

Charitable fund and other related charities

Annual report and accounts

1st April 2024 to 31st March 2025

Corporate Trustee:
Norfolk and Suffolk NHS Foundation Trust
Registered address:
County Hall
Martineau Lane
Norwich
Norfolk
NR1 2DH

Registered Charity Number: 1103563

Created by the governing document, the Trust Deed, dated 1 April 2004

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Corporate Trustee and Advisers

Corporate Trustee

Norfolk and Suffolk NHS Foundation Trust is the sole Corporate Trustee, with members of the Trust's Board acting as ex-officio trustees of the Charitable Funds.

The Board of Directors of Norfolk and Suffolk NHS Foundation Trust who served during the financial year and up to the date of signing the financial statements were as follows:

Chair

Zoe Billingham

Non-Executive Directors

Adrian Matthews (to 31.03.25)
Patricia Fuller
Lindsey Hoy
Dr Roger Hall
Sally Hardy (to 31.07.24)
David White (from 22.04.24)
James Barnard (to 27.06.24)
Marie Claire Delbrouque (from 11.11.24)
Paul Harrison (from 02.06.25)
Helen Taylor (from 15.04.25)
Julian Foster (from 07.03.25)

Associate Non-Executive Directors

James Barnard (from 28.06.24)

Executive Directors

Caroline Donovan – Chief Executive Officer
Cath Byford – Deputy Chief Executive and Chief People Officer
Jason Hollidge – Chief Finance Officer
Dr Faisal Sethi – Chief Medical Officer and Deputy Chief Executive Officer (from 06.09.24)
Tumi Banda – Interim Chief Nursing Officer (to 25.08.24)
Anthony Deery – Interim Chief Nurse (from 08.04.24 to 30.09.24)
Anthony Deery – Chief Nurse (from 01.10.24)
Kathryn Ellis – Chief Strategy, Improvement and Partnership Officer (to 31.05.24)
Thandie Matambanadzo – Chief Operating Officer (to 30.06.25)
Dr Sarah Maxwell – Chief Medical Officer (to 05.09.24)
Dr Sohail Abrar – Chief Medical Officer (to 05.09.24)
Dr Sarah Cornick – Interim Chief Transformation Officer (from 01.04.24 to 30.11.24)
Stewart Gee – Chief Transformation Officer (from 17.12.24)
Julie Hull – Interim Chief People Officer (from 13.01.25 to 01.06.25)

Gary O'Hare – Chief Operating Officer (from 19.05.25)
Jeremy Over – Chief People Officer (from 02.06.25)

The Corporate Trustee has delegated, within written terms of reference, day to day management of the funds to the Charitable Funds Committee.

The Committee was incorporated into the Trust's Performance and Finance Committee. From the 1st April 2025 the Charitable Funds Committee will hold their own standalone meetings with new Terms of Reference.

The Committee presently operates with the following membership:

Membership

- **A Non-executive Director will chair the Committee**

The membership of the Committee shall be:

- Non-executive Director (Chair)
- The Chief Finance Officer (or delegated nominee)
- Company Secretary

All committee members may delegate a suitable representative.

- **Nominated Representatives:
Norfolk and Suffolk NHS Foundation Trust**

- Adrian Matthews (to 31.03.25)
- Jason Hollidge – Chief Finance Officer
- Helen Potton – Interim Company Secretary (to 30.11.2024)
- Ade Kadiri – Company Secretary (from 04.02.25)

- No business shall be transacted at a meeting of the Charitable Funds Committee unless at least three representatives are present.

