

Alternatives Trust East London

Trustees Annual Report and Unaudited Financial Statements Period ended 31 March 2022

Charity registration - 1103724

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Legal and administrative information

Charity name

Alternatives Trust East London

Other names

Alternatives
Alternatives Crisis Pregnancy Centre

Charity registration no.

1103724

Registered office and contact details

Forrest House
63 Rowntree Clifford Close
Liddon Road
Plaistow
London
E13 8AB

Trustees

Christopher Andrew
Christina Baby
John Coombs
Revd Canon Ann Easter (chair) (appointed 19 February 2021)
Francesca Ojefua
Andy Pople
Rebecca Watherston (appointed 1 January 2021)

Independent examiner

Andy Nash Accounting & Consultancy Ltd
Units 24 & 25
Goodsheds Container Village
Hood Road
Barry
CF62 5QU

Trustees annual report

The Board of Trustees submit their annual report and the financial statements of Alternatives Trust East London for the period ended 31 March 2022.

The Board of Trustees confirms that the annual report and financial statements of the Charity comply with current statutory requirements, including the Charity Act 2011, as well as the requirements of the Society's governing document and the provisions of the 'Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) second edition (effective 1 January 2019)', and the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

Objectives and activities

The trust's objects are the advancement of education and preservation of health. The policies adopted in furtherance of these objects are the provision of education in the subject of pregnancy and termination of pregnancy, the preservation and protection of women's health, and the provision of counselling and assistance to women and their partners and families who are suffering as a result of pregnancy or related matters, and there has been no change in these during the year.

The trustees have paid due regard to the guidance issued by the Charity Commission on public benefit in deciding what activities the trust should undertake as outlined in section 4 of the Charities Act 2011.

Achievements and performance in the year

Family Support

Yetty took up the role of Casework Coordinator in February, a new post we created to manage the increased numbers of referrals during the Covid pandemic. But numbers have continued to increase. Yetty has the first appointment with each new client, then depending on need allocates them to one of the Support Workers to look after them.

The main issue people are struggling with is having No Recourse to Public Funds on their immigration status, so they cannot claim benefits, so she and one of our volunteers are training to improve their skills in immigration casework.

Many of our casework cases take years to resolve, sometimes people come to us with big casework needs and sometimes small. In 2021-22 we resolved 149 casework requests, including:

- 20 requests for support with finding better accommodation
- 12 clients started training or education and 10 started volunteering
- Supported 10 clients to access appropriate benefits for the first time
- 92 clients supported with form filling and referrals
- 7 clients obtained Leave to Remain and 4 had the NRPF condition lifted

Even while cases are being worked on, women are better emotionally because they have support.

"I had problems with social care and they were there for me, gave me lots of support. I felt supported when there was nobody there to support me."

“When I was pregnant and homeless I asked for Alternatives help. I now have a house and financial support. I want to appreciate each and every member of Alternatives for their strong support and care toward my homeless issues. The past few days of my life has been a terrible experience for me and my little girl, but with your support we overcame the challenge.”

We Are Family

We Are Family continued as it has all through the pandemic with a weekly meeting held on Zoom with around 14 mums each week. Topics alternate between meeting children’s needs and parent’s wellbeing. The kind of issues we have covered in the year are children’s physical, social, emotional needs – what they are and how to support them. And subjects for parents like hopes for the future, relationships, conflict management, stress and coping strategies. This makes a real difference to children and families.

“They talk about how to associate with your kids and support them and it helped a lot. When I learned some parenting skills it was better for them. Before I do shouting, now I do more talking with them than shouting.”

We were delighted to have started physical We Are Family meetings again in September. These are social gatherings once a month in the large venue of the Swift Centre. It’s been so good to get together again! There is food and drink, games and crafts, information, and a clothes/toys stall.

Forest School

During the year a small group of up to five families enjoyed some weekly Forest School sessions at nearby Kaizen Primary School. It was a great chance for our urban children to experience nature in their lovely environment with an orchard, field, pond, mud kitchen and outdoor play equipment. We will take some lessons from this to use in our garden.

Creche

Our new Childcare Worker Fateha has noticed that children in the creche need help with their verbal skills and there is lots of singing and storytelling in our creche room. This has been newly furnished and equipped thanks to Comic Relief.

