



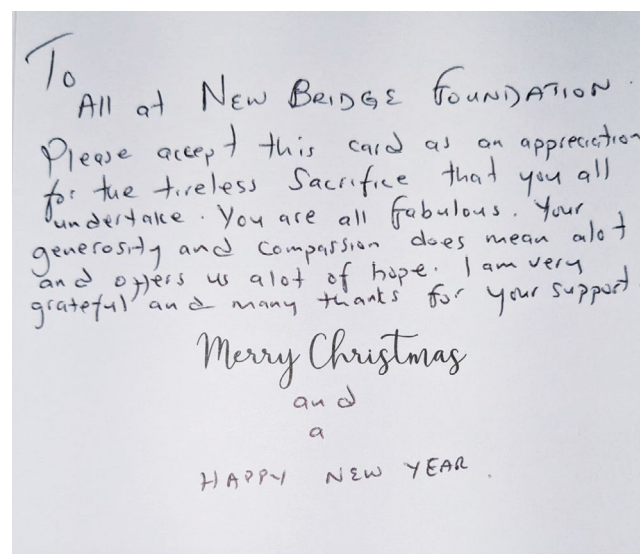
# Annual Report 2024

“*You really can’t overstate the joy a letter brings – knowing that person has taken the time to write you a thoughtful message in their own time is truly special.*”

# Foreword

“A befriender shows that there are people outside that can see past your crimes and still get to know the person. To build a friendship on the outside while in prison makes it even more possible when I leave prison.”

“I can't thank them enough for everything they've done and continue to do, supported me immeasurably and gave my life purpose and ambition, when others have not. This environment can bring you down and be destructive for your purpose.”



## 2024 was a very mixed year for New Bridge.

We continued to be inundated with demand for our service from isolated people in prison, and were pleased to see a steady stream of applications from prospective volunteers throughout the year, allowing us to provide compassionate, non-judgemental befrienders to people who needed them. We also saw increased rates of impact through the results of our service evaluation.

However, the hugely challenging financial environment in which we were operating impacted our ability to meet fundraising targets and ate into our reserves, leaving us unable to grow as much as we had planned. The impact of a contracting fundraising landscape, with the over-subscribed grant-making trusts sector combined with the cost of living crisis vastly reducing levels of individual giving, meant that we had to make difficult decisions in order to maintain the future of the charity. We made the hard choice in the autumn to stop growing – this meant not accepting any new applications from people in prison or prospective volunteers, but allowed us to continue delivering our service to existing beneficiaries. Our staff and Trustees all showed a huge level of commitment through these challenging times, with a commendable determination and focus to continue ensuring beneficiaries received a high quality befriending service, whilst maintaining safeguarding and guidance for volunteers at all times.

Although we did not grow in size during 2024, our focus on quality delivery meant that we were able to increase the intensity of our intervention across all key metrics. **Over the course of the year, a total of 790 people in prison were befriended, across 95 prisons** (meaning at least one person is supported by New Bridge in 78% of prisons in England and Wales).

Anyway - thank,s for your support, it's gives me strength especially when you are stuck in a prison environment,  
"Happy New year to all staff. I will of "Course" let every<sup>one</sup> know who you are and Want good Support you give to Prisoners."

Thank You For Your Recent Letter. [REDACTED] HAS INDEED WRITTEN, QUITE A FEW TIMES AND I HAVE EAGERLY RESPONDED. SO IT'S GOING WELL.  
... JUST WHEN YOU THINK ALL HOPE IS LOST, YOU FIND SOMEONE AT THE END OF A PEN... A LIFELINE.  
Thank You For All That You Do And For Finding Me A BEFRIENDER.



“It's such a brilliant service for those who don't have family/friends/ support elsewhere in the community/world. It's a semblance of hope in the darkest of places.”

**Our volunteers sent regular letters to their befriendees, with 5,557 sent: a 33% increase from 2023.** Similarly, **volunteers sent 2,282 emails, an increase of 45%.** We were pleased to see people in prison also increase their engagement with volunteers in response, with a **15% increase in letters sent, and a 41% increase in emails.**

Prison visits are a vital part of being befriended by New Bridge, and we know how much they are valued by befriendees and volunteers alike. We were delighted to see a **26% increase in prison visits** undertaken during the year. We continue to be humbled by the commitment of our wonderful volunteer community, who give their time freely to make such a difference to isolated people. However in 2024 we were particularly grateful for the way these volunteers remained focused on their befriending (and increased the engagement with their befriendees) despite the difficulties which the charity experienced in the later part of the year.

We enjoyed bringing our volunteer community together for our annual conference, hearing from some inspiring speakers across the criminal justice system and getting the opportunity to connect with each other.

Despite having to make the difficult decision to curtail growth part-way through the year, we were still inundated with demand from people in prison, with **323 applications received**, up from 300 in 2023, demonstrating the increasing level of need for our service across the prison estate. We also **trained 100 new volunteers** in the first half of the year, allowing us to make **313 new befriending matches.**

**Helen Boothman** Chair  
**Lucy Ball** CEO

# Who We Are

“They make me feel I am worth something and not just a prison number.”

The New Bridge Foundation is a charity which was founded in 1956 with the intention of using volunteers to support people in prison to resettlement back into the community after release, by prominent prison reformer Lord Longford. Over the years we have run a variety of additional projects to support people to this end, including Through The Gate programmes and family support programmes. However our core offering since our inception has been a befriending service delivered by volunteers, which we continue to run today. For nearly 70 years, our volunteers have offered a bridge to the outside world to people serving prison sentences across England and Wales by offering non-judgemental social contact to some of the most isolated and vulnerable in our society.

We are proud to have Michael Spurr, CB (former CEO, HMPPS) as our President, and Professor David Wilson (criminologist, author and former prison governor) and Reverend Jonathan Aitken as our Vice Presidents, as well as a royal patron in HRH Princess Alexandra.



Volunteering fair at King's College London

## Our vision:

Every person in prison feels a meaningful connection to the outside world.

## Our mission:

We match people in prisons with trained volunteers who offer long-term support through a combination of correspondence and visits. This provides people in prison with a bridge to the outside world, along with an increased sense of value and potential for their future.

## Our values:



### Non-judgemental

We believe every person has value.



### Inclusive

We accept applications from any person in prison, and any volunteer who shares our values.



### Independent

We are wholly separate from and not influenced by the criminal justice system.



### Prisoner-led

Our volunteers shape their support, correspondence and visits around the needs of the person they support.



### Constant

We provide a reliable connection between those inside and outside prison.

“I feel much more in control of my life and how I want progress, living an offence free future. With the support gained from the service you provide I am more focused on how I need to live out my future.”

## What we do

Every person we support is matched with a trained volunteer, with whom they communicate through letters or emails. Once they have been writing for at least 6 months, the volunteer can start visiting the person in prison, making 3-4 visits per year.

Every volunteer is part of a Volunteer Support Group, which is Chaired by an experienced volunteer. Each group meets once per month and every group member attends to discuss their correspondence and visits and have the opportunity to raise any concerns about the relationship or the prisoner's welfare in a friendly and supportive atmosphere. Support groups are spread across the country, and volunteers can choose to join one locally that meets in person, or one that meets via zoom with volunteers from across the country.



## Volunteer Profile

Frances, 21



How long have you been volunteering with New Bridge? 1 1/2 years

How many people are you currently befriending? 1

What's your favourite thing about volunteering with New Bridge/what's your best memory of volunteering with us? My best memory by far of volunteering with New Bridge has to be when I went on my first visit; I was sat in the visits hall waiting and the gentleman I write to came over and was in absolute disbelief that I was there. He said to me "Frankie, you're actually here!" and seemed genuinely over the moon. I will never forget how happy he was.

Why do you think other people should consider volunteering? I think there are so many benefits to volunteering and it also makes you feel so good for being able to support vulnerable people. Seeing the difference one letter a month can make to someone in prison is incredible, you feel like you have done such a good thing when you see how positive and optimistic the person you befriend becomes!


Anything else you might want to share? New Bridge has helped me on such a personal level, from helping me to stay dedicated and raise my confidence to helping me discover a job role I want to pursue in the future. I am so glad I began my volunteering position with New Bridge as it has really helped to shape me into the person I am today!



# 2024 in Numbers

  
**13,900**  
hours were spent  
volunteering  
(up from 12,958 in 2023)

  
We received  
**323**  
applications from  
people in prison  
(up from 300 in 2023)

  
We received  
**123**  
applications  
from volunteers

  
We trained  
**100**  
new volunteers

  
We befriended  
a total of  
**790**  
people over the  
course of the year

  
**313**  
people in prison were  
matched with a volunteer  
(up from 309 in 2023)

  
Volunteers made  
**333**  
prison visits  
(up from 267 in 2023)

  
**368**  
phone calls  
were made

We ended the year with  
**566** people  
befriended across  
**86** prison  
sites



  
**13,354**  
letters and emails  
were exchanged between people  
in prison and their volunteer  
(up from 10,472 in 2023)

## Service Users

*“It makes you feel more dignified and more hopeful. More like a normal person and that I can do anything like work and live a normal life.”*

Our service is person-centred rather than place-based, so we accept applications from any person in any prison in England and Wales. This also means that volunteers will continue to support the person wherever they may get transferred across the prison estate. We know this sense of continuity and belonging is important to the people we support, who can often lose access to good support (through prison staff or other charities) when they move prisons.

During 2024 we received new **applications from 323 people in prison**, and over the course of the year we made **313 new service user/volunteer matches**.

*“I feel more hopeful. It is so important to keep hope alive and my contact with New Bridge has helped with this.”*

We know that our service users value having a befriender, and the connection that our volunteers provide. They are also happy to recommend us to others: **around 34% of the people we support heard about us through another service user**: “I would just like to say that I think the service that you offer is amazing and I try to promote your services wherever I go”.

*“Family and friends have either died or cut contact with me since coming to prison. New Bridge and my befriender have significantly reduced the feeling of isolation and have given me purpose.”*

Once a person has applied to join our service, we are committed to supporting them for the long-term. Whilst they are on the waiting list for a volunteer we will send them regular letters, along with birthday and Christmas cards. If a service user's befriender decides at any point that they are no longer able to volunteer, then we will match them up with a new befriender as soon as possible.

