

Report and Accounts

For year ended 31st March 2025

Company Reg. Number 4939758

Registered Charity Number 1103470





Our vision is a future where every relationship is actively valued, supported and promoted as the heart of a thriving society.

We will make this a reality by:

- Delivering inclusive, high-quality services that are relevant at every life stage.
- Help partners, families, and individuals to make relationships work better.
- Help the public and policymakers improve their understanding of relationships and their importance for a thriving society.

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Chairs' Report

The last year has seen some significant changes for us, following Relate UK entering administration in November 2024. This saddening news meant that our trustees, management team, staff and volunteers had to work exceptionally hard to maintain services and secure our future.

With a heritage going back almost 72 years, we know and value that relationships are the bedrock of a healthy and thriving Britain.

Therefore, after rebranding as Relationships Coventry and Warwickshire on the 1st April 2025, we continue to work at the heart of communities to deliver a wide range of services, thus supporting couples, families and children across our area.

As Relationships Coventry and Warwickshire, we continue to offer affordable counselling, mediation and other support for every kind of relationship, prioritising direct human connection between our highly skilled practitioners and our clients.

We continue to work in partnership with former Relate Centres and are excited to be part of a newly formed network, Relationships England & Wales. Like ourselves, branches that previously formed part of the Relate Federation. This enables us to strengthen our ability to serve our beneficiaries and meet the ever-evolving needs within wider communities. As an evolving organisation we will continue to seek out new partnerships and collaborations locally and nationally to enable us to deliver joined up services and support where required.

Whilst we recognise the year has been challenging due to the demise of Relate UK, we have seen a demand for face to face counselling has increased following a couple of years after the COVID pandemic and we now see over 80% of clients wanting to see a counsellor face to face. We are fortunate to have a welcoming and engaging environment to offer at our Coventry office.

The OPCC funding ended at 31st March 2025, which enabled us to offer increased capacity to men who are using harmful behaviours within their relationships. As this door closed with the funding we worked with RESPECT UK and have partnered with them to offer MAC (Make a Change) from September 2025. This will be a 3-year opportunity to work with men and women who wish to engage in a programme to reduce violence and abuse within their relationship.

Our Time for you service continues to be well received in the community. We have had success in being able to create and deliver male victim services with Anchor Point starting in August 2025.

We have worked extremely hard during the year to ensure that the local community can access our range of services, offering support to families who are on a low income and families feeling the pressure regarding the cost-of-living crisis. Our ethos is to ensure that every person can receive support irrespective of income. We are fortunate to have a diversity of contracts to deliver services to children and young people, adults and families across Coventry and Warwickshire, working as required with partner agencies.

Chairs' Report

During the year we have recruited new counsellors and domestic abuse practitioners and our workforce plan to recruit and train more relationship counsellors in the next 5 years is on schedule. We also continued to increase the breadth of knowledge and experience on the Trustee Board, recruiting new trustees to offer us the skills and knowledge to support our organisation.

I would like to take this opportunity to thank our funders for their support which has enabled our organisation to offer bursaries for clients to assist in covering the costs for those people who are unable to afford the full fee. We will continue into 2025 to reach as many people as possible in our local community who need our help and support. I am grateful to the trustees, management team, colleagues, and volunteers, our partnerships with local charities, Coventry City Council and Warwickshire County Council, who enable us to continue to provide services. We remain focused on providing timely, and cost-effective approaches to alleviate issues prevalent in modern society. As ever, the main asset of the Charity is our staff and volunteers, and I would like to thank them all for their hard work and continued commitment for the families in our community. I would also like to express my gratitude to my fellow trustees, management team, staff and volunteers for their support, dedication, and valued contributions over this year.

Best regards.

A handwritten signature in black ink, appearing to read 'M Monaghan'.

Mark Monaghan

Chair, Relationships Coventry & Warwickshire Coventry & Warwickshire

Report of the Trustees

1. Reference & Administrative Details of the Charity, its Trustees & Advisors

Registered Charity number:	1103470
Registered Number of Company:	04939758
Registered office:	1110A Elliott Court, Coventry Business Park, Herald Avenue, Coventry, CV5 6UB

Key personnel: Board members (Trustees of the charity)

M Monaghan – Chair	P J Robinson resigned 31.10.24
A A Davies	Dr R K Auluck
I K Dunn	J Ashby-Ellis
M F Mead	C R Robertson
Z Hussain	

Accountants Luckmans Duckett Parker Limited 1110 Elliott Court Coventry Business Park Herald Avenue Coventry CV5 6UB	Auditors Harrison Beale & Owen Seven Stars House 1 Wheler Road Coventry CV3 4LB
Bankers Barclays Bank Plc 25 High Street Coventry CV1 5RE	Solicitors Band Hatton Button Earlsdon Park 53-55 Butts Road Coventry CV1 3BH

Company Secretary	Tracy Murphy
Key management personnel	Tracy Murphy (Chief Executive Officer) Amanda Boothe Susan Parkes
Sub-committee members Finance & General Purposes Committee	Mark Monaghan (Chair) Mo Mead Tracy Murphy Colin Robertson Amanda Boothe

Report of the Trustees

2. Structure, Governance and Management

Legal and constitutional basis

Relationships Coventry & Warwickshire (RCW) is a charitable company limited by guarantee and is governed by its Articles of Association (2014) (formerly Relate Coventry & Warwickshire).

2.1 Executive Committee

The Executive Committee is the governing body of Relationships Coventry & Warwickshire.

The Committee meets quarterly. Its main responsibilities are listed below:

- i. To ensure compliance with the Charitable Objectives.
- ii. To formulate and agree policy and adopt policies and guidance appropriately from Relationships Coventry & Warwickshire Ltd.
- iii. To approve RCW's strategic and operational plans and the annual budget.
- iv. To direct and oversee the work of sub committees

2.2 Recruitment and appointment of new trustees

Trustees are recruited on a regular basis according to the need for skills and expertise within the team. We attend functions based in a variety of sectors and offer invitations to find out more about RCW. We ensure that Trustees reflect the diversity of clients within RCW and the Coventry & Warwickshire community.

Finance and Audit Committee

The responsibilities:

- i. To monitor the financial performance of the Centre on a regular basis.
- ii. To ensure the maintenance of property and to ensure that the Centre is in good working order.
- iii. To be strategic and advisory with respect to services delivered.

