

Charity number: 1103261

International Association for Human Values

Trustees' report and financial statements

for the year ended 5 April 2024

International Association for Human Values

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International Association for Human Values

Legal and administrative information

Trustees	Madhu Rao Puja Handa Prashant Manral
Charity number	1103261
Registered office	1 Hawthorn Crescent Woodley Reading RG5 4FH
Independent Examiner	Ashlei Associates 7 Heath Drive Sutton Surrey SM2 5RP
Bankers	National Westminster Bank 37 Green Lane Northwood Middlesex HA6 3AE Triodos Bank Deanery Road Bristol BS1 5AS

International Association for Human Values

Trustees' report for the year ended 5 April 2024

The Trustees present their annual report and accounts for the year ended 5 April 2024.

The Trustees who served during the year and up to the date of this report are set out on page 1.

1. Structure, Governance and Management

1.1 Organisational structure

There are 3 trustees. Where there is a requirement for a new trustee a candidate would be identified and appointed by the remaining trustees. The trustees ensure that any new trustee is made entirely familiar with the work and responsibilities of the trust and the requirements of compliance with the formal obligations as stipulated by the Charity Commission.

1.2 Procedures and policies for making donations

The trustees consider the recommendations of the management committee on a regular basis monthly or as appropriate, to respond to the opportunities and operational needs of the organisation. Nominations for donations are elicited through an informal network of contacts and approaches from that network. The trustees require those seeking a grant to submit a formal proposal for their project setting out how much is required, what it is intended to do with those funds, how the project will be carried out in practical terms, and who is intended to benefit. The recipients are also required to undertake to provide regular reports, photographs and materials that the Trust can then use to ensure proper use of the funds and account publicly for the sums used; also, to promote further fundraising. It is made clear that each application is considered on its own merits and does not infer further funding for the future. In fact, it is policy for certain projects that the funding is intended to launch a pilot initiative which will be the basis for applications for ongoing funding from other outside sources. Volunteers requesting the support of the charity for certain projects are asked to ensure the project is self-funding or to raise the funds to cover it.

A prominent feature of IAHV is the emphasis that is placed upon the use of volunteers to manage the charity's affairs and conduct its projects. This has benefits in rendering donations very cost effective as it keeps administrative costs to a minimum whilst promoting the merits of volunteering, with the additional satisfaction that this brings to all. Generally, when IAHV needs paid support, it engages the services of self-employed consultants. Administratively IAHV also pays an external bookkeeper and for part-time regular paid administrative support, as it has sometimes proved difficult

to provide adequate and timely administrative support using volunteers. IAHV also pays charitable workers for specific projects where grant funding specifically covers that. There can be an expectation and even a requirement from the donor side that funding be built into the proposal to remunerate paid staff undertaking project responsibilities.

The trustees will continue to honour their commitment that donations from individuals and organisations should be as effective as possible by keeping overheads low. It is policy however to retain 5% of donations for the purposes of management, administration and development due to the increasing volume of transactions and the need for improving various aspects of the charity's functioning,

2. Review of activities and achievements

The year 23/24 was a relatively quiet year after the extremely busy previous periods supporting various Covid related and Ukraine-relief initiatives. A large portion of the time was spent on management changeover and transition related activities.

IAHV continued during this period was the provision of trauma relief support within Europe and close by, following various disasters such as in Turkey and Morocco. (Our previous disaster responses were usually to fundraise for events further away, especially in India).

The team of volunteers organised a 10K run in Summer 2023 to support its various projects. New projects such as the Community mental health intervention for NHS staff and communities near Cardiff, Wales gathered momentum. The year was exceptionally good for the Climate Action Now project that reached just south of a quarter million new trees and it built on a valuable partnership with Rotary International London District Club.