*“I can't thank them enough for everything they've done and continue to do, supported me immeasurably and gave my life purpose and ambition, when others have not. This environment can bring you down and be destructive for your purpose.”*

# Service User Profile



T

How long is your sentence? Life

How long have you been supported by New Bridge? Since the dark days of the early 1980s

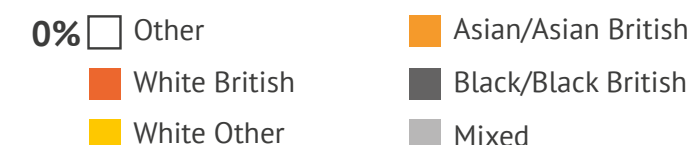
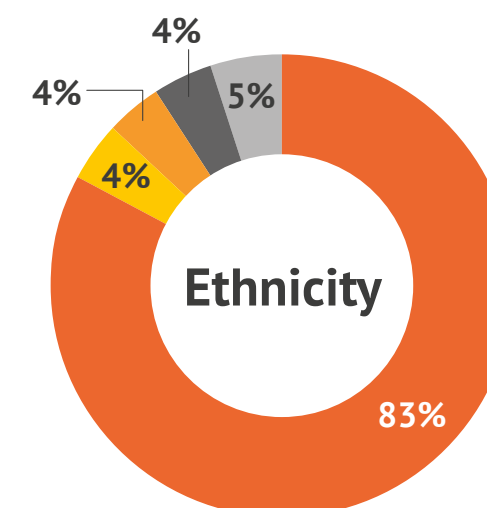
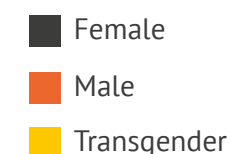
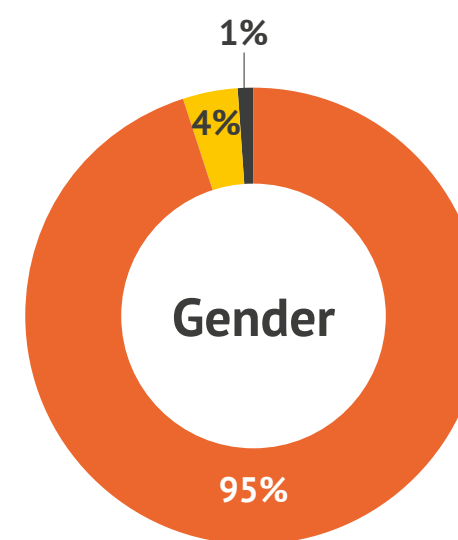
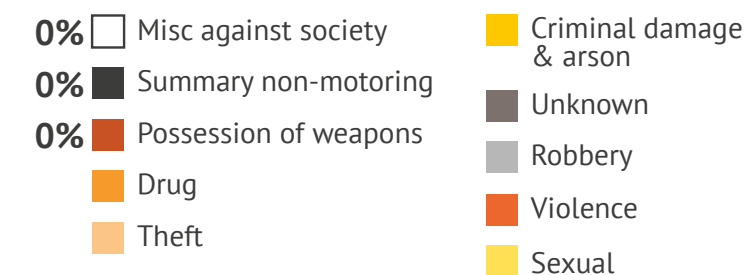
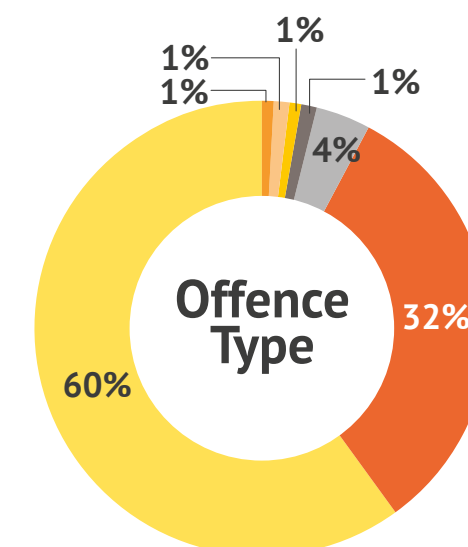
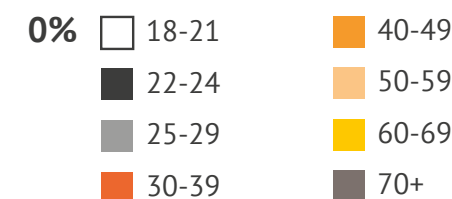
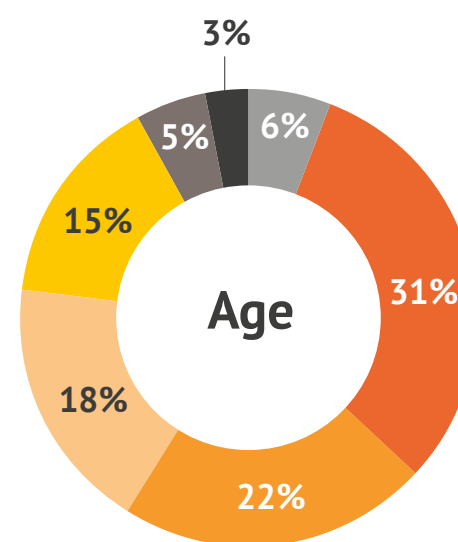
What has been your favourite thing about our service? The dedication and loyalty shown to me via the New Bridge befriending service has been outstanding and life changing for me. My first visitor showed and taught me the meaning of loyalty by supporting me for 30 years before she retired. The second visitor supported me for 7 years, and my current visitor has now visited me consistently for the last 8 years.

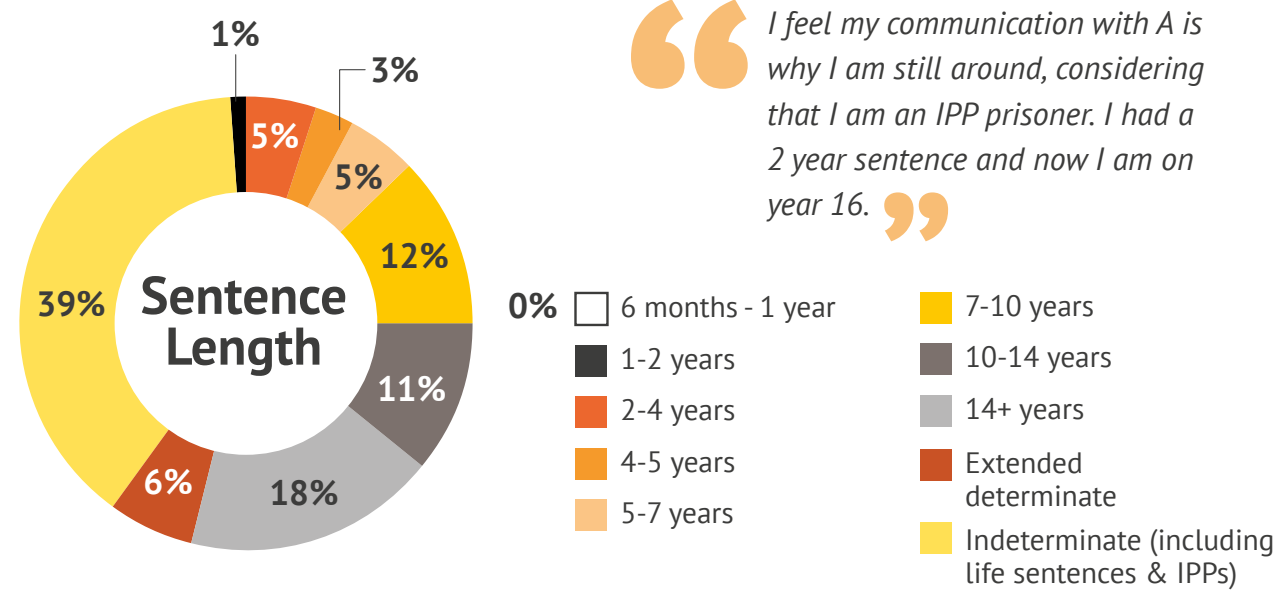
How has our service helped you get through your sentence? Without New Bridge my life sentence would have been a lot more heavier and painful with very little to look forward to, so helping me to stay sane and outward thinking. So to all the New Bridge team I'm extremely thankful to each and every one of you.

Chris, a former service user, was interviewed at the BBC by National Prison Radio for the programme Outside In. He was asked about his experience of being befriended and how it helped him to get through his sentence. He said: **"There was always that element of care, of warmth, of mattering to someone. For such a large period of my life I didn't matter to anyone really. Mattering to someone made such a huge difference"** and **"I had a very low view of myself so I assumed everyone saw me in the same way. That was one of the best things that came out of the relationship – I thought I was worthless and he put worth into me"**.



Chris in the BBC studio





“ I feel my communication with A is why I am still around, considering that I am an IPP prisoner. I had a 2 year sentence and now I am on year 16. ”

Almost 40% of the people we befriend are serving an indeterminate sentence and around 70 are Imprisoned for Public Protection (IPPs) a sentence recognised as unjust and abolished in 2012.

People serving an IPP often struggle with the experience of both serving their sentence as well as resettling on release (with many being recalled to prison numerous times), partly as a result of the uncertainty of the length of time they will spend in prison, with **97% of people currently imprisoned having served longer than their initial tariff**. We took a small snapshot of a portion our IPP service user community, and noted that:

So far these **29 IPP prisoners** have served around **354 years** in custody, or on license before recall for offences with a total tariff of **107 years**

## Volunteer Profile

**Ann**

**How long have you been volunteering with New Bridge?** 24 years

**How many people are you currently befriending?** 2

**What's your favourite thing about volunteering with New Bridge?** I love the moment when I realise that I've 'clicked' with the befriender and I know at that

point that it'll be not only worthwhile giving my time and energy to this person, but also fulfilling.

**Why do you think other people should consider volunteering?** Because there's no doubt in my mind that befriending helps reduce re-offending. We need more of us!



## Study exploring experiences of in-prison Befriending programmes with individuals post-release

Conducted by New Bridge volunteer Ciara as part of her MSc in Forensic Psychology & Mental Health.

This study explored the experiences of people with a befriender whilst in prison, looking at how they perceived the impact of these relationships after release. Six participants (five men and one woman) were interviewed—four had a befriender volunteer from The New Bridge Foundation and two from another charity. Interviews delved into motivations for seeking a befriender, the impact of the relationship on their time in prison, their release, and their sense of self. Using Interpretative Phenomenological Analysis, four main themes were found:

### 1. Validation through recognition and acceptance

Participants felt acknowledged and valued by their bendifenders, something often missing in prison. This theme included three subthemes:

- **“Somebody out there knows about me”:** Being recognised by someone outside prison boosted self-worth and reduced feelings of isolation, through affirming their existence and value
- **Value in acceptance without obligation:** The voluntary, non-judgemental nature of the relationship helped build trust and a sense of dignity.
- **The power of genuine interest and effort:** Thoughtful gestures like letters and cards helped participants feel cared for and valued – their identity was more than just a ‘prisoner’.

### 2. Facilitation of normality and belonging:

Befriending relationships helped participants regain a sense of normality and social identity:

- **Cultivation of social inclusion and identity:** Participants valued the experience of feeling socially connected, either by receiving visits like other prisoners or by maintaining contact with someone outside prison.
- **Respite from prison reality:** Engaging in ordinary conversations and looking forward to visits or letters gave participants a sense of everyday normality, breaking up the monotony and emotional strain of incarceration.

### 3. Empowering support and emotional safety:

Participants described their bendifenders as a reliable, emotionally safe presence who encouraged them to express their feelings and build self-confidence. This support was crucial for personal growth and motivation in prison and post-release.

### 4. Conflicting experiences of support:

While mostly positive, some aspects of befriending presented challenges, outlined through two sub-themes:

- **Putting a face to a name:** Participants who had not met their bendifenders in person found it harder to build deeper trust and connection.
- **Tensions caused by prison/community disparities:** Some felt moments of jealousy or emotional distance when faced with the contrast between their life in prison and their bendifender's freedom.

