treated as charitable activities and are accounted for when earned.
- Subscription income is treated as part of income from charitable activities as it is for a service received. Subscriptions paid in advance are deferred to future periods.

**e) Interest receivable**

Interest on funds held in bank accounts is included when receivable and the amount can be measured reliably by the charity, this is normally upon notification of the interest paid or payable by the bank.

**f) Fund accounting**

Unrestricted funds are donations and other incoming resources received or generated for the charitable purposes.

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund.

**Sivananda Yoga Vedanta Centre**  
**Notes to the Accounts**  
**for the year ended 31 December 2023**

**1 Accounting policies - continued**

**g) Expenditure**

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure is stated net of Vat. Any irrecoverable VAT is reported separately:

- Costs of raising funds comprise the cost associated with attracting voluntary income.
- Charitable activities expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.
- All costs are allocated between the expenditure categories of the Statement of Financial Activities on a basis designed to reflect the use of the resources. Costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis per floor areas, per capita or estimated usage as set out in note 6.

**h) Allocation of support costs**

Resources expended are allocated to the particular activity where the cost relates to that activity. The cost of overall direction and administration of each activity, comprising the overhead costs of the central function, are apportioned based on the amount attributable to each activity.

**i) Tangible fixed assets**

Fixed assets are stated at cost less accumulated depreciation. Depreciation is provided at rates calculated to write off the

|                                    |                              |
|------------------------------------|------------------------------|
| Freehold buildings                 | 2% on building-straight line |
| Improvements to land and buildings | 5% straight line             |
| Equipment, furniture and fittings  | 20% reducing balance basis   |

The estimated value of the land is not depreciated.

**j) Stocks**

Stock is valued at the estimated lower of cost and net realisable value.

**k) Debtors**

Debtors are recognised at the settlement amount due after any discounts offered. Prepayments are valued at the amount prepaid net of any discounts due.

**l) Cash at bank and in hand**

Cash at bank and in hand includes bank balance kept in current accounts.

**m) Creditors and provisions**

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any discounts due.

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments which are initially recognised at transaction value and subsequently measured at their settlement value.

**n) Leasing and hire purchase commitments**

Rentals applicable to operating leases where substantially all of the benefits and risks of ownership remain with the lessor are charged to the Statement of Financial Activities as incurred.

**o) Foreign currencies**

Transactions in foreign currencies are recorded at the rate ruling at the date of the transaction. Monetary assets and liabilities denominated in foreign currencies are translated at the rate of exchange ruling at the balance sheet date. All differences are taken to the profit and loss account.

**Sivananda Yoga Vedanta Centre**  
**Notes to the Accounts**  
**for the year ended 31 December 2023**

**2 Income from donations, grants and legacies**

|                             | Unrestricted<br>£ | Restricted<br>£ | 2023<br>Total<br>£ | 2022<br>Total<br>£ |
|-----------------------------|-------------------|-----------------|--------------------|--------------------|
| Donations                   | 13,108            | -               | 13,108             | 5,457              |
| Grants from local authority | -                 | -               | -                  | -                  |
|                             | <u>13,108</u>     | <u>-</u>        | <u>13,108</u>      | <u>5,457</u>       |

**3 Income from charitable activities**

|                        | Unrestricted<br>£ | Restricted<br>£ | 2023<br>Total<br>£ | 2022<br>Total<br>£ |
|------------------------|-------------------|-----------------|--------------------|--------------------|
| Yoga activities income | 103,133           | -               | 103,133            | 80,095             |

**4 Income from other trading activities**

|                          |       |   |       |        |
|--------------------------|-------|---|-------|--------|
| Other trading activities | 8,589 | - | 8,589 | 11,219 |
|--------------------------|-------|---|-------|--------|

**5 Income from investments**

|                        |     |   |     |    |
|------------------------|-----|---|-----|----|
| Bank interest received | 457 | - | 457 | 99 |
|------------------------|-----|---|-----|----|

**6 Analysis of expenditure**

|                                        | Charitable<br>activities<br>£ | Raising<br>funds<br>£ | Governance<br>£ | 2023<br>Total<br>£ | 2022<br>Total<br>£ |
|----------------------------------------|-------------------------------|-----------------------|-----------------|--------------------|--------------------|
| Boutique costs                         | -                             | 4,167                 | -               | 4,167              | 6,305              |
| Special programmes                     | 4,281                         | -                     | -               | 4,281              | 646                |
| Retreat expenses                       | 3,044                         | -                     | -               | 3,044              | 38                 |
| Direct yoga supplies                   | 11,303                        | -                     | -               | 11,303             | 7,734              |
| Brochure cost, design and distribution | 2,486                         | -                     | -               | 2,486              | 1,541              |
| Motor and travel                       | 5,713                         | -                     | -               | 5,713              | 2,302              |
|                                        | <u>26,827</u>                 | <u>4,167</u>          | <u>-</u>        | <u>30,994</u>      | <u>18,566</u>      |

**Support costs allocated to activities**

|                                          |                |               |            |                |                |
|------------------------------------------|----------------|---------------|------------|----------------|----------------|
| Establishment expenses                   | 48,611         | 4,227         | -          | 52,838         | 43,535         |
| General office expenses                  | 11,812         | 1,027         | -          | 12,839         | 12,031         |
| Legal and professional                   | 1,302          | 113           | -          | 1,415          | 1,574          |
| Accountancy                              | 5,750          | 500           | -          | 6,250          | 6,248          |
| Independent examination fee              | -              | -             | 750        | 750            | 750            |
| Depreciation                             | 83,048         | 7,222         | -          | 90,270         | 95,728         |
| Contribution to Headquarters' & overseas | -              | -             | -          | -              | -              |
| Ashram donation                          | -              | -             | -          | -              | -              |
| Irrecoverable input VAT                  | 4,852          | -             | -          | 4,852          | 3,945          |
| Credit card charges                      | -              | -             | -          | -              | 11             |
| Foreign exchange loss/(profit)           | (11,198)       | (974)         | -          | (12,172)       | 43,278         |
| Bank charges and interest                | 16,514         | 1,436         | -          | 17,950         | 22,337         |
|                                          | <u>160,691</u> | <u>13,551</u> | <u>750</u> | <u>174,992</u> | <u>229,437</u> |

**Governance costs**

|  |     |    |       |   |
|--|-----|----|-------|---|
|  | 660 | 90 | (750) | - |
|--|-----|----|-------|---|

**Total expenditure 2023**

|  |                |               |          |                |
|--|----------------|---------------|----------|----------------|
|  | <u>188,178</u> | <u>17,808</u> | <u>-</u> | <u>205,986</u> |
|--|----------------|---------------|----------|----------------|

**Total expenditure 2022**

|  |                |               |          |                |
|--|----------------|---------------|----------|----------------|
|  | <u>214,640</u> | <u>33,363</u> | <u>-</u> | <u>248,003</u> |
|--|----------------|---------------|----------|----------------|

The support costs are allocated between the yoga activities and boutique pro rata to their turnover.

**Sivananda Yoga Vedanta Centre**  
**Notes to the Accounts**  
**for the year ended 31 December 2023**

|                                    |             |             |
|------------------------------------|-------------|-------------|
| <b>7 Net incoming resources</b>    | <b>2023</b> | <b>2022</b> |
|                                    | <b>£</b>    | <b>£</b>    |
| This is stated after charging:     |             |             |
| Depreciation of owned fixed assets | 90,270      | 95,728      |
| Independent Examiner's fees        | 750         | 750         |

**8 Analysis of staff costs, trustee remuneration and expenses and the cost of key management personnel**

No members of the board of management received any remuneration during the year. Travel costs amounting to £Nil (2022: £Nil) were paid on behalf of any members of the board in their roles as trustees. The charity paid orthodontic expenses of £2,321 (2022: £2,426) for one trustee.

No amounts are included in the financial statements for services donated by key management personnel and volunteers as these cannot be quantified.

**9 Taxation**

As a charity, Sivananda Yoga Vedanta Centre is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the Charity.

The company is exempt from levying VAT on certain of its income and can therefore only recover input tax on a proportion of goods and services purchased.

**10 Tangible fixed assets**

|                       | <b>Freehold land<br/>and buildings<br/>£</b> | <b>Equipment,<br/>furniture<br/>and fittings<br/>£</b> | <b>Total<br/>£</b> |
|-----------------------|----------------------------------------------|--------------------------------------------------------|--------------------|
| <b>Cost</b>           |                                              |                                                        |                    |
| At 1 January 2023     | 3,108,982                                    | 118,022                                                | 3,227,004          |
| Additions             | 503                                          | 332                                                    | 835                |
| At 31 December 2023   | 3,109,485                                    | 118,354                                                | 3,227,839          |
| <b>Depreciation</b>   |                                              |                                                        |                    |
| At 1 January 2023     | 1,382,549                                    | 114,564                                                | 1,497,113          |
| Charge for the year   | 89,579                                       | 691                                                    | 90,270             |
| At 31 December 2023   | 1,472,128                                    | 115,255                                                | 1,587,383          |
| <b>Net book value</b> |                                              |                                                        |                    |
| At 31 December 2023   | 1,637,357                                    | 3,099                                                  | 1,640,456          |
| At 31 December 2022   | 1,726,433                                    | 3,458                                                  | 1,729,891          |

The Executive Committee are of the opinion that the market values of the freehold functional properties are not less than their book value at 31 December 2023.

|                               |             |             |
|-------------------------------|-------------|-------------|
| <b>11 Debtors</b>             | <b>2023</b> | <b>2022</b> |
|                               | <b>£</b>    | <b>£</b>    |
| Other debtors and prepayments | 3,707       | 15,181      |

**Sivananda Yoga Vedanta Centre**  
**Notes to the Accounts**  
**for the year ended 31 December 2023**

| <b>12 Creditors: amounts falling due within one year</b> | <b>2023</b>    | <b>2022</b>    |
|----------------------------------------------------------|----------------|----------------|
|                                                          | <b>£</b>       | <b>£</b>       |
| Bank loans and overdrafts (secured)                      | 1,763          | -              |
| Trade creditors                                          | 5,408          | 5,212          |
| Other loans (secured as below)                           | 423,581        | 403,056        |
| Other taxes and social security costs                    | 314            | -              |
| Accruals and deferred income                             | 65,254         | 50,773         |
|                                                          | <u>496,320</u> | <u>459,041</u> |

The bank loan (repaid in 2022) and overdrafts are secured by a first charge over the land and buildings. Certain of the other loans are secured by a fixed charge over Freehold land and buildings owned by the Charity.

In 2013 and 2015 the centre received loans from other centres. These are shown above as other loans.

The rates charged on these loans vary from 0% to 3%. Loans totalling £180,937 (2022:180,612) are secured. The loans are repayable over years ranging from 5-12 years from the date of the agreement. These loans are reported at the amount received. Unpaid accrued interest is included in accruals. The loans have not been discounted to their present value.

The internal loan agreements that were set up between four European Sivananda Yoga Centres and the London Sivananda Yoga Centre are friendly loans between supportive Sivananda Centres. There is no pressure on repayment dates, the Sivananda Yoga Centre London is allowed to pay loan instalments when the financial position allow the Centre to do so.

As the Charity has not met its annual repayments, the amount falling due within one year is increasing but is not being demanded.

In the previous year the bank loan was repaid in full.

Two of the loans have expired during the year and their carrying balances are being renegotiated after the year end.

After the year end, the Charity renegotiated an unsecured loan agreement with another centre to the term of 20 years from the original term of 12 years, at an annual interest rate of 1.5%.

| <b>13 Creditors: amounts falling due after one year</b> | <b>2023</b>    | <b>2022</b>      |
|---------------------------------------------------------|----------------|------------------|
|                                                         | <b>£</b>       | <b>£</b>         |
| Other loans (secured as below)                          | 544,442        | 604,756          |
| <u>Total loans commitments</u>                          |                |                  |
| Loans falling due within one year                       | 425,344        | 403,056          |
| Loans falling due between 1 and 2 years                 | 43,487         | 67,426           |
| Loans falling due between 2 and 5 years                 | 117,971        | 188,435          |
| Loans falling due after 5 years                         | 382,985        | 348,895          |
|                                                         | <u>969,787</u> | <u>1,007,812</u> |

Loans are repayable in instalments. The bank loan (repaid in 2022) and overdraft facility are secured by a first charge over the land and buildings. Certain of the other loans are secured by a fixed charge over Freehold land and buildings owned by the company.

| <b>14 Movements in funds</b> | <b>2023</b>    | <b>2022</b>    |
|------------------------------|----------------|----------------|
|                              | <b>£</b>       | <b>£</b>       |
| At 1 January                 | 728,856        | 879,989        |
| Incoming resources           | 125,287        | 96,870         |
| Resources expended           | (205,986)      | (248,003)      |
|                              | <u>648,157</u> | <u>728,856</u> |
| At 31 December               |                |                |

**Sivananda Yoga Vedanta Centre**  
**Notes to the Accounts**  
**for the year ended 31 December 2023**

**15 Related party transactions**

The affiliated centres' loans that are stated in notes 12 and 13 were received based on arm's length agreements.

Over the last few years, and since the outset of Covid - 19 and the current cost of living crisis, the terms of repayment on these loans have not been adhered to, by mutual consent.

The capital loan repayments that are not made in an individual year, are added to loans falling due within one year and deducted from loans falling due after one year.

**16 Company information**

Sivananda Yoga Vedanta Centre is a private company limited by guarantee incorporated in England and Wales. The registered office is 51 Felsham Road, London, SW15 1AZ.

**17 Presentation currency**

The financial statements are presented in Sterling.

**18 Liabilities of members**

The company has no share capital but under the terms of its memorandum and articles of association every member is liable to contribute a sum not exceeding £1 in the event the company is wound up whilst they are a member or for one year thereafter.

