

# **Down Syndrome Medical Interest Group**

## **Trustees' Report**

**For the year ended 31 March 2024**

### **Reference and administrative details**

**Registered charity name:** Down Syndrome Medical Interest Group

**Other names used:** DSMIG

**Charity registration number:** 1103450

**Charity principal address:** C/O Downs Syndrome Association  
The Langdon Down Centre  
2A Langdon Park  
TEDDINGTON  
Middlesex  
TW11 9PS

**The Trustees:**

Dr Jill Mary Ellis (Chair)

Emma Jane Telford

Dr Richard John Harrison

Dr Ella Rachamim

Dr Hilary Towse

Jo Hughes

Dr Vicky Karen Ho

Dr Patricia Denise McClure OBE

Dr Sarah Caroline Morris

Dr Mary Jane Small

Penny Green

Dr Elizabeth Marder

Fiona McGrane

### **Objectives and Activities**

The DSMIG strives to advance education in all matters relating to Down Syndrome, its causes, effects, and treatment, by the provision of facilities to share information among interested healthcare professionals and the dissemination of the useful knowledge gained for the benefit of the public in general, and in particular persons with Down Syndrome, their parents and carers.

### ***Work of volunteers***

The steering group works entirely on a voluntary basis. Speakers at our conferences do this for reimbursement of expenses only (and guided by an expenses policy).

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**For the year ended 31 March 2024**

### **Achievements And Performance**

#### **Summary of the DSMIG annual activities**

##### ***Educational opportunities***

An annual winter meeting for healthcare professionals focussing on the health needs of people with Down Syndrome took place on 11<sup>th</sup> November 2023 and was enjoyed by over 90 attendees.

A further health education session was run by the DSMIG in collaboration with BAPA (the British Association of Paediatric Audiologists) and the Royal College of Paediatrics and Child Health (RCPCH) annual conference. This took place in Birmingham on 27th March 2024 and had a theme on hearing loss in Down Syndrome. This session was targeted at a wider paediatric audience and received positive feedback. The DSMIG had responsibility for review of abstracts and speakers for this conference.

Oversight of the Jennifer Dennis Award – this bi-annual award of £250 is awarded for research in Down Syndrome. Research applicants are invited to apply with the 2 top shortlisted candidates invited to present at the Winter meeting, with 1 winner selected by the judging panel. (This was awarded in 2022 and 2024 and not in this financial year).

##### ***Membership***

The DSMIG has a membership of over 100 health professionals, all with an interest in Down Syndrome, allowing a network to share health information, queries and give advice and research opportunities.

The charity steering group is made up of volunteers, many of whom have a background in health and all who have an interest in Down Syndrome.

##### ***Down Syndrome Growth Charts***

DSMIG has been designated by the MRC (Medical Research Council) as sub-licensee for the data on which Down Growth Charts are based, specifically for children under 18. In this financial year, work continued to expand the accessibility of this chart with license selling to individual hospital trusts and to collaborate with the RCPCH as part of a wider electronic package of growth charts. This is also a source of income for the DSMIG.

##### ***Contribution to the Down Syndrome Act***

The Act was given Royal Assent in 2022, and guidance was requested to enable action. DSMIG chair Jill Ellis and other members contributed stakeholder information to inform The Act and

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### **For the year ended 31 March 2024**

spoke at the Houses of Parliament on the need for collaboration in providing care for people with Down Syndrome

#### ***Provision of Health Information***

DSMIG provides medical advice and guidance by doctors with special interest in Down Syndrome to parents and families in close collaboration with the DSA (Down Syndrome Association).

#### ***DSMIG website***

The DSMIG website provides a wealth of health information. Sections include: topic guidance, recent research, information on DSMIG professional meetings and the Jennifer Dennis award. There is a member's area which hosts an archive of previous DSMIG talks.

#### ***DSMIG guidelines on health in Down Syndrome***

The DSMIG oversees guidelines on the most up to date guidance in relation to the health of people with Down Syndrome. In the 23-24 financial year updates included: review of cardiac guidance (in anticipation of the international guidance led by Down Syndrome International), vision and cervical spine management.

There is a close working relationship with the DSA and DSS (Down Syndrome Scotland).

The trustees have had regard to the guidance issued by the Charity Commission on public benefit.

