

**ALTERNATIVES TRUST EAST LONDON**  
**ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 DECEMBER 2020**

# ALTERNATIVES TRUST EAST LONDON

## LEGAL AND ADMINISTRATIVE INFORMATION

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<b>Trustees</b>	Christopher Andrew Christina Baby John Coombs Francesca Ojefua Andrew Pople Rev Ann Easter Rebecca Watherston	(Appointed 19 February 2021) (Appointed 1 January 2021)
<b>Charity number</b>	1103724	
<b>Principal address</b>	Forrest House 63 Rowntree Clifford Close Liddon Road Plaistow London E13 8AB	
<b>Independent examiner</b>	Richard F Hopper Chinthurst 30 St Stephens Hill Launceston Cornwall PL15 8HN	

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# ALTERNATIVES TRUST EAST LONDON

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# ALTERNATIVES TRUST EAST LONDON

## TRUSTEES' REPORT

### FOR THE YEAR ENDED 31 DECEMBER 2020

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The trustees present their report and financial statements for the year ended 31 December 2020.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the trust's trust deed, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

#### **Objectives and activities**

The trust's objects are the advancement of education and preservation of health. The policies adopted in furtherance of these objects are the provision of education in the subject of pregnancy and termination of pregnancy, the preservation and protection of women's health, the provision of counselling to women, parents and families who are suffering as a result of pregnancy or related matters, and there has been no change in these during the year.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the trust should undertake.

This year at Alternatives was once again full of activity and development for everyone involved. The trustees are grateful for what has been achieved in so many people's lives, and grateful to all the staff, volunteers and supporters who have helped to make that happen.

#### **Achievements and performance**

It's fair to say that 2020 did not go according to plan, in so many ways, for so many people. Coronavirus hit our borough of Newham hard. It already had 48% of residents living in poverty and over 5,500 families with children living in temporary accommodation -- which is more than the entire north of England combined. These are the people we work with and lockdown was particularly hard for them. At the peak of the first wave Newham had the highest number of deaths from the virus and many of the parents we work with were anxious for their children.

The trustees are incredibly thankful for our team of staff, volunteers and supporters who have created hope and joy in the middle of an anxious time. And we want to pay tribute to the amazing families we work with whose resourcefulness, generosity, creativity is an inspiration.

#### ***Covid-19 response***

In March 2020 Alternatives responded fast to lockdown and delivered 345 emergency food parcels to 93 families (350 individuals) between March and July, along with other 200 hours of phone support. Clients we surveyed rated the support excellent. We moved all groups and casework to Zoom, increased counselling hours offered, and later as lockdown measures relaxed support workers met families 1-to-1 in the park for some much-needed social contact. When we were able to reopen the centre we provided counselling, food collection and one-to-one casework by appointment in a Covid-secure way.

We are very grateful for generous donations of money, food, Easter eggs, nappies and toys that enabled us to support families who were confined to the house with no way of getting shopping. We also included books and games for children who were stuck at home, often without toys or internet or gardens to play in. Thanks also to the volunteers who helped deliver packages to around 25 families a week. Our centre was closed for everything apart from the relief effort, with one member of staff going each day to coordinate packing and deliveries. Support workers went the extra mile by talking to parents and finding out what they needed, and trying their best to make sure it was included in their delivery.

One family we helped during lockdown said, "I have tears rolling down my eyes -- I don't know how to thank you guys enough. I am overwhelmed with joy and speechless. God bless Alternatives team and stop this harsh crisis. I am living with horrible people of 12 in the house and you people brought a smile on my face."

# ALTERNATIVES TRUST EAST LONDON

## TRUSTEES' REPORT (CONTINUED)

### FOR THE YEAR ENDED 31 DECEMBER 2020

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#### *Family Support*

The We Are Family group had continued to meet at the start of the year with 25-30 families each week -- a group of 70-80 people. The last outing was a lovely trip to the Museum of Childhood in February. For years the weekly group on Mondays has been the main way people have accessed our support and closing it represented a massive challenge. Weekly We Are Family meetings by Zoom provided parenting sessions and a chance to catch up, and 32 individuals (parents and children) joined our park session in August (divided in to small groups of no more than six). We closed the WAF charity shop which had become an informal meeting place for a few parents. Support staff worked resourcefully to keep up with work with families through all means possible, taking the opportunity when lockdown eased to meet each member of We Are Family in an outdoor setting like a local park or the Forrest House garden.