The IAHV outgoing leadership supported the incoming leadership team by way of various meetings, documentation, guidelines and handover formalities. The new team thanks the outgoing team that comprised Sue Hindle, Gordon Herrald, Hajra Basit, Viran Daya, Deepa Shukla, Sriroop Parikh and Anjali Mittal.

The New Management effective 01.01.2024 was formed of Puja Handa and Prashant Manral as 2 of its 3 Trustees; alongwith Shailen Mittal, Charles Appleby, Valma Cameron, Ruth Fretwell and Jaydeep Pancholi. Madhu Rao was a continuing Trustee with no change in role.

In addition we were engaged in the following project responses.

2.1 Gift A Smile - Art of Living Free Schools Project

A sum of £18,362 was raised for the Gift-a-smile Education Programme. Funds for this worthy cause are sourced by means of regular monthly donations, sponsored run and individual gifts for the provision of a school education for rural, slum and tribal children in India, who would not otherwise receive an education. The project now has over 1262 schools in rural and remote areas across 22 states in India providing free value-based, holistic education to over 84,689 students. The attendance of the students is generally above 75% and the dropout rate is very low indeed. The syllabus is based on the national curriculum supplemented with a variety of other activities and subjects designed to give a broad and balanced all round values-based education.

Inspired volunteers from London and Berkshire hosted an online event to showcase the project activities and volunteering opportunities on 29th March 2024. Over 25 supporters attended. Two key outcomes were a) 15 new volunteers joined the cause and b) New donations were received including recurring monthly donations. This was a very encouraging outcome for the existing team of volunteers and for the beneficiaries.

2.2 Read Library Project



A sum of £12,216 was raised for the Read Library Project during FY 23/24. The aim of this IAHV project is to give underprivileged children access to quality books in schools, to promote their reading and learning and to expand their knowledge. It provides libraries of books in languages and on topics selected by the recipient under-resourced schools in India and Kenya. Many of these schools have not previously had a library. In the last financial year this project established libraries in 30 Schools in India and 12 Schools in Kenya. This involved 14,000 books providing access to 10,000 children. This builds on the previous

years of project activities through 3 libraries in Nepal, 17 libraries in Kenya and 162 Libraries across 19 States in India and 42,500+ books circulated through the initiative.

The team of volunteers for this project are outreaching to businesses and university alumni groups. They are also organising fundraising well attended events from time to time - a testimony to good awareness of the cause and of an inspired team of volunteers.

At an aggregate level, this is 224 libraries which also means that during this year, the project crossed the impact milestone of 200 libraries and this is a very encouraging and a huge achievement for this team of volunteers spread across UK, India, Kenya and USA as well.

2.3 Climate Action Now (CAN) Project

The Climate Action Now initiative was developed to address the serious threat from climate change, by planting trees as an effective way to remove CO2 emissions and to promote climate education in schools. During the 23/24 financial year £24,247 in donations was raised for planting trees from individuals, business and organisations. This enabled IAHV In conjunction with our partner Saving Our Planet, to plant an additional 214,552 trees. Planting these trees also provided around 2,145 days of meaningful paid work for families previously in extreme poverty, and this progress has also taken our total combined tree planting count to 1,778,514 trees. The Project team's next big goal is 2,000,000 trees.



All trees are planted by our specialist tree-planting partner Eden Reforestation. From Autumn 2023, our trees were planted in a specific shared site in Mariarano, on the northwest coast of Madagascar. All our trees are mangroves, which sequester more



Carbon emissions.

This project is valuable as it provides work and poverty relief for rural villages, particularly in Nepal and Madagascar. Trees are planted by our partner Eden Reforestation, with all planting since Autumn 2023 taking place in Mariarano, Madagascar. The trees are mangroves, which absorb more carbon emissions. Contributions also came from The Bamboovement and the London District of Rotary International. Volunteers participated in Rotary's River and Town cleaning initiative, and Rotary distributed 58 graphic novels for Climate Education in London schools. IAHV is planning a special event for Earth Day on April 22, 2024. Many are eager to act on climate change, and we welcome anyone interested in volunteering.

