The Relationships Centre Leicestershire

England & Wales · Charity number 1103070

Details

Other names	RELATE LEICESTERSHIRE
Status	Registered
Legal form	Charitable company
Company number	05065216
Registered	2004-04-06
Register	View on the Charity Commission register

Contact

Address	Relate 83 Aylestone Road Leicester LE2 7LL
Phone	01162541149
Email	reception@rllr.org.uk
Website	www.relateleicestershire.org.uk

Activities

Objects: 1) TO EDUCATE THE PUBLIC CONCERNING THE BENEFITS OF SECURE COUPLE RELATIONSHIPS, MARRIAGE AND FAMILY LIFE IN ORDER TO IMPROVE THE EMOTIONAL, SEXUAL AND SPIRITUAL WELL-BEING OF INDIVIDUALS WHICH IS DERIVED FROM COMMITTED RELATIONSHIPS;2) TO PROMOTE RESEARCH INTO ALL ASPECTS OF COUPLE RELATIONSHIPS AND MARRIAGE AND TO MAKE THE RESULTS AVAILABLE TO THE PUBLIC;3) TO SEEK TO ENHANCE, THE GOOD HEALTH, BOTH MENTAL AND PHYSICAL, OR ADULTS AND CHILDREN BY INCREASING PUBLIC AWARENESS OF THE BENEFIT OF COMMITTED COUPLE RELATIONSHIPS, MARRIAGE, AND FAMILY LIFE AND WORKING TO RECENT POVERTY, HARDSHIP AND DISTRESS CAUSED BY THE BREAKDOWN OF SUCH RELATIONSHIPS.

Activities: Relate Leicestershire seeks to enhance the good health, both mental and physical of adults and children by increasing awareness of the benefit of committed couple relationships, marriage and family life and by working to prevent poverty, hardship and distress caused by the breakdown of such relationships.

Downloaded from opencharities.uk/ew/1103070

Classification

- **How:** Provides Human Resources, Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training
- **Who:** Children/young People, The General Public/mankind

Geography

- **Area of benefit:** LEICESTERSHIRE
- Leicestershire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£1,380,258	£1,248,426	£1,817,333	56
2024-03-31	£1,431,974	£1,098,997	£1,685,501	52
2023-03-31	£1,423,505	£1,027,065	£1,352,524	46
2022-03-31	£1,266,386	£967,390	£956,084	43
2021-03-31	£946,524	£872,305	£657,088	36

Trustees

Name	Role	Appointed
Richard Jones	Chair	2013-10-20
Jade Williamson		2024-05-28
KUMBIRAI MUSHAMBI		2023-07-12
Martin Edwin Wright		2023-04-20
Susan Jarram		2024-06-10

Downloaded from opencharities.uk/ew/1103070

The Relationships Centre Leicestershire

England & Wales - Charity number 1103070

Accounts

Registration No. 5065216 (England and Wales)
Charity No. 1103070

THE RELATIONSHIPS CENTRE LEICESTERSHIRE LTD

(a company limited by guarantee)

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

THE RELATIONSHIPS CENTRE LEICESTERSHIRE LTD

CONTENTS

	Page
Company Information	1
Trustees' report	2 - 10
Auditor's report	11 - 13
Statement of Financial Activities	14
Balance Sheet	15
Statement of Cash Flows	16 - 17
Notes to the financial statements	18 - 25

THE RELATIONSHIPS CENTRE LEICESTERSHIRE (FORMERLY RELATE LEICESTERSHIRE)
(A COMPANY LIMITED BY GUARANTEE)
REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

THE RELATIONSHIPS CENTRE LEICESTERSHIRE FORMERLY RELATE LEICESTERSHIRE (A COMPANY LIMITED BY GUARANTEE)

COMPANY INFORMATION

TRUSTEES:

- Mr R Jones (Chair)
- Mrs S Jarram (Treasurer)
- Mr M Wright
- Miss Jade Williamson
- Miss Kumbirai Mushambi
- Mrs Namrata Bhavsar

COMPANY SECRETARY: Miss M White

CHIEF EXECUTIVE OFFICER: Miss M White

REGISTERED OFFICE:
83 Aylestone Road
Leicester
Leicestershire
LE2 7LL

COMPANY REGISTERED NUMBER: 5065216 (England & Wales)

CHARITY REGISTERED NUMBER: 1103070

EXAMINING ACCOUNTANT:
Mr CS Sowman
Kenneth Law Sowman & Co
3 Leicester Road
Oadby
Leicester
LE2 5BD

BANKERS:
HSBC Bank plc
31 Granby Street
Leicester
LE1 6EP

INDEPENDENT AUDITORS:
Xeinadin Audit Limited
Cabourn House, Station Street
Bingham, Nottinghamshire
NG13 8AQ

THE RELATIONSHIPS CENTRE LEICESTERSHIRE (FORMERLY RELATE LEICESTERSHIRE)
(A COMPANY LIMITED BY GUARANTEE)
REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

The Directors, who are Trustees in respect of the charitable activities of the company, present their report together with the financial statements for the year ended 31st March 2025.

CHARITABLE OBJECTS

The charitable objects of The Relationships Centre Leicestershire Formerly Relate Leicestershire are set out below.

1. To educate the public concerning the benefits of secure couple relationships, marriage and family life in order to improve the emotional, sexual and spiritual well-being of individuals which is derived from committed relationships;

2. To seek to enhance, the good health, both mental and physical, of adults and children by:

    i) Increasing public awareness of the benefit of committed couple relationships, marriage, and family life; and

    ii) Working to prevent poverty, hardship and distress caused by the breakdown of such relationships;

3. To provide counselling, advice, education, guidance and relief to adults and/or children in relation to any aspect of contemporary life or work which:

    i) May prejudice their physical or mental well-being; or

    ii) Influence, either directly or indirectly, their present or future family or couple relationship;

4. To relieve those in need by reason of youth, age, ill-health, disability, financial hardship or another disadvantage; and

5. To promote research into all of the above Objects and to make the results available to the public.

The company's main activities during the year all fell within these objects and are described in fuller detail later in this report.

REVIEW OF BUSINESS

The results for the year and the financial position of the company are as shown in the annexed financial statements.

STRUCTURE, GOVERNANCE AND MANAGEMENT

The Relationships Centre Leicestershire Formerly Relate Leicestershire is a registered charity that has been serving the communities of Leicester, Leicestershire and Rutland for nearly 80 years.

This year has seen a significant and unprecedented change in our charity's history, governance and structure. Having operated as part of the Marriage Guidance Council since 1947, and later under the Relate brand, we have long been part of a national network providing relationship support across the UK.

In November 2024, the national Relate charity entered administration. This development marked a pivotal moment for our organisation. The Board of Trustees undertook a thorough review of our structure, operational responsibilities and future direction to ensure the continuity and stability of our local services. Throughout this period, the trustees have continued to provide strong oversight, meeting regularly to maintain high standards of governance while adapting to a rapidly changing landscape, prioritising both staff and services users during this transition.

We saw almost all 23 Relate independent centres, with additional centres joining later, leave the Relate brand at the end of the financial year. Together, these centres have formed a new national charity, **Relationships England and Wales**, made up of network members committed to working collaboratively. This collective approach strengthens our shared voice, enhances operational resilience and supports a unified vision of delivering high quality in-person relationship support across the country. Our centre is bound by the terms of the Relationships England and Wales membership agreement, which provides, among others, that The Relationships Centre Leicestershire will abide by the terms of the agreed policies. The governing body of Relationships England and Wales is the Board of Directors.

We provide an extensive range of relationship services at our main premises at 81/83 Aylestone Road, Leicester and outreach locations across the county and Rutland.

The governing body of The Relationships Centre Leicestershire Formerly Relate Leicestershire is its Board. The Memorandum and Articles of Association govern the appointment of Directors and Trustees. The Centre's policy for the recruitment and induction of new Directors and Trustees provides for a process of interviews and discussions, the provision of background information and attendance as an observer at Board and Committee meetings.

The Directors and Trustees have met formally with the Centre Manager and staff teams in regular meetings throughout the year. Between these meetings the Finance & General Purposes Committee oversee the Centre's finances and

Human Resource Functions. The Service & Practice Committee regularly reviews and guides the development and delivery of the main services provided: Relationship Counselling (face-to-face and by telephone/zoom), Young People Counselling, Sex Therapy, Family Counselling and Education and Learning services. The Business Development Committee oversee the development of the Business Plan and the Marketing & Publicity Strategy and monitor its implementation and progress.

Melissa White leads the team with support from Amy Colebrook, (Director of Services) Georgia Payne (Operations Manager), Caitlin Sands (Service Manager), Khloe Crofts (Office Manager) and Caroline Byrne (Centre Support Team Co-ordinator). The Clinical Lead is supervisor Vicki Weetman, supported by supervisors Kala Subbaswamy, Rashmi Patel and Leona Smith Kerr.

OBJECTIVES AND ACTIVITIES

Our recent change has allowed us to review our vision, mission and values and our new name, The Relationships Centre Leicestershire, reflects the breadth, depth and diversity of the counselling and therapeutic services it now provides to the local community.

Our mission is to be a locally rooted centre that encourages connection and supports people to build healthy relationships with themselves, with others and the wider community. Our vision continues to be a "one stop relationship service centre" reaching more people and serving the community of Leicester, Leicestershire and Rutland. At our core, we care and believe in what we do, and in people's relationships and connections and have renewed our values to include,

- **Inclusivity**
  Welcoming, adaptable & connected
- **Integrity**
  Professional, ethical & authentic
- **Innovation**
  Creative, responsive & nurturing development
- **Compassion**
  Empathic, supportive & empowering

The Relationships Centre Leicestershire continues to provide counselling and support to individuals, couples, children and young people and families across Leicester, Leicestershire and Rutland, building on a long tradition of strengthening relationships and supporting community wellbeing. Our services are diverse and designed to meet local needs, and in parallel to diversify our sources of income. Growth and flexibility are critical to the Centre's long-term viability, and we continue on our objective to develop steady patterns of annual growth.

Despite the significant transition in our charity's history, 2024-2025 has been another positive year in terms of maintaining a single cohesive team within the Centre. Due to service user demand, we continue to deliver a mainly face to face service with some remote counselling taking place.

In January 2025, The Board of Trustees, led by The Treasurer, developed and approved a new Investment Policy to help secure the charity's long term financial sustainability. This policy provides a structured approach to making prudent investments that will support our future resilience and allow us to plan with confidence.

As part of this strategy, the Board created a designated fund to enable significant improvements to the two buildings we own, which are 150 and 135 years old. Both properties required substantial renovation works during the financial year, and the designated fund has allowed us to undertake these essential upgrades in a planned and responsible way. These buildings provide a sense of containment for our staff and service users and investing in them ensure that we continue to offer a safe, welcoming and fit for purpose environment. This approach has also ensured the sensible and strategic use of our surplus, investing in assets that are central to the charity's ongoing work.

The Centre's longest established service is Adult Relationship Counselling. This includes counselling for individuals and couples, irrespective of marital status, faith, race, gender, sexual orientation or disability, as well as Sex Therapy and Sex Addiction.

The Young People Counselling Service has continued building partnerships with schools and we have new schools and colleges on board providing face to face counselling services. The demand for children and young people counselling and family counselling is significant, and we have again recruited new members of the team to meet the additional demand. We delivered another year of therapeutic services for children and young people with mild to moderate mental health needs across Leicester, Leicestershire, and Rutland and again this has now been extended to 31st March 2027. The contract is an Early Intervention Service funded by the NHS Leicester, Leicestershire and Rutland Integrated Care Board and is delivered with our partner agency Heads Up.

Sadly, during our own transition period, we also saw our early intervention partner and subcontractor, ADHD Solutions enter into administration in December 2024. To ensure continuity of service for our early intervention clients, the Board and Senior Team acted swiftly and responsibly. In January 2025, we recruited two members of the ADHD Solutions team into our own organisation, enabling us to preserve essential expertise and maintain vital support for families. This marked the creation of a new service that has never before been provided in our charity's history.

The NHS Leicester, Leicestershire and Rutland Integrated Care Board continued to commission Relate Leicestershire to deliver a Community Chill Out Zone service. This service supported Children and Young People to access support and advice with low level emotional and mental health needs through community workshops.

PUBLIC BENEFIT

In line with the requirements of the Charities Commission, we give below information on how the Centre delivers public benefit.

The Relationships Centre Leicestershire continues to provide counselling and support to individuals, couples, children and young people and families across Leicester, Leicestershire and Rutland, building on a long tradition of strengthening relationships and supporting community wellbeing takes practical steps to provide open access to its services. We continue to operate a bursary scheme to enable those in financial hardship to access our services at a reduced cost. We nevertheless see it as a priority that our services remain accessible to those who require them, irrespective of their means.

Most of our Young People Counselling Service is provided within the Early Intervention Service and local schools and colleges.

ACHIEVEMENTS AND PERFORMANCE

Results in Aggregate

This was as ever a year of challenge, as illustrated by the insolvency of the national charity. At the same time, we have experienced a reduction in demand across some of our services, reflecting the wider pressures of the ongoing cost of living crisis. As a result of a slight reduction in demand across services, our investment policy has focussed on supporting service users to access counselling through prudent financial decisions, and this is reflected in the interest earned back from the bank deposits. In addition, we have placed increased emphasis on fundraising activities to further strengthen the charity's financial position and ensure the sustainability of our services.

We have sought to avoid generating excessive surpluses by making prudent investments in our buildings and in continuing professional development of our staff. Despite this approach and our year of challenge, the charity has still achieved a modest surplus during the year, which will be invested into our staff, our properties and our clients, ensuring the organisation continues to deliver high quality support while maintaining financial sustainability.

Adult Relationship Counselling

We have seen a drop in demand for this financial year; however, we hope to reach more people this year and supporting them to find us under our new name continues to be a priority. Work continues on supporting couples and individuals to access our bursary.

Children and Young People's counselling and Family Work

We continued our work in schools providing individual counselling for young people in secondary and primary schools.

The demand for school counselling is increasing at a steady rate, and we have employed and trained new counsellors to meet the demand.

FINANCIAL REVIEW

Financial Position

The Centre ended the year with total incoming resources of £1,380,258 and recorded a surplus of £ 131,832. This surplus has built our reserves to a level that will sustain us in a crisis. We have continued to invest in our infrastructure to improve our environment for clients, improve the building and our programme of change for our IT provision. The Trustees, as usual, will be making prudent decisions over the coming year to ensure the Centre's viability.

The Centre's finances are managed under a straightforward regime. The Finance & General Purposes Committee develops a budget for approval by the Board prior to the start of each year, and reviews performance against that budget. The Board receives and considers financial reports at each of its quarterly meetings. Every month the Centre Manager sends to the Directors and Trustees a set of key statistics, including output volumes for each service, the unkept appointment rate, the average client contribution for counselling services, and the values of bank balances. The Finance & General Purposes Committee is authorised to approve unbudgeted expenditures of up to £5,000. The Finance Committee keeps under review the management of funds on deposit.

The turnover in 2024 – 2025 has taken us over the threshold for an independent examination and we have been audited this year by Xeinadin Audit Limited.

Reserves

The contents of the Centre's risk register were formally reviewed during the course of the year, together with their estimated impacts and likelihoods, controls and mitigations. In the light of this the level of required reserves was re-evaluated. The directors concluded that it was prudent to maintain free reserves, including working capital, of around £450,000 to provide a 'breathing space' within which to act in the event of the risks identified materialising.

The Centre's readily realisable assets now stand at around £1,710,766. Given the continuing uncertainties within the funding outlook and the economy generally, the directors regard the current level of reserves as adequate.

It should be noted that the freehold property owned by The Relationships Centre Leicestershire is valued at historical cost less accumulated depreciation in the accounts. The trustees consider that 'on an open market valuation' the freehold property would be valued considerably more than its book value.

Funding

The main sources of funding for our services during 2024/2025 are as described in the following paragraphs.

Most of the funding for Relationship Counselling, delivered at our own premises and outposts came from client contributions. The payments are supported by a bursary, where necessary, so that the service was again available to clients irrespective of their means. Our Bursary made available for members of the public to support the cost of counselling for 2024 – 2025 was £14,190.60, a decrease from the previous year but reflects the slight reduction in client demand.

Young People counselling services received most of its funding through contracts with our local Integrated Care Board.

Counselling services for schools and colleges were once again delivered at a reduced cost this year. We have been unable to increase the much-needed unit cost due to the financial pressure many of these institutions face, as any increase could have restricted access for service users. The continuation of these services at an affordable rate has been supported by our investment efforts, ensuring that those in need continue to receive essential support.

FUTURE DEVELOPMENTS

We have continued to build stability in the Centre as we work together to operate our vision and strategy. The cost-of-living crisis continues to place pressure on demand for our services, and this is likely to intensify as financial pressures on households deepen further. Faced with continuing uncertainty, we shall maintain close monitoring of the funding outlook and new opportunities and keep under review contingency plans to manage our capacity and our cost base.

We will continue to analyse feedback from our clients and act as needed to keep our services in tune with evolving market needs. We will continue to invest time and effort in understanding the implications of structural changes in our various markets, including the impact of commissioning. We intend to continue to develop bespoke solutions to the opportunities presented by funding agencies, and where appropriate to work in partnership with other service organisations with complementary competences. We will continue to encourage the members of our highly skilled workforce to extend their individual competences to meet emerging needs.

The trustees are confident that the actions taken over the past year has put the charity in a strong position to succeed in what has now become an extremely challenging time.

REFERENCE AND ADMINISTRATIVE DETAILS

This information is provided on page 1 of the annual report and accounts.