### Conclusion

The study highlighted the powerful and often transformative role of befriending relationships for people in prison. These relationships offer more than just company, they provide meaningful emotional support, restore dignity, and help individuals rebuild a sense of identity and hope for the future. The New Bridge Foundation and its volunteers play a crucial role in creating these opportunities for change.



# Service Evaluation

“When I first came into prison I didn’t have much hope in my life. After having my befriender it gave me so much hope for my future. She has always listened and has always been caring. If I hadn’t joined this service I don’t think I would be where I am now.”

As part of our strategic goal to better understand and deepen our impact, we entered into a partnership with the School of Criminal Justice at Arden University, who have helped us to design and run our annual service evaluation for the last two years.

**We were delighted to see the following results in our most recent evaluation:**

**Q.** Have you noticed any changes in the way you feel about **getting through your sentence** as a result of getting a New Bridge befriender?

**87%** felt better or much better (matching 2023)

**Q.** Have you noticed any changes in the way you feel about **the future** as a result of getting a New Bridge befriender?

**77%** felt better or much better (down from 79% in 2023)

**Q.** Have you noticed any changes in **how connected you feel to the outside world** as a result of getting a New Bridge befriender?

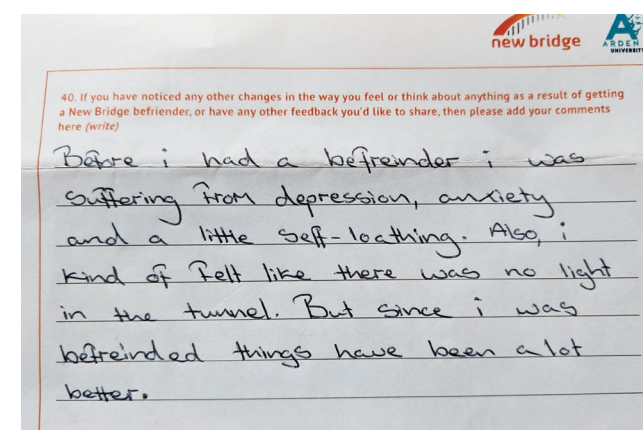
**83%** felt better or much better (up from 79% in 2023)

**Q.** Have you noticed any changes in the way you feel about **yourself** as a result of getting a New Bridge befriender?

**83%** felt better or much better (up from 79% in 2023)

We know that the development of pro-social attitudes and the improvement of self-image are continually linked with successful rehabilitation and reduction in reoffending, so we are pleased to know that our service is having this impact. Many respondents reflected on how their volunteer had helped them to change, by considering their future and the kind of life they would like to live. They credit them with helping them to see beyond their convictions to the opportunities for change that are available to them.

Many of the respondents reported having limited contact with family or friends: “it is essential to my wellbeing, as I do not have any living family, that is my only contact with outside world, thank you for that”. However, even those with some family contact articulated the difference their volunteer made in enabling them to authentically express their feelings and emotions: “Yes, I have family visits but the visits from my befriender are good because even though she knows about my offences there is no judgement from her or hard questions to answer like with my family”.



We were also interested to hear the range of topics that respondents reported discussing in their conversations with befrienders:

Topic	Frequency
Prison Life	119
My Future	106
TV	99
Music	95
Sport	64
Politics	43
Life in General	20
Animals/Wildlife	11
Travel	10
Gardening	10
Volunteers Life	10
Films	9
Family	8
Books/Reading	8
Food/Cookery	8
Hobbies	6
Holidays	5
Video Games/Gaming	5
Arts and Crafts	5
Jobs/Employment	5
Education (College and Uni)	5
Help when I'm in need of support	5
Hopes and aspirations for future	5

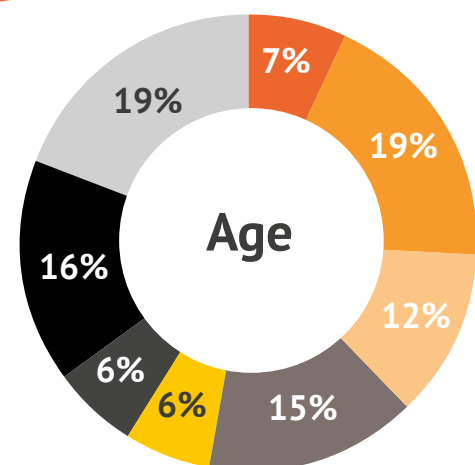
Topic	Frequency
My transition and issues with gender	5
Gym/Keeping Fit	5
Religion/Faith	5
Encouragement to be legit and healthy	4
Poetry	3
Nature/Climate	3
Sci-Fi (Fantasy/Dragons)	3
Gender Equality	3
Family history/heritage	3
Place (London)	2
Job	2
History	2
Cars	2
Paranormal/Ufology	2
Spirituality	2
Freedom	2
Knitting and sewing	2
Military	2
French Language	1
Dance	1
Weather	1
Cost of Living	1

You can read the full report on our website:

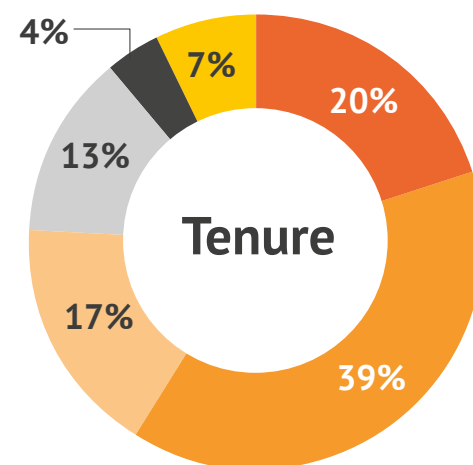
[www.newbridgefoundation.org.uk/service-evaluation-reports](http://www.newbridgefoundation.org.uk/service-evaluation-reports)

# Volunteers

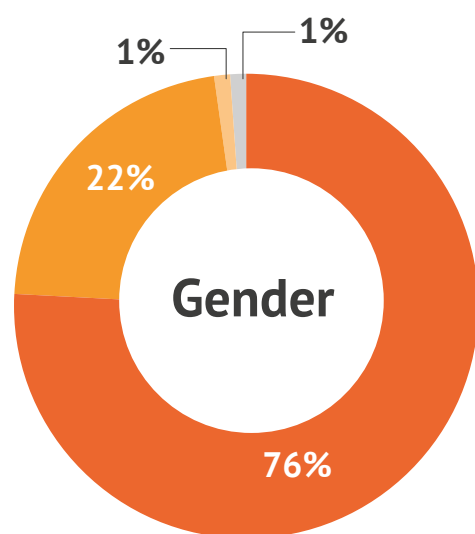
“When I visited my prisoner, he was escorted to the table where I was sat and was just so shocked that I had actually turned up to see him. He was stood for about 2 minutes just in silence, and then the biggest smile took over his face, saying “you actually came!?” I was the first person who had visited him in over 10 years, and I could really see how much of a positive impact this had on him.”



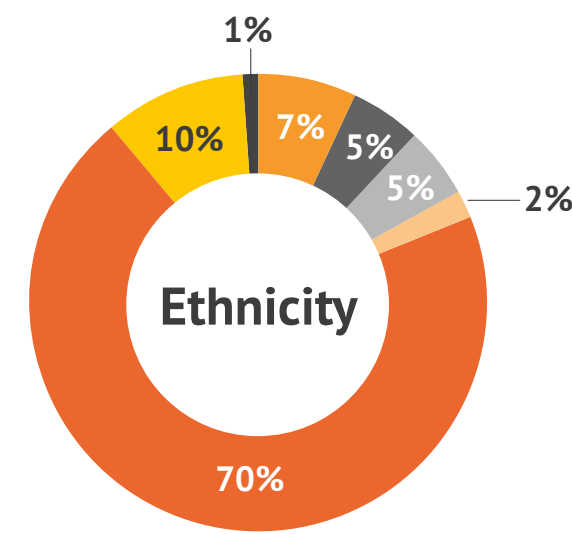
18-21 30-39 60-69  
22-24 40-49 70+  
25-29 50-59



Less than 1 year 6-9 years  
1-2 years 10-15 years  
3-5 years 16+ years



Female Prefer not to say  
Male 0% Transgender  
Other (Please specify)



Other Asian/Asian British  
White British Black/Black British  
White Other Mixed  
Prefer not to say

Our volunteers come from all walks of life, but have one thing in common: a belief in our mission.

Our volunteers are on the frontline of our work, delivering constant, reliable support to our service users. They give their time and compassion through the highs and lows experienced by the people they support.

In turn, we ensure that our volunteers are supported: each person is a member of a volunteer support group which meets once per month and provides the opportunity to discuss their correspondence and visits and raise any concerns about the relationship or the person in prison's welfare in a friendly and encouraging environment. Support groups are spread across the country, with a mixture of virtual and in-person settings.

“I just always feel inspired after support group meetings hearing about the amazing work that other people are doing.”

“I enjoy Learning about prisoners' lives and supporting them on a positive journey, and working with brilliant, like-minded volunteers.”

Our volunteering offer is very flexible, with letters and visits being organised around each volunteer's own schedule. This flexibility has helped people to continue in their role for long periods of time, fitting it in around their work, studies and personal lives. We gave out long service awards in 2024 to 3 volunteers celebrating 10 years with us, and 1 who had reached 20 years! This long service is testament not only to the flexibility of the role, but to the enjoyment that volunteers draw from building long-standing social connections with the people they support.



Support group locations

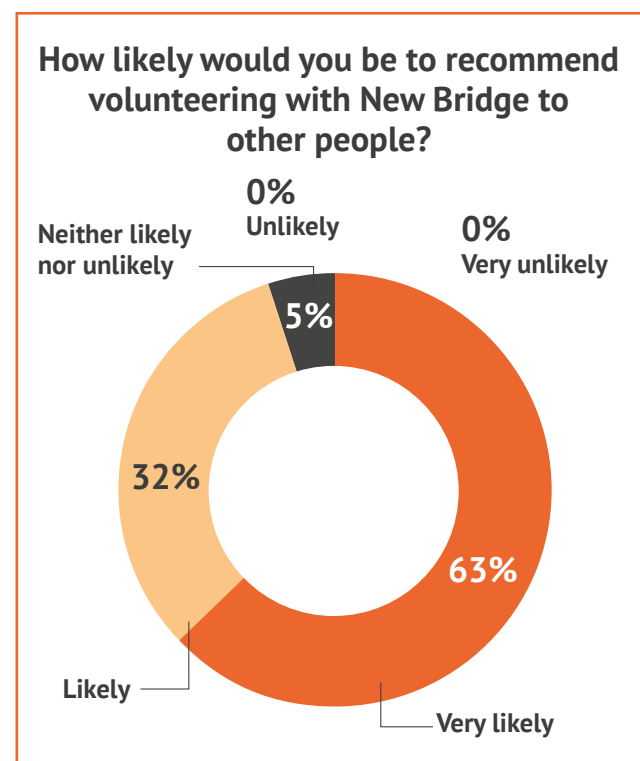
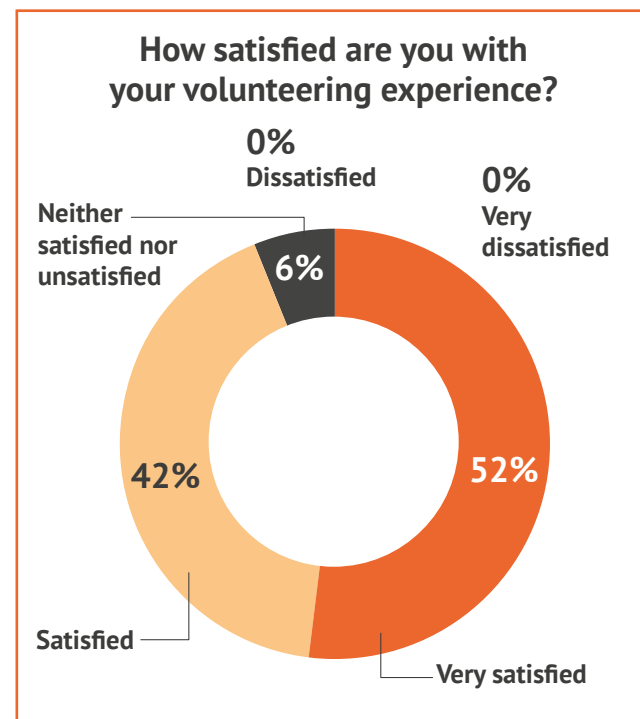
“My favourite thing is knowing how much of a positive impact I am able to have and being able to support a population that many other people ignore or think negatively about and being able to challenge those stigmas and building positive relationships. I have gained more confidence through volunteering.”

