

THE NEW BRIDGE FOUNDATION

England & Wales · Charity number 1103511

Details

Other names	NEW BRIDGE
Status	Registered
Legal form	Charitable company
Company number	05048063
Registered	2004-04-29
Register	View on the Charity Commission register

Contact

Address	1a Elm Park London SW2 2TX
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Website	www.newbridgefoundation.org.uk

Activities

Objects: THE OBJECTS OF THE CHARITY ARE:TO PROMOTE AND SUPPORT THE EDUCATION, BEFRIENDING AND RESETTLEMENT OF PRISONERS AND EX-OFFENDERS INCLUDING BUT NOT LIMITED TO:(A) PROVIDING BEFRIENDING, MENTORING AND SUPPORT TO PRISONERS AND EX-OFFENDERS THROUGH A NATIONAL NETWORK OF VOLUNTEERS;(B) PROVIDING INFORMATION RESETTLEMENT SERVICES TO PRISONERS AND EX-OFFENDERS BOTH INSIDE PRISONS AND IN THE COMMUNITY.

Activities: Our volunteers befriend some of the most vulnerable people in prison regardless of their location or crime. Throughout our work we stay in contact with people in prison and ex-offenders for as long as they need our help. We have no artificial cut-off points. Our subsidiary company, Inside Time, publishes Inside Time the national newspaper for people in prison.

Classification

- **How:** Provides Human Resources, Provides Services, Provides Advocacy/advice/information
- **What:** Economic/community Development/employment, Other Charitable Purposes
- **Who:** The General Public/mankind

Geography

- **Area of benefit:** NOT DEFINED. IN PRACTICE NATIONALLY.
- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£182,052	£308,340	-	-
2023-12-31	£176,841	£297,309	-	-
2022-12-31	£108,944	£300,417	-	-
2021-12-31	£180,778	£210,929	-	-
2020-12-31	£371,542	£219,854	-	-

Trustees

Name	Role	Appointed
Helen Boothman	Chair	2020-04-21
Ailie Rennie		2021-10-19
Anna Catherine Rosemary Parley		2021-10-19
Cristiana Viana Cardoso Shepherd		2023-08-30
Dr Lynne Garne		2016-07-19
John Patrick O'Reilly		2016-11-22
Sean Anthony Ormerod		2024-04-16

Accounts



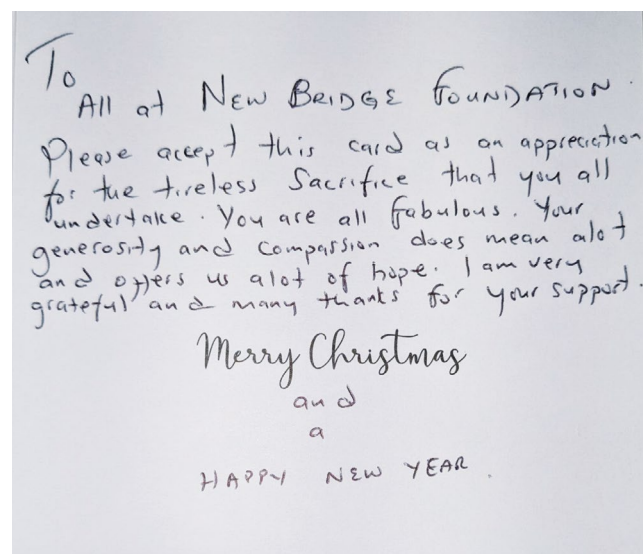
Annual Report 2024

“*You really can’t overstate the joy a letter brings – knowing that person has taken the time to write you a thoughtful message in their own time is truly special.*”

Foreword

“A befriender shows that there are people outside that can see past your crimes and still get to know the person. To build a friendship on the outside while in prison makes it even more possible when I leave prison.”

“I can't thank them enough for everything they've done and continue to do, supported me immeasurably and gave my life purpose and ambition, when others have not. This environment can bring you down and be destructive for your purpose.”

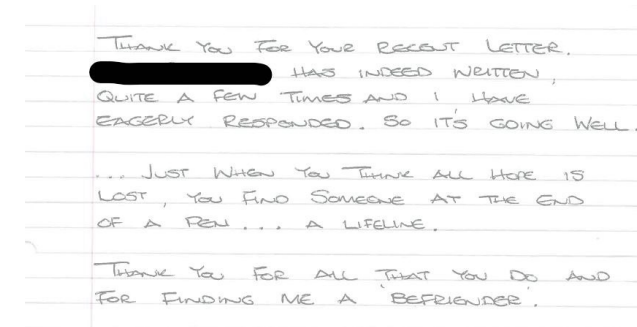
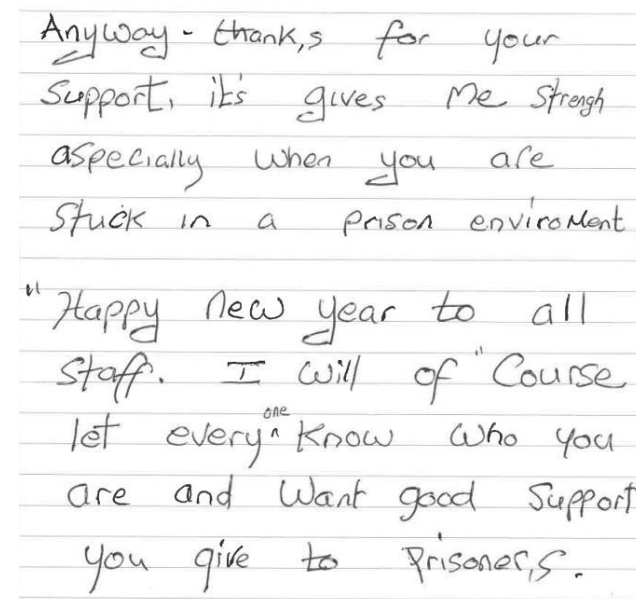


2024 was a very mixed year for New Bridge.

We continued to be inundated with demand for our service from isolated people in prison, and were pleased to see a steady stream of applications from prospective volunteers throughout the year, allowing us to provide compassionate, non-judgemental befrienders to people who needed them. We also saw increased rates of impact through the results of our service evaluation.

However, the hugely challenging financial environment in which we were operating impacted our ability to meet fundraising targets and ate into our reserves, leaving us unable to grow as much as we had planned. The impact of a contracting fundraising landscape, with the over-subscribed grant-making trusts sector combined with the cost of living crisis vastly reducing levels of individual giving, meant that we had to make difficult decisions in order to maintain the future of the charity. We made the hard choice in the autumn to stop growing – this meant not accepting any new applications from people in prison or prospective volunteers, but allowed us to continue delivering our service to existing beneficiaries. Our staff and Trustees all showed a huge level of commitment through these challenging times, with a commendable determination and focus to continue ensuring beneficiaries received a high quality befriending service, whilst maintaining safeguarding and guidance for volunteers at all times.

Although we did not grow in size during 2024, our focus on quality delivery meant that we were able to increase the intensity of our intervention across all key metrics. **Over the course of the year, a total of 790 people in prison were befriended, across 95 prisons** (meaning at least one person is supported by New Bridge in 78% of prisons in England and Wales).



“It's such a brilliant service for those who don't have family/friends/ support elsewhere in the community/world. It's a semblance of hope in the darkest of places.”

Our volunteers sent regular letters to their befriendeds, with 5,557 sent: a 33% increase from 2023. Similarly, **volunteers sent 2,282 emails, an increase of 45%.** We were pleased to see people in prison also increase their engagement with volunteers in response, with a **15% increase in letters sent, and a 41% increase in emails.**

Prison visits are a vital part of being befriended by New Bridge, and we know how much they are valued by befriendeds and volunteers alike. We were delighted to see a **26% increase in prison visits** undertaken during the year. We continue to be humbled by the commitment of our wonderful volunteer community, who give their time freely to make such a difference to isolated people. However in 2024 we were particularly grateful for the way these volunteers remained focused on their befriending (and increased the engagement with their befriendeds) despite the difficulties which the charity experienced in the later part of the year.

We enjoyed bringing our volunteer community together for our annual conference, hearing from some inspiring speakers across the criminal justice system and getting the opportunity to connect with each other.

Despite having to make the difficult decision to curtail growth part-way through the year, we were still inundated with demand from people in prison, with **323 applications received**, up from 300 in 2023, demonstrating the increasing level of need for our service across the prison estate. We also **trained 100 new volunteers** in the first half of the year, allowing us to make **313 new befriending matches.**

Helen Boothman Chair
Lucy Ball CEO

Who We Are

“They make me feel I am worth something and not just a prison number.”

The New Bridge Foundation is a charity which was founded in 1956 with the intention of using volunteers to support people in prison to resettlement back into the community after release, by prominent prison reformer Lord Longford. Over the years we have run a variety of additional projects to support people to this end, including Through The Gate programmes and family support programmes. However our core offering since our inception has been a befriending service delivered by volunteers, which we continue to run today. For nearly 70 years, our volunteers have offered a bridge to the outside world to people serving prison sentences across England and Wales by offering non-judgemental social contact to some of the most isolated and vulnerable in our society.

We are proud to have Michael Spurr, CB (former CEO, HMPPS) as our President, and Professor David Wilson (criminologist, author and former prison governor) and Reverend Jonathan Aitken as our Vice Presidents, as well as a royal patron in HRH Princess Alexandra.



Volunteering fair at King's College London

Our vision:

Every person in prison feels a meaningful connection to the outside world.

Our mission:

We match people in prisons with trained volunteers who offer long-term support through a combination of correspondence and visits. This provides people in prison with a bridge to the outside world, along with an increased sense of value and potential for their future.

Our values:



Non-judgemental

We believe every person has value.



Inclusive

We accept applications from any person in prison, and any volunteer who shares our values.



Independent

We are wholly separate from and not influenced by the criminal justice system.



Prisoner-led

Our volunteers shape their support, correspondence and visits around the needs of the person they support.



Constant

We provide a reliable connection between those inside and outside prison.

“I feel much more in control of my life and how I want progress, living an offence free future. With the support gained from the service you provide I am more focused on how I need to live out my future.”

What we do

Every person we support is matched with a trained volunteer, with whom they communicate through letters or emails. Once they have been writing for at least 6 months, the volunteer can start visiting the person in prison, making 3-4 visits per year.

Every volunteer is part of a Volunteer Support Group, which is Chaired by an experienced volunteer. Each group meets once per month and every group member attends to discuss their correspondence and visits and have the opportunity to raise any concerns about the relationship or the prisoner's welfare in a friendly and supportive atmosphere. Support groups are spread across the country, and volunteers can choose to join one locally that meets in person, or one that meets via zoom with volunteers from across the country.



Volunteer Profile

Frances, 21



How long have you been volunteering with New Bridge? 1 1/2 years

How many people are you currently befriending? 1

What's your favourite thing about volunteering with New Bridge/what's your best memory of volunteering with us? My best memory by far of volunteering with New Bridge has to be when I went on my first visit; I was sat in the visits hall waiting and the gentleman I write to came over and was in absolute disbelief that I was there. He said to me "Frankie, you're actually here!" and seemed genuinely over the moon. I will never forget how happy he was.

Why do you think other people should consider volunteering? I think there are so many benefits to volunteering and it also makes you feel so good for being able to support vulnerable people. Seeing the difference one letter a month can make to someone in prison is incredible, you feel like you have done such a good thing when you see how positive and optimistic the person you befriend becomes!

Anything else you might want to share? New Bridge has helped me on such a personal level, from helping me to stay dedicated and raise my confidence to helping me discover a job role I want to pursue in the future. I am so glad I began my volunteering position with New Bridge as it has really helped to shape me into the person I am today!

2024 in Numbers


13,900
hours were spent
volunteering
(up from 12,958 in 2023)


We received
323
applications from
people in prison
(up from 300 in 2023)


We received
123
applications
from volunteers


We trained
100
new volunteers


We befriended
a total of
790
people over the
course of the year


313
people in prison were
matched with a volunteer
(up from 309 in 2023)


Volunteers made
333
prison visits
(up from 267 in 2023)


368
phone calls
were made

We ended the year with
566 people
befriended across
86 prison
sites




13,354
letters and emails
were exchanged between people
in prison and their volunteer
(up from 10,472 in 2023)

Service Users

“It makes you feel more dignified and more hopeful. More like a normal person and that I can do anything like work and live a normal life.”

Our service is person-centred rather than place-based, so we accept applications from any person in any prison in England and Wales. This also means that volunteers will continue to support the person wherever they may get transferred across the prison estate. We know this sense of continuity and belonging is important to the people we support, who can often lose access to good support (through prison staff or other charities) when they move prisons.

During 2024 we received new **applications from 323 people in prison**, and over the course of the year we made **313 new service user/volunteer matches**.

“I feel more hopeful. It is so important to keep hope alive and my contact with New Bridge has helped with this.”

We know that our service users value having a befriender, and the connection that our volunteers provide. They are also happy to recommend us to others: **around 34% of the people we support heard about us through another service user**: “I would just like to say that I think the service that you offer is amazing and I try to promote your services wherever I go”.

“Family and friends have either died or cut contact with me since coming to prison. New Bridge and my befriender have significantly reduced the feeling of isolation and have given me purpose.”

Once a person has applied to join our service, we are committed to supporting them for the long-term. Whilst they are on the waiting list for a volunteer we will send them regular letters, along with birthday and Christmas cards. If a service user's befriender decides at any point that they are no longer able to volunteer, then we will match them up with a new befriender as soon as possible.

“I can't thank them enough for everything they've done and continue to do, supported me immeasurably and gave my life purpose and ambition, when others have not. This environment can bring you down and be destructive for your purpose.”

Service User Profile



T

How long is your sentence? Life

How long have you been supported by New Bridge? Since the dark days of the early 1980s

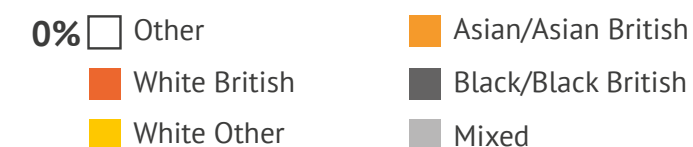
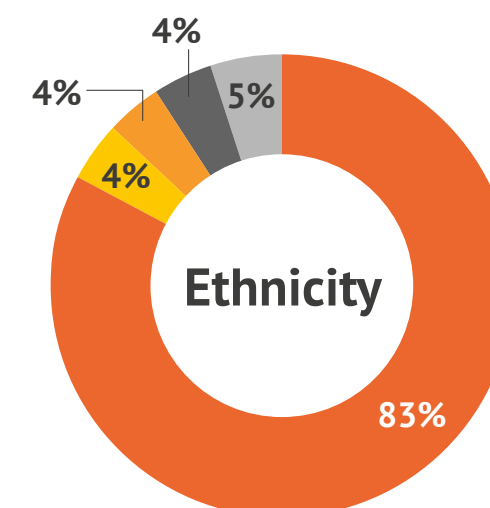
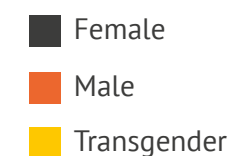
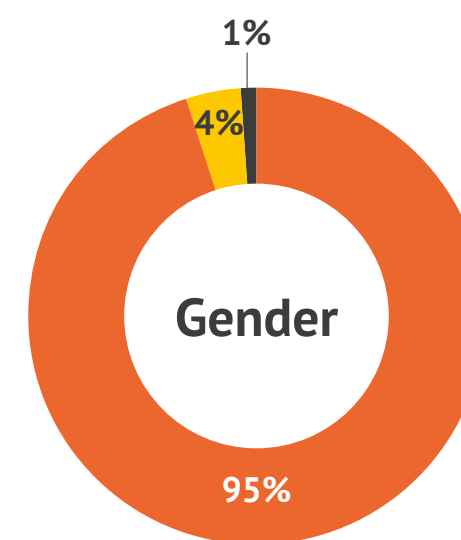
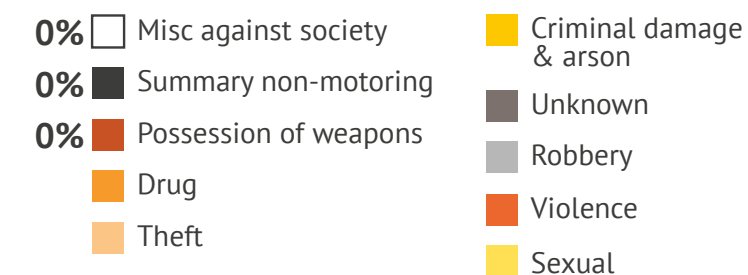
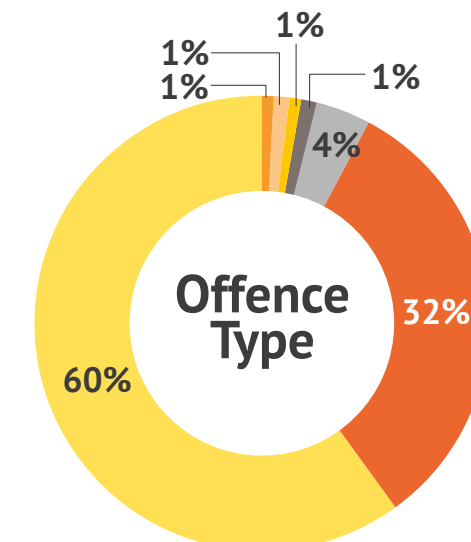
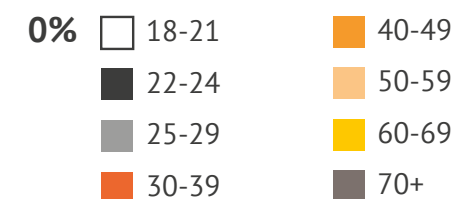
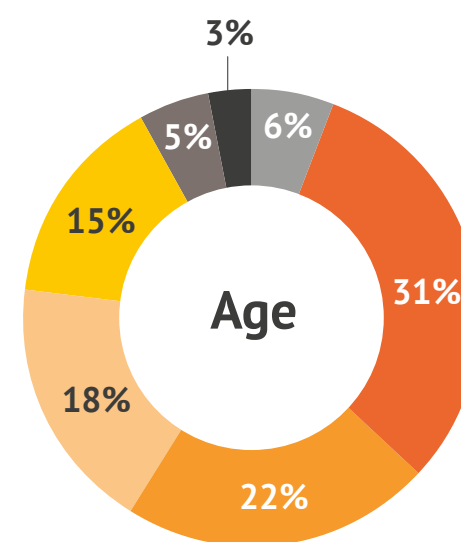
What has been your favourite thing about our service? The dedication and loyalty shown to me via the New Bridge befriending service has been outstanding and life changing for me. My first visitor showed and taught me the meaning of loyalty by supporting me for 30 years before she retired. The second visitor supported me for 7 years, and my current visitor has now visited me consistently for the last 8 years.

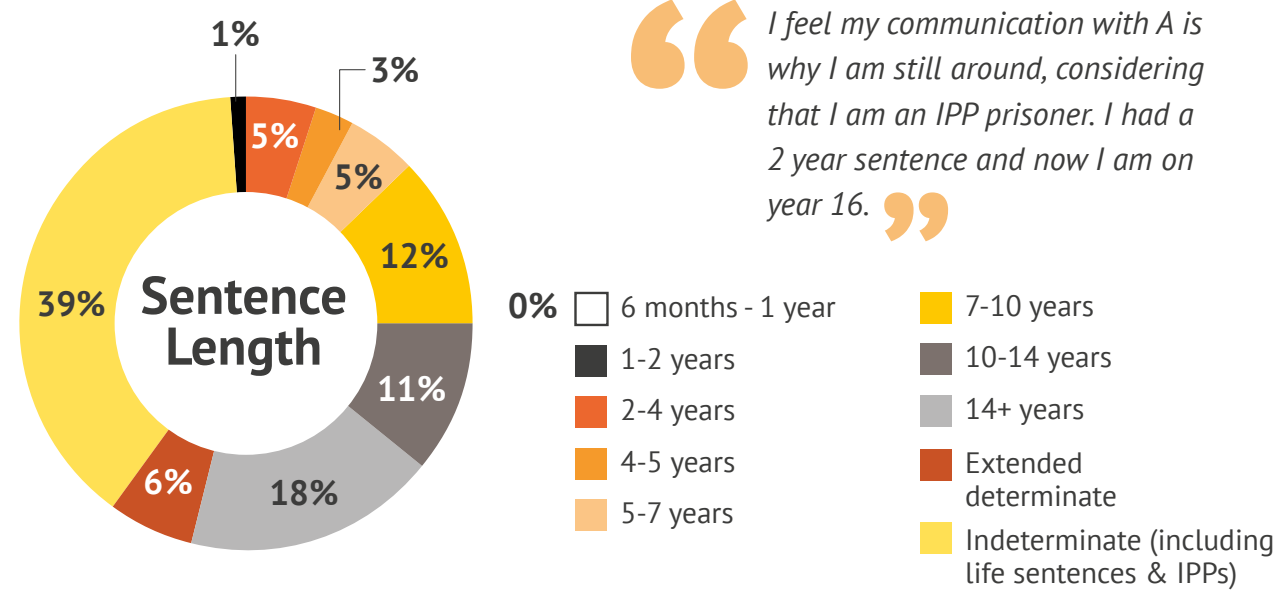
How has our service helped you get through your sentence? Without New Bridge my life sentence would have been a lot more heavier and painful with very little to look forward to, so helping me to stay sane and outward thinking. So to all the New Bridge team I'm extremely thankful to each and every one of you.

Chris, a former service user, was interviewed at the BBC by National Prison Radio for the programme Outside In. He was asked about his experience of being befriended and how it helped him to get through his sentence. He said: **"There was always that element of care, of warmth, of mattering to someone. For such a large period of my life I didn't matter to anyone really. Mattering to someone made such a huge difference"** and **"I had a very low view of myself so I assumed everyone saw me in the same way. That was one of the best things that came out of the relationship – I thought I was worthless and he put worth into me"**.



Chris in the BBC studio





“ I feel my communication with A is why I am still around, considering that I am an IPP prisoner. I had a 2 year sentence and now I am on year 16. ”

Almost 40% of the people we befriend are serving an indeterminate sentence and around 70 are Imprisoned for Public Protection (IPPs) a sentence recognised as unjust and abolished in 2012.

People serving an IPP often struggle with the experience of both serving their sentence as well as resettling on release (with many being recalled to prison numerous times), partly as a result of the uncertainty of the length of time they will spend in prison, with **97% of people currently imprisoned having served longer than their initial tariff**. We took a small snapshot of a portion our IPP service user community, and noted that:

So far these **29 IPP prisoners** have served around **354 years** in custody, or on license before recall for offences with a total tariff of **107 years**

Volunteer Profile

Ann

How long have you been volunteering with New Bridge? 24 years

How many people are you currently befriending? 2

What's your favourite thing about volunteering with New Bridge? I love the moment when I realise that I've 'clicked' with the befriender and I know at that

point that it'll be not only worthwhile giving my time and energy to this person, but also fulfilling.

Why do you think other people should consider volunteering? Because there's no doubt in my mind that befriending helps reduce re-offending. We need more of us!



Study exploring experiences of in-prison Befriending programmes with individuals post-release

Conducted by New Bridge volunteer Ciara as part of her MSc in Forensic Psychology & Mental Health.

This study explored the experiences of people with a befriender whilst in prison, looking at how they perceived the impact of these relationships after release. Six participants (five men and one woman) were interviewed—four had a befriender volunteer from The New Bridge Foundation and two from another charity. Interviews delved into motivations for seeking a befriender, the impact of the relationship on their time in prison, their release, and their sense of self. Using Interpretative Phenomenological Analysis, four main themes were found:

1. Validation through recognition and acceptance

Participants felt acknowledged and valued by their bendifenders, something often missing in prison. This theme included three subthemes:

- **“Somebody out there knows about me”:** Being recognised by someone outside prison boosted self-worth and reduced feelings of isolation, through affirming their existence and value
- **Value in acceptance without obligation:** The voluntary, non-judgemental nature of the relationship helped build trust and a sense of dignity.
- **The power of genuine interest and effort:** Thoughtful gestures like letters and cards helped participants feel cared for and valued – their identity was more than just a ‘prisoner’.

2. Facilitation of normality and belonging:

Befriending relationships helped participants regain a sense of normality and social identity:

- **Cultivation of social inclusion and identity:** Participants valued the experience of feeling socially connected, either by receiving visits like other prisoners or by maintaining contact with someone outside prison.
- **Respite from prison reality:** Engaging in ordinary conversations and looking forward to visits or letters gave participants a sense of everyday normality, breaking up the monotony and emotional strain of incarceration.

3. Empowering support and emotional safety:

Participants described their bendifenders as a reliable, emotionally safe presence who encouraged them to express their feelings and build self-confidence. This support was crucial for personal growth and motivation in prison and post-release.

4. Conflicting experiences of support:

While mostly positive, some aspects of befriending presented challenges, outlined through two sub-themes:

- **Putting a face to a name:** Participants who had not met their bendifenders in person found it harder to build deeper trust and connection.
- **Tensions caused by prison/community disparities:** Some felt moments of jealousy or emotional distance when faced with the contrast between their life in prison and their bendifender's freedom.

Conclusion

The study highlighted the powerful and often transformative role of befriending relationships for people in prison. These relationships offer more than just company, they provide meaningful emotional support, restore dignity, and help individuals rebuild a sense of identity and hope for the future. The New Bridge Foundation and its volunteers play a crucial role in creating these opportunities for change.

Service Evaluation

“When I first came into prison I didn’t have much hope in my life. After having my befriender it gave me so much hope for my future. She has always listened and has always been caring. If I hadn’t joined this service I don’t think I would be where I am now.”

As part of our strategic goal to better understand and deepen our impact, we entered into a partnership with the School of Criminal Justice at Arden University, who have helped us to design and run our annual service evaluation for the last two years.

We were delighted to see the following results in our most recent evaluation:

Q. Have you noticed any changes in the way you feel about **getting through your sentence** as a result of getting a New Bridge befriender?

87% felt better or much better (matching 2023)

Q. Have you noticed any changes in the way you feel about **the future** as a result of getting a New Bridge befriender?

77% felt better or much better (down from 79% in 2023)

Q. Have you noticed any changes in **how connected you feel to the outside world** as a result of getting a New Bridge befriender?

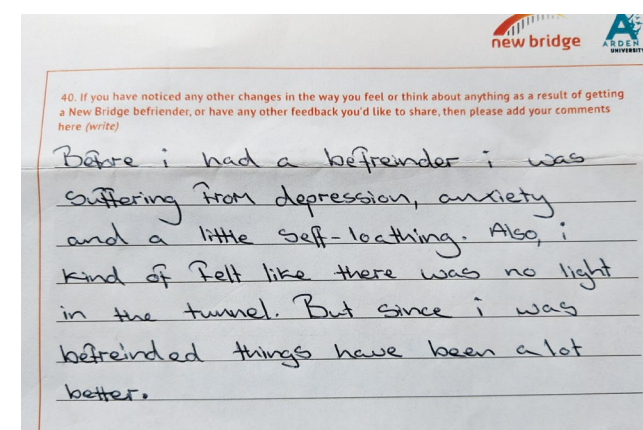
83% felt better or much better (up from 79% in 2023)

Q. Have you noticed any changes in the way you feel about **yourself** as a result of getting a New Bridge befriender?

83% felt better or much better (up from 79% in 2023)

We know that the development of pro-social attitudes and the improvement of self-image are continually linked with successful rehabilitation and reduction in reoffending, so we are pleased to know that our service is having this impact. Many respondents reflected on how their volunteer had helped them to change, by considering their future and the kind of life they would like to live. They credit them with helping them to see beyond their convictions to the opportunities for change that are available to them.

Many of the respondents reported having limited contact with family or friends: “it is essential to my wellbeing, as I do not have any living family, that is my only contact with outside world, thank you for that”. However, even those with some family contact articulated the difference their volunteer made in enabling them to authentically express their feelings and emotions: “Yes, I have family visits but the visits from my befriender are good because even though she knows about my offences there is no judgement from her or hard questions to answer like with my family”.



We were also interested to hear the range of topics that respondents reported discussing in their conversations with befrienders:

Topic	Frequency
Prison Life	119
My Future	106
TV	99
Music	95
Sport	64
Politics	43
Life in General	20
Animals/Wildlife	11
Travel	10
Gardening	10
Volunteers Life	10
Films	9
Family	8
Books/Reading	8
Food/Cookery	8
Hobbies	6
Holidays	5
Video Games/Gaming	5
Arts and Crafts	5
Jobs/Employment	5
Education (College and Uni)	5
Help when I'm in need of support	5
Hopes and aspirations for future	5

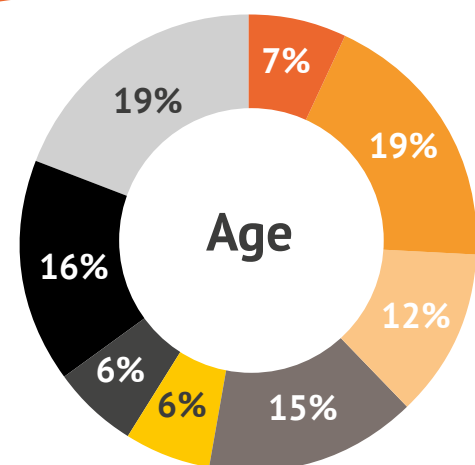
Topic	Frequency
My transition and issues with gender	5
Gym/Keeping Fit	5
Religion/Faith	5
Encouragement to be legit and healthy	4
Poetry	3
Nature/Climate	3
Sci-Fi (Fantasy/Dragons)	3
Gender Equality	3
Family history/heritage	3
Place (London)	2
Job	2
History	2
Cars	2
Paranormal/Ufology	2
Spirituality	2
Freedom	2
Knitting and sewing	2
Military	2
French Language	1
Dance	1
Weather	1
Cost of Living	1

You can read the full report on our website:

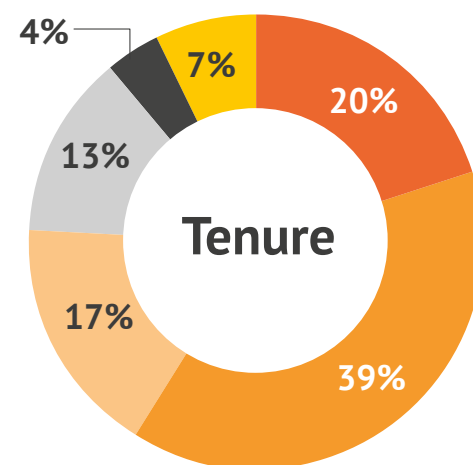
www.newbridgefoundation.org.uk/service-evaluation-reports

Volunteers

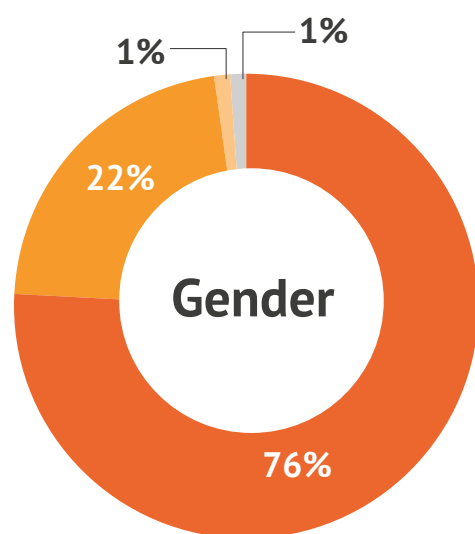
“When I visited my prisoner, he was escorted to the table where I was sat and was just so shocked that I had actually turned up to see him. He was stood for about 2 minutes just in silence, and then the biggest smile took over his face, saying “you actually came!?”. I was the first person who had visited him in over 10 years, and I could really see how much of a positive impact this had on him.”



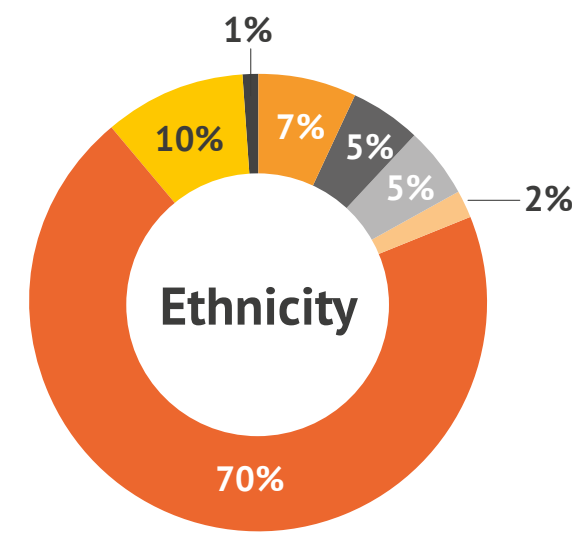
18-21 30-39 60-69
22-24 40-49 70+
25-29 50-59



Less than 1 year 6-9 years
1-2 years 10-15 years
3-5 years 16+ years



Female Prefer not to say
Male 0% Transgender
Other (Please specify)



Other Asian/Asian British
White British Black/Black British
White Other Mixed
Prefer not to say

Our volunteers come from all walks of life, but have one thing in common: a belief in our mission.

Our volunteers are on the frontline of our work, delivering constant, reliable support to our service users. They give their time and compassion through the highs and lows experienced by the people they support.

In turn, we ensure that our volunteers are supported: each person is a member of a volunteer support group which meets once per month and provides the opportunity to discuss their correspondence and visits and raise any concerns about the relationship or the person in prison's welfare in a friendly and encouraging environment. Support groups are spread across the country, with a mixture of virtual and in-person settings.

“I just always feel inspired after support group meetings hearing about the amazing work that other people are doing.”

“I enjoy Learning about prisoners' lives and supporting them on a positive journey, and working with brilliant, like-minded volunteers.”

Our volunteering offer is very flexible, with letters and visits being organised around each volunteer's own schedule. This flexibility has helped people to continue in their role for long periods of time, fitting it in around their work, studies and personal lives. We gave out long service awards in 2024 to 3 volunteers celebrating 10 years with us, and 1 who had reached 20 years! This long service is testament not only to the flexibility of the role, but to the enjoyment that volunteers draw from building long-standing social connections with the people they support.



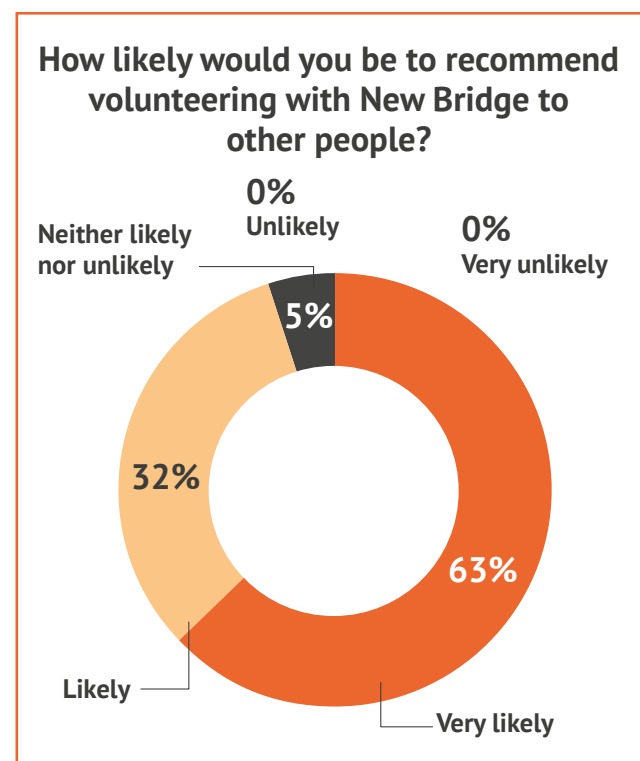
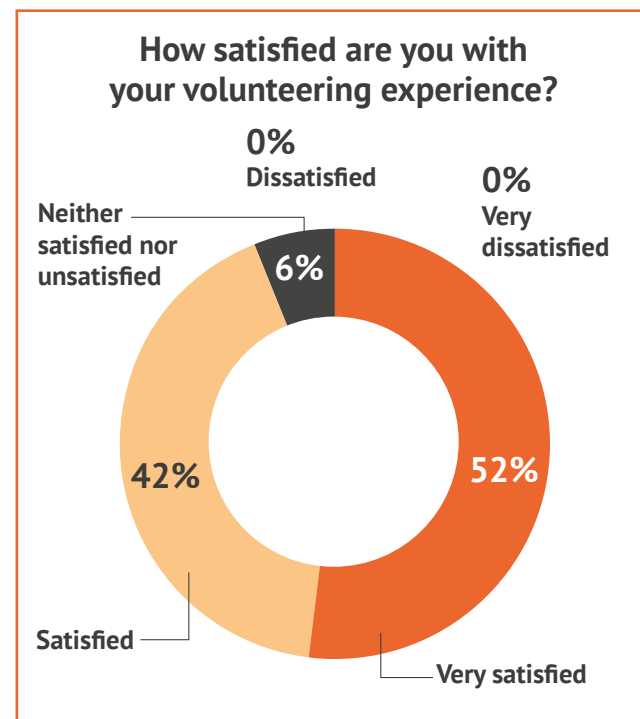
Support group locations

“My favourite thing is knowing how much of a positive impact I am able to have and being able to support a population that many other people ignore or think negatively about and being able to challenge those stigmas and building positive relationships. I have gained more confidence through volunteering.”

We surveyed our volunteers at the end of the year to gather their feedback on their experience with New Bridge.

We were delighted that in our most recent survey **94% of respondents were satisfied or very satisfied with their experience**, and **95% would recommend volunteering with us** to other people.

We recruit and train volunteers all year round. If you are interested in volunteering with us (or know someone who might be) then you can find more information and our online application form: newbridgefoundation.org.uk/volunteer



“I’ve had messages from my befriendees letting me know how much getting my letters means to them, especially when they’re navigating difficult situations or lonely periods.”

Volunteer Profile

Kim, 20



How long have you been volunteering with New Bridge? 2 years

How many people are you currently befriending? 2

What’s your favourite thing about volunteering with New Bridge/what’s your best memory of volunteering with us? The annual conferences, where we get to hear from a range of guest speakers who provide great insight into the issues facing the modern criminal justice system and how we as volunteers can help.

Why do you think other people should consider volunteering? I would highly recommend volunteering with New Bridge because it’s an incredibly rewarding experience to be able to support people through their sentences, learn about the challenges they face and gain a deeper understanding of the prison system. You can make a genuine difference to one of the most vulnerable populations in the country, whilst being supported every step of the way.

Anything else? I am very grateful to be a part of this wonderful charity, which is held up by such passionate people. My volunteering experience will undoubtedly be beneficial in my journey to becoming a forensic psychologist within prison.

Volunteer Conference

Every year we organise a conference, bringing together our community of volunteers from across the country to hear from a range of inspiring speakers on topics across the criminal justice system.

In 2024 we were very kindly hosted by King’s College London for our conference.



Sarah from Koestler Arts talked about the work that Koestler do, judging and providing feedback on the pieces of art and literature submitted for consideration by people in prison each year. She shared some examples of some moving pieces submitted over the years.



Martin from HMIP joined us for his talk about the current conditions of prisons across the country, and the work of HMIP in conducting inspections and making recommendations for improvements.

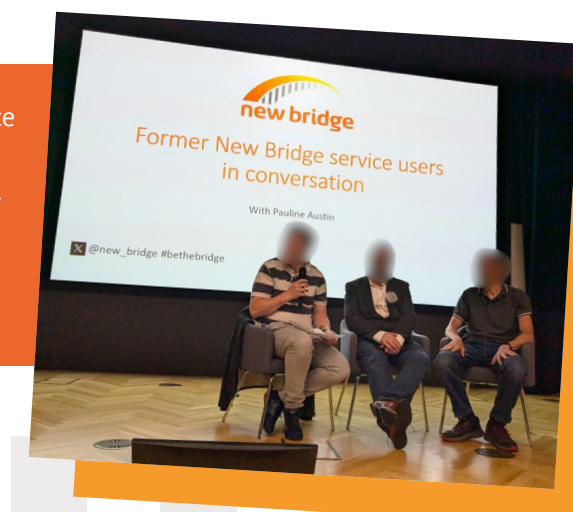


Sophie from Birmingham City University talked about her work analysing the impact of New Bridge befriending on people in prison.



Janet from Liberty Kitchen shared the story of the creation of the pioneering street food charity, and how it has helped people in prison to learn and develop new skills.