#### *Mental Health Support*

A global pandemic is hard to cope with, and we provided creative opportunities to support the wellbeing of hard-pressed parents, as well as the practical support and counselling for those that needed it. Several women enjoyed working in the Forrest House garden. Online poetry workshops provided a moment for busy mums to reflect, have fun, and express their feelings about coronavirus - resulting in some amazing writing.

Thanks to funding from MIND we were able to provide placement and supervision for more volunteer counsellors, which enabled us to increase the sessions we can offer to 100 over the year, including online, telephone and face-to-face sessions. One volunteer counsellor said: "As a placement counsellor I am overjoyed to be able to offer counselling to those who may not otherwise be able to access a therapy service. For clients able to attend sessions during lockdown via telephone or video call it has made a massive difference to their coping with the impact of Covid-19 on their everyday lives."

#### *Casework*

Our We Are Family support workers and our Centre Manager have always helped families with problems like housing and immigration status. The pandemic threw far more families in Newham into difficulty. We had a huge increase in people coming for advice at the same time as staff were furloughed. Before lockdown we were giving regular support to 70 families and from March to June we started helping 46 new people.

Our support staff did a great job of adapting to the circumstances and helping people by phone and by Zoom videoconference, after those initial weeks when all the council offices were closed. As restrictions eased we started 1-to-1 appointments at our centre. Then in October all of our staff attended three days of excellent training on working with families who have No Recourse to Public Funds provided by the immigration charity Praxis and funded by Comic Relief.

#### *Young People*

At the beginning of 2020 we were able to deliver 11 lessons and 5 drop-in sessions at Eastlea School before schools closed and our schools work was cancelled for the rest of the year. The youth group we launched in 2019 for young people from WAF families really came into its own this year.

In 2020 we ran 42 WAF Youth Group sessions with 14 young people involved throughout our time together. At the beginning of the year we were meeting weekly in person, when we played games, did challenges, practised baking and played musical instruments as a group. When the first lockdown began we moved the youth group online via Zoom. Each week we met for an hour when we continued our weekly catch-ups, played games and most weeks had a discussion based on the impact of lockdown. It was a good chance for the young people to continue to connect and have fun in such a strange time, maintaining a little normality and accessing a space to process what was going on for them.

It make a positive impact on participants: "During Covid lockdown the WAF youth group sessions really helped me because I was bored and had nothing to do. Also I enjoy doing baking and WAF youth encouraged me to do more baking and activities at home."

"Is the best experience in my life is like a club where you and your friends can express yourself and be yourself."

# ALTERNATIVES TRUST EAST LONDON

## TRUSTEES' REPORT (CONTINUED)

### FOR THE YEAR ENDED 31 DECEMBER 2020

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#### *Organisational Development*

Simone and Elizabeth used the enforced pause of lockdown to reflect and plan for the future and have prioritised strengthening our organisation. We have employed an excellent new part-time Finance Consultant, Paula Reily, and created a new post of General Manager to oversee the Centre's new focus on promoting wellbeing and resilience through counselling and casework.

Simone did great work in the first half of the year, pivoting the practical provision of Alternatives to ensure we gave meaningful support to vulnerable families throughout the first lockdown. Sadly unforeseen circumstances led to Simone needing to move on in September. Elizabeth Booker who had worked alongside Simone over the summer was appointed as Interim Director. Elizabeth worked at Alternatives as a family support worker before pursuing studies in psychology. She is now researching a PhD looking at the impact of poverty, especially No Recourse to Public Funds, on children's development and is working four days a week as Interim Director alongside this. We are sad to lose Simone but pleased with this new appointment.

#### *Moving Forward*

Over the summer we asked staff, volunteers and parents from We Are Family what they considered the most important and unique things about Alternatives that we should focus on in the future. Priorities were parenting support, casework and mental health support.

In future we will provide more life-changing help with casework to resolve the issues that keep families in destitution, and more mental health support accessed at our Centre. Our challenge is to do this in a way that still provides a caring community where isolated people feel they belong when we cannot meet in large groups. We are working on making our centre more family-friendly, with a Covid-safe children's room we can use as a creche during parents' appointments. But it's the attitude of our staff that makes the real difference -- a theme that came across strongly in the survey -- and we are grateful for their hard work, creativity and compassion throughout this difficult year. This and the resilience of the families we work with gives us hope for the future.