We surveyed our volunteers at the end of the year to gather their feedback on their experience with New Bridge.

We were delighted that in our most recent survey **94% of respondents were satisfied or very satisfied with their experience**, and **95% would recommend volunteering with us** to other people.

We recruit and train volunteers all year round. If you are interested in volunteering with us (or know someone who might be) then you can find more information and our online application form: [newbridgefoundation.org.uk/volunteer](https://newbridgefoundation.org.uk/volunteer)





“I’ve had messages from my befriendees letting me know how much getting my letters means to them, especially when they’re navigating difficult situations or lonely periods.”

## Volunteer Profile

**Kim, 20**



**How long have you been volunteering with New Bridge?** 2 years

**How many people are you currently befriending?** 2

**What’s your favourite thing about volunteering with New Bridge/what’s your best memory of volunteering with us?** The annual conferences, where we get to hear from a range of guest speakers who provide great insight into the issues facing the modern criminal justice system and how we as volunteers can help.

**Why do you think other people should consider volunteering?** I would highly recommend volunteering with New Bridge because it’s an incredibly rewarding experience to be able to support people through their sentences, learn about the challenges they face and gain a deeper understanding of the prison system. You can make a genuine difference to one of the most vulnerable populations in the country, whilst being supported every step of the way.

**Anything else?** I am very grateful to be a part of this wonderful charity, which is held up by such passionate people. My volunteering experience will undoubtedly be beneficial in my journey to becoming a forensic psychologist within prison.

# Volunteer Conference

Every year we organise a conference, bringing together our community of volunteers from across the country to hear from a range of inspiring speakers on topics across the criminal justice system.

In 2024 we were very kindly hosted by King’s College London for our conference.



Sarah from Koestler Arts talked about the work that Koestler do, judging and providing feedback on the pieces of art and literature submitted for consideration by people in prison each year. She shared some examples of some moving pieces submitted over the years.



Martin from HMIP joined us for his talk about the current conditions of prisons across the country, and the work of HMIP in conducting inspections and making recommendations for improvements.

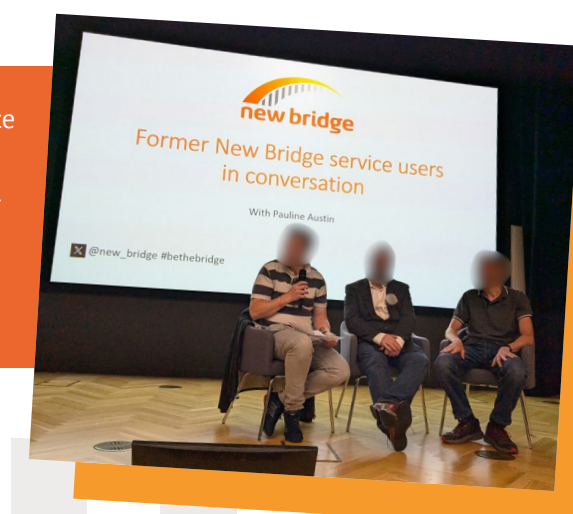


Sophie from Birmingham City University talked about her work analysing the impact of New Bridge befriending on people in prison.



Janet from Liberty Kitchen shared the story of the creation of the pioneering street food charity, and how it has helped people in prison to learn and develop new skills.

A highlight at every conference is hearing from our former service users. 2024’s conference saw a panel of former service users talking about their experiences of prison and being befriended – with the panel chaired by Jamie, who has been a keen supporter of our work since his release, and who often helps deliver our volunteer training sessions.



## Volunteer Awards

We gave out some special awards at the conference, marking the huge contribution that our volunteers make:

### Andrew

Most hours spent volunteering in a year

402

Most prison visits in a year

12



Andrew

5,126

Most miles travelled in a year

### Long service awards

Lynne, Morag & Alan:

10 years

Judy:

20 years



Lynne

### Libby

Most letters sent in a year

154



Libby

116

### Christine

Most emails sent in a year

## Volunteer Profile

### John, 76

How long have you been volunteering with New Bridge? 18 years

How many people are you currently befriending?

Befriending 5 people at the moment - each relationship is unique, and some are more active than others

What's your best memory of volunteering with us?

Best memories are to be able to be there for people in their good times and their difficult times, in either case when they may have no one else to turn to.

Why do you think other people should consider volunteering? Befriending offers the great privilege for a volunteer to accompany a person, even for a brief spell, as they journey through life in prison.

Anything else you might want to share? New Bridge comprises an eclectic and committed group of staff and volunteers, inspired by a common purpose to help people in prison to find a connection with the wider world. It is great to be a small part of that community.

## Volunteer Profile

### Tom, 55

How long have you been volunteering with New Bridge? 6 years

How many people are you currently befriending? 3

What's your favourite thing about volunteering with New Bridge/what's your best memory of volunteering with us? Building long-term befriending relationships - gradually getting to know and understand the people I befriend, and sharing with them both their set-backs and successes - and in many cases, seeing them make progress on their journey towards rehabilitation. It's one of the most rewarding things I've ever done.

Why do you think other people should consider volunteering? You'll be well supported by New Bridge, you'll learn about the experiences of people in the prison system and how the system works, but most importantly you'll know that you're making a big difference to people who may have few other contacts with others outside of prison.

“My future does look very bright now, I have set goals and made plans which I will achieve. I'm very happy now considering that I'm in prison and New Bridge has a lot to do with this.”

## Volunteer Profile

### Martyna, 22



How long have you been volunteering with New Bridge? 1 1/2 years

How many people are you currently befriending? 2

What's your favourite thing about volunteering with New Bridge? My favourite thing about volunteering with New Bridge is the fact that I get to be part of a community that supports those most neglected and overlooked individuals in our society in a way which teaches everyone that a past mistake should not define a person's life. I love that I can be the person who provides someone in prison a sense of hope and meaning to their life, and knowing that our efforts at New Bridge can have a meaningful and lasting impact by showing these individuals that they are not alone.

Why do you think other people should consider volunteering? Others should consider volunteering because it is not only incredibly rewarding, but, in a way, you also get to experience the enriching aspect of a befriending relationship yourself. Despite the boundaries you have to keep, by choosing who you will write to, you have the opportunity to connect with someone who shares your interests, making the experience meaningful to both parties, just as I've experienced myself!



## Volunteer Profile

**Colette, 75**



**How long have you been volunteering with New Bridge?** 6 years

**How many people are you currently befriending?** 3: 2 in prison and one released.

**What's your favourite thing about volunteering with New Bridge/what's your best memory of volunteering with us?** Being told that I am making a tangible difference to how someone gets through such a difficult time in their life. Perhaps the most striking was being thanked for an email I sent to arrive on

Christmas Day. It took me about 5 minutes to send but had a huge impact on my prisoner - he still talks about it!

**Why do you think other people should consider volunteering?** It's more rewarding than any other volunteering I have done. Maybe I have been fortunate, but every prisoner I have supported has been extremely appreciative. There is a very real sense of achievement in what we do. The first prison visit can be a bit daunting but it's actually really enjoyable and an experience few of us have in normal life.

## Volunteer Profile

**JM, 22**



**How long have you been volunteering with New Bridge?** 1 1/2 years

**How many people are you currently befriending?** 1

**What's your favourite thing about volunteering with New Bridge/what's your best memory of volunteering with us?** My favourite things about volunteering for NB is catching up with my befriender. We don't talk frequently, but when we do it's like we've picked up where we left off. My best memory of NB was when I went to my first volunteer conference at Bush

House. I loved exploring London and also listening to everyone's stories. We had several guest speakers and one of them was an ex-prisoner who had used us as a service, it was great to hear how we'd helped him.

**Why do you think other people should consider volunteering?** I think that anybody who wants to feel a sense of purpose, or gain experience in engaging with prisoners, whether to get a new perspective on things or experience for a career, I think it's worth volunteering with NB, I'd highly recommend it!

# Our Supporters

We couldn't exist to impact lives in the way that we do without the generous financial donations of our supporters.

**Last year we were grateful to receive donations of over £1,000 from the following:**

- 1772 Charity
- 29th May 1961 Charitable Trust
- Albert Hunt Trust
- Alchemy Foundation
- All Saints Fulham
- Chesterhill Charitable Trust
- Christopher Rowbotham Charitable Trust
- Constance Travis Charitable Fund
- Dischma Charitable Trust
- Drapers Charitable Trust
- HBJ Trust
- John Armitage Charitable Trust
- Langdale Trust
- Leigh Trust
- Lord Faringdon Charitable Trust
- Michael & Shirley Hunt Charitable Trust
- Mirianog Trust
- Noel Buxton Trust
- Rhododendron Trust
- Sir James Reckitt Charitable Trust
- Sir James Roll Charitable Trust
- The Blanes Trust
- The Rainford Trust
- Van Neste Foundation
- Vandervell Foundation
- William A Cadbury Trust
- William Allen Young Charitable Trust
- Wyndham Charitable Trust
- Zochonis Charitable Trust



Newport Pagnell Rotary Club talk



# Fundraising

2024 was a very challenging year for fundraising across the charity sector, with many grant-making trusts completely overwhelmed with applications or pausing their grant-making to create new, more focused funding strategies. In addition, individual giving continued to be negatively impacted by the effects of the cost of living crisis.

New Bridge was not immune to the impact of these, and we faced a funding shortfall, finding ourselves unable to meet the income targets we had set ourselves in order to be able to continue growing to meet demand from people in prison. We therefore had to rely at times on our reserves, and work hard to reduce costs through the autumn and winter. Although we did not meet our targets, we were pleased to see a more positive picture emerging through the end of the year and into 2025.

However, despite these challenges, we noted improvements resulting from our work to increase and diversify income.