2.3 Chief Executive and Senior Management Team

The Chief Executive is responsible for the day-to-day management of the Charity's affairs and for implementing policies agreed by the Executive Committee. The Chief Executive is assisted by a team of senior managers who attend Executive Committee and Sub Committee meetings, as required, to offer advice in their area of expertise. Remuneration for personnel staff is reviewed each year, using a range of benchmarking tools, including ACEVO (Association for Chief Executives for Voluntary Organisation), local and regional comparisons which will influence decisions made about pay scales.

Report of the Trustees

2.4 Risk management

The Trustees are responsible for the management of the risks faced by the Charity. Detailed consideration of risks is delegated to the Finance Committee, which is assisted by senior members of staff. The strategic risks facing the organisation are those risks “owned” by the Charity’s trustees and are regularly reviewed by the Finance and Audit Committee. RCW’s project management framework helps senior management and trustees to monitor outcomes against strategic priorities. RCW’s Strategic Risk Register has identified the following as the key strategic risks it faces: Unwitting breaches of legislation, or compliance with, for example:

- i Equality and Diversity.
- ii Data Protection.
- iii Quality Standards which may lead to legal or other public action.
- iv Inadequate income and lack of ability to grow and generate diverse unrestricted income.

Not having the right people with the right skills, attitudes and behaviour to deliver the corporate strategy across the whole organisation. Risks are identified annually and reviewed on a quarterly basis. Significant changes are subsequently reported to the Finance and audit committee. RCW also manages specific projects, each of which have their own project risk register, which are regularly reviewed as part of the performance management within the organisation.

In addition to the specific risk management mechanism described above, a number of other key controls help trustees manage the major risks facing the charity:

- i. Formal agenda for trustee meetings
- ii. Detailed terms of reference for all sub committees
- iii. Comprehensive strategic planning, project management, budgeting and management accounting
- iv. Established organisational structure and lines of reporting
- v. Formal written policies
- vi. Hierarchical authorisation and approval levels

Through these key controls, the Trustees continue to strive to manage the major risks identified in the Charity’s risk register. It is recognised that systems can only provide reasonable but not absolute assurance that major risks have been adequately managed.

Good governance is an integral part of how we operate, and our compliance is reviewed regularly in our Finance and Audit committees and at the full board meetings. A key element is to ensure that we monitor performance against budgets and the opportunity to review and amend is acted upon. Our Risk Register is key in how the business element of our charity is monitored and risks are categorised and scored manage them appropriately and mitigate wherever possible. We understand and appreciate the importance of good governance, and this has a continual influence on the senior management team and the Board.

Report of the Trustees

Objectives & Activities

3. Charitable Objects

Relationships Coventry & Warwickshire has five charitable objects:

1. to educate the public concerning the benefits of secure couple relationships, marriage and family life in order to improve the emotional, sexual and spiritual well-being of individuals which is derived from committed relationships.
2. to seek to enhance the good health, both mental and physical, of adults and children by:
 - a. increasing public awareness of the benefit of committed couple relationships, marriage and family life
 - b. working to prevent poverty, hardship and distress caused by the breakdown of such relationships.
3. to provide counselling, advice, education, guidance and relief to adults and/or children in relation to any
 - a. aspect of contemporary life or work which:
 - b. may prejudice their physical or mental wellbeing; and
 - c. influence, either directly or indirectly, their present or future family or couple relationships.
4. to relieve those in need by reason of youth, age, ill-health, disability, financial hardship or other disadvantage.
5. to promote research into all of the above objects and to make the results available to the public.

Report of the Trustees

3.1 Relationships Coventry & Warwickshire's vision, mission and values

Our Vision

Thriving relationships in every part of life.

Our Mission

To provide accessible support in the ways people need it so everyone can enjoy thriving relationships.

Our Values

Accessibility	We believe in the possibility of every individual to have thriving relationships, irrespective of their background or identity.
Continuous improvement	We're committed to staying ahead of the curve, anticipating the evolving relationship and wellbeing needs of our communities, and continuously innovating. We ask questions, seek feedback, and adapt to ensure we remain significant and meaningful.
Excellence	With a foundation rooted in expert knowledge and deep skills, we measure our success by the tangible, transformative outcomes we achieve. Every initiative is undertaken with a commitment to excellence and making a lasting difference.
Safety	At the heart of our work lies a commitment to safeguarding every individual's well-being, dignity, and rights. We emphasise the paramount importance of consent, creating an environment where personal boundaries are respected and upheld.

3.2 Public benefit

We have referred to the guidance contained in Section 17 of the Charities Act 2011 to have due regard to public benefit published by the Charity Commission when reviewing our aims and objectives and in planning our future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set. The Trustees have had due regard to the Charity Commission's guidance on "Public Benefit."

3.3 Quality Assurance

RCW plans and delivers its business within its charitable objects, its vision and mission and in accordance with the requirements of its chosen quality assurance systems which is the "Trusted Charity" approach and is backed by the National Council of Voluntary Associations.

Report of the Trustees

Providing quality services and delivering excellent value for money remain key to the organisation's success and reputation. A priority for 2025 is to achieving BACP Accreditation, we will ensure we continue to offer a professional, safe and ethical service for the community we serve.

3.4 Our Strategy

Users	We will focus our efforts on the service sand support users want and need.
Relationships	We will build a society in which thriving relationships are seen as a foundational part of a happy life.
Partnerships	We will work in partnership with others to ensure we are able to provide people with the support that is more relevant to them I the ways they want it.
Diversify our income	We will have a more sustainable funding model by exploring new ways of bringing in income and strengthening those already providing successful, such as specialist services.
Verification and validation of our expertise	We will ensure we are always providing expert relationship and wellbeing support by drawing on our experience in clinical practice, research, and lived experienced and seeking independent validation where possible.
Culture and social responsibility	We will be relevant, curious and impactful provider of relationship and wellbeing support that champions equality, diversity and inclusion.

Report of the Trustees

3.5 Core Activities

In order to deliver our strategic goals, we offer six core activities:

Relationship Counselling – helping couples and individuals to resolve issues arising from their relationships. Our counsellors help people to discuss their feelings, attitudes and expectations and help with communication and problem solving. We aim to empower our clients by increasing their understanding, so that they can go on to make choices about how they manage their relationships.