2.4 Manage Your Mind – Programme to Deliver Resilience Training for NHS Health and Social Care Professionals (MYM):

This very successful programme is run by IAHV's associated CIC organisation MYM in the Kent and Medway area by Dr Farnaaz Sharief to a wide range of care professionals in hospitals, primary care and public health. The independent evaluations show significant benefits including improved wellbeing, decrease in perceived stress and emotional exhaustion

2.5 Project Pavitra - delivers Menstrual health and hygiene workshops for adolescent girls and women in Asia and Africa

IAHV UK supports the Project Pavitra Programme which is an initiative run by IAHV's sister organisation The Art of Living Foundation in India. The purpose of this campaign is to provide important education to girls in rural and impoverished areas on the subject of menstruation, which largely remains a field of ignorance in such communities with many negative consequences. Between April 2023 to March 2024, Project Pavitra reached over 30,000+ participants across 30+ locations and 13 states in India. 200+ sessions took place. In the last year IAHV UK sent a call out nationally and in Europe to build a new group of volunteers to raise funds for this initiative and spread awareness. The Pavitra campaign raised £1,302 this year in the UK.



2.6 Disaster Relief Project



During 23/24 a sum of £5,652 was raised for all disaster relief campaigns combined.

2.6.1 Turkey Earthquake: In February 2023 a terrible earthquake struck Turkey. IAHV specialises in delivering effective trauma relief to local populations after the initial emergency relief phase is complete. Funding is designated to be used to enable our local Turkish trained teams to deliver these programmes. To date the funding has allowed 22 Healing, Resistance and Empowerment (HRE) adults programs and 5 programmes for children. A total of 736 people in Hatay and Maras region of Southeast Turkey have been positively impacted. Fundraising started before the start of the 23/24 FY and the relief work by local Turkish teams will continue beyond this year.

2.6.2 Morocco Earthquake: On the night of 8th Sept 2023, an earthquake struck Morocco, killing over 1,300 people and many 1000s of homes collapsed. IAHV UK helped raise £1160 to fund trauma relief workshops for the survivors. Local Art of Living trained teams in Morocco delivered these sessions in partnership with another local humanitarian entity called Amal Biladi. Some workshops were conducted in over 10 schools in the affected mountain regions.

2.6.3 Ukraine conflict Relief work: UK has fundraised and supported affected and displaced Ukrainians within Ukraine and in Europe by way of its Trauma relief programs.

2.6.4 Relief work for Refugees in Germany: UK has fundraised £1557 to support displaced refugees arriving in Germany, by way of trauma-relief workshops conducted by local German teams.

2.7 YES! for Schools Programme



This programme provides a workshop called 'Youth Empowerment Seminar!' in the school environment. The workshops provide interactive sessions to support mental health, confidence and resilience for young people aged 13-18 years. In the last financial year 500 students were positively impacted. Activities were carried out in London, Cambridge

During 23/24 the progress in developing this internationally successful programme in the UK has gathered some momentum. The team has been exploring opportunities to deliver the programme in schools in the UK and continuing to develop team resources and marketing material.

£6584 was raised during the said year by the project team.

2.8 The Ayurvedic Mother and Infant Programme (AMI) Project

AMI is based on the ancient principles of Ayurveda, provides preconception to postpartum seminars to ensure mothers are nurtured and supported to facilitate their wide ranging roles in society. This programme, the Ayurvedic Mother and Infant Programme, which started in 19/20 progressed well in 23/24 under its experienced team. They refined their offering, continued with networking and it is intended to expand its outreach. It offers safe, proven, profound training, based on the ancient principles of Ayurveda for the vital preconception to postpartum period to ensure mothers are nurtured and supported to facilitate their role as the backbones of strong families.