The Family Support team make regular check ins with the families they support. They provide advice and help with parenting as well as advocacy and referring to other sources of support. The team is: Yetty, Sheron, Jade, Nirupa, Karen and Kate.

“It gave me courage and strength to look after my children”

Baby bank

We are very grateful for generous donations of clothes and shoes for children aged 2 and under, and equipment like cots, buggies, and Moses baskets. These are given out to our families in need including Alternatives’ families and to people referred by Maternity Mates, Newham Nurture, Acorn midwives and Children’s Centres.

Food Club

In October this year we launched a Food Club as a more empowering way of supporting families in longer term food poverty. We supported a huge number of families during Covid with parcels of food and essentials, but needed a more sustainable long-term solution to the need in Newham that is sadly not going away.

Food Club is organised by Mavis, a former member of WAF who says: “we created Food Club to bring mums together to share ideas and recipes and give them the means to get balanced meals for their families each week. Each Wednesday between 16 and 20 families (with up to 6 people in each) come to the garden at Forrest House. For a weekly fee of £2-3.50 depending on family size, they select between 14 and 20 items of food. Most of this is surplus food donated by businesses and distributed by The Felix Project, City Harvest and Tin in a Bin.”

We joined the Newham Food Alliance (which is a council led VCFS network) during the pandemic and they have been a huge help by distributing funds to us and have also helped our transition to becoming a Foodclub.

“You have saved my life and my family’s life. You don’t know how much it means to me to know that every week I will have food for my children.”

“Food Club has taken away the stress of having to go to people every week and beg for food, or money to do shopping. I know that even if I have only £2.00 or no money at all, I can go home with at least 2-3 bags of food.”

Counselling

Our counselling service is open to all, but our main client group is women. Most have children and or are asylum seekers/refugees, have no recourse to public funds and/or are struggling financially. Most of our clients cannot afford counselling so the service is provided for free.

In 2021-22 we provided a total of 397 sessions for 49 clients, delivered by a small team of three qualified counsellors and two placement counsellors, managed by Sandra.

They have been supported to work through the issues they face which include anxiety, depression, pregnancy loss, trauma, immigration problems, domestic violence and loneliness. A number of clients stay with us for counselling for six months or more, and may engage with some of our other services such as the Food Club and family support. Pregnant women and new mothers are referred to the Newham Nurture project. Others engage for a short time before they are feeling better mentally and able to cope without therapy.

“This is somewhere I’m listened to and I can see things in other ways”

“I feel understood and things are making more sense now. Things can feel so jumbled up in my head but when I say them out loud they make more sense. You help them make sense.”

Personal Development

At the end of November six mums graduated from a Digital Inclusion course delivered by Puja and Karen from partner charity Skills Enterprise. This was the first course delivered as part of our new focus on helping mums identify their skills and aspirations, and helping them remove the barriers to improving their skills and prospects. This course gave them a certificate in basic computer skills and was a massive achievement, particularly for those who had never used a computer. We hope it will be the first step on a journey to greater confidence, skills and fulfilment in life.

We have equipped the board room in Forrest House as a Learning Hub with laptops donated by Community Links and Newham Council via Skills Enterprise for women to use to study. And we have fitted out a beautiful creche room where their children can play.

Our first Digital champion, Armanda said, “I’m so happy to finish here, it was the first time to leave my daughter in the crèche, but she now wants to stay in the crèche, she is so happy.”

Sheron says, “This six weeks has been a real journey for our mums. Some have never attended a school in their life and have been challenged to attempt something so new.”

We followed this up in January 2022 with a 10-week ESOL course (English as a Second or Other Language) taught by Newham Adult Learning for ten women. The course made an impact on the participants’ confidence and barriers to moving on to work – as well as their English.

Sheron has been developing this development programme throughout the year after listening to the women expressing what they need, and has more courses lined up. Skills development and family support go hand in hand at Alternatives. Empowering women empowers families.