Individual Counselling – supporting individuals with a range of issues, including separation, bereavement, family issues and low self-esteem.

Sex therapy – an assessment and treatment programme which enables our clients to address the physical, emotional and psychological issues associated with sex. As the only national provider of Sex therapy, we also work with people who have problems with their sex lives due to poor health or disability.

Children and young people's services – helps children and young people explore and develop coping strategies for issues such as family breakdown, bullying and peer relationships, bereavement, the formation of new families or the absence of a family member in their life. RCW is the largest UK provider of counselling support for children and young people with over 28 years' experience in this area.

Family counselling – to help family members in resolving difficulties and concerns in their relationships with one another. We support clients by increasing their understanding of each other's needs and by improving communication, both within the couple relationship and across generations.

Domestic Abuse – we will provide specialist support for children and young people who have witnessed and experienced domestic abuse, offering counselling and a psychoeducational programme for those aged 5 years and upwards.

We offer behaviour change programmes for adults who are using abusive behaviour in their relationships which will include one-to-one services and group-based programmes.

Education and learning – to provide people with the knowledge and skills needed for personal and professional development. We offer a wide range of workshops and courses for couples, individuals, parents and young people. This is a major part of our preventative work, to ensure that we are helping people to boost or maintain their relationship as opposed to just helping when things are declining or in crisis.

Report of the Trustees

Achievement & Performance

During 2024–2025 we delivered:

- 1738 hours of adult work (14% decrease) within our Centre, with 696 individuals registering for this service. Our service delivery hours remained consistent throughout the year at an average of around 62 adult appointments per week. 81% of sessions were delivered face-to-face, with 18% delivered via webcam, and the ARC services held an average waiting time of approximately 3 weeks steadily throughout the year.
- We registered 76 new individuals to our services within GP surgeries within Coventry (20% increase), offering approximately 564 individual appointments this year. Once again, each quarter saw an improvement on average Post-Service PHQ9 (depression scale) and GAD7 (anxiety scale) scores following counselling, with PHQ9 pre-scores averaging at 14.3, and reducing to an average of 7.2 at the end of counselling and GAD7 scores with a pre-average of 13.2 to a post-average of 7.2.
- Our **Time for You in schools** service worked in 29 schools across Coventry & Warwickshire, delivering around 4000 appointments to students throughout the year, seeing over 250 students per term, with an average attendance rate of 88%.
- **Planning Together for Children (PTFC)** continued with its successful provision on behalf of CAFCASS in partnership with Action for Children. We saw a 16% increase (555) in parents completing both stage 1 (E-Learning) and Stage 2 (half day group), compared with last years 476. We are working in partnership with Action for Children and cover an area that includes Devon, and Dorset and as far south as the Isle of Wight. The focus is for separated or divorced parents or carers who are in need of support with issues around co-parenting.
- The **Reach/Rise Projects** received 198 referrals (55% decrease) due to the Reach project ending during this period. We delivered 1,048 individual sessions across Coventry & Warwickshire. A 2% increase on last year's delivery with an average attendance rate of 73%.
- The **Choose to Change** Perpetrator programme accepted 45 new referrals (4% increase on last year) and delivered 106 one-to-one appointments in addition to 134 group intervention sessions. Group attendance this year averaged at 75% (decrease of 8%), however with the final quarter Jan-Mar 2025 seeing a stronger group engagement at 86% attendance.
- The **WISH and WISH Sanctuary Projects** received 297 new referrals this year (18% decrease), delivering 2098 appointments across Coventry to children and young people who have been impacted by Domestic Abuse and/or violence in their household. This is an increase (7%) in appointment delivery for the 3rd consecutive year.
- We continue to offer 3 appointments per week at **Dudley Lodge** - offering counselling to couples and/or individuals who are currently undergoing Family Support Assessments.
- Our **mediation** provision has increased with 2 new mediators commencing delivery following the in-house training for staff, with the intention of expanding. We delivered 31 MIAMs and 27 ongoing 'joint' sessions and hope to see further increases to referrals and delivery in 2025–2026.

In summary, each week we provided (on average) 350 hours of counselling a week to couples, individuals, families, children, and young people at our centres and in the community-based locations.

Report of the Trustees

4. Children and Young People's Services

Our focus throughout the year has been to ensure that we continue to offer the best possible service for our children and young people, which accounts for 63% of our income. We have seen an increase in the number of children reporting self-harm and have worked closely with our partners such as CAMH's and Coventry and Warwickshire Mind to ensure the best possible support is offered.

4.1 Time for You Schools

Our school-based service, worked in 29 schools across Coventry & Warwickshire, offering 3800 appointments throughout the year, with an average attendance rate of 86%. The service provides a safe space for children to gain support from one of our qualified, experienced counsellors. Feedback from children, parents and teachers has been overwhelmingly positive throughout the year.

- **93%** of students who accessed T4U said they would recommend our counselling services.
- **92%** of children and young people said that counselling was a good way to deal with their worries/problems.
- **96%** of students felt they had a positive and trusting relationship with their counsellors.
- **92%** of students said they felt counselling was helpful and 96% were happy with the service they received.
- **82%** of parents felt the waiting time for their child to access the services in school was Good.
- **91%** of parents felt their child had benefitted from the service and 73% felt more enabled to support their children with their wellbeing needs.

Comments and testimonials:

"My daughter really liked it and really enjoyed going to see the counsellor talks about her a lot. That is unusual for her to build a trusting relationship that quickly with someone."

"Counselling has been amazing for me and now I can deal with my emotions a lot better than before."

"Helped all the family as result of improvement."

"I really enjoyed my time at counselling and learning tricks to deal with my bully. It helped me improve my self-esteem."

"My counselling experience has helped me have a better view on how to deal with emotion in a better way."

"I am really happy with the service. It has helped improved my behaviour and relationships at home."

Report of the Trustees

4.2 REACH/RISE Children and Young people's Community Service

This project offers specialist counselling for Children and Young People across Coventry & Warwickshire, working with children with a range of issues including dealing with separation, bullying and bereavement.

