

SHEPPEY MATTERS

England & Wales · Charity number 1102847

Details

Status	Registered
Legal form	Charitable company
Company number	03946296
Registered	2004-03-25
Register	View on the Charity Commission register

Contact

Address	Sheppey Hlc Sheppey Leisure Complex Broadway Sheerness ME12 1HH
Phone	01795583547
Email	office@sheppeymatters.org.uk
Website	www.sheppeymatters.org.uk

Activities

Objects: (I) TO PROMOTE AND PROTECT THE GOOD HEALTH OF PERSONS LIVING IN THE ISLE OF SHEPPEY (THE AREA OF BENEFIT) IN PARTICULAR BY THE PROVISION OF A HEALTHY LIVING CENTRE;(II) TO ADVANCE EDUCATION IN THE BENEFITS OF GOOD HEALTH AND SOCIAL WELL BEING AND ITS IMPLICATIONS FOR ALL THOSE LIVING OR WORKING WITHIN THE AREA OF BENEFIT; AND(III) TO PROVIDE OR ASSIST IN THE PROVISION OF FACILITIES IN THE INTERESTS OF SOCIAL WELFARE FOR RECREATION OR OTHER LEISURE TIME OCCUPATION OF INDIVIDUALS WHO HAVE NEED OF SUCH FACILITIES BY REASON OF THEIR YOUTH, AGE, INFIRMITY OR DISABILITY, FINANCIAL HARDSHIP OR SOCIAL CIRCUMSTANCES WITH THE OBJECT OF IMPROVING THEIR CONDITIONS OF LIFE.

Activities: We provide a wide range of health, education, arts and community development activities at Sheppey Healthy Living Centre and other venues on the Isle of Sheppey. We operate projects; Sheppey Wheels (a community transport scheme), Sheppey Rural Youth; Community Chef, Sheppey FM, Arts and Media and Sheppey Lifestyle

Classification

- **How:** Provides Human Resources, Provides Buildings/facilities/open Space, Provides Services, Acts As An Umbrella Or Resource Body
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Arts/culture/heritage/science, Amateur Sport, Economic/community Development/employment, Recreation
- **Who:** The General Public/mankind

Geography

- **Area of benefit:** ISLE OF SHEPPEY
- Kent

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£682,408	£682,558	£390,463	16
2024-03-31	£579,334	£632,151	£390,613	28
2023-03-31	£822,196	£622,698	£443,430	30
2022-03-31	£486,183	£591,761	-	-
2021-03-31	£694,576	£561,955	£349,550	25

Trustees

Name	Role	Appointed
MICHAEL J BROWN	Chair	
CHRISTINE ANNE WHITE		
Evan Francis		2025-08-10
Gareth Dyson		2023-07-18
Kenneth Pugh		2014-04-08
PAUL MURRAY		2012-09-13
Seshnie Naidoo		2025-08-10
Teresa Ellen Boag		2025-10-01

SHEPPEY MATTERS

England & Wales - Charity number 1102847

Accounts

Registered number: 03946296
Charity number: 1102847

Sheppey Matters
(A company limited by guarantee)

Unaudited

Trustees' report and financial statements

for the year ended 31 March 2025

Sheppey Matters
(A company limited by guarantee)

Contents

	Page
Reference and administrative details of the Charity, its Trustees and Advisers	1
Trustees' report	2 - 25
Independent examiner's report	26
Statement of financial activities	27
Balance sheet	28
Statement of cash flows	29
Notes to the financial statements	30 - 44

Sheppey Matters
(A company limited by guarantee)

**Reference and administrative details of the Charity, its Trustees and Advisers
for the year ended 31 March 2025**

Trustees

Michael John Brown, Chair (until 12/11/2024)
Christine White, Chair (starting 12/04/2025)
Kenneth Pugh
Paul Murray MBE
Joe Rook MBE, Chair (starting 12/11/2024, until 10/04/2025) (resigned 10 April 2025)
Gareth Dyson
Evan Francis (appointed 10 August 2025)
Seshnie Naidoo (appointed 10 August 2025)
Teresa Boag (appointed 1 October 2025)

Company registered number

03946296

Charity registered number

1102847

Registered office

Sheppey Leisure Centre
Broadway
Sheerness
Kent
ME12 1HH

Company secretary

Nigel Martin

Swale Borough Council Representative

Elliott Jayes

Accountants

Kreston Reeves LLP
Chartered Accountants
Maritime Place
Quayside
Chatham Maritime
Chatham
Kent
ME4 4QZ

Trustees' report for the year ended 31 March 2025

The Trustees present their annual report together with the audited financial statements of the Charity for the year 1 April 2024 to 31 March 2025. The Annual report serves the purposes of both a Trustees' report and Directors' report under company law. The Trustees confirm that the Annual report and financial statements of the Charity comply with the current statutory requirements, the requirements of the Charity's governing document and the provisions of the Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019).

Since the Charity qualifies as small under section 382 of the Companies Act 2006, the Strategic report required of medium and large companies under the Companies Act 2006 (Strategic Report and Directors' Report) Regulations 2013 has been omitted.

Objectives and activities

a. Policies and objectives

The objects of the Charity are:

- To promote and protect the good health of people living on the Isle of Sheppey, in particular by the provision of a healthy living centre.
- To advance education in the benefits of good health and social well-being.
- To provide or assist in the provision of facilities in the interest of social welfare for recreation or other leisure time occupation of individuals who have need of such facilities because of their youth, age, disability, financial hardship, or social circumstances.

Sheppey Matters is an independent charity, and the Trustees meet at least four times a year to make major policy decisions and review progress. Other times limited working groups are set up when a particular topic needs more detailed consideration by the Trustees.

The Chief Executive Officer takes overall day-to-day responsibility for steering the charity in accordance with the strategic direction set by the Trustees. He meets the chair of Sheppey Matters on a regular basis and has a frequent email and telephone contact between meetings. Administrative staff based at Sheppey Healthy Living Centre (HLC) take responsibility for room bookings and supporting projects.

Sheppey Matters has a service level agreement with Swale CVS, which provides financial administration services, carried out by a designated officer. Additional day-to-day financial management support is provided by the director of Swale CVS.

In setting objectives and planning for activities, the Trustees have given due consideration to general guidance published by the Charity Commission relating to public benefit, including the guidance 'Public benefit: running a charity (PB2)'.

b. Strategies for achieving objectives

The Trustees' policy is to work in partnership with local agencies from the community and voluntary sector, and statutory sector to run projects at Sheppey HLC and outreach projects elsewhere on the island. In this way, the Charity can make a bigger impact, draw on the expertise of specialist agencies, and avoid duplication of local projects.

Trustees' report for the year ended 31 March 2025

The charity is also increasing its environmental responsibilities through various initiatives –

- Collecting used ink cartridges, stamps, and batteries– all within Sheppey Matters and other third parties – collected and recycled, with the charity earning a small donation.
- Regular activity in the Sheerness and Eastchurch allotments – growing fruit and vegetables for community benefit.
- Checking the distance travelled whilst making online purchases – can items be acquired more locally, reducing the carbon footprint, and supporting local businesses?
- Calculating the shortest routes for minibuses whilst undertaking community bus transport services on and off the island.

Achievements and performance

a. Review of activities

The Trustees have further updated the business plan for Sheppey Matters, which has been implemented by the CEO and his team and continued during 2024/25. The experience of COVID 19 and the continuing challenges of the cost-of-living crisis have remained a focus for all staff and volunteers.

The 2024/25 year was extremely challenging from a fundraising point of view. The number of successful funding applications made in this year was down on the previous twelve months and is similar to other reported difficulties by charities in securing monies as the number of applicants increases whilst that of funders dwindles through closure, pausing or reducing funding levels.

The charity was pleased to secure financial support from new funders: Access Foundation, Peter Harrison Foundation, Nisa, Swire Charitable Foundation, The Cole Trust, Engaging Kent and the Chalk Cliff Trust.

The board remains grateful for ongoing support from its regular funders. The search for new funders to minimise the reliance of few funders continues and is successfully demonstrated above. The charity continues to build positive relationships with funders, supporters, local authorities, community groups and agencies, without whom Sheppey Matters would not be able to deliver the much-needed support on the Isle of Sheppey.

The charity is grateful for the support of its funders to enable health and well-being work to be undertaken on the Isle of Sheppey; Kent County Council, BBC Children in Need, The Minerva Fund, Kent Community Foundation, Swale Borough Council, The National Lottery Community Fund, Tudor Trust, Garfield Weston Foundation, The Henry Smith Charity, Motability, Kent Sport, UK Cycling, Sheerness Town Council, Minster Parish Council, OFCOM, Enfinium, Access Foundation, Peter Harrison Foundation, Nisa, Swire Charitable Foundation, Chalk Cliff Trust, Medway Voluntary Action, Sports Connect, Cole Trust and Engaging Kent.

The charity's annual Big Bash was once again held in October in the sports hall and attracted over 650 visitors. The event featured over 20 support groups and organisations, all promoting their services to the community. Feedback from these groups was overwhelmingly positive:

Sateda Share Wear: Recorded over 37 interactions with individuals experiencing domestic abuse, who visited to access resources from their clothes project

Trustees' report for the year ended 31 March 2025

Swale Foodbank: Distributed over 100 cookbooks and received substantial food donations, supporting local families in need.

Samuels Charity: Found the event invaluable for raising awareness about their work supporting children and families affected by cancer.

Family-Friendly Activities:

Children enjoyed a variety of attractions, including crowd favourites like the bouncy castle, Creepy Crawlies, and face painting. The local police, represented by PC Alice, provided an engaging experience, allowing children to try on police uniforms and interact with a friendly, familiar face.

Additionally, many children participated in a best-dressed competition, proudly showing off their costumes. Prizes for the competition were provided by our Everyday Active Champion, Julie Calder, who also managed the "Walk-In Wellness Hub." In the Abbey Room wellness hub, services like Cardiac Care, Retrain the Pain support, and "One You" were on hand, offering free health MOTs to the public.

New Additions:

Craft Stalls and Eco-Friendly Workshop

This year, local craft stalls were introduced, which attracted attendees who may not have participated in prior years. The Waterfront Room became a creative hub, featuring a "Make Your Own Halloween Costume & Swap Shop" run by Jade, a Repair Cafe volunteer and art teacher from Leigh Academy, with support from the youth team, Elaine and Sharon. Over 50 people participated, creating cape costumes and learning about eco-friendly practices in a hands-on, inspiring environment.

The Big Bash event successfully achieved its objectives: engaging the community, promoting local services, and providing valuable resources. Attendees enjoyed a well-rounded experience, while support groups and local organisations reached those in need. This positive feedback reflects the impact of the charity's collaborative, inclusive approach and sets a strong foundation for future community events

The major event of the year was the need to vacate the healthy living centre to allow the refurbishment works to be started. This move was completed during January 2025; thanks are due for the hard work, creativity and devotion to the charity and needs of the community shown by staff and volunteers.

The administration part of the charity was accommodated in the nearby Sheerness Gateway (a Kent County Council/Swale Borough Council building). A twelve-month lease was taken on a local shop (funded by Swale Borough Council) allowing a smaller level of delivery by Sheppey Matters and partners' projects. The shop has been a great success, bringing greater exposure to the community in a high street setting. The charity has had to hire other local venues for session delivery.

Trustees' report for the year ended 31 March 2025

The move from the healthy living centre has resulted in a loss of room hire income. This has been partly covered by Swale Borough Council, but the reduced income has resulted in a negative figure in the annual accounts and is shown in the lower level of unrestricted income. At July 2025, the conversation is still ongoing with the council to recover this loss of income. The board and senior management team is also seeking other income streams.

The board is currently agreeing a new lease for the healthy living centre with the council, setting a budget for 2026/27 based on the costs involved for the move back to the healthy living centre, which is expected in June 2026.

Below are further details on the projects.

Well Life

November 2024 marked the conclusion of the final year of funding for the Well Life project. During this last year, the team remained dedicated to engaging the community in activities aimed at supporting wellbeing, belonging, and connection, whether through volunteering or participation in community groups.

The team provided inclusive and accessible sessions, groups, and activities to support a large number of our community since the COVID lockdowns, and the subsequent cost of living crisis.

Activities offered included:

- Walking for health groups
- Adapted Tai Chi
- Walking netball
- Line dancing
- Heart Health and Pain Management groups
- Community cooking
- Lunch club
- Youth cooking sessions
- Community gardening
- Garden Club
- Youth gardening activities
- Sowing and growing
- Gardening for wellbeing

Several groups that were formed during the lifetime of this project have demonstrated sustainability and continued beyond project funding, ensuring that the social connections and friendships formed will live on as a legacy of Well Life.

Safer Streets – Community Gardening

In March 2025, we concluded the funding for the Safer Streets project in collaboration with Swale Borough Council. This initiative aimed to address violence against women and girls, as well as antisocial behaviour, through community gardening and litter picks, enhancing the sense of safety and community in Sheerness.

Trustees' report for the year ended 31 March 2025

After organising 15 monthly community litter picks around Sheerness, the group officially registered with the Wombles Community, leading to the formation of the 'Sheppey Matters Wombles' group. It continues to meet every month and partners with other local organisations to tackle litter issues across the Isle of Sheppey.

Island Youth Voice

The Youth Voice project started in December 2024 and will run for one year, empowering young people to advocate for change regarding youth services on the Island.

It has successfully established a weekly Life Skills group for home-educated children between the ages of 9 and 17. The group is working to develop a guide showcasing the opportunities available to the youth of the Island. This guide is being designed for young people, by young people and will be published online and in booklet form in the Autumn of 2025.

Sheppey Healthy Living Centre

Over the past year, Sheppey Healthy Living Centre (HLC) has continued to serve as a vital community health hub, delivering a wide range of accessible support services, events, and preventative health programmes to improve wellbeing and reduce health inequalities across the Isle of Sheppey.

From April to December 2024, the Centre maintained its role as a daily base for essential health and social care partners. The Forward Trust provided in-person support around substance misuse, working with individuals struggling with alcohol, opioid dependency, and recreational drug use. Alongside this, One You delivered smoking cessation clinics, health MOTs, and weight management support sessions, helping residents take positive steps towards improved physical health.

Ongoing partnership with the Trussell Trust Swale Foodbank continued every Wednesday morning, ensuring access to emergency food parcels. Crucially, this was complemented by wrap-around support from Live Well Kent and Mind, as well as a Pre-Loved School Uniform exchange, providing practical and emotional support to families under pressure.

In addition, HLC provided regular hosting space for key services including Victim Support, the Diabetes Prevention Programme, and various local counselling services, enabling residents to access help discreetly and close to home.

In support of sustainability and upskilling, May 2024 saw the launch of our monthly Repair Café, an increasingly popular initiative encouraging residents to bring along textiles, small household items, and bicycles to be repaired with the guidance of local volunteers. Not only does this reduce landfill, but it also empowers attendees with hands-on skills in basic repairs and maintenance.

The Repair Café aligns with our successful partnership with Cycle Re-Cycle, an innovative scheme in which unwanted bikes are refurbished by inmates from one of the island's three prisons, as part of a vocational skills programme. These upcycled bikes are then sold at community events for just £10, offering affordable transport options while supporting rehabilitation and environmental goals. Sheppey Matters hosted three bike sales during this period—March, June, and August—resulting in the sale of over 140 bicycles.

Trustees' report for the year ended 31 March 2025

The events calendar featured a wide range of public engagement activities designed to promote physical and emotional wellbeing. In May, it hosted Mental Health Awareness Week events including guided beach walks, sound bath sessions, and reflective 'Tea & Talk' spaces. September saw a playful yet purposeful Mad Hatter's Tea Party fundraising event in aid of Macmillan, helping raise both awareness and funds for those affected by cancer. October welcomed the return of the annual Think Pink breast cancer awareness event, in partnership with Medway Hospital's Breast Care Unit. Activities included salsa taster classes, information stalls, and an impactful hands-on session with breast models demonstrating how to detect lumps and abnormalities. A staff member shared the following case study, which exemplifies the real-world impact of our work:

"On the 18th October I attended the Think Pink coffee morning. A breast cancer support worker was demonstrating how to check for lumps, which prompted me to book an appointment with my GP that same day. I was referred to the Medway One-Stop Breast Clinic and after a biopsy, I was relieved to learn the lump was benign. If I hadn't attended that event, I may have continued to ignore it. I'm extremely grateful to Kelly and the team for making support so accessible."

In August 2024, the first-ever Women's Health and Wellness Expo was held, attracting over 100 attendees and drawing a powerful mix of clinical professionals, charities, and local businesses. The event offered sessions and information on breast and gynaecological cancers, domestic abuse, pelvic health, menopause, nutrition, and addiction services. It featured live music, free taster workshops, and guest speakers, and was met with overwhelmingly positive community feedback.

Our annual 'Big Bash' Family Fun Day, held in October half-term, was another resounding success. Welcoming over 650 attendees, the day featured over 20 local services and clubs, a trick-or-treat costume swap, and a pop-up Repair Café, making it a standout highlight in our family engagement calendar.

As the festive season approached, HLC partnered with the Swale Foodbank and the Salvation Army to deliver a 'Giving Tree' initiative, collecting and redistributing over 100 Christmas presents to local children and families in need—ensuring that no child went without at Christmas.

In January 2025, Sheppey Matters exited the HLC building temporarily due to major improvement works funded by the Levelling Up Initiative. While the core building undergoes redevelopment, services have been successfully transitioned into our new temporary hub at 31 Broadway, Sheerness. This smaller but flexible space now houses back-office functions and provides ongoing hosting for essential partners including Forward Trust and One You. The community-facing hub opened on 14th February 2025 with a 'Red Carpet Health Day', which tied into Heart Health Month. The event included free heart health MOTs, a coffee morning, and community information stalls. The day marked a positive turning point in the continuation of Sheppey Matters services despite infrastructure changes.

March 2025 marked the launch of a new Cancer Support Group, a much-needed peer-led initiative offering a safe space for individuals and families affected by cancer. Also welcomed was a Stoma Support Group to our community roster, reflecting an ongoing commitment to inclusive, person-centred support.

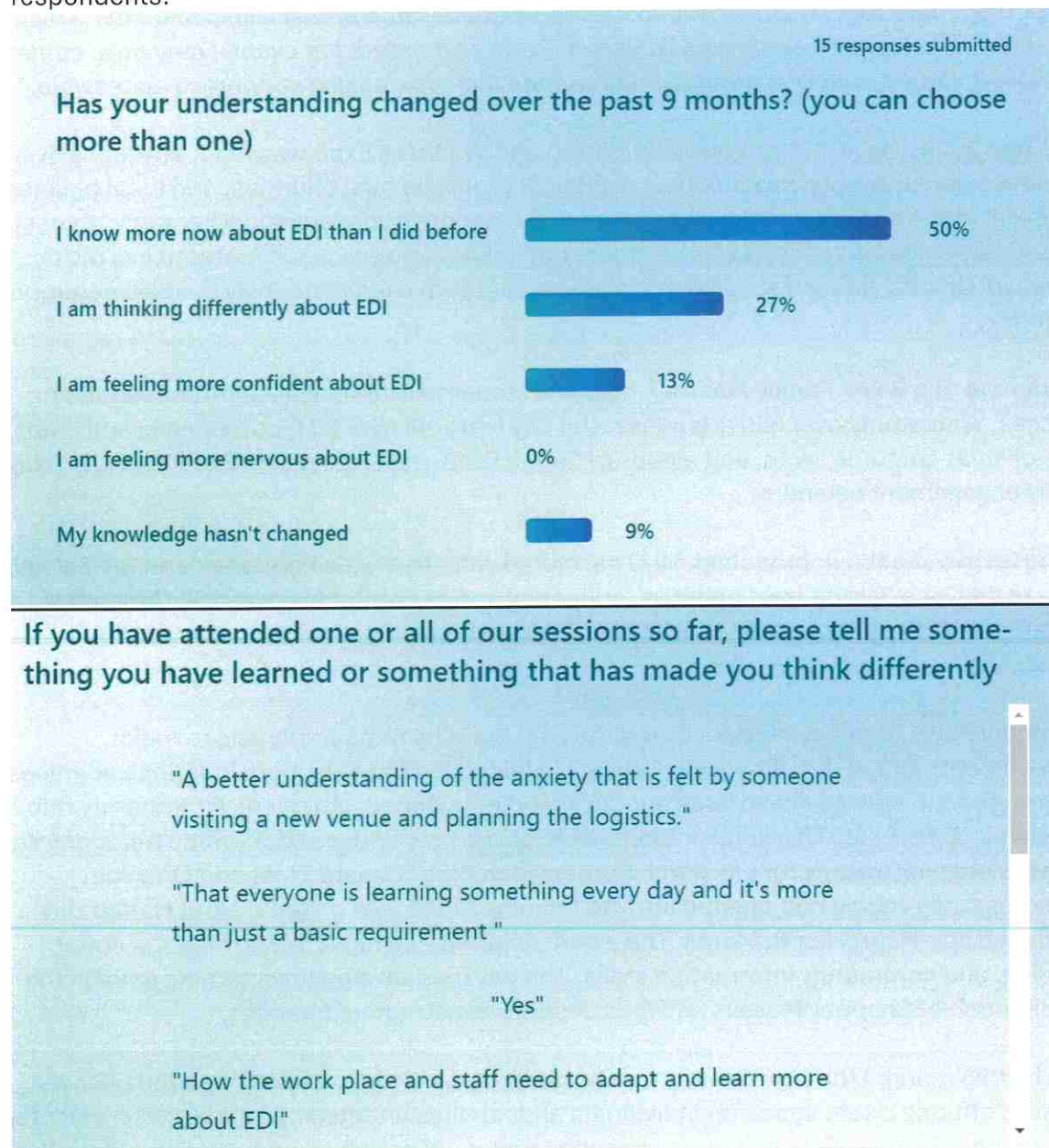
Trustees' report for the year ended 31 March 2025

In summary, the Sheppey Healthy Living Centre continues to adapt, innovate, and respond to the evolving needs of the local community. Despite the challenges of relocation and the national pressures on public health, it has maintained strong impact—evidenced by continued service uptake, new partnerships, and the many stories of lives positively affected. As the charity looks ahead to the reopening of the redeveloped Centre, it remains committed to a vision of a healthier, more connected Sheppey.

Equality, Diversity and Inclusion at Sheppey Matters

In June 2024, a staff session was held to look at other organisations' examples of EDI work to gain inspiration and plan.

In August 2024, colleagues were surveyed their current positions on EDI. We had 15 respondents:



"The evolving use of language is something that has made me more aware of my own terminology."

"Look at social issues from both sides and try to understand changes in society that perhaps aren't easy to understand or recognise "

"The importance of respect for groups and individuals feelings "

"There is no need to feel really nervous about a subject you are learning about about and asking questions is ok "

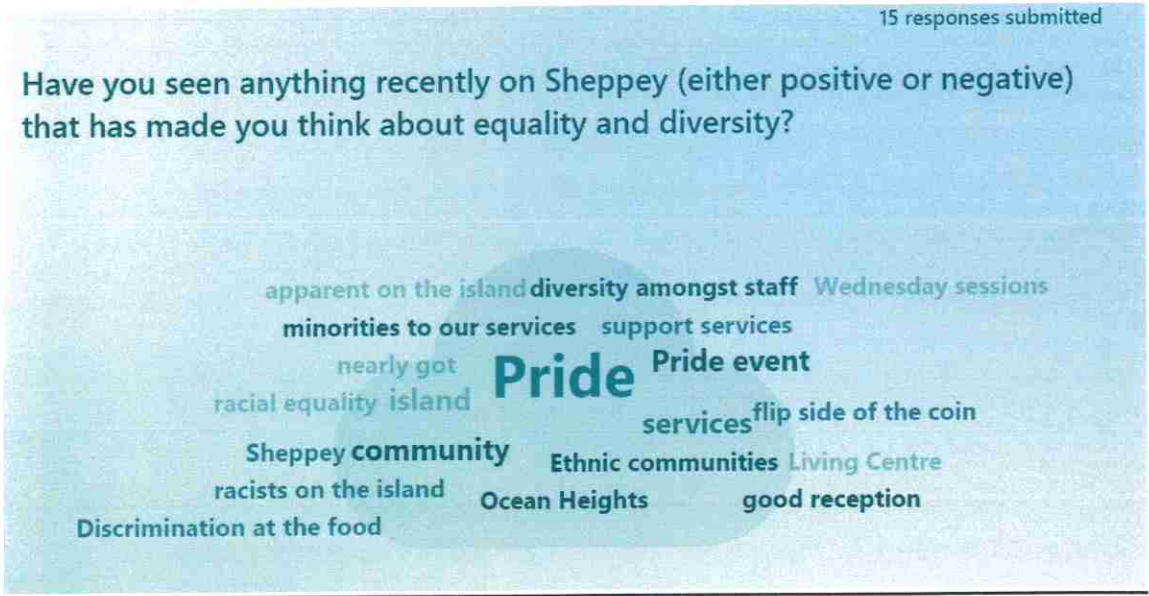
"It surprises me how nervous this subject makes people still. "

"Acronyms"

"Its not enough just to say all welcome when advertising an event. I'm more mindful when organising and advertising after attending the sessions."

What would you say are our 3 main values at Sheppey Matters? What do we stand for? What do we want people to think of when they hear our...





In October and November, a series of working groups was held. Frontline group decided to focus on creating a new set of values for the organisation:



The events group decided to design Accessibility Guides for all the charity’s spaces. It also decided on a “getting to know you” stall at our upcoming annual event, which was very popular:



Trustees' report for the year ended 31 March 2025

The data group focused on how we can capture demographic data from members. It created a “getting to know you” survey, with 103 responses and will evolve with time and more responses to give Sheppey Matters a better understanding. The form can be accessed here: <https://forms.office.com/e/CuMAesDJC3>

From January, the charity finalised and published an Accessibility Guide for all new spaces used for delivery. These provide visitors with information on parking, disabled access, toilet facilities etc.

In February, staff was offered opportunity to take part in Race Equality Week, an initiative run by Race Equality Matters. This was a 5-day event, where staff completed a short activity each day. Staff was very engaged, and feedback was positive.

In late February, there was a “checking in” survey to staff about Race Equality Week and EDI progress in general and a weekly Staff Spotlight, where a different staff member, volunteer or trustee was highlighted on the charity’s social media channels.



I have been with Sheppey FM since before we launched on FM and have been privileged enough to watch them grow and achieve great things. I programme all of our output, take care of the presenters, the schedule and look after the running of the studio. It's a fantastic job made better by a wonderful team that make the dream work. I have been a working DJ on and off for 30 years and am into computers and engineering. I also host breakfast shows and the Club Sheppey Show on Saturday nights. I am a married family man with 4 children, some with profound SEN, so the flexibility of my job is perfect. Sheppey has a unique community togetherness that I've not experienced anywhere else. It's fantastic how so many people rally together as well as hold community events and celebrations. Being part of Sheppey FM and Sheppey Matters means we get to experience that community spirit first hand throughout the year.



I enjoy meeting new families and young people within my role. Within my role, I am privileged to be part of a young person's journey. I see young people grow in confidence and develop new skills which enhance their wellbeing.

I have lived on Sheppey for over 20 years and the beach is my favourite place. I love the freedom of the sand and water in what can be a chaotic lifestyle. The whole family enjoy time at the beach and have created lots of wonderful memories.

When I left school at 18, I toured with a theatre company across the UK, performing on stage using puppets and marionettes. I then went onto to write my own comedy show and perform as a stand up comedian in London.

Grub Hub Schools Partnership Report

Thanks to the continued support of Minster Parish Council, Sheppey Matters has been able to sustain and expand its vital Grub Hub initiative, delivering free, hot, nutritious meals to families most affected by food poverty across the Isle of Sheppey.

Initially operating from the Sheppey Healthy Living Centre alongside the foodbank, the programme transitioned in January 2025 to a more decentralised and community-embedded approach, working directly with:

- Minster Primary School
- Thistle Hill Community Centre
- Rose Street School
- Richmond Primary
- Seashells Children's Centre
- Queenborough Primary School

Each partner site receives 30 freshly prepared meals weekly, empowering them to distribute meals directly to families they identify as most in need.

Trustees' report for the year ended 31 March 2025

These schools are uniquely placed to understand the circumstances of their families much better than Sheppey Matters. From fluctuating income and benefit delays to housing instability and mental health challenges, schools witness the full picture. By entrusting them with the allocation of these meals, the support reaches families who may not traditionally engage with external services, but who are nevertheless in urgent need. This method has improved targeting, reduced stigma, and strengthened trust in the community.

Community Engagement:

- 6 schools/centres actively involved in weekly distribution
- Free school Uniform and additional support services offered alongside meals
- New coffee afternoons launched to increase wider community inclusion

Voices from the Community

“I was able to offer meals to a family in temporary accommodation, a household of 10 fleeing domestic violence, and a mum whose cooker was condemned this week.”

“The children now ask if it’s ‘Dinner Day’. Some parents have started recreating the meals at home — it’s building skills as well as feeding families.”

“On a busy week I know my children will still have a hot meal. Honestly, I appreciate this service so much.”

“It’s like a weekly treat — a bit like a takeaway, but healthier and more helpful.”

Outcomes

- ✓ Reduced Pressure on Household Budgets
- ✓ Improved Nutrition for Children
- ✓ Strengthened Community Ties
- ✓ Increased Engagement with ‘Harder to Reach’ Families
- ✓ Decreased Risk of Crisis through Preventative Support

Challenges & Observations

- Reports of youth antisocial behaviour on the estate underscores the need for positive community-based engagement.
- Families are often facing trade-offs between eating or heating, and other essentials.
- There is a clear demand for meal diversity (e.g. vegan and halal options), and for broader promotion of the service.

Looking Forward

This project continues to adapt to meet the needs of a changing community. Unfortunately, the funding comes to an end at the end of July 2025; without further funding, this project will stop.

However, if ongoing support is a success, the project aims to:

- Expand meal distribution capacity
- Increase culturally appropriate meal options
- Broaden reach through school and social media campaigns
- Use food provision as a gateway into wider support services

Trustees' report for the year ended 31 March 2025

Project's Gratitude

This impactful initiative would not be possible without the unwavering support of Minster Parish Council and Sheerness East Working Men's Club. Their commitment has directly improved the lives of local families and helped bring warmth, nourishment, and dignity to households across Sheppey.

Inspire Me

Inspire Me is progressing in a positive manner. Over the last year the beneficiary list has grown continually. Regular groups have been a great resource to introduce new members to finding their new or resumed hobbies and new companions. As members ages range so widely, from 16 to 59 and poor mental health has been a large theme throughout many of their journeys, some of the beneficiaries have needed more time and encouragement than had at first been anticipated.

A group for younger and neuro diverse members, giving them the opportunity to share board games and conversation has a strong following. Along with an evening menopause support group, where encouragement had been given to direct women (and men) to get better access to health care. Craft sessions were enjoyed with a variety of activities, whilst the team also used this time to meet with new people at the shop. There is a very busy "not sew alone" group at Eastchurch for clients that struggle with time alone in the evenings, offering companionship and support with individual projects. There are other regular sessions at number 31, as well as Leysdown, Thistle Hill and Eastchurch.

The project has supported and attended events at the local breast-feeding group, nature reserve, sea allotment, repair cafe, D Day celebrations, Women's health event and created over 100 breast cancer support cushions and drain bags. Throughout this year the team has strived to offer innovative and creative activities that bring people together and offer them an opportunity to help themselves and others to better wellbeing and connection.'



Trustees' report for the year ended 31 March 2025



Physical & Mental Health Project

Over the last year the walking for health group has steadily grown, having around 130 people attending the walks every month. The demographics of this group are people over the age of 50 and have health condition(s), widowed or living in isolation.

Jenny who is 82 and is a widow said, "I make sure I attend the walking group every week as this is the only time I ever walk outdoors. It is not very motivating to go walking on your own, and I love going for a coffee afterward."

Regular walks are supplemented by longer and shorter walks in other local beauty spots, including Milton Creek and Elmley Nature Reserve, where the group was interviewed by BBC Radio Kent.

In the last 6 months the walking 'whatsapp' group has expanded to a social whatsapp group where people suggest and arrange social activity events outside of the walking group. This has included a visit to Queenborough Bowls, line dancing and a meal over Easter at a local venue. Many of the walkers would normally spend Easter weekend alone; 19 that attended the meal and exchanged easter eggs.

Retrain the Pain, which was set up in January 2024, now has a regular attendance of around 25 – 30 people each month. It covers different topics and activities each month, including Yoga, Qi

Gong (adapted Tai Chi), Sound & Vibration Therapy, and educational workshops on distraction & nerve pain. Through these educational meeting participants have learnt to understand how much movement can not only improve their condition but also their mental wellbeing.

The session is also a safe space where they can share how they are feeling with their peers and in turn feel supported. Many feel that family and friends do not understand what they are going through and feel quite lonely, even if they have partners and family.

Qi Gong (adapted Tai Chi) has become a regular event that Sheppey Matters provides for free around the island in different locations using a local volunteer instructor.

During the winter months the Everyday Active for Health strand saw quieter times but outdoor in local parks and beauty spots there are 20 – 25 people regularly attending.

The Sheppey Community Cycling club secured further funding from Cycle UK and has trained up four new leaders this year. They have a regular attendance of around eight beginners every other week when they run their sessions.

Trustees' report for the year ended 31 March 2025

New partner groups have included Parkinson UK and an Ostomy group; both communities are very under-represented group on the island. They have little to no support locally to help manage or improve their conditions. This has included a physical activity session for those on the Island living with Parkinsons, whilst support is being given to finding a replacement instructor in Sittingbourne. The project is working with the Ostomy group to help break-down barriers locally, many have been penalised in local venues due to unseen disabilities and find being outside and socialising a huge barrier.

Legacy

Legacy was created as a dedicated response to the deepening issue of isolation and loneliness in older adults (60+) across the Isle of Sheppey. Launched in early 2024, Legacy swiftly became a lifeline for the over 60s community, championing dignity, inclusion, and resilience. Through a blend of tailored one-to-one support, group activities, outreach, and innovative partnerships, Legacy reached some of the most vulnerable individuals on the Isle of Sheppey, helping to rebuild confidence, develop and nurture new friendships, and provide practical and emotional support.

Our Foundations

From its inception, Legacy focused on building resilient partnerships within the voluntary and statutory sectors. Learning from previous projects, it ensured the right people were around the table from the start, creating a joined-up, community-first approach. These strategic connections unlocked shared resources, best practices, funding pathways, and volunteer recruitment opportunities, which laid the foundation for sustainable delivery and long-term impact.

Project Launch & Continual Development

April 2024 saw the official launch of Legacy with a stakeholder showcase event. This brought together professionals and potential service users to introduce the project's offer, explore referral routes, and encourage collaborative working. The programme provides:

- One-to-one tailored support for individuals aged 60+
- Evening and weekend activities to bridge isolation gaps
- Outreach across Sheppey, particularly to harder-to-reach areas

The first evening activity, the community-led card group "Whist," quickly proved popular and was followed by a series of creative and inclusive sessions: succulent planting, coffee mornings, men's mental health groups, befriending, fitness sessions, and digital inclusion workshops to name just a few.

Trustees' report for the year ended 31 March 2025

Key Activities & Engagement

Legacy was designed around lived experience and engagement with our people. Highlights of the year included:

- **Digital Literacy Workshops** – Providing tablets and training, including anti-scams education
- **Resilience Sessions** – Helping participants create healthy boundaries and rebuild self-worth
- **Intergenerational Events** – Partnering with primary and secondary schools to deliver intergenerational cooking sessions with our community chef.
- **Creative Arts & Gardening** – Therapeutic outlets for expression and memory-sharing, utilising a beach hut in Leysdown and other venues and spaces that encouraged a freedom of expression.
- **Bereavement & Emotional Support** – Safe spaces for grief and sessions in gentle boundary making and resilience workshops.
- **Falls Prevention & Health Support** – Reducing hospital admissions and increasing mobility working alongside the everyday active leader to support those with ongoing health conditions that needed a little extra support with mobility.
- **Legacy Lounge (Oct 2024)** – An intergenerational story-sharing event with HM Prison staff and Legacy participants – sharing stories and memories of the past. Creating a space for conversation and storytelling.

Partnerships and Referrals

Legacy's success owes much to its partnerships, including: - Age UK - Kent Community Wardens - Kent Fire & Rescue Service - GP Surgeries & NHS Health Trainers - Imago, Southern Housing, Salvation Army - DWP & local prisons

Through these collaborations, participants were linked to vital support services including Staying Put, Safe & Well visits, and adult safeguarding support.

Outcomes & Participant Impact

Legacy helped older adults reconnect with community life. Many participants began a journey from chronic loneliness to thriving engagement. Highlighted outcomes include: -

- Over 150 individual participants supported –
- 40+ group sessions held across various settings/activities etc.
- New friendships formed that continue outside of sessions
- Support for cancer patients, COPD sufferers, mobility-restricted individuals, and those navigating bereavement –
- A unique befriending support, even reaching bed-bound clients, with a super active WhatsApp group for digitally able clients to stay connected and informed.

Trustees' report for the year ended 31 March 2025

"This is the only visit I look forward to all week. Without Legacy, I wouldn't speak to another soul." A Client supported through a volunteer befriending scheme

Challenges & Adapting

Some outreach in Queenborough, Rushenden, Leysdown, and Warden Bay struggled with low attendance. Rather than persist with ineffective models, the approach was quickly adapted by gathering community feedback, discontinuing underperforming groups, integrating with existing coffee mornings and shifting focus to more interactive, creative, and responsive activities

Accessibility

Transport on Sheppey remains a barrier, particularly for older adults. Legacy strategically placed sessions in locations accessible by foot, mobility scooter, or with volunteer transport assistance. Key hubs included: - Healthy Living Centre (Sheerness) - Minster Parish Hall - Tuesday Church Coffee Morning (Minster) - Pop-up events across central and eastern Sheppey. The project also teamed up with a sister project 'Miles and Smiles' to encourage their passengers to join in with some of the social activities.

Community Voice

Participants played a central role in shaping the project. Activities were organised and created with residents in mind, often liaising with them and listening to vital feedback given about what they wanted to do and see. The charity celebrated their journeys and achievements through: -

- Day trips to local sites
- Numerous social events - breakfast meetups and quizzes, evenings out etc.

"I came for a coffee morning. I left with a whole new set of friends." – Legacy participant

Conclusion

In just one year, Legacy has built a resilient foundation to support Sheppey's older population. It has helped individuals find their voice, regain purpose, and reconnect with their community. By placing compassion, flexibility, and inclusivity at the heart of its work, it has created a project that truly honours the people it serves.

As we move into our second year, our vision remains clear: to expand outreach, increase volunteer capacity, and develop a replicable model of community resilience that can be shared with others.

Young People Matter

The project has provided 156 sessions, reaching out to 117 young people, giving a total of over 1194 attendances during the year.

Trustees' report for the year ended 31 March 2025

Sessions included

Monday – Art Squad, Youth Club

Tuesday – Home Educated Club

Friday – ADHD special needs club

There have been some great successes with holiday activities, supporting young people to enjoy paintballing, forest school, cooking sessions, wildwood, and mini-Olympics. Feedback is always sought from young people to share any ideas for future sessions, especially to co-design these summer activities.

Parents feedback indicated that activities and services are meeting the needs of the family. Many young people have flourished over the last year and grown in confidence, with two sufficiently confident to apply for college to undertake public services and photography. Many young people have engaged in activities they have never tried before by inviting guests to their sessions. They all enjoyed Trofit (physical fitness sessions) joining the youth club one evening and taking them through a variety of exercises. However, the club does still struggle to attract new members. This could be because there is no personal care or 1:1 care offered, parents may not be able to take them to sessions, whilst many young people find staying at home more engaging with technology. This has been an ongoing concern since Covid.

The project continues to find new and fresh ways of engaging with the youth on Sheppey to ensure they have every opportunity to meet their full potential.

Miles and Smiles



The new financial year for Miles and Smiles began with project management changes. With this came creative approaches for gaining new membership, such as liaising with community groups, and offering group hires to disabled community groups. With this new approach membership increased very quickly, Miles and Smiles ended its year two of funding 20% above its target numbers for membership.

In the summer of 2024, a video walk through of the bus was created showcasing the minibus and its accessibility, which was used in meeting new groups and on the Sheppey Matters social media. It was a very widely shared video and attracted enquiries about our service.

Trustees' report for the year ended 31 March 2025

One driver resigned and another recruited during the autumn, completing all the necessary training in the Christmas/ New Year period. This year has been very successful, and is demonstrated in the membership numbers as seen below:

- 93% reported improved physical and mental wellbeing
- 93% had increased ability to reach places they couldn't before
- 89% have improved confidence
- 94% are satisfied with our service.



Sheppey Wheels



Following the difficulties of the previous year the first quarter of 2024 started off very well, recommencing the contract with Blackburn Lodge/Kent County Council alongside the contract with Age UK. During the year Sheppey Wheels had 1997 seats filled on day trips, 386 bookings with Age UK and Blackburn Lodge, 78 private hires, 14 school weeks of bookings with Halfway Houses and 26 school weeks of bookings with Queenborough School

The majority of the day trips this year were sold out, or close to. The two brochures produced in this period were very well received and created a large influx of contact to Sheppey Matters, both in person and via the phones. On both occasions additional support from other projects was required to ensure all the bookings went smoothly.

The difficulties experienced in this period were largely the result of maintenance on the ageing fleet. At the end of the financial period funding was secured for a new minibus, which will replace the oldest minibus which is now 12 years old.

Trustees' report for the year ended 31 March 2025



Feedback from our passengers and hirers:
'Excellent service the other day to Hempstead Valley, the driver was a lovely lady and went above and beyond'

'Thank you for the excellent job the driver did on Saturday transporting our volunteers to Rochester, they had a wonderful day.'

Sheppey Community Media Centre/Sheppey FM

The project has successfully provided 38 work experience placements to schools across Swale: Borden Grammar, Leigh Academy, East Kent College, Westlands, Fulston Manor, the Sittingbourne School, Mid-Kent College and for SEN schools: Meadowfields and Elmley Dray. Students showed a marked increase in confidence, self-esteem and pride in their achievements, and the schools have sent glowing reports to the station.

The youth training programme continues to thrive and has had 23 young people participate, with currently 15 remaining on the Youth Radio show, 9 of whom are special educational needs. The students have progressed to researching and creating their own podcasts, based on improving the environment, and have recently branched out into local journalism. Under the 'Princess Royal Training Award, the station continues to provide Arts Awards accredited qualification, with three students progressing to a gold award (the equivalent of 2 A-levels).

The station's roadshow attended 52 community events supporting Swale Police, charity fundraisers for CRUK, MSAS (men's sexual assault support) and many schools' fun days, whilst also partnering with Sheerness Town Council to attend their St George's Day and Remembrance

Sheppey FM features regular spots with a local PCSO, highlighting and updating residents on issues of concern. There is also a monthly 'Councillors On-Air' show, where Borough and Parish councillors can communicate and talk about their achievements and challenges in the community. People can send in their questions for the councillors to follow up on.

A new project is 'Music in Mind' which uses the power of music to reach people suffering from dementia or Alzheimer's, visiting residents at a local care home and play their music requests, whilst engaging them in conversation. The results have been heartwarming, with seniors in their 80s responding with smiles, singing, armchair-dancing and, with the influence of music, recalling their happiest memories.

There has been an ongoing plethora of guests in the studio highlighting and informing people about health concerns: Bowel Cancer Support, Menopause support, Breast Cancer Awareness, Dementia Awareness and MSAS. There have been appeals for two of our local children's centres: Wiggles Playgroup and Seashells Family & Children's Centre. Further guests included representatives from Mencap, Air Ambulance, Age UK, Salvation Army, CRUK, Marie Curie's '100-mile challenge', RNLI, School Therapy Dogs, and local artists and authors. There was also had an impromptu visit from the Kent Police & Crime Commissioner.

Trustees' report for the year ended 31 March 2025

IT support

Over the past year at Sheppey Matters, there have been two weekly digital drop-in sessions, mainly supporting older members of the community with digital inclusion. This includes helping people with IT-related subjects such as using email, setting up and managing accounts, creating passwords, and understanding how to stay safe online.

There has also been greater day-to-day IT support across the organisation—setting up new laptops, sorting out printer issues, helping staff with general tech problems and managing the charity's social media accounts, keeping them updated with the latest news and events. Other areas of support have included photography, editing, planning, and digital support where needed.

Structure, governance, and management.

a. Constitution

The Charity is constituted under a Charity Commission Scheme and is a registered charity number 1102847. Sheppey Matters is a charitable company limited by guarantee, incorporated in March 2000, and registered as a charity in March 2004.

b. Methods of appointment or election of Trustees

The management of the Charity is the responsibility of the Trustees who are elected or co-opted under the terms of the Trust Deed. The current policy of the trustees is to recruit new trustees from local groups, agencies, or individuals on the Isle of Sheppey.

c. Pay policy for key management personnel.

The policy is in line with similar charities in the local area.

The pay policy for the charity is set by the board of trustees on an annual basis for all employees and key management personnel and takes into account the existing inflation levels, any minimum wage increase allowed by the government, local pay levels for similar work, and the funds available to make an informed and realistic pay offer.

Any award is 'across the board' to all staff (aside any increases for minimum wage).

d. Risk management

The Trustees have assessed the major risks to which the Charity is exposed and are satisfied that systems and procedures are in place to mitigate exposure to the major risks.

Trustees' report for the year ended 31 March 2025

The Trustees have considered what they believe to be the main risks the Charity is facing. These are deemed to be as follows:

1. Reliance on one or few funders – the Charity has expanded its funder base to ensure the potential loss of one funder has a minimal effect (or as minimal as possible). The current wide range of funders is demonstrated earlier in this report.
2. Loss of key staff; staff are kept engaged and are valued by the Charity. It recognises that losing a staff member at the end of a period of funding can be detrimental to the Charity as skills are lost, so the Charity always endeavours to keep staff even if in a different role. It cannot afford to lose years of training and investment in a staff member.
3. Cost of living crisis has challenged and stretched the charity to deliver services to the community, with little opportunity for the staff and volunteers to recover from the pandemic before being faced with the next round of issues and concerns.
4. Loss of public support; the Charity has worked hard over the years to establish itself a good name and high level of support from all areas of the local community. It regularly checks media and social media for adverse comments and keeps a close and strong relationship with residents, businesses, other charities, and community groups plus those in authority and influential positions (councillors, council leaders etc.). The charity was delighted to be awarded Queens Award for Voluntary Services – the MBE for voluntary groups and the Princess Royal Training Award.
5. The move from the healthy living centre (as reported above) has resulted in some financial loss from room hire, which is a staple income for the charity. The return to the healthy living centre will also incur additional costs, which are being discussed and funding sought over the next twelve months, with a return predicted in June 2026.

e. Plans for future periods

The Trustees will continue to support the objectives of the Charity for the foreseeable future. The board of trustees has continually expressed its confidence in the charity's delivery to the Sheppey community and full confidence in the ability and skills of the staff and volunteers to ensure this happens.

The board will continue to seek new and different funding streams during 2025/26 to strengthen the charity's financial position as the cost-of-living crisis has increased the number of funding applications to grant providers, making success harder.

f. Reserves policy

The charity holds reserves for three separate areas.

- Restricted funds
- Unrestricted funds
- Designated funds

Trustees' report for the year ended 31 March 2025

The charity receives a mix of income throughout the year which sits in the restricted or unrestricted streams. The charity expends monies to support its projects and administrative work in the normal course of events. At the year's end, it may still hold monies that for restricted services are still within the project's period of delivery (which may not always be a financial year) along with unrestricted incomes.

Restricted funds are from grants and other monies so designated by the board of trustees as restricted. These funds are granted at varying times throughout the financial year and may crossover one or two financial years and are shown as carry-over in the annual accounts. The amount per project may differ from budget against actual as project delivery can vary during a twelve-month period.

Unrestricted funds are earned from the charity's own unfunded activities such as room hire which form the basis of the charity's annual budgeting process.

Designated funds are for specific reasons.

The total reserves at the period end were £390,463 of which £323,405 were restricted funds leaving £67,058 available for general purposes of the charity. The reduced level of unrestricted funds is due to the loss of income from room hire due to leaving the HLC in January 2025.

The reserves policy has been designed to ensure that the charity has an adequate basis to continue operating for the foreseeable future –

- Unexpected demand for funds due to an emergency or unforeseen bills.
- Additional day-to-day operational costs such as temporary staff.
- Loss of an expected or regular source of funding such as a grant or donation. Use of reserves can help buy the time required to seek an alternative source.
- Reserves may be used to supplement a grant or other source of income that does not cover the total cost of the project or capital expenditure or as a bridging fund should a project be required to start before a grant is received.

The board of trustees seeks to hold a minimum of four months' funds at any time, being around £85,000.00 so that -

- In the event of any unexpected shortfall in income there is a reasonable amount of time available to seek alternative monies. The charity does have a wide and varied list of funders, so a loss of one funder may have an adverse effect on a project, but not necessarily the whole charity.
- Have funds available for any unexpected expenditure.
- An amount might be needed to cover 'troughs' in the cash budget.
- Money allocated for a specific event, such as redundancy.

In the Trustees' view, the charity's reserves should provide it with adequate financial stability and the means for it to meet its charitable objectives for the foreseeable future.

Trustees' report for the year ended 31 March 2025

As at the year end, the charity's unrestricted reserves stood at £67,058, which is below the reserves policy as set. The 2024/25 year saw a slow down in room bookings (a usually solid basis for the core costs budget) from November 24 due to the uncertainty of a move-out date from the healthy living centre to allow the commencement of the centre's refurbishment. The move from the centre eventually happened in January 2025. Some of the lost income was met by Swale Borough Council, but the additional costs incurred by the charity to facilitate the move, redecorate an alternative venue and hire external meeting rooms was an unbudgeted figure and is reflected in the main account and reserves.

The board is aware of this shortfall and is working with the senior management team to increase unrestricted income and boost the reserves to the desired level of £85,000.00. However, fundraising for restricted and unrestricted monies has become increasingly challenging during this year and is expected to be the same in 2025/26. Additional resources will be applied to this function to successfully secure further income.

g. Financial review

Income for the year amounted to £682,408 (2024: £579,334). Expenditure amounted to £682,558 (2024: £632,151). As a result, the charity generated a deficit of £150 (2024: deficit of £52,817). As at year end, the charity's total reserves amounted to £390,463 (2024: £390,613).

The financial year has been challenging for the charity, but not unexpected given the worldwide, national and local issues affecting the overall cost of living, which has impacted on expenditure. Consequently, the charity has shown a small deficit for the 2025 financial year.

The ongoing search for grants has become a bigger challenge with more charities seeking funding from a shrinking number of trusts, some of which are reducing monies available, temporarily ceasing rounds or closing completely. The board's decision to expand the number of funders rather than rely on a few has further helped the charity over the last three years.

h. Funds held as custodian trustees on behalf of others.

The charity has, during this financial year, held monies on behalf of the following community groups –

- Sheppey ADHD
- Eastchurch Allotments and Conservation Group

The charity maintains a normal accountancy trail of the financial transactions carried out on the behalf of either group.

Trustees' report for the year ended 31 March 2025

Statement of Trustees' responsibilities

The Trustees (who are also the directors of the Charity for the purposes of company law) are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year. Under company law, the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the Charity and of its income and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently.
- observe the methods and principles of the Charities SORP (FRS 102)
- make judgments and accounting estimates that are reasonable and prudent.
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements.
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the Charity's transactions and disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the members of the board of Trustees on *10/11/2025* and signed on their behalf by:

Michael John Brown

Trustee



Sheppey Matters
(A company limited by guarantee)

**Independent examiner's report
for the year ended 31 March 2025**

Independent examiner's report to the Trustees of Sheppey Matters ('the Charity')

I report to the charity Trustees on my examination of the accounts of the Charity for the year ended 31 March 2025.

Responsibilities and basis of report

As the Trustees of the Charity (and its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the Charity's accounts carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the Charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Association of Certified Chartered Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Charity as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

This report is made solely to the Charity's Trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. My work has been undertaken so that I might state to the Charity's Trustees those matters I am required to state to them in an Independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Charity and the Charity's Trustees as a body, for my work or for this report.

Signed: *S M Rouse*
Samantha Rouse

Dated: 10 November 2025
FCCA DChA

Kreston Reeves LLP
Chartered Accountants
Maritime Place
Quayside
Chatham Maritime
Chatham
Kent
ME4 4QZ

Sheppey Matters
(A company limited by guarantee)

Statement of financial activities (incorporating income and expenditure account)
for the year ended 31 March 2025

	Note	Unrestricted funds 2025 £	Restricted funds 2025 £	Total funds 2025 £	Total funds 2024 £
Income from:					
Donations and legacies	4	3,247	535,087	538,334	416,824
Charitable activities	5	44,991	93,431	138,422	158,750
Investments	6	5,652	-	5,652	3,691
Other income	7	-	-	-	69
Total income		53,890	628,518	682,408	579,334
Expenditure on:					
Charitable activities	8	72,923	609,635	682,558	632,151
Total expenditure		72,923	609,635	682,558	632,151
Net movement in funds		(19,033)	18,883	(150)	(52,817)
Reconciliation of funds:					
Total funds brought forward		86,091	304,522	390,613	443,430
Net movement in funds		(19,033)	18,883	(150)	(52,817)
Total funds carried forward		67,058	323,405	390,463	390,613

The Statement of financial activities includes all gains and losses recognised in the year.

The notes on pages 30 to 42 form part of these financial statements.

Sheppey Matters
(A company limited by guarantee)
Registered number: 03946296

Balance sheet
as at 31 March 2025

	Note	2025 £	2024 £
Fixed assets			
Tangible assets	11	31,981	48,401
Current assets			
Debtors	12	14,147	32,818
Cash at bank and in hand		369,744	341,247
		<u>383,891</u>	<u>374,065</u>
Current liabilities			
Creditors: amounts falling due within one year	13	(25,409)	(31,853)
Net current assets		<u>358,482</u>	<u>342,212</u>
Total net assets		<u><u>390,463</u></u>	<u><u>390,613</u></u>
Charity funds			
Restricted funds	14	323,405	304,522
Unrestricted funds	14	67,058	86,091
Total funds		<u><u>390,463</u></u>	<u><u>390,613</u></u>

The Charity was entitled to exemption from audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit for the year in question in accordance with section 476 of Companies Act 2006.

The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to entities subject to the small companies regime.

The financial statements were approved and authorised for issue by the Trustees and signed on their behalf by:

Michael John Brown

Trustee

Date: 10/11/2025

The notes on pages 30 to 42 form part of these financial statements.

Sheppey Matters
(A company limited by guarantee)

Statement of cash flows
for the year ended 31 March 2025

	2025 £	2024 £
Cash flows from operating activities		
Net cash used in operating activities (note 16)	22,845	(49,560)
Cash flows from investing activities		
Dividends, interests and rents from investments	5,652	3,433
Purchase of tangible fixed assets	-	(4,674)
Net cash provided by/(used in) investing activities	5,652	(1,241)
Cash flows from financing activities		
Net cash provided by financing activities	-	-
Change in cash and cash equivalents in the year	28,497	(50,801)
Cash and cash equivalents at the beginning of the year	341,247	392,048
Cash and cash equivalents at the end of the year (note 17)	369,744	341,247

The notes on pages 30 to 42 form part of these financial statements

Sheppey Matters
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2025

1. General information

Sheppey Matters is a charitable company limited by guarantee incorporated in England and Wales. The registered office is Sheppey Leisure Centre, Broadway, Sheerness, Kent, ME12 1HH. The principal activities of the Charity are as set out in the Trustees' Report.

2. Accounting policies

2.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Sheppey Matters meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

The accounts are presented in round sterling.

2.2 Company status

The Charity is a company limited by guarantee. The members of the Charity are the Trustees named on page 1. In the event of the Charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the Charity.

2.3 Going concern

The Trustees assess whether the use of going concern is appropriate i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the Charity to continue as a going concern. The Trustees make this assessment in respect of a period of at least one year from the date of authorisation for issue of the financial statements and have concluded that the Charity has adequate resources to continue in operational existence for the foreseeable future and there are no material uncertainties about the Charity's ability to continue as a going concern, thus they continue to adopt the going concern basis of accounting in preparing the financial statements.

2.4 Income

All income is recognised once the Charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Grants are included in the Statement of financial activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the Balance sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

Sheppey Matters
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2025

2. Accounting policies (continued)

2.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the Charity's objectives, as well as any associated support costs.

All expenditure is inclusive of irrecoverable VAT.

2.6 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the Charity; this is normally upon notification of the interest paid or payable by the institution with whom the funds are deposited.

2.7 Taxation

The Charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the Charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

2.8 Tangible fixed assets and depreciation

Tangible fixed assets costing £2,000 or more are capitalised and recognised when future economic benefits are probable and the cost or value of the asset can be measured reliably.

Tangible fixed assets are initially recognised at cost. After recognition, under the cost model, tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. All costs incurred to bring a tangible fixed asset into its intended working condition should be included in the measurement of cost.

At each reporting date the Charity assesses whether there is any indication of impairment. If such indication exists, the recoverable amount of the asset is determined to be the higher of its fair value less costs to sell and its value in use. An impairment loss is recognised where the carrying amount exceeds the recoverable amount.

Depreciation is charged so as to allocate the cost of tangible fixed assets less their residual value over their estimated useful lives on the following bases:

Motor vehicles	- 5 years straight line
Fixtures and fittings	- 5 years straight line

2.9 Debtors

Trade and other debtors are recognised at the settlement amount. Prepayments are valued at the amount prepaid.

Sheppey Matters
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2025

2. Accounting policies (continued)

2.10 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

2.11 Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the Charity anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised in the Statement of financial activities as a finance cost.

2.12 Financial instruments

The Charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

2.13 Pensions

The Charity operates a defined contribution pension scheme and the pension charge represents the amounts payable by the Charity to the fund in respect of the year.

2.14 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Charity for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Notes to the financial statements
for the year ended 31 March 2025

3. Critical accounting estimates and areas of judgement

Estimates and judgements are continually evaluated and are based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Critical accounting estimates and assumptions:

The Charity makes estimates and assumptions concerning the future. The resulting accounting estimates and assumptions will, by definition, seldom equal the related actual results. The estimates and assumptions that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year are discussed below.

Tangible fixed assets

The Charity has recognised tangible fixed assets with a carrying value of £32,380 at the reporting date (see note 11). These assets are stated at their cost less provision for depreciation and impairment. The Charity's accounting policy sets out the approach to calculating depreciation for immaterial assets acquired. For material assets the Charity determines at acquisition reliable estimates for the useful life of the asset, its residual value and decommissioning costs. These estimates are based upon such factors as the expected use of the acquired asset and market conditions. At subsequent reporting dates the Trustees consider whether there are any factors such as technological advancements or changes in market conditions that indicate a need to reconsider the estimates used.

Where there are indicators that the carrying value of tangible assets may be impaired the Charity undertakes tests to determine the recoverable amount of assets. These tests require estimates of the fair value of assets less cost to sell and of their value in use. Wherever possible the estimate of the fair value of assets is based upon observable market prices less incremental cost for disposing of the asset. The value in use calculation is based upon a discounted cash flow model, based upon the Charity's forecasts for the foreseeable future which do not include any restructuring activities that the Charity is not yet committed to or significant future investments that will enhance the asset's performance. The recoverable amount is most sensitive to the discount rate used for the discounted cash flow model as well expected future cash flows and the growth rate used for extrapolation purposes.

Critical areas of judgement:

Lease commitments

The Charity has entered into a range of lease commitments in respect of plant and equipment. The classification of these leases as either financial or operating leases requires the Trustees to consider whether the terms and conditions of each lease are such that the Charity has acquired the risks and rewards associated with the ownership of the underlying assets.

Sheppey Matters
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2025

4. Income from donations and legacies

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total funds 2025 £	Total funds 2024 £
Donations	2,946	10,070	13,016	16,700
Grants	301	525,017	525,318	400,124
	<u>3,247</u>	<u>535,087</u>	<u>538,334</u>	<u>416,824</u>
	<u>4,922</u>	<u>411,902</u>	<u>416,824</u>	
Total 2024				

5. Income from charitable activities

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total funds 2025 £	Total funds 2024 £
Charitable activities, see note 22	44,991	93,431	138,422	158,750
	<u>47,831</u>	<u>110,919</u>	<u>158,750</u>	
Total 2024				

6. Investment income

	Unrestricted funds 2025 £	Total funds 2025 £	Total funds 2024 £
Bank interest receivable	5,652	5,652	3,433
Investment income	-	-	258
	<u>5,652</u>	<u>5,652</u>	<u>3,691</u>
	<u>3,691</u>	<u>3,691</u>	
Total 2024			

Sheppey Matters
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2025

7. Other incoming resources

	Unrestricted funds 2025 £	Total funds 2025 £	Total funds 2024 £
Other income	-	-	69
	<u> </u>	<u> </u>	<u> </u>
Total 2024	<u> </u> 69	<u> </u> 69	

8. Analysis of expenditure by activities

	Direct costs 2025 £	Support costs 2025 £	Total funds 2025 £	Total funds 2024 £
Charitable activities (see Note 22)	678,590	3,968	682,558	632,151
	<u> </u>	<u> </u>	<u> </u>	<u> </u>
Total 2024	<u> </u> 627,481	<u> </u> 4,670	<u> </u> 632,151	

9. Staff costs

	2025 £	2024 £
Wages and salaries	428,622	382,477
Social security costs	21,062	18,543
Pension costs	8,653	8,247
	<u> </u>	<u> </u>
	<u> </u> 458,337	<u> </u> 409,267

The average number of persons employed by the Charity during the year was as follows:

	2025 No.	2024 No.
Employees	<u> </u> 31	<u> </u> 28

Sheppey Matters
(A company limited by guarantee)

**Notes to the financial statements
for the year ended 31 March 2025**

9. Staff costs (continued)

The average headcount expressed as full-time equivalents was:

	2025	2024
	No.	No.
FTE equivalent employees	16	16

No employee received remuneration amounting to more than £60,000 in either year.

During the year the Charity's key management personnel received remuneration and benefits, including employer's national insurance contributions, amounting to £84,474 (2024: £86,395).

10. Trustees' remuneration and expenses

During the year, no Trustees received any remuneration or other benefits (2024 - £NIL).

During the year ended 31 March 2025, no Trustee expenses have been incurred (2024 - £NIL).

11. Tangible fixed assets

	Motor vehicles £	Fixtures and fittings £	Total £
Cost or valuation			
At 1 April 2024	135,225	61,371	196,596
At 31 March 2025	<u>135,225</u>	<u>61,371</u>	<u>196,596</u>
Depreciation			
At 1 April 2024	94,332	53,863	148,195
Charge for the year	13,631	2,789	16,420
At 31 March 2025	<u>107,963</u>	<u>56,652</u>	<u>164,615</u>
Net book value			
At 31 March 2025	<u>27,262</u>	<u>4,719</u>	<u>31,981</u>
At 31 March 2024	<u>40,893</u>	<u>7,508</u>	<u>48,401</u>

Sheppey Matters
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2025

12. Debtors

	2025	2024
	£	£
Due within one year		
Trade debtors	10,742	28,741
Prepayments and accrued income	3,405	4,077
	<u>14,147</u>	<u>32,818</u>

13. Creditors: Amounts falling due within one year

	2025	2024
	£	£
Trade creditors	14,147	11,911
Other taxation and social security	5,399	6,003
Other creditors	1,392	1,646
Accruals and deferred income	4,471	12,293
	<u>25,409</u>	<u>31,853</u>

Sheppey Matters
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2025

14. Statement of funds

Statement of funds - current year

	Balance at 1 April 2024 £	Income £	Expenditure £	Balance at 31 March 2025 £
Unrestricted funds				
Designated funds				
Redundancy Reserve	45,234	-	-	45,234
Fixed Asset Funds	15,950	-	(13,631)	2,319
	<u>61,184</u>	<u>-</u>	<u>(13,631)</u>	<u>47,553</u>
General funds				
General Funds (see note 22)	24,907	53,890	(59,292)	19,505
	<u>86,091</u>	<u>53,890</u>	<u>(72,923)</u>	<u>67,058</u>
Restricted funds				
Restricted Funds (see note 22)	304,522	628,518	(609,635)	323,405
	<u>390,613</u>	<u>682,408</u>	<u>(682,558)</u>	<u>390,463</u>

The nature and purpose of restricted funds have been included in the Trustees' Report, alongside the nature and purpose of designated funds.

Sheppey Matters
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2025

14. Statement of funds (continued)

Statement of funds - prior year

	Balance at 1 April 2023 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2024 £
Unrestricted funds					
Designated funds					
Redundancy Reserve	11,450	-	-	4,500	15,950
Fixed Asset Funds	58,865	-	(13,631)	-	45,234
	<u>70,315</u>	<u>-</u>	<u>(13,631)</u>	<u>4,500</u>	<u>61,184</u>
General funds					
General Funds (see note 22)	9,159	56,513	(37,031)	(3,734)	24,907
	<u>79,474</u>	<u>56,513</u>	<u>(50,662)</u>	<u>766</u>	<u>86,091</u>
Restricted funds					
Restricted Funds (see note 22)	363,956	522,821	(581,489)	(766)	304,522
	<u>443,430</u>	<u>579,334</u>	<u>(632,151)</u>	<u>-</u>	<u>390,613</u>

Sheppey Matters
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2025

15. Analysis of net assets between funds

Analysis of net assets between funds - current year

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total funds 2025 £
Tangible fixed assets	31,981	-	31,981
Current assets	60,188	323,703	383,891
Creditors due within one year	(25,111)	(298)	(25,409)
Total	<u>67,058</u>	<u>323,405</u>	<u>390,463</u>

Analysis of net assets between funds - prior year

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £
Tangible fixed assets	48,171	230	48,401
Current assets	61,487	312,578	374,065
Creditors due within one year	(23,567)	(8,286)	(31,853)
Total	<u>86,091</u>	<u>304,522</u>	<u>390,613</u>

16. Reconciliation of net movement in funds to net cash flow from operating activities

	2025 £	2024 £
Net expenditure for the year (as per Statement of Financial Activities)	<u>(150)</u>	<u>(52,817)</u>
Adjustments for:		
Depreciation charges	16,420	15,598
Dividends, interests and rents from investments	(5,652)	(3,433)
Increase in debtors	18,671	(7,878)
Increase/(decrease) in creditors	(6,444)	(1,030)
Net cash provided by/(used in) operating activities	<u>22,845</u>	<u>(49,560)</u>

Sheppey Matters
(A company limited by guarantee)

**Notes to the financial statements
for the year ended 31 March 2025**

17. Analysis of cash and cash equivalents

	2025 £	2024 £
Cash in hand	369,744	341,247
Total cash and cash equivalents	369,744	341,247

18. Analysis of changes in net debt

	At 1 April 2024 £	Cash flows £	At 31 March 2025 £
Cash at bank and in hand	341,247	28,497	369,744
	341,247	28,497	369,744

19. Pension commitments

The Charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the Charity in an independently administered fund. The pension cost charge represents contributions payable by the Charity to the fund and amounted to £8,653 (2024: £8,247). There were no amounts payable to the fund at the Balance sheet date (2024: £Nil).

20. Operating lease commitments

At 31 March 2025 the Charity had commitments to make future minimum lease payments under non-cancellable operating leases as follows:

	2025 £	2024 £
Not later than 1 year	3,992	3,992
Later than 1 year and not later than 5 years	3,992	7,984
	7,984	11,976

Sheppey Matters
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2025

21. Related party transactions

One of the Trustees, P Murray is also a trustee of Swale CVS, with C White K Pugh and being an employee of Swale CVS. During the financial year, Sheppey Matters incurred expenditure with Swale CVS of £38,088 (2024: £39,660) and received income of £Nil (2024: £200). All of these transactions were conducted at arm's length. At the balance sheet date Sheppey Matters owes £5,625 to Swale CVS (2024: was owed £1,465).

C White is also a director of Children and Families. During the financial year Sheppey Matters has incurred expenditure of £Nil (2024: £36) and received income of £Nil (2024: £70) with this organisation. All of these transactions were conducted at arm's length. There were no amounts outstanding at the Balance sheet date. (2024: £Nil).

P Murray is also a director of Swale Community Leisure. During the financial year Sheppey Matters has incurred expenditure of £10,031 (2024: £10,017) and received income of £Nil (2024: £3,435) with this organisation. All of these transactions were conducted at arm's length. At the balance sheet date Sheppey Matters is owed £Nil (2024: £445).

P Murray and N Martin are also trustees of Age UK Sheppey. During the financial year Sheppey Matters has incurred expenditure of £13,340 (2024: £1,202) and received income of £Nil (2024: £30) with this organisation. All of these transactions were conducted at arm's length. There were no amounts outstanding at the Balance sheet date. (2024: £Nil).

P Murray is also a trustee of Eastern Sheppey Community Hub. During the financial year Sheppey Matters has incurred expenditure of £200 (2024: £125) with this organisation. All of these transactions were conducted at arm's length. At the balance sheet date Sheppey Matters is owed £Nil (2024: £125).

P Murray is also a trustee of Sheerness Youth Club. During the financial year Sheppey Matters has incurred expenditure of £450 (2024: £Nil) with this organisation. All of these transactions were conducted at arm's length. At the balance sheet date Sheppey Matters is owed £Nil (2024: £Nil).

There were no other related party transactions in the current or prior year.

Sheppey Matters

Notes to the financial statements For the year ended 31 March 2025

23. Unrestricted funds - Centre funds

	Total 2025 £	Total 2024 £
Funds brought forward	86,091	79,474
Income and endowments from		
Grants	301	-
Donations	2,946	4,923
Room Hire	44,241	46,155
Travel and Membership	750	(1,122)
Services / Work Undertaken	-	1,581
Investment Income	5,652	3,691
Other Income	-	1,285
Total income	53,890	56,513
Expenditure on		
Bad Debts	-	7,020
Bank Charges and Interest	235	(208)
Computer Expenses	119	6,216
Depreciation	16,190	15,368
Goods Given as Grants	-	(50)
Hall / Room Hire	-	(6,241)
Insurance	(391)	558
Legal and Professional Fees	-	-
Management Fees	-	(22,815)
Motor and Travel	162	660
Postage, Printing, Photocopying and Stationery	-	(190)
Repairs, Maintenance and Equipment	5,577	3,613
Staff Costs	52,126	43,689
Sundry Expenses	(1,501)	(2,821)
Telephone and Internet	248	522
Training	-	219
Utilities	-	-
Work Undertaken	(52)	452
Subtotal	72,713	45,992
Support costs		
Auditors' remuneration	210	4,670
Auditors' remuneration - non-audit	-	-
Subtotal	210	4,670
Net movement in funds	(19,033)	5,851
Transfers between funds	-	766
Funds carried forward	67,058	86,091

SHEPPEY MATTERS

England & Wales - Charity number 1102847

Accounts

Registered number: 03946296
Charity number: 1102847

Sheppey Matters
(A company limited by guarantee)

Unaudited

Trustees' report and financial statements
for the year ended 31 March 2024

Sheppey Matters
(A company limited by guarantee)

Contents

	Page
Reference and administrative details of the Charity, its Trustees and Advisers	1
Trustees' report	2 - 20
Independent examiner's report	21
Statement of financial activities	22
Balance sheet	23
Statement of cash flows	24
Notes to the financial statements	25 - 40

TRUSTEES REPORT 2023/24

Trustees

Michael John Brown, Principal
Christine White
Kenneth Pugh
Paul Murray MBE
Joe Rook MBE
Gareth Dyson (appointed 18 July 2023)

Company registered number.

03946296

Charity registered number

1102847

Registered office

Sheppey Leisure Centre
Broadway
Sheerness
Kent
ME12 1HH

Company secretary

Nigel Martin

Swale Borough Council Representative

Elliott Jayes

Independent Examiner

Samantha Rouse FCCA DChA
Kreston Reeves LLP
Chartered Accountants
Montague Place
Quayside
Chatham Maritime
Chatham
Kent
ME4 4QU

Trustees' report for the year ended 31 March 2024

The Trustees present their annual report together with the audited financial statements of the Charity for the year 1 April 2023 to 31 March 2024. The Annual report serves the purposes of both a Trustees' report and Directors' report under company law. The Trustees confirm that the Annual report and financial statements of the Charity comply with the current statutory requirements, the requirements of the Charity's governing document and the provisions of the Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019).

Since the Charity qualifies as small under section 382 of the Companies Act 2006, the Strategic report required of medium and large companies under the Companies Act 2006 (Strategic Report and Directors' Report) Regulations 2013 has been omitted.

Objectives and activities

a. Policies and objectives

The objects of the Charity are:

- To promote and protect the good health of people living on the Isle of Sheppey, in particular by the provision of a healthy living centre.
- To advance education in the benefits of good health and social well-being.
- To provide or assist in the provision of facilities in the interest of social welfare for recreation or other leisure time occupation of individuals who have need of such facilities because of their youth, age, disability, financial hardship, or social circumstances.

Sheppey Matters is an independent charity, and the Trustees meet at least four times a year to make major policy decisions and review progress. Other times limited working groups are set up when a particular topic needs more detailed consideration by the Trustees.

The Chief Executive Officer takes overall day-to-day responsibility for steering the charity in accordance with the strategic direction set by the Trustees. He meets the chair of Sheppey Matters on a weekly basis and has a regular email and telephone contact between meetings. Administrative staff based at Sheppey Healthy Living Centre (HLC) take responsibility for room bookings and supporting projects.

Sheppey Matters has a service level agreement with Swale CVS, which provides financial administration services, carried out by a designated officer. Additional day-to-day financial management support is provided by the director of Swale CVS.

In setting objectives and planning for activities, the Trustees have given due consideration to general guidance published by the Charity Commission relating to public benefit, including the guidance 'Public benefit: running a charity (PB2)'.

b. Strategies for achieving objectives

The Trustees' policy is to work in partnership with local agencies from the community and voluntary sector, and statutory sector to run projects at Sheppey HLC and outreach projects elsewhere on the island. In this way, the Charity can make a bigger impact, draw on the expertise of specialist agencies and avoid duplication of local projects.

Trustees' report for the year ended 31 March 2024

The charity is also increasing its environmental responsibilities through various initiatives –

- Collecting used ink cartridges, stamps, and batteries– all within Sheppey Matters and other third parties – collected and recycled, with the charity earning a small donation.
- Increased activity in the Sheerness and Eastchurch allotments – growing fruit and vegetables for community benefit.
- Checking the distance travelled whilst making online purchases – can items be acquired more locally, reducing the carbon footprint, and supporting local businesses?
- Calculating the shortest routes for minibuses whilst undertaking community bus transport services on and off the island.

Achievements and performance

a. Review of activities

The Trustees have further updated the business plan for Sheppey Matters, which has been implemented by the CEO and his team and continued during 2023/24. The experience of COVID 19 and the continuing challenges of the cost-of-living crisis have remained a focus for all staff and volunteers.

The 2023/24 year was extremely challenging from a fundraising point of view. Two late but much welcome grants were secured which allowed the valuable community development and isolation and loneliness work to continue. The charity continues to seek a wide range of financial support and not relying on a few funders. This is highlighted below.

The cost-of-living crisis has seen meals (often as high as 175 per week) being cooked and delivered to identified families and community centres. Early in the new year the Swale Foodbank moved into the healthy living centre – beneficiaries were able to not only access food but also school uniform provision, hot and cold refreshments, a hot meal and if required, access to third party services such as mental health and drugs and alcohol advice, personal finance support and other visitors. The centre on a Wednesday is now a hive of activity.

The charity's annual Big Bash was cancelled due to bad weather – a replacement event was held in October in the sports hall and attracted over 750 visitors. This is far more than the usual July event, engaging many residents not usually seen at the charity's sessions. A wide range of fun and informative events were held – feedback was highly positive.

Sheppey Matters has collaborated closely with the community and statutory bodies on Sheppey to ensure that support services were working together and benefitting as many people as possible and so reducing duplication. The winter period once again saw warm rooms, school uniform, winter coats, and Christmas presents. Soup and coffee mornings were held round the island to engage as many people as possible and provide a little respite to the cost of living.

February saw the launch of two new projects tackling the ongoing issues of loneliness and isolation on Sheppey. The highly successful 'Isle Connect You' project finished its three years in 2023, but thanks to further funding from the National Lottery Community Fund the project restarted under the new name of 'Legacy' offering extended delivery hours for those aged over 60 throughout the week. A community development project working with people under the age of 60 complements Legacy and has been possible thanks to funding from the Henry Smith Charity.

Trustees' report for the year ended 31 March 2024

A Safer Streets project, funded by Swale Borough Council, started in the autumn, and is aimed at anti-social behaviour in the immediate vicinity of the healthy living centre. Residents are being engaged through several community actions including litter picking and gardening to improve the area.

Sheppey Matters remains thankful to its many funders for their support throughout 2023/24 and the flexible approach allowed to change our delivery to support those most in need. The charity continues to build positive relationships with funders, supporters, local authorities, community groups and agencies, without whom Sheppey Matters would not be able to deliver the much-needed support on the Isle of Sheppey.

The board, staff and volunteers would like to thank the many funders over this twelve-month period, and acknowledges the donations received from the local community to support our work.

The charity is grateful for the support of its funders to enable health and well-being work to be undertaken on the Isle of Sheppey; Kent County Council, BBC Children in Need, The Minerva Fund, Kent Community Foundation, Southern Housing, Swale Borough Council, The National Lottery Community Fund, Tudor Trust, Garfield Weston Foundation, The Henry Smith Charity, Department for Digital, Culture, Media and Sport, Motability, Swale Borough Council members, Kent Sport, Localgiving.com, Rotary Club of Minster-on-Sea, Swale CVS, UK Cycling, Sheerness Town Council, Minster Parish Council, OFCOM, Halfway Houses Primary School, Blakemore Foundation, G & E Pollitzer, Enfinium, and MSE Charity.

The royal recognition of the charity's work received in 2022 was further enhanced in 2023 when the charity's community radio station, Sheppey FM 92.2 was named winner of the UK's best community radio station.

During the year, the board of trustees and senior management team have been working with Swale Borough Council and healthy living centre partners to plan and secure a new room layout for the charity in a refurbished centre, made possible by the government's levelling up fund. The work, as June 2024, is expected to commence at the end of the year, requiring the charity to leave the premises for up to 12 months. Alternative accommodation for office staff and delivery sessions is being sought.

Below are further details on the projects.

Rural Youth

The project had a challenging twelve months; the number of participants remained below pre Covid levels for most of the sessions.

Notice that funding for general youth work would be ending in March 2024 was given in late 2023, but that for sessions for young people with additional needs was thankfully maintained.

The Monday art group has been well supported following a change in delivery style during the year, which along with the Friday ADHD support group were the mainstays of the project. Other mainstream and older age group special needs sessions had disappointing participatory numbers; the project was reviewed in April 2024 with a view to community consultation and delivery. Early indications are encouraging that the new approach is attracting young people.

The summer activity programme was well received with high level of bookings and attendance. Sessions included Ready, Steady, Grow, Ninja warrior, cooking, an outdoor activity centre and tenpin bowling - in total 112 young people attended. Cookery sessions were popular with young people facing new challenges such as using knives to chop ingredients and trying new foods and flavours.

that they may not have had the opportunity to experience. Some of the feedback included comments of *I enjoyed learning how to use the bridge technique to chop ingredients*. One negative was that one young person tried the croutons but did not like them, but at least he tried them!

The project engaged with two Swale partners to extend the young persons' additional needs delivery at the healthy living centre. This had mixed outcomes; the younger session has stayed the course and is now operating under its own leadership.

The young persons' sexual health sessions were well attended at the local college.

Well Life

Well Life has seen consistent growth this year, with the Community Gardener, Community Chef, and Everyday Active Champion expanding on their achievements with residents over the past eighteen months. They work individually in their respective roles and collaboratively as a team to assist residents in enhancing their health and wellbeing post-Covid and during the ongoing economic challenges. The project has fostered connections with individuals, groups, and organisations, offering inclusive activities and support groups to residents across the Island.

Each aspect of the project takes pride in the supportive Well Life community they have created. They offer activities which include, but are not limited to Community Gardening for well-being, cooking groups to develop culinary skills, prepare budget-friendly recipes, and foster social connections through shared meals. They also provide all residents with the chance to engage in free or affordable physical activities and health support groups.

Community Chef

The community chef remains dedicated to supporting residents by sharing their passion for teaching people how to prepare delicious, affordable, and healthy meals from scratch. Working with various age groups across the Island, they are enthusiastic about supporting the older and younger generations through food and cooking.

The well-received Silver and Spice cooking group, initially serving mostly recovering stroke patients, is now open to all individuals over 65. The fortnightly, six-week sessions have helped participants acquire fundamental cooking skills, explore new recipes, and sample different foods. The group enjoys cooking, eating together, and adopting a welcoming environment for new members. Former attendees offer support to newcomers, expanding the ever-growing social circle. Some attendees have also gained enough confidence to participate in other Sheppey Matters and Well Life activities and groups. Due to poor transport links from the Eastern end of the Island, the sessions are currently held at Leysdown Village Hall to enable participation from that area, avoiding the need for residents to travel across the Island to attend, which can be costly.

Feedback from participant: *"It gave me the opportunity to learn new recipes plus enables me to mix with a variety of people"*.

Chef is also dedicated to sharing a passion for cooking and healthy eating with the younger generation. Through free, hands-on cooking sessions, children aged 8 to 14 can enjoy learning during school holidays in partnership with Sheppey Matters youth provision. Additionally, the chef extended this initiative to 2- to 4-year-olds with two sessions at Minster playgroup and groups of year 6 pupils at Halfway Houses Primary School. The cooking activities, such as making pancakes with healthy toppings, fresh fruit salad, and winter soup, are immensely popular. Chef imparts essential knowledge on basic hygiene, knife handling, and safety, allowing the children to cook independently, with expert guidance. After each session, just like the older participants, everyone gathers to enjoy the food they prepared together.

Feedback from Playgroup Manager: *"I think the children thoroughly enjoyed the sessions. We have even received pictures of the plants as they took them home with them. Also, at the Abbey site we put the remaining fruit salad in little plastic cups and sent them home with the children. They were very excited to explain what was in them."*

Everyday Active Champion

The Everyday Active Champion has continued to promote the benefits of regular physical activity. They are passionate about supporting people to take steps into what is the unknown or revisiting that time when they felt good in themselves. They promote the ethos that regular physical activity has proven health benefits, both physically and mentally, and when enjoyed can be uplifting and rewarding by bringing a great sense of achievement.

With the cost-of-living situation as it is, the Everyday Active Champion has worked hard to provide taster sessions and introduce and promote low cost or free physical activity groups to Island residents. The free taster sessions have provided residents with the opportunity to 'try before they buy,' effectively trying activities first before committing to attending regularly and paying a monthly fee. Working with partners, the Everyday Active Champion has introduced residents to a variety of physical activities including outdoor Qigong (adapted Tai Chi), outdoor yoga, line dancing, walking netball, a youth fitness class and bowls and boccia, all of which have been well attended, with the added bonus of giving people the opportunity to socialise and meet new people.

The Walking for Health programme has gone from strength to strength and now runs one weekly walk in Sheerness and Leysdown, a fortnightly walk in Rushenden, and three weekly walks in Minster, plus the addition of ad hoc weekend and evening walks. The programme offers walks with or without poles for those who like to stride out and for those that enjoy a slower pace. The groups are led by trained volunteers and these walk leaders continue to be supported through a group leader WhatsApp group to exchange information. To further enhance inclusivity, a community buddy service to the groups was initiated by using existing walkers as volunteers. This was brought about because of local referrals who were struggling to go out and walk due to lack of confidence, caused by either a fear of falling or social anxiety since Covid.

Feedback from walking group members: *"It's meant not spending such a lot of time on my own and walking with others is great."*

"It is very rewarding to see all walker's mobility improve and them making new connections."

"I have gained more confidence, zest for life and very positive attitude to life."

This year, prompted by feedback from women on the Island, the Everyday Active Champion set up the Menopause and Me sessions, providing resources for women going through the menopause. It is widely known that women's health is often overlooked, and the lack of support for menopausal women has been a recurring concern in local communities and the media. The activities on offer were a variety of fun and engaging sessions using local community-based services, such as an independent class-based gym centre, yoga instructor, therapists, a walking netball experience, a combined activity with our Community Gardener and a newly trained Tai Chi instructor in a 'Chi and Gardening session', and evening get-togethers. The aim was to provide targeted taster sessions that educate women on how and where they can access local groups that help improve their symptoms.

Some of the feedback from participants who took part included '*understanding I'm not alone*', '*not to be so hard on myself*' and '*I didn't realise how much breathing could relax me and my mind.*'

The Everyday Active Champion has also set up a much needed 'Escape the Pain' course in the community, targeting individuals with back pain and knee/hip pain. These courses provided education and insight into how movement can reduce pain, peer support and a social environment to break isolation. These groups are supported by a monthly group led by the Everyday Active Champion and a volunteer from the VET (local GP) surgery, a specialised therapist in chronic pain. These monthly support sessions are open to those with other health conditions and aim to educate and empower those that attend to reduce their pain through a variety of methods, including distraction, gentle movement, relaxation and practical support.

Community Gardener

The community gardening strand of the Well Life project has been instrumental in promoting wellness and community interaction through gardening. From April 2023 to December 2023, growing activities took place at the Sheppey Matters Community Allotment in Sheerness and from January 2024 activities moved to our Eastchurch Community Garden.

East Kent Mencap Swale Hub members (four members and one support worker) continue to be regular participants in community gardening at our Eastchurch Hub and in Sheerness. They participate in a variety of gardening activities, which include sowing seeds, planting, weeding and nurturing plants. They grew their own vegetables and flowers at the allotment and used these skills in their own Hub Garden. The group has also helped to maintain and plant the large planters at Beachfields in Sheerness and are regular volunteers for Sheerness litter picks.

Feedback from Day Centre Manager: "*Thank you so much for all of your help this year, the guys have thoroughly enjoyed their gardening sessions with you and have learnt lots of skills.*"

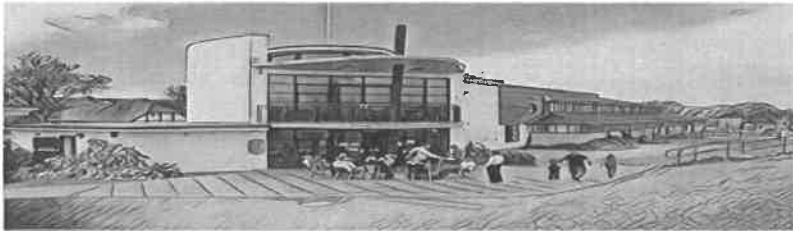
The Crawford Centre members (five members and three support workers) continue to engage in community gardening activities once a week throughout the year. They undertake a variety of gardening activities including growing and tending to crops at the Sheppey Matters allotment, Eastchurch Community Garden and in the Sheerness community greenspaces.

Feedback from Day Centre Manager: "*None of this would happen without you, so wanted you to know how much you are appreciated too and the positive impact you have on the guys as well as us.*"

The Community Gardening project has engaged 40+ children aged between eight to 14 years during the school holidays. The young people were given the opportunity to plant crops, sow seeds, look after the plot and work together to make a scarecrow. In addition to this the Community Gardener joined Community Chef in providing gardening sessions at Minster playgroup with children aged between two to four years.

Working with volunteers, the Community Gardening group has transformed the tired and neglected garden at our Eastchurch Community Hub into a vibrant, colourful space. The volunteers have worked really hard at their own pace and used their skills and passion to bring the garden back to life for the community who use it and to re-attract the wildlife through painting, planning, growing, and planting.

Healthy Living Centre



All in all, another eventful year for Sheppey Healthy Living Centre!

The cost-of-living crisis hit Sheppey hard where many families had to make decisions whether to eat or heat their homes.

Sheppey Matters supported those most in need by introducing many initiatives such as creating a warm space in the Waterfront room where the local community could sit in warmth throughout the day, access wifi and hot drinks and a weekly soup kitchen. The grub hub provided over 50 hot meals once a week where people could eat in or takeaway to reheat and eat with their families.

Our annual big bash saw over 750 people walk through our doors at healthy living centre where we showcased all our projects and local support services that are available to access. We redistributed 138 pre-loved winter coats that had been donated, hosted monthly theme days including breast cancer awareness, Movember, Hearty Party supporting NHS national campaigns, fund raising, offering free events such as health MOTs, taster sessions to improve health such as Zumba, line dancing, Cardiac rehab, and meditation to name a few.

In the true spirit of Christmas, Sheppey Matters collaborated with The Salvation Army and Swale Foodbank to deliver the gift of Christmas, with local schools each nominating 10 struggling families. Sheppey Matters had a giving tree appeal which saw over 150 new toys and gifts donated to the cause. The Salvation army created a pop-up shop event where the nominated families could pick one main present and two stocking fillers per child along with a Christmas hamper filled with goodies.

During February, we relaunched the community wardrobe which previously gave access to free pre-loved school uniform once a month in a jumble sale fashion to creating a dedicated walk in wardrobe where donated uniform has been laundered and hung on rails and can be accessed on request or every week when doors are opened and staffed by volunteers. The opening hours coincide with Swale Foodbank that now operates out of the Healthy Living Centre every Wednesday alongside support services from Shaw Trust and Live Well Kent providing wrap around support to those accessing the foodbank.

During the winter months Sheppey Matters delivered money matters, a small project offering a game plan to create and manage a budget and how to tackle debt.

Case study - C, aged 57, lives on Sheppey, an area of high deprivation, and had heard from friends about our Wellness Wednesday sessions offering free soup and a roll so decided to come along and join in. After a friendly conversation C explained she was struggling with finances and was unsure what to do, so we agreed to meet the following day once C had collected all her paperwork together.

C returned Thursday with all her papers consisting of health records, benefit letters and old bank statements. She explained she had some learning difficulties and was unable to read and write so was hoping I could help make some sense of it all. In the past C managed her finances by regularly visiting her local bank branch requesting mini statements to check ins and outs. However, the local branch closed late 2022 and C had lost track of where her money was going. C does not use internet banking as finds it overwhelming to operate and does not have a smart phone or wifi at home, so it was very odd when we contacted her bank to find out she had been registered paperless on bank statements.

On looking through recent benefit letters, it became apparent C's Employment and Support

allowance had been stopped after a period of time had passed where they were unable to make contact. C told me and had hospital discharge records to prove she had spent a substantial period of time in hospital recently undergoing bowel surgery. We called the Department of Work & Pensions and C's benefit was reinstated and back dated with immediate effect.

We then discussed C's challenges around banking and decided to switch to another bank which is still present in local high street and was also offering a £200 switch fee which C qualified for, so I was able to further support her in switching bank account. On going through previous bank statements. it was clear C lived quite a frugal lifestyle. However, we were able to change tariff with her existing energy provider to a better rate and then used a comparison site to save C money on her contents insurance that she had always let roll over in previous years.

We worked out together a simple budget sheet of monthly incomings and outgoings C could use to check statements against and then organised all her finance and personal paperwork into a multiple pocket box file. C was really pleased with the service and later returned with a Christmas card her friend had helped her write.

Sheppey Wheels



A challenging but successful year for Sheppey Wheels.

During the second quarter of 2023 Sheppey Wheels had 22 community groups using the minibuses for day trips, to all over Kent and London. The success of these trips has resulted in many of those groups becoming regular hirers of our services throughout the rest of the year.

With the release of the Spring/Summer brochure in April 2023 we introduced a new booking system for our day trips, which made the administration involved much more efficient. The new booking system also allows us to store our members data on a secure website.

Trustees' report for the year ended 31 March 2024



In May 2023 we collected the minibus we were kindly donated by Kent County Council, putting the fleet back up to three vehicles, which allowed us to increase the number of private hires and day trips, as well as providing a transport service for a local day care centre, without the additional costs of hiring a vehicle.

During the summer months Sheppey Wheels experienced its first challenge. The corporate Blue Badge renewal was rejected following an update in the guidelines set out by the Department of Transport. Following the rejection, we were advised to ask our Day trip users to bring their own Blue Badges, and if they did not have one but were eligible to assist them with their application. This resulted in an increase in administration phoning all our private hires, and day trip users to see if they had their own blue badge, which in many cases they did not as a lot of our users do not drive so had not needed to apply. Some of our users did then apply but the lead time of 15 weeks for blue badges caused some issues on trips where disabled passengers were on board but did not have a blue badge. Sheppey Wheels has appealed against the rejection twice and has now sought the advice of local councillors.

The new brochure that was released in September, covered trips from October to March was a success with many trips being sold out. This brochure was built mostly on feedback and suggestions from the day trip users following management changes in September.

The third quarter was full of challenges and successes, with just 24 hours' notice our transport service for Blackburn Lodge care home ended, due to an emergency closure. This left a bus and a driver out of action with immediate effect. The temporary closure was announced with no time frame of reopening; we sought out extra work, private hires and day trips from November to February to cover the drivers' hours to ensure we would keep them employed and the minibus in use. Whilst this was a real challenge, we managed successfully to increase our day trips during the Christmas period, a majority of which were sold out, with long wait lists so we could run a second bus.

In the winter period, Sheppey Wheels also faced some maintenance issues across the fleet, which did impact financially and caused some trips to be affected. The repairs on all the buses did have an impact on the finances for Sheppey Wheels, but this enabled forward planning for pricing increases to cover the unexpected costs that running a fleet naturally will have.

The year ended on a high with a new contract taking passengers to Age UK Sheppey's increased day centre provision. This meant that the fleet was now back to its normal structure of one bus providing transport to a day care for the elderly, a school run bus for a local primary school and a bus for private hires and day trips for the residents of the Isle of Sheppey.

Feedback_ *The drivers are always on time, helpful and understanding as far as the young people are concerned. They put the radio on for them and don't complain if they get a little noisy. They are always polite to staff and young people and don't complain if the activity over runs or is a little late. They are a great bunch and a credit to Sheppey Matters*

Trustees' report for the year ended 31 March 2024



The Sheppey Matters fleet – with thanks to Sheerness East Working Men's Club for parking facilities.

Sheppey Community Media Centre

The media centre is the home of Sheppey FM 92.2, the charity's community radio station, broadcasting on FM and online to the Isle of Sheppey.

The station actively encourages residents, group, and agency leaders to visit the centre and tell the community about their club, session, event, or hobby – anything that may interest listeners. Interviewees have included The Aviation Museum, 'Miles & Smiles' transport service for isolated people, the 'Oliver Fisher Baby ward', 'Next Step Fostering', 'Youth Resilience', 'Child's Vision', Dementia Friendly Social Hub, Therapy dogs, 'One You' health advisers, 'Riding the Storm'~ discussing mental health issues, Mencap, Launch It'~ a new initiative for young people, and the Island Works. Local issues and concerns are covered by our monthly 'Councillors On-Air' surgery, a quarterly surgery with Sittingbourne and Sheppey's MP Gordon Henderson, and regular interviews

with Kent Police, and family law advice with a local solicitor.

There have also been work experience placements for young people from schools across Swale and Medway: Westlands, Fulston Manor, Oasis Academy, Borden Grammar, The Sittingbourne School, and Chatham Grammar.

Roadshows are a popular support service for many island events, engagement covering 43 schools and charity events and supporting fundraisers for the Air Ambulance, Demelza Children's Hospice, Cancer Research UK, Ukraine, HMP prison officers' wellbeing, Meadowfields SEN school, Aspire SEN school, Alzheimer's Awareness, Remembrance Sunday service and HMS Wildfire remembrance service, WW2 commemorations, local carnivals and Christmas events.

The year's highlight was in November 2023; the station was awarded the Community Media Association's UK's 'Station of the Year' for our community and health support services and a further gold award for our 'Community Impact Project ~ Rehabilitation into Education.'

Magic 1-2-3/ADHD & Me

Engagement for the 123, ADHD & Me programme has continued to be in demand. The project manager has provided ADHD Awareness talks to Maidstone Hospital and several schools in the local area.

The need for this programme is increasing due to the extensive wait times for a diagnosis. A variety of families have taken part in the programme with great success. We have seen many families and are currently working with five more who are due to finish in the next few weeks.

Trustees' report for the year ended 31 March 2024

A boy (M) aged eight was experiencing challenges in the classroom due to having a recent diagnosis of ADHD. He was still in the process of working through titration to get to an optimised level and was finding it difficult. His mother was struggling with his behaviour, and it was obvious that the relationship was breaking down. We worked together to help him understand why he becomes emotionally dysregulated and provided a host of strategies that he could implement without adult support – thereby providing him with control and autonomy.

After the family completed the programme, the school reported a positive impact on his behaviour in school and his mother's tolerance levels were increased due to understanding more about his ADHD and how she can support him better.

The project is in its final year and is seeking continuation funding.

Isle Connect You

As people age, they often experience changes in their social and personal relationships. Children grow up and move away, friends and spouses may pass away, and physical limitations can make it harder to get out and socialise. These changes can lead to feelings of isolation and loneliness, which can have negative impacts on both physical and mental health, increasing the risk of mortality, depression, and cognitive decline among older adults. This highlights the importance of recognising and addressing these issues to support the well-being of our ageing population. Isle Connect You completed the final year of delivery in September 2023 which supported the older generation with the issues isolation and loneliness brings.

Nestled in the heart of Sheerness with outreach areas across the Isle of Sheppey a small team of four, all passionate about making a difference, created activities and meet ups that continued to support the Isle of Sheppey's older generation towards leading more enriched and happier lives. The project has been a lifeline for many of our customers. During the period April 23 - March 24, Isle Connect You had 62 referrals. We have seen participants engaging on their own journey of self-discovery to build upon their independence and resilience. The activities and outings have given our participants an opportunity to embrace new ideas and explore pathways to more enriched and inclusive lifestyles. It was interesting to see that Minster was the highest area of interaction closely followed by Sheerness. This gave us insight into the areas that needed a streamlined focus for this project.

We have facilitated a large and diverse number of activities ranging from the ancestry project: unveiling familial origins - unearthing tales from the past and igniting conversations for a journey through time. IT support sessions - aimed to enhance digital literacy skills among individuals. We continued to provide iPads and tablets along with training, support, and anti-scam awareness to ensure safety online along with weekly coffee morning meetups. We held resilience workshops - enabling participants to understand how to create healthier boundaries and relationships.

Trustees' report for the year ended 31 March 2024



Intergenerational workshop - the Grainy Grub club cooking within a primary school. Confidence befriending, swimming, driving lessons, emotional support, virtual zooms, Men's mental health groups, fitness and well-being sessions, bereavement support, falls prevention, arts and crafts, garden get togethers, day trips to local attractions, breakfast meet ups, and a celebrational events such as the Coronation.



Our goal has been simple: empower participants to achieve their full potential while still maintaining their independence. For some, this has meant meeting new people and learning new skills. For others, it may be a more profound and challenging journey, involving the adaptation to life with health conditions. Our approach has always been to provide a gentle, nurturing environment that

supports the unique needs of each individual. We have worked hard to create sustainable solutions that will benefit them well into the future. We have worked closely with Kent Community Wardens, Age UK, Kent Fire and Rescue, Imago, GP surgeries and social prescribers, Southern Housing, NHS health trainers and the Department of Work and Pensions to gain specialist support for members whilst on our project.

We have seen newfound friendships form which has led to an encouraging level of social interaction and support networks strengthened. Two of our members found love in meeting each other! They have moved in together and attend many of the sessions as a couple. Both reported that if it had not been for the project they would never have met. Another lady formed a friendship with another group member, and they decided that they should spend the festive season together as they only had each other and did not want to feel so alone. They have since gone on to have two holidays together and remain good friends to this day.

Trustees' report for the year ended 31 March 2024

Several spin-off groups have emerged organically from participating in sessions with Sheppey Matters, inviting individuals to join in various activities such as meals and quizzes. Sheppey Matters has provided a platform for these groups to thrive, growing independence among its members. The Isle Connect You community has played a crucial role in establishing voluntary groups, led by former members, to ensure lasting friendships and continuity as the project concludes, instilling a sense of longevity.

Isle Connect You has become a reputable and trusted name deeply embedded in our local community, engaging members through community events and support networks. The project has significantly improved the mental health and well-being of participants, reducing stress levels, and enhancing overall happiness and life satisfaction. Members have demonstrated personal growth and skill development through workshops, activities, and events.

Eight members have volunteered with us as a result of the project, inspired by their transformative experiences to support others on similar paths. Their lived experiences serve as evidence of the project's effectiveness in unlocking their full potential. Giving back has been a powerful motivator for them, enabling personal growth while assisting others. Active participation in community events and activities has empowered individuals to take charge of their community's well-being, fostering a sense of ownership.

Our personalised garden gate visits have been pivotal in understanding each participant's unique needs, driving our support approach. These visits have facilitated referrals to other support agencies and services, contributing to the overall enhancement of well-being. Success in reducing health risks required a comprehensive, multifaceted strategy.



The project concluded in September 2023, with funding later secured in December to allow us to continue our work in this area. We received news of this successful funding from the National Lottery Community Fund for a four-year project dedicated to supporting individuals over 60 dealing with isolation and loneliness. This led to the launch of 'Legacy;' recruitment efforts started in February 2024. The team hired two coordinators, an administration clerk, and a Project Manager. They engaged with the community in February to map out available support services on the Isle of Sheppey, establishing partnerships for befriending support. Referrals began in March, primarily from social prescribers, and a launch party was held to introduce the project to other voluntary sector professionals.

We celebrated the funding from the National Lottery Community Fund with a session to thank the players - as without them this project would not be possible. The team did this by planting a variety of bulbs with our community volunteers, staff also gave their time to get involved with this initiative.

Trustees' report for the year ended 31 March 2024

Connection is at the core of wellbeing – if people feel valued and part of something that has a purpose – then their lives feel purposeful. We pride ourselves on being their eyes and ears – when we can see a positive change we act and do our very best to ensure they are listened to.

We have gained vital skills and knowledge from Isle Connect You; Legacy has been a natural step towards the deeper support people so desperately need and have asked for.

Miles and Smiles/Motability



The Miles and Smiles project fully launched to the public in April 2023. In the first three months we recruited 15 new members and carried out on average two trips per week to help boost our membership the team advertised at pop ups around the Isle of Sheppey, at supermarkets, local fairs, meeting with other charities, and organisations.

During the summer months there was another increase of 15 new members, and six trips on average per week were carried out, mostly to medical appointments.

After operating for a few months, the team highlighted some challenges when parking at the local hospitals. We established connections at the hospitals to assist our passengers when arriving, so we were not leaving the bus unattended when pulling up to the drop off points. This became vital when the corporate blue badge renewal was rejected, this has been successful since and our passengers get the assistance they need on arrival.

Over the last few months of 2023, the number of members continued to grow, and we carried out another six trips per week on average.

Whilst the workload remained steady there was still room for growth. Any downtime with the drivers or admin was spent promoting the project. The team visited a local day care centre to promote the service, resulting in some new memberships.

During the final quarter of the year there was an increase in the number of trips we carried out to eight trips per week on average.

Overall, this year has been successful for Miles and Smiles operationally. Any challenges have been quickly overcome; extra promotional work was carried out by our drivers to help boost our memberships, additional training was given to drivers in downtime, and the year ended almost running at its full capacity per week.



Destinations of our journeys April 2023- March 2024

182 Hospital



8 GP

11 Clinics



7 Shopping

24 Dentists



26 Social

12 Physio

Trustees' report for the year ended 31 March 2024

Feedback:

- 96% of users found our service easy to use.
- 98% found that our service helped them feel more connected to their community.
- 97% felt their confidence had grown from using our service.
- 100% would recommend our service to someone else who needed it.

Structure, governance, and management.

a. Constitution

The Charity is constituted under a Charity Commission Scheme and is a registered charity number 1102847. Sheppey Matters is a charitable company limited by guarantee, incorporated in March 2000, and registered as a charity in March 2004.

b. Methods of appointment or election of Trustees

The management of the Charity is the responsibility of the Trustees who are elected or co-opted under the terms of the Trust Deed. The current policy of the trustees is to recruit new trustees from local groups, agencies, or individuals on the Isle of Sheppey.

c. Pay policy for key management personnel.

The policy is in line with similar charities in the local area.

The pay policy for the charity is set by the board of trustees on an annual basis for all employees and key management personnel and takes into account the existing inflation levels, any minimum wage increase allowed by the government, local pay levels for similar work, and the funds available to make an informed and realistic pay offer.

Any award is 'across the board' to all staff (aside any increases for minimum wage).

d. Risk management

The Trustees have assessed the major risks to which the Charity is exposed and are satisfied that systems and procedures are in place to mitigate exposure to the major risks.

The Trustees have considered what they believe to be the main risks the Charity is facing. These are deemed to be as follows:

1. Reliance on one or few funders – the Charity has expanded its funder base to ensure the potential loss of one funder has a minimal effect (or as minimal as possible). The current wide range of funders is demonstrated earlier in this report.
2. Loss of key staff; staff are kept engaged and are valued by the Charity. It recognises that losing a staff member at the end of a period of funding can be detrimental to the Charity as skills are lost, so the Charity always endeavours to keep staff even if in a different role. It cannot afford to lose years of training and investment in a staff member.

Trustees' report for the year ended 31 March 2024

3. Cost of living crisis has challenged and stretched the charity to deliver services to the community, with little opportunity for the staff and volunteers to recover from the pandemic before being faced with the next round of issues and concerns.
4. Loss of public support; the Charity has worked hard over the years to establish itself a good name and high level of support from all areas of the local community. It regularly checks media and social media for adverse comments and keeps a close and strong relationship with residents, businesses, other charities, and community groups plus those in authority and influential positions (councillors, council leaders etc.). The charity was delighted to be awarded Queens Award for Voluntary Services – the MBE for voluntary groups and the Princess Royal Training Award.
5. Loss of use of the healthy living centre; the Charity holds a 25-year lease which expires January 2028. The lease extension will shortly be discussed with Swale Borough Council and is part of the Levelling Up Fund secured by the council. The date for the commencement of the work is expected to be by the end of December 2024. Meetings are currently being held with partners to fully understand the effect that the work will have on the charity. Sheppey Matters has been keeping its beneficiaries fully informed as planning evolves during the year.

e. Plans for future periods

The Trustees will continue to support the objectives of the Charity for the foreseeable future. The board of trustees has continually expressed its confidence in the charity's delivery to the Sheppey community and full confidence in the ability and skills of the staff and volunteers to ensure this happens.

The board will be seeking new and different funding streams during 2024/25 to strengthen the charity's financial position as the cost-of-living crisis has increased the number of funding applications to grant providers, making success harder.

f. Reserves policy

The charity holds reserves for three separate areas.

- Restricted funds
- Unrestricted funds
- Designated funds

The charity receives a mix of income throughout the year which sits in the restricted or unrestricted streams. The charity expends monies to support its projects and administrative work in the normal course of events. At the year's end, it may still hold monies that for restricted services are still within the project's period of delivery (which may not always be a financial year) along with unrestricted incomes.

Restricted funds are from grants and other monies so designated by the board of trustees as restricted. These funds are granted as varying times throughout the financial year and may crossover one or two financial years and are shown as carry-over in the annual accounts. The amount per project may differ from budget against actual as project delivery can vary during a twelve-month period.

Trustees' report for the year ended 31 March 2024

Unrestricted funds are earned from the charity's own unfunded activities such as room hire which form the basis of the charity's annual budgeting process.

Designated funds are for specific reasons.

The total reserves at the period end were £390,612 of which £304,521 were restricted funds leaving £86,091 available for general purposes of the charity.

The reserves policy has been designed to ensure that the charity has an adequate basis to continue operating for the foreseeable future –

- Unexpected demand for funds due to an emergency or unforeseen bills.
- Additional day-to-day operational costs such as temporary staff.
- Loss of an expected or regular source of funding such as a grant or donation. Use of reserves can help buy the time required to seek an alternative source.
- Reserves may be used to supplement a grant or other source of income that does not cover the total cost of the project or capital expenditure or as a bridging fund should a project be required to start before a grant is received.

The board of trustees seeks to hold a minimum of four months' funds at any time, being around £85,000 so that -

- In the event of any unexpected shortfall in income there is a reasonable amount of time available to seek alternative monies. The charity does have a wide and varied list of funders, so a loss of one funder may have an adverse effect on a project, but not necessarily the whole charity.
- Have funds available for any unexpected expenditure.
- An amount might be needed to cover 'troughs' in the cash budget.
- Money allocated for a specific event, such as redundancy.

In the Trustees' view, the charity's reserves should provide it with adequate financial stability and the means for it to meet its charitable objectives for the foreseeable future.

As at the year end, the charity's unrestricted reserves stood at £86,091, which is in line with reserves policy as set. The board of trustees regularly reviews its level of reserves to ensure that the minimum levels are maintained. Given the recent challenges of the cost of living and the constant demand from the community for varying levels of support, the trustees are satisfied with the situation. The need for increased levels of reserves is a regular subject of discussion. Funding applications for core costs monies are regularly made to maintain or boost levels of unrestricted and reserve income.

g. Financial review

Income for the year amounted to £579,334 (2023: £822,558). Expenditure amounted to £632,15 (2023: £623,060). As a result, the charity generated a deficit of £52,817 (2023: surplus of £199,498). As at year end, the charity's total reserves amounted to £390,613 (2023: £443,430).

The financial year has been challenging for the charity, but not unexpected given the worldwide, national and local issues affecting the overall cost of living, which has impacted on expenditure. The receipt of grants throughout the year can distort the income/expenditure figures, with profit and loss being reported on almost alternate years.

Trustees' report for the year ended 31 March 2024

The ongoing search for grants has become a bigger challenge with more charities seeking funding from a shrinking number of trusts, some of which are reducing monies available, temporarily ceasing rounds or closing completely. The board's decision to expand the number of funders rather than rely on a few has further helped the charity over the last two years.

h. Funds held as custodian trustees on behalf of others.

The charity has, during this financial year, held monies on behalf of the following community groups –

- Sheppey ADHD
- Eastchurch Allotments and Conservation Group

The charity maintains a normal accountancy trail of the financial transactions carried out on the behalf of either group.

Statement of Trustees' responsibilities

The Trustees (who are also the directors of the Charity for the purposes of company law) are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year. Under company law, the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the Charity and of its income and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently.
- observe the methods and principles of the Charities SORP (FRS 102)
- make judgments and accounting estimates that are reasonable and prudent.
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements.
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the Charity's transactions and disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Trustees' report for the year ended 31 March 2024

Disclosure of information to independent examiner

Each of the persons who are Trustees at the time when this Trustees' report is approved has confirmed that:

- so far as that Trustee is aware, there is no relevant audit information of which the charity's independent examiner is unaware, and
- that Trustee has taken all the steps that ought to have been taken as a Trustee to be aware of any relevant audit information and to establish that the charity's independent examiner is aware of that information.

Independent Examiner

The independent examiner, Samantha Rouse of Kreston Reeves LLP, has indicated her willingness to continue in office. The designated Trustees will propose a motion reappointing the independent examiner at a meeting of the Trustees.

Approved by order of the members of the board of Trustees on 26/11/2024 and signed on their behalf by:

Michael John Brown
Trustee



Sheppey Matters
(A company limited by guarantee)

Independent examiner's report
for the year ended 31 March 2024

Independent examiner's report to the Trustees of Sheppey Matters ('the Charity')

I report to the charity Trustees on my examination of the accounts of the Charity for the year ended 31 March 2024.

Responsibilities and basis of report

As the Trustees of the Charity (and its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the Charity's accounts carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the Charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Association of Certified Chartered Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Charity as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

This report is made solely to the Charity's Trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. My work has been undertaken so that I might state to the Charity's Trustees those matters I am required to state to them in an Independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Charity and the Charity's Trustees as a body, for my work or for this report.

Signed: 

Samantha Rouse

Dated: 26 November 2024

FCCA DChA

Kreston Reeves LLP
Chartered Accountants
Montague Place, Quayside
Chatham Maritime
Chatham
Kent
ME4 4QU

Sheppey Matters
(A company limited by guarantee)

Statement of financial activities (incorporating income and expenditure account)
for the year ended 31 March 2024

	Note	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £	Total funds 2023 £
Income from:					
Donations and legacies	4	4,922	411,902	416,824	698,112
Charitable activities	5	47,831	110,919	158,750	123,613
Investments	6	3,691	-	3,691	833
Other income	7	69	-	69	-
Total income		56,513	522,821	579,334	822,558
Expenditure on:					
Charitable activities	8	50,662	581,489	632,151	623,060
Total expenditure		50,662	581,489	632,151	623,060
Net income/(expenditure)		5,851	(58,668)	(52,817)	199,498
Transfers between funds	14	766	(766)	-	-
Net movement in funds		6,617	(59,434)	(52,817)	199,498
Reconciliation of funds:					
Total funds brought forward		79,474	363,956	443,430	243,932
Net movement in funds		6,617	(59,434)	(52,817)	199,498
Total funds carried forward		86,091	304,522	390,613	443,430

The Statement of financial activities includes all gains and losses recognised in the year.

The notes on pages 25 to 38 form part of these financial statements.

Sheppey Matters
(A company limited by guarantee)
Registered number: 03946296

Balance sheet
as at 31 March 2024

	Note	2024 £	2023 £
Fixed assets			
Tangible assets	11	48,401	59,325
Current assets			
Debtors	12	32,818	24,940
Cash at bank and in hand		341,247	392,048
		<u>374,065</u>	<u>416,988</u>
Creditors: amounts falling due within one year	13	(31,853)	(32,883)
Net current assets		<u>342,212</u>	384,105
Total net assets		<u><u>390,613</u></u>	<u><u>443,430</u></u>
Charity funds			
Restricted funds	14	304,522	363,956
Unrestricted funds	14	86,091	79,474
Total funds		<u><u>390,613</u></u>	<u><u>443,430</u></u>

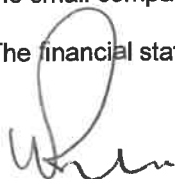
The Charity was entitled to exemption from audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit for the year in question in accordance with section 476 of Companies Act 2006.

The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to entities subject to the small companies regime.

The financial statements were approved and authorised for issue by the Trustees and signed on their behalf by:



Michael John Brown
Trustee

Date: 26/11/2024

The notes on pages 25 to 38 form part of these financial statements.

Sheppey Matters
(A company limited by guarantee)

Statement of cash flows
for the year ended 31 March 2024

	2024	2023
	£	£
Cash flows from operating activities		
Net cash used in operating activities (note 16)	(50,801)	155,022
	<hr/>	<hr/>
Cash flows from investing activities		
Dividends, interests and rents from investments	-	833
	<hr/>	<hr/>
Net cash provided by investing activities	-	833
	<hr/>	<hr/>
Cash flows from financing activities		
Net cash provided by financing activities	-	-
	<hr/>	<hr/>
Change in cash and cash equivalents in the year	(50,801)	155,855
Cash and cash equivalents at the beginning of the year	392,048	236,193
	<hr/>	<hr/>
Cash and cash equivalents at the end of the year (note 17)	341,247	392,048
	<hr/> <hr/>	<hr/> <hr/>

The notes on pages 25 to 38 form part of these financial statements

Sheppey Matters
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2024

1. General information

Sheppey Matters is a charitable company limited by guarantee incorporated in England and Wales. The registered office is Sheppey Leisure Centre, Broadway, Sheerness, Kent, ME12 1HH. The principal activities of the Charity are as set out in the Trustees' Report.

2. Accounting policies

2.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Sheppey Matters meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

The accounts are presented in round sterling.

2.2 Company status

The Charity is a company limited by guarantee. The members of the Charity are the Trustees named on page 1. In the event of the Charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the Charity.

2.3 Going concern

The Trustees assess whether the use of going concern is appropriate i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the Charity to continue as a going concern. The Trustees make this assessment in respect of a period of at least one year from the date of authorisation for issue of the financial statements and have concluded that the Charity has adequate resources to continue in operational existence for the foreseeable future and there are no material uncertainties about the Charity's ability to continue as a going concern, thus they continue to adopt the going concern basis of accounting in preparing the financial statements.

2.4 Income

All income is recognised once the Charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Grants are included in the Statement of financial activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the Balance sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

Sheppey Matters
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2024

2. Accounting policies (continued)

2.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the Charity's objectives, as well as any associated support costs.

All expenditure is inclusive of irrecoverable VAT.

2.6 Government grants

Government grants relating to tangible fixed assets are treated as deferred income and released to the Statement of financial activities over the expected useful lives of the assets concerned. Other grants are credited to the Statement of financial activities as the related expenditure is incurred.

2.7 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the Charity; this is normally upon notification of the interest paid or payable by the institution with whom the funds are deposited.

2.8 Taxation

The Charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the Charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

2.9 Tangible fixed assets and depreciation

Tangible fixed assets costing £2,000 or more are capitalised and recognised when future economic benefits are probable and the cost or value of the asset can be measured reliably.

Tangible fixed assets are initially recognised at cost. After recognition, under the cost model, tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. All costs incurred to bring a tangible fixed asset into its intended working condition should be included in the measurement of cost.

At each reporting date the Charity assesses whether there is any indication of impairment. If such indication exists, the recoverable amount of the asset is determined to be the higher of its fair value less costs to sell and its value in use. An impairment loss is recognised where the carrying amount exceeds the recoverable amount.

Depreciation is charged so as to allocate the cost of tangible fixed assets less their residual value over their estimated useful lives on the following bases:

Motor vehicles	- 5 years straight line
Fixtures and fittings	- 5 years straight line

Sheppey Matters
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2024

2. Accounting policies (continued)

2.10 Debtors

Trade and other debtors are recognised at the settlement amount. Prepayments are valued at the amount prepaid.

2.11 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

2.12 Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the Charity anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised in the Statement of financial activities as a finance cost.

2.13 Financial instruments

The Charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

2.14 Pensions

The Charity operates a defined contribution pension scheme and the pension charge represents the amounts payable by the Charity to the fund in respect of the year.

2.15 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Charity for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Sheppey Matters
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2024

3. Critical accounting estimates and areas of judgement

Estimates and judgements are continually evaluated and are based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Critical accounting estimates and assumptions:

The Charity makes estimates and assumptions concerning the future. The resulting accounting estimates and assumptions will, by definition, seldom equal the related actual results. The estimates and assumptions that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year are discussed below.

Tangible fixed assets

The Charity has recognised tangible fixed assets with a carrying value of £59,325 at the reporting date (see note 11). These assets are stated at their cost less provision for depreciation and impairment. The Charity's accounting policy sets out the approach to calculating depreciation for immaterial assets acquired. For material assets the Charity determines at acquisition reliable estimates for the useful life of the asset, its residual value and decommissioning costs. These estimates are based upon such factors as the expected use of the acquired asset and market conditions. At subsequent reporting dates the Trustees consider whether there are any factors such as technological advancements or changes in market conditions that indicate a need to reconsider the estimates used.

Where there are indicators that the carrying value of tangible assets may be impaired the Charity undertakes tests to determine the recoverable amount of assets. These tests require estimates of the fair value of assets less cost to sell and of their value in use. Wherever possible the estimate of the fair value of assets is based upon observable market prices less incremental cost for disposing of the asset. The value in use calculation is based upon a discounted cash flow model, based upon the Charity's forecasts for the foreseeable future which do not include any restructuring activities that the Charity is not yet committed to or significant future investments that will enhance the asset's performance. The recoverable amount is most sensitive to the discount rate used for the discounted cash flow model as well expected future cash flows and the growth rate used for extrapolation purposes.

Critical areas of judgement:

Lease commitments

The Charity has entered into a range of lease commitments in respect of plant and equipment. The classification of these leases as either financial or operating leases requires the Trustees to consider whether the terms and conditions of each lease are such that the Charity has acquired the risks and rewards associated with the ownership of the underlying assets.

Sheppey Matters
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2024

4. Income from donations and legacies

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £	Total funds 2023 £
Donations	4,922	11,778	16,700	20,977
Grants	-	400,124	400,124	538,026
Government grants	-	-	-	139,109
	<u>4,922</u>	<u>411,902</u>	<u>416,824</u>	<u>698,112</u>
Total 2023	<u>19,621</u>	<u>678,491</u>	<u>698,112</u>	

5. Income from charitable activities

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £	Total funds 2023 £
Charitable activities, see note 22	<u>47,831</u>	<u>110,919</u>	<u>158,750</u>	<u>123,613</u>
Total 2023	<u>49,510</u>	<u>74,103</u>	<u>123,613</u>	

6. Investment income

	Unrestricted funds 2024 £	Total funds 2024 £	Total funds 2023 £
Bank interest receivable	3,433	3,433	833
Investment income	258	258	-
	<u>3,691</u>	<u>3,691</u>	<u>833</u>
Total 2023	<u>833</u>	<u>833</u>	

Sheppey Matters
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2024

7. Other incoming resources

	Unrestricted funds 2024 £	Total funds 2024 £	Total funds 2023 £
Other income	69	69	-

8. Analysis of expenditure by activities

	Direct costs 2024 £	Support costs 2024 £	Total funds 2024 £	Total funds 2023 £
Charitable activities	627,481	4,670	632,151	623,060
Total 2023	615,560	7,500	623,060	

9. Staff costs

	2024 £	2023 £
Wages and salaries	382,477	371,944
Social security costs	18,543	18,092
Pension costs	8,247	7,617
	409,267	397,653

The average number of persons employed by the Charity during the year was as follows:

2024 No.	2023 No.
28	30

The average headcount expressed as full-time equivalents was:

2024 No.	2023 No.
16	16

Sheppey Matters
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2024

9. Staff costs (continued)

No employee received remuneration amounting to more than £60,000 in either year.

During the year the Charity's key management personnel received remuneration and benefits, including employer's national insurance contributions, amounting to £86,395 (2023: £80,148).

10. Trustees' remuneration and expenses

During the year, no Trustees received any remuneration or other benefits (2023 - £NIL).

During the year ended 31 March 2024, no Trustee expenses have been incurred (2023 - £NIL).

11. Tangible fixed assets

	Motor vehicles £	Fixtures and fittings £	Total £
Cost or valuation			
At 1 April 2023	135,225	56,697	191,922
Additions	-	4,674	4,674
At 31 March 2024	<u>135,225</u>	<u>61,371</u>	<u>196,596</u>
Depreciation			
At 1 April 2023	80,701	51,896	132,597
Charge for the year	13,631	1,967	15,598
At 31 March 2024	<u>94,332</u>	<u>53,863</u>	<u>148,195</u>
Net book value			
At 31 March 2024	<u>40,893</u>	<u>7,508</u>	<u>48,401</u>
At 31 March 2023	<u>54,524</u>	<u>4,801</u>	<u>59,325</u>

Sheppey Matters
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2024

12. Debtors

	2024	2023
	£	£
Due within one year		
Trade debtors	28,741	14,710
Other debtors	-	5,750
Prepayments and accrued income	4,077	4,480
	<u>32,818</u>	<u>24,940</u>

13. Creditors: Amounts falling due within one year

	2024	2023
	£	£
Trade creditors	11,911	5,352
Other taxation and social security	6,003	7,046
Other creditors	1,646	2,057
Accruals and deferred income	12,293	18,428
	<u>31,853</u>	<u>32,883</u>

Sheppey Matters
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2024

14. Statement of funds

Statement of funds - current year

	Balance at 1 April 2023 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2024 £
Unrestricted funds					
Designated funds					
Redundancy Reserve	11,450	-	-	4,500	15,950
Fixed Asset Funds	58,865	-	(13,631)	-	45,234
	<u>70,315</u>	<u>-</u>	<u>(13,631)</u>	<u>4,500</u>	<u>61,184</u>
General funds					
General Funds	9,159	56,513	(37,031)	(3,734)	24,907
	<u>79,474</u>	<u>56,513</u>	<u>(50,662)</u>	<u>766</u>	<u>86,091</u>
Restricted funds					
Restricted Funds (see note 22)	363,956	522,821	(581,489)	(766)	304,522
	<u>443,430</u>	<u>579,334</u>	<u>(632,151)</u>	<u>-</u>	<u>390,613</u>

Sheppey Matters
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2024

14. Statement of funds (continued)

Statement of funds - prior year

	Balance at 1 April 2022 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2023 £
Unrestricted funds					
Designated funds					
Redundancy Reserve	-	-	-	11,450	11,450
Fixed Asset Funds	2,101	-	(17,241)	74,005	58,865
	<u>2,101</u>	<u>-</u>	<u>(17,241)</u>	<u>85,455</u>	<u>70,315</u>
General funds					
General Funds	35,571	69,602	(67,816)	(28,198)	9,159
	<u>37,672</u>	<u>69,602</u>	<u>(85,057)</u>	<u>57,257</u>	<u>79,474</u>
Total Unrestricted funds					
Restricted funds					
Restricted Funds (see note 22)	206,260	752,594	(537,641)	(57,257)	363,956
	<u>243,932</u>	<u>822,196</u>	<u>(622,698)</u>	<u>-</u>	<u>443,430</u>

Sheppey Matters
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2024

15. Summary of funds

Summary of funds - current year

	Balance at 1 April 2023 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2024 £
Designated funds	70,315	-	(13,631)	4,500	61,184
General funds	9,159	56,513	(37,031)	(3,734)	24,907
Restricted funds	363,956	522,821	(581,489)	(766)	304,522
	<u>443,430</u>	<u>579,334</u>	<u>(632,151)</u>	<u>-</u>	<u>390,613</u>

Summary of funds - prior year

	Balance at 1 April 2022 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2023 £
Designated funds	2,101	-	(17,241)	85,455	70,315
General funds	35,571	69,602	(67,816)	(28,198)	9,159
Restricted funds	206,260	752,594	(537,641)	(57,257)	363,956
	<u>243,932</u>	<u>822,196</u>	<u>(622,698)</u>	<u>-</u>	<u>443,430</u>

Sheppey Matters
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2024

16. Analysis of net assets between funds

Analysis of net assets between funds - current period

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £
Tangible fixed assets	48,171	230	48,401
Current assets	61,487	312,578	374,065
Creditors due within one year	(23,567)	(8,286)	(31,853)
Total	86,091	304,522	390,613

Analysis of net assets between funds - prior period

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £
Tangible fixed assets	58,865	460	59,325
Current assets	41,810	375,178	416,988
Creditors due within one year	(21,201)	(11,682)	(32,883)
Total	79,474	363,956	443,430

17. Reconciliation of net movement in funds to net cash flow from operating activities

	2024 £	2023 £
Net income/expenditure for the period (as per Statement of Financial Activities)	(52,817)	199,498
Adjustments for:		
Depreciation charges	15,598	19,112
Increase in debtors	(7,878)	(761)
Increase/(decrease) in creditors	(1,030)	12,011
Fixed Asset Additions	(4,674)	(74,005)
Net cash provided by/(used in) operating activities	(50,801)	155,855

Sheppey Matters
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2024

18. Analysis of cash and cash equivalents

	2024	2023
	£	£
Cash in hand	341,247	392,048
Total cash and cash equivalents	341,247	392,048

19. Analysis of changes in net debt

	At 1 April	Cash flows	At 31 March
	2023	£	2024
	£	£	£
Cash at bank and in hand	392,048	(50,801)	341,247
	392,048	(50,801)	341,247

20. Pension commitments

The Charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the Charity in an independently administered fund. The pension cost charge represents contributions payable by the Charity to the fund and amounted to £8,247 (2023: £7,617). There were no amounts payable to the fund at the Balance sheet date (2023: £Nil).

21. Operating lease commitments

At 31 March 2024 the Charity had commitments to make future minimum lease payments under non-cancellable operating leases as follows:

	2024	2023
	£	£
Not later than 1 year	3,992	3,992
Later than 1 year and not later than 5 years	7,984	11,976
	11,976	15,968

Sheppey Matters
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2024

22. Related party transactions

One of the Trustees, P Murray is also a trustee of Swale CVS, with C White K Pugh and being an employee of Swale CVS. During the financial year, Sheppey Matters incurred expenditure with Swale CVS of £39,660 (2023: £18,123) and received income of £200 (2023: £64). All of these transactions were conducted at arm's length. At the balance sheet date Sheppey Matters is owed £1,465 (2023: Nil).

C White is also a director of Children and Families. During the financial year Sheppey Matters has incurred expenditure of £36 (2023: £156) and received income of £70 (2023: £Nil) with this organisation. All of these transactions were conducted at arm's length. There were no amounts outstanding at the Balance sheet date. (2023: £Nil).

P Murray is also a director of Swale Community Leisure. During the financial year Sheppey Matters has incurred expenditure of £10,017 (2023: £10,185) and received income of £3,435 (2023: £4,577) with this organisation. All of these transactions were conducted at arm's length. At the balance sheet date Sheppey Matters is owed £445 (2023: £984).

P Murray and N Martin are also trustees of Age UK Sheppey. During the financial year Sheppey Matters has incurred expenditure of £1,202 (2023: £1,980) and received income of £30 (2023: £90) with this organisation. All of these transactions were conducted at arm's length. There were no amounts outstanding at the Balance sheet date. (2023: £Nil).

P Murray is also a trustee of Eastern Sheppey Community Hub. During the financial year Sheppey Matters has incurred expenditure of £125 (2023: £Nil) with this organisation. All of these transactions were conducted at arm's length. At the balance sheet date Sheppey Matters is owed £125 (2023: £Nil).

Sheppey Matters

Notes to the financial statements For the year ended 31 March 2024

23. Unrestricted funds - Centre funds

	Total 2024 £	Total 2023 £
Funds brought forward	<u>79,474</u>	<u>37,672</u>
Income and endowments from		
Grants	-	2,212
Donations	4,923	17,409
Room Hire	46,155	43,222
Travel and Membership	(1,122)	
Services / Work Undertaken	1,581	554
Investment Income	3,691	833
Other Income	1,285	5,372
Total income	<u>56,513</u>	<u>69,602</u>
Expenditure on		
Bad Debts	7,020	129
Bank Charges and Interest	(208)	117
Computer Expenses	6,216	(3,546)
Depreciation	15,368	18,882
Goods Given as Grants	(50)	1,890
Hall / Room Hire	(6,241)	61
Insurance	558	4,594
Legal and Professional Fees	-	216
Management Fees	(22,815)	(13,509)
Motor and Travel	660	136
Postage, Printing, Photocopying and Stationery	(190)	4,699
Repairs, Maintenance and Equipment	3,613	3,055
Staff Costs	43,689	51,142
Sundry Expenses	(2,821)	5,126
Telephone and Internet	522	(358)
Training	219	150
Utilities		5,604
Work Undertaken	452	369
Subtotal	<u>45,992</u>	<u>78,757</u>
Support costs		
Auditors' remuneration	4,670	6,300
Auditors' remuneration - non-audit	-	-
Subtotal	<u>4,670</u>	<u>6,300</u>
Net movement in funds	<u>5,851</u>	<u>(15,455)</u>
Transfers between funds	766	57,257
Funds carried forward	<u><u>86,091</u></u>	<u><u>79,474</u></u>

SHEPPEY MATTERS

England & Wales - Charity number 1102847

Accounts

Registered number: 03946296
Charity number: 1102847

Sheppey Matters
(A company limited by guarantee)

Trustees' report and financial statements
for the year ended 31 March 2023

Sheppey Matters
(A company limited by guarantee)

Contents

	Page
Reference and administrative details of the Charity, its Trustees and Advisers	1
Trustees' report	2 - 15
Independent auditor's report on the financial statements	16 - 19
Statement of financial activities	20
Balance sheet	21
Statement of cash flows	22
Notes to the financial statements	28 - 38

Sheppey Matters

(A company limited by guarantee)

**Reference and administrative details of the Charity, its Trustees and Advisers
for the year ended 31 March 2023**

Trustees

Michael John Brown, Trustee
Christine White
Kenneth Pugh
Paul Murray MBE
Joe Rook MBE
Gareth Dyson (appointed 18 July 2023)

Company registered number

03946296

Charity registered number

1102847

Registered office

Sheppey Leisure Centre
Broadway
Sheerness
Kent
ME12 1HH

Company secretary

Nigel Martin

Swale Borough Council Representative

Elliott Jayes

Independent auditor

Kreston Reeves LLP
Chartered Accountants
Statutory Auditor
Montague Place
Quayside
Chatham Maritime
Chatham
Kent
ME4 4QU

Sheppey Matters
(A company limited by guarantee)

Trustees' report
for the year ended 31 March 2023

The Trustees present their annual report together with the audited financial statements of the Charity for the year 1 April 2022 to 31 March 2023. The Annual report serves the purposes of both a Trustees' report and Directors' report under company law. The Trustees confirm that the Annual report and financial statements of the Charity comply with the current statutory requirements, the requirements of the Charity's governing document and the provisions of the Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019).

Since the Charity qualifies as small under section 382 of the Companies Act 2006, the Strategic report required of medium and large companies under the Companies Act 2006 (Strategic Report and Directors' Report) Regulations 2013 has been omitted.

Objectives and activities

a. Policies and objectives

The objects of the Charity are:

- To promote and protect the good health of people living on the Isle of Sheppey, in particular by the provision of a healthy living centre.
- To advance education in the benefits of good health and social well being.
- To provide or assist in the provision of facilities in the interest of social welfare for recreation or other leisure time occupation of individuals who have need of such facilities because of their youth, age, disability, financial hardship, or social circumstances.

Sheppey Matters is an independent charity, and the Trustees meet at least four times a year to make major policy decisions and review progress. Other times limited working groups are set up when a particular topic needs more detailed consideration by the Trustees.

The Chief Executive Officer takes overall day to day responsibility for steering the charity in accordance with the strategic direction set by the Trustees. He meets the chair of Sheppey Matters on a weekly basis and has a regular email and telephone contact between meetings. Administrative staff based at Sheppey Healthy Living Centre (HLC) take responsibility for room bookings and supporting projects.

Sheppey Matters has a service level agreement with Swale CVS, which provides financial administration services, carried out by a designated officer. Additional day to day financial management support is provided by the director of Swale CVS.

In setting objectives and planning for activities, the Trustees have given due consideration to general guidance published by the Charity Commission relating to public benefit, including the guidance 'Public benefit: running a charity (PB2)'.

Sheppey Matters
(A company limited by guarantee)

Trustees' report (continued)
for the year ended 31 March 2023

Objectives and activities (continued)

b. Strategies for achieving objectives

The Trustees' policy is to work in partnership with local agencies from the community and voluntary sector, and statutory sector to run projects at Sheppey HLC and outreach projects elsewhere on the Island. In this way, the Charity can make a bigger impact, draw on the expertise of specialist agencies and avoid duplication of local projects.

The charity is also increasing its environmental responsibilities through various initiatives –

- A War on Waste project undertaken by Sheppey FM's youth presenters on a Saturday morning
- Collecting used ink cartridges, stamps, and batteries– all within Sheppey Matters and other third parties – collected and recycled, with the charity earning a small donation.
- Increased activity in our Sheerness and Eastchurch allotments – growing fruit and vegetables for community benefit
- Checking the distance travelled whilst making online purchases – can items be acquired more locally, reducing the carbon footprint, and supporting local businesses?

Achievements and performance

a. Review of activities

The Trustees have further updated the business plan for Sheppey Matters, which has been implemented by the CEO and his team and continued during 2022/23. The experience of COVID 19 and the beginning of the cost of living crisis has continued to challenge staff and volunteers as residents from the Isle of Sheppey sought advice and guidance. The cost of living crisis brought a new sector of the community to the charity – those who previously had never sought help but now found themselves in the position of food and/or fuel poverty and were not fully aware of how and where to find the necessary guidance.

The challenge of the cost of living crisis has again seen the creative, passionate and dedicated side of the Sheppey Matters team of staff and volunteers brought to the fore, bringing help, comfort, and practical guidance to those in the community struggling to cope with increased prices and deciding whether eating or heating was more important at any given time.

Sheppey Matters has worked closely with the community and statutory bodies on Sheppey to ensure that support services were working together and benefitting as many people as possible and so reducing duplication. The winter period saw warm rooms, school, uniform, 175 coats, games, and toys, over 550 arts and craft packages, blankets and a small food bank made available to the community. Regular soup and coffee mornings were held round the island to engage as many people as possible and provide a little respite to the cost of living. The twice weekly cooking sessions enabled 70 meals to be cooked and delivered to families in need.

December saw the launch of the Miles and Smiles minibus service specifically for those living with a disability and requiring transport to a hospital, clinic, or a social opportunity. Other projects included two separate cooking sessions for men and adult stroke survivors, inter-generational cooking, art, and drama classes for identified students from the island's secondary school and a new art after school club at a local primary school.

Sheppey Matters remains thankful to its many funders for their support throughout 2022/23 and the flexible approach allowed to change our delivery to support those most in need. The charity continues to build positive relationships with funders, supporters, local authorities, community groups and agencies, without whom Sheppey Matters would not be able to deliver the much-needed support on the Isle of Sheppey.

The board, staff and volunteers would like to thank the many funders over this twelve month period, and acknowledges the donations received from the local community to support our work

Sheppey Matters

(A company limited by guarantee)

**Trustees' report (continued)
for the year ended 31 March 2023**

Achievements and performance (continued)

The charity is grateful for the support of its funders to enable health and well being work to be undertaken on the Isle of Sheppey; Kent County Council, BBC Children in Need, The Minerva Fund, Kent Community Foundation, Southern Housing, Swale Borough Council, The National Lottery Community Fund, Tudor Trust, Garfield Weston Foundation, The Henry Smith Charity, Department for Digital, Culture, Media and Sport, Motability, Royal Opera House Bridge, Medway Voluntary Action, Swale Borough Council members, Kent Sport, Localgiving.com, Rotary Club of Minster-on-Sea, Grantscape, Swale CVS, UK Cycling, Sheerness Town Council, Minster Parish Council, OFCOM, Halfway Houses Primary School, Blakemore Foundation, and MSE Charity,

Sheppey Matters learnt in April that it had been awarded the Queen's Award for Voluntary Services, the MBE for voluntary groups; the award was received by the charity's volunteers in November. Sheppey Matters also received the Princess Royal Training Award for its work with young people, a major success alongside other winning national and international names.

Below are further details on the projects.

Community Development/Eastchurch Community Hub

A busy year, new residents have joined us and most weeks we are seeing between 10-14 attendees. The mornings are spent doing general catch up and chattering whilst the afternoons are kept for group activities of book club or crafting. We have been joined by our newest IT support; she is doing a wonderful job with getting the group to do more with their laptops and tablets. She is also supporting them with setting up new phones and ensuring the safe use of internet banking, shopping, and browsing. The group has worked together on various projects through the year including knitting 97 child size woollen hats and various knitted and crocheted animals that are to be sent to Ukraine for children in care. We also did a foodbank and coat collection for the HLC, and the group does a regular donation of food and essentials for the local food bank. We have learnt new skills and several of the ladies have spent time teaching others to knit and crochet, this is a real bonding experience for the group and definitely builds connections.

The One You team regularly visit us, and this has helped with everyone's overall health, high blood pressure and general health issues have been brought to light and with the support and encouragement of the team our members have sort more medical advice and taken better care of themselves.

We have supported the local Parish council with decorations for the Coronation and with garden themed crafts for the local In Bloom competition. We also attended a creative day with Swale Borough Council to learn to willow weave and made large reindeer that were displayed at the entrance to the village as part of the Christmas lights display.

Well Life

The past year of the project have seen many challenges – both within the team and the community, but in the normal spirit of community engagement and team effort, many of the trials and tribulations have been overcome through a creative delivery programme and firm but imaginative project management. Well Life has continued to grow from strength to strength, with the new gardener in place the team began to build on the work they had originally started under the Healthy Sheppey banner and improve in many ways. The biggest change was that the team wanted to do more activities together, to combine their skills and passions to showcase to the residents a diverse approach to Covid recovery through better health and wellbeing. We have seen new relationships with both individuals and groups as well as other organisations resulting in the establishment of new support groups across the Island.

Another challenge was quickly coming to fruition during the early months, with the country heading towards a serious downturn in the economy, affecting every household. The project looked at ways that it can both support and sustain the community with activities and reassurance that practical help and guidance is and always will be there for those in the island's community requiring such support. The team has been involved in many situations where help is needed, but the biggest change has been the need for help for the previously never before seen 'better off' community which is now struggling financially.

Sheppey Matters

(A company limited by guarantee)

Trustees' report (continued) for the year ended 31 March 2023

Achievements and performance (continued)

Community Chef

The community chef has a long and successful track record of delivering healthy eating initiatives to the island's community. This year has been no different, with a creative programme engagement to residents of all ages, living in all four quarters of the island. As the cost of living crisis began to take hold, the need for economic, tasty, easy-to-produce family meals has become even more important. This has been delivered in several ways, each designed to inspire interest in a healthy lifestyle, but also accounting for the need to feed a family within a tight budget. Spud Buds was an intergenerational collaboration between the young people of Halfway Houses Primary school and the older generation's members from the Sheppey Matters project 'Isle Connect You.' This was a four week project pairing up seven students and old people. The overarching theme was cooking with the humble potato. The success of this led to the next sessions called Grainy Grub club, concentrating on grains and pluses.

Silver and Spice group is made up of mainly recovering stroke patients and the support chef has been able to give them in this group relearning valuable kitchen skills has really shown over the life of the programme. There is also an important role in reintroducing the social element; many of the participants have lost the confidence to join groups and friendship circles. The cost of living crisis has been a regular source of concern to both the team and our beneficiaries. It has been and still will be a long hard winter, so chef has been working with various island groups to provide winter warmer sessions where residents can meet and enjoy soup and roll and a social opportunity. This started in September and continues as long as is needed. Sessions are held at various locations around the island and attract about 25/35 each time.

Everyday active Champion

The physical 'keep fit' opportunities for the island residents who are unable to pay a monthly fee to join a gym or fitness club or unwilling to join a club and expose their frailties to other people are extremely limited, so the Everyday Active Champion's responsibility was to devise and deliver suitable sessions which were not too demanding, had a social opportunity and gave people the chance to become involved at little or in most cases, no cost. Julie introduced the Nordic Walking programme several years ago and had caught the imagination of the island's older generation as a friendly and sociable way of meeting others and gaining some fitness. The groups have continued to grow and expand, requiring an additional three persons to be trained to deliver new classes in Sheerness and Queenborough. Whilst many use walking poles, it is not a necessity, removing any further barriers for those that do not want to or fear walking with poles. Leaders are supported through a group leader What's app page to exchange views and information. All leaders receive first aid training. Sessions were restricted due to Julie's injury, but with volunteer support we can offer 5 walks a week throughout the year.

In partnership with UK Cycling and Kent Sport, a beginner's cycling club has been formed on the island, including learn to ride training, workshops for people to maintain and service their bikes, provide loan cycles for those that have no access or cannot afford their own bikes and safety equipment. There is now a Beginners' Community Cycling Group for Sheppey, supported by four Community Cycle Leaders offering community training for Bike Maintenance and Servicing, four Loan Bikes and Safety Equipment. A questionnaire was sent out earlier in the year to gauge interest, resulting in two weekend events in March attracting over 19 participants.

We are now working on a menopause support and wellbeing with a range of activities across the project.

Sheppey Matters

(A company limited by guarantee)

Trustees' report (continued)

for the year ended 31 March 2023

Achievements and performance (continued)

Community Gardener

The community gardener strand to the Well Life project started some four months late due to recruitment difficulties, but the project is delighted that Gemma has joined the team and has already taken great strides in community engagement.

The local Mencap group are keen and regular participants at the allotment. They undertake a variety of gardening activities, which include tending to the Sheppey Matters Community Allotment – helping to sow, plant, weed and learn about growing your own. They have taken produce (potatoes, courgettes, and tomatoes) back to the Day Centre from the plot and have recently been allocated a raised bed to grow produce that they like to eat and can use at the Day Centre going forward. This gives them a feeling of ownership of their own area to look after and maintain, and the freedom to choose what they want to grow. The area at Beachfields, Sheerness – the group have helped to maintain, plant and water the nine existing large planters between the Healthy Living Centre and the Swimming Pool in Sheerness as well as small planters and seating area behind the Centre and a raised bed at the entrance. They have planted herbs, bedding plants and spring bulbs and our future plans include growing plants and flowers at the allotment from seed to keep the planters continuously blooming throughout the year for the community. The East Kent Mencap Garden – the outside space at the Centre is a blank canvas and we are working together to prepare the garden for their planned renovation, which will include a wildlife area, compost area, pond, vegetable area and flower borders and pots.

The work with The Crawford Centre (a day centre for people with physical health conditions located in Sheerness) engages participants every Monday. They undertake a variety of gardening activities. They tend to the Sheppey Matters Community Allotment – the group has visited the allotment regularly since October, helping to sow, plant, weed and learn about growing your own. The group has varying degrees of special needs so activities have been adapted to suit their abilities and interests. The gardeners have recently been allocated an area at the allotment to grow cut flowers, which has been led by them as it is something they wanted to do and would like to learn more about. We have already started to overwinter some sweet peas as the backdrop to the flower bed and have plans to make the area raised to make it more accessible for all members of the group and the visiting community. We will build this ourselves from existing materials at the allotment. As the weather got more wintery, we moved our sessions indoors and the group visited our Eastchurch Hub at the Eastern end of the Island so that they could get used to the new environment as they will be helping the gardener to transform the outside space there in 2023. Herbs were planted and cuttings taken, as well as planting Christmas baskets as gifts for the members families.

Neptune House is a residential home for people with learning difficulties. They initially participated once a month when outside, but increased twice monthly when the bad weather forced the group indoors. The group has a varying degree of special needs and collaborating with the Manager of Neptune House the activities have been tailored to meet these needs. The outdoor gardening activities took place in the garden at the residential house as the hot weather in the Summer made it more difficult for the group to attend the Sheppey Matters Community Allotment but going forward we will take sessions there once a month, so that the group can contribute their skills to the community space.

We created a gardening group for 8 -12 year olds during the summer holidays attracting 44 children based at the allotment. The young people were given the opportunity to create a wildlife pond, decorate stones for the border, plant vegetables and learn how to look after them. They also learned about the importance of pollination and healthier lifestyles and choices. They made compost, harvested produce to take home to enjoy with their family, decorated plant pots that they had planted with seeds. Many young people had never experienced or been given the opportunity to enjoy the outside space of an allotment. Skills that have been taken away include learning about responsibility of taking care and nurturing plants and vegetables. Teamwork alongside building self-esteem and confidence. Gaining knowledge of how allotments can be fun as well as produce fresh fruit and vegetables, help with lowering levels of anxiety and helping with positive mental health and wellbeing in line with the ethos of Sheppey Matters. We have made inroads to the Eastern end of the Island - they are a very hard to reach area and off the back of the Community Chef efforts to make solid links with these residents we offered a gardening session both in Sheerness and Eastchurch - The activity was named - Two Spring Bulb Lasagna pot activities (layers of different bulbs topped with winter bedding plants) and was specifically for over 65s who are isolated and have mobility issues.

Sheppey Matters
(A company limited by guarantee)

Trustees' report (continued)
for the year ended 31 March 2023

Achievements and performance (continued)

One foot in the Gravy

This pilot project was created to engage and support men with cooking skills. We took groups of 6 men and taught various skills over a six week course. Many of the participants were widowed, had become carers for their partners or had never been shown the basics in a kitchen. There were a surprising number of women who put their partners forward for the course, with wives and daughters encouraging their men folk to try. The skill levels were monitored at the beginning with several unable to cook at all and a few who did cook but lacked confidence. We began each course with basic food hygiene and safety in the kitchen and then progressed to peeling and preparing vegetables and meat. Vegetarian options were always available. We soon moved on to more adventurous cooking and were led by the participants as to the things they liked to eat, try, and discover. There was a lot of emphasis on talking about how the men were coping with the new skills and this always led to further discussions about general mental health and wellbeing.

We have found that for the gents they need a catalyst or activity that they are enjoying helping them to open up about how they are dealing with emotions and feelings. The cookery course has really helped them, and they felt safe and confident to discuss deeper issues. At all times, a member of the team was there to support these conversations and signpost where required. At the end of the six sessions the participants all completed feedback forms and all of them were looking to continue with more sessions later. Two went on to do their level 2 food hygiene certificates.

Healthy Living Centre

Sheppey Matters operates the Healthy Living Centre (HLC) in Sheerness with additional outreach from our hub in Eastchurch as well as events and activities in locations around the Isle of Sheppey.

In the reporting period the HLC has returned to its full capacity following a long period of closure or reduced operations due to Covid. External groups using the HLC have changed, and some services have been lost such as the Youth Sexual Health Clinic and Swale Your Way, but new groups have emerged such as pre-diabetic groups, independent counsellors, a church group, and an increase in services aimed at reducing drug and alcohol use.

We have been active in meeting the cost-of-living crisis, and the impact it is having, by supporting the most vulnerable in our community with innovative events and activities – pop up food banks, winter coat drives, toys for Christmas, warm spaces with hot food and so on.

Room bookings at the HLC are at an all-time high with demand from external partners and organisations such as Swale Foodbank, Department for Work and Pensions and Kent County Council being regular hirers.

Rural Youth after school and youth clubs

The rural youth project provided a diverse range of activities for young people during this year.

The regular choice of clubs for young people was available with venues across the island. Attendance for some sessions was disappointing, especially for the special needs groups, where members were reluctant to re-engage after Covid.

Some sessions were altered by day and time, whilst new clubs were established in other venues, including Halfway Houses Primary School (for juniors) and Sheerness County Youth club (for seniors). A new bootcamp for young people was introduced during the summer and was initially successful, but as the darker evenings drew in the numbers waned. Despite this, those attending reported a better level of fitness and enjoyment from the sessions.

The C-card service along with guidance sessions for young people were delivered at the nearby college, whilst summer saw a successful and self-supported programme of Ready, Steady Grow, pebble painting for wild garden, Rodents & reptiles. Cosplay, Forest School, Wild Estuary, Cookery and Creepy Claws. October Half term Activities with included Fancy Dress party, Scratch art, Halloween mobile making and pumpkin colouring.

Sheppey Matters

(A company limited by guarantee)

**Trustees' report (continued)
for the year ended 31 March 2023**

Achievements and performance (continued)

Sheppey Wheels

Overall, an eventful year for Sheppey Wheels!

Quarter 1 saw the launch of our spring/summer brochure as confidence slowly resumed post pandemic. We started our twice weekly day trips to shopping areas and points of interest and as rules relaxed we were able to run trips offering full capacity on the minibus and were pleased to see the return of members who had been eagerly awaiting days out and to socialise once more.

Things took a turn in quarter 2 when our minibus used for transporting elderly residents to day centre for respite facilities broke down and was declared beyond repair. Short term this caused a knock on effect to all Wheels services; we had to cancel private hire to local groups and organisations who had planned days out to ensure we could use our only vehicle offering a tail lift for wheelchair users to continue our support to the day care centre. We also cancelled planned day trips that had featured in latest brochure for same reason. These factors combined with soaring fuel costs greatly impacted upon Sheppey Wheels' ability to remain self-sustaining due to rising overheads and refunds leaving our accounts at a rapid pace.

Managers at Sheppey Matters liaised with Age UK Sheppey and secured a minibus that we were able to rent short term whilst we resolved our fleet issues. The bus did not have a working tail lift which did affect one of our passengers in an electric wheelchair that the day centre once a week, so we aimed wherever possible to keep the trips diary free to use our day trip bus on these days.

As summer passed we suffered some staffing issues in September due to a return of covid although this only affected us for a couple of weeks.

October 2022 saw a renewed interest from private groups and organisations looking to register with Sheppey Wheels and take advantage of our affordable half day and full day hire rates in Kent. This proved very popular with the Swale Stroke group, over 60s club servicing the Eastern end of Island, local residential care homes and supported living units.

Our winter brochure launched with some new and exciting trips. We were able to negotiate a partnership with Marlowe Theatre enabling us to reserve theatre tickets in advance without commitment confirming numbers closer to time of travel. Through this scheme we sold out a trip to a matinee in Feb 2023 for The King & I. We also featured a guided tour of Houses of Parliament unfortunately cancelled due to weather, and a visit to The Gurdwara in Gravesend which was an enormous success and a firm favourite with Wheels customers.

The closure of quarter 4 held a huge blessing when Kent County Council donated a minibus no longer in use to Sheppey Matters, a Mercedes Sprinter 2013 with working tail lift which has brought our fleet back up to three giving us freedom to expand our availability to serve the island.

Just wanted to message to say a big thank you to you and also our lovely driver for helping us have such a lovely day out for our Hawthorn Manor residents on Monday!

We really enjoyed the service and the driver (sorry not sure of his name) was great and very helpful with getting the residents on and off the bus.

Thank you for all your help with arranging the hire and we look forward to using your service again soon!

Sheppey Matters

(A company limited by guarantee)

**Trustees' report (continued)
for the year ended 31 March 2023**

Achievements and performance (continued)

Sheppey Community Media Centre

It has been a very Royal year for the Sheppey Community Media Centre, with a visit in April from the Deputy Lieutenant of Kent, Paul Austen, to discuss the presentation of the 'Queen's Award for Voluntary Services' and in May we were guests at the Queen's Garden Party at Buckingham Palace, followed in November as guests of HRH Princess Anne at Banqueting House, London to receive the 'Princess Royal Training Award'. We were also presented with a 'special commendation' in recognition of our Youth Arts Awards Training Programme. We were one of only six across the whole of the UK to receive this, so a very proud moment.

Throughout the year we have many visits from local VIPs. MP for Sittingbourne and Sheppey Gordon Henderson has an on-air surgery every three months to listen to people's views on local issues, and Swale Borough Council has a strong working relationship with us. Kent County Council Chair, Lesley Game, is also a strong supporter of our training programme and personally spoke with our twelve students participating in a Kent County Council funded Reconnect project. The students were completing a bronze level Arts Award in media and drama, which included a trip to Shakespeare's Globe Theatre and the Tate Gallery.

Training with Oasis Academy with their excluded students and Sheppey College offering work experience placements is confirmed to continue into 2024.

The community radio station continues to serve the community and has broadcast over twenty-five interviews with local representatives of health groups, charities, and educational bodies (Age UK Sheppey, Healthwatch, Homestart, Kent Association for the Blind, Sheppey Food bank, Sheppey History Society, Salvation Army, Demelza Hospice and Sheppey Leisure Complex)

The Sheppey FM Roadshows continue to extend their reach in the community, attending over thirty events at various schools across Sheppey and Sittingbourne. More formal events include 'Remembrance Sunday Commemoration service at the War Memorial and the HMS Wildfire Commemorative Service. Fun events include St George's Day, the Queen's Jubilee, carnivals, and Christmas events, all working with the local town councils. Fundraising events include CRUK, the Freedom Centre and Minster Abbey.

In March 2023 we were awarded a further two gold and one silver national community awards, competing with over 360 other stations across the UK.

Magic 1 2 3/ADHD & Me

The 123, ADHD & Me programme has continued to be a sought after programme for family engagement. The project manager has been asked to attend local school events as well as being invited to a meeting of Kent County Council (KCC) Headteachers in Thanet to explore best practice in SEN and showcase what is taking place in the Swale area.

Blended families have been seeking support over the past quarter which has meant that the sessions have taken longer than usual. This has been essential for family members to ask questions and ensure that learning that has taken place is reinforced to support the child in their daily life.

The Programme Manager has recently completed an Executive Functions (EF) coaching course which aims to support young people with their EF challenges. This includes task initiation, response inhibition, flexibility, organisation, goal directed persistence, metacognition, sustained attention, planning and prioritisation, emotional regulation, working memory and time management.

A recent addition to the programme is integrating basic brain science into the sessions. This includes creating brain neurons from air-drying clay and exploring the different aspects of the Neuron and how they can be made stronger using the EFs.

We have supported over 40 children over the past year as well as their siblings, parents, and carers.

Feedback from the children has been enthusiastic:

"I can't wait to come back and find out what we're doing next week!"

Sheppey Matters
(A company limited by guarantee)

Trustees' report (continued)
for the year ended 31 March 2023

Achievements and performance (continued)

"I didn't want to come here but I look forward to it now."

The project lead has been accepted for a Masters' Degree in Autism, ADHD, and Neurodevelopmental Conditions with Middlesex University. Studies begin in September 2023 for the two-year course.

Isle Connect You

Isle Connect You is in our final year of delivery we have worked with 118 new beneficiaries from 1st April 2022 to 31st March 23.

We have met with residents from across the Isle of Sheppey, with a higher ratio of women to men. The referrals received over the last two years have ranged from 65-97 years of age that have experienced isolation and loneliness on another level with the risk that came from the pandemic because of their own health conditions along with the knock-on effects of covid. This has had a detrimental effect on their mental health and mobility. For some that were once confident and able bodied, their health has deteriorated, and they are now much less independent.

A larger percentage of our clients experienced feeling lonely and isolated years before the pandemic. Some were isolated due to the responsibility of full-time care for spouses or because of being housebound as have health conditions which leave them unable to leave their home.

There have been many issues raised because of the reduction in resources to care for the senior generation and we have made many referrals to support services for additional help. Some of the agencies we have worked with have been Age UK Sheppey, KCC Community Wardens, Kent Fire and Rescue, Police, PCSOs, Social Prescribers, GPs, Southern Housing, DWP to name a few.

Living in a rural area that has a lack of public transport in senior communities as well as a lack of social activities has left people feeling forgotten.

As a team we have been able to provide a service to our community through befriending our clients, providing a safe social environment for them to meet others and make friends as well as arranging and facilitating activities of interest. Transport is one of the biggest issues for most of our clients, especially for seniors with mobility issues or those that are not on a public transport route. Our project has been able to help support this, without it some are unable to go out independently.

Over the last two years we have had clients that came to Isle Connect You with low confidence and self-esteem that have spent a long time at home alone. We worked with them to support their needs along with other support services where needed. This has been a person-centered approach, introducing them to others that are in a similar situation or have similar interests. Through trust they have engaged in activities and social outings and made friendships. This has changed their life and are now confident and have arranged their own social groups outside of our project.

Some have also now joined us as volunteers, helping with the coffee mornings and befriending services.

For others we have found it is a slower process. They are more reliant on us as their life situation does not enable them to be independent. As a team we provide support, transport, coffee mornings and activities, so they can join in, make friends, and feel part of the community once more.

We have facilitated a large and diverse number of activities ranging from the ancestry project, IT support sessions, weekly coffee morning meetups, weekly soup and roll Fridays, a resilience workshop, intergenerational workshops (Spud Buds, Grainy Grub club and Future Me) swimming, driving, emotional support, virtual zooms, route 66, men's mental health groups, fitness and well-being sessions, grief support, falls prevention, arts and crafts, garden get togethers, day trips to local attractions breakfast meet ups celebrational events such as the Jubilee, the Coronation and the Royal visit. Fishing, chair-based exercise, safe and well visits with the Kent fire brigade and community wardens, introductions to other organisations, guest speakers, talks and well-being packs to name a few. It has been action packed and a wonderful project to be a part of.

Sheppey Matters
(A company limited by guarantee)

Trustees' report (continued)
for the year ended 31 March 2023

Achievements and performance (continued)

Miles and Smiles/Motability

The Miles and Smiles project began in December 2022 but launched to the public in April 2023. The first four months were spent purchasing the bus and training the new team.

The project is to assist wheelchair passengers, or residents with severe disabilities, to attend medical appointments that they would otherwise be unable to get to. We work in partnership with Swale CVS as they run a voluntary car service but have people who cannot access a car. The slow start of this project enabled us to get to know a new community of residents that we had not had many dealings with before.

Residents who would benefit from this service are visited by a member of our team, so that we are able to assess their needs, check the access to their property and any parking issues that may arise when we call to collect them. It is also a good chance to get to chat with them and get to know them better, signpost them to other services that may be of benefit to them and create a good first impression. The service provides assistance with accompanying the member to an appointment and the driver will wait and return with the beneficiary when they are finished to their home.

The project was expected to get 30 members in year 1 and we currently stand at 44 members by 7 months, this just goes to prove there is a need for such transport. We are also able to do some social trips to help members get out and about, but the priority is for medical appointments.

"Wonderful that I could get somewhere safely and comfortably."

"I feel very comfortable on the vehicle and looked after."

"With this community service, any wheelchair user can access the community because of this fully wheelchair accessible transport. This service caters for all your needs."

Structure, governance and management

a. Constitution

The Charity is constituted under a Charity Commission Scheme and is a registered charity number 1102847. Sheppey Matters is a charitable company limited by guarantee, incorporated in March 2000, and registered as a charity in March 2004.

b. Methods of appointment or election of Trustees

The management of the Charity is the responsibility of the Trustees who are elected or co-opted under the terms of the Trust Deed. The current policy of the Trustees is to recruit new trustees from local groups, agencies, or individuals on the Isle of Sheppey.

c. Pay policy for key management personnel

The policy is in line with similar charities in the local area.

Sheppey Matters
(A company limited by guarantee)

Trustees' report (continued)
for the year ended 31 March 2023

Structure, governance and management (continued)

d. Risk management

The Trustees have assessed the major risks to which the Charity is exposed and are satisfied that systems and procedures are in place to mitigate exposure to the major risks.

The Trustees have considered what they believe to be the main risks the Charity is facing. These are deemed to be as follows:

1. Reliance on one or few funders – the Charity has expanded its funder base to ensure the potential loss of one funder has a minimal effect (or as minimal as possible). The current wide range of funders is demonstrated earlier in this report.
2. Loss of key staff; staff are kept engaged and are valued by the Charity. It recognises that losing a staff member at the end of a period of funding can be detrimental to the Charity as skills are lost, so the Charity always endeavours to keep staff even if in a different role. It cannot afford to lose years of training and investment in a staff member.
3. Effect of COVID; whilst Covid has waned during the year, the Charity has remained vigilant and ensured any necessary precaution were taken to keep staff, volunteers, and beneficiaries safe.
4. Cost of living crisis has followed on directly from Covid. It has challenged and stretched the charity to deliver services to the community, with little opportunity for the staff and volunteers to recover from the pandemic before being faced with the next round of issues and concerns.
5. Loss of public support; the Charity has worked hard over the years to establish itself a good name and high level of support from all areas of the local community. It regularly checks media and social media for adverse comments and keeps a close and strong relationship with residents, businesses, other charities, and community groups plus those in authority and influential positions (councillors, council leaders etc.). The charity was delighted to be awarded Queens Award for Voluntary Services – the MBE for voluntary groups and the Princess Royal Training Award.
6. Loss of use of the healthy living centre; the Charity holds a 25 year lease which expires January 2028. It relies on its partner in the centre, Swale Community Leisure, to undertake the operational aspect of the centre (security, maintenance etc). Its contract ends October 2025 so the Charity may find itself faced with substantial extra costs to operate the centre on its own or be obliged to find alternative premises. The HLC provides significant unrestricted income for the Charity.
7. Levelling Up Fund. Swale Borough Council was successful with its application to transform areas of Sheerness, of which the HLC is one. As of July 2023, the exact dates of the work have still to be confirmed, but it is likely that Sheppey Matters will have to vacate the building during the summer of 2024 for up to 6/12 months. This is a wonderful opportunity to return to a refurbished building, but the charity will continue to deliver its services, although where remains to be decided.

e. Plans for future periods

The Trustees will continue to support the objectives of the Charity for the foreseeable future. The board of trustees has continually expressed its confidence in the charity's delivery to the Sheppey community and full confidence in the ability and skills of the staff and volunteers to ensure this happens.

The board will be seeking new and different funding streams during 2023/24 to strengthen the charity's financial position as the cost of living crisis has increased the number of funding applications to grant providers, making success harder.

Sheppey Matters
(A company limited by guarantee)

Trustees' report (continued)
for the year ended 31 March 2023

Structure, governance and management (continued)

f. Reserves policy

The charity holds reserves for three separate areas

- Restricted funds
- Unrestricted funds
- Designated funds

The charity receives a mix of income throughout the year which sits in the restricted or unrestricted streams. The charity expends monies to support its projects and administrative work in the normal course of events. At the year's end, it may still hold monies that for restricted services are still within the project's period of delivery (which may not always be a financial year) along with unrestricted incomes.

Restricted funds are from grants and other monies so designated by the board of trustees as restricted. These funds are granted at varying times throughout the financial year and may crossover one or two financial years and are shown as carry-over in the annual accounts. The amount per project may differ from budget against actual as project delivery can vary during a twelve month period.

Unrestricted funds are earned from the charity's own unfunded activities such as room hire which form the basis of the charity's annual budgeting process.

Designated funds are for specific reasons.

The total reserves at the period end were £442,805 of which £363,956 were restricted funds, and £70,315 were designated, leaving £8,534 available for general purposes of the charity.

The reserves policy has been designed to ensure that the charity has an adequate basis to continue operating for the foreseeable future –

- Unexpected demand for funds due to an emergency or unforeseen bills.
- Additional day-to-day operational costs such as temporary staff.
- Loss of an expected or regular source of funding such as a grant or donation. Use of reserves can help buy the time required to seek an alternative source.
- Reserves may be used to supplement a grant or other source of income that does not cover the total cost of the project or capital expenditure or as a bridging fund should a project be required to start before a grant is received.

The board of trustees seeks to hold a minimum of four months' funds at any time so that –

- In the event of any unexpected shortfall in income there is a reasonable amount of time available to seek alternative monies. The charity does have a wide and varied list of funders, so a loss of one funder may have an adverse effect on a project, but not necessarily the whole charity.
- Have funds available for any unexpected expenditure
- An amount might be needed to cover 'troughs' in the cash budget
- Money allocated for a specific event, such as redundancy.

In the Trustees' view, the charity's reserves should provide it with adequate financial stability and the means for it to meet its charitable objectives for the foreseeable future.

Sheppey Matters
(A company limited by guarantee)

Trustees' report (continued)
for the year ended 31 March 2023

Structure, governance and management (continued)

g. Funds held as custodian trustees on behalf of others

The charity has, during this financial year, held monies on behalf of the following community groups –

- Sheppey ADHD
- Eastchurch Allotments and Conservation Group

The charity maintains a normal accountancy trail of the financial transactions carried out on the behalf of either group:

Statement of Trustees' responsibilities

The Trustees (who are also the Directors of the Charity for the purposes of company law) are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year. Under company law, the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the Charity and of its income and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS 102);
- make judgements and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the Charity's transactions and disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Disclosure of information to auditor

Each of the persons who are Trustees at the time when this Trustees' report is approved has confirmed that:

- so far as that Trustee is aware, there is no relevant audit information of which the Charity's auditor is unaware, and
- that Trustee has taken all the steps that ought to have been taken as a Trustee in order to be aware of any relevant audit information and to establish that the Charity's auditor is aware of that information

Sheppey Matters
(A company limited by guarantee)

Trustees' report (continued)
for the year ended 31 March 2023

Auditor

The auditor, Kreston Reeves LLP, has indicated his willingness to continue in office. The designated Trustees will propose a motion reappointing the auditor at a meeting of the Trustees.

Approved by order of the members of the board of Trustees and signed on their behalf by:



Michael John Brown
Trustee

Date:

7/12/2023.

Sheppey Matters
(A company limited by guarantee)

Independent auditor's report to the Members of Sheppey Matters

Opinion

We have audited the financial statements of Sheppey Matters (the 'Charity') for the year ended 31 March 2023 which comprise the Statement of financial activities, the Balance sheet, the Statement of cash flows and the related notes, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the Charity's affairs as at 31 March 2023 and of its income resources and application of resources, including its income and expenditure for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the United Kingdom, including the Financial Reporting Council's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the Trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the Trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the Annual report other than the financial statements and our Auditor's report thereon. The Trustees are responsible for the other information contained within the Annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Sheppey Matters
(A company limited by guarantee)

Independent auditor's report to the Members of Sheppey Matters (continued)

Opinion on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Trustees' report for the financial year for which the financial statements are prepared is consistent with the financial statements.
- the Trustees' report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of our knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees' report.

We have nothing to report in respect of the following matters in relation to which Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of Trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the Trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the Trustees' report and from the requirement to prepare a Strategic report.

Responsibilities of trustees

As explained more fully in the Trustees' responsibilities statement, the Trustees (who are also the Directors of the Charity for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the Trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the Trustees are responsible for assessing the Charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Trustees either intend to liquidate the Charity or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an Auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Sheppey Matters

(A company limited by guarantee)

Independent auditor's report to the Members of Sheppey Matters (continued)

Capability of the audit in detecting irregularities, including fraud

Based on our understanding of the Charity and the sector as a whole, and through discussion with the Trustees and other management (as required by auditing standards), we identified that the principal risks of non-compliance with laws and regulations related to health and safety, anti-bribery and employment law. We considered the extent to which non-compliance might have a material effect on the financial statements. We also considered those laws and regulations that have a direct impact on the preparation of the financial statements such as the Charities SORP (FRS 102) Second Edition (released October 2019), the Companies Act 2006 and other relevant charity legislation. We communicated identified laws and regulations throughout our team and remained alert to any indications of non-compliance throughout the audit. We evaluated Trustees' and management's Incentives and opportunities for fraudulent manipulation of the financial statements (including the risk of override of controls) and determined that the principal risks related to: posting inappropriate journal entries to increase revenue or reduce expenditure; management bias in accounting estimates; and judgemental areas of the financial statements. Audit procedures performed by the engagement team included:

- Discussions with management and assessment of known or suspected instances of non-compliance with laws and regulations (including health and safety) and fraud; and
- Assessment of identified fraud risk factors; and
- Review of cash expenditure to confirm no evidence of personal benefit; and
- Challenging assumptions and judgements made by management in its significant accounting estimates; and
- Performing analytical procedures to identify any unusual or unexpected relationships, including related party transactions, that may indicate risks of material misstatement due to fraud; and
- Confirmation of related parties with management, and review of transactions throughout the period to identify any previously undisclosed transactions with related parties outside the normal course of business; and
- Reading minutes of meetings of those charged with governance; and
- Review of significant and unusual transactions; and
- Identifying and testing journal entries, in particular any manual entries made at the year end for financial statement preparation.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

As part of an audit in accordance with ISAs (UK), we exercise professional judgement and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion of the effectiveness of the charitable company's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the Trustees.

Sheppey Matters
(A company limited by guarantee)

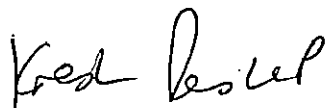
Independent auditor's report to the Members of Sheppey Matters (continued)

- Conclude on the appropriateness of the Trustees' use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the charitable company's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in my Auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of my Auditor's report. However, future events or conditions may cause the Charity to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

Use of our report

This report is made solely to the Charity's trustees, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the Charity's trustees those matters we are required to state to them in an Auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Charity and its trustees, as a body, for our audit work, for this report, or for the opinions we have formed.



Susan Robinson BA FCA FCIE DChA (Senior statutory auditor)
for and on behalf of
Kreston Reeves LLP
Chartered Accountants
Statutory Auditor
Chatham Maritime

Date: 8 December 2023

Sheppey Matters
(A company limited by guarantee)

Statement of financial activities (Incorporating income and expenditure account)
for the year ended 31 March 2023

	Note	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £	Total funds 2022 £
Income from:					
Donations and legacies	4	19,621	678,491	698,112	356,217
Charitable activities	5	49,148	74,103	123,251	129,895
Investments	6	833	-	833	31
Total income		69,602	752,594	822,196	486,143
Expenditure on:					
Charitable activities	7	85,057	537,641	622,698	591,761
Total expenditure		85,057	537,641	622,698	591,761
Net (expenditure)/income		(15,455)	214,953	199,498	(105,618)
Transfers between funds	13	57,257	(57,257)	-	-
Net movement in funds		41,802	157,696	199,498	(105,618)
Reconciliation of funds:					
Total funds brought forward		37,672	206,260	243,932	349,550
Net movement in funds		41,802	157,696	199,498	(105,618)
Total funds carried forward		79,474	363,956	443,430	243,932

The Statement of financial activities includes all gains and losses recognised in the year.

The notes on pages 23 to 36 form part of these financial statements.

Sheppey Matters
(A company limited by guarantee)
Registered number: 03946296

Balance sheet
as at 31 March 2023

	Note	2023 £	2022 £
Fixed assets			
Tangible assets	10	59,325	4,432
Current assets			
Debtors	11	24,940	24,179
Cash at bank and in hand		392,048	236,193
		<u>416,988</u>	<u>260,372</u>
Creditors: amounts falling due within one year	12	(32,883)	(20,872)
Net current assets		<u>384,105</u>	<u>239,500</u>
Total net assets		<u>443,430</u>	<u>243,932</u>
Charity funds			
Restricted funds	13	363,956	206,260
Unrestricted funds	13	79,474	37,672
Total funds		<u>443,430</u>	<u>243,932</u>

The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to entities subject to the small companies regime.

The financial statements were approved and authorised for issue by the Trustees and signed on their behalf by:



Michael John Brown
Trustee

Date: 7/12/2023

The notes on pages 23 to 36 form part of these financial statements.

Sheppey Matters
(A company limited by guarantee)

Statement of cash flows
for the year ended 31 March 2023

	2023	2022
	£	£
Cash flows from operating activities		
Net cash used in operating activities (note 16)	155,022	(96,086)
Cash flows from investing activities		
Dividends, interests and rents from investments	833	31
Net cash provided by investing activities	833	31
Cash flows from financing activities		
Net cash provided by financing activities	-	-
Change in cash and cash equivalents in the year	155,855	(96,055)
Cash and cash equivalents at the beginning of the year	236,193	332,248
Cash and cash equivalents at the end of the year (note 17)	392,048	236,193

The notes on pages 23 to 36 form part of these financial statements

Sheppey Matters
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2023

1. General information

Sheppey Matters is a charitable company limited by guarantee incorporated in England and Wales. The registered office is Sheppey Leisure Centre, Broadway, Sheerness, Kent, ME12 1HH. The principal activities of the Charity are as set out in the Trustees' Report.

2. Accounting policies

2.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Sheppey Matters meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

The accounts are presented in round sterling.

2.2 Company status

The Charity is a company limited by guarantee. The members of the Charity are the Trustees named on page 1. In the event of the Charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the Charity.

2.3 Going concern

The Trustees assess whether the use of going concern is appropriate i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the Charity to continue as a going concern. The Trustees make this assessment in respect of a period of at least one year from the date of authorisation for issue of the financial statements and have concluded that the Charity has adequate resources to continue in operational existence for the foreseeable future and there are no material uncertainties about the Charity's ability to continue as a going concern, thus they continue to adopt the going concern basis of accounting in preparing the financial statements.

2.4 Income

All income is recognised once the Charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Grants are included in the Statement of financial activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the Balance sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

Sheppey Matters
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2023

2. Accounting policies (continued)

2.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the Charity's objectives, as well as any associated support costs.

All expenditure is inclusive of irrecoverable VAT.

2.6 Government grants

Government grants relating to tangible fixed assets are treated as deferred income and released to the Statement of financial activities over the expected useful lives of the assets concerned. Other grants are credited to the Statement of financial activities as the related expenditure is incurred.

2.7 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the Charity; this is normally upon notification of the interest paid or payable by the institution with whom the funds are deposited.

2.8 Taxation

The Charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the Charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

2.9 Tangible fixed assets and depreciation

Tangible fixed assets costing £2,000 or more are capitalised and recognised when future economic benefits are probable and the cost or value of the asset can be measured reliably.

Tangible fixed assets are initially recognised at cost. After recognition, under the cost model, tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. All costs incurred to bring a tangible fixed asset into its intended working condition should be included in the measurement of cost.

At each reporting date the Charity assesses whether there is any indication of impairment. If such indication exists, the recoverable amount of the asset is determined to be the higher of its fair value less costs to sell and its value in use. An impairment loss is recognised where the carrying amount exceeds the recoverable amount.

Depreciation is charged so as to allocate the cost of tangible fixed assets less their residual value over their estimated useful lives on the following bases:

Motor vehicles	- 5 years straight line
Fixtures and fittings	- 5 years straight line

Sheppey Matters
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2023

2. Accounting policies (continued)

2.10 Debtors

Trade and other debtors are recognised at the settlement amount. Prepayments are valued at the amount prepaid.

2.11 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

2.12 Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the Charity anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised in the Statement of financial activities as a finance cost.

2.13 Financial instruments

The Charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

2.14 Pensions

The Charity operates a defined contribution pension scheme and the pension charge represents the amounts payable by the Charity to the fund in respect of the year.

2.15 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Charity for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Sheppey Matters
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2023

3. Critical accounting estimates and areas of judgement

Estimates and judgements are continually evaluated and are based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Critical accounting estimates and assumptions:

The Charity makes estimates and assumptions concerning the future. The resulting accounting estimates and assumptions will, by definition, seldom equal the related actual results. The estimates and assumptions that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year are discussed below.

Tangible fixed assets

The Charity has recognised tangible fixed assets with a carrying value of £59,325 at the reporting date (see note 10). These assets are stated at their cost less provision for depreciation and impairment. The Charity's accounting policy sets out the approach to calculating depreciation for immaterial assets acquired. For material assets the Charity determines at acquisition reliable estimates for the useful life of the asset, its residual value and decommissioning costs. These estimates are based upon such factors as the expected use of the acquired asset and market conditions. At subsequent reporting dates the Trustees consider whether there are any factors such as technological advancements or changes in market conditions that indicate a need to reconsider the estimates used.

Where there are indicators that the carrying value of tangible assets may be impaired the Charity undertakes tests to determine the recoverable amount of assets. These tests require estimates of the fair value of assets less cost to sell and of their value in use. Wherever possible the estimate of the fair value of assets is based upon observable market prices less incremental cost for disposing of the asset. The value in use calculation is based upon a discounted cash flow model, based upon the Charity's forecasts for the foreseeable future which do not include any restructuring activities that the Charity is not yet committed to or significant future investments that will enhance the asset's performance. The recoverable amount is most sensitive to the discount rate used for the discounted cash flow model as well expected future cash flows and the growth rate used for extrapolation purposes.

Critical areas of judgement:

Lease commitments

The Charity has entered into a range of lease commitments in respect of plant and equipment. The classification of these leases as either financial or operating leases requires the Trustees to consider whether the terms and conditions of each lease are such that the Charity has acquired the risks and rewards associated with the ownership of the underlying assets.

Sheppey Matters
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2023

4. Income from donations and legacies

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £	Total funds 2022 £
Donations	17,409	3,568	20,977	6,877
Grants	2,212	535,814	538,026	349,340
Government grants	-	139,109	139,109	-
	<u>19,621</u>	<u>678,491</u>	<u>698,112</u>	<u>356,217</u>
Total 2022	<u>45,653</u>	<u>310,564</u>	<u>356,217</u>	

5. Income from charitable activities

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £	Total funds 2022 £
Charitable activities, see note 22	49,148	74,103	123,251	129,895
Total 2022	<u>115,326</u>	<u>14,569</u>	<u>129,895</u>	

6. Investment income

	Unrestricted funds 2023 £	Total funds 2023 £	Total funds 2022 £
Bank interest receivable	833	833	31
Total 2022	<u>31</u>	<u>31</u>	

Sheppey Matters
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2023

7. Analysis of expenditure by activities

	Direct costs 2023 £	Support costs 2023 £	Total funds 2023 £	Total funds 2022 £
Charitable activities (see note 22)	615,198	7,500	622,698	591,761
Total 2022	579,675	12,086	591,761	

8. Staff costs

	2023 £	2022 £
Wages and salaries	371,944	377,866
Social security costs	18,092	18,886
Pension costs	7,617	7,752
	397,653	404,504

The average number of persons employed by the Charity during the year was as follows:

2023 No.	2022 No.
30	28

The average headcount expressed as full-time equivalents was:

2023 No.	2022 No.
16	16

No employee received remuneration amounting to more than £60,000 in either year.

During the year the Charity's key management personnel received remuneration and benefits, including employer's national insurance contributions, amounting to £80,148 (2022: £74,290).

Sheppey Matters
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2023

9. Trustees' remuneration and expenses

During the year, no Trustees received any remuneration or other benefits (2022 - £NIL).

During the year ended 31 March 2023, no Trustee expenses have been incurred (2022 - £NIL).

10. Tangible fixed assets

	Motor vehicles £	Fixtures and fittings £	Total £
Cost or valuation			
At 1 April 2022	111,628	50,847	162,475
Additions	68,155	5,850	74,005
Disposals	(44,558)	-	(44,558)
At 31 March 2023	<u>135,225</u>	<u>56,697</u>	<u>191,922</u>
Depreciation			
At 1 April 2022	108,202	49,841	158,043
Charge for the year	17,057	2,055	19,112
On disposals	(44,558)	-	(44,558)
At 31 March 2023	<u>80,701</u>	<u>51,896</u>	<u>132,597</u>
Net book value			
At 31 March 2023	<u>54,524</u>	<u>4,801</u>	<u>59,325</u>
At 31 March 2022	<u>3,426</u>	<u>1,006</u>	<u>4,432</u>

Sheppey Matters
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2023

11. Debtors

	2023	2022
	£	£
Due within one year		
Trade debtors	14,710	14,645
Other debtors	5,750	5,760
Prepayments and accrued income	4,480	3,774
	24,940	24,179

12. Creditors: Amounts falling due within one year

	2023	2022
	£	£
Trade creditors	5,352	3,111
Other taxation and social security	7,046	1,433
Other creditors	2,057	-
Accruals and deferred income	18,428	16,328
	32,883	20,872

	2023	2022
	£	£
Deferred income at 1 April 2022 and at 31 March 2023	11,288	11,288

Sheppey Matters
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2023

13. Statement of funds

Statement of funds - current year

	Balance at 1 April 2022 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2023 £
Unrestricted funds					
Designated funds					
Redundancy Reserve	-	-	-	11,450	11,450
Fixed Asset Funds	2,101	-	(17,241)	74,005	58,865
	<u>2,101</u>	<u>-</u>	<u>(17,241)</u>	<u>85,455</u>	<u>70,315</u>
General funds					
General Funds	35,571	69,602	(67,816)	(28,198)	9,159
	<u>37,672</u>	<u>69,602</u>	<u>(67,816)</u>	<u>(28,198)</u>	<u>9,159</u>
Total Unrestricted funds	<u>37,672</u>	<u>69,602</u>	<u>(67,816)</u>	<u>(28,198)</u>	<u>9,159</u>
Restricted funds					
Restricted Funds (see note 22)	206,260	752,594	(537,641)	(57,267)	363,956
	<u>206,260</u>	<u>752,594</u>	<u>(537,641)</u>	<u>(57,267)</u>	<u>363,956</u>
Total of funds	<u>243,932</u>	<u>822,196</u>	<u>(605,462)</u>	<u>(85,465)</u>	<u>443,430</u>

Sheppey Matters
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2023

13. Statement of funds (continued)

Statement of funds - prior year

	Balance at 1 April 2021 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2022 £
Unrestricted funds					
Designated funds					
Redundancy Reserve	24,517	-	-	(24,517)	-
Fixed Asset Funds	-	-	-	2,101	2,101
	<u>24,517</u>	<u>-</u>	<u>-</u>	<u>(22,416)</u>	<u>2,101</u>
General funds					
General Funds	31,291	161,010	(59,666)	(97,064)	35,571
	<u>55,808</u>	<u>161,010</u>	<u>(59,666)</u>	<u>(119,480)</u>	<u>37,672</u>
Total Unrestricted funds					
Restricted funds					
Restricted Funds, see note 22	293,742	325,133	(532,095)	119,480	206,260
	<u>349,550</u>	<u>486,143</u>	<u>(591,761)</u>	<u>-</u>	<u>243,932</u>

Sheppey Matters
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2023

14. Summary of funds

Summary of funds - current year

	Balance at 1 April 2022 £	Income £	Expenditure £	Transfers In/out £	Balance at 31 March 2023 £
Designated funds	2,101	-	(17,241)	85,455	70,315
General funds	35,571	69,602	(67,816)	(28,198)	9,159
Restricted funds	206,260	752,594	(537,641)	(57,257)	363,956
	<u>243,932</u>	<u>822,196</u>	<u>(622,698)</u>	<u>-</u>	<u>443,430</u>

Summary of funds - prior year

	Balance at 1 April 2021 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2022 £
Designated funds	24,517	-	-	(22,416)	2,101
General funds	31,291	161,010	(59,666)	(97,064)	35,571
Restricted funds	293,742	325,133	(532,095)	119,480	206,260
	<u>349,550</u>	<u>486,143</u>	<u>(591,761)</u>	<u>-</u>	<u>243,932</u>

Sheppey Matters
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2023

15. Analysis of net assets between funds

Analysis of net assets between funds - current year

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £
Tangible fixed assets	58,865	460	59,325
Current assets	41,810	375,178	416,988
Creditors due within one year	(21,201)	(11,682)	(32,883)
Total	79,474	363,956	443,430

Analysis of net assets between funds - prior year

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £
Tangible fixed assets	2,101	2,331	4,432
Current assets	44,761	215,611	260,372
Creditors due within one year	(9,190)	(11,682)	(20,872)
Total	37,672	206,260	243,932

16. Reconciliation of net movement in funds to net cash flow from operating activities

	2023 £	2022 £
Net income/expenditure for the year (as per Statement of Financial Activities)	199,498	(105,618)
Adjustments for:		
Depreciation charges	19,112	-
Decrease/(Increase) in debtors	(761)	-
Increase in creditors	12,011	-
Fixed Asset Additions	(74,005)	-
Net cash provided by/(used in) operating activities	155,855	(105,618)

Sheppey Matters
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2023

17. Analysis of cash and cash equivalents

	2023	2022
	£	£
Cash in hand	392,048	236,193
Total cash and cash equivalents	392,048	236,193

18. Analysis of changes in net debt

	At 1 April	Cash flows	At 31 March
	2022	£	2023
	£	£	£
Cash at bank and in hand	236,193	155,855	392,048
	236,193	155,855	392,048

19. Pension commitments

The Charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the Charity in an independently administered fund. The pension cost charge represents contributions payable by the Charity to the fund and amounted to £7,817 (2022: £7,752). There were no amounts payable to the fund at the Balance sheet date (2022: £Nil).

20. Operating lease commitments

At 31 March 2023 the Charity had commitments to make future minimum lease payments under non-cancellable operating leases as follows:

	2023	2022
	£	£
Not later than 1 year	3,992	3,992
Later than 1 year and not later than 5 years	11,976	15,968
	15,968	19,960

Sheppey Matters
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2023

21. Related party transactions

Two of the Trustees, K Pugh and P Murray are also trustees of Swale CVS, with C White being an employee of Swale CVS. During the financial year, Sheppey Matters incurred expenditure with Swale CVS of £18,059 (2022: £9,600) and received income of £Nil (2022: £17,426). All of these transactions were conducted at arms length. There were no amounts outstanding at the Balance sheet date (2022: £Nil).

C White is also a trustee of Home Start Sittingbourne and Sheppey. During the financial year Sheppey Matters has incurred expenditure of £156 (2022: £288) with this organisation. All of these transactions were conducted at arms length. There were no amounts outstanding at the Balance sheet date (2022: £Nil).

P Murray is also a director of Swale Community Leisure. During the financial year Sheppey Matters has received income of £4,577 (2022: £1,717) from this organisation and incurred expenditure of £10,185 (2022: £2,945). All of these transactions were conducted at arms length. There was a balance of £1,088 owed by Swale Community Leisure at year end (2022: £1,717).

P Murray and N Martin are also trustees of Age UK Sheppey. During the financial year Sheppey Matters has received income of £90 (2022: £875) from this organisation. All of these transactions were conducted at arms length. There were no amounts outstanding at the Balance sheet date (2022: £Nil).

21. Related Party Transactions

Particulars	2021	2020	2019	2018	2017	2016	2015	2014	2013	2012	2011	2010	2009	2008	2007	2006	2005	2004	2003	2002	2001	2000	1999	1998	1997	1996	1995	1994	1993	1992	1991	1990	1989	1988	1987	1986	1985	1984	1983	1982	1981	1980	1979	1978	1977	1976	1975	1974	1973	1972	1971	1970	1969	1968	1967	1966	1965	1964	1963	1962	1961	1960	1959	1958	1957	1956	1955	1954	1953	1952	1951	1950	1949	1948	1947	1946	1945	1944	1943	1942	1941	1940	1939	1938	1937	1936	1935	1934	1933	1932	1931	1930	1929	1928	1927	1926	1925	1924	1923	1922	1921	1920	1919	1918	1917	1916	1915	1914	1913	1912	1911	1910	1909	1908	1907	1906	1905	1904	1903	1902	1901	1900	1899	1898	1897	1896	1895	1894	1893	1892	1891	1890	1889	1888	1887	1886	1885	1884	1883	1882	1881	1880	1879	1878	1877	1876	1875	1874	1873	1872	1871	1870	1869	1868	1867	1866	1865	1864	1863	1862	1861	1860	1859	1858	1857	1856	1855	1854	1853	1852	1851	1850	1849	1848	1847	1846	1845	1844	1843	1842	1841	1840	1839	1838	1837	1836	1835	1834	1833	1832	1831	1830	1829	1828	1827	1826	1825	1824	1823	1822	1821	1820	1819	1818	1817	1816	1815	1814	1813	1812	1811	1810	1809	1808	1807	1806	1805	1804	1803	1802	1801	1800	1799	1798	1797	1796	1795	1794	1793	1792	1791	1790	1789	1788	1787	1786	1785	1784	1783	1782	1781	1780	1779	1778	1777	1776	1775	1774	1773	1772	1771	1770	1769	1768	1767	1766	1765	1764	1763	1762	1761	1760	1759	1758	1757	1756	1755	1754	1753	1752	1751	1750	1749	1748	1747	1746	1745	1744	1743	1742	1741	1740	1739	1738	1737	1736	1735	1734	1733	1732	1731	1730	1729	1728	1727	1726	1725	1724	1723	1722	1721	1720	1719	1718	1717	1716	1715	1714	1713	1712	1711	1710	1709	1708	1707	1706	1705	1704	1703	1702	1701	1700	1699	1698	1697	1696	1695	1694	1693	1692	1691	1690	1689	1688	1687	1686	1685	1684	1683	1682	1681	1680	1679	1678	1677	1676	1675	1674	1673	1672	1671	1670	1669	1668	1667	1666	1665	1664	1663	1662	1661	1660	1659	1658	1657	1656	1655	1654	1653	1652	1651	1650	1649	1648	1647	1646	1645	1644	1643	1642	1641	1640	1639	1638	1637	1636	1635	1634	1633	1632	1631	1630	1629	1628	1627	1626	1625	1624	1623	1622	1621	1620	1619	1618	1617	1616	1615	1614	1613	1612	1611	1610	1609	1608	1607	1606	1605	1604	1603	1602	1601	1600	1599	1598	1597	1596	1595	1594	1593	1592	1591	1590	1589	1588	1587	1586	1585	1584	1583	1582	1581	1580	1579	1578	1577	1576	1575	1574	1573	1572	1571	1570	1569	1568	1567	1566	1565	1564	1563	1562	1561	1560	1559	1558	1557	1556	1555	1554	1553	1552	1551	1550	1549	1548	1547	1546	1545	1544	1543	1542	1541	1540	1539	1538	1537	1536	1535	1534	1533	1532	1531	1530	1529	1528	1527	1526	1525	1524	1523	1522	1521	1520	1519	1518	1517	1516	1515	1514	1513	1512	1511	1510	1509	1508	1507	1506	1505	1504	1503	1502	1501	1500	1499	1498	1497	1496	1495	1494	1493	1492	1491	1490	1489	1488	1487	1486	1485	1484	1483	1482	1481	1480	1479	1478	1477	1476	1475	1474	1473	1472	1471	1470	1469	1468	1467	1466	1465	1464	1463	1462	1461	1460	1459	1458	1457	1456	1455	1454	1453	1452	1451	1450	1449	1448	1447	1446	1445	1444	1443	1442	1441	1440	1439	1438	1437	1436	1435	1434	1433	1432	1431	1430	1429	1428	1427	1426	1425	1424	1423	1422	1421	1420	1419	1418	1417	1416	1415	1414	1413	1412	1411	1410	1409	1408	1407	1406	1405	1404	1403	1402	1401	1400	1399	1398	1397	1396	1395	1394	1393	1392	1391	1390	1389	1388	1387	1386	1385	1384	1383	1382	1381	1380	1379	1378	1377	1376	1375	1374	1373	1372	1371	1370	1369	1368	1367	1366	1365	1364	1363	1362	1361	1360	1359	1358	1357	1356	1355	1354	1353	1352	1351	1350	1349	1348	1347	1346	1345	1344	1343	1342	1341	1340	1339	1338	1337	1336	1335	1334	1333	1332	1331	1330	1329	1328	1327	1326	1325	1324	1323	1322	1321	1320	1319	1318	1317	1316	1315	1314	1313	1312	1311	1310	1309	1308	1307	1306	1305	1304	1303	1302	1301	1300	1299	1298	1297	1296	1295	1294	1293	1292	1291	1290	1289	1288	1287	1286	1285	1284	1283	1282	1281	1280	1279	1278	1277	1276	1275	1274	1273	1272	1271	1270	1269	1268	1267	1266	1265	1264	1263	1262	1261	1260	1259	1258	1257	1256	1255	1254	1253	1252	1251	1250	1249	1248	1247	1246	1245	1244	1243	1242	1241	1240	1239	1238	1237	1236	1235	1234	1233	1232	1231	1230	1229	1228	1227	1226	1225	1224	1223	1222	1221	1220	1219	1218	1217	1216	1215	1214	1213	1212	1211	1210	1209	1208	1207	1206	1205	1204	1203	1202	1201	1200	1199	1198	1197	1196	1195	1194	1193	1192	1191	1190	1189	1188	1187	1186	1185	1184	1183	1182	1181	1180	1179	1178	1177	1176	1175	1174	1173	1172	1171	1170	1169	1168	1167	1166	1165	1164	1163	1162	1161	1160	1159	1158	1157	1156	1155	1154	1153	1152	1151	1150	1149	1148	1147	1146	1145	1144	1143	1142	1141	1140	1139	1138	1137	1136	1135	1134	1133	1132	1131	1130	1129	1128	1127	1126	1125	1124	1123	1122	1121	1120	1119	1118	1117	1116	1115	1114	1113	1112	1111	1110	1109	1108	1107	1106	1105	1104	1103	1102	1101	1100	1099	1098	1097	1096	1095	1094	1093	1092	1091	1090	1089	1088	1087	1086	1085	1084	1083	1082	1081	1080	1079	1078	1077	1076	1075	1074	1073	1072	1071	1070	1069	1068	1067	1066	1065	1064	1063	1062	1061	1060	1059	1058	1057	1056	1055	1054	1053	1052	1051	1050	1049	1048	1047	1046	1045	1044	1043	1042	1041	1040	1039	1038	1037	1036	1035	1034	1033	1032	1031	1030	1029	1028	1027	1026	1025	1024	1023	1022	1021	1020	1019	1018	1017	1016	1015	1014	1013	1012	1011	1010	1009	1008	1007	1006	1005	1004	1003	1002	1001	1000	999	998	997	996	995	994	993	992	991	990	989	988	987	986	985	984	983	982	981	980	979	978	977	976	975	974	973	972	971	970	969	968	967	966	965	964	963	962	961	960	959	958	957	956	955	954	953	952	951	950	949	948	947	946	945	944	943	942	941	940	939	938	937	936	935	934	933	932	931	930	929	928	927	926	925	924	923	922	921	920	919	918	917	916	915	914	913	912	911	910	909	908	907	906	905	904	903	902	901	900	899	898	897	896	895	894	893	892	891	890	889	888	887	886	885	884	883	882	881	880	879	878	877	876	875	874	873	872	871	870	869	868	867	866	865	864	863	862	861	860	859	858	857	856	855	854	853	852	851	850	849	848	847	846	845	844	843	842	841	840	839	838	837	836	835	834	833	832	831	830	829	828	827	826	825	824	823	822	821	820	819	818	817	816	815	814	813	812	811	810	809	808	807	806	805	804	803	802	801	800	799	798	797	796	795	794	793	792	791	790	789	788	787	786	785	784	783	782	781	780	779	778	77
-------------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	----

Shappey Matters

Notes to the financial statements
For the year ended 31 March 2023

22. Unrestricted funds - Centre funds

	Total 2023 £	Total 2022 £
Funds brought forward	<u>37,672</u>	<u>55,808</u>
Income and endowments from		
Grants	2,212	36,708
Donations	17,409	8,945
Room Hire	43,222	26,933
Travel and Membership		57,463
Services / Work Undertaken	554	6,620
Investment Income	833	31
Other Income	5,372	24,310
Total Income	<u>69,602</u>	<u>161,010</u>
Expenditure on		
Bad Debts		1,646
Bank Charges and Interest	129	100
Computer Expenses	117	501
Depreciation	(3,546)	3,773
Goods Given as Grants	18,882	156
Hall / Room Hire	1,890	1,819
Insurance	61	4,171
Legal and Professional Fees	4,584	5,639
Management Fees	216	-
Motor and Travel	(13,509)	5,197
Postage, Printing, Photocopying and Stationery	136	1,225
Repairs, Maintenance and Equipment	4,699	7,646
Staff Costs	3,055	3,385
Sundry Expenses	51,142	6,736
Telephone and Internet	5,128	190
Training	(358)	577
Utilities	150	1,938
Work Undertaken	5,604	6,241
	369	
Subtotal	<u>78,757</u>	<u>50,940</u>
Support costs		
Auditors' remuneration	6,300	3,840
Auditors' remuneration - non-audit	-	4,888
Subtotal	<u>6,300</u>	<u>8,728</u>
Net movement in funds	<u>(15,455)</u>	<u>101,344</u>
Transfers between funds	57,257	(119,480)
Funds carried forward	<u>79,474</u>	<u>37,672</u>

SHEPPEY MATTERS

England & Wales - Charity number 1102847

Accounts

Registered number: 03946296
Charity number: 1102847

Sheppey Matters
(A company limited by guarantee)

Trustees' report and financial statements
for the year ended 31 March 2022

Sheppey Matters
(A company limited by guarantee)

Contents

	Page
Reference and administrative details of the Charity, its Trustees and Advisers	1
Trustees' report	2 - 18
Independent auditor's report on the financial statements	19 - 22
Statement of financial activities	23
Balance sheet	24
Statement of cash flows	25
Notes to the financial statements	26 - 40

Sheppey Matters
(A company limited by guarantee)

**Reference and administrative details of the Charity, its Trustees and Advisers
for the year ended 31 March 2022**

Trustees

Michael John Brown, Principal
Christine White
Kenneth Pugh
Paul Murray MBE
Joe Rook MBE
Keiron Taylor (appointed 13 April 2021, resigned 22 June 2021)

Company registered number

03946296

Charity registered number

1102847

Registered office

Sheppey Leisure Centre
Broadway
Sheerness
Kent
ME12 1HH

Company secretary

Nigel Martin

Swale Borough Council Representative

Richard Darby (to May 2021)
Oliver Eakin (from May 2021)

Independent auditor

Kreston Reeves LLP
Chartered Accountants
Statutory Auditor
Montague Place
Quayside
Chatham Maritime
Chatham
Kent
ME4 4QU

Sheppey Matters

(A company limited by guarantee)

Trustees' report for the year ended 31 March 2022

The Trustees present their annual report and the audited financial statements of the Charity for the year ended 31 March 2022. The Annual report serves the purposes of both a Trustees' report and a directors' report under company law. The Trustees confirm that the Annual report and financial statements of the charitable company comply with the current statutory requirements, the requirements of the charitable company's governing document and the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019).

Since the Charity qualifies as small under section 382 of the Companies Act 2006, the Strategic report required of medium and large companies under the Companies Act 2006 (Strategic Report and Directors' Report) Regulations 2013 has been omitted.

Objectives and activities

a. Policies and objectives

The objects of the Charity are:

- To promote and protect the good health of people living on the Isle of Sheppey, in particular by the provision of a healthy living centre.
- To advance education in the benefits of good health and social well being.
- To provide or assist in the provision of facilities in the interest of social welfare for recreation or other leisure time occupation of individuals who have need of such facilities because of their youth, age, disability, financial hardship, or social circumstances.

Sheppey Matters is an independent charity, and the Trustees meet at least four times a year to make major policy decisions and review progress. Other times limited working groups are set up when a particular topic needs more detailed consideration by the Trustees.

The Chief Executive takes overall day to day responsibility for steering the charity in accordance with the strategic direction set by the Trustees. He meets the Chair of Sheppey Matters on a weekly basis and has a regular email and telephone contact between meetings. Administrative staff based at Sheppey HLC take responsibility for room bookings and supporting projects.

Sheppey Matters has a service level agreement with Swale CVS, which provides financial administration services. There is a designated finance officer at Swale CVS who carries out financial administration; additional day-to-day financial management support is provided by the director of Swale CVS.

In setting objectives and planning for activities, the Trustees have given due consideration to general guidance published by the Charity Commission relating to public benefit, including the guidance 'Public benefit: running a charity (PB2)'.

Sheppey Matters
(A company limited by guarantee)

Trustees' report (continued)
for the year ended 31 March 2022

Objectives and activities (continued)

b. Strategies for achieving objectives

The Trustees' policy is to work in partnership with local agencies from the community and voluntary sector, and statutory sector to run projects at Sheppey HLC and outreach projects elsewhere on the Island. In this way, the Charity can make a bigger impact, draw on the expertise of specialist agencies and avoid duplication of local projects.

The Charity is also increasing its environmental responsibilities through various initiatives –

- A War on Waste project undertaken by Sheppey FM's youth presenters on a Saturday morning.
- Collecting used ink cartridges – both within Sheppey Matters and other third parties – all collected and recycled, with the charity earning a small donation.
- Increased activity in our Sheerness and Eastchurch allotments – growing fruit and vegetables for community benefit.
- Checking the distance travelled whilst making online purchases – can items be acquired more locally, reducing the carbon foot-print and supporting local businesses?

Achievements and performance

a. Review of activities

The Trustees have further updated the business plan for Sheppey Matters, which has been implemented by the CEO and his team and continued during 2021/22. The experience of COVID-19 in the previous year ensured that the Charity's delivery in 2021/22 was more stable and planned to a greater degree, although the varying levels of restrictions did present challenges such as late changes to the programme. The gradual lifting of restrictions did allow more services to resume, but community engagement was initially slow. However, Sheppey Matters was able to continue its delivery, albeit in a mixed way of face-to-face, by telephone and online, ensuring our beneficiaries received contact, help and guidance as required.

Sheppey Matters remains thankful to its many funders for their support throughout 2021/22 and the flexible approach allowed to change our delivery to support those most in need. The Charity continues to build positive relationships with funders, supporters, local authorities, community groups and agencies, without whom Sheppey Matters would not be able to deliver the much-needed support on the Isle of Sheppey.

The healthy living centre was open for most of the year, whilst the community radio station remained open, broadcasting local information and news. The Charity was able to open new projects: – Well Life, thanks to further funding from the National Lottery Community Fund, Magic 1-2-3 ADHD and Me received additional funding from BBC Children in Need and Kent County Council, whilst sadly the Mobile Matters project closed in December 2021 and Community Development in February 2022.

The Board, staff and volunteers would like to thank the many funders over this twelve month period, and acknowledges the donations received from the local community to support our work.

The Charity is grateful for the support of its funders to enable health and well being work (especially during the COVID pandemic) to be undertaken on the Isle of Sheppey; Kent County Council, BBC Children in Need, The Minerva Fund, Kent Community Foundation, Optivo, Swale Borough Council; The National Lottery Community Fund, Tudor Trust, Garfield Weston Foundation, The Henry Smith Charity, Department for Digital, Culture, Media and Sport, Royal Opera House Bridge, Medway Voluntary Action, Kent Police/Kent County Council (Violence Reduction Unit), Kent County Council and Swale Borough Council members, Kent Sport, Localgiving.com, Rotary Club of Minster-on-Sea, Grantscape, Swale CVS, UK Cycling, The Philip and Connie Phillips Foundation, Arnold Clark Community Fund, Southern Water, Colyer Fergusson Charitable Trust, Virgin O2 Neighbourly, Natural England, Persimmon Charitable Foundation, Gordon Henderson MP, DWP Kickstart, Sheerness Town Council, West Kent Extra and Halfway Houses Primary School.

Sheppey Matters

(A company limited by guarantee)

Trustees' report (continued) for the year ended 31 March 2022

Achievements and performance (continued)

The highlight of the year was on Tuesday 2 February 2022, when the Charity's work was recognised by a visit from His Royal Highness Prince of Wales and Her Royal Highness, The Duchess of Cornwall – a wonderful opportunity for Sheppey Matters' staff, volunteers, and beneficiaries to 'show-off' all the work that is undertaken at the Charity. Young people from the ADHD support and environmental projects were released from school and enjoyed conversations with their Royal Highnesses. The visit was supported by attendance from the Lord Lieutenant of Kent, The High Sheriff of Kent, the island's MP, and the Chair of Kent County Council. Around 150 island based community providers witnessed the day's visit, with many enjoying the opportunity to meet the Royal guests.

Sheppey Matters has also submitted an application for the Queen's Award for Voluntary Services, the MBE for voluntary groups. Whilst outside of the timespan of this report, we are delighted to report that the Charity was successful and is now the proud recipient of this prestigious award.

Below are further details on the projects:

Community Development

We have continued to grow existing groups, mentoring with volunteers to improve their life-skills so they are able to run some of the sessions, promoting the groups through our brochure and on social media, which has seen a growth in responses to those wishing to access our services and to help our projects.

We have supported new groups to promote health and wellbeing to individuals and groups, promoted wellbeing and health changes and set up craft wellbeing sessions to improve creativity, social interaction and help residents participate more fully in society. Staff support during this period has also been a high priority, improving their wellbeing through training, coaching, and supporting mental health through the pandemic with bereavement care and personal confidential talk support.

Creating and building community groups has given us the opportunity to help residents feel good and empowered, bringing a sense of control and influencing positive changes, with support, sharing, learning and connection.

We had a Community Hub group visit to River Hill Himalayan Gardens and the ladies thoroughly enjoyed the trip. The walk around the very steep gardens set us up for an enjoyable picnic lunch that we shared, the ladies very much enjoyed being able to spend time with friends outdoors walking and discussing the plants and trees. The grounds and gardens are very inspiring.

RUN TO SAVE A LIFE foundation; Bullent Mustafa (23) approached us for help, he is a keen runner and had run 10 miles to raise money for Prostate Cancer support. He asked if he could raise funds for us and we were delighted. He ran 10 miles in September and raised over £200 for our Men's support group. He also ran for The Bus Shelter (homeless) and Children at Christmas funds. He also took on the Brighton Marathon to raise £500 for our Women's support group. Bullent Mustafa has also worked with Optivo Housing to support residents to learn to run; sessions are held every week and they progress from walk to run.

In Bloom - with help and support from Community Hubbers and Eastchurch Parish Council we created hundreds of recycled flowers from plastic bottles and displayed them around the village and village hall gardens. The Royal Horticultural Society recognised our efforts, and we were awarded a certificate for our efforts for "Villages in Bloom", and for the Village Hall gardens for "Gardening in your neighbourhood."

I.T. training - Lily has taken over the I.T. assistance at the community hub and has proved very popular. We have set up new laptops and helped with various IT issues, the group very much appreciate her knowledge and patience with them. We have also taken advantage of the time and been taught by one of the ladies the art of crochet - skill swapping at its best.

Sheppey Matters

(A company limited by guarantee)

Trustees' report (continued) for the year ended 31 March 2022

Achievements and performance (continued)

Mentalk - Working with Rebecca we have undertaken to reignite the men's group, and with the support of Russell we have approached several other people to support and reinvigorate this group, stepping up the suicide support and mental health issues. We relaunched on International Men's Day 19th November, raising the profile of the group, and driving up footfall.

A visit from HRH Prince Charles and HRH The Duchess of Cornwall; they asked to come and see the great work we are doing, we were able to showcase the projects, staff, volunteers, and members, not only to the Royals but many dignitaries and heads of local authorities and government as well as the support services we work alongside. The publicity and exposure to new organisations and residents has been phenomenal, we have received many calls and offers of support with all our projects, along with people looking for the support we offer and enquiries about volunteering opportunities within our projects.

Official opening of our beach hut. After many hours painting and prepping and with a slight delay due to Covid and lockdowns we were finally able to have an official opening of our beach hut. We invited residents, Nordic walkers, volunteers, and service providers to join us so that we could show them the great facility that we have. Team members and visitors enjoyed tea and cakes whilst we told them about the great work we have been doing within the community, holding regular walking sessions as well as small group activities there. Several of the Sheppey Matters projects have accessed the facility for one-to-one chats, groupwork and physical activities and although the space is tiny it is a great meeting point and destination as well as somewhere to keep the essential tea making equipment. We also unveiled the plaque on our permanent bench" in remembrance of those who we loved and lost during 2020-2021."

Creative care - extra funding allowed us to run sessions throughout January with the group. We explored clay and decoupage, petal fairies, crepe paper poppies and Easter welcome plaques. The sessions were a great success, and we will look to get more funding in the future.

East hub craft club - fortnightly crafting sessions. We are creating inspiration books and learning about multi-media effects with paper, fabric, and recycled materials. We have made Japanese aprons to protect our clothes from all the paints and glues. We all created a Christmas tree that we took to the local church for their celebrations.

Allotment in Sheerness - we have taken on an allotment keeper, to help the newly appointed community gardener to set up sessions throughout the year. We are looking forward to getting this part of the Well Life project off the ground. We have taken on a new community gardener, and she is getting out into the community making new connections as well as joining up with existing members.

Allotment in Eastchurch - the strong winds have taken down one of the poly tunnels. We are looking to fund a new cover and with the efforts of the members the tunnel will be repaired ready for the growing season. The Chairman of the Committee has stepped down after many years of great service and a new chair was elected at the AGM along with adding several new members to the Committee. Subscriptions have been paid and they are all looking forward to a new season.

Minster on Sea Rotary Club - we were invited to join the Rotarians for dinner and to tell them all about our Mentalk support group that they have supported. Russell and Ryan spoke about serious health issues and how they can access information and support. We were also presented with a cheque for funds that were raised by a member for the group.

International Women's Day - we obtained funding to celebrate International Women's Day and organised for speakers to attend - women who have lived experiences of many of the issues that are affecting local women at this time. Our speakers spoke passionately on subjects including child abuse, menopause, women's mental health and vocational careers. Several holistic charities and groups were on hand to offer massages and wellness treatments along with freebies and giveaways for all attendees. We gave out a wellbeing pack to all the ladies and were able to signpost many to other organisations. We had an online survey to canvas opinions on "what women want" along with a prize giveaway for one lucky entrant. The information gained from both the day and the online questionnaire will be used to write a further funding bid to support the need for a permanent women's group and supportive services.

Sheppey Matters
(A company limited by guarantee)

Trustees' report (continued)
for the year ended 31 March 2022

Achievements and performance (continued)

Well Life

This project got off to a tricky start in December. We had lost the original community gardener and in January the Everyday Active champion broke her ankle and has been working from home convalescing. The project is now back on track and making great progress with lots of new activities a newly appointed gardener and great things planned for the Summer.

Healthy Living Centre

Sheppey Matters operates the Healthy Living Centre (HLC) in Sheerness with additional outreach from our Hub in Eastchurch, our Beach hut in Leysdown and face-to-face projects such as Isle Connect You.

With all Government restrictions lifted during the reporting period our Community Gardener, Community Chef and our Community Radio Roadshows were back engaging with the public at public events and bespoke projects.

Service providers and partners have mostly all returned to the healthy living centre, along with new groups, agencies, and organisations. We have paid specific attention to supporting events and groups that are working to redress some of the issues successive lockdowns created, such as a specialist school helping children catch up with academic work, befriending for the older generation, movement and mobility projects, arts, and crafts clubs and so on.

The partnerships forged in the previous reporting period are even more vital now as we are signposting more and more people to foodbanks, mental health charities and homelessness charities.

The healthy living centre played host to HRH Prince of Wales and HRH The Duchess of Cornwall for the visit in February 2022 where our projects were able to showcase the work they do.

Rural Youth after school and youth clubs

The NEETS Group has continued although with some difficulties as we have changed certification body to ASDAN. The course lost a couple of young people in September, but this is a positive as they have progressed to going to college.

The Rural Youth Team at Sheppey Matters focused on physical activities for young people during the summer. With the pandemic preventing young people inter-acting together and the lack of physical exercise, we thought it would be a chance for them to get back outside in the fresh air and get some physical activity and to start to engage with one another. The activities have included Tenpin Bowling, Children's yoga, Clip and Climb and Creed outdoor activity Centre. Some of the activities have included team building skills, wall climbing, survival skills and archery. These have enabled young people to build self-esteem and confidence, alongside having fun and building positive relationships with one another.

The young people that have participated have been aged 7-19 years with varied abilities. They have faced challenges that they may have not encountered before or had the opportunity to experience, and well as facing and conquering fears. The well-being of the young people has been a priority and they have said that being involved has helped them with some of their anxiety issues about being back out and about and mixing with others. Those young people with additional needs that have been involved have integrated well with others and really enjoyed the challenges they have faced. We had 76 young people involved in the activities and some have built up friendships with each other. We have also promoted our other services to them and some of which have shown an interest in the after school and youth clubs.

Sheppey Matters
(A company limited by guarantee)

Trustees' report (continued)
for the year ended 31 March 2022

Achievements and performance (continued)

The clubs relaunched and were promoted with a view to re-opening fully the second week of September as some of the schools did not go back until then. The last 18 months have been extremely challenging for us and the young people we work with and support, but we hoped to get back on an even keel in September. The activities have not been as successful and fully attended as we wished. There is still a fear of COVID-19 (rightly so), and people have become accustomed to being alone or within their own environments. We promoted our youth services via social media, community radio, local schools, leaflets, and re-establishing contact with those who previously attended our clubs and any other ways we are able to access.

The C-Card service will resume in September when the College re-opens.

Case study: One young Male who joined us on an outdoor activity who has not had the opportunity to experience anything along these lines before. He has not previously been away from his parents for this amount of time. He was very anxious and shy and did not know anyone. Mum was also quite anxious. He also had a fear of heights. Once we got to Creed Outdoor Activity, he began to converse with some of the other young people. When challenged with the climbing wall and the high ropes he was extremely nervous and did not want to participate. Although once he had seen some of the others successfully reach the top, he said that he would give it a go. He climbed up part of the wall to begin with but then lost his nerve but with lots of encouragement from others he successfully achieved reaching the top. He was so proud that he had achieved and overcome his fears. His self-esteem and confidence grew, and he was able to complete the high ropes. He then interacted with the other young people for the rest of the day and was beaming when he was picked up.

Sheppey Wheels

Sheppey Wheels, the community transport scheme for the Isle of Sheppey, had a varying year, with a reduced day trip programme and a reasonably full school transfer service, whilst the service for the day centre in Sheerness did not recommence until September, with a restricted service just three days per week.

COVID restrictions meant that many seats on trips were left empty, but the fact that the service was able to start again was very welcome by members. Many trips were kept local to avoid too long being spent in the restricted confines of the minibus cabin. COVID precautions were put in place.

The increase in fuel costs towards the latter stages of this reporting period has resulted in a rise in the daily hire rate for private hires, whilst individual travellers on day trips have seen a modest increase. It has now become even more important to maximise the number of passengers on the minibus to minimise any further increases whilst also paying attention to COVID which is still present within the community.

Funding applications are in place for a newer model, but the outcome will not be known for several months.

Community Chef

The Community Chef had a year of varied delivery, from online sessions through to face-to-face meetings as the community began to open - up after the COVID restrictions were eased.

For example, the Dad's Matters group met both online and in person – a full range of cooking videos was made for the fathers and children to follow. Recipes were read out on air at our community radio station Sheppey FM. Chef has also engaged with local schools, senior citizens groups, Neptune House (a home for adult with learning difficulties) and the Salvation Army working with disabled adults.

Chef's reputation has taken him around the county with ad-hoc in Ashford, Ramsgate, and Sittingbourne. Chef's mobile food truck is an ideal vehicle for community engagement, although it is now showing signs of wear and tear.

Sheppey Matters

(A company limited by guarantee)

Trustees' report (continued) for the year ended 31 March 2022

Achievements and performance (continued)

October to March saw the delivery of the Violence Reduction Unit (VRU) work with local school and college groups. This is delivered in conjunction with Sheppey FM – food and music are always a magnet to attract young people to learn new skills, enjoy a freshly prepared and cooked meal and recording a show for the radio station, giving young people a voice. An additional 20 meals were prepared and delivered to the local community each week via the Salvation Army. All three programmes culminated in a special lunch prepared by the young people and shared and eaten with old people – sharing stories and life experiences round the table.

Chef has a wide range of delivery, from supporting cooking sessions with stroke survivors, disadvantaged people living in a homeless shelter in Sittingbourne, providing a hot dessert each week to the over 65's club in Leysdown and engaging young people at an event to counter knife crime and gang culture.

Sheppey Community Media Centre

Due to the COVID restrictions being lifted, the Saturday Youth Radio Show returned on Sat 24th April, with 15 young people attending and they resumed to progressing their accredited Arts Award qualifications on our successful training programme.

On 28th May the new Sheppey Tourist Information Centre, based at the Sheppey Community Media Centre (SCMC) was launched by the Sittingbourne and Sheppey MP Gordon Henderson and attended by various guests and local businesses with a tourism offer.

On 8th June the Kent & Medway Progression Foundation (KMPF) course started running for seven weeks, attended by 13 Oasis Academy students. This was a multi-media course which included self-expression through drama re-enactments, an educational and interactive trip to the Criterion Theatre on July 6th and the students critiqued each other's performances. Students achieved 13 bronze level Arts Awards.

Sheppey FM Community Radio was featured on Meridian TV on 21st July, with a story about the life of Cindy Kent, who networked with all the local churches to participate in the station's Sunday church service. This broadcast service was introduced during the lockdowns to ease people's isolation and loneliness. On 2nd August BBC Radio Kent came into the radio studios to host an interview about levelling-up and improving our forgotten Coastal Communities.

On August 3rd the Kent County Council's 'Reconnect' project started with a 6 week's course on 'mental health in young people.' The students interviewed Swale councillors and local community wardens and produced the speech & music content for their own 'live' on-air show. The course included an educational trip to the Marlow Theatre, Canterbury on August 26th.

23rd October saw Sheppey FM's volunteers travel to Coventry to be presented with two National community radio awards for 'Station of the Year' and 'Young Person of the Year.'

On October 27th the Deputy Lord Lieutenant of Kent, Tim Bell, visited Sheppey Matters for an assessment for the 'Queens Award for Voluntary Services'. As the Media Centre has over 60 volunteers he was particularly interested in the project and gave an on-air interview.

Our Arts Awards programme culminated in a presentation evening at the Oasis Academy on Nov 3rd with 30 students and their families attending. The youth achieved 29 bronze & silver Arts Awards. They entertained their guests with a piano recitation and a 'song & sign' demonstration.

Sheppey Matters

(A company limited by guarantee)

Trustees' report (continued) for the year ended 31 March 2022

Achievements and performance (continued)

With funding provided by the Linda Hogan Trust the youth students provided a Christmas lunch for beneficiaries of Sheppey Age UK on November 27th at the Healthy Living Centre. The students achieved 28 Discover Arts Awards.

We started our Kent Police/Kent County Council Violence Reduction Unit (VRU) course on September 7th. This consisted of six weeks with three students working with Sheppey FM and three with the Community Chef. The final session saw all six students unite to provide lunch and entertainment to 30 isolated/vulnerable elderly people from the 'Isle Connect You' project on October 19th.

On January 18th we started the 2nd VRU 4 week course and followed the same blueprint as before, as it was so successful, with the lunch hosted by the students on February 8th. The students achieved 19 Discover Arts Awards.

On February 2nd we were honoured to receive a visit from HRH's The Prince of Wales and The Duchess of Cornwall, Camilla. They were interviewed by 2 volunteer radio Presenters in the main studio and spoke directly with our Youth Presenters about their youth-led 'War On Waste' environmental project.



February 22nd was our final VRU project, consisting of six students over a six-week course. The students decorated the hall and tables with Union Jacks to celebrate the Queen's Platinum Jubilee with the buffet reflecting an English Afternoon Tea.

On March 12th Sheppey FM started to broadcast appeals for help for Ukraine and became a collection point for donations. The response was huge, and this has now developed into a Sheppey Matters' weekly support group for people now living here from Ukraine.

Magic 123/Getting to Grips with Autism/Positive Parenting

The 123, ADHD & Me programme is as busy as ever, with a short but consistent wait list for families to take part.

The project has continued to be a hybrid mix of online (Zoom) and face to face sessions. Some of the children involved still had an element of anxiety of meeting in public places as they are also home-schooled and therefore online meetings worked better for them. These have been incorporated around the family schedule. Some have been late afternoon/early evening and some at the weekends, 2-3 times a week for at least an hour. A Tuesday and Wednesday have been most popular and Saturday afternoon and Sunday morning sessions have been made available – whichever is convenient for the family.

Sheppey Matters
(A company limited by guarantee)

Trustees' report (continued)
for the year ended 31 March 2022

Achievements and performance (continued)

The face to face sessions have been popular with sessions taking place 2-3 times a week, again, for at least an hour on a Thursday and Friday evening and on a Saturday at 12noon. However, a few families have wanted/needed extra time to talk and sometimes the children want to play an extra game, so the time was extended to take this into account. Some have taken place after the ADHD Sheppey support group. The children are relaxed, have enjoyed themselves, playing with their peers, and they are ready to take part in the activities.

It has been important to take into account that parent/carers work long and difficult hours, so we have tried to ensure that the days and timings of the sessions have been altered to incorporate their needs.

Prior to each family joining the sessions we have contacted them via phone/Zoom to discover what the interests and hobbies are of the children taking part. We have then been able to personalise the resources for each session to tailor them to their needs which helps to keep them intrinsically motivated. During the third week we explore meditation and mindfulness and have been able to produce short, five minute videos which focus on the child's interests, for example, dinosaurs and Minecraft. This has helped them continue the activities when they are in their home environment.

In total, 36 children have been able to take part in the project. Of those 36 some were siblings who also took part in the activities throughout. There are six more children waiting to start the project, and they will start as the beginning of the summer holidays begin.

One family who had a daughter with a late diagnosis commented:

"Doing this course with my daughter has been life changing. My husband and I didn't understand ADHD or how it affected her. Now we feel that we can move forward with a better understanding of the condition as well as how we can meet her needs more productively. Thank you, it's been amazing."

Getting to Grips with ADHD and Autism & 123 Magic Positive Parenting Programme. This project continues to thrive with a steady stream of parent/carers taking part in the online and face to face workshops. The workshops have taken place over Zoom and have been held at the Healthy Living Centre on a Saturday morning.

We have had parent/carers join the workshops and then grandparents joining at a later date. They wanted to learn how to support their grandchildren in a productive and cohesive way. They have had moments, during the training, where they have cried due to their lack of understanding of ADHD and how it affects the child.

It has been heart-warming to see many of the parents, after the workshops have finished, bring their children to the ADHD Sheppey support group on a Friday afternoon as well.

As of the end of June 2022, we have been able to offer workshops to 35 parent/carers. Our target is to reach 48 by the end of August which we are sure will not be a problem.

Some of the feedback is below:

"I have a greater understanding of how ADHD and Autism affects my grand-daughter. I will have to learn to adjust my expectations and behaviour to help her more."

"This training has provided me with so many light-bulb moments. I can't thank you enough."

"My wife did the previous workshops and signed me up to do this as our children have ADHD and are Autistic. I thought I understood them quite well, but this has really opened my eyes to how I need to adjust myself with them. I think I may have ADHD as well."

Sheppey Matters
(A company limited by guarantee)

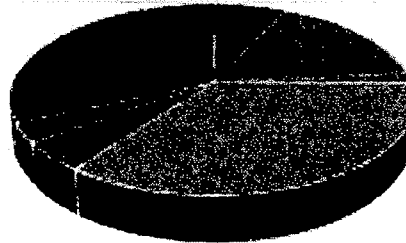
Trustees' report (continued)
for the year ended 31 March 2022

Achievements and performance (continued)

Isle Connect You (project manager Rebecca Gebbie)

During the period above Isle Connect You have had 67 clients through the programme.

4 clients Eastchurch 10 from
 Halfway. 1 from Leysdown,
 21 from Minster, 3 from
 Queenborough, 2 from
 Rushenden, 15 from Sheerness
 and 4 from Warden Bay



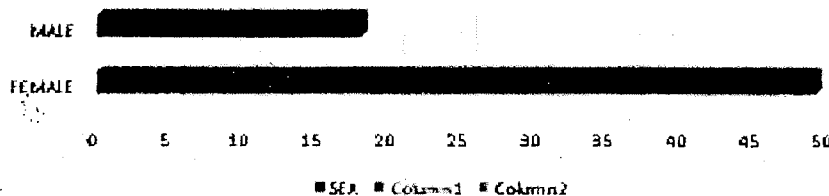
LOCATIONS USING ICY

- Eastchurch
- Halfway
- Leysdown
- Minster
- Queenborough
- Rushenden
- Sheerness
- Warden Bay

The busiest period of referrals was October with 11 referrals in one month closely followed by July with 10 referrals.

18 of these referrals were men leaving 49 as women.

**1ST APRIL - 31ST MARCH - MALE/FEMALE CUSTOMER
 BREAKDOWN**



Due to being in partial lockdown at the beginning of this reporting period we held several activities on zoom with weekly virtual coffee mornings that had themes – from question time to walks down memory lane – where clients shared stories and photos of themselves and told the group a little about their story.

Many referrals to other agencies have been made during the year of the project to places such as Imago, Kent County Council's Community Wardens, Kent Fire and Rescue Service, The Harmony Therapy Trust and Sateda (domestic abuse charity).

One of our first ever clients decided she wanted to move forward with a group branching off Isle Connect You and called this group First Steps. She asked those who had finished with the programme if they would join her group and encouraged people to be independent – which grew their self-esteem. They met for coffee club and breakfast meet ups along with going out on a few day trips together.

Sheppey Matters
(A company limited by guarantee)

Trustees' report (continued)
for the year ended 31 March 2022

Achievements and performance (continued)

Hot meals were delivered to our clients that were participating on the Route 66! We launched Route 66 on 1st March 2021. This was a virtual tour covering 2,448 miles across the map of the USA - for people over the age of 65 to get them moving (every step they took was a mile on the map – the further everyone walked meant they would reach the destination quicker) and having fun whilst connecting at the same time. We had 18 participants on this activity. Each landmark we reached customers received an email with interesting information about the area, music, and food information. On the 30th March we got to 800 miles and moved to Springfield Missouri and held a Ghost Tour of Pythian Castle. We delivered food that our community chef prepared and cooked based on a menu you would see in Texas. This was extremely well received. Clients were given pedometers to help log their steps however we found these to be rather difficult to use so switched to Fitbit type watches for each participant. We had clients get out on their push bikes and move more – we had a participant that pushed herself to get out more on her walker – to clock up the miles. The fitness levels increased and in turn so did the wellbeing of each participant.

We created the American Pen Pal Scheme – we partnered up with New York for Senior Citizens, Australia, and Nigeria where we have been able to offer our customers the chance to write to other like-minded people across the pond. This was well received and continues to be a popular choice for new customers to join.



The highlight of the project's year must be the Royal visit where we were asked to showcase our project to HRH The Prince of Wales and HRH the Duchess of Cornwall. We invited eight guests to come and join us on the day to show the Royal guests who we are and what we do. Our guests took a walk down memory lane and spoke about photos that meant a lot to them from their past. The Duchess of Cornwall enjoyed speaking to the group and felt it vital to have supporting services available for the older generation. Being the patron of Silverline – a service we regularly refer to – the day brought a large amount of press coverage and promotion to the charity and services we offer.



Isle Connect You

Floral wreath making activity for
Christmas.

Here is a testimonial from a practitioner from Optivo Housing with whom we have been working:

Hi all

Thank you so much for the wonderful service you provide. Everyone who I have referred or given your details to, has resulted in improving their mood greatly and they feel more supported and included in the community.

Richard Jeffrey

Health and Wellbeing Coach Isle of Sheppey Primary Care Network

Sheppey Matters

(A company limited by guarantee)

Trustees' report (continued) for the year ended 31 March 2022

Achievements and performance (continued)

Conclusion

As a team we are extremely proud of the efforts we have made in such a difficult and challenging year. The project has been a lifeline for all clients. From wellbeing calls to visits each contact has been meaningful and measured. At the start of January, it was quite possibly the hardest point of the lockdown, the weather was cold, and people were struggling with the increased lockdown restrictions and high infection rates. Fast forward to now - we will start to look at moving our clients forward opening up activities and feeding into services that have restarted. We have found some of our clients very anxious about moving too quickly and after spending a long time restricted at home, larger efforts are needed from our team along with organised activities in getting them out and about once more.

Mobile Matters

Mobile Matters was a mobile project our projects and those of partner organisations around the island – bringing the activities and information to the residents rather than vice-versa. After a slow start as Covid was still restricting contact, the project gradually drew in more residents meeting in parks and outside supermarkets – having a chat over a cup of tea or a quick catch up whilst handing out information packs.

The project also distributed Ipads to older residents with a support programme to help them make use of the technology. The ease with which some residents took to the Ipads was quite surprising! The project also provided 21 devices to a local primary school to ensure all classes had at least one tablet available for the children to use.

This was a one year project and closed in November 2021, but during its time it did increase our visibility around the island and introduced many people to our services.

Everyday Active

The Nordic Walking programme has continued to grow and expand, by adding additional walks in Queenborough and Sheerness, as well as it being opened up to all walkers that want to walk socially removing barriers for those that do not want to or fear walking with poles.

We have used additional funding from Well Life to provide training for three additional Community Walk Leaders, to facilitate these walks and cover leave and illness to offer continuity to the service.

On-going support is being provided through a group leader What's app page of, with additional 1st aid training for the leaders.

In addition to this I have been working with Cycling UK and a local Sheerness councillor to set up a beginners community cycling group on the Island. I have secured funding with Cycling UK and Sport England for the provision of four Community Cycle Leader training courses and training for bike maintenance & servicing, plus four loan bikes and safety equipment. Learn to ride sessions along with bike repair, service sessions and 4 beginner Community ride sessions were held over two weekends in response to a questionnaire that was sent out in February and March that gauged desires and interests.

Funding was also sought for a variety of activities to be run and or free taster sessions for older isolated adults to inspire, motivate and support those that are fearful or unable to build confidence and improve their quality of life. Funding for smaller activity groups can provide a much-needed service for those that suffer from mental health and anxiety. This currently is not being offered locally due to the rising costs of community venues, insurance, licences, and wages.

I have continued to work with local isolated people that need additional home support with Active at Home booklet and equipment, referred to me through the ICY programme and word of mouth. These are people that are partially worse off due to multiple health conditions and problems and the NHS services are unable to support in these cases due to lack of resources or services.

Sheppey Matters
(A company limited by guarantee)

Trustees' report (continued)
for the year ended 31 March 2022

Achievements and performance (continued)

I am also working with Swale Community Leisure Limited to provide welcome and taster sessions for the health Suite, that provide a much needed service for those less able but have suffered since lockdown. Funding is being sought to facilitate some subsidised memberships or sessions to boost and support the continued operation of this service.

"Seeing you gave me the push I needed, thank you."

"The walking groups are so lovely and friendly, I really enjoyed myself and look forward to going again."

Financial review

a. Going concern

After making appropriate enquiries, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the accounting policies.

b. Reserves policy

The Charity has held reserves for three separate areas:

- Restricted funds
- Unrestricted funds
- Designated funds

The Charity receives a mix of income throughout the year which sits in the restricted or unrestricted streams. The Charity expends monies to support its projects and administrative work in the normal course of events. At the year end, it may still hold monies that for restricted services are still within the project's period of delivery (which may not always be a financial year) along with unrestricted incomes.

Restricted funds are from grants and other monies given by other bodies to fund specific purposes. These funds are granted as varying times throughout the financial year and may crossover one or two financial years and are shown as carry-over in the annual accounts. The amount per project may differ from budget against actual as project delivery can vary during a twelve month period.

Unrestricted funds are earned from the Charity's own unfunded activities such as room hire which form the basis of the Charity's annual budgeting process.

Designated funds are for specific reasons. The most recent being a designated redundancy reserve, which has been transferred back into unrestricted funds during the year.

The total reserves at the period end were £243,932, of which £206,230 were restricted funds, and £2,101 were designated funds, leaving £35,571 available for general purposes of the Charity.

The reserves policy has been designed to ensure that the Charity has an adequate basis to continue operating for the foreseeable future –

- Unexpected demand for funds due to an emergency or unforeseen bills.
- Additional day-to-day operational costs such as temporary staff.
- Loss of an expected or regular source of funding such as a grant or donation. Use of reserves can help buy the time required to seek an alternative source.
- Reserves may be used to supplement a grant or other source of income that does not cover the total cost of the project or capital expenditure or as a bridging fund should a project be required to start before a grant is received.

Sheppey Matters
(A company limited by guarantee)

Trustees' report (continued)
for the year ended 31 March 2022

The Board of Trustees seeks to hold a minimum of four months' funds at any time so that -

- In the event of any unexpected shortfall in income there is a reasonable amount of time available to seek alternative monies. The Charity does have a wide and varied list of funders, so a loss of one funder may have an adverse effect on a project, but not necessarily the whole charity.
- Have funds available for any unexpected expenditure.
- An amount might be needed to cover 'troughs' in the cash budget.
- Money allocated for a specific event, such as redundancy.

In the Trustees' view, the Charity's reserves should provide it with adequate financial stability and the means for it to meet its charitable objectives for the foreseeable future.

c. Results for the year

The results for the year are set out within the Statement of financial activities, on page 22, and shows a deficit for the year of £105,618 (2021: a surplus of £132,621), with total income of £486,143 (2021: £694,576) and total expenditure of £591,761 (2021: £561,955).

As set out on page 23, at the Balance sheet date the Charity holds total funds of £243,932 (2021: £349,550), with £2,101 (2021: £24,517) being held in designated funds, £206,260 (2021: £293,742) in restricted funds, and £35,571 (2021: £31,291) in unrestricted general funds.

Structure, governance and management

a. Constitution

The Charity is constituted under a Charity Commission Scheme and is a registered charity number 1102847. Sheppey Matters is a charitable company limited by guarantee, incorporated in March 2000, and registered as a charity in March 2004.

b. Methods of appointment or election of Trustees

The management of the Charity is the responsibility of the Trustees who are elected or co-opted under the terms of the Trust Deed. The current policy of the Trustees is to recruit new trustees from local groups, agencies, or individuals on the Isle of Sheppey.

c. Pay policy for key management personnel

The policy is in line with similar charities in the local area.

d. Risk management

The Trustees have assessed the major risks to which the Charity is exposed and are satisfied that systems and procedures are in place to mitigate exposure to the major risks.

The Trustees have considered what they believe to be the main risks the Charity is facing. These are deemed to be as follows:

1. Reliance on one or few funders – the Charity has expanded its funder base to ensure the potential loss of one funder has a minimal effect (or as minimal as possible). The current wide range of funders is demonstrated earlier in this report.
2. Loss of key staff; staff are kept engaged and are valued by the Charity. It recognises that losing a staff member at the end of a period of funding can be detrimental to the Charity as skills are lost, so the Charity always endeavours to keep staff even if in a different role. It cannot afford to lose years of training and investment in a staff member.

Sheppey Matters

(A company limited by guarantee)

Trustees' report (continued) for the year ended 31 March 2022

Structure, governance and management (continued)

3. Effect of COVID; the Charity has worked hard to maintain meaningful contact with both its beneficiaries and funders throughout the pandemic. Without the support of beneficiary, volunteer, or funder the Charity would have struggled. Regular online staff meetings and social events and eventually face-to-face once the restrictions eased, have maintained the high level of involvement and dedication from the team whilst beneficiaries have seen a wide range of support services provided through the Charity or partners.

4. Loss of public support; the Charity has worked hard over the years to establish itself a good name and high level of support from all areas of the local community. It regularly checks media and social media for adverse comments and keeps a close and strong relationship with residents, businesses, other charities, and community groups plus those in authority and influential positions (councillors, council leaders etc.). The charity was delighted to be honoured with a Royal visit in February and the award of the Queens Award for Voluntary Services – the MBE for voluntary groups.

5. Loss of use of the healthy living centre; the Charity holds a 25 year lease which expires January 2028. It relies on its partner in the centre, Swale Community Leisure, to undertake the operational aspect of the centre (security, maintenance etc). Its contract ends October 2025 so the Charity may find itself faced with substantial extra costs to operate the centre on its own or be obliged to find alternative premises. The HLC provides significant unrestricted income for the Charity.

e. COVID-19 and its effects on Sheppey Matters

COVID- 19 has remained in circulation throughout the financial year, with several levels of restrictions and lockdowns in place, all creating an ongoing challenge to staff and volunteers to maintain a good standard of delivery and contact with our beneficiaries.

The Charity has enjoyed a positive relationship with funders and saw new projects open during the year, bringing benefits to many residents. Unrestricted income from room and minibus hire returned to a certain degree but not to that of pre-pandemic. Thankfully support from funders has helped the Charity overcome some of this loss and kept the 'non-project' element of the Charity on an even keel.

Despite the effects of COVID-19, the Charity remains in a robust position, and whilst it may have to consider staff numbers during the next six to twelve months, the Board and senior management reiterates its belief that the Charity will still be serving the island's health and well being for a considerable period.

The year has seen two new projects opening (Well Life and Magic 1-2-3) along with other smaller programmes, whilst Mobile Matters closed in November as expected.

The Board of Trustees, staff and volunteers are united in their efforts to ensure the ongoing success of Sheppey Matters in delivering its valuable work to the Sheppey community and have positive plans for the Charity's future both financially and operationally. The Royal visit and the Queens Award for Voluntary Service has given everyone at Sheppey Matters an enormous lift, boosting confidence levels and self-belief that the work undertaken by staff and volunteers has been recognised at the highest levels and with the community involvement in our projects, is valued and welcomed by residents.

Plans for future periods

The Trustees will continue to support the objectives of the Charity for the foreseeable future. The Board of Trustees has continually expressed its confidence in the Charity's delivery to the Sheppey community and full confidence in the ability and skills of the staff and volunteers to ensure this happens.

The Board will be seeking further funding in 2022/23 to strengthen the senior management team by the creation of a Deputy Chief Executive Officer position to allow the Chief Executive Officer to lead the strategic development of the Charity including the ever-present need to source funding through grants, contracts and other means whilst the Deputy will take responsibility for the day-to-day operations to ensure the expected high level of delivery as demanded by our funders and beneficiaries.

Sheppey Matters
(A company limited by guarantee)

Trustees' report (continued)
for the year ended 31 March 2022

Funds held as custodian

The Charity has, during this financial year, held monies on behalf of the following community groups –

- Sheppey ADHD
- Eastchurch Allotments and Conservation Group
- The Charity maintains a normal accountancy trail of the financial transactions carried out on the behalf of either group.

Members' liability

The Members of the Charity guarantee to contribute an amount not exceeding £1 to the assets of the Charity in the event of winding up.

Statement of Trustees' responsibilities

The Trustees (who are also the Directors of the Charity for the purposes of company law) are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year. Under company law, the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the Charity and of its income and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS 102);
- make judgements and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the Charity's transactions and disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Disclosure of information to auditor

Each of the persons who are Trustees at the time when this Trustees' report is approved has confirmed that:

- so far as that Trustee is aware, there is no relevant audit information of which the Charity's auditor is unaware, and
- that Trustee has taken all the steps that ought to have been taken as a Trustee in order to be aware of any relevant audit information and to establish that the Charity's auditor is aware of that information.

Sheppey Matters
(A company limited by guarantee)

Trustees' report (continued)
for the year ended 31 March 2022

Auditor

The auditor, Kreston Reeves LLP, has indicated his willingness to continue in office. The designated Trustees will propose a motion reappointing the auditor at a meeting of the Trustees.

Approved by order of the members of the Board of Trustees on 13/12/2022 and signed on their behalf by:



Michael John Brown
Trustee

Sheppey Matters
(A company limited by guarantee)

Independent auditor's report to the Members of Sheppey Matters

Opinion

We have audited the financial statements of Sheppey Matters (the 'Charity') for the year ended 31 March 2022 which comprise the Statement of financial activities, the Balance sheet, the Statement of cash flows and the related notes, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the Charity's affairs as at 31 March 2022 and of its incoming resources and application of resources, including its income and expenditure for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the United Kingdom, including the Financial Reporting Council's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the Trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the Trustees with respect to going concern are described in the relevant sections of this report.

Sheppey Matters
(A company limited by guarantee)

Independent auditor's report to the Members of Sheppey Matters (continued)

Other information

The other information comprises the information included in the Annual report other than the financial statements and our Auditor's report thereon. The Trustees are responsible for the other information contained within the Annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinion on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Trustees' report for the financial year for which the financial statements are prepared is consistent with the financial statements.
- the Trustees' report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception.

In the light of our knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees' report.

We have nothing to report in respect of the following matters in relation to which Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of Trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the Trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the Trustees' report and from the requirement to prepare a Strategic report.

Sheppey Matters

(A company limited by guarantee)

Independent auditor's report to the Members of Sheppey Matters (continued)

Responsibilities of trustees

As explained more fully in the Trustees' responsibilities statement, the Trustees (who are also the Directors of the Charity for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the Trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the Trustees are responsible for assessing the Charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Trustees either intend to liquidate the Charity or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an Auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Capability of the audit in detecting irregularities, including fraud

Based on our understanding of the Charity and the sector as a whole, and through discussion with the Trustees and other management (as required by auditing standards), we identified that the principal risks of non-compliance with laws and regulations related to health and safety, anti-bribery and employment law. We considered the extent to which non-compliance might have a material effect on the financial statements. We also considered those laws and regulations that have a direct impact on the preparation of the financial statements such as the Charities SORP (FRS 102) Second Edition (released October 2019), the Companies Act 2006 and other relevant charity legislation. We communicated identified laws and regulations throughout our team and remained alert to any indications of non-compliance throughout the audit. We evaluated Trustees' and management's incentives and opportunities for fraudulent manipulation of the financial statements (including the risk of override of controls) and determined that the principal risks related to: posting inappropriate journal entries to increase revenue or reduce expenditure; management bias in accounting estimates; and judgemental areas of the financial statements. Audit procedures performed by the engagement team included:

- Discussions with management and assessment of known or suspected instances of non-compliance with laws and regulations (including health and safety) and fraud; and
- Assessment of identified fraud risk factors; and
- Review of cash expenditure to confirm no evidence of personal benefit; and
- Challenging assumptions and judgements made by management in its significant accounting estimates; and
- Performing analytical procedures to identify any unusual or unexpected relationships, including related party transactions, that may indicate risks of material misstatement due to fraud; and
- Confirmation of related parties with management, and review of transactions throughout the period to identify any previously undisclosed transactions with related parties outside the normal course of business; and
- Reading minutes of meetings of those charged with governance; and
- Review of significant and unusual transactions; and
- Identifying and testing journal entries, in particular any manual entries made at the year end for financial statement preparation.

Sheppey Matters

(A company limited by guarantee)

Independent auditor's report to the Members of Sheppey Matters (continued)

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

As part of an audit in accordance with ISAs (UK), we exercise professional judgement and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion of the effectiveness of the charitable company's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the Trustees.
- Conclude on the appropriateness of the Trustees' use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the charitable company's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in my Auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of my Auditor's report. However, future events or conditions may cause the Charity to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

Use of our report

This report is made solely to the Charity's trustees, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the Charity's trustees those matters we are required to state to them in an Auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Charity and its trustees, as a body, for our audit work, for this report, or for the opinions we have formed.



Susan Robinson BA FCA FCIE DChA MCMI (Senior statutory auditor)

for and on behalf of

Kreston Reeves LLP

Chartered Accountants

Statutory Auditor

Chatham Maritime

Date: 13 December 2022

Sheppey Matters
(A company limited by guarantee)

**Statement of financial activities (incorporating income and expenditure account)
for the year ended 31 March 2022**

	Note	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Income from:					
Donations and legacies	4	45,653	310,564	356,217	610,877
Charitable activities	5	115,326	14,569	129,895	83,588
Investments	6	31	-	31	111
Total income		161,010	325,133	486,143	694,576
Expenditure on:					
Charitable activities	7	59,666	532,095	591,761	561,955
Total expenditure		59,666	532,095	591,761	561,955
Net income/(expenditure)		101,344	(206,962)	(105,618)	132,621
Transfers between funds	13	(119,480)	119,480	-	-
Net movement in funds		(18,136)	(87,482)	(105,618)	132,621
Reconciliation of funds:					
Total funds brought forward		55,808	293,742	349,550	216,929
Net movement in funds		(18,136)	(87,482)	(105,618)	132,621
Total funds carried forward		37,672	206,260	243,932	349,550

The Statement of financial activities includes all gains and losses recognised in the year.

The notes on pages 26 to 40 form part of these financial statements.

Sheppey Matters
(A company limited by guarantee)
Registered number: 03946296

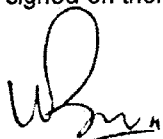
Balance sheet
as at 31 March 2022

	Note	2022 £	2021 £
Fixed assets			
Tangible assets	10	4,432	18,586
Current assets			
Debtors	11	24,179	23,458
Cash at bank and in hand		236,193	332,248
		<u>260,372</u>	<u>355,706</u>
Creditors: amounts falling due within one year	12	(20,872)	(24,742)
Net current assets		239,500	330,964
Total net assets		243,932	349,550
Charity funds			
Restricted funds	13	206,260	293,742
Unrestricted funds	13	37,672	55,808
Total funds		243,932	349,550

The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to entities subject to the small companies regime.

The financial statements were approved and authorised for issue by the Trustees on 13/12/2022. and signed on their behalf by:



Michael John Brown
Trustee

The notes on pages 26 to 40 form part of these financial statements.

Sheppey Matters
(A company limited by guarantee)

Statement of cash flows
for the year ended 31 March 2022

	2022	2021
	£	£
Cash flows from operating activities		
Net cash used in operating activities (see note 17)	(96,086)	139,174
Cash flows from investing activities		
Dividends, interests and rents from investments	31	110
Purchase of tangible fixed assets	-	(1,150)
Net cash provided by/(used in) investing activities	31	(1,040)
Change in cash and cash equivalents in the year	(96,055)	138,134
Cash and cash equivalents at the beginning of the year	332,248	194,114
Cash and cash equivalents at the end of the year	236,193	332,248

The notes on pages 26 to 40 form part of these financial statements

Sheppey Matters
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2022

1. General information

Sheppey Matters is a charitable company limited by guarantee incorporated in England and Wales. The registered office is Sheppey Leisure Centre, Broadway, Sheerness, Kent, ME12 1HH. The principal activities of the Charity are as set out in the Trustees' Report.

2. Accounting policies

2.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Sheppey Matters meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

2.2 Company status

The Charity is a company limited by guarantee. The members of the Charity are the Trustees named on page 1. In the event of the Charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the Charity.

2.3 Going concern

The Trustees assess whether the use of going concern is appropriate i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the Charity to continue as a going concern. The Trustees make this assessment in respect of a period of at least one year from the date of authorisation for issue of the financial statements and have concluded that the Charity has adequate resources to continue in operational existence for the foreseeable future and there are no material uncertainties about the Charity's ability to continue as a going concern, thus they continue to adopt the going concern basis of accounting in preparing the financial statements.

2.4 Income

All income is recognised once the Charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Grants are included in the Statement of financial activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the Balance sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

Sheppey Matters
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2022

2. Accounting policies (continued)

2.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the Charity's objectives, as well as any associated support costs.

All expenditure is inclusive of irrecoverable VAT.

2.6 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the Charity; this is normally upon notification of the interest paid or payable by the institution with whom the funds are deposited.

2.7 Taxation

The Charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the Charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

2.8 Tangible fixed assets and depreciation

Tangible fixed assets costing £2,000 or more are capitalised and recognised when future economic benefits are probable and the cost or value of the asset can be measured reliably.

Tangible fixed assets are initially recognised at cost. After recognition, under the cost model, tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. All costs incurred to bring a tangible fixed asset into its intended working condition should be included in the measurement of cost.

At each reporting date the Charity assesses whether there is any indication of impairment. If such indication exists, the recoverable amount of the asset is determined to be the higher of its fair value less costs to sell and its value in use. An impairment loss is recognised where the carrying amount exceeds the recoverable amount.

Depreciation is charged so as to allocate the cost of tangible fixed assets less their residual value over their estimated useful lives on the following bases:

Motor vehicles	- 5 years straight line
Fixtures and fittings	- 5 years straight line

2.9 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Sheppey Matters
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2022

2. Accounting policies (continued)

2.10 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

2.11 Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the Charity anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised in the Statement of financial activities as a finance cost.

2.12 Financial instruments

The Charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

2.13 Pensions

The Charity operates a defined contribution pension scheme and the pension charge represents the amounts payable by the Charity to the fund in respect of the year.

2.14 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Charity for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Sheppey Matters

(A company limited by guarantee)

Notes to the financial statements for the year ended 31 March 2022

3. Critical accounting estimates and areas of judgement

Estimates and judgements are continually evaluated and are based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Critical accounting estimates and assumptions:

The Charity makes estimates and assumptions concerning the future. The resulting accounting estimates and assumptions will, by definition, seldom equal the related actual results. The estimates and assumptions that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year are discussed below.

Tangible fixed assets

The Charity has recognised tangible fixed assets with a carrying value of £4,432 at the reporting date (see note 10). These assets are stated at their cost less provision for depreciation and impairment. The Charity's accounting policy sets out the approach to calculating depreciation for immaterial assets acquired. For material assets the Charity determines at acquisition reliable estimates for the useful life of the asset, its residual value and decommissioning costs. These estimates are based upon such factors as the expected use of the acquired asset and market conditions. At subsequent reporting dates the Trustees consider whether there are any factors such as technological advancements or changes in market conditions that indicate a need to reconsider the estimates used.

Where there are indicators that the carrying value of tangible assets may be impaired the Charity undertakes tests to determine the recoverable amount of assets. These tests require estimates of the fair value of assets less cost to sell and of their value in use. Wherever possible the estimate of the fair value of assets is based upon observable market prices less incremental cost for disposing of the asset. The value in use calculation is based upon a discounted cash flow model, based upon the Charity's forecasts for the foreseeable future which do not include any restructuring activities that the Charity is not yet committed to or significant future investments that will enhance the asset's performance. The recoverable amount is most sensitive to the discount rate used for the discounted cash flow model as well expected future cash flows and the growth rate used for extrapolation purposes.

Critical areas of judgement:

Lease commitments

The Charity has entered into a range of lease commitments in respect of plant and equipment. The classification of these leases as either financial or operating leases requires the Trustees to consider whether the terms and conditions of each lease are such that the Charity has acquired the risks and rewards associated with the ownership of the underlying assets.

Sheppey Matters
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2022

4. Income from donations and legacies

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Donations	8,945	(2,068)	6,877	4,050
Grants	36,708	312,632	349,340	606,827
	<u>45,653</u>	<u>310,564</u>	<u>356,217</u>	<u>610,877</u>
Total 2021	<u>63,657</u>	<u>547,220</u>	<u>610,877</u>	

5. Income from charitable activities

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Charitable activities	115,326	14,569	129,895	83,588
Total 2021	<u>27,728</u>	<u>55,860</u>	<u>83,588</u>	

6. Investment income

	Unrestricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Bank interest receivable	31	31	111
Total 2021	<u>111</u>	<u>111</u>	

Sheppey Matters
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2022

7. Analysis of expenditure by activities

	Direct costs 2022 £	Support costs 2022 £	Total funds 2022 £	Total funds 2021 £
Charitable activities (see note 22)	579,675	12,086	591,761	561,955
Total 2021	553,335	8,620	561,955	

8. Staff costs

	2022 £	2021 £
Wages and salaries	377,866	334,846
Social security costs	18,886	16,794
Pension costs	7,752	6,564
	404,504	358,204

The average number of persons employed by the Charity during the year was as follows:

2022 No.	2021 No.
28	25

The average headcount expressed as full-time equivalents was:

2022 No.	2021 No.
16	15

No employee received remuneration amounting to more than £60,000 in either year.

During the year the Charity's key management personnel received remuneration and benefits, including employer's national insurance contributions, amounting to £74,290 (2021: £70,894).

Sheppey Matters
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2022

9. Trustees' remuneration and expenses

During the year, no Trustees received any remuneration or other benefits (2021 - £NIL).

During the year ended 31 March 2022, no Trustee expenses have been incurred (2021 - £NIL).

10. Tangible fixed assets

	Motor vehicles £	Fixtures and fittings £	Total £
Cost or valuation			
At 1 April 2021	111,628	50,847	162,475
At 31 March 2022	<u>111,628</u>	<u>50,847</u>	<u>162,475</u>
Depreciation			
At 1 April 2021	94,788	49,101	143,889
Charge for the year	13,414	740	14,154
At 31 March 2022	<u>108,202</u>	<u>49,841</u>	<u>158,043</u>
Net book value			
At 31 March 2022	<u>3,426</u>	<u>1,006</u>	<u>4,432</u>
At 31 March 2021	<u>16,840</u>	<u>1,746</u>	<u>18,586</u>

Sheppey Matters
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2022

11. Debtors

	2022	2021
	£	£
Due within one year		
Trade debtors	14,645	19,674
Other debtors	5,760	10
Prepayments and accrued income	3,774	3,774
	24,179	23,458

12. Creditors: Amounts falling due within one year

	2022	2021
	£	£
Trade creditors	3,111	2,839
Other taxation and social security	1,433	5,575
Accruals and deferred income	16,328	16,328
	20,872	24,742
	2022	2021
	£	£
Deferred income at 1 April 2021	11,288	36,012
Resources deferred during the year	-	11,288
Amounts released from previous periods	-	(36,012)
Deferred income at 31 March 2022	11,288	11,288

Sheppey Matters
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2022

13. Statement of funds

Statement of funds - current year

	Balance at 1 April 2021	Income	Expenditure	Transfers in/out	Balance at 31 March 2022
	£	£	£	£	£
Unrestricted funds					
Designated funds					
Redundancy Reserve	24,517	-	-	(24,517)	-
Fixed Asset Funds	-	-	-	2,101	2,101
	<u>24,517</u>	<u>-</u>	<u>-</u>	<u>(22,416)</u>	<u>2,101</u>
General funds					
General Funds	31,291	161,010	(59,666)	(97,064)	35,571
	<u>55,808</u>	<u>161,010</u>	<u>(59,666)</u>	<u>(119,480)</u>	<u>37,672</u>
Total Unrestricted funds	55,808	161,010	(59,666)	(119,480)	37,672
Restricted funds					
Restricted Funds	293,742	325,133	(532,095)	119,480	206,260
	<u>349,550</u>	<u>486,143</u>	<u>(591,761)</u>	<u>-</u>	<u>243,932</u>
Total of funds	349,550	486,143	(591,761)	-	243,932

Sheppey Matters
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2022

13. Statement of funds (continued)

Statement of funds - prior year

	Balance at 1 April 2020 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2021 £
Unrestricted funds					
Designated funds					
Redundancy Reserve	24,517	-	-	-	24,517
General funds					
General Funds	37,545	91,496	(68,417)	(29,333)	31,291
Total Unrestricted funds	62,062	91,496	(68,417)	(29,333)	55,808
Restricted funds					
Restricted Funds	154,867	603,080	(493,538)	29,333	293,742
Total of funds	216,929	694,576	(561,955)	-	349,550

Sheppey Matters
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2022

14. Summary of funds

Summary of funds - current year

	Balance at 1 April 2021	Income	Expenditure	Transfers in/out	Balance at 31 March 2022
	£	£	£	£	£
Designated funds	24,517	-	-	(22,416)	2,101
General funds	31,291	161,010	(59,666)	(97,064)	35,571
Restricted funds	293,742	325,133	(532,095)	119,480	206,260
	<u>349,550</u>	<u>486,143</u>	<u>(591,761)</u>	<u>-</u>	<u>243,932</u>

Summary of funds - prior year

	Balance at 1 April 2020	Income	Expenditure	Transfers in/out	Balance at 31 March 2021
	£	£	£	£	£
Designated funds	24,517	-	-	-	24,517
General funds	37,545	91,496	(68,417)	(29,333)	31,291
Restricted funds	154,867	603,080	(493,538)	29,333	293,742
	<u>216,929</u>	<u>694,576</u>	<u>(561,955)</u>	<u>-</u>	<u>349,550</u>

Sheppey Matters
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2022

15. Analysis of net assets between funds

Analysis of net assets between funds - current year

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £
Tangible fixed assets	2,101	2,331	4,432
Current assets	44,761	215,611	260,372
Creditors due within one year	(9,190)	(11,682)	(20,872)
Total	<u>37,672</u>	<u>206,260</u>	<u>243,932</u>

Analysis of net assets between funds - prior year

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £
Tangible fixed assets	5,874	12,712	18,586
Current assets	64,676	291,030	355,706
Creditors due within one year	(14,742)	(10,000)	(24,742)
Total	<u>55,808</u>	<u>293,742</u>	<u>349,550</u>

Sheppey Matters
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2022

16. Reconciliation of net movement in funds to net cash flow from operating activities

	2022 £	2021 £
Net income/expenditure for the year (as per Statement of Financial Activities)	(105,618)	132,621
Adjustments for:		
Depreciation charges	14,154	16,431
Dividends, interests and rents from investments	(31)	(110)
Loss on the sale of fixed assets	-	779
Decrease/(increase) in debtors	(721)	15,569
Decrease in creditors	(3,870)	(26,116)
Net cash provided by/(used in) operating activities	(96,086)	139,174

17. Analysis of cash and cash equivalents

	2022 £	2021 £
Cash in hand	236,193	332,248
Total cash and cash equivalents	236,193	332,248

18. Analysis of changes in net debt

	At 1 April 2021 £	Cash flows £	At 31 March 2022 £
Cash at bank and in hand	332,248	(96,055)	236,193
	332,248	(96,055)	236,193

19. Pension commitments

The Charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the Charity in an independently administered fund. The pension cost charge represents contributions payable by the Charity to the fund and amounted to £7,752 (2021: £6,564). There were no amounts payable to the fund at the Balance sheet date (2021: £Nil).

Sheppey Matters
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2022

20. Operating lease commitments

At 31 March 2022 the Charity had commitments to make future minimum lease payments under non-cancellable operating leases as follows:

	2022 £	2021 £
Not later than 1 year	3,992	6,062
Later than 1 year and not later than 5 years	15,968	10,610
	<u>19,960</u>	<u>16,672</u>

21. Related party transactions

Two of the Trustees, K Pugh and P Murray are also trustees of Swale CVS, with C White being an employee of Swale CVS. During the financial year, Sheppey Matters incurred expenditure with Swale CVS of £9,600 (2020: £18,604) and received income of £17,426 (2020: £Nil). All of these transactions were conducted at arms length. There were no amounts outstanding at the Balance sheet date (2020: balance of £1,490 owed to Swale CVS).

MJ Brown and K Pugh are both trustees of Work This Way. During the financial year Sheppey Matters incurred expenditure of £Nil (2020: £Nil) with this organisation. All of these transactions were conducted at arms length. There were no amounts outstanding at the Balance sheet date (2020: £Nil).

C White is also a trustee of Home Start Sittingbourne and Sheppey. During the financial year Sheppey Matters has incurred expenditure of £288 (2020: £292) with this organisation. All of these transactions were conducted at arms length. There were no amounts outstanding at the Balance sheet date (2020: £Nil).

K Pugh is also a trustee of Queenborough Fishery Trust. During the financial year Sheppey Matters has incurred expenditure of £Nil (2020: £1,000) with this organisation. All of these transactions were conducted at arms length. There were no amounts outstanding at the Balance sheet date (2020: £Nil).

P Murray is also a director of Swale Community Leisure. During the financial year Sheppey Matters has received income of £1,717 (2020: £3,882) from this organisation and incurred expenditure of £2,945 (2020: £13,080). All of these transactions were conducted at arms length. There was a balance of £Nil (2020: £4) owed to Swale Community Leisure at the year end and a balance owed by Swale Community Leisure of £1,717 (2020: £678).

P Murray and N Martin are also trustees of Age UK Sheppey. During the financial year Sheppey Matters has received income of £875 (2020: £Nil) from this organisation. All of these transactions were conducted at arms length. There were no amounts outstanding at the Balance sheet date (2020: £Nil).

Sheppey Matters
Notes to the financial statements
For the year ended 31 March 2022

22. Restricted funds - breakdown by project

	1,000	10,000	(1,254)	8,119	2,000	21,000	31,800	11,854	11,854	8,408	1,955	8,408	7,458	37,823	23,217	748	7,216	58,243	50,743	14,000	12,200	22,778	4,700	253,742	868,958	Total 2021	Total 2022	
Funds brought forward																									312,022	543,044		
Income and endowments from																									10,000	14,000		
Grants																									312,022	543,044		
Donations																									10,000	14,000		
Travel and Membership																									10,000	14,000		
Travel and Membership																									10,000	14,000		
Services / Work Undertaken																									10,000	14,000		
Reimbursements / Referrals																									10,000	14,000		
Other income																									10,000	14,000		
Expenditure on																									312,022	543,044		
Direct expenses																									312,022	543,044		
Advertising and Publicity																									312,022	543,044		
Bank Charges and Interest																									312,022	543,044		
Computer Expenses																									312,022	543,044		
Goods Given as Grants																									312,022	543,044		
Hall / Room Hire																									312,022	543,044		
Insurance																									312,022	543,044		
Legal and Professional Fees																									312,022	543,044		
Motor and Travel																									312,022	543,044		
Motor and Travel																									312,022	543,044		
Postage, Printing, Photocopying and Stationery																									312,022	543,044		
Postage, Printing, Photocopying and Stationery																									312,022	543,044		
Profit/Loss on Disposal of F.A.																									312,022	543,044		
Profit/Loss on Disposal of F.A.																									312,022	543,044		
Staff Costs																									312,022	543,044		
Staff Costs																									312,022	543,044		
Telephone and Internet																									312,022	543,044		
Telephone and Internet																									312,022	543,044		
Utilities																									312,022	543,044		
Utilities																									312,022	543,044		
Work Undertaken																									312,022	543,044		
Work Undertaken																									312,022	543,044		
Support costs																									312,022	543,044		
Support costs																									312,022	543,044		
Author's remuneration - non-audit																									312,022	543,044		
Author's remuneration - non-audit																									312,022	543,044		
Net movement in funds																									312,022	543,044		
Net movement in funds																									312,022	543,044		
Transfers between funds																									312,022	543,044		
Transfers between funds																									312,022	543,044		
Funds carried forward																									312,022	543,044		
Funds carried forward																									312,022	543,044		

	1,000	10,000	(1,254)	8,119	2,000	21,000	31,800	11,854	11,854	8,408	1,955	8,408	7,458	37,823	23,217	748	7,216	58,243	50,743	14,000	12,200	22,778	4,700	253,742	868,958	Total 2021	Total 2022		
Arts & Media																										312,022	543,044		
BBC ON BH																										312,022	543,044		
Back to the Future																										312,022	543,044		
Chief																										312,022	543,044		
Community Projects																										312,022	543,044		
Henry Smith																										312,022	543,044		
HLC																										312,022	543,044		
Isle Connect You																										312,022	543,044		
KCC - Me, My Family, and I																										312,022	543,044		
Keel Community Foundation																										312,022	543,044		
Keel Sport																										312,022	543,044		
Keel MVA Womenstalk																										312,022	543,044		
Local Giving																										312,022	543,044		
Magic 1-2-3																										312,022	543,044		
Main																										312,022	543,044		
Mentalh																										312,022	543,044		
Mobile Matters																										312,022	543,044		
Reserve for Redundancy																										312,022	543,044		
Rural Youth																										312,022	543,044		
DCMC																										312,022	543,044		
Sheppey Wharke																										312,022	543,044		
Bank CVB JA																										312,022	543,044		
Well Life																										312,022	543,044		
Chief Childrens Centre																										312,022	543,044		
Colyer Ferguson																													

Sheppey Matters

Notes to the financial statements For the year ended 31 March 2022

22. Unrestricted funds - Centre funds

	Total 2022 £	Total 2021 £
Funds brought forward	<u>55,808</u>	<u>62,062</u>
Income and endowments from		
Grants	36,708	62,879
Donations	8,945	778
Room Hire	26,933	27,979
Travel and Membership	57,463	-
Services / Work Undertaken	6,620	203
Investment Income	31	111
Other Income	24,310	(454)
Total income	<u>161,010</u>	<u>91,496</u>
Expenditure on		
Bad Debts	1,646	3,822
Bank Charges and Interest	100	84
Computer Expenses	501	1,341
Depreciation	3,773	4,286
Goods Given as Grants	156	-
Hall / Room Hire	1,819	180
Insurance	4,171	(210)
Legal and Professional Fees	5,639	4,849
Management Fees	-	(17,800)
Motor and Travel	5,197	319
Postage, Printing, Photocopying and Stationery	1,225	4,319
Repairs, Maintenance and Equipment	7,646	12,555
Staff Costs	3,385	38,225
Sundry Expenses	6,736	4,384
Telephone and Internet	190	177
Training	577	570
Utilities	1,938	(1,264)
Work Undertaken	6,241	3,960
Subtotal	<u>50,940</u>	<u>59,797</u>
Support costs		
Auditors' remuneration	3,840	5,640
Auditors' remuneration - non-audit	4,886	2,980
Subtotal	<u>8,726</u>	<u>8,620</u>
Net movement in funds	<u>101,344</u>	<u>23,079</u>
Transfers between funds	(119,480)	(29,333)
Funds carried forward	<u><u>37,672</u></u>	<u><u>55,808</u></u>

SHEPPEY MATTERS

England & Wales - Charity number 1102847

Accounts

Registered number: 03946296
Charity number: 1102847

Sheppey Matters
(A company limited by guarantee)

Trustees' report and financial statements
for the year ended 31 March 2021

Sheppey Matters
(A company limited by guarantee)

Contents

	Page
Reference and administrative details of the Charity, its Trustees and Advisers	1
Trustees' report	2 - 17
Independent auditor's report on the financial statements	18 - 21
Statement of financial activities	22
Balance sheet	23
Statement of cash flows	24
Notes to the financial statements	25 - 38

Sheppey Matters

(A company limited by guarantee)

Reference and administrative details of the Charity, its Trustees and Advisers for the year ended 31 March 2021

Trustees

Michael John Brown, Principal
Christine White
Kenneth Pugh
Paul Murray
Joe Rook

Company registered number

03946296

Charity registered number

1102847

Registered office

Sheppey Leisure Centre
Broadway
Sheerness
Kent
ME12 1HH

Company secretary

Nigel Martin

Swale Borough Council Representative

Richard Darby (to May 2021)
Oliver Eakin (from May 2021)

Independent auditor

Kreston Reeves LLP
Chartered Accountants
Statutory Auditor
Montague Place
Quayside
Chatham Maritime
Chatham
Kent
ME4 4QU

Sheppey Matters

(A company limited by guarantee)

Trustees' report for the year ended 31 March 2021

The Trustees present their annual report together with the audited financial statements of the Charity for the year from 1 April 2020 to 31 March 2021. The Annual report serves the purposes of both a Trustees' report and a Directors' report under company law. The Trustees confirm that the Annual report and financial statements of the Charity comply with the current statutory requirements, the requirements of the Charity's governing document and the provisions of the Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019).

Since the Charity qualifies as small under section 382 of the Companies Act 2006, the Strategic report required of medium and large companies under the Companies Act 2006 (Strategic Report and Directors' Report) Regulations 2013 has been omitted.

Objectives and activities

a. Policies and objectives

The objects of the Charity are:

- To promote and protect the good health of people living on the Isle of Sheppey, in particular by the provision of a healthy living centre.
- To advance education in the benefits of good health and social well being.
- To provide or assist in the provision of facilities in the interest of social welfare for recreation or other leisure time occupation of individuals who have need of such facilities because of their youth, age, disability, financial hardship, or social circumstances.

Sheppey Matters is an independent charity, and the Trustees meet at least four times a year to make major policy decisions and review progress. Other times limited working groups are set up when a particular topic needs more detailed consideration by the Trustees.

The Chief Executive takes overall day to day responsibility for steering the Charity in accordance with the strategic direction set by the Trustees. He meets the chair of Sheppey Matters on a weekly basis and has a regular email and telephone contact between meetings. Administrative staff based at Sheppey HLC take responsibility for room bookings and supporting projects.

Sheppey Matters has a service level agreement with Swale CVS, which provides financial administration services. There is a designated finance officer at Swale CVS who carries out financial administration. Additional day to day financial management support is provided by the director of Swale CVS.

In setting objectives and planning for activities, the Trustees have given due consideration to general guidance published by the Charity Commission relating to public benefit, including the guidance 'Public benefit: running a charity (PB2)'.

b. Strategies for achieving objectives

The Trustees' policy is to work in partnership with local agencies from the community and voluntary sector, and statutory sector to run projects at Sheppey HLC and outreach projects elsewhere on the Island. In this way, the Charity can make a bigger impact, draw on the expertise of specialist agencies and avoid duplication of local projects.

Sheppey Matters
(A company limited by guarantee)

Trustees' report (continued)
for the year ended 31 March 2021

Achievements and performance

a. Review of activities

The Trustees have further updated the business plan for Sheppey Matters, which has been implemented by the CEO and his team and continued during 2020/21. The effect of COVID-19 throughout this financial year required some imaginative and quick decision-taking by the board and staff to maintain, amend and create work schedules to not only meet our existing obligations, but also the needs of our community as it became rapidly clear that normal delivery was no longer possible. Along with an amended approach to the year, the overall strategy for the Charity continues; to aim to diversify the range of services offered by Sheppey Matters, reduce our reliance on room hire income at Sheppey HLC and the financial support of any one funder; continue to develop project management expertise in existing and new business areas.

Sheppey Matters is grateful to our many funders for their support throughout 2020/21 and the flexible approach allowed to change our delivery to support those most in need. The trust given by our funders allowed the team of staff and volunteers to move forward confidently and tackle the many challenges placed before the team – for example: cooking meals and delivery, dropping off prescriptions, art packs for young people, DAB radios for seniors, phone calls and zoom meetings for young and old often using loaned iPads and tablets to ensure our beneficiaries could keep in touch.

The healthy living centre was only open for our use from mid-July to the end of October – other times it was closed. Whilst open, there was very limited access by our centre partners, with most opting for online delivery. The government restrictions obliged us to seek new ways of engaging our clients – the use of iPads and social media by our senior citizens (with some well into their 90s) was an amazing and heart-warming success story as well as being a welcome surprise to some staff! As the centre remained closed, use was occasionally made of our outreach base in Eastchurch, whilst our community radio station remained open and broadcasting throughout. Sheppey Matters would like to acknowledge the support of its partner in the healthy living centre – Swale Community Leisure.

Despite the COVID restrictions during 2020/21, the Charity successfully opened two new projects; Isle Connect You (funded by the National Lottery Community Fund) in September 2020 and Mobile Matters (funded by the Department for Digital, Culture, Media and Sport and the Henry Smith Charity) in December 2020. The Magic 1-2-3 project which closed in September was temporarily reopened for four months thanks to BBC Children in Need, whilst a successful application to the Garfield Weston Foundation brought much needed core funding to Sheppey Matters. The Charity also, for the first time, engaged in an online fundraising event with localgiving.com which was highly successful.

The Charity was able to take advantage of some of the various government support programmes available including the furlough scheme for five colleagues.

Sadly, during the year, Sheppey Matters lost four of its volunteers, all of whom made invaluable contributions to the Charity. Our colleagues Pearl Wood, Noel Pritchard, Mark Ellen, and Mark Smith will be greatly missed. We are grateful to the families of Mark Smith and another supporter Sylvia Everest, for allowing donations to be made to Sheppey Matters.

The Board, staff and volunteers would like to thank the many funders over this twelve month period, and acknowledges the donations received from the local community to support our work

Sheppey Matters

(A company limited by guarantee)

**Trustees' report (continued)
for the year ended 31 March 2021**

Achievements and performance (continued)

The Charity is grateful for the support of its funders to enable health and well being work (especially during the COVID pandemic) to be undertaken on the Isle of Sheppey; Kent County Council, BBC Children in Need, The Minerva Fund, Kent Community Foundation, Optivo, Swale Borough Council, the National Lottery Community Fund, Tudor Trust, Garfield Weston Foundation, The Henry Smith Charity, Department for Digital, Culture, Media and Sport, Colyer Fergusson Charitable Foundation, Sheppey CEP, UK Youth, Royal Opera House Bridge, Medway Voluntary Action, Standard Life, Groundwork/Tesco, Alpkit, SEETEC, The Card Factory, Burg Wachter, Kent Police/Kent County Council (Violence Reduction Unit), Kent County Council and Swale Borough Council members, Monckton Whitehead, Kent Sport, Localgiving.com, Chapman Charitable Trust, Asda, Rotary Club of Minster-on-Sea, Grantscape, Swale CVS and OFCOM.

Below are further details on these projects:

Arts and Media (project manager Justin Aggett)

The project delivered the TIDE art project with Sheppey CEP during the latter part of the year, bringing a successful island-wide programme to Sheppey's young people. As the COVID pandemic brought a national lockdown, the project was able to secure monies to purchase a wide range of arts and crafts items to create an arts-box which was delivered around the community. The success of this programme led to further funding being obtained from the Royal Opera House Bridge and is described in the Rural Youth report below.

Community Development (project manager Nicola Waghorne)

Most of this year has been dedicated to supporting staff and members, isolation and bereavement have been the highest priority, I qualified as a bereavement counsellor in March just as we went into lockdown, and this has been most valuable, and I have been able to offer specialist skills that have needed it. This will continue as we continue into the next year with the addition of groups.

Wednesday sessions were done as Zoom, we continued book club, crafting and general chat and support, along with doorstep visits to keep contact and make sure they had all the support that we were aware of. The group members were able to return for a short period after first lockdown but resumed Zoom meetings through December and till Late May.

I created several varied wellbeing creative packs for many of our members that were delivered, these included crafts, books, and various small items to cheer and inspire them. Some were also made for staff and their families. I also made wellbeing packs that were sent to residents. I created patterns for mask making and put these on our Face Book page along with the instructions on "how to" and during the year have also done more "how to" for bunting making, Christmas crafts and various sewing ideas. I also made lots of masks for one of our adult residential homes, Neptune House for all their staff and residents as they thought it would be nicer for them to have pretty-looking masks (Kevin the Carrot fabric) so they could encourage them to be worn.

Golden Leas holiday park contacted us, and we were able to deliver vegetable boxes donated by them to many of our members and residents, this has since developed into a working relationship with Golden Leas and we were also donated a Red Phone box from them that we have transported and relocated at Eastchurch village hall, this will be redecorated and made into a community library later in the year. Many of the books that we have used over this year will find a new home here along with piles of donated books too.

I joined with Eastchurch Parish Clerk to decorate the village hall for the missed VE day celebrations, but the flags, bunting and numerous knitted poppies were very much appreciated by the passing villages and those travelling through Eastchurch. Later in the year we also decorated the gardens with tinsel and decorations too. In June Elaine and I undertook the full redecoration of the community hub using our time to repaint and reorganise our rooms for re-opening, I also had the signage rebranded to give a fresh new feeling throughout the hub. When this was completed, I then went onto redecorate the new ICY room at the HLC in preparation for that project starting.

Sheppey Matters

(A company limited by guarantee)

Trustees' report (continued) for the year ended 31 March 2021

Achievements and performance (continued)

In late Summer I was able to further support staff with wellbeing sessions at hub, and we got creative with clay and various art forms. This gave us plenty of opportunity to talk and to listen to their concerns, to ensure they had adequate resources for working from home and feeling supported. Towards the end of the Summer, we started staff family quiz nights on Zoom, and this proved very popular and became a regular session over the following months, I'm not sure that it improved our general knowledge or intelligence, but we laughed a lot.

We secured a beach hut at the end of September at one of the furthest outpoint's of the Island with the thought of using it as a dedicated meeting point, the idea was to meet there for walking groups and social groups as well as one to one sessions. With much help and support from our Community Warden Debbie, we set about repainting and kitting out the hut. We started Nordic walking from there soon after and outside one to one sessions soon followed. In Spring we were able to up the numbers at meetings and now hold 2 walking sessions a week along with coffee and chat after. The hut is also now available for other Sheppey Matters groups to access and use for their sessions as well as for staff and their families to use at weekends whilst as travel and holidays are still restricted, we would also like to offer its use to local families who would otherwise not get a breakaway. Minster Rotary Club visited us and planted lots of Croc at the site, in support of "End Polio Now". We also had a "Happy to Talk" bench installed from Swale Borough Council next to the hut for anyone to enjoy.

Men's Matters group has suffered particularly badly during this Pandemic, their own mental health has been quite poor and one of the members moved to another area early on. Later in the year we were very saddened to lose a founder member of the group to Covid. The remaining team has tried hard to keep up members wellbeing, but it has been a very difficult time for them. They began well and did a lot of work on their Shed project and were setting up an allotment area when Mark was taken ill, they have remained as a group and are hoping to get restarted with tasks and meetings soon.

The Book club was extended to accommodate the ICY Zoom meetings and has flourished, with many of their members joining in the reads and discussions.

Crafting throughout the year has been great fun with most of the members enjoying the variety that I have offered, we have sewn and made and painted throughout the year crafting, birds, stones, crochet, clay figures, Lavender wands, plaques, seed sowing, Christmas bottle painting and advent calendars amongst our projects. All of these helped to make a distraction from the effects of what was going on outside and the terrible losses and isolation that this year has brought.

Bereavement support and counselling has been the main part of my job throughout this time, whilst I have been unable to develop groups. The need to listen and understand the fear and pain of loss has been at times overwhelming for myself and many members of the team and our members and residents, this support will continue for a long time into the coming years as we return to a "new normal".

Healthy Living Centre (project manager Amanda Cooper)

Sheppey Matters operates the Healthy Living Centre (HLC) in Sheerness with additional outreach from our hub in Eastchurch and our face-to-face outreach projects such as Mobile Matters, Isle Connect You. Usually this contact also includes our Community Chef's Food truck, our Community Radio Roadshows, and our Community Gardeners allotment project but Government restrictions have prevented these projects operating as normal.

In the reporting period the HLC was closed for 8 months out of the year so much of our work went online to support the community. The HLC staff adapted their roles to assist other projects deliver much need interventions and practical support as well as wellbeing visits and care packs.

All service provision from other agencies, charities and individuals based with us at HLC ceased, as did the regular room hires during our enforced closure. Some service providers returned between lockdowns and again since we re-opened on the 12 April 2021.

We have forged new partnerships with The Samaritans, Age UK, The Fire Brigade, local Food banks and our Community Wardens to name a few, to ensure that community need has been met over these difficult months.

Sheppey Matters

(A company limited by guarantee)

**Trustees' report (continued)
for the year ended 31 March 2021**

Achievements and performance (continued)

Rural Youth after school and youth clubs (Project manager Elaine Christopher)

During lockdown Rural youth changed direction and delivery but continued to support young people by providing between 150-200 Art Packs, these were delivered or posted out. I made wellbeing phone calls to our wheels and ICY client list for a while but had to stop due to the demand for Art Packs.

I gave the radio station and presenters activities to read out over the air these included art, challenges, and physical activity to support young people and help with both physical and mental health wellbeing.

We were able to open clubs during October for a couple of weeks when restrictions eased but within the Government guidelines. The Art club and Eastchurch after school club each had a permitted limit of 4 attendees during October. Eastchurch young people participated in a fund raiser that consisted of planting up pots with flowers and bulbs and selling them which raised £60.

Bingo and Mingle continued for October with 2 sessions a week with 4-6 participants. I also attended one session of Dads Matter with Jason and provided Arts and Crafts.

SYPA Group (NEETs) continued online with 4-6 participants and 3 managed to take Math exams but unfortunately only one passed. Due to our partnership work with POA ceasing (the organisation closed in April 2021) our Group had to be put on hold until we found another provider.

Staff have adapted to the way they have worked through supporting other projects. One staff member has supported our Community Chef through cooking for the Community, and vulnerable people (ICY members, The Salvation Army).

Sheppey Wheels (project managers Rebecca Gebbie/Russell Cashman)

Sheppey Wheels was forced to shut the daytrips and private hires due to the Covid pandemic. During the first lockdown we had to furlough all three drivers. Staff had to work from home, and we distributed contact numbers of customers to a group of staff to make wellbeing calls each day. From these calls we were able to offer support in the form of community wardens making home checks. They were also able to offer food and medication delivery. We had perspex fitted to each of our minibuses to ensure we could operate safely when restrictions eased. We purchased foggers for each bus and disinfectant to mist and clean the bus after every trip. We diverted all our efforts into delivering art packs to families for the children to do whilst they were at home. We also used Sheppey Wheels to deliver hot meals that our community chef prepared and cooked for people in the community that needed support.

In December we used the community transport to deliver packages to customers. We were able to arrange transport for a respite customer to be carried out during the period of "work from home." Although work within the Blackburn Lodge Care home stopped with the day centre, we were still required to offer hospital visits for clients of the Blackburn.

Under governmental restrictions Sheppey Wheels has been unable to offer our day trips function over the most of the last year, but when they were available trips to a variety of venues including Craft Fairs, Shopping Trips, Markets and Historic recreations ran at reduced capacity. However, throughout the restrictions, when the educational facilities have been open, we have continued to run a full school service in line with all government guidelines. We have spoken to numerous clients, and they have expressed sorrow that they were not able to use the Sheppey Wheels service. On the resumption of a slimmed down service on 19th May, we opened our booking line for our trips again on 10th May and by the end of the first day had fully booked 95% of the trips on offer. We are also looking at different ways to involve our clients involved in the local community again, including themed tea afternoons and Christmas tea afternoons later in the year.

Sheppey Matters

(A company limited by guarantee)

**Trustees' report (continued)
for the year ended 31 March 2021**

Achievements and performance (continued)

Community Chef / Sheppey Lifestyle (project manager Mike Spackman)

Support for the project in the Swale area has been lessening over the last year or two, yet bizarrely it has increased in other areas of Kent, resulting in our chef, Mike Spackman, being offered a two year secondment to the Big Local in Newington (Thanet). Mike started his work in that community in October 2020 and will return in September 2022.

In his absence, his assistant Jason Hurren has stepped up and kept the project operating albeit on a restricted basis.

"We linked up with the Salvation Army during July and August to produce Tasty Tuesday meals for 15 families producing up to 70 meals over the summer holidays. We did work with ADHD families on the Sheppey Matters allotments alongside Anita and Paul (our gardeners) who manage the allotments.

A VRU (Violence Reduction Unit) course started in autumn with students struggling in mainstream schooling. They learnt people skills and produced food for the elderly up to 30 meals a week on the island. Sadly, this changed to making the videos to produce the dishes because of COVID.

The Dad's Matters group is going from strength to strength including cooking videos and regular zoom chats. The group was formed to strengthen bonds between any male member of a family and his (grand)children, nephews, nieces etc. The group is particularly successful when operating in a 'food' environment.

I produced live cooking sessions with a Christmas theme for three days for POA Learning linked with Beverley Nolker showing great simple recipes and using up left-overs.

In Late December the community chef was in Newington Ramsgate in a support role helping on a project producing 100 meals for children as they left school, making 500 in total. A total of three baking videos were produced and shared and baking kits were handed out to 30 lucky families. During February half term, I linked up with the Salvation Army again to feed children and families from the local food bank producing almost 400 meals based on pasta that week.

The community chef posts weekly recipes on the Sheppey Matters Facebook page and often on the radio (community radio Sheppey FM 92.2) talking about the week's recipe".

Sheppey Community Media Centre (project manager Julie Nicholls)

Our community radio service is totally unique to Kent and very distinct in nature and content to any other station. Since March 2020 and throughout the pandemic we have continued to broadcast 'live' from our studios for up to 13 hours per day, an eclectic mix of music genre appealing to a diverse, transgenerational audience with ratio 60% music / 40% speech. We do not try to sound like a commercial station but instead focus our attention on localism and giving local people the opportunity to be a part of a great community project.

The pandemic has made the station stronger and more resilient, and we are determined to continue to flourish and succeed in serving our community. Our radio service has become, now more than ever, a lifeline to a large proportion of isolated and vulnerable members of our community. Our station's ethos is to also support disadvantaged individuals and several of our shows are hosted by special needs presenters, who are mentored by an experienced colleague. During the lockdowns, volunteers were asked if they wanted time out, but everyone replied that the station has kept them involved and given a feeling of being wanted and valued and eased their anxieties. They all pull together as a family and have found great comfort in this mutual support.

The Isle of Sheppey has a very tight-knit community and Sheppey FM is very well known and highly regarded as the station that gives back to the community. We have delivered over 150 DAB/FM radios to isolated and vulnerable people. This project was initiated by the Radio Hub organised by Danny Lawrence, but the demand was so high on the island that we have sourced further funding to meet demand. We have a long list of testimonials thanking us for our help.

Sheppey Matters

(A company limited by guarantee)

Trustees' report (continued) for the year ended 31 March 2021

Achievements and performance (continued)

In these stressful times it is important to stay healthy and so we have also donated four family hampers of fresh fruit and vegetables to local people in need. Every Christmas, the Sheppey FM volunteers donate to a local cause and this year a huge box of goodies was donated to a retirement home that was struggling. Our volunteers were also out in the community delivering hot Christmas dinners to elderly, vulnerable people working with the Salvation Army on Christmas Day. Every year we raise funds for 'Children in Need' and 'Red Nose Day' and in 2020 we raised £780. Our volunteers also donated over 80 Easter Eggs to Demelza House, a local hