



Annual Report 2022

“Prison is a hard environment for everyone. And you have no idea the incredible positive impact of a stranger showing you a bit of humanity, kindness and encouragement when all we are surrounded by is damaged people. From my heart and soul, thank you.”

Foreword

The feedback from people in prison (like the quote below) provided the inspiration for New Bridge volunteers to resume visits with renewed enthusiasm in 2022 and this was an inspiring year for everyone at New Bridge. With the Covid restrictions of the previous years finally starting to abate, more of our volunteers have been able to visit the people that they support across many prisons in England and Wales.

“Visits act as an incentive to remain positive, following prison rules instead of being troublesome to the authorities. Visitors help to remind one that we are not monsters, but human beings. They give us hope, a purpose for living in this hell waiting for that next visit. Their ‘positivity’ helps to keep me sane.”



Michael Spurr, keynote address at our volunteer conference

We were also able to hold our Volunteer Conference once again, for the first time since 2019 – an opportunity to bring new and experienced volunteers and supporters together to hear from a range of speakers connected with our work, including a former prisoner who benefitted from our service in the past. The conference was the first public engagement for our new President, Michael Spurr CB, former Chief Executive Officer of HM Prison and Probation Service (HMPPS), who we were delighted to appoint to role in September 2022. He brings with him a vast array of experience across criminal justice and unique insight into HMPPS. Michael said of his appointment: “New Bridge Volunteers do an amazing job. They give up their time to support prisoners who have lost contact with the outside world and are struggling to cope. Through correspondence and visits they demonstrate our common humanity and provide hope. It is a huge privilege to become their President.”

However, against the backdrop of positive progress for staff and volunteers, we know that the experiences of those in prison continued much the same, with the very slow return to pre-Covid routines hampered by staffing shortages. The number of people in prison began to rise in the second half of the year as the covid-induced court backlog began to ease, and people serving IPPs (Imprisonment for Public Protection) saw no response to calls for reform. **We saw another increase in demand for our services, and more depictions of the impact of loneliness and isolation behind bars.**

“for those who have no one or who feel alone, isolated and need to hear from a friendly ‘voice’ – it means the world.”

We therefore spent the summer and autumn convening staff, Trustees and a small group of volunteers to work on our new strategy, for 2023-2025. **Our main goals were to find ways of being able to support more people, and to ensure that the support we do provide is truly impactful.** We were delighted to finalise an ambitious three-year strategy which sees us looking to double the number of people we support by the end of 2025, alongside developing deeper insights into our work and a clearer impact measure. You can read more about the strategy in this report.

At a time when many charities have been struggling to recruit volunteers, we have been overjoyed with the number of new volunteers who would like to make a difference to someone else's life. 2022 was also a year where our volunteer community inspired us with their continued dedication, compassion and empathy. We were also humbled by their tenure: we presented long-service awards at the Volunteer Conference to 3 people who have been volunteering with us for 20 years, and 1 person for an astounding 30 years! We simply could not operate without the wonderful community of people who make up New Bridge,



Ann with her 20 year service award

“It has given me hope in society for when I leave. I didn't have that before.”

and we'd like to formally thank every volunteer and member of staff for all that they do, and to celebrate their contribution throughout 2022 and beyond.

Helen Boothman
Chair

Lucy Ball
CEO

About New Bridge

Our history

The New Bridge Foundation is a charity which was founded in 1956 with the intention of using volunteers to support people in prison to resettle back into the community after release, by prominent prison reformer Lord Longford. Over the years we have run a variety of additional projects to support people to this end, including Through The Gate programmes and family support programmes. However **our core offering since our inception has been a befriending service delivered by volunteers, which we continue to run today.** For over 65 years, our volunteers have offered a bridge to the outside world to people serving prison sentences across England and Wales by offering non-judgemental social contact.

We are proud to have Michael Spurr, CB (former CEO, HMPPS) as our President, and Professor David Wilson (criminologist, author and former prison governor) and Reverend Jonathan Aitken as our Vice Presidents, as well as a royal patron in HRH Princess Alexandra.



Tony and his 30 year service award

What we do

We support people in prisons in England and Wales, who are often some of the most isolated and marginalised people in society. We help to reduce their isolation and loneliness by matching them with a trained volunteer, with whom they communicate through letters or emails. Once they have been writing for at least 6 months, the volunteer can start visiting the person in prison, making 3-4 visits per year.

After being trained, every volunteer joins a Volunteer Support Group, which is Chaired by an experienced volunteer. Each group meets once per month and members attend to discuss their correspondence and visits, giving them the opportunity to raise any concerns about the relationship or the prisoner's welfare in a friendly and encouraging atmosphere. Support groups are spread across the country, with volunteers choosing whether to join one which meets in person locally, or meets online via videoconference.

“It has given me hope in society for when I leave. I didn't have that before.”



Jamie, former prisoner, speaks at our volunteer conference

Our vision:

Every person in prison feels a meaningful connection to the outside world.

Our mission:

We match people in prisons with trained volunteers who offer long-term support through a combination of correspondence and visits. This provides people in prison with a bridge to the outside world, along with an increased sense of value and potential for their future.

Our values:



Non-judgemental

We believe every person has value.



Inclusive

We accept applications from any person in prison, and any volunteer who shares our values.



Independent

We are wholly separate from and not influenced by the criminal justice system.



Prisoner-led

Our volunteers shape their support, correspondence and visits around the needs of the person they support.



Constant

We provide a reliable connection between those inside and outside prison.



“I was always a negative person who believed and thought of myself as a failure and not worth anything but because of them they have shown me that there is more to life than we realise and I am a good person who can be good again if I try.”

Hi . Just a quick note to say its officially a week left today 19/10/22. I want to thank you for all your lovely letters over the last 2 years, hearing about your life and following 's Journey has been lovely. Thank you for all your support through my tough times and the extra cards from the holidays. Youve been a great help and Ive loved the updates through this time. Take care of yourself and your family. Cherish every day.

Pre release thank you note to volunteer

2022 in Numbers

6,561 

hours were spent
volunteering
(up from 6,113 in 2021)

★ We received
103
applications
from volunteers

> <

★ We received
196
applications from
people in prison ★



768
people in prison
connected with a
befriender



292
volunteers
worked with us



470
phone calls
were made



9,884
letters and emails
were exchanged between people
in prison and their volunteer

We supported
1,035
people across
78 prison
sites



“ I would recommend
this service to others
because it has done
me the world of good
by not only staying
in touch with the
outside world but
has opened me up on
my trust issues and
communicating with
peers my own age. ”

Service Users

Our service is person-centred rather than place-based, so we accept applications from any person in any prison in England and Wales. During 2022 we received new applications from 196 people in prison, and over the course of the year we made 170 new matches with volunteers.

We know that our service users value having a befriender, and the connection that our volunteers provide. They are also happy to recommend us to others: around 40% of the people we support heard about us through another person in prison.

Once a person has applied to join our service, we are committed to supporting them for the long-term. Whilst they are on the waiting list for a volunteer we will send them regular letters, along with birthday and Christmas cards. If a service user's befriender decides at any point that they are no longer able to volunteer, then we will match them up with a new befriender as soon as possible.