2021 in numbers

- 584 individuals supported (30% increase on pre-Covid)
- 347 advocacy appointments
- 1,040 Christmas and birthday gifts given
- 1,497 food bags given
- 841 hours of volunteer time donated
- 132 donations to families of baby clothes and equipment
- 596 welfare checks by family support workers
- 40 attending We are Family
- 397 counselling hours

Funding and Donations

Alternatives is in a sound financial position, despite the upheaval caused by Covid. During the year expenditure was slightly higher than income due to spending restricted funds from grants that were awarded in the previous year. Legacy funds designated for capacity building have not yet been spent due to a change in circumstances. And our plans to diversify income in the future and reduce our reliance on grants received a boost with start-up funding for a new WAF Angels social enterprise to be launched in the coming year.

We are grateful to all our volunteers and supporters who gave funds and in-kind donations during the year. These include individuals, churches, schools, and many other organisations. We would like to thank the following organisations for financial or in-kind support:

Allchurches Trust, Arnold Clark Community Fund, Ascension Church, Aspers Good Causes Fund, Awards for All England from the National Lottery Trust, BBC Children in Need, Bruderhof Community, Calverton School, CEM Church, Central Park Primary School, City Bridge Trust, City Harvest, Clothworkers Foundation, Comic Relief Community Fund, Community Food Enterprise, Community Links, Cooperative Community Fund, Custom House Baptist Church, Kingswood House School Ashted, Lloyds Bank Foundation, London Catalyst, Memorial Community Church, Necessity, Newham Council, Newham Food Alliance, Parish of St Giles and St George, Petts Wood Christ Church, Plaistow Christian Fellowship, Scott Wilkie School, St George's and Ethelbert's East Ham, St Giles Church, Ashted, St Oswald's Croxley Green, The Childhood Trust, Tin in a Bin, Trusthouse Charitable Foundation, Tudor Trust, Worshipful Company of Cooks and Worshipful Company of Insurers.

Structure, governance & management

Alternatives Trust East London is a trust and was established by a charitable trust deed on 20 April 2004.

Organisational Structure

The trustees meet normally four times a year to oversee the charity's work. Day-to-day operations are dealt with by the paid, freelance professional and volunteer staff.

The trustees have assessed the major risks to which the trust is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

Selection and appointment of Trustees

New trustees are appointed by the agreement of the existing trustees.

Grateful thanks and appreciation to Howard Chapman who resigned as trustee in the past year. Howard was a long serving and very much valued Chair of Trustees, and he and his wife Carol supported Alternatives in

many other ways too.

Trustee Induction and Training

On their appointment, new Trustees are provided with information, in the form of an induction pack, on their role as a Trustee. Ongoing training is provided as required.

Risk management

Trustees have reviewed the major risks to which the charity is exposed and systems or procedures have been put in place to manage those risks. A risk register is reviewed at each quarterly trustee meeting.

Financial review

During the current 15 month period the Charity incurred a deficit of £44,368 (year ended 31 December 2020: surplus of £56,332). This resulted in total reserves decreasing in the period to £186,640 (31 December 2020: £231,008).

The Trustees are satisfied with the financial performance of the Charity throughout the year.

Of the total reserves held at period end £142,529 were unrestricted as to use (31 December 2020: £160,243), however only £79,017 were available as general funds (31 December 2020: £74,888).

Reserves policy

It is the policy of the trust that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees considers that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the trust's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

Statement of Board of Trustees' responsibilities

The Trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and regulations. Charity law requires the Trustees to prepare financial statements for each financial year. Under that law they are required to prepare the financial statements in accordance with UK Accounting Standards and applicable law (UK Generally Accepted Accounting Practice), including FRS 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland.

Under charity law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the Charity and of the excess of income over expenditure for that year. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and,
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue its activities.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the Charity's transactions and disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Charities Act 2011. They have general responsibility for taking such steps as are reasonably open to them to safeguard the assets of the Charity and to prevent and detect fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the Charity's website. Legislation in the UK governing the preparation and dissemination of

financial statements may differ from legislation in other jurisdictions. In addition, the Trustees confirm that they are happy that content of the annual review in pages 5 to 10 of this document meet the requirements of the Trustees' Annual Report under charity law.

They also confirm that the financial statements have been prepared in accordance with the accounting policies set out in the notes to the accounts and comply with the Charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with FRS 102, The Financial Reporting Standard applicable in the UK and Republic of Ireland published on 16 July 2014.

