

Registered number: 03946296
Charity number: 1102847

Sheppey Matters
(A company limited by guarantee)

Trustees' report and financial statements
for the year ended 31 March 2022

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**Reference and administrative details of the Charity, its Trustees and Advisers
for the year ended 31 March 2022**

Trustees

Michael John Brown, Principal
Christine White
Kenneth Pugh
Paul Murray MBE
Joe Rook MBE
Keiron Taylor (appointed 13 April 2021, resigned 22 June 2021)

Company registered number

03946296

Charity registered number

1102847

Registered office

Sheppey Leisure Centre
Broadway
Sheerness
Kent
ME12 1HH

Company secretary

Nigel Martin

Swale Borough Council Representative

Richard Darby (to May 2021)
Oliver Eakin (from May 2021)

Independent auditor

Kreston Reeves LLP
Chartered Accountants
Statutory Auditor
Montague Place
Quayside
Chatham Maritime
Chatham
Kent
ME4 4QU

Sheppey Matters
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Trustees' report
for the year ended 31 March 2022

The Trustees present their annual report and the audited financial statements of the Charity for the year ended 31 March 2022. The Annual report serves the purposes of both a Trustees' report and a directors' report under company law. The Trustees confirm that the Annual report and financial statements of the charitable company comply with the current statutory requirements, the requirements of the charitable company's governing document and the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019).

Since the Charity qualifies as small under section 382 of the Companies Act 2006, the Strategic report required of medium and large companies under the Companies Act 2006 (Strategic Report and Directors' Report) Regulations 2013 has been omitted.

Objectives and activities

a. Policies and objectives

The objects of the Charity are:

- To promote and protect the good health of people living on the Isle of Sheppey, in particular by the provision of a healthy living centre.
- To advance education in the benefits of good health and social well being.
- To provide or assist in the provision of facilities in the interest of social welfare for recreation or other leisure time occupation of individuals who have need of such facilities because of their youth, age, disability, financial hardship, or social circumstances.

Sheppey Matters is an independent charity, and the Trustees meet at least four times a year to make major policy decisions and review progress. Other times limited working groups are set up when a particular topic needs more detailed consideration by the Trustees.

The Chief Executive takes overall day to day responsibility for steering the charity in accordance with the strategic direction set by the Trustees. He meets the Chair of Sheppey Matters on a weekly basis and has a regular email and telephone contact between meetings. Administrative staff based at Sheppey HLC take responsibility for room bookings and supporting projects.

Sheppey Matters has a service level agreement with Swale CVS, which provides financial administration services. There is a designated finance officer at Swale CVS who carries out financial administration; additional day-to-day financial management support is provided by the director of Swale CVS.

In setting objectives and planning for activities, the Trustees have given due consideration to general guidance published by the Charity Commission relating to public benefit, including the guidance 'Public benefit: running a charity (PB2)'.

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Trustees' report (continued)
for the year ended 31 March 2022

Objectives and activities (continued)

b. Strategies for achieving objectives

The Trustees' policy is to work in partnership with local agencies from the community and voluntary sector, and statutory sector to run projects at Sheppey HLC and outreach projects elsewhere on the Island. In this way, the Charity can make a bigger impact, draw on the expertise of specialist agencies and avoid duplication of local projects.

The Charity is also increasing its environmental responsibilities through various initiatives –

- A War on Waste project undertaken by Sheppey FM's youth presenters on a Saturday morning.
- Collecting used ink cartridges – both within Sheppey Matters and other third parties – all collected and recycled, with the charity earning a small donation.
- Increased activity in our Sheerness and Eastchurch allotments – growing fruit and vegetables for community benefit.
- Checking the distance travelled whilst making online purchases – can items be acquired more locally, reducing the carbon foot-print and supporting local businesses?

Achievements and performance

a. Review of activities

The Trustees have further updated the business plan for Sheppey Matters, which has been implemented by the CEO and his team and continued during 2021/22. The experience of COVID-19 in the previous year ensured that the Charity's delivery in 2021/22 was more stable and planned to a greater degree, although the varying levels of restrictions did present challenges such as late changes to the programme. The gradual lifting of restrictions did allow more services to resume, but community engagement was initially slow. However, Sheppey Matters was able to continue its delivery, albeit in a mixed way of face-to-face, by telephone and online, ensuring our beneficiaries received contact, help and guidance as required.

Sheppey Matters remains thankful to its many funders for their support throughout 2021/22 and the flexible approach allowed to change our delivery to support those most in need. The Charity continues to build positive relationships with funders, supporters, local authorities, community groups and agencies, without whom Sheppey Matters would not be able to deliver the much-needed support on the Isle of Sheppey.

The healthy living centre was open for most of the year, whilst the community radio station remained open, broadcasting local information and news. The Charity was able to open new projects: – Well Life, thanks to further funding from the National Lottery Community Fund, Magic 1-2-3 ADHD and Me received additional funding from BBC Children in Need and Kent County Council, whilst sadly the Mobile Matters project closed in December 2021 and Community Development in February 2022.

The Board, staff and volunteers would like to thank the many funders over this twelve month period, and acknowledges the donations received from the local community to support our work.

The Charity is grateful for the support of its funders to enable health and well being work (especially during the COVID pandemic) to be undertaken on the Isle of Sheppey; Kent County Council, BBC Children in Need, The Minerva Fund, Kent Community Foundation, Optivo, Swale Borough Council; The National Lottery Community Fund, Tudor Trust, Garfield Weston Foundation, The Henry Smith Charity, Department for Digital, Culture, Media and Sport, Royal Opera House Bridge, Medway Voluntary Action, Kent Police/Kent County Council (Violence Reduction Unit), Kent County Council and Swale Borough Council members, Kent Sport, Localgiving.com, Rotary Club of Minster-on-Sea, Grantscape, Swale CVS, UK Cycling, The Philip and Connie Phillips Foundation, Arnold Clark Community Fund, Southern Water, Colyer Fergusson Charitable Trust, Virgin O2 Neighbourly, Natural England, Persimmon Charitable Foundation, Gordon Henderson MP, DWP Kickstart, Sheerness Town Council, West Kent Extra and Halfway Houses Primary School.

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Trustees' report (continued)
for the year ended 31 March 2022

Achievements and performance (continued)

The highlight of the year was on Tuesday 2 February 2022, when the Charity's work was recognised by a visit from His Royal Highness Prince of Wales and Her Royal Highness, The Duchess of Cornwall – a wonderful opportunity for Sheppey Matters' staff, volunteers, and beneficiaries to 'show-off' all the work that is undertaken at the Charity. Young people from the ADHD support and environmental projects were released from school and enjoyed conversations with their Royal Highnesses. The visit was supported by attendance from the Lord Lieutenant of Kent, The High Sheriff of Kent, the island's MP, and the Chair of Kent County Council. Around 150 island based community providers witnessed the day's visit, with many enjoying the opportunity to meet the Royal guests.

Sheppey Matters has also submitted an application for the Queen's Award for Voluntary Services, the MBE for voluntary groups. Whilst outside of the timespan of this report, we are delighted to report that the Charity was successful and is now the proud recipient of this prestigious award.

Below are further details on the projects:

Community Development

We have continued to grow existing groups, mentoring with volunteers to improve their life-skills so they are able to run some of the sessions, promoting the groups through our brochure and on social media, which has seen a growth in responses to those wishing to access our services and to help our projects.

We have supported new groups to promote health and wellbeing to individuals and groups, promoted wellbeing and health changes and set up craft wellbeing sessions to improve creativity, social interaction and help residents participate more fully in society. Staff support during this period has also been a high priority, improving their wellbeing through training, coaching, and supporting mental health through the pandemic with bereavement care and personal confidential talk support.

Creating and building community groups has given us the opportunity to help residents feel good and empowered, bringing a sense of control and influencing positive changes, with support, sharing, learning and connection.

We had a Community Hub group visit to River Hill Himalayan Gardens and the ladies thoroughly enjoyed the trip. The walk around the very steep gardens set us up for an enjoyable picnic lunch that we shared, the ladies very much enjoyed being able to spend time with friends outdoors walking and discussing the plants and trees. The grounds and gardens are very inspiring.

RUN TO SAVE A LIFE foundation; Bullent Mustafa (23) approached us for help, he is a keen runner and had run 10 miles to raise money for Prostate Cancer support. He asked if he could raise funds for us and we were delighted. He ran 10 miles in September and raised over £200 for our Men's support group. He also ran for The Bus Shelter (homeless) and Children at Christmas funds. He also took on the Brighton Marathon to raise £500 for our Women's support group. Bullent Mustafa has also worked with Optivo Housing to support residents to learn to run; sessions are held every week and they progress from walk to run.