Initial analysis of our 2022 service evaluation indicates that the people we support feel better or much better about the following since being matched with their volunteer*:

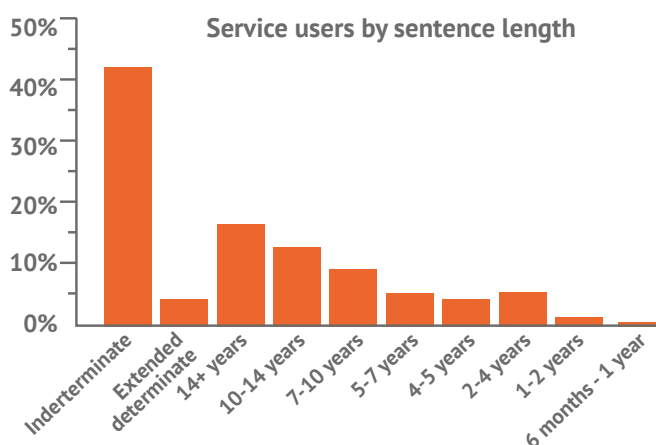
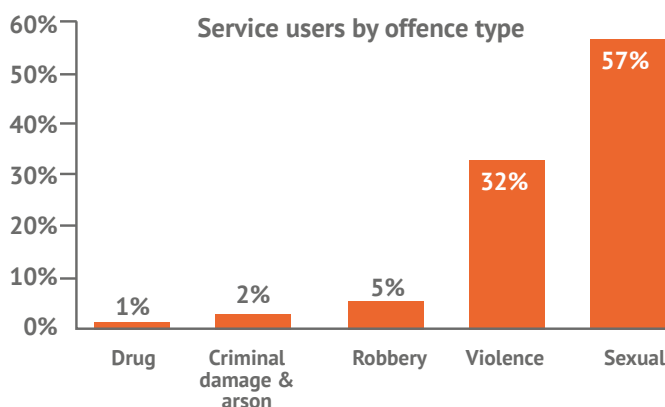
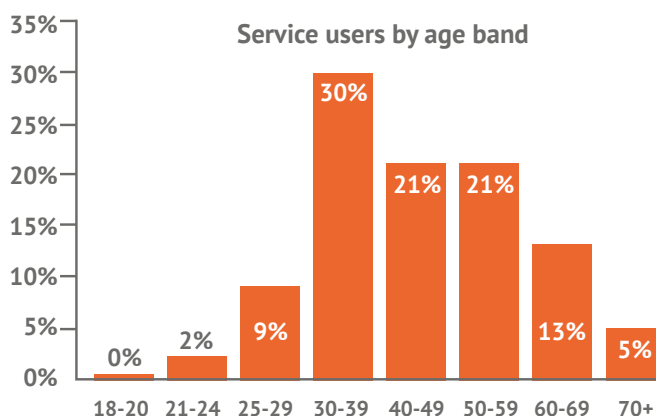
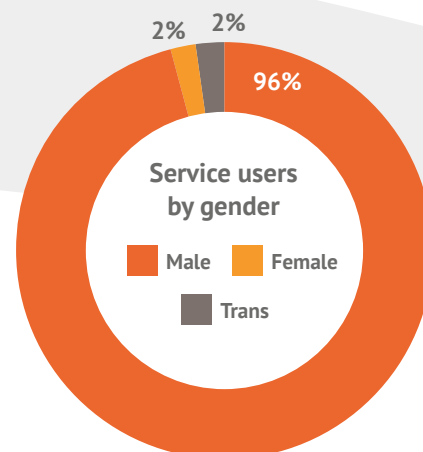
83% Getting through their sentence

78% The future

75% Their connectedness to the outside world

77% Themselves

*Data is still being analysed, and final results will be available in our service evaluation report, which will be published on our website.



Volunteers

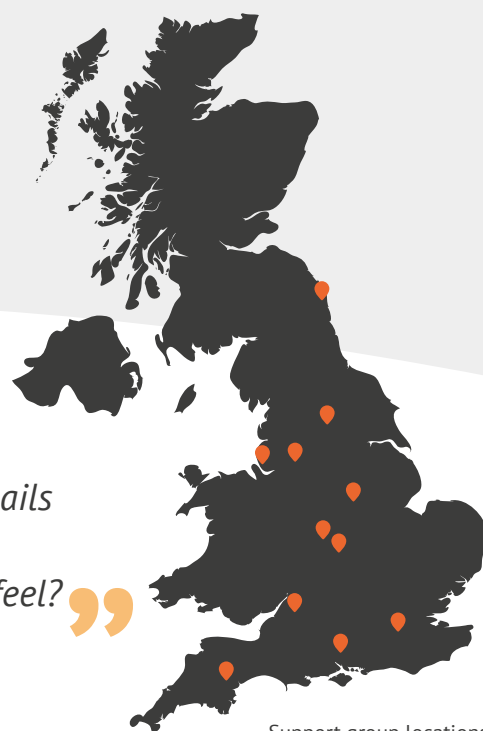
“It’s part of my social life; it’s widened my social circle; I get real letters delivered by the postman, to break up the constant stream of emails and texts. And if I get excited at the sight of an envelope on the doormat, how must a prisoner feel?”

Our volunteers come from all walks of life, but have one thing in common: a belief in our mission.

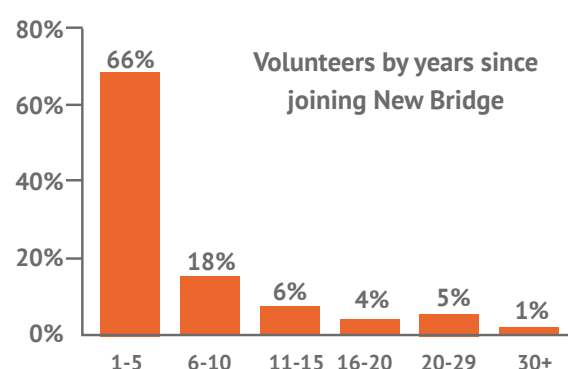
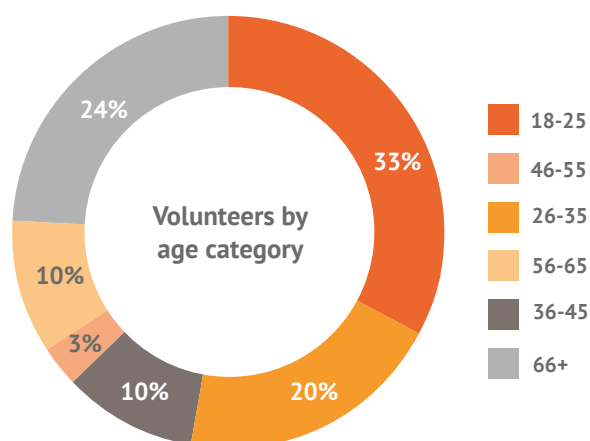
Our volunteers are on the frontline of our work, delivering constant, reliable support to people in prison. They give their time and compassion through the highs and lows experienced by the people they support.

In turn, we ensure that our volunteers are supported: each person is a member of a volunteer support group which meets once per month and provides the opportunity to discuss their correspondence and visits and raise any concerns about the relationship or the person in prison’s welfare in a friendly and encouraging environment. Support groups are spread across the country, with a mixture of virtual and in-person settings.

Our volunteering offer is very flexible, with letters and visits being organised around each volunteer’s own schedule. **This flexibility has helped people to continue in their role for long periods of time, fitting it in around their work, studies and personal lives.** We gave out long service awards in 2022 to 3 volunteers celebrating 20 years with us, and 1 who had reached 30 years! This long service is testament not only to the flexibility of the role, but to the enjoyment that volunteers draw from building long-standing social connections with the people they support. Reflecting on her 20 years of volunteering with New Bridge, Ann said “*I think we can either be vengeful as a society or we can try to help, and it seems to be that befriending really does help reduce reoffending*”.



Support group locations



We recruit and train volunteers all year round. If you are interested in volunteering with us (or know someone who might be) then you can find more information and our online application form: newbridgefoundation.org.uk/volunteer-with-us

Our Supporters

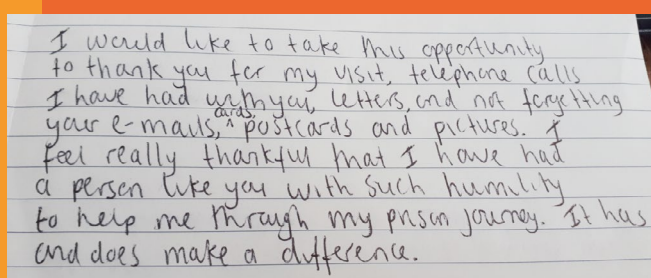
“Getting a New Bridge befriender was the best thing I’ve ever done in prison, they have helped me develop as a person and in the way I see the world. They are amazing and would like to say a big thank you to those who take time out of their lives (even if it’s just 5 minutes to write a letter) to support someone in prison. Real stars.”

We couldn’t exist to impact lives in the way that we do without the generous financial donations of our supporters.