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# Accounts

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Registered Charity Number 1103746

Registered Company Number 5091856

Sivananda Yoga Vedanta Centre  
(A Charitable Company Limited By Guarantee)

Unaudited Accounts

For the year ended 31 December 2022

**Sivananda Yoga Vedanta Centre**  
**Report and accounts**

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**Sivananda Yoga Vedanta Centre**  
**Reference and administrative information**  
**For the year ended 31 December 2022**

|                                                   |                                                                                                                                                                                                                                                                                                                                                                                                      |
|---------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Charity name</b>                               | Sivananda Yoga Vedanta Centre<br>(A Charitable Company Limited by Guarantee)                                                                                                                                                                                                                                                                                                                         |
| <b>Nature of governing document</b>               | Memorandum and Articles of Association                                                                                                                                                                                                                                                                                                                                                               |
| <b>Registered company number</b>                  | 5091856                                                                                                                                                                                                                                                                                                                                                                                              |
| <b>Registered charity number</b>                  | 1103746                                                                                                                                                                                                                                                                                                                                                                                              |
| <b>Directors / Trustees</b>                       | Brigitte Fletcher ( Swami Durgananda)<br>Florence Aillot ( Swami Kailasananda)<br>Jonas Mueller ( Swami Sivadasananda)<br>Rony Magazanic ( Swami Swaroopananda)<br>Mark Ashley ( Srinivasan)<br>Maria Guagliano (Kanti Devi)<br>Swami Sitaramananda<br>Maartje Johanna Onderwater (Swami Jyotirmayananda)<br>Hedwig Selmeier (Swami Ramapriyananda)<br>Sabine Margarethe Malecek (Swami Gokulananda) |
| <b>Secretary</b>                                  | Florence Aillot ( Swami Kailasananda)                                                                                                                                                                                                                                                                                                                                                                |
| <b>Accountants/<br/>Independent Examiner</b>      | Bernard Gross<br>Winston Gross & Co<br>Chartered Accountants<br>34 Arlington Road<br>London<br>NW1 7HU                                                                                                                                                                                                                                                                                               |
| <b>Bankers</b>                                    | Royal Bank of Scotland<br>36 New Bridge Street<br>London<br>EC4V 6BJ                                                                                                                                                                                                                                                                                                                                 |
| <b>Solicitors</b>                                 | Russell-Cooke<br>2 Putney Hill<br>London<br>SW15 6AB                                                                                                                                                                                                                                                                                                                                                 |
| <b>Registered office/<br/>Operational address</b> | 51 Felsham Road<br>London<br>SW15 1AZ                                                                                                                                                                                                                                                                                                                                                                |

**Sivananda Yoga Vedanta Centre**  
**Trustees' annual report**  
**For the year ended 31 December 2022**

The trustees who are also directors under company law, present their report and financial statements for the year ended 31 December 2022. The trustees confirm that the financial statements comply with current statutory requirements, the memorandum and articles of association and the Charities Statement of Recommended Practice (SORP) - Accounting and Reporting by Charities SORP applicable to charities preparing their accounts in accordance with FRS 102 effective 1 January 2019.

**Structure, Governance and Management**

**Governing document**

Sivananda Yoga Vedanta Centre is a company limited by guarantee, number 5091856 incorporated on 2 April 2004 and a charity registered with the Charity Commission on 13 May 2004, number 1103746. The charity is governed by its Memorandum and Articles of Association.

The company has no share capital but under the terms of its Memorandum of Association every member is liable to contribute a sum not exceeding £1 in the event that the company is wound up whilst they are a member or for one year thereafter. The number of trustees shall not be less than six members nor more than ten. The number of trustees at present is ten (2021: ten).

**Recruitment and appointment of board of management**

The members of the Board of Management are the members in accordance with the Articles of Association. Under the requirements of the Memorandum and Articles of Association the members of the Board of Management are elected by the Board of Management to serve for a period of 3 years after which they may be re-appointed for one or more further terms of three years. All officers must be sympathetic to the teachings of Sri Swami Sivananda Maharaj.

The trustees are:

Brigitte Fletcher (Swami Durgananda)  
Florence Aillot (Swami Kailasananda)  
Jonas Mueller (Swami Sivadasananda)  
Rony Magazanic (Swami Swaroopananda)  
Mark Ashley (Srinivasan)  
Maria Guagliano (Kanti Devi)  
Swami Sitaramananda  
Maartje Johanna Onderwater (Swami Jyotirmayananda)  
Hedwig Selmeier (Swami Ramapriyananda)  
Sabine Margarethe Malecek (Swami Gokulananda)

**Organisational structure**

The business of the Centre is managed by the Board of Management as a whole and they are responsible for the strategic direction and policy of the charity. Certain trustees - Swami Kailasananda, Swami Durgananda, Swami Sivadasananda and Swami Jyotirmayananda - who are experienced in the operational and financial issues of associated centres which are part of the Sivananda Yoga Vedanta worldwide movement - play a more active role as trustees of the centre. Responsibility for the day to day management of the Centre was delegated to the Centre Director, Swami Jyotirmayananda who is responsible for all the activities of the centre.

**Sivananda Yoga Vedanta Centre**  
**Trustees' annual report**  
**For the year ended 31 December 2022**

**Trustee induction and training**

The trustees are already familiar with the practical work of the charity being practising Yogis themselves. All are sympathetic to the teachings of Sri Swami Sivananda Maharaj and generally are active in other associated non profit making centres which are part of the Sivananda Yoga Vedanta Centre movement worldwide. Most trustees are active in the annual budgeting process and are very familiar with the objectives of the Centre. Information regarding the duties of trustees is circulated to and discussed with all trustees.

**Risk management**

The board of management regularly conducts a review of the major risks to which the charity is exposed. Regular reporting to the board of management helps minimise financial and operational risks and certain trustees visit the centre. Individuals involved in running any classes are required to have the appropriate qualifications. Insurance is in place to protect against operational risks.

The charity's risk assessment has been updated and fine-tuned further under the guidance of a professional risk consultant.

**Related parties**

The Centre is affiliated in spirit, to the extent permitted by applicable laws and the objects of the Centre, in aim and activity, with the Sivananda Yoga Vedanta Centre, Val Morin, Quebec, Canada, which was registered as a non-profit corporation in the Province of Quebec, Canada in conformity with Article 2, Chapter 271, Statutes 1964 of Canadian legislation on 29 November 1965. There are affiliated Centres throughout the world.

**Objectives, activities and public benefit**

The Centre's principal activity during the year remains to advance the Hindu religion as a way of life by the propagation, practice and dissemination of the spiritual teachings and doctrines of the Indian saint, mystic and sage His Holiness Sri Swami Sivananda, founder of the Divine Life Society, Rishikesh, India, who taught the yoga of synthesis as a means to reach physical and mental wellbeing and ultimately Self-realisation.

The trustees have had due regard to the guidance issued by the Charity Commissioners, including public benefit guidance, and they consider that the work carried out by the centre is for the public benefit.

In furtherance of these objects the Centre brings together persons interested in the discipline of Yoga and promotes the knowledge of such discipline. This is achieved by running a centre at its operational address to promote the theory and practice of such a discipline. Projects are occasionally undertaken at other venues.

Classes in meditation, yoga and relaxation are offered. The five basic principles of yoga promoted by Swami Vishnudevananda are taught as part of the classes. Certificate courses, retreats and special programmes take place at the centre and occasionally at other venues. Invited guests visit the centre to assist in providing some of the special programmes.

**Investment and funding**

The trustees confirm that all the income and expenditure is for the sole purpose of meeting these objectives.

**Sivananda Yoga Vedanta Centre**  
**Trustees' annual report**  
**For the year ended 31 December 2022**

**Achievements and performance**

The main area of charitable activity is the running of classes, courses, workshops, residential certificate courses held at the centre and retreats to achieve the charitable objectives of the centre. There are also online yoga classes and courses. The centre also runs a boutique shop located at its operational address where products promoting the activities of the centre are for sale. The range of products are regularly reviewed and stock levels are carefully monitored. The centre has written various books promoting the objects of the charity, Royalties are received from these books which are also available for sale in the boutique.

The centre is dependent on and grateful for the contributions rendered by its unpaid volunteers who play an essential role in helping to achieve the objectives of the centre.

Achieving these goals is dependent on the number of people attending the classes and courses organised by the Centre. These numbers are affected by general economic trends and the income does vary each year. During 2022 numbers remained lower than pre pandemic years, but towards the end of the year, the Centre saw a gradual increase in student numbers. There was good attendance for the annual Easter retreat and the residential certificate courses in the centre.

**Members of the centre**

Members of the Centre, as distinct from members of the board of management, are entitled to a discount on classes, courses, workshops and retreats. The Centre has an active membership scheme. There are currently 96 members of the centre who pay a subscription, to be members.

**Financial review**

**Principal funding sources**

Income from charitable activities in the year comprised £80,095 (2021: £91,130). The trustees are satisfied with the level of income given the exceptional situation with the ongoing cost of living crisis. This income is derived from yoga classes, courses (including online courses), teacher training, workshops, retreats and other programs.

Other trading activities include income from sales in the boutique of related yoga and meditation products of £11,219 (2021: £2,643), Royalties £Nil (2021: £658).

Insurance claims relating to accidental property damages amounted to £7,533 (2021: £Nil) and are included in income under their charitable heading of the claim, as follows: £6,903 charitable activities and £630 other trading activities.

Donations received have decreased in the year, down to £5,457 (2021: £13,913). Gift aid income of £2,585 (2021: £Nil) is included in total donations.

Costs are incurred in running the classes, courses and residential certificate courses at the centre's premises and at other locations. The expenditure has been apportioned between these different charitable headings.

No fundraising is undertaken directly and no costs are incurred in that regard.

The deficit in funds for the year of £151,133 (2021: £28,882) is stated after depreciation of £95,728 (2021: £87,354).

**Sivananda Yoga Vedanta Centre**  
**Trustees' annual report**  
**For the year ended 31 December 2022**

**Investment policy**

The Board has the power to make investments under the Articles and can appoint a professional investment manager if deemed appropriate. No such appointment has been made. The Board takes a very prudent view regarding the investment of surplus funds which are invested in bank balances as funds are required to meet the centre's ongoing needs and to build up reserves.

**Financial position at year end and reserves policy**

The charity has a reserves policy that unrestricted funds in the form of free reserves not committed or invested in tangible fixed assets should represent between 3-6 months of expenditure. The board recognise that this is important as a significant proportion of the reserves are invested in the freehold property owned by the charity.

The centre has cash balances of £37,581 and net current liabilities of £396,279 at the year end (2021: cash balances of £61,919 and net current liabilities of £324,420).

Annual expenditure was circa £248,000 which means circa £62,000-£124,000 of reserves are required.

The Centre is keen to increase the available net assets and is working to achieve this over a period of time.

The charity has loans from other centres. These loans are denominated in a foreign currency. The charities functional currency is £ Sterling. Foreign exchange differences arise on these outstanding loans at the year end. In 2022 there is a foreign exchange loss of £43,278 (2021: £23,455 gain).

**Plans for future periods**

After 18 months of Capital Repayment Holidays granted to the centre by Royal Bank of Scotland (RBS) from mid-2020 to December 2021, the capital repayments re-started in January 2022 while interest rates were rising steeply resulting in a significant increase in the monthly overhead compared to 2021. The Sivananda Yoga Seminar House in Reith lent funds to the London Centre to redeem the business loan with RBS. This loan redemption took place in September 2022. A new loan agreement was set up between Reith and London to refund the borrowed sum of 570,000 Euros over a period of 20 years. Now the monthly refunds are smaller compared to the RBS loan repayments and the interest rate is fixed, returning progressively to a more balanced financial position looks more possible than at any time since the pandemic began.

The first external retreat since the pandemic took place over Easter in a rented venue in the UK countryside. The retreat was fully booked and students have also returned to attend residential certificate courses in the centre.

Going forward, the Centre is increasing the offer of retreats and residential courses to make full use of the generous space of the Centre's premises and to work towards a major recovery of income.

**Sivananda Yoga Vedanta Centre**  
**Trustees' annual report**  
**For the year ended 31 December 2022**

**Responsibilities of the board of management**

**Statement of Directors' and Trustees' Responsibilities**

Charity Law and the Companies Acts require the Board to prepare accounts for each financial year which give a true and fair view of the state of affairs of the charitable company as at the end of the financial year and of its incoming resources and application of resources, including income and expenditure for that period. In preparing those accounts the Board is required to :-

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.
- state whether applicable accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements.
- observe the methods and principles of the Charities SORP

The trustees are also responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which are sufficient to show and explain the charity's transactions and enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report was approved by the board on 24 October 2023.

Maartje Johanna Onderwater (Swami Jyotirmayananda)  
Trustee and member of the Board of Management



**Sivananda Yoga Vedanta Centre  
(LIMITED BY GUARANTEE)  
Accountants' Report**

**Independent Examiner's report on the unaudited accounts  
to the directors/trustees of  
Sivananda Yoga Vedanta Centre**

I report to the Company's Board of Directors who are also the Trustees of Sivananda Yoga Vedanta Centre (the Charity) on the accounts for the year ended 31 December 2022, which comprise the Statement of Financial Activities, the Balance Sheet and the related notes. These accounts have been prepared in accordance with the accounting policies set out therein and the requirements of the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019) - Charities SORP FRS 102 (Second Edition), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) and the Companies Act 2006.

This report is made solely to the Company's Board of Directors who are also the Charity's Trustees, as a body. My work has been undertaken so that I might state to the trustees those matters I am required to state to them in an Independent Examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Charity and the Charity's trustees as a body, for my work, for this report or for the opinion I have formed.

**Respective responsibilities of trustees and independent examiner**

As described in the statement of trustees' responsibilities on page 6, the Charity's trustees are responsible for the preparation of the accounts and they consider that the Charity is exempt from an audit under section 144 of the Charities Act 2011 (the Act) and exempt under Part 16 of the Companies Act 2006 and that an independent examination is required.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to examine the accounts under section 145 of the Act and to follow procedures laid down in the general Directions given by the Charity Commission under section 145(5) of the Act and state whether particular matters have come to my attention.

**Basis of Independent Examiner's report**

My examination was carried out in accordance with the General Directions given by the Charity Commission. My examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

**Independent examiner's statement**

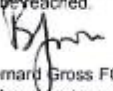
I have completed my examination.

