

Registration No. 5065216 (England and Wales)
Charity No. 1103070

THE RELATIONSHIPS CENTRE LEICESTERSHIRE LTD

(a company limited by guarantee)

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

THE RELATIONSHIPS CENTRE LEICESTERSHIRE LTD

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**THE RELATIONSHIPS CENTRE LEICESTERSHIRE (FORMERLY RELATE
LEICESTERSHIRE)
(A COMPANY LIMITED BY GUARANTEE)
REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025**

**THE RELATIONSHIPS CENTRE LEICESTERSHIRE FORMERLY RELATE
LEICESTERSHIRE (A COMPANY LIMITED BY GUARANTEE)**

COMPANY INFORMATION

TRUSTEES:



Mr R Jones (Chair)
Mrs S Jarram (Treasurer)
Mr M Wright
Miss Jade Williamson
Miss Kumbirai Mushambi
Mrs Namrata Bhavsar

COMPANY SECRETARY:

Miss M White

CHIEF EXECUTIVE OFFICER:

Miss M White

REGISTERED OFFICE:

83 Aylestone Road
Leicester
Leicestershire
LE2 7LL

COMPANY REGISTERED NUMBER:

5065216 (England & Wales)

CHARITY REGISTERED NUMBER:

1103070

EXAMINING ACCOUNTANT:

Mr CS Sowman
Kenneth Law Sowman & Co
3 Leicester Road
Oadby
Leicester
LE2 5BD

BANKERS:

HSBC Bank plc
31 Granby Street
Leicester
LE1 6EP

INDEPENDENT AUDITORS:

Xeinadin Audit Limited
Cabourn House, Station Street
Bingham, Nottinghamshire
NG13 8AQ

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REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025**

The Directors, who are Trustees in respect of the charitable activities of the company, present their report together with the financial statements for the year ended 31st March 2025.

CHARITABLE OBJECTS

The charitable objects of The Relationships Centre Leicestershire Formerly Relate Leicestershire are set out below.

1. To educate the public concerning the benefits of secure couple relationships, marriage and family life in order to improve the emotional, sexual and spiritual well-being of individuals which is derived from committed relationships;
2. To seek to enhance, the good health, both mental and physical, of adults and children by:
 - i) Increasing public awareness of the benefit of committed couple relationships, marriage, and family life; and
 - ii) Working to prevent poverty, hardship and distress caused by the breakdown of such relationships;
3. To provide counselling, advice, education, guidance and relief to adults and/or children in relation to any aspect of contemporary life or work which:
 - i) May prejudice their physical or mental well-being; or
 - ii) Influence, either directly or indirectly, their present or future family or couple relationship;
4. To relieve those in need by reason of youth, age, ill-health, disability, financial hardship or another disadvantage; and
5. To promote research into all of the above Objects and to make the results available to the public.

The company's main activities during the year all fell within these objects and are described in fuller detail later in this report.

REVIEW OF BUSINESS

The results for the year and the financial position of the company are as shown in the annexed financial statements.

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STRUCTURE, GOVERNANCE AND MANAGEMENT

The Relationships Centre Leicestershire Formerly Relate Leicestershire is a registered charity that has been serving the communities of Leicester, Leicestershire and Rutland for nearly 80 years.

This year has seen a significant and unprecedented change in our charity's history, governance and structure. Having operated as part of the Marriage Guidance Council since 1947, and later under the Relate brand, we have long been part of a national network providing relationship support across the UK.

In November 2024, the national Relate charity entered administration. This development marked a pivotal moment for our organisation. The Board of Trustees undertook a thorough review of our structure, operational responsibilities and future direction to ensure the continuity and stability of our local services. Throughout this period, the trustees have continued to provide strong oversight, meeting regularly to maintain high standards of governance while adapting to a rapidly changing landscape, prioritising both staff and services users during this transition.

We saw almost all 23 Relate independent centres, with additional centres joining later, leave the Relate brand at the end of the financial year. Together, these centres have formed a new national charity, **Relationships England and Wales**, made up of network members committed to working collaboratively. This collective approach strengthens our shared voice, enhances operational resilience and supports a unified vision of delivering high quality in-person relationship support across the country. Our centre is bound by the terms of the Relationships England and Wales membership agreement, which provides, among others, that The Relationships Centre Leicestershire will abide by the terms of the agreed policies. The governing body of Relationships England and Wales is the Board of Directors.