In Bloom - with help and support from Community Hubbers and Eastchurch Parish Council we created hundreds of recycled flowers from plastic bottles and displayed them around the village and village hall gardens. The Royal Horticultural Society recognised our efforts, and we were awarded a certificate for our efforts for "Villages in Bloom", and for the Village Hall gardens for "Gardening in your neighbourhood."

I.T. training - Lily has taken over the I.T. assistance at the community hub and has proved very popular. We have set up new laptops and helped with various IT issues, the group very much appreciate her knowledge and patience with them. We have also taken advantage of the time and been taught by one of the ladies the art of crochet - skill swapping at its best.

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Trustees' report (continued) for the year ended 31 March 2022

Achievements and performance (continued)

Mentalk - Working with Rebecca we have undertaken to reignite the men's group, and with the support of Russell we have approached several other people to support and reinvigorate this group, stepping up the suicide support and mental health issues. We relaunched on International Men's Day 19th November, raising the profile of the group, and driving up footfall.

A visit from HRH Prince Charles and HRH The Duchess of Cornwall; they asked to come and see the great work we are doing, we were able to showcase the projects, staff, volunteers, and members, not only to the Royals but many dignitaries and heads of local authorities and government as well as the support services we work alongside. The publicity and exposure to new organisations and residents has been phenomenal, we have received many calls and offers of support with all our projects, along with people looking for the support we offer and enquiries about volunteering opportunities within our projects.

Official opening of our beach hut. After many hours painting and prepping and with a slight delay due to Covid and lockdowns we were finally able to have an official opening of our beach hut. We invited residents, Nordic walkers, volunteers, and service providers to join us so that we could show them the great facility that we have. Team members and visitors enjoyed tea and cakes whilst we told them about the great work we have been doing within the community, holding regular walking sessions as well as small group activities there. Several of the Sheppey Matters projects have accessed the facility for one-to-one chats, groupwork and physical activities and although the space is tiny it is a great meeting point and destination as well as somewhere to keep the essential tea making equipment. We also unveiled the plaque on our permanent bench "in remembrance of those who we loved and lost during 2020-2021."

Creative care - extra funding allowed us to run sessions throughout January with the group. We explored clay and decoupage, petal fairies, crepe paper poppies and Easter welcome plaques. The sessions were a great success, and we will look to get more funding in the future.

East hub craft club - fortnightly crafting sessions. We are creating inspiration books and learning about multi-media effects with paper, fabric, and recycled materials. We have made Japanese aprons to protect our clothes from all the paints and glues. We all created a Christmas tree that we took to the local church for their celebrations.

Allotment in Sheerness - we have taken on an allotment keeper, to help the newly appointed community gardener to set up sessions throughout the year. We are looking forward to getting this part of the Well Life project off the ground. We have taken on a new community gardener, and she is getting out into the community making new connections as well as joining up with existing members.

Allotment in Eastchurch - the strong winds have taken down one of the poly tunnels. We are looking to fund a new cover and with the efforts of the members the tunnel will be repaired ready for the growing season. The Chairman of the Committee has stepped down after many years of great service and a new chair was elected at the AGM along with adding several new members to the Committee. Subscriptions have been paid and they are all looking forward to a new season.

Minster on Sea Rotary Club - we were invited to join the Rotarians for dinner and to tell them all about our Mentalk support group that they have supported. Russell and Ryan spoke about serious health issues and how they can access information and support. We were also presented with a cheque for funds that were raised by a member for the group.

International Women's Day - we obtained funding to celebrate International Women's Day and organised for speakers to attend - women who have lived experiences of many of the issues that are affecting local women at this time. Our speakers spoke passionately on subjects including child abuse, menopause, women's mental health and vocational careers. Several holistic charities and groups were on hand to offer massages and wellness treatments along with freebies and giveaways for all attendees. We gave out a wellbeing pack to all the ladies and were able to signpost many to other organisations. We had an online survey to canvas opinions on "what women want" along with a prize giveaway for one lucky entrant. The information gained from both the day and the online questionnaire will be used to write a further funding bid to support the need for a permanent women's group and supportive services.

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Trustees' report (continued)
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Achievements and performance (continued)

Well Life

This project got off to a tricky start in December. We had lost the original community gardener and in January the Everyday Active champion broke her ankle and has been working from home convalescing. The project is now back on track and making great progress with lots of new activities a newly appointed gardener and great things planned for the Summer.

Healthy Living Centre

Sheppey Matters operates the Healthy Living Centre (HLC) in Sheerness with additional outreach from our Hub in Eastchurch, our Beach hut in Leysdown and face-to-face projects such as Isle Connect You.

With all Government restrictions lifted during the reporting period our Community Gardener, Community Chef and our Community Radio Roadshows were back engaging with the public at public events and bespoke projects.

Service providers and partners have mostly all returned to the healthy living centre, along with new groups, agencies, and organisations. We have paid specific attention to supporting events and groups that are working to redress some of the issues successive lockdowns created, such as a specialist school helping children catch up with academic work, befriending for the older generation, movement and mobility projects, arts, and crafts clubs and so on.

The partnerships forged in the previous reporting period are even more vital now as we are signposting more and more people to foodbanks, mental health charities and homelessness charities.

The healthy living centre played host to HRH Prince of Wales and HRH The Duchess of Cornwall for the visit in February 2022 where our projects were able to showcase the work they do.

Rural Youth after school and youth clubs

The NEETS Group has continued although with some difficulties as we have changed certification body to ASDAN. The course lost a couple of young people in September, but this is a positive as they have progressed to going to college.

The Rural Youth Team at Sheppey Matters focused on physical activities for young people during the summer. With the pandemic preventing young people inter-acting together and the lack of physical exercise, we thought it would be a chance for them to get back outside in the fresh air and get some physical activity and to start to engage with one another. The activities have included Tenpin Bowling, Children's yoga, Clip and Climb and Creed outdoor activity Centre. Some of the activities have included team building skills, wall climbing, survival skills and archery. These have enabled young people to build self-esteem and confidence, alongside having fun and building positive relationships with one another.

The young people that have participated have been aged 7-19 years with varied abilities. They have faced challenges that they may have not encountered before or had the opportunity to experience, and well as facing and conquering fears. The well-being of the young people has been a priority and they have said that being involved has helped them with some of their anxiety issues about being back out and about mixing with others. Those young people with additional needs that have been involved have integrated well with others and really enjoyed the challenges they have faced. We had 76 young people involved in the activities and some have built up friendships with each other. We have also promoted our other services to them and some of which have shown an interest in the after school and youth clubs.

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Trustees' report (continued)
for the year ended 31 March 2022

Achievements and performance (continued)

The clubs relaunched and were promoted with a view to re-opening fully the second week of September as some of the schools did not go back until then. The last 18 months have been extremely challenging for us and the young people we work with and support, but we hoped to get back on an even keel in September. The activities have not been as successful and fully attended as we wished. There is still a fear of COVID-19 (rightly so), and people have become accustomed to being alone or within their own environments. We promoted our youth services via social media, community radio, local schools, leaflets, and re-establishing contact with those who previously attended our clubs and any other ways we are able to access.

The C-Card service will resume in September when the College re-opens.

Case study: One young Male who joined us on an outdoor activity who has not had the opportunity to experience anything along these lines before. He has not previously been away from his parents for this amount of time. He was very anxious and shy and did not know anyone. Mum was also quite anxious. He also had a fear of heights. Once we got to Creed Outdoor Activity, he began to converse with some of the other young people. When challenged with the climbing wall and the high ropes he was extremely nervous and did not want to participate. Although once he had seen some of the others successfully reach the top, he said that he would give it a go. He climbed up part of the wall to begin with but then lost his nerve but with lots of encouragement from others he successfully achieved reaching the top. He was so proud that he had achieved and overcome his fears. His self-esteem and confidence grew, and he was able to complete the high ropes. He then interacted with the other young people for the rest of the day and was beaming when he was picked up.

Sheppey Wheels

Sheppey Wheels, the community transport scheme for the Isle of Sheppey, had a varying year, with a reduced day trip programme and a reasonably full school transfer service, whilst the service for the day centre in Sheerness did not recommence until September, with a restricted service just three days per week.