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
  - to keep accounting records in accordance with section 386 of the Companies Act 2006; and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of Section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities applicable to Financial Reporting Standard applicable to UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP FRS 102));

have not been met; or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

  
Bernard Gross FCA  
Independent examiner  
Winston Gross & Co  
Chartered Accountants  
34 Arlington Road  
London  
NW1 7HU

26 October 2023

**Sivananda Yoga Vedanta Centre**  
**(Limited by guarantee)**  
**Statement of financial activities**  
**(Including Income & Expenditure Account)**  
**for the year ended 31 December 2022**

|                                           | Notes | General<br>unrestricted<br>funds<br>£ | Restricted<br>funds<br>£ | 2022<br>£        | 2021<br>£       |
|-------------------------------------------|-------|---------------------------------------|--------------------------|------------------|-----------------|
| <b>Income from:</b>                       |       |                                       |                          |                  |                 |
| Donations, grants and legacies            | 2     | 5,457                                 | -                        | 5,457            | 38,975          |
| Charitable activities                     | 3     | 80,095                                | -                        | 80,095           | 91,130          |
| Other trading activities                  | 4     | 11,219                                | -                        | 11,219           | 3,301           |
| Income from investments                   | 5     | 99                                    | -                        | 99               | 3               |
| <b>Total income</b>                       |       | <b>96,870</b>                         | <b>-</b>                 | <b>96,870</b>    | <b>133,409</b>  |
| <b>Expenditure on:</b>                    |       |                                       |                          |                  |                 |
| Raising funds                             | 6     | 33,363                                | -                        | 33,363           | 6,999           |
| Charitable activities                     | 6     | 214,640                               | -                        | 214,640          | 155,292         |
| <b>Total expenditure</b>                  |       | <b>248,003</b>                        | <b>-</b>                 | <b>248,003</b>   | <b>162,291</b>  |
| <b>Net movement in funds</b>              |       | <b>(151,133)</b>                      | <b>-</b>                 | <b>(151,133)</b> | <b>(28,882)</b> |
| <b>Reconciliation of funds</b>            |       |                                       |                          |                  |                 |
| <b>Total funds as at 1 January 2022</b>   |       | <b>879,989</b>                        | <b>-</b>                 | <b>879,989</b>   | <b>908,871</b>  |
| <b>Total funds as at 31 December 2022</b> |       | <b>728,856</b>                        | <b>-</b>                 | <b>728,856</b>   | <b>879,989</b>  |

The statement of financial activities includes all gains and losses. All income and expenditure derives from continuing activities.

**Sivananda Yoga Vedanta Centre  
Balance Sheet  
as at 31 December 2022**

Registered Company Number 5091856

|                                                                  | Notes | 2022<br>£        | 2021<br>£        |
|------------------------------------------------------------------|-------|------------------|------------------|
| <b>Fixed assets</b>                                              |       |                  |                  |
| Tangible assets                                                  | 10    | 1,729,891        | 1,824,930        |
| <b>Current assets</b>                                            |       |                  |                  |
| Stocks                                                           |       | 10,000           | 12,000           |
| Debtors                                                          | 11    | 15,181           | 9,360            |
| Cash at bank and in hand                                         |       | 37,581           | 61,919           |
|                                                                  |       | <u>62,762</u>    | <u>83,279</u>    |
| <b>Creditors: amounts falling due within one year</b>            | 12    | (459,041)        | (407,699)        |
| <b>Net current liabilities</b>                                   |       | <u>(396,279)</u> | <u>(324,420)</u> |
| <b>Total assets less current liabilities</b>                     |       | <u>1,333,612</u> | <u>1,500,510</u> |
| <b>Creditors: amounts falling due after more than one year</b>   | 13    | (604,756)        | (620,521)        |
| <b>Net assets</b>                                                |       | <u>728,856</u>   | <u>879,989</u>   |
| <b>Unrestricted funds</b>                                        |       |                  |                  |
| General funds                                                    | 14    | 728,856          | 879,989          |
| <b>Total charity funds - all unrestricted - 31 December 2022</b> |       | <u>728,856</u>   | <u>879,989</u>   |

For the financial year in question the company was entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006 relating to small companies.

No members have required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the special provisions applicable to companies subject to the small companies' regime.

Maartje Johanna Onderwater (Swami Jyotimayananda)  
Trustee and member of the Board of Management  
Approved by the board of management on 24 October 2023

**Sivananda Yoga Vedanta Centre**  
**Notes to the Accounts**  
**for the year ended 31 December 2022**

**1 Accounting policies**

a) **Basis of preparation**

The financial statements have been prepared under historical cost convention in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable to UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP FRS 102 second edition October 2019), the financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy or note.

b) **Public benefit entity**

The charitable company meets the definition of a public entity under FRS 102.

**Concessionary loans**

The centre has received loans from other centres. These are at rates below the prevailing market rates of interest of a similar commercial loan. The loans have been treated as public benefit concessionary loans under the definition in the Financial Reporting Standard FRS 102. These loans are reported at the amount received adjusted for any unpaid accrued interest. The loans have not been discounted to their present value and the liability in subsequent years is not recognised at amortised cost using the effective interest rate method.

c) **Going concern**

At the date of these accounts, cost of living crisis has impacted the speed of the post Covid - 19 recovery of the Charity's net incoming resources.

As indicated in the trustees report steps have been taken to try and minimise the impact of rapidly increasing interest rates and costs. New ways of generating income have been put in place. The accounts have therefore been prepared on a going concern basis.

The trustees do not consider that there are any sources of uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next reporting period.

d) **Income**

All income is included in the statement of financial activities when the charity is entitled to the income, it is probable that the income will be received and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

- Voluntary income is received by way of donations and gifts and is included in full in the Statement of Financial Activities when receivable.
- Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included in these accounts.
- Investment income is included when receivable.
- Books and other items donated for resale through the charity's boutique are included as other trading activities when they are sold.
- Yoga classes, courses and teacher training income is treated as charitable activities and are accounted for when earned.
- Subscription income is treated as part of income from charitable activities as it is for a service received. Subscriptions paid in advance are deferred to future periods.

e) **Interest receivable**

Interest on funds held in bank accounts is included when receivable and the amount can be measured reliably by the charity, this is normally upon notification of the interest paid or payable by the bank.

f) **Fund accounting**

Unrestricted funds are donations and other incoming resources received or generated for the charitable purposes.

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund.

**Sivananda Yoga Vedanta Centre**  
**Notes to the Accounts**  
**for the year ended 31 December 2022**

**1 Accounting policies - continued**

**g) Expenditure**

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure is stated net of Vat. Any irrecoverable VAT is reported separately:

- Costs of raising funds comprise the cost associated with attracting voluntary income.
- Charitable activities expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.
- All costs are allocated between the expenditure categories of the Statement of Financial Activities on a basis designed to reflect the use of the resources. Costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis per floor areas, per capita or estimated usage as set out in note 6.

**h) Allocation of support costs**

Resources expended are allocated to the particular activity where the cost relates to that activity. The cost of overall direction and administration of each activity, comprising the overhead costs of the central function, are apportioned based on the amount attributable to each activity.

**i) Tangible fixed assets**

Fixed assets are stated at cost less accumulated depreciation. Depreciation is provided at rates calculated to write off the

|                                    |                              |
|------------------------------------|------------------------------|
| Freehold buildings                 | 2% on building-straight line |
| Improvements to land and buildings | 5% straight line             |
| Equipment, furniture and fittings  | 20% reducing balance basis   |

The estimated value of the land is not depreciated.

**j) Stocks**

Stock is valued at the estimated lower of cost and net realisable value.

**k) Debtors**

Debtors are recognised at the settlement amount due after any discounts offered. Prepayments are valued at the amount prepaid net of any discounts due.

**l) Cash at bank and in hand**

Cash at bank and in hand includes bank balance kept in current accounts.

**m) Creditors and provisions**

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any discounts due.

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments which are initially recognised at transaction value and subsequently measured at their settlement value.

**n) Leasing and hire purchase commitments**

Rentals applicable to operating leases where substantially all of the benefits and risks of ownership remain with the lessor are charged to the Statement of Financial Activities as incurred.

**o) Foreign currencies**

Transactions in foreign currencies are recorded at the rate ruling at the date of the transaction. Monetary assets and liabilities denominated in foreign currencies are translated at the rate of exchange ruling at the balance sheet date. All differences are taken to the profit and loss account.

**Sivananda Yoga Vedanta Centre**  
**Notes to the Accounts**  
**for the year ended 31 December 2022**

**2 Income from donations, grants and legacies**

|                             | Unrestricted | Restricted | 2022         | 2021          |
|-----------------------------|--------------|------------|--------------|---------------|
|                             | £            | £          | Total        | Total         |
|                             | £            | £          | £            | £             |
| Donations                   | 5,457        | -          | 5,457        | 13,913        |
| Grants from local authority | -            | -          | -            | 25,062        |
|                             | <u>5,457</u> | <u>-</u>   | <u>5,457</u> | <u>38,975</u> |

**3 Income from charitable activities**

|                        | Unrestricted  | Restricted | 2022          | 2021          |
|------------------------|---------------|------------|---------------|---------------|
|                        | £             | £          | Total         | Total         |
|                        | £             | £          | £             | £             |
| Yoga activities income | <u>80,095</u> | <u>-</u>   | <u>80,095</u> | <u>91,130</u> |

**4 Income from other trading activities**

|                          |               |          |               |              |
|--------------------------|---------------|----------|---------------|--------------|
| Other trading activities | <u>11,219</u> | <u>-</u> | <u>11,219</u> | <u>3,301</u> |
|--------------------------|---------------|----------|---------------|--------------|

**5 Income from investments**

|                        |           |          |           |          |
|------------------------|-----------|----------|-----------|----------|
| Bank interest received | <u>99</u> | <u>-</u> | <u>99</u> | <u>3</u> |
|------------------------|-----------|----------|-----------|----------|

| 6 Analysis of expenditure              | Charitable activities | Raising funds | Governance | 2022          | 2021         |
|----------------------------------------|-----------------------|---------------|------------|---------------|--------------|
|                                        | £                     | £             | £          | Total         | Total        |
|                                        | £                     | £             | £          | £             | £            |
| Boutique costs                         | -                     | 6,305         | -          | 6,305         | 2,028        |
| Special programmes                     | 646                   | -             | -          | 646           | 1,376        |
| Retreat expenses                       | 38                    | -             | -          | 38            | 1,559        |
| Direct yoga supplies                   | 7,734                 | -             | -          | 7,734         | 1,364        |
| Brochure cost, design and distribution | 1,541                 | -             | -          | 1,541         | 2,615        |
| Motor and travel                       | 2,302                 | -             | -          | 2,302         | 925          |
|                                        | <u>12,261</u>         | <u>6,305</u>  | <u>-</u>   | <u>18,566</u> | <u>9,867</u> |

**Support costs allocated to activities**

|                                          |                |               |            |                |                |
|------------------------------------------|----------------|---------------|------------|----------------|----------------|
| Establishment expenses                   | 38,311         | 5,224         | -          | 43,535         | 30,838         |
| General office expenses                  | 10,587         | 1,444         | -          | 12,031         | 12,739         |
| Legal and professional                   | 1,385          | 189           | -          | 1,574          | 11,114         |
| Accountancy                              | 5,498          | 750           | -          | 6,248          | 7,254          |
| Independent examination fee              | -              | -             | 750        | 750            | 750            |
| Depreciation                             | 84,241         | 11,487        | -          | 95,728         | 87,354         |
| Contribution to Headquarters' & overseas | -              | -             | -          | -              | 3,303          |
| Ashram donation                          | -              | -             | -          | -              | 5,429          |
| Irrecoverable input VAT                  | 3,945          | -             | -          | 3,945          | 226            |
| Credit card charges                      | 10             | 1             | -          | 11             | (23,455)       |
| Foreign exchange loss/(profit)           | 38,085         | 5,193         | -          | 43,278         | 16,872         |
| Bank charges and interest                | 19,657         | 2,680         | -          | 22,337         |                |
|                                          | <u>201,719</u> | <u>26,968</u> | <u>750</u> | <u>229,437</u> | <u>152,424</u> |

**Governance costs**

|  |     |    |       |   |   |
|--|-----|----|-------|---|---|
|  | 660 | 90 | (750) | - | - |
|--|-----|----|-------|---|---|

**Total expenditure 2022**

|  |                |               |          |                |                |
|--|----------------|---------------|----------|----------------|----------------|
|  | <u>214,640</u> | <u>33,363</u> | <u>-</u> | <u>248,003</u> | <u>162,291</u> |
|--|----------------|---------------|----------|----------------|----------------|

**Total expenditure 2021**

|  |                |              |          |          |  |
|--|----------------|--------------|----------|----------|--|
|  | <u>155,292</u> | <u>6,999</u> | <u>-</u> | <u>-</u> |  |
|--|----------------|--------------|----------|----------|--|

The support costs are allocated between the yoga activities and boutique pro rata to their turnover.

**Sivananda Yoga Vedanta Centre**  
**Notes to the Accounts**  
**for the year ended 31 December 2022**

|                                    |             |             |
|------------------------------------|-------------|-------------|
| <b>7 Net incoming resources</b>    | <b>2022</b> | <b>2021</b> |
|                                    | <b>£</b>    | <b>£</b>    |
| This is stated after charging:     |             |             |
| Depreciation of owned fixed assets | 95,728      | 87,354      |
| Independent Examiner's fees        | 750         | 750         |

**8 Analysis of staff costs, trustee remuneration and expenses and the cost of key management personnel**

No members of the board of management received any remuneration during the year. Travel costs amounting to £Nil (2021: £Nil) were paid on behalf of any members of the board in their roles as trustees. The charity paid orthodontic expenses of £2,426 (2021: £Nil) for one trustee.

No amounts are included in the financial statements for services donated by key management personnel and volunteers as these cannot be quantified.

**9 Taxation**

As a charity, Sivananda Yoga Vedanta Centre is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the Charity.

The company is exempt from levying VAT on certain of its income and can therefore only recover input tax on a proportion of goods and services purchased.