2.9 Sri Lanka Childrens' Home Project

IAHV continued to raise funds for the boys' home in Sri Lanka with donations of £12,296 to help with infrastructure and provide meals. The Pandemic and financial/political crisis in Sri Lanka has delayed the carrying out of essential work but that is now getting underway. IAHV has also supplied funding for various practical essentials for the children including shoes, clothes and furniture. One generous business donor from Europe has contributed towards a fencing wall to protect the homes from encroachment by neighbours and a hall for prayer and meditation for the children. The project is governed and managed by the local Art of Living Sri Lanka board of management. IAHV UK supports by way of raising funds and awareness.

2.10 Prison Programme UK



The IAHV Prison Programme is long standing across international IAHV country chapters. The programme provides workshops for inmates to reduce anger, aggression and reoffending on release. The tools are based on mental health training of yoga and breathwork. The programme extends to support prison staff managing a difficult place of work. In the last year in the UK, 1 programme was conducted in Guernsey for

45 inmates. Additionally a new volunteer team has been arranged.

BBC Article: <https://www.bbc.co.uk/news/articles/cg338x48xw8o>

2.11 Mind & Body Wellness Programme



This programme is led by a trained doctor who is also a trained facilitator for the Art of Living Education Limited UK. The programme provides mental health sessions for NHS staff and the local communities in the region of Caerphilly, near Cardiff in Wales. 300 people have been impacted and influenced from the 5-weekly breathwork and meditation sessions; followed by 3-day intensive 'Breath to Health' workshops. The programme is conducted by Thriving Communities CIC and supported by IAHV UK.

2.12 Youth Leadership Training Program (YLTP) Kenya Project



YLTP is an initiative which develops the youth to take action to allow their region to thrive and prosper. It looks into building individual and emotional resilience, personal leadership capabilities, followed by taking on service projects. YLTP has been a successful programme in Kenya focusing on youth empowerment. In the last 2 years 6 programmes were led for 287 participants impacting the communities

they serve. As well as mental health, participants are encouraged to establish peace building among communities.

Impact during this year : UK fundraised £8,222 to fund the YLTP programs. Further, these trained youth helped setup 8 libraries in community schools, 25 volunteers were trained further to generate mental health workshops and helped organise sports and community projects. Over 100 kgs of garbage were cleared by the trained youth during community clean-ups. Many youths have set up businesses and returned to school.

Activity Summary

IAHV's total income was £120,109 and its outgoings for project expenditure were £166,792. The governance expenses for the year were £6,496. In total outgoings were £173,289

3. Fundraising

This is a vital function as with all charities. IAHV raises funds through regular giving via monthly bank payments from donors, employers matched funding, and appeals for one off payments to answer specific needs. It participates annually in the British 10K sponsored charity run through central London in July, which raises useful funding. It also engages with online fundraising platforms such as Just Giving and Global Giving and applies for grant funding as appropriate. It also seeks to raise funds from corporate sources . Where possible also our trainers charge fees for the delivery of programmes. There is a plan to train dedicated volunteers with professional skills of fundraising such as proposal writing, company giving and through more events organised by inspired volunteers and supports.

Reserves

As a grant making Charity the trustees have determined that, apart from maintaining sufficient funds to meet day-to-day expenses, they should hold a reserve fund.

Investment powers, policy and performance

It is the policy of the Association to invest excess funds in an interest-bearing bank account.

Grant making policy

The trustees identify projects and organisations they wish to support and do not invite or support speculative approaches. The trust also does not respond to unsolicited correspondence unless it relates to work in hand.

4. Future plans

In January 2024 a new board of trustees and management board was assembled for IAHV UK. The new management team is pledged to maintain continuity with existing projects, but also to expand, with new ideas. One of these is to search and set up a new office with support from donors, 1 paid staff and 2-3 volunteer staff. The new IAHV team intends to seek partnerships with businesses, multilateral organisations and other charities. IAHV UK will be launching structured internship plans in the near future.