EXAMINING ACCOUNTANT

The Directors and Trustees acknowledge and thank Mr Christopher Sowman of Kenneth Law Sowman & Co. for his work in undertaking the annual examination of the accounts for the year to 31 March 2025 and for supporting our work with auditors Xeinadin.

PROVISION OF INFORMATION TO AUDITORS

Each of the persons who are Trustees at the time when the Trustees' report is approved, has confirmed that so far as that Trustee is aware, there is no audit information of which the auditor is unaware; that they have taken all the steps that ought to have been taken as a Trustee in order to be aware of any information needed by the auditor in connection with preparing its report and to establish that the auditor is aware of that information.

Approved by the Trustees on 4th December 2025 and signed on their behalf by

Mr Richard Jones
Chair

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees are required to prepare financial statements for each financial year that give a true and fair view of the financial activities of the charity and of its financial position at the end of that year. In preparing those accounts the trustees are required to:

- select suitable accounting policies and apply them consistently;
- make judgments and estimates that are reasonable and prudent;
- state whether the policies adopted are in accordance with applicable accounting standards and statements of recommended practice, subject to any material departures disclosed and explained in the accounts; and
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to ensure that the accounts comply with all relevant legislation and its own constitution. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF THE RELATIONSHIPS CENTRE LEICESTERSHIRE LTD

Opinion

We have audited the financial statements of The Relationships Centre Leicestershire Ltd for the year ended 31 March 2025 which comprise the Statement of Financial Activities (incorporating an Income and Expenditure Account), the Balance Sheet, the Statement of Cash Flows and the related notes. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2025, and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice and;
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and the provisions available for small entities, in respect of the fact we provide non-audit services in the preparation of these financial statements, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustee's use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the Trustees' report. The Trustees are responsible for this other information. Our opinion of the financial statements does not cover the other information and except to the extent otherwise explicitly stated in our report we do not express any form of assurance conclusion thereon. In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements, or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Trustees' report, which includes the Directors' report and the Strategic report prepared for the purposes of company law, for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Strategic report and the Directors' report included within the Trustees' report have been prepared in accordance with the applicable legal requirements.

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- the charitable company has not kept adequate and sufficient accounting records, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.
- the Trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies exemption in preparing the Directors' report and take advantage of the small companies exemption from the requirement to prepare a strategic report.

Responsibilities of Trustees

As explained more fully in the Trustees' responsibilities statement set out in the Trustees' report, the Trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the Trustees determine is necessary to enable the preparation of the financial statements that are free from material misstatement, whether due to fraud or error.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but it is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Firstly, our assessment of the risk applicable to the entity's financial statements from material misstatements, including fraud, is low. Consequently, the risks identified are primarily concerned with dominant influence by management, income recognition and classification as well as adequacy and completeness of the disclosure for related parties. In response, we have:

- Reviewed minutes of meetings of management and those charged with governance;
- Tested journal entries and other adjustments for appropriateness, evaluating the rationale behind transactions outside the normal course of activities;
- Vouched a sample of grants and contracts to source documentation checking income recognition criteria as well as any restrictions for appropriate fund classification;
- Reviewed transactions during the year for evidence of additional, unidentified related parties.

Auditor's responsibilities for the audit of the financial statements (continued)

Whilst the procedures listed aid us in detecting irregularities, there exists the inherent difficulty in detecting irregularities, particularly those related to fraud. However, we believe the above risks to be the particular areas most susceptible to material misstatement.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Jordan Cain ACA (Senior Statutory Auditor)

for and on behalf of
XEINADIN AUDIT LIMITED

Chartered Accountants
Statutory Auditors

Cabourn House
Station Street
Bingham
Nottinghamshire
NG13 8AQ

Date:

THE RELATIONSHIPS CENTRE LEICESTERSHIRE LTD
(A COMPANY LIMITED BY GUARANTEE)

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2025

INCOME AND EXPENDITURE ACCOUNT

	NOTE	Unrestricted funds	Restricted funds	2025 Total funds	2024 Total funds
Incoming resources					
Incoming resources from generated funds					
Voluntary Income	2	2,987	-	2,987	1,719
Investment income	3	3,022	-	3,022	-
Incoming resources from charitable activities	4	1,245,151	128,278	1,373,429	1,429,980
Other incoming resources	5	820	-	820	275
Total incoming resources		**1,251,980**	**128,278**	**1,380,258**	1,431,974
Resources expended					
Charitable activities	6	1,113,248	128,278	1,241,526	1,092,097
Governance costs	7	6,900	-	6,900	6,900
Total resources expended		**1,120,148**	**128,278**	**1,248,426**	1,098,997
Net incoming resources for the financial year	8	131,832		131,832	332,977
Transfer between funds		-	-	-	-
Total funds brought forward		1,685,501	-	1,685,501	1,352,524
Total funds carried forward	16	**1,817,333**	-	**1,817,333**	1,685,501

CONTINUING OPERATIONS

All incoming resources and resources expended derive from continuing activities

TOTAL RECOGNISED GAINS AND LOSSES

There were no recognised gains or losses other than included above.

THE RELATIONSHIPS CENTRE LEICESTERSHIRE LTD
(A COMPANY LIMITED BY GUARANTEE)

BALANCE SHEET
31 MARCH 2025

	NOTE	2025		2024	
TANGIBLE FIXED ASSETS	11		106,567		116,592
CURRENT ASSETS					
Debtors	12	26,306		218,607	
Cash at bank and in hand	13	1,722,563		1,444,005	
		1,748,869		1,662,612	
CREDITORS					
Amounts falling due within one year	14	38,103		93,703	
NET CURRENT ASSETS			1,710,766		1,568,909
TOTAL ASSETS LESS CURRENT LIABILITIES			1,817,333		1,685,501
FUNDS					
Unrestricted Funds					
General funds	20	1,317,333		1,685,501	
Designated funds	20	500,000		-	
			1,817,333		1,685,501
Restricted funds	20		-		-
TOTAL FUNDS			1,817,333		1,685,501

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the smaller companies' regime.

These accounts were approved by the Trustees on 08.12.25 and signed on their behalf by:

Director and Chair of Trustees

THE RELATIONSHIPS CENTRE LEICESTERSHIRE LTD
(A COMPANY LIMITED BY GUARANTEE)

CASH FLOW STATEMENT
31 MARCH 2025

	2025	2024
Cash flows from operating activities	**280,718**	239,953
Investing activities		
Purchase of tangible fixed assets	**(5,182)**	(1,163)
Interest received	**3,022**	
Net cash from operating activities and increase in cash and cash equivalents	**278,558**	238,790
Cash and cash equivalents at the begiining of the year	**1,444,005**	1,205,215
Cash and cash equivalents at the end of the year	**1,722,563**	1,444,005

THE RELATIONSHIPS CENTRE LEICESTERSHIRE LTD
(A COMPANY LIMITED BY GUARANTEE)

NOTES TO THE CASH FLOW STATEMENT
31 MARCH 2025

	2025	2024
1. RECONCILIATION OF SURPLUS TO CASH GENERATED FROM OPERATIONS.		
Surplus for the year	**131,832**	332,977
Depreciation charges	**15,207**	15,317
Interest income	**(3,022)**	
	144,017	348,294
(Increase) / decrease in debtors	**192,301**	(165,392)
Increase / (decrease) in creditors	**(55,600)**	57,051
Cash generated from operations	**280,718**	239,953

2. CASH AND CASH EQUIVALENTS

The amounts disclosed on the Cash Flow Statement in respect of cash and cash equivalents are in respect of these balance sheet amounts:

Year ended 31 March 2025

	31.03.25	01.04.24
Cash and cash equivalents	1,722,563	1,444,005

Year ended 31 March 2024

	31.03.24	01.04.23
Cash and cash equivalents	1,444,005	1,205,215

3.ANALYSIS OF CHANGES IN NET FUNDS

	At 01.04.24	Cash flow	At 31.03.25
Cash at bank and in hand	1,444,005	278,558	1,722,563

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)".

The Relationships Centre Leicestershire Ltd meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated.

Preparation of the accounts on a going concern basis

The trustees are satisfied that based on these accounts, the resources available to the charity, the financial results of the charity, and the budgets and forecasts for the 2025/2026 year, that the charity can continue to meet its liabilities as they fall due and that in consequence the going concern basis continues to remain appropriate.

Income

Income is recognised when the charity has entitlement to the funds, any conditions attached to the item(s) of income have been met, it is probable that the income will be received, and the amount can be measured reliably.

Income from grants is recognised when the charity has met the performance criteria specified at the time of grant and is recorded on a period-by-period basis when such criteria is achieved.

Incoming resources are treated as unrestricted unless the use of such income has conditions attached which determine when, how and on what such funds may be expended. In those cases where the incoming resource is deemed or determined to be restricted, then it is only recognised as income when any attaching performance criteria is achieved.

Fund Accounting

Unrestricted general funds are those funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed at the time such funds are received. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

1. ACCOUNTING POLICIES - continued

Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required, and the amount of the obligation can be measured reliably. Where such expenditure relates to a restricted income fund, then it is recognised in the same period as the income to which it applies.

Apart from governance costs, all expenditure is classified as expenditure on charitable activities.

All expenditure includes the irrecoverable VAT as a cost where it has been charged.

Allocation of central office costs

Central office costs are those functions that support the charitable activities of the charity and include finance, personnel, management, training and other administrative activities. The trustees do not consider that an arbitrary allocation of such costs is meaningful and accordingly the analysis of expenditure by activity records such costs separately.

Operating Leases

Rentals payable under operating leases (a lease where title to such equipment remains with the lessor) are charged to the SOFA on a straight-line basis over the term of the lease.

Tangible fixed assets

Tangible fixed assets are stated at cost (or deemed cost) less accumulated depreciation and accumulated impairment losses.

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold property	- 1% on the original cost of the property
Fixtures and fittings	- 10% & 20% on cost

Given the nature and age of the freehold property, the trustees have concluded that it is not possible to identify the component parts of its cost and have therefore continued to apply a straight-line charge for depreciation of 1% per annum.

Taxation

As a registered charity, The Relationships Centre Leicestershire Ltd is exempt from any liability to taxation.

Pensions

The charitable company operates a defined contribution pension scheme. Contributions payable for the period are charged in the profit and loss account.

1. ACCOUNTING POLICIES - continued

Cash at bank and in hand

Cash at bank and in hand includes cash and highly liquid investments either with a short maturity of three months or less or that can be withdrawn on a similarly short notice.

2. VOLUNTARY INCOME

Voluntary income comprises donations received by the charity in the year. There are no costs associated with this activity.

3. INVESTMENT INCOME

Investment income represents the total amounts receivable from the charity's bank deposits. Investment income is allocated to the different funds based upon the ratio of fund balances.

4. INCOMING RESOURCES FROM CHARITABLE ACTIVITIES

Analysis of incoming resources between funds

	Unrestricted funds	Restricted funds	2025 Total	2024 Total
Client and other income	149,822	-	149,822	177,968
Young People	1,095,329	128,278	1,223,607	1,251,974
Training & Lifeskills	-	-	-	38
	1,245,151	**128,278**	**1,373,429**	1,429,980

Analysis of incoming resources by activity

	2025 Total	2024 Total
Relationship counselling	134,115	154,272
Family counselling	5,233	11,110
PST counselling	10,473	12,586
YP counselling	675,442	720,475
Life skills	-	38
YP early intervention	548,166	531,499
	1,373,429	1,429,980

5. OTHER INCOMING RESOURCES

Other incoming resources comprise income from the sales of books and other publications, room hire, donations and fund-raising activities.

6. RESOURCES EXPENDED ON CHARITABLE ACTIVITIES

The analysis of resources expended on charitable activities by type is as follows:

	2025	2024
Staff costs	**807,750**	757,229
National Relate and Affiliation Fees	**22,801**	27,650
Training, travel and other staff costs	**58,179**	20,412
Property and utility costs	**64,171**	53,506
External service providers	**172,582**	127,592
Office costs	**82,004**	64,731
Literature, PR and marketing	**12,485**	18,253
Accounting services - external provider	**16,560**	16,560
Sundries	**4,994**	6,164
	1,241,526	1,092,097

The Trustees still consider that the allocation of resources by expenditure type provides a more meaningful analysis of resources expended on charitable activities. However, the table below provides an indicative analysis of resources expended by activity including the trustees allocation of central office costs. This allocation forms the basis of the amounts as disclosed on the SOFA.

Analysis of resources expended by activity	2025 DIRECT COSTS	2025 CENTRAL ALLOCATE	2025 Total	2024 Total
Adult counselling	91,682	25,252	116,934	120,058
YP counselling	116,389	32,057	148,446	169,417
YP projects	765,271	210,779	976,050	802,264
Education and learning	75	21	96	358
Central office costs	268,109	(268,109)	-	-
	1,241,526	-	1,241,526	1,092,097

7. GOVERNANCE COSTS

Audit fee	**6,900**	6,900
Examiners fee	**1,440**	1,440
	8,340	8,340

The charity incurs no other direct costs in connection with its governance.

8. NET INCOMING / (OUTGOING) RESOURCES FOR THE FINANCIAL YEAR

Net incoming / (outgoing resources) resources is stated after charging:

Depreciation - owned assets	**15,207**	**15,317**
Audit fee	**6,900**	**6,900**
Operating lease expenses	**2,056**	**1,424**

The directors received no emoluments or other benefits (2024 - £nil)

The Trustees of the charity neither received nor waived any emoluments during the year (2024 - £nil). No expenses were paid to Trustees during the year (2024 - £nil).

9. STAFF COSTS

	2024	2024
Wages and salaries	**750,028**	707,337
Social security costs	**44,772**	38,536
Pension costs	**12,950**	11,356
	807,750	757,229

The average headcount during the year was 51 (2024 - 44).
The average number of staff based upon full-time equivalent posts is 30 (2024 - 28).

The employment costs of key management personnel are	**56,726**	58,735

No employee received remuneration at the rate of £60,000 per annum or above.

Wages and salaries includes £25,143 (2024 - £64,769) in respect of invoiced costs from third parties.

10. TAXATION

There is no liability to UK corporation tax on the result of the year.

11. TANGIBLE FIXED ASSETS

	Freehold property	Fixtures & fittings	Total
Cost			
At 1 April 2024	148,899	107,350	256,249
Additions	-	5,182	5,182
At 31 March 2025	**148,899**	**112,532**	**261,431**
Depreciation			
At 1 April 2024	74,450	65,207	139,657
Charge for the year	1,489	13,718	15,207
At 31 March 2025	**75,939**	**78,925**	**154,864**
NET BOOK VALUE			
At 31 March 2025	**72,960**	**33,607**	**106,567**
At 31 March 2024	74,449	42,143	116,592

12. DEBTORS : AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025	2024
Trade debtors	**11,591**	127,921
Prepayments and accrued income	**14,715**	90,686
	26,306	218,607

13. CASH AT BANK AND IN HAND

Cash and current accounts	**1,422,562**	1,444,005
CCLA short duration fund	**300,001**	-
	1,722,563	1,444,005

14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

Trade creditors	**10,479**	28,509
Social security and other taxes	**11,236**	16,578
Accrued expenses and deferred income	**16,388**	48,616
	38,103	93,703

15. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Designated fund	Restricted fund	General fund	Total
Tangible fixed assets	-	-	106,567	106,567
Current assets	-	-	1,748,869	1,748,869
Current liabilities	-	-	(38,103)	(38,103)
At 31 March 2025	**-**	**-**	**1,817,333**	**1,817,333**

16. NATIONAL RELATE

Relate Leicestershire Ltd was part of a federation with other such charities which share similar aims and objectives but is not otherwise connected to those charities.

During the year the charity paid £22,801 (2024: £27,650) to the National Relate Federation.

17. COMMITMENTS

The Relationships Centre Leicestershire Ltd has future minimum lease payments under non-cancellable operating leases of £2,056 (2024 - £2,056) due within one year and £3,719 (2024: £5,775) due between two and five years.

18. COMPANY STATUS

The charity is a company limited by guarantee. The members of the company are the Directors and Trustees named on page 1. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity.

19. VOLUNTEER SERVICES

No amount is recognised in the financial statements in respect of the time donated to the charity by volunteers.

20 FUNDS

UNRESTRICTED FUNDS

	Balance at 1 April 2024	Movement in funds: Incoming Resources	Resources Expensed	Transfers	Balance at 31 March 2025
DESIGNATED FUNDS	£	£	£	£	£
Resilience against risk				450,000	450,000
Aylestone Road maintenance				50,000	50,000
	-	-	-	500,000	500,000
General funds	1,685,501	1,251,980	(1,120,148)	(500,000)	1,317,333
Total Unrestricted Funds	**1,685,501**	**1,251,980**	**(1,120,148)**	**-**	**1,817,333**

RESTRICTED FUNDS

	Balance at 1 April 2024	Movement in funds: Incoming Resources	Resources Expensed	Transfers	Balance at 31 March 2025
	£	£	£	£	£
NHS England - CWPS		128,278	(128,278)		-
Total restricted Funds		**128,278**	**(128,278)**		**-**

DESIGNATED FUNDS

Resilience against risk

A designated fund to set aside a minimum amount of reserves in accordance with internal policy. The fund is equivalent to approximately four months of budgeted expenditure.

Aylestone Road maintenance

A designated fund to set aside monies for repairs and other maintenance works required at the charity premises.

RESTRICTED FUNDS

NHS England - CWPS

Funding provided by NHS England directly for the clinical and support costs of Community Wellbeing Practitioners (CWPS).