**10 Tangible fixed assets**

|                       | <b>Freehold land<br/>and buildings<br/>£</b> | <b>Equipment,<br/>furniture<br/>and fittings<br/>£</b> | <b>Total<br/>£</b> |
|-----------------------|----------------------------------------------|--------------------------------------------------------|--------------------|
| <b>Cost</b>           |                                              |                                                        |                    |
| At 1 January 2022     | 3,108,293                                    | 118,022                                                | 3,226,315          |
| Additions             | 689                                          | -                                                      | 689                |
| At 31 December 2022   | <u>3,108,982</u>                             | <u>118,022</u>                                         | <u>3,227,004</u>   |
| <b>Depreciation</b>   |                                              |                                                        |                    |
| At 1 January 2022     | 1,287,686                                    | 113,699                                                | 1,401,385          |
| Charge for the year   | 94,863                                       | 865                                                    | 95,728             |
| At 31 December 2022   | <u>1,382,549</u>                             | <u>114,564</u>                                         | <u>1,497,113</u>   |
| <b>Net book value</b> |                                              |                                                        |                    |
| At 31 December 2022   | <u>1,726,433</u>                             | <u>3,458</u>                                           | <u>1,729,891</u>   |
| At 31 December 2021   | <u>1,820,607</u>                             | <u>4,323</u>                                           | <u>1,824,930</u>   |

The Executive Committee are of the opinion that the market values of the freehold functional properties are not less than their book value at 31 December 2022.

|                               |               |              |
|-------------------------------|---------------|--------------|
| <b>11 Debtors</b>             | <b>2022</b>   | <b>2021</b>  |
|                               | <b>£</b>      | <b>£</b>     |
| Other debtors and prepayments | <u>15,181</u> | <u>9,360</u> |

**Sivananda Yoga Vedanta Centre**  
**Notes to the Accounts**  
**for the year ended 31 December 2022**

| <b>12 Creditors: amounts falling due within one year</b> | <b>2022</b>    | <b>2021</b>    |
|----------------------------------------------------------|----------------|----------------|
|                                                          | <b>£</b>       | <b>£</b>       |
| Bank loans and overdrafts (secured)                      | -              | 38,324         |
| Trade creditors                                          | 5,212          | 1,388          |
| Other loans (secured as below)                           | 403,056        | 323,853        |
| Other taxes and social security costs                    | -              | 67             |
| Accruals and deferred income                             | 50,773         | 44,067         |
|                                                          | <u>459,041</u> | <u>407,699</u> |

The bank loan (repaid in 2022) and overdrafts are secured by a first charge over the land and buildings. Certain of the other loans are secured by a fixed charge over Freehold land and buildings owned by the company.

In 2013 and 2015 the centre received loans from other centres. These are shown above as other loans.

The rates charged on these loans vary from 0% to 3%. Loans totalling £180,612 (2021:168,711) are secured. The loans are repayable over years ranging from 5-12 years from the date of the agreement. These loans are reported at the amount received. Unpaid accrued interest is included in accruals. The loans have not been discounted to their present value.

During the year the bank loan was repaid in full.

The Charity entered into an unsecured loan agreement with another centre for the term of 20 years at an annual rate at £1.5%.

| <b>13 Creditors: amounts falling due after one year</b> | <b>2022</b>      | <b>2021</b>    |
|---------------------------------------------------------|------------------|----------------|
|                                                         | <b>£</b>         | <b>£</b>       |
| Bank loans (secured)                                    | -                | 453,217        |
| Other loans (secured as below)                          | 604,756          | 167,304        |
|                                                         | <u>604,756</u>   | <u>620,521</u> |
| <u>Total loans commitments</u>                          |                  |                |
| Loans falling due within one year                       | 403,056          | 362,177        |
| Loans falling due between 1 and 2 years                 | 67,426           | 86,673         |
| Loans falling due between 2 and 5 years                 | 188,435          | 258,091        |
| Loans falling due after 5 years                         | 348,895          | 275,757        |
|                                                         | <u>1,007,812</u> | <u>982,698</u> |

Loans are repayable in instalments. The bank loan (repaid in 2022) and overdraft facility are secured by a first charge over the land and buildings. Certain of the other loans are secured by a fixed charge over Freehold land and buildings owned by the company.

| <b>14 Movements in funds</b> | <b>2022</b>    | <b>2021</b>    |
|------------------------------|----------------|----------------|
|                              | <b>£</b>       | <b>£</b>       |
| At 1 January                 | 879,989        | 908,871        |
| Incoming resources           | 96,870         | 133,409        |
| Resources expended           | (248,003)      | (162,291)      |
|                              | <u>728,856</u> | <u>879,989</u> |
| At 31 December               |                |                |

**15 Related party transactions**

The affiliated centres' loans that are stated in notes 12 and 13 were received based on arm's length agreements.

Over the last few years, and since the outset of Covid - 19 and the current cost of living crisis, the terms of repayment on these loans have not been adhered to, by mutual consent.

The capital loan repayments that are not made in an individual year, are added to loans falling due within one year and deducted from loans falling due after one year.

**Sivananda Yoga Vedanta Centre**  
**Notes to the Accounts**  
**for the year ended 31 December 2022**

**16 Company information**

Sivananda Yoga Vedanta Centre is a private company limited by guarantee incorporated in England and Wales. The registered office is 51 Felsham Road, London, SW15 1AZ.

**17 Presentation currency**

The financial statements are presented in Sterling.

**18 Liabilities of members**

The company has no share capital but under the terms of its memorandum and articles of association every member is liable to contribute a sum not exceeding £1 in the event the company is wound up whilst they are a member or for one year thereafter.

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# Accounts

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Registered Charity Number 1103746

Registered Company Number 5091856

Sivananda Yoga Vedanta Centre  
(A Charitable Company Limited By Guarantee)

Unaudited Accounts

For the year ended 31 December 2021

**Sivananda Yoga Vedanta Centre**  
**Report and accounts**

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**Sivananda Yoga Vedanta Centre**  
**Reference and administrative information**  
**For the year ended 31 December 2021**

|                                                   |                                                                                                                                                                                                                                                                                                                                                                           |
|---------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Charity name</b>                               | Sivananda Yoga Vedanta Centre<br>(A Charitable Company Limited by Guarantee)                                                                                                                                                                                                                                                                                              |
| <b>Nature of governing document</b>               | Memorandum and Articles of Association                                                                                                                                                                                                                                                                                                                                    |
| <b>Registered company number</b>                  | 5091856                                                                                                                                                                                                                                                                                                                                                                   |
| <b>Registered charity number</b>                  | 1103746                                                                                                                                                                                                                                                                                                                                                                   |
| <b>Directors / Trustees</b>                       | Brigitte Fletcher ( Swami Durgananda)<br>Florence Aillot ( Swami Kailasananda)<br>Jonas Mueller ( Swami Sivadasananda)<br>Rony Magazanik ( Swami Swaroopananda)<br>Mark Ashley ( Srinivasan)<br>Maria Guagliano<br>Swami Sitaramananda<br>Ms Maartje Johanna Onderwater (Swami Jyotirmayananda)<br>Ms Hedwig Selmeier (Swami Ramapriyananda)<br>Sabine Margarethe Malecek |
| <b>Secretary</b>                                  | Florence Aillot ( Swami Kailasananda)                                                                                                                                                                                                                                                                                                                                     |
| <b>Accountants/<br/>Independent Examiner</b>      | Bernard Gross<br>Winston Gross & Co<br>Chartered Accountants<br>34 Arlington Road<br>London<br>NW1 7HU                                                                                                                                                                                                                                                                    |
| <b>Bankers</b>                                    | Royal Bank of Scotland<br>36 New Bridge Street<br>London<br>EC4                                                                                                                                                                                                                                                                                                           |
| <b>Solicitors</b>                                 | Russell-Cooke<br>2 Putney Hill<br>London<br>SW15 6AB                                                                                                                                                                                                                                                                                                                      |
| <b>Registered office/<br/>Operational address</b> | 51 Felsham Road<br>London<br>SW15 1AZ                                                                                                                                                                                                                                                                                                                                     |

**Sivananda Yoga Vedanta Centre**  
**Trustees' annual report**  
**For the year ended 31 December 2021**

The trustees who are also directors under company law, present their report and financial statements for the year ended 31 December 2021. The trustees confirm that the financial statements comply with current statutory requirements, the memorandum and articles of association and the Charities Statement of Recommended Practice (SORP) - Accounting and Reporting by Charities SORP applicable to charities preparing their accounts in accordance with FRS 102 effective 1 January 2019.

**Structure, Governance and Management**

**Governing document**

Sivananda Yoga Vedanta Centre is a company limited by guarantee, number 5091856 incorporated on 2 April 2004 and a charity registered with the Charity Commission on 13 May 2004, number 1103746. The charity is governed by its Memorandum and Articles of Association.

The company has no share capital but under the terms of its Memorandum of Association every member is liable to contribute a sum not exceeding £1 in the event that the company is wound up whilst they are a member or for one year thereafter. The number of trustees shall not be less than six members nor more than ten. The number of trustees at present is ten (2020: ten).

**Recruitment and appointment of board of management**

The members of the Board of Management are the members in accordance with the Articles of Association. Under the requirements of the Memorandum and Articles of Association the members of the Board of Management are elected by the Board of Management to serve for a period of 3 years after which they may be re-appointed for one or more further terms of three years. All officers must be sympathetic to the teachings of Sri Swami Sivananda Maharaj.

**The trustees are:**

Brigitte Fletcher (Swami Durgananda)  
Florence Allot (Swami Kailasananda)  
Jonas Mueller (Swami Sivadasananda)  
Rony Magazanik (Swami Swaroopananda)  
Mark Ashley (Srinivasan)  
Maria Guagliano  
Swami Sitaramananda  
Ms Maartje Johanna Onderwater (Swami Jyotirmayananda)  
Ms Hedwig Selmeier (Swami Ramapriyananda)  
Sabine Margarethe Malecek  
Chandra Prince (resigned March 2022)

**Organisational structure**

The business of the Centre is managed by the Board of Management as a whole and they are responsible for the strategic direction and policy of the charity. Certain trustees - Swami Kailasananda, Swami Durgananda and Swami Jyotirmayananda - who are experienced in the operational and financial issues of associated centres which are part of the Sivananda Yoga Vedanta worldwide movement - play a more active role as trustees of the centre. Responsibility for the day to day management of the Centre was delegated to the Centre Director, Olivier Eyheramendy who was responsible for all the activities of the centre until the end of October 2021 and was then replaced by Swami Jyotirmayananda.

**Sivananda Yoga Vedanta Centre  
Trustees' annual report  
For the year ended 31 December 2021**

**Trustee induction and training**

The trustees are already familiar with the practical work of the charity being practising Yogis themselves. All are sympathetic to the teachings of Sri Swami Sivananda Maharaj and generally are active in other associated non profit making centres which are part of the Sivananda Yoga Vedanta Centre movement worldwide. Trustees are active in the annual budgeting process and are very familiar with the objectives of the Centre. Information regarding the duties of trustees are circulated to and discussed with all trustees.

**Risk management**

The board of management regularly conducts a review of the major risks to which the charity is exposed. Regular reporting to the board of management helps minimise financial and operational risks and certain trustees visit the centre. Individuals involved in running any classes are required to have the appropriate qualifications. Insurance is in place to protect against operational risks.

The charity's risk assessment has been updated and fine-tuned further under the guidance of a professional risk consultant.

**Related parties**

The Centre is affiliated in spirit to the extent permitted by applicable laws and the objects of the Centre, in aim and activity with the Sivananda Yoga Vedanta Centre, Val Morin ,Quebec, Canada, which was registered as a non-profit corporation in the Province of Quebec, Canada in conformity with Article 2, Chapter 271, Statutes 1964 of Canadian legislation on 29 November 1965. There are affiliated Centres throughout the world.

**Objectives, activities and public benefit**

The company's principal activity during the year remains to advance the Hindu religion as a way of life by the propagation, practice and dissemination of the spiritual teachings and doctrines of the Indian saint, mystic and sage His Holiness Sri Swami Sivananda, founder of the Divine Life Society, Rishikesh, India, who taught the yoga of synthesis as a means to reach physical and mental wellbeing and ultimately Self-realization.

The trustees have had due regard to the guidance issued by the Charity Commissioners including public benefit guidance and they consider that the work carried out by the centre is for the public benefit.

In furtherance of these objects the Centre brings together persons interested in the discipline of Yoga and promotes the knowledge of such discipline. This is achieved by running a centre at its operational address to promote the theory and practice of such a discipline. Projects are occasionally undertaken at other venues.

Classes in meditation and relaxation are offered. The five basic principles of yoga promoted by Swami Vishnudevananda are taught as part of the classes. Teacher training, retreats and special programmes take place at the centre and occasionally at other venues. Invited guests visit the centre to assist in providing some of the special programmes.

**Investment and funding**

The trustees confirm that all the income and expenditure is for the sole purpose of meeting these objectives.

**Sivananda Yoga Vedanta Centre**  
**Trustees' annual report**  
**For the year ended 31 December 2021**

**Achievements and performance**

The main area of charitable activity is the running of classes, courses and teacher training held at the centre and also taught online and retreats to achieve the charitable objectives of the centre. The centre also runs a boutique shop located at its operational address where products promoting the activities of the centre are for sale. The range of products are regularly reviewed and stock levels are carefully monitored. The centre has written various books promoting the objects of the charity. Royalties are received from these books which are also available for sale in the boutique.

The centre is dependent on and grateful for the contributions rendered by its unpaid volunteers who play an essential role in helping to achieve the objectives of the centre.

Achieving these goals is dependent on the number of people attending the classes and courses organised by the Centre. These numbers are affected by general economic trends and the income does vary each year. During 2021 numbers remained significantly lower than pre pandemic years, due to the ongoing restrictions and social distancing requirements of the pandemic. The Centre was closed as required by those restrictions, at certain times during the year.

**Members of the centre**

Members of the Centre, as distinct from members of the board of management, are entitled to a discount on classes, courses, workshops and retreats. The Centre has an active membership scheme. There are currently 45 members of the centre who pay a subscription, to be members.

**Financial review**

**Principal funding sources**

Income from charitable activities in the year comprised £91,130 (2020: £97,642). The trustees are satisfied with the level of income given the exceptional situation with the ongoing pandemic. This income is derived from yoga classes, courses and teacher training of £84,974 (2020: £83,648) and income from retreats and other programs which promote the objects of the charity.

Other trading activities include income from sales in the boutique of related yoga and meditation products of £2,643, (2020: £5,399).

Donations have increased in the year, to £13,913 (2020: £11,685).

Covid related grants were received from Wandsworth Borough Council of £25,062 (2020: £27,000)

Costs are incurred in running the classes, courses and teachers training at the centre's premises and at other locations. The expenditure has been apportioned between these different charitable headings.

No fundraising is undertaken directly and no costs are incurred in that regard.