Charitable Funds Committee attendance 2024/25

	20 May 2024	19 November 2024
Adrian Matthews Non-executive Director	✓	✓
Jason Hollidge Chief Finance Officer	✓	✓
Helen Potton Interim Company Secretary	✓	✓

Registered Address

The Registered Office of the Charitable Fund is:

Norfolk and Suffolk NHS Foundation Trust
County Hall
Martineau Lane
Norwich
Norfolk
NR1 2DH

Telephone: 01603 421120

Principal Professional Advisers

Bankers:

Barclays Bank plc
P.O. Box 885
Mortlock House
Histon
Cambridge
CB24 9DE

Independent Examiner:

Helen Rumsey
Ensors
Connexions
159 Princes Street
Ipswich
Suffolk
IP1 1QJ

Report of the Corporate Trustee

The Corporate Trustee submits its Annual Report on the affairs of the Charity, together with the financial statements and independent examiner's report for the year ended 31 March 2025. The financial statements have been prepared in accordance with the accounting policies set out on pages 16-17, and comply with the Charitable Fund's trust deed, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

Charitable Objectives

The Charity is an NHS umbrella charity registered with the Charity Commissioners for England and Wales. The objectives of the umbrella charity are for the Trustee to apply the income, and at their discretion, so far as may be permissible, the capital for any charitable purpose or purposes relating to the services provided by:

- Norfolk and Suffolk NHS Foundation Trust

The funds are used to meet the objectives of the original donations or bequests, so far as is reasonably practicable. Where there are no specific objectives, the funds are used by the Charity for such purposes relating to services provided by them under the National Health Service Act 1977. The Charity meets the legal requirement of applying the funds for public benefit by ensuring that they are spent on the Trust's service users and the staff who care for them.

Specific Restrictions

The funds are managed in accordance with the conditions set out in the Trustee Investments Act 1961 and the governing document.

All the Charity's funds are regarded as designated funds for general purposes to particular NHS organisations or locations and are accounted for in accordance with the latest Guidance for NHS Charities from the Charity Commission. Twenty-eight funds are accounted for as unrestricted funds where the donor has made known their non-binding wishes to a particular area. The Trustee has adopted a policy of designating funds within the unrestricted funds in order to respect the wishes of our generous donors wherever possible.

Two funds are accounted for as restricted funds.

Structure, Governance and Management

The Charitable Funds Committee is a formal non-executive committee of the Trust's Board of Directors and has no executive powers, other than those specifically delegated to it in its Terms of Reference.

The Charitable Funds Committee, a committee of the Corporate Trustee, met twice during the year and makes recommendations to the Corporate Trustee on:

- Fund governance
- Investment policies
- Fundraising
- Expenditure policies and procedures, and
- Reporting arrangements

Designated Directors and Managers manage the funds within the umbrella Charity on behalf of the Corporate Trustee.

The funds are overseen by fund holders who can make recommendations on how to spend the money within their area. These recommendations are generally accepted, provided they meet a charitable principle and also correspond to the criteria of the purpose of the fund.

The accounting records and day to day administration of the funds are dealt with by the Assistant Financial Accountant, Estates Department, The Hollies, 155 Ribbans Road, Ipswich IP3 8XL.

The registered office of the Charitable Fund is:
Norfolk and Suffolk NHS Foundation Trust,
County Hall,
Martineau Lane,
Norwich
Norfolk
NR1 2DH.

Future Plans

The trustee does not expect any significant changes in the objectives of the Charity in the forthcoming year and will continue to receive and expend funds for the benefit of the Trust and its service users, and to support staff and service development where other sources are unavailable.

Principal Activities

Activities and achievements for public benefit

During the year the funds continued to support a wide range of charitable and health related activities benefiting both service users and staff.

In doing so the Trustees have had regard to the Charity Commission's guidance on public benefit and in general they are used to purchase additional equipment and services that the NHS is unable to provide from other sources.

There are three principal areas of activity within the Charity:

- **Contributions to the NHS** – where funds are received and expended for the benefit of the NHS.

There were no contributions to the NHS received or expended during 2024/25 (2023/24, Nil).

- **Patients' welfare and amenities** – where funds are received and expended for the benefit of service users.

Total expenditure for the year under this activity was £66,500 (2023/24, £173,800) of which the main expenditure is summarised below:

Expenditure included £3,400 from the Captain Sir Tom fund which was received and used for enhancing the well-being of service users. This included a mix of art supplies, garden furniture and games for various locations throughout the trust, and kitchen equipment for the ADL (Activities of Daily Living) kitchens at the Rivers Centre.