Following the Turkey and Morocco earthquakes, conflict in Ukraine-Russia and political tension between Israel-Palestine and Lebanon, IAHV has been developing its resources to deal with Disaster Relief in Europe and in Lebanon as well.

The Community Mental Health programme supported by IAHV, developing in South Wales, is now in momentum with a team of volunteers and local support from NHS and Medical colleges. The two Youth mental health interventions: YLTP (in Kenya, Nigeria and South Africa) and SKY Campus (in the UK and European universities) are new projects for engagement with volunteers and donors as well as for impact with trainers and beneficiaries.

IAHV needs to scale up to further strengthen the infrastructure and management to deal effectively and efficiently with new opportunities. Essentially IAHV remains a volunteer-led charity. An important aspect of its ethos is to support and inspire volunteers to contribute, and more volunteers have been coming forward. Many of these volunteers need induction, guidance and sometimes skills-training. The new management has designed and rolled out a new project team structure to be adopted in coming months and years. New projects are also being investigated and supported.

IAHV will continue to be alert for opportunities to promote Human Values as a medium to strengthen society and bring the benefits of the programmes to an ever-wider audience.

5. Statement of trustees' responsibilities

The Trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice). Law applicable to charities in England and Wales requires the Trustees to prepare financial statements for each financial year which give a true and fair view of charity and of the incoming resources and application of resources of the charity for that year.

In preparing these financial statements the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees confirm that they have complied with their obligations and in particular their duty in section 17(5) of the Charities Act 2011 to have due regard to public benefit guidance published by the Charity Commission.

On behalf of the board

(Sign 1) <i>P Handa</i>	(Sign 2) <i>P Manral</i>
Puja Handa TRUSTEE	Prashant Manral, TRUSTEE
5 February 2025	5 February 2025

Independent examiner's report to the trustees on the unaudited financial statements of International Association for Human Values.

I report on the accounts of International Association for Human Values for the year ended 5 April 2024 set out on pages 8 to 14.

Respective responsibilities of trustees and examiner

As the charity's trustees you are responsible for the preparation of the accounts, you consider that the audit requirement of section 144(2) of the Charities Act 2011 (the Act) does not apply and that an independent examination is needed. It is my responsibility to examine the accounts under section 145 of the Act, to follow the procedures specified in the General Directions given by the Charity Commissioners under section 145(5)(b) of the Act, whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) Which gives me reasonable cause to believe that in any material respect the requirements
 - To keep accounting records in accordance with section 41 of the Act; and
 - To prepare accounts which accord with the accounting records and to comply with the accounting requirements of the Acthave not been met or
- (2) To which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

I Patel FCA
Ashlei Associates
Chartered Accountants

5 February 2025

7 Heath Drive
Sutton
Surrey
SM2 5RP

Statement of financial activities

For the year ended 5 April 2024

	Notes	Unrestricted Funds £	Restricted Funds £	2024 Total £	2023 Total £
Incoming Resources					
Incoming resources from generating funds:					
Voluntary income	2	21,672	94,583	116,255	113,451
Income from investments	3	1,832	-	1,832	344
Admin fee income		2,022	-	2,022	5,242
Total incoming resources		25,526	94,583	120,109	119,037
Resources Expended					
Cost of generating funds:					
Fundraising trading:					
Cost of goods sold and other costs	4	-	-	-	3,360
Charitable activities	5	11,700	155,093	166,793	122,229
Governance costs	6	6,496	-	6,496	15,711
		18,196	155,093	173,289	141,300
Total funds brought forward		104,320	185,251	289,571	311,834
Total funds carried forward		111,650	124,741	236,391	289,571