The deficit in funds for the year of £28,882 (2020: £93,371) is stated after depreciation of £87,354 (2020: £99,309).

**Sivananda Yoga Vedanta Centre**  
**Trustees' annual report**  
**For the year ended 31 December 2021**

**Investment policy**

The Board has the power to make investments under the Articles and can appoint a professional investment manager if deemed appropriate. No such appointment has been made. The Board takes a very prudent view regarding the investment of surplus funds which are invested in bank balances as funds are required to meet the centre's ongoing needs and to build up reserves.

**Financial position at year end and reserves policy**

The charity has a reserves policy that unrestricted funds in the form of free reserves not committed or invested in tangible fixed assets should represent between 3-6 months of expenditure. The board recognise that this is important as a significant proportion of the reserves are invested in the freehold property owned by the charity.

The centre has cash balances of £61,920 and net current liabilities of £324,420 at the year end (2020: cash balances of £65,472 and net current liabilities of £303,621).

Annual expenditure was circa £162,300 which means circa £40,575-£81,150 of reserves are required.

The Centre is keen to increase the available net assets and is working to achieve this over a period of time.

The charity has loans from other centres. These loans are denominated in a foreign currency. The charities functional currency is £ Sterling. Foreign exchange differences arise on these outstanding loans at the year end. In 2021 there is a foreign exchange gain of £23,455 (2020: £28,246 loss).

**Plans for future periods and impact of Covid 19**

The Covid-19 pandemic has continued through and beyond the year end. The charity has been running classes online since the very beginning of the first lock-down and also offers UK based students the possibility to participate in international, online Teacher Training Courses (TTC's). Despite these online activities, Covid has resulted in a significant drop in income in 2020 and in 2021 income has remained similar, there is uncertainty regarding a major recovery in income for 2022.

The prospects of a more normal life on the horizon, free from restrictions, an uplift in income and students returning to classes at the Centre's premises look more possible than at anytime since the pandemic began in the second half of the year..

The Centre received financial support from Wandsworth Council and the RBS. Under the qualifying criteria for the Retail, Hospitality and Leisure Grant Fund, the Centre was granted and received £25,062 (2020:£27,000) in the year. RBS initially granted the charity a 6 month capital repayment holiday, which was afterwards, extended to one year. In 2021, a further 6 month capital repayment holiday was granted. The Centre is currently in negotiation to extend this capital repayment schedule further.

The duration and impact of the Covid-19 pandemic, as well as the effectiveness of government and central bank responses, remains unclear at this time, as to future lockdown and severe restrictions. It is not possible to reliably estimate the duration and severity of the consequences as well as their impact on the financial position and results of the Company for future periods, but it is hopeful that the current situation and handling by the government of the pandemic at this time, allows much more freedom from the restrictions imposed in the prior two years.

**Sivananda Yoga Vedanta Centre**  
**Trustees' annual report**  
**For the year ended 31 December 2021**

**Responsibilities of the board of management**

**Statement of Directors' and Trustees' Responsibilities**

Charity Law and the Companies Acts require the Board to prepare accounts for each financial year which give a true and fair view of the state of affairs of the charitable company as at the end of the financial year and of its incoming resources and application of resources, including income and expenditure for that period. In preparing those accounts the Board is required to :-

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.
- state whether applicable accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements.
- observe the methods and principles of the Charities SORP

The trustees are also responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which are sufficient to show and explain the charity's transactions and enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report was approved by the board on **28** September 2022.

Florence Aillot ( Swami Kailasananda)  
Trustee and member of the Board of Management



**Sivananda Yoga Vedanta Centre**

**(LIMITED BY GUARANTEE)**

**Accountants' Report**

Independent Examiner's report on the unaudited accounts  
to the directors/trustees of  
Sivananda Yoga Vedanta Centre

I report to the Company's Board of Directors who are also the Trustees of Sivananda Yoga Vedanta Centre (the Charity) on the accounts for the year ended 31 December 2021, which comprise the Statement of Financial Activities, the Balance Sheet and the related notes. These accounts have been prepared in accordance with the accounting policies set out therein and the requirements of the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019) - Charities SORP FRS 102 (Second Edition), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) and the Companies Act 2006.

This report is made solely to the Company's Board of Directors who are also the Charity's Trustees, as a body. My work has been undertaken so that I might state to the trustees those matters I am required to state to them in an Independent Examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Charity and the Charity's trustees as a body, for my work, for this report or for the opinion I have formed.

**Respective responsibilities of trustees and independent examiner**

As described in the statement of trustees' responsibilities on page 6, the Charity's trustees are responsible for the preparation of the accounts and they consider that the Charity is exempt from an audit under section 144 of the Charities Act 2011 (the Act) and exempt under Part 16 of the Companies Act 2006 and that an independent examination is required.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to examine the accounts under section 145 of the Act and to follow procedures laid down in the general Directions given by the Charity Commission under section 145(5) of the Act and state whether particular matters have come to my attention.

**Basis of Independent Examiner's report**

My examination was carried out in accordance with the General Directions given by the Charity Commission. My examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

**Independent examiner's statement**

I have completed my examination.

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in, any material respect, the requirements:

- to keep accounting records in accordance with section 386 of the Companies Act 2006; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of Section 395 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities applicable to Financial Reporting Standard applicable to UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP FRS 102)).

have not been met; or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

  
Bernard Gross FCA  
Independent examiner  
Winston Gross & Co  
Chartered Accountants  
34 Arlington Road  
London  
NW1 7HU

28 September 2022

**Sivananda Yoga Vedanta Centre**  
**(Limited by guarantee)**  
**Statement of financial activities**  
**(Including Income & Expenditure Account)**  
**for the year ended 31 December 2021**

|                                           | Notes | General<br>unrestricted<br>funds<br>£ | Restricted<br>funds<br>£ | 2021<br>£      | 2020<br>£      |
|-------------------------------------------|-------|---------------------------------------|--------------------------|----------------|----------------|
| <b>Income from:</b>                       |       |                                       |                          |                |                |
| Donations, grants and legacies            | 2     | 38,975                                | -                        | 38,975         | 38,685         |
| Charitable activities                     | 3     | 91,130                                | -                        | 91,130         | 97,642         |
| Other trading activities                  | 4     | 3,301                                 | -                        | 3,301          | 5,730          |
| Income from investments                   | 5     | 3                                     | -                        | 3              | 32             |
| <b>Total income</b>                       |       | <u>133,409</u>                        | <u>-</u>                 | <u>133,409</u> | <u>142,089</u> |
| <b>Expenditure on:</b>                    |       |                                       |                          |                |                |
| Raising funds                             | 6     | 6,999                                 | -                        | 6,999          | 14,673         |
| Charitable activities                     | 6     | 155,292                               | -                        | 155,292        | 220,787        |
| <b>Total expenditure</b>                  |       | <u>162,291</u>                        | <u>-</u>                 | <u>162,291</u> | <u>235,460</u> |
| <b>Net movement in funds</b>              |       | (28,882)                              | -                        | (28,882)       | (93,371)       |
| <b>Reconciliation of funds</b>            |       |                                       |                          |                |                |
| <b>Total funds as at 1 January 2021</b>   |       | 908,871                               | -                        | 908,871        | 1,002,242      |
| <b>Total funds as at 31 December 2021</b> |       | <u>879,989</u>                        | <u>-</u>                 | <u>879,989</u> | <u>908,871</u> |

The statement of financial activities includes all gains and losses. All income and expenditure derives from continuing activities.

**Sivananda Yoga Vedanta Centre**  
**Balance Sheet**  
**as at 31 December 2021**

Registered Company Number 5091856

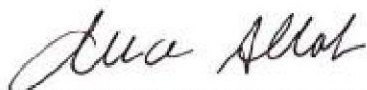
|                                                                  | Notes | 2021<br>£        | 2020<br>£        |
|------------------------------------------------------------------|-------|------------------|------------------|
| <b>Fixed assets</b>                                              |       |                  |                  |
| Tangible assets                                                  | 10    | 1,824,930        | 1,910,581        |
| <b>Current assets</b>                                            |       |                  |                  |
| Stocks                                                           |       | 12,000           | 13,000           |
| Debtors                                                          | 11    | 9,360            | 6,788            |
| Cash at bank and in hand                                         |       | 61,919           | 65,472           |
|                                                                  |       | <u>83,279</u>    | <u>85,260</u>    |
| <b>Creditors: amounts falling due within one year</b>            | 12    | (407,699)        | (388,881)        |
| <b>Net current liabilities</b>                                   |       | <u>(324,420)</u> | <u>(303,621)</u> |
| <b>Total assets less current liabilities</b>                     |       | <u>1,500,510</u> | <u>1,606,960</u> |
| <b>Creditors: amounts falling due after more than one year</b>   | 13    | (620,521)        | (698,089)        |
| <b>Net assets</b>                                                |       | <u>879,989</u>   | <u>908,871</u>   |
| <b>Unrestricted funds</b>                                        |       |                  |                  |
| General funds                                                    | 14    | 879,989          | 908,871          |
| <b>Total charity funds - all unrestricted - 31 December 2021</b> |       | <u>879,989</u>   | <u>908,871</u>   |

For the financial year in question the company was entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006 relating to small companies.

No members have required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the special provisions applicable to companies subject to the small companies' regime.



Florence Aillot ( Swami Kailasananda)

Trustee and member of the Board of Management

Approved by the board of management on 28 September 2022

**Sivananda Yoga Vedanta Centre**  
**Notes to the Accounts**  
**for the year ended 31 December 2021**

**1 Accounting policies**

**a) Basis of preparation**

The financial statements have been prepared under historical cost convention in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable to UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP FRS 102 second edition October 2019), the financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy or note.

**b) Public benefit entity**

The charitable company meets the definition of a public entity under FRS 102.

**Concessionary loans**

The centre has received loans from other centres and from a trustee. These are at rates below the prevailing market rates of interest of a similar commercial loan. The loans have been treated as public benefit concessionary loans under the definition in the Financial Reporting Standard FRS 102. These loans are reported at the amount received adjusted for any unpaid accrued interest. The loans have not been discounted to their present value and the liability in subsequent years is not recognised at amortised cost using the effective interest rate method.

**c) Going concern**

At the date of these accounts, the Coronavirus (COVID-19) continues to be a significant international event with the impact being felt in the UK and the rest of the world.

As indicated in the trustees report steps have been taken to try and minimise such risks with the help of Government grants and support from the Company's bankers and other centres. As such the accounts have been prepared on a going concern basis.

The trustees do not consider that there are any sources of uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next reporting period.

**d) Income**

All income is included in the statement of financial activities when the charity is entitled to the income, it is probable that the income will be received and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

- Voluntary income is received by way of donations and gifts and is included in full in the Statement of Financial Activities when receivable.
- Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included in these accounts.
- Investment income is included when receivable.
- Books and other items donated for resale through the charity's boutique are included as other trading activities when they are sold.
- Yoga classes, courses and teacher training income is treated as charitable activities and are accounted for when earned.
- Subscription income is treated as part of income from charitable activities as it is for a service received. Subscriptions paid in advance are deferred to future periods.

**e) Interest receivable**

Interest on funds held in bank accounts is included when receivable and the amount can be measured reliably by the charity, this is normally upon notification of the interest paid or payable by the bank.

**f) Fund accounting**

Unrestricted funds are donations and other incoming resources received or generated for the charitable purposes.

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund.

**Sivananda Yoga Vedanta Centre**  
**Notes to the Accounts**  
**for the year ended 31 December 2021**

**1 Accounting policies - continued**

**g) Expenditure**

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure is stated net of Vat. Any irrecoverable VAT is reported separately.

- Costs of raising funds comprise the cost associated with attracting voluntary income
- Charitable activities expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them
- All costs are allocated between the expenditure categories of the Statement of Financial Activities on a basis designed to reflect the use of the resources. Costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis per floor areas, per capita or estimated usage as set out in note 6.

**h) Allocation of support costs**

Resources expended are allocated to the particular activity where the cost relates to that activity. The cost of overall direction and administration of each activity, comprising the overhead costs of the central function, are apportioned based on the amount attributable to each activity.

**i) Tangible fixed assets**

Fixed assets are stated at cost less accumulated depreciation. Depreciation is provided at rates calculated to write off the

|                                    |                              |
|------------------------------------|------------------------------|
| Freehold buildings                 | 2% on building-straight line |
| Improvements to land and buildings | 5% straight line             |
| Equipment, furniture and fittings  | 20% reducing balance basis   |

The estimated value of the land is not depreciated.

**j) Stocks**

Stock is valued at the estimated lower of cost and net realisable value.

**k) Debtors**

Debtors are recognised at the settlement amount due after any discounts offered. Prepayments are valued at the amount prepaid net of any discounts due.

**l) Cash at bank and in hand**

Cash at bank and in hand includes bank balance kept in current accounts.

**m) Creditors and provisions**

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any discounts due.

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments which are initially recognised at transaction value and subsequently measured at their settlement value.

**n) Leasing and hire purchase commitments**

Rentals applicable to operating leases where substantially all of the benefits and risks of ownership remain with the lessor are charged to the Statement of Financial Activities as incurred.

**o) Foreign currencies**

Transactions in foreign currencies are recorded at the rate ruling at the date of the transaction. Monetary assets and liabilities denominated in foreign currencies are translated at the rate of exchange ruling at the balance sheet date. All differences are taken to the profit and loss account.