A highlight at every conference is hearing from our former service users. 2024’s conference saw a panel of former service users talking about their experiences of prison and being befriended – with the panel chaired by Jamie, who has been a keen supporter of our work since his release, and who often helps deliver our volunteer training sessions.



Volunteer Awards

We gave out some special awards at the conference, marking the huge contribution that our volunteers make:

Andrew

Most hours spent volunteering in a year

402

Most prison visits in a year

12



Andrew

5,126

Most miles travelled in a year

Long service awards

Lynne, Morag & Alan:

10 years

Judy:

20 years



Lynne

Libby

Most letters sent in a year

154



Libby

116

Christine

Most emails sent in a year

Volunteer Profile

John, 76

How long have you been volunteering with New Bridge? 18 years

How many people are you currently befriending?

Befriending 5 people at the moment - each relationship is unique, and some are more active than others

What's your best memory of volunteering with us?

Best memories are to be able to be there for people in their good times and their difficult times, in either case when they may have no one else to turn to.

Why do you think other people should consider volunteering? Befriending offers the great privilege for a volunteer to accompany a person, even for a brief spell, as they journey through life in prison.

Anything else you might want to share? New Bridge comprises an eclectic and committed group of staff and volunteers, inspired by a common purpose to help people in prison to find a connection with the wider world. It is great to be a small part of that community.

Volunteer Profile

Tom, 55

How long have you been volunteering with New Bridge? 6 years

How many people are you currently befriending? 3

What's your favourite thing about volunteering with New Bridge/what's your best memory of volunteering with us? Building long-term befriending relationships - gradually getting to know and understand the people I befriend, and sharing with them both their set-backs and successes - and in many cases, seeing them make progress on their journey towards rehabilitation. It's one of the most rewarding things I've ever done.

Why do you think other people should consider volunteering? You'll be well supported by New Bridge, you'll learn about the experiences of people in the prison system and how the system works, but most importantly you'll know that you're making a big difference to people who may have few other contacts with others outside of prison.

“My future does look very bright now, I have set goals and made plans which I will achieve. I'm very happy now considering that I'm in prison and New Bridge has a lot to do with this.”

Volunteer Profile

Martyna, 22



How long have you been volunteering with New Bridge? 1 1/2 years

How many people are you currently befriending? 2

What's your favourite thing about volunteering with New Bridge? My favourite thing about volunteering with New Bridge is the fact that I get to be part of a community that supports those most neglected and overlooked individuals in our society in a way which teaches everyone that a past mistake should not define a person's life. I love that I can be the person who provides someone in prison a sense of hope and meaning to their life, and knowing that our efforts at New Bridge can have a meaningful and lasting impact by showing these individuals that they are not alone.

Why do you think other people should consider volunteering? Others should consider volunteering because it is not only incredibly rewarding, but, in a way, you also get to experience the enriching aspect of a befriending relationship yourself. Despite the boundaries you have to keep, by choosing who you will write to, you have the opportunity to connect with someone who shares your interests, making the experience meaningful to both parties, just as I've experienced myself!

Volunteer Profile

Colette, 75



How long have you been volunteering with New Bridge? 6 years

How many people are you currently befriending? 3: 2 in prison and one released.

What's your favourite thing about volunteering with New Bridge/what's your best memory of volunteering with us? Being told that I am making a tangible difference to how someone gets through such a difficult time in their life. Perhaps the most striking was being thanked for an email I sent to arrive on

Christmas Day. It took me about 5 minutes to send but had a huge impact on my prisoner - he still talks about it!

Why do you think other people should consider volunteering? It's more rewarding than any other volunteering I have done. Maybe I have been fortunate, but every prisoner I have supported has been extremely appreciative. There is a very real sense of achievement in what we do. The first prison visit can be a bit daunting but it's actually really enjoyable and an experience few of us have in normal life.

Volunteer Profile

JM, 22



How long have you been volunteering with New Bridge? 1 1/2 years

How many people are you currently befriending? 1

What's your favourite thing about volunteering with New Bridge/what's your best memory of volunteering with us? My favourite things about volunteering for NB is catching up with my befriender. We don't talk frequently, but when we do it's like we've picked up where we left off. My best memory of NB was when I went to my first volunteer conference at Bush

House. I loved exploring London and also listening to everyone's stories. We had several guest speakers and one of them was an ex-prisoner who had used us as a service, it was great to hear how we'd helped him.

Why do you think other people should consider volunteering? I think that anybody who wants to feel a sense of purpose, or gain experience in engaging with prisoners, whether to get a new perspective on things or experience for a career, I think it's worth volunteering with NB, I'd highly recommend it!

Our Supporters

We couldn't exist to impact lives in the way that we do without the generous financial donations of our supporters.

Last year we were grateful to receive donations of over £1,000 from the following:

- 1772 Charity
- 29th May 1961 Charitable Trust
- Albert Hunt Trust
- Alchemy Foundation
- All Saints Fulham
- Chesterhill Charitable Trust
- Christopher Rowbotham Charitable Trust
- Constance Travis Charitable Fund
- Dischma Charitable Trust
- Drapers Charitable Trust
- HBJ Trust
- John Armitage Charitable Trust
- Langdale Trust
- Leigh Trust
- Lord Faringdon Charitable Trust
- Michael & Shirley Hunt Charitable Trust
- Mirianog Trust
- Noel Buxton Trust
- Rhododendron Trust
- Sir James Reckitt Charitable Trust
- Sir James Roll Charitable Trust
- The Blanes Trust
- The Rainford Trust
- Van Neste Foundation
- Vandervell Foundation
- William A Cadbury Trust
- William Allen Young Charitable Trust
- Wyndham Charitable Trust
- Zochonis Charitable Trust



Newport Pagnell Rotary Club talk

Fundraising

2024 was a very challenging year for fundraising across the charity sector, with many grant-making trusts completely overwhelmed with applications or pausing their grant-making to create new, more focused funding strategies. In addition, individual giving continued to be negatively impacted by the effects of the cost of living crisis.

New Bridge was not immune to the impact of these, and we faced a funding shortfall, finding ourselves unable to meet the income targets we had set ourselves in order to be able to continue growing to meet demand from people in prison. We therefore had to rely at times on our reserves, and work hard to reduce costs through the autumn and winter. Although we did not meet our targets, we were pleased to see a more positive picture emerging through the end of the year and into 2025.

However, despite these challenges, we noted improvements resulting from our work to increase and diversify income.

How can you help us to support more isolated people in prison?

- **Donate:** Help us meet our income targets so that we can manage the costs of growing
- **Fundraise:** organise an activity or event to raise funds and awareness of work
- **Volunteer:** sign up to become a befriender
- **Spread the word about our work**
 - Recommend volunteering to friends
 - Speak to your employer about entering into a volunteering partnership at your workplace
 - Nominate us for your workplace's Charity of The Year

SCAN TO
DONATE



We've developed a Fundraising Guide for volunteers or supporters who are interested in organising fundraising activities. You can find this on our website: www.newbridgefoundation.org.uk/fundraise

Volunteer Fundraising

We were delighted to see so many of our volunteers organise events and take on challenges to help us raise funds. We are very grateful to them all for their efforts above and beyond their befriending!

Runners

Ashna, Gill and Sophia took on the Vitality London 10k, raising

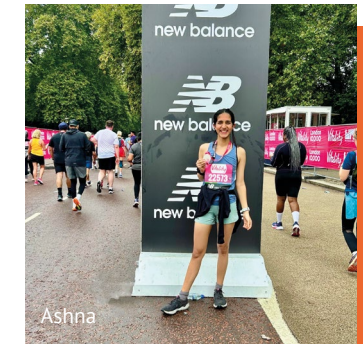
£1,405

Holly & Andy took on the Ponton Plod marathon, raising

£280



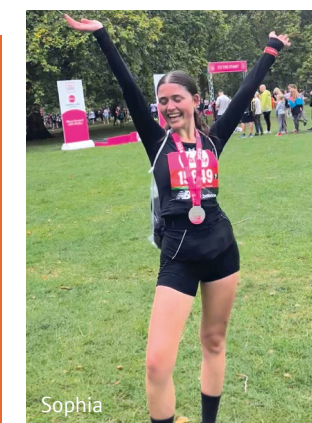
Gill



Ashna



Holly & Andy



Sophia

Swimmers

Liz, Charlie & Theo took on Swim Serpentine, raising

£2,483



Tea Party

Helen hosted a tea party for friends, family, neighbours and local community to find out more about our work, raising

£970



“We are so proud to have completed this event for New Bridge, raising £280 to support prisoners like my guy in HMP Northumberland, who I visited the day before to catch up over hot chocolate and choccy bars. He says I am the only person he knows that has treated him like a decent human being, and he values my letters and visits as he gets no positive support from family. We did this for people like him who needs people like us to treat them like humans again.”

Holly



info@newbridgefoundation.org.uk

www.newbridgefoundation.org.uk

020 8671 3856

New Bridge Foundation, 1a Elm Park, London SW2 2TX



Newbridgefoundation



New Bridge Foundation



new_bridge

REGISTERED COMPANY NUMBER: 05048063
REGISTERED CHARITY NUMBER: 1103511

5

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 December 2024
for
The New Bridge Foundation

Grant Harrod Lerman Davis LLP
Chartered Accountants
1st Floor
Healthaid House
Marlborough Hill
Harrow
Middlesex
HA1 1UD

The New Bridge Foundation

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The New Bridge Foundation
Report of the Trustees
for the year ended 31 December 2024

The trustees who were also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 December 2024. The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities.

OBJECTIVES AND ACTIVITIES

Objectives and aims

The New Bridge Foundation is a charity which supports people in prison. The object of the charity as set out in the company's memorandum of association is to promote and support the education, befriending and resettlement of people in prison and ex-offenders.

Our aim is to support prisoners while they are in prison to build a connection to the outside world. We believe that this helps to aid reintegration and reduce offending.

PUBLIC BENEFIT

Our core activity is the provision of a befriending service to people serving prison sentences. We recruit dedicated volunteers and offer comprehensive training before matching them with a prisoner. Prisoners and their befrienders exchange letters, building a trusting, non-judgemental relationship. Befrienders and their prisoners can also connect via telephone calls, and befrienders often attend prisons to visit their prisoner. We believe that contact with the outside world prepares prisoners for release by helping to develop pro-social attitudes and increase self-esteem.

New Bridge's service is unique in that our befrienders stay matched with the same prisoner as they are moved around the prison estate. This continuity helps to build a deeper and more trusting relationship, at a time when prisoners are experiencing a large amount of change and disruption to routines.

The befrienders who volunteer for New Bridge can often be the only source of social connection or emotional support for prisoners who are no longer in contact with family or friends.

We reviewed and refined our vision and mission statements in 2022, which are as follows.

Our vision: Every person in prison feels a meaningful connection to the outside world.

Our mission: We match people in prison with trained volunteers who offer long-term support through a combination of correspondence and visits. This provides people in prison with a bridge to the outside world, along with an increased sense of value and potential for their future.

Our befriending service is open to applications from any prisoner in England and Wales.

The New Bridge Foundation
Report of the Trustees
for the year ended 31 December 2024

ACHIEVEMENT AND PERFORMANCE

Achievements and performance

2024 was a very mixed year for New Bridge. We saw continued demand for our service from isolated prisoners, along with a continued stream of applications from prospective volunteers. We also saw increased rates of impact through the results of our service evaluation. However, the hugely challenging financial environment in which we were operating impacted our ability to meet fundraising targets and ate into our reserves, leaving us unable to grow as much as we had planned. The financial impact of a contracting fundraising landscape, with the over-subscribed grant-making trusts sector combined with the cost-of-living crisis vastly reducing levels of individual giving, meant that we had to make difficult decisions in order to maintain the future of the charity.

Prudent financial management allowed us to recognise part-way through the year that we would struggle to meet fundraising targets. We therefore made the difficult decision to stop growing in order to avoid further increasing costs. This meant not accepting any new prisoner or volunteer applications, but allowed us to continue delivering our service to existing beneficiaries. Unfortunately, fundraising success did not improve to expected levels until very late into the autumn. We therefore took further action to reduce costs as much as possible. This included reducing staff working hours down to part-time across all roles. The staff are to be publicly commended on their personal sacrifice through this period, and in their determination and focus to continue ensuring beneficiaries received a high-quality befriending service, whilst maintaining safeguarding and guidance for volunteers at all times. Our Trustees worked hard to help the charity navigate through this period, including attending more regular meetings and sub-group meetings, bringing creative ideas to help problem-solve and making collective decisions. They also made time to provide support and guidance to staff, helping maintain morale.

This agile approach to cost management allowed us to navigate through a period of financial uncertainty as we continued to work on diversifying our income pipeline.

Although we did not grow in size during 2024, our focus on quality delivery meant that we were able increase the intensity of our intervention across all key metrics. Over the course of the year, a total of 790 prisoners were befriended, across 95 prisons (meaning at least one person is supported by New Bridge in 78% of prisons in England and Wales). Our volunteers sent regular letters to their befriendees, with 5,557 sent: a 33% increase from 2023. Similarly, volunteers sent 2,282 emails, an increase of 45%. We were pleased to see prisoners also increase their engagement with volunteers with a 15% increase in letters sent, and a 41% increase in emails.

Prison visits are a vital part of being befriended by New Bridge, and we know how much they are valued by prisoners and volunteers alike. We were delighted to see a 26% increase in prison visits undertaken during the year. We continue to be awed by the commitment of our wonderful volunteer community, who give their time freely to make such a difference to isolated people. However, in 2024 we were particularly grateful for the way these volunteers remained focused on their befriending (and increased the engagement with their befriendees) despite the difficulties which the charity experienced in the later part of the year.

Despite having to make the difficult decision to curtail growth part-way through the year, we were still inundated with demand from prisoners, with 323 applications received, up from 300 in 2023, demonstrating the increasing level of need for our service across the prison estate. We also trained 100 new volunteers in the first half of the year, allowing us to make 313 new prisoner/volunteer matches.

Impact

In 2023 we rolled out our new Impact measure, seeking to explore the differences prisoners have noticed in key areas as a direct result of engaging with our service. We were pleased to maintain or exceed 2023's ratings in our 2024 evaluation. Respondents reported that as a result of being matched with a New Bridge volunteer befriender:

- 87% of people felt better or much better about getting through their sentence (same as 2023)
- 77% felt better or much better about themselves (down from 79% in 2023)
- 83% felt better or much better connected to the outside world (up from 79% in 2023)
- 83% felt better or much better about the future (up from 79% in 2023)

Fundraising

The charity's primary source of funding was grants from Trusts and Foundations, which accounted for 82% of income. A further 13% were from individual donors, and the final 5% were funds raised by sponsored events organised by volunteers.

The New Bridge Foundation
Report of the Trustees
for the year ended 31 December 2024

Despite the fundraising climate affecting our ability to meet our income targets for the year, we were pleased to see our work to increase and diversify income resulted in a 49% increase in Trusts income, and a 52% increase from individual donors.

Our focus for 2025 is on further diversifying our income in order to better protect the charity against instability across different channels in the future.

We are extremely grateful for the continued support of a range of grant giving trusts and foundations, as well as individual donors. We have been the fortunate recipient of several generous legacies in recent years, each of which has been hugely powerful in enabling us to invest in the organisation so that we can scale up to meet the growing needs of isolated prisoners.

FINANCIAL REVIEW

The strategy development project saw the charity budget for a planned deficit in the year of £92,000. However the fundraising climate resulted in a much larger deficit of £126,288, with the result that we spent down a proportion of our reserves to meet operating costs.

Reserves policy

The total unrestricted funds as at 31 December 2024 totalled £60,791 and is in line with the charity's reserves policy. A copy of this policy is available on the charity's website.

One of the key priorities for the charity in 2025 is to build up our financial reserves, to ensure long-term stability.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006 and incorporated in 2004.

Risk management

The charity regularly reviews its risk, in line with Charity guidance.

Recruitment and appointment of new trustees

Trustees have a range of experience in criminal justice and business. New trustees are appointed through an open advertising campaign highlighting the need for people with certain skills to oversee the charity. Trustees are sent the Charity Commission's Essential Trustee Guide, the Articles of Association, most recent annual report and befriending service evaluation. Induction includes briefing sessions from the Chair about the obligations of trustees and how the board operates, an overview of finances from the Treasurer and briefings from the Chief Executive and staff team. Trustees are encouraged to participate in a training course for volunteers and to attend a regional group meeting to understand how New Bridge operates.

Organisational structure

The New Bridge Foundation has a board of ten trustees who meet four times a year and are responsible for the strategic direction and policy of the charity. Day to day responsibility for the charity rests with the Chief Executive and provision of befriending and management of the volunteers is led by the Director of Befriending supported by the Befriending Coordinator. The Operations Manager is also Company Secretary responsible for regular fundraising and for financial and business systems.

Related parties

New Bridge has a wholly owned subsidiary company Inside Time Ltd which produces the newspaper for prisoners. In line with the governing documents two New Bridge Trustees are directors of Inside Time.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

05048063 (Not specified/Other)

The New Bridge Foundation
Report of the Trustees
for the year ended 31 December 2024

Registered Charity number
1103511

Registered office
1A Elm Park
London
SW2 2TX

Trustees
Dr Peter John Bennett (resigned 3.7.2024)
Helen Boothman Chair
Cristiana Viana C Shepherd
Dr Lynne Garne
Marie Loeb
John Patrick O'Reilly
Anna Parley
Ailie Rennie
Kevin Traynor (resigned 23.9.2024)
Sara Zalin (resigned 16.4.2024)
Mr Sean Ormerod (appointed 16.4.2024)

Patron
HRH Princess Alexandra, The Hon Lady Ogilvy, KG GCVO

President
Michael Spurr, CB

Vice Presidents
Reverend Jonathan Aitken
Professor David Wilson

Chief Executive
Dr Lucy Ball

Company Secretary
Donna Frances King

Independent Examiner
Grant Harrod Lerman Davis LLP
Chartered Accountants
1st Floor
Healthaid House
Marlborough Hill
Harrow
Middlesex
HA1 1UD

Solicitors
Bates Wells
10 Queen Street Place
London
EC4R 1BE

The New Bridge Foundation

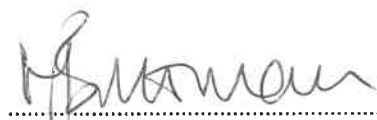
**Report of the Trustees
for the year ended 31 December 2024**

REFERENCE AND ADMINISTRATIVE DETAILS

Bankers

CAF Bank Ltd
25 Kings Hill Avenue
Kings Hill
West Malling
Kent
ME19 4JQ

Approved by order of the board of trustees on 13/05/25..... and signed on its behalf by:



.....
Helen Boothman - Trustee

**Independent Examiner's Report to the Trustees of
The New Bridge Foundation**

Independent examiner's report to the trustees of The New Bridge Foundation ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 December 2024.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Jeremy Harrod FCCA

Grant Harrod Lerman Davis LLP
Chartered Accountants
1st Floor
Healthaid House
Marlborough Hill
Harrow
Middlesex
HA1 1UD

Date: 13.10.25.....

The New Bridge Foundation

**Statement of Financial Activities
for the year ended 31 December 2024**

	Notes	Unrestricted fund £	Restricted funds £	2024 Total funds £	2023 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		180,576	-	180,576	170,564
Investment income	2	1,476	-	1,476	6,277
Total		<u>182,052</u>	<u>-</u>	<u>182,052</u>	<u>176,841</u>
EXPENDITURE ON					
Raising funds		72,299	-	72,299	70,424
Charitable activities					
Befriending		178,987	-	178,987	177,778
Administration costs		30,433	-	30,433	22,352
Strategy Development		26,621	-	26,621	26,755
Total		<u>308,340</u>	<u>-</u>	<u>308,340</u>	<u>297,309</u>
NET INCOME/(EXPENDITURE)		(126,288)	-	(126,288)	(120,468)
RECONCILIATION OF FUNDS					
Total funds brought forward		187,079	-	187,079	307,547
TOTAL FUNDS CARRIED FORWARD		<u><u>60,791</u></u>	<u><u>-</u></u>	<u><u>60,791</u></u>	<u><u>187,079</u></u>

The notes form part of these financial statements

The New Bridge Foundation

**Balance Sheet
31 December 2024**

	Notes	Unrestricted fund £	Restricted funds £	2024 Total funds £	2023 Total funds £
FIXED ASSETS					
Tangible assets	9	362	-	362	725
Investments	10	57	-	57	173,317
		<u>419</u>	<u>-</u>	<u>419</u>	<u>174,042</u>
CURRENT ASSETS					
Debtors	11	20,145	-	20,145	148
Cash at bank		49,123	-	49,123	24,133
		<u>69,268</u>	<u>-</u>	<u>69,268</u>	<u>24,281</u>
CREDITORS					
Amounts falling due within one year	12	(8,896)	-	(8,896)	(11,244)
NET CURRENT ASSETS		<u>60,372</u>	<u>-</u>	<u>60,372</u>	<u>13,037</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>60,791</u>	<u>-</u>	<u>60,791</u>	<u>187,079</u>
NET ASSETS		<u>60,791</u>	<u>-</u>	<u>60,791</u>	<u>187,079</u>
FUNDS	13				
Unrestricted funds				60,791	187,079
TOTAL FUNDS				<u>60,791</u>	<u>187,079</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

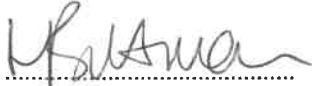
The notes form part of these financial statements

The New Bridge Foundation

**Balance Sheet - continued
31 December 2024**

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 13.15.25..... and were signed on its behalf by:



Helen Boothman - Trustee



John Patrick O'Reilly - Trustee

The notes form part of these financial statements

The New Bridge Foundation
Notes to the Financial Statements
for the year ended 31 December 2024

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention, with the exception of investments which are included at market value, as modified by the revaluation of certain assets.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Allocation and apportionment of costs

Support costs are based on a percentage of the actual costs incurred, calculated on a staff time basis.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 25% on cost
Computer equipment	- 25% on cost

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Volunteers

In accordance with SORP 2005, the contribution of volunteers is not recognised in the Financial Statements, as the value of their contribution cannot be reasonably quantified in financial terms. An exception may be made where a donor provides services as part of their trade or profession and where the charity would otherwise have had to purchase those services externally. In these cases, if material, those donated services would be valued at the open market value to the charity.

The New Bridge Foundation

**Notes to the Financial Statements - continued
for the year ended 31 December 2024**

2. INVESTMENT INCOME

	2024	2023
	£	£
Other investment income	<u>1,476</u>	<u>6,277</u>

3. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2024	2023
	£	£
Depreciation - owned assets	<u>363</u>	<u>363</u>

4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2024 nor for the year ended 31 December 2023.

Trustees' expenses

Trustees were reimbursed travel expenses during the year amounting to £175.00

5. STAFF COSTS

	2024	2023
	£	£
Wages and salaries	180,932	180,244
Social security costs	<u>14,681</u>	<u>14,886</u>
	<u>195,613</u>	<u>195,130</u>

The average monthly number of employees during the year was as follows:

	2024	2023
Direct charitable work	4	4
Administration	<u>1</u>	<u>1</u>
	<u>5</u>	<u>5</u>

No employees received emoluments in excess of £60,000.

One member of staff received a salary of more than £60,000.

The New Bridge Foundation

**Notes to the Financial Statements - continued
for the year ended 31 December 2024**

6. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	170,564	-	170,564
Investment income	6,277	-	6,277
Total	<u>176,841</u>	<u>-</u>	<u>176,841</u>
EXPENDITURE ON			
Raising funds	70,424	-	70,424
Charitable activities			
Befriending	177,778	-	177,778
Administration costs	22,352	-	22,352
Strategy Development	26,755	-	26,755
Total	<u>297,309</u>	<u>-</u>	<u>297,309</u>
NET INCOME/(EXPENDITURE)	(120,468)	-	(120,468)
RECONCILIATION OF FUNDS			
Total funds brought forward	307,547	-	307,547
TOTAL FUNDS CARRIED FORWARD	<u><u>187,079</u></u>	<u><u>-</u></u>	<u><u>187,079</u></u>

7. FIXED ASSET INVESTMENTS

There were no investment assets outside the UK.

The company's investments at the balance sheet date include the following:

Inside Time Limited

Nature of business: Publishing of newspapers for prisoners

Inside Time Limited (a fully owned subsidiary) is a company limited by guarantee and does not have any share capital.

	2024 £	2023 £
Aggregate capital and reserves	106,574	91,543
Surplus for the year	15,031	16,335

The New Bridge Foundation

**Notes to the Financial Statements - continued
for the year ended 31 December 2024**

8. INDEPENDENT EXAMINATION FEE

The Independent Examination Fee for the year is £1,920.

9. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Computer equipment £	Totals £
COST			
At 1 January 2024 and 31 December 2024	3,025	1,088	4,113
DEPRECIATION			
At 1 January 2024	3,025	363	3,388
Charge for year	-	363	363
At 31 December 2024	3,025	726	3,751
NET BOOK VALUE			
At 31 December 2024	-	362	362
At 31 December 2023	-	725	725

10. FIXED ASSET INVESTMENTS

	Unlisted investments £
MARKET VALUE	
At 1 January 2024	173,317
Disposals	(174,455)
Revaluations	1,195
At 31 December 2024	57
NET BOOK VALUE	
At 31 December 2024	57
At 31 December 2023	173,317

There were no investment assets outside the UK.

Cost or valuation at 31 December 2024 is represented by:

	Unlisted investments £
Valuation in 2019	18,716
Valuation in 2020	16,267
Valuation in 2021	25,222
Valuation in 2022	(58,282)
Valuation in 2023	11,608
Valuation in 2024	(13,474)
	57

The company's investments at the balance sheet date in the share capital of companies include the following:

The New Bridge Foundation

**Notes to the Financial Statements - continued
for the year ended 31 December 2024**

10. FIXED ASSET INVESTMENTS - continued

Inside Time Limited

Registered office:

Nature of business: Publishing of newspapers for prisoners

Inside Time Limited is a fully owned subsidiary of The New Bridge Foundation, is a company limited by guarantee and does not have any share capital.

11. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024	2023
	£	£
Trade debtors	20,000	-
Prepayments and accrued income	145	148
	<u>20,145</u>	<u>148</u>

12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024	2023
	£	£
Trade creditors	2,857	330
Other creditors	3,939	7,247
Accruals and deferred income	2,100	3,667
	<u>8,896</u>	<u>11,244</u>

13. MOVEMENT IN FUNDS

	At 1.1.24	Net movement in funds	At 31.12.24
	£	£	£
Unrestricted funds			
General fund	187,079	(126,288)	60,791
	<u>187,079</u>	<u>(126,288)</u>	<u>60,791</u>
TOTAL FUNDS	<u>187,079</u>	<u>(126,288)</u>	<u>60,791</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	182,052	(308,340)	(126,288)
	<u>182,052</u>	<u>(308,340)</u>	<u>(126,288)</u>
TOTAL FUNDS	<u>182,052</u>	<u>(308,340)</u>	<u>(126,288)</u>

The New Bridge Foundation

**Notes to the Financial Statements - continued
for the year ended 31 December 2024**

13. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.1.23 £	Net movement in funds £	At 31.12.23 £
Unrestricted funds			
General fund	307,547	(120,468)	187,079
TOTAL FUNDS	<u>307,547</u>	<u>(120,468)</u>	<u>187,079</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	176,841	(297,309)	(120,468)
TOTAL FUNDS	<u>176,841</u>	<u>(297,309)</u>	<u>(120,468)</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.1.23 £	Net movement in funds £	At 31.12.24 £
Unrestricted funds			
General fund	307,547	(246,756)	60,791
TOTAL FUNDS	<u>307,547</u>	<u>(246,756)</u>	<u>60,791</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	358,893	(605,649)	(246,756)
TOTAL FUNDS	<u>358,893</u>	<u>(605,649)</u>	<u>(246,756)</u>

The New Bridge Foundation

**Notes to the Financial Statements - continued
for the year ended 31 December 2024**

14. RELATED PARTY DISCLOSURES

During the year the Charity received a donation from its subsidiary, Inside Time Limited, amounting to £Nil (2023 - £Nil).

15. LIABILITY OF MEMBERS

The company is constituted as a company limited by guarantee. In the event of the charity being wound up members are required to contribute an amount not exceeding £1.

REGISTERED COMPANY NUMBER: 05048063
REGISTERED CHARITY NUMBER: 1103511

5

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 December 2024
for
The New Bridge Foundation

Grant Harrod Lerman Davis LLP
Chartered Accountants
1st Floor
Healthaid House
Marlborough Hill
Harrow
Middlesex
HA1 1UD

The New Bridge Foundation

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Notes to the Financial Statements	10

The New Bridge Foundation
Report of the Trustees
for the year ended 31 December 2024

The trustees who were also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 December 2024. The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities.

OBJECTIVES AND ACTIVITIES

Objectives and aims

The New Bridge Foundation is a charity which supports people in prison. The object of the charity as set out in the company's memorandum of association is to promote and support the education, befriending and resettlement of people in prison and ex-offenders.

Our aim is to support prisoners while they are in prison to build a connection to the outside world. We believe that this helps to aid reintegration and reduce offending.

PUBLIC BENEFIT

Our core activity is the provision of a befriending service to people serving prison sentences. We recruit dedicated volunteers and offer comprehensive training before matching them with a prisoner. Prisoners and their befrienders exchange letters, building a trusting, non-judgemental relationship. Befrienders and their prisoners can also connect via telephone calls, and befrienders often attend prisons to visit their prisoner. We believe that contact with the outside world prepares prisoners for release by helping to develop pro-social attitudes and increase self-esteem.

New Bridge's service is unique in that our befrienders stay matched with the same prisoner as they are moved around the prison estate. This continuity helps to build a deeper and more trusting relationship, at a time when prisoners are experiencing a large amount of change and disruption to routines.

The befrienders who volunteer for New Bridge can often be the only source of social connection or emotional support for prisoners who are no longer in contact with family or friends.

We reviewed and refined our vision and mission statements in 2022, which are as follows.

Our vision: Every person in prison feels a meaningful connection to the outside world.

Our mission: We match people in prison with trained volunteers who offer long-term support through a combination of correspondence and visits. This provides people in prison with a bridge to the outside world, along with an increased sense of value and potential for their future.

Our befriending service is open to applications from any prisoner in England and Wales.

The New Bridge Foundation
Report of the Trustees
for the year ended 31 December 2024

ACHIEVEMENT AND PERFORMANCE

Achievements and performance

2024 was a very mixed year for New Bridge. We saw continued demand for our service from isolated prisoners, along with a continued stream of applications from prospective volunteers. We also saw increased rates of impact through the results of our service evaluation. However, the hugely challenging financial environment in which we were operating impacted our ability to meet fundraising targets and ate into our reserves, leaving us unable to grow as much as we had planned. The financial impact of a contracting fundraising landscape, with the over-subscribed grant-making trusts sector combined with the cost-of-living crisis vastly reducing levels of individual giving, meant that we had to make difficult decisions in order to maintain the future of the charity.

Prudent financial management allowed us to recognise part-way through the year that we would struggle to meet fundraising targets. We therefore made the difficult decision to stop growing in order to avoid further increasing costs. This meant not accepting any new prisoner or volunteer applications, but allowed us to continue delivering our service to existing beneficiaries. Unfortunately, fundraising success did not improve to expected levels until very late into the autumn. We therefore took further action to reduce costs as much as possible. This included reducing staff working hours down to part-time across all roles. The staff are to be publicly commended on their personal sacrifice through this period, and in their determination and focus to continue ensuring beneficiaries received a high-quality befriending service, whilst maintaining safeguarding and guidance for volunteers at all times. Our Trustees worked hard to help the charity navigate through this period, including attending more regular meetings and sub-group meetings, bringing creative ideas to help problem-solve and making collective decisions. They also made time to provide support and guidance to staff, helping maintain morale.

This agile approach to cost management allowed us to navigate through a period of financial uncertainty as we continued to work on diversifying our income pipeline.

Although we did not grow in size during 2024, our focus on quality delivery meant that we were able increase the intensity of our intervention across all key metrics. Over the course of the year, a total of 790 prisoners were befriended, across 95 prisons (meaning at least one person is supported by New Bridge in 78% of prisons in England and Wales). Our volunteers sent regular letters to their befriendees, with 5,557 sent: a 33% increase from 2023. Similarly, volunteers sent 2,282 emails, an increase of 45%. We were pleased to see prisoners also increase their engagement with volunteers with a 15% increase in letters sent, and a 41% increase in emails.

Prison visits are a vital part of being befriended by New Bridge, and we know how much they are valued by prisoners and volunteers alike. We were delighted to see a 26% increase in prison visits undertaken during the year. We continue to be awed by the commitment of our wonderful volunteer community, who give their time freely to make such a difference to isolated people. However, in 2024 we were particularly grateful for the way these volunteers remained focused on their befriending (and increased the engagement with their befriendees) despite the difficulties which the charity experienced in the later part of the year.

Despite having to make the difficult decision to curtail growth part-way through the year, we were still inundated with demand from prisoners, with 323 applications received, up from 300 in 2023, demonstrating the increasing level of need for our service across the prison estate. We also trained 100 new volunteers in the first half of the year, allowing us to make 313 new prisoner/volunteer matches.

Impact

In 2023 we rolled out our new Impact measure, seeking to explore the differences prisoners have noticed in key areas as a direct result of engaging with our service. We were pleased to maintain or exceed 2023's ratings in our 2024 evaluation. Respondents reported that as a result of being matched with a New Bridge volunteer befriender:

- 87% of people felt better or much better about getting through their sentence (same as 2023)
- 77% felt better or much better about themselves (down from 79% in 2023)
- 83% felt better or much better connected to the outside world (up from 79% in 2023)
- 83% felt better or much better about the future (up from 79% in 2023)

Fundraising

The charity's primary source of funding was grants from Trusts and Foundations, which accounted for 82% of income. A further 13% were from individual donors, and the final 5% were funds raised by sponsored events organised by volunteers.

The New Bridge Foundation
Report of the Trustees
for the year ended 31 December 2024

Despite the fundraising climate affecting our ability to meet our income targets for the year, we were pleased to see our work to increase and diversify income resulted in a 49% increase in Trusts income, and a 52% increase from individual donors.

Our focus for 2025 is on further diversifying our income in order to better protect the charity against instability across different channels in the future.

We are extremely grateful for the continued support of a range of grant giving trusts and foundations, as well as individual donors. We have been the fortunate recipient of several generous legacies in recent years, each of which has been hugely powerful in enabling us to invest in the organisation so that we can scale up to meet the growing needs of isolated prisoners.

FINANCIAL REVIEW

The strategy development project saw the charity budget for a planned deficit in the year of £92,000. However the fundraising climate resulted in a much larger deficit of £126,288, with the result that we spent down a proportion of our reserves to meet operating costs.

Reserves policy

The total unrestricted funds as at 31 December 2024 totalled £60,791 and is in line with the charity's reserves policy. A copy of this policy is available on the charity's website.

One of the key priorities for the charity in 2025 is to build up our financial reserves, to ensure long-term stability.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006 and incorporated in 2004.

Risk management

The charity regularly reviews its risk, in line with Charity guidance.

Recruitment and appointment of new trustees

Trustees have a range of experience in criminal justice and business. New trustees are appointed through an open advertising campaign highlighting the need for people with certain skills to oversee the charity. Trustees are sent the Charity Commission's Essential Trustee Guide, the Articles of Association, most recent annual report and befriending service evaluation. Induction includes briefing sessions from the Chair about the obligations of trustees and how the board operates, an overview of finances from the Treasurer and briefings from the Chief Executive and staff team. Trustees are encouraged to participate in a training course for volunteers and to attend a regional group meeting to understand how New Bridge operates.

Organisational structure

The New Bridge Foundation has a board of ten trustees who meet four times a year and are responsible for the strategic direction and policy of the charity. Day to day responsibility for the charity rests with the Chief Executive and provision of befriending and management of the volunteers is led by the Director of Befriending supported by the Befriending Coordinator. The Operations Manager is also Company Secretary responsible for regular fundraising and for financial and business systems.

Related parties

New Bridge has a wholly owned subsidiary company Inside Time Ltd which produces the newspaper for prisoners. In line with the governing documents two New Bridge Trustees are directors of Inside Time.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

05048063 (Not specified/Other)

The New Bridge Foundation
Report of the Trustees
for the year ended 31 December 2024

Registered Charity number
1103511

Registered office
1A Elm Park
London
SW2 2TX

Trustees
Dr Peter John Bennett (resigned 3.7.2024)
Helen Boothman Chair
Cristiana Viana C Shepherd
Dr Lynne Garne
Marie Loeb
John Patrick O'Reilly
Anna Parley
Ailie Rennie
Kevin Traynor (resigned 23.9.2024)
Sara Zalin (resigned 16.4.2024)
Mr Sean Ormerod (appointed 16.4.2024)

Patron
HRH Princess Alexandra, The Hon Lady Ogilvy, KG GCVO

President
Michael Spurr, CB

Vice Presidents
Reverend Jonathan Aitken
Professor David Wilson

Chief Executive
Dr Lucy Ball

Company Secretary
Donna Frances King

Independent Examiner
Grant Harrod Lerman Davis LLP
Chartered Accountants
1st Floor
Healthaid House
Marlborough Hill
Harrow
Middlesex
HA1 1UD

Solicitors
Bates Wells
10 Queen Street Place
London
EC4R 1BE

The New Bridge Foundation

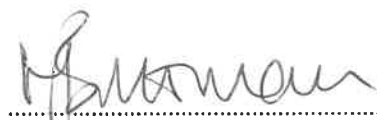
**Report of the Trustees
for the year ended 31 December 2024**

REFERENCE AND ADMINISTRATIVE DETAILS

Bankers

CAF Bank Ltd
25 Kings Hill Avenue
Kings Hill
West Malling
Kent
ME19 4JQ

Approved by order of the board of trustees on 13/05/25..... and signed on its behalf by:



.....
Helen Boothman - Trustee

**Independent Examiner's Report to the Trustees of
The New Bridge Foundation**

Independent examiner's report to the trustees of The New Bridge Foundation ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 December 2024.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Jeremy Harrod FCCA

Grant Harrod Lerman Davis LLP
Chartered Accountants
1st Floor
Healthaid House
Marlborough Hill
Harrow
Middlesex
HA1 1UD

Date: 13.10.25.....

The New Bridge Foundation

**Statement of Financial Activities
for the year ended 31 December 2024**

	Notes	Unrestricted fund £	Restricted funds £	2024 Total funds £	2023 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		180,576	-	180,576	170,564
Investment income	2	1,476	-	1,476	6,277
Total		<u>182,052</u>	<u>-</u>	<u>182,052</u>	<u>176,841</u>
EXPENDITURE ON					
Raising funds		72,299	-	72,299	70,424
Charitable activities					
Befriending		178,987	-	178,987	177,778
Administration costs		30,433	-	30,433	22,352
Strategy Development		26,621	-	26,621	26,755
Total		<u>308,340</u>	<u>-</u>	<u>308,340</u>	<u>297,309</u>
NET INCOME/(EXPENDITURE)		(126,288)	-	(126,288)	(120,468)
RECONCILIATION OF FUNDS					
Total funds brought forward		187,079	-	187,079	307,547
TOTAL FUNDS CARRIED FORWARD		<u><u>60,791</u></u>	<u><u>-</u></u>	<u><u>60,791</u></u>	<u><u>187,079</u></u>

The notes form part of these financial statements

The New Bridge Foundation

**Balance Sheet
31 December 2024**

	Notes	Unrestricted fund £	Restricted funds £	2024 Total funds £	2023 Total funds £
FIXED ASSETS					
Tangible assets	9	362	-	362	725
Investments	10	57	-	57	173,317
		<u>419</u>	<u>-</u>	<u>419</u>	<u>174,042</u>
CURRENT ASSETS					
Debtors	11	20,145	-	20,145	148
Cash at bank		49,123	-	49,123	24,133
		<u>69,268</u>	<u>-</u>	<u>69,268</u>	<u>24,281</u>
CREDITORS					
Amounts falling due within one year	12	(8,896)	-	(8,896)	(11,244)
NET CURRENT ASSETS		<u>60,372</u>	<u>-</u>	<u>60,372</u>	<u>13,037</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>60,791</u>	<u>-</u>	<u>60,791</u>	<u>187,079</u>
NET ASSETS		<u>60,791</u>	<u>-</u>	<u>60,791</u>	<u>187,079</u>
FUNDS	13				
Unrestricted funds				60,791	187,079
TOTAL FUNDS				<u>60,791</u>	<u>187,079</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

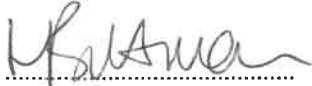
The notes form part of these financial statements

The New Bridge Foundation

Balance Sheet - continued
31 December 2024

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 13.15.25..... and were signed on its behalf by:



Helen Boothman - Trustee



John Patrick O'Reilly - Trustee

The notes form part of these financial statements

The New Bridge Foundation
Notes to the Financial Statements
for the year ended 31 December 2024

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention, with the exception of investments which are included at market value, as modified by the revaluation of certain assets.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Allocation and apportionment of costs

Support costs are based on a percentage of the actual costs incurred, calculated on a staff time basis.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 25% on cost
Computer equipment	- 25% on cost

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Volunteers

In accordance with SORP 2005, the contribution of volunteers is not recognised in the Financial Statements, as the value of their contribution cannot be reasonably quantified in financial terms. An exception may be made where a donor provides services as part of their trade or profession and where the charity would otherwise have had to purchase those services externally. In these cases, if material, those donated services would be valued at the open market value to the charity.