Balance Sheet

as at 5 April 2024

	Notes	2024 £	2023 £
Current Assets			
Debtors	7	-	13,021
Cash at bank and in hand		246,404	281,038
		<u>246,404</u>	<u>294,059</u>
Creditors: amounts falling due within one year	8	(10,013)	(4,488)
Net current assets		<u>236,391</u>	<u>289,571</u>
Net assets		236,391	289,571
Funds			
Unrestricted funds	10	111,650	104,320
Restricted funds	11	124,741	185,251
		<u>236,391</u>	<u>289,571</u>

The financial statements were approved by the Trustees on and signed on its behalf by

Puja Handa
Trustee
5 February 2025

Prashant Manral
Trustee
5 February 2025

The notes on pages 16 to 20 form an integral part of the financial statements

Notes to the financial statements for the year ended 5 April 2024

1.0. Accounting policies

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and the preceding year.

1.1. Basis of accounting

The financial statements are prepared under the historical cost convention and in accordance with the charities Statement of Recommended Practice and FRS 102 Section 1A

1.2. Incoming resources

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income.

Voluntary income is received by way of donations and gifts and is included in full in the Statement of Financial Activities when receivable. The value of services provided by volunteers has not been included.

Income from investments is included in the year in which it is receivable.

1.3. Resources expended

Expenditure is recognised on an accrual basis as a liability is incurred Expenditure included any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Resources expended are recognised in the year in which they are incurred.

Fundraising costs are those incurred in seeking voluntary contributions and do not include the costs of disseminating information in support of the charitable activities.

Support costs are those costs incurred directly in support of expenditure on the objects of the charity and include project management.

2. Voluntary Income

Donations	Unrestricted Funds £	Restricted Funds £	2024 Total £	2023 Total £
10k		1,416	1,416	-
Afghan Support		-	-	47
Africa		226	226	-
AMI		2,724	2,724	5,327
Art of Living		1705	1705	-
Climate Action Now		24,248	24,248	10,773
Covid19		-	-	227
Disaster relief		2,137	2,137	3,496
Germany Refugee Project		1,558	1,558	167
Gift a Smile		16,928	16,928	27,937
Give As You live ltd		26	26	-
Gift Aid Recovery		(367)	(367)	-
General fund	21,672	-	21,672	13,850
Iran		-	-	-
M & B Wellness		324	324	-
Kenya YLTP		7,997	7,997	-
Lebanon		-	-	913
MYM		1,121	1,121	4,331
Nominated Project Reserve		-	-	-
Help Turkey		299	299	-
NHS		-	-	13,184
Pakistan relief		-	-	-
Pavitra		1,303	1,303	1,492
PB UK HRE		-	-	-
Peacebuilding		-	-	-
Morocco Earthquake Relief		1,160	1,160	-
Prison SMART		23	23	-
Read Library		12,216	12,216	11,787
Scotland 108 Squared		98	98	-
Sri Lanka		12,297	12,297	5164
Sri Lanka - Meals		50	50	551
TLEX		-	-	-
Ukraine		509	509	10,963
World Cultural Festival		-	-	-
Yes for schools		6,585	6,585	3,242
		-	-	-
	21,672	94,583	116,255	113,451

3. Investment Income

	Unrestricted Funds £	2024 Total £	2023 Total £
Deposit Interest	1,832	1,832	344
	1,832	1,832	344

4. Cost of generating funds

	Restricted Funds £	2024 Total £	2023 Total £
10k run	-	3360	-
	-	3360	-

5. Cost of charitable activities - Grants payable

	Unrestricted Funds £	Restricted Funds £	2024 Total £	2023 Total £
Africa	-	11	11	-
AMI	-	9,330	9,330	7,007
Climate Action Now	-	27,676	27,676	14,289
Gift a Smile	-	25,000	25,000	34,000
MYM	-	1,322	1,322	6,022
Art of living	-	17,278	17,278	-
Covid 19	-	6,728	6,728	-
Oxygen	-	-	-	21,054
KenyaYLTP	-	14,331	14,331	-
Pavitra	-	3,841	3,841	-
Help Turkey	-	7,127	7,127	1,474
Peacebuilding	-	720	720	-
Morocco Earthquake	-	1,661	1,661	-
Prison SMART	-	696	696	60
Read Library	-	18,036	18,036	19,639
TLEX	-	1,632	1,632	-
Sri Lanka	-	5,015	5,015	7,343
Sri Lanka – Meals	-	-	-	598
Ukraine	-	8630	8630	3,100
Yes for Schools	-	6,059	6,059	7,643
	-	155,093	155,093	122,229