Last year we were grateful to receive donations of over £1,000 from the following grant making trusts:

- 1772 Charity
- 29th May 1961 Charitable Trust
- Albert Hunt Trust
- Allen Trust
- Carr Gregory Trust
- Christopher Rowbotham Charitable Trust
- Dischma Charitable Trust
- Drapers Charitable Fund
- Eleanor Rathbone Charitable Trust
- Enterprise RAC UK Ltd
- G M Morrison Charitable Trust
- Lord Faringdon Charitable Trust
- Michael & Shirley Hunt Charitable Trust
- Mirianog Trust
- Oak Trust
- Peter Stebbings Memorial Charity
- Robert Gavron Charitable Trust
- Shanly Foundation
- Sir James Reckitt Charity
- Sir James Roll Charitable Trust
- Vandervell Foundation
- Zochonis Charitable Trust

We are keen to build further partnerships in 2023. If you are interested in supporting our work, please get in touch via info@newbridgefoundation.org.uk



I would like to take this opportunity to thank you for my visit, telephone calls I have had with you, letters, and not forgetting your e-mails, postcards and pictures. I feel really thankful that I have had a person like you with such humility to help me through my prison journey. It has and does make a difference.

Pre release thank you note to volunteer

“We are pleased to support New Bridge Foundation and its important work in supporting some of society’s most marginalised people. When prisoners are isolated, with no visitors and confined to their cell for much of the day, correspondence or a visit from one of the charity’s trained volunteers gives hope and purpose.”

Worshipful Company of Drapers

Volunteer Profile

How did I get involved with New Bridge? It wasn't initially what I thought I was looking for. I'd long had an interest in prisons since a friend, in the 1980's, spent months in jail and I saw the negative impact on his mental health and in fact, on the rest of his life. I'd had some involvement in prison-related activities but in recent decades hadn't found ways of being involved.

During lockdown I heard an excellent short radio series where a woman spoke of her experience as the wife of a man imprisoned for fraud. This reignited my motivation to improve life for prisoners and I searched for ways of getting involved in prison reform. I found that as a

“other than donating money there seemed little I could do, so I searched online for other prison-related activities. That was how I found New Bridge.”



600 Christmas cards signed and sent out to people in prison

volunteer, other than donating money there seemed little I could do, so I searched online for other prison-related activities. That was how I found New Bridge.

Things about New Bridge that attracted me were the promise of thorough training; the personal challenge of setting aside judgement and building and maintaining a connection with someone I might not initially like; commitment of and to a local support group; and – for me especially important because I'm often away from home – flexibility in when and where I honour these commitments. Whether our local monthly support group is meeting face to face or online, connecting via zoom is always an option so I can receive and offer support wherever I am.

The online training gave me plenty of facts, guidance and challenges to consider. Before choosing a prisoner to befriend I attended – online – a local support group meeting where members' accounts of their recent contacts with the person or people they support brought to life the words and concepts from the training. Now I was ready to select my first 'befriendee'. This took place about a year ago.

Writing my first letter I was aware that I might not get a response. I was touched by the reply I received, so full of appreciation and readiness to connect. Initial letters were introductory, listing interests and experiences, searching for connections and topics to explore. Over the year it feels our confidence has grown so as well as 'safe' topics of shared interest we can now express and to some extent debate our very different political views.

Visits give a big boost to the sense of connection and prompt more personal exchanges. I was concerned before my first visit that I'd be a disappointment and

“ Following my second visit I left the prison with such a sense of elation, of the wonder that as humans we can make meaningful connections in the most unlikely situations, that I decided I was ready to request a second ‘befriendee.’ ”

that we might struggle to fill the time. The exact opposite happened: time flew and we ranged over past, present and future in our conversation, some of it quite personal and all adding to a sense of mutual enjoyment of conversation and connection. Letters flow more easily after visits.

Following my second visit I left the prison with such a sense of elation, of the wonder that as humans we can make meaningful connections in the most unlikely situations, that I decided I was ready to request a second ‘befriendee’. This too has been a joy and has highlighted for me the different ways people respond to prison as well as the differences within different prisons.

No two prisoners will be alike just as no two New Bridge volunteers will be. I feel I’ve been lucky with the two people I write to: both are very responsive and very appreciative. I guess it’s inevitable that over coming years we might have dull or difficult times with letter writing, but I feel we’ve made a very positive start and I’m committed to continuing for as long as it’s what the ‘befriendees’ want.

I’ve been surprised that something I started doing from a sense of moral outrage has turned into a genuine heartfelt pleasure. I feel real joy when I hear



Letters from people in prison to be redirected to their volunteer

good news from ‘my’ prisoners and when they trust me enough to tell me something meaningful to them. Like all real relationships, yes, it’s a commitment but again, like all real relationships it makes me know I’m alive and it feels like one of the most constructive and rewarding uses of my time.

Anthea



Strategy 2023-25

In the time since New Bridge was founded, the prison population has risen from around 20,000 to over 80,000 today. It is expected to rise to almost 100,000 by 2026.

It is widely accepted that having social contact whilst in prison improves a person's mental health as well as helping develop pro-social attitudes which are known to drastically reduce the likelihood of reoffending on release (c.39% higher for those with no visits). The proportion of people in prison with no family or friends visiting them is estimated at 31%: currently c.24,800 people, rising to c.31,000 in 2026 on current projections.

The need for services like New Bridge is expected to continue to rise, both in line with the general rise in prison population, but also with the rise in specific groups more likely to need our services. 17% of the prison population are aged 50 or over (there are now more than three and a half times more people aged over 60 in prison than there were in 2002), and 43% of men aged over 50 are serving sentences for sexual offences. We know that older people in prison

and those with convictions for sexual offences can experience the most isolating sentences of all, so we expect the increases in these populations to lead to higher numbers of applications for our service.

"I'm very grateful to New Bridge for providing me with an activity that I find very worthwhile and a new group of colleagues with whom I can share experiences and whom I can learn from. For anyone considering volunteering I highly recommend New Bridge."

Strategic goals

Our new strategy focuses on improving our service and expanding our reach, so that more isolated people in prison can experience the benefits of a befriender.

Our 3 key strategic goals are:



1. Scale Up



2. Understand and deepen impact



3. Increase and diversify income





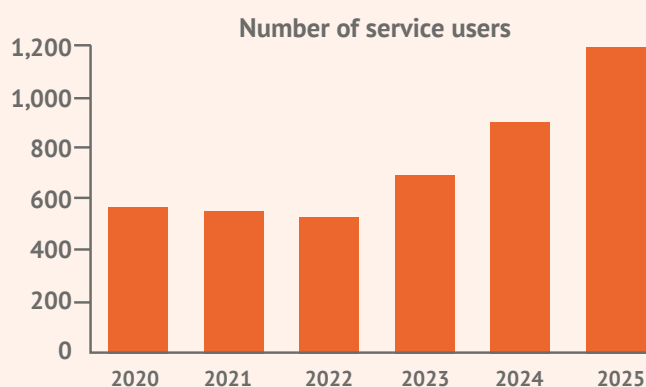
1. Scale Up

We want to double the number of service users by the end of the strategy. This will help us to meet the existing demand we see, with new applications arriving from people in prison every week, as well as prepare us to meet the increased demand we expect to see as prison numbers grow.

- We will raise awareness of our service amongst the prison population, so that more people who would benefit from a befriender are aware of who we are and how they can join us
- We will recruit and train a high number of committed volunteers from a broad range of sources, and make the recruitment and training process easier for people to access



Michael Spurr, keynote address at our volunteer conference



2. Understand and deepen impact

We want to learn more about the impact our work has on our service users, so that we can enhance these benefits. We also want to explore whether there are ways we need to develop or refine our offer in order to better meet the needs of people in prison.