The New Bridge Foundation

**Notes to the Financial Statements - continued
for the year ended 31 December 2024**

2. INVESTMENT INCOME

	2024	2023
	£	£
Other investment income	<u>1,476</u>	<u>6,277</u>

3. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2024	2023
	£	£
Depreciation - owned assets	<u>363</u>	<u>363</u>

4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2024 nor for the year ended 31 December 2023.

Trustees' expenses

Trustees were reimbursed travel expenses during the year amounting to £175.00

5. STAFF COSTS

	2024	2023
	£	£
Wages and salaries	180,932	180,244
Social security costs	<u>14,681</u>	<u>14,886</u>
	<u>195,613</u>	<u>195,130</u>

The average monthly number of employees during the year was as follows:

	2024	2023
Direct charitable work	4	4
Administration	<u>1</u>	<u>1</u>
	<u>5</u>	<u>5</u>

No employees received emoluments in excess of £60,000.

One member of staff received a salary of more than £60,000.

The New Bridge Foundation

**Notes to the Financial Statements - continued
for the year ended 31 December 2024**

6. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	170,564	-	170,564
Investment income	6,277	-	6,277
Total	<u>176,841</u>	<u>-</u>	<u>176,841</u>
EXPENDITURE ON			
Raising funds	70,424	-	70,424
Charitable activities			
Befriending	177,778	-	177,778
Administration costs	22,352	-	22,352
Strategy Development	26,755	-	26,755
Total	<u>297,309</u>	<u>-</u>	<u>297,309</u>
NET INCOME/(EXPENDITURE)	(120,468)	-	(120,468)
RECONCILIATION OF FUNDS			
Total funds brought forward	307,547	-	307,547
TOTAL FUNDS CARRIED FORWARD	<u><u>187,079</u></u>	<u><u>-</u></u>	<u><u>187,079</u></u>

7. FIXED ASSET INVESTMENTS

There were no investment assets outside the UK.

The company's investments at the balance sheet date include the following:

Inside Time Limited

Nature of business: Publishing of newspapers for prisoners

Inside Time Limited (a fully owned subsidiary) is a company limited by guarantee and does not have any share capital.

	2024 £	2023 £
Aggregate capital and reserves	106,574	91,543
Surplus for the year	15,031	16,335

The New Bridge Foundation

**Notes to the Financial Statements - continued
for the year ended 31 December 2024**

8. INDEPENDENT EXAMINATION FEE

The Independent Examination Fee for the year is £1,920.

9. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Computer equipment £	Totals £
COST			
At 1 January 2024 and 31 December 2024	3,025	1,088	4,113
DEPRECIATION			
At 1 January 2024	3,025	363	3,388
Charge for year	-	363	363
At 31 December 2024	3,025	726	3,751
NET BOOK VALUE			
At 31 December 2024	-	362	362
At 31 December 2023	-	725	725

10. FIXED ASSET INVESTMENTS

	Unlisted investments £
MARKET VALUE	
At 1 January 2024	173,317
Disposals	(174,455)
Revaluations	1,195
At 31 December 2024	57
NET BOOK VALUE	
At 31 December 2024	57
At 31 December 2023	173,317

There were no investment assets outside the UK.

Cost or valuation at 31 December 2024 is represented by:

	Unlisted investments £
Valuation in 2019	18,716
Valuation in 2020	16,267
Valuation in 2021	25,222
Valuation in 2022	(58,282)
Valuation in 2023	11,608
Valuation in 2024	(13,474)
	57

The company's investments at the balance sheet date in the share capital of companies include the following:

The New Bridge Foundation

**Notes to the Financial Statements - continued
for the year ended 31 December 2024**

10. FIXED ASSET INVESTMENTS - continued

Inside Time Limited

Registered office:

Nature of business: Publishing of newspapers for prisoners

Inside Time Limited is a fully owned subsidiary of The New Bridge Foundation, is a company limited by guarantee and does not have any share capital.

11. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024	2023
	£	£
Trade debtors	20,000	-
Prepayments and accrued income	145	148
	<u>20,145</u>	<u>148</u>

12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024	2023
	£	£
Trade creditors	2,857	330
Other creditors	3,939	7,247
Accruals and deferred income	2,100	3,667
	<u>8,896</u>	<u>11,244</u>

13. MOVEMENT IN FUNDS

	At 1.1.24	Net movement in funds	At 31.12.24
	£	£	£
Unrestricted funds			
General fund	187,079	(126,288)	60,791
	<u>187,079</u>	<u>(126,288)</u>	<u>60,791</u>
TOTAL FUNDS	<u>187,079</u>	<u>(126,288)</u>	<u>60,791</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	182,052	(308,340)	(126,288)
	<u>182,052</u>	<u>(308,340)</u>	<u>(126,288)</u>
TOTAL FUNDS	<u>182,052</u>	<u>(308,340)</u>	<u>(126,288)</u>

The New Bridge Foundation

**Notes to the Financial Statements - continued
for the year ended 31 December 2024**

13. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.1.23 £	Net movement in funds £	At 31.12.23 £
Unrestricted funds			
General fund	307,547	(120,468)	187,079
TOTAL FUNDS	<u>307,547</u>	<u>(120,468)</u>	<u>187,079</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	176,841	(297,309)	(120,468)
TOTAL FUNDS	<u>176,841</u>	<u>(297,309)</u>	<u>(120,468)</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.1.23 £	Net movement in funds £	At 31.12.24 £
Unrestricted funds			
General fund	307,547	(246,756)	60,791
TOTAL FUNDS	<u>307,547</u>	<u>(246,756)</u>	<u>60,791</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	358,893	(605,649)	(246,756)
TOTAL FUNDS	<u>358,893</u>	<u>(605,649)</u>	<u>(246,756)</u>

The New Bridge Foundation

**Notes to the Financial Statements - continued
for the year ended 31 December 2024**

14. RELATED PARTY DISCLOSURES

During the year the Charity received a donation from its subsidiary, Inside Time Limited, amounting to £Nil (2023 - £Nil).

15. LIABILITY OF MEMBERS

The company is constituted as a company limited by guarantee. In the event of the charity being wound up members are required to contribute an amount not exceeding £1.

Accounts



Annual Report 2023

“*Just a big thank you to New Bridge staff and befrienders who continue to be a light of friendship and support in a very dark place to so many prisoners across the prison estate and please keep up the good work.*”

Foreword

2023 was a busy year at New Bridge. We saw increased demand for our service, **now reaching people in 70% of prisons in England and Wales**. We were able to manage the **53% rise in prisoner applications** thanks to our work preparing for increased scale, but were of course troubled by the evident increase in people feeling isolated and cut off from the outside world that this scaling up evidenced. Inevitably, increased delivery of our service means increased costs, so fundraising remains a vital priority for the charity to be able to continue to deliver where we are needed most.

“They make me feel I am worth something and not just a prison number.”



We were pleased to see a **54% increase in the number of prison visits our volunteers made**, since we know that this in-person contact is so meaningful for the people we support.

“We have food and drink and really good chats & laughs. She makes me feel human and accepted.”

“My befriender is awesome, she is kind and offers advice when I need it. I look forward to her visits when we can chat about anything. I feel a lot more hopeful and de-stressed since having a befriender and promote it to others. It helps normalise my behaviour and makes me certain I won't offend again.”

Our Volunteer Conference last summer saw our befriender community come together to hear from a range of inspiring speakers, including Professor David Wilson, our Vice President. David spoke about his belief that current prison conditions do not serve to rehabilitate people, with a lack of much-needed services around drug & alcohol treatment, mental health support and suitable post-release housing which in turn contributes to communities becoming more dangerous. However he asserted that **“The value of a non-judgemental and consistent contact in the outside world for those in prison cannot be underestimated,**



Conference group



Volunteer award winners

both in terms of the impact on the prisoner and the impact on society. New Bridge volunteers do amazing work, and I am very proud to be their Vice President.”

The conference also gave us the opportunity to celebrate our wonderful volunteer community, and particularly to mark some very impressive milestones, with six long-service awards – four for 10 years and two for 20 years!

We were delighted to be joined by new volunteers from across the country, with our **community swelling by 32% over the course of the year**. This enabled us to make **309 new volunteer/prisoner matches** during the course of the year.

Internally we spent time overhauling our operations, modernising and digitising systems and processes in order to enable us to continue to grow to meet increased demand over the coming years.

Our new impact measure and revamped service evaluation (in partnership with Arden University) gave us valuable insight into how our befriending service is received – what people find most valuable and what we can do to improve. Perhaps unsurprisingly,

the **key message from the evaluation was that the non-judgemental nature of volunteers was a breath of fresh air**, and provided people with the opportunity to see themselves from new perspectives, and to imagine new possibilities for their future. Being non-judgemental is our biggest core value as a charity, and every year we have its impact reflected back at us through the service evaluation: allowing people to explore their identity not tethered to their offence helps them to understand that they are capable of being rehabilitated and adopting a new lifestyle after their release.

2024 looks set to be another year of record numbers of applications from people in prison, and we are working hard to manage this so that every person who needs us can access the support that a befriender brings. We'd like to end with a huge thanks to all of our volunteers, and we include our Trustees and our special staff team who make such a difference to individual prisoners' lives.

Helen Boothman
Chair

Lucy Ball
CEO

Who We Are

The New Bridge Foundation is a charity which was founded in 1956 with the intention of using volunteers to support people in prison to resettle back into the community after release, by prominent prison reformer Lord Longford. Over the years we have run a variety of additional projects to support people to this end, including Through The Gate programmes and family support programmes. However our core offering since our inception has been a befriending service delivered by volunteers, which we continue to run today. For nearly 70 years, our volunteers have offered a bridge to the outside world to people serving prison sentences across England and Wales by offering non-judgemental social contact to some of the most isolated and vulnerable in our society.

We are proud to have Michael Spurr, CB (former CEO, HMPPS) as our President, and Professor David Wilson (criminologist, author and former prison governor) and Reverend Jonathan Aitken as our Vice Presidents, as well as a royal patron in HRH Princess Alexandra.

“My New Bridge befriender is very encouraging and supportive, he is a good person and seems to accept that my crime does not define me. He has shown me that I am worth knowing and that I can achieve a better life.”

Our vision:

Every person in prison feels a meaningful connection to the outside world.

Our mission:

We match people in prisons with trained volunteers who offer long-term support through a combination of correspondence and visits. This provides people in prison with a bridge to the outside world, along with an increased sense of value and potential for their future.

Our values:



Non-judgemental

We believe every person has value.



Inclusive

We accept applications from any person in prison, and any volunteer who shares our values.



Independent

We are wholly separate from and not influenced by the criminal justice system.



Prisoner-led

Our volunteers shape their support, correspondence and visits around the needs of the person they support.



Constant

We provide a reliable connection between those inside and outside prison.

What we do

Every person we support is matched with a trained volunteer, with whom they communicate through letters or emails. Once they have been writing for at least 6 months, the volunteer can start visiting the person in prison, making 3-4 visits per year.

Every volunteer is part of a Volunteer Support Group, which is Chaired by an experienced volunteer. Each group meets once per month and every group member attends to discuss their correspondence and visits and have the opportunity to raise any concerns about the relationship or the prisoner's welfare in a friendly and supportive atmosphere. Support groups are spread across the country, and volunteers can choose to join one locally that meets in person, or one that meets via zoom with volunteers from across the country.



Information session at the University of Buckingham



Volunteering Fair at the University of Manchester



Volunteering Fair at Leeds Beckett University

“Prisons are hard places to be emotionally and being alone and having contact with someone brightens my day.”



Volunteers visit HMP Grendon

2023 in Numbers

12,958 

hours were spent
volunteering
(up from 6,561 in 2022)

We received
300
applications from
people in prison
(up from 196 in 2022)

★ We received
259 ★
applications
from volunteers
(up from 103 in 2022)


We trained
172
people
(up from 26 in 2022)


309
people in prison
were matched with
a volunteer
(up from 170 in 2022)


Volunteers made
267
prison visits
(up from 100 in 2022)


521
phone calls
were made
(up from 470 in 2022)


10,472
letters and emails
were exchanged between people
in prison and their volunteer
(up from 9,884 in 2022)

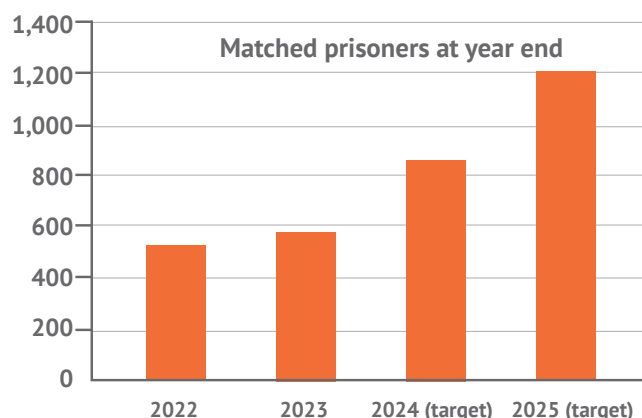
We ended
the year with
575 people
befriended across
86 prison
sites



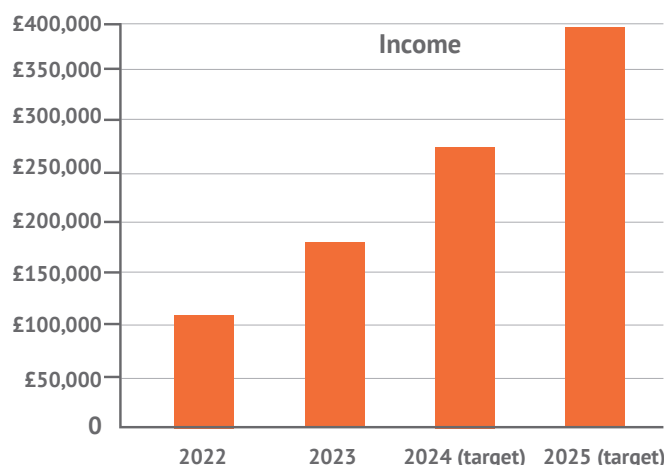
Strategy Progress

“It’s made me think to myself that I’m a better person and I can turn my life around thanks to my befriender.”

In 2022 New Bridge staff, Trustees and volunteers came together to create a new strategy to take the charity through the next 3 years. We set ourselves the very ambitious target to more than double our number of service users by the end of 2025, supporting 1,200 people. We made good progress towards this goal last year, shoring up the foundations for growth by modernising systems and streamlining processes. We also focused on driving up the number of volunteers, so that we are ready to befriend more isolated people in prison. 259 people applied to join our volunteer community, a rise of 151% on 2022, in large part due to our successful outreach work building relationships across universities, including The University Of Buckingham, Coventry University and Royal Holloway University of London. This meant we were able to match more people in prison with a befriender, with the result that people spent much less time on the waiting list, down to an average of 36 days (from 3 months) – because we want to reduce the amount of time people endure isolation.



We also increased our income and started to diversify, with a healthy mix of donations from Grant Making Trusts, individuals and volunteers. We have stretching targets for the next two years as we seek to both scale up, and drive down the cost per service user.



How can you help us to support more isolated people in prison?

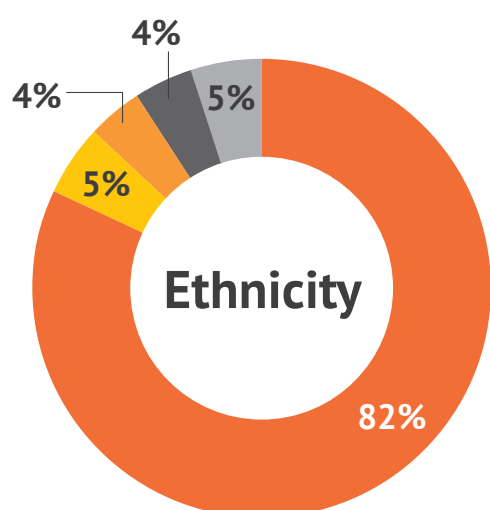
- **Donate:** help us meet our income targets so that we can manage the costs of growing newbridgefoundation.org.uk/donate
- **Fundraise:** organise an activity or event to raise funds and awareness of work newbridgefoundation.org.uk/fundraise
- **Volunteer:** sign up to become a befriender newbridgefoundation.org.uk/volunteer
- **Spread the word about our work**
 - Recommend volunteering to friends
 - Speak to your employer about entering into a volunteering partnership with your workplace
 - Nominate us for your workplace’s Charity of the year

Service Users

Our service is person-centred rather than place-based, so we accept applications from any person in any prison in England and Wales. This also means that volunteers will continue to support the person wherever they may get transferred across the prison estate. We know this sense of continuity and belonging is important to the people we support, who can often lose access to good support (through prison staff or other charities) when they move prisons.

During 2023 we received new applications from 300 people in prison (a rise of 53%), and over the course of the year we made **309 new service user/volunteer matches**.

“Prison is incredibly isolating and many prisoners only talk about prison life. My befriender allows me to remain connected with an intelligent external perspective and a depth that is nearly impossible here.”



0% ☐ Other
☒ White British
☐ White Other
☒ Asian/Asian British
☒ Black/Black British
☒ Mixed

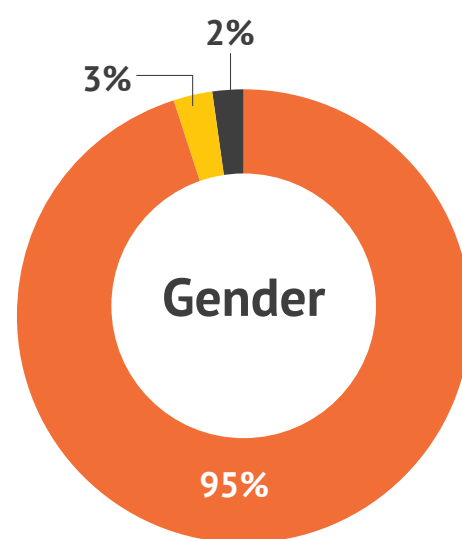
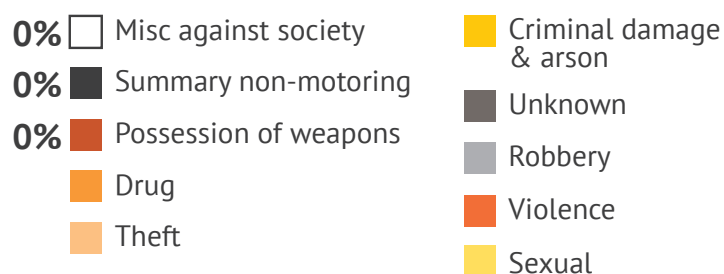
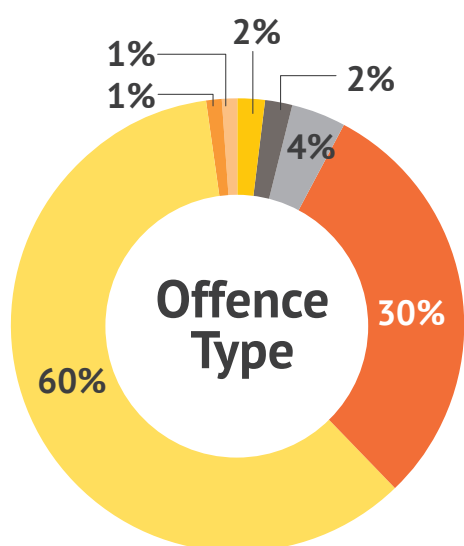
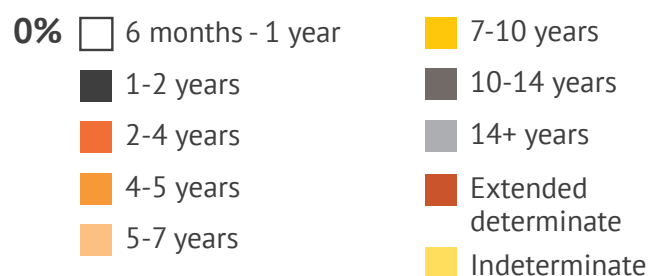
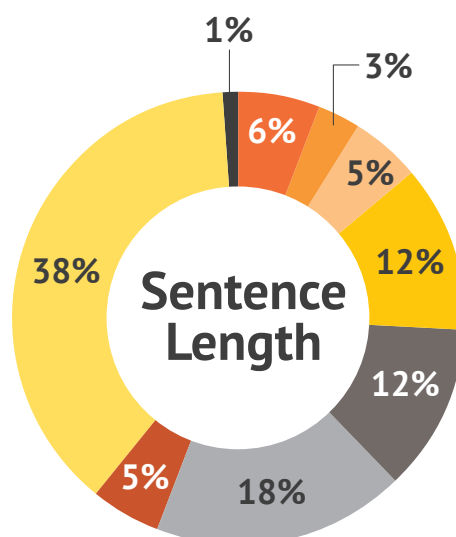
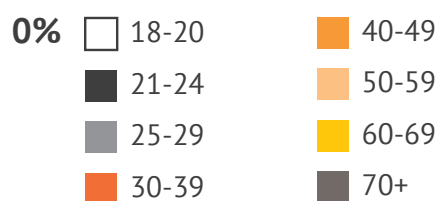
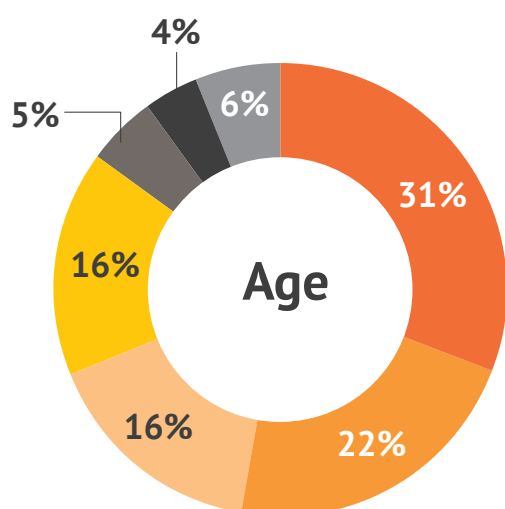
We know that our service users value having a befriender, and the connection that our volunteers provide. They are also happy to recommend us to others: **around 30% of the people we support heard about us through another service user:**

“I would just like to say that I think the service that you offer is amazing and I try to promote your services wherever I go.”

“Recently I have realised how important the service is to my emotional wellbeing. Writing gives me focus, an outlet and structure, and something to do. I enjoy reading my befriender’s letters, and she likes, I hope, reading mine.”

Once a person has applied to join our service, we are committed to supporting them for the long-term. Whilst they are on the waiting list for a volunteer we will send them regular letters, along with birthday and Christmas cards. If a service user’s befriender decides at any point that they are no longer able to volunteer, then we will match them up with a new befriender as soon as possible.

“When I first came into prison I didn’t have much hope in my life. After having my befriender it gave me so much hope for my future. She has always listened and has always been caring. If I hadn’t joined this service I don’t think I would be where I am now.”



Service Evaluation

As part of our strategic goal to better understand and deepen our impact, we conducted our first Service Evaluation in partnership with the School of Criminal Justice at Arden University. This involved designing a questionnaire which would provide data on both users' experience of our service, but also their perceptions of how they had experienced any changes as a result of being supported by a volunteer.

We were delighted to see the following results:

Q. Have you noticed any changes in the way you feel about **getting through your sentence** as a result of getting a New Bridge befriender?

87% felt better or much better

Q. Have you noticed any changes in the way you feel about **the future** as a result of getting a New Bridge befriender?

79% felt better or much better

Q. Have you noticed any changes in **how connected you feel to the outside world** as a result of getting a New Bridge befriender?

79% felt better or much better

Q. Have you noticed any changes in the way you feel **about yourself** as a result of getting a New Bridge befriender?

79% felt better or much better

We know that the development of pro-social attitudes and the improvement of self-image are continually linked with successful rehabilitation and reduction in reoffending, so we are pleased to know that our service is having this impact. Many respondents reflected on how their volunteer had helped them to change, by considering their future and the kind of life they would like to live. They credit them with helping them to see beyond their convictions to the opportunities for change that are available to them.

Many of the respondents reported having limited contact with family or friends:

“ *I lost all my friends and family when I came to prison, so they make a chance for people like me to rebuild their lives and have contact with someone.* **”**

“ *I get visits once every three months which makes me feel a bit normal while being in prison as I not got family coming to visit me or friends and partner.* **”**

However, even those with some family contact articulated the difference their volunteer made in enabling them to authentically express their feelings and emotions:

“ *I can talk to him/her about things that I don't want to talk to my family about because I don't want to upset my parents.* **”**

We were also interested to hear the range of topics that respondents reported discussing in their conversations with befrienders:

Topic	Frequency
Prison Life	118
My Future	116
TV	106
Music	97
Sport	64
Politics	57
Holidays/Travel	17
Work and Employment	13
Family	12
Religion/Faith	11
Hobbies	10
Life in General	10
Animals/Pets	9
Books	9
Food/Cookery	9

Topic	Frequency
Art & Craft	8
Befriender's Life	7
Gardening	7
Health & Wellbeing	7
Movies	5
University/Education	5
Walking	5
Nature	4
Business & Economy	3
Cost of Living	3
Poetry/Writing	3
Clothes	2
Reading	2
Gaming	1
Sexuality	1

You can read the full report on our website:

www.newbridgefoundation.org.uk/pages/category/service-evaluation-reports

“ I think the service is great and also see the joy it brings to other people when they get their befriender and become part of ‘the club’. Just keep up the good work please! ”

“ You really can’t overstate the joy a letter brings – knowing that person has taken the time to write you a thoughtful message in their own time is truly special. ”

Volunteers

“In the last letter the person I write to told me “thank you for being my friend” and it was lovely to hear that the letters mean so much to him. He also said he has the birthday card and Christmas card from me stuck up on his wall.”

Our volunteers come from all walks of life, but have one thing in common: a belief in our mission.

Our volunteers are on the frontline of our work, delivering constant, reliable support to our service users. They give their time and compassion through the highs and lows experienced by the people they support.

In turn, we ensure that our volunteers are supported: each person is a member of a volunteer support group which meets once per month and provides the opportunity to discuss their correspondence and visits and raise any concerns about the relationship or the person in prison's welfare in a friendly and encouraging environment. Support groups are spread across the country, with a mixture of virtual and in-person settings.

We recruit and train volunteers all year round. If you are interested in volunteering with us (or know someone who might be) then you can find more information and our online application form: newbridgefoundation.org.uk/volunteer

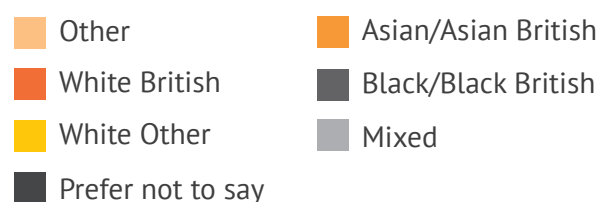
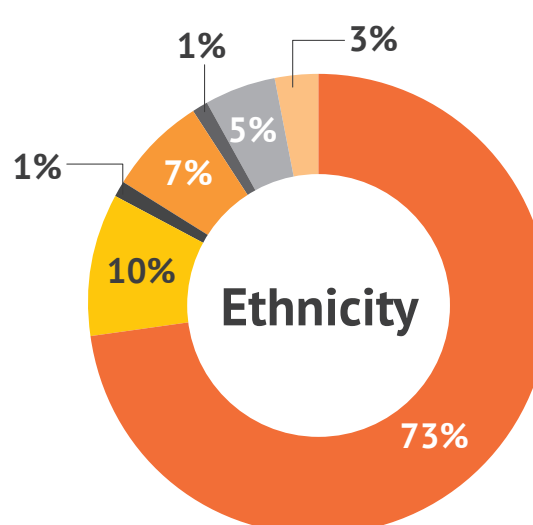
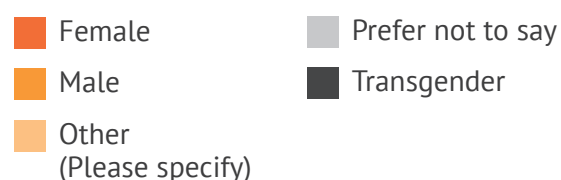
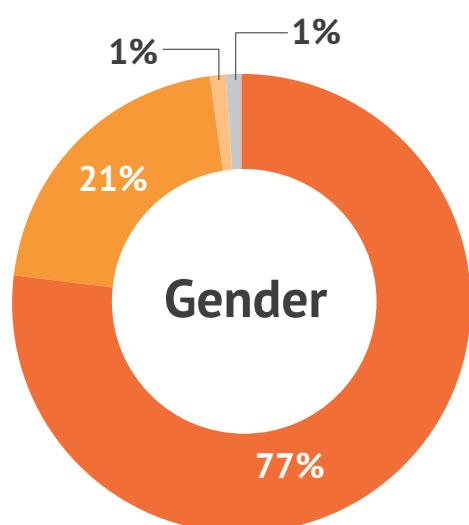
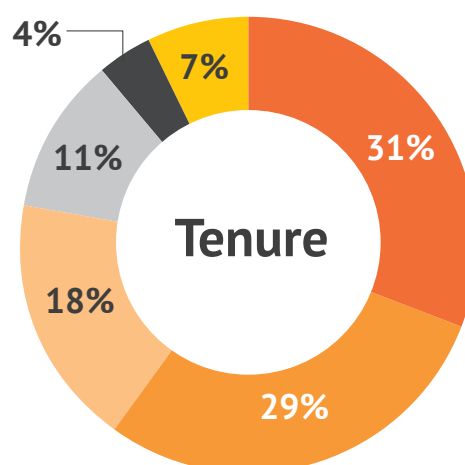
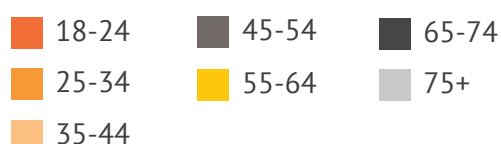
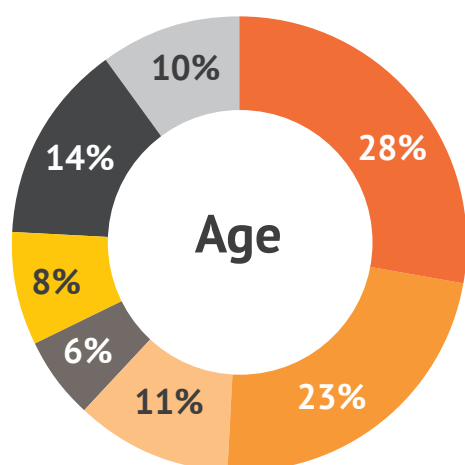


Support group locations

“I've now had two prisoners show so much gratitude and appreciation for having a befriender and have thanked me personally for my support with no judgement in a world where they are subject to a lot of judgement and have wanted to stay in touch after their release to let me know how they are getting on. One prisoner said that my support has helped them open up and acknowledge their feelings rather than keep them bottled up and seek help where and when needed. It's helped them gain a more positive outlook on life for their future.”

Our volunteering offer is very flexible, with letters and visits being organised around each volunteer's own schedule. This flexibility has helped people to continue in their role for long periods of time, fitting it in around their work, studies and personal lives. We gave out long service awards in 2023 to 4 volunteers celebrating 10 years with us, and 2 who had reached 20 years! This long service is testament not only to the flexibility of the role, but also to the enjoyment that volunteers draw from building long-standing social connections with the people they support.

“ I now can't imagine not volunteering with New Bridge, so I think you've got me for the foreseeable. Thanks for all you do. ”



Volunteer Survey

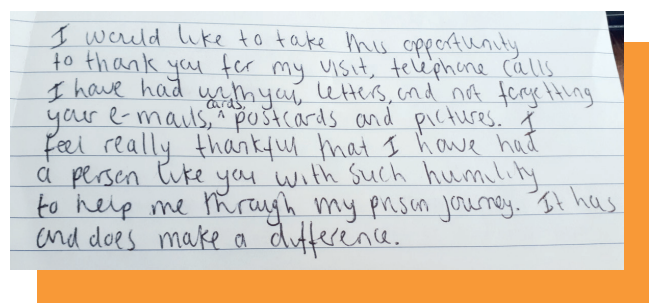
We surveyed our volunteers at the end of the year to gather their feedback on their experience with New Bridge.

We were delighted that **97% of respondents were satisfied or very satisfied with their experience**, and **98% would recommend volunteering with us** to other people.

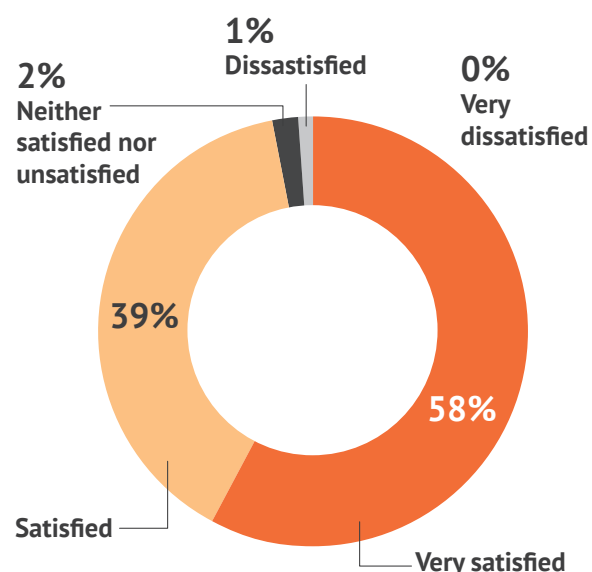
We asked respondents what their favourite thing about volunteering with New Bridge was.

The key recurring themes were:

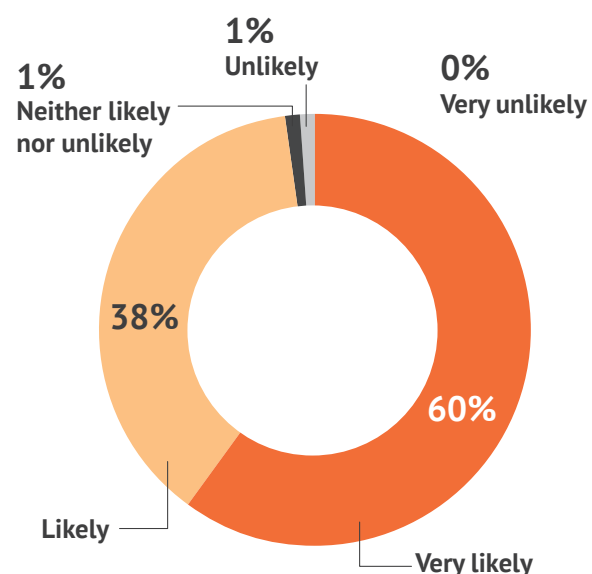
- Making a difference to someone, especially those who may feel forgotten by society
- Getting to know new people – both prisoners and volunteers
- Flexibility
- Receiving letters
- Sense of community
- Meeting like-minded people
- How easy and straightforward everything is



How satisfied are you with your volunteering experience?



How likely would you be to recommend volunteering with New Bridge to other people?



Respondents shared some of the positive experiences they have had whilst volunteering:

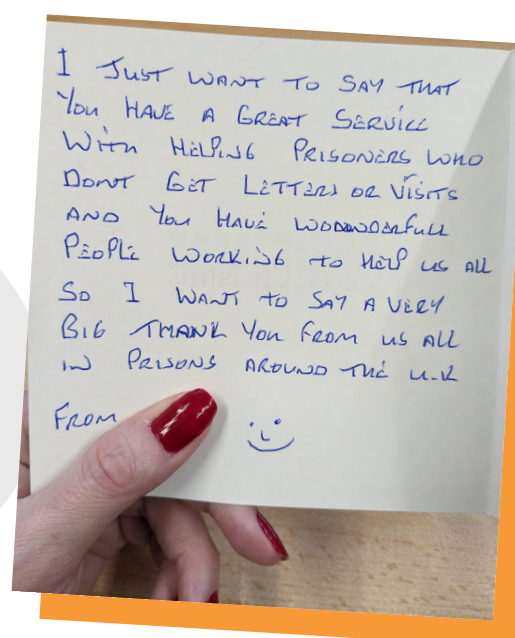
I find the open way prisoners share their experiences and feelings a privilege and find that they are interested in my life too.

One of my three got into Parkrun whilst inside which, at the time, I was doing off and on. We had an agreement that when he got released we would do a Parkrun together and we both kept our side of the bargain. The ex-prisoner was my pacemaker and got me round in a faster time than otherwise I would have done by myself! We celebrated with coffee and cake.

One of my prisoners has opened my eyes to the beauty of poetry. Another has amused me to the point of laughing out loud with tales of his life behind bars and how he and his friends make the time bearable. The third has filled me with joy by overcoming a blip in his progression. His dedication to working through the therapy is not easy for him - he has made me proud of him.

I have befriended Tony for 14 years of his 40 year term in prison. I was his only visitor as his Mother died and his Father was elderly and lived at a distance. He was finally released and is now living independently in a flat for the elderly. He has become confident and can manage most aspects of his life. He continues to email me to ask questions and celebrate his achievements. I am very proud of Tony's achievements.

I received a tea-bag in a letter at Christmas time with the message 'have a drink on me'!



Volunteer Profile

Having worked for many years in the field of mental health I didn't expect any surprises when I signed up to be a befriender with New Bridge. How wrong could I be. Yes, there are mental health issues a plenty for the people in prison but those I've had contact with seem to have little or no expectation of getting any help with their problems.

Some people in prison will volunteer to be trained by Samaritans as "listeners" and along with the prison officers will help when their fellow detainees are having psychotic episodes, self-harming or full-on suicide attempts to name but a few of the issues they seem to face regularly.

These situations would be extremely challenging for any highly qualified professional: for the officers and prison listeners, it's asking a lot. They are not trained or experienced enough so it's human kindness that will

help them through. It's a miracle that they manage as well as they do. Human kindness goes a long way in prison.

The prison system from every angle is creaking. The really appalling circumstances that many prisoners experience reflects this.

The lockdowns of the Covid era will continue in some prisons due to staff shortages: the only way everyone could be kept safe, officers and inmates alike, was to restrict movement. This of course adds to the isolation so having a New Bridge befriender is all the more important.

So that's some of the downsides to prison life – there are many others of course. Stories are regularly in the news about the over-crowding and that basic human rights are not being met. Although the IPP sentences were abolished in 2012 there are still many people incarcerated for years after they have completed their initial tariff.

But enough of the negatives, this is not a political rant: I just mention these things to highlight some of the problems and the need for charities like New Bridge to step up and help where they can.

New Bridge befrienders all seem to say what a rewarding and positive experience volunteering is: how strong and long-lasting relationships are formed. Some for many years and a few will continue after release.

I joined New Bridge in 2020 and I'm still in touch with one of the people that I started writing to then. We discuss music, poetry, religion as well as the day-to-day stuff. Others I have had contact with have been



released, some have found other activities in prison to keep them busy. Currently I have established befriending relationships with four people. All they have in common is the fact that they are in prison. Other than that, they are their unique selves, and each relationship is different. My letters will reflect this. Some of the content of the letters will be similar, if for instance if I'm talking about something very general but on the whole, each letter is tailored to the person I'm writing to. I've now met them all so find it easy to put a face to a name when I write.

One is very keen for me to visit as often as possible, however, he's been moved many miles away and understands that I can no longer visit quite as regularly. We have added monthly phone calls to keep the much-valued contact in place. Another one finds visits stressful and although keen to meet wants about a six-month gap before the next one is booked. Another, ironically, doesn't much like writing and sends minimal information by post but really values the visits.