## How can you help us to support more isolated people in prison?

- **Donate:** Help us meet our income targets so that we can manage the costs of growing
- **Fundraise:** organise an activity or event to raise funds and awareness of work
- **Volunteer:** sign up to become a befriender
- **Spread the word about our work**
  - Recommend volunteering to friends
  - Speak to your employer about entering into a volunteering partnership at your workplace
  - Nominate us for your workplace's Charity of The Year



We've developed a Fundraising Guide for volunteers or supporters who are interested in organising fundraising activities. You can find this on our website: [www.newbridgefoundation.org.uk/fundraise](http://www.newbridgefoundation.org.uk/fundraise)

## Volunteer Fundraising

We were delighted to see so many of our volunteers organise events and take on challenges to help us raise funds. We are very grateful to them all for their efforts above and beyond their befriending!

### Runners

Ashna, Gill and Sophia took on the Vitality London 10k, raising

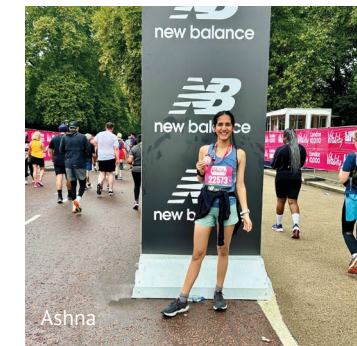
**£1,405**

Holly & Andy took on the Ponton Plod marathon, raising

**£280**



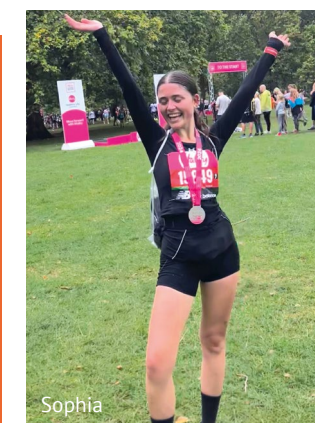
Gill



Ashna



Holly & Andy



Sophia

### Swimmers

Liz, Charlie & Theo took on Swim Serpentine, raising

**£2,483**



### Tea Party

Helen hosted a tea party for friends, family, neighbours and local community to find out more about our work, raising

**£970**



“We are so proud to have completed this event for New Bridge, raising £280 to support prisoners like my guy in HMP Northumberland, who I visited the day before to catch up over hot chocolate and choccy bars. He says I am the only person he knows that has treated him like a decent human being, and he values my letters and visits as he gets no positive support from family. We did this for people like him who needs people like us to treat them like humans again.”

Holly



**[info@newbridgefoundation.org.uk](mailto:info@newbridgefoundation.org.uk)**

**[www.newbridgefoundation.org.uk](http://www.newbridgefoundation.org.uk)**

**020 8671 3856**

New Bridge Foundation, 1a Elm Park, London SW2 2TX



Newbridgefoundation



New Bridge Foundation



new\_bridge

**REGISTERED COMPANY NUMBER: 05048063**  
**REGISTERED CHARITY NUMBER: 1103511**

5

**Report of the Trustees and**  
**Unaudited Financial Statements for the Year Ended 31 December 2024**  
**for**  
**The New Bridge Foundation**

Grant Harrod Lerman Davis LLP  
Chartered Accountants  
1st Floor  
Healthaid House  
Marlborough Hill  
Harrow  
Middlesex  
HA1 1UD



# **The New Bridge Foundation**

## **Contents of the Financial Statements for the year ended 31 December 2024**

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**The New Bridge Foundation**  
**Report of the Trustees**  
**for the year ended 31 December 2024**

The trustees who were also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 December 2024. The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities.

**OBJECTIVES AND ACTIVITIES**

**Objectives and aims**

The New Bridge Foundation is a charity which supports people in prison. The object of the charity as set out in the company's memorandum of association is to promote and support the education, befriending and resettlement of people in prison and ex-offenders.

Our aim is to support prisoners while they are in prison to build a connection to the outside world. We believe that this helps to aid reintegration and reduce offending.

**PUBLIC BENEFIT**

Our core activity is the provision of a befriending service to people serving prison sentences. We recruit dedicated volunteers and offer comprehensive training before matching them with a prisoner. Prisoners and their befrienders exchange letters, building a trusting, non-judgemental relationship. Befrienders and their prisoners can also connect via telephone calls, and befrienders often attend prisons to visit their prisoner. We believe that contact with the outside world prepares prisoners for release by helping to develop pro-social attitudes and increase self-esteem.

New Bridge's service is unique in that our befrienders stay matched with the same prisoner as they are moved around the prison estate. This continuity helps to build a deeper and more trusting relationship, at a time when prisoners are experiencing a large amount of change and disruption to routines.

The befrienders who volunteer for New Bridge can often be the only source of social connection or emotional support for prisoners who are no longer in contact with family or friends.

We reviewed and refined our vision and mission statements in 2022, which are as follows.

Our vision: Every person in prison feels a meaningful connection to the outside world.

Our mission: We match people in prison with trained volunteers who offer long-term support through a combination of correspondence and visits. This provides people in prison with a bridge to the outside world, along with an increased sense of value and potential for their future.

Our befriending service is open to applications from any prisoner in England and Wales.

**The New Bridge Foundation**  
**Report of the Trustees**  
**for the year ended 31 December 2024**

**ACHIEVEMENT AND PERFORMANCE**

**Achievements and performance**

2024 was a very mixed year for New Bridge. We saw continued demand for our service from isolated prisoners, along with a continued stream of applications from prospective volunteers. We also saw increased rates of impact through the results of our service evaluation. However, the hugely challenging financial environment in which we were operating impacted our ability to meet fundraising targets and ate into our reserves, leaving us unable to grow as much as we had planned. The financial impact of a contracting fundraising landscape, with the over-subscribed grant-making trusts sector combined with the cost-of-living crisis vastly reducing levels of individual giving, meant that we had to make difficult decisions in order to maintain the future of the charity.

Prudent financial management allowed us to recognise part-way through the year that we would struggle to meet fundraising targets. We therefore made the difficult decision to stop growing in order to avoid further increasing costs. This meant not accepting any new prisoner or volunteer applications, but allowed us to continue delivering our service to existing beneficiaries. Unfortunately, fundraising success did not improve to expected levels until very late into the autumn. We therefore took further action to reduce costs as much as possible. This included reducing staff working hours down to part-time across all roles. The staff are to be publicly commended on their personal sacrifice through this period, and in their determination and focus to continue ensuring beneficiaries received a high-quality befriending service, whilst maintaining safeguarding and guidance for volunteers at all times. Our Trustees worked hard to help the charity navigate through this period, including attending more regular meetings and sub-group meetings, bringing creative ideas to help problem-solve and making collective decisions. They also made time to provide support and guidance to staff, helping maintain morale.

This agile approach to cost management allowed us to navigate through a period of financial uncertainty as we continued to work on diversifying our income pipeline.

Although we did not grow in size during 2024, our focus on quality delivery meant that we were able increase the intensity of our intervention across all key metrics. Over the course of the year, a total of 790 prisoners were befriended, across 95 prisons (meaning at least one person is supported by New Bridge in 78% of prisons in England and Wales). Our volunteers sent regular letters to their befriendees, with 5,557 sent: a 33% increase from 2023. Similarly, volunteers sent 2,282 emails, an increase of 45%. We were pleased to see prisoners also increase their engagement with volunteers with a 15% increase in letters sent, and a 41% increase in emails.

Prison visits are a vital part of being befriended by New Bridge, and we know how much they are valued by prisoners and volunteers alike. We were delighted to see a 26% increase in prison visits undertaken during the year. We continue to be awed by the commitment of our wonderful volunteer community, who give their time freely to make such a difference to isolated people. However, in 2024 we were particularly grateful for the way these volunteers remained focused on their befriending (and increased the engagement with their befriendees) despite the difficulties which the charity experienced in the later part of the year.

Despite having to make the difficult decision to curtail growth part-way through the year, we were still inundated with demand from prisoners, with 323 applications received, up from 300 in 2023, demonstrating the increasing level of need for our service across the prison estate. We also trained 100 new volunteers in the first half of the year, allowing us to make 313 new prisoner/volunteer matches.

**Impact**

In 2023 we rolled out our new Impact measure, seeking to explore the differences prisoners have noticed in key areas as a direct result of engaging with our service. We were pleased to maintain or exceed 2023's ratings in our 2024 evaluation. Respondents reported that as a result of being matched with a New Bridge volunteer befriender:

- 87% of people felt better or much better about getting through their sentence (same as 2023)
- 77% felt better or much better about themselves (down from 79% in 2023)
- 83% felt better or much better connected to the outside world (up from 79% in 2023)
- 83% felt better or much better about the future (up from 79% in 2023)

**Fundraising**

The charity's primary source of funding was grants from Trusts and Foundations, which accounted for 82% of income. A further 13% were from individual donors, and the final 5% were funds raised by sponsored events organised by volunteers.



**The New Bridge Foundation**  
**Report of the Trustees**  
**for the year ended 31 December 2024**

Despite the fundraising climate affecting our ability to meet our income targets for the year, we were pleased to see our work to increase and diversify income resulted in a 49% increase in Trusts income, and a 52% increase from individual donors.

Our focus for 2025 is on further diversifying our income in order to better protect the charity against instability across different channels in the future.

We are extremely grateful for the continued support of a range of grant giving trusts and foundations, as well as individual donors. We have been the fortunate recipient of several generous legacies in recent years, each of which has been hugely powerful in enabling us to invest in the organisation so that we can scale up to meet the growing needs of isolated prisoners.

#### **FINANCIAL REVIEW**

The strategy development project saw the charity budget for a planned deficit in the year of £92,000. However the fundraising climate resulted in a much larger deficit of £126,288, with the result that we spent down a proportion of our reserves to meet operating costs.

#### **Reserves policy**

The total unrestricted funds as at 31 December 2024 totalled £60,791 and is in line with the charity's reserves policy. A copy of this policy is available on the charity's website.

One of the key priorities for the charity in 2025 is to build up our financial reserves, to ensure long-term stability.

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006 and incorporated in 2004.

##### **Risk management**

The charity regularly reviews its risk, in line with Charity guidance.

##### **Recruitment and appointment of new trustees**

Trustees have a range of experience in criminal justice and business. New trustees are appointed through an open advertising campaign highlighting the need for people with certain skills to oversee the charity. Trustees are sent the Charity Commission's Essential Trustee Guide, the Articles of Association, most recent annual report and befriending service evaluation. Induction includes briefing sessions from the Chair about the obligations of trustees and how the board operates, an overview of finances from the Treasurer and briefings from the Chief Executive and staff team. Trustees are encouraged to participate in a training course for volunteers and to attend a regional group meeting to understand how New Bridge operates.

##### **Organisational structure**

The New Bridge Foundation has a board of ten trustees who meet four times a year and are responsible for the strategic direction and policy of the charity. Day to day responsibility for the charity rests with the Chief Executive and provision of befriending and management of the volunteers is led by the Director of Befriending supported by the Befriending Coordinator. The Operations Manager is also Company Secretary responsible for regular fundraising and for financial and business systems.