COVID restrictions meant that many seats on trips were left empty, but the fact that the service was able to start again was very welcome by members. Many trips were kept local to avoid too long being spent in the restricted confines of the minibus cabin. COVID precautions were put in place.

The increase in fuel costs towards the latter stages of this reporting period has resulted in a rise in the daily hire rate for private hires, whilst individual travellers on day trips have seen a modest increase. It has now become even more important to maximise the number of passengers on the minibus to minimise any further increases whilst also paying attention to COVID which is still present within the community.

Funding applications are in place for a newer model, but the outcome will not be known for several months.

Community Chef

The Community Chef had a year of varied delivery, from online sessions through to face-to-face meetings as the community began to open - up after the COVID restrictions were eased.

For example, the Dad's Matters group met both online and in person – a full range of cooking videos was made for the fathers and children to follow. Recipes were read out on air at our community radio station Sheppey FM. Chef has also engaged with local schools, senior citizens groups, Neptune House (a home for adult with learning difficulties) and the Salvation Army working with disabled adults.

Chef's reputation has taken him around the county with ad-hoc in Ashford, Ramsgate, and Sittingbourne. Chef's mobile food truck is an ideal vehicle for community engagement, although it is now showing signs of wear and tear.

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Trustees' report (continued)
for the year ended 31 March 2022

Achievements and performance (continued)

October to March saw the delivery of the Violence Reduction Unit (VRU) work with local school and college groups. This is delivered in conjunction with Sheppey FM – food and music are always a magnet to attract young people to learn new skills, enjoy a freshly prepared and cooked meal and recording a show for the radio station, giving young people a voice. An additional 20 meals were prepared and delivered to the local community each week via the Salvation Army. All three programmes culminated in a special lunch prepared by the young people and shared and eaten with old people – sharing stories and life experiences round the table.

Chef has a wide range of delivery, from supporting cooking sessions with stroke survivors, disadvantaged people living in a homeless shelter in Sittingbourne, providing a hot dessert each week to the over 65's club in Leysdown and engaging young people at an event to counter knife crime and gang culture.

Sheppey Community Media Centre

Due to the COVID restrictions being lifted, the Saturday Youth Radio Show returned on Sat 24th April, with 15 young people attending and they resumed to progressing their accredited Arts Award qualifications on our successful training programme.

On 28th May the new Sheppey Tourist Information Centre, based at the Sheppey Community Media Centre (SCMC) was launched by the Sittingbourne and Sheppey MP Gordon Henderson and attended by various guests and local businesses with a tourism offer.

On 8th June the Kent & Medway Progression Foundation (KMPF) course started running for seven weeks, attended by 13 Oasis Academy students. This was a multi-media course which included self-expression through drama re-enactments, an educational and interactive trip to the Criterion Theatre on July 6th and the students critiqued each other's performances. Students achieved 13 bronze level Arts Awards.

Sheppey FM Community Radio was featured on Meridian TV on 21st July, with a story about the life of Cindy Kent, who networked with all the local churches to participate in the station's Sunday church service. This broadcast service was introduced during the lockdowns to ease people's isolation and loneliness. On 2nd August BBC Radio Kent came into the radio studios to host an interview about levelling-up and improving our forgotten Coastal Communities.

On August 3rd the Kent County Council's 'Reconnect' project started with a 6 week's course on 'mental health in young people.' The students interviewed Swale councillors and local community wardens and produced the speech & music content for their own 'live' on-air show. The course included an educational trip to the Marlow Theatre, Canterbury on August 26th.

23rd October saw Sheppey FM's volunteers travel to Coventry to be presented with two National community radio awards for 'Station of the Year' and 'Young Person of the Year.'

On October 27th the Deputy Lord Lieutenant of Kent, Tim Bell, visited Sheppey Matters for an assessment for the 'Queens Award for Voluntary Services'. As the Media Centre has over 60 volunteers he was particularly interested in the project and gave an on-air interview.

Our Arts Awards programme culminated in a presentation evening at the Oasis Academy on Nov 3rd with 30 students and their families attending. The youth achieved 29 bronze & silver Arts Awards. They entertained their guests with a piano recitation and a 'song & sign' demonstration.

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Trustees' report (continued)
for the year ended 31 March 2022

Achievements and performance (continued)

With funding provided by the Linda Hogan Trust the youth students provided a Christmas lunch for beneficiaries of Sheppey Age UK on November 27th at the Healthy Living Centre. The students achieved 28 Discover Arts Awards.

We started our Kent Police/Kent County Council Violence Reduction Unit (VRU) course on September 7th. This consisted of six weeks with three students working with Sheppey FM and three with the Community Chef. The final session saw all six students unite to provide lunch and entertainment to 30 isolated/vulnerable elderly people from the 'Isle Connect You' project on October 19th.

On January 18th we started the 2nd VRU 4 week course and followed the same blueprint as before, as it was so successful, with the lunch hosted by the students on February 8th. The students achieved 19 Discover Arts Awards.

On February 2nd we were honoured to receive a visit from HRH's The Prince of Wales and The Duchess of Cornwall, Camilla. They were interviewed by 2 volunteer radio Presenters in the main studio and spoke directly with our Youth Presenters about their youth-led 'War On Waste' environmental project.



February 22nd was our final VRU project, consisting of six students over a six-week course. The students decorated the hall and tables with Union Jacks to celebrate the Queen's Platinum Jubilee with the buffet reflecting an English Afternoon Tea.

On March 12th Sheppey FM started to broadcast appeals for help for Ukraine and became a collection point for donations. The response was huge, and this has now developed into a Sheppey Matters' weekly support group for people now living here from Ukraine.

Magic 123/Getting to Grips with Autism/Positive Parenting

The 123, ADHD & Me programme is as busy as ever, with a short but consistent wait list for families to take part.

The project has continued to be a hybrid mix of online (Zoom) and face to face sessions. Some of the children involved still had an element of anxiety of meeting in public places as they are also home-schooled and therefore online meetings worked better for them. These have been incorporated around the family schedule. Some have been late afternoon/early evening and some at the weekends, 2-3 times a week for at least an hour. A Tuesday and Wednesday have been most popular and Saturday afternoon and Sunday morning sessions have been made available – whichever is convenient for the family.

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Trustees' report (continued)
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Achievements and performance (continued)

The face to face sessions have been popular with sessions taking place 2-3 times a week, again, for at least an hour on a Thursday and Friday evening and on a Saturday at 12noon. However, a few families have wanted/needed extra time to talk and sometimes the children want to play an extra game, so the time was extended to take this into account. Some have taken place after the ADHD Sheppey support group. The children are relaxed, have enjoyed themselves, playing with their peers, and they are ready to take part in the activities.

It has been important to take into account that parent/carers work long and difficult hours, so we have tried to ensure that the days and timings of the sessions have been altered to incorporate their needs.

Prior to each family joining the sessions we have contacted them via phone/Zoom to discover what the interests and hobbies are of the children taking part. We have then been able to personalise the resources for each session to tailor them to their needs which helps to keep them intrinsically motivated. During the third week we explore meditation and mindfulness and have been able to produce short, five minute videos which focus on the child's interests, for example, dinosaurs and Minecraft. This has helped them continue the activities when they are in their home environment.

In total, 36 children have been able to take part in the project. Of those 36 some were siblings who also took part in the activities throughout. There are six more children waiting to start the project, and they will start as the beginning of the summer holidays begin.

One family who had a daughter with a late diagnosis commented:

"Doing this course with my daughter has been life changing. My husband and I didn't understand ADHD or how it affected her. Now we feel that we can move forward with a better understanding of the condition as well as how we can meet her needs more productively. Thank you, it's been amazing."

Getting to Grips with ADHD and Autism & 123 Magic Positive Parenting Programme. This project continues to thrive with a steady stream of parent/carers taking part in the online and face to face workshops. The workshops have taken place over Zoom and have been held at the Healthy Living Centre on a Saturday morning.

We have had parent/carers join the workshops and then grandparents joining at a later date. They wanted to learn how to support their grandchildren in a productive and cohesive way. They have had moments, during the training, where they have cried due to their lack of understanding of ADHD and how it affects the child.

It has been heart-warming to see many of the parents, after the workshops have finished, bring their children to the ADHD Sheppey support group on a Friday afternoon as well.

As of the end of June 2022, we have been able to offer workshops to 35 parent/carers. Our target is to reach 48 by the end of August which we are sure will not be a problem.

Some of the feedback is below:

"I have a greater understanding of how ADHD and Autism affects my grand-daughter. I will have to learn to adjust my expectations and behaviour to help her more."