For me another valuable aspect of befriending is that, unlike my working life, I have no official responsibilities. I don't have to decide on guilt or innocence, there is no pressure to rehabilitate or to decide on fitness for parole. I'm not their probation officer, lawyer, social worker or counsellor. I'm free of all these professional restrictions and demands which is really liberating and helps no end in forming the relationship. I'm free to offer advice if I feel it is helpful (always with the caveat that they can ignore me) but mainly I aim to be supportive. I've had one person say to me how much they appreciate my encouraging words as there is little time for such niceties in prison. Another says that he finds being

able to off load has helped him settle into prison life without kicking off. A common theme from them all is the importance of contact with the outside (real) world. Prison can be an insular and isolating place.

I've mentioned the aspect of befriending that is very freeing compared to having professional involvement and with this in mind it's important to mention here that New Bridge take their responsibilities to their volunteers and the people they write to very seriously.

We have regular support groups that meet monthly, and share updates on each person. We don't disclose any identifying personal detail. There is also access to the New Bridge staff team for advice or administrative queries. We submit a monthly update on each person we are in touch with so that any issues can be monitored and acted on as needed. There's also an annual volunteer conference with speakers on related topics to stimulate and provide an opportunity to socialise.

My fellow befrienders are a constant source of support and inspiration, many having expertise in other aspects of the justice system. I learn so much from them. It's a bonus to meet so many dedicated and interesting people with a wide range of life experience. We come together with the shared goal of making prison life just a little bit better.

Libby

Prisoner Profile

Paul has recently been released from prison, and contributed this article to share his reflections on his experiences of being supported by a befriender.

Having New Bridge in my life for the past 6 years of my prison sentence was the best move I ever made. They became a friend that will tell it to you straight, they are there for both highs and lows in life. I have enjoyed their company and I'm hoping they have learnt a little about me (as both a person and offender).

For those considering becoming a befriender... do it, you are half way there by even giving it a thought – so why not enrich someone else's life by what experiences you may have, who knows you too may learn and when others around you say "why do you do it?" you can say "they have fallen through bad choices, I make good choices, to help them make good choices too".

Many befrienders and the public do not know what prison is like – it's not a soap/documentary – it's real.



Many times I've watched a soap where a character has been in the justice system and think 'why don't they employ a team of prisoners (or ex prisoners) to say what it's like?'. Many of the items (the public calls luxuries) have to be earned by good behaviour and that in itself is like a task in itself. The visit to a shop to buy a ¼ lb of sweets doesn't happen – you fill in a form, you wait a week for it to be delivered, if they have it in stock. Meals are fine, but it depends on which prison you are in – it's not 5 stars, but 5 bars: cooked by prisoners for prisoners.

Those who do not have visits/family/friends turn to New Bridge for support as a Prison Chaplain belongs to the prison, yet a befriender with New Bridge is independent. You the befriender could be the only person in that prisoner's life.

I love to write – I think it's therapeutic to throw words onto paper and make people 'aware'. Since having my befriender(s) I have become more confident in myself, more outgoing and vocal.

New Bridge is the prisoner's choice and the only befriender service of its kind in the UK (maybe the world). You're not a counsellor or intimately related but everyone needs a good friend. Can you be that to a prisoner?

Paul

Our Supporters

“ I feel much less isolated and also feel valued as a human being. I also find great joy in receiving letters from someone who isn’t connected to the prison system. ”

We couldn’t exist to impact lives in the way that we do without the generous financial donations of our supporters.

Last year we were grateful to receive donations of over £1,000 from the following:

- 1772 Charity
- 29th May 1961 Charitable Trust
- Albert Hunt Trust
- Alchemy Foundation
- Chesterhill Charitable Trust Ltd
- Christopher Rowbotham Charitable Trust
- Constance Travis Charitable Fund
- Cumber Family Charitable Trust
- Dowager Countess Eleanor Peel Trust
- HBJ Trust
- HDH Wills 1965 Charitable Trust
- HLJ Brunner Trust
- Jessie Spencer Trust
- Leigh Trust
- Lord Faringdon Charitable Trust
- Michael & Shirley Hunt Charitable Trust
- Noel Buxton Trust
- Oakdale Trust
- Postcode Lottery Trust
- Rhododendron Trust
- Robert Gavron Charitable Trust
- Sir James Reckitt Charity
- Sir James Roll Charitable Trust
- Vandervell Foundation
- Wyndham Charitable Trust
- Zochonis Charitable Trust

We’ve developed a Fundraising Guide for other volunteers or supporters who are interested in organising fundraising activities. You can find this on our website: www.newbridgefoundation.org.uk/fundraise

We were delighted to see volunteer Anna successfully complete the London marathon, raising a huge £2,740. Anna said: *“So chuffed I ran what I was aiming for, finishing in 5hr06, especially as I was ill over Easter. The crowds were great, it was super well organised and a truly memorable day. Although I’m in no rush to do it again!”*





info@newbridgefoundation.org.uk

www.newbridgefoundation.org.uk

020 8671 3856

New Bridge Foundation, 1a Elm Park, London SW2 2TX



Newbridgefoundation



@new_bridge



New Bridge Foundation

New Bridge Foundation, 1a Elm Park, London SW2 2TX
Registered Company No: 5048063 Registered Charity No: 1103511

REGISTERED COMPANY NUMBER: 05048063
REGISTERED CHARITY NUMBER: 1103511

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 December 2023
for
The New Bridge Foundation

Grant Harrod Lerman Davis LLP
Chartered Accountants
1st Floor
Healthaid House
Marlborough Hill
Harrow
Middlesex
HA1 1UD

The New Bridge Foundation

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The New Bridge Foundation
Report of the Trustees
for the year ended 31 December 2023

The trustees who were also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 December 2023. The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities.

OBJECTIVES AND ACTIVITIES

Objectives and aims

The New Bridge Foundation is a charity which supports people in prison. The object of the charity as set out in the company's memorandum of association is to promote and support the education, befriending and resettlement of people in prison and ex-offenders.

Our aim is to support prisoners while they are in prison to build a connection to the outside world. We believe that this helps to aid reintegration and reduce offending.

PUBLIC BENEFIT

Our core activity is the provision of a befriending service to people serving prison sentences. We recruit dedicated volunteers and offer comprehensive training before matching them with a prisoner. Prisoners and their befrienders exchange letters, building a trusting, non-judgemental relationship. Befrienders and their prisoners can also connect via telephone calls, and befrienders often attend prisons to visit their prisoner. We believe that contact with the outside world prepares prisoners for release by helping to develop pro-social attitudes and increase self-esteem.

New Bridge's service is unique in that our befrienders stay matched with the same prisoner as they are moved around the prison estate. This continuity helps to build a deeper and more trusting relationship, at a time when prisoners are experiencing a large amount of change and disruption to routines.

The befrienders who volunteer for New Bridge can often be the only source of social connection or emotional support for prisoners who are no longer in contact with family or friends.

We reviewed and refined our vision and mission statements in 2022, which are as follows.

Our vision: Every person in prison feels a meaningful connection to the outside world.

Our mission: We match people in prison with trained volunteers who offer long-term support through a combination of correspondence and visits. This provides people in prison with a bridge to the outside world, along with an increased sense of value and potential for their future.

Our befriending service is open to applications from any prisoner in England and Wales.

The New Bridge Foundation
Report of the Trustees
for the year ended 31 December 2023

ACHIEVEMENT AND PERFORMANCE

Achievements and performance

2023 was a year of growth and development for New Bridge, implementing our new strategy with the intention to double the number of beneficiaries by the end of 2025. We also spent time and resource on modernising our operations and processes, in order to facilitate growth. This included technological solutions (a new CRM and interactive website portal for volunteers) as well as reviewing key policies and procedures.

Our growth intention for 2023 was to focus on achieving a large increase in volunteer numbers in order to meet the existing demand from people in prison (and reduce time spent waiting for a volunteer), and to prepare for demand to rise in line with the growing prison population. We were delighted to increase the number of active volunteers by 32% over the course of the year, ending 2023 with 300 active volunteers (vs 226 in 2022). We also saw the results of our new recruitment and outreach activities demonstrating a healthy appetite for our volunteering offer - with a 151% increase in applications received (259 in 2023 vs 103 in 2022). This allowed us to train the highest number of new volunteers in our recent history, giving us confidence in our ability to continue to grow through the course of this strategy period.

Demand for our service continued, with a further 300 applications received from people in prison, a rise of 53% on the 196 received in 2022, and we expect applications to continue to rise in line with the growing prison population over the course of this strategy period. We were pleased to be able to end the year with 570 prisoners matched with a volunteer (an increase of 8% on 2022) and a further 30 in the process of being matched. We also oversaw an increase in the contact received by prisoners in 2023. Volunteers made a total of 267 visits to people in prison over the course of the year, the highest annual number since 2019, and we were delighted to see this vital in-person contact beginning to return to pre-pandemic levels since we know the value it has for the people we support.

Impact

In 2023 we rolled out our new Impact measure, seeking to explore the differences prisoners have noticed in key areas as a direct result of engaging with our service. Responses demonstrated that since being matched with a New Bridge volunteer befriender:

- 87% of people felt better or much better about getting through their sentence
- 79% felt better or much better about themselves
- 79% felt better or much better connected to the outside world
- 79% felt better or much better about the future

Every year we ask prisoners to complete an evaluation form to report on the service we provide and the impact it has had on them. One of the people we supported in 2023 reported: "Prison is a hard environment for everyone. And you have no idea the incredible positive impact of a stranger showing you a bit of humanity, kindness and encouragement when all we are surrounded by is damaged people. From my heart and soul, thank you."

Fundraising

The charity's primary source of funding was grants from Trusts and Foundations, which accounted for 51.5% of total income. However we were also very fortunate to receive a generous legacy from a long-term supporter. This, coupled with other donations from individuals accounted for a further 44.9% of income, with the remaining 3.6% interest from invested funds.

We are extremely grateful for the continued support of a range of grant giving trusts and foundations, as well as individual donors. We have been the fortunate recipient of several generous legacies in recent years, each of which has been hugely powerful in enabling us to invest in the organisation so that we can scale up to meet the growing needs of isolated prisoners.

FINANCIAL REVIEW

The strategy development project saw the charity budget for a planned deficit in the year of £120,468. We have budgeted for a much smaller deficit in 2024 of £87,000 as the development project continues.

Reserves policy

The total unrestricted funds as at 31 December 2023 totalled £187,079 and is in line with the charity's reserves policy. A copy of this policy is available on the charity's website.

The New Bridge Foundation

Report of the Trustees for the year ended 31 December 2023

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006 and incorporated in 2004.

Risk management

The charity regularly reviews its risk, in line with Charity guidance.

Recruitment and appointment of new trustees

Trustees have a range of experience in criminal justice and business. New trustees are appointed through an open advertising campaign highlighting the need for people with certain skills to oversee the charity. Trustees are sent the Charity Commission's Essential Trustee Guide, the Articles of Association, most recent annual report and befriending service evaluation. Induction includes briefing sessions from the Chair about the obligations of trustees and how the board operates, an overview of finances from the Treasurer and briefings from the Chief Executive and staff team. Trustees are encouraged to participate in a training course for volunteers and to attend a regional group meeting to understand how New Bridge operates.

Organisational structure

The New Bridge Foundation has a board of ten trustees who meet four times a year and are responsible for the strategic direction and policy of the charity. Day to day responsibility for the charity rests with the Chief Executive and provision of befriending and management of the volunteers is led by the Director of Befriending supported by the Befriending Coordinator. The Operations Manager is also Company Secretary responsible for regular fundraising and for financial and business systems.

Related parties

New Bridge has a wholly owned subsidiary company Inside Time Ltd which produces the newspaper for prisoners. In line with the Governing documents two New Bridge Trustees are directors of Inside Time.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

05048063 (Not specified/Other)

Registered Charity number

1103511

Registered office

1A Elm Park
London
SW2 2TX

The New Bridge Foundation
Report of the Trustees
for the year ended 31 December 2023

Trustees

Dr Peter John Bennett
Helen Boothman Chair
Faye Dyke (resigned 30.4.2023)
Cristiana Viana Cardoso Shepherd (appointed 30.8.2023)
Dr Lynne Garne
Marie Loeb (appointed 28.11.2023)
Susan Ellen Nicholas MBE (resigned 30.4.2023)
John Patrick O'Reilly
Anna Parley
Ailie Rennie
Kevin Traynor
Sara Zalin

Patron

HRH Princess Alexandra, The Hon Lady Ogilvy, KG GCVO

President

Michael Spurr, CB

Vice Presidents

Reverend Jonathan Aitken
Professor David Wilson

Chief Executive

Dr Lucy Ball

Company Secretary

Donna Frances King

Independent Examiner

Grant Harrod Lerman Davis LLP
Chartered Accountants
1st Floor
Healthaid House
Marlborough Hill
Harrow
Middlesex
HA1 1UD

Solicitors

Bates Wells
10 Queen Street Place
London
EC4R 1BE

Bankers

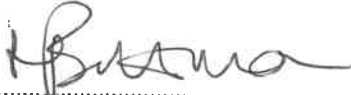
CAF Bank Ltd
25 Kings Hill Avenue
Kings Hill
West Malling
Kent
ME19 4JQ

HSBC
210 High Holborn
London
WC1V 7HD

The New Bridge Foundation

**Report of the Trustees
for the year ended 31 December 2023**

Approved by order of the board of trustees on 12/6/24 and signed on its behalf by:



.....
Helen Boothman - Trustee

**Independent Examiner's Report to the Trustees of
The New Bridge Foundation**

Independent examiner's report to the trustees of The New Bridge Foundation ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 December 2023.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Jeremy Harrod FCCA

Grant Harrod Lerman Davis LLP
Chartered Accountants
1st Floor
Healthaid House
Marlborough Hill
Harrow
Middlesex
HA1 1UD

Date: 12/1/24

The New Bridge Foundation

**Statement of Financial Activities
for the year ended 31 December 2023**

	Notes	Unrestricted fund £	Restricted funds £	2023 Total funds £	2022 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		170,564	-	170,564	98,746
Investment income	2	<u>6,277</u>	<u>-</u>	<u>6,277</u>	<u>10,198</u>
Total		<u>176,841</u>	<u>-</u>	<u>176,841</u>	<u>108,944</u>
EXPENDITURE ON					
Raising funds		70,424	-	70,424	53,154
Charitable activities					
Befriending		177,778	-	177,778	152,550
Administration costs		22,352	-	22,352	25,923
Strategy Development		<u>26,755</u>	<u>-</u>	<u>26,755</u>	<u>68,790</u>
Total		<u>297,309</u>	<u>-</u>	<u>297,309</u>	<u>300,417</u>
NET INCOME/(EXPENDITURE)		(120,468)	-	(120,468)	(191,473)
RECONCILIATION OF FUNDS					
Total funds brought forward		307,547	-	307,547	499,020
TOTAL FUNDS CARRIED FORWARD		<u>187,079</u>	<u>-</u>	<u>187,079</u>	<u>307,547</u>

The notes form part of these financial statements

The New Bridge Foundation

**Balance Sheet
31 December 2023**

	Notes	Unrestricted fund £	Restricted funds £	2023 Total funds £	2022 Total funds £
FIXED ASSETS					
Tangible assets	9	725	-	725	-
Investments	10	<u>173,317</u>	<u>-</u>	<u>173,317</u>	<u>261,709</u>
		174,042	-	174,042	261,709
CURRENT ASSETS					
Debtors	11	148	-	148	264
Cash at bank		<u>24,133</u>	<u>-</u>	<u>24,133</u>	<u>65,572</u>
		24,281	-	24,281	65,836
CREDITORS					
Amounts falling due within one year	12	(11,244)	-	(11,244)	(19,998)
NET CURRENT ASSETS		<u>13,037</u>	<u>-</u>	<u>13,037</u>	<u>45,838</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>187,079</u>	<u>-</u>	<u>187,079</u>	<u>307,547</u>
NET ASSETS		<u>187,079</u>	<u>-</u>	<u>187,079</u>	<u>307,547</u>
FUNDS	13				
Unrestricted funds				<u>187,079</u>	<u>307,547</u>
TOTAL FUNDS				<u>187,079</u>	<u>307,547</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

The New Bridge Foundation

Balance Sheet - continued
31 December 2023

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 12/11/24 and were signed on its behalf by:


.....
Helen Boothman - Trustee


.....
Kevin Traynor - Trustee

The notes form part of these financial statements

The New Bridge Foundation
Notes to the Financial Statements
for the year ended 31 December 2023

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention, with the exception of investments which are included at market value, as modified by the revaluation of certain assets.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Allocation and apportionment of costs

Support costs are based on a percentage of the actual costs incurred, calculated on a staff time basis.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 25% on cost
Computer equipment	- 25% on cost

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Volunteers

In accordance with SORP 2005, the contribution of volunteers is not recognised in the Financial Statements, as the value of their contribution cannot be reasonably quantified in financial terms. An exception may be made where a donor provides services as part of their trade or profession and where the charity would otherwise have had to purchase those services externally. In these cases, if material, those donated services would be valued at the open market value to the charity.

The New Bridge Foundation

**Notes to the Financial Statements - continued
for the year ended 31 December 2023**

2. INVESTMENT INCOME

	2023	2022
	£	£
Other investment income	<u>6,277</u>	<u>10,198</u>

3. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2023	2022
	£	£
Depreciation - owned assets	<u>363</u>	<u>-</u>

4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2023 nor for the year ended 31 December 2022.

Trustees' expenses

Trustees were reimbursed travel expenses during the year amounting to £660.00

5. STAFF COSTS

	2023	2022
	£	£
Wages and salaries	180,244	152,986
Social security costs	<u>14,886</u>	<u>12,969</u>
	<u>195,130</u>	<u>165,955</u>

The average monthly number of employees during the year was as follows:

	2023	2022
Direct charitable work	4	4
Administration	<u>1</u>	<u>1</u>
	<u>5</u>	<u>5</u>

No employees received emoluments in excess of £60,000.

One member of staff received a salary of more than £60,000.

The New Bridge Foundation

**Notes to the Financial Statements - continued
for the year ended 31 December 2023**

6. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	98,746	-	98,746
Investment income	<u>10,198</u>	<u>-</u>	<u>10,198</u>
Total	<u>108,944</u>	<u>-</u>	<u>108,944</u>
EXPENDITURE ON			
Raising funds	53,154	-	53,154
Charitable activities			
Befriending	152,550	-	152,550
Administration costs	25,923	-	25,923
Strategy Development	<u>68,790</u>	<u>-</u>	<u>68,790</u>
Total	<u>300,417</u>	<u>-</u>	<u>300,417</u>
NET INCOME/(EXPENDITURE)	(191,473)	-	(191,473)
RECONCILIATION OF FUNDS			
Total funds brought forward	<u>499,020</u>	<u>-</u>	<u>499,020</u>
TOTAL FUNDS CARRIED FORWARD	<u>307,547</u>	<u>-</u>	<u>307,547</u>

7. FIXED ASSET INVESTMENTS

There were no investment assets outside the UK.

The company's investments at the balance sheet date include the following:

Inside Time Limited
Nature of business: Publishing of newspapers for prisoners

Inside Time Limited (a fully owned subsidiary) is a company limited by guarantee and does not have any share capital.

	2023 £	2022 £
Aggregate capital and reserves	91,543	75,208
Surplus for the year	16,335	4,929

The New Bridge Foundation

**Notes to the Financial Statements - continued
for the year ended 31 December 2023**

8. INDEPENDENT EXAMINATION FEE

The Independent Examination Fee for the year is £1,920.

9. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Computer equipment £	Totals £
COST			
At 1 January 2023	3,025	-	3,025
Additions	<u>-</u>	<u>1,088</u>	<u>1,088</u>
At 31 December 2023	<u>3,025</u>	<u>1,088</u>	<u>4,113</u>
DEPRECIATION			
At 1 January 2023	3,025	-	3,025
Charge for year	<u>-</u>	<u>363</u>	<u>363</u>
At 31 December 2023	<u>3,025</u>	<u>363</u>	<u>3,388</u>
NET BOOK VALUE			
At 31 December 2023	<u>-</u>	<u>725</u>	<u>725</u>
At 31 December 2022	<u>-</u>	<u>-</u>	<u>-</u>

10. FIXED ASSET INVESTMENTS

	Unlisted investments £
MARKET VALUE	
At 1 January 2023	261,709
Disposals	(100,000)
Revaluations	<u>11,608</u>
At 31 December 2023	<u>173,317</u>
NET BOOK VALUE	
At 31 December 2023	<u>173,317</u>
At 31 December 2022	<u>261,709</u>

There were no investment assets outside the UK.

The New Bridge Foundation

**Notes to the Financial Statements - continued
for the year ended 31 December 2023**

10. FIXED ASSET INVESTMENTS - continued

Cost or valuation at 31 December 2023 is represented by:

	Unlisted investments £
Valuation in 2019	18,716
Valuation in 2020	16,267
Valuation in 2021	25,222
Valuation in 2022	(58,282)
Valuation in 2023	11,608
Cost	<u>159,786</u>
	<u>173,317</u>

The company's investments at the balance sheet date in the share capital of companies include the following:

Inside Time Limited

Registered office:

Nature of business: Publishing of newspapers for prisoners

	%
Class of share:	holding
	100

Inside Time Limited is a fully owned subsidiary of The New Bridge Foundation, is a company limited by guarantee and does not have any share capital.

11. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Other debtors	-	97
Prepayments and accrued income	<u>148</u>	<u>167</u>
	<u>148</u>	<u>264</u>

12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Trade creditors	330	10,949
Other creditors	7,247	7,129
Accruals and deferred income	<u>3,667</u>	<u>1,920</u>
	<u>11,244</u>	<u>19,998</u>

The New Bridge Foundation

**Notes to the Financial Statements - continued
for the year ended 31 December 2023**

13. MOVEMENT IN FUNDS

	At 1.1.23 £	Net movement in funds £	At 31.12.23 £
Unrestricted funds			
General fund	307,547	(120,468)	187,079
TOTAL FUNDS	<u>307,547</u>	<u>(120,468)</u>	<u>187,079</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	176,841	(297,309)	(120,468)
TOTAL FUNDS	<u>176,841</u>	<u>(297,309)</u>	<u>(120,468)</u>

Comparatives for movement in funds

	At 1.1.22 £	Net movement in funds £	At 31.12.22 £
Unrestricted funds			
General fund	499,020	(191,473)	307,547
TOTAL FUNDS	<u>499,020</u>	<u>(191,473)</u>	<u>307,547</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	108,944	(300,417)	(191,473)
TOTAL FUNDS	<u>108,944</u>	<u>(300,417)</u>	<u>(191,473)</u>

The New Bridge Foundation

Notes to the Financial Statements - continued for the year ended 31 December 2023

13. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.1.22 £	Net movement in funds £	At 31.12.23 £
Unrestricted funds			
General fund	499,020	(311,941)	187,079
TOTAL FUNDS	<u>499,020</u>	<u>(311,941)</u>	<u>187,079</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	285,785	(597,726)	(311,941)
TOTAL FUNDS	<u>285,785</u>	<u>(597,726)</u>	<u>(311,941)</u>

14. RELATED PARTY DISCLOSURES

During the year the Charity received a donation from its subsidiary, Inside Time Limited, amounting to £Nil (2022 - £Nil).

15. LIABILITY OF MEMBERS

The company is constituted as a company limited by guarantee. In the event of the charity being wound up members are required to contribute an amount not exceeding £1.

REGISTERED COMPANY NUMBER: 05048063
REGISTERED CHARITY NUMBER: 1103511

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 December 2023
for
The New Bridge Foundation

Grant Harrod Lerman Davis LLP
Chartered Accountants
1st Floor
Healthaid House
Marlborough Hill
Harrow
Middlesex
HA1 1UD

The New Bridge Foundation

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The New Bridge Foundation
Report of the Trustees
for the year ended 31 December 2023

The trustees who were also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 December 2023. The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities.

OBJECTIVES AND ACTIVITIES

Objectives and aims

The New Bridge Foundation is a charity which supports people in prison. The object of the charity as set out in the company's memorandum of association is to promote and support the education, befriending and resettlement of people in prison and ex-offenders.

Our aim is to support prisoners while they are in prison to build a connection to the outside world. We believe that this helps to aid reintegration and reduce offending.

PUBLIC BENEFIT

Our core activity is the provision of a befriending service to people serving prison sentences. We recruit dedicated volunteers and offer comprehensive training before matching them with a prisoner. Prisoners and their befrienders exchange letters, building a trusting, non-judgemental relationship. Befrienders and their prisoners can also connect via telephone calls, and befrienders often attend prisons to visit their prisoner. We believe that contact with the outside world prepares prisoners for release by helping to develop pro-social attitudes and increase self-esteem.

New Bridge's service is unique in that our befrienders stay matched with the same prisoner as they are moved around the prison estate. This continuity helps to build a deeper and more trusting relationship, at a time when prisoners are experiencing a large amount of change and disruption to routines.

The befrienders who volunteer for New Bridge can often be the only source of social connection or emotional support for prisoners who are no longer in contact with family or friends.

We reviewed and refined our vision and mission statements in 2022, which are as follows.

Our vision: Every person in prison feels a meaningful connection to the outside world.

Our mission: We match people in prison with trained volunteers who offer long-term support through a combination of correspondence and visits. This provides people in prison with a bridge to the outside world, along with an increased sense of value and potential for their future.

Our befriending service is open to applications from any prisoner in England and Wales.

The New Bridge Foundation
Report of the Trustees
for the year ended 31 December 2023

ACHIEVEMENT AND PERFORMANCE

Achievements and performance

2023 was a year of growth and development for New Bridge, implementing our new strategy with the intention to double the number of beneficiaries by the end of 2025. We also spent time and resource on modernising our operations and processes, in order to facilitate growth. This included technological solutions (a new CRM and interactive website portal for volunteers) as well as reviewing key policies and procedures.

Our growth intention for 2023 was to focus on achieving a large increase in volunteer numbers in order to meet the existing demand from people in prison (and reduce time spent waiting for a volunteer), and to prepare for demand to rise in line with the growing prison population. We were delighted to increase the number of active volunteers by 32% over the course of the year, ending 2023 with 300 active volunteers (vs 226 in 2022). We also saw the results of our new recruitment and outreach activities demonstrating a healthy appetite for our volunteering offer - with a 151% increase in applications received (259 in 2023 vs 103 in 2022). This allowed us to train the highest number of new volunteers in our recent history, giving us confidence in our ability to continue to grow through the course of this strategy period.

Demand for our service continued, with a further 300 applications received from people in prison, a rise of 53% on the 196 received in 2022, and we expect applications to continue to rise in line with the growing prison population over the course of this strategy period. We were pleased to be able to end the year with 570 prisoners matched with a volunteer (an increase of 8% on 2022) and a further 30 in the process of being matched. We also oversaw an increase in the contact received by prisoners in 2023. Volunteers made a total of 267 visits to people in prison over the course of the year, the highest annual number since 2019, and we were delighted to see this vital in-person contact beginning to return to pre-pandemic levels since we know the value it has for the people we support.

Impact

In 2023 we rolled out our new Impact measure, seeking to explore the differences prisoners have noticed in key areas as a direct result of engaging with our service. Responses demonstrated that since being matched with a New Bridge volunteer befriender:

- 87% of people felt better or much better about getting through their sentence
- 79% felt better or much better about themselves
- 79% felt better or much better connected to the outside world
- 79% felt better or much better about the future

Every year we ask prisoners to complete an evaluation form to report on the service we provide and the impact it has had on them. One of the people we supported in 2023 reported: "Prison is a hard environment for everyone. And you have no idea the incredible positive impact of a stranger showing you a bit of humanity, kindness and encouragement when all we are surrounded by is damaged people. From my heart and soul, thank you."

Fundraising

The charity's primary source of funding was grants from Trusts and Foundations, which accounted for 51.5% of total income. However we were also very fortunate to receive a generous legacy from a long-term supporter. This, coupled with other donations from individuals accounted for a further 44.9% of income, with the remaining 3.6% interest from invested funds.

We are extremely grateful for the continued support of a range of grant giving trusts and foundations, as well as individual donors. We have been the fortunate recipient of several generous legacies in recent years, each of which has been hugely powerful in enabling us to invest in the organisation so that we can scale up to meet the growing needs of isolated prisoners.

FINANCIAL REVIEW

The strategy development project saw the charity budget for a planned deficit in the year of £120,468. We have budgeted for a much smaller deficit in 2024 of £87,000 as the development project continues.

Reserves policy

The total unrestricted funds as at 31 December 2023 totalled £187,079 and is in line with the charity's reserves policy. A copy of this policy is available on the charity's website.

The New Bridge Foundation

Report of the Trustees for the year ended 31 December 2023

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006 and incorporated in 2004.

Risk management

The charity regularly reviews its risk, in line with Charity guidance.

Recruitment and appointment of new trustees

Trustees have a range of experience in criminal justice and business. New trustees are appointed through an open advertising campaign highlighting the need for people with certain skills to oversee the charity. Trustees are sent the Charity Commission's Essential Trustee Guide, the Articles of Association, most recent annual report and befriending service evaluation. Induction includes briefing sessions from the Chair about the obligations of trustees and how the board operates, an overview of finances from the Treasurer and briefings from the Chief Executive and staff team. Trustees are encouraged to participate in a training course for volunteers and to attend a regional group meeting to understand how New Bridge operates.

Organisational structure

The New Bridge Foundation has a board of ten trustees who meet four times a year and are responsible for the strategic direction and policy of the charity. Day to day responsibility for the charity rests with the Chief Executive and provision of befriending and management of the volunteers is led by the Director of Befriending supported by the Befriending Coordinator. The Operations Manager is also Company Secretary responsible for regular fundraising and for financial and business systems.

Related parties

New Bridge has a wholly owned subsidiary company Inside Time Ltd which produces the newspaper for prisoners. In line with the Governing documents two New Bridge Trustees are directors of Inside Time.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

05048063 (Not specified/Other)

Registered Charity number

1103511

Registered office

1A Elm Park
London
SW2 2TX

The New Bridge Foundation
Report of the Trustees
for the year ended 31 December 2023

Trustees

Dr Peter John Bennett
Helen Boothman Chair
Faye Dyke (resigned 30.4.2023)
Cristiana Viana Cardoso Shepherd (appointed 30.8.2023)
Dr Lynne Garne
Marie Loeb (appointed 28.11.2023)
Susan Ellen Nicholas MBE (resigned 30.4.2023)
John Patrick O'Reilly
Anna Parley
Ailie Rennie
Kevin Traynor
Sara Zalin

Patron

HRH Princess Alexandra, The Hon Lady Ogilvy, KG GCVO

President

Michael Spurr, CB

Vice Presidents

Reverend Jonathan Aitken
Professor David Wilson

Chief Executive

Dr Lucy Ball

Company Secretary

Donna Frances King

Independent Examiner

Grant Harrod Lerman Davis LLP
Chartered Accountants
1st Floor
Healthaid House
Marlborough Hill
Harrow
Middlesex
HA1 1UD

Solicitors

Bates Wells
10 Queen Street Place
London
EC4R 1BE

Bankers

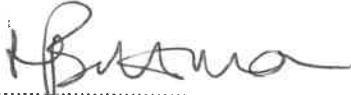
CAF Bank Ltd
25 Kings Hill Avenue
Kings Hill
West Malling
Kent
ME19 4JQ

HSBC
210 High Holborn
London
WC1V 7HD

The New Bridge Foundation

**Report of the Trustees
for the year ended 31 December 2023**

Approved by order of the board of trustees on 12/6/24 and signed on its behalf by:



.....
Helen Boothman - Trustee

**Independent Examiner's Report to the Trustees of
The New Bridge Foundation**

Independent examiner's report to the trustees of The New Bridge Foundation ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 December 2023.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Jeremy Harrod FCCA

Grant Harrod Lerman Davis LLP
Chartered Accountants
1st Floor
Healthaid House
Marlborough Hill
Harrow
Middlesex
HA1 1UD

Date: 12/1/24

The New Bridge Foundation

**Statement of Financial Activities
for the year ended 31 December 2023**

	Notes	Unrestricted fund £	Restricted funds £	2023 Total funds £	2022 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		170,564	-	170,564	98,746
Investment income	2	<u>6,277</u>	<u>-</u>	<u>6,277</u>	<u>10,198</u>
Total		<u>176,841</u>	<u>-</u>	<u>176,841</u>	<u>108,944</u>
EXPENDITURE ON					
Raising funds		70,424	-	70,424	53,154
Charitable activities					
Befriending		177,778	-	177,778	152,550
Administration costs		22,352	-	22,352	25,923
Strategy Development		<u>26,755</u>	<u>-</u>	<u>26,755</u>	<u>68,790</u>
Total		<u>297,309</u>	<u>-</u>	<u>297,309</u>	<u>300,417</u>
NET INCOME/(EXPENDITURE)		(120,468)	-	(120,468)	(191,473)
RECONCILIATION OF FUNDS					
Total funds brought forward		307,547	-	307,547	499,020
TOTAL FUNDS CARRIED FORWARD		<u>187,079</u>	<u>-</u>	<u>187,079</u>	<u>307,547</u>

The notes form part of these financial statements

The New Bridge Foundation

**Balance Sheet
31 December 2023**

	Notes	Unrestricted fund £	Restricted funds £	2023 Total funds £	2022 Total funds £
FIXED ASSETS					
Tangible assets	9	725	-	725	-
Investments	10	<u>173,317</u>	<u>-</u>	<u>173,317</u>	<u>261,709</u>
		174,042	-	174,042	261,709
CURRENT ASSETS					
Debtors	11	148	-	148	264
Cash at bank		<u>24,133</u>	<u>-</u>	<u>24,133</u>	<u>65,572</u>
		24,281	-	24,281	65,836
CREDITORS					
Amounts falling due within one year	12	(11,244)	-	(11,244)	(19,998)
NET CURRENT ASSETS		<u>13,037</u>	<u>-</u>	<u>13,037</u>	<u>45,838</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>187,079</u>	<u>-</u>	<u>187,079</u>	<u>307,547</u>
NET ASSETS		<u>187,079</u>	<u>-</u>	<u>187,079</u>	<u>307,547</u>
FUNDS	13				
Unrestricted funds				<u>187,079</u>	<u>307,547</u>
TOTAL FUNDS				<u>187,079</u>	<u>307,547</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

The New Bridge Foundation

Balance Sheet - continued
31 December 2023

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 12/11/24 and were signed on its behalf by:


.....
Helen Boothman - Trustee


.....
Kevin Traynor - Trustee

The notes form part of these financial statements

The New Bridge Foundation
Notes to the Financial Statements
for the year ended 31 December 2023

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention, with the exception of investments which are included at market value, as modified by the revaluation of certain assets.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Allocation and apportionment of costs

Support costs are based on a percentage of the actual costs incurred, calculated on a staff time basis.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 25% on cost
Computer equipment	- 25% on cost

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Volunteers

In accordance with SORP 2005, the contribution of volunteers is not recognised in the Financial Statements, as the value of their contribution cannot be reasonably quantified in financial terms. An exception may be made where a donor provides services as part of their trade or profession and where the charity would otherwise have had to purchase those services externally. In these cases, if material, those donated services would be valued at the open market value to the charity.

The New Bridge Foundation

**Notes to the Financial Statements - continued
for the year ended 31 December 2023**

2. INVESTMENT INCOME

	2023	2022
	£	£
Other investment income	<u>6,277</u>	<u>10,198</u>

3. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2023	2022
	£	£
Depreciation - owned assets	<u>363</u>	<u>-</u>

4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2023 nor for the year ended 31 December 2022.

Trustees' expenses

Trustees were reimbursed travel expenses during the year amounting to £660.00

5. STAFF COSTS

	2023	2022
	£	£
Wages and salaries	180,244	152,986
Social security costs	<u>14,886</u>	<u>12,969</u>
	<u>195,130</u>	<u>165,955</u>

The average monthly number of employees during the year was as follows:

	2023	2022
Direct charitable work	4	4
Administration	<u>1</u>	<u>1</u>
	<u>5</u>	<u>5</u>

No employees received emoluments in excess of £60,000.

One member of staff received a salary of more than £60,000.

The New Bridge Foundation

**Notes to the Financial Statements - continued
for the year ended 31 December 2023**

6. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	98,746	-	98,746
Investment income	<u>10,198</u>	<u>-</u>	<u>10,198</u>
Total	<u>108,944</u>	<u>-</u>	<u>108,944</u>
EXPENDITURE ON			
Raising funds	53,154	-	53,154
Charitable activities			
Befriending	152,550	-	152,550
Administration costs	25,923	-	25,923
Strategy Development	<u>68,790</u>	<u>-</u>	<u>68,790</u>
Total	<u>300,417</u>	<u>-</u>	<u>300,417</u>
NET INCOME/(EXPENDITURE)	(191,473)	-	(191,473)
RECONCILIATION OF FUNDS			
Total funds brought forward	499,020	-	499,020
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS CARRIED FORWARD	<u>307,547</u>	<u>-</u>	<u>307,547</u>

7. FIXED ASSET INVESTMENTS

There were no investment assets outside the UK.

The company's investments at the balance sheet date include the following:

Inside Time Limited
Nature of business: Publishing of newspapers for prisoners

Inside Time Limited (a fully owned subsidiary) is a company limited by guarantee and does not have any share capital.

	2023 £	2022 £
Aggregate capital and reserves	91,543	75,208
Surplus for the year	16,335	4,929

The New Bridge Foundation

**Notes to the Financial Statements - continued
for the year ended 31 December 2023**

8. INDEPENDENT EXAMINATION FEE

The Independent Examination Fee for the year is £1,920.

9. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Computer equipment £	Totals £
COST			
At 1 January 2023	3,025	-	3,025
Additions	<u>-</u>	<u>1,088</u>	<u>1,088</u>
At 31 December 2023	<u>3,025</u>	<u>1,088</u>	<u>4,113</u>
DEPRECIATION			
At 1 January 2023	3,025	-	3,025
Charge for year	<u>-</u>	<u>363</u>	<u>363</u>
At 31 December 2023	<u>3,025</u>	<u>363</u>	<u>3,388</u>
NET BOOK VALUE			
At 31 December 2023	<u>-</u>	<u>725</u>	<u>725</u>
At 31 December 2022	<u>-</u>	<u>-</u>	<u>-</u>

10. FIXED ASSET INVESTMENTS

	Unlisted investments £
MARKET VALUE	
At 1 January 2023	261,709
Disposals	(100,000)
Revaluations	<u>11,608</u>
At 31 December 2023	<u>173,317</u>
NET BOOK VALUE	
At 31 December 2023	<u>173,317</u>
At 31 December 2022	<u>261,709</u>

There were no investment assets outside the UK.

The New Bridge Foundation

**Notes to the Financial Statements - continued
for the year ended 31 December 2023**

10. FIXED ASSET INVESTMENTS - continued

Cost or valuation at 31 December 2023 is represented by:

	Unlisted investments £
Valuation in 2019	18,716
Valuation in 2020	16,267
Valuation in 2021	25,222
Valuation in 2022	(58,282)
Valuation in 2023	11,608
Cost	<u>159,786</u>
	<u>173,317</u>

The company's investments at the balance sheet date in the share capital of companies include the following:

Inside Time Limited

Registered office:

Nature of business: Publishing of newspapers for prisoners

	%
Class of share:	holding
	100

Inside Time Limited is a fully owned subsidiary of The New Bridge Foundation, is a company limited by guarantee and does not have any share capital.

11. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Other debtors	-	97
Prepayments and accrued income	<u>148</u>	<u>167</u>
	<u>148</u>	<u>264</u>

12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Trade creditors	330	10,949
Other creditors	7,247	7,129
Accruals and deferred income	<u>3,667</u>	<u>1,920</u>
	<u>11,244</u>	<u>19,998</u>

The New Bridge Foundation

**Notes to the Financial Statements - continued
for the year ended 31 December 2023**

13. MOVEMENT IN FUNDS

	At 1.1.23 £	Net movement in funds £	At 31.12.23 £
Unrestricted funds			
General fund	307,547	(120,468)	187,079
TOTAL FUNDS	<u>307,547</u>	<u>(120,468)</u>	<u>187,079</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	176,841	(297,309)	(120,468)
TOTAL FUNDS	<u>176,841</u>	<u>(297,309)</u>	<u>(120,468)</u>

Comparatives for movement in funds

	At 1.1.22 £	Net movement in funds £	At 31.12.22 £
Unrestricted funds			
General fund	499,020	(191,473)	307,547
TOTAL FUNDS	<u>499,020</u>	<u>(191,473)</u>	<u>307,547</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	108,944	(300,417)	(191,473)
TOTAL FUNDS	<u>108,944</u>	<u>(300,417)</u>	<u>(191,473)</u>

The New Bridge Foundation

Notes to the Financial Statements - continued for the year ended 31 December 2023

13. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.1.22 £	Net movement in funds £	At 31.12.23 £
Unrestricted funds			
General fund	499,020	(311,941)	187,079
TOTAL FUNDS	<u>499,020</u>	<u>(311,941)</u>	<u>187,079</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	285,785	(597,726)	(311,941)
TOTAL FUNDS	<u>285,785</u>	<u>(597,726)</u>	<u>(311,941)</u>

14. RELATED PARTY DISCLOSURES

During the year the Charity received a donation from its subsidiary, Inside Time Limited, amounting to £Nil (2022 - £Nil).