The Rivers Centre also benefitted from the purchase of gym equipment totalling £13,600. This was funded by utilising the balance of £13,500 in the Hellesdon Fete fund – a fund created to support patient exercise and wellbeing. The additional funding required was taken from the Trust Wide fund.

The Trust Wide fund also saw £4,400 expended by the Suffolk EIP team who were involved in the 'Voyage of Discovery' which saw several young service users and staff members sail from Ipswich to Portsmouth. This project was designed as adventure therapy and aimed to promote confidence and resilience in recovery. The fund was also accessed to purchase a shed and greenhouse for the Wedgwood Therapeutic Garden totalling £2,100.

Additional funding of £8,200 was utilised from the Wedgwood Patients fund for the completion of the Therapeutic Garden. This was to purchase a mix of benches, planters, garden mats and tools, plants and compost. Also included was the final payment to the construction company. A celebration of thanks for those involved in the creation of the garden took place in June. This saw service users, staff, and suppliers enjoy a tour of the finished garden.

In the summer of 2025, our armed forces veterans have taken on the challenge of climbing Snowdon and £2,600 has been used from their fund to book accommodation and travel for the event. Other expenditure from this fund included a total of £800 for attendance at the Remembrance Sunday Parade in London and a Christmas luncheon for the veterans.

The Young Carers 'Reach for the Sky' event took place in April 2024 and the remaining balance of £7,440 was paid from this fund. A further £1,050 was utilised for the various entertainers booked for the event, including fire eater, music and storytelling.

Samphire Ward benefitted from utilising £4,800 from the Chatterton House fund for the laying of turf in the garden, enabling service users to enjoy the enhanced outdoor space.

A total of £4,200 was spent by the Central Cluster Old People's Legacy fund for numerous activities and equipment including outings, takeaways and afternoon tea, musical entertainment, arts and crafts supplies, and kitchen /gardening items.

The dementia service also enjoyed additional outings and activities, totalling £1,000, funding for which came from the Stanley's Story fund.

Another £7,500, was spent on Christmas presents and festivities for the service users on the wards.

The remaining expenditure was given for smaller requests for the benefit of service users to enhance their experience.

- **Staff welfare and amenities** – where funds are received and expended for the benefit of staff.

Expenditure for the year under this activity amounted to £39,600 (2023/24, £10,200) of which the main expenditure is summarised below:

Expenditure included £14,500 received and used from the Captain Sir Tom fund for enhancing the well-being of NHS Staff and volunteers.

This funding provided for various team building days, picnics, meals, garden furniture and soft furnishings.

Additional funding of £4,800 was utilised from the Trust Staff General fund with £2,500 providing a buffet for operational staff working on various wards across the Trust on Christmas Day. A further £2,400 was spent on a Trust wide subscription to Five Dinners, an online service available to all staff offering guidance, information, menus and tips on healthy eating and nutrition thus promoting staff wellbeing.

£5,400 funded specialist support for the Communications team on co-production of literature and communications which ensured accessibility of such to the widest groups of people. The fund also enabled the team to hire and subsequently purchase public address equipment to assist in Board meetings totalling £4,800. The distribution of an AGM invite to all staff via email and where necessary post totalling £8,100 was also funded from this fund.

The remaining expenditure was given for smaller requests for the benefit of staff to enhance their experience.

Grant Making Policy

The Charity awards grants on an informal basis and in accordance with the objectives of the individual funds. The needs of the relevant hospital departments are considered, and grants are awarded in the circumstances where the NHS would not normally provide the equipment or service, and where there is a benefit to service users in the provision of the equipment or service. A Charitable Fund request form is completed in the first instance and is considered on its own merits with regard to service user needs and provision of sufficient public benefit. Fund holders are entrusted with making decisions on grant making and will decide the appropriateness of each application. The Charitable Funds Committee monitors income and grant making during the financial year.

Fund holders are able to authorise grants up to £1,000. Approval from Locality Directors is required for requests between £1,000 and £5,000. The Chief Finance Officer is required to approve requests between £5,000 and £25,000. Applications between £25,000 and £100,000 need to be approved by the Charitable Funds Committee with anything over £100,000 requiring Board approval.