We provide an extensive range of relationship services at our main premises at 81/83 Aylestone Road, Leicester and outreach locations across the county and Rutland.

The governing body of The Relationships Centre Leicestershire Formerly Relate Leicestershire is its Board. The Memorandum and Articles of Association govern the appointment of Directors and Trustees. The Centre's policy for the recruitment and induction of new Directors and Trustees provides for a process of interviews and discussions, the provision of background information and attendance as an observer at Board and Committee meetings.

The Directors and Trustees have met formally with the Centre Manager and staff teams in regular meetings throughout the year. Between these meetings the Finance & General Purposes Committee oversee the Centre's finances and

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Human Resource Functions. The Service & Practice Committee regularly reviews and guides the development and delivery of the main services provided: Relationship Counselling (face-to-face and by telephone/zoom), Young People Counselling, Sex Therapy, Family Counselling and Education and Learning services. The Business Development Committee oversee the development of the Business Plan and the Marketing & Publicity Strategy and monitor its implementation and progress.

Melissa White leads the team with support from Amy Colebrook, (Director of Services) Georgia Payne (Operations Manager), Caitlin Sands (Service Manager), Khloe Crofts (Office Manager) and Caroline Byrne (Centre Support Team Co-ordinator). The Clinical Lead is supervisor Vicki Weetman, supported by supervisors Kala Subbaswamy, Rashmi Patel and Leona Smith Kerr.

OBJECTIVES AND ACTIVITIES

Our recent change has allowed us to review our vision, mission and values and our new name, The Relationships Centre Leicestershire, reflects the breadth, depth and diversity of the counselling and therapeutic services it now provides to the local community.

Our mission is to be a locally rooted centre that encourages connection and supports people to build healthy relationships with themselves, with others and the wider community. Our vision continues to be a “one stop relationship service centre” reaching more people and serving the community of Leicester, Leicestershire and Rutland. At our core, we care and believe in what we do, and in people’s relationships and connections and have renewed our values to include,

- **Inclusivity**
Welcoming, adaptable & connected
- **Integrity**
Professional, ethical & authentic
- **Innovation**
Creative, responsive & nurturing development
- **Compassion**
Empathic, supportive & empowering

The Relationships Centre Leicestershire continues to provide counselling and support to individuals, couples, children and young people and families across Leicester, Leicestershire and Rutland, building on a long tradition of strengthening relationships and supporting community wellbeing. Our services are diverse and designed to meet local needs, and in parallel to diversify our sources of income. Growth and flexibility are critical to the Centre’s long-term viability, and we continue on our objective to develop steady patterns of annual growth.

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Despite the significant transition in our charity's history, 2024-2025 has been another positive year in terms of maintaining a single cohesive team within the Centre. Due to service user demand, we continue to deliver a mainly face to face service with some remote counselling taking place.

In January 2025, The Board of Trustees, led by The Treasurer, developed and approved a new Investment Policy to help secure the charity's long term financial sustainability. This policy provides a structured approach to making prudent investments that will support our future resilience and allow us to plan with confidence.

As part of this strategy, the Board created a designated fund to enable significant improvements to the two buildings we own, which are 150 and 135 years old. Both properties required substantial renovation works during the financial year, and the designated fund has allowed us to undertake these essential upgrades in a planned and responsible way. These buildings provide a sense of containment for our staff and service users and investing in them ensure that we continue to offer a safe, welcoming and fit for purpose environment. This approach has also ensured the sensible and strategic use of our surplus, investing in assets that are central to the charity's ongoing work.

The Centre's longest established service is Adult Relationship Counselling. This includes counselling for individuals and couples, irrespective of marital status, faith, race, gender, sexual orientation or disability, as well as Sex Therapy and Sex Addiction.

The Young People Counselling Service has continued building partnerships with schools and we have new schools and colleges on board providing face to face counselling services. The demand for children and young people counselling and family counselling is significant, and we have again recruited new members of the team to meet the additional demand. We delivered another year of therapeutic services for children and young people with mild to moderate mental health needs across Leicester, Leicestershire, and Rutland and again this has now been extended to 31st March 2027. The contract is an Early Intervention Service funded by the NHS Leicester, Leicestershire and Rutland Integrated Care Board and is delivered with our partner agency Heads Up.