##### **Related parties**

New Bridge has a wholly owned subsidiary company Inside Time Ltd which produces the newspaper for prisoners. In line with the governing documents two New Bridge Trustees are directors of Inside Time.

#### **REFERENCE AND ADMINISTRATIVE DETAILS**

##### **Registered Company number**

05048063 (Not specified/Other)

**The New Bridge Foundation**  
**Report of the Trustees**  
**for the year ended 31 December 2024**

**Registered Charity number**  
1103511

**Registered office**  
1A Elm Park  
London  
SW2 2TX

**Trustees**  
Dr Peter John Bennett (resigned 3.7.2024)  
Helen Boothman Chair  
Cristiana Viana C Shepherd  
Dr Lynne Garne  
Marie Loeb  
John Patrick O'Reilly  
Anna Parley  
Ailie Rennie  
Kevin Traynor (resigned 23.9.2024)  
Sara Zalin (resigned 16.4.2024)  
Mr Sean Ormerod (appointed 16.4.2024)

**Patron**  
HRH Princess Alexandra, The Hon Lady Ogilvy, KG GCVO

**President**  
Michael Spurr, CB

**Vice Presidents**  
Reverend Jonathan Aitken  
Professor David Wilson

**Chief Executive**  
Dr Lucy Ball

**Company Secretary**  
Donna Frances King

**Independent Examiner**  
Grant Harrod Lerman Davis LLP  
Chartered Accountants  
1st Floor  
Healthaid House  
Marlborough Hill  
Harrow  
Middlesex  
HA1 1UD

**Solicitors**  
Bates Wells  
10 Queen Street Place  
London  
EC4R 1BE

**The New Bridge Foundation**


**Report of the Trustees  
for the year ended 31 December 2024**

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Bankers**

CAF Bank Ltd  
25 Kings Hill Avenue  
Kings Hill  
West Malling  
Kent  
ME19 4JQ

Approved by order of the board of trustees on .....13/05/25..... and signed on its behalf by:



.....  
Helen Boothman - Trustee

**Independent Examiner's Report to the Trustees of  
The New Bridge Foundation**

**Independent examiner's report to the trustees of The New Bridge Foundation ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 December 2024.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Jeremy Harrod FCCA

Grant Harrod Lerman Davis LLP  
Chartered Accountants  
1st Floor  
Healthaid House  
Marlborough Hill  
Harrow  
Middlesex  
HA1 1UD

Date: .....13.10.25.....



**The New Bridge Foundation**

**Statement of Financial Activities  
for the year ended 31 December 2024**

	Notes	Unrestricted fund £	Restricted funds £	2024 Total funds £	2023 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies		180,576	-	180,576	170,564
Investment income	2	1,476	-	1,476	6,277
<b>Total</b>		<u>182,052</u>	<u>-</u>	<u>182,052</u>	<u>176,841</u>
<b>EXPENDITURE ON</b>					
Raising funds		72,299	-	72,299	70,424
<b>Charitable activities</b>					
Befriending		178,987	-	178,987	177,778
Administration costs		30,433	-	30,433	22,352
Strategy Development		26,621	-	26,621	26,755
<b>Total</b>		<u>308,340</u>	<u>-</u>	<u>308,340</u>	<u>297,309</u>
<b>NET INCOME/(EXPENDITURE)</b>		(126,288)	-	(126,288)	(120,468)
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		187,079	-	187,079	307,547
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>60,791</u></u>	<u><u>-</u></u>	<u><u>60,791</u></u>	<u><u>187,079</u></u>

The notes form part of these financial statements

**The New Bridge Foundation**

**Balance Sheet  
31 December 2024**

	Notes	Unrestricted fund £	Restricted funds £	2024 Total funds £	2023 Total funds £
<b>FIXED ASSETS</b>					
Tangible assets	9	362	-	362	725
Investments	10	57	-	57	173,317
		<u>419</u>	<u>-</u>	<u>419</u>	<u>174,042</u>
<b>CURRENT ASSETS</b>					
Debtors	11	20,145	-	20,145	148
Cash at bank		49,123	-	49,123	24,133
		<u>69,268</u>	<u>-</u>	<u>69,268</u>	<u>24,281</u>
<b>CREDITORS</b>					
Amounts falling due within one year	12	(8,896)	-	(8,896)	(11,244)
<b>NET CURRENT ASSETS</b>		<u>60,372</u>	<u>-</u>	<u>60,372</u>	<u>13,037</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>60,791</u>	<u>-</u>	<u>60,791</u>	<u>187,079</u>
<b>NET ASSETS</b>		<u>60,791</u>	<u>-</u>	<u>60,791</u>	<u>187,079</u>
<b>FUNDS</b>	13				
Unrestricted funds				60,791	187,079
<b>TOTAL FUNDS</b>				<u>60,791</u>	<u>187,079</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

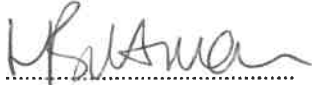
The notes form part of these financial statements

**The New Bridge Foundation**

**Balance Sheet - continued**  
**31 December 2024**

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on .....13.15.25..... and were signed on its behalf by:



Helen Boothman - Trustee



John Patrick O'Reilly - Trustee

The notes form part of these financial statements

**The New Bridge Foundation**  
**Notes to the Financial Statements**  
**for the year ended 31 December 2024**

**1. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention, with the exception of investments which are included at market value, as modified by the revaluation of certain assets.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**Allocation and apportionment of costs**

Support costs are based on a percentage of the actual costs incurred, calculated on a staff time basis.

**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 25% on cost
Computer equipment	- 25% on cost

**Taxation**

The charity is exempt from corporation tax on its charitable activities.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**Volunteers**

In accordance with SORP 2005, the contribution of volunteers is not recognised in the Financial Statements, as the value of their contribution cannot be reasonably quantified in financial terms. An exception may be made where a donor provides services as part of their trade or profession and where the charity would otherwise have had to purchase those services externally. In these cases, if material, those donated services would be valued at the open market value to the charity.



**The New Bridge Foundation**

**Notes to the Financial Statements - continued  
for the year ended 31 December 2024**

**2. INVESTMENT INCOME**

	2024	2023
	£	£
Other investment income	<u>1,476</u>	<u>6,277</u>

**3. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	2024	2023
	£	£
Depreciation - owned assets	<u>363</u>	<u>363</u>

**4. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 December 2024 nor for the year ended 31 December 2023.

**Trustees' expenses**

Trustees were reimbursed travel expenses during the year amounting to £175.00

**5. STAFF COSTS**

	2024	2023
	£	£
Wages and salaries	180,932	180,244
Social security costs	<u>14,681</u>	<u>14,886</u>
	<u>195,613</u>	<u>195,130</u>

The average monthly number of employees during the year was as follows:

	2024	2023
Direct charitable work	4	4
Administration	<u>1</u>	<u>1</u>
	<u>5</u>	<u>5</u>

No employees received emoluments in excess of £60,000.

One member of staff received a salary of more than £60,000.

**The New Bridge Foundation**

**Notes to the Financial Statements - continued  
for the year ended 31 December 2024**

**6. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted fund £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	170,564	-	170,564
Investment income	6,277	-	6,277
<b>Total</b>	<u>176,841</u>	<u>-</u>	<u>176,841</u>
<b>EXPENDITURE ON</b>			
Raising funds	70,424	-	70,424
<b>Charitable activities</b>			
Befriending	177,778	-	177,778
Administration costs	22,352	-	22,352
Strategy Development	26,755	-	26,755
<b>Total</b>	<u>297,309</u>	<u>-</u>	<u>297,309</u>
<b>NET INCOME/(EXPENDITURE)</b>	(120,468)	-	(120,468)
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	307,547	-	307,547
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u><u>187,079</u></u>	<u><u>-</u></u>	<u><u>187,079</u></u>

**7. FIXED ASSET INVESTMENTS**

There were no investment assets outside the UK.

The company's investments at the balance sheet date include the following:

Inside Time Limited

Nature of business: Publishing of newspapers for prisoners

Inside Time Limited (a fully owned subsidiary) is a company limited by guarantee and does not have any share capital.

	2024 £	2023 £
Aggregate capital and reserves	106,574	91,543
Surplus for the year	15,031	16,335

**The New Bridge Foundation**

**Notes to the Financial Statements - continued  
for the year ended 31 December 2024**

**8. INDEPENDENT EXAMINATION FEE**

The Independent Examination Fee for the year is £1,920.

**9. TANGIBLE FIXED ASSETS**

	Fixtures and fittings £	Computer equipment £	Totals £
<b>COST</b>			
At 1 January 2024 and 31 December 2024	3,025	1,088	4,113
<b>DEPRECIATION</b>			
At 1 January 2024	3,025	363	3,388
Charge for year	-	363	363
At 31 December 2024	3,025	726	3,751
<b>NET BOOK VALUE</b>			
At 31 December 2024	-	362	362
At 31 December 2023	-	725	725

**10. FIXED ASSET INVESTMENTS**

	Unlisted investments £
<b>MARKET VALUE</b>	
At 1 January 2024	173,317
Disposals	(174,455)
Revaluations	1,195
At 31 December 2024	57
<b>NET BOOK VALUE</b>	
At 31 December 2024	57
At 31 December 2023	173,317

There were no investment assets outside the UK.

Cost or valuation at 31 December 2024 is represented by:

	Unlisted investments £
Valuation in 2019	18,716
Valuation in 2020	16,267
Valuation in 2021	25,222
Valuation in 2022	(58,282)
Valuation in 2023	11,608
Valuation in 2024	(13,474)
	57

The company's investments at the balance sheet date in the share capital of companies include the following:

**The New Bridge Foundation**

**Notes to the Financial Statements - continued  
for the year ended 31 December 2024**

**10. FIXED ASSET INVESTMENTS - continued**

**Inside Time Limited**

Registered office:

Nature of business: Publishing of newspapers for prisoners

Inside Time Limited is a fully owned subsidiary of The New Bridge Foundation, is a company limited by guarantee and does not have any share capital.

**11. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2024	2023
	£	£
Trade debtors	20,000	-
Prepayments and accrued income	145	148
	<u>20,145</u>	<u>148</u>

**12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2024	2023
	£	£
Trade creditors	2,857	330
Other creditors	3,939	7,247
Accruals and deferred income	2,100	3,667
	<u>8,896</u>	<u>11,244</u>

**13. MOVEMENT IN FUNDS**

	At 1.1.24	Net movement in funds	At 31.12.24
	£	£	£
<b>Unrestricted funds</b>			
General fund	187,079	(126,288)	60,791
	<u>187,079</u>	<u>(126,288)</u>	<u>60,791</u>
<b>TOTAL FUNDS</b>	<u>187,079</u>	<u>(126,288)</u>	<u>60,791</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
<b>Unrestricted funds</b>			
General fund	182,052	(308,340)	(126,288)
	<u>182,052</u>	<u>(308,340)</u>	<u>(126,288)</u>
<b>TOTAL FUNDS</b>	<u>182,052</u>	<u>(308,340)</u>	<u>(126,288)</u>

**The New Bridge Foundation**

**Notes to the Financial Statements - continued  
for the year ended 31 December 2024**

**13. MOVEMENT IN FUNDS - continued**

**Comparatives for movement in funds**

	At 1.1.23 £	Net movement in funds £	At 31.12.23 £
<b>Unrestricted funds</b>			
General fund	307,547	(120,468)	187,079
<b>TOTAL FUNDS</b>	<u>307,547</u>	<u>(120,468)</u>	<u>187,079</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	176,841	(297,309)	(120,468)
<b>TOTAL FUNDS</b>	<u>176,841</u>	<u>(297,309)</u>	<u>(120,468)</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.1.23 £	Net movement in funds £	At 31.12.24 £
<b>Unrestricted funds</b>			
General fund	307,547	(246,756)	60,791
<b>TOTAL FUNDS</b>	<u>307,547</u>	<u>(246,756)</u>	<u>60,791</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	358,893	(605,649)	(246,756)
<b>TOTAL FUNDS</b>	<u>358,893</u>	<u>(605,649)</u>	<u>(246,756)</u>



**The New Bridge Foundation**

**Notes to the Financial Statements - continued  
for the year ended 31 December 2024**

**14. RELATED PARTY DISCLOSURES**

During the year the Charity received a donation from its subsidiary, Inside Time Limited, amounting to £Nil (2023 - £Nil).