This report was approved and authorised for issue by the Board of Trustees on 19 December 2022 and signed on its behalf by:


Ann Easter
Ann Easter (Jan 13, 2023 08:37 GMT)

REVD CANON ANN EASTER

CHAIR OF TRUSTEES

Independent examiner's report

I report to the Trustees on my examination of the accounts of Alternatives Trust East London (Charity number 1103724) for the year ended 31 March 2022 which are set out on pages 13 to 26.

Respective responsibilities of trustees and examiner

The Charity's Trustees are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 (the Charities Act). The Charity's Trustees consider that an audit is not required for this year under section 144 of the Charities Act and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the Charities Act; and,
- to state whether particular matters have come to my attention.

This report, including my statement, has been prepared for and only for the Charity's Trustees as a body. My work has been undertaken so that I might state to the Charity's Trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Charity and the Charity's Trustees as a body for my examination work, for this report, or for the statements I have made.

Basis of independent examiner's statement

My examination was carried out in accordance with general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the Trustees concerning any such matters.

The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

Since the Charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England & Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
- the accounts do not accord with those records; or
- the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



ANDREW PHILIP NASH ACA

MEMBER OF THE INSTITUTE OF CHARTERED ACCOUNTANTS IN ENGLAND AND WALES – 2461833

DATED: 6 JANUARY 2023

Andy Nash Accounting & Consultancy Ltd
Units 24 & 25
Goodsheds Container Village
Hood Road
Barry
CF62 5QU

Statement of financial activities

For the 15 months ended 31 March 2022

		Unrestricted Funds 15 mths to 31 Mar 2022 £	Restricted Funds 15 mths to 31 Mar 2022 £	Total Funds 15 mths to 31 Mar 2022 £	Total Funds Year ended 31 Dec 2020 £
	Notes				
Income from:					
Donations and legacies	3	65,408	255,649	321,057	317,351
Charitable activities	4	24,764	3,820	28,584	6,939
Total income		90,172	259,469	349,641	324,290
Expenditure on:					
Raising funds	5 & 6	18,803	-	18,803	9,944
Charitable activities	5 & 7	89,083	286,123	375,206	258,014
Total expenditure		107,886	286,123	394,009	267,958
Net income/(expenditure)		(17,714)	(26,654)	(44,368)	56,332
Transfers between funds	12	-	-	-	-
Net movement in funds		(17,714)	(26,654)	(44,368)	56,332
Reconciliation of funds:					
Funds brought forward	12 & 13	160,243	70,765	231,008	174,676
Funds carried forward	12 & 13	142,529	44,111	186,640	231,008

The notes on pages 15 to 26 form part of the financial statements.

Following a review of the financial structure during the year the cost allocation model has been reviewed to ensure costs are accurately recorded against the activity to which they should be attributed. As a result the Charity has chosen to represent the prior year figures using this model however total expenditure remains unchanged.


Balance sheet

As at 31 March 2022

			Total funds 31 Mar 2022	Total funds 31 Dec 2020
	Notes	£	£	£
Fixed assets				
Tangible fixed assets	9		14,648	35,569
Current assets				
Debtors and prepayments	10	42,545		10,869
Cash at bank and in hand		<u>176,393</u>	<u>262,446</u>	
		218,938	273,315	
Liabilities				
Amounts falling due within one year	11	<u>(46,946)</u>	<u>(77,876)</u>	
Net current assets			171,992	195,439
Net assets			186,640	231,008
Funds of the charity				
Restricted	12 & 13		44,111	70,765
Unrestricted				
General	12 & 13	79,017		74,888
Development fund	12 & 13	<u>63,512</u>	<u>85,355</u>	
Unrestricted			142,529	160,243
Total funds			186,640	231,008

The notes on pages 15 to 26 form part of the financial statements.

These financial statements were approved and authorised for issue by the Board of Trustees on 19 December 2022 and signed on their behalf by:


Ann Easter (Jan 13, 2023 08:37 GMT)

REVD CANON ANN EASTER

CHAIR OF TRUSTEES

Notes to the financial statements

1. Accounting policies

Basis of preparation of the financial statements

The financial statements have been prepared in accordance with 'Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) second edition (effective 1 January 2019)', the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), including Update Bulletin 1, and relevant charities law.

The effect of any event relating to the period ended 31 March 2022, which occurred before the date of approval of the financial statements by the Board of Trustees has been included in the financial statements to the extent required to show a true and fair view of the state of affairs at 31 March 2022 and the results for the period ended on that date.

Under the exemption available to smaller charities the Board of Trustees has chosen not to include a Statement of Cash Flows within the financial statements.

The functional currency of the Charity is sterling and amounts in the financial statements are rounded to the nearest pound.

Legal status

Alternatives Trust East London is a charitable trust registered in England & Wales, and meets the definition of a public benefit entity. The registered office is Forrest House, 63 Rowntree Clifford Close, Liddon Road, Plaistow, London, E13 8AB.

Going concern

The financial statements have been prepared on the going concern basis as the Board of Trustees is confident that future reserves and future income is more than sufficient to meet current commitments. There are no material uncertainties that impact this assessment, and the ongoing COVID-19 global pandemic has had no material impact on this assessment.

Change in accounting period

During the current financial period the Trustees agreed to amend the accounting year end date from 31 December to 31 March, via a resolution at the board meeting on 22 September 2022, and to apply this to the period that commenced on 1 January 2021 and ran until 31 March 2022. This decision was made to ensure that the financial statements fitted more closely to the financial tax year. This means there are limitations with the comparatives as they represent a twelve month period as opposed to the current period figures which represent a fifteen month period.

Fund Accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Restricted funds are funds that are to be used in accordance with specific restrictions imposed by donors or that have been raised by the Charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in note 12 of the financial statements.

Income

Income is recognised when the Charity has entitlement to the funds, any performance indicators attached to the item(s) of income have been met, it is probable that the income will be received, and the amount can be measured reliably.

1. Accounting policies (continued from previous page)

Income (continued from previous page)

Donations are recognised in full in the Statement of Financial Activities when entitled, receipt is probable and when the amount can be quantified with reasonable accuracy. Gift aid receivable is included when claimable – i.e. when the eligible donation is received.

Grant income is credited to the Statement of Financial Activities when received or receivable whichever is earlier, unless the grant relates to a future year, in which case it is deferred.

Income from charitable activities is credited to the Statement of Financial Activities when received or receivable whichever is earlier, unless it relates to a specific future period or event, in which case it is deferred.

Expenditure and irrecoverable VAT

All expenditure is accounted for on an accruals basis and has been included under expense categories that aggregate all costs for allocation to activities.

Indirect costs, including governance costs, which cannot be directly attributed to activities, are allocated between activities proportionate to the direct costs incurred in those activities. Irrecoverable VAT is charged against the category of expenditure for which it was incurred.

Tangible fixed assets and depreciation

Any assets costing more than £500 are capitalised other than those purchased using restricted funds. Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their residual value, over their useful life, on the following basis:

Leasehold improvements 10% p.a. on cost
Fixtures, fittings & equipment 25% p.a. on net value
Computers 25% p.a. on cost

Cash at bank and in hand

Cash at bank and in hand includes cash in hand, deposits with banks and funds that are readily convertible into cash at, or close to, their carrying values, but are not held for investment purposes.

Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount is applied.

Creditors

Creditors are recognised where the Charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party, and the amount due to settle the obligation can be measured or estimated reliably.

Financial instruments

Basic financial instruments are measured at amortised cost other than investments which are measured at fair value.

1. Accounting policies (continued from previous page)**Critical estimates and judgements**

In preparing financial statements it is necessary to make certain judgements, estimates and assumptions that affect the amounts recognised in the financial statements. The treatment of tangible fixed assets is sensitive to changes in useful economic lives and residual values of assets. These are reassessed annually. In the view of the Trustees in applying the accounting policies adopted, no judgements were required that have a significant effect on the amounts recognised in the financial statements nor do any estimates or assumptions made carry a significant risk of material adjustment in the next financial year.

Pensions

The Charity operates a defined contribution pension scheme which is administered by an external independent pension provider. Contributions are recognised in the Statement of Financial Activities as they fall due.