The Relationships Centre Leicestershire

England & Wales - Charity number 1103070

Accounts

Registration No. 5065216 (England and Wales)
Charity No. 1103070

RELATE LEICESTERSHIRE LTD

(a company limited by guarantee)

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

RELATE LEICESTERSHIRE LTD

CONTENTS

	Page
Company Information	1
Trustees' report	2 - 8
Auditor's report	9 - 11
Statement of Financial Activities	12
Balance Sheet	13
Statement of Cash Flows	14 - 15
Notes to the financial statements	16 - 22

RELATE LEICESTERSHIRE
(A COMPANY LIMITED BY GUARANTEE)

COMPANY INFORMATION

TRUSTEES:

- Ms Rachael Heppingstall (Chair) Resigned 10.06.24
- Mr R Jones
- Mr M Wright
- Ms J Darby – Resigned 8.9.23
- Miss Zainab Amodo – Resigned 2.10.23
- Miss Kumbirai Mushambi
- Miss Lavanya Kulasingam – Resigned 28.03.24
- Mrs Susan Jarram - Appointed 28.05.24
- Miss Jade Williamson - Appointed 28.05.24
- Mrs Namrata Bhavsar – Appointed 28.05.24

COMPANY SECRETARY: Miss M White

CHIEF EXECUTIVE OFFICER: Miss M White (Appointment 1st December 2023)

REGISTERED OFFICE:
83 Aylestone Road
Leicester
Leicestershire
LE2 7LL

COMPANY REGISTERED NUMBER: 5065216 (England & Wales)

CHARITY REGISTERED NUMBER: 1103070

EXAMINING ACCOUNTANT:
Mr CS Sowman
Kenneth Law Sowman & Co
3 Leicester Road
Oadby
Leicester
LE2 5BD

BANKERS:
HSBC Bank plc
31 Granby Street
Leicester
LE1 6EP

INDEPENDENT AUDITORS:
Xeinadin Audit Limited
Cabourn House, Station Street
Bingham, Nottinghamshire
NG13 8AQ

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

The Directors, who are Trustees in respect of the charitable activities of the company, present their report together with the financial statements for the year ended 31st March 2024.

CHARITABLE OBJECTS

The charitable objects of Relate Leicestershire are set out below.

1. To educate the public concerning the benefits of secure couple relationships, marriage and family life in order to improve the emotional, sexual and spiritual well-being of individuals which is derived from committed relationships;

2. To seek to enhance, the good health, both mental and physical, of adults and children by:

    i) Increasing public awareness of the benefit of committed couple relationships, marriage, and family life; and

    ii) Working to prevent poverty, hardship and distress caused by the breakdown of such relationships;

3. To provide counselling, advice, education, guidance and relief to adults and/or children in relation to any aspect of contemporary life or work which:

    i) May prejudice their physical or mental well-being; or

    ii) Influence, either directly or indirectly, their present or future family or couple relationship;

4. To relieve those in need by reason of youth, age, ill-health, disability, financial hardship or another disadvantage; and

5. To promote research into all of the above Objects and to make the results available to the public.

The company's main activities during the year all fell within these objects and are described in fuller detail later in this report.

REVIEW OF BUSINESS

The results for the year and the financial position of the company are as shown in the annexed financial statements.

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

STRUCTURE, GOVERNANCE AND MANAGEMENT

Relate Leicestershire is a registered charity that has been serving the communities of Leicester, Leicestershire and Rutland for over 80 years. We are a Federated Centre within the Relate family group. Relate National has now taken in a number of centres to become part of a single charity as Relate National. Other centres have decided to stay as independent centres and are named Federated Centres. Relate Leicestershire is bound by the terms of the Relate membership agreement, which provides, inter alia, that Relate Leicestershire will abide by the terms of all policies and service specifications approved by the Federation. The governing body of the Federation is the Relate Board of Directors.

We provide an extensive range of relationship services at our main premises at 81/83 Aylestone Road, Leicester and outreach locations across the county and Rutland.

The governing body of Relate Leicestershire is its Board. The Memorandum and Articles of Association govern the appointment of Directors and Trustees. The Centre's policy for the recruitment and induction of new Directors and Trustees provides for a process of interviews and discussions, the provision of background information and attendance as an observer at Board and Committee meetings.

The Directors and Trustees have met formally with the Centre Manager and staff teams in regular meetings throughout the year. Between these meetings the Finance & General Purposes Committee oversee the Centre's finances and Human Resource Functions. The Service & Practice Committee regularly reviews and guides the development and delivery of the main services provided: Relationship Counselling (face-to-face and by telephone/zoom), Young People Counselling, Sex Therapy, Family Counselling and Education and Learning services. The Business Development Committee oversee the development of the Business Plan and the Marketing & Publicity Strategy and monitor its implementation and progress.

Melissa White leads the team with support from Amy Colebrook, (Director of Services) Georgia Payne (Operations Manager), Khloe Crofts (Office Manager) and Caroline Byrne (Centre Support Team Co-ordinator). The Clinical Lead is supervisor Vicki Weetman, supported by supervisors Kala Subbaswamy, Rashmi Patel and Leona Smith Kerr.

OBJECTIVES AND ACTIVITIES

Our vision is to be a "one stop relationship service centre" reaching more people and serving the community of Leicester, Leicestershire and Rutland. We have continued to ensure that our services are diverse and designed to meet local needs, and in parallel to diversify our sources of income. Growth and flexibility are critical to the Centre's long-term viability, and we continue on our objective to develop steady patterns of annual growth. 2023-2024 has been another positive year in terms of maintaining a single cohesive team within the Centre. Due to service user demand, we continue to deliver a mainly face to face service with some remote counselling taking place.

The Centre's longest established service is Adult Relationship Counselling. This includes counselling for individuals and couples, irrespective of marital status, faith, race, gender, sexual orientation or disability, on Relate premises and Sex Therapy.

The Young People Counselling Service has continued building partnerships with schools and we have new schools and colleges on board providing face to face counselling services. The demand for children and young people counselling and family counselling is significant, and we have again recruited new members of the team to meet the additional demand. We delivered another year of therapeutic services for children and young people with mild to moderate mental health needs across Leicester, Leicestershire, and Rutland and again this has now been extended to 31st March 2027. The contract is an Early Intervention Service funded by the NHS Leicester, Leicestershire and Rutland Integrated Care Board and is delivered with our partner agencies; Heads Up and ADHD Solutions.

The NHS Leicester, Leicestershire and Rutland Integrated Care Board continued to commission Relate Leicestershire to deliver a Community Chill Out Zone service. This service supported Children and Young People to access support and advice with low level emotional and mental health needs through community workshops.

We delivered the final year of our CAFCASS contract with Cambridge Family Mediation Services delivering separated parents' courses.

PUBLIC BENEFIT

In line with the requirements of the Charities Commission, we give below information on how the Centre delivers public benefit.

Relate Leicestershire takes practical steps to provide open access to its services. We continue to operate a bursary scheme to enable those in financial hardship to access our services at a reduced cost. We nevertheless see it as a priority that our services remain accessible to those who require them, irrespective of their means.

Most of our Young People Counselling Service is provided within the Early Intervention Service and local schools and colleges.

ACHIEVEMENTS AND PERFORMANCE

Results in Aggregate

This was as ever a year of challenge with slightly less work delivered in Relationship Counselling but increased in Children & Young People's Counselling, Family Counselling and Sexual Therapy.

The number of sessions delivered during the year were,

- 2912 sessions for relationship counselling (Decrease from 2022-2023).
- 10500 sessions of children and young people counselling and group work (Increase from 2022-2023).
- 222 sessions of Sex Therapy (Increase from 2022-2023).
- 220 sessions of Family Counselling (Increase from 2022-2023).
- Over 600 individuals attended our training programmes.

The young people service has seen an increase in delivery, and we have again, increased the number of practitioners into the team to ensure we reach the number of people who want to use our service. We were able to manage a surplus in order to continuing building our reserves that have supported our delivery in past years.

Adult Relationship Counselling

We have seen a small drop in demand for this financial year, however we hope to reach more people this year. Work continues on supporting couples and individuals to access our bursary.

Children and Young People's counselling and Family Work

We continued our work in schools providing individual counselling for young people in secondary and primary schools.

The demand for school counselling is increasing at a steady rate and we have employed and trained new counsellors to meet the demand.

FINANCIAL REVIEW

Financial Position

The Centre ended the year with total incoming resources of £1,431,974 and recorded a surplus of £332,977. This surplus has built our reserves to a level that will sustain us in a crisis. We have continued to invest in our infrastructure to improve our environment for clients, improve the building and our programme of change for our IT provision. The Trustees, as usual, will be making prudent decisions over the coming year to ensure the Centre's viability.

The Centre's finances are managed under a straightforward regime. The Finance & General Purposes Committee develops a budget for approval by the Board prior to the start of each year, and reviews performance against that budget. The Board receives and considers financial reports at each of its quarterly meetings. Every month the Centre Manager sends to the Directors and Trustees a set of key statistics, including output volumes for each service, the unkept appointment rate, the average client contribution for counselling services, and the values of bank balances. The Finance & General Purposes Committee is authorised to approve unbudgeted expenditures of up to £5,000. The Finance Committee keeps under review the management of funds on deposit.

The turnover in 2023 – 2024 has increased and taken us over the threshold for an independent examination and we have been audited this year by Bostockwhite.

Reserves

The contents of the Centre's risk register were formally reviewed during the course of the year, together with their estimated impacts and likelihoods, controls and mitigations. In the light of this the level of required reserves was re-evaluated. The directors concluded that it was prudent to maintain free reserves, including working capital, of around £400,000 to provide a 'breathing space' within which to act in the event of the risks identified materialising.

The Centre's readily realisable assets now stand at around £1,568,909. Given the continuing uncertainties within the funding outlook and the economy generally, the directors regard the current level of reserves as adequate.

It should be noted that the freehold property owned by Relate Leicestershire is valued at historical cost less accumulated depreciation in the accounts. The trustees consider that 'on an open market valuation' the freehold property would be valued considerably more than its book value.

Funding

The main sources of funding for our services during 2023/2024 are as described in the following paragraphs.

Most of the funding for Relationship Counselling, delivered at our own premises and outposts came from client contributions. The payments are supported by a bursary, where necessary, so that the service was again available to clients irrespective of their means. Our Bursary made available for members of the public to support the cost of counselling for 2023 – 2024 was £17,377.55, a slight increase from the previous year.

Young People counselling services received most of its funding through contracts with our local Integrated Care Board.

Schools and colleges counselling services were delivered at fair sessional rates for the services received.

FUTURE DEVELOPMENTS

We have continued to build stability in the Centre as we work together to operate our vision and strategy. We dealt with some continuing pressure from the pandemic during 2020-2022 as families lost jobs and experienced lower household income due to long periods of unemployment. This was then followed by the cost-of-living crisis in 2022, and this has been reflected by the slight decrease in services for adult work. Faced with continuing uncertainty, we shall maintain close monitoring of the funding outlook and new opportunities and keep under review contingency plans to manage our capacity and our cost base.

We will continue to analyse feedback from our clients and act as needed to keep our services in tune with evolving market needs. We will continue to invest time and effort in understanding the implications of structural changes in our various markets, including the impact of commissioning. We intend to continue to develop bespoke solutions to the opportunities presented by funding agencies, and where appropriate to work in partnership with other service organisations with complementary competences. We will continue to encourage the members of our highly skilled workforce to extend their individual competences to meet emerging needs.

The trustees are confident that the actions taken over the past year has put the charity in a strong position to succeed in what has now become an extremely challenging time.

REFERENCE AND ADMINISTRATIVE DETAILS

This information is provided on page 1 of the annual report and accounts.

EXAMINING ACCOUNTANT

The Directors and Trustees acknowledge and thank Mr Christopher Sowman of Kenneth Law Sowman & Co. for his work in undertaking the annual examination of the accounts for the year to 31 March 2024 and for supporting our work with auditors Xeinadin.

PROVISION OF INFORMATION TO AUDITORS

Each of the persons who are Trustees at the time when the Trustees' report is approved, has confirmed that so far as that Trustee is aware, there is no audit information of which the auditor is unaware; that they have taken all the steps that ought to have been taken as a Trustee in order to be aware of any information needed by the auditor in connection with preparing its report and to establish that the auditor is aware of that information.

Approved by the Trustees on 30th October 2024 and signed on their behalf by

Mr Richard Jones
Acting Chair

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees are required to prepare financial statements for each financial year that give a true and fair view of the financial activities of the charity and of its financial position at the end of that year. In preparing those accounts the trustees are required to:

- select suitable accounting policies and apply them consistently;
- make judgments and estimates that are reasonable and prudent;
- state whether the policies adopted are in accordance with applicable accounting standards and statements of recommended practice, subject to any material departures disclosed and explained in the accounts; and
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to ensure that the accounts comply with all relevant legislation and its own constitution. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF RELATE LEICESTERSHIRE LTD

Opinion

We have audited the financial statements of Relate Leicestershire Ltd for the year ended 31 March 2024 which comprise the Statement of Financial Activities (incorporating an Income and Expenditure Account), the Balance Sheet, the Statement of Cash Flows and the related notes. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2024, and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice and;
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and the provisions available for small entities, in respect of the fact we provide non-audit services in the preparation of these financial statements, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustee's use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the Trustees' report. The Trustees are responsible for this other information. Our opinion of the financial statements does not cover the other information and except to the extent otherwise explicitly stated in our report we do not express any form of assurance conclusion thereon. In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements, or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Trustees' report, which includes the Directors' report and the Strategic report prepared for the purposes of company law, for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Strategic report and the Directors' report included within the Trustees' report have been prepared in accordance with the applicable legal requirements.

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- the charitable company has not kept adequate and sufficient accounting records, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.
- the Trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies exemption in preparing the Directors' report and take advantage of the small companies exemption from the requirement to prepare a strategic report.

Responsibilities of Trustees

As explained more fully in the Trustees' responsibilities statement set out in the Trustees' report, the Trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the Trustees determine is necessary to enable the preparation of the financial statements that are free from material misstatement, whether due to fraud or error.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but it is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Firstly, our assessment of the risk applicable to the entity's financial statements from material misstatements, including fraud, is low. Consequently, the risks identified are primarily concerned with dominant influence by management, income recognition and classification as well as adequacy and completeness of the disclosure for related parties. In response, we have:

- Reviewed minutes of meetings of management and those charged with governance;
- Tested journal entries and other adjustments for appropriateness, evaluating the rationale behind transactions outside the normal course of activities;
- Vouched a sample of grants and contracts to source documentation checking income recognition criteria as well as any restrictions for appropriate fund classification;
- Reviewed transactions during the year for evidence of additional, unidentified related parties.

Auditor's responsibilities for the audit of the financial statements (continued)

Whilst the procedures listed aid us in detecting irregularities, there exists the inherent difficulty in detecting irregularities, particularly those related to fraud. However, we believe the above risks to be the particular areas most susceptible to material misstatement.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

J. CAIN

Jordan Cain ACA (Senior Statutory Auditor)

for and on behalf of
XEINADIN AUDIT LIMITED

Chartered Accountants
Statutory Auditors

Cabourn House
Station Street
Bingham
Nottinghamshire
NG13 8AQ

Date: 04/11/2024

RELATE LEICESTERSHIRE
(A COMPANY LIMITED BY GUARANTEE)

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2024

INCOME AND EXPENDITURE ACCOUNT

	NOTE	Unrestricted funds	Restricted funds	2024 Total funds	2023 Total funds
Incoming resources					
Incoming resources from generated funds					
Voluntary Income	2	1,719	-	1,719	6,661
Investment income	3	-	-	-	-
Incoming resources from charitable activities	4	1,266,926	163,054	1,429,980	1,414,387
Other incoming resources	5	275	-	275	2,457
Total incoming resources		**1,268,920**	**163,054**	**1,431,974**	1,423,505
Resources expended					
Charitable activities	6	929,043	163,054	1,092,097	1,019,365
Governance costs	7	6,900	-	6,900	7,700
Total resources expended		**935,943**	**163,054**	**1,098,997**	1,027,065
Net incoming resources for the financial year	8	332,977	-	332,977	396,440
Transfer between funds		-	-	-	-
Total funds brought forward		1,352,524	-	1,352,524	956,084
Total funds carried forward	15	**1,685,501**	-	**1,685,501**	1,352,524

CONTINUING OPERATIONS

All incoming resources and resources expended derive from continuing activities

TOTAL RECOGNISED GAINS AND LOSSES

There were no recognised gains or losses other than included above.

RELATE LEICESTERSHIRE
(A COMPANY LIMITED BY GUARANTEE)

BALANCE SHEET
31 MARCH 2024

	NOTE	2024		2023	
TANGIBLE FIXED ASSETS	11		116,592		130,746
CURRENT ASSETS					
Debtors	12	218,607		53,215	
Cash at bank and in hand	13	1,444,005		1,205,215	
		1,662,612		1,258,430	
CREDITORS					
Amounts falling due within one year	14	93,703		36,652	
NET CURRENT ASSETS			1,568,909		1,221,778
TOTAL ASSETS LESS CURRENT LIABILITIES			1,685,501		1,352,524
FUNDS					
Unrestricted Funds					
General funds	15	1,685,501		1,352,524	
Designated funds	15	-		-	
			1,685,501		1,352,524
Restricted funds	15		-		-
TOTAL FUNDS			1,685,501		1,352,524

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the smaller companies' regime.