Sadly, during our own transition period, we also saw our early intervention partner and subcontractor, ADHD Solutions enter into administration in December 2024. To ensure continuity of service for our early intervention clients, the Board and Senior Team acted swiftly and responsibly. In January 2025, we recruited two members of the ADHD Solutions team into our own organisation, enabling us to preserve essential expertise and maintain vital support for families. This marked the creation of a new service that has never before been provided in our charity's history.

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The NHS Leicester, Leicestershire and Rutland Integrated Care Board continued to commission Relate Leicestershire to deliver a Community Chill Out Zone service. This service supported Children and Young People to access support and advice with low level emotional and mental health needs through community workshops.

PUBLIC BENEFIT

In line with the requirements of the Charities Commission, we give below information on how the Centre delivers public benefit.

The Relationships Centre Leicestershire continues to provide counselling and support to individuals, couples, children and young people and families across Leicester, Leicestershire and Rutland, building on a long tradition of strengthening relationships and supporting community wellbeing takes practical steps to provide open access to its services. We continue to operate a bursary scheme to enable those in financial hardship to access our services at a reduced cost. We nevertheless see it as a priority that our services remain accessible to those who require them, irrespective of their means.

Most of our Young People Counselling Service is provided within the Early Intervention Service and local schools and colleges.

ACHIEVEMENTS AND PERFORMANCE

Results in Aggregate

This was as ever a year of challenge, as illustrated by the insolvency of the national charity. At the same time, we have experienced a reduction in demand across some of our services, reflecting the wider pressures of the ongoing cost of living crisis. As a result of a slight reduction in demand across services, our investment policy has focussed on supporting service users to access counselling through prudent financial decisions, and this is reflected in the interest earned back from the bank deposits. In addition, we have placed increased emphasis on fundraising activities to further strengthen the charity's financial position and ensure the sustainability of our services.

We have sought to avoid generating excessive surpluses by making prudent investments in our buildings and in continuing professional development of our staff. Despite this approach and our year of challenge, the charity has still achieved a modest surplus during the year, which will be invested into our staff, our properties and our clients, ensuring the organisation continues to deliver high quality support while maintaining financial sustainability.

Adult Relationship Counselling

We have seen a drop in demand for this financial year; however, we hope to reach more people this year and supporting them to find us under our new name continues to be a priority. Work continues on supporting couples and individuals to access our bursary.

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Children and Young People's counselling and Family Work

We continued our work in schools providing individual counselling for young people in secondary and primary schools.

The demand for school counselling is increasing at a steady rate, and we have employed and trained new counsellors to meet the demand.

FINANCIAL REVIEW

Financial Position

The Centre ended the year with total incoming resources of £1,380,258 and recorded a surplus of £ 131,832. This surplus has built our reserves to a level that will sustain us in a crisis. We have continued to invest in our infrastructure to improve our environment for clients, improve the building and our programme of change for our IT provision. The Trustees, as usual, will be making prudent decisions over the coming year to ensure the Centre's viability.

The Centre's finances are managed under a straightforward regime. The Finance & General Purposes Committee develops a budget for approval by the Board prior to the start of each year, and reviews performance against that budget. The Board receives and considers financial reports at each of its quarterly meetings. Every month the Centre Manager sends to the Directors and Trustees a set of key statistics, including output volumes for each service, the unkept appointment rate, the average client contribution for counselling services, and the values of bank balances. The Finance & General Purposes Committee is authorised to approve unbudgeted expenditures of up to £5,000. The Finance Committee keeps under review the management of funds on deposit.

The turnover in 2024 – 2025 has taken us over the threshold for an independent examination and we have been audited this year by Xeinadin Audit Limited.

Reserves

The contents of the Centre's risk register were formally reviewed during the course of the year, together with their estimated impacts and likelihoods, controls and mitigations. In the light of this the level of required reserves was re-evaluated. The directors concluded that it was prudent to maintain free reserves, including working capital, of around £450,000 to provide a 'breathing space' within which to act in the event of the risks identified materialising.

The Centre's readily realisable assets now stand at around £1,710,766. Given the continuing uncertainties within the funding outlook and the economy generally, the directors regard the current level of reserves as adequate.

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It should be noted that the freehold property owned by The Relationships Centre Leicestershire is valued at historical cost less accumulated depreciation in the accounts. The trustees consider that 'on an open market valuation' the freehold property would be valued considerably more than its book value.

Funding

The main sources of funding for our services during 2024/2025 are as described in the following paragraphs.

Most of the funding for Relationship Counselling, delivered at our own premises and outposts came from client contributions. The payments are supported by a bursary, where necessary, so that the service was again available to clients irrespective of their means. Our Bursary made available for members of the public to support the cost of counselling for 2024 – 2025 was £14,190.60, a decrease from the previous year but reflects the slight reduction in client demand.

Young People counselling services received most of its funding through contracts with our local Integrated Care Board.

Counselling services for schools and colleges were once again delivered at a reduced cost this year. We have been unable to increase the much-needed unit cost due to the financial pressure many of these institutions face, as any increase could have restricted access for service users. The continuation of these services at an affordable rate has been supported by our investment efforts, ensuring that those in need continue to receive essential support.

FUTURE DEVELOPMENTS

We have continued to build stability in the Centre as we work together to operate our vision and strategy. The cost-of-living crisis continues to place pressure on demand for our services, and this is likely to intensify as financial pressures on households deepen further. Faced with continuing uncertainty, we shall maintain close monitoring of the funding outlook and new opportunities and keep under review contingency plans to manage our capacity and our cost base.

We will continue to analyse feedback from our clients and act as needed to keep our services in tune with evolving market needs. We will continue to invest time and effort in understanding the implications of structural changes in our various markets, including the impact of commissioning. We intend to continue to develop bespoke solutions to the opportunities presented by funding agencies, and where appropriate to work in partnership with other service organisations with complementary competences. We will continue to encourage the members of our highly skilled workforce to extend their individual competences to meet emerging needs.

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The trustees are confident that the actions taken over the past year has put the charity in a strong position to succeed in what has now become an extremely challenging time.

REFERENCE AND ADMINISTRATIVE DETAILS

This information is provided on page 1 of the annual report and accounts.

EXAMINING ACCOUNTANT

The Directors and Trustees acknowledge and thank Mr Christopher Sowman of Kenneth Law Sowman & Co. for his work in undertaking the annual examination of the accounts for the year to 31 March 2025 and for supporting our work with auditors Xeinadin.

PROVISION OF INFORMATION TO AUDITORS

Each of the persons who are Trustees at the time when the Trustees' report is approved, has confirmed that so far as that Trustee is aware, there is no audit information of which the auditor is unaware; that they have taken all the steps that ought to have been taken as a Trustee in order to be aware of any information needed by the auditor in connection with preparing its report and to establish that the auditor is aware of that information.

Approved by the Trustees on 4th December 2025 and signed on their behalf by



Mr Richard Jones
Chair

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REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025**

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees are required to prepare financial statements for each financial year that give a true and fair view of the financial activities of the charity and of its financial position at the end of that year. In preparing those accounts the trustees are required to:

- select suitable accounting policies and apply them consistently;
- make judgments and estimates that are reasonable and prudent;
- state whether the policies adopted are in accordance with applicable accounting standards and statements of recommended practice, subject to any material departures disclosed and explained in the accounts; and
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to ensure that the accounts comply with all relevant legislation and its own constitution. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF THE RELATIONSHIPS CENTRE LEICESTERSHIRE LTD

Opinion

We have audited the financial statements of The Relationships Centre Leicestershire Ltd for the year ended 31 March 2025 which comprise the Statement of Financial Activities (incorporating an Income and Expenditure Account), the Balance Sheet, the Statement of Cash Flows and the related notes. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2025, and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice and;
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and the provisions available for small entities, in respect of the fact we provide non-audit services in the preparation of these financial statements, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustee's use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the Trustees' report. The Trustees are responsible for this other information. Our opinion of the financial statements does not cover the other information and except to the extent otherwise explicitly stated in our report we do not express any form of assurance conclusion thereon. In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements, or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF THE RELATIONSHIPS CENTRE LEICESTERSHIRE LTD

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Trustees' report, which includes the Directors' report and the Strategic report prepared for the purposes of company law, for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Strategic report and the Directors' report included within the Trustees' report have been prepared in accordance with the applicable legal requirements.

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- the charitable company has not kept adequate and sufficient accounting records, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.
- the Trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies exemption in preparing the Directors' report and take advantage of the small companies exemption from the requirement to prepare a strategic report.

Responsibilities of Trustees

As explained more fully in the Trustees' responsibilities statement set out in the Trustees' report, the Trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the Trustees determine is necessary to enable the preparation of the financial statements that are free from material misstatement, whether due to fraud or error.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but it is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Firstly, our assessment of the risk applicable to the entity's financial statements from material misstatements, including fraud, is low. Consequently, the risks identified are primarily concerned with dominant influence by management, income recognition and classification as well as adequacy and completeness of the disclosure for related parties. In response, we have:

- Reviewed minutes of meetings of management and those charged with governance;
- Tested journal entries and other adjustments for appropriateness, evaluating the rationale behind transactions outside the normal course of activities;
- Vouched a sample of grants and contracts to source documentation checking income recognition criteria as well as any restrictions for appropriate fund classification;
- Reviewed transactions during the year for evidence of additional, unidentified related parties.

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF THE RELATIONSHIPS CENTRE LEICESTERSHIRE LTD

Auditor's responsibilities for the audit of the financial statements (continued)

Whilst the procedures listed aid us in detecting irregularities, there exists the inherent difficulty in detecting irregularities, particularly those related to fraud. However, we believe the above risks to be the particular areas most susceptible to material misstatement.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Jordan Cain ACA (Senior Statutory Auditor)

for and on behalf of
XEINADIN AUDIT LIMITED

Chartered Accountants
Statutory Auditors

Cabourn House
Station Street
Bingham
Nottinghamshire
NG13 8AQ

Date:

**THE RELATIONSHIPS CENTRE LEICESTERSHIRE LTD
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**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2025**

INCOME AND EXPENDITURE ACCOUNT

		Unrestricted funds	Restricted funds	2025 Total funds	2024 Total funds
	NOTE				
Incoming resources					
Incoming resources from generated funds					
Voluntary Income	2	2,987	-	2,987	1,719
Investment income	3	3,022	-	3,022	-
Incoming resources from charitable activities	4	1,245,151	128,278	1,373,429	1,429,980
Other incoming resources	5	820	-	820	275
Total incoming resources		1,251,980	128,278	1,380,258	1,431,974
Resources expended					
Charitable activities	6	1,113,248	128,278	1,241,526	1,092,097
Governance costs	7	6,900	-	6,900	6,900
Total resources expended		1,120,148	128,278	1,248,426	1,098,997
Net incoming resources for the financial year	8	131,832		131,832	332,977
Transfer between funds		-	-	-	-
Total funds brought forward		1,685,501	-	1,685,501	1,352,524
Total funds carried forward	16	1,817,333	-	1,817,333	1,685,501

CONTINUING OPERATIONS

All incoming resources and resources expended derive from continuing activities

TOTAL RECOGNISED GAINS AND LOSSES

There were no recognised gains or losses other than included above.

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BALANCE SHEET
31 MARCH 2025

	NOTE	2025	2024
TANGIBLE FIXED ASSETS	11	106,567	116,592
CURRENT ASSETS			
Debtors	12	26,306	218,607
Cash at bank and in hand	13	1,722,563	1,444,005
		<u>1,748,869</u>	<u>1,662,612</u>
CREDITORS			
Amounts falling due within one year	14	<u>38,103</u>	<u>93,703</u>
NET CURRENT ASSETS		1,710,766	1,568,909
TOTAL ASSETS LESS CURRENT LIABILITIES		1,817,333	1,685,501
FUNDS			
Unrestricted Funds			
General funds	20	1,317,333	1,685,501
Designated funds	20	<u>500,000</u>	<u>-</u>
		1,817,333	1,685,501
Restricted funds	20	-	-
TOTAL FUNDS		1,817,333	1,685,501

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the smaller companies' regime.

These accounts were approved by the Trustees on 08.12.25 and signed on their behalf by:

Director and Chair of Trustees

**THE RELATIONSHIPS CENTRE LEICESTERSHIRE LTD
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**CASH FLOW STATEMENT
31 MARCH 2025**

	2025	2024
Cash flows from operating activities	280,718	239,953
Investing activities		
Purchase of tangible fixed assets	(5,182)	(1,163)
Interest received	3,022	
Net cash from operating activities and increase in cash and cash equivalents	278,558	238,790
Cash and cash equivalents at the beginning of the year	1,444,005	1,205,215
Cash and cash equivalents at the end of the year	<u>1,722,563</u>	<u>1,444,005</u>

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**NOTES TO THE CASH FLOW STATEMENT
31 MARCH 2025**

	2025	2024
1. RECONCILIATION OF SURPLUS TO CASH GENERATED FROM OPERATIONS.		
Surplus for the year	131,832	332,977
Depreciation charges	15,207	15,317
Interest income	(3,022)	
	<u>144,017</u>	<u>348,294</u>
 (Increase) / decrease in debtors	 192,301	 (165,392)
Increase / (decrease) in creditors	(55,600)	57,051
	<u>280,718</u>	<u>239,953</u>

2. CASH AND CASH EQUIVALENTS

The amounts disclosed on the Cash Flow Statement in respect of cash and cash equivalents are in respect of these balance sheet amounts:

Year ended 31 March 2025

	31.03.25	01.04.24
Cash and cash equivalents	<u>1,722,563</u>	<u>1,444,005</u>

Year ended 31 March 2024

	31.03.24	01.04.23
Cash and cash equivalents	<u>1,444,005</u>	<u>1,205,215</u>

3. ANALYSIS OF CHANGES IN NET FUNDS

	At 01.04.24	Cash flow	At 31.03.25
Cash at bank and in hand	<u>1,444,005</u>	<u>278,558</u>	<u>1,722,563</u>

**THE RELATIONSHIPS CENTRE LEICESTERSHIRE LTD
(A COMPANY LIMITED BY GUARANTEE)**

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)".

The Relationships Centre Leicestershire Ltd meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated.

Preparation of the accounts on a going concern basis

The trustees are satisfied that based on these accounts, the resources available to the charity, the financial results of the charity, and the budgets and forecasts for the 2025/2026 year, that the charity can continue to meet its liabilities as they fall due and that in consequence the going concern basis continues to remain appropriate.

Income

Income is recognised when the charity has entitlement to the funds, any conditions attached to the item(s) of income have been met, it is probable that the income will be received, and the amount can be measured reliably.

Income from grants is recognised when the charity has met the performance criteria specified at the time of grant and is recorded on a period-by-period basis when such criteria is achieved.

Incoming resources are treated as unrestricted unless the use of such income has conditions attached which determine when, how and on what such funds may be expended. In those cases where the incoming resource is deemed or determined to be restricted, then it is only recognised as income when any attaching performance criteria is achieved.

Fund Accounting

Unrestricted general funds are those funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed at the time such funds are received. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

**THE RELATIONSHIPS CENTRE LEICESTERSHIRE LTD
(A COMPANY LIMITED BY GUARANTEE)**

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025**

1. ACCOUNTING POLICIES - continued

Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required, and the amount of the obligation can be measured reliably. Where such expenditure relates to a restricted income fund, then it is recognised in the same period as the income to which it applies.

Apart from governance costs, all expenditure is classified as expenditure on charitable activities.

All expenditure includes the irrecoverable VAT as a cost where it has been charged.

Allocation of central office costs

Central office costs are those functions that support the charitable activities of the charity and include finance, personnel, management, training and other administrative activities. The trustees do not consider that an arbitrary allocation of such costs is meaningful and accordingly the analysis of expenditure by activity records such costs separately.

Operating Leases

Rentals payable under operating leases (a lease where title to such equipment remains with the lessor) are charged to the SOFA on a straight-line basis over the term of the lease.

Tangible fixed assets

Tangible fixed assets are stated at cost (or deemed cost) less accumulated depreciation and accumulated impairment losses.

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold property	- 1% on the original cost of the property
Fixtures and fittings	- 10% & 20% on cost

Given the nature and age of the freehold property, the trustees have concluded that it is not possible to identify the component parts of its cost and have therefore continued to apply a straight-line charge for depreciation of 1% per annum.

Taxation

As a registered charity, The Relationships Centre Leicestershire Ltd is exempt from any liability to taxation.

Pensions

The charitable company operates a defined contribution pension scheme. Contributions payable for the period are charged in the profit and loss account.

**THE RELATIONSHIPS CENTRE LEICESTERSHIRE LTD
(A COMPANY LIMITED BY GUARANTEE)**

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025**

1. ACCOUNTING POLICIES - continued

Cash at bank and in hand

Cash at bank and in hand includes cash and highly liquid investments either with a short maturity of three months or less or that can be withdrawn on a similarly short notice.

**THE RELATIONSHIPS CENTRE LEICESTERSHIRE LTD
(A COMPANY LIMITED BY GUARANTEE)**

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025**

2. VOLUNTARY INCOME

Voluntary income comprises donations received by the charity in the year. There are no costs associated with this activity.

3. INVESTMENT INCOME

Investment income represents the total amounts receivable from the charity's bank deposits. Investment income is allocated to the different funds based upon the ratio of fund balances.

4. INCOMING RESOURCES FROM CHARITABLE ACTIVITIES

Analysis of incoming resources between funds

	Unrestricted funds	Restricted funds	2025 Total	2024 Total
Client and other income	149,822	-	149,822	177,968
Young People	1,095,329	128,278	1,223,607	1,251,974
Training & Lifeskills	-	-	-	38
	1,245,151	128,278	1,373,429	1,429,980

	2025 Total	2024 Total
Analysis of incoming resources by activity		
Relationship counselling	134,115	154,272
Family counselling	5,233	11,110
PST counselling	10,473	12,586
YP counselling	675,442	720,475
Life skills	-	38
YP early intervention	548,166	531,499
	1,373,429	1,429,980

5. OTHER INCOMING RESOURCES

Other incoming resources comprise income from the sales of books and other publications, room hire, donations and fund-raising activities.

**THE RELATIONSHIPS CENTRE LEICESTERSHIRE LTD
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**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025**

	<u>2025</u>	<u>2024</u>
6. RESOURCES EXPENDED ON CHARITABLE ACTIVITIES		
The analysis of resources expended on charitable activities by type is as follows:		
Staff costs	807,750	757,229
National Relate and Affiliation Fees	22,801	27,650
Training, travel and other staff costs	58,179	20,412
Property and utility costs	64,171	53,506
External service providers	172,582	127,592
Office costs	82,004	64,731
Literature, PR and marketing	12,485	18,253
Accounting services - external provider	16,560	16,560
Sundries	4,994	6,164
	<u>1,241,526</u>	<u>1,092,097</u>

The Trustees still consider that the allocation of resources by expenditure type provides a more meaningful analysis of resources expended on charitable activities. However, the table below provides an indicative analysis of resources expended by activity including the trustees allocation of central office costs. This allocation forms the basis of the amounts as disclosed on the SOFA.

	2025 DIRECT COSTS	2025 CENTRAL ALLOCATE	2025 Total	2024 Total
Analysis of resources expended by activity				
Adult counselling	91,682	25,252	116,934	120,058
YP counselling	116,389	32,057	148,446	169,417
YP projects	765,271	210,779	976,050	802,264
Education and learning	75	21	96	358
Central office costs	268,109	(268,109)	-	-
	<u>1,241,526</u>	<u>-</u>	<u>1,241,526</u>	<u>1,092,097</u>

7. GOVERNANCE COSTS

Audit fee	6,900	6,900
Examiners fee	1,440	1,440
	<u>8,340</u>	<u>8,340</u>

The charity incurs no other direct costs in connection with its governance.

8. NET INCOMING / (OUTGOING) RESOURCES FOR THE FINANCIAL YEAR

Net incoming / (outgoing resources) resources is stated after charging:

Depreciation - owned assets	15,207	15,317
Audit fee	6,900	6,900
Operating lease expenses	<u>2,056</u>	<u>1,424</u>

The directors received no emoluments or other benefits (2024 - £nil)

The Trustees of the charity neither received nor waived any emoluments during the year (2024 - £nil). No expenses were paid to Trustees during the year (2024 - £nil).

**THE RELATIONSHIPS CENTRE LEICESTERSHIRE LTD
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**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025**

9. STAFF COSTS

	<u>2024</u>	<u>2024</u>
Wages and salaries	750,028	707,337
Social security costs	44,772	38,536
Pension costs	12,950	11,356
	<u>807,750</u>	<u>757,229</u>

The average headcount during the year was 51 (2024 - 44).

The average number of staff based upon full-time equivalent posts is 30 (2024 - 28).

The employment costs of key management personnel are 56,726 58,735

No employee received remuneration at the rate of £60,000 per annum or above.

Wages and salaries includes £25,143 (2024 - £64,769) in respect of invoiced costs from third parties.

10. TAXATION

There is no liability to UK corporation tax on the result of the year.

11. TANGIBLE FIXED ASSETS

	Freehold property	Fixtures & fittings	Total
Cost			
At 1 April 2024	148,899	107,350	256,249
Additions	-	5,182	5,182
	<u>148,899</u>	<u>112,532</u>	<u>261,431</u>
At 31 March 2025	<u>148,899</u>	<u>112,532</u>	<u>261,431</u>
Depreciation			
At 1 April 2024	74,450	65,207	139,657
Charge for the year	1,489	13,718	15,207
	<u>75,939</u>	<u>78,925</u>	<u>154,864</u>
At 31 March 2025	<u>75,939</u>	<u>78,925</u>	<u>154,864</u>
NET BOOK VALUE			
At 31 March 2025	<u>72,960</u>	<u>33,607</u>	<u>106,567</u>
At 31 March 2024	<u>74,449</u>	<u>42,143</u>	<u>116,592</u>

**THE RELATIONSHIPS CENTRE LEICESTERSHIRE LTD
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**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025**

	2025	2024		
12. DEBTORS : AMOUNTS FALLING DUE WITHIN ONE YEAR				
Trade debtors	11,591	127,921		
Prepayments and accrued income	14,715	90,686		
	<u>26,306</u>	<u>218,607</u>		
13. CASH AT BANK AND IN HAND				
Cash and current accounts	1,422,562	1,444,005		
CCLA short duration fund	300,001	-		
	<u>1,722,563</u>	<u>1,444,005</u>		
14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR				
Trade creditors	10,479	28,509		
Social security and other taxes	11,236	16,578		
Accrued expenses and deferred income	16,388	48,616		
	<u>38,103</u>	<u>93,703</u>		
15. ANALYSIS OF NET ASSETS BETWEEN FUNDS				
	Designated fund	Restricted fund	General fund	Total
Tangible fixed assets	-	-	106,567	106,567
Current assets	-	-	1,748,869	1,748,869
Current liabilities	-	-	(38,103)	(38,103)
At 31 March 2025	-	-	1,817,333	1,817,333

**THE RELATIONSHIPS CENTRE LEICESTERSHIRE LTD
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**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025**

16. NATIONAL RELATE

Relate Leicestershire Ltd was part of a federation with other such charities which share similar aims and objectives but is not otherwise connected to those charities.

During the year the charity paid £22,801 (2024: £27,650) to the National Relate Federation.

17. COMMITMENTS

The Relationships Centre Leicestershire Ltd has future minimum lease payments under non-cancellable operating leases of £2,056 (2024 - £2,056) due within one year and £3,719 (2024: £5,775) due between two and five years.

18. COMPANY STATUS

The charity is a company limited by guarantee. The members of the company are the Directors and Trustees named on page 1. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity.

19. VOLUNTEER SERVICES

No amount is recognised in the financial statements in respect of the time donated to the charity by volunteers.

**THE RELATIONSHIPS CENTRE LEICESTERSHIRE LTD
(A COMPANY LIMITED BY GUARANTEE)**

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025**

20 FUNDS

UNRESTRICTED FUNDS

	Movement in funds			
	Balance at	Incoming	Resources	Balance at 31
	1 April	Resources	Expensed	March 2025
	2024	£	£	£
DESIGNATED FUNDS				
Resilience against risk				450,000
Aylestone Road maintenance				50,000
	-	-	-	500,000
General funds	1,685,501	1,251,980	(1,120,148)	(500,000)
Total Unrestricted Funds	1,685,501	1,251,980	(1,120,148)	-
				1,817,333

RESTRICTED FUNDS

	Movement in funds			
	Balance at	Incoming	Resources	Balance at 31
	1 April	Resources	Expensed	March 2025
	2024	£	£	£
NHS England - CWPS		128,278	(128,278)	-
Total restricted Funds		128,278	(128,278)	-

DESIGNATED FUNDS

Resilience against risk

A designated fund to set aside a minimum amount of reserves in accordance with internal policy. The fund is equivalent to approximately four months of budgeted expenditure.

Aylestone Road maintenance

A designated fund to set aside monies for repairs and other maintenance works required at the charity premises.

RESTRICTED FUNDS

NHS England - CWPS

Funding provided by NHS England directly for the clinical and support costs of Community Wellbeing Practitioners (CWPS).