The Charity also occasionally accepts grants from other charities for the benefit of service users and transmits the donation on their behalf ensuring that the request of the donor is honoured. No donations of this type were received in the year. (2023/24, Nil).

Financial Review

As shown in the following Statement of Financial Activities, the total value of funds held by the Charity decreased from £396,000 to £321,700.

A total of £31,800 was given to the Charity in the form of donations and legacies. (2023/24 - £107,500 was received for the Wedgwood Therapeutic Garden). The Charity has not made any further investments in 2024/25 due to the lack of return and the need for available cash to discharge grants.

Expenditure has decreased by £77,900 to £106,100. The independent examination fee for the year was £2,485.

The Charity encourages fund-raising by volunteers but does not depend on donations in kind to achieve its objectives.

Donations from the public via the online community have increased and we have been very grateful to receive over £7,700 in this way during 24/25 (2023/24, £7,300). Included in this total was £1,200 received for the Veterans fund and in particular the proposed Snowdon Climb. A further £2,500 was raised for the Dragonfly Unit by several staff members taking part in a skydive.

The Suffolk EIP service continued to raise funds for their 'Voyage of Discovery' and a total of £1,400 was raised before the event took place in April. The Wedgwood patients fund also received £1,700 for the Wedgwood Therapeutic Garden.

The Norwich Freeman's Charity gave a grant of £10,000 to the Young Carers Fund and in particular the 'Reach for the Skies' yearly event.

The Great Yarmouth fund received a donation of £1,600 from St Georges Theatre, the proceeds from a showing of a play written by an ex service user.

A total of £5,700 was received from the proceeds of sales from the OT Mount Shop and was placed in the Trust Wide fund to benefit the Northside service users.

Numerous smaller donations were received benefiting the Central Cluster Older Peoples Legacy, MBU, Trust Wide and Suffolk East General Mental Health funds.

The Trust is confident that there will be no further material financial impact on its activities as we enter a new financial year.

Reserves Policy

The Charity has been mindful of the need to reduce the level of reserves held and the Trustees will continue to review the balances held in the designated funds and encourage an appropriate level of expenditure. There are no target reserves as it is not the policy of the charitable fund to hold reserves. The fund holders are encouraged to spend monies on good causes rather than allowing funds to accumulate. The Charitable Funds Committee monitor any requests over £25,000, thereby anticipating the need to withdraw any investments that may be needed to fund approved grants.

Risk Management

Major risks to which the Charity is exposed have been identified and procedures have been put in place to mitigate those risks.

All funds are checked, and an assessment is undertaken before a payment is made to ensure that there is money available to meet expenditure. Procedures are in place to safeguard the receipting of donations and the banking of cash and cheques.

The Charitable Funds Committee monitors income and expenditure during the financial year. The Trustees have taken a cautious approach to investment by ensuring that assets are invested in low-risk ethical funds and kept as cash holdings. Cash holdings that are set aside for day-to-day transactions are kept to a minimum.

Investment Policy

It is the policy of the Charity to ensure:

- Effective and secure investment of charitable monies
- Maximisation of investment income, and
- Maintenance of appropriate working cash balances for day-to-day transactions

No investments were held within this current year due to poor interest return.

Going concern

The charity has no current liabilities and there are sufficient cash reserves. As a result, the trustees are confident that the charity is still considered to be a going concern.

Statement of Trustee responsibilities in respect of the Trustee Annual Report and the financial statements

Under Charity Law, the Trustees are responsible for preparing the Trustee Annual Report and the financial statements for each financial year, which show a true and fair view of the state of affairs of the Charity and its incoming resources and application of resources for that year.

In preparing these financial statements, generally accepted accounting practice entails that the Trustees:

- Select suitable accounting policies and then apply them consistently.
- Make judgements and estimates that are reasonable and prudent.
- State whether the recommendations of the Statement of Recommended Practice have been followed, subject to any material departures disclosed and explained in the financial statements.
- State whether the financial statements comply with the Trust deed and rules, subject to any material departures disclosed and explained in the financial statements.
- Prepare the financial statements on a going concern basis unless it is inappropriate to presume that the Charity will continue its activities.