- We will partner with an external academic institution to help us conduct high quality annual service evaluations, allowing us to see how we are performing against our new impact measure
- We will review all of the data we collect, to form hypothesis about the potential support needs of our service users in the future, in light of broader changes in the criminal justice system

Our new impact measure seeks to identify how a person in prison's experience of being befriended by a New Bridge volunteer has affected:

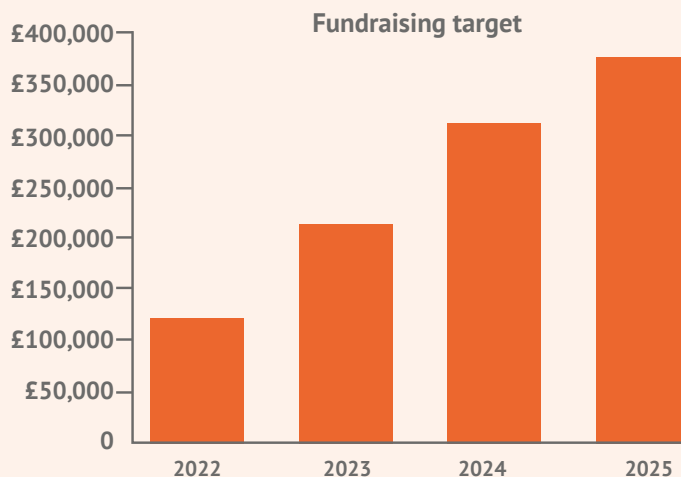
- Their ability to get through their sentence
- Their feelings about themselves
- Their feelings about the future
- Their connectedness to the outside world



3. Increase and diversify income

We want to develop new funding streams and multi-year income sources to ensure the long-term financial sustainability of New Bridge to continue its long history of delivering services.

- We will raise funds from large Grant Making Trusts (in addition to our existing small Trust supporters), and seek to secure multi-year funding agreements
- We will develop an individual supporter fundraising stream, to steward individuals through the process of making a gift, and recognise their huge contribution



Anyway, you enquired how things are going with my befriender. I'm happy to report that things are really good, there's an ebb and flow, trust, confidence and humour in our letters. I enjoy her letters, she's very supporting. Sincere and genuine, not to mention interesting. You really have the knack of finding the right connection and you should be proud of what you do. As you're aware I have no family or friends outside, receive little mail, other than legal, and have zero visits since my parents passed many many years ago. So to get a letter from a befriender is brilliant, especially as I love to write. It's one of the many things and I have in common and writing without effort is a gift.

We've shared with honesty and I feel relaxed and open, as I did when I wrote to my previous befriender. suggested she visit me sometime in early 2023 which will be great, nice to put a voice and face to a pen as it were. I'm mindful of the time and finance of a visit and feel guilty as I cannot buy a coffee in return!

Right, time to post this, but before I go Pauline, thank you for all you and Newbridge do. I really value it, and yes, it makes a real positive difference, removes loneliness, keeps me abreast of real values and provides the greatest gift - warmth and kindness. Long may it continue.

Feedback letter from person in prison

How will we get there?

To reach our strategic goals, we will need to focus on the following:

- **Raising our profile:** we need to get better at telling our story, and to new audiences, in order to attract more potential service users, volunteers and funders
- **Embedding a culture of Equity, Diversity & Inclusion:** we need to attract and be able to offer tailored support to a broader range of people in prison and volunteers, so that people from all backgrounds and with diverse needs are able to participate, in order to better represent the communities we support and work with. We also need to seek out ways to diversify the make-up of our organisation at all levels as we grow over the next three years
- **Effective management and governance:** we need to closely monitor our progress over the next three years to help us reach our strategic goals, finding ways to modernise systems and processes so that the cost per service user goes down as we scale up (by c.40% by the end of 2025). This will require full commitment from a skilled Board of Trustees, and strong performance management by senior staff

“At New Bridge I found my new community and focus. The monthly support groups the befrienders attend provided contact with people with whom I now shared a common goal. People otherwise I wouldn't have met. The reports from each member of the group helped me to gain in confidence and I now write to four people.”

How can you help us deliver our strategy?

- **Help spread the word about what we do, to raise our profile:** could you share this report with someone who may be interested in our work?
- **Join us as a volunteer,** or share our volunteering opportunity with people who may be a good fit newbridgefoundation.org.uk/volunteer-for-us
- **Donate:** every donation helps us to reach more isolated people in prison newbridgefoundation.org.uk/appeal/donate
- **Help us build corporate volunteering partnerships:** we provide bespoke in-house training and quarterly reporting for organisations who help us recruit their staff as volunteers



© Andy Aitchison



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Newbridgefoundation



@new_bridge



New Bridge Foundation



I've always felt I wouldn't be able to cope on the outside world as I've been locked up for 13 years and in/out since 13 yrs old. But my volunteer tells me that I've got qualifications, I can work, I can get help with my mental health and live within the community.



REGISTERED COMPANY NUMBER: 05048063
REGISTERED CHARITY NUMBER: 1103511

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 December 2022
for
The New Bridge Foundation

Grant Harrod Lerman Davis LLP
Chartered Accountants
1st Floor
Healthaid House
Marlborough Hill
Harrow
Middlesex
HA1 1UD

**Contents of the Financial Statements
for the year ended 31 December 2022**

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The New Bridge Foundation
Report of the Trustees
for the year ended 31 December 2022

The trustees who were also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 December 2022. The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities.

OBJECTIVES AND ACTIVITIES

Objectives and aims

The New Bridge Foundation is a charity which supports people in prison. The object of the charity as set out in the company's memorandum of association is to promote and support the education, befriending and resettlement of people in prison and ex-offenders.

Our aim is to support prisoners while they are in prison to build a connection to the outside world. We believe that this helps to aid reintegration and reduce offending.

PUBLIC BENEFIT

Our core activity is the provision of a befriending service to people serving prison sentences. We recruit dedicated volunteers and offer comprehensive training before matching them with a prisoner. Prisoners and their befrienders exchange letters, building a trusting, non-judgemental relationship. Befrienders and their prisoners can also connect via telephone calls, and befrienders often attend prisons to visit their prisoner. We believe that contact with the outside world prepares prisoners for release by helping to develop pro-social attitudes and increase self-esteem.

New Bridge's service is unique in that our befrienders stay matched with the same prisoner as they are moved around the prison estate. This continuity helps to build a deeper and more trusting relationship, at a time when prisoners are experiencing a large amount of change and disruption to routines.

The befrienders who volunteer for New Bridge can often be the only source of social connection or emotional support for prisoners who are no longer in contact with family or friends.

We reviewed and refined our vision and mission statements in 2022, which are as follows.

Our vision: Every person in prison feels a meaningful connection to the outside world.

Our mission: We match people in prison with trained volunteers who offer long-term support through a combination of correspondence and visits. This provides people in prison with a bridge to the outside world, along with an increased sense of value and potential for their future.

Our befriending service is open to applications from any prisoner in England and Wales.

The New Bridge Foundation

Report of the Trustees for the year ended 31 December 2022

ACHIEVEMENT AND PERFORMANCE

Achievements and performance

During 2022 we saw the prison regime slowly starting to return to a more normal service, and were pleased that our volunteers could once again begin booking visits to the people they support. Over 100 visits were made to people across prisons in England and Wales by our volunteers in 2022.

Demand for our service continued, with a further 196 applications received from people in prison. A total of 1,035 people in prison were supported over the course of the year, by a community of 292 volunteers.

We spent a significant part of the year on a strategy development project, bringing together Trustees, staff and a small group of volunteers to define New Bridge's vision, mission and strategic goals for the next strategy period, 2023-2025.

We refer to the guidance contained in the Charity Commission's general guidance on public benefit and reviewed our activities against the public benefit in our future planning. With a bold ambition to double the number of beneficiaries by the end of 2025, work began in the autumn on a targeted volunteer recruitment campaign which saw applications in the last quarter more than double the total from the first three quarters, and provide evidence of our ability to find new ways to grow and support more people in prison.

Impact

As part of our strategy development work, we conducted a small survey with a cross section of people we support, to measure the impact of our work. Responses demonstrated that since being matched with a New Bridge volunteer befriender:

- 88% of people felt better or much better about getting through their sentence
- 83% felt better or much better about themselves
- 80% felt better or much better connected to the outside world
- 77% felt better or much better about the future

Every year we ask prisoners to complete an evaluation form to report on the service we provide and the impact it has had on them. One of the people we supported in 2022 reported: "Prison is a hard environment for everyone. And you have no idea the incredible positive impact of a stranger showing you a bit of humanity, kindness and encouragement when all we are surrounded by is damaged people. From my heart and soul, thank you."

Fundraising

The charity's primary source of funding was grants from Trusts and Foundations, which accounted for 81.9% of total income. Donations from individuals accounted for a further 8.7% of income, with the remaining 9.3% interest from invested funds.