- **68%** said they felt their appointments were offered at convenient times
- CYPs who completed both Pre and Post forms improved their SDQ scores post counselling, with average scores reducing to 15.79 at end of service from 21.74 pre-service.
- **87%** of children and young people said they felt 'counselling was very helpful/helpful'
- **93%** children and young people said they would recommend our counselling services
- **93%** of children and young people said they felt their relationships with other people had improved since attending counselling

Comments and testimonials:

"My counsellor was very supportive and really helped me develop my emotions, she was really kind and always understood what I was going through."
Young Person

"Thank you for your support helping my daughter through her mental health, Really appreciate the support the counsellor has given and provided"
Parent

"I think that counselling is a really good way to get some help and talk to people." Young Person

"It helped me to feel like there's lots of way to cope what ever I'm struggling with and that if I have the right set I'll be able to get up and do things more often."

"It gave me actual strategies for dealing with my problems in the moment and it helped me understand my feelings a bit better." Young Person

4.3 WISH/WISH Sanctuary Projects

This is a specialist domestic abuse service for children and young people who have witnessed or experienced domestic abuse. The funding is received through Coventry City Council and our partner agencies, women's aide Coventry Haven and Panahghar working together to deliver this service for Coventry. During the year we have received 361 new referrals this year and delivered 1951 appointments. This is an 11% increase in delivery for the 2nd consecutive year.

Report of the Trustees

Comments and testimonials:

"I really enjoyed having a safe space where I could make things to help me use when I'm in need, and have advice and the calm space for mindfulness."

"Helped me and my daughter. We came for help for her but it's helped us all as a family and I understand her much more now."

"It stopped me from self-harming and worrying about problems and overthinking."

"100% helped my relationships because now I've got friends. This was 100% great! My counsellor was very good and so nice, Rated 5 stars, A+ !"

"I don't know how to word it, but I just know it's helped me deal with my problems and feel better about myself."

5. Adult Services

5.1 Relationship counselling/Family counselling

Our adult service offers face-to-face, telephone and webcam appointments across Coventry & Warwickshire. Our bursary scheme is well utilised by clients who cannot afford the full cost enabling them to receive the support they need. King Henry VIII has once again supported us in supporting those clients living in a specific area within Warwickshire.

Coventry City Council and NHS Coventry & Rugby CCG have enabled us to offer a much-needed bursary scheme to those residents in Coventry who require financial support to access the service. The trustees are committed to ensuring that every single person who requires our services can access counselling irrespective of their financial circumstances. The bursary will continue in the future and increased fundraising activities will enable funds to support our clients.

We provided 1738 hours of adult work, 696 individuals registered for this service. 81% of sessions were delivered face-to-face, we continue to offer a choice of online or face to face.

Our GP services offered 564 individual appointments this year with the importance of measuring mental health, monitoring showed an improvement on average Post-Service PHQ9 (depression scale) and GAD7 (anxiety scale) scores following counselling, with PHQ9 pre-scores averaging at 13.4, and reducing to an average of 7.5 at the end of counselling and GAD7 scores with a pre-average of 12.6 to a post-average of 6.4.

Report of the Trustees

- **88%** of clients felt that staff were friendly and approachable.
- **72%** of clients said their relationships improved having attended counselling.
- **86%** of clients felt the counselling they received had been helpful
- **81%** felt the service had helped with their emotions and wellbeing.
- **81%** of clients said they felt more confident about their situations and better able to cope with difficulties in future.
- **95%** of clients said questions and queries were managed well and to their satisfaction by the appointments team
- **86%** of clients said they would return to Relate in future if any problems arose again (an increase of 16%)
- **88%** of clients said they would recommend Relate to others having difficulties (and increase of 8%)

Comments and testimonials:

"Our marriage would not have survived without our counsellor's support. She provided us with a safe, containing space to explore the difficulties in our marriage. She rolled with us as more emerged and we will be forever grateful to her for working with us during this incredibly challenging time in our lives."
Couples Relationship Counselling

"We are both glad we came, the counsellor was lovely to chat too, even though the subject is embarrassing we found it easy to talk to her and she was very likeable. She has helped us hugely and it was a shame saying goodbye. We know we can always re-connect if a catchup session is required. The receptionist was also always happy and helpful, been a fantastic experience."
Couples Relationship Counselling

"Professional and supportive." Individual Adult Counselling

"The greatest company I've worked with so far. Thanks to our counsellor not only my son, but me also made a big progress in our everyday life. I am so grateful for you all guys! The best people ever!" Family Counselling

"The service is excellent! Although I occasionally had some issues regarding my payments the staff were very nice and they helped me solve the problems they could with patience. The therapist stayed neutral all the time and helped me to self-reflect and find out what I could do for the relationships, which was inspiring." Individual Adult Counselling

"The whole team are wonderful, can not rate them highly enough, especially when you are coming from a place of vulnerability." Individual Adult Counselling

Report of the Trustees

GP Clients Evaluations:

* Clients PHQ9 Depression scale scores improved from 14.37 pre-counselling to 7.27 after having accessed counselling.

* Clients GAD7 Anxiety scale scores improved from 13.25 pre-counselling to 7.22 after having accessed counselling.

"Thank you, counselling has been really useful and helped me not to keep thinking about the past. You are really easy to speak with I felt very comfortable talking with you. In the beginning, I didn't know where to start and you helped guide me."

"Our sessions have been incredibly helpful during one the most challenging periods of my life. Counselling has been very useful and given me the opportunity to talk in a safe non-judgemental environment. The development of my 'tool kit' has been so helpful as have the resources and encouragement you have shared and given."

"Counselling has been really helpful. You didn't talk 'at' me, we worked together. I have learnt solid techniques such as ways of practising my breathing that really help and work. Other people in the family have noticed I am more relaxed and I have liked hearing that. I am going in the right direction. Thank you."

"I really enjoyed our sessions. At the start I felt really bad and every session has helped. I use the breathing exercises and they help. You have been 'a heart of gold' I can't thank you enough. A first class service."



Report of the Trustees

5.2 Choose to Change

Our Respect Accredited Choose to Change has received funding in October through OPCC (Office Police Crime and Commissioning team) to pilot an 18-month programme. We are working closely with our partners across the West Midlands, and this will be external evaluated through Cardiff University.

Attendee feedback:

"I felt like the facilitators cared about us. I liked the 'check-in' and the opportunity to share how our week has gone. I liked the relaxed atmosphere and that even though it could be challenging there is no judgement."