**Sivananda Yoga Vedanta Centre**  
**Notes to the Accounts**  
**for the year ended 31 December 2021**

|                                              |                                          |                       |               |            |            |         |
|----------------------------------------------|------------------------------------------|-----------------------|---------------|------------|------------|---------|
| 2 Income from donations, grants and legacies |                                          |                       |               | 2021       | 2020       |         |
|                                              |                                          | Unrestricted          | Restricted    | Total      | Total      |         |
|                                              |                                          | £                     | £             | £          | £          |         |
|                                              | Donations                                | 13,913                | -             | 13,913     | 11,685     |         |
|                                              | Grants from local authority              | 25,062                | -             | 25,062     | 27,000     |         |
|                                              |                                          | 38,975                | -             | 38,975     | 38,685     |         |
|                                              |                                          |                       |               |            |            |         |
| 3 Income from charitable activities          |                                          |                       |               | 2021       | 2020       |         |
|                                              |                                          | Unrestricted          | Restricted    | Total      | Total      |         |
|                                              |                                          | £                     | £             | £          | £          |         |
|                                              | Yoga activities income                   | 91,130                | -             | 91,130     | 97,642     |         |
|                                              |                                          |                       |               |            |            |         |
| 4 Income from other trading activities       |                                          |                       |               |            |            |         |
|                                              | Other trading activities                 | 3,301                 | -             | 3,301      | 5,730      |         |
|                                              |                                          |                       |               |            |            |         |
| 5 Income from investments                    |                                          |                       |               |            |            |         |
|                                              | Bank interest received                   | 3                     | -             | 3          | 32         |         |
|                                              |                                          |                       |               |            |            |         |
| 6 Analysis of expenditure                    |                                          | Charitable activities | Raising funds |            |            |         |
|                                              |                                          | £                     | £             | 2021 Total | 2020 Total |         |
|                                              |                                          |                       | £             | £          | £          |         |
|                                              | Boutique costs                           | -                     | 2,028         | -          | 2,028      | 3,911   |
|                                              | Special programmes                       | 1,376                 | -             | -          | 1,376      | 3,976   |
|                                              | Retreat expenses                         | 1,559                 | -             | -          | 1,559      | -       |
|                                              | Direct yoga supplies                     | 1,364                 | -             | -          | 1,364      | 6,914   |
|                                              | Brochure cost, design and distribution   | 2,615                 | -             | -          | 2,615      | 5,844   |
|                                              | Motor and travel                         | 925                   | -             | -          | 925        | 1,073   |
|                                              |                                          | 7,839                 | 2,028         | -          | 9,867      | 21,718  |
|                                              |                                          |                       |               |            |            |         |
| Support costs allocated to activities        |                                          |                       |               |            |            |         |
|                                              | Establishment expenses                   | 29,913                | 925           | -          | 30,838     | 32,514  |
|                                              | General office expenses                  | 12,357                | 382           | -          | 12,739     | 14,257  |
|                                              | Legal and professional                   | 10,781                | 333           | -          | 11,114     | 6,315   |
|                                              | Accountancy                              | 7,036                 | 218           | -          | 7,254      | 5,688   |
|                                              | Independent examination fee              | -                     | -             | 750        | 750        | 750     |
|                                              | Depreciation                             | 64,733                | 2,621         | -          | 67,354     | 99,309  |
|                                              | Contribution to Headquarters' & overseas | -                     | -             | -          | -          | -       |
|                                              | Asram donation                           | 2,642                 | 661           | -          | 3,303      | 1,801   |
|                                              | Irrecoverable input VAT                  | 5,429                 | -             | -          | 5,429      | 3,874   |
|                                              | Credit card charges                      | 219                   | 7             | -          | 226        | 100     |
|                                              | Foreign exchange loss/(profit)           | (22,751)              | (704)         | -          | (23,455)   | 20,246  |
|                                              | Bank charges and interest                | 16,366                | 506           | -          | 16,872     | 18,888  |
|                                              |                                          | 146,725               | 4,949         | 750        | 152,424    | 213,742 |
|                                              |                                          |                       |               |            |            |         |
| Governance costs                             |                                          | 728                   | 22            | (750)      | -          | -       |
|                                              |                                          |                       |               |            |            |         |
| Total expenditure 2021                       |                                          | 155,292               | 6,999         | -          | 162,291    | 235,460 |
|                                              |                                          |                       |               |            |            |         |
| Total expenditure 2020                       |                                          | 220,787               | 14,673        | -          | -          | -       |

The support costs are allocated between the yoga activities and boutique pro rata to their turnover

**Sivananda Yoga Vedanta Centre**  
**Notes to the Accounts**  
**for the year ended 31 December 2021**

|                                    |             |             |
|------------------------------------|-------------|-------------|
| <b>7 Net incoming resources</b>    | <b>2021</b> | <b>2020</b> |
|                                    | <b>£</b>    | <b>£</b>    |
| This is stated after charging      |             |             |
| Depreciation of owned fixed assets | 87,354      | 99,309      |
| Independent Examiner's fees        | 750         | 750         |

**8 Analysis of staff costs, trustee remuneration and expenses and the cost of key management personnel**

No members of the board of management received any remuneration during the year. Travel costs amounting to £Nil (2020: £Nil) were paid on behalf of any members of the board.

No amounts are included in the financial statements for services donated by key management personnel and volunteers as these cannot be quantified.

**9 Taxation**

As a charity, Sivananda Yoga Vedanta Centre is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the Charity.

The company is exempt from levying VAT on certain of its income and can therefore only recover input tax on a proportion of goods and services purchased.

**10 Tangible fixed assets**

|                       | <b>Freehold land<br/>and buildings<br/>£</b> | <b>Equipment,<br/>furniture<br/>and fittings<br/>£</b> | <b>Total<br/>£</b> |
|-----------------------|----------------------------------------------|--------------------------------------------------------|--------------------|
| <b>Cost</b>           |                                              |                                                        |                    |
| At 1 January 2021     | 3,106,590                                    | 118,022                                                | 3,224,612          |
| Additions             | 1,703                                        | -                                                      | 1,703              |
| At 31 December 2021   | 3,108,293                                    | 118,022                                                | 3,226,315          |
| <b>Depreciation</b>   |                                              |                                                        |                    |
| At 1 January 2021     | 1,201,412                                    | 112,619                                                | 1,314,031          |
| Charge for the year   | 86,274                                       | 1,080                                                  | 87,354             |
| At 31 December 2021   | 1,287,686                                    | 113,699                                                | 1,401,385          |
| <b>Net book value</b> |                                              |                                                        |                    |
| At 31 December 2021   | 1,820,607                                    | 4,323                                                  | 1,824,930          |
| At 31 December 2020   | 1,905,178                                    | 5,403                                                  | 1,910,581          |

The Executive Committee are of the opinion that the market values of the freehold functional properties are not less than their book value at 31 December 2021.

|                               |             |             |
|-------------------------------|-------------|-------------|
| <b>11 Debtors</b>             | <b>2021</b> | <b>2020</b> |
|                               | <b>£</b>    | <b>£</b>    |
| Other debtors and prepayments | 9,360       | 6,788       |

**Sivananda Yoga Vedanta Centre**  
**Notes to the Accounts**  
**for the year ended 31 December 2021**

| <b>12 Creditors: amounts falling due within one year</b> | <b>2021</b>    | <b>2020</b>    |
|----------------------------------------------------------|----------------|----------------|
|                                                          | <b>£</b>       | <b>£</b>       |
| Bank loans and overdrafts (secured)                      | 38,324         | 33,993         |
| Trade creditors                                          | 1,388          | 657            |
| Other loans (secured as below)                           | 323,853        | 307,857        |
| Other taxes and social security costs                    | 67             | 343            |
| Accruals and deferred income                             | 44,067         | 46,021         |
|                                                          | <u>407,699</u> | <u>388,871</u> |

The bank loans and overdrafts are secured by a first charge over the land and buildings. Certain of the other loans are secured by a fixed charge over Freehold land and buildings owned by the company.

In 2013 and 2015 the centre received loans from other centres and from a trustee. These are shown above as other loans.

The rates charged on these loans vary from 0% to 3%. Loans totalling £168,711 (2020: 175,396) are secured. The loans are repayable over years ranging from 5-12 years from the date of the agreement. These loans are reported at the amount received adjusted for any unpaid accrued interest. The loans have not been discounted to their present value.

| <b>13 Creditors: amounts falling due after one year</b> | <b>2021</b>    | <b>2020</b>      |
|---------------------------------------------------------|----------------|------------------|
|                                                         | <b>£</b>       | <b>£</b>         |
| Bank loans (secured)                                    | 453,217        | 465,644          |
| Other loans (secured as below)                          | 167,304        | 232,445          |
|                                                         | <u>620,521</u> | <u>698,089</u>   |
| Loans falling due within one year                       | 362,177        | 341,650          |
| Loans falling due after one year                        | 620,521        | 698,089          |
|                                                         | <u>982,698</u> | <u>1,039,739</u> |

These loans are repayable in instalments. The bank loans and overdrafts are secured by a first charge over the land and buildings. Certain of the other loans are secured by a fixed charge over Freehold land and buildings owned by the company. A re-classification between less than one year and over one year of other loans, amounting to £159,808 has been made to the 2020 balances.

| <b>14 Movements in funds</b> | <b>2021</b>    | <b>2020</b>    |
|------------------------------|----------------|----------------|
|                              | <b>£</b>       | <b>£</b>       |
| At 1 January                 | 908,871        | 1,002,242      |
| Incoming resources           | 133,409        | 142,089        |
| Resources expended           | (162,291)      | (235,460)      |
| At 31 December               | <u>879,989</u> | <u>908,871</u> |

**15 Contingent liabilities**

An amount of \$4,358 CDN (2020: \$4,358 CDN) may be contributed by the Centre, as a share of costs that will be incurred by the International Centre in Canada, in defending a legal case.

**16 Related parties**

At the end of the year an interest free loan of £10,708 (2020: £36,408) was owing to an ex trustee, who resigned in 2019.

**17 Company information**

Sivananda Yoga Vedanta Centre is a private company limited by guarantee incorporated in England and Wales. The registered office is 51 Felsham Road, London, SW15 1AZ.

**18 Presentation currency**

The financial statements are presented in Sterling.

**19 Liabilities of members**

The company has no share capital but under the terms of its memorandum and articles of association every member is liable to contribute a sum not exceeding £1 in the event the company is wound up whilst they are a member or for one year thereafter.

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# Accounts

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Registered Charity Number 1103746

Registered Company Number 5091856

Sivananda Yoga Vedanta Centre  
(A Charitable Company Limited By Guarantee)

Unaudited Accounts

For the year ended 31 December 2020

# **Sivananda Yoga Vedanta Centre**

## **Report and accounts**

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**Sivananda Yoga Vedanta Centre**  
**Reference and administrative information**  
**For the year ended 31 December 2020**

|                                                   |                                                                                                                                                                                                                                                                                                                                                                        |
|---------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Charity name</b>                               | Sivananda Yoga Vedanta Centre<br>(A Charitable Company Limited by Guarantee)                                                                                                                                                                                                                                                                                           |
| <b>Nature of governing document</b>               | Memorandum and Articles of Association                                                                                                                                                                                                                                                                                                                                 |
| <b>Registered company number</b>                  | 5091856                                                                                                                                                                                                                                                                                                                                                                |
| <b>Registered charity number</b>                  | 1103746                                                                                                                                                                                                                                                                                                                                                                |
| <b>Directors / Trustees</b>                       | Brigitte Fletcher ( Swami Durgananda)<br>Florence Aillot ( Swami Kailasananda)<br>Jonas Mueller ( Swami Sivadasananda)<br>Rony Magazanic ( Swami Swaroopananda)<br>Mark Ashley ( Srinivasan)<br>Maria Guagliano<br>Swami Sitaramananda<br>Chandrashekhhar Prince<br>Ms Maartje Johanna Onderwater (Swami Jyotirmayananda)<br>Ms Hedwig Selmeier (Swami Ramapriyananda) |
| <b>Secretary</b>                                  | Florence Aillot ( Swami Kailasananda)                                                                                                                                                                                                                                                                                                                                  |
| <b>Accountants/<br/>Independent Examiner</b>      | Bernard Gross<br>Winston Gross & Co<br>Chartered Accountants<br>34 Arlington Road<br>London<br>NW1 7HU                                                                                                                                                                                                                                                                 |
| <b>Bankers</b>                                    | Royal Bank of Scotland<br>36 New Bridge Street<br>London<br>EC4                                                                                                                                                                                                                                                                                                        |
| <b>Solicitors</b>                                 | Russell-Cooke<br>2 Putney Hill<br>London<br>SW15 6AB                                                                                                                                                                                                                                                                                                                   |
| <b>Registered office/<br/>Operational address</b> | 51 Felsham Road<br>London<br>SW15 1 AZ                                                                                                                                                                                                                                                                                                                                 |

**Sivananda Yoga Vedanta Centre**  
**Trustees' annual report**  
**For the year ended 31 December 2020**

The trustees who are also directors under company law. present their report and financial statements for the year ended 31 December 2020. The trustees confirm that the financial statements comply with current statutory requirements, the memorandum and articles of association and the Charities Statement of Recommended Practice (SORP) - Accounting and Reporting by Charities SORP applicable to charities preparing their accounts in accordance with FRS 102 effective 1 January 2019.

**Structure, Governance and Management**

**Governing document**

Sivananda Yoga Vedanta Centre is a company limited by guarantee, number 5091856 incorporated on 2 April 2004 and a charity registered with the Charity Commission on 13 May 2004, number 1103746. The charity is governed by its Memorandum and Articles of Association.

The company has no share capital but under the terms of its Memorandum of Association every member is liable to contribute a sum not exceeding £1 in the event that the company is wound up whilst they are a member or for one year thereafter. The number of trustees shall not be less than six members nor more than ten. The number of trustees at present is ten (2019: ten).

**Recruitment and appointment of board of management**

The members of the Board of Management are the members in accordance with the Articles of Association. Under the requirements of the Memorandum and Articles of Association the members of the Board of Management are elected by the Board of Management to serve for a period of 3 years after which they may be re-appointed for one or more further terms of three years. All officers must be sympathetic to the teachings of Sri Swami Sivananda Maharaj.

The trustees are:

Brigitte Fletcher (Swami Durgananda)  
Florence Aillot (Swami Kailasananda)  
Jonas Mueller (Swami Sivadasananda)  
Rony Magazanic (Swami Swaroopananda)  
Mark Ashley (Srinivasan)  
Maria Guagliano  
Swami Sitaramananda  
Chandrashekhar Prince  
Ms Maartje Johanna Onderwater (Swami Jyotirmayananda) - (Appointed 6 March 2020)  
Ms Hedwig Selmeier (Swami Ramapriyananda) - (Appointed 6 March 2020)  
Thamatam Reddy - (Resigned 6 March 2020)

**Organisational structure**

The business of the Centre is managed by the Board of Management as a whole and they are responsible for the strategic direction and policy of the charity. Certain trustees - Swami Kailasananda, Swami Durgananda and Swami Jyotirmayananda - who are experienced in the operational and financial issues of associated centres which are part of the Sivananda Yoga Vedanta worldwide movement - play a more active role as trustees of the centre. Responsibility for the day to day management of the Centre was delegated to the Centre Director, Olivier Eyheramendy who is responsible for all the spiritual activities of the centre.