**15. LIABILITY OF MEMBERS**

The company is constituted as a company limited by guarantee. In the event of the charity being wound up members are required to contribute an amount not exceeding £1.

**REGISTERED COMPANY NUMBER: 05048063**  
**REGISTERED CHARITY NUMBER: 1103511**

5

**Report of the Trustees and**  
**Unaudited Financial Statements for the Year Ended 31 December 2024**  
**for**  
**The New Bridge Foundation**

Grant Harrod Lerman Davis LLP  
Chartered Accountants  
1st Floor  
Healthaid House  
Marlborough Hill  
Harrow  
Middlesex  
HA1 1UD

# **The New Bridge Foundation**

## **Contents of the Financial Statements for the year ended 31 December 2024**

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**The New Bridge Foundation**  
**Report of the Trustees**  
**for the year ended 31 December 2024**

The trustees who were also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 December 2024. The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities.

**OBJECTIVES AND ACTIVITIES**

**Objectives and aims**

The New Bridge Foundation is a charity which supports people in prison. The object of the charity as set out in the company's memorandum of association is to promote and support the education, befriending and resettlement of people in prison and ex-offenders.

Our aim is to support prisoners while they are in prison to build a connection to the outside world. We believe that this helps to aid reintegration and reduce offending.

**PUBLIC BENEFIT**

Our core activity is the provision of a befriending service to people serving prison sentences. We recruit dedicated volunteers and offer comprehensive training before matching them with a prisoner. Prisoners and their befrienders exchange letters, building a trusting, non-judgemental relationship. Befrienders and their prisoners can also connect via telephone calls, and befrienders often attend prisons to visit their prisoner. We believe that contact with the outside world prepares prisoners for release by helping to develop pro-social attitudes and increase self-esteem.

New Bridge's service is unique in that our befrienders stay matched with the same prisoner as they are moved around the prison estate. This continuity helps to build a deeper and more trusting relationship, at a time when prisoners are experiencing a large amount of change and disruption to routines.

The befrienders who volunteer for New Bridge can often be the only source of social connection or emotional support for prisoners who are no longer in contact with family or friends.

We reviewed and refined our vision and mission statements in 2022, which are as follows.

Our vision: Every person in prison feels a meaningful connection to the outside world.

Our mission: We match people in prison with trained volunteers who offer long-term support through a combination of correspondence and visits. This provides people in prison with a bridge to the outside world, along with an increased sense of value and potential for their future.

Our befriending service is open to applications from any prisoner in England and Wales.

**The New Bridge Foundation**  
**Report of the Trustees**  
**for the year ended 31 December 2024**

**ACHIEVEMENT AND PERFORMANCE**

**Achievements and performance**

2024 was a very mixed year for New Bridge. We saw continued demand for our service from isolated prisoners, along with a continued stream of applications from prospective volunteers. We also saw increased rates of impact through the results of our service evaluation. However, the hugely challenging financial environment in which we were operating impacted our ability to meet fundraising targets and ate into our reserves, leaving us unable to grow as much as we had planned. The financial impact of a contracting fundraising landscape, with the over-subscribed grant-making trusts sector combined with the cost-of-living crisis vastly reducing levels of individual giving, meant that we had to make difficult decisions in order to maintain the future of the charity.

Prudent financial management allowed us to recognise part-way through the year that we would struggle to meet fundraising targets. We therefore made the difficult decision to stop growing in order to avoid further increasing costs. This meant not accepting any new prisoner or volunteer applications, but allowed us to continue delivering our service to existing beneficiaries. Unfortunately, fundraising success did not improve to expected levels until very late into the autumn. We therefore took further action to reduce costs as much as possible. This included reducing staff working hours down to part-time across all roles. The staff are to be publicly commended on their personal sacrifice through this period, and in their determination and focus to continue ensuring beneficiaries received a high-quality befriending service, whilst maintaining safeguarding and guidance for volunteers at all times. Our Trustees worked hard to help the charity navigate through this period, including attending more regular meetings and sub-group meetings, bringing creative ideas to help problem-solve and making collective decisions. They also made time to provide support and guidance to staff, helping maintain morale.

This agile approach to cost management allowed us to navigate through a period of financial uncertainty as we continued to work on diversifying our income pipeline.

Although we did not grow in size during 2024, our focus on quality delivery meant that we were able increase the intensity of our intervention across all key metrics. Over the course of the year, a total of 790 prisoners were befriended, across 95 prisons (meaning at least one person is supported by New Bridge in 78% of prisons in England and Wales). Our volunteers sent regular letters to their befriendees, with 5,557 sent: a 33% increase from 2023. Similarly, volunteers sent 2,282 emails, an increase of 45%. We were pleased to see prisoners also increase their engagement with volunteers with a 15% increase in letters sent, and a 41% increase in emails.

Prison visits are a vital part of being befriended by New Bridge, and we know how much they are valued by prisoners and volunteers alike. We were delighted to see a 26% increase in prison visits undertaken during the year. We continue to be awed by the commitment of our wonderful volunteer community, who give their time freely to make such a difference to isolated people. However, in 2024 we were particularly grateful for the way these volunteers remained focused on their befriending (and increased the engagement with their befriendees) despite the difficulties which the charity experienced in the later part of the year.

Despite having to make the difficult decision to curtail growth part-way through the year, we were still inundated with demand from prisoners, with 323 applications received, up from 300 in 2023, demonstrating the increasing level of need for our service across the prison estate. We also trained 100 new volunteers in the first half of the year, allowing us to make 313 new prisoner/volunteer matches.

**Impact**

In 2023 we rolled out our new Impact measure, seeking to explore the differences prisoners have noticed in key areas as a direct result of engaging with our service. We were pleased to maintain or exceed 2023's ratings in our 2024 evaluation. Respondents reported that as a result of being matched with a New Bridge volunteer befriender:

- 87% of people felt better or much better about getting through their sentence (same as 2023)
- 77% felt better or much better about themselves (down from 79% in 2023)
- 83% felt better or much better connected to the outside world (up from 79% in 2023)
- 83% felt better or much better about the future (up from 79% in 2023)

**Fundraising**

The charity's primary source of funding was grants from Trusts and Foundations, which accounted for 82% of income. A further 13% were from individual donors, and the final 5% were funds raised by sponsored events organised by volunteers.



**The New Bridge Foundation**  
**Report of the Trustees**  
**for the year ended 31 December 2024**

Despite the fundraising climate affecting our ability to meet our income targets for the year, we were pleased to see our work to increase and diversify income resulted in a 49% increase in Trusts income, and a 52% increase from individual donors.

Our focus for 2025 is on further diversifying our income in order to better protect the charity against instability across different channels in the future.

We are extremely grateful for the continued support of a range of grant giving trusts and foundations, as well as individual donors. We have been the fortunate recipient of several generous legacies in recent years, each of which has been hugely powerful in enabling us to invest in the organisation so that we can scale up to meet the growing needs of isolated prisoners.

#### **FINANCIAL REVIEW**

The strategy development project saw the charity budget for a planned deficit in the year of £92,000. However the fundraising climate resulted in a much larger deficit of £126,288, with the result that we spent down a proportion of our reserves to meet operating costs.

#### **Reserves policy**

The total unrestricted funds as at 31 December 2024 totalled £60,791 and is in line with the charity's reserves policy. A copy of this policy is available on the charity's website.

One of the key priorities for the charity in 2025 is to build up our financial reserves, to ensure long-term stability.

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006 and incorporated in 2004.

##### **Risk management**

The charity regularly reviews its risk, in line with Charity guidance.

##### **Recruitment and appointment of new trustees**

Trustees have a range of experience in criminal justice and business. New trustees are appointed through an open advertising campaign highlighting the need for people with certain skills to oversee the charity. Trustees are sent the Charity Commission's Essential Trustee Guide, the Articles of Association, most recent annual report and befriending service evaluation. Induction includes briefing sessions from the Chair about the obligations of trustees and how the board operates, an overview of finances from the Treasurer and briefings from the Chief Executive and staff team. Trustees are encouraged to participate in a training course for volunteers and to attend a regional group meeting to understand how New Bridge operates.

##### **Organisational structure**

The New Bridge Foundation has a board of ten trustees who meet four times a year and are responsible for the strategic direction and policy of the charity. Day to day responsibility for the charity rests with the Chief Executive and provision of befriending and management of the volunteers is led by the Director of Befriending supported by the Befriending Coordinator. The Operations Manager is also Company Secretary responsible for regular fundraising and for financial and business systems.

##### **Related parties**

New Bridge has a wholly owned subsidiary company Inside Time Ltd which produces the newspaper for prisoners. In line with the governing documents two New Bridge Trustees are directors of Inside Time.

#### **REFERENCE AND ADMINISTRATIVE DETAILS**

##### **Registered Company number**

05048063 (Not specified/Other)

**The New Bridge Foundation**  
**Report of the Trustees**  
**for the year ended 31 December 2024**

**Registered Charity number**  
1103511

**Registered office**  
1A Elm Park  
London  
SW2 2TX

**Trustees**  
Dr Peter John Bennett (resigned 3.7.2024)  
Helen Boothman Chair  
Cristiana Viana C Shepherd  
Dr Lynne Garne  
Marie Loeb  
John Patrick O'Reilly  
Anna Parley  
Ailie Rennie  
Kevin Traynor (resigned 23.9.2024)  
Sara Zalin (resigned 16.4.2024)  
Mr Sean Ormerod (appointed 16.4.2024)

**Patron**  
HRH Princess Alexandra, The Hon Lady Ogilvy, KG GCVO

**President**  
Michael Spurr, CB

**Vice Presidents**  
Reverend Jonathan Aitken  
Professor David Wilson

**Chief Executive**  
Dr Lucy Ball

**Company Secretary**  
Donna Frances King

**Independent Examiner**  
Grant Harrod Lerman Davis LLP  
Chartered Accountants  
1st Floor  
Healthaid House  
Marlborough Hill  
Harrow  
Middlesex  
HA1 1UD

**Solicitors**  
Bates Wells  
10 Queen Street Place  
London  
EC4R 1BE

**The New Bridge Foundation**

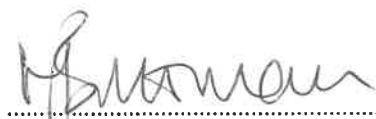
**Report of the Trustees  
for the year ended 31 December 2024**

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Bankers**

CAF Bank Ltd  
25 Kings Hill Avenue  
Kings Hill  
West Malling  
Kent  
ME19 4JQ

Approved by order of the board of trustees on .....13/05/25..... and signed on its behalf by:



.....  
Helen Boothman - Trustee

**Independent Examiner's Report to the Trustees of  
The New Bridge Foundation**

**Independent examiner's report to the trustees of The New Bridge Foundation ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 December 2024.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Jeremy Harrod FCCA

Grant Harrod Lerman Davis LLP  
Chartered Accountants  
1st Floor  
Healthaid House  
Marlborough Hill  
Harrow  
Middlesex  
HA1 1UD

Date: .....13.10.25.....