"This training has provided me with so many light-bulb moments. I can't thank you enough."

"My wife did the previous workshops and signed me up to do this as our children have ADHD and are Autistic. I thought I understood them quite well, but this has really opened my eyes to how I need to adjust myself with them. I think I may have ADHD as well."

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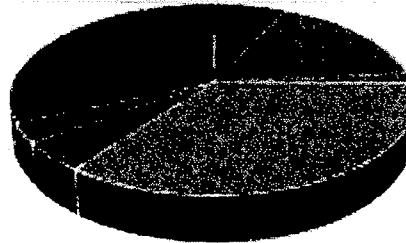
Trustees' report (continued)
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Achievements and performance (continued)

Isle Connect You (project manager Rebecca Gebbie)

During the period above Isle Connect You have had 67 clients through the programme.

4 clients Eastchurch 10 from
Halfway, 1 from Laysdown,
21 from Minster, 3 from
Queenborough, 2 from
Rushenden, 15 from Sheerness
and 4 from Warden Bay



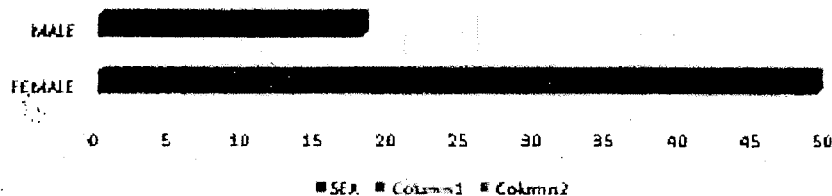
LOCATIONS USING ICY

- Eastchurch
- Halfway
- Laysdown
- Minster
- Queenborough
- Rushenden
- Sheerness
- Warden Bay

The busiest period of referrals was October with 11 referrals in one month closely followed by July with 10 referrals.

18 of these referrals were men leaving 49 as women.

**1ST APRIL - 31ST MARCH - MALE/FEMALE CUSTOMER
BREAKDOWN**



Due to being in partial lockdown at the beginning of this reporting period we held several activities on zoom with weekly virtual coffee mornings that had themes – from question time to walks down memory lane – where clients shared stories and photos of themselves and told the group a little about their story.

Many referrals to other agencies have been made during the year of the project to places such as Imago, Kent County Council's Community Wardens, Kent Fire and Rescue Service, The Harmony Therapy Trust and Sateda (domestic abuse charity).

One of our first ever clients decided she wanted to move forward with a group branching off Isle Connect You and called this group First Steps. She asked those who had finished with the programme if they would join her group and encouraged people to be independent – which grew their self-esteem. They met for coffee club and breakfast meet ups along with going out on a few day trips together.

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Trustees' report (continued)
for the year ended 31 March 2022

Achievements and performance (continued)

Hot meals were delivered to our clients that were participating on the Route 66! We launched Route 66 on 1st March 2021. This was a virtual tour covering 2,448 miles across the map of the USA - for people over the age of 65 to get them moving (every step they took was a mile on the map – the further everyone walked meant they would reach the destination quicker) and having fun whilst connecting at the same time. We had 18 participants on this activity. Each landmark we reached customers received an email with interesting information about the area, music, and food information. On the 30th March we got to 800 miles and moved to Springfield Missouri and held a Ghost Tour of Pythian Castle. We delivered food that our community chef prepared and cooked based on a menu you would see in Texas. This was extremely well received. Clients were given pedometers to help log their steps however we found these to be rather difficult to use so switched to Fitbit type watches for each participant. We had clients get out on their push bikes and move more – we had a participant that pushed herself to get out more on her walker – to clock up the miles. The fitness levels increased and in turn so did the wellbeing of each participant.

We created the American Pen Pal Scheme – we partnered up with New York for Senior Citizens, Australia, and Nigeria where we have been able to offer our customers the chance to write to other like-minded people across the pond. This was well received and continues to be a popular choice for new customers to join.



The highlight of the project's year must be the Royal visit where we were asked to showcase our project to HRH The Prince of Wales and HRH the Duchess of Cornwall. We invited eight guests to come and join us on the day to show the Royal guests who we are and what we do. Our guests took a walk down memory lane and spoke about photos that meant a lot to them from their past. The Duchess of Cornwall enjoyed speaking to the group and felt it vital to have supporting services available for the older generation. Being the patron of Silverline – a service we regularly refer to – the day brought a large amount of press coverage and promotion to the charity and services we offer.



Isle Connect You

Floral wreath making activity for
Christmas.

Here is a testimonial from a practitioner from Optivo Housing with whom we have been working:

Hi all

Thank you so much for the wonderful service you provide. Everyone who I have referred or given your details to, has resulted in improving their mood greatly and they feel more supported and included in the community.

Richard Jeffrey

Health and Wellbeing Coach Isle of Sheppey Primary Care Network

Sheppey Matters
(A company limited by guarantee)

Trustees' report (continued)
for the year ended 31 March 2022

Achievements and performance (continued)

Conclusion

As a team we are extremely proud of the efforts we have made in such a difficult and challenging year. The project has been a lifeline for all clients. From wellbeing calls to visits each contact has been meaningful and measured. At the start of January, it was quite possibly the hardest point of the lockdown, the weather was cold, and people were struggling with the increased lockdown restrictions and high infection rates. Fast forward to now - we will start to look at moving our clients forward opening up activities and feeding into services that have restarted. We have found some of our clients very anxious about moving too quickly and after spending a long time restricted at home, larger efforts are needed from our team along with organised activities in getting them out and about once more.

Mobile Matters

Mobile Matters was a mobile project our projects and those of partner organisations around the island – bringing the activities and information to the residents rather than vice-versa. After a slow start as Covid was still restricting contact, the project gradually drew in more residents meeting in parks and outside supermarkets – having a chat over a cup of tea or a quick catch up whilst handing out information packs.

The project also distributed Ipads to older residents with a support programme to help them make use of the technology. The ease with which some residents took to the Ipads was quite surprising! The project also provided 21 devices to a local primary school to ensure all classes had at least one tablet available for the children to use.

This was a one year project and closed in November 2021, but during its time it did increase our visibility around the island and introduced many people to our services.

Everyday Active

The Nordic Walking programme has continued to grow and expand, by adding additional walks in Queenborough and Sheerness, as well as it being opened up to all walkers that want to walk socially removing barriers for those that do not want to or fear walking with poles.

We have used additional funding from Well Life to provide training for three additional Community Walk Leaders, to facilitate these walks and cover leave and illness to offer continuity to the service.

On-going support is being provided through a group leader What's app page of, with additional 1st aid training for the leaders.

In addition to this I have been working with Cycling UK and a local Sheerness councillor to set up a beginners community cycling group on the Island. I have secured funding with Cycling UK and Sport England for the provision of four Community Cycle Leader training courses and training for bike maintenance & servicing, plus four loan bikes and safety equipment. Learn to ride sessions along with bike repair, service sessions and 4 beginner Community ride sessions were held over two weekends in response to a questionnaire that was sent out in February and March that gauged desires and interests.

Funding was also sought for a variety of activities to be run and or free taster sessions for older isolated adults to inspire, motivate and support those that are fearful or unable to build confidence and improve their quality of life. Funding for smaller activity groups can provide a much-needed service for those that suffer from mental health and anxiety. This currently is not being offered locally due to the rising costs of community venues, insurance, licences, and wages.

I have continued to work with local isolated people that need additional home support with Active at Home booklet and equipment, referred to me through the ICY programme and word of mouth. These are people that are partially worse off due to multiple health conditions and problems and the NHS services are unable to support in these cases due to lack of resources or services.

Sheppey Matters
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Trustees' report (continued)
for the year ended 31 March 2022

Achievements and performance (continued)

I am also working with Swale Community Leisure Limited to provide welcome and taster sessions for the health Suite, that provide a much needed service for those less able but have suffered since lockdown. Funding is being sought to facilitate some subsidised memberships or sessions to boost and support the continued operation of this service.

"Seeing you gave me the push I needed, thank you."

"The walking groups are so lovely and friendly, I really enjoyed myself and look forward to going again."

Financial review

a. Going concern

After making appropriate enquiries, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the accounting policies.

b. Reserves policy

The Charity has held reserves for three separate areas:

- Restricted funds
- Unrestricted funds
- Designated funds

The Charity receives a mix of income throughout the year which sits in the restricted or unrestricted streams. The Charity expends monies to support its projects and administrative work in the normal course of events. At the year end, it may still hold monies that for restricted services are still within the project's period of delivery (which may not always be a financial year) along with unrestricted incomes.