15. LIABILITY OF MEMBERS

The company is constituted as a company limited by guarantee. In the event of the charity being wound up members are required to contribute an amount not exceeding £1.

Accounts



Annual Report 2022

“ *Prison is a hard environment for everyone. And you have no idea the incredible positive impact of a stranger showing you a bit of humanity, kindness and encouragement when all we are surrounded by is damaged people. From my heart and soul, thank you.* ”

Foreword

The feedback from people in prison (like the quote below) provided the inspiration for New Bridge volunteers to resume visits with renewed enthusiasm in 2022 and this was an inspiring year for everyone at New Bridge. With the Covid restrictions of the previous years finally starting to abate, more of our volunteers have been able to visit the people that they support across many prisons in England and Wales.

“Visits act as an incentive to remain positive, following prison rules instead of being troublesome to the authorities. Visitors help to remind one that we are not monsters, but human beings. They give us hope, a purpose for living in this hell waiting for that next visit. Their ‘positivity’ helps to keep me sane.”



Michael Spurr, keynote address at our volunteer conference

We were also able to hold our Volunteer Conference once again, for the first time since 2019 – an opportunity to bring new and experienced volunteers and supporters together to hear from a range of speakers connected with our work, including a former prisoner who benefitted from our service in the past. The conference was the first public engagement for our new President, Michael Spurr CB, former Chief Executive Officer of HM Prison and Probation Service (HMPPS), who we were delighted to appoint to role in September 2022. He brings with him a vast array of experience across criminal justice and unique insight into HMPPS. Michael said of his appointment: “New Bridge Volunteers do an amazing job. They give up their time to support prisoners who have lost contact with the outside world and are struggling to cope. Through correspondence and visits they demonstrate our common humanity and provide hope. It is a huge privilege to become their President.”

However, against the backdrop of positive progress for staff and volunteers, we know that the experiences of those in prison continued much the same, with the very slow return to pre-Covid routines hampered by staffing shortages. The number of people in prison began to rise in the second half of the year as the covid-induced court backlog began to ease, and people serving IPPs (Imprisonment for Public Protection) saw no response to calls for reform. **We saw another increase in demand for our services, and more depictions of the impact of loneliness and isolation behind bars.**

“for those who have no one or who feel alone, isolated and need to hear from a friendly ‘voice’ – it means the world.”

We therefore spent the summer and autumn convening staff, Trustees and a small group of volunteers to work on our new strategy, for 2023-2025. **Our main goals were to find ways of being able to support more people, and to ensure that the support we do provide is truly impactful.** We were delighted to finalise an ambitious three-year strategy which sees us looking to double the number of people we support by the end of 2025, alongside developing deeper insights into our work and a clearer impact measure. You can read more about the strategy in this report.

At a time when many charities have been struggling to recruit volunteers, we have been overjoyed with the number of new volunteers who would like to make a difference to someone else's life. 2022 was also a year where our volunteer community inspired us with their continued dedication, compassion and empathy. We were also humbled by their tenure: we presented long-service awards at the Volunteer Conference to 3 people who have been volunteering with us for 20 years, and 1 person for an astounding 30 years! We simply could not operate without the wonderful community of people who make up New Bridge,



Ann with her 20 year service award

“It has given me hope in society for when I leave. I didn't have that before.”

and we'd like to formally thank every volunteer and member of staff for all that they do, and to celebrate their contribution throughout 2022 and beyond.

Helen Boothman
Chair

Lucy Ball
CEO

About New Bridge

Our history

The New Bridge Foundation is a charity which was founded in 1956 with the intention of using volunteers to support people in prison to resettle back into the community after release, by prominent prison reformer Lord Longford. Over the years we have run a variety of additional projects to support people to this end, including Through The Gate programmes and family support programmes. However **our core offering since our inception has been a befriending service delivered by volunteers, which we continue to run today.** For over 65 years, our volunteers have offered a bridge to the outside world to people serving prison sentences across England and Wales by offering non-judgemental social contact.

We are proud to have Michael Spurr, CB (former CEO, HMPPS) as our President, and Professor David Wilson (criminologist, author and former prison governor) and Reverend Jonathan Aitken as our Vice Presidents, as well as a royal patron in HRH Princess Alexandra.



Tony and his 30 year service award

What we do

We support people in prisons in England and Wales, who are often some of the most isolated and marginalised people in society. We help to reduce their isolation and loneliness by matching them with a trained volunteer, with whom they communicate through letters or emails. Once they have been writing for at least 6 months, the volunteer can start visiting the person in prison, making 3-4 visits per year.

After being trained, every volunteer joins a Volunteer Support Group, which is Chaired by an experienced volunteer. Each group meets once per month and members attend to discuss their correspondence and visits, giving them the opportunity to raise any concerns about the relationship or the prisoner's welfare in a friendly and encouraging atmosphere. Support groups are spread across the country, with volunteers choosing whether to join one which meets in person locally, or meets online via videoconference.

“It has given me hope in society for when I leave. I didn't have that before.”



Jamie, former prisoner, speaks at our volunteer conference

Our vision:

Every person in prison feels a meaningful connection to the outside world.

Our mission:

We match people in prisons with trained volunteers who offer long-term support through a combination of correspondence and visits. This provides people in prison with a bridge to the outside world, along with an increased sense of value and potential for their future.

Our values:



Non-judgemental

We believe every person has value.



Inclusive

We accept applications from any person in prison, and any volunteer who shares our values.



Independent

We are wholly separate from and not influenced by the criminal justice system.



Prisoner-led

Our volunteers shape their support, correspondence and visits around the needs of the person they support.



Constant

We provide a reliable connection between those inside and outside prison.



“I was always a negative person who believed and thought of myself as a failure and not worth anything but because of them they have shown me that there is more to life than we realise and I am a good person who can be good again if I try.”

Hi . Just a quick note to say its officially a week left today 19/10/22. I want to thank you for all your lovely letters over the last 2 years, hearing about your life and following 's Journey has been lovely. Thank you for all your support through my tough times and the extra cards from the holidays. Youve been a great help and Ive loved the updates through this time. Take care of yourself and your family. Cherish every day.

Pre release thank you note to volunteer

2022 in Numbers

6,561 

hours were spent
volunteering
(up from 6,113 in 2021)

★ We received
103
applications
from volunteers

> <

★ We received
196
applications from
people in prison ★



768
people in prison
connected with a
befriender



292
volunteers
worked with us



470
phone calls
were made



9,884
letters and emails
were exchanged between people
in prison and their volunteer

We supported
1,035
people across
78 prison
sites



“ I would recommend
this service to others
because it has done
me the world of good
by not only staying
in touch with the
outside world but
has opened me up on
my trust issues and
communicating with
peers my own age. ”

Service Users

Our service is person-centred rather than place-based, so we accept applications from any person in any prison in England and Wales. During 2022 we received new applications from 196 people in prison, and over the course of the year we made 170 new matches with volunteers.

We know that our service users value having a befriender, and the connection that our volunteers provide. They are also happy to recommend us to others: around 40% of the people we support heard about us through another person in prison.

Once a person has applied to join our service, we are committed to supporting them for the long-term. Whilst they are on the waiting list for a volunteer we will send them regular letters, along with birthday and Christmas cards. If a service user's befriender decides at any point that they are no longer able to volunteer, then we will match them up with a new befriender as soon as possible.

Initial analysis of our 2022 service evaluation indicates that the people we support feel better or much better about the following since being matched with their volunteer*:

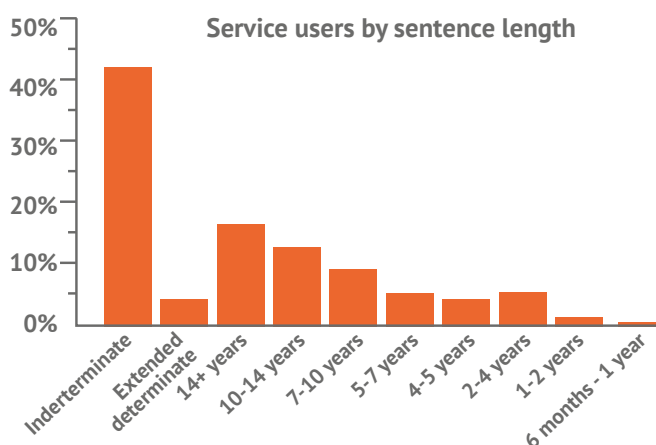
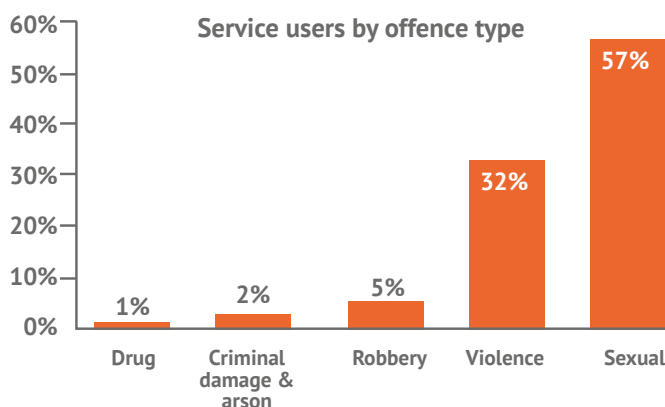
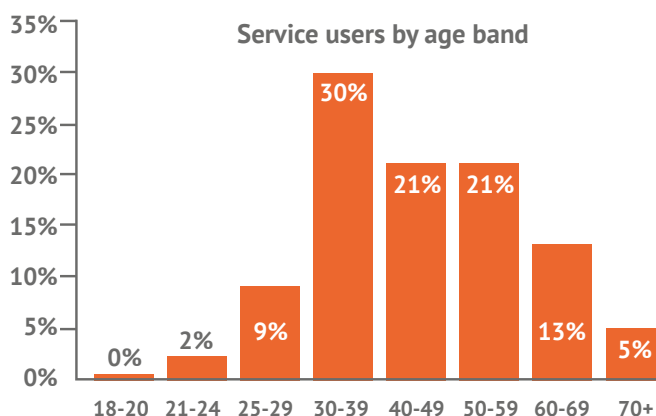
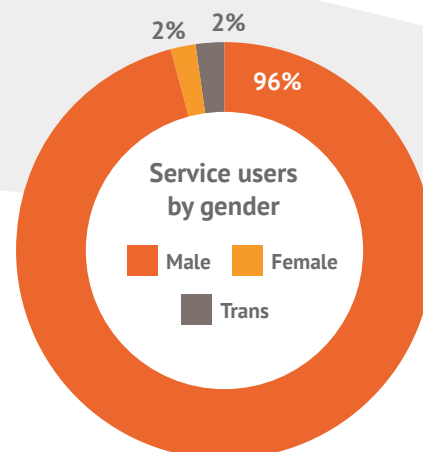
83% Getting through their sentence

78% The future

75% Their connectedness to the outside world

77% Themselves

*Data is still being analysed, and final results will be available in our service evaluation report, which will be published on our website.



Volunteers

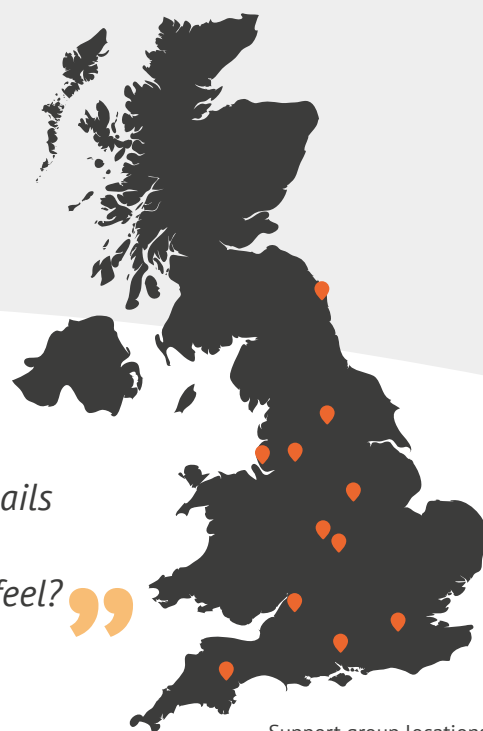
“It’s part of my social life; it’s widened my social circle; I get real letters delivered by the postman, to break up the constant stream of emails and texts. And if I get excited at the sight of an envelope on the doormat, how must a prisoner feel?”

Our volunteers come from all walks of life, but have one thing in common: a belief in our mission.

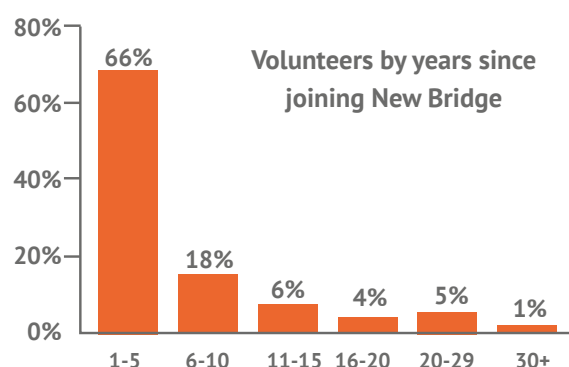
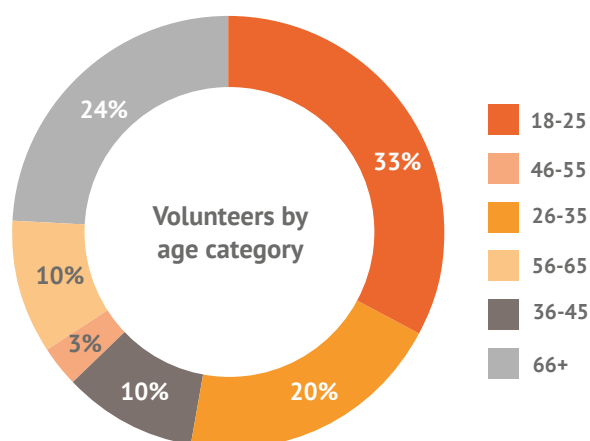
Our volunteers are on the frontline of our work, delivering constant, reliable support to people in prison. They give their time and compassion through the highs and lows experienced by the people they support.

In turn, we ensure that our volunteers are supported: each person is a member of a volunteer support group which meets once per month and provides the opportunity to discuss their correspondence and visits and raise any concerns about the relationship or the person in prison’s welfare in a friendly and encouraging environment. Support groups are spread across the country, with a mixture of virtual and in-person settings.

Our volunteering offer is very flexible, with letters and visits being organised around each volunteer’s own schedule. **This flexibility has helped people to continue in their role for long periods of time, fitting it in around their work, studies and personal lives.** We gave out long service awards in 2022 to 3 volunteers celebrating 20 years with us, and 1 who had reached 30 years! This long service is testament not only to the flexibility of the role, but to the enjoyment that volunteers draw from building long-standing social connections with the people they support. Reflecting on her 20 years of volunteering with New Bridge, Ann said *“I think we can either be vengeful as a society or we can try to help, and it seems to be that befriending really does help reduce reoffending”*.



Support group locations



We recruit and train volunteers all year round. If you are interested in volunteering with us (or know someone who might be) then you can find more information and our online application form: newbridgefoundation.org.uk/volunteer-with-us

Our Supporters

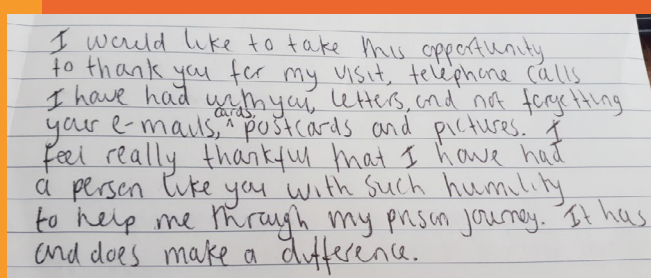
“Getting a New Bridge befriender was the best thing I’ve ever done in prison, they have helped me develop as a person and in the way I see the world. They are amazing and would like to say a big thank you to those who take time out of their lives (even if it’s just 5 minutes to write a letter) to support someone in prison. Real stars.”

We couldn’t exist to impact lives in the way that we do without the generous financial donations of our supporters.

Last year we were grateful to receive donations of over £1,000 from the following grant making trusts:

- 1772 Charity
- 29th May 1961 Charitable Trust
- Albert Hunt Trust
- Allen Trust
- Carr Gregory Trust
- Christopher Rowbotham Charitable Trust
- Dischma Charitable Trust
- Drapers Charitable Fund
- Eleanor Rathbone Charitable Trust
- Enterprise RAC UK Ltd
- G M Morrison Charitable Trust
- Lord Faringdon Charitable Trust
- Michael & Shirley Hunt Charitable Trust
- Mirianog Trust
- Oak Trust
- Peter Stebbings Memorial Charity
- Robert Gavron Charitable Trust
- Shanly Foundation
- Sir James Reckitt Charity
- Sir James Roll Charitable Trust
- Vandervell Foundation
- Zochonis Charitable Trust

We are keen to build further partnerships in 2023. If you are interested in supporting our work, please get in touch via info@newbridgefoundation.org.uk



I would like to take this opportunity to thank you for my visit, telephone calls I have had with you, letters, and not forgetting your e-mails, postcards and pictures. I feel really thankful that I have had a person like you with such humility to help me through my prison journey. It has and does make a difference.

Pre release thank you note to volunteer

“We are pleased to support New Bridge Foundation and its important work in supporting some of society’s most marginalised people. When prisoners are isolated, with no visitors and confined to their cell for much of the day, correspondence or a visit from one of the charity’s trained volunteers gives hope and purpose.”

Worshipful Company of Drapers

Volunteer Profile

How did I get involved with New Bridge? It wasn't initially what I thought I was looking for. I'd long had an interest in prisons since a friend, in the 1980's, spent months in jail and I saw the negative impact on his mental health and in fact, on the rest of his life. I'd had some involvement in prison-related activities but in recent decades hadn't found ways of being involved.

During lockdown I heard an excellent short radio series where a woman spoke of her experience as the wife of a man imprisoned for fraud. This reignited my motivation to improve life for prisoners and I searched for ways of getting involved in prison reform. I found that as a

“other than donating money there seemed little I could do, so I searched online for other prison-related activities. That was how I found New Bridge.”



600 Christmas cards signed and sent out to people in prison

volunteer, other than donating money there seemed little I could do, so I searched online for other prison-related activities. That was how I found New Bridge.

Things about New Bridge that attracted me were the promise of thorough training; the personal challenge of setting aside judgement and building and maintaining a connection with someone I might not initially like; commitment of and to a local support group; and – for me especially important because I'm often away from home – flexibility in when and where I honour these commitments. Whether our local monthly support group is meeting face to face or online, connecting via zoom is always an option so I can receive and offer support wherever I am.

The online training gave me plenty of facts, guidance and challenges to consider. Before choosing a prisoner to befriend I attended – online – a local support group meeting where members' accounts of their recent contacts with the person or people they support brought to life the words and concepts from the training. Now I was ready to select my first 'befriendee'. This took place about a year ago.

Writing my first letter I was aware that I might not get a response. I was touched by the reply I received, so full of appreciation and readiness to connect. Initial letters were introductory, listing interests and experiences, searching for connections and topics to explore. Over the year it feels our confidence has grown so as well as 'safe' topics of shared interest we can now express and to some extent debate our very different political views.

Visits give a big boost to the sense of connection and prompt more personal exchanges. I was concerned before my first visit that I'd be a disappointment and

“ Following my second visit I left the prison with such a sense of elation, of the wonder that as humans we can make meaningful connections in the most unlikely situations, that I decided I was ready to request a second ‘befriendee.’ ”

that we might struggle to fill the time. The exact opposite happened: time flew and we ranged over past, present and future in our conversation, some of it quite personal and all adding to a sense of mutual enjoyment of conversation and connection. Letters flow more easily after visits.

Following my second visit I left the prison with such a sense of elation, of the wonder that as humans we can make meaningful connections in the most unlikely situations, that I decided I was ready to request a second ‘befriendee’. This too has been a joy and has highlighted for me the different ways people respond to prison as well as the differences within different prisons.

No two prisoners will be alike just as no two New Bridge volunteers will be. I feel I’ve been lucky with the two people I write to: both are very responsive and very appreciative. I guess it’s inevitable that over coming years we might have dull or difficult times with letter writing, but I feel we’ve made a very positive start and I’m committed to continuing for as long as it’s what the ‘befriendees’ want.

I’ve been surprised that something I started doing from a sense of moral outrage has turned into a genuine heartfelt pleasure. I feel real joy when I hear



Letters from people in prison to be redirected to their volunteer

good news from ‘my’ prisoners and when they trust me enough to tell me something meaningful to them. Like all real relationships, yes, it’s a commitment but again, like all real relationships it makes me know I’m alive and it feels like one of the most constructive and rewarding uses of my time.

Anthea



Strategy 2023-25

In the time since New Bridge was founded, the prison population has risen from around 20,000 to over 80,000 today. It is expected to rise to almost 100,000 by 2026.

It is widely accepted that having social contact whilst in prison improves a person's mental health as well as helping develop pro-social attitudes which are known to drastically reduce the likelihood of reoffending on release (c.39% higher for those with no visits). The proportion of people in prison with no family or friends visiting them is estimated at 31%: currently c.24,800 people, rising to c.31,000 in 2026 on current projections.

The need for services like New Bridge is expected to continue to rise, both in line with the general rise in prison population, but also with the rise in specific groups more likely to need our services. 17% of the prison population are aged 50 or over (there are now more than three and a half times more people aged over 60 in prison than there were in 2002), and 43% of men aged over 50 are serving sentences for sexual offences. We know that older people in prison

and those with convictions for sexual offences can experience the most isolating sentences of all, so we expect the increases in these populations to lead to higher numbers of applications for our service.

"I'm very grateful to New Bridge for providing me with an activity that I find very worthwhile and a new group of colleagues with whom I can share experiences and whom I can learn from. For anyone considering volunteering I highly recommend New Bridge."

Strategic goals

Our new strategy focuses on improving our service and expanding our reach, so that more isolated people in prison can experience the benefits of a befriender.

Our 3 key strategic goals are:



1. Scale Up



2. Understand and deepen impact



3. Increase and diversify income





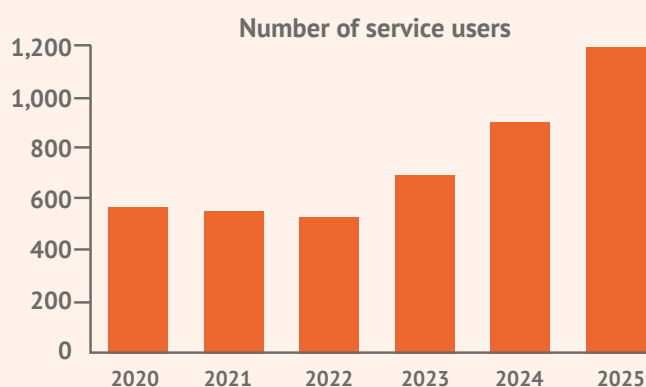
1. Scale Up

We want to double the number of service users by the end of the strategy. This will help us to meet the existing demand we see, with new applications arriving from people in prison every week, as well as prepare us to meet the increased demand we expect to see as prison numbers grow.

- We will raise awareness of our service amongst the prison population, so that more people who would benefit from a befriender are aware of who we are and how they can join us
- We will recruit and train a high number of committed volunteers from a broad range of sources, and make the recruitment and training process easier for people to access



Michael Spurr, keynote address at our volunteer conference



2. Understand and deepen impact

We want to learn more about the impact our work has on our service users, so that we can enhance these benefits. We also want to explore whether there are ways we need to develop or refine our offer in order to better meet the needs of people in prison.

- We will partner with an external academic institution to help us conduct high quality annual service evaluations, allowing us to see how we are performing against our new impact measure
- We will review all of the data we collect, to form hypothesis about the potential support needs of our service users in the future, in light of broader changes in the criminal justice system

Our new impact measure seeks to identify how a person in prison's experience of being befriended by a New Bridge volunteer has affected:

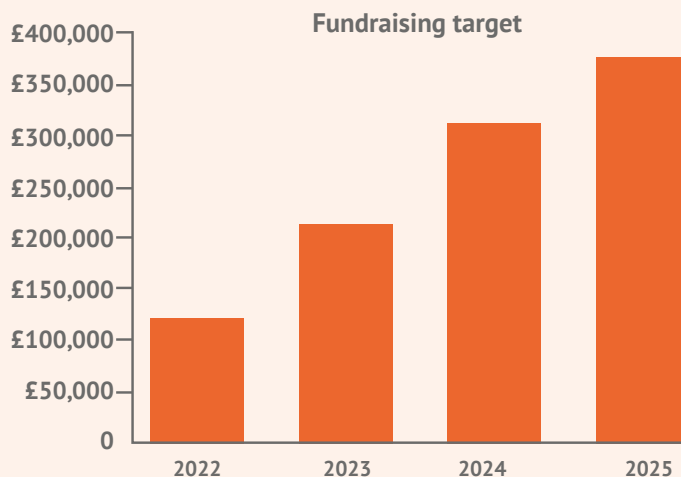
- Their ability to get through their sentence
- Their feelings about themselves
- Their feelings about the future
- Their connectedness to the outside world



3. Increase and diversify income

We want to develop new funding streams and multi-year income sources to ensure the long-term financial sustainability of New Bridge to continue its long history of delivering services.

- We will raise funds from large Grant Making Trusts (in addition to our existing small Trust supporters), and seek to secure multi-year funding agreements
- We will develop an individual supporter fundraising stream, to steward individuals through the process of making a gift, and recognise their huge contribution



Anyway, you enquired how things are going with my befriender. I'm happy to report that things are really good, there's an ebb and flow, trust, confidence and humour in our letters. I enjoy her letters, she's very supporting. Sincere and genuine, not to mention interesting. You really have the knack of finding the right connection and you should be proud of what you do. As you're aware I have no family or friends outside, receive little mail, other than legal, and have zero visits since my parents passed many many years ago. So to get a letter from a befriender is brilliant, especially as I love to write. It's one of the many things and I have in common and writing without effort is a gift.

We've shared with honesty and I feel relaxed and open, as I did when I wrote to my previous befriender. suggested she visit me sometime in early 2023 which will be great, nice to put a voice and face to a pen as it were. I'm mindful of the time and finance of a visit and feel guilty as I cannot buy a coffee in return!

Right, time to post this, but before I go Pauline, thank you for all you and Newbridge do. I really value it, and yes, it makes a real positive difference, removes loneliness, keeps me abreast of real values and provides the greatest gift - warmth and kindness. Long may it continue.

Feedback letter from person in prison

How will we get there?

To reach our strategic goals, we will need to focus on the following:

- **Raising our profile:** we need to get better at telling our story, and to new audiences, in order to attract more potential service users, volunteers and funders
- **Embedding a culture of Equity, Diversity & Inclusion:** we need to attract and be able to offer tailored support to a broader range of people in prison and volunteers, so that people from all backgrounds and with diverse needs are able to participate, in order to better represent the communities we support and work with. We also need to seek out ways to diversify the make-up of our organisation at all levels as we grow over the next three years
- **Effective management and governance:** we need to closely monitor our progress over the next three years to help us reach our strategic goals, finding ways to modernise systems and processes so that the cost per service user goes down as we scale up (by c.40% by the end of 2025). This will require full commitment from a skilled Board of Trustees, and strong performance management by senior staff

“At New Bridge I found my new community and focus. The monthly support groups the befrienders attend provided contact with people with whom I now shared a common goal. People otherwise I wouldn't have met. The reports from each member of the group helped me to gain in confidence and I now write to four people.”

How can you help us deliver our strategy?

- **Help spread the word about what we do, to raise our profile:** could you share this report with someone who may be interested in our work?
- **Join us as a volunteer,** or share our volunteering opportunity with people who may be a good fit newbridgefoundation.org.uk/volunteer-for-us
- **Donate:** every donation helps us to reach more isolated people in prison newbridgefoundation.org.uk/appeal/donate
- **Help us build corporate volunteering partnerships:** we provide bespoke in-house training and quarterly reporting for organisations who help us recruit their staff as volunteers



© Andy Aitchison



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020 8671 3856

New Bridge Foundation, 1a Elm Park, London SW2 2TX



Newbridgefoundation



@new_bridge



New Bridge Foundation



I've always felt I wouldn't be able to cope on the outside world as I've been locked up for 13 years and in/out since 13 yrs old. But my volunteer tells me that I've got qualifications, I can work, I can get help with my mental health and live within the community.



REGISTERED COMPANY NUMBER: 05048063
REGISTERED CHARITY NUMBER: 1103511

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 December 2022
for
The New Bridge Foundation

Grant Harrod Lerman Davis LLP
Chartered Accountants
1st Floor
Healthaid House
Marlborough Hill
Harrow
Middlesex
HA1 1UD

**Contents of the Financial Statements
for the year ended 31 December 2022**

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The New Bridge Foundation
Report of the Trustees
for the year ended 31 December 2022

The trustees who were also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 December 2022. The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities.

OBJECTIVES AND ACTIVITIES

Objectives and aims

The New Bridge Foundation is a charity which supports people in prison. The object of the charity as set out in the company's memorandum of association is to promote and support the education, befriending and resettlement of people in prison and ex-offenders.

Our aim is to support prisoners while they are in prison to build a connection to the outside world. We believe that this helps to aid reintegration and reduce offending.

PUBLIC BENEFIT

Our core activity is the provision of a befriending service to people serving prison sentences. We recruit dedicated volunteers and offer comprehensive training before matching them with a prisoner. Prisoners and their befrienders exchange letters, building a trusting, non-judgemental relationship. Befrienders and their prisoners can also connect via telephone calls, and befrienders often attend prisons to visit their prisoner. We believe that contact with the outside world prepares prisoners for release by helping to develop pro-social attitudes and increase self-esteem.

New Bridge's service is unique in that our befrienders stay matched with the same prisoner as they are moved around the prison estate. This continuity helps to build a deeper and more trusting relationship, at a time when prisoners are experiencing a large amount of change and disruption to routines.

The befrienders who volunteer for New Bridge can often be the only source of social connection or emotional support for prisoners who are no longer in contact with family or friends.

We reviewed and refined our vision and mission statements in 2022, which are as follows.

Our vision: Every person in prison feels a meaningful connection to the outside world.

Our mission: We match people in prison with trained volunteers who offer long-term support through a combination of correspondence and visits. This provides people in prison with a bridge to the outside world, along with an increased sense of value and potential for their future.

Our befriending service is open to applications from any prisoner in England and Wales.

The New Bridge Foundation

Report of the Trustees for the year ended 31 December 2022

ACHIEVEMENT AND PERFORMANCE

Achievements and performance

During 2022 we saw the prison regime slowly starting to return to a more normal service, and were pleased that our volunteers could once again begin booking visits to the people they support. Over 100 visits were made to people across prisons in England and Wales by our volunteers in 2022.

Demand for our service continued, with a further 196 applications received from people in prison. A total of 1,035 people in prison were supported over the course of the year, by a community of 292 volunteers.

We spent a significant part of the year on a strategy development project, bringing together Trustees, staff and a small group of volunteers to define New Bridge's vision, mission and strategic goals for the next strategy period, 2023-2025.

We refer to the guidance contained in the Charity Commission's general guidance on public benefit and reviewed our activities against the public benefit in our future planning. With a bold ambition to double the number of beneficiaries by the end of 2025, work began in the autumn on a targeted volunteer recruitment campaign which saw applications in the last quarter more than double the total from the first three quarters, and provide evidence of our ability to find new ways to grow and support more people in prison.

Impact

As part of our strategy development work, we conducted a small survey with a cross section of people we support, to measure the impact of our work. Responses demonstrated that since being matched with a New Bridge volunteer befriender:

- 88% of people felt better or much better about getting through their sentence
- 83% felt better or much better about themselves
- 80% felt better or much better connected to the outside world
- 77% felt better or much better about the future

Every year we ask prisoners to complete an evaluation form to report on the service we provide and the impact it has had on them. One of the people we supported in 2022 reported: "Prison is a hard environment for everyone. And you have no idea the incredible positive impact of a stranger showing you a bit of humanity, kindness and encouragement when all we are surrounded by is damaged people. From my heart and soul, thank you."

Fundraising

The charity's primary source of funding was grants from Trusts and Foundations, which accounted for 81.9% of total income. Donations from individuals accounted for a further 8.7% of income, with the remaining 9.3% interest from invested funds.

We were delighted to be allocated a place for the 2023 TCS London Marathon, providing another avenue for fundraising through winter 2022 and into spring 2023.

We are extremely grateful for the continued support of a range of grant giving trusts and foundations, as well as individual donors.

FINANCIAL REVIEW

The strategy development project saw the charity budget for a deficit in the year of £142,000, the loss on valuation of investments of £48,000 took the total deficit to £190,000.

We have budgeted for a much smaller deficit in 2023 of £85,000 as the development project continues.

Reserves policy

The total unrestricted funds as at 31 December 2022 totalled £308,000 and is in line with the charity's reserves policy. A copy of this policy is available on the charity's website.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006 and incorporated in 2004.

Risk management

The charity regularly reviews its risk, in line with Charity guidance.

The New Bridge Foundation
Report of the Trustees
for the year ended 31 December 2022

STRUCTURE, GOVERNANCE AND MANAGEMENT

Recruitment and appointment of new trustees

Trustees have a range of experience in criminal justice and business. New trustees are appointed through an open advertising campaign highlighting the need for people with certain skills to oversee the charity. Trustees are sent the Charity Commission's Essential Trustee Guide, the Articles of Association, most recent annual report and befriending service evaluation. Induction includes briefing sessions from the Chair about the obligations of trustees and how the board operates, an overview of finances from the Treasurer and briefings from the Chief Executive and staff team. Trustees are encouraged to participate in a training course for volunteers and to attend a regional group meeting to understand how New Bridge operates.

Organisational structure

The New Bridge Foundation has a board of nine trustees who meet four times a year and are responsible for the strategic direction and policy of the charity. Day to day responsibility for the charity rests with the Chief Executive and provision of befriending and management of the volunteers is led by the Director of Befriending supported by the Befriending Coordinator. The Operations Manager is also Company Secretary responsible for regular fundraising and for financial and business systems.

In January 2022 Judith Smith MBE resigned as Chief Executive and was succeeded by Dr Lucy Ball in February.

Sir Joseph Pilling stepped down as President in August, having previously supported New Bridge as Chair. The Trustees wish to express their gratitude to Sir Joseph Pilling for the many years of guidance and dedication he showed the charity, steering it through a variety of challenges and successes.

Sir Joseph Pilling was succeeded as President by Michael Spurr CB in September, who had been a long-term supporter of the charity's work whilst in role as CEO of HMPPS. The Trustees are delighted with his appointment, bringing as he does such valuable insight into prisons and probation and the criminal justice system more broadly.

Related parties

New Bridge has a wholly owned subsidiary company Inside Time Ltd which produces the newspaper. The Treasurer and another New Bridge trustee are members of the Inside Time Board of Directors.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

05048063 (Not specified/Other)

Registered Charity number

1103511

Registered office

1A Elm Park
London
SW2 2TX

The New Bridge Foundation

Report of the Trustees for the year ended 31 December 2022

Trustees

Dr Peter John Bennett
Faye Dyke
Dr Lynne Game
Susan Ellen Nicholas MBE
John Patrick O'Reilly
Sara Zalin
Helen Boothman Chair
Anna Parley
Ailie Rennie
John Scampion (resigned 30.1.2022)
Kevin Traynor (appointed 1.10.2022)

Patron

HRH Princess Alexandra, The Hon Lady Ogilvy, KG GCVO

President

Sir Joseph Pilling KCB
Michael Spurr, CB: appointed September 2022

Vice Presidents

Reverend Jonathan Aitken
Professor David Wilson

Chief Executive

Judith Smith MBE - resigned 31.01.22
Dr Lucy Ball - appointed 28.02.22

Company Secretary

Donna Frances King

Independent Examiner

Grant Harrod Lerman Davis LLP
Chartered Accountants
1st Floor
Healthaid House
Marlborough Hill
Harrow
Middlesex
HA1 1UD

Solicitors

Bates Wells
10 Queen Street Place
London
EC4R 1BE

The New Bridge Foundation

**Report of the Trustees
for the year ended 31 December 2022**

REFERENCE AND ADMINISTRATIVE DETAILS

Bankers

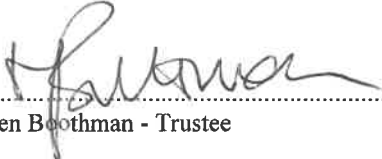
Barclays Bank PLC
5 High Road
Willesden Green
London NW10 2TE

CAF Bank Ltd
25 Kings Hill Avenue
Kings Hill
West Malling
Kent ME19 4JQ

HSBC
210 High Holborn
London WC1V 7HD

Approved by order of the board of trustees on and signed on its behalf by:

16/5/23



.....
Helen Boothman - Trustee

**Independent Examiner's Report to the Trustees of
The New Bridge Foundation**

Independent examiner's report to the trustees of The New Bridge Foundation ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 December 2022.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Jeremy Harrod FCCA

Grant Harrod Lerman Davis LLP
Chartered Accountants
1st Floor
Healthaid House
Marlborough Hill
Harrow
Middlesex
HA1 1UD

Date: 16/1/23

The New Bridge Foundation

**Statement of Financial Activities
for the year ended 31 December 2022**

	Notes	Unrestricted fund £	Restricted funds £	2022 Total funds £	2021 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		98,746	-	98,746	146,055
Investment income	2	10,198	-	10,198	9,501
Other income		-	-	-	25,222
Total		<u>108,944</u>	<u>-</u>	<u>108,944</u>	<u>180,778</u>
EXPENDITURE ON					
Raising funds		53,154	-	53,154	30,698
Charitable activities					
Befriending		152,550	-	152,550	148,786
Administration costs		25,923	-	25,923	31,445
Strategy Development		68,790	-	68,790	-
Total		<u>300,417</u>	<u>-</u>	<u>300,417</u>	<u>210,929</u>
NET INCOME/(EXPENDITURE)		(191,473)	-	(191,473)	(30,151)
RECONCILIATION OF FUNDS					
Total funds brought forward		499,020	-	499,020	529,171
TOTAL FUNDS CARRIED FORWARD		<u><u>307,547</u></u>	<u><u>-</u></u>	<u><u>307,547</u></u>	<u><u>499,020</u></u>

The New Bridge Foundation

**Balance Sheet
31 December 2022**

	Notes	Unrestricted fund £	Restricted funds £	2022 Total funds £	2021 Total funds £
FIXED ASSETS					
Investments	9	261,709	-	261,709	410,205
CURRENT ASSETS					
Debtors	10	264	-	264	4,764
Cash at bank		65,572	-	65,572	89,896
		<u>65,836</u>	<u>-</u>	<u>65,836</u>	<u>94,660</u>
CREDITORS					
Amounts falling due within one year	11	(19,998)	-	(19,998)	(5,845)
NET CURRENT ASSETS		<u>45,838</u>	<u>-</u>	<u>45,838</u>	<u>88,815</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>307,547</u>	<u>-</u>	<u>307,547</u>	<u>499,020</u>
NET ASSETS		<u>307,547</u>	<u>-</u>	<u>307,547</u>	<u>499,020</u>
FUNDS	12				
Unrestricted funds				<u>307,547</u>	<u>499,020</u>
TOTAL FUNDS				<u>307,547</u>	<u>499,020</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

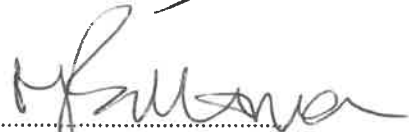
- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The New Bridge Foundation

Balance Sheet - continued
31 December 2022

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 16/1/23 and were signed on its behalf by:


.....
Helen Boothman - Trustee


.....
Kevin Traynor - Trustee

The notes form part of these financial statements

The New Bridge Foundation

Notes to the Financial Statements for the year ended 31 December 2022

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention, with the exception of investments which are included at market value, as modified by the revaluation of certain assets.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Allocation and apportionment of costs

Support costs are based on a percentage of the actual costs incurred, calculated on a staff time basis.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 25% on cost
-----------------------	---------------

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Volunteers

In accordance with SORP 2005, the contribution of volunteers is not recognised in the Financial Statements, as the value of their contribution cannot be reasonably quantified in financial terms. An exception may be made where a donor provides services as part of their trade or profession and where the charity would otherwise have had to purchase those services externally. In these cases, if material, those donated services would be valued at the open market value to the charity.