These accounts were approved by the Trustees on 30.10.24 and signed on their behalf by:

Director and Chair of Trustees

The notes form part of these financial statements

RELATE LEICESTERSHIRE
(A COMPANY LIMITED BY GUARANTEE)

CASH FLOW STATEMENT
31 MARCH 2024

	2024	2023
Cash flows from operating activities	**239,953**	495,910
Purchase of tangible fixed assets	**(1,163)**	(8,746)
Net cash from operating activities and increase in cash and cash equivalents	**238,790**	487,164
Cash and cash equivalents at the begiining of the year	**1,205,215**	718,051
Cash and cash equivalents at the begiining of the year	**1,444,005**	1,205,215

The notes form part of these financial statements

RELATE LEICESTERSHIRE
(A COMPANY LIMITED BY GUARANTEE)

NOTES TO THE CASH FLOW STATEMENT
31 MARCH 2024

	2024	2023
1. RECONCILIATION OF SURPLUS TO CASH GENERATED FROM OPERATIONS.		
Surplus for the year	**332,977**	396,440
Depreciation charges	**15,317**	17,708
	348,294	414,148
(Increase) / decrease in debtors	**(165,392)**	172,838
Increase / (decrease) in creditors	**57,051**	(91,076)
Cash generated from operations	**239,953**	495,910

2. CASH AND CASH EQUIVALENTS

The amounts disclosed on the Cash Flow Statement in respect of cash and cash equivalents are in respect of these balance sheet amounts:

Year ended 31 March 2024

	31.03.24	01.04.23
Cash and cash equivalents	1,444,005	1,205,215

Year ended 31 March 2023

	31.03.23	01.04.22
Cash and cash equivalents	1,205,215	718,051

3.ANALYSIS OF CHANGES IN NET FUNDS

	At 01.04.23	Cash flow	At 31.03.24
Cash at bank and in hand	**1,205,215**	**238,790**	**1,444,005**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements have been prepared under the historical cost convention, and in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1st January 2019) – (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Relate Leicestershire Ltd meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated.

Preparation of the accounts on a going concern basis

The trustees are satisfied that based on these accounts, the resources available to the charity, the financial results of the charity, and the budgets and forecasts for the 2024/2025 year, that the charity can continue to meet its liabilities as they fall due and that in consequence the going concern basis continues to remain appropriate.

Income

Income is recognised when the charity has entitlement to the funds, any conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from grants is recognised when the charity has met the performance criteria specified at the time of grant and is recorded on a period-by-period basis when such criteria is achieved.

Incoming resources are treated as unrestricted unless the use of such income has conditions attached which determine when, how and on what such funds may be expended. In those cases where the incoming resource is deemed or determined to be restricted, then it is only recognised as income when any attaching performance criteria is achieved.

Fund Accounting

Unrestricted general funds are those funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed at the time such funds are received. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

1. ACCOUNTING POLICIES - continued

Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required, and the amount of the obligation can be measured reliably. Where such expenditure relates to a restricted income fund, then it is recognised in the same period as the income to which it applies.

Apart from governance costs, all expenditure is classified as expenditure on charitable activities.

All expenditure includes the irrecoverable VAT as a cost where it has been charged.

Allocation of central office costs

Central office costs are those functions that support the charitable activities of the charity and include finance, personnel, management, training and other administrative activities. The trustees do not consider that an arbitrary allocation of such costs is meaningful and accordingly the analysis of expenditure by activity records such costs separately.

Operating Leases

Rentals payable under operating leases (a lease where title to such equipment remains with the lessor) are charged to the SOFA on a straight-line basis over the term of the lease.

Tangible fixed assets

Tangible fixed assets are stated at cost (or deemed cost) less accumulated depreciation and accumulated impairment losses.

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold property	- 1% on the original cost of the property
Fixtures and fittings	- 10% & 20% on cost

Given the nature and age of the freehold property, the trustees have concluded that it is not possible to identify the component parts of its cost and have therefore continued to apply a straight-line charge for depreciation of 1% per annum.

Taxation

As a registered charity, Relate Leicestershire Ltd is exempt from any liability to taxation.

Pensions

The company operates a defined contribution pension scheme. Contributions payable for the period are charged in the profit and loss account.

2. VOLUNTARY INCOME

Voluntary income comprises donations received by the charity in the year. There are no costs associated with this activity.

3. INVESTMENT INCOME

Investment income represents the total amounts receivable from the charity's bank deposits. Investment income is allocated to the different funds based upon the ratio of fund balances.

4. INCOMING RESOURCES FROM CHARITABLE ACTIVITIES

Analysis of incoming resources between funds

	Unrestricted funds	Restricted funds	2024 Total	2023 Total
Client and other income	177,968	-	177,968	189,780
Young People	1,088,920	163,054	1,251,974	1,156,678
Training & Lifeskills	38	-	38	39,225
	1,266,926	**163,054**	**1,429,980**	1,385,683

Analysis of incoming resources by activity

	2024 Total	2023 Total
Relationship counselling	154,272	169,795
Family counselling	11,110	10,468
PST counselling	12,586	9,517
YP counselling	720,475	602,014
Life skills	38	39,225
YP early intervention	531,499	554,664
	1,429,980	1,385,683

5. OTHER INCOMING RESOURCES

Other incoming resources comprise income from the sales of books and other publications, room hire, donations and fund-raising activities.

6. RESOURCES EXPENDED ON CHARITABLE ACTIVITIES

The analysis of resources expended on charitable activities by type is as follows:

	2024	2023
Staff costs	**757,229**	660,735
National Relate and Affiliation Fees	**27,650**	25,347
Training, travel and other staff costs	**20,412**	22,147
Property and utility costs	**53,506**	40,172
External service providers	**127,592**	185,317
Office costs	**64,731**	49,513
Literature, PR and marketing	**18,253**	11,744
Accounting services - external provider	**16,560**	15,120
Sundries	**6,164**	9,270
	1,092,097	1,019,365

The Trustees still consider that the allocation of resources by expenditure type provides a more meaningful analysis of resources expended on charitable activities. However, the table below provides an indicative analysis of resources expended by activity including the trustees allocation of central office costs. This allocation forms the basis of the amounts as disclosed on the SOFA.

Analysis of resources expended by activity	2024 DIRECT COSTS	2024 CENTRAL ALLOCATE	2024 Total	2023 Total
Adult counselling	92,029	28,029	120,058	105,889
YP counselling	129,865	39,552	169,417	110,856
YP projects	614,968	187,296	802,264	798,734
Education and learning	275	83	358	3,886
Central office costs	254,960	(254,960)	-	-
	1,092,097	**-**	**1,092,097**	1,019,365

7. GOVERNANCE COSTS

Audit fee	**6,900**	6,300
Examiners fee	**1,400**	1,400
	8,300	7,700

The charity incurs no other direct costs in connection with its governance.

8. NET INCOMING / (OUTGOING) RESOURCES FOR THE FINANCIAL YEAR

Net incoming / (outgoing resources) resources is stated after charging:

Depreciation - owned assets	**15,317**	15,266
Audit fee	**6,900**	6,300

The directors received no emoluments or other benefits (2023 - £nil)

The Trustees of the charity neither received nor waived any emoluments during the year (2023 - £nil). No expenses were paid to Trustees during the year (2023 - £nil).

9. STAFF COSTS

	2024	2023
Wages and salaries	**707,337**	625,139
Social security costs	**38,536**	28,424
Pension costs	**11,356**	7,172
	757,229	660,735

The average headcount during the year was 44 (2023 - 44).
The average number of staff based upon full-time equivalent posts is 28 (2023 - 28).

The employment costs of the Centre Manager (who is effectively the chief executive officer) were:

For the period 01/04/2023 to 30/11/2023	37,964	50,366
From 01/12/2023 to 31/03/2024	23,517	-

No employee received remuneration at the rate of £60,000 per annum or above.

Wages and salaries includes £64,769 (2023 - £72,125) in respect of invoiced costs from third parties.

10. TAXATION

There is no liability to UK corporation tax on the result of the year.

11. TANGIBLE FIXED ASSETS

	Freehold property	Fixtures & fittings	Total
Cost			
At 1 April 2023	148,899	106,187	255,086
Additions	-	1,163	1,163
At 31 March 2024	**148,899**	**107,350**	**256,249**
Depreciation			
At 1 April 2023	72,961	51,379	124,340
Charge for the year	1,489	13,828	15,317
At 31 March 2024	**74,450**	**65,207**	**139,657**
NET BOOK VALUE			
At 31 March 2024	**74,449**	**42,143**	**116,592**
At 31 March 2023	75,938	54,808	130,746

12. DEBTORS : AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024	2023
Trade debtors	**127,921**	32,879
Prepayments and accrued income	**90,686**	20,336
	218,607	53,215

13. CASH AT BANK AND IN HAND

Cash and current accounts	**1,444,005**	1,205,215
Deposit accounts	-	-
	1,444,005	1,205,215

14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

Trade creditors	**28,509**	9,419
Social security and other taxes	**16,578**	11,099
Accrued expenses and deferred income	**48,616**	16,134
	93,703	36,652

15. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Designated fund	Restricted fund	General fund	Total
Tangible fixed assets	-	-	116,592	116,592
Current assets	-	-	1,662,612	1,662,612
Current liabilities	-	-	(93,703)	(93,703)
At 31 March 2024	**-**	**-**	**1,685,501**	**1,685,501**

16. NATIONAL RELATE

Relate Leicestershire Ltd is part of a federation with other such charities which share similar aims and objectives but is not otherwise connected to those charities.

During the year the charity paid £27,650 (2023: £25,347) to the National Relate Federation.

17. COMMITMENTS

The total future minimum lease payments under non-cancellable operating leases are £2,056 (2023: £1,424) due within one year and £5,775 (2023: £Nil) due within 1-5 years.

18. COMPANY STATUS

The charity is a company limited by guarantee. The members of the company are the Directors and Trustees named on page 1. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity.

19. VOLUNTEER SERVICES

No amount is recognised in the financial statements in respect of the time donated to the charity by volunteers.

The Relationships Centre Leicestershire

England & Wales - Charity number 1103070

Accounts

Registration No. 5065216 (England and Wales)
Charity No. 1103070

RELATE LEICESTERSHIRE

(a company limited by guarantee)

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

RELATE LEICESTERSHIRE

CONTENTS

	Page
Company Information	1
Trustees' report	2 - 8
Auditor's report	9 - 11
Statement of Financial Activities	12
Balance Sheet	13
Statement of Cash Flows	14 - 15
Notes to the financial statements	16 - 22

RELATE LEICESTERSHIRE (A COMPANY LIMITED BY GUARANTEE)

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

RELATE LEICESTERSHIRE
(A COMPANY LIMITED BY GUARANTEE)

COMPANY INFORMATION

TRUSTEES:	Ms Rachael Heppingstall (Chair) Mr R Jones Mr M Wright (app. 27.03.23) Ms J Darby (res. 08.09.23) Miss Lavanya Kulasingam (app. 16.08.23) Miss Zainab Amodo (app. 16.08.23) Miss Kumbirai Mushambi (app. 12.07.23)
COMPANY SECRETARY:	Mrs S Prince
CHIEF EXECUTIVE OFFICER:	Mrs S Prince
REGISTERED OFFICE:	83 Aylestone Road Leicester Leicestershire LE2 7LL
COMPANY REGISTERED NUMBER:	5065216 (England & Wales)
CHARITY REGISTERED NUMBER:	1103070
INDEPENDENT AUDITORS:	Xeinadin Audit Limited 12 Conqueror Court Sittingbourne Kent ME10 5BH
BANKERS:	HSBC Bank plc 31 Granby Street Leicester LE1 6EP

The Directors, who are Trustees in respect of the charitable activities of the company, present their report together with the financial statements for the year ended 31st March 2023.

CHARITABLE OBJECTS

The charitable objects of Relate Leicestershire are set out below.

1. To educate the public concerning the benefits of secure couple relationships, marriage and family life in order to improve the emotional, sexual and spiritual well-being of individuals which is derived from committed relationships;

2. To seek to enhance, the good health, both mental and physical, of adults and children by:

    i) Increasing public awareness of the benefit of committed couple relationships, marriage, and family life; and

    ii) Working to prevent poverty, hardship and distress caused by the breakdown of such relationships;

3. To provide counselling, advice, education, guidance and relief to adults and/or children in relation to any aspect of contemporary life or work which:

    i) May prejudice their physical or mental well-being; or

    ii) Influence, either directly or indirectly, their present or future family or couple relationship;

4. To relieve those in need by reason of youth, age, ill-health, disability, financial hardship or another disadvantage; and

5. To promote research into all of the above Objects and to make the results available to the public.

The company's main activities during the year all fell within these objects and are described in fuller detail later in this report.

REVIEW OF BUSINESS

The results for the year and the financial position of the company are as shown in the annexed financial statements.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Relate Leicestershire is a registered charity that has been serving the communities of Leicester, Leicestershire and Rutland for over 80 years. We are a Federated Centre within the Relate family group. Relate National has now taken in a number of centres to become part of a single charity as Relate National. Other centres have decided to stay as independent centres and are named Federated Centres. Relate Leicestershire

is bound by the terms of the Relate membership agreement, which provides, inter alia, that Relate Leicestershire will abide by the terms of all policies and service specifications approved by the Federation. The governing body of the Federation is the Relate Board of Directors.
We provide an extensive range of relationship services at our main premises at 81/83 Aylestone Road, Leicester and outreach locations across the county and Rutland.

The governing body of Relate Leicestershire is its Board. The Memorandum and Articles of Association govern the appointment of Directors and Trustees. The Centre's policy for the recruitment and induction of new Directors and Trustees provides for a process of interviews and discussions, the provision of background information and attendance as an observer at Board and Committee meetings.

The Directors and Trustees have met formally with the Centre Manager and staff teams in regular meetings throughout the year. Between these meetings the Finance & General Purposes Committee oversee the Centre's finances and Human Resource Functions. The Service & Practice Committee regularly reviews and guides the development and delivery of the main services provided: Relationship Counselling (face-to-face and by telephone), Young People Counselling, Psycho-Sexual Therapy, Family Counselling and Education and Learning services. The Business Development Committee oversee the development of the Business Plan and the Marketing & Publicity Strategy and monitor its implementation and progress.

Suzanne Prince leads the team with support from Melissa White, (Head of Services) Hannah Andrzejewski (Operations Manager), Khloe Crofts (Office Manager) and Caroline Byrne (Centre Support Team Co-ordinator). The Clinical Lead is supervisor Vicki Weetman, supported by supervisors Kala Subbaswamy, Rashmi Patel and Leona Smith Kerr.

OBJECTIVES AND ACTIVITIES

Our vision is to be a "one stop relationship service centre" reaching more people and serving the community of Leicester, Leicestershire and Rutland. We have continued to ensure that our services are diverse and designed to meet local needs, and in parallel to diversify our sources of income. Growth and flexibility are critical to the Centre's long-term viability, and we continue on our objective to develop steady patterns of annual growth. 2022-2023 has been another positive year in terms of maintaining a single cohesive team within the Centre. Due to service user demand, we continue to deliver a mainly face to face service with some remote counselling taking place.

The Centre's longest established service is Adult Relationship Counselling. This includes counselling for individuals and couples, irrespective of marital status, faith, race, gender, sexual orientation or disability, on Relate premises and Psychosexual Therapy.

The Young People Counselling Service has continued building partnerships with schools and we have new schools and colleges on board providing face to face counselling services. The demand for children and young people counselling and family counselling is significant, and we have again recruited new members of the team to meet the additional demand. We delivered another year of therapeutic services for children and young people with mild to moderate mental health needs across Leicester, Leicestershire, and Rutland and again this has now been extended to 31st March 2025. The contract is an Early Intervention Service funded by the NHS

Leicester, Leicestershire and Rutland Integrated Care Board and is delivered with our partner agencies; The Centre for Fun and Families and ADHD Solutions.

The NHS Leicester, Leicestershire and Rutland Integrated Care Board continued to commission Relate Leicestershire to deliver a Community Chill Out Zone service. This service supported Children and Young People to access support and advice with low level emotional and mental health needs through community workshops.

Our aims for education and learning services were based on growth and sustainability and we have delivered the final year of our CAFCASS contract with Cambridge Family Mediation Services delivering separated parents' courses. This contract has now ended.

PUBLIC BENEFIT

In line with the requirements of the Charities Commission, we give below information on how the Centre delivers public benefit.

Relate Leicestershire takes practical steps to provide open access to its services. We operate a bursary scheme to enable those in financial hardship to access our services at a reduced cost. We nevertheless see it as a priority that our services remain accessible to those who require them, irrespective of their means.

Most of our Young People Counselling Service is provided within the Early Intervention Service and local schools and colleges.

ACHIEVEMENTS AND PERFORMANCE

Results in Aggregate

This was as ever a year of challenge with slightly less work delivered in some areas but increased in children and the relationship counselling service. The number of sessions delivered during the year were 3075 sessions for relationship counselling, 6673 sessions of children and young people counselling and group work, 202 sessions of Sex Therapy, 208 sessions of family counselling and more than 600 individuals attended our training programmes. The young people service has seen a significant increase in delivery, and we have again, increased the number of practitioners into the team to ensure we reach the number of people who want to use our service. We were able to manage a surplus in order to continuing building our reserves that have supported our delivery in past years.

Adult Relationship Counselling

Demand for adult relationship counselling services declined during the pandemic but once again we have seen a steady increase in demand, and we hope to reach more people again this year.

Children and Young People's counselling and Family Work

We continued our work in schools providing individual counselling for young people in secondary and primary schools.

The demand for school counselling is increasing at a steady rate and we have employed and trained new counsellors to meet the demand.

Education and Learning

We had another successful year delivering the CAFCASS mandated programme to separated parents. All individual and group delivery was delivered remotely on zoom.

FINANCIAL REVIEW

Financial Position

The Centre ended the year with total incoming resources of £1,423,505 and recorded a surplus of £396,440. This surplus has built our reserves to a level that will sustain us in a crisis. We have continued to invest in our infrastructure to improve our environment for clients, improve the building and our programme of change for our IT provision. The Trustees, as usual, will be making prudent decisions over the coming year to ensure the Centre's viability.