**The New Bridge Foundation**

**Statement of Financial Activities  
for the year ended 31 December 2024**

	Notes	Unrestricted fund £	Restricted funds £	2024 Total funds £	2023 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies		180,576	-	180,576	170,564
Investment income	2	1,476	-	1,476	6,277
<b>Total</b>		<u>182,052</u>	<u>-</u>	<u>182,052</u>	<u>176,841</u>
<b>EXPENDITURE ON</b>					
Raising funds		72,299	-	72,299	70,424
<b>Charitable activities</b>					
Befriending		178,987	-	178,987	177,778
Administration costs		30,433	-	30,433	22,352
Strategy Development		26,621	-	26,621	26,755
<b>Total</b>		<u>308,340</u>	<u>-</u>	<u>308,340</u>	<u>297,309</u>
<b>NET INCOME/(EXPENDITURE)</b>		(126,288)	-	(126,288)	(120,468)
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		187,079	-	187,079	307,547
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>60,791</u></u>	<u><u>-</u></u>	<u><u>60,791</u></u>	<u><u>187,079</u></u>

The notes form part of these financial statements



**The New Bridge Foundation**

**Balance Sheet  
31 December 2024**

	Notes	Unrestricted fund £	Restricted funds £	2024 Total funds £	2023 Total funds £
<b>FIXED ASSETS</b>					
Tangible assets	9	362	-	362	725
Investments	10	57	-	57	173,317
		<u>419</u>	<u>-</u>	<u>419</u>	<u>174,042</u>
<b>CURRENT ASSETS</b>					
Debtors	11	20,145	-	20,145	148
Cash at bank		49,123	-	49,123	24,133
		<u>69,268</u>	<u>-</u>	<u>69,268</u>	<u>24,281</u>
<b>CREDITORS</b>					
Amounts falling due within one year	12	(8,896)	-	(8,896)	(11,244)
<b>NET CURRENT ASSETS</b>		<u>60,372</u>	<u>-</u>	<u>60,372</u>	<u>13,037</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>60,791</u>	<u>-</u>	<u>60,791</u>	<u>187,079</u>
<b>NET ASSETS</b>		<u>60,791</u>	<u>-</u>	<u>60,791</u>	<u>187,079</u>
<b>FUNDS</b>	13				
Unrestricted funds				60,791	187,079
<b>TOTAL FUNDS</b>				<u>60,791</u>	<u>187,079</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

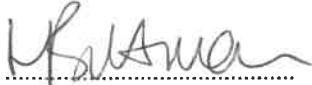
The notes form part of these financial statements

**The New Bridge Foundation**

**Balance Sheet - continued**  
**31 December 2024**

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on .....13.15.25..... and were signed on its behalf by:



Helen Boothman - Trustee



John Patrick O'Reilly - Trustee

The notes form part of these financial statements

**The New Bridge Foundation**  
**Notes to the Financial Statements**  
**for the year ended 31 December 2024**

**1. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention, with the exception of investments which are included at market value, as modified by the revaluation of certain assets.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**Allocation and apportionment of costs**

Support costs are based on a percentage of the actual costs incurred, calculated on a staff time basis.

**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 25% on cost
Computer equipment	- 25% on cost

**Taxation**

The charity is exempt from corporation tax on its charitable activities.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**Volunteers**

In accordance with SORP 2005, the contribution of volunteers is not recognised in the Financial Statements, as the value of their contribution cannot be reasonably quantified in financial terms. An exception may be made where a donor provides services as part of their trade or profession and where the charity would otherwise have had to purchase those services externally. In these cases, if material, those donated services would be valued at the open market value to the charity.

**The New Bridge Foundation**

**Notes to the Financial Statements - continued  
for the year ended 31 December 2024**

**2. INVESTMENT INCOME**

	2024	2023
	£	£
Other investment income	<u>1,476</u>	<u>6,277</u>

**3. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	2024	2023
	£	£
Depreciation - owned assets	<u>363</u>	<u>363</u>

**4. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 December 2024 nor for the year ended 31 December 2023.

**Trustees' expenses**

Trustees were reimbursed travel expenses during the year amounting to £175.00

**5. STAFF COSTS**

	2024	2023
	£	£
Wages and salaries	180,932	180,244
Social security costs	<u>14,681</u>	<u>14,886</u>
	<u>195,613</u>	<u>195,130</u>

The average monthly number of employees during the year was as follows:

	2024	2023
Direct charitable work	4	4
Administration	<u>1</u>	<u>1</u>
	<u>5</u>	<u>5</u>

No employees received emoluments in excess of £60,000.

One member of staff received a salary of more than £60,000.

**The New Bridge Foundation**

**Notes to the Financial Statements - continued  
for the year ended 31 December 2024**

**6. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted fund £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	170,564	-	170,564
Investment income	6,277	-	6,277
<b>Total</b>	<u>176,841</u>	<u>-</u>	<u>176,841</u>
<b>EXPENDITURE ON</b>			
Raising funds	70,424	-	70,424
<b>Charitable activities</b>			
Befriending	177,778	-	177,778
Administration costs	22,352	-	22,352
Strategy Development	26,755	-	26,755
<b>Total</b>	<u>297,309</u>	<u>-</u>	<u>297,309</u>
<b>NET INCOME/(EXPENDITURE)</b>	(120,468)	-	(120,468)
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	307,547	-	307,547
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>187,079</u>	<u>-</u>	<u>187,079</u>

**7. FIXED ASSET INVESTMENTS**

There were no investment assets outside the UK.

The company's investments at the balance sheet date include the following:

Inside Time Limited

Nature of business: Publishing of newspapers for prisoners

Inside Time Limited (a fully owned subsidiary) is a company limited by guarantee and does not have any share capital.

	2024 £	2023 £
Aggregate capital and reserves	106,574	91,543
Surplus for the year	15,031	16,335

**The New Bridge Foundation**

**Notes to the Financial Statements - continued  
for the year ended 31 December 2024**

**8. INDEPENDENT EXAMINATION FEE**

The Independent Examination Fee for the year is £1,920.

**9. TANGIBLE FIXED ASSETS**

	Fixtures and fittings £	Computer equipment £	Totals £
<b>COST</b>			
At 1 January 2024 and 31 December 2024	3,025	1,088	4,113
<b>DEPRECIATION</b>			
At 1 January 2024	3,025	363	3,388
Charge for year	-	363	363
At 31 December 2024	3,025	726	3,751
<b>NET BOOK VALUE</b>			
At 31 December 2024	-	362	362
At 31 December 2023	-	725	725

**10. FIXED ASSET INVESTMENTS**

	Unlisted investments £
<b>MARKET VALUE</b>	
At 1 January 2024	173,317
Disposals	(174,455)
Revaluations	1,195
At 31 December 2024	57
<b>NET BOOK VALUE</b>	
At 31 December 2024	57
At 31 December 2023	173,317

There were no investment assets outside the UK.

Cost or valuation at 31 December 2024 is represented by:

	Unlisted investments £
Valuation in 2019	18,716
Valuation in 2020	16,267
Valuation in 2021	25,222
Valuation in 2022	(58,282)
Valuation in 2023	11,608
Valuation in 2024	(13,474)
	57

The company's investments at the balance sheet date in the share capital of companies include the following:



**The New Bridge Foundation**

**Notes to the Financial Statements - continued  
for the year ended 31 December 2024**

**10. FIXED ASSET INVESTMENTS - continued**

**Inside Time Limited**

Registered office:

Nature of business: Publishing of newspapers for prisoners

Inside Time Limited is a fully owned subsidiary of The New Bridge Foundation, is a company limited by guarantee and does not have any share capital.

**11. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2024	2023
	£	£
Trade debtors	20,000	-
Prepayments and accrued income	145	148
	<u>20,145</u>	<u>148</u>

**12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2024	2023
	£	£
Trade creditors	2,857	330
Other creditors	3,939	7,247
Accruals and deferred income	2,100	3,667
	<u>8,896</u>	<u>11,244</u>

**13. MOVEMENT IN FUNDS**

	At 1.1.24	Net movement in funds	At 31.12.24
	£	£	£
<b>Unrestricted funds</b>			
General fund	187,079	(126,288)	60,791
	<u>187,079</u>	<u>(126,288)</u>	<u>60,791</u>
<b>TOTAL FUNDS</b>	<u>187,079</u>	<u>(126,288)</u>	<u>60,791</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
<b>Unrestricted funds</b>			
General fund	182,052	(308,340)	(126,288)
	<u>182,052</u>	<u>(308,340)</u>	<u>(126,288)</u>
<b>TOTAL FUNDS</b>	<u>182,052</u>	<u>(308,340)</u>	<u>(126,288)</u>

**The New Bridge Foundation**

**Notes to the Financial Statements - continued  
for the year ended 31 December 2024**

**13. MOVEMENT IN FUNDS - continued**

**Comparatives for movement in funds**

	At 1.1.23 £	Net movement in funds £	At 31.12.23 £
<b>Unrestricted funds</b>			
General fund	307,547	(120,468)	187,079
<b>TOTAL FUNDS</b>	<u>307,547</u>	<u>(120,468)</u>	<u>187,079</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	176,841	(297,309)	(120,468)
<b>TOTAL FUNDS</b>	<u>176,841</u>	<u>(297,309)</u>	<u>(120,468)</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.1.23 £	Net movement in funds £	At 31.12.24 £
<b>Unrestricted funds</b>			
General fund	307,547	(246,756)	60,791
<b>TOTAL FUNDS</b>	<u>307,547</u>	<u>(246,756)</u>	<u>60,791</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	358,893	(605,649)	(246,756)
<b>TOTAL FUNDS</b>	<u>358,893</u>	<u>(605,649)</u>	<u>(246,756)</u>

**The New Bridge Foundation**

**Notes to the Financial Statements - continued  
for the year ended 31 December 2024**

**14. RELATED PARTY DISCLOSURES**

During the year the Charity received a donation from its subsidiary, Inside Time Limited, amounting to £Nil (2023 - £Nil).

**15. LIABILITY OF MEMBERS**

The company is constituted as a company limited by guarantee. In the event of the charity being wound up members are required to contribute an amount not exceeding £1.