"At first, I didn't like idea of a group but came out shell after couple of sessions and felt comfortable. I would recommend it whether people think they need it or not, I didn't think I needed it but did benefit."

"I loved it all. It was all great, I wouldn't change a thing. If anything I wish I could continue to attend."

"I do appreciate the course and have used the lessons I have learnt on the course in everyday life, like handling emotions and negotiating disputes."

Partner's feedback:

"The client stated she is very happy with the service provided to her and her partner and feels that both parties are receiving the support they needed, as well as the children accessing WISH services."

"Female feels that the programme has benefited them as parents as she now feels her ex-partner is able to listen to her thoughts and concerns, and that she is safe to share how she is feeling. Female has noticed a difference with the way her ex-partner is able to co-parent with her, and that they communicate effectively now."

5.3 Planning Together for Children (PTFC)

Our new partnership with Action for Children to provide PTFC covers a large area including Devon, Dorset and as far south as the Isle of Wight. The focus is for separated or divorced parents or carers who are referred by the family courts to attend a specialist programme to support them with issues and concerns around co-parenting.

641 parents completed the module-based e-learning and 476 parents completed both elements of the programme, Stage1 (E-Learning) and Stage 2 (half day group).

Report of the Trustees

Organisation of the charity

Our staff team has remained constant throughout the year, with the addition of new student placements, two children and young people's counsellors and two relationship counsellors. A priority is to ensure we recruit new counselling placements to meet the ever-increasing demand for our services.

(a) Executive Committee (The board of Trustees)

The board is responsible for setting the policy of the charity and ensuring that all funds received are used for the objectives of the charity. There were ten members of the executive committee on 31st March 2024.

(b) Chief Executive

The Chief Executive ensured that the trustees were well advised on all technical issues within the organisation, and she was responsible for implementing the trustee's policies and decisions on a day-to-day basis. The trustees and Chief Executive developed a business plan during the year which the Chief Executive has worked to.

(c) Support Staff

The Chief Executive was supported by the Director of Services, Service Manager, Business Development officer, Client Support Manager and four members of the admin team.

Director of Services	37 hours
Service Manager	37 hours
Administrative Posts	185 hours (5.01 fte)

(d) Counsellors/Practitioners

As of the 31st of March 2025, 32 counsellors/practitioners working between 3 and 37 hours, totalling 599.5 (16.2 fte) hours per week.

6. Staff training and support

The trustees recognise the hard work and commitment of all staff and volunteers at Relationships Coventry & Warwickshire Coventry & Warwickshire and we operate a rolling core training programme that all staff attend as an essential element of maintaining best practice standards including safe and ethical practice. Specialist training is prioritised to ensure we have access to the most up to date thinking and practice.

Financial Review

7. Overview

The Statement of Financial Activities (SOFA) set out on page 27 shows the total income and total expenditure during 2023/24 as compared to the prior year.

The overall result was a net surplus for the year of £60,082 (2023/24: (£42,760)).

7.1 Financial Investments

The Executive Committee's investment policy is reviewed annually as part of the review of the Financial Policies and Procedures. The cash balances fluctuate throughout the year. The policy enables cash that is not immediately required to be invested subject to risk being minimised and access being rapid, within institutions that are members of the Financial Services Compensation Scheme (FSCS). Within this framework the best interest rates are sought, and performance is regularly reviewed. We have a savings account which matures interest every three months, and the interest is currently reinvested.

7.2 Reserves policy

The definition of reserves follows the guidance given by the Charity Commission. They are funds available to be used to furtherance of the charitable objects which have not yet been spent, committed, or designated.

They therefore exclude restricted funds (where donors impose criteria for their use), fixed assets (which are in current use to support the ongoing work of the charity) and funds designated for specific purposes.

The calculation of easily realisable reserves is shown in note 17 and shows an increase in the year of £60,082. To date the board has set a target reserves policy of between 4 – 6 months of expenditure. The Trustees reviewed the Reserves policy in March 2025 as part of the risk management process. The trustees consider that unrestricted funds should not exceed six months of resources expended. A minimum target of easily realisable reserves is set at £573,000.

7.3 Land and Buildings

The Executive Committee agreed on 27th September 2024 to sell New House and the property was sold and completed at 31.1.2025. After disbursements £409,969.33 was received.

7.4 Principal funding sources

There is a comprehensive system of business planning which includes an annual budget reviewed in detail by the Finance, Premises and Fundraising Sub Committee and approved by the Executive Committee. Monthly actual results are reported against the budget and revised forecasts for the year are prepared regularly. The Executive Committee reviews the latest management accounts at each meeting.

Report of the independent auditors to the members of Relate Coventry & Warwickshire

Relationships Coventry & Warwickshire Coventry & Warwickshire continues to have a wide range of income streams from several bodies including:

PTFC – funded through CAFCASS – Parenting together for children (PTFC) for parents who have separated or divorced.

Clinical Commissioning Group – £55,024 received each year to provide an outreach service in several GP Practices throughout the City. The grant also funds a bursary scheme to support adults to access our services if they are on low income or be benefits. This contract is renewable on a yearly basis.

Warwickshire County Council (Coventry & Warwickshire Mind) – Funding of £80,220 received to provide the Rise service, offering counselling and support for children and young people aged 5–18 years across Warwickshire, delivered in partnership with Coventry and Warwickshire Mind.

General Charities Coventry – We received an £8,000 grant to go towards providing counselling and group work across all our services to benefit the residents of Coventry.

King Henry VIII – We received a grant of £2,000 to provide a bursary for clients accessing Relationships Coventry & Warwickshire services that live in specific CV34 postcode areas of Warwickshire.

We have received funding from various sources towards the Time for You Community Project.

Masonic Trust	£20,000
Grace Trust	£ 1,000
29th May 1961 Trust	£5,000
Eveson Trust	£10,000
Total	£36,000

Structure, Governance & Management

8. Statement of Trustees' responsibilities

The trustees (who are also the directors of Relationships Coventry & Warwickshire Coventry & Warwickshire for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently.
- observe the methods and principles in the Charity SORP.
- make judgements and estimates that are reasonable and prudent.
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

Approved by order of the board of trustees on and signed on its behalf by:

A handwritten signature in black ink, appearing to read 'M Monaghan', is written over a horizontal line.

