

## CHAIR PERSON OF COMMITTEE ANNUAL REPORT 2023

Welcome to the nineteenth Annual General Meeting of our charity. At last we seem to have turned a corner and for the first time since the pandemic we have made a small profit. It is our aim to keep class fees as low as possible during the coming year but as costs continue to rise we might have to review our current charges.

In the December storms the barge boards on the north side of the roof blew off and had to be replaced. Thanks to the generosity of the Blandford and Stour Rotary Club and donations from class members we have paid for the repairs. The upkeep of the building is always on going due to its construction and age. Any help with general tidying etc. is always welcome.

In May our Tai Chi instructor, Geoff, died suddenly and has been sadly missed. Jeremy has taken over his Tai Chi class and has also started a Chi Gong class. We are offering three new classes this year. Yoga on Mondays, Gentle exercise on Wednesdays and Specialist Health Exercise on Fridays. Louise, our Friday Pilates instructor, is leaving us at the end of May and we wish her good luck. We look forward to welcoming Sammy Payne in this role. We are still working on reinstating a Cardiac Rehab class but as yet have had no luck.

As always we have to thank our instructors for their great support. They are always so caring and cheerful. The committee ( trustees) have once again done a great job keeping the charity moving forward and their hard work is to be applauded. Lastly thank you to anyone who has contributed in any way, large or small, to keeping Knees Up such a great community.

Signed on behalf of the charities trustees.

Sign:

A handwritten signature in blue ink, appearing to read 'K. Lane'.

K. Lane

Position: Chair. Knees Up Healthy Living Ltd.

Date 23rd May 2024

# KNEES UP - Healthy Living for Mature People

## Income and Expenditure Report for the period 1st January 2023 to 31st December 2023

Income	2023	2022
Class Fees	33000	29745
Hall Hire	5888	
Fund Raising	784	224
Donation	2	4295
Grants		1500
<b>Total Income</b>	<b>39674</b>	<b>35764</b>
<b>Expenditure</b>		
Equipment & Service	173	108
Instructors Fee	19975	21890
Rent	10000	10000
Water, Electricity & Rates	1720	1660
Insurance	1057	321
Cleaning	1406	1871
Legal & Professional	33	27
Printing & Stationery	75	49
Web Design	119	80
Gifts & Donations	224	275
First Aid Equipment & Supplies		1082
Building Maintenance	79	592
Travel Expenses	162	
<b>Total Expenditure</b>	<b>-35023</b>	<b>-37955</b>
<b>Excess of Expenditure over Income</b>		<b>-2191</b>
<b>Excess of Income over Expenditure</b>	<b>4651</b>	
<b>Represented by:-</b>		
Bank Balance at 1st January 2023	14109	16290
Petty Cash at 1st January 2023	23	33
<b>Excess of Expenditure over income</b>		<b>-2191</b>
<b>Excess of Income over Expenditure</b>	<b>4651</b>	
<b>Bank Balance at 31st December 2023</b>	<b>18731</b>	<b>14109</b>
<b>Petty Cash at 31st December 2023</b>	<b>52</b>	<b>23</b>
	<b>18783</b>	<b>14132</b>

I HAVE EXAMINED THE FINANCIAL RECORDS OF KNEES UP -  
HEALTHY LIVING FOR MATURE PEOPLE FOR THE PERIOD 1st JANUARY 2023  
TO 31st DECEMBER 2023 AND ON THE EVIDENCE PROVIDED AND  
EXPLANATIONS GIVEN, I AM SATISFIED AS TO THE  
CORRECTNESS OF THE FINANCIAL REPORT.

BOB CASE

AUDITOR

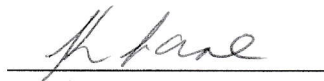
14th FEBRUARY 2024

# Knees Up - Healthy Living for Mature People

## AUDIT CERTIFICATE

This financial statement was approved at a meeting of the Charity Committee on 23rd May 2024

Signed

A handwritten signature in cursive script, appearing to read 'K Lane', written over a horizontal line.

Kathleen Lane ( Chair )

A handwritten signature in cursive script, appearing to read 'J Pearce', written over a horizontal line.

( Trustee )

Dated 23rd May 2024