The New Bridge Foundation

**Notes to the Financial Statements - continued
for the year ended 31 December 2022**

2. INVESTMENT INCOME

	2022	2021
	£	£
Other investment income	10,198	9,501

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2022 nor for the year ended 31 December 2021.

Trustees' expenses

Trustees were reimbursed travel expenses during the year amounting to £0.00

4. STAFF COSTS

	2022	2021
	£	£
Wages and salaries	152,986	132,754
Social security costs	12,969	9,230
	<u>165,955</u>	<u>141,984</u>

The average monthly number of employees during the year was as follows:

	2022	2021
Direct charitable work	4	4
Administration	1	1
	<u>5</u>	<u>5</u>

No employees received emoluments in excess of £60,000.

No staff member received a salary of more than £60,000.

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	146,055	-	146,055
Investment income	9,501	-	9,501
Other income	25,222	-	25,222
Total	<u>180,778</u>	<u>-</u>	<u>180,778</u>
EXPENDITURE ON			
Raising funds	30,698	-	30,698
Charitable activities			
Befriending	148,786	-	148,786
Administration costs	31,445	-	31,445
Total	<u>210,929</u>	<u>-</u>	<u>210,929</u>

The New Bridge Foundation

**Notes to the Financial Statements - continued
for the year ended 31 December 2022**

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted fund £	Restricted funds £	Total funds £
NET INCOME/(EXPENDITURE)	(30,151)	-	(30,151)
RECONCILIATION OF FUNDS			
Total funds brought forward	529,171	-	529,171
TOTAL FUNDS CARRIED FORWARD	<u>499,020</u>	<u>-</u>	<u>499,020</u>

6. FIXED ASSET INVESTMENTS

	Shares in group undertakings £
COST	-
NET BOOK VALUE	
At 31 December 2022	-
At 31 December 2021	-

There were no investment assets outside the UK.

The company's investments at the balance sheet date include the following:

Inside Time Limited

Nature of business: Publishing of newspapers for prisoners

Inside Time Limited (a fully owned subsidiary) is a company limited by guarantee and does not have any share capital.

	2019 £	2018 £
Aggregate capital and reserves	64,229	58,523
Surplus for the year	5,706	3,503

The New Bridge Foundation

**Notes to the Financial Statements - continued
for the year ended 31 December 2022**

7. INDEPENDENT EXAMINATION FEE

The Independent Examination Fee for the year is £1,920.

8. TANGIBLE FIXED ASSETS

	Fixtures and fittings £
COST	
At 1 January 2022 and 31 December 2022	3,025
DEPRECIATION	
At 1 January 2022 and 31 December 2022	3,025
NET BOOK VALUE	
At 31 December 2022	-
At 31 December 2021	-

9. FIXED ASSET INVESTMENTS

	Unlisted investments £
MARKET VALUE	
At 1 January 2022	410,205
Disposals	(100,000)
Revaluations	(48,496)
At 31 December 2022	261,709
NET BOOK VALUE	
At 31 December 2022	261,709
At 31 December 2021	410,205

There were no investment assets outside the UK.

Cost or valuation at 31 December 2022 is represented by:

	Unlisted investments £
Valuation in 2019	18,716
Valuation in 2020	16,267
Valuation in 2021	25,222
Valuation in 2022	(53,484)
Cost	254,988
	261,709

The company's investments at the balance sheet date in the share capital of companies include the following:

The New Bridge Foundation

**Notes to the Financial Statements - continued
for the year ended 31 December 2022**

9. FIXED ASSET INVESTMENTS - continued

Inside Time Limited

Registered office:

Nature of business: Publishing of newspapers for prisoners

Class of share:	%
Ordinary	holding 100

Inside Time Limited is a fully owned subsidiary of The New Bridge Foundation, is a company limited by guarantee and does not have any share capital.

10. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Other debtors	97	200
Prepayments and accrued income	167	4,564
	<u>264</u>	<u>4,764</u>

11. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Trade creditors	10,949	396
Other creditors	7,129	3,529
Accruals and deferred income	1,920	1,920
	<u>19,998</u>	<u>5,845</u>

12. MOVEMENT IN FUNDS

	At 1.1.22	Net movement in funds	At 31.12.22
	£	£	£
Unrestricted funds			
General fund	499,020	(191,473)	307,547
	<u>499,020</u>	<u>(191,473)</u>	<u>307,547</u>
TOTAL FUNDS			
	<u>499,020</u>	<u>(191,473)</u>	<u>307,547</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	108,944	(300,417)	(191,473)
	<u>108,944</u>	<u>(300,417)</u>	<u>(191,473)</u>
TOTAL FUNDS			
	<u>108,944</u>	<u>(300,417)</u>	<u>(191,473)</u>

The New Bridge Foundation

**Notes to the Financial Statements - continued
for the year ended 31 December 2022**

12. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.1.21 £	Net movement in funds £	At 31.12.21 £
Unrestricted funds			
General fund	529,171	(30,151)	499,020
TOTAL FUNDS	<u>529,171</u>	<u>(30,151)</u>	<u>499,020</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	180,778	(210,929)	(30,151)
TOTAL FUNDS	<u>180,778</u>	<u>(210,929)</u>	<u>(30,151)</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.1.21 £	Net movement in funds £	At 31.12.22 £
Unrestricted funds			
General fund	529,171	(221,624)	307,547
TOTAL FUNDS	<u>529,171</u>	<u>(221,624)</u>	<u>307,547</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	289,722	(511,346)	(221,624)
TOTAL FUNDS	<u>289,722</u>	<u>(511,346)</u>	<u>(221,624)</u>

The above funds were restricted as follows:

Befriending: The Peter Stebbings Memorial Charity

The New Bridge Foundation

**Notes to the Financial Statements - continued
for the year ended 31 December 2022**

12. MOVEMENT IN FUNDS - continued

The core activity of New Bridge Foundation is Befriending People in prison, many of whom have lost contact with family and friends. Volunteers are trained in this role and are expected to write to and visit their befriendees for the rest of the custodial portion of their sentence.

13. RELATED PARTY DISCLOSURES

During the year the Charity received a donation from its subsidiary, Inside Time Limited, amounting to £Nil (2021 - £Nil).

14. LIABILITY OF MEMBERS

The company is constituted as a company limited by guarantee. In the event of the charity being wound up members are required to contribute an amount not exceeding £1.

REGISTERED COMPANY NUMBER: 05048063
REGISTERED CHARITY NUMBER: 1103511

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 December 2022
for
The New Bridge Foundation

Grant Harrod Lerman Davis LLP
Chartered Accountants
1st Floor
Healthaid House
Marlborough Hill
Harrow
Middlesex
HA1 1UD

**Contents of the Financial Statements
for the year ended 31 December 2022**

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The New Bridge Foundation
Report of the Trustees
for the year ended 31 December 2022

The trustees who were also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 December 2022. The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities.

OBJECTIVES AND ACTIVITIES

Objectives and aims

The New Bridge Foundation is a charity which supports people in prison. The object of the charity as set out in the company's memorandum of association is to promote and support the education, befriending and resettlement of people in prison and ex-offenders.

Our aim is to support prisoners while they are in prison to build a connection to the outside world. We believe that this helps to aid reintegration and reduce offending.

PUBLIC BENEFIT

Our core activity is the provision of a befriending service to people serving prison sentences. We recruit dedicated volunteers and offer comprehensive training before matching them with a prisoner. Prisoners and their befrienders exchange letters, building a trusting, non-judgemental relationship. Befrienders and their prisoners can also connect via telephone calls, and befrienders often attend prisons to visit their prisoner. We believe that contact with the outside world prepares prisoners for release by helping to develop pro-social attitudes and increase self-esteem.

New Bridge's service is unique in that our befrienders stay matched with the same prisoner as they are moved around the prison estate. This continuity helps to build a deeper and more trusting relationship, at a time when prisoners are experiencing a large amount of change and disruption to routines.

The befrienders who volunteer for New Bridge can often be the only source of social connection or emotional support for prisoners who are no longer in contact with family or friends.

We reviewed and refined our vision and mission statements in 2022, which are as follows.

Our vision: Every person in prison feels a meaningful connection to the outside world.

Our mission: We match people in prison with trained volunteers who offer long-term support through a combination of correspondence and visits. This provides people in prison with a bridge to the outside world, along with an increased sense of value and potential for their future.

Our befriending service is open to applications from any prisoner in England and Wales.

The New Bridge Foundation

Report of the Trustees for the year ended 31 December 2022

ACHIEVEMENT AND PERFORMANCE

Achievements and performance

During 2022 we saw the prison regime slowly starting to return to a more normal service, and were pleased that our volunteers could once again begin booking visits to the people they support. Over 100 visits were made to people across prisons in England and Wales by our volunteers in 2022.

Demand for our service continued, with a further 196 applications received from people in prison. A total of 1,035 people in prison were supported over the course of the year, by a community of 292 volunteers.

We spent a significant part of the year on a strategy development project, bringing together Trustees, staff and a small group of volunteers to define New Bridge's vision, mission and strategic goals for the next strategy period, 2023-2025.

We refer to the guidance contained in the Charity Commission's general guidance on public benefit and reviewed our activities against the public benefit in our future planning. With a bold ambition to double the number of beneficiaries by the end of 2025, work began in the autumn on a targeted volunteer recruitment campaign which saw applications in the last quarter more than double the total from the first three quarters, and provide evidence of our ability to find new ways to grow and support more people in prison.

Impact

As part of our strategy development work, we conducted a small survey with a cross section of people we support, to measure the impact of our work. Responses demonstrated that since being matched with a New Bridge volunteer befriender:

- 88% of people felt better or much better about getting through their sentence
- 83% felt better or much better about themselves
- 80% felt better or much better connected to the outside world
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Fundraising

The charity's primary source of funding was grants from Trusts and Foundations, which accounted for 81.9% of total income. Donations from individuals accounted for a further 8.7% of income, with the remaining 9.3% interest from invested funds.

We were delighted to be allocated a place for the 2023 TCS London Marathon, providing another avenue for fundraising through winter 2022 and into spring 2023.

We are extremely grateful for the continued support of a range of grant giving trusts and foundations, as well as individual donors.

FINANCIAL REVIEW

The strategy development project saw the charity budget for a deficit in the year of £142,000, the loss on valuation of investments of £48,000 took the total deficit to £190,000.

We have budgeted for a much smaller deficit in 2023 of £85,000 as the development project continues.

Reserves policy

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STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006 and incorporated in 2004.

Risk management

The charity regularly reviews its risk, in line with Charity guidance.

The New Bridge Foundation
Report of the Trustees
for the year ended 31 December 2022

STRUCTURE, GOVERNANCE AND MANAGEMENT

Recruitment and appointment of new trustees

Trustees have a range of experience in criminal justice and business. New trustees are appointed through an open advertising campaign highlighting the need for people with certain skills to oversee the charity. Trustees are sent the Charity Commission's Essential Trustee Guide, the Articles of Association, most recent annual report and befriending service evaluation. Induction includes briefing sessions from the Chair about the obligations of trustees and how the board operates, an overview of finances from the Treasurer and briefings from the Chief Executive and staff team. Trustees are encouraged to participate in a training course for volunteers and to attend a regional group meeting to understand how New Bridge operates.

Organisational structure

The New Bridge Foundation has a board of nine trustees who meet four times a year and are responsible for the strategic direction and policy of the charity. Day to day responsibility for the charity rests with the Chief Executive and provision of befriending and management of the volunteers is led by the Director of Befriending supported by the Befriending Coordinator. The Operations Manager is also Company Secretary responsible for regular fundraising and for financial and business systems.

In January 2022 Judith Smith MBE resigned as Chief Executive and was succeeded by Dr Lucy Ball in February.

Sir Joseph Pilling stepped down as President in August, having previously supported New Bridge as Chair. The Trustees wish to express their gratitude to Sir Joseph Pilling for the many years of guidance and dedication he showed the charity, steering it through a variety of challenges and successes.

Sir Joseph Pilling was succeeded as President by Michael Spurr CB in September, who had been a long-term supporter of the charity's work whilst in role as CEO of HMPPS. The Trustees are delighted with his appointment, bringing as he does such valuable insight into prisons and probation and the criminal justice system more broadly.

Related parties

New Bridge has a wholly owned subsidiary company Inside Time Ltd which produces the newspaper. The Treasurer and another New Bridge trustee are members of the Inside Time Board of Directors.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

05048063 (Not specified/Other)

Registered Charity number

1103511

Registered office

1A Elm Park
London
SW2 2TX

The New Bridge Foundation

Report of the Trustees for the year ended 31 December 2022

Trustees

Dr Peter John Bennett
Faye Dyke
Dr Lynne Game
Susan Ellen Nicholas MBE
John Patrick O'Reilly
Sara Zalin
Helen Boothman Chair
Anna Parley
Ailie Rennie
John Scampion (resigned 30.1.2022)
Kevin Traynor (appointed 1.10.2022)

Patron

HRH Princess Alexandra, The Hon Lady Ogilvy, KG GCVO

President

Sir Joseph Pilling KCB
Michael Spurr, CB: appointed September 2022

Vice Presidents

Reverend Jonathan Aitken
Professor David Wilson

Chief Executive

Judith Smith MBE - resigned 31.01.22
Dr Lucy Ball - appointed 28.02.22

Company Secretary

Donna Frances King

Independent Examiner

Grant Harrod Lerman Davis LLP
Chartered Accountants
1st Floor
Healthaid House
Marlborough Hill
Harrow
Middlesex
HA1 1UD

Solicitors

Bates Wells
10 Queen Street Place
London
EC4R 1BE

The New Bridge Foundation

**Report of the Trustees
for the year ended 31 December 2022**

REFERENCE AND ADMINISTRATIVE DETAILS

Bankers

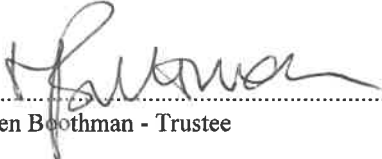
Barclays Bank PLC
5 High Road
Willesden Green
London NW10 2TE

CAF Bank Ltd
25 Kings Hill Avenue
Kings Hill
West Malling
Kent ME19 4JQ

HSBC
210 High Holborn
London WC1V 7HD

Approved by order of the board of trustees on and signed on its behalf by:

16/5/23



.....
Helen Boothman - Trustee

**Independent Examiner's Report to the Trustees of
The New Bridge Foundation**

Independent examiner's report to the trustees of The New Bridge Foundation ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 December 2022.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Jeremy Harrod FCCA

Grant Harrod Lerman Davis LLP
Chartered Accountants
1st Floor
Healthaid House
Marlborough Hill
Harrow
Middlesex
HA1 1UD

Date: 16/1/23

The New Bridge Foundation

**Statement of Financial Activities
for the year ended 31 December 2022**

	Notes	Unrestricted fund £	Restricted funds £	2022 Total funds £	2021 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		98,746	-	98,746	146,055
Investment income	2	10,198	-	10,198	9,501
Other income		-	-	-	25,222
Total		<u>108,944</u>	<u>-</u>	<u>108,944</u>	<u>180,778</u>
EXPENDITURE ON					
Raising funds		53,154	-	53,154	30,698
Charitable activities					
Befriending		152,550	-	152,550	148,786
Administration costs		25,923	-	25,923	31,445
Strategy Development		68,790	-	68,790	-
Total		<u>300,417</u>	<u>-</u>	<u>300,417</u>	<u>210,929</u>
NET INCOME/(EXPENDITURE)		(191,473)	-	(191,473)	(30,151)
RECONCILIATION OF FUNDS					
Total funds brought forward		499,020	-	499,020	529,171
TOTAL FUNDS CARRIED FORWARD		<u><u>307,547</u></u>	<u><u>-</u></u>	<u><u>307,547</u></u>	<u><u>499,020</u></u>

The New Bridge Foundation

**Balance Sheet
31 December 2022**

	Notes	Unrestricted fund £	Restricted funds £	2022 Total funds £	2021 Total funds £
FIXED ASSETS					
Investments	9	261,709	-	261,709	410,205
CURRENT ASSETS					
Debtors	10	264	-	264	4,764
Cash at bank		65,572	-	65,572	89,896
		<u>65,836</u>	<u>-</u>	<u>65,836</u>	<u>94,660</u>
CREDITORS					
Amounts falling due within one year	11	(19,998)	-	(19,998)	(5,845)
NET CURRENT ASSETS		<u>45,838</u>	<u>-</u>	<u>45,838</u>	<u>88,815</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>307,547</u>	<u>-</u>	<u>307,547</u>	<u>499,020</u>
NET ASSETS		<u>307,547</u>	<u>-</u>	<u>307,547</u>	<u>499,020</u>
FUNDS	12				
Unrestricted funds				<u>307,547</u>	<u>499,020</u>
TOTAL FUNDS				<u>307,547</u>	<u>499,020</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

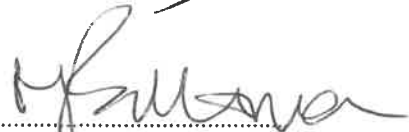
- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The New Bridge Foundation

Balance Sheet - continued
31 December 2022

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 16/1/23 and were signed on its behalf by:


.....
Helen Boothman - Trustee


.....
Kevin Traynor - Trustee

The notes form part of these financial statements

The New Bridge Foundation

Notes to the Financial Statements for the year ended 31 December 2022

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention, with the exception of investments which are included at market value, as modified by the revaluation of certain assets.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Allocation and apportionment of costs

Support costs are based on a percentage of the actual costs incurred, calculated on a staff time basis.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 25% on cost
-----------------------	---------------

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Volunteers

In accordance with SORP 2005, the contribution of volunteers is not recognised in the Financial Statements, as the value of their contribution cannot be reasonably quantified in financial terms. An exception may be made where a donor provides services as part of their trade or profession and where the charity would otherwise have had to purchase those services externally. In these cases, if material, those donated services would be valued at the open market value to the charity.

The New Bridge Foundation

**Notes to the Financial Statements - continued
for the year ended 31 December 2022**

2. INVESTMENT INCOME

	2022	2021
	£	£
Other investment income	10,198	9,501

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2022 nor for the year ended 31 December 2021.

Trustees' expenses

Trustees were reimbursed travel expenses during the year amounting to £0.00

4. STAFF COSTS

	2022	2021
	£	£
Wages and salaries	152,986	132,754
Social security costs	12,969	9,230
	<u>165,955</u>	<u>141,984</u>

The average monthly number of employees during the year was as follows:

	2022	2021
Direct charitable work	4	4
Administration	1	1
	<u>5</u>	<u>5</u>

No employees received emoluments in excess of £60,000.

No staff member received a salary of more than £60,000.

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	146,055	-	146,055
Investment income	9,501	-	9,501
Other income	25,222	-	25,222
Total	<u>180,778</u>	<u>-</u>	<u>180,778</u>
EXPENDITURE ON			
Raising funds	30,698	-	30,698
Charitable activities			
Befriending	148,786	-	148,786
Administration costs	31,445	-	31,445
Total	<u>210,929</u>	<u>-</u>	<u>210,929</u>

The New Bridge Foundation

**Notes to the Financial Statements - continued
for the year ended 31 December 2022**

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted fund £	Restricted funds £	Total funds £
NET INCOME/(EXPENDITURE)	(30,151)	-	(30,151)
RECONCILIATION OF FUNDS			
Total funds brought forward	529,171	-	529,171
TOTAL FUNDS CARRIED FORWARD	<u>499,020</u>	<u>-</u>	<u>499,020</u>

6. FIXED ASSET INVESTMENTS

	Shares in group undertakings £
COST	-
NET BOOK VALUE	
At 31 December 2022	-
At 31 December 2021	-

There were no investment assets outside the UK.

The company's investments at the balance sheet date include the following:

Inside Time Limited
Nature of business: Publishing of newspapers for prisoners

Inside Time Limited (a fully owned subsidiary) is a company limited by guarantee and does not have any share capital.

	2019 £	2018 £
Aggregate capital and reserves	64,229	58,523
Surplus for the year	5,706	3,503

The New Bridge Foundation

**Notes to the Financial Statements - continued
for the year ended 31 December 2022**

7. INDEPENDENT EXAMINATION FEE

The Independent Examination Fee for the year is £1,920.

8. TANGIBLE FIXED ASSETS

	Fixtures and fittings £
COST	
At 1 January 2022 and 31 December 2022	3,025
DEPRECIATION	
At 1 January 2022 and 31 December 2022	3,025
NET BOOK VALUE	
At 31 December 2022	-
At 31 December 2021	-

9. FIXED ASSET INVESTMENTS

	Unlisted investments £
MARKET VALUE	
At 1 January 2022	410,205
Disposals	(100,000)
Revaluations	(48,496)
At 31 December 2022	261,709
NET BOOK VALUE	
At 31 December 2022	261,709
At 31 December 2021	410,205

There were no investment assets outside the UK.

Cost or valuation at 31 December 2022 is represented by:

	Unlisted investments £
Valuation in 2019	18,716
Valuation in 2020	16,267
Valuation in 2021	25,222
Valuation in 2022	(53,484)
Cost	254,988
	261,709

The company's investments at the balance sheet date in the share capital of companies include the following:

The New Bridge Foundation

**Notes to the Financial Statements - continued
for the year ended 31 December 2022**

9. FIXED ASSET INVESTMENTS - continued

Inside Time Limited

Registered office:

Nature of business: Publishing of newspapers for prisoners

Class of share:	%
Ordinary	holding 100

Inside Time Limited is a fully owned subsidiary of The New Bridge Foundation, is a company limited by guarantee and does not have any share capital.

10. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Other debtors	97	200
Prepayments and accrued income	167	4,564
	<u>264</u>	<u>4,764</u>

11. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Trade creditors	10,949	396
Other creditors	7,129	3,529
Accruals and deferred income	1,920	1,920
	<u>19,998</u>	<u>5,845</u>

12. MOVEMENT IN FUNDS

	At 1.1.22	Net movement in funds	At 31.12.22
	£	£	£
Unrestricted funds			
General fund	499,020	(191,473)	307,547
	<u>499,020</u>	<u>(191,473)</u>	<u>307,547</u>
TOTAL FUNDS			
	<u>499,020</u>	<u>(191,473)</u>	<u>307,547</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	108,944	(300,417)	(191,473)
	<u>108,944</u>	<u>(300,417)</u>	<u>(191,473)</u>
TOTAL FUNDS			
	<u>108,944</u>	<u>(300,417)</u>	<u>(191,473)</u>

The New Bridge Foundation

**Notes to the Financial Statements - continued
for the year ended 31 December 2022**

12. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.1.21 £	Net movement in funds £	At 31.12.21 £
Unrestricted funds			
General fund	529,171	(30,151)	499,020
TOTAL FUNDS	<u>529,171</u>	<u>(30,151)</u>	<u>499,020</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	180,778	(210,929)	(30,151)
TOTAL FUNDS	<u>180,778</u>	<u>(210,929)</u>	<u>(30,151)</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.1.21 £	Net movement in funds £	At 31.12.22 £
Unrestricted funds			
General fund	529,171	(221,624)	307,547
TOTAL FUNDS	<u>529,171</u>	<u>(221,624)</u>	<u>307,547</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	289,722	(511,346)	(221,624)
TOTAL FUNDS	<u>289,722</u>	<u>(511,346)</u>	<u>(221,624)</u>

The above funds were restricted as follows:

Befriending: The Peter Stebbings Memorial Charity

The New Bridge Foundation

**Notes to the Financial Statements - continued
for the year ended 31 December 2022**

12. MOVEMENT IN FUNDS - continued

The core activity of New Bridge Foundation is Befriending People in prison, many of whom have lost contact with family and friends. Volunteers are trained in this role and are expected to write to and visit their befriendees for the rest of the custodial portion of their sentence.

13. RELATED PARTY DISCLOSURES

During the year the Charity received a donation from its subsidiary, Inside Time Limited, amounting to £Nil (2021 - £Nil).

14. LIABILITY OF MEMBERS

The company is constituted as a company limited by guarantee. In the event of the charity being wound up members are required to contribute an amount not exceeding £1.

Accounts



Annual Report 2021

Foreword

2021 was another challenging year for so many of us. Those outside prison faced a further winter and spring of strict coronavirus restrictions, with more time separated from loved ones, grappling to acclimatise to the new normal of home-schooling, remote working and remote socialising. Those inside prison faced continuing coronavirus restrictions too, with 23-hour lockdown in cells, and the majority of the year with no possibility of receiving visitors. As the months progressed, those of us outside prison experienced the relief of restrictions lifting and life moving slowly back towards normal. However, people in prison continued to endure 23-hour cell lockdowns and a high level of social isolation.

New Bridge saw applications from people in prison rise to their highest number ever, as the pain of isolation grew. However we also saw our highest ever number of engaged volunteers, helping us to meet this demand.

Lucy joined New Bridge as CEO in February 2022, following the retirement of Judith Smith. Judith led the organisation for five years, two of which encompassed

“the sense of isolation and abandonment I felt, and continue to feel, was mitigated by regular letters from the outside. At present we have reverted to COVID stage 4, and coping once again with 23hr lockdown in our cells. As well as regular, fulsome, and jam-packed letters, my volunteer also sends me postcards and emails. This connection with the “real” world provides a life-line, a tenuous touch of normality in what is fast becoming isolation chambers of misery in UK jails”

“It gives you a sense of remaining human, someone genuine is invested in you and does not judge you because of your offence. New Bridge has given me self-belief and esteem that I had lost for so many years and I appreciate the support my Befriender has given me”

the pandemic and the enormous change in our service delivery which this necessitated, and everyone at New Bridge is grateful for her dedication and unwavering focus during this time, and wishes her the very best, wherever her future takes her.

Our ever growing community of dedicated volunteers need to be celebrated for their ongoing commitment to the people they befriend, even through the turbulence of their own lives during the pandemic.

We are indeed privileged to work with so many people who give so much of their time.

The impact of the work that we do is evident in the heartfelt evaluations which prisoners send us every year. Indeed, 98% of evaluation respondents said they would recommend our service to others, and a third reported finding out about our support after a recommendation from another prisoner. We are passionate about helping New Bridge reach even more people who can benefit from our support, by continuing to increase our community of dedicated volunteers and creating new funding partnerships. We hope you enjoy reading this report, which explores our work in 2021 and the impact that it has had on the people we serve.

Helen Boothman **Lucy Ball**
Chair CEO

About New Bridge

“ Thank you to New Bridge for being there for us prisoners who don’t have anyone on the outside ”

“ My experience of being in touch with my volunteer is that I find her encouraging and inspirational. I am always impressed by her balanced views, and this does give me determination to make the very best of every opportunity that is offered to me while in custody ”

What we do

The New Bridge Foundation is a charity which works with people in prison across England and Wales, providing them with a trained volunteer to act as a ‘befriender’ to provide a non-judgemental social connection at a time when they can be most isolated, through a combination of letter writing and prison visiting. Our service allows people in prison the opportunity to discuss their feelings, hopes, aspirations, fears and reflections on themselves and their past – as well as more social topics. **Our volunteers can often be the only individual outside of the prison service who the person in prison speaks to with any regularity.**

We believe that engaging with our service allows people in prison to rebuild fundamental trust in others and skills around self-expression which enable them to go on to access further programmes of support provided by the prison service and other charities. This helps them

to progress through the prison system and reengage more positively with society on release.

Why we’re needed

This work is vitally important. The current prison population sits at just under 80,000, and we are seeing an increasing number of prisoners serving longer sentences. It can be easy for people in prison to lose hope and feel very alone, particularly during the increased isolation of covid-19 restrictions. The proportion of prisoners reporting mental health conditions sits at 52%, and we know both that having a mental health problem can increase your chance of feeling lonely and that feeling lonely can impact your mental health. With 31% of prisoners not having any visitors, we know that there are nearly 25,000 people in prison facing potential loneliness and social isolation.

“ Having someone to forget about prison life it made my mental health better asking me what my plans are after my release and made me think I can do better than coming to jail, I should be out there having my freedom, living in my own place being with my family, my kids, having a 9 to 5 job, be able to go anywhere I want in the world and think about what I can be and who I can be and to forget about the past and think about the future that I can have and to make sure I keep on the right path and not ever go back on the wrong path without my volunteer I would not be thinking of all this and not be the new person I am today so I am very grateful for everything she has done for everything she has said, the advice she is giving ”

2021 in Numbers

“ I am so grateful that you allowed me to be a ‘normal person’ not only a prisoner ”

6,113 
hours were spent
volunteering

We trained
78
new volunteers



779
people in prison
connected with a
befriender



11,026
letters and emails
were exchanged between people
in prison and their volunteer



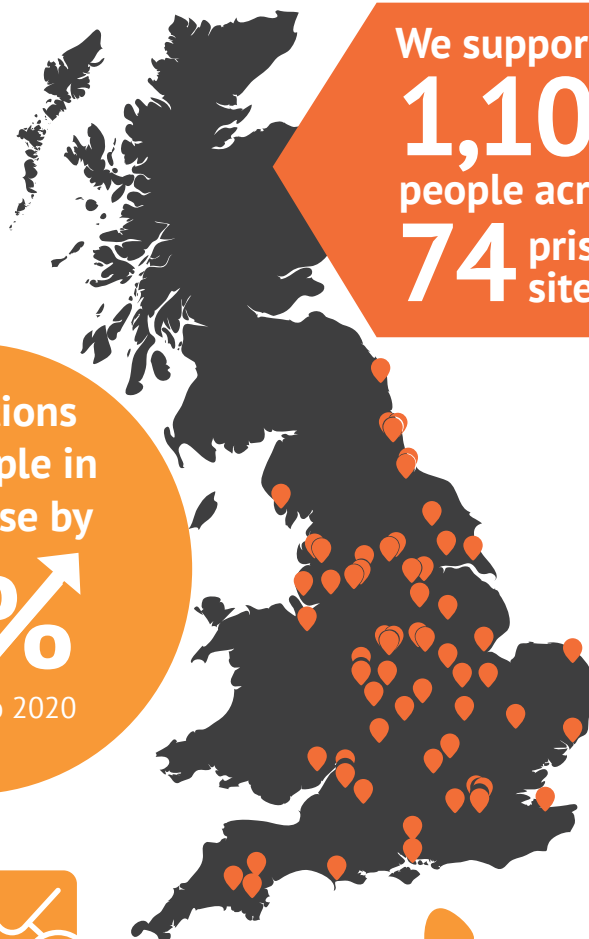
375
phone calls
were made

318
volunteers
worked with us

An increase of
6%
Compared to 2020

“ I cannot tell you how many times I read the same letters or emails again and again. This gives me pleasure and happiness every time ”

We supported
1,107
people across
74 prison
sites



Applications
from people in
prison rose by
52%
Compared to 2020

Prison Visits

“...nice to receive a visit, to break up the monotony of prison and to have a natural conversation with someone, not associated with prison”

“It is good to build a rapport, have a natural conversation, and sit together for a short while. A letter is more formal, whereas a conversation is less so and more relaxed perhaps”

We know that people in prison who receive visits are less likely to be reconvicted after release, but we also know that **31% of people in prison receive no visits from family or friends**. New Bridge volunteers can start making prison visits after building a relationship with a person through six months of letter writing.

Visits to prisons were not allowed for the vast majority of the year, meaning our volunteers only managed to connect with people in prison face-to-face on 47 occasions. In our last pre-Covid year this figure (with a 13% smaller volunteer base) was 404, with volunteers **travelling a total of over 126,000 miles**.

The miles covered by our volunteers are so high because they will **support the same person wherever they get moved around the prison estate**; this can mean volunteers attending several different prison sites around the country over the years, while working with one person. This is an essential part of our service: the connection between volunteer and person in prison is maintained at a time when the person being moved is experiencing huge change and disruption to routines.

Our evaluation this year included questions about the value of visits, and whether our beneficiaries were keen for visits to resume once restrictions are lifted.

The overwhelming majority (91%) of people who had previously been visited said that they would like more visits, and that visits provide a positive and refreshing supplement to their volunteer's letter-writing.

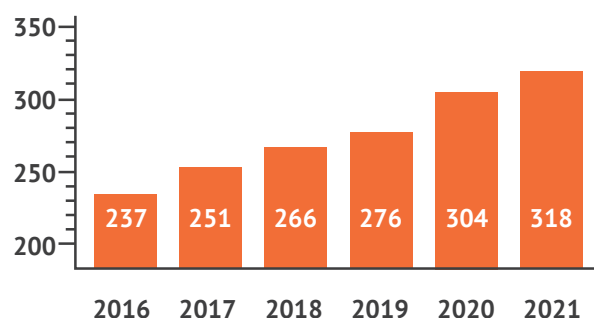
With the continuing easing of restrictions, our volunteers have resumed visits in 2022, and we are pleased to see the number of visits beginning to rise.

“I was so nervous at meeting her for the first time but we seemed to get on with each other straight away. The visit was a wonderful experience and it proved to me that not everyone is judgmental”

Volunteers

Our volunteers are our lifeblood. They give their time and compassion to bring hope into the lives of the most marginalised. The impact they have on the people they support is evident from the heartfelt quotes peppered throughout this report.

Our volunteer community is growing every year, and in 2021 our number reached 318.



Our volunteers come from all walks of life, and range from undergraduates through to retired people, all of whom share the same belief in supporting people experiencing some of the darkest times of their lives.

Volunteers undergo a comprehensive training session, building an understanding of the criminal justice system, and the principals of safe boundaries for befriending relationships. They are then allocated to one of our 25 support groups which are spread across England and meet monthly. The groups allow volunteers to share how they are supporting their person in prison and get support from their fellow volunteers.

Updates can range from this:

"The person I am supporting is preparing for release at the end of this year after serving a 40 year sentence. He will be in his mid seventies when released, and during our letters and phone calls we have been discussing practical things like learning to use a mobile phone or a cash machine, how he will manage his finances and the

"My befriender has more than given me someone to share my story with. She is the one who picks me up when I'm down, she always gives words of wisdom and I have just recently had a visit from her and she's a real star. To give her time up to write to prisoners she should be given an award"



sort of accommodation he will be able to find, as well as his feelings about preparing for reintegration'

To this more unusual scientific exchange:

He phoned me to discuss the letter he sent me with some ideas on how, if the brain was able to detect phase shift in photons entering the two eyes from the same object, it would be able to have an awareness of distance via some sort of implicit trigonometry. It's an interesting theory but I couldn't work out how one gets around the problem that the wavelengths of visible light are in the nanometre range and I'm not sure the brain would be able to keep track of the number of integer wavelengths in the path length difference'

Applications from people in prison arrive every week, and we need more volunteers to help us meet the demand. If you would like to become a volunteer, please sign up here: www.newbridgefoundation.org.uk/Pages/Category/apply-now

Volunteer Profile

“Dad what are you doing volunteering in prison? Why don’t you play golf like all the other Dads?”

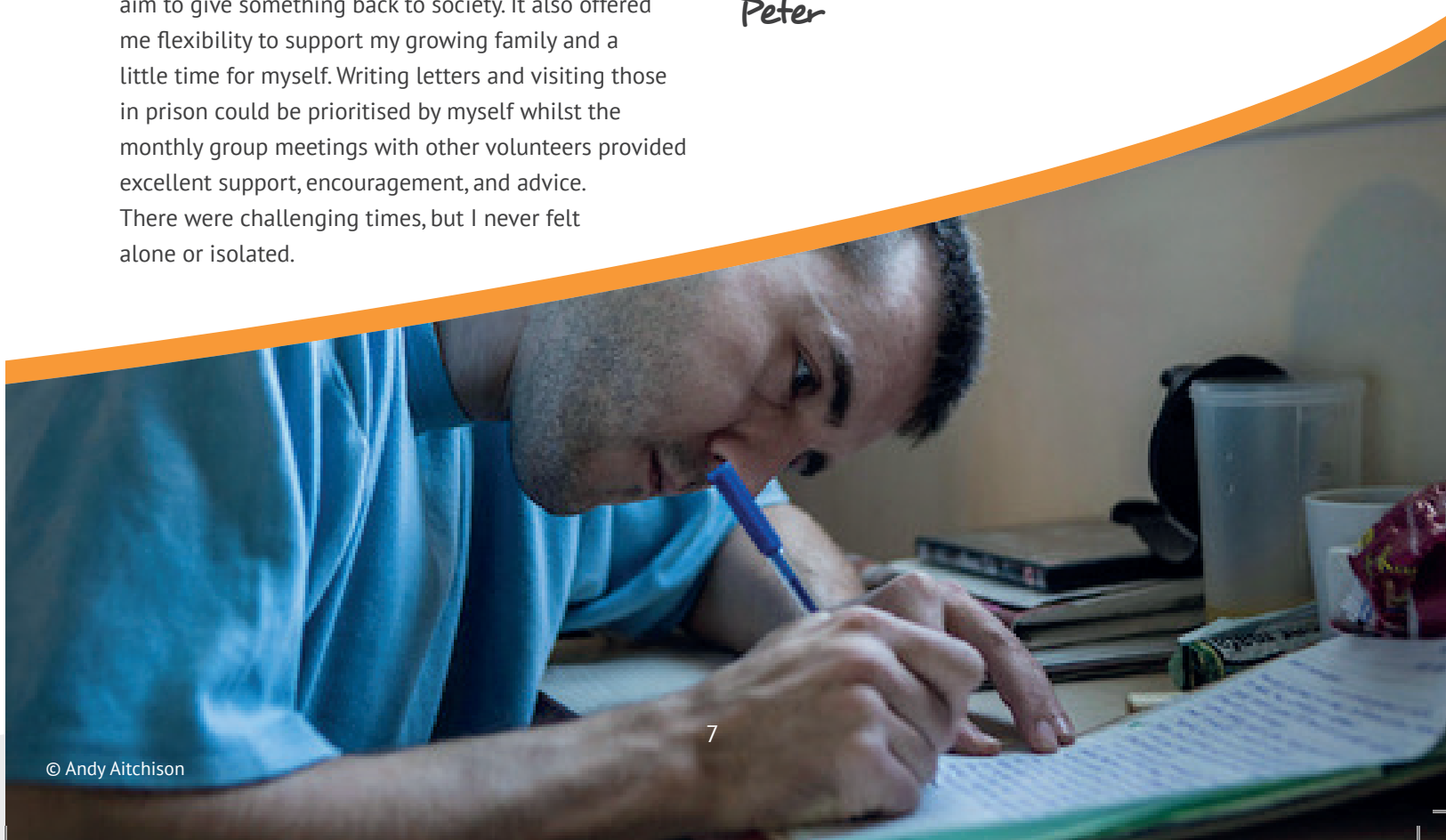
That short conversation with my daughter still stays with me after thirteen years working voluntarily with New Bridge. Those years have certainly fulfilled my expectations of the role. After a career in education, I once again enjoyed a new challenge, learning new ways of working, engaging with a diverse and often forgotten sector and giving something back to society. It gave me self-worth and a purpose in my life beyond my previous work. Meeting new people in prison and challenging the negative media images of those in custody, supported by a fantastic local group of similar minded people ensured my time working with New Bridge has been productive, challenging and extremely rewarding.

Why New Bridge? In many ways it fulfilled my personal aim to give something back to society. It also offered me flexibility to support my growing family and a little time for myself. Writing letters and visiting those in prison could be prioritised by myself whilst the monthly group meetings with other volunteers provided excellent support, encouragement, and advice. There were challenging times, but I never felt alone or isolated.

My first visit to a high security prison opened my eyes to the reality of the context of my work. Dogs, bars, endless doors slammed and opened, body scans and rub downs seemed to never end. However, they soon faded as I met a lonely, sad face in the hectic visiting hall. What a place to meet a stranger! But a smile and friendly greeting immediately broke down any barriers and resulted in a wide-ranging conversation about so many aspects of life. This was not a prisoner but a lonely man who had done a terrible thing but had also lost contact with the outside world, had no visitors, never received letters, and had the lowest self-esteem. I went into that place full of fear of the unknown I came out with a real buzz and eager to write him another letter.

I still don’t play golf, but I still enjoy and value my voluntary work with New Bridge. It is a great organisation that does the most valuable work for a very forgotten sector of our society.

Peter



2022 and Beyond

We are excited to be returning to a more business as usual operation in 2022, with volunteers resuming visits to prisons, and support groups having the option to meet in person.