6. Governance costs

	Unrestricted Funds	2023 Total	2022 Total
	£	£	£
General expenses	152	152	7,772
Accountancy & Admin fees	6,156	6,156	7,850
Bank charges	189	189	101
Foreign exchange gain	-	-	(12)
	<u>6,497</u>	<u>6,497</u>	<u>15,711</u>

7. Debtors

	2024 Total	2023 Total
	£	£
Gift Aid	-	13,021
IAHV India	-	-
	<u>-</u>	<u>13,021</u>

8. Creditors: Amounts falling due within one year

	2024 Total	2023 Total
	£	£
Other creditors	<u>10,013</u>	<u>4,488</u>
	<u>10,013</u>	<u>4,488</u>

9. Analysis of net assets between funds

	Unrestricted Funds	Restricted Funds	Total Funds
	£	£	£
Fund balances at 5 April 2024 as represented by:			
Current Assets	121,663	124,741	246,404
Current Liabilities	<u>(10,013)</u>	<u>-</u>	<u>(10,013)</u>
	<u>111,650</u>	<u>124,741</u>	<u>236,391</u>

10. Unrestricted funds

	6th April 2023	Incoming	Outgoing	5th April 2024
	£	£	£	£
General grant fund	104,320	25,526	(18,196)	111,650

Purposes of unrestricted funds

Unrestricted funds may be put to any charitable use as determined by the Trustees

11. Net movement in funds

	5th April 2023	Incoming	Outgoing	5th April 2024
	£	£	£	£
10k	(1,577)	1,416	-	(161)
Afghan Support	1,436	-	-	1,436
Africa	616	226	11	831
AMI	880	2,724	9,330	(5,726)
Breathe SMART	329	-	-	329
Climate Action Now	1,444	24,248	27,676	(1,984)
Covid19	6,729	-	6,728	1
Disaster relief	16,470	2,137	-	18,607
Germany Refugee Project	1,816	1,558	-	3,374
Gift a Smile	13,706	16,928	25,000	5,634
Give As You live ltd	-	26	-	26
Gift Aid Recovery	-	(367)	-	(367)
IAHV Infrastructure - IT	18,976	-	-	18,976
Iran	2,970	-	-	2,970
M & B Wellness	-	324	-	324
Kenya YLTP	-	7,997	14,331	(6,334)
Lebanon	11,582	-	-	11,582
MYM	-	1,121	1,322	(201)
Nominated Project Reserve	25,000	-	-	25,000
Help Turkey	13,184	299	7,127	6,356
Oxygen	-	-	-	-
Pakistan relief	1,162	-	-	1,162
Pavitra	3,147	1,303	3,841	609
PB UK HRE	682	-	-	682
Peacebuilding	16,593	-	720	15,873
Morocco Earthquake Relief	-	1,160	1,661	(501)
Prison SMART	2,496	23	696	1,823
Read Library	7,741	12,216	18,036	1,921
Scotland 108 Squared	-	98	-	98
Sri Lanka	7,899	12,297	5,015	15,181
Sri Lanka - Meals	-	50	-	50
TLEX	2,695	-	1,632	1,063
Ukraine	15,942	509	8,630	7,821
Art of Living	-	1705	17278	(15573)
Yes for schools	13,329	6,585	6,059	13,855
5% Admin Fee on donations	3	2,022	-	2,025
Total	185,250	96,605	155,093	126,762