We were delighted to be allocated a place for the 2023 TCS London Marathon, providing another avenue for fundraising through winter 2022 and into spring 2023.

We are extremely grateful for the continued support of a range of grant giving trusts and foundations, as well as individual donors.

FINANCIAL REVIEW

The strategy development project saw the charity budget for a deficit in the year of £142,000, the loss on valuation of investments of £48,000 took the total deficit to £190,000.

We have budgeted for a much smaller deficit in 2023 of £85,000 as the development project continues.

Reserves policy

The total unrestricted funds as at 31 December 2022 totalled £308,000 and is in line with the charity's reserves policy. A copy of this policy is available on the charity's website.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006 and incorporated in 2004.

Risk management

The charity regularly reviews its risk, in line with Charity guidance.

The New Bridge Foundation
Report of the Trustees
for the year ended 31 December 2022

STRUCTURE, GOVERNANCE AND MANAGEMENT

Recruitment and appointment of new trustees

Trustees have a range of experience in criminal justice and business. New trustees are appointed through an open advertising campaign highlighting the need for people with certain skills to oversee the charity. Trustees are sent the Charity Commission's Essential Trustee Guide, the Articles of Association, most recent annual report and befriending service evaluation. Induction includes briefing sessions from the Chair about the obligations of trustees and how the board operates, an overview of finances from the Treasurer and briefings from the Chief Executive and staff team. Trustees are encouraged to participate in a training course for volunteers and to attend a regional group meeting to understand how New Bridge operates.

Organisational structure

The New Bridge Foundation has a board of nine trustees who meet four times a year and are responsible for the strategic direction and policy of the charity. Day to day responsibility for the charity rests with the Chief Executive and provision of befriending and management of the volunteers is led by the Director of Befriending supported by the Befriending Coordinator. The Operations Manager is also Company Secretary responsible for regular fundraising and for financial and business systems.

In January 2022 Judith Smith MBE resigned as Chief Executive and was succeeded by Dr Lucy Ball in February.

Sir Joseph Pilling stepped down as President in August, having previously supported New Bridge as Chair. The Trustees wish to express their gratitude to Sir Joseph Pilling for the many years of guidance and dedication he showed the charity, steering it through a variety of challenges and successes.

Sir Joseph Pilling was succeeded as President by Michael Spurr CB in September, who had been a long-term supporter of the charity's work whilst in role as CEO of HMPPS. The Trustees are delighted with his appointment, bringing as he does such valuable insight into prisons and probation and the criminal justice system more broadly.

Related parties

New Bridge has a wholly owned subsidiary company Inside Time Ltd which produces the newspaper. The Treasurer and another New Bridge trustee are members of the Inside Time Board of Directors.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

05048063 (Not specified/Other)

Registered Charity number

1103511

Registered office

1A Elm Park
London
SW2 2TX

The New Bridge Foundation

Report of the Trustees for the year ended 31 December 2022

Trustees

Dr Peter John Bennett
Faye Dyke
Dr Lynne Game
Susan Ellen Nicholas MBE
John Patrick O'Reilly
Sara Zalin
Helen Boothman Chair
Anna Parley
Ailie Rennie
John Scampion (resigned 30.1.2022)
Kevin Traynor (appointed 1.10.2022)

Patron

HRH Princess Alexandra, The Hon Lady Ogilvy, KG GCVO

President

Sir Joseph Pilling KCB
Michael Spurr, CB: appointed September 2022

Vice Presidents

Reverend Jonathan Aitken
Professor David Wilson

Chief Executive

Judith Smith MBE - resigned 31.01.22
Dr Lucy Ball - appointed 28.02.22

Company Secretary

Donna Frances King

Independent Examiner

Grant Harrod Lerman Davis LLP
Chartered Accountants
1st Floor
Healthaid House
Marlborough Hill
Harrow
Middlesex
HA1 1UD

Solicitors

Bates Wells
10 Queen Street Place
London
EC4R 1BE

The New Bridge Foundation

**Report of the Trustees
for the year ended 31 December 2022**

REFERENCE AND ADMINISTRATIVE DETAILS

Bankers


Barclays Bank PLC
5 High Road
Willesden Green
London NW10 2TE

CAF Bank Ltd
25 Kings Hill Avenue
Kings Hill
West Malling
Kent ME19 4JQ

HSBC
210 High Holborn
London WC1V 7HD

Approved by order of the board of trustees on and signed on its behalf by:

16/5/23


.....
Helen Boothman - Trustee

**Independent Examiner's Report to the Trustees of
The New Bridge Foundation**

Independent examiner's report to the trustees of The New Bridge Foundation ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 December 2022.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Jeremy Harrod FCCA

Grant Harrod Lerman Davis LLP
Chartered Accountants
1st Floor
Healthaid House
Marlborough Hill
Harrow
Middlesex
HA1 1UD

Date: 16/1/23

The New Bridge Foundation

**Statement of Financial Activities
for the year ended 31 December 2022**

	Notes	Unrestricted fund £	Restricted funds £	2022 Total funds £	2021 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		98,746	-	98,746	146,055
Investment income	2	10,198	-	10,198	9,501
Other income		-	-	-	25,222
Total		<u>108,944</u>	<u>-</u>	<u>108,944</u>	<u>180,778</u>
EXPENDITURE ON					
Raising funds		53,154	-	53,154	30,698
Charitable activities					
Befriending		152,550	-	152,550	148,786
Administration costs		25,923	-	25,923	31,445
Strategy Development		68,790	-	68,790	-
Total		<u>300,417</u>	<u>-</u>	<u>300,417</u>	<u>210,929</u>
NET INCOME/(EXPENDITURE)		(191,473)	-	(191,473)	(30,151)
RECONCILIATION OF FUNDS					
Total funds brought forward		499,020	-	499,020	529,171
TOTAL FUNDS CARRIED FORWARD		<u><u>307,547</u></u>	<u><u>-</u></u>	<u><u>307,547</u></u>	<u><u>499,020</u></u>

The New Bridge Foundation

**Balance Sheet
31 December 2022**

	Notes	Unrestricted fund £	Restricted funds £	2022 Total funds £	2021 Total funds £
FIXED ASSETS					
Investments	9	261,709	-	261,709	410,205
CURRENT ASSETS					
Debtors	10	264	-	264	4,764
Cash at bank		65,572	-	65,572	89,896
		<u>65,836</u>	<u>-</u>	<u>65,836</u>	<u>94,660</u>
CREDITORS					
Amounts falling due within one year	11	(19,998)	-	(19,998)	(5,845)
NET CURRENT ASSETS		<u>45,838</u>	<u>-</u>	<u>45,838</u>	<u>88,815</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>307,547</u>	<u>-</u>	<u>307,547</u>	<u>499,020</u>
NET ASSETS		<u>307,547</u>	<u>-</u>	<u>307,547</u>	<u>499,020</u>
FUNDS	12				
Unrestricted funds				<u>307,547</u>	<u>499,020</u>
TOTAL FUNDS				<u>307,547</u>	<u>499,020</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

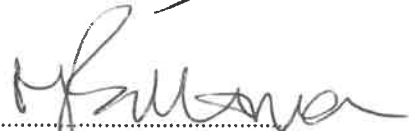
- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.


The New Bridge Foundation

Balance Sheet - continued
31 December 2022

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 16/1/23 and were signed on its behalf by:


.....
Helen Boothman - Trustee


.....
Kevin Traynor - Trustee

The notes form part of these financial statements

The New Bridge Foundation

Notes to the Financial Statements for the year ended 31 December 2022

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention, with the exception of investments which are included at market value, as modified by the revaluation of certain assets.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Allocation and apportionment of costs

Support costs are based on a percentage of the actual costs incurred, calculated on a staff time basis.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 25% on cost
-----------------------	---------------

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Volunteers

In accordance with SORP 2005, the contribution of volunteers is not recognised in the Financial Statements, as the value of their contribution cannot be reasonably quantified in financial terms. An exception may be made where a donor provides services as part of their trade or profession and where the charity would otherwise have had to purchase those services externally. In these cases, if material, those donated services would be valued at the open market value to the charity.

The New Bridge Foundation

**Notes to the Financial Statements - continued
for the year ended 31 December 2022**

2. INVESTMENT INCOME

	2022	2021
	£	£
Other investment income	10,198	9,501

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2022 nor for the year ended 31 December 2021.