The Centre's finances are managed under a straightforward regime. The Finance & General Purposes Committee develops a budget for approval by the Board prior to the start of each year, and reviews performance against that budget. The Board receives and considers financial reports at each of its quarterly meetings. Every month the Centre Manager sends to the Directors and Trustees a set of key statistics, including output volumes for each service, the unkept appointment rate, the average client contribution for counselling services, and the values of bank balances. The Finance & General Purposes Committee is authorised to approve unbudgeted expenditures of up to £5,000. The Finance Committee keeps under review the management of funds on deposit.

The turnover in 2022 – 2023 has increased and taken us over the threshold for an independent examination and we have been audited this year by Bostockwhite.

Reserves

The contents of the Centre's risk register were formally reviewed during the course of the year, together with their estimated impacts and likelihoods, controls and mitigations. In the light of this the level of required reserves was re-evaluated. The directors concluded that it was prudent to maintain free reserves, including working capital, of around £400,000 to provide a 'breathing space' within which to act in the event of the risks identified materialising.

The Centre's readily realisable assets now stand at around £1,221,778. Given the continuing uncertainties within the funding outlook and the economy generally, the directors regard the current level of reserves as adequate.

It should be noted that the freehold property owned by Relate Leicestershire is valued at historical cost less accumulated depreciation in the accounts. The trustees consider that 'on an open market valuation' the freehold property would be valued considerably more than its book value.

Funding

The main sources of funding for our services during 2022/2023 are as described in the following paragraphs.

Most of the funding for Relationship Counselling, delivered at our own premises and outposts came from client contributions. The payments are supported by a bursary, where necessary, so that the service was again available to clients irrespective of their means. Our Bursary made available for members of the public to support the cost of counselling for 2022 – 2023 was £15,208.05, a slight increase from the previous year.

Young People counselling services received most of its funding through contracts with our local Integrated Care Board.

Schools and colleges counselling services were delivered at fair sessional rates for the services received.

Education and Learning was mainly delivered under the contract and costs of the Separated Parents Information Programme commissioned by CAFCASS.

FUTURE DEVELOPMENTS

We have continued to build stability in the Centre as we work together to operate our vision and strategy. We dealt with some continuing pressure from the pandemic as families have lost jobs and experience lower household income due to long periods of unemployment and the cost-of-living crisis. Faced with continuing uncertainty, we shall maintain close monitoring of the funding outlook and new opportunities and keep under review contingency plans to manage our capacity and our cost base.

We will continue to analyse feedback from our clients and act as needed to keep our services in tune with evolving market needs. We will continue to invest time and effort in understanding the implications of structural changes in our various markets, including the impact of commissioning. We intend to continue to develop bespoke solutions to the opportunities presented by funding agencies, and where appropriate to work in partnership with other service organisations with complementary competences. We will continue to encourage the members of our highly skilled workforce to extend their individual competences to meet emerging needs.

The trustees are confident that the actions taken over the past year has put the charity in a strong position to succeed in what has now become an extremely challenging time.

REFERENCE AND ADMINISTRATIVE DETAILS

This information is provided on page 1 of the annual report and accounts.

PROVISION OF INFORMATION TO AUDITORS

Each of the persons who are Trustees at the time when Trustees' report is approved, has confirmed that so far as that Trustee is aware, there is no audit information of which the auditor is unaware; that they have taken all the steps that ought to have been taken as a Trustee in order to be aware of any information needed by the auditor in connection with preparing its report and to establish that the auditor is aware of that information.

Approved by the Trustees on 8.11.2023 and signed on their behalf by

Rachael Heppingstall
Chair

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees are required to prepare financial statements for each financial year that give a true and fair view of the financial activities of the charity and of its financial position at the end of that year. In preparing those accounts the trustees are required to:

- select suitable accounting policies and apply them consistently;
- make judgments and estimates that are reasonable and prudent;
- state whether the policies adopted are in accordance with applicable accounting standards and statements of recommended practice, subject to any material departures disclosed and explained in the accounts; and
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to ensure that the accounts comply with all relevant legislation and its own constitution. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF RELATE LEICESTERSHIRE

Opinion

We have audited the financial statements of Relate Leicestershire for the year ended 31 March 2023 which comprise the Statement of Financial Activities (incorporating an Income and Expenditure Account), the Balance Sheet, the Statement of Cash Flows and the related notes. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2023, and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice and;
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and the provisions available for small entities, in respect of the fact we provide non-audit services in the preparation of these financial statements, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustee's use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the Trustees' report. The Trustees are responsible for this other information. Our opinion of the financial statements does not cover the other information and except to the extent otherwise explicitly stated in our report we do not express any form of assurance conclusion thereon. In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements, or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Trustees' report, which includes the Directors' report and the Strategic report prepared for the purposes of company law, for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Strategic report and the Directors' report included within the Trustees' report have been prepared in accordance with the applicable legal requirements.

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- the charitable company has not kept adequate and sufficient accounting records, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.
- the Trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies exemption in preparing the Directors' report and take advantage of the small companies exemption from the requirement to prepare a strategic report.

Responsibilities of Trustees

As explained more fully in the Trustees' responsibilities statement set out in the Trustees' report, the Trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the Trustees determine is necessary to enable the preparation of the financial statements that are free from material misstatement, whether due to fraud or error.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but it is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Firstly, our assessment of the risk applicable to the entity's financial statements from material misstatements, including fraud, is low. Consequently, the risks identified are primarily concerned with dominant influence by management, income recognition and classification as well as adequacy and completeness of the disclosure for related parties. In response, we have:

- Reviewed minutes of meetings of management and those charged with governance;
- Tested journal entries and other adjustments for appropriateness, evaluating the rationale behind transactions outside the normal course of activities;
- Vouched a sample of grants and contracts to source documentation checking income recognition criteria as well as any restrictions for appropriate fund classification;
- Reviewed transactions during the year for evidence of additional, unidentified related parties.

Auditor's responsibilities for the audit of the financial statements (continued)

Whilst the procedures listed aid us in detecting irregularities, there exists the inherent difficulty in detecting irregularities, particularly those related to fraud. However, we believe the above risks to be the particular areas most susceptible to material misstatement.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Samantha White FCA CTA (Senior Statutory Auditor)

for and on behalf of
XEINADIN AUDIT LIMITED

Chartered Accountants
Statutory Auditors

12 Conqueror Court
Sittingbourne
Kent
ME10 5BH

Date 8.11.2023

RELATE LEICESTERSHIRE
(A COMPANY LIMITED BY GUARANTEE)

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2023

INCOME AND EXPENDITURE ACCOUNT

	NOTE	Unrestricted funds	Restricted funds	2023 Total funds	2022 Total funds
Incoming resources					
Incoming resources from generated funds					
Voluntary Income	2	6,661	-	6,661	2,000
Investment income	3	-	-	-	-
Incoming resources from charitable activities	4	1,364,805	49,582	1,414,387	1,258,993
Other incoming resources	5	2,457	-	2,457	5,393
Total incoming resources		1,373,923	49,582	1,423,505	1,266,386
Resources expended					
Charitable activities	6	969,783	49,582	1,019,365	959,690
Governance costs	7	7,700	-	7,700	7,700
Total resources expended		977,483	49,582	1,027,065	967,390
Net incoming resources for the financial year	8	396,440	-	396,440	298,996
Transfer between funds				-	-
Total funds brought forward		956,084	-	956,084	657,088
Total funds carried forward	16	1,352,524	-	1,352,524	956,084

CONTINUING OPERATIONS

All incoming resources and resources expended derive from continuing activities

TOTAL RECOGNISED GAINS AND LOSSES

There were no recognised gains or losses other than included above.

RELATE LEICESTERSHIRE
(A COMPANY LIMITED BY GUARANTEE)

BALANCE SHEET
31 MARCH 2023

	NOTE	2023		2022	
TANGIBLE FIXED ASSETS	11		130,746		139,708
CURRENT ASSETS					
Debtors	12	53,215		226,053	
Cash at bank and in hand	13	1,205,215		718,051	
		1,258,430		944,104	
CREDITORS					
Amounts falling due within one year	14	36,652		127,728	
NET CURRENT ASSETS			1,221,778		816,376
TOTAL ASSETS LESS CURRENT LIABILITIES			1,352,524		956,084
FUNDS					
Unrestricted Funds					
General funds	15	1,352,524		956,084	
Designated funds	15	-		-	
			1,352,524		956,084
Restricted funds	15		-		-
TOTAL FUNDS			1,352,524		956,084

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

These accounts were approved by the Trustees on 8.11.2023 and signed on their behalf by:

RACHAEL HEPPINGSTALL **Director and Chair of Trustees**

RELATE LEICESTERSHIRE
(A COMPANY LIMITED BY GUARANTEE)

CASH FLOW STATEMENT
31 MARCH 2023

	2023	2022
Cash flows from operating activities	**495,910**	144,791
Purchase of tangible fixed assets	**(8,746)**	(6,920)
Net cash from operating activities and Increase in cash and cash equivalents	**487,164**	137,871
Cash and cash equivalents at beginning of the year	**718,051**	580,180
Cash and cash equivalents at at the end of the year	**1,205,215**	718,051

The notes form part of these financial statements

RELATE LEICESTERSHIRE
(A COMPANY LIMITED BY GUARANTEE)

NOTES TO THE CASH FLOW STATEMENT
31 MARCH 2023

1. RECONCILAITION OF SURPLUS TO CASH GENERATED FROM OPERATIONS

	2023	2022
Surplus for the year	396,440	298,996
Depreciation charges	17,708	15,266
	414,148	314,262
(Increase) / decrease in debtors	172,838	(174,812)
Increase / (decrease) in creditors	(91,076)	5,341
Cash generated from operations	495,910	144,791

2. CASH AND CASH EQUIVALENTS

The amounts disclosed on the Cash Flow Statement in respect of cash and cah equivalents are in respect of these balance sheet amounts:

Year ended 31 March 2023

	31.03.23	01.04.22
Cash and cash equivalents	1,205,215	718,051

Year ended 31 March 2022

	31.03.22	01.04.21
Cash and cash equivalents	718,051	580,180

3. ANALYSIS OF CHANGES IN NET FUNDS

	At 01.04.22	Cash flow	At 31.03.23
Cash at bank and in hand	718,051	487,164	1,205,215

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements have been prepared under the historical cost convention, and in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1st January 2019) – (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Relate Leicestershire meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated.

Preparation of the accounts on a going concern basis

The trustees are satisfied that based on these accounts, the resources available to the charity, the financial results of the charity, and the budgets and forecasts for the 2023/2024 year, that the charity can continue to meet its liabilities as they fall due and that in consequence the going concern basis continues to remain appropriate.

Income

Income is recognised when the charity has entitlement to the funds, any conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from grants is recognised when the charity has met the performance criteria specified at the time of grant and is recorded on a period-by-period basis when such criteria is achieved.

Incoming resources are treated as unrestricted unless the use of such income has conditions attached which determine when, how and on what such funds may be expended. In those cases where the incoming resource is deemed or determined to be restricted, then it is only recognised as income when any attaching performance criteria is achieved.

Fund Accounting

Unrestricted general funds are those funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed at the time such funds are received. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

1. ACCOUNTING POLICIES - continued

Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required, and the amount of the obligation can be measured reliably. Where such expenditure relates to a restricted income fund, then it is recognised in the same period as the income to which it applies.

Apart from governance costs, all expenditure is classified as expenditure on charitable activities.

All expenditure includes the irrecoverable VAT as a cost where it has been charged.

Allocation of central office costs

Central office costs are those functions that support the charitable activities of the charity and include finance, personnel, management, training and other administrative activities. The trustees do not consider that an arbitrary allocation of such costs is meaningful and accordingly the analysis of expenditure by activity records such costs separately.

Operating Leases

Rentals payable under operating leases (a lease where title to such equipment remains with the lessor) are charged to the SOFA on a straight-line basis over the term of the lease.

Tangible fixed assets

Tangible fixed assets are stated at cost (or deemed cost) less accumulated depreciation and accumulated impairment losses.

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold property	- 1% on the original cost of the property
Fixtures and fittings	- 10% on cost

Given the nature and age of the freehold property, the trustees have concluded that it is not possible to identify the component parts of its cost and have therefore continued to apply a straight-line charge for depreciation of 1% per annum.

Taxation

As a registered charity, Relate Leicestershire Ltd is exempt from any liability to taxation.

Pensions

The company operates a defined contribution pension scheme. Contributions payable for the period are charged in the profit and loss account.

2. VOLUNTARY INCOME

Voluntary income comprises donations received by the charity in the year. There are no costs associated with this activity.

3. INVESTMENT INCOME

Investment income represents the total amounts receivable from the charity's bank deposits. Investment income is allocated to the different funds based upon the ratio of fund balances.

4. INCOMING RESOURCES FROM CHARITABLE ACTIVITIES

Analysis of incoming resources between funds

	Unrestricted funds	Restricted funds	2023 Total	2022 Total
Client and other income	189,780	-	189,780	160,189
Young People	1,107,096	49,582	1,156,678	1,066,574
Training & Lifeskills	39,225	-	39,225	32,230
	1,336,101	**49,582**	**1,385,683**	1,258,993

	2023 Total	2023 Total
Analysis of incoming resources by activity		
Relationship counselling	169,795	135,966
Family counselling	10,468	13,864
PST counselling	9,517	10,359
YP counselling	602,014	678,244
Life skills	39,225	32,230
YP early intervention	554,664	388,330
	1,385,683	1,258,993

5. OTHER INCOMING RESOURCES

Other incoming resources comprise income from the sales of books and other publications, room hire, donations and fund-raising activities.

6. RESOURCES EXPENDED ON CHARITABLE ACTIVITIES

The analysis of resources expended on charitable activities by type is as follows:

	2023	2022
Staff costs	660,735	661,951
National Relate and Affiliation Fees	25,347	20,306
Training, travel and other staff costs	22,147	37,803
Property and utility costs	40,172	26,593
External service providers	185,317	133,826
Office costs	49,513	45,117
Literature, PR and marketing	11,744	16,285
Accounting services - external provider	15,120	11,160
Sundries	9,270	6,649
	1,019,365	959,690

The Trustees still consider that the allocation of resources by expenditure type provides a more meaningful analysis of resources expended on charitable activities. However, the table below provides an indicative analysis of resources expended by activity including the trustees allocation of central office costs. This allocation forms the basis of the amounts as disclosed on the SOFA.

Analysis of resources expended by activity	2023 DIRECT COSTS	2023 CENTRAL ALLOCATE	2023 Total	2022 Total
Adult counselling	83,445	22,444	105,889	95,482
YP counselling	87,359	23,497	110,856	386,380
YP projects	629,437	169,297	798,734	466,135
Education & learning	3,062	824	3,886	11,693
Central office costs	216,062	(216,062)	-	-
	1,019,365	-	1,019,365	959,690

7. GOVERNANCE COSTS

Audit fee	6,300	6,300
Examiner's fees for other services	1,400	1,400
	7,700	7,700

The charity incurs no other direct costs in connection with its governance.

8. NET INCOMING / (OUTGOING) RESOURCES FOR THE FINANCIAL YEAR

Net incoming / (outgoing resources) resources is stated after charging:

Depreciation - owned assets	15,266	15,266
Audit fee	6,300	6,300
Examiner's fees (in aggregate)	1,400	1,400

The directors received no emoluments or other benefits (2022 - £nil)

The Trustees of the charity neither received nor waived any emoluments during the year (2022 - £nil). No expenses were paid to Trustees during the year (2022 - £nil).

9. STAFF COSTS

	2023	2022
Wages and salaries	**625,139**	627,683
Social security costs	**28,424**	27,138
Pension costs	**7,172**	7,130
CJRS Grants	**-**	-
	660,735	661,951

The average headcount during the year was 44 (2022 - 45).
The average number of staff based upon full-time equivalent posts is 28 (2022 - 26.2).

The employment costs of the Centre Manager (who is effectively the chief operating officer) were £50,366 (2022 - £54,838).

No employee received remuneration at the rate of £60,000 per annum or above.

Wages and salaries includes £72,125 (2022 - £71,914) in respect of invoiced costs from third parties.

10. TAXATION

There is no liability to UK corporation tax on the result of the year.

11. TANGIBLE FIXED ASSETS

	Freehold property	Fixtures & fittings	Total
Cost			
At 1 April 2022	148,899	97,441	246,340
Additions	-	8,746	8,746
At 31 March 2023	**148,899**	**106,187**	**255,086**
Depreciation			
At 1 April 2022	71,472	35,160	106,632
Charge for the year	1,489	16,219	17,708
At 31 March 2023	**72,961**	**51,379**	**124,340**
NET BOOK VALUE			
At 31 March 2023	**75,938**	**54,808**	**130,746**
At 31 March 2022	77,427	62,281	139,708

12. DEBTORS : AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023	2022
Trade debtors	32,879	156,170
Prepayments and accrued income	20,336	69,883
	53,215	226,053

13. CASH AT BANK AND IN HAND

Cash and current accounts	1,205,215	718,051
	1,205,215	718,051

14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

Trade creditors	9,419	7,600
Social security and other taxes	11,099	11,069
Accrued expenses and deferred income	16,134	109,059
	36,652	127,728

15. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Designated fund	Restricted fund	General fund	Total
Tangible fixed assets	-	-	130,746	130,746
Current assets	-	-	1,258,430	1,258,430
Current liabilities	-	-	(36,652)	(36,652)
At 31 March 2023	-	-	1,352,524	1,352,524

16. NATIONAL RELATE

Relate Leicestershire Ltd is part of a federation with other such charities which share similar aims and objectives but is not otherwise connected to those charities.