**Sivananda Yoga Vedanta Centre**  
**Trustees' annual report**  
**For the year ended 31 December 2020**

**Trustee induction and training**

The trustees are already familiar with the practical work of the charity being practicing Yogis themselves. All are sympathetic to the teachings of Sri Swami Sivananda Maharaj and generally are active in other associated non profit making centres which are part of the Sivananda Yoga Vedanta Centre movement worldwide. Trustees are active in the annual budgeting process and are very familiar with the objectives of the Centre. Information regarding the duties of trustees are circulated to and discussed with all trustees.

**Risk management**

The board of management regularly conducts a review of the major risks to which the charity is exposed. Regular reporting to the board of management helps minimise financial and operational risks and certain trustees regularly visit the centre. Individuals involved in running any classes are required to have the appropriate qualifications. Insurance is in place to protect against operational risks.

The charity's risk assessment has been updated and fine-tuned further under the guidance of a professional risk consultant.

**Related parties**

The Centre is affiliated in spirit to the extent permitted by applicable laws and the objects of the Centre, in aim and activity with the Sivananda Yoga Vedanta Centre, Val Morin ,Quebec, Canada, which was registered as a non-profit corporation in the Province of Quebec, Canada in conformity with Article 2, Chapter 271, Statutes 1964 of Canadian legislation on 29 November 1965. There are affiliated Centres throughout the world.

**Objectives, activities and public benefit**

The company's principal activity during the year remains to advance the Hindu religion by the propagation, practice and dissemination of the spiritual teachings and doctrines of the Indian saint, mystic and sage His Holiness Sri Swami Sivananda, founder of the Divine Life society, Rishikesh, India. The trustees have had due regard to the guidance issued by the Charity Commissioners including public benefit guidance and they consider that the work carried out by the centre is for the public benefit.

In furtherance of these objects the Centre brings together persons interested in the discipline of Yoga and promotes the knowledge of such discipline. This is achieved by running a centre at its operational address to promote the theory and practice of such a discipline. Projects are occasionally undertaken at other venues.

Classes in meditation and relaxation are offered. The five basic principles of yoga promoted by Swami Vishnudevananda are taught as part of the classes. Teacher training, retreats and special programmes take place at the centre and occasionally at other venues. Invited guests visit the centre to assist in providing some of the special programmes.

**Investment and funding**

The trustees confirm that all the income and expenditure is for the sole purpose of meeting these objectives.

**Sivananda Yoga Vedanta Centre**  
**Trustees' annual report**  
**For the year ended 31 December 2020**

**Achievements and performance**

The main area of charitable activity is the running of classes, courses and teacher training held at the centre and also taught online during Covid times and retreats to achieve the charitable objectives of the centre. The centre also runs a boutique shop located at its operational address where products promoting the activities of the centre are for sale. The range of products are regularly reviewed and stock levels are carefully monitored. The centre has written various books promoting the objects of the charity, Royalties are received from these books which are also available for sale in the boutique.

The centre is dependent on and grateful for the contributions rendered by its unpaid volunteers who play an essential role in helping to achieve the objectives of the centre.

Achieving these goals is dependent on the number of people attending the classes and courses organised by the Centre. These numbers are affected by general economic trends and the income does vary each year. During 2020 numbers dropped significantly due to the pandemic. The Centre was closed from March to September 2020 and from the beginning of November to the beginning of December.

**Members of the centre**

Members of the Centre, as distinct from members of the board of management, are entitled to a discount on classes, courses, workshops and retreats. The Centre has an active membership scheme. There are currently 51 members of the centre who pay a subscription, to be members.

**Financial review**

**Principal funding sources**

Income from charitable activities in the year comprised £97,642 (2019: £247,102). The trustees are satisfied with the level of income given the exceptional situation with the pandemic. This income is derived from yoga classes, courses and teacher training of £83,648 (2019: £203,665) and Income from retreats and other programs which promote the objects of the charity.

Other trading activities include income from sales in the boutique of related yoga and meditation products of £5,399, (2019: £22,575).

Donations have decreased in the year, down to £11,685 (2019: £28,142) and include an amount of £Nil from an individual donor (2019: £20,000). Gift aid tax has not been claimed in the year amounting to £Nil (2019: £586).

Covid related grants were received from Wandsworth Borough Council of £27,000 (2019: £Nil)

Costs are incurred in running the classes, courses and teachers training at the centre's premises and at other locations. The expenditure has been apportioned between these different charitable headings.

No fundraising is undertaken directly and no costs are incurred in that regard.

The deficit in funds for the year of £93,371 is stated after depreciation of £99,309.

**Investment policy**

The Board has the power to make investments under the Articles and can appoint a professional investment manager if deemed appropriate. No such appointment has been made. The Board takes a very prudent view regarding the investment of surplus funds which are invested in bank balances as funds are required to meet the centre's ongoing needs and to build up reserves.

**Sivananda Yoga Vedanta Centre**  
**Trustees' annual report**  
**For the year ended 31 December 2020**

**Financial position at year end and reserves policy**

The charity has a reserves policy that unrestricted funds in the form of free reserves not committed or invested in tangible fixed assets should represent between 3-6 months of expenditure. The board recognise that this is important as a significant proportion of the reserves are invested in the freehold property owned by the charity.

The centre has cash balances of £65,472 and net current liabilities of £143,813 at the year end (2019: cash balances of £63,530 and net current liabilities of £110,866).

Annual expenditure was circa £235,000 which means circa £58,750-£117,500 of reserves are required.

The Centre is keen to increase the available net assets and is working to achieve this over a period of time.

The charity has loans from other centres. These loans are denominated in a foreign currency. The charities functional currency is £ Sterling. Foreign exchange differences arise on these outstanding loans at the year end. In 2020 there is a foreign exchange loss of £28,246 (2019: £23,564 gain).

**Plans for future periods and impact of Covid 19**

The Covid-19 pandemic has continued through and beyond the year end. The charity has been running classes online since the very beginning of the first lock-down and also offers UK based students the possibility to participate in international, online Teacher Training Courses (TTC's). Despite these online activities, Covid has resulted in a significant drop in income in 2020 and there is uncertainty regarding a major recovery in income in 2021.

The Centre received financial support from Wandsworth Council and the RBS. Under the qualifying criteria for the Retail, Hospitality and Leisure Grant Fund, the Centre was granted and received £27,000 in the year. RBS initially granted the charity a 6 month capital repayment holiday, which was afterwards, extended to one year. In 2021, a further 6 month capital repayment holiday was granted.

The duration and impact of the Covid-19 pandemic, as well as the effectiveness of government and central bank responses, remains unclear at this time. It is not possible to reliably estimate the duration and severity of the consequences as well as their impact on the financial position and results of the Company for future periods.

**Sivananda Yoga Vedanta Centre**  
**Trustees' annual report**  
**For the year ended 31 December 2020**

**Responsibilities of the board of management**

**Statement of Directors' and Trustees' Responsibilities**

Charity Law and the Companies Acts require the Board to prepare accounts for each financial year which give a true and fair view of the state of affairs of the charitable company as at the end of the financial year and of its incoming resources and application of resources, including income and expenditure for that period. In preparing those accounts the Board is required to :-

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.
- state whether applicable accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements.
- observe the methods and principles of the Charities SORP

The trustees are also responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which are sufficient to show and explain the charity's transactions and enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report was approved by the board on 5 October 2021.



Florence Aillot ( Swami Kailasananda)  
Trustee and member of the Board of Management

**Sivananda Yoga Vedanta Centre  
(LIMITED BY GUARANTEE)  
Accountants' Report**

**Independent Examiner's report on the unaudited accounts  
to the directors/trustees of  
Sivananda Yoga Vedanta Centre**

I report to the Company's Board of Directors who are also the Trustees of Sivananda Yoga Vedanta Centre (the Charity) on the accounts for the year ended 31 December 2020, which comprise the Statement of Financial Activities, the Balance Sheet and the related notes.

This report is made solely to the Company's Board of Directors who are also the Charity's Trustees, as a body. My work has been undertaken so that I might state to the trustees those matters I am required to state to them in an Independent Examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Charity and the Charity's trustees as a body, for my work, for this report or for the opinion I have formed.

**Respective responsibilities of trustees and independent examiner**

As described in the statement of trustees' responsibilities on page 6, the Charity's trustees are responsible for the preparation of the accounts and they consider that the Charity is exempt from an audit under section 144 of the Charities Act 2011 (the Act) and exempt under Part 16 of the Companies Act 2006 and that an independent examination is required.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to examine the accounts under section 145 of the Act and to follow procedures laid down in the general Directions given by the Charity Commission under section 145(5) of the Act and state whether particular matters have come to my attention.

**Basis of Independent Examiner's report**

My examination was carried out in accordance with the General Directions given by the Charity Commission. My examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

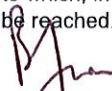
**Independent examiner's statement**

I have completed my examination.

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
  - to keep accounting records in accordance with section 386 of the Companies Act 2006; and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of Section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities applicable to Financial Reporting Standard applicable to UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP FRS 102));have not been met; or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

  
Bernard Gross FCA  
Independent examiner  
Winston Gross & Co  
Chartered Accountants  
34 Arlington Road  
London  
NW1 7HU

13 October 2021

**Sivananda Yoga Vedanta Centre**  
**(Limited by guarantee)**  
**Statement of financial activities**  
**(Including Income & Expenditure Account)**  
**for the year ended 31 December 2020**

|                                           | Notes | General<br>unrestricted<br>funds<br>£ | Restricted<br>funds<br>£ | 2020<br>£        | Restated<br>2019<br>£ |
|-------------------------------------------|-------|---------------------------------------|--------------------------|------------------|-----------------------|
| <b>Income from:</b>                       |       |                                       |                          |                  |                       |
| Donations, grants and legacies            | 2     | 38,685                                | -                        | 38,685           | 28,142                |
| Charitable activities                     | 3     | 97,642                                | -                        | 97,642           | 247,102               |
| Other trading activities                  | 4     | 5,730                                 | -                        | 5,730            | 23,576                |
| Income from investments                   | 5     | 32                                    | -                        | 32               | 57                    |
| <b>Total income</b>                       |       | <b>142,089</b>                        | <b>-</b>                 | <b>142,089</b>   | <b>298,877</b>        |
| <b>Expenditure on:</b>                    |       |                                       |                          |                  |                       |
| Raising funds                             | 6     | 14,673                                | -                        | 14,673           | 26,689                |
| Charitable activities                     | 6     | 220,787                               | -                        | 220,787          | 247,294               |
| <b>Total expenditure</b>                  |       | <b>235,460</b>                        | <b>-</b>                 | <b>235,460</b>   | <b>273,983</b>        |
| <b>Net movement in funds</b>              |       | <b>(93,371)</b>                       | <b>-</b>                 | <b>(93,371)</b>  | <b>24,894</b>         |
| <b>Reconciliation of funds</b>            |       |                                       |                          |                  |                       |
| <b>Total funds as at 1 January 2020</b>   |       | <b>1,002,242</b>                      | <b>-</b>                 | <b>1,002,242</b> | <b>963,269</b>        |
| Prior year adjustment                     | 10    | -                                     | -                        | -                | 14,079                |
| <b>Re-stated 1 January 2019</b>           |       |                                       |                          |                  | <b>977,348</b>        |
| <b>Total funds as at 31 December 2020</b> |       | <b>908,871</b>                        | <b>-</b>                 | <b>908,871</b>   | <b>1,002,242</b>      |

The statement of financial activities includes all gains and losses. All income and expenditure derives from continuing activities.

**Sivananda Yoga Vedanta Centre  
Balance Sheet  
as at 31 December 2020**

Registered Company Number 5091856

|                                                                  | Notes | 2020<br>£        | Restated<br>2019<br>£ |
|------------------------------------------------------------------|-------|------------------|-----------------------|
| <b>Fixed assets</b>                                              |       |                  |                       |
| Tangible assets                                                  | 10    | 1,910,581        | 2,009,101             |
| <b>Current assets</b>                                            |       |                  |                       |
| Stocks                                                           |       | 13,000           | 15,000                |
| Debtors                                                          | 11    | 6,788            | 9,986                 |
| Cash at bank and in hand                                         |       | 65,472           | 63,530                |
|                                                                  |       | <u>85,260</u>    | <u>88,516</u>         |
| <b>Creditors: amounts falling due within one year</b>            | 12    | (229,073)        | (199,382)             |
| <b>Net current liabilities</b>                                   |       | <u>(143,813)</u> | <u>(110,866)</u>      |
| <b>Total assets less current liabilities</b>                     |       | <u>1,766,768</u> | <u>1,898,235</u>      |
| <b>Creditors: amounts falling due after more than one year</b>   | 13    | (857,897)        | (895,993)             |
| <b>Net assets</b>                                                |       | <u>908,871</u>   | <u>1,002,242</u>      |
| <b>Unrestricted funds</b>                                        |       |                  |                       |
| General funds                                                    | 14    | 908,871          | 1,002,242             |
| <b>Total charity funds - all unrestricted - 31 December 2020</b> |       | <u>908,871</u>   | <u>1,002,242</u>      |

For the financial year in question the company was entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006 relating to small companies.

No members have required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the special provisions applicable to companies subject to the small companies' regime.



Florence Aillot ( Swami Kailasananda)

Trustee and member of the Board of Management

Approved by the board of management on 5 October 2021

**Sivananda Yoga Vedanta Centre**  
**Notes to the Accounts**  
**for the year ended 31 December 2020**

**1 Accounting policies**

**a) Basis of preparation**

The financial statements have been prepared under historical cost convention in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable to UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP FRS 102), the financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy or note.

**b) Public benefit entity**

The charitable company meets the definition of a public entity under FRS 102.

**Concessionary loans**

The centre has received loans from other centres and from a trustee. These are at rates below the prevailing market rates of interest of a similar commercial loan. The loans have been treated as public benefit concessionary loans under the definition in the Financial Reporting Standard FRS 102. These loans are reported at the amount received adjusted for any unpaid accrued interest. The loans have not been discounted to their present value and the liability in subsequent years is not recognised at amortised cost using the effective interest rate method.