#### *Funding and Donations*

The pandemic had significant impact on our finances as staff were furloughed and activity costs reduced. We are grateful to funding bodies who have allowed us to extend the terms of their grants and/or redeploy the staff that they fund. This will help us to navigate the challenging times ahead.

We are grateful to all our volunteers and supporters who gave funds during the year. These include individuals, churches, schools and many other organisations. We would like to thank our grant funders including: Allchurches Trust, Aspers Good Causes Fund, Awards for All England from the National Lottery Trust, Valerie Barber, BBC Children in Need, Bruderhof Community, Casey Trust, Charles Hayward Foundation, City Bridge Trust, Comic Relief Community Fund, DWF Foundation, Henry Smith Charity, Lloyds Bank Foundation, London Catalyst, London Community Response Fund, Martin Lewis Coronavirus Fund, MIND, Plaistow South Big Local, SERCO Foundation, Swire Charitable Trust, Stratford Rotary Club, Tampon Tax Community Fund, Tesco Bags of Help, The Childhood Trust, and Trusthouse Charitable Foundation.

#### **Financial review**

The financial transactions for the year and the financial position at the end of the year are summarised in the attached accounts. The trustees consider the financial position to be satisfactory.

It is the policy of the trust that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between six and nine months' expenditure. The trustees considers that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the trust's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

The trustees have assessed the major risks to which the trust is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

#### **Structure, governance and management**

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# ALTERNATIVES TRUST EAST LONDON

## TRUSTEES' REPORT (CONTINUED)

### *FOR THE YEAR ENDED 31 DECEMBER 2020*

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The trust was established by a charitable trust deed on 20 April 2004.

The trustees who served during the year and up to the date of signature of the financial statements were:

Howard Chapman	(Resigned 22 April 2021)
Christopher Andrew	
Christina Baby	
John Coombs	
Sarah Moriah	(Resigned 18 June 2020)
Francesca Ojefua	
Andrew Pople	
Rev Ann Easter	(Appointed 19 February 2021)
Rebecca Watherston	(Appointed 1 January 2021)

New trustees are appointed by the agreement of the existing trustees.

The trustees meet normally four times a year to oversee the charity's work. Day-to-day operations are dealt with by the paid, freelance professional and volunteer staff.

The trustees' report was approved by the Board of Trustees.

**Rev Ann Easter**

Trustee

Dated: 7th October 2021

# ALTERNATIVES TRUST EAST LONDON

## INDEPENDENT EXAMINER'S REPORT

### TO THE TRUSTEES OF ALTERNATIVES TRUST EAST LONDON

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I report to the trustees on my examination of the financial statements of Alternatives Trust East London (the trust) for the year ended 31 December 2020.

#### **Responsibilities and basis of report**

As the trustees of the trust you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the trust's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

#### **Independent examiner's statement**

Since the trust's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for financial statements to provide a true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the trust as required by section 130 of the 2011 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Richard F Hopper

Chartered Accountant  
Chinthurst  
30 St Stephens Hill  
Launceston  
Cornwall  
PL15 8HN

Dated: 20th October 2021



# ALTERNATIVES TRUST EAST LONDON

## STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 DECEMBER 2020

	Notes	Unrestricted funds £	Restricted funds £	Total 2020 £	Total 2019 £
<b><u>Income from:</u></b>					
Donations and legacies	3	98,537	218,814	317,351	227,578
Incoming resources for charitable activities	4	6,939	-	6,939	22,149
Investments	5	-	-	-	1
<b>Total income</b>		<b>105,476</b>	<b>218,814</b>	<b>324,290</b>	<b>249,728</b>
<b><u>Expenditure on:</u></b>					
Raising funds	6	7,336	-	7,336	6,569
Charitable activities	7	77,347	183,275	260,622	257,267
<b>Total resources expended</b>		<b>84,683</b>	<b>183,275</b>	<b>267,958</b>	<b>263,836</b>
<b>Net incoming/(outgoing) resources before transfers</b>		<b>20,793</b>	<b>35,539</b>	<b>56,332</b>	<b>(14,108)</b>
Gross transfers between funds		13,631	(13,631)	-	-
<b>Net income/(expenditure) for the year/ Net movement in funds</b>		<b>34,424</b>	<b>21,908</b>	<b>56,332</b>	<b>(14,108)</b>
Fund balances at 1 January 2020		125,819	48,857	174,676	188,784
<b>Fund balances at 31 December 2020</b>		<b>160,243</b>	<b>70,765</b>	<b>231,008</b>	<b>174,676</b>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