Restricted funds are from grants and other monies given by other bodies to fund specific purposes. These funds are granted as varying times throughout the financial year and may crossover one or two financial years and are shown as carry-over in the annual accounts. The amount per project may differ from budget against actual as project delivery can vary during a twelve month period.

Unrestricted funds are earned from the Charity's own unfunded activities such as room hire which form the basis of the Charity's annual budgeting process.

Designated funds are for specific reasons. The most recent being a designated redundancy reserve, which has been transferred back into unrestricted funds during the year.

The total reserves at the period end were £243,932, of which £206,230 were restricted funds, and £2,101 were designated funds, leaving £35,571 available for general purposes of the Charity.

The reserves policy has been designed to ensure that the Charity has an adequate basis to continue operating for the foreseeable future –

- Unexpected demand for funds due to an emergency or unforeseen bills.
- Additional day-to-day operational costs such as temporary staff.
- Loss of an expected or regular source of funding such as a grant or donation. Use of reserves can help buy the time required to seek an alternative source.
- Reserves may be used to supplement a grant or other source of income that does not cover the total cost of the project or capital expenditure or as a bridging fund should a project be required to start before a grant is received.

Sheppey Matters
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Trustees' report (continued)
for the year ended 31 March 2022

The Board of Trustees seeks to hold a minimum of four months' funds at any time so that -

- In the event of any unexpected shortfall in income there is a reasonable amount of time available to seek alternative monies. The Charity does have a wide and varied list of funders, so a loss of one funder may have an adverse effect on a project, but not necessarily the whole charity.
- Have funds available for any unexpected expenditure.
- An amount might be needed to cover 'troughs' in the cash budget.
- Money allocated for a specific event, such as redundancy.

In the Trustees' view, the Charity's reserves should provide it with adequate financial stability and the means for it to meet its charitable objectives for the foreseeable future.

c. Results for the year

The results for the year are set out within the Statement of financial activities, on page 22, and shows a deficit for the year of £105,618 (2021: a surplus of £132,621), with total income of £486,143 (2021: £694,576) and total expenditure of £591,761 (2021: £561,955).

As set out on page 23, at the Balance sheet date the Charity holds total funds of £243,932 (2021: £349,550), with £2,101 (2021: £24,517) being held in designated funds, £206,260 (2021: £293,742) in restricted funds, and £35,571 (2021: £31,291) in unrestricted general funds.

Structure, governance and management

a. Constitution

The Charity is constituted under a Charity Commission Scheme and is a registered charity number 1102847. Sheppey Matters is a charitable company limited by guarantee, incorporated in March 2000, and registered as a charity in March 2004.

b. Methods of appointment or election of Trustees

The management of the Charity is the responsibility of the Trustees who are elected or co-opted under the terms of the Trust Deed. The current policy of the Trustees is to recruit new trustees from local groups, agencies, or individuals on the Isle of Sheppey.

c. Pay policy for key management personnel

The policy is in line with similar charities in the local area.

d. Risk management

The Trustees have assessed the major risks to which the Charity is exposed and are satisfied that systems and procedures are in place to mitigate exposure to the major risks.

The Trustees have considered what they believe to be the main risks the Charity is facing. These are deemed to be as follows:

1. Reliance on one or few funders – the Charity has expanded its funder base to ensure the potential loss of one funder has a minimal effect (or as minimal as possible). The current wide range of funders is demonstrated earlier in this report.
2. Loss of key staff; staff are kept engaged and are valued by the Charity. It recognises that losing a staff member at the end of a period of funding can be detrimental to the Charity as skills are lost, so the Charity always endeavours to keep staff even if in a different role. It cannot afford to lose years of training and investment in a staff member.

Sheppey Matters
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Trustees' report (continued)
for the year ended 31 March 2022

Structure, governance and management (continued)

3. Effect of COVID; the Charity has worked hard to maintain meaningful contact with both its beneficiaries and funders throughout the pandemic. Without the support of beneficiary, volunteer, or funder the Charity would have struggled. Regular online staff meetings and social events and eventually face-to-face once the restrictions eased, have maintained the high level of involvement and dedication from the team whilst beneficiaries have seen a wide range of support services provided through the Charity or partners.

4. Loss of public support; the Charity has worked hard over the years to establish itself a good name and high level of support from all areas of the local community. It regularly checks media and social media for adverse comments and keeps a close and strong relationship with residents, businesses, other charities, and community groups plus those in authority and influential positions (councillors, council leaders etc.). The charity was delighted to be honoured with a Royal visit in February and the award of the Queens Award for Voluntary Services – the MBE for voluntary groups.

5. Loss of use of the healthy living centre; the Charity holds a 25 year lease which expires January 2028. It relies on its partner in the centre, Swale Community Leisure, to undertake the operational aspect of the centre (security, maintenance etc). Its contract ends October 2025 so the Charity may find itself faced with substantial extra costs to operate the centre on its own or be obliged to find alternative premises. The HLC provides significant unrestricted income for the Charity.

e. COVID-19 and its effects on Sheppey Matters

COVID- 19 has remained in circulation throughout the financial year, with several levels of restrictions and lockdowns in place, all creating an ongoing challenge to staff and volunteers to maintain a good standard of delivery and contact with our beneficiaries.

The Charity has enjoyed a positive relationship with funders and saw new projects open during the year, bringing benefits to many residents. Unrestricted income from room and minibus hire returned to a certain degree but not to that of pre-pandemic. Thankfully support from funders has helped the Charity overcome some of this loss and kept the 'non-project' element of the Charity on an even keel.

Despite the effects of COVID-19, the Charity remains in a robust position, and whilst it may have to consider staff numbers during the next six to twelve months, the Board and senior management reiterates its belief that the Charity will still be serving the island's health and well being for a considerable period.

The year has seen two new projects opening (Well Life and Magic 1-2-3) along with other smaller programmes, whilst Mobile Matters closed in November as expected.

The Board of Trustees, staff and volunteers are united in their efforts to ensure the ongoing success of Sheppey Matters in delivering its valuable work to the Sheppey community and have positive plans for the Charity's future both financially and operationally. The Royal visit and the Queens Award for Voluntary Service has given everyone at Sheppey Matters an enormous lift, boosting confidence levels and self-belief that the work undertaken by staff and volunteers has been recognised at the highest levels and with the community involvement in our projects, is valued and welcomed by residents.

Plans for future periods

The Trustees will continue to support the objectives of the Charity for the foreseeable future. The Board of Trustees has continually expressed its confidence in the Charity's delivery to the Sheppey community and full confidence in the ability and skills of the staff and volunteers to ensure this happens.

The Board will be seeking further funding in 2022/23 to strengthen the senior management team by the creation of a Deputy Chief Executive Officer position to allow the Chief Executive Officer to lead the strategic development of the Charity including the ever-present need to source funding through grants, contracts and other means whilst the Deputy will take responsibility for the day-to-day operations to ensure the expected high level of delivery as demanded by our funders and beneficiaries.

Sheppey Matters
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Trustees' report (continued)
for the year ended 31 March 2022

Funds held as custodian

The Charity has, during this financial year, held monies on behalf of the following community groups –

- Sheppey ADHD
- Eastchurch Allotments and Conservation Group
- The Charity maintains a normal accountancy trail of the financial transactions carried out on the behalf of either group.

Members' liability

The Members of the Charity guarantee to contribute an amount not exceeding £1 to the assets of the Charity in the event of winding up.

Statement of Trustees' responsibilities

The Trustees (who are also the Directors of the Charity for the purposes of company law) are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year. Under company law, the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the Charity and of its income and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS 102);
- make judgements and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the Charity's transactions and disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Disclosure of information to auditor

Each of the persons who are Trustees at the time when this Trustees' report is approved has confirmed that:

- so far as that Trustee is aware, there is no relevant audit information of which the Charity's auditor is unaware, and
- that Trustee has taken all the steps that ought to have been taken as a Trustee in order to be aware of any relevant audit information and to establish that the Charity's auditor is aware of that information.

Sheppey Matters
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Trustees' report (continued)
for the year ended 31 March 2022

Auditor

The auditor, Kreston Reeves LLP, has indicated his willingness to continue in office. The designated Trustees will propose a motion reappointing the auditor at a meeting of the Trustees.