**c) Going concern**

At the date of these accounts, the Coronavirus (COVID-19) continues to be a significant international event with the impact being felt in the UK and the rest of the world.

As indicated in the trustees report steps have been taken to try and minimise such risks with the help of Government grants and support from the Company's bankers and other centres. As such the accounts have been prepared on a going concern basis.

The trustees do not consider that there are any sources of uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next reporting period.

**d) Income**

All income is included in the statement of financial activities when the charity is entitled to the income, it is probable that the income will be received and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

- Voluntary income is received by way of donations and gifts and is included in full in the Statement of Financial Activities when receivable.
- Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included in these accounts.
- Investment income is included when receivable.
- Books and other items donated for resale through the charity's boutique are included as other trading activities when they are sold.
- Yoga classes, courses and teacher training income is treated as charitable activities and are accounted for when earned.
- Subscription income is treated as part of income from charitable activities as it is for a service received. Subscriptions paid in advance are deferred to future periods.

**e) Interest receivable**

Interest on funds held in bank accounts is included when receivable and the amount can be measured reliably by the charity, this is normally upon notification of the interest paid or payable by the bank.

**f) Fund accounting**

Unrestricted funds are donations and other incoming resources received or generated for the charitable purposes.

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund.

**Sivananda Yoga Vedanta Centre**  
**Notes to the Accounts**  
**for the year ended 31 December 2020**

**1 Accounting policies - continued**

**g) Expenditure**

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure is stated net of Vat. Any irrecoverable VAT is reported separately:

- Costs of raising funds comprise the cost associated with attracting voluntary income.
- Charitable activities expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.
- All costs are allocated between the expenditure categories of the Statement of Financial Activities on a basis designed to reflect the use of the resources. Costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis per floor areas, per capita or estimated usage as set out in note 6.

**h) Allocation of support costs**

Resources expended are allocated to the particular activity where the cost relates to that activity. The cost of overall direction and administration of each activity, comprising the overhead costs of the central function, are apportioned based on the amount attributable to each activity.

**i) Tangible fixed assets**

Fixed assets are stated at cost less accumulated depreciation. Depreciation is provided at rates calculated to write off the

|                                    |                              |
|------------------------------------|------------------------------|
| Freehold buildings                 | 2% on building-straight line |
| Improvements to land and buildings | 5% straight line             |
| Equipment, furniture and fittings  | 20% reducing balance basis   |

The estimated value of the land is not depreciated.

**j) Stocks**

Stock is valued at the estimated lower of cost and net realisable value.

**k) Debtors**

Debtors are recognised at the settlement amount due after any discounts offered. Prepayments are valued at the amount prepaid net of any discounts due.

**l) Cash at bank and in hand**

Cash at bank and in hand includes bank balance kept in current accounts.

**m) Creditors and provisions**

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any discounts due.

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments which are initially recognised at transaction value and subsequently measured at their settlement value.

**n) Leasing and hire purchase commitments**

Rentals applicable to operating leases where substantially all of the benefits and risks of ownership remain with the lessor are charged to the Statement of Financial Activities as incurred.

**o) Foreign currencies**

Transactions in foreign currencies are recorded at the rate ruling at the date of the transaction. Monetary assets and liabilities denominated in foreign currencies are translated at the rate of exchange ruling at the balance sheet date. All differences are taken to the profit and loss account.

**Sivananda Yoga Vedanta Centre**  
**Notes to the Accounts**  
**for the year ended 31 December 2020**

**2 Income from donations, grants and legacies**

|                             | Unrestricted  | Restricted | 2020          | 2019          |
|-----------------------------|---------------|------------|---------------|---------------|
|                             | £             | £          | Total         | Total         |
|                             |               |            | £             | £             |
| Donations                   | 11,685        | -          | 11,685        | 28,142        |
| Grants from local authority | 27,000        | -          | 27,000        | -             |
|                             | <u>38,685</u> | <u>-</u>   | <u>38,685</u> | <u>28,142</u> |

**3 Income from charitable activities**

|                        | Unrestricted  | Restricted | 2020          | 2019           |
|------------------------|---------------|------------|---------------|----------------|
|                        | £             | £          | Total         | Total          |
|                        |               |            | £             | £              |
| Yoga activities income | <u>97,642</u> | <u>-</u>   | <u>97,642</u> | <u>247,102</u> |

**4 Income from other trading activities**

|                          |              |          |              |               |
|--------------------------|--------------|----------|--------------|---------------|
| Other trading activities | <u>5,730</u> | <u>-</u> | <u>5,730</u> | <u>23,576</u> |
|--------------------------|--------------|----------|--------------|---------------|

**5 Income from investments**

|                        |           |          |           |           |
|------------------------|-----------|----------|-----------|-----------|
| Bank interest received | <u>32</u> | <u>-</u> | <u>32</u> | <u>57</u> |
|------------------------|-----------|----------|-----------|-----------|

|                                        | Charitable activities | Raising funds | Governance | 2020          | Restated      |
|----------------------------------------|-----------------------|---------------|------------|---------------|---------------|
|                                        | £                     | £             | £          | Total         | 2019          |
|                                        |                       |               |            | £             | Total         |
|                                        |                       |               |            |               | £             |
| Boutique costs                         | -                     | 3,911         | -          | 3,911         | 11,881        |
| Special programmes                     | 3,976                 | -             | -          | 3,976         | 5,460         |
| Retreat expenses                       | -                     | -             | -          | -             | 13,155        |
| Direct yoga supplies                   | 6,914                 | -             | -          | 6,914         | 38,296        |
| Brochure cost, design and distribution | 5,844                 | -             | -          | 5,844         | 20,347        |
| Motor and travel                       | 1,073                 | -             | -          | 1,073         | 1,994         |
|                                        | <u>17,807</u>         | <u>3,911</u>  | <u>-</u>   | <u>21,718</u> | <u>91,133</u> |

**Support costs allocated to activities**

|                                          |                |               |            |                |                |
|------------------------------------------|----------------|---------------|------------|----------------|----------------|
| Establishment expenses                   | 30,888         | 1,626         | -          | 32,514         | 46,238         |
| General office expenses                  | 13,544         | 713           | -          | 14,257         | 7,293          |
| Legal and professional                   | 7,899          | 416           | -          | 8,315          | 10,854         |
| Accountancy                              | 5,404          | 284           | -          | 5,688          | 9,082          |
| Independent examination fee              | -              | -             | 750        | 750            | 750            |
| Depreciation                             | 94,344         | 4,965         | -          | 99,309         | 99,973         |
| Contribution to Headquarters' & overseas |                |               |            |                |                |
| Ashram donation                          | 1,441          | 360           | -          | 1,801          | 1,402          |
| Irrecoverable input VAT                  | 3,874          | -             | -          | 3,874          | 6,885          |
| Credit card charges                      | 95             | 5             | -          | 100            | 116            |
| Foreign exchange loss/(profit)           | 26,834         | 1,412         | -          | 28,246         | (23,564)       |
| Bank charges and interest                | 17,944         | 944           | -          | 18,888         | 23,821         |
|                                          | <u>202,267</u> | <u>10,725</u> | <u>750</u> | <u>213,742</u> | <u>182,850</u> |

**Governance costs**

|  |     |    |       |   |   |
|--|-----|----|-------|---|---|
|  | 713 | 37 | (750) | - | - |
|--|-----|----|-------|---|---|

**Total expenditure 2020**

|  |                |               |          |                |                |
|--|----------------|---------------|----------|----------------|----------------|
|  | <u>220,787</u> | <u>14,673</u> | <u>-</u> | <u>235,460</u> | <u>273,983</u> |
|--|----------------|---------------|----------|----------------|----------------|

**Total expenditure 2019**

|  |                |               |          |          |          |
|--|----------------|---------------|----------|----------|----------|
|  | <u>247,294</u> | <u>26,689</u> | <u>-</u> | <u>-</u> | <u>-</u> |
|--|----------------|---------------|----------|----------|----------|

The support costs are allocated between the yoga activities and boutique pro rata to their turnover.

**Sivananda Yoga Vedanta Centre**  
**Notes to the Accounts**  
**for the year ended 31 December 2020**

| <b>7 Net incoming resources</b>    | <b>2020</b> | <b>Restated 2019</b> |
|------------------------------------|-------------|----------------------|
|                                    | <b>£</b>    | <b>£</b>             |
| This is stated after charging:     |             |                      |
| Depreciation of owned fixed assets | 99,309      | 99,973               |
| Independent Examiner's fees        | 750         | 750                  |

**8 Analysis of staff costs, trustee remuneration and expenses and the cost of key management personnel**

No members of the board of management received any remuneration during the year. Travel costs amounting to £Nil (2019: £Nil) were paid on behalf of any members of the board.

No amounts are included in the financial statements for services donated by key management personnel and volunteers as these cannot be quantified.

**9 Taxation**

As a charity, Sivananda Yoga Vedanta Centre is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the Charity.

The company is exempt from levying VAT on certain of its income and can therefore only recover input tax on a proportion of goods and services purchased.

**10 Tangible fixed assets**

|                                     | <b>Freehold land and buildings</b> | <b>Equipment, furniture and fittings</b> | <b>Total</b> |
|-------------------------------------|------------------------------------|------------------------------------------|--------------|
|                                     | <b>£</b>                           | <b>£</b>                                 | <b>£</b>     |
| <b>Cost</b>                         |                                    |                                          |              |
| At 1 January 2020                   | 3,105,801                          | 118,022                                  | 3,223,823    |
| Additions                           | 789                                | -                                        | 789          |
| At 31 December 2020                 | 3,106,590                          | 118,022                                  | 3,224,612    |
| <b>Depreciation</b>                 |                                    |                                          |              |
| At 1 January 2020                   | 1,124,573                          | 111,268                                  | 1,235,841    |
| Prior year adjustment               | (21,119)                           | -                                        | (21,119)     |
| <b>Restated at 31 December 2019</b> | 1,103,454                          | 111,268                                  | 1,214,722    |
| Charge for the year                 | 97,958                             | 1,351                                    | 99,309       |
| At 31 December 2020                 | 1,201,412                          | 112,619                                  | 1,314,031    |
| <b>Net book value</b>               |                                    |                                          |              |
| At 31 December 2020                 | 1,905,178                          | 5,403                                    | 1,910,581    |
| At 31 December 2019 as restated     | 2,002,347                          | 6,754                                    | 2,009,101    |

The Executive Committee are of the opinion that the market values of the freehold functional properties are not less than their book value at 31 December 2020.

The depreciation brought forward on building improvements included certain assets which had been fully depreciated, thus overstating depreciation by £21,119. This was adjusted in these accounts as a prior year adjustment

| <b>11 Debtors</b>             | <b>2020</b> | <b>2019</b> |
|-------------------------------|-------------|-------------|
|                               | <b>£</b>    | <b>£</b>    |
| Other debtors and prepayments | 6,788       | 9,986       |

**Sivananda Yoga Vedanta Centre**  
**Notes to the Accounts**  
**for the year ended 31 December 2020**

| <b>12 Creditors: amounts falling due within one year</b> | <b>2020</b>    | <b>2019</b>    |
|----------------------------------------------------------|----------------|----------------|
|                                                          | <b>£</b>       | <b>£</b>       |
| Bank loans and overdrafts (secured)                      | 33,993         | 35,865         |
| Trade creditors                                          | 657            | 1,236          |
| Other loans (secured as below)                           | 148,059        | 115,434        |
| Other taxes and social security costs                    | 343            | 382            |
| Accruals and deferred income                             | 46,021         | 46,465         |
|                                                          | <u>229,073</u> | <u>199,382</u> |

The bank loans and overdrafts are secured by a first charge over the land and buildings. Certain of the other loans are secured by a fixed charge over Freehold land and buildings owned by the company.

In 2013 and 2015 the centre received loans from other centres and from a trustee. These are shown above as other loans.

The rates charged on these loans vary from 0% to 3%. Loans totalling £175,386 (2019:165,376) are secured. The loans are repayable over years ranging from 5-12 years from the date of the agreement. These loans are reported at the amount received adjusted for any unpaid accrued interest. The loans have not been discounted to their present value.

| <b>13 Creditors: amounts falling due after one year</b> | <b>2020</b>      | <b>2019</b>      |
|---------------------------------------------------------|------------------|------------------|
|                                                         | <b>£</b>         | <b>£</b>         |
| Bank loans (secured)                                    | 465,644          | 473,662          |
| Other loans (secured as below)                          | 392,253          | 422,331          |
|                                                         | <u>857,897</u>   | <u>895,993</u>   |
| Loans falling due within one year                       | 182,052          | 151,299          |
| Loans falling due after one year                        | 857,897          | 895,993          |
|                                                         | <u>1,039,949</u> | <u>1,047,292</u> |

These loans are repayable in instalments. The bank loans and overdrafts are secured by a first charge over the land and buildings. Certain of the other loans are secured by a fixed charge over Freehold land and buildings owned by the company.

| <b>14 Movements in funds</b>                       | <b>2020</b>    | <b>Restated<br/>2019</b> |
|----------------------------------------------------|----------------|--------------------------|
|                                                    | <b>£</b>       | <b>£</b>                 |
| At 1 January                                       | 1,002,242      | 963,269                  |
| Prior year adjustment - depreciation overprovision | -              | 14,079                   |
| Incoming resources                                 | 142,089        | 298,877                  |
| Resources expended                                 | (235,460)      | (273,983)                |
| At 31 December                                     | <u>908,871</u> | <u>1,002,242</u>         |

**15 Contingent liabilities**

An amount of \$4,358CDN (2019: \$4,358 CDN) may be contributed by the Centre, as a share of costs that will be incurred by the International Centre in Canada, in defending a legal case.

**16 Related parties**

At the end of the year an interest free loan of £36,408 (2019: £62,108) was owing to an ex trustee, who resigned in 2019.

**17 Company information**

Sivananda Yoga Vedanta Centre is a private company limited by guarantee incorporated in England and Wales. The registered office is 51 Felsham Road, London, SW15 1AZ.

**18 Presentation currency**

The financial statements are presented in Sterling.

**19 Liabilities of members**

The company has no share capital but under the terms of its memorandum and articles of association every member is liable to contribute a sum not exceeding £1 in the event the company is wound up whilst they are a member or for one year thereafter.