# ALTERNATIVES TRUST EAST LONDON

## BALANCE SHEET

AS AT 31 DECEMBER 2020

	Notes	2020 £	£	2019 £	£
<b>Fixed assets</b>					
Tangible assets	12		35,569		39,681
<b>Current assets</b>					
Debtors	13	10,869		10,645	
Cash at bank and in hand		262,446		207,407	
		<u>273,315</u>		<u>218,052</u>	
<b>Creditors: amounts falling due within one year</b>	14	(6,156)		(1,918)	
Net current assets			267,159		216,134
<b>Total assets less current liabilities</b>			302,728		255,815
<b>Deferred income</b>	15		(71,720)		(81,139)
<b>Net assets</b>			<u>231,008</u>		<u>174,676</u>
<b>Income funds</b>					
Restricted funds	16		70,765		48,857
<u>Unrestricted funds</u>					
Designated funds	17	85,355		85,355	
General unrestricted funds		<u>74,888</u>		<u>40,464</u>	
			160,243		125,819
			<u>231,008</u>		<u>174,676</u>

The financial statements were approved by the Trustees on 7th October 2021

John Coombs  
Trustee

Rev Ann Easter  
Trustee

# ALTERNATIVES TRUST EAST LONDON

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2020

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### 1 Accounting policies

#### Charity information

Alternatives Trust East London is an unincorporated charity.

#### 1.1 Accounting convention

The financial statements have been prepared in accordance with the trust's constitution, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016). The trust is a Public Benefit Entity as defined by FRS 102.

The trust has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the trust. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

#### 1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the trust has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

#### 1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

#### 1.4 Incoming resources

Income is recognised when the trust is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the trust has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the trust has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

#### 1.5 Resources expended

Expenditure is recognised in the accounts at the time when a liability to make payment is incurred. General support costs are allocated to activities in proportion to the respective levels of direct costs.

# ALTERNATIVES TRUST EAST LONDON

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 31 DECEMBER 2020

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#### 1 Accounting policies

(Continued)

##### 1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Leasehold improvements	10% p.a. on cost
Fixtures, fittings & equipment	25% p.a. on net value
Computers	25% p.a. on cost

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in net income/(expenditure) for the year.

##### 1.7 Impairment of fixed assets

At each reporting end date, the trust reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

##### 1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

##### 1.9 Financial instruments

The trust has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the trust's balance sheet when the trust becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

##### **Basic financial assets**

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

# ALTERNATIVES TRUST EAST LONDON

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2020

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### 1 Accounting policies

(Continued)

#### ***Basic financial liabilities***

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

#### ***Derecognition of financial liabilities***

Financial liabilities are derecognised when the trust's contractual obligations expire or are discharged or cancelled.

#### **1.10 Retirement benefits**

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

#### **1.11 Leases**

Rentals payable under operating leases, including any lease incentives received, are charged as an expense on a straight line basis over the term of the relevant lease.

### 2 Critical accounting estimates and judgements

In the application of the trust's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

# ALTERNATIVES TRUST EAST LONDON

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2020

### 3 Donations and legacies

	Unrestricted funds	Restricted funds	Total 2020	Total 2019
	£	£	£	£
Donations and gifts	55,466	-	55,466	40,755
Legacies receivable	872	-	872	-
Grants income	42,199	218,814	261,013	186,823
	<u>98,537</u>	<u>218,814</u>	<u>317,351</u>	<u>227,578</u>
<b>For the year ended 31 December 2019</b>	<u>44,665</u>	<u>182,913</u>		<u>227,578</u>

The trustees gratefully acknowledge donation income from various individuals and churches.