Approved by order of the members of the Board of Trustees on 13/12/2022 and signed on their behalf by:



Michael John Brown
Trustee

Sheppey Matters
(A company limited by guarantee)

Independent auditor's report to the Members of Sheppey Matters

Opinion

We have audited the financial statements of Sheppey Matters (the 'Charity') for the year ended 31 March 2022 which comprise the Statement of financial activities, the Balance sheet, the Statement of cash flows and the related notes, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the Charity's affairs as at 31 March 2022 and of its incoming resources and application of resources, including its income and expenditure for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the United Kingdom, including the Financial Reporting Council's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the Trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the Trustees with respect to going concern are described in the relevant sections of this report.

Sheppey Matters
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Independent auditor's report to the Members of Sheppey Matters (continued)

Other information

The other information comprises the information included in the Annual report other than the financial statements and our Auditor's report thereon. The Trustees are responsible for the other information contained within the Annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinion on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Trustees' report for the financial year for which the financial statements are prepared is consistent with the financial statements.
- the Trustees' report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of our knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees' report.

We have nothing to report in respect of the following matters in relation to which Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of Trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the Trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the Trustees' report and from the requirement to prepare a Strategic report.

Sheppey Matters

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Independent auditor's report to the Members of Sheppey Matters (continued)

Responsibilities of trustees

As explained more fully in the Trustees' responsibilities statement, the Trustees (who are also the Directors of the Charity for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the Trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the Trustees are responsible for assessing the Charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Trustees either intend to liquidate the Charity or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an Auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Capability of the audit in detecting irregularities, including fraud

Based on our understanding of the Charity and the sector as a whole, and through discussion with the Trustees and other management (as required by auditing standards), we identified that the principal risks of non-compliance with laws and regulations related to health and safety, anti-bribery and employment law. We considered the extent to which non-compliance might have a material effect on the financial statements. We also considered those laws and regulations that have a direct impact on the preparation of the financial statements such as the Charities SORP (FRS 102) Second Edition (released October 2019), the Companies Act 2006 and other relevant charity legislation. We communicated identified laws and regulations throughout our team and remained alert to any indications of non-compliance throughout the audit. We evaluated Trustees' and management's incentives and opportunities for fraudulent manipulation of the financial statements (including the risk of override of controls) and determined that the principal risks related to: posting inappropriate journal entries to increase revenue or reduce expenditure; management bias in accounting estimates; and judgemental areas of the financial statements. Audit procedures performed by the engagement team included:

- Discussions with management and assessment of known or suspected instances of non-compliance with laws and regulations (including health and safety) and fraud; and
- Assessment of identified fraud risk factors; and
- Review of cash expenditure to confirm no evidence of personal benefit; and
- Challenging assumptions and judgements made by management in its significant accounting estimates; and
- Performing analytical procedures to identify any unusual or unexpected relationships, including related party transactions, that may indicate risks of material misstatement due to fraud; and
- Confirmation of related parties with management, and review of transactions throughout the period to identify any previously undisclosed transactions with related parties outside the normal course of business; and
- Reading minutes of meetings of those charged with governance; and
- Review of significant and unusual transactions; and
- Identifying and testing journal entries, in particular any manual entries made at the year end for financial statement preparation.

Sheppey Matters
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Independent auditor's report to the Members of Sheppey Matters (continued)

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

As part of an audit in accordance with ISAs (UK), we exercise professional judgement and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion of the effectiveness of the charitable company's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the Trustees.
- Conclude on the appropriateness of the Trustees' use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the charitable company's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in my Auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of my Auditor's report. However, future events or conditions may cause the Charity to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

Use of our report

This report is made solely to the Charity's trustees, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the Charity's trustees those matters we are required to state to them in an Auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Charity and its trustees, as a body, for our audit work, for this report, or for the opinions we have formed.



Susan Robinson BA FCA FCIE DChA MCMI (Senior statutory auditor)

for and on behalf of

Kreston Reeves LLP

Chartered Accountants

Statutory Auditor

Chatham Maritime

Date: 13 December 2022

Sheppey Matters
(A company limited by guarantee)

Statement of financial activities (incorporating income and expenditure account)
for the year ended 31 March 2022

	Note	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Income from:					
Donations and legacies	4	45,653	310,564	356,217	610,877
Charitable activities	5	115,326	14,569	129,895	83,588
Investments	6	31	-	31	111
Total income		161,010	325,133	486,143	694,576
Expenditure on:					
Charitable activities	7	59,666	532,095	591,761	561,955
Total expenditure		59,666	532,095	591,761	561,955
Net income/(expenditure)		101,344	(206,962)	(105,618)	132,621
Transfers between funds	13	(119,480)	119,480	-	-
Net movement in funds		(18,136)	(87,482)	(105,618)	132,621
Reconciliation of funds:					
Total funds brought forward		55,808	293,742	349,550	216,929
Net movement in funds		(18,136)	(87,482)	(105,618)	132,621
Total funds carried forward		37,672	206,260	243,932	349,550

The Statement of financial activities includes all gains and losses recognised in the year.

The notes on pages 26 to 40 form part of these financial statements.

Sheppey Matters
(A company limited by guarantee)
Registered number: 03946296

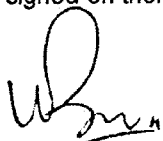
Balance sheet
as at 31 March 2022

	Note	2022 £	2021 £
Fixed assets			
Tangible assets	10	4,432	18,586
Current assets			
Debtors	11	24,179	23,458
Cash at bank and in hand		236,193	332,248
		<u>260,372</u>	<u>355,706</u>
Creditors: amounts falling due within one year	12	(20,872)	(24,742)
Net current assets		<u>239,500</u>	<u>330,964</u>
Total net assets		<u><u>243,932</u></u>	<u><u>349,550</u></u>
Charity funds			
Restricted funds	13	206,260	293,742
Unrestricted funds	13	37,672	55,808
Total funds		<u><u>243,932</u></u>	<u><u>349,550</u></u>

The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to entities subject to the small companies regime.

The financial statements were approved and authorised for issue by the Trustees on 13/12/2022. and signed on their behalf by:



Michael John Brown
Trustee

The notes on pages 26 to 40 form part of these financial statements.

Sheppey Matters
(A company limited by guarantee)

Statement of cash flows
for the year ended 31 March 2022

	2022	2021
	£	£
Cash flows from operating activities		
Net cash used in operating activities (see note 17)	(96,086)	139,174
Cash flows from investing activities		
Dividends, interests and rents from investments	31	110
Purchase of tangible fixed assets	-	(1,150)
Net cash provided by/(used in) investing activities	31	(1,040)
Change in cash and cash equivalents in the year	(96,055)	138,134
Cash and cash equivalents at the beginning of the year	332,248	194,114
Cash and cash equivalents at the end of the year	236,193	332,248

The notes on pages 26 to 40 form part of these financial statements

Sheppey Matters
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2022

1. General information

Sheppey Matters is a charitable company limited by guarantee incorporated in England and Wales. The registered office is Sheppey Leisure Centre, Broadway, Sheerness, Kent, ME12 1HH. The principal activities of the Charity are as set out in the Trustees' Report.

2. Accounting policies

2.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Sheppey Matters meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

2.2 Company status

The Charity is a company limited by guarantee. The members of the Charity are the Trustees named on page 1. In the event of the Charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the Charity.

2.3 Going concern

The Trustees assess whether the use of going concern is appropriate i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the Charity to continue as a going concern. The Trustees make this assessment in respect of a period of at least one year from the date of authorisation for issue of the financial statements and have concluded that the Charity has adequate resources to continue in operational existence for the foreseeable future and there are no material uncertainties about the Charity's ability to continue as a going concern, thus they continue to adopt the going concern basis of accounting in preparing the financial statements.

2.4 Income

All income is recognised once the Charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Grants are included in the Statement of financial activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the Balance sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

Notes to the financial statements
for the year ended 31 March 2022

2. Accounting policies (continued)

2.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the Charity's objectives, as well as any associated support costs.

All expenditure is inclusive of irrecoverable VAT.

2.6 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the Charity; this is normally upon notification of the interest paid or payable by the institution with whom the funds are deposited.

2.7 Taxation

The Charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the Charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

2.8 Tangible fixed assets and depreciation

Tangible fixed assets costing £2,000 or more are capitalised and recognised when future economic benefits are probable and the cost or value of the asset can be measured reliably.

Tangible fixed assets are initially recognised at cost. After recognition, under the cost model, tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. All costs incurred to bring a tangible fixed asset into its intended working condition should be included in the measurement of cost.