The Trustees are required to act in accordance with the Trust deed and the rules of the Charity, within the framework of trust law. They are responsible for keeping proper accounting records, sufficient to disclose at any time, with reasonable accuracy, the financial position of the Charity at that time, and to enable the Trustees to ensure that, where any statements of accounts are prepared by them under section 132(1) of the Charities Act 2011,

those statements of accounts comply with the requirements of regulations under that provision. They have general responsibility for taking such steps as are reasonably open to them to safeguard the assets of the Charity and to prevent and detect fraud and other irregularities.

Thank You

On behalf of the staff and service users who have benefited from the donations and legacies given, the Corporate Trustee would like to thank all service users, relatives, staff, and the general public for their generosity.

Further information:

If you require further information about the work and operation of the Fund, please contact the Chief Finance Officer, Norfolk and Suffolk NHS Foundation Trust, County Hall, Martineau Lane, Norwich, Norfolk NR1 2DH.

By order of the Trustee

Signed:



Zoe Billingham

Chair

Date: 30 December 2025



Jason Hollidge

Chief Finance Officer and Trustee

Date: 30 December 2025

Independent examiner's report to the trustee of Norfolk and Suffolk NHS Foundation Trust Charitable Fund and Other Related Charities

I report to the trustee on my examination of the accounts of the Norfolk and Suffolk NHS Foundation Trust Charitable Fund and Other Related Charities (the Charity) for the year ended 31 March 2025.

Responsibilities and basis of report

As the trustee of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1) accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
- 2) the accounts do not accord with those records; or
- 3) the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Mrs H Rumsey FCA
Ensors
Connexions
159 Princes Street
Ipswich
IP1 1QJ

Date: 5th January 2026

Annual accounts

for the year ended 31 March 2025

Norfolk & Suffolk NHS Foundation Trust

Charitable Funds

Statement of Financial Activities

for the year ended 31 March 2025

		2024/25			2023/24
		Unrestricted Funds	Restricted Funds	Endowment Funds	Total Funds
	Notes	£'000	£'000	£'000	£'000
Income from					
Donations and legacies	2	32	-	-	205
Total income		32	-	-	205
Expenditure on					
Charitable Activities	3	(88)	(18)	-	(184)
Total expenditure		(88)	(18)	-	(184)
Net (expenditure) / income		(56)	(18)	-	21
Transfer of funds		-	-	-	-
Net movement in funds		(56)	(18)	-	21
Fund balances brought forward at 1 April 2024		344	52	-	375
Fund balances carried forward at 31 March 2025		288	34	-	396

All income and expenditure is derived from continuing activities.

All gains and losses recognised in the year are included in the Statement of Financial Activities.

The notes on pages 16 to 25 form part of these accounts.

Norfolk & Suffolk NHS Foundation Trust

Charitable Funds

Balance sheet

as at 31 March 2025

		Unrestricted Funds	Restricted Funds	Endowment Funds	Total 31-Mar-25	Total 31-Mar-24
	Notes	£'000	£'000	£'000	£'000	£'000
Current Assets						
Cash at bank and in hand		288	34	-	322	396
Current Assets		288	34	-	322	396
Total Assets		288	34	-	322	396
Liabilities						
Current Liabilities		-	-	-	-	-
Total Assets Less Current Liabilities		288	34	-	322	396
Funds of the Charity						
Unrestricted/Restricted:						
Income Funds	7	288	34	-	322	396
Total Funds		288	34	-	322	396

The notes on pages 16 to 25 form part of these accounts.