This will also be an important year for New Bridge as we undertake a project in spring/summer to design our strategy for the next three years.

“It helps my mental health to know there is a human being taking the time to write to me, especially when I was not a people person before prison.”

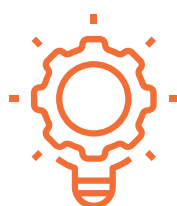


Our new strategy will outline key areas we want to focus on, including:



Reach

Increasing the number of people in prison we reach with our service, and scaling up our community of volunteers.



Innovation

Exploring new ways of working and delivering, finding new efficiencies to allow us to spend more time supporting our growing number of beneficiaries and volunteers.



Sustainability

Diversifying our income, and securing new, long-term partnerships to deliver our work.



Excellence

Seeking out new ways of measuring the impact of our work, so that we can ensure we are providing the best service possible to people in prison, and the best support possible to our volunteers.



Diversity & Inclusion

Recruiting volunteers from even more diverse backgrounds to better represent our prisoner population; ensuring we are reaching all people in prison who can benefit from our service.

Our Supporters

We couldn't exist to impact lives in the way that we do without the generous financial donations of our supporters.

Last year we were grateful to receive donations of over £1,000 from the following:

- 1772 Charity
- 29th May 1961 Charitable Trust
- Albert Hunt Trust
- B Pilling
- Charles Irving Charitable Trust
- Christopher Rowbotham Charitable Trust
- City & Metropolitan Welfare Charity
- Constance Travis Charitable Trust
- Enterprise Holdings Foundation
- G M Morrison Charitable Trust
- Jessie Spencer Trust
- Leigh Trust
- Lord Faringdon Charitable Trust
- Michael & Shirley Hunt Charitable Trust
- Noel Buxton Trust
- Oak Trust
- Oakdale Trust
- Peter Stebbings Memorial Charity
- R Truefitt
- S Stead Ellis
- Sir James Reckitt Charity Trust
- Sir James Roll Charitable Trust
- T Pakenham
- William A Cadbury Charitable Trust
- Worshipful Company of Basketmakers
- Zochonis Charitable Trust

We are keen to build further partnerships in 2022. If you are interested in supporting our work, please get in touch via info@newbridgefoundation.org.uk



“

I am very grateful to New Bridge for giving me the opportunity to run the London Marathon to raise funds to support the valuable work that so many volunteers undertake. I was able to spend time training and had hoped to complete the run in less than three and a half hours. The weather was kind, the support from spectators and volunteers was great, and I completed the distance in 3:18. I was very pleased with the outcome and even more delighted to have raised in excess of £3300 for New Bridge

Matt”

Harp Littleby
Huntingdon
Perry

Dear New Bridge

Hello its from Harp Littleby.

I am writing this letter as I am almost leaving prison after four years inside, I am due for release Friday

I wanted to take the time to write to say a massive thank you for this service and the wonderful penpals that you provided.

I have enjoyed talking regularly to my penpal who has nothing to do with the prison, this has left me feeling like a human and not just another number. It has been a amazing support to me through some tough times, and I believe that my sentence would have been a lot harder without having my penpal(s), so a massive thank you

Also a massive thank you to the staff at New Bridge office who has ~~not~~ worked extremely hard through out covid issue and this service is a massive help to so many, I have often recommend new bridge to others whom have no-one to talk to and its made a difference to them aswell.

Please keep running this service for those in need, and finally once again a massive thank you and hopefully I wont need your services again in the future as your service has let me grow and change for the better.

many Thanks for your time and once again a massive thank you to everyone

“ No visitors or people to talk to, was feeling down frustrated, lonely and isolated. Meeting my volunteer and exchanging mail has exceeded expectations and made me feel life is worth continuing with ”



© Prisonimage.org

“ I have been able to clarify my thoughts and challenge myself as well, with these discussions and I really get a positive experience from each letter and our visit. I enjoy both styles of letter, the more day-to-day and the deeper discussions ”



info@newbridgefoundation.org.uk

www.newbridgefoundation.org.uk

020 8671 3856

New Bridge Foundation, 1a Elm Park, London SW2 2TX

New Bridge Foundation, 1a Elm Park, London SW2 2TX
Registered Company No: 5048063 Registered Charity No: 1103511

REGISTERED COMPANY NUMBER: 05048063
REGISTERED CHARITY NUMBER: 1103511

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31st December 2021
for
The New Bridge Foundation

Grant Harrod Lerman Davis LLP
Chartered Accountants
1st Floor
Healthaid House
Marlborough Hill
Harrow
Middlesex
HA1 1UD

**Contents of the Financial Statements
for the year ended 31st December 2021**

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Notes to the Financial Statements	9

The New Bridge Foundation
Report of the Trustees
for the year ended 31st December 2021

The trustees who were also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 December 2021. The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities.

OBJECTIVES AND ACTIVITIES

Objectives and aims

The New Bridge Foundation is a charity which supports people in prison. The object of the charity as set out in the company's memorandum of association is to promote and support the education, befriending and resettlement of people in prison and ex-offenders.

Our aim is to support prisoners while they are in prison to build a connection to the outside world. We believe that this helps to aid reintegration and reduce offending.

PUBLIC BENEFIT

Our core activity is the provision of a befriending service to people serving prison sentences. We recruit dedicated volunteers and offer comprehensive training before matching them with a prisoner. Prisoners and their befrienders exchange letters, building a trusting, non-judgemental relationship. Befrienders and their prisoners can also connect via telephone calls, and befrienders often attend prisons to visit their prisoner. We believe that contact with the outside world prepares prisoners for release. We refer to the guidance contained in the Charity Commission's general guidance on public benefit and will review our activities against the public benefit in our future planning.

New Bridge's service is unique in that our befrienders stay matched with the same prisoner as they are moved around the prison estate. This continuity helps to build a deeper and more trusting relationship, at a time when prisoners are experiencing a large amount of change and disruption to routines.

The befrienders who volunteer for New Bridge can often be the only source of social connection or emotional support for prisoners who are no longer in contact with family or friends.

Our befriending service is open to applications from any prisoner in England and Wales.

ACHIEVEMENT AND PERFORMANCE

Achievements and performance

Despite the continuing impact of Covid-19 during the course of 2021, we maintained our support for our beneficiaries. Having developed new ways of selecting and training volunteers remotely, we were able to grow our number of befrienders by 13%.

2021 saw a huge increase in demand for our service, with prisoner applications 52% higher than in 2020. Over the course of the year we were in contact with 1,107 prisoners. 779 of these were matched with a volunteer befriender for all or part of the year.

Impact

Every year we ask prisoners to complete an evaluation form to report on the service we provide and the impact it has had on them. One of these prisoners reported: "the sense of isolation and abandonment I felt, and continue to feel, was mitigated by regular letters from the outside. At present we have reverted to COVID stage 4, and coping once again with 23hr lockdown in our cells. As well as regular, fulsome, and jam-packed letters, my volunteer also sends me postcards and emails. This connection with the "real" world provides a life-line, a tenuous touch of normality in what is fast becoming isolation chambers of misery in UK jails".

Our performance this year is a direct result of the hard work and dedication of our small staff team, and our large community of volunteers, whom we take this opportunity to celebrate. We also saw the retirement this year of Alistair Smith, after a long and distinguished tenure as Treasurer, and express our gratitude for all of his insight and guidance during his time with New Bridge. In addition, our CEO Judith Smith retired at the end of the year, after 5 years leading the organisation (including through the impact of Covid-19) and she leaves with our thanks for her work and our best wishes for the future.

The New Bridge Foundation
Report of the Trustees
for the year ended 31st December 2021

FINANCIAL REVIEW

Reserves policy

The trustees established a policy whereby the unrestricted funds not committed or invested in tangible fixed assets ("the free reserves") held by the charity should be equal to a minimum of six months average expenditure.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006 and incorporated in 2004.

Risk management

The charity regularly reviews its risk, in line with Charity guidance.

Recruitment and appointment of new trustees

Trustees have a range of experience in criminal justice and business. New trustees are appointed through an open advertising campaign highlighting the need for people with certain skills to oversee the charity. Trustees are sent the Charity Commission's Essential Trustee Guide, the Articles of Association, most recent annual report and befriending service evaluation. Induction includes briefing sessions from the Chair about the obligations of trustees and how the board operates, an overview of finances from the Treasurer and briefings from the Chief Executive and staff team. Trustees are encouraged to participate in a training course for volunteers and to attend a regional group meeting to understand how New Bridge operates.

Organisational structure

The New Bridge Foundation has a board of nine members who meet four times a year and are responsible for the strategic direction and policy of the charity. Day to day responsibility for the charity rests with the Chief Executive and provision of befriending and management of the volunteers is led by the Director of Befriending supported by the Befriending Administrator. The Administration Manager is responsible for regular fundraising and for financial and business systems.

Related parties

New Bridge has a wholly owned subsidiary company Inside Time Ltd which produces the newspaper. The Treasurer and another New Bridge trustee are members of the Inside Time Board of Directors.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

05048063 (Not specified/Other)

Registered Charity number

1103511

Registered office

1A Elm Park
London
SW2 2TX

The New Bridge Foundation
Report of the Trustees
for the year ended 31st December 2021

Trustees

Dr Peter John Bennett
Faye Dyke
Dr Lynne Garne
Roger Hill (resigned 20.4.2021)
Susan Ellen Nicholas MBE
John Patrick O'Reilly
Mr Alistair Henry Ellis Smith Honorary Treasurer (resigned 19.10.2021)
Sara Zalin
Helen Boothman Chair
Anna Parley (appointed 19.10.2021)
Aillie Rennie (appointed 19.10.2021)
John Scampion (appointed 19.10.2021) (resigned 30.1.2022)

Patron

HRH Princess Alexandra, The Hon Lady Ogilvy, KG GCVO

President

Sir Joseph Pilling KCB

Vice Presidents

Reverend Jonathan Aitken
Professor David Wilson

Chief Executive

Judith Smith MBE - resigned 31.01.22
Dr Lucy Ball - appointed 28.02.22

Company Secretary

Donna Frances King

Independent Examiner

Grant Harrod Lerman Davis LLP
Chartered Accountants
1st Floor
Healthaid House
Marlborough Hill
Harrow
Middlesex
HA1 1UD

Solicitors

Bates Wells
10 Queen Street Place
London
EC4R 1BE

The New Bridge Foundation
Report of the Trustees
for the year ended 31st December 2021

REFERENCE AND ADMINISTRATIVE DETAILS

Bankers

Barclays Bank PLC
5 High Road
Willesden Green
London NW10 2TE

CAF Bank Ltd
25 Kings Hill Avenue
Kings Hill
West Malling
Kent ME19 4JQ

HSBC
210 High Holborn
London WC1V 7HD

Approved by order of the board of trustees on 19/4/22 and signed on its behalf by:



.....
Helen Boothman - Trustee

**Independent Examiner's Report to the Trustees of
The New Bridge Foundation**

Independent examiner's report to the trustees of The New Bridge Foundation ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31st December 2021.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Jeremy Harrod FCCA
Chartered Certified Accountant
Grant Harrod Lerman Davis LLP
Chartered Accountants
1st Floor
Healthaid House
Marlborough Hill
Harrow
Middlesex
HA1 1UD

Date: 19/4/22

The New Bridge Foundation

**Statement of Financial Activities
for the year ended 31st December 2021**

	Notes	Unrestricted fund £	Restricted funds £	2021 Total funds £	2020 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		146,055	-	146,055	346,760
Investment income	2	9,501	-	9,501	8,515
Other income		25,222	-	25,222	16,267
Total		<u>180,778</u>	<u>-</u>	<u>180,778</u>	<u>371,542</u>
EXPENDITURE ON					
Raising funds		30,698	-	30,698	41,627
Charitable activities					
Befriending		148,786	-	148,786	147,017
Special Events		-	-	-	444
Administration costs		31,445	-	31,445	30,766
Total		<u>210,929</u>	<u>-</u>	<u>210,929</u>	<u>219,854</u>
NET INCOME/(EXPENDITURE)		<u>(30,151)</u>	<u>-</u>	<u>(30,151)</u>	<u>151,688</u>
RECONCILIATION OF FUNDS					
Total funds brought forward		529,171	-	529,171	377,483
TOTAL FUNDS CARRIED FORWARD		<u><u>499,020</u></u>	<u><u>-</u></u>	<u><u>499,020</u></u>	<u><u>529,171</u></u>

The notes form part of these financial statements

The New Bridge Foundation

**Balance Sheet
31st December 2021**

	Notes	Unrestricted fund £	Restricted funds £	2021 Total funds £	2020 Total funds £
FIXED ASSETS					
Investments	9	410,205	-	410,205	284,983
CURRENT ASSETS					
Debtors	10	4,764	-	4,764	25,000
Cash at bank		89,896	-	89,896	225,679
		<u>94,660</u>	<u>-</u>	<u>94,660</u>	<u>250,679</u>
CREDITORS					
Amounts falling due within one year	11	(5,845)	-	(5,845)	(6,491)
		<u>88,815</u>	<u>-</u>	<u>88,815</u>	<u>244,188</u>
NET CURRENT ASSETS					
		<u>88,815</u>	<u>-</u>	<u>88,815</u>	<u>244,188</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>499,020</u>	<u>-</u>	<u>499,020</u>	<u>529,171</u>
NET ASSETS					
		<u>499,020</u>	<u>-</u>	<u>499,020</u>	<u>529,171</u>
FUNDS	12				
Unrestricted funds				<u>499,020</u>	<u>529,171</u>
TOTAL FUNDS				<u>499,020</u>	<u>529,171</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st December 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st December 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The New Bridge Foundation

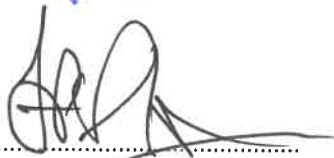
Balance Sheet - continued
31st December 2021

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 19/1/22 and were signed on its behalf by:



.....
Helen Boothman - Trustee



.....
John Patrick O'Reilly - Trustee

The New Bridge Foundation

Notes to the Financial Statements for the year ended 31st December 2021

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention, with the exception of investments which are included at market value, as modified by the revaluation of certain assets.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Allocation and apportionment of costs

Support costs are based on a percentage of the actual costs incurred, calculated on a staff time basis.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 25% on cost
-----------------------	---------------

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Volunteers

In accordance with SORP 2005, the contribution of volunteers is not recognised in the Financial Statements, as the value of their contribution cannot be reasonably quantified in financial terms. An exception may be made where a donor provides services as part of their trade or profession and where the charity would otherwise have had to purchase those services externally. In these cases, if material, those donated services would be valued at the open market value to the charity.

The New Bridge Foundation

**Notes to the Financial Statements - continued
for the year ended 31st December 2021**

2. INVESTMENT INCOME

	2021	2020
	£	£
Other investment income	<u>9,501</u>	<u>8,515</u>

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31st December 2021 nor for the year ended 31st December 2020.

Trustees' expenses

Trustees were reimbursed travel expenses during the year amounting to £0.00

4. STAFF COSTS

	2021	2020
	£	£
Wages and salaries	132,754	130,741
Social security costs	<u>9,230</u>	<u>13,464</u>
	<u>141,984</u>	<u>144,205</u>

The average monthly number of employees during the year was as follows:

	2021	2020
Direct charitable work	4	3
Administration	<u>1</u>	<u>1</u>
	<u>5</u>	<u>4</u>

No employees received emoluments in excess of £60,000.

No staff member received a salary of more than £60,000.

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	346,760	-	346,760
Investment income	8,515	-	8,515
Other income	<u>16,267</u>	<u>-</u>	<u>16,267</u>
Total	371,542	-	371,542
 EXPENDITURE ON			
Raising funds	41,627	-	41,627
 Charitable activities			
Befriending	147,017	-	147,017
Special Events	444	-	444
Administration costs	<u>30,766</u>	<u>-</u>	<u>30,766</u>

The New Bridge Foundation

**Notes to the Financial Statements - continued
for the year ended 31st December 2021**

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted fund £	Restricted funds £	Total funds £
Total	219,854	-	219,854
NET INCOME	151,688	-	151,688

RECONCILIATION OF FUNDS

Total funds brought forward	377,483	-	377,483
TOTAL FUNDS CARRIED FORWARD	529,171	-	529,171

6. FIXED ASSET INVESTMENTS

	Shares in group undertakings £
COST	—
NET BOOK VALUE	
At 31 December 2021	—
At 31 December 2020	—

There were no investment assets outside the UK.

The company's investments at the balance sheet date include the following:

Inside Time Limited

Nature of business: Publishing of newspapers for prisoners

Inside Time Limited (a fully owned subsidiary) is a company limited by guarantee and does not have any share capital.

	2019 £	2018 £
Aggregate capital and reserves	64,229	58,523
Surplus for the year	5,706	3,503

The New Bridge Foundation

**Notes to the Financial Statements - continued
for the year ended 31st December 2021**

7. INDEPENDENT EXAMINATION FEE

The Independent Examination Fee for the year is £1,920.

8. TANGIBLE FIXED ASSETS

Fixtures
and
fittings
£

COST

At 1st January 2021 and
31st December 2021

3,025

DEPRECIATION

At 1st January 2021 and
31st December 2021

3,025

NET BOOK VALUE

At 31st December 2021

-

At 31st December 2020

-

9. FIXED ASSET INVESTMENTS

Unlisted
investments
£

MARKET VALUE

At 1st January 2021

284,983

Additions

100,000

Revaluations

25,222

At 31st December 2021

410,205

NET BOOK VALUE

At 31st December 2021

410,205

At 31st December 2020

284,983

There were no investment assets outside the UK.

Cost or valuation at 31st December 2021 is represented by:

Unlisted
investments
£

Valuation in 2019

18,716

Valuation in 2020

16,267

Valuation in 2021

25,222

Cost

350,000

410,205

The company's investments at the balance sheet date in the share capital of companies include the following:

The New Bridge Foundation

**Notes to the Financial Statements - continued
for the year ended 31st December 2021**

9. FIXED ASSET INVESTMENTS - continued

Inside Time Limited

Registered office:

Nature of business: Publishing of newspapers for prisoners

Class of share:	%
Ordinary	holding 100

Inside Time Limited is a fully owned subsidiary of The New Bridge Foundation, is a company limited by guarantee and does not have any share capital.

10. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021	2020
	£	£
Amounts owed by group undertakings	-	25,000
Other debtors	200	-
Prepayments and accrued income	4,564	-
	<u>4,764</u>	<u>25,000</u>

11. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021	2020
	£	£
Trade creditors	396	1,391
Other creditors	3,529	3,330
Accruals and deferred income	1,920	1,770
	<u>5,845</u>	<u>6,491</u>

12. MOVEMENT IN FUNDS

	At 1.1.21	Net movement in funds	At 31.12.21
	£	£	£
Unrestricted funds			
General fund	529,171	(30,151)	499,020
	<u>529,171</u>	<u>(30,151)</u>	<u>499,020</u>
TOTAL FUNDS	<u>529,171</u>	<u>(30,151)</u>	<u>499,020</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	180,778	(210,929)	(30,151)
	<u>180,778</u>	<u>(210,929)</u>	<u>(30,151)</u>
TOTAL FUNDS	<u>180,778</u>	<u>(210,929)</u>	<u>(30,151)</u>

The New Bridge Foundation

**Notes to the Financial Statements - continued
for the year ended 31st December 2021**

12. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.1.20 £	Net movement in funds £	At 31.12.20 £
Unrestricted funds			
General fund	377,483	151,688	529,171
TOTAL FUNDS	<u>377,483</u>	<u>151,688</u>	<u>529,171</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	371,542	(219,854)	151,688
TOTAL FUNDS	<u>371,542</u>	<u>(219,854)</u>	<u>151,688</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.1.20 £	Net movement in funds £	At 31.12.21 £
Unrestricted funds			
General fund	377,483	121,537	499,020
TOTAL FUNDS	<u>377,483</u>	<u>121,537</u>	<u>499,020</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	552,320	(430,783)	121,537
TOTAL FUNDS	<u>552,320</u>	<u>(430,783)</u>	<u>121,537</u>

The above funds were restricted as follows:

Befriending: The Peter Stebbings Memorial Charity

The New Bridge Foundation

Notes to the Financial Statements - continued for the year ended 31st December 2021

12. MOVEMENT IN FUNDS - continued

The core activity of New Bridge Foundation is Befriending People in prison, many of whom have lost contact with family and friends. Volunteers are trained in this role and are expected to write to and visit their befriendees for the rest of the custodial portion of their sentence.

13. RELATED PARTY DISCLOSURES

During the year the Charity received a donation from its subsidiary, Inside Time Limited, amounting to £Nil (2020 - £25,000).

14. LIABILITY OF MEMBERS

The company is constituted as a company limited by guarantee. In the event of the charity being wound up members are required to contribute an amount not exceeding £1.

REGISTERED COMPANY NUMBER: 05048063
REGISTERED CHARITY NUMBER: 1103511

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31st December 2021
for
The New Bridge Foundation

Grant Harrod Lerman Davis LLP
Chartered Accountants
1st Floor
Healthaid House
Marlborough Hill
Harrow
Middlesex
HA1 1UD

**Contents of the Financial Statements
for the year ended 31st December 2021**

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Independent Examiner's Report	5
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Notes to the Financial Statements	9

The New Bridge Foundation
Report of the Trustees
for the year ended 31st December 2021

The trustees who were also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 December 2021. The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities.

OBJECTIVES AND ACTIVITIES

Objectives and aims

The New Bridge Foundation is a charity which supports people in prison. The object of the charity as set out in the company's memorandum of association is to promote and support the education, befriending and resettlement of people in prison and ex-offenders.

Our aim is to support prisoners while they are in prison to build a connection to the outside world. We believe that this helps to aid reintegration and reduce offending.

PUBLIC BENEFIT

Our core activity is the provision of a befriending service to people serving prison sentences. We recruit dedicated volunteers and offer comprehensive training before matching them with a prisoner. Prisoners and their befrienders exchange letters, building a trusting, non-judgemental relationship. Befrienders and their prisoners can also connect via telephone calls, and befrienders often attend prisons to visit their prisoner. We believe that contact with the outside world prepares prisoners for release. We refer to the guidance contained in the Charity Commission's general guidance on public benefit and will review our activities against the public benefit in our future planning.

New Bridge's service is unique in that our befrienders stay matched with the same prisoner as they are moved around the prison estate. This continuity helps to build a deeper and more trusting relationship, at a time when prisoners are experiencing a large amount of change and disruption to routines.

The befrienders who volunteer for New Bridge can often be the only source of social connection or emotional support for prisoners who are no longer in contact with family or friends.

Our befriending service is open to applications from any prisoner in England and Wales.

ACHIEVEMENT AND PERFORMANCE

Achievements and performance

Despite the continuing impact of Covid-19 during the course of 2021, we maintained our support for our beneficiaries. Having developed new ways of selecting and training volunteers remotely, we were able to grow our number of befrienders by 13%.

2021 saw a huge increase in demand for our service, with prisoner applications 52% higher than in 2020. Over the course of the year we were in contact with 1,107 prisoners. 779 of these were matched with a volunteer befriender for all or part of the year.

Impact

Every year we ask prisoners to complete an evaluation form to report on the service we provide and the impact it has had on them. One of these prisoners reported: "the sense of isolation and abandonment I felt, and continue to feel, was mitigated by regular letters from the outside. At present we have reverted to COVID stage 4, and coping once again with 23hr lockdown in our cells. As well as regular, fulsome, and jam-packed letters, my volunteer also sends me postcards and emails. This connection with the "real" world provides a life-line, a tenuous touch of normality in what is fast becoming isolation chambers of misery in UK jails".

Our performance this year is a direct result of the hard work and dedication of our small staff team, and our large community of volunteers, whom we take this opportunity to celebrate. We also saw the retirement this year of Alistair Smith, after a long and distinguished tenure as Treasurer, and express our gratitude for all of his insight and guidance during his time with New Bridge. In addition, our CEO Judith Smith retired at the end of the year, after 5 years leading the organisation (including through the impact of Covid-19) and she leaves with our thanks for her work and our best wishes for the future.

The New Bridge Foundation
Report of the Trustees
for the year ended 31st December 2021

FINANCIAL REVIEW

Reserves policy

The trustees established a policy whereby the unrestricted funds not committed or invested in tangible fixed assets ("the free reserves") held by the charity should be equal to a minimum of six months average expenditure.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006 and incorporated in 2004.

Risk management

The charity regularly reviews its risk, in line with Charity guidance.

Recruitment and appointment of new trustees

Trustees have a range of experience in criminal justice and business. New trustees are appointed through an open advertising campaign highlighting the need for people with certain skills to oversee the charity. Trustees are sent the Charity Commission's Essential Trustee Guide, the Articles of Association, most recent annual report and befriending service evaluation. Induction includes briefing sessions from the Chair about the obligations of trustees and how the board operates, an overview of finances from the Treasurer and briefings from the Chief Executive and staff team. Trustees are encouraged to participate in a training course for volunteers and to attend a regional group meeting to understand how New Bridge operates.

Organisational structure

The New Bridge Foundation has a board of nine members who meet four times a year and are responsible for the strategic direction and policy of the charity. Day to day responsibility for the charity rests with the Chief Executive and provision of befriending and management of the volunteers is led by the Director of Befriending supported by the Befriending Administrator. The Administration Manager is responsible for regular fundraising and for financial and business systems.

Related parties

New Bridge has a wholly owned subsidiary company Inside Time Ltd which produces the newspaper. The Treasurer and another New Bridge trustee are members of the Inside Time Board of Directors.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

05048063 (Not specified/Other)

Registered Charity number

1103511

Registered office

1A Elm Park
London
SW2 2TX

The New Bridge Foundation
Report of the Trustees
for the year ended 31st December 2021

Trustees

Dr Peter John Bennett
Faye Dyke
Dr Lynne Garne
Roger Hill (resigned 20.4.2021)
Susan Ellen Nicholas MBE
John Patrick O'Reilly
Mr Alistair Henry Ellis Smith Honorary Treasurer (resigned 19.10.2021)
Sara Zalin
Helen Boothman Chair
Anna Parley (appointed 19.10.2021)
Aillie Rennie (appointed 19.10.2021)
John Scampion (appointed 19.10.2021) (resigned 30.1.2022)

Patron

HRH Princess Alexandra, The Hon Lady Ogilvy, KG GCVO

President

Sir Joseph Pilling KCB

Vice Presidents

Reverend Jonathan Aitken
Professor David Wilson

Chief Executive

Judith Smith MBE - resigned 31.01.22
Dr Lucy Ball - appointed 28.02.22

Company Secretary

Donna Frances King

Independent Examiner

Grant Harrod Lerman Davis LLP
Chartered Accountants
1st Floor
Healthaid House
Marlborough Hill
Harrow
Middlesex
HA1 1UD

Solicitors

Bates Wells
10 Queen Street Place
London
EC4R 1BE

The New Bridge Foundation
Report of the Trustees
for the year ended 31st December 2021

REFERENCE AND ADMINISTRATIVE DETAILS

Bankers

Barclays Bank PLC
5 High Road
Willesden Green
London NW10 2TE

CAF Bank Ltd
25 Kings Hill Avenue
Kings Hill
West Malling
Kent ME19 4JQ

HSBC
210 High Holborn
London WC1V 7HD

Approved by order of the board of trustees on 19/4/22 and signed on its behalf by:



.....
Helen Boothman - Trustee

**Independent Examiner's Report to the Trustees of
The New Bridge Foundation**

Independent examiner's report to the trustees of The New Bridge Foundation ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31st December 2021.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Jeremy Harrod FCCA
Chartered Certified Accountant
Grant Harrod Lerman Davis LLP
Chartered Accountants
1st Floor
Healthaid House
Marlborough Hill
Harrow
Middlesex
HA1 1UD

Date: 19/4/22

The New Bridge Foundation

**Statement of Financial Activities
for the year ended 31st December 2021**

	Notes	Unrestricted fund £	Restricted funds £	2021 Total funds £	2020 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		146,055	-	146,055	346,760
Investment income	2	9,501	-	9,501	8,515
Other income		25,222	-	25,222	16,267
Total		<u>180,778</u>	<u>-</u>	<u>180,778</u>	<u>371,542</u>
EXPENDITURE ON					
Raising funds		30,698	-	30,698	41,627
Charitable activities					
Befriending		148,786	-	148,786	147,017
Special Events		-	-	-	444
Administration costs		31,445	-	31,445	30,766
Total		<u>210,929</u>	<u>-</u>	<u>210,929</u>	<u>219,854</u>
NET INCOME/(EXPENDITURE)		<u>(30,151)</u>	<u>-</u>	<u>(30,151)</u>	<u>151,688</u>
RECONCILIATION OF FUNDS					
Total funds brought forward		529,171	-	529,171	377,483
TOTAL FUNDS CARRIED FORWARD		<u><u>499,020</u></u>	<u><u>-</u></u>	<u><u>499,020</u></u>	<u><u>529,171</u></u>

The notes form part of these financial statements

The New Bridge Foundation

**Balance Sheet
31st December 2021**

	Notes	Unrestricted fund £	Restricted funds £	2021 Total funds £	2020 Total funds £
FIXED ASSETS					
Investments	9	410,205	-	410,205	284,983
CURRENT ASSETS					
Debtors	10	4,764	-	4,764	25,000
Cash at bank		89,896	-	89,896	225,679
		<u>94,660</u>	<u>-</u>	<u>94,660</u>	<u>250,679</u>
CREDITORS					
Amounts falling due within one year	11	(5,845)	-	(5,845)	(6,491)
		<u>88,815</u>	<u>-</u>	<u>88,815</u>	<u>244,188</u>
NET CURRENT ASSETS					
		<u>88,815</u>	<u>-</u>	<u>88,815</u>	<u>244,188</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>499,020</u>	<u>-</u>	<u>499,020</u>	<u>529,171</u>
NET ASSETS					
		<u>499,020</u>	<u>-</u>	<u>499,020</u>	<u>529,171</u>
FUNDS	12				
Unrestricted funds				<u>499,020</u>	<u>529,171</u>
TOTAL FUNDS				<u>499,020</u>	<u>529,171</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st December 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st December 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The New Bridge Foundation

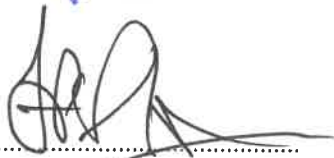
Balance Sheet - continued
31st December 2021

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 19/1/22 and were signed on its behalf by:



.....
Helen Boothman - Trustee



.....
John Patrick O'Reilly - Trustee

The New Bridge Foundation

Notes to the Financial Statements for the year ended 31st December 2021

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention, with the exception of investments which are included at market value, as modified by the revaluation of certain assets.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Allocation and apportionment of costs

Support costs are based on a percentage of the actual costs incurred, calculated on a staff time basis.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 25% on cost
-----------------------	---------------

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Volunteers

In accordance with SORP 2005, the contribution of volunteers is not recognised in the Financial Statements, as the value of their contribution cannot be reasonably quantified in financial terms. An exception may be made where a donor provides services as part of their trade or profession and where the charity would otherwise have had to purchase those services externally. In these cases, if material, those donated services would be valued at the open market value to the charity.

The New Bridge Foundation

**Notes to the Financial Statements - continued
for the year ended 31st December 2021**

2. INVESTMENT INCOME

	2021	2020
	£	£
Other investment income	<u>9,501</u>	<u>8,515</u>

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31st December 2021 nor for the year ended 31st December 2020.

Trustees' expenses

Trustees were reimbursed travel expenses during the year amounting to £0.00

4. STAFF COSTS

	2021	2020
	£	£
Wages and salaries	132,754	130,741
Social security costs	<u>9,230</u>	<u>13,464</u>
	<u>141,984</u>	<u>144,205</u>

The average monthly number of employees during the year was as follows:

	2021	2020
Direct charitable work	4	3
Administration	<u>1</u>	<u>1</u>
	<u>5</u>	<u>4</u>

No employees received emoluments in excess of £60,000.

No staff member received a salary of more than £60,000.

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	346,760	-	346,760
Investment income	8,515	-	8,515
Other income	<u>16,267</u>	<u>-</u>	<u>16,267</u>
Total	371,542	-	371,542
 EXPENDITURE ON			
Raising funds	41,627	-	41,627
 Charitable activities			
Befriending	147,017	-	147,017
Special Events	444	-	444
Administration costs	<u>30,766</u>	<u>-</u>	<u>30,766</u>

The New Bridge Foundation

**Notes to the Financial Statements - continued
for the year ended 31st December 2021**

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted fund £	Restricted funds £	Total funds £
Total	219,854	-	219,854
NET INCOME	151,688	-	151,688

RECONCILIATION OF FUNDS

Total funds brought forward	377,483	-	377,483
TOTAL FUNDS CARRIED FORWARD	529,171	-	529,171

6. FIXED ASSET INVESTMENTS

	Shares in group undertakings £
COST	—
NET BOOK VALUE	
At 31 December 2021	—
At 31 December 2020	—

There were no investment assets outside the UK.

The company's investments at the balance sheet date include the following:

Inside Time Limited

Nature of business: Publishing of newspapers for prisoners

Inside Time Limited (a fully owned subsidiary) is a company limited by guarantee and does not have any share capital.

	2019 £	2018 £
Aggregate capital and reserves	64,229	58,523
Surplus for the year	5,706	3,503

The New Bridge Foundation

**Notes to the Financial Statements - continued
for the year ended 31st December 2021**

7. INDEPENDENT EXAMINATION FEE

The Independent Examination Fee for the year is £1,920.

8. TANGIBLE FIXED ASSETS

Fixtures
and
fittings
£

COST

At 1st January 2021 and
31st December 2021

3,025

DEPRECIATION

At 1st January 2021 and
31st December 2021

3,025

NET BOOK VALUE

At 31st December 2021

-

At 31st December 2020

-

9. FIXED ASSET INVESTMENTS

Unlisted
investments
£

MARKET VALUE

At 1st January 2021

284,983

Additions

100,000

Revaluations

25,222

At 31st December 2021

410,205

NET BOOK VALUE

At 31st December 2021

410,205

At 31st December 2020

284,983

There were no investment assets outside the UK.

Cost or valuation at 31st December 2021 is represented by:

Unlisted
investments
£

Valuation in 2019

18,716

Valuation in 2020

16,267

Valuation in 2021

25,222

Cost

350,000

410,205

The company's investments at the balance sheet date in the share capital of companies include the following:

The New Bridge Foundation

**Notes to the Financial Statements - continued
for the year ended 31st December 2021**

9. FIXED ASSET INVESTMENTS - continued

Inside Time Limited

Registered office:

Nature of business: Publishing of newspapers for prisoners

Class of share:	%
Ordinary	holding 100

Inside Time Limited is a fully owned subsidiary of The New Bridge Foundation, is a company limited by guarantee and does not have any share capital.

10. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021	2020
	£	£
Amounts owed by group undertakings	-	25,000
Other debtors	200	-
Prepayments and accrued income	4,564	-
	<u>4,764</u>	<u>25,000</u>

11. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021	2020
	£	£
Trade creditors	396	1,391
Other creditors	3,529	3,330
Accruals and deferred income	1,920	1,770
	<u>5,845</u>	<u>6,491</u>

12. MOVEMENT IN FUNDS

	At 1.1.21	Net movement in funds	At 31.12.21
	£	£	£
Unrestricted funds			
General fund	529,171	(30,151)	499,020
	<u>529,171</u>	<u>(30,151)</u>	<u>499,020</u>
TOTAL FUNDS	<u>529,171</u>	<u>(30,151)</u>	<u>499,020</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	180,778	(210,929)	(30,151)
	<u>180,778</u>	<u>(210,929)</u>	<u>(30,151)</u>
TOTAL FUNDS	<u>180,778</u>	<u>(210,929)</u>	<u>(30,151)</u>

The New Bridge Foundation

**Notes to the Financial Statements - continued
for the year ended 31st December 2021**

12. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.1.20 £	Net movement in funds £	At 31.12.20 £
Unrestricted funds			
General fund	377,483	151,688	529,171
TOTAL FUNDS	<u>377,483</u>	<u>151,688</u>	<u>529,171</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	371,542	(219,854)	151,688
TOTAL FUNDS	<u>371,542</u>	<u>(219,854)</u>	<u>151,688</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.1.20 £	Net movement in funds £	At 31.12.21 £
Unrestricted funds			
General fund	377,483	121,537	499,020
TOTAL FUNDS	<u>377,483</u>	<u>121,537</u>	<u>499,020</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	552,320	(430,783)	121,537
TOTAL FUNDS	<u>552,320</u>	<u>(430,783)</u>	<u>121,537</u>

The above funds were restricted as follows:

Befriending: The Peter Stebbings Memorial Charity

The New Bridge Foundation

Notes to the Financial Statements - continued for the year ended 31st December 2021

12. MOVEMENT IN FUNDS - continued

The core activity of New Bridge Foundation is Befriending People in prison, many of whom have lost contact with family and friends. Volunteers are trained in this role and are expected to write to and visit their befriendees for the rest of the custodial portion of their sentence.

13. RELATED PARTY DISCLOSURES

During the year the Charity received a donation from its subsidiary, Inside Time Limited, amounting to £Nil (2020 - £25,000).

14. LIABILITY OF MEMBERS

The company is constituted as a company limited by guarantee. In the event of the charity being wound up members are required to contribute an amount not exceeding £1.

Accounts



Annual Report 2020

1,058
People in
Prison



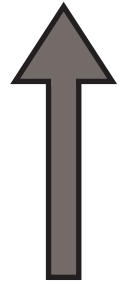
9%

304
Volunteers

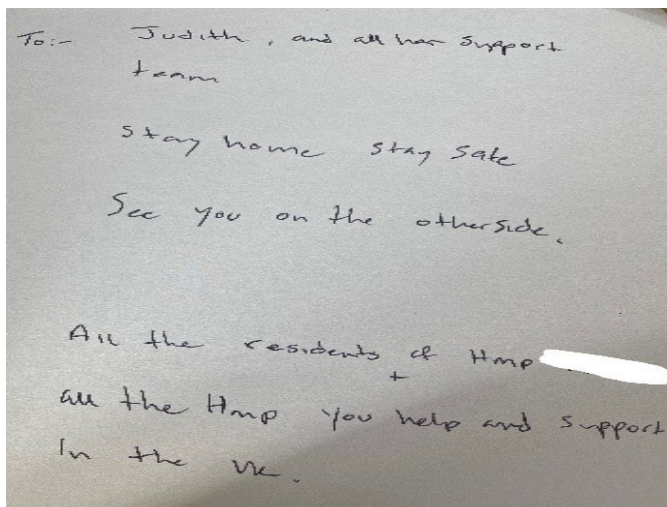


10%

12,908
letters
& email



24%



Chair's report



Lock down, self isolating, loneliness, Words that have crept into our everyday parlance during the past year but we could still get out or open a window to breathe fresh air when we chose, pick up the phone, learn how to Zoom to keep in touch with loved ones. As a prisoner life has been very different.

I cannot imagine what it would have felt like to be in prison during this past year, from the fear of being a sitting target for the fast spreading virus, to the 23 hour lock downs and limited association time, no visits and the frustrations of limited timed phone calls. A dark place to be indeed.

New Bridge volunteers have helped shine a light by offering their time to keep in touch with those prisoners who request a befriender. Please read just a few of the comments which highlight the impact this can have, offering hope that you are remembered, and that someone cares enough to write to you, speak or visit you. Making you feel less lonely.

As this has been my first year as Chair for New Bridge, I have been amazed at the number of volunteers who have come forward, all ages, from different walks of life – all with the same objective of wishing to help another human being. I would like to acknowledge and pay personal tribute to all the volunteers, new and long serving, for what they give. Sometimes we never know the impact we can have on another person's life but by reading just a few of the comments I hope all the New Bridge volunteers can feel immensely proud of the role they play.

For Judith and the staff at New Bridge, work felt a very dark place at the start of the pandemic, just maintaining a core 'business as usual' felt like a challenge. With determination and drive in the knowledge that one letter can make a difference, new ways of working were created and implemented. Bringing forward some much-needed investment in the technology to support these new ways of working mean that New Bridge is now in a better position to help train more volunteers to support more prisoners. A huge thank you to the staff, supported by the Trustees for all the hard work helping lay these foundations to light the 'road map' to a future where more volunteers are able to befriend more prisoners and our vocabulary focuses on 'hope', 'belief', 'caring'.

None of this could happen without our supporters.

I would like to thank warmly the individual who remembered New Bridge in their will and many people and trusts for their gifts large and small in 2020. Each gift was vital for our work. The past year has underscored the need for befriending prisoners. Please stick with us in 2021 and beyond.