M Monaghan
Trustee Chair

Independent Auditors Report

9. Opinion

We have audited the financial statements of Relationships Coventry & Warwickshire (the 'charitable company') for the year ended 31 March 2025 which comprise the Statement of Financial Activities, the Balance Sheet, the Cashflow Statement and the notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2025, and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

9.1 Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

9.2 Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate. Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue. Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

9.3 Other information

The other information comprises the information included in the board's annual report, other than the financial statements and our auditor's report thereon. The trustees are responsible

for the other information contained within the board's annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

9.4 Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the board's annual report (incorporating the directors' report) for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the board's annual report (incorporating the directors' report) has been prepared in accordance with applicable legal requirements.

9.5 Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the board's annual report. We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of directors' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies' regime and take advantage of the small companies' exemptions in preparing the directors' report and from the requirement to prepare a strategic report.

9.6 Responsibilities of trustees

As explained more fully in the board's responsibilities statement, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing the financial statements, the trustees are responsible for assessing

the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

9.7 Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The specific procedures for this engagement and the extent to which these are capable of detecting irregularities, including fraud is detailed below:

- Auditing the risk of management override of controls, including through testing journal entries and other adjustments for appropriateness;
- Reviewing minutes of meetings of those charged with governance; and
- Enquiry of management to identify any instances of non-compliance with laws and regulations

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation. A further description of our responsibilities is available on the Financial Reporting Council's website at: <https://www.frc.org.uk/library/standards-codes-policy/audit-assurance-andethics/auditors-responsibilities-for-the-audit/#description-of-the-auditors-responsibilities-for-the-audit-of-the-financial-statementsaef17638>. This description forms part of our auditor's report. We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

9.8. Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so

that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Gregg Olnier

BA(Hons) FCA (Senior Statutory Auditor)

For and on behalf of HB&O Ltd
Chartered Accountants and Statutory Auditor
Seven Stars House
1 Wheler Road
Coventry
CV3 4LB

Date: 16th September 2025

Statement of financial activities (Incorporating an income and expenditure account)

	Notes	Unrestricted funds £	Restricted funds £	2025 Total funds £	2024 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	25,096	-	25,096	26,130
Charitable activities					
Children and family services	5	742,432	-	742,432	739,790
Adult counselling		298,569	-	298,569	288,402
Pyschosexual Therapy		4,683	-	4,683	9,212
Cafcass		41,503	-	41,503	36,695
Other trading activities	3	9,116	-	9,116	11,706
Investment income	4	25,938	-	25,938	29,000
Total		1,147,337	-	1,147,337	1,140,935
EXPENDITURE ON					
Raising funds	6	-	-	-	3,850
Charitable activities					
Children and family services	7	787,535	-	787,535	741,305
Adult counselling		281,651	-	281,651	295,522
Cafcass		18,069	-	18,069	57,498
Total		1,087,255	-	1,087,255	1,098,175
NET INCOME		60,082	-	60,082	42,760
RECONCILIATION OF FUNDS					
Total funds brought forward		1,033,961	8,878	1,042,839	1,000,079
TOTAL FUNDS CARRIED FORWARD		1,094,043	8,878	1,102,921	1,042,839


The notes form part of these financial statements

Balance sheet 31 March 2025

	Notes	Unrestricted funds £	Restricted funds £	2025 Total funds £	2024 Total funds £
FIXED ASSETS					
Tangible assets	13	2,493	-	2,493	4,182
Investment property	14	-	-	-	400,000
		<u>2,493</u>	<u>-</u>	<u>2,493</u>	<u>404,182</u>
CURRENT ASSETS					
Debtors	15	11,384	-	11,384	44,365
Cash at bank and in hand		<u>1,151,975</u>	<u>8,878</u>	<u>1,160,853</u>	<u>698,693</u>
		1,163,359	8,878	1,172,237	743,058
CREDITORS					
Amounts falling due within one year	16	(71,809)	-	(71,809)	(104,401)
NET CURRENT ASSETS		<u>1,091,550</u>	<u>8,878</u>	<u>1,100,428</u>	<u>638,657</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>1,094,043</u>	<u>8,878</u>	<u>1,102,921</u>	<u>1,042,839</u>
NET ASSETS		<u>1,094,043</u>	<u>8,878</u>	<u>1,102,921</u>	<u>1,042,839</u>
FUNDS	18				
Unrestricted funds				1,094,043	1,033,961
Restricted funds				<u>8,878</u>	<u>8,878</u>
TOTAL FUNDS				<u>1,102,921</u>	<u>1,042,839</u>

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on and were signed on its behalf by:



 M Monaghan - Trustee

Cash flow statement

	Notes	2025 £	2024 £
Cash flows from operating activities			
Cash generated from operations	1	37,461	59,699
Net cash provided by operating activities		37,461	59,699
Cash flows from investing activities			
Purchase of tangible fixed assets		(1,191)	(1,811)
Sale of tangible fixed assets		19,941	-
Sale of investment property		400,000	-
Interest received		5,949	5,219
Net cash provided by investing activities		424,699	3,408
Change in cash and cash equivalents in the reporting period		462,160	63,107
Cash and cash equivalents at the beginning of the reporting period		698,693	635,586
Cash and cash equivalents at the end of the reporting period		1,160,853	698,693

The notes form part of these financial statements

Notes to cash flow statement

1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2025 £	2024 £
Net income for the reporting period (as per the Statement of Financial Activities)	60,082	42,760
Adjustments for:		
Depreciation charges	2,880	3,842
Profit on disposal of fixed assets	(19,941)	-
Interest received	(5,949)	(5,219)
Decrease in debtors	32,981	24,171
Decrease in creditors	(32,592)	(5,855)
Net cash provided by operations	<u>37,461</u>	<u>59,699</u>

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.4.24 £	Cash flow £	At 31.3.25 £
Net cash			
Cash at bank and in hand	698,693	462,160	1,160,853
	<u>698,693</u>	<u>462,160</u>	<u>1,160,853</u>
Total	<u>698,693</u>	<u>462,160</u>	<u>1,160,853</u>

Notes to financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Income is deferred where it has been received ahead of the period where the use of funds will incur. Usually this will relate either to appointments where a deposit has been received in the current accounting period, but the appointment will be conducted in the following accounting period, or where income has been invoiced in advance for services to be delivered in agreed sessions in future periods.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Allocation and apportionment of costs

Costs are allocated directly to the fund and activity that they relate to. Where the costs are shared between activities or funds, an apportionment is made based on the units of work conducted for the units sharing the costs.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 25% on cost
Computer equipment	- 25% on cost

The trustees consider that the residual value of the property is materially similar to the carrying value. Depreciation is therefore not considered to be a material amount and no provision for depreciation is made in the financial statements.