Trustees' expenses

Trustees were reimbursed travel expenses during the year amounting to £0.00

4. STAFF COSTS

	2022	2021
	£	£
Wages and salaries	152,986	132,754
Social security costs	12,969	9,230
	<u>165,955</u>	<u>141,984</u>

The average monthly number of employees during the year was as follows:

	2022	2021
Direct charitable work	4	4
Administration	1	1
	<u>5</u>	<u>5</u>

No employees received emoluments in excess of £60,000.

No staff member received a salary of more than £60,000.

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	146,055	-	146,055
Investment income	9,501	-	9,501
Other income	25,222	-	25,222
Total	<u>180,778</u>	<u>-</u>	<u>180,778</u>
EXPENDITURE ON			
Raising funds	30,698	-	30,698
Charitable activities			
Befriending	148,786	-	148,786
Administration costs	31,445	-	31,445
Total	<u>210,929</u>	<u>-</u>	<u>210,929</u>

The New Bridge Foundation

**Notes to the Financial Statements - continued
for the year ended 31 December 2022**

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted fund £	Restricted funds £	Total funds £
NET INCOME/(EXPENDITURE)	(30,151)	-	(30,151)
RECONCILIATION OF FUNDS			
Total funds brought forward	529,171	-	529,171
TOTAL FUNDS CARRIED FORWARD	<u>499,020</u>	<u>-</u>	<u>499,020</u>

6. FIXED ASSET INVESTMENTS

	Shares in group undertakings £
COST	-
NET BOOK VALUE	
At 31 December 2022	-
At 31 December 2021	-

There were no investment assets outside the UK.

The company's investments at the balance sheet date include the following:

Inside Time Limited

Nature of business: Publishing of newspapers for prisoners

Inside Time Limited (a fully owned subsidiary) is a company limited by guarantee and does not have any share capital.

	2019 £	2018 £
Aggregate capital and reserves	64,229	58,523
Surplus for the year	5,706	3,503

The New Bridge Foundation

**Notes to the Financial Statements - continued
for the year ended 31 December 2022**

7. INDEPENDENT EXAMINATION FEE

The Independent Examination Fee for the year is £1,920.

8. TANGIBLE FIXED ASSETS

	Fixtures and fittings £
COST	
At 1 January 2022 and 31 December 2022	3,025
DEPRECIATION	
At 1 January 2022 and 31 December 2022	3,025
NET BOOK VALUE	
At 31 December 2022	-
At 31 December 2021	-

9. FIXED ASSET INVESTMENTS

	Unlisted investments £
MARKET VALUE	
At 1 January 2022	410,205
Disposals	(100,000)
Revaluations	(48,496)
At 31 December 2022	261,709
NET BOOK VALUE	
At 31 December 2022	261,709
At 31 December 2021	410,205

There were no investment assets outside the UK.

Cost or valuation at 31 December 2022 is represented by:

	Unlisted investments £
Valuation in 2019	18,716
Valuation in 2020	16,267
Valuation in 2021	25,222
Valuation in 2022	(53,484)
Cost	254,988
	261,709

The company's investments at the balance sheet date in the share capital of companies include the following:

The New Bridge Foundation

**Notes to the Financial Statements - continued
for the year ended 31 December 2022**

9. FIXED ASSET INVESTMENTS - continued

Inside Time Limited

Registered office:

Nature of business: Publishing of newspapers for prisoners

Class of share:	%
Ordinary	holding 100

Inside Time Limited is a fully owned subsidiary of The New Bridge Foundation, is a company limited by guarantee and does not have any share capital.

10. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Other debtors	97	200
Prepayments and accrued income	167	4,564
	<u>264</u>	<u>4,764</u>

11. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Trade creditors	10,949	396
Other creditors	7,129	3,529
Accruals and deferred income	1,920	1,920
	<u>19,998</u>	<u>5,845</u>

12. MOVEMENT IN FUNDS

	At 1.1.22	Net movement in funds	At 31.12.22
	£	£	£
Unrestricted funds			
General fund	499,020	(191,473)	307,547
	<u>499,020</u>	<u>(191,473)</u>	<u>307,547</u>
TOTAL FUNDS			
	<u>499,020</u>	<u>(191,473)</u>	<u>307,547</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	108,944	(300,417)	(191,473)
	<u>108,944</u>	<u>(300,417)</u>	<u>(191,473)</u>
TOTAL FUNDS			
	<u>108,944</u>	<u>(300,417)</u>	<u>(191,473)</u>

The New Bridge Foundation

**Notes to the Financial Statements - continued
for the year ended 31 December 2022**

12. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.1.21 £	Net movement in funds £	At 31.12.21 £
Unrestricted funds			
General fund	529,171	(30,151)	499,020
TOTAL FUNDS	<u>529,171</u>	<u>(30,151)</u>	<u>499,020</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	180,778	(210,929)	(30,151)
TOTAL FUNDS	<u>180,778</u>	<u>(210,929)</u>	<u>(30,151)</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.1.21 £	Net movement in funds £	At 31.12.22 £
Unrestricted funds			
General fund	529,171	(221,624)	307,547
TOTAL FUNDS	<u>529,171</u>	<u>(221,624)</u>	<u>307,547</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	289,722	(511,346)	(221,624)
TOTAL FUNDS	<u>289,722</u>	<u>(511,346)</u>	<u>(221,624)</u>

The above funds were restricted as follows:

Befriending: The Peter Stebbings Memorial Charity

The New Bridge Foundation

**Notes to the Financial Statements - continued
for the year ended 31 December 2022**

12. MOVEMENT IN FUNDS - continued

The core activity of New Bridge Foundation is Befriending People in prison, many of whom have lost contact with family and friends. Volunteers are trained in this role and are expected to write to and visit their befriendees for the rest of the custodial portion of their sentence.

13. RELATED PARTY DISCLOSURES

During the year the Charity received a donation from its subsidiary, Inside Time Limited, amounting to £Nil (2021 - £Nil).

14. LIABILITY OF MEMBERS

The company is constituted as a company limited by guarantee. In the event of the charity being wound up members are required to contribute an amount not exceeding £1.

REGISTERED COMPANY NUMBER: 05048063
REGISTERED CHARITY NUMBER: 1103511

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 December 2022
for
The New Bridge Foundation

Grant Harrod Lerman Davis LLP
Chartered Accountants
1st Floor
Healthaid House
Marlborough Hill
Harrow
Middlesex
HA1 1UD

**Contents of the Financial Statements
for the year ended 31 December 2022**

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The New Bridge Foundation
Report of the Trustees
for the year ended 31 December 2022

The trustees who were also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 December 2022. The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities.

OBJECTIVES AND ACTIVITIES

Objectives and aims

The New Bridge Foundation is a charity which supports people in prison. The object of the charity as set out in the company's memorandum of association is to promote and support the education, befriending and resettlement of people in prison and ex-offenders.

Our aim is to support prisoners while they are in prison to build a connection to the outside world. We believe that this helps to aid reintegration and reduce offending.

PUBLIC BENEFIT

Our core activity is the provision of a befriending service to people serving prison sentences. We recruit dedicated volunteers and offer comprehensive training before matching them with a prisoner. Prisoners and their befrienders exchange letters, building a trusting, non-judgemental relationship. Befrienders and their prisoners can also connect via telephone calls, and befrienders often attend prisons to visit their prisoner. We believe that contact with the outside world prepares prisoners for release by helping to develop pro-social attitudes and increase self-esteem.

New Bridge's service is unique in that our befrienders stay matched with the same prisoner as they are moved around the prison estate. This continuity helps to build a deeper and more trusting relationship, at a time when prisoners are experiencing a large amount of change and disruption to routines.

The befrienders who volunteer for New Bridge can often be the only source of social connection or emotional support for prisoners who are no longer in contact with family or friends.

We reviewed and refined our vision and mission statements in 2022, which are as follows.

Our vision: Every person in prison feels a meaningful connection to the outside world.

Our mission: We match people in prison with trained volunteers who offer long-term support through a combination of correspondence and visits. This provides people in prison with a bridge to the outside world, along with an increased sense of value and potential for their future.