Helen Boothman

Chief Executive Report



New Bridge is proud of its achievements in this strangest of years, boosting the number of our volunteer befrienders and reaching more people in prison than ever before.

Lockdown in prison has a resonance that we cannot comprehend. Letters became even more important as a connection to the people inside, to keep the candle of hope burning and to show compassion and care. So we mobilised supporters, friends, trustees to join with our volunteers and write lots of letters and cards, sending poems, pictures and puzzles. The response from prisoners was enthusiastic. And the sheer number of letters and emails exchanged was amazing.

Whilst there were very few visits, telephone befriending grew until 70 people in prison were regularly ringing their volunteer by the end of the year. Befriending is about human connections and we kept our network of volunteers connected online. Monthly support groups continued so that volunteers could share experience or questions about befriending prisoners. Two more support groups were started.

Being in the room has always been fundamental to New Bridge's training weekend for new volunteers. Two days to absorb information, techniques and tips, meet other volunteers and especially to gain some insight about life inside from listening to the experience of an ex-offender who has been befriended by New Bridge. Not straightforward to combine all of those elements into an online approach. But we did it and we had run six courses by the end of the year. Additional support measures were put in place for new volunteers so they could articulate points in private which might have been daunting on screen.

Interest in becoming a New Bridge befriender has grown, perhaps reflecting the surge in volunteering over the past year. We always need more volunteers because we always have a waiting list of people in prison. If you have ever wondered about becoming a befriender yourself or you know someone who might, please apply.

Let the people we befriend tell you the story of **New Bridge & me in 2020**. Around 50% of them responded to a survey about why they applied to New Bridge, their experience of befriending and what support they received during this year especially.

Here is their story.

Judith Smith

"Dear Sue, Sara, Colin, Judith. Thank you for all your correspondence (letter, notices, cards, pictures), i want you all to know i'm grateful and even that is an understatement. The service is amazing-it means the world"
L, HMP Wakefield.

new bridge

- I applied because I wanted someone to talk to as I do not have anyone on the outside and I wanted to feel normal by receiving a letter. It has made me feel like a normal person.
- I wanted to talk to and make friends with someone different who did not judge me on my past.
- Some level of non-judgemental discourse with someone who is not part of the prison service. This has been achieved.
- As I have no living family and no friends, I desperately need some one to write to, to help me keep sane and up to date with the world. It has been a great help to me and long may it last.
- I suffer from social anxiety and find it difficult to make friends. I hoped that New Bridge would help me manage this, which it has, and has far exceeded my expectations.
- To start building relationships, friendships with adults; to not be ashamed of myself for what I have done; to build self-confidence up; to chat to someone so I do not feel lonely or alone.
- To have a connection with someone outside as I do not receive letters or visits from anyone else. I have never looked back. It is the best thing I could have done - a simple letter can be a real lifeline.
- I hoped to get a friend and to be productive in my prison time by preparing myself, by talking to sociable individuals so that I have more confidence. To be able to talk to sociable people when I hope fully get released, as well as improving my writing and reading.
- I needed something to prove that I still existed. I have found the exchange of letters, which I see as a conversation, interesting, supportive and less isolated.
- I wanted a friend, a pen friend, someone of good character and trustworthy.
- I heard it reduces reoffending, so I thought I would give it a go. My befriender is really understanding and compassionate and does not judge me for my offence.

..... & me

- One of the best things about New Bridge is that they do not just palm you off with a random person. You are given someone with similar interests so that gives you plenty to talk about and debate. I have been in prison for 5 years and still have many years before my first parole. My befriender has been a blessing for me; times are really tough now and like most people around the world, I have recently lost family and friends from Covid.
- When I first came to prison I did not even know what to expect because it is my first time. My befriender believes in me, gives me hope, so the way I think is more positive.
- I have become a better person and helped me stop self-harming.
- I do not get so hot headed as I used to when I was on the outside. I have learned to talk to other people about my issues.
- I am a lot more empathetic towards others and mindful about their feelings. I know I am not in this alone.
- I used to try to commit suicide on a regular basis but my befriender helped to stop this by caring and thinking about me.
- I have always been aware that, for me, isolation breeds isolation. When I spend any length of time away from positive social interactions, I tend to close myself off and isolate myself further, often leading to depression. Letters from my befriender help fight this tendency.
- My befriender has helped me with my attitudes towards life. It has changed so much because I never thought I could trust.
- It helped me realise that I am valued and cared about, by another human, who knows about my past and no judgement felt!
- Over the past 18 years, I have had fantastic bendifenders who have always been there for me.
- I am not single minded anymore. If I had a crossroads in life, I now know there is more than one way to tackle the obstacle, such as asking for help.
- Since the 23 hours lock-up came into effect I have been waiting for letters like a dog waiting for a toy. When they arrive I get very excited and read them several times before replying. The letters truly are a lifeline that I cherish and the support I receive through them has given me a much more positive outlook on my future post prison.

.....in 2020

- Covid-19 has affected my life. No work, too much lock-up, can not self-cook, lack of gym. Thank God I have New Bridge to help me get through it.
- I was in hospital in June. I was really ill. On returning to prison the first letter I received was from my befriender. We had never spoken before but he cared. Confidence comes when you are cared for.
- I used to self-isolate, but my befriender helped me to try and get out of bed and use my time wisely.
- Struggle more but cope in a better way.
- The phone service although I was really nervous.
- I have been the subject of much name-calling and bullying whilst in lock down, yet I tend not to suffer too much otherwise. My befriender helps with this too.
- Gives hope that things change, and the country and this situation will change, by talking through issues it helps resolve them in my mind.
- As a transgender woman, I have gained confidence especially through the pandemic and this has been bolstered by the external support I have received from my volunteer.
- Being written to by someone outside who is also experiencing the isolation of a lock-down and the downside of life, whilst also demonstrating the benefits of positivity and hope.
- Sending me the occasional letters from other staff at New Bridge and still remembering me at Christmas (this meant a lot!)
- The newsletter that you sent from time-to-time helps.
- I receive birthday and Christmas cards from New Bridge which is nice. Even before I had a dedicated befriender I received a letter from New Bridge.
- Being able to phone them once a week. They have sent me pictures, puzzles etc. - it has been a true lifeline.
- It has helped me to be realistic when I was starting to feel despondent. It has helped me to stay positive.

After release from prison

Jamie & Ben from the New Bridge podcast

Jamie: I just felt so happy that someone going about their daily life would sit down at some point in the day and write to me. He didn't know me from Adam. All he knew was what was on that referral form and what I was in prison for. So still to write, it gave me hope. Now Ben has been a constant in my life for 5 ½ years. I haven't had any drink, any drugs. I couldn't go 5 ½ days without getting arrested when I was younger. I have my own place and I have my own painting and decorating thing going on.

Ben: To see someone come out of prison with all those labels, with all those stigma and then go on to lead professional working lives and fulfil themselves. Yes, it's lovely. It's absolutely lovely. I really, really think that what New Bridge does is so important.

Jamie contributes his experience to training courses for prospective volunteers and Ben continues as a befriender and group chair.

**I had burned all my bridges. All family ties ruined.
I have spent years in prison for violence and many other crimes.
My New Bridge volunteer was a constant positive in a very negative life and a new bridge was formed by her consistent support throughout my sentences and post release. I, in turn, have befriended someone in prison and I now help train prospective volunteers to befriend prisoners.**

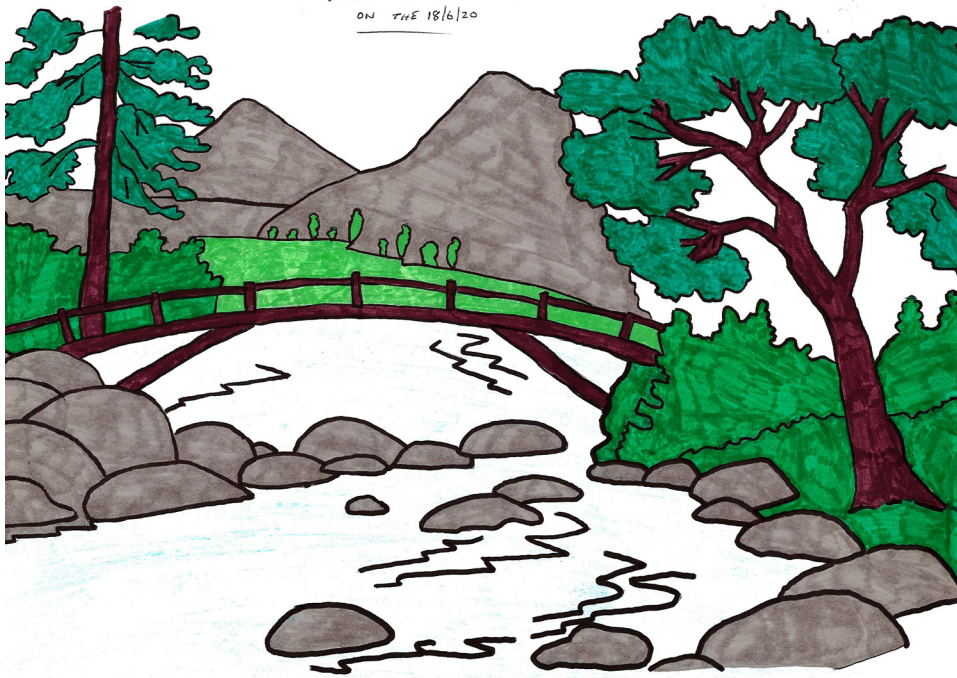
Alex Hayden 2018

Alex sadly died in 2020. He made a huge contribution to New Bridge and is much missed. His influence will live on in the work of New Bridge, and we will never forget him or his warmth, humour and friendship.



"He was a real inspiration and a testament to how befriending can change lives" – volunteer following Alex's last training event with New Bridge

DRAWN BY Paddy
ON THE 18/6/20



"Thank you for all that you guys do in making my time in here more comfortable to deal with. I know I can speak for others as well who have received letters and cards from you. It was a truly lovely surprise for me and very nice of you" G, HMP Swaleside
04/05/20

"Hi Faye, Many thanks for your recent letter about Black History Month and the Black Lives Matter movement – I found it really interesting reading. I keep in regular touch with my befriender and we have a laugh whenever we write to each other. Thank you and everybody at New Bridge for your splendid work" B,HMP Long Lartin

New Bridge

1a Elm Park
London SW2 2TX

T: 020 8671 3856

E: info@newbridgefoundation.org.uk

W: www.newbridgefoundation.org.uk



@new_bridge



www.facebook.com/Newbridgefoundation

The New Bridge Foundation
A company limited by guarantee in England
Registered Company No: 5048063
Registered Charity No: 1103511

REGISTERED COMPANY NUMBER: 05048063
REGISTERED CHARITY NUMBER: 1103511

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 December 2020
for
The New Bridge Foundation

Grant Harrod Lerman Davis LLP
Chartered Accountants
1st Floor
Healthaid House
Marlborough Hill
Harrow
Middlesex
HA1 1UD

The New Bridge Foundation

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for the year ended 31 December 2020**

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The New Bridge Foundation

Report of the Trustees for the year ended 31 December 2020

The trustees who were also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 December 2020. The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities.

OBJECTIVES AND ACTIVITIES

Objectives and aims

The New Bridge Foundation is a charity which supports people in prison. The object of the charity as set out in the company's memorandum of association is to promote and support the education, befriending and resettlement of people in prison and ex-offenders.

The Charity's aim is to befriend offenders in prison and provide a bridge between the prison and re-integration into the community.

Befriending is delivered by volunteers.

Ensuring our work delivers our aim

In 2020 the trustees endeavoured to concentrate on building the capacity of its core befriending service but charity's response to the Covid 19 pandemic meant that trustees had to support different ways of working and different ways of communicating with both volunteers and people in prison

Focus of our work

The focus of the Charity's work and its core activity is:

To provide a befriending service through letter writing and visiting to people in prison - however from March 23rd 2020 all visits were stopped by the Prison Service and so we refocussed on letters, emails and phone befriending.

PUBLIC BENEFIT

How our activities deliver public benefit

By befriending people in prison New Bridge volunteers help them to reconnect with the world outside. Befrienders write letters to and visit or have phone calls with their befriendees and keep in contact wherever they may be moved to. Volunteers provide emotional support for those they befriend who are isolated and lack the support of family and friends. Their role becomes all the more crucial given the fact that research shows that maintaining ties with family and friends is important for ensuring successful resettlement and that the risk of reoffending is higher for people who do not receive visits.

Inside Time, the free newspaper which gives voice to people in prison, prints 60,000 copies a month which are distributed to prisons, detention centres and secure hospitals across the UK. It is a channel for promoting New Bridge's befriending service.

Who used and benefited from our services

Anyone detained in any prison in England and Wales who wants a befriender can write to New Bridge and ask for one. Some approach us at the suggestions of their chaplains or staff in their prison. In 2020 New Bridge was in contact with 1,058 people in prison. Of these, 776 were befriended by a volunteer for the whole or part of the year. This is an overall increase of 16% on the financial year 2019.

Examining impact

To examine the impact of our work both people we befriend, and our volunteers are asked to complete surveys. We report the impact that New Bridge's service has on them and we use the results to inform and improve the service we offer.

The New Bridge Foundation

Report of the Trustees for the year ended 31 December 2020

FINANCIAL REVIEW

Reserves policy

The trustees established a policy whereby the unrestricted funds not committed or invested in tangible fixed assets ("the free reserves") held by the charity should be equal to a minimum of six months average expenditure. Trustees decided to use the return on investment from legacies received for core expenditure and have committed to setting aside funds received of £160,154 in the last quarter of 2020 and decisions about its distribution will be made during 2021.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006 and incorporated in 2004.

Recruitment and appointment of new trustees

Trustees have a range of experience in criminal justice and business. New trustees are identified through recommendation from trustees or others involved with New Bridge. The chairman recommends candidates to the board. Two of the trustees are New Bridge volunteers. Candidates are nominated by the volunteer groups.

Organisational structure

The New Bridge Foundation has a board of nine members who meet four times a year and are responsible for the strategic direction and policy of the charity. Day to day responsibility for the charity rests with the Chief Executive and provision of befriending and management of the volunteers is led by the Director of Befriending supported by the Befriending Administrator. The Administration Manager is responsible for regular fundraising and for financial and business systems.

Induction and training of new trustees

Trustees are sent the Charity Commissions 'guidebook', the Articles of Association, most recent annual report and befriending service evaluation. They are encouraged to log in to the volunteer and trustee sections of the website and join the approved member only facebook group. Induction includes briefing sessions from the chair about the obligations of trustees and how the board operates, an overview of finances from the Treasurer and briefings from the chief executive and staff team. Trustees are encouraged to participate in a training course for volunteers and to attend a regional group meeting to understand how New Bridge operates.

Related parties

New Bridge has a wholly owned subsidiary company Inside Time Ltd which produces the newspaper. The Treasurer and another New Bridge trustee are members of the Inside Time Board of Directors

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

05048063 (Not specified/Other)

Registered Charity number

1103511

Registered office

1A Elm Park
London
SW2 2TX

The New Bridge Foundation

**Report of the Trustees
for the year ended 31 December 2020**

Trustees

Dr Peter John Bennett
Faye Dyke
Dr Lynne Garne
Roger Hill
Susan Ellen Nicholas MBE
John Patrick O'Reilly
Sir Joseph Grant Pilling KCB Chairman (resigned 21.4.2020)
Mr Alistair Henry Ellis Smith Honorary Treasurer
Sara Zalin
Helen Boothman Chair (appointed 21.4.2020)

Patron

HRH Princess Alexandra, The Hon Lady Ogilvy, KG GCVO

President

Sir Joseph Pilling KCB

Vice Presidents

Reverend Jonathan Aitken
Professor David Wilson

Chief Executive

Judith Smith MBE

Company Secretary

Donna Frances King

Independent Examiner

Grant Harrod Lerman Davis LLP
Chartered Accountants
1st Floor
Healthaid House
Marlborough Hill
Harrow
Middlesex
HA1 1UD

Solicitors

Bates Wells
10 Queen Street Place
London
EC4R 1BE

The New Bridge Foundation

**Report of the Trustees
for the year ended 31 December 2020**

REFERENCE AND ADMINISTRATIVE DETAILS

Bankers

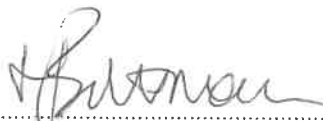
Barclays Bank PLC
5 High Road
Willesden Green
London NW10 2TE

CAF Bank Ltd
25 Kings Hill Avenue
Kings Hill
West Malling
Kent ME19 4JQ

HSBC
210 High Holborn
London WC1V 7HD

7/1/21

Approved by order of the board of trustees on and signed on its behalf by:



.....
Helen Boothman - Trustee

**Independent Examiner's Report to the Trustees of
The New Bridge Foundation**

Independent examiner's report to the trustees of The New Bridge Foundation ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 December 2020.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of Chartered Certified Accountant which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Jeremy Harrod FCCA
Chartered Certified Accountant
Grant Harrod Lerman Davis LLP
Chartered Accountants
1st Floor
Healthaid House
Marlborough Hill
Harrow
Middlesex
HA1 1UD

Date: 7/5/21

The New Bridge Foundation

**Statement of Financial Activities
for the year ended 31 December 2020**

	Notes	Unrestricted fund £	Restricted funds £	2020 Total funds £	2019 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		346,760	-	346,760	276,303
Investment income	2	8,515	-	8,515	5,243
Other income		16,267	-	16,267	18,716
Total		<u>371,542</u>	<u>-</u>	<u>371,542</u>	<u>300,262</u>
EXPENDITURE ON					
Raising funds		41,627	-	41,627	38,768
Charitable activities					
Befriending		147,017	-	147,017	151,627
Special Events		444	-	444	3,359
Administration costs		30,766	-	30,766	28,765
Total		<u>219,854</u>	<u>-</u>	<u>219,854</u>	<u>222,519</u>
NET INCOME		<u>151,688</u>	<u>-</u>	<u>151,688</u>	<u>77,743</u>
RECONCILIATION OF FUNDS					
Total funds brought forward		377,483	-	377,483	299,740
TOTAL FUNDS CARRIED FORWARD		<u><u>529,171</u></u>	<u><u>-</u></u>	<u><u>529,171</u></u>	<u><u>377,483</u></u>

The notes form part of these financial statements

The New Bridge Foundation

Balance Sheet 31 December 2020

	Notes	Unrestricted fund £	Restricted funds £	2020 Total funds £	2019 Total funds £
FIXED ASSETS					
Investments	9	284,983	-	284,983	268,716
CURRENT ASSETS					
Debtors	10	25,000	-	25,000	30,000
Cash at bank		225,679	-	225,679	85,832
		<u>250,679</u>	<u>-</u>	<u>250,679</u>	<u>115,832</u>
CREDITORS					
Amounts falling due within one year	11	(6,491)	-	(6,491)	(7,065)
NET CURRENT ASSETS		<u>244,188</u>	<u>-</u>	<u>244,188</u>	<u>108,767</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>529,171</u>	<u>-</u>	<u>529,171</u>	<u>377,483</u>
NET ASSETS		<u>529,171</u>	<u>-</u>	<u>529,171</u>	<u>377,483</u>
FUNDS	12				
Unrestricted funds				529,171	377,483
TOTAL FUNDS				<u>529,171</u>	<u>377,483</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2020.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2020 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

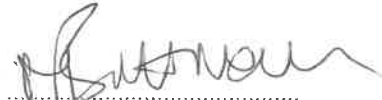
- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The New Bridge Foundation

**Balance Sheet - continued
31 December 2020**

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 7/1/21 and were signed on its behalf by:


Helen Boothman - Trustee


Mr Alistair Henry Ellis Smith - Trustee

The notes form part of these financial statements

**Notes to the Financial Statements
for the year ended 31 December 2020**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention, with the exception of investments which are included at market value, as modified by the revaluation of certain assets.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Allocation and apportionment of costs

Support costs are based on a percentage of the actual costs incurred, calculated on a staff time basis.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings - 25% on cost

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Volunteers

In accordance with SORP 2005, the contribution of volunteers is not recognised in the Financial Statements, as the value of their contribution cannot be reasonably quantified in financial terms. An exception may be made where a donor provides services as part of their trade or profession and where the charity would otherwise have had to purchase those services externally. In these cases, if material, those donated services would be valued at the open market value to the charity.

The New Bridge Foundation

Notes to the Financial Statements - continued for the year ended 31 December 2020

2. INVESTMENT INCOME

	2020	2019
	£	£
Deposit account interest	-	63
Other investment income	8,515	5,180
	<u>8,515</u>	<u>5,243</u>

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2020 nor for the year ended 31 December 2019.

Trustees' expenses

Trustees were reimbursed travel expenses during the year amounting to £0.00

4. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2020	2019
Direct charitable work	3	3
Administration	1	1
	<u>4</u>	<u>4</u>

No employees received emoluments in excess of £60,000.

No staff member received a salary of more than £60,000.

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	274,053	2,250	276,303
Investment income	5,243	-	5,243
Other income	18,716	-	18,716
Total	<u>298,012</u>	<u>2,250</u>	<u>300,262</u>
EXPENDITURE ON			
Raising funds	38,768	-	38,768
Charitable activities			
Befriending	151,627	-	151,627
Special Events	3,359	-	3,359
Administration costs	26,515	2,250	28,765
Total	<u>220,269</u>	<u>2,250</u>	<u>222,519</u>

Notes to the Financial Statements - continued
for the year ended 31 December 2020

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted fund £	Restricted funds £	Total funds £
NET INCOME	77,743	-	77,743

RECONCILIATION OF FUNDS

Total funds brought forward	299,740	-	299,740
TOTAL FUNDS CARRIED FORWARD	<u>377,483</u>	<u>-</u>	<u>377,483</u>

6. FIXED ASSET INVESTMENTS

	Shares in group undertakings £
COST	-
NET BOOK VALUE	
At 31 December 2019	-
At 31 December 2018	-

There were no investment assets outside the UK.

The company's investments at the balance sheet date include the following:

Inside Time Limited

Nature of business: Publishing of newspapers for prisoners

Inside Time Limited (a fully owned subsidiary) is a company limited by guarantee and does not have any share capital.

	2019 £	2018 £
Aggregate capital and reserves	64,229	58,523
Surplus for the year	5,706	3,503

The New Bridge Foundation

Notes to the Financial Statements - continued for the year ended 31 December 2020

7. INDEPENDENT EXAMINATION FEE

The Independent Examination Fee for the year is £1,920.

8. TANGIBLE FIXED ASSETS

	Fixtures and fittings £
COST	
At 1 January 2020 and 31 December 2020	3,025
DEPRECIATION	
At 1 January 2020 and 31 December 2020	3,025
NET BOOK VALUE	
At 31 December 2020	-
At 31 December 2019	-

9. FIXED ASSET INVESTMENTS

	Unlisted investments £
MARKET VALUE	
At 1 January 2020	268,716
Revaluations	16,267
At 31 December 2020	284,983
NET BOOK VALUE	
At 31 December 2020	284,983
At 31 December 2019	268,716

There were no investment assets outside the UK.

The company's investments at the balance sheet date in the share capital of companies include the following:

Inside Time Limited

Registered office:

Nature of business: Publishing of newspapers for prisoners

Class of share:	%
Ordinary	holding 100

Inside Time Limited is a fully owned subsidiary of The New Bridge Foundation, is a company limited by guarantee and does not have any share capital.

The New Bridge Foundation

**Notes to the Financial Statements - continued
for the year ended 31 December 2020**

10. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2020	2019
	£	£
Amounts owed by group undertakings	25,000	30,000
	<u>25,000</u>	<u>30,000</u>

11. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2020	2019
	£	£
Trade creditors	1,391	1,273
Other creditors	3,330	3,272
Accruals and deferred income	1,770	2,520
	<u>6,491</u>	<u>7,065</u>

12. MOVEMENT IN FUNDS

	At 1.1.20	Net movement in funds	At 31.12.20
	£	£	£
Unrestricted funds			
General fund	377,483	151,688	529,171
	<u>377,483</u>	<u>151,688</u>	<u>529,171</u>
TOTAL FUNDS	<u>377,483</u>	<u>151,688</u>	<u>529,171</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	371,542	(219,854)	151,688
	<u>371,542</u>	<u>(219,854)</u>	<u>151,688</u>
TOTAL FUNDS	<u>371,542</u>	<u>(219,854)</u>	<u>151,688</u>

Comparatives for movement in funds

	At 1.1.19	Net movement in funds	At 31.12.19
	£	£	£
Unrestricted funds			
General fund	299,740	77,743	377,483
	<u>299,740</u>	<u>77,743</u>	<u>377,483</u>
TOTAL FUNDS	<u>299,740</u>	<u>77,743</u>	<u>377,483</u>

The New Bridge Foundation

**Notes to the Financial Statements - continued
for the year ended 31 December 2020**

12. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	298,012	(220,269)	77,743
Restricted funds			
Monument Trust	2,250	(2,250)	-
TOTAL FUNDS	<u>300,262</u>	<u>(222,519)</u>	<u>77,743</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.1.19 £	Net movement in funds £	At 31.12.20 £
Unrestricted funds			
General fund	299,740	229,431	529,171
TOTAL FUNDS	<u>299,740</u>	<u>229,431</u>	<u>529,171</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	669,554	(440,123)	229,431
Restricted funds			
Monument Trust	2,250	(2,250)	-
TOTAL FUNDS	<u>671,804</u>	<u>(442,373)</u>	<u>229,431</u>

The above funds were restricted as follows:

Befriending: The Peter Stebbings Memorial Charity

The core activity of New Bridge Foundation is Befriending People in prison, many of whom have lost contact with family and friends. Volunteers are trained in this role and are expected to write to and visit their befriendeds for the rest of the custodial portion of their sentence.

The New Bridge Foundation

Notes to the Financial Statements - continued for the year ended 31 December 2020

13. RELATED PARTY DISCLOSURES

During the year the Charity received a donation from its subsidiary, Inside Time Limited, amounting to £25,000 (2019 - £30,000).

14. LIABILITY OF MEMBERS

The company is constituted as a company limited by guarantee. In the event of the charity being wound up members are required to contribute an amount not exceeding £1.

REGISTERED COMPANY NUMBER: 05048063
REGISTERED CHARITY NUMBER: 1103511

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 December 2020
for
The New Bridge Foundation

Grant Harrod Lerman Davis LLP
Chartered Accountants
1st Floor
Healthaid House
Marlborough Hill
Harrow
Middlesex
HA1 1UD

The New Bridge Foundation

**Contents of the Financial Statements
for the year ended 31 December 2020**

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Report of the Trustees	1
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The New Bridge Foundation

Report of the Trustees for the year ended 31 December 2020

The trustees who were also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 December 2020. The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities.

OBJECTIVES AND ACTIVITIES

Objectives and aims

The New Bridge Foundation is a charity which supports people in prison. The object of the charity as set out in the company's memorandum of association is to promote and support the education, befriending and resettlement of people in prison and ex-offenders.

The Charity's aim is to befriend offenders in prison and provide a bridge between the prison and re-integration into the community.

Befriending is delivered by volunteers.

Ensuring our work delivers our aim

In 2020 the trustees endeavoured to concentrate on building the capacity of its core befriending service but charity's response to the Covid 19 pandemic meant that trustees had to support different ways of working and different ways of communicating with both volunteers and people in prison

Focus of our work

The focus of the Charity's work and its core activity is:

To provide a befriending service through letter writing and visiting to people in prison - however from March 23rd 2020 all visits were stopped by the Prison Service and so we refocussed on letters, emails and phone befriending.

PUBLIC BENEFIT

How our activities deliver public benefit

By befriending people in prison New Bridge volunteers help them to reconnect with the world outside. Befrienders write letters to and visit or have phone calls with their befriendees and keep in contact wherever they may be moved to. Volunteers provide emotional support for those they befriend who are isolated and lack the support of family and friends. Their role becomes all the more crucial given the fact that research shows that maintaining ties with family and friends is important for ensuring successful resettlement and that the risk of reoffending is higher for people who do not receive visits.

Inside Time, the free newspaper which gives voice to people in prison, prints 60,000 copies a month which are distributed to prisons, detention centres and secure hospitals across the UK. It is a channel for promoting New Bridge's befriending service.

Who used and benefited from our services

Anyone detained in any prison in England and Wales who wants a befriender can write to New Bridge and ask for one. Some approach us at the suggestions of their chaplains or staff in their prison. In 2020 New Bridge was in contact with 1,058 people in prison. Of these, 776 were befriended by a volunteer for the whole or part of the year. This is an overall increase of 16% on the financial year 2019.

Examining impact

To examine the impact of our work both people we befriend, and our volunteers are asked to complete surveys. We report the impact that New Bridge's service has on them and we use the results to inform and improve the service we offer.

The New Bridge Foundation

Report of the Trustees for the year ended 31 December 2020

FINANCIAL REVIEW

Reserves policy

The trustees established a policy whereby the unrestricted funds not committed or invested in tangible fixed assets ("the free reserves") held by the charity should be equal to a minimum of six months average expenditure. Trustees decided to use the return on investment from legacies received for core expenditure and have committed to setting aside funds received of £160,154 in the last quarter of 2020 and decisions about its distribution will be made during 2021.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006 and incorporated in 2004.

Recruitment and appointment of new trustees

Trustees have a range of experience in criminal justice and business. New trustees are identified through recommendation from trustees or others involved with New Bridge. The chairman recommends candidates to the board. Two of the trustees are New Bridge volunteers. Candidates are nominated by the volunteer groups.

Organisational structure

The New Bridge Foundation has a board of nine members who meet four times a year and are responsible for the strategic direction and policy of the charity. Day to day responsibility for the charity rests with the Chief Executive and provision of befriending and management of the volunteers is led by the Director of Befriending supported by the Befriending Administrator. The Administration Manager is responsible for regular fundraising and for financial and business systems.

Induction and training of new trustees

Trustees are sent the Charity Commissions 'guidebook', the Articles of Association, most recent annual report and befriending service evaluation. They are encouraged to log in to the volunteer and trustee sections of the website and join the approved member only facebook group. Induction includes briefing sessions from the chair about the obligations of trustees and how the board operates, an overview of finances from the Treasurer and briefings from the chief executive and staff team. Trustees are encouraged to participate in a training course for volunteers and to attend a regional group meeting to understand how New Bridge operates.

Related parties

New Bridge has a wholly owned subsidiary company Inside Time Ltd which produces the newspaper. The Treasurer and another New Bridge trustee are members of the Inside Time Board of Directors

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

05048063 (Not specified/Other)

Registered Charity number

1103511

Registered office

1A Elm Park
London
SW2 2TX

The New Bridge Foundation

**Report of the Trustees
for the year ended 31 December 2020**

Trustees

Dr Peter John Bennett
Faye Dyke
Dr Lynne Garne
Roger Hill
Susan Ellen Nicholas MBE
John Patrick O'Reilly
Sir Joseph Grant Pilling KCB Chairman (resigned 21.4.2020)
Mr Alistair Henry Ellis Smith Honorary Treasurer
Sara Zalin
Helen Boothman Chair (appointed 21.4.2020)

Patron

HRH Princess Alexandra, The Hon Lady Ogilvy, KG GCVO

President

Sir Joseph Pilling KCB

Vice Presidents

Reverend Jonathan Aitken
Professor David Wilson

Chief Executive

Judith Smith MBE

Company Secretary

Donna Frances King

Independent Examiner

Grant Harrod Lerman Davis LLP
Chartered Accountants
1st Floor
Healthaid House
Marlborough Hill
Harrow
Middlesex
HA1 1UD

Solicitors

Bates Wells
10 Queen Street Place
London
EC4R 1BE

The New Bridge Foundation

**Report of the Trustees
for the year ended 31 December 2020**

REFERENCE AND ADMINISTRATIVE DETAILS

Bankers

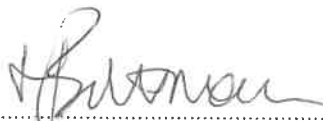
Barclays Bank PLC
5 High Road
Willesden Green
London NW10 2TE

CAF Bank Ltd
25 Kings Hill Avenue
Kings Hill
West Malling
Kent ME19 4JQ

HSBC
210 High Holborn
London WC1V 7HD

7/1/21

Approved by order of the board of trustees on and signed on its behalf by:



.....
Helen Boothman - Trustee

**Independent Examiner's Report to the Trustees of
The New Bridge Foundation**

Independent examiner's report to the trustees of The New Bridge Foundation ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 December 2020.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of Chartered Certified Accountant which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Jeremy Harrod FCCA
Chartered Certified Accountant
Grant Harrod Lerman Davis LLP
Chartered Accountants
1st Floor
Healthaid House
Marlborough Hill
Harrow
Middlesex
HA1 1UD

Date: 7/5/21

The New Bridge Foundation

**Statement of Financial Activities
for the year ended 31 December 2020**

	Notes	Unrestricted fund £	Restricted funds £	2020 Total funds £	2019 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		346,760	-	346,760	276,303
Investment income	2	8,515	-	8,515	5,243
Other income		16,267	-	16,267	18,716
Total		<u>371,542</u>	<u>-</u>	<u>371,542</u>	<u>300,262</u>
EXPENDITURE ON					
Raising funds		41,627	-	41,627	38,768
Charitable activities					
Befriending		147,017	-	147,017	151,627
Special Events		444	-	444	3,359
Administration costs		30,766	-	30,766	28,765
Total		<u>219,854</u>	<u>-</u>	<u>219,854</u>	<u>222,519</u>
NET INCOME		<u>151,688</u>	<u>-</u>	<u>151,688</u>	<u>77,743</u>
RECONCILIATION OF FUNDS					
Total funds brought forward		377,483	-	377,483	299,740
TOTAL FUNDS CARRIED FORWARD		<u><u>529,171</u></u>	<u><u>-</u></u>	<u><u>529,171</u></u>	<u><u>377,483</u></u>

The notes form part of these financial statements

The New Bridge Foundation

Balance Sheet 31 December 2020

	Notes	Unrestricted fund £	Restricted funds £	2020 Total funds £	2019 Total funds £
FIXED ASSETS					
Investments	9	284,983	-	284,983	268,716
CURRENT ASSETS					
Debtors	10	25,000	-	25,000	30,000
Cash at bank		225,679	-	225,679	85,832
		<u>250,679</u>	<u>-</u>	<u>250,679</u>	<u>115,832</u>
CREDITORS					
Amounts falling due within one year	11	(6,491)	-	(6,491)	(7,065)
NET CURRENT ASSETS		<u>244,188</u>	<u>-</u>	<u>244,188</u>	<u>108,767</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>529,171</u>	<u>-</u>	<u>529,171</u>	<u>377,483</u>
NET ASSETS		<u>529,171</u>	<u>-</u>	<u>529,171</u>	<u>377,483</u>
FUNDS	12				
Unrestricted funds				529,171	377,483
TOTAL FUNDS				<u>529,171</u>	<u>377,483</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2020.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2020 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

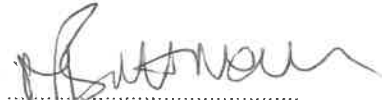
- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The New Bridge Foundation

Balance Sheet - continued
31 December 2020

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 7/1/21 and were signed on its behalf by:


.....
Helen Boothman - Trustee
.....
Mr Alistair Henry Ellis Smith - Trustee

The notes form part of these financial statements

**Notes to the Financial Statements
for the year ended 31 December 2020**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention, with the exception of investments which are included at market value, as modified by the revaluation of certain assets.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Allocation and apportionment of costs

Support costs are based on a percentage of the actual costs incurred, calculated on a staff time basis.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings - 25% on cost

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Volunteers

In accordance with SORP 2005, the contribution of volunteers is not recognised in the Financial Statements, as the value of their contribution cannot be reasonably quantified in financial terms. An exception may be made where a donor provides services as part of their trade or profession and where the charity would otherwise have had to purchase those services externally. In these cases, if material, those donated services would be valued at the open market value to the charity.

The New Bridge Foundation

Notes to the Financial Statements - continued for the year ended 31 December 2020

2. INVESTMENT INCOME

	2020	2019
	£	£
Deposit account interest	-	63
Other investment income	8,515	5,180
	<u>8,515</u>	<u>5,243</u>

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2020 nor for the year ended 31 December 2019.

Trustees' expenses

Trustees were reimbursed travel expenses during the year amounting to £0.00

4. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2020	2019
Direct charitable work	3	3
Administration	1	1
	<u>4</u>	<u>4</u>

No employees received emoluments in excess of £60,000.

No staff member received a salary of more than £60,000.

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	274,053	2,250	276,303
Investment income	5,243	-	5,243
Other income	18,716	-	18,716
Total	<u>298,012</u>	<u>2,250</u>	<u>300,262</u>
EXPENDITURE ON			
Raising funds	38,768	-	38,768
Charitable activities			
Befriending	151,627	-	151,627
Special Events	3,359	-	3,359
Administration costs	26,515	2,250	28,765
Total	<u>220,269</u>	<u>2,250</u>	<u>222,519</u>

Notes to the Financial Statements - continued
for the year ended 31 December 2020

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted fund	Restricted funds	Total funds
	£	£	£
NET INCOME	77,743	-	77,743

RECONCILIATION OF FUNDS

Total funds brought forward	299,740	-	299,740
TOTAL FUNDS CARRIED FORWARD	<u>377,483</u>	<u>-</u>	<u>377,483</u>

6. FIXED ASSET INVESTMENTS

	Shares in group undertakings £
COST	-
NET BOOK VALUE	
At 31 December 2019	-
At 31 December 2018	-

There were no investment assets outside the UK.

The company's investments at the balance sheet date include the following:

Inside Time Limited

Nature of business: Publishing of newspapers for prisoners

Inside Time Limited (a fully owned subsidiary) is a company limited by guarantee and does not have any share capital.

	2019 £	2018 £
Aggregate capital and reserves	64,229	58,523
Surplus for the year	5,706	3,503

The New Bridge Foundation

Notes to the Financial Statements - continued for the year ended 31 December 2020

7. INDEPENDENT EXAMINATION FEE

The Independent Examination Fee for the year is £1,920.

8. TANGIBLE FIXED ASSETS

	Fixtures and fittings £
COST	
At 1 January 2020 and 31 December 2020	3,025
DEPRECIATION	
At 1 January 2020 and 31 December 2020	3,025
NET BOOK VALUE	
At 31 December 2020	-
At 31 December 2019	-

9. FIXED ASSET INVESTMENTS

	Unlisted investments £
MARKET VALUE	
At 1 January 2020	268,716
Revaluations	16,267
At 31 December 2020	284,983
NET BOOK VALUE	
At 31 December 2020	284,983
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The company's investments at the balance sheet date in the share capital of companies include the following:

Inside Time Limited

Registered office:

Nature of business: Publishing of newspapers for prisoners

Class of share:	%
Ordinary	holding 100

Inside Time Limited is a fully owned subsidiary of The New Bridge Foundation, is a company limited by guarantee and does not have any share capital.

The New Bridge Foundation

**Notes to the Financial Statements - continued
for the year ended 31 December 2020**

10. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2020	2019
	£	£
Amounts owed by group undertakings	25,000	30,000
	<u>25,000</u>	<u>30,000</u>

11. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2020	2019
	£	£
Trade creditors	1,391	1,273
Other creditors	3,330	3,272
Accruals and deferred income	1,770	2,520
	<u>6,491</u>	<u>7,065</u>

12. MOVEMENT IN FUNDS

	At 1.1.20	Net movement in funds	At 31.12.20
	£	£	£
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General fund	377,483	151,688	529,171
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TOTAL FUNDS	<u>377,483</u>	<u>151,688</u>	<u>529,171</u>

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	Incoming resources	Resources expended	Movement in funds
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The New Bridge Foundation

**Notes to the Financial Statements - continued
for the year ended 31 December 2020**

12. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
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The above funds were restricted as follows:

Befriending: The Peter Stebbings Memorial Charity

The core activity of New Bridge Foundation is Befriending People in prison, many of whom have lost contact with family and friends. Volunteers are trained in this role and are expected to write to and visit their befriendees for the rest of the custodial portion of their sentence.

The New Bridge Foundation

Notes to the Financial Statements - continued for the year ended 31 December 2020

13. RELATED PARTY DISCLOSURES

During the year the Charity received a donation from its subsidiary, Inside Time Limited, amounting to £25,000 (2019 - £30,000).

14. LIABILITY OF MEMBERS

The company is constituted as a company limited by guarantee. In the event of the charity being wound up members are required to contribute an amount not exceeding £1.