At each reporting date the Charity assesses whether there is any indication of impairment. If such indication exists, the recoverable amount of the asset is determined to be the higher of its fair value less costs to sell and its value in use. An impairment loss is recognised where the carrying amount exceeds the recoverable amount.

Depreciation is charged so as to allocate the cost of tangible fixed assets less their residual value over their estimated useful lives on the following bases:

Motor vehicles	- 5 years straight line
Fixtures and fittings	- 5 years straight line

2.9 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Sheppey Matters
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2022

2. Accounting policies (continued)

2.10 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

2.11 Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the Charity anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised in the Statement of financial activities as a finance cost.

2.12 Financial instruments

The Charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

2.13 Pensions

The Charity operates a defined contribution pension scheme and the pension charge represents the amounts payable by the Charity to the fund in respect of the year.

2.14 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Charity for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Notes to the financial statements
for the year ended 31 March 2022

3. Critical accounting estimates and areas of judgement

Estimates and judgements are continually evaluated and are based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Critical accounting estimates and assumptions:

The Charity makes estimates and assumptions concerning the future. The resulting accounting estimates and assumptions will, by definition, seldom equal the related actual results. The estimates and assumptions that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year are discussed below.

Tangible fixed assets

The Charity has recognised tangible fixed assets with a carrying value of £4,432 at the reporting date (see note 10). These assets are stated at their cost less provision for depreciation and impairment. The Charity's accounting policy sets out the approach to calculating depreciation for immaterial assets acquired. For material assets the Charity determines at acquisition reliable estimates for the useful life of the asset, its residual value and decommissioning costs. These estimates are based upon such factors as the expected use of the acquired asset and market conditions. At subsequent reporting dates the Trustees consider whether there are any factors such as technological advancements or changes in market conditions that indicate a need to reconsider the estimates used.

Where there are indicators that the carrying value of tangible assets may be impaired the Charity undertakes tests to determine the recoverable amount of assets. These tests require estimates of the fair value of assets less cost to sell and of their value in use. Wherever possible the estimate of the fair value of assets is based upon observable market prices less incremental cost for disposing of the asset. The value in use calculation is based upon a discounted cash flow model, based upon the Charity's forecasts for the foreseeable future which do not include any restructuring activities that the Charity is not yet committed to or significant future investments that will enhance the asset's performance. The recoverable amount is most sensitive to the discount rate used for the discounted cash flow model as well expected future cash flows and the growth rate used for extrapolation purposes.

Critical areas of judgement:

Lease commitments

The Charity has entered into a range of lease commitments in respect of plant and equipment. The classification of these leases as either financial or operating leases requires the Trustees to consider whether the terms and conditions of each lease are such that the Charity has acquired the risks and rewards associated with the ownership of the underlying assets.

Sheppey Matters
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Notes to the financial statements
for the year ended 31 March 2022

4. Income from donations and legacies

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Donations	8,945	(2,068)	6,877	4,050
Grants	36,708	312,632	349,340	606,827
	<u>45,653</u>	<u>310,564</u>	<u>356,217</u>	<u>610,877</u>
Total 2021	<u>63,657</u>	<u>547,220</u>	<u>610,877</u>	

5. Income from charitable activities

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Charitable activities	115,326	14,569	129,895	83,588
Total 2021	<u>27,728</u>	<u>55,860</u>	<u>83,588</u>	

6. Investment income

	Unrestricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Bank interest receivable	31	31	111
Total 2021	<u>111</u>	<u>111</u>	

Sheppey Matters
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Notes to the financial statements
for the year ended 31 March 2022

7. Analysis of expenditure by activities

	Direct costs 2022 £	Support costs 2022 £	Total funds 2022 £	Total funds 2021 £
Charitable activities (see note 22)	579,675	12,086	591,761	561,955
Total 2021	553,335	8,620	561,955	

8. Staff costs

	2022 £	2021 £
Wages and salaries	377,866	334,846
Social security costs	18,886	16,794
Pension costs	7,752	6,564
	404,504	358,204

The average number of persons employed by the Charity during the year was as follows:

2022 No.	2021 No.
28	25

The average headcount expressed as full-time equivalents was:

2022 No.	2021 No.
16	15

No employee received remuneration amounting to more than £60,000 in either year.

During the year the Charity's key management personnel received remuneration and benefits, including employer's national insurance contributions, amounting to £74,290 (2021: £70,894).

Sheppey Matters
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Notes to the financial statements
for the year ended 31 March 2022

9. Trustees' remuneration and expenses

During the year, no Trustees received any remuneration or other benefits (2021 - £NIL).

During the year ended 31 March 2022, no Trustee expenses have been incurred (2021 - £NIL).

10. Tangible fixed assets

	Motor vehicles £	Fixtures and fittings £	Total £
Cost or valuation			
At 1 April 2021	111,628	50,847	162,475
At 31 March 2022	111,628	50,847	162,475
Depreciation			
At 1 April 2021	94,788	49,101	143,889
Charge for the year	13,414	740	14,154
At 31 March 2022	108,202	49,841	158,043
Net book value			
At 31 March 2022	3,426	1,006	4,432
At 31 March 2021	16,840	1,746	18,586

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Notes to the financial statements
for the year ended 31 March 2022

11. Debtors

	2022	2021
	£	£
Due within one year		
Trade debtors	14,645	19,674
Other debtors	5,760	10
Prepayments and accrued income	3,774	3,774
	<u>24,179</u>	<u>23,458</u>

12. Creditors: Amounts falling due within one year

	2022	2021
	£	£
Trade creditors	3,111	2,839
Other taxation and social security	1,433	5,575
Accruals and deferred income	16,328	16,328
	<u>20,872</u>	<u>24,742</u>

	2022	2021
	£	£
Deferred income at 1 April 2021	11,288	36,012
Resources deferred during the year	-	11,288
Amounts released from previous periods	-	(36,012)
Deferred income at 31 March 2022	<u>11,288</u>	<u>11,288</u>

Sheppey Matters
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Notes to the financial statements
for the year ended 31 March 2022

13. Statement of funds

Statement of funds - current year

	Balance at 1 April 2021 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2022 £
Unrestricted funds					
Designated funds					
Redundancy Reserve	24,517	-	-	(24,517)	-
Fixed Asset Funds	-	-	-	2,101	2,101
	<u>24,517</u>	<u>-</u>	<u>-</u>	<u>(22,416)</u>	<u>2,101</u>
General funds					
General Funds	31,291	161,010	(59,666)	(97,064)	35,571
	<u>31,291</u>	<u>161,010</u>	<u>(59,666)</u>	<u>(97,064)</u>	<u>35,571</u>
Total Unrestricted funds	<u>55,808</u>	<u>161,010</u>	<u>(59,666)</u>	<u>(119,480)</u>	<u>37,672</u>
Restricted funds					
Restricted Funds	293,742	325,133	(532,095)	119,480	206,260
	<u>293,742</u>	<u>325,133</u>	<u>(532,095)</u>	<u>119,480</u>	<u>206,260</u>
Total of funds	<u>349,550</u>	<u>486,143</u>	<u>(591,761)</u>	<u>-</u>	<u>243,932</u>

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Notes to the financial statements
for the year ended 31 March 2022

13. Statement of funds (continued)

Statement of funds - prior year

	Balance at 1 April 2020 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2021 £
Unrestricted funds					
Designated funds					
Redundancy Reserve	24,517	-	-	-	24,517
General funds					
General Funds	37,545	91,496	(68,417)	(29,333)	31,291
Total Unrestricted funds	62,062	91,496	(68,417)	(29,333)	55,808
Restricted funds					
Restricted Funds	154,867	603,080	(493,538)	29,333	293,742
Total of funds	216,929	694,576	(561,955)	-	349,550

Sheppey Matters
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2022

14. Summary of funds

Summary of funds - current year

	Balance at 1 April 2021 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2022 £
Designated funds	24,517	-	-	(22,416)	2,101
General funds	31,291	161,010	(59,666)	(97,064)	35,571
Restricted funds	293,742	325,133	(532,095)	119,480	206,260
	<u>349,550</u>	<u>486,143</u>	<u>(591,761)</u>	<u>-</u>	<u>243,932</u>

