

Welcome to the twentieth Annual General Meeting of our charity. This year has gone well. In December we signed a new 5 year lease. This is set at £11.500 per annum until December 2027 when it will be reviewed and will, no doubt, increase again. This will impact on our finances over the year but we are in a good position at the moment due to the rise in attendance figures but it is surprising how quickly funds can be used up.

Our tombola this year did not go quite to plan but in the end we made over £170 so many thanks for your support. We also had small donation from the U3A coffee fund and I was invited to speak at one of their meetings to explain what we do.

We had a successful clean up of the outside area in June and thank you to all who helped. Our leaky toilet has been mended and the south barge board has been fixed. As always its an on going task to keep the building up to standard and if anyone has any time or inclination to do some painting or general maintenance it would be much appreciated.

At last we are in a position to offer Cardiac Rehab Phase 4 classes as Tiffany has completed her training. We look forward to an on going collaboration with Dorset Council Active 4 Health Hub and the Cardiac Rehab team in Dorchester. Our classes have been well attended with Pilates and Circuits being especially popular. We continue to provide a good range of classes both specialised and general.

I think you will agree that our instructors are first class and always go the extra mile to make sessions cheerful and appropriate. We thank them for their continued support and professionalism. Your committee (trustees) have worked hard making sure the charity runs smoothly with all the relevant policies and insurances in place. I personally thank them for their fantastic support and enthusiasm.

Our thanks also go to anyone who as helped in any way to make Knees Up the asset that it undoubtably is. We look forward to another great year.

Signed on behalf of the charities trustees.

Sign:

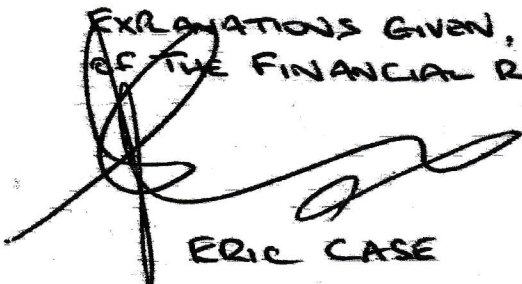


K. Lane

Position: Chair Knees Up Healthy Living Ltd. Date 1st May 2025

KNEES UP - Healthy Living for Mature People						
Income and Expenditure Report for the period 1st January 2024 to 31st December 2024						
Income			2024			2023
	Class Fees		39557			33000
	Hall Hire		7425			5888
	Fund Raising		595			784
	Donations		1620			2
Total Income			49198			39674
Expenditure						
	Equipment & Service		263			173
	Instructors Fee		23910			19975
	Rent		10357			10000
	Water, Electricity & Rates		3235			1720
	Insurance		1132			1057
	Cleaning		1244			1406
	Legal & Professional		38			33
	Printing & Stationery		72			75
	Web Design		114			119
	Gifts & Donations		226			224
	First Aid Equipment & Supplies		12			0
	Building Maintenance		2184			79
	Travel Expenses		102			162
	Trainers Course		675			0
Total Expenditure			-43564			-35023
Excess of Income over Expenditure			5634			4651
represented by:-						
	Bank Balance at 1st January 2024		18731			14109
	Petty Cash at 1st January 2024		52			23
	Excess of Income over Expenditure		5634			4651
	Bank Balance at 31st December 2024	24368			18731	
	Petty Cash at 31st December 2024	48			52	
		24416				18783

I HAVE EXAMINED THE FINANCIAL RECORDS OF KNEES UP - HEALTHY LIVING FOR MATURE PEOPLE FOR THE PERIOD 1st JANUARY 2024 TO 31st DECEMBER 2024 AND ON THE EVIDENCE PROVIDED AND EXPLANATIONS GIVEN, I AM SATISFIED AS TO THE CORRECTNESS OF THE FINANCIAL REPORT.



ERIC CASE

AUDITOR

6th FEBRUARY 2025.

Knees Up - Healthy Living for Mature People

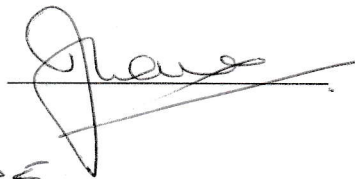
AUDIT CERTIFICATE

This financial statement for 2024 was approved at a meeting of the Charity Committee on 27th March 2025

Signed



Kathleen Lane (Chair)



JUNE LANE (Trustee)

Dated. 27. 3. 2025