During the year the charity paid £25,347 (2022: £20,306) to the National Relate Federation.

17. COMMITMENTS

The total future minimum lease payments under non-cancellable operating leases are £1,424 (2022: £1,424) due within one year and £Nil (2022: £1,424) due wtihin 1-5 years.

18. COMPANY STATUS

The charity is a company limited by guarantee. The members of the company are the Directors and Trustees named on page 1. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity.

19. VOLUNTEER SERVICES

No amount is recognised in the financial statements in respect of the time donated to the charity by volunteers.

The Relationships Centre Leicestershire

England & Wales - Charity number 1103070

Accounts

Registration No. 5065216 (England and Wales)
Charity No. 1103070

RELATE LEICESTERSHIRE

(a company limited by guarantee)

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

RELATE LEICESTERSHIRE

CONTENTS

	Page
Company Information	1
Trustees' report	2 - 7
Auditor's report	8 - 10
Statement of Financial Activities	11
Balance Sheet	12
Statement of Cash Flows	13 - 14
Notes to the financial statements	15 - 21

RELATE LEICESTERSHIRE
(A COMPANY LIMITED BY GUARANTEE)

COMPANY INFORMATION

TRUSTEES:	Ms Rachael Heppingstall (Chair) Mr R Jones Mr M Wright (resigned 16/09/2022) Ms J Darby
COMPANY SECRETARY:	Mrs S Prince
CHIEF EXECUTIVE OFFICER:	Mrs S Prince
REGISTERED OFFICE:	83 Aylestone Road Leicester Leicestershire LE2 7LL
COMPANY REGISTERED NUMBER:	5065216 (England & Wales)
CHARITY REGISTERED NUMBER:	1103070
INDEPENDENT AUDITORS:	Xeinadin Audit Limited 12 Conqueror Court Sittingbourne Kent ME10 5BH
BANKERS:	HSBC Bank plc 31 Granby Street Leicester LE1 6EP

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

The Directors, who are Trustees in respect of the charitable activities of the company, present their report together with the financial statements for the year ended 31 March 2022.

CHARITABLE OBJECTS

The charitable objects of Relate Leicestershire are set out below.

1. To educate the public concerning the benefits of secure couple relationships, marriage and family life in order to improve the emotional, sexual and spiritual well-being of individuals which is derived from committed relationships;

2. To seek to enhance, the good health, both mental and physical, of adults and children by:

    i) Increasing public awareness of the benefit of committed couple relationships, marriage, and family life; and

    ii) Working to prevent poverty, hardship and distress caused by the breakdown of such relationships;

3. To provide counselling, advice, education, guidance and relief to adults and/or children in relation to any aspect of contemporary life or work which:

    i) May prejudice their physical or mental well-being; or

    ii) Influence, either directly or indirectly, their present or future family or couple relationship;

4. To relieve those in need by reason of youth, age, ill-health, disability, financial hardship or another disadvantage; and

5. To promote research into all of the above Objects and to make the results available to the public.

The company's main activities during the year all fell within these objects and are described in fuller detail later in this report.

REVIEW OF BUSINESS

The results for the year and the financial position of the company are as shown in the annexed financial statements.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Relate Leicestershire is a registered charity that has been serving the communities of Leicester, Leicestershire and Rutland for over 80 years. We are a Federated Centre within the Relate family group. Relate National has now taken in a number of centres to become part of a single charity as Relate National. Other centres have decided to stay as independent centres and are named Federated Centres. Relate Leicestershire is bound by the terms of the Relate membership agreement, which provides, inter alia,

that Relate Leicestershire will abide by the terms of all policies and service specifications approved by the Federation. The governing body of the Federation is the Relate Board of Directors.
We provide an extensive range of relationship services at our main premises at 81/83 Aylestone Road, Leicester and outreach locations across the county and Rutland.

The governing body of Relate Leicestershire is its Board. The Memorandum and Articles of Association govern the appointment of Directors and Trustees. The Centre's policy for the recruitment and induction of new Directors and Trustees provides for a process of interviews and discussions, the provision of background information and attendance as an observer at Board and Committee meetings.

The Directors and Trustees have met formally with the Centre Manager and staff teams in regular meetings throughout the year. Between these meetings the Finance & General Purposes Committee oversee the Centre's finances and Human Resource Functions. The Service & Practice Committee regularly reviews and guides the development and delivery of the main services provided: Relationship Counselling (face-to-face and by telephone), Young People Counselling, Psycho-Sexual Therapy, Family Counselling and Education and Learning services. The Business Development Committee oversee the development of the Business Plan and the Marketing & Publicity Strategy and monitor its implementation and progress.

Suzanne Prince leads the team with support from Melissa White, (Head of Services) Hannah Andrzejewski (Office Manager) and Caroline Byrne (Centre Support Team Co-ordinator). The Clinical Lead is supervisor Vicki Weetman, supported by supervisors Kala Subbaswamy, Rashmi Patel and Leona Smith Kerr.

OBJECTIVES AND ACTIVITIES

Our vision is to be a "one stop relationship service centre" reaching more people and serving the community of Leicester, Leicestershire and Rutland. We have continued to ensure that our services are diverse and designed to meet local needs, and in parallel to diversify our sources of income. Growth and flexibility are critical to the Centre's long-term viability, and we continue on our objective to develop steady patterns of annual growth. 2022-2023 has been another positive year in terms of maintaining a single cohesive team within the Centre but as with everyone else, in March 2020 we were impacted by the Covid 19 virus. We ended all face to face work and transitioned to telephone and video counselling. It has been down to the strength and positivity of all staff that we have managed to do this successfully and still run a full service. We were also successful in attracting funding to help us recover into the next year to help us deal with the changes and challenges the virus continues to bring. We are now delivering a mainly face to face service and have fully established ourselves back into regular delivery without the impact of covid.

The Centre's longest established service is Adult Relationship Counselling. This includes counselling for individuals and couples, irrespective of marital status, faith, race, gender, sexual orientation or disability, on Relate premises and remotely; and Psychosexual Therapy.

The Young People Counselling Service has continued building partnerships with schools and we have new schools and colleges on board providing face to face counselling services. The demand for children and young people counselling and family counselling is significant, and we have again recruited new members of the team to meet the additional demand. We delivered the final year of therapeutic services for

children and young people with mild to moderate mental health needs across Leicester, Leicestershire and Rutland and again this has now been extended to December 2023. The contract is an Early Intervention Service funded by each area Clinical Commissioning Group and is delivered with our partner agencies; The Centre for Fun and Families and ADHD Solutions.

Our aims for education and learning services were based on growth and sustainability and we have delivered the fourth year of our CAFCASS contract with Cambridge Family Mediation Services delivering separated parents' courses. This contract has also been extended for a further year.

PUBLIC BENEFIT

In line with the requirements of the Charities Commission, we give below information on how the Centre delivers public benefit.

Relate Leicestershire takes practical steps to provide open access to its services. We operate a bursary scheme to enable those in financial hardship to access our services at a reduced cost. We nevertheless see it as a priority that our services remain accessible to those who require them, irrespective of their means.

Most of our Young People Counselling Service is provided within the Early Intervention Service and local schools and colleges.

ACHIEVEMENTS AND PERFORMANCE

Results in Aggregate

This was a year of challenge with slightly less work delivered in some areas but increased in children and young people's service, it was expected with the impact of the pandemic. The number of sessions delivered during the year were 2,873 sessions for relationship counselling, 3,800 sessions of children and young people counselling and group work, 219 sessions of Sex Therapy, 235 sessions of family counselling and more than 650 individuals attended our training programmes. The young people service has seen a significant increase in delivery, and we have increased the number of practitioners into the team to ensure we reach the number of people who want to use our service. We were able to manage a surplus in order to continuing building our reserves that have supported our delivery in past years.

Adult Relationship Counselling

Demand for adult relationship counselling services declined during the pandemic but still similar to last year and we hope to reach more people again this year. Our priority has been to ensure that we continue to deliver services during the pandemic.

Children and Young People's counselling and Family Work

We continued our work in schools providing individual counselling for young people in secondary and primary schools.

The demand for school counselling is increasing at a steady rate and we have employed and trained new counsellors to meet the demand.

Education and Learning

We have had another successful year delivering the CAFCASS mandated programme to separated parents. All individual and group delivery has been delivered and continues to be delivered remotely on zoom.

FINANCIAL REVIEW

Financial Position

The Centre ended the year with total incoming resources of £1,266,386 and recorded a surplus of £298,996. This surplus has built our reserves to a level that will sustain us in a crisis. We have continued to invest in our infrastructure to improve our environment for clients, improve the building and our programme of change for our IT provision. The Trustees, as usual, will be making prudent decisions over the coming year to ensure the Centre's viability.

The Centre's finances are managed under a straightforward regime. The Finance & General Purposes Committee develops a budget for approval by the Board prior to the start of each year, and reviews performance against that budget. The Board receives and considers financial reports at each of its quarterly meetings. Every month the Centre Manager sends to the Directors and Trustees a set of key statistics, including output volumes for each service, the unkept appointment rate, the average client contribution for counselling services, and the values of bank balances. The Finance & General Purposes Committee is authorised to approve unbudgeted expenditures of up to £5,000. The Finance Committee keeps under review the management of funds on deposit.

The turnover in 2021 – 2022 has increased and taken us over the threshold for an independent examination and we have been audited this year by Xeinadin Audit Limited.

Reserves

The contents of the Centre's risk register were formally reviewed during the course of the year, together with their estimated impacts and likelihoods, controls and mitigations. In the light of this the level of required reserves was re-evaluated. The directors concluded that it was prudent to maintain free reserves, including working capital, of around £300,000 to provide a 'breathing space' within which to act in the event of the risks identified materialising.

The Centre's readily realisable assets now stand at around £816,376. Given the continuing uncertainties within the funding outlook and the economy generally, the directors regard the current level of reserves as adequate.

It should be noted that the freehold property owned by Relate Leicestershire is valued at historical cost less accumulated depreciation in the accounts. The trustees consider that 'on an open market valuation' the freehold property would be valued considerably more than its book value.

Funding

The main sources of funding for our services during 2021/2022 are as described in the following paragraphs.

Most of the funding for Relationship Counselling, delivered at our own premises and outposts came from client contributions. The payments are supported by a bursary, where necessary, so that the service was again available to clients irrespective of their means. Our Bursary made available for members of the public to support the cost of counselling for 2021 – 2022 was £14,320.

Young People counselling services received most of its funding through contracts with our local CCGs. Schools and colleges counselling services were delivered at fair sessional rates for the services received. Education and Learning was mainly delivered under the contract and costs of the Separated Parents Information Programme commissioned by CAFCASS.

FUTURE DEVELOPMENTS

We have continued to build stability in the Centre as we work together to operate our vision and strategy. We still dealt with some continuing pressure from the pandemic as families have lost jobs and experience lower household income due to redundancy or furlough. Faced with continuing uncertainty, we shall maintain close monitoring of the funding outlook and new opportunities and keep under review contingency plans to manage our capacity and our cost base.

We will continue to analyse feedback from our clients and act as needed to keep our services in tune with evolving market needs. We will continue to invest time and effort in understanding the implications of structural changes in our various markets, including the impact of commissioning. We intend to continue to develop bespoke solutions to the opportunities presented by funding agencies, and where appropriate to work in partnership with other service organisations with complementary competences. We will continue to encourage the members of our highly skilled workforce to extend their individual competences to meet emerging needs.

The trustees are confident that the actions taken over the past year has put the charity in a strong position to succeed in what has now become an extremely challenging time.

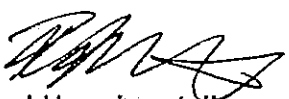
REFERENCE AND ADMINISTRATIVE DETAILS

This information is provided on page 1 of the annual report and accounts.

PROVISION OF INFORMATION TO AUDITORS

Each of the persons who are Trustees at the time when this Trustees' report is approved, has confirmed that so far as that Trustee is aware, there is no audit information of which the auditor is unaware; that they have taken all the steps that ought to have been taken as a Trustee in order to be aware of any information needed by the auditor in connection with preparing its report and to establish that the auditor is aware of that information.

Approved by the Trustees on 20th December 2022 and signed on their behalf by



Rachael Heppingstall
Chair

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees are required to prepare financial statements for each financial year that give a true and fair view of the financial activities of the charity and of its financial position at the end of that year. In preparing those accounts the trustees are required to:

- select suitable accounting policies and apply them consistently;
- make judgments and estimates that are reasonable and prudent;
- state whether the policies adopted are in accordance with applicable accounting standards and statements of recommended practice, subject to any material departures disclosed and explained in the accounts; and
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to ensure that the accounts comply with all relevant legislation and its own constitution. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF RELATE LEICESTERSHIRE

Opinion

We have audited the financial statements of Relate Leicestershire for the year ended 31 March 2022 which comprise the Statement of Financial Activities (incorporating an Income and Expenditure Account), the Balance Sheet, the Statement of Cash Flows and the related notes. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2022, and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice and;
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and the provisions available for small entities, in respect of the fact we provide non-audit services in the preparation of these financial statements, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustee's use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the Trustees' report. The Trustees are responsible for this other information. Our opinion of the financial statements does not cover the other information and except to the extent otherwise explicitly stated in our report we do not express any form of assurance conclusion thereon. In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements, or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Trustees' report, which includes the Directors' report and the Strategic report prepared for the purposes of company law, for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Strategic report and the Directors' report included within the Trustees' report have been prepared in accordance with the applicable legal requirements.

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- the charitable company has not kept adequate and sufficient accounting records, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.
- the Trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies exemption in preparing the Directors' report and take advantage of the small companies exemption from the requirement to prepare a strategic report.

Responsibilities of Trustees

As explained more fully in the Trustees' responsibilities statement set out in the Trustees' report, the Trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the Trustees determine is necessary to enable the preparation of the financial statements that are free from material misstatement, whether due to fraud or error.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but it is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Firstly, our assessment of the risk applicable to the entity's financial statements from material misstatements, including fraud, is low. Consequently, the risks identified are primarily concerned with dominant influence by management, income recognition and classification as well as adequacy and completeness of the disclosure for related parties. In response, we have:

- Reviewed minutes of meetings of management and those charged with governance;
- Tested journal entries and other adjustments for appropriateness, evaluating the rationale behind transactions outside the normal course of activities;
- Vouched a sample of grants and contracts to source documentation checking income recognition criteria as well as any restrictions for appropriate fund classification;
- Obtained related party grid responses from connected parties and reviewed transactions during the year for evidence of additional, unidentified related parties.

Auditor's responsibilities for the audit of the financial statements (continued)

Whilst the procedures listed aid us in detecting irregularities, there exists the inherent difficulty in detecting irregularities, particularly those related to fraud. However, we believe the above risks to be the particular areas most susceptible to material misstatement.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

SWhite.

Samantha White FCA CTA (Senior Statutory Auditor)

for and on behalf of
XEINADIN AUDIT LIMITED

Chartered Accountants
Statutory Auditors

12 Conqueror Court
Sittingbourne
Kent
ME10 5BH

Date 20/12/2022.

RELATE LEICESTERSHIRE
(A COMPANY LIMITED BY GUARANTEE)

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2022

INCOME AND EXPENDITURE ACCOUNT

	NOTE	Unrestricted funds	Restricted funds	2022 Total funds	2021 Total funds
Incoming resources					
Incoming resources from generated funds					
Voluntary Income	2	2,000	-	2,000	1,500
Investment income	3	-	-	-	-
Incoming resources from charitable activities	4	1,049,277	209,716	1,258,993	932,678
Other incoming resources	5	5,393	-	5,393	12,346
Total incoming resources		1,056,670	209,716	1,266,386	946,524
Resources expended					
Charitable activities	6	749,974	209,716	959,690	869,905
Governance costs	7	7,700	-	7,700	2,400
Total resources expended		757,674	209,716	967,390	872,305
Net incoming resources for the financial year	8	298,996		298,996	74,219
Transfer between funds				-	-
Total funds brought forward		657,088	-	657,088	582,869
Total funds carried forward	16	**956,084**	-	**956,084**	657,088

CONTINUING OPERATIONS

All incoming resources and resources expended derive from continuing activities.

TOTAL RECOGNISED GAINS AND LOSSES

There were no recognised gains or losses other than included above.