Our befriending service is open to applications from any prisoner in England and Wales.

The New Bridge Foundation

Report of the Trustees for the year ended 31 December 2022

ACHIEVEMENT AND PERFORMANCE

Achievements and performance

During 2022 we saw the prison regime slowly starting to return to a more normal service, and were pleased that our volunteers could once again begin booking visits to the people they support. Over 100 visits were made to people across prisons in England and Wales by our volunteers in 2022.

Demand for our service continued, with a further 196 applications received from people in prison. A total of 1,035 people in prison were supported over the course of the year, by a community of 292 volunteers.

We spent a significant part of the year on a strategy development project, bringing together Trustees, staff and a small group of volunteers to define New Bridge's vision, mission and strategic goals for the next strategy period, 2023-2025.

We refer to the guidance contained in the Charity Commission's general guidance on public benefit and reviewed our activities against the public benefit in our future planning. With a bold ambition to double the number of beneficiaries by the end of 2025, work began in the autumn on a targeted volunteer recruitment campaign which saw applications in the last quarter more than double the total from the first three quarters, and provide evidence of our ability to find new ways to grow and support more people in prison.

Impact

As part of our strategy development work, we conducted a small survey with a cross section of people we support, to measure the impact of our work. Responses demonstrated that since being matched with a New Bridge volunteer befriender:

- 88% of people felt better or much better about getting through their sentence
- 83% felt better or much better about themselves
- 80% felt better or much better connected to the outside world
- 77% felt better or much better about the future

Every year we ask prisoners to complete an evaluation form to report on the service we provide and the impact it has had on them. One of the people we supported in 2022 reported: "Prison is a hard environment for everyone. And you have no idea the incredible positive impact of a stranger showing you a bit of humanity, kindness and encouragement when all we are surrounded by is damaged people. From my heart and soul, thank you."

Fundraising

The charity's primary source of funding was grants from Trusts and Foundations, which accounted for 81.9% of total income. Donations from individuals accounted for a further 8.7% of income, with the remaining 9.3% interest from invested funds.

We were delighted to be allocated a place for the 2023 TCS London Marathon, providing another avenue for fundraising through winter 2022 and into spring 2023.

We are extremely grateful for the continued support of a range of grant giving trusts and foundations, as well as individual donors.

FINANCIAL REVIEW

The strategy development project saw the charity budget for a deficit in the year of £142,000, the loss on valuation of investments of £48,000 took the total deficit to £190,000.

We have budgeted for a much smaller deficit in 2023 of £85,000 as the development project continues.

Reserves policy

The total unrestricted funds as at 31 December 2022 totalled £308,000 and is in line with the charity's reserves policy. A copy of this policy is available on the charity's website.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006 and incorporated in 2004.

Risk management

The charity regularly reviews its risk, in line with Charity guidance.

The New Bridge Foundation
Report of the Trustees
for the year ended 31 December 2022

STRUCTURE, GOVERNANCE AND MANAGEMENT

Recruitment and appointment of new trustees

Trustees have a range of experience in criminal justice and business. New trustees are appointed through an open advertising campaign highlighting the need for people with certain skills to oversee the charity. Trustees are sent the Charity Commission's Essential Trustee Guide, the Articles of Association, most recent annual report and befriending service evaluation. Induction includes briefing sessions from the Chair about the obligations of trustees and how the board operates, an overview of finances from the Treasurer and briefings from the Chief Executive and staff team. Trustees are encouraged to participate in a training course for volunteers and to attend a regional group meeting to understand how New Bridge operates.

Organisational structure

The New Bridge Foundation has a board of nine trustees who meet four times a year and are responsible for the strategic direction and policy of the charity. Day to day responsibility for the charity rests with the Chief Executive and provision of befriending and management of the volunteers is led by the Director of Befriending supported by the Befriending Coordinator. The Operations Manager is also Company Secretary responsible for regular fundraising and for financial and business systems.

In January 2022 Judith Smith MBE resigned as Chief Executive and was succeeded by Dr Lucy Ball in February.

Sir Joseph Pilling stepped down as President in August, having previously supported New Bridge as Chair. The Trustees wish to express their gratitude to Sir Joseph Pilling for the many years of guidance and dedication he showed the charity, steering it through a variety of challenges and successes.

Sir Joseph Pilling was succeeded as President by Michael Spurr CB in September, who had been a long-term supporter of the charity's work whilst in role as CEO of HMPPS. The Trustees are delighted with his appointment, bringing as he does such valuable insight into prisons and probation and the criminal justice system more broadly.

Related parties

New Bridge has a wholly owned subsidiary company Inside Time Ltd which produces the newspaper. The Treasurer and another New Bridge trustee are members of the Inside Time Board of Directors.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

05048063 (Not specified/Other)

Registered Charity number

1103511

Registered office

1A Elm Park
London
SW2 2TX

The New Bridge Foundation

Report of the Trustees for the year ended 31 December 2022

Trustees

Dr Peter John Bennett
Faye Dyke
Dr Lynne Game
Susan Ellen Nicholas MBE
John Patrick O'Reilly
Sara Zalin
Helen Boothman Chair
Anna Parley
Ailie Rennie
John Scampion (resigned 30.1.2022)
Kevin Traynor (appointed 1.10.2022)

Patron

HRH Princess Alexandra, The Hon Lady Ogilvy, KG GCVO

President

Sir Joseph Pilling KCB
Michael Spurr, CB: appointed September 2022

Vice Presidents

Reverend Jonathan Aitken
Professor David Wilson

Chief Executive

Judith Smith MBE - resigned 31.01.22
Dr Lucy Ball - appointed 28.02.22

Company Secretary

Donna Frances King

Independent Examiner

Grant Harrod Lerman Davis LLP
Chartered Accountants
1st Floor
Healthaid House
Marlborough Hill
Harrow
Middlesex
HA1 1UD

Solicitors

Bates Wells
10 Queen Street Place
London
EC4R 1BE

The New Bridge Foundation

**Report of the Trustees
for the year ended 31 December 2022**

REFERENCE AND ADMINISTRATIVE DETAILS

Bankers


Barclays Bank PLC
5 High Road
Willesden Green
London NW10 2TE

CAF Bank Ltd
25 Kings Hill Avenue
Kings Hill
West Malling
Kent ME19 4JQ

HSBC
210 High Holborn
London WC1V 7HD

Approved by order of the board of trustees on and signed on its behalf by:

16/5/23


.....
Helen Boothman - Trustee

**Independent Examiner's Report to the Trustees of
The New Bridge Foundation**

Independent examiner's report to the trustees of The New Bridge Foundation ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 December 2022.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Jeremy Harrod FCCA

Grant Harrod Lerman Davis LLP
Chartered Accountants
1st Floor
Healthaid House
Marlborough Hill
Harrow
Middlesex
HA1 1UD

Date: 16/1/23

The New Bridge Foundation

**Statement of Financial Activities
for the year ended 31 December 2022**

	Notes	Unrestricted fund £	Restricted funds £	2022 Total funds £	2021 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		98,746	-	98,746	146,055
Investment income	2	10,198	-	10,198	9,501
Other income		-	-	-	25,222
Total		<u>108,944</u>	<u>-</u>	<u>108,944</u>	<u>180,778</u>
EXPENDITURE ON					
Raising funds		53,154	-	53,154	30,698
Charitable activities					
Befriending		152,550	-	152,550	148,786
Administration costs		25,923	-	25,923	31,445
Strategy Development		68,790	-	68,790	-
Total		<u>300,417</u>	<u>-</u>	<u>300,417</u>	<u>210,929</u>
NET INCOME/(EXPENDITURE)		(191,473)	-	(191,473)	(30,151)
RECONCILIATION OF FUNDS					
Total funds brought forward		499,020	-	499,020	529,171
TOTAL FUNDS CARRIED FORWARD		<u><u>307,547</u></u>	<u><u>-</u></u>	<u><u>307,547</u></u>	<u><u>499,020</u></u>

The New Bridge Foundation

**Balance Sheet
31 December 2022**

	Notes	Unrestricted fund £	Restricted funds £	2022 Total funds £	2021 Total funds £
FIXED ASSETS					
Investments	9	261,709	-	261,709	410,205
CURRENT ASSETS					
Debtors	10	264	-	264	4,764
Cash at bank		65,572	-	65,572	89,896
		<u>65,836</u>	<u>-</u>	<u>65,836</u>	<u>94,660</u>
CREDITORS					
Amounts falling due within one year	11	(19,998)	-	(19,998)	(5,845)
NET CURRENT ASSETS		<u>45,838</u>	<u>-</u>	<u>45,838</u>	<u>88,815</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>307,547</u>	<u>-</u>	<u>307,547</u>	<u>499,020</u>
NET ASSETS		<u>307,547</u>	<u>-</u>	<u>307,547</u>	<u>499,020</u>
FUNDS	12				
Unrestricted funds				<u>307,547</u>	<u>499,020</u>
TOTAL FUNDS				<u>307,547</u>	<u>499,020</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

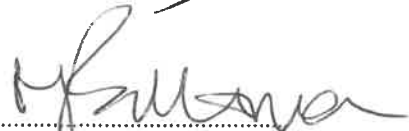
- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.