Summary of funds - prior year

	Balance at 1 April 2020 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2021 £
Designated funds	24,517	-	-	-	24,517
General funds	37,545	91,496	(68,417)	(29,333)	31,291
Restricted funds	154,867	603,080	(493,538)	29,333	293,742
	<u>216,929</u>	<u>694,576</u>	<u>(561,955)</u>	<u>-</u>	<u>349,550</u>

Sheppey Matters
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Notes to the financial statements
for the year ended 31 March 2022

15. Analysis of net assets between funds

Analysis of net assets between funds - current year

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £
Tangible fixed assets	2,101	2,331	4,432
Current assets	44,761	215,611	260,372
Creditors due within one year	(9,190)	(11,682)	(20,872)
Total	37,672	206,260	243,932

Analysis of net assets between funds - prior year

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £
Tangible fixed assets	5,874	12,712	18,586
Current assets	64,676	291,030	355,706
Creditors due within one year	(14,742)	(10,000)	(24,742)
Total	55,808	293,742	349,550

Sheppey Matters
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Notes to the financial statements
for the year ended 31 March 2022

16. Reconciliation of net movement in funds to net cash flow from operating activities

	2022 £	2021 £
Net income/expenditure for the year (as per Statement of Financial Activities)	(105,618)	132,621
Adjustments for:		
Depreciation charges	14,154	16,431
Dividends, interests and rents from investments	(31)	(110)
Loss on the sale of fixed assets	-	779
Decrease/(increase) in debtors	(721)	15,569
Decrease in creditors	(3,870)	(26,116)
Net cash provided by/(used in) operating activities	(96,086)	139,174

17. Analysis of cash and cash equivalents

	2022 £	2021 £
Cash in hand	236,193	332,248
Total cash and cash equivalents	236,193	332,248

18. Analysis of changes in net debt

	At 1 April 2021 £	Cash flows £	At 31 March 2022 £
Cash at bank and in hand	332,248	(96,055)	236,193
	332,248	(96,055)	236,193

19. Pension commitments

The Charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the Charity in an independently administered fund. The pension cost charge represents contributions payable by the Charity to the fund and amounted to £7,752 (2021: £6,564). There were no amounts payable to the fund at the Balance sheet date (2021: £Nil).

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Notes to the financial statements
for the year ended 31 March 2022

20. Operating lease commitments

At 31 March 2022 the Charity had commitments to make future minimum lease payments under non-cancellable operating leases as follows:

	2022 £	2021 £
Not later than 1 year	3,992	6,062
Later than 1 year and not later than 5 years	15,968	10,610
	<u>19,960</u>	<u>16,672</u>

21. Related party transactions

Two of the Trustees, K Pugh and P Murray are also trustees of Swale CVS, with C White being an employee of Swale CVS. During the financial year, Sheppey Matters incurred expenditure with Swale CVS of £9,600 (2020: £18,604) and received income of £17,426 (2020: £Nil). All of these transactions were conducted at arms length. There were no amounts outstanding at the Balance sheet date (2020: balance of £1,490 owed to Swale CVS).

MJ Brown and K Pugh are both trustees of Work This Way. During the financial year Sheppey Matters incurred expenditure of £Nil (2020: £Nil) with this organisation. All of these transactions were conducted at arms length. There were no amounts outstanding at the Balance sheet date (2020: £Nil).

C White is also a trustee of Home Start Sittingbourne and Sheppey. During the financial year Sheppey Matters has incurred expenditure of £288 (2020: £292) with this organisation. All of these transactions were conducted at arms length. There were no amounts outstanding at the Balance sheet date (2020: £Nil).

K Pugh is also a trustee of Queenborough Fishery Trust. During the financial year Sheppey Matters has incurred expenditure of £Nil (2020: £1,000) with this organisation. All of these transactions were conducted at arms length. There were no amounts outstanding at the Balance sheet date (2020: £Nil).

P Murray is also a director of Swale Community Leisure. During the financial year Sheppey Matters has received income of £1,717 (2020: £3,882) from this organisation and incurred expenditure of £2,945 (2020: £13,080). All of these transactions were conducted at arms length. There was a balance of £Nil (2020: £4) owed to Swale Community Leisure at the year end and a balance owed by Swale Community Leisure of £1,717 (2020: £678).

P Murray and N Martin are also trustees of Age UK Sheppey. During the financial year Sheppey Matters has received income of £875 (2020: £Nil) from this organisation. All of these transactions were conducted at arms length. There were no amounts outstanding at the Balance sheet date (2020: £Nil).

Shoppers' Matters

Notes to the financial statements
For the year ended 31 March 2022

22. Restricted funds - breakdown by project

	Arts & Media	BBC CIN BN	Back to the Future	Chief	Community Projects	Henry Smith	HLC	Isle Connect You	KCC - Me, My Family, and I	Kent Community Foundation	KCC - MVA Women's Talk	Kent Sport	LH - BBC	Local Giving	Magic 1-2-3	Main	Mental Health	Mobile Meters	Reserve for Redundancy	Rural Youth	SCMC	Shoppers' Week	Wales CVB JA	Well Life	Child Children's Centres	Colyer Ferguson	Garfield Weston Foundation	KCC Early Help & Prevention Services	Really Care	Shoppers' ADHC	Shoppers' Lifestyle	Tutor	Total 2022	Total 2021	
Funds brought forward			681	4,610	2,006	18,730	15,144	71,787				4,408			2,254		22,724		7,468	20,700	15,442	11,484	818												868,888
Income and endowments from Grants																																			
Donations																																			
Interest on investments																																			
Travel and Membership																																			
Services / Work Undertaken																																			
Reimbursements / Referrals																																			
Other income				1,548																															
	1,000	10,000	(1,234)	8,119	2,006	21,006	34,800	84,038	11,854	8,408	1,945	8,008	4,000	389	(87)	2,461	5,846	17,168	7,468	37,823	23,377	748	7,318	58,243									332,133	888,888	
Expenditure on																																			
Direct expenses																																			
Advertising and Publicity																																			
Bank Charges and Interest																																			
Computer Expenses																																			
Cost of Sales																																			
Goods Given as Grants																																			
Hall / Room Hire																																			
Insurance																																			
Legal and Professional Fees																																			
Motor and Travel																																			
Postage, Printing, Photocopying and Stationery																																			
Profit / Loss on Disposal of F.A.																																			
Rent / Lease on Disposal of F.A.																																			
Repairs, Maintenance and Equipment																																			
Sundry Expenses																																			
Staff Costs																																			
Telephone and Internet																																			
Travel																																			
Utilities																																			
Work Undertaken																																			
	1,000	4,864	(577)	1,627	739	34,610	41,232	100,210	7,280			15,139	4,674	181	807	68,180	3,308	40,234		28,824	25,813	38,611	9,081	17,874									528,723	482,538	
Support costs																																			
Auditors' remuneration - non-audit																																			
Net movement in funds																																			
Transfers between funds																																			
Funds carried forward																																			
	6,000			10,882	3,770	6,829	12,061	23,587	4,445	8,408	1,945			148	1,878	96,078	1,738	348	7,468	38,899	13,646	1,641		31,080									208,300	292,742	

Sheppey Matters

Notes to the financial statements For the year ended 31 March 2022

22. Unrestricted funds - Centre funds

	Total 2022 £	Total 2021 £
Funds brought forward	55,808	62,062
Income and endowments from		
Grants	36,708	62,879
Donations	8,945	778
Room Hire	26,933	27,979
Travel and Membership	57,463	-
Services / Work Undertaken	6,620	203
Investment Income	31	111
Other Income	24,310	(454)
Total income	161,010	91,496
Expenditure on		
Bad Debts	1,646	3,822
Bank Charges and Interest	100	84
Computer Expenses	501	1,341
Depreciation	3,773	4,286
Goods Given as Grants	156	-
Hall / Room Hire	1,819	180
Insurance	4,171	(210)
Legal and Professional Fees	5,639	4,849
Management Fees	-	(17,800)
Motor and Travel	5,197	319
Postage, Printing, Photocopying and Stationery	1,225	4,319
Repairs, Maintenance and Equipment	7,646	12,555
Staff Costs	3,385	38,225
Sundry Expenses	6,736	4,384
Telephone and Internet	190	177
Training	577	570
Utilities	1,938	(1,264)
Work Undertaken	6,241	3,960
Subtotal	50,940	59,797
Support costs		
Auditors' remuneration	3,840	5,640
Auditors' remuneration - non-audit	4,886	2,980
Subtotal	8,726	8,620
Net movement in funds	101,344	23,079
Transfers between funds	(119,480)	(29,333)
Funds carried forward	37,672	55,808