RELATE LEICESTERSHIRE
(A COMPANY LIMITED BY GUARANTEE)

BALANCE SHEET
31 MARCH 2022

	NOTE	2022		2021	
TANGIBLE FIXED ASSETS	11		139,708		148,054
CURRENT ASSETS					
Debtors	12	226,053		51,241	
Cash at bank and in hand	13	718,051		580,180	
		944,104		631,421	
CREDITORS					
Amounts falling due within one year	14	127,728		122,387	
NET CURRENT ASSETS			816,376		509,034
TOTAL ASSETS LESS CURRENT LIABILITIES			956,084		657,088
FUNDS					
Unrestricted Funds					
General funds	15	956,084		657,088	
Designated funds	15	-		-	
			956,084		657,088
Restricted funds	15		-		-
TOTAL FUNDS			956,084		657,088

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

These accounts were approved by the Trustees on 20.12.22 and signed on their behalf by:

RACHAEL HEPPINGSTALL — **Director and Chair of Trustees**

The notes form part of these financial statements

RELATE LEICESTERSHIRE
(A COMPANY LIMITED BY GUARANTEE)

CASH FLOW STATEMENT
31 MARCH 2022

	2022	2021
Cash flows from operating activities	**144,791**	260,676
Purchase of tangible fixed assets	**(6,920)**	(50,545)
Net cash from operating activities and Increase in cash and cash equivalents	**137,871**	210,131
Cash and cash equivalents at beginning of the year	**580,180**	370,049
Cash and cash equivalents at at the end of the year	**718,051**	580,180

RELATE LEICESTERSHIRE
(A COMPANY LIMITED BY GUARANTEE)

NOTES TO THE CASH FLOW STATEMENT
31 MARCH 2022

1. RECONCILIATION OF SURPLUS TO CASH GENERATED FROM OPERATIONS

	2022	2021
Surplus for the year	298,996	74,219
Depreciation charges	15,266	19,466
	314,262	93,685
(Increase) / decrease in debtors	(174,812)	82,815
Increase / (decrease) in creditors	5,341	84,176
Cash generated from operations	144,791	260,676

2. CASH AND CASH EQUIVALENTS

The amounts disclosed on the Cash Flow Statement in respect of cash and cah equivalents are in respect of these balance sheet amounts:

Year ended 31 March 2022

	31.03.22	01.04.21
Cash and cash equivalents	718,051	580,180

Year ended 31 March 2021

	31.03.21	01.04.20
Cash and cash equivalents	580,180	370,049

3. ANALYSIS OF CHANGES IN NET FUNDS

	At 01.04.21	Cash flow	At 31.03.22
Cash at bank and in hand	580,180	137,871	718,051

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements have been prepared under the historical cost convention, and in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1st January 2015) – (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Relate Leicestershire meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated.

Preparation of the accounts on a going concern basis

The trustees are satisfied that based on these accounts, the resources available to the charity, the financial results of the charity since 1st April 2020 and the budgets and forecasts for the 2022/2023 year, that the charity can continue to meet its liabilities as they fall due and that in consequence the going concern basis continues to remain appropriate.

Income

Income is recognised when the charity has entitlement to the funds, any conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from grants is recognised when the charity has met the performance criteria specified at the time of grant and is recorded on a period-by-period basis when such criteria is achieved.

Incoming resources are treated as unrestricted unless the use of such income has conditions attached which determine when, how and on what such funds may be expended. In those cases where the incoming resource is deemed or determined to be restricted, then it is only recognised as income when any attaching performance criteria is achieved.

Fund Accounting

Unrestricted general funds are those funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed at the time such funds are received. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

1. ACCOUNTING POLICIES - continued

Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required, and the amount of the obligation can be measured reliably. Where such expenditure relates to a restricted income fund, then it is recognised in the same period as the income to which it applies.

Apart from governance costs, all expenditure is classified as expenditure on charitable activities.

All expenditure includes the irrecoverable VAT as a cost where it has been charged.

Allocation of central office costs

Central office costs are those functions that support the charitable activities of the charity and include finance, personnel, management, training and other administrative activities. The trustees do not consider that an arbitrary allocation of such costs is meaningful and accordingly the analysis of expenditure by activity records such costs separately.

Operating Leases

Rentals payable under operating leases (a lease where title to such equipment remains with the lessor) are charged to the SOFA on a straight-line basis over the term of the lease.

Tangible fixed assets

Tangible fixed assets are stated at cost (or deemed cost) less accumulated depreciation and accumulated impairment losses.

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold property	- 1% on the original cost of the property
Fixtures and fittings	- 10% on cost

Given the nature and age of the freehold property, the trustees have concluded that it is not possible to identify the component parts of its cost and have therefore continued to apply a straight-line charge for depreciation of 1% per annum.

Taxation

As a registered charity, Relate Leicestershire Ltd is exempt from any liability to taxation.

Pensions

The company operates a defined contribution pension scheme. Contributions payable for the period are charged in the profit and loss account.

2. VOLUNTARY INCOME

Voluntary income comprises donations received by the charity in the year. There are no costs associated with this activity.

3. INVESTMENT INCOME

Investment income represents the total amounts receivable from the charity's bank deposits. Investment income is allocated to the different funds based upon the ratio of fund balances.

4. INCOMING RESOURCES FROM CHARITABLE ACTIVITIES

Analysis of incoming resources between funds

	Unrestricted funds	Restricted funds	2022 Total	2021 Total
Client and other income	160,189	-	160,189	134,463
Young People	856,858	209,716	1,066,574	776,090
Training & Lifeskills	32,230	-	32,230	17,584
Children in Need	-	-	-	4,541
	1,049,277	**209,716**	**1,258,993**	932,678

Analysis of incoming resources by activity

	2022 Total	2021 Total
Relationship counselling	135,966	117,865
Family counselling	13,864	8,352
PST counselling	10,359	8,246
YP counselling	678,244	311,631
Life skills	32,230	17,584
YP early intervention	388,330	469,000
	1,258,993	932,678

5. OTHER INCOMING RESOURCES

Other incoming resources comprise income from the sales of books and other publications, room hire, donations and fund-raising activities. It also includes monies received from furlough (CJRS) totalling £4,700.

6. RESOURCES EXPENDED ON CHARITABLE ACTIVITIES

The analysis of resources expended on charitable activities by type is as follows:

	2022	2021
Staff costs	661,951	514,576
National Relate and Affiliation Fees	20,306	13,735
Training, travel and other staff costs	37,803	20,672
Property and utility costs	26,593	52,556
External service providers	133,826	204,975
Office costs	45,117	44,431
Literature, PR and marketing	16,285	5,690
Accounting services - external provider	11,160	11,280
Sundries	6,649	1,990
	959,690	869,905

The Trustees still consider that the allocation of resources by expenditure type provides a more meaningful analysis of resources expended on charitable activities. However, the table below provides an indicative analysis of resources expended by activity including the trustees allocation of central office costs. This allocation forms the basis of the amounts as disclosed on the SOFA.

Analysis of resources expended by activity	2022 DIRECT COSTS	2022 CENTRAL ALLOCATE	2022 Total	2021 Total
Relationship counselling	68,929	21,173	90,102	88,636
Family counselling	3,223	2,157	5,380	9,517
PST counselling	4,676	1,568	6,244	11,254
YP counselling	280,708	105,672	386,380	202,525
Life skills	352	5,097	5,449	20,921
YP early intervention	405,750	60,385	466,135	537,052
Central office costs	196,052	(196,052)	-	-
	959,690	-	959,690	869,905

7. GOVERNANCE COSTS

Audit fee	6,300	-
Examiner's fees for examination	-	1,000
Examiner's fees for other services	1,400	1,400
	7,700	2,400

The charity incurs no other direct costs in connection with its governance.

8. NET INCOMING / (OUTGOING) RESOURCES FOR THE FINANCIAL YEAR

Net incoming / (outgoing resources) resources is stated after charging:

Depreciation - owned assets	15,266	19,466
Audit fee	6,300	-
Examiner's fees (in aggregate)	1,400	2,400

The directors received no emoluments or other benefits (2021 - £nil)

The Trustees of the charity neither received nor waived any emoluments during the year (2021 - £nil). No expenses were paid to Trustees during the year (2021 - £nil).

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022

9. STAFF COSTS

	2022	2021
Wages and salaries	627,683	510,844
Social security costs	27,138	17,804
Pension costs	7,130	4,978
CJRS Grants	-	(19,050)
	661,951	514,576

The average headcount during the year was 45 (2021 - 36).
The average number of staff based upon full-time equivalent posts is 26 (2021 - 24).

The employment costs of the Centre Manager (who is effectively the chief operating officer) were £54,838 (2021 - £59,725).

No employee received remuneration at the rate of £60,000 per annum or above.

Wages and salaries includes £71,914 (2021 - £77,170) in respect of invoiced costs from third parties.

10. TAXATION

There is no liability to UK corporation tax on the result of the year.

11. TANGIBLE FIXED ASSETS

	Freehold property	Fixtures & fittings	Total
Cost			
At 1 April 2021	148,899	90,521	239,420
Additions	-	6,920	6,920
At 31 March 2022	**148,899**	**97,441**	**246,340**
Depreciation			
At 1 April 2021	69,983	21,383	91,366
Charge for the year	1,489	13,777	15,266
At 31 March 2022	**71,472**	**35,160**	**106,632**
NET BOOK VALUE			
At 31 March 2022	**77,427**	**62,281**	**139,708**
At 31 March 2021	78,916	69,138	148,054

12. DEBTORS : AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
Trade debtors	156,170	29,057
Prepayments and accrued income	69,883	22,184
	226,053	51,241

13. CASH AT BANK AND IN HAND

Cash and current accounts	718,051	580,180
Deposit accounts	-	-
	718,051	580,180

14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

Trade creditors	7,600	54,487
Social security and other taxes	11,069	6,018
Accrued expenses and deferred income	109,059	61,882
	127,728	122,387

Deferred income comprises monies receiveed in advance of planned deliveries for which funding has been invoiced/paid. Amount deferred is £72,485 (2021: £56,627).
All deferred income brought forward was released during the year.

15. ANALYSIS OF NET ASSETS BETWEEN FUNDS - 2022

	Designated fund	Restricted fund	General fund	Total
Tangible fixed assets	-	-	139,708	139,708
Current assets	-	-	944,104	944,104
Current liabilities	-	-	(127,728)	(127,728)
At 31 March 2022	-	-	956,084	956,084

ANALYSIS OF NET ASSETS BETWEEN FUNDS - 2021

	Designated fund	Restricted fund	General fund	Total
Tangible fixed assets	-	-	148,054	148,054
Current assets	-	-	631,421	631,421
Current liabilities	-	-	(122,387)	(122,387)
At 31 March 2021	-	-	657,088	657,088

16. NATIONAL RELATE

Relate Leicestershire Ltd is part of a federation with other such charities which share similar aims and objectives but is not otherwise connected to those charities.

During the year the charity paid £20,306 (2021: £13,375) to the National Relate Federation.

17. COMMITMENTS

The total future minimum lease payments under non-cancellable operating leases are £1,424 (2021: £1,424) due within one year and £1,424 (2021: £2,848) due within 1-5 years.

18. COMPANY STATUS

The charity is a company limited by guarantee. The members of the company are the Directors and Trustees named on page 1. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity.

19. FUNDS

The restricted income and expenditure relates wholly to funding received in relation to Young Peoples funding on projects and courses. The funding is for the reimbursement of certain staff salaries and associated costs. This fund has no balance brought forward nor carried forward.

With the exception of the above, all other fund activity relates to the general unrestricted funds of the charity. The Trustees have not designated any funds.

20. VOLUNTEER SERVICES

No amount is recognised in the financial statements in respect of the time donated to the charity by volunteers.

The Relationships Centre Leicestershire

England & Wales - Charity number 1103070

Accounts

Company Number 5065216

RELATE LEICESTERSHIRE
(A COMPANY LIMITED BY GUARANTEE)

REPORT OF THE TRUSTEES AND

FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2021

Company number 5065216

RELATE LEICESTERSHIRE
(A COMPANY LIMITED BY GUARANTEE)

CONTENTS OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

	Page
Company Information	1
Report of the Trustees	2
Statement of Trustees' Responsibilities	8
Report of the Independent Examiner	9
Statement of Financial Activities	10
Balance Sheet	11
Notes to the Financial Statements	12

RELATE LEICESTERSHIRE (A COMPANY LIMITED BY GUARANTEE)

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021

RELATE LEICESTERSHIRE
(A COMPANY LIMITED BY GUARANTEE)

COMPANY INFORMATION

TRUSTEES:	Mrs LM Williams Mr K Nicholls Mr R Jones Mr M Wright Mr K Korim (resigned 30/11/2020) Ms S Goodrum (resigned 01/09/2021)
COMPANY SECRETARY:	Mrs S Prince
CHIEF EXECUTIVE OFFICER:	Mrs S Prince
REGISTERED OFFICE:	83 Aylestone Road Leicester Leicestershire LE2 7LL
COMPANY REGISTERED NUMBER:	5065216 (England & Wales)
CHARITY REGISTERED NUMBER:	1103070
EXAMINING ACCOUNTANT:	Mr CS Sowman Kenneth Law Sowman & Co East View 5 Desford Lane Peckleton Leicester LE9 7RB
BANKERS:	HSBC Bank plc 31 Granby Street Leicester LE1 6EP

RELATE LEICESTERSHIRE (A COMPANY LIMITED BY GUARANTEE)

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021

The Directors, who are Trustees in respect of the charitable activities of the company, present their report together with the financial statements for the year ended 31 March 2021.

CHARITABLE OBJECTS

The charitable objects of Relate Leicestershire are set out below.

1. To educate the public concerning the benefits of secure couple relationships, marriage and family life in order to improve the emotional, sexual and spiritual well-being of individuals which is derived from committed relationships;

2. To seek to enhance, the good health, both mental and physical, of adults and children by:

    i) Increasing public awareness of the benefit of committed couple relationships, marriage, and family life; and

    ii) Working to prevent poverty, hardship and distress caused by the breakdown of such relationships;

3. To provide counselling, advice, education, guidance and relief to adults and/or children in relation to any aspect of contemporary life or work which:

    i) May prejudice their physical or mental well-being; or

    ii) Influence, either directly or indirectly, their present or future family or couple relationship;

4. To relieve those in need by reason of youth, age, ill-health, disability, financial hardship or another disadvantage; and

5. To promote research into all of the above Objects and to make the results available to the public.

The company's main activities during the year all fell within these objects and are described in fuller detail later in this report.

REVIEW OF BUSINESS

The results for the year and the financial position of the company are as shown in the annexed financial statements.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Relate Leicestershire is a registered charity that has been serving the communities of Leicester, Leicestershire and Rutland for over 70 years. We are a Federated Centre within the Relate family group. Relate National has now taken in a number of centres to become part of a single charity as Relate National. Other centres have decided to stay as independent centres and are named Federated Centres. Relate Leicestershire is bound by the terms of the Relate membership agreement, which provides, inter alia,

that Relate Leicestershire will abide by the terms of all policies and service specifications approved by the Federation. The governing body of the Federation is the Relate Board of Directors.
We provide an extensive range of relationship services at our main premises at 81/83 Aylestone Road, Leicester and outreach locations across the county and Rutland.

The governing body of Relate Leicestershire is its Board. The Memorandum and Articles of Association govern the appointment of Directors and Trustees. The Centre's policy for the recruitment and induction of new Directors and Trustees provides for a process of interviews and discussions, the provision of background information and attendance as an observer at Board and Committee meetings.

The Directors and Trustees have met formally with the Centre Manager and staff teams in regular meetings throughout the year. Between these meetings the Finance & General Purposes Committee oversee the Centre's finances and Human Resource Functions. The Service & Practice Committee regularly reviews and guides the development and delivery of the main services provided: Relationship Counselling (face-to-face and by telephone), Young People Counselling, Psycho-Sexual Therapy, Family Counselling and Education and Learning services. The Business Development Committee oversee the development of the Business Plan and the Marketing & Publicity Strategy and monitor its implementation and progress.

Suzanne Prince leads the team with support from Melissa White, (Head of Services) Hannah Andrzejewski (Office Manager) and Caroline Byrne (Centre Support Team Co-ordinator). The Clinical Lead is supervisor Vicki Weetman, supported by supervisors Kala Subbaswamy and Rashmi Patel. This year we also recruited, Leona Smith-Kerr from our existing team of counsellors to train as a supervisor.

OBJECTIVES AND ACTIVITIES

Our vision is to be a "one stop relationship service centre" reaching more people and serving the community of Leicester, Leicestershire and Rutland. We have continued to ensure that our services are diverse and designed to meet local needs, and in parallel to diversify our sources of income. Growth and flexibility are critical to the Centre's long-term viability, and we continue on our objective to develop steady patterns of annual growth. 2021-2022 has been another positive year in terms of maintaining a single cohesive team within the Centre but as with everyone else, in March 2020 we were impacted by the Covid 19 virus. We ended all face to face work and transitioned to telephone and video counselling. It has been down to the strength and positivity of all staff that we have managed to do this successfully and still run a full service. We were also successful in attracting funding to help us recover into the next year to help us deal with the changes and challenges the virus continues to bring. We are now delivering a mainly face to face service but there is still the ongoing impact of the pandemic. We don't have access to buildings in other areas across the county and Rutland as it has been difficult to get room contracts but we are hoping this will be eased after the upcoming 2021 winter.

The Centre's longest established service is Adult Relationship Counselling. This includes counselling for individuals and couples, irrespective of marital status, faith, race, gender, sexual orientation or disability, on Relate premises and remotely; and Psychosexual Therapy.

The Young People Counselling Service has continued building partnerships with schools and we have new schools and colleges on board providing face to face

counselling services. The demand for children and young people counselling and family counselling is significant, and we have again recruited new members of the team to meet the additional demand. We delivered the final year of therapeutic services for children and young people with mild to moderate mental health needs across Leicester, Leicestershire and Rutland and again this has now been extended to September 2022. The contract is an Early Intervention Service funded by each area Clinical Commissioning Group and is delivered with our partner agencies; The Centre for Fun and Families and ADHD Solutions.

Our aims for education and learning services were based on growth and sustainability and we have delivered the third year of our CAFCASS contract with Cambridge Family Mediation Services delivering separated parents' courses. This contract has also been extended for a further year.

PUBLIC BENEFIT

In line with the requirements of the Charities Commission, we give below information on how the Centre delivers public benefit.

Relate Leicestershire takes practical steps to provide open access to its services. We operate a bursary scheme to enable those in financial hardship to access our services at a reduced cost. We nevertheless see it as a priority that our services remain accessible to those who require them, irrespective of their means.

Most of our Young People Counselling Service is provided within the Early Intervention Service and local schools and colleges.