2. Comparative statement of financial activities

		Unrestricted Funds	Restricted Funds	Total Funds
		Year ended 31 Dec 2020	Year ended 31 Dec 2020	Year ended 31 Dec 2020
	Notes	£	£	£
Income from:				
Donations and legacies	3	98,537	218,814	317,351
Charitable activities	4	6,939	-	6,939
Total income		105,476	218,814	324,290
Expenditure on:				
Raising funds	5 & 6	9,944	-	9,944
Charitable activities	5 & 7	74,739	183,275	258,014
Total expenditure		84,683	183,275	267,958
Net income/(expenditure)		20,793	35,539	56,332
Transfers between funds	12	13,631	(13,631)	-
Net movement in funds		34,424	21,908	56,332
Reconciliation of funds:				
Funds brought forward	12 & 13	125,819	48,857	174,676
Funds carried forward	12 & 13	160,243	70,765	231,008

3. Income from donations and legacies

	Unrestricted Funds 15 mths to 31 Mar 2022 £	Restricted Funds 15 mths to 31 Mar 2022 £	Total Funds 15 mths to 31 Mar 2022 £
Grants	30,631	237,257	267,888
Donations	34,777	18,392	53,169
	65,408	255,649	321,057

	Unrestricted Funds Year ended 31 Dec 2020 £	Restricted Funds Year ended 31 Dec 2020 £	Total Funds Year ended 31 Dec 2020 £
Grants	42,199	218,814	261,013
Donations	55,466	-	55,466
Legacies	872	-	872
	98,537	218,814	317,351

4. Income from charitable activities

	Unrestricted Funds 15 mths to 31 Mar 2022 £	Restricted Funds 15 mths to 31 Mar 2022 £	Total Funds 15 mths to 31 Mar 2022 £
Charitable rental income	15,884	-	15,884
Consultancy and training	1,145	-	1,145
Other charitable income	7,735	3,820	11,555
	24,764	3,820	28,584

	Unrestricted Funds Year ended 31 Dec 2020 £	Restricted Funds Year ended 31 Dec 2020 £	Total Funds Year ended 31 Dec 2020 £
Charitable rental income	4,600	-	4,600
Consultancy and training	682	-	682
Other charitable income	1,657	-	1,657
	6,939	-	6,939

5. Total expenditure

	Direct staff costs 15 mths to 31 Mar 2022 £	Direct other costs 15 mths to 31 Mar 2022 £	Indirect costs 15 mths to 31 Mar 2022 £	Total costs 15 mths to 31 Mar 2022 £
Expenditure on:				
Raising funds	9,988	2,452	6,363	18,803
Charitable activities	181,696	66,543	126,967	375,206
	191,684	68,995	133,330	394,009

	Direct staff costs Year ended 31 Dec 2020 £	Direct other costs Year ended 31 Dec 2020 £	Indirect costs Year ended 31 Dec 2020 £	Total costs Year ended 31 Dec 2020 £
Expenditure on:				
Raising funds	7,336	-	2,608	9,944
Charitable activities	164,754	25,597	67,663	258,014
	172,090	25,597	70,271	267,958

Following a review of the financial structure during the year the cost allocation model has been reviewed to ensure costs are accurately recorded against the activity to which they should be attributed. As a result the Charity has chosen to represent the prior year figures using this model however total expenditure remains unchanged.

Indirect costs, including governance costs, which cannot be directly attributed to activities, were allocated between cost centres proportionate to the direct staff and other costs allocated to those activities.

An analysis of costs of raising funds split between restricted and unrestricted funds can be found in note 6.

An analysis of charitable activities split between restricted and unrestricted funds can be found in note 7.

An analysis of staff costs can be found in note 8.