These financial statements were approved by the Corporate Trustee and signed on its behalf by



Jason Hollidge

Chief Finance Officer and Trustee

Date: 30 December 2025

Norfolk & Suffolk NHS Foundation Trust

Charitable Funds

Statement of cash flows

for the year ended 31 March 2025

	Note	Total	Total
		31-Mar	31-Mar
		2025	2024
		£'000	£'000
Cash Flows from operating activities:			
Net cash from activities	9	(74)	21
Cash flows from investing activities:			
Proceeds from sale of investments		-	-
Net cash provided by investing activities		-	-
Change in cash and cash equivalents in the reporting period			
Change in cash and cash equivalents at the beginning of the reporting period	8	396	375
Change in cash and cash equivalents in the reporting period		(74)	21
Change in cash and cash equivalents at the end of the reporting period	8	322	396

Notes forming part of the financial statements

1 Accounting Policies

1.1 Basis of preparation and assessment of going concern

The financial statements have been prepared in accordance with the accruals concept and have been prepared under the historical cost convention.

The financial statements are prepared in sterling, which is the functional currency of the Charity. Monetary amounts in these financial statements are rounded to the nearest thousand £.

The financial statements have been prepared in accordance with the Charity's governing document, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2019).

The financial statements are prepared on a going concern basis and the principal accounting policies have been applied consistently throughout the year. The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

The Charity constitutes a public benefit entity as defined by FRS 102.

The accounts have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice, which is referred to in the Regulations, but which has since been withdrawn.

1.2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources.

The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

1.3 Financial Instruments

The Charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the Charity's balance sheet when the Charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction

is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised. Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the Charity's contractual obligations expire or are discharged or cancelled.

1.4 Fund Accounting

The Charity maintains a general unrestricted fund which represents funds which are expendable at the discretion of the Trustees in furtherance of the objects of the Charity. Such funds may be held in order to finance both working capital and capital investment.

Restricted funds are provided to the Charity for particular purposes, and it is the policy of the Board of Trustees to carefully monitor the application of those funds in accordance with the restrictions placed upon them.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the Charity.

2 Income

2.1 Income is generated from voluntary donations, legacies, fundraising events and interest on cash at bank. The charity does not undertake charitable trading.

a) All income is included in full in the Statement of Financial Activities as soon as the following three factors can be met:

- i) Entitlement - control over the right or other access to the economic benefit has passed to the charity
- ii) Probable - where it is more likely than not that the economic benefits associated with the transaction or gift will flow to the charity
- iii) Measurement - the monetary value or amount of the income can be measured reliably, and the costs incurred for the transaction and the costs to complete the transaction can be measured reliably

b) Legacies

Legacies are accounted for as incoming resources either upon receipt or where the receipt of the legacy is probable.

This will be once confirmation has been received from the representatives of the estate that probate has been granted, the executors have established that there are sufficient assets in the estate to pay the legacy and all conditions attached to the legacy have been fulfilled or are within the charity's control.

If there is uncertainty as to the amount of the legacy and it cannot be reliably estimated then the legacy is shown as a contingent asset until all of the conditions for income recognition are met.

c) Investment income

The Trust implements a charitable funds investment policy to ensure:

- i) Effective and secure investment of charitable monies
- ii) Maximisation of investment income
- iii) Maintenance of appropriate cash balances for day-to-day transactions

There was no investment income received during this current year.

3 Expenditure

The corporate trustee recognises liabilities in the accounts once they have incurred either a legal or constructive obligation to expend funds.

Expenditure for patient welfare, staff welfare and other contributions to the NHS are included in Charitable Activities. Expenditure is incurred directly by the charity in support of the NHS and is allocated to the appropriate fund.

Expenditure was incurred as follows:

	Total	Total
	31 March	31 March
	2025	2024
Unrestricted	£'000	£'000
Other patients' welfare and amenities	64	160
Other staff welfare and amenities	25	4
	88	164
Restricted	£'000	£'000
Other patients' welfare and amenities	3	14
Other staff welfare and amenities	15	6
	18	20

The 30 funds held by the Charity fall under the management of Norfolk and Suffolk NHS Foundation Trust. Charges for the annual Independent Examination and administration fees are therefore met by Norfolk and Suffolk NHS Foundation Trust. The independent examination fee for the year was £2,485 (2023-24, £2,300).

4 Related party transactions

During the year none of the members of the key management staff or parties related to them have undertaken any material transactions or received any remuneration or expenses from the charitable fund (2023-24, Nil).

