

# CHAIR PERSON OF COMMITTEE ANNUAL REPORT 2022

Welcome to the eighteenth Annual General Meeting of our charity. Keeping the charity running has again been challenging due to increased costs and reduced revenue following the covid pandemic.

In June we put our charges up to £6 per session. Some poorly attended classes have been suspended which means things are looking up financially for the first time since covid.

Following the awful winter weather we are glad to report that the building has no major issues although some maintenance will need to be done this summer. We have addressed the problem of the floor where it needed patching. The equipment has been serviced and everything is up to standard. Thanks to the committee the outside areas have been kept tidy, which is no mean feat with all the trees around. Volunteers are very welcome.

Sadly we have not found a replacement to run a cardiac rehab class despite trying hard. We will keep advertising as we really want to offer this facility. We also tried to start a seated pilates class but we had very little interest.

Our cleaner, Mrs Winn, retired at Christmas after many years of service and we would like to thank her for all her hard work and wish her well for the future.

Without the dedication of the committee, the fantastic support of our instructors and the hard work of our volunteers there would be no Knees Up so thank you all and lets go into the next year with optimism.

Signed on behalf of the charities trustees.  
Sign:



K. Lane

Position: Chair. Knees Up Healthy Living Ltd.

Date: April 27th 2023

# KNEES UP - Healthy Living for Mature People

## Income and Expenditure Report for the Period 1st January 2022 to 31st December 2022

	2022	2021
<b>Income</b>		
Class Fees	29745	16358
Donation	4295	
Grants	1500	8000
Fund Raising	224	
Sundry Income		3390
<b>Total Income</b>	<b>35764</b>	<b>27748</b>
<b>Expenditure</b>		
Equipment & Service	108	209
Instructors Fees	21890	16500
Rent	10000	7947
Water, Electricity & Rates	1660	1172
Insurance	321	2598
Cleaning	1871	1120
Legal & Professional	27	1214
Printing & Stationery	49	
Web Design	80	
Gifts & Donations	275	
First Aid Equipment & Supplies	1082	
Building Maintenance	592	
Sundry Expenses		1337
<b>Total Expenditure</b>	<b>-37955</b>	<b>-32097</b>
<b>Excess of Expenditure over Income</b>	<b>-2191</b>	<b>-4349</b>
<b>Represented by:-</b>		
Bank Balance at 1st January 2022	16290	20639
Petty Cash	33	33
<b>Excess of Expenditure over Income</b>	<b>-2191</b>	<b>-4349</b>
Bank Balance at 31st December 2022	14109	16290
Petty Cash at 31st December 2022	23	33
Accumulated Surplus	<u>14132</u>	<u>16323</u>

I have examined the financial records of Knees Up - Healthy Living for Mature People for the period 1st January 2022 to 31st December 2022 and, on the evidence provided and explanations given, I am satisfied as to the correctness of this Financial Report.

Eric Case  
Auditor

7th January 2023

# Knees Up - Healthy Living for Mature People

## AUDIT CERTIFICATE

This financial statement was approved at a meeting of the Charity Committee on January 19th 2023.

Signed

K Lane

Kathleen Lane ( Chair )

Pamela Case

Pamela Case ( Trustee )

Dated 19 January 2023