5. Total expenditure (continued from previous page)

Indirect costs includes:

	Total costs 15 mths to 31 Mar 2022 £	Total costs Year ended 31 Dec 2020 £
Staff costs	43,688	22,148
Premises	44,067	27,860
Administration	21,091	10,152
Depreciation	9,547	8,827
Loss on disposals	5,342	-
Impairment loss	8,131	-
Independent examination	1,464	1,284
	133,330	70,271

6. Expenditure on raising funds

	Unrestricted Funds 15 mths to 31 Mar 2022 £	Restricted Funds 15 mths to 31 Mar 2022 £	Total Funds 15 mths to 31 Mar 2022 £
Direct staff costs	9,988	-	9,988
Direct other costs	2,452	-	2,452
Indirect costs	6,363	-	6,363
	18,803	-	18,803

	Unrestricted Funds Year ended 31 Dec 2020 £	Restricted Funds Year ended 31 Dec 2020 £	Total Funds Year ended 31 Dec 2020 £
Direct staff costs	7,336	-	7,336
Direct other costs	-	-	-
Indirect costs	2,608	-	2,608
	9,944	-	9,944

Following a review of the financial structure during the year the cost allocation model has been reviewed to ensure costs are accurately recorded against the activity to which they should be attributed. As a result the Charity has chosen to represent the prior year figures using this model however total expenditure remains unchanged.

7. Expenditure on charitable activities

	Unrestricted Funds 15 mths to 31 Mar 2022 £	Restricted Funds 15 mths to 31 Mar 2022 £	Total Funds 15 mths to 31 Mar 2022 £
Direct staff costs	-	181,696	181,696
Direct other costs	42,642	23,901	66,543
Indirect costs	46,441	80,526	126,967
	89,083	286,123	375,206

	Unrestricted Funds Year ended 31 Dec 2020 £	Restricted Funds Year ended 31 Dec 2020 £	Total Funds Year ended 31 Dec 2020 £
Direct staff costs	47,724	117,030	164,754
Direct other costs	7,415	18,182	25,597
Indirect costs	19,600	48,063	67,663
	74,739	183,275	258,014

Following a review of the financial structure during the year the cost allocation model has been reviewed to ensure costs are accurately recorded against the activity to which they should be attributed. As a result the Charity has chosen to represent the prior year figures using this model however total expenditure remains unchanged.

8. Staff costs

	Total costs 15 mths to 31 Mar 2022 £	Total costs Year ended 31 Dec 2020 £
Gross salary	222,915	185,372
Employer's NIC	9,007	6,088
Employer's pension	3,450	2,778
	235,372	194,238

The average headcount during the period was 12 persons (2020: 11 persons).

No employee received employee benefits above £60,000.

The total employee benefits paid to key management personnel during the year was £47,688.

9. Tangible fixed assets

	Leasehold improvements	Fixtures & fittings	Computers	Total
	£	£	£	£
Cost				
As at 1 January 2021	32,809	13,540	18,649	64,998
Additions	-	-	2,041	2,041
Disposals	(6,153)	(1,771)	-	(7,924)
As at 31 March 2022	26,656	11,769	20,690	59,115
Accumulated depreciation				
As at 1 January 2021	8,906	9,655	10,868	29,429
Charge in year	3,331	904	5,312	9,547
Disposals	(1,842)	(798)	-	(2,640)
Impairment	8,131	-	-	8,131
As at 31 March 2022	18,526	9,761	16,180	44,467
Net book value				
As at 1 January 2021	23,903	3,885	7,781	35,569
As at 31 March 2022	8,130	2,008	4,510	14,648

An impairment has been recognised against the leasehold improvements as the landlord has given notice to vacate the premises at the end of the current lease in October 2023.

10. Debtors and prepayments

	Total funds 31 Mar 2022	Total funds 31 Dec 2020
	£	£
Accounts Receivable	14,416	-
Prepayments	3,398	6,348
Accrued income	18,394	-
Gift aid recoverable	1,515	-
Other debtors	4,822	4,521
	42,545	10,869

11. Creditors: amounts falling due within one year

	Total funds 31 Mar 2022 £	Total funds 31 Dec 2020 £
Accounts Payable	2,267	1,890
PAYE control	-	2,813
Pensions control	604	-
Accruals	2,163	1,453
Deferred income	41,912	71,720
	46,946	77,876

Deferred income consists of grants received in 2021-2022 for the next financial period.

12. Analysis of charity funds

	Balance brought forward 15 mths to 31 Mar 2022 £	Income in the period 15 mths to 31 Mar 2022 £	Expenditure in the period 15 mths to 31 Mar 2022 £	Transfers between funds 15 mths to 31 Mar 2022 £	Balance carried forward 15 mths to 31 Mar 2022 £
Restricted funds					
All Churches	-	17,700	(17,700)	-	-
Aspers	-	3,241	(1,200)	-	2,041
Awards for All	-	7,500	(6,034)	-	1,466
Big Give	-	17,580	(16,522)	-	1,058
Charles French	1,105	-	-	-	1,105
Children in Need	8,674	41,437	(45,898)	-	4,213
City Bridge Trust	4,058	23,837	(27,897)	-	(2)
Clothworkers	-	10,000	(4,062)	-	5,938
COVID relief	4,752	-	(2,988)	-	1,764
Comic Relief	-	2,007	(1,799)	-	208
Education	3,797	-	(2,100)	-	1,697
Food Club	-	5,632	(1,926)	-	3,706
Henry Smith	17,369	-	(14,608)	-	2,761
LBN Covid Winter	-	1,826	(1,826)	-	-
Lloyds	2,350	12,917	(13,885)	-	1,382
London Catalyst	1,688	1,000	(1,437)	-	1,251
London Funders	-	9,020	(9,020)	-	-
MIND	-	6,033	(6,033)	-	-
Building fund	1,542	6,000	-	-	7,542
Restricted assets	21,445	-	(14,921)	-	6,524
Safe Place	2,000	2,000	(3,780)	-	220
Stepping Stones	-	8,304	(10,552)	-	(2,248)
SW-HAM	-	3,100	(3,100)	-	-
SWIRE	-	10,000	(10,000)	-	-
Trusthouse	1,985	25,002	(23,502)	-	3,485
TT Staff Welfare	-	2,000	(2,000)	-	-
Tudor Trust	-	43,333	(43,333)	-	-
Total restricted	70,765	259,469	(286,123)	-	44,111
Unrestricted					
General	74,888	90,172	(85,043)	(1,000)	79,017
Development fund	85,355	-	(22,843)	1,000	63,512
Total unrestricted	160,243	90,172	(107,886)	-	142,529
	231,008	349,641	(394,009)	-	186,640

12. Analysis of charity funds (continued from previous page)

	Balance brought forward Year ended 31 Dec 2020 £	Income in the period Year ended 31 Dec 2020 £	Expenditure in the period Year ended 31 Dec 2020 £	Transfers between funds Year ended 31 Dec 2020 £	Balance carried forward Year ended 31 Dec 2020 £
Restricted funds					
Alt-Ed Talks	-	3,797	-	-	3,797
We Are Family support workers	-	29,833	(21,516)	-	8,317
Other We Are Family	20,127	138,344	(132,384)	(13,631)	12,456
Hardship	688	1,250	(250)	-	1,688
Centre Manager	109	34,100	(17,441)	-	16,768
Restricted assets	27,933	-	(4,946)	-	22,987
Covid relief	-	11,500	(6,748)	-	4,752
Total restricted	48,857	218,824	(183,285)	(13,631)	70,765
Unrestricted					
General	40,464	105,476	(84,683)	13,631	74,888
Development fund	85,355	-	-	-	85,355
Total unrestricted	125,819	105,476	(84,683)	13,631	160,243
	174,676	324,300	(267,968)	-	231,008

The current year accounts split out the restricted funds in more detail - sub-dividing pots that have previously been amalgamated into one.

13. Analysis of net assets

	Unrestricted Funds 15 mths to 31 Mar 2022 £	Restricted Funds 15 mths to 31 Mar 2022 £	Total Funds 15 mths to 31 Mar 2022 £
Fixed assets	8,124	6,524	14,648
Current assets	181,351	37,587	218,938
Current liabilities	(46,946)	-	(46,946)
	142,529	44,111	186,640

	Unrestricted Funds Year ended 31 Dec 2020 £	Restricted Funds Year ended 31 Dec 2020 £	Total Funds Year ended 31 Dec 2020 £
Fixed assets	14,124	21,445	35,569
Current assets	223,995	49,320	273,315
Current liabilities	(77,876)	-	(77,876)
	160,243	70,765	231,008

14. Trustee remuneration

During the year, no trustee received any remuneration (2020: £Nil). No members of the Board of Trustees received reimbursement of expenses (2020: £Nil).

15. Related party transactions

During the year there were no related party transactions (2020: £Nil).