The charitable trust has made no revenue or capital payments to Norfolk and Suffolk NHS Foundation Trust. There were no outstanding balances at year end.

At any one-time Norfolk and Suffolk NHS Foundation Trust holds balances for debtors and creditors relating to the transactions it processes on behalf of the Charity, which are normally settled within the following month.

5 Grants made to institutions

Grants are made in furtherance of the charitable objectives of the fund in accordance with the governing document which established the charity for purposes relating to the NHS.

During the year no grants were paid (2023-24, Nil).

6 Grants paid to individuals

During the year the charity made no small grants relating to patients' welfare (2023-24, Nil).

7 Summary and structure of funds

The report of the corporate trustee describes the structure of the funds. A summary of the funds as of 31 March 2025 is given below. The charity adheres to a policy that no transfers are made between funds unless in exceptional circumstances, for example where a fund is being wound up and the remaining balance is transferred to a comparable fund.

If no restriction is conveyed by the donor, funds are placed in the designated area that the donation is gifted.

No endowment funds were held during the current year.

	Total	Total
	31 March	31 March
	2025	2024
Unrestricted :	£'000	£'000
Norfolk and Suffolk NHS FT	288	344
	288	344
Restricted :	£'000	£'000
Captain Sir Tom	28	46
The Lanes	6	6
	34	52

7 Summary and Structure of Funds - 2024-25

Material Funds

Unrestricted Funds

Norfolk and Suffolk NHS FT - Unrestricted Funds:		Balance 1 April 2024	Income	Expenditure	Transfers	Gains and Losses	Balance 31 March 2025
Material Funds	Nature and Purpose of Fund	£'000	£'000	£'000	£'000	£'000	£'000
The Late J O Lyas	General Purpose fund designated for the benefit of the Insight Magazine	75	-	(19)	-	-	56
Foxhall House LSU	General Purpose fund designated for the benefit of service users at the LSU (Low Secure Unit)	1	-	-	-	-	1
Wedgwood Patients	General purpose fund designated for Wedgwood patients	10	2	(9)	-	-	3
Central Cluster Older	General purpose fund designated for older people	14	-	(6)	-	-	8
Chatterton House	General Purpose fund designated for Chatterton House	48	1	(5)	-	-	44
Gt Yarmouth	General Purpose fund designated for Great Yarmouth Services	6	2	(1)	-	-	7
Trust Wide	General purpose fund designated for Trust Wide services	68	9	(10)	-	-	67
West Norfolk	General purpose fund designated for services in West Norfolk	5	-	(1)	-	-	4
Suffolk East General Mental Health	General purpose fund designated for the benefit of service users in the Suffolk East Location	44	2	(5)	-	-	41
Young Carers	General Purpose fund designated to benefit Young Carers in the community	10	10	(9)	-	-	11
Others (18 funds)		64	6	(23)	-	-	46
Total		344	32	(88)	-	-	288

7 Summary and Structure of Funds (continued) – 2024-25

Material Funds

Restricted Funds

Norfolk and Suffolk NHS FT - Restricted Funds:		Balance 1 April 2024	Income	Expenditure	Transfers	Gains and Losses	Balance 31 March 2025
Material Funds	Nature and Purpose of Fund	£'000	£'000	£'000	£'000	£'000	£'000
Captain Sir Tom	Fund designated to benefit NHS staff, volunteers and service users	46	-	(18)	-	-	28
The Lanes	Fund designated to benefit the Dialectical Behaviour Therapy programme	6	-	-	-	-	6
Total		52	-	(18)	-	-	34