Investment property

Investment property is shown at most recent valuation. Any aggregate surplus or deficit arising from changes in fair value is recognised in the Statement of Financial Activities.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Notes to financial statements

1. ACCOUNTING POLICIES - continued

Fund accounting

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. DONATIONS AND LEGACIES

	2025	2024
	£	£
Donations	8,037	9,071
Grants	17,059	17,059
	<u>25,096</u>	<u>26,130</u>

3. OTHER TRADING ACTIVITIES

	2025	2024
	£	£
Supervision	8,381	6,630
Training	735	5,076
	<u>9,116</u>	<u>11,706</u>

4. INVESTMENT INCOME

	2025	2024
	£	£
Rents received	19,989	23,781
Deposit account interest	5,949	5,219
	<u>25,938</u>	<u>29,000</u>

Notes to financial statements

5. INCOME FROM CHARITABLE ACTIVITIES

		2025 £	2024 £
Client income	Activity		
Contracted charitable services	Children and family services	11,347	11,780
Grants	Children and family services	614,856	594,504
Client income	Children and family services	116,229	133,506
Contracted charitable services	Adult counselling	98,817	102,992
Grants	Adult counselling	151,862	138,020
Client income	Adult counselling	47,890	47,390
Grants	Pyschosexual Therapy	4,683	9,212
	Cafcass	41,503	36,695
		<u>1,087,187</u>	<u>1,074,099</u>

6. RAISING FUNDS

Raising donations and legacies

	2025 £	2024 £
Fundraising costs	-	3,850
	<u>-</u>	<u>3,850</u>

7. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 8) £	Totals £
Children and family services	529,421	258,114	787,535
Adult counselling	192,002	89,649	281,651
Cafcass	-	18,069	18,069
	<u>721,423</u>	<u>365,832</u>	<u>1,087,255</u>

8. SUPPORT COSTS

	Management, administration & premises £	Governance costs £	Totals £
Children and family services	242,785	15,329	258,114
Adult counselling	83,970	5,679	89,649
Cafcass	17,095	974	18,069
	<u>343,850</u>	<u>21,982</u>	<u>365,832</u>

Notes to financial statements

8. SUPPORT COSTS - continued

Activity	Basis of allocation
Management, administration & premises	Cost allocation based on delivery of services
Governance costs	Cost allocation based on delivery of services

9. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2025	2024
	£	£
Auditors' remuneration	6,000	6,000
Depreciation - owned assets	2,880	3,842
Other operating leases	2,995	-
Surplus on disposal of fixed assets	(19,941)	-
	<u> </u>	<u> </u>

10. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2025 nor for the year ended 31 March 2024.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2025 nor for the year ended 31 March 2024.

11. STAFF COSTS

	2025	2024
	£	£
Wages and salaries	828,438	803,022
Social security costs	56,152	58,503
Other pension costs	23,436	22,545
	<u> </u>	<u> </u>
	<u>908,026</u>	<u>884,070</u>

The average monthly number of employees during the year was as follows:

	2025	2024
Children and family services	18	22
Adult counselling	17	11
Cafcass	1	1
Management and administration	7	8
	<u> </u>	<u> </u>
	<u>43</u>	<u>42</u>

No employees received emoluments in excess of £60,000.

Total trustee and key management personnel remuneration benefits totalled £201,536 (2024: £195,482).

Notes to financial statements

12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	26,130	-	26,130
Charitable activities			
Children and family services	739,790	-	739,790
Adult counselling	288,402	-	288,402
Psychosexual Therapy	9,212	-	9,212
Cafcass	36,695	-	36,695
Other trading activities	11,706	-	11,706
Investment income	29,000	-	29,000
Total	1,140,935	-	1,140,935
EXPENDITURE ON			
Raising funds	3,850	-	3,850
Charitable activities			
Children and family services	741,305	-	741,305
Adult counselling	295,522	-	295,522
Cafcass	57,498	-	57,498
Total	1,098,175	-	1,098,175
NET INCOME	42,760	-	42,760
RECONCILIATION OF FUNDS			
Total funds brought forward	991,201	8,878	1,000,079
TOTAL FUNDS CARRIED FORWARD	1,033,961	8,878	1,042,839

Notes to financial statements

13. TANGIBLE FIXED ASSETS

	Short leasehold £	Fixtures and fittings £	Computer equipment £	Totals £
COST				
At 1 April 2024	75,136	29,912	47,341	152,389
Additions	-	1,191	-	1,191
	<u>75,136</u>	<u>31,103</u>	<u>47,341</u>	<u>153,580</u>
DEPRECIATION				
At 1 April 2024	75,136	26,691	46,380	148,207
Charge for year	-	1,924	956	2,880
	<u>75,136</u>	<u>28,615</u>	<u>47,336</u>	<u>151,087</u>
NET BOOK VALUE				
At 31 March 2025	-	2,488	5	2,493
	<u>-</u>	<u>2,488</u>	<u>5</u>	<u>2,493</u>
At 31 March 2024	-	3,221	961	4,182
	<u>-</u>	<u>3,221</u>	<u>961</u>	<u>4,182</u>

14. INVESTMENT PROPERTY

	£
FAIR VALUE	
At 1 April 2024	400,000
Disposals	(400,000)
	<u>-</u>
At 31 March 2025	-
NET BOOK VALUE	
At 31 March 2025	-
	<u>-</u>
At 31 March 2024	400,000
	<u>400,000</u>

15. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025 £	2024 £
Trade debtors	11,384	41,910
Other debtors	-	2,455
	<u>11,384</u>	<u>44,365</u>

Notes to financial statements

16. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025 £	2024 £
Trade creditors	6,355	23,841
Social security and other taxes	12,547	14,043
Other creditors	4,242	4,140
Deferred income	45,365	59,077
Accrued expenses	3,300	3,300
	<u>71,809</u>	<u>104,401</u>

Deferred income

	2025 £	2024 £
Deferred income at 1st April 2024	59,077	83,506
Released from previous years	(59,077)	(83,506)
Income deferred in the year	45,365	59,077
	<u>45,365</u>	<u>59,077</u>
Deferred income at 31st March 2025	<u>45,365</u>	<u>59,077</u>

Deferred income relates to schools contract income deferred to future periods as the income received relates specifically to the 2025/26 accounting period.

17. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	2025 £	2024 £
Within one year	42,523	42,523
Between one and five years	42,523	85,046
	<u>85,046</u>	<u>127,569</u>

18. MOVEMENT IN FUNDS

	At 1.4.24 £	Net movement in funds £	Transfers between funds £	At 31.3.25 £
Unrestricted funds				
General fund	633,961	50,413	409,669	1,094,043
Property	400,000	9,669	(409,669)	-
	<u>1,033,961</u>	<u>60,082</u>	<u>-</u>	<u>1,094,043</u>
Restricted funds				
Primary Mental Health Salary fund	8,878	-	-	8,878
	<u>1,042,839</u>	<u>60,082</u>	<u>-</u>	<u>1,102,921</u>

Notes to financial statements

18. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	1,147,337	(1,096,924)	50,413
Property	-	9,669	9,669
	<u>1,147,337</u>	<u>(1,087,255)</u>	<u>60,082</u>
TOTAL FUNDS	<u><u>1,147,337</u></u>	<u><u>(1,087,255)</u></u>	<u><u>60,082</u></u>

Comparatives for movement in funds

	At 1.4.23 £	Net movement in funds £	At 31.3.24 £
Unrestricted funds			
General fund	591,201	42,760	633,961
Property	400,000	-	400,000
	<u>991,201</u>	<u>42,760</u>	<u>1,033,961</u>
Restricted funds			
Primary Mental Health Salary fund	8,878	-	8,878
	<u>8,878</u>	<u>-</u>	<u>8,878</u>
TOTAL FUNDS	<u><u>1,000,079</u></u>	<u><u>42,760</u></u>	<u><u>1,042,839</u></u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	1,140,935	(1,098,175)	42,760
	<u>1,140,935</u>	<u>(1,098,175)</u>	<u>42,760</u>
TOTAL FUNDS	<u><u>1,140,935</u></u>	<u><u>(1,098,175)</u></u>	<u><u>42,760</u></u>

Notes to financial statements

18. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.23 £	Net movement in funds £	Transfers between funds £	At 31.3.25 £
Unrestricted funds				
General fund	591,201	93,173	409,669	1,094,043
Property	400,000	9,669	(409,669)	-
	<u>991,201</u>	<u>102,842</u>	<u>-</u>	<u>1,094,043</u>
Restricted funds				
Primary Mental Health Salary fund	8,878	-	-	8,878
	<u>1,000,079</u>	<u>102,842</u>	<u>-</u>	<u>1,102,921</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	2,288,272	(2,195,099)	93,173
Property	-	9,669	9,669
	<u>2,288,272</u>	<u>(2,185,430)</u>	<u>102,842</u>
TOTAL FUNDS	<u>2,288,272</u>	<u>(2,185,430)</u>	<u>102,842</u>

General funds are unrestricted and result in the excess of unrestricted income over costs not incurred in restricted fund activities as well as governance expenses. They are to be used in the ongoing provision of the services to achieve the objectives of Relate. These funds can be readily applied as they are held as cash resources.

Children in Need - The grant is specifically used to employ 2 x 25 hour all year round counsellors to work with children and young people.

Primary Mental Health Salary fund - The funding is to employ 1 x 37 hour post to provide counselling and support across all schools in Coventry.

19. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2025.

Detailed statement of financial activities

	2025 £	2024 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	8,037	9,071
Grants	17,059	17,059
	<u>25,096</u>	<u>26,130</u>
Other trading activities		
Supervision	8,381	6,630
Training	735	5,076
	<u>9,116</u>	<u>11,706</u>
Investment income		
Rents received	19,989	23,781
Deposit account interest	5,949	5,219
	<u>25,938</u>	<u>29,000</u>
Charitable activities		
Client income	114,847	123,984
Contracted charitable services	766,718	732,524
Grants	205,622	217,591
	<u>1,087,187</u>	<u>1,074,099</u>
Total incoming resources	1,147,337	1,140,935
EXPENDITURE		
Raising donations and legacies		
Fundraising costs	-	3,850
Charitable activities		
Wages	621,596	596,770
Social security	43,103	42,532
Pensions	13,394	12,522
Other operating leases	2,995	-
Premises costs	-	12,089
Telephone	1,920	156
Other office costs	1,983	4,017
Sundries	2,067	1,366
Motor and travelling	4,494	3,758
Training	14,026	17,483
Public relations	2,686	1,168
Supervision	6,566	6,218
Sub-contractors	3,713	1,466
Fixtures and fittings	1,924	1,598
Carried forward	720,467	701,143

This page does not form part of the statutory financial statements

Detailed statement of financial activities

	2025 £	2024 £
Charitable activities		
Brought forward	720,467	701,143
Computer equipment	956	2,244
	<u>721,423</u>	<u>703,387</u>
Support costs		
Management, administration & premises		
Wages	206,842	206,252
Social security	13,049	15,971
Pensions	10,042	10,023
Premises costs	65,893	95,581
Telephone	2,001	5,591
Other office costs	19,425	14,911
Sundries	7,089	3,362
Motor and travelling	216	115
Training	3,490	1,859
Public relations	2,230	729
Federation charges	31,490	26,392
Bank charges	2,024	2,292
Profit on sale of tangible fixed assets	(19,941)	-
	<u>343,850</u>	<u>383,078</u>
Governance costs		
Auditors' remuneration	6,000	6,000
Accountancy fees	2,190	1,860
Professional fees	13,792	-
	<u>21,982</u>	<u>7,860</u>
Total resources expended	<u>1,087,255</u>	<u>1,098,175</u>
Net income	<u>60,082</u>	<u>42,760</u>



Relationships

Coventry & Warwickshire

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