ACHIEVEMENTS AND PERFORMANCE

Results in Aggregate

This was a year of challenge with slightly less work delivered in some areas but increased in children and young people's service, it was expected with the impact of the pandemic. The number of sessions delivered during the year were 2,800 sessions for relationship counselling, 3,211 sessions of children and young people counselling and group work, 195 sessions of Sex Therapy, 267 sessions of family counselling and 250 individuals attended our training programmes. The young people service has seen a significant increase in delivery and we have increased the number of practitioners into the team to ensure we reach the number of people who want to use our service. We were able to manage a surplus in order to continuing building our reserves that have supported our delivery in past years.

Adult Relationship Counselling

Demand for adult relationship counselling services declined during the pandemic but still similar to last year and we hope to reach more people again this year. Our priority has been to ensure that we continue to deliver services during the pandemic.

Children and Young People's counselling and Family Work

We continued our work in schools providing individual counselling for young people in secondary and primary schools.

The demand for school counselling is increasing at a steady rate and we have employed and trained new counsellors to meet the demand. We were forced to close our school work in March 2020 due to the virus but during the year we are now back in all our existing contracts and gained new contracts.

Education and Learning

We have had another successful year delivering the CAFCASS mandated programme to separated parents. All individual and group delivery has been delivered and continues to be delivered remotely on zoom.

FINANCIAL REVIEW

Financial Position

The Centre ended the year with total incoming resources of £946,524 and recorded a surplus of £74,219 This surplus has built our reserves to a level that will sustain us in a crisis. We have continued to invest in our infrastructure to improve our environment for clients, improve the building and our programme of change for our IT provision. The Trustees, as usual, will be making prudent decisions over the coming year to ensure the Centre's viability.

The Centre's finances are managed under a straightforward regime. The Finance & General Purposes Committee develops a budget for approval by the Board prior to the start of each year, and reviews performance against that budget. The Board receives and considers financial reports at each of its quarterly meetings. Every month the Centre Manager sends to the Directors and Trustees a set of key statistics, including output volumes for each service, the unkept appointment rate, the average client contribution for counselling services, and the values of bank balances. The Finance & General Purposes Committee is authorised to approve unbudgeted expenditures of up to £5,000. The Finance Committee keeps under review the management of funds on deposit.

Independent accountants prepare the Centre's management accounts.

Reserves

The contents of the Centre's risk register were formally reviewed during the course of the year, together with their estimated impacts and likelihoods, controls and mitigations. In the light of this the level of required reserves was re-evaluated. The directors concluded that it was prudent to maintain free reserves, including working capital, of around £300,000 to provide a 'breathing space' within which to act in the event of the risks identified materialising.

The Centre's readily realisable assets now stand at around £509,034. Given the continuing uncertainties within the funding outlook and the economy generally, the directors regard the current level of reserves as adequate.

It should be noted that the freehold property owned by Relate Leicestershire is valued at historical cost less accumulated depreciation in the accounts. The trustees consider that 'on an open market valuation' the freehold property would be valued considerably more than its book value.

Funding

The main sources of funding for our services during 2020/2021are as described in the following paragraphs.

Most of the funding for Relationship Counselling, delivered at our own premises and outposts came from client contributions. The payments are supported by a bursary, where necessary, so that the service was again available to clients irrespective of their means. Our Bursary made available for members of the public to support the cost of counselling for 2020 – 2021 was £11,627.

Young People counselling services received most of its funding through contracts with our local CCGs.

Schools and colleges counselling services were delivered at fair sessional rates for the services received.

Education and Learning was mainly delivered under the contract and costs of the Separated Parents Information Programme commissioned by CAFCASS.

FUTURE DEVELOPMENTS

Throughout all the challenges in 2020/2021 we have continued to build stability in the Centre as we work together to operate our vision and strategy. We are still dealing with continuing pressure from the pandemic as families have lost jobs and experience lower household income due to redundancy or furlough. Faced with continuing uncertainty, we shall maintain close monitoring of the funding outlook and new opportunities and keep under review contingency plans to manage our capacity and our cost base.

We will continue to analyse feedback from our clients and act as needed to keep our services in tune with evolving market needs. We will continue to invest time and effort in understanding the implications of structural changes in our various markets, including the impact of commissioning. We intend to continue to develop bespoke solutions to the opportunities presented by funding agencies, and where appropriate to work in partnership with other service organisations with complementary competences. We will continue to encourage the members of our highly skilled workforce to extend their individual competences to meet emerging needs.

The trustees are confident that the actions taken over the past year has put the charity in a strong position to succeed in what has now become an extremely challenging time.

REFERENCE AND ADMINISTRATIVE DETAILS

This information is provided on page 1 of the annual report and accounts.

EXAMINING ACCOUNTANT

The Directors and Trustees acknowledge and thank Christopher Sowman of Kenneth Law Sowman & Co. for his work in undertaking the annual examination of the accounts for the year to 31 March 2021. They will propose his reappointment as examining accountant for the financial year to 31 March 2022.

Approved by the Trustees on 25th October 2021 and signed on their behalf by

Lynda Williams
Chair

Martin Wright
Trustee

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees are required to prepare financial statements for each financial year that give a true and fair view of the financial activities of the charity and of its financial position at the end of that year. In preparing those accounts the trustees are required to:

- select suitable accounting policies and apply them consistently;
- make judgments and estimates that are reasonable and prudent;
- state whether the policies adopted are in accordance with applicable accounting standards and statements of recommended practice, subject to any material departures disclosed and explained in the accounts; and
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to ensure that the accounts comply with all relevant legislation and its own constitution. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF RELATE LEICESTERSHIRE (A COMPANY LIMITED BY GUARANTEE)

I report on the accounts of the company for the year ended 31st March 2021 which are set out on pages 10 to 18.

Respective responsibilities of the trustees and the examiner

The charity's trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 (2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is required. The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of the Institute of Chartered Accountants in England & Wales.

Having satisfied myself that the charity is not subject to audit under Part 16 of the Companies Act 2006 and is eligible for independent examination, it is my responsibility to:

- Examine the accounts under section 145 of the 2011 Act;
- To follow procedures laid down in the General Directions given by the Charity Commission under section 145 (5) (b) of the 2011 Act; and
- To state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and the seeking of explanations from you, as trustees, concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent examiners' statement

In connection with my examination, no matter has come to my attention to indicate that:

- accounting records have not been kept in accordance with section 386 of the Companies Act 2006;
- the accounts do not accord with such records;
- where accounts are prepared on an accruals basis, whether they fail to comply with the relevant accounting requirements under section 396 of the Companies Act 2006, or are not consistent with the Charities SORP (FRS 102); and
- in my opinion, attention should be drawn to the attention of the reader in order to enable a proper understanding of the accounts to be reached.

Christopher Stephen Sowman FCA

Kenneth Law Sowman & Co
Chartered Accountants
East View 5 Desford Lane Peckleton Leicester LE9 7RB

25th October 2021

RELATE LEICESTERSHIRE
(A COMPANY LIMITED BY GUARANTEE)

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2021

INCOME AND EXPENDITURE ACCOUNT

	NOTE	Unrestricted funds	Restricted funds	2021 Total funds	2020 Total funds
Incoming resources					
Incoming resources from generated funds					
Voluntary Income	2	1,500	-	1,500	2,500
Investment income	3	-	-	-	-
Incoming resources from charitable activities	4	145,560	787,118	932,678	859,482
Other incoming resources	5	12,346	-	12,346	1,470
Total incoming resources		**159,406**	**787,118**	**946,524**	863,452
Resources expended					
Charitable activities	6	109,407	760,498	869,905	735,894
Governance costs	7	2,400	-	2,400	2,400
Total resources expended		**111,807**	**760,498**	**872,305**	738,294
Net incoming resources for the financial year	8	47,599	26,620	74,219	125,158
Transfer between funds		26,620	(26,620)	-	-
Total funds brought forward		582,869	-	582,869	457,711
Total funds carried forward	16	**657,088**	-	**657,088**	582,869

CONTINUING OPERATIONS

All incoming resources and resources expended derive from continuing activities

TOTAL RECOGNISED GAINS AND LOSSES

There were no recognised gains or losses other than included above.

The notes form part of these financial statements

RELATE LEICESTERSHIRE
(A COMPANY LIMITED BY GUARANTEE)

BALANCE SHEET
31 MARCH 2021

	NOTE	2021		2020	
TANGIBLE FIXED ASSETS	11		148,054		116,975
CURRENT ASSETS					
Debtors	12	51,241		134,056	
Cash at bank and in hand	13	580,180		370,049	
		631,421		504,105	
CREDITORS					
Amounts falling due within one year	14	122,387		38,211	
NET CURRENT ASSETS			509,034		465,894
TOTAL ASSETS LESS CURRENT LIABILITIES			657,088		582,869
FUNDS					
Unrestricted Funds					
General funds	15	657,088		582,869	
Designated funds	15	-		-	
			657,088		582,869
Restricted funds	15		-		-
TOTAL FUNDS			657,088		582,869

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2021.

The members of the company have not required the charitable company to obtain an audit of its financial statements for the year ended 31 March 2021 in accordance with section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and for the preparation of the accounts.

These financial statements have been prepared in accordance with the applicable legislation and guidance appropriate to this financial year as more fully described under the heading "basis of preparing the financial statements" set out in Note 1 - Accounting Policies.

These accounts were approved by the Trustees on 25 October 2021 and signed on their behalf by:

Mrs LM Williams **Director and Chair of Trustees**

M Wright **Trustee**

The notes form part of these financial statements

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements have been prepared under the historical cost convention, and in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1st January 2015) – (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Relate Leicestershire meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated.

Preparation of the accounts on a going concern basis

The trustees are satisfied that based on these accounts, the resources available to the charity, the financial results of the charity since 1st April 2020 and the budgets and forecasts for the 2020/2021 year, that the charity can continue to meet its liabilities as they fall due and that in consequence the going concern basis continues to remain appropriate.

Income

Income is recognised when the charity has entitlement to the funds, any conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from grants is recognised when the charity has met the performance criteria specified at the time of grant and is recorded on a period by period basis when such criteria is achieved.

Incoming resources are treated as unrestricted unless the use of such income has conditions attached which determine when, how and on what such funds may be expended. In those cases where the incoming resource is deemed or determined to be restricted, then it is only recognised as income when any attaching performance criteria is achieved.

Fund Accounting

Unrestricted general funds are those funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed at the time such funds are received. Surpluses arising from restricted funds are transferred to unrestricted funds when the trustees are satisfied that all contract deliverables have been achieved and the surplus can be accurately measured.

1. ACCOUNTING POLICIES - continued

Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required, and the amount of the obligation can be measured reliably. Where such expenditure relates to a restricted income fund, then it is recognised in the same period as the income to which it applies.

Apart from governance costs, all expenditure is classified as expenditure on charitable activities.

All expenditure includes the irrecoverable VAT as a cost where it has been charged.

Allocation of central office costs

Central office costs are those functions that support the charitable activities of the charity and include finance, personnel, management, training and other administrative activities. The trustees do not consider that an arbitrary allocation of such costs is meaningful and accordingly the analysis of expenditure by activity records such costs separately.

Operating Leases

Rentals payable under operating leases (a lease where title to such equipment remains with the lessor) are charged to the SOFA on a straight-line basis over the term of the lease.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold property	- 1% on the original cost of the property
Fixtures and fittings	- 10% on cost

Given the nature and age of the freehold property, the trustees have concluded that it is not possible to identify the component parts of its cost and have therefore continued to apply a straight-line charge for depreciation of 1% per annum. The trustees aim to ensure that the freehold property is maintained to the highest possible standard and are satisfied that the carrying value in the accounts is not less than its current market value.

Taxation

As a registered charity, Relate Leicestershire Ltd is exempt from any liability to taxation.

Pensions

The company operates a defined contribution pension scheme. Contributions payable for the period are charged in the profit and loss account.

2. VOLUNTARY INCOME

Voluntary income comprises donations received by the charity in the year. There are no costs associated with this activity.

3. INVESTMENT INCOME

Investment income represents the total amounts receivable from the charity's bank deposits. Investment income is allocated to the different funds based upon the ratio of fund balances.

4. INCOMING RESOURCES FROM CHARITABLE ACTIVITIES

Analysis of incoming resources between funds

	Unrestricted funds	Restricted funds	2021 Total	2020 Total
Client and other income	134,463	-	134,463	167,787
Young People	11,028	765,062	776,090	631,338
Training & Lifeskills	69	17,515	17,584	28,566
Children in Need	-	4,541	4,541	31,791
	145,560	**787,118**	**932,678**	859,482

Analysis of incoming resources by activity

	2021 Total	2020 Total
Relationship counselling	117,865	153,184
Family counselling	8,352	4,795
PST counselling	8,246	9,808
YP counselling	311,631	165,929
Life skills	17,584	28,566
YP early intervention	469,000	497,200
	932,678	859,482

5. OTHER INCOMING RESOURCES

Other incoming resources comprise income from the sales of books and other publications, room hire, donations and fund-raising activities.

6. RESOURCES EXPENDED ON CHARITABLE ACTIVITIES

The analysis of resources expended on charitable activities by type is as follows:

	2021	2020
Staff costs	**514,576**	433,916
National Relate and Affiliation Fees	**13,735**	13,532
Training, travel and other staff costs	**20,672**	36,116
Property and utility costs	**52,556**	49,208
External service providers	**204,975**	158,358
Office costs	**44,431**	25,765
Literature, PR and marketing	**5,690**	3,421
Accounting services - external provider	**11,280**	10,800
Sundries	**1,990**	4,778
	869,905	735,894

The Trustees still consider that the allocation of resources by expenditure type provides a more meaningful analysis of resources expended on charitable activities. However, the table below provides an indicative analysis of resources expended by activity including the trustees allocation of central office costs. This allocation forms the basis of the amounts as disclosed on the SOFA.

Analysis of resources expended by activity	2021 DIRECT COSTS	2021 CENTRAL ALLOCATE	2021 Total	2020 Total
Relationship counselling	54,104	34,532	88,636	107,128
Family counselling	134	9,383	9,517	7,835
PST counselling	1,871	9,383	11,254	9,873
YP counselling	183,759	18,766	202,525	46,504
Life skills	2,155	18,766	20,921	21,662
YP early intervention	441,326	95,726	537,052	542,892
Central office costs	186,556	(186,556)	-	-
	869,905	-	869,905	735,894

7. GOVERNANCE COSTS

Examiner's fees for examination	**1,000**	1,000
Examiner's fees for other services	**1,400**	1,400
	2,400	2,400

The charity incurs no other direct costs in connection with its governance.

8. NET INCOMING / (OUTGOING) RESOURCES FOR THE FINANCIAL YEAR

Net incoming / (outgoing resources) resources is stated after charging:

Depreciation - owned assets	**19,466**	3,889
Examiner's fees (in aggregate)	**2,400**	2,400

The directors received no emoluments or other benefits (2020 - £nil)

The Trustees of the charity neither received nor waived any emoluments during the year (2020 - £nil). No expenses were paid to Trustees during the year (2020 - £nil).

9. STAFF COSTS

	2021	2020
Wages and salaries	510,844	414,115
Social security costs	17,804	16,237
Pension costs	4,978	3,564
CJRS Grants	(19,050)	-
	514,576	433,916

The average headcount during the year was 36 (2020 - 36).
The average number of staff based upon full-time equivalent posts is 24 (2020 - 24).

The employment costs of the Centre Manager (who is effectively the chief operating officer) were £59,725 (2020 - £39,511).

No employee received remuneration at the rate of £60,000 per annum or above.

Wages and salaries includes £77,170 (2020 - £65,276) in respect of invoiced costs from third parties.

10. TAXATION

There is no liability to UK corporation tax on the result of the year.

11. TANGIBLE FIXED ASSETS

	Freehold property	Fixtures & fittings	Total
Cost			
At 1 April 2020	148,899	67,646	216,545
Additions	-	50,545	50,545
Elimination of fully depreciated assets	-	(27,670)	(27,670)
At 31 March 2021	**148,899**	**90,521**	**239,420**
Depreciation			
At 1 April 2020	68,494	31,076	99,570
Charge for the year	1,489	17,977	19,466
Elimination of fully depreciated assets	-	(27,670)	(27,670)
At 31 March 2021	**69,983**	**21,383**	**91,366**
NET BOOK VALUE			
At 31 March 2021	**78,916**	**69,138**	**148,054**
At 31 March 2020	80,405	36,570	116,975

12. DEBTORS : AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021	2020
Trade debtors	**29,057**	89,323
Prepayments and accrued income	**22,184**	44,733
	51,241	134,056

13. CASH AT BANK AND IN HAND

Cash and current accounts	**580,180**	370,049
Deposit accounts	**-**	-
	580,180	370,049

14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

Trade creditors	**54,487**	20,538
Social security and other taxes	**6,018**	5,210
Accrued expenses and deferred income	**61,882**	12,463
	122,387	38,211

15. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Designated fund	Restricted fund	General fund	Total
Tangible fixed assets	-	-	148,054	148,054
Current assets	-	-	628,421	628,421
Current liabilities	-	-	(122,387)	(122,387)
At 31 March 2021	**-**	**-**	**654,088**	**654,088**

16. NATIONAL RELATE

Relate Leicestershire Ltd is part of a federation with other such charities which share similar aims and objectives but is not otherwise connected to those charities.

During the year the charity paid £13,735 (2020: £13,532) to the National Relate Federation.

17. COMMITMENTS

Relate Leicestershire Ltd has annual commitments of £1,705 (2020 - £1,254) in respect of operating leases for plant and machinery which expire between two and five years.

18. COMPANY STATUS

The charity is a company limited by guarantee. The members of the company are the Directors and Trustees named on page 1. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity.

19. VOLUNTEER SERVICES

No amount is recognised in the financial statements in respect of the time donated to the charity by volunteers.