7 Summary and Structure of Funds (continued) – 2023-24

Material Funds

Unrestricted Funds

Norfolk and Suffolk NHS FT - Unrestricted Funds:		Balance 1 April 2023	Income	Expenditure	Transfers	Gains and Losses	Balance 31 March 2024
Material Funds	Nature and Purpose of Fund	£'000	£'000	£'000	£'000	£'000	£'000
The Late J O Lys	General Purpose fund designated for the benefit of the Insight Magazine	76	-	(2)	-	-	75
Foxhall House LSU	General Purpose fund designated for the benefit of service users at the LSU (Low Secure Unit)	1	-	-	-	-	1
Wedgwood Patients	General purpose fund designated for Wedgwood patients	27	108	(125)	-	-	10
Central Cluster Older	General purpose fund designated for older people	22	1	(9)	-	-	14
Chatterton House	General Purpose fund designated for Chatterton House	48	-	-	-	-	48
Gt Yarmouth	General Purpose fund designated for Great Yarmouth Services	7	-	(1)	-	-	6
Trust Wide	General purpose fund designated for Trust Wide services	11	63	(6)	-	-	68
West Norfolk	General purpose fund designated for services in West Norfolk	5	-	-	-	-	5
Suffolk East General Mental Health	General purpose fund designated for the benefit of service users in the Suffolk East Location	50	4	(10)	-	-	44
Young Carers	General Purpose fund designated to benefit Young Carers in the community	5	11	(6)	-	-	10
Others (18 funds)		57	12	(5)	-	-	64
Total		309	199	(164)	-	-	344

7 Summary and Structure of Funds (continued) – 2023-24

Material Funds

Restricted

Norfolk and Suffolk NHS FT - Restricted Funds:		Balance 1 April 2023	Income	Expenditure	Transfers	Gains and Losses	Balance 31 March 2024
Material Funds	Nature and Purpose of Fund	£'000	£'000	£'000	£'000	£'000	£'000
Captain Sir Tom	Fund designated to benefit NHS staff, volunteers and service users	66	-	(20)	-	-	46
The Lanes	Fund designated to benefit the Dialectical Behaviour Therapy programme	-	6	-	-	-	6
Total		66	6	(20)	-	-	52

Summary

	Total 31 March 2025 £'000	Total 31 March 2024 £'000
Endowment funds	-	-
Restricted Funds	34	52
Unrestricted Funds	288	344
Total Funds	322	396

Funds have arisen from a variety of sources principally legacies and donations

8 Analysis of Net Assets between funds

	Unrestricted Funds	Restricted Funds	Endowment Funds	Total 31 March 2025	Total 31 March 2024
	£'000	£'000	£'000	£'000	£'000
Current assets -					
Cash at bank and in hand	288	34	-	322	396
	288	34	-	322	396

	Unrestricted Funds	Restricted Funds	Endowment Funds	Total 31 March 2024	Total 31 March 2023
	£'000	£'000	£'000	£'000	£'000
Current assets -					
Cash at bank and in hand	344	52	-	396	375
	344	52	-	396	375

Analysis of Cash and cash equivalents

	Total 31 March 2025	Total 31 March 2024
	£'000	£'000
Cash in hand	322	396
Total cash and cash equivalents	322	396

Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts.

9 Net cash flow from operating activities

Reconciliation of net income / (expenditure) to net cash flow from operating activities

	Current Year £'000	Prior Year £'000
Net (expenditure) / income for the reporting period (as per the statement of financial activities)	(74)	21
Adjustments for:		
Decrease in debtors	-	-
(Decrease) in creditors	-	-
Net cash (used in) / from operating activities	(74)	21

10 Prior year comparative statement of financial activities

					2023/24
		Unrestricted Funds	Restricted Funds	Endowment Funds	Total Funds
	Notes	£'000	£'000	£'000	£'000
Income from					
Donations and legacies	2	199	6	-	205
Total income		199	6	-	205
Expenditure on					
Charitable Activities	3	(164)	(20)	-	(184)
Total expenditure		(164)	(20)	-	(184)
Net (expenditure) / income		35	(14)	-	21
Transfer of funds		-	-	-	-
Net movement in funds		35	(14)	-	21
Fund balances brought forward at 1 April 2023		309	66	-	375
Fund balances carried forward at 31 March 2024		344	52	-	396

Patient Advice and Liaison Service (PALS)

NSFT PALS provides confidential advice, information and support, helping you to answer any questions you have about our services or about any health matters.



If you would like this leaflet in large print, audio, Braille, alternative format or a

different language, please contact PALS and we will do our best to help.

Email: PALS@nsft.nhs.uk

or call PALS Freephone 0800 279 7257

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