The New Bridge Foundation

Balance Sheet - continued
31 December 2022

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 16/1/23 and were signed on its behalf by:


.....
Helen Boothman - Trustee


.....
Kevin Traynor - Trustee

The notes form part of these financial statements

The New Bridge Foundation

Notes to the Financial Statements for the year ended 31 December 2022

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention, with the exception of investments which are included at market value, as modified by the revaluation of certain assets.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Allocation and apportionment of costs

Support costs are based on a percentage of the actual costs incurred, calculated on a staff time basis.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 25% on cost
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Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Volunteers

In accordance with SORP 2005, the contribution of volunteers is not recognised in the Financial Statements, as the value of their contribution cannot be reasonably quantified in financial terms. An exception may be made where a donor provides services as part of their trade or profession and where the charity would otherwise have had to purchase those services externally. In these cases, if material, those donated services would be valued at the open market value to the charity.

The New Bridge Foundation

**Notes to the Financial Statements - continued
for the year ended 31 December 2022**

2. INVESTMENT INCOME

	2022	2021
	£	£
Other investment income	10,198	9,501

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2022 nor for the year ended 31 December 2021.

Trustees' expenses

Trustees were reimbursed travel expenses during the year amounting to £0.00

4. STAFF COSTS

	2022	2021
	£	£
Wages and salaries	152,986	132,754
Social security costs	12,969	9,230
	<u>165,955</u>	<u>141,984</u>

The average monthly number of employees during the year was as follows:

	2022	2021
Direct charitable work	4	4
Administration	1	1
	<u>5</u>	<u>5</u>

No employees received emoluments in excess of £60,000.

No staff member received a salary of more than £60,000.

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	146,055	-	146,055
Investment income	9,501	-	9,501
Other income	25,222	-	25,222
Total	<u>180,778</u>	<u>-</u>	<u>180,778</u>
EXPENDITURE ON			
Raising funds	30,698	-	30,698
Charitable activities			
Befriending	148,786	-	148,786
Administration costs	31,445	-	31,445
Total	<u>210,929</u>	<u>-</u>	<u>210,929</u>

The New Bridge Foundation

**Notes to the Financial Statements - continued
for the year ended 31 December 2022**

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted fund £	Restricted funds £	Total funds £
NET INCOME/(EXPENDITURE)	(30,151)	-	(30,151)
RECONCILIATION OF FUNDS			
Total funds brought forward	529,171	-	529,171
TOTAL FUNDS CARRIED FORWARD	<u>499,020</u>	<u>-</u>	<u>499,020</u>

6. FIXED ASSET INVESTMENTS

	Shares in group undertakings £
COST	-
NET BOOK VALUE	
At 31 December 2022	-
At 31 December 2021	-

There were no investment assets outside the UK.

The company's investments at the balance sheet date include the following:

Inside Time Limited
Nature of business: Publishing of newspapers for prisoners

Inside Time Limited (a fully owned subsidiary) is a company limited by guarantee and does not have any share capital.

	2019 £	2018 £
Aggregate capital and reserves	64,229	58,523
Surplus for the year	5,706	3,503

The New Bridge Foundation

**Notes to the Financial Statements - continued
for the year ended 31 December 2022**

7. INDEPENDENT EXAMINATION FEE

The Independent Examination Fee for the year is £1,920.

8. TANGIBLE FIXED ASSETS

	Fixtures and fittings £
COST	
At 1 January 2022 and 31 December 2022	3,025
DEPRECIATION	
At 1 January 2022 and 31 December 2022	3,025
NET BOOK VALUE	
At 31 December 2022	-
At 31 December 2021	-

9. FIXED ASSET INVESTMENTS

	Unlisted investments £
MARKET VALUE	
At 1 January 2022	410,205
Disposals	(100,000)
Revaluations	(48,496)
At 31 December 2022	261,709
NET BOOK VALUE	
At 31 December 2022	261,709
At 31 December 2021	410,205

There were no investment assets outside the UK.

Cost or valuation at 31 December 2022 is represented by:

	Unlisted investments £
Valuation in 2019	18,716
Valuation in 2020	16,267
Valuation in 2021	25,222
Valuation in 2022	(53,484)
Cost	254,988
	261,709

The company's investments at the balance sheet date in the share capital of companies include the following:

The New Bridge Foundation

**Notes to the Financial Statements - continued
for the year ended 31 December 2022**

9. FIXED ASSET INVESTMENTS - continued

Inside Time Limited

Registered office:

Nature of business: Publishing of newspapers for prisoners

Class of share:	%
Ordinary	holding 100

Inside Time Limited is a fully owned subsidiary of The New Bridge Foundation, is a company limited by guarantee and does not have any share capital.

10. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Other debtors	97	200
Prepayments and accrued income	167	4,564
	<u>264</u>	<u>4,764</u>

11. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Trade creditors	10,949	396
Other creditors	7,129	3,529
Accruals and deferred income	1,920	1,920
	<u>19,998</u>	<u>5,845</u>

12. MOVEMENT IN FUNDS

	At 1.1.22	Net movement in funds	At 31.12.22
	£	£	£
Unrestricted funds			
General fund	499,020	(191,473)	307,547
	<u>499,020</u>	<u>(191,473)</u>	<u>307,547</u>
TOTAL FUNDS			
	<u>499,020</u>	<u>(191,473)</u>	<u>307,547</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	108,944	(300,417)	(191,473)
	<u>108,944</u>	<u>(300,417)</u>	<u>(191,473)</u>
TOTAL FUNDS			
	<u>108,944</u>	<u>(300,417)</u>	<u>(191,473)</u>

The New Bridge Foundation

**Notes to the Financial Statements - continued
for the year ended 31 December 2022**

12. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.1.21 £	Net movement in funds £	At 31.12.21 £
Unrestricted funds			
General fund	529,171	(30,151)	499,020
TOTAL FUNDS	<u>529,171</u>	<u>(30,151)</u>	<u>499,020</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	180,778	(210,929)	(30,151)
TOTAL FUNDS	<u>180,778</u>	<u>(210,929)</u>	<u>(30,151)</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.1.21 £	Net movement in funds £	At 31.12.22 £
Unrestricted funds			
General fund	529,171	(221,624)	307,547
TOTAL FUNDS	<u>529,171</u>	<u>(221,624)</u>	<u>307,547</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	289,722	(511,346)	(221,624)
TOTAL FUNDS	<u>289,722</u>	<u>(511,346)</u>	<u>(221,624)</u>

The above funds were restricted as follows:

Befriending: The Peter Stebbings Memorial Charity

The New Bridge Foundation

**Notes to the Financial Statements - continued
for the year ended 31 December 2022**

12. MOVEMENT IN FUNDS - continued

The core activity of New Bridge Foundation is Befriending People in prison, many of whom have lost contact with family and friends. Volunteers are trained in this role and are expected to write to and visit their befriendees for the rest of the custodial portion of their sentence.

13. RELATED PARTY DISCLOSURES

During the year the Charity received a donation from its subsidiary, Inside Time Limited, amounting to £Nil (2021 - £Nil).

14. LIABILITY OF MEMBERS

The company is constituted as a company limited by guarantee. In the event of the charity being wound up members are required to contribute an amount not exceeding £1.