The trustees gratefully acknowledge grant income from the following:

£40,000	Tudor Trust
£35,000	City Bridge Trust
£34,100	Henry Smith Charity
£33,028	BBC Children in Need
£20,000	Trusthouse
£10,000	Swire Charitable Trust
£9,301	Mind
£6,500	East End Community Foundation
£5,000	Awards for All
£5,000	Martin Lewis
£4,500	Childhood Trust
£3,000	DWF Foundation
£2,400	Charles Haywood
£1,250	London Catalyst
£500	Comic Relief

### 4 Incoming resources for charitable activities

	Other income	Charitable trading income	Total 2020	Total 2019
	£	£	£	£
Consultancy and training fees	682	-	682	600
We Are Family Enterprise income	289	1,368	1,657	15,994
Charitable rental income	4,600	-	4,600	5,555
	<u>5,571</u>	<u>1,368</u>	<u>6,939</u>	<u>22,149</u>

# ALTERNATIVES TRUST EAST LONDON

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2020

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### 5 Investments

	<b>Total</b>	<b>Unrestricted funds</b>
	<b>2020</b>	<b>2019</b>
	<b>£</b>	<b>£</b>
Interest receivable	-	1
	<u>          </u>	<u>          </u>

### 6 Raising funds

	<b>Unrestricted funds</b>	<b>Total</b>
	<b>2020</b>	<b>2019</b>
	<b>£</b>	<b>£</b>
<u>Costs of generating income</u>		
Fundraiser's fee	-	6,569
Staff costs	7,336	-
	<u>          </u>	<u>          </u>
Costs of generating income	7,336	6,569
	<u>          </u>	<u>          </u>
	<u>7,336</u>	<u>6,569</u>

# ALTERNATIVES TRUST EAST LONDON

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2020

### 7 Charitable activities

	Alt-Ed Talks 2020 £	Centre and We Are Family 2020 £	Total 2020 £	Total 2019 £
Staff costs	3,797	160,957	164,754	147,584
Direct project costs	-	20,404	20,404	31,086
Donations to beneficiaries	-	-	-	662
	<u>3,797</u>	<u>181,361</u>	<u>185,158</u>	<u>179,332</u>
Grant funding of activities (see note 8)	-	5,193	5,193	736
Share of support costs (see note 9)	-	68,987	68,987	74,720
Share of governance costs (see note 9)	-	1,284	1,284	2,479
	<u>3,797</u>	<u>256,825</u>	<u>260,622</u>	<u>257,267</u>
<b>Analysis by fund</b>				
Unrestricted funds	3,797	73,550	77,347	71,600
Restricted funds	-	183,275	183,275	185,667
	<u>3,797</u>	<u>256,825</u>	<u>260,622</u>	<u>257,267</u>
<b>For the year ended 31 December 2019</b>				
Unrestricted funds	101	71,499		71,600
Restricted funds	7,508	178,159		185,667
	<u>7,609</u>	<u>249,658</u>		<u>257,267</u>

### 8 Grants payable

	2020 £	2019 £
Grants to individuals	5,193	736
	<u>5,193</u>	<u>736</u>



# ALTERNATIVES TRUST EAST LONDON

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2020

### 9 Support costs

	Support costs £	Governance costs £	2020 £	Support costs £	Governance costs £	2019 £
Staff costs	22,148	-	22,148	25,283	-	25,283
Depreciation	8,827	-	8,827	9,492	-	9,492
Administrative costs	10,152	-	10,152	14,200	-	14,200
Premises costs	27,860	-	27,860	25,745	-	25,745
Accountancy	-	1,284	1,284	-	900	900
Annual Report	-	-	-	-	1,579	1,579
	<u>68,987</u>	<u>1,284</u>	<u>70,271</u>	<u>74,720</u>	<u>2,479</u>	<u>77,199</u>
Analysed between Charitable activities	<u>68,987</u>	<u>1,284</u>	<u>70,271</u>	<u>74,720</u>	<u>2,479</u>	<u>77,199</u>

Governance costs includes payments to the independent examiner of £1,284 (2019- £900) for independent examination and accountancy fees.

### 10 Trustees

Dr Christopher Andrew received fees totalling £4,300 for the year for professional services provided to the charity as approved by the other trustees. Apart from that none of the trustees (or any persons connected with them) received any remuneration or significant reimbursement of expenses during the year.