## **Financial Review**

For the year ended 31 March 2024, total income amounted to £29,663 (2023: £12,328). The main sources of income were from membership, meeting income, Growth Chart revenue and additional secretarial costs paid by the DSA.

Total outgoing costs for the year amounted to £13,719 (2023: £2,421). The largest outgoing costs were the cost of hosting the winter meeting. This facility is no longer available to hire for our event. The cost of hosting will go up in 2024/25 significantly as the previous venue is no longer available and so will be held at the Royal Society of Medicine. The cost of attending for delegates will remain the same.

The charity showed a net surplus of £15,944 for the year (2023: £9,907). As at 31 March 2024, DSMIG had surplus assets totalling £86,344.

#### ***Reserves policy***

DSMIG does not currently have a formal reserves policy. A sub-committee will meet in early 2024 and plan to formalise a reserves policy. Currently the reserves are sufficient to cover costs for the foreseeable future.

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**For the year ended 31 March 2024**

The DSMIG financial subcommittee will meet in 2024 to consider the current level of reserves and the next steps for supporting the DSMIG's charitable aims.

### **Structure, Governance and Management**

DSMIG has a constitution document adopted in October 2002. DSMIG are a small interest community interest charity, of which the Trustees are the majority members of the DSMIG Steering group (executive committee), who have agreed in addition to be Trustees.

Steering group members are elected as per the constitution at the DSMIG AGM.

DSMIG has a close working relationship with both the DSA and DSS. Members of DSA and DSS sit as co-opted members on the DSMIG steering group to advocate for the voice of persons and families with Down Syndrome and have also contributed to professional events. The DSA provides administrative support as detailed above.

DSMIG is a member of the Down Syndrome International.

The DSA grant an annual payment to DSMIG under a Service Level Agreement to support meetings. The grant is in addition to the DSA providing additional funds for approximately 12 hours of administrative support. This support covers day to day enquires and management of the health information service and administration within DSMIG.

The trustees' annual report was approved on 30/01/25 and signed on behalf of the board of trustees by:



Dr Jill Mary Ellis (Chair)



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Charity Name	No (if any)
Downs Syndrome Medical Interest Group	1103450

CC16a


## Receipts and payments accounts

For the period from	Period start date	To	Period end date
	01-Apr-23		31-Mar-24

### Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
<b>A1 Receipts</b>					
Donations & grants	3,360		-	3,360	2,910
Fundraising events	24,636	-	-	24,636	8,983
Investment income	1,667	-	-	1,667	435
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>29,663</b>	<b>-</b>	<b>-</b>	<b>29,663</b>	<b>12,328</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>29,663</b>	<b>-</b>	<b>-</b>	<b>29,663</b>	<b>12,328</b>
<b>A3 Payments</b>					
Cost of raising funds	11,608		-	11,608	255
Expenditure on charitable activities	2,111	-	-	2,111	2,166
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>13,719</b>	<b>-</b>	<b>-</b>	<b>13,719</b>	<b>2,421</b>
<b>A4 Asset and investment purchases. (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>13,719</b>	<b>-</b>	<b>-</b>	<b>13,719</b>	<b>2,421</b>
<b>Net of receipts/(payments)</b>	<b>15,944</b>	<b>-</b>	<b>-</b>	<b>15,944</b>	<b>9,907</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>70,400</b>			<b>70,400</b>	<b>60,493</b>
<b>Cash funds this year end</b>	<b>86,344</b>	<b>-</b>	<b>-</b>	<b>86,344</b>	<b>70,400</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	CAF	86,344		-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>86,344</b>	<b>-</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>	Details	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
<b>B4 Assets retained for the charity's own use</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B5 Liabilities</b>	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		Dr Jill Mary Ellis	30.01.2025	



Section A

Independent Examiner's Report

Report to the trustees/  
members of

Charity Name  
Downs Syndrome Medical Interest Group

On accounts for the year  
ended

31 March 2024

Charity no  
(if any)

1103450

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2024.

Responsibilities and  
basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent  
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

30/01/2025

Name:

S Yeshin

Relevant professional  
qualification(s) or body  
(if any):

ICAEW (1349326)

Address:

24 Mandrell Road

London

SW2 5DL

**Section B****Disclosure**

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

**Give here brief details of any items that the examiner wishes to disclose.**

N/A