### 11 Employees

The average monthly number of employees during the year was:

	2020 Number	2019 Number
Direct activities	10	9
Managerial	1	1
Total	<u>11</u>	<u>10</u>
<b>Employment costs</b>	<b>2020 £</b>	<b>2019 £</b>
Wages and salaries	185,372	163,170
Social security costs	6,088	7,239
Other pension costs	2,778	2,458
	<u>194,238</u>	<u>172,867</u>

There were no employees whose annual remuneration was £60,000 or more.

# ALTERNATIVES TRUST EAST LONDON

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2020

### 12 Tangible fixed assets

	Leasehold improvements	Fixtures, fittings & equipment	Computers	Total
	£	£	£	£
<b>Cost</b>				
At 1 January 2020	32,809	9,910	23,956	66,675
Additions	-	3,630	(5,307)	(1,677)
At 31 December 2020	32,809	13,540	18,649	64,998
<b>Depreciation and impairment</b>				
At 1 January 2020	5,628	8,373	12,993	26,994
Depreciation charged in the year	3,278	1,282	(2,125)	2,435
At 31 December 2020	8,906	9,655	10,868	29,429
<b>Carrying amount</b>				
At 31 December 2020	23,903	3,885	7,781	35,569
At 31 December 2019	27,181	1,537	10,963	39,681

### 13 Debtors

	2020 £	2019 £
<b>Amounts falling due within one year:</b>		
Other debtors	4,521	5,445
Prepayments and accrued income	6,348	5,200
	10,869	10,645

### 14 Creditors: amounts falling due within one year

	2020 £	2019 £
Other taxation and social security	2,813	-
Other creditors	1,890	-
Accruals and deferred income	1,453	1,918
	6,156	1,918

### 15 Deferred income

	2020 £	2019 £
Grants for next financial year	71,720	81,139

# ALTERNATIVES TRUST EAST LONDON

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

**FOR THE YEAR ENDED 31 DECEMBER 2020**

### 16 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Movement in funds				Movement in funds			
	Balance at	Incoming	Resources	Balance at	Incoming	Resources	Transfers	Balance at
	1 January 2019	resources	expended	1 January 2020	resources	expended		31 December 2020
	£	£	£	£	£	£	£	£
Alt-Ed Talks	4,105	3,403	(7,508)	-	3,797	-	-	3,797
We Are Family support workers	-	26,130	(26,130)	-	29,833	(21,516)	-	8,317
Other We Are Family	20,631	110,580	(111,084)	20,127	138,344	(132,384)	(13,631)	12,456
Hardship	1,350	-	(662)	688	1,250	(250)	-	1,688
Centre Manager	2,654	32,800	(35,345)	109	34,100	(17,441)	-	16,768
Buildings, equipment etc	22,871	10,000	(4,938)	27,933	-	(4,946)	-	22,987
Covid relief	-	-	-	-	11,500	(6,748)	-	4,752
	<u>51,611</u>	<u>182,913</u>	<u>(185,667)</u>	<u>48,857</u>	<u>218,824</u>	<u>(183,285)</u>	<u>(13,631)</u>	<u>70,765</u>

# ALTERNATIVES TRUST EAST LONDON

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 31 DECEMBER 2020

#### 17 Designated funds

The income funds of the charity include the following designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes:

	Balance at 1 January 2019	Movement in funds Incoming resources	Balance at 1 January 2020	Movement in funds Incoming resources	Balance at 31 December 2020
	£	£	£	£	£
Development fund	85,355	-	85,355	-	85,355
	<u>85,355</u>	<u>-</u>	<u>85,355</u>	<u>-</u>	<u>85,355</u>

#### 18 Analysis of net assets between funds

	Unrestricted funds 2020 £	Restricted funds 2020 £	Total 2020 £	Unrestricted funds 2019 £	Restricted funds 2019 £	Total 2019 £
Fund balances at 31 December 2020 are represented by:						
Tangible assets	14,124	21,445	35,569	13,182	26,499	39,681
Current assets/ (liabilities)	217,839	49,320	267,159	121,677	94,457	216,134
Provisions and deferred income	(71,720)	-	(71,720)	(9,040)	(72,099)	(81,139)
	<u>160,243</u>	<u>70,765</u>	<u>231,008</u>	<u>125,819</u>	<u>48,857</u>	<u>174,676</u>

#### 19 Related party transactions

There were no disclosable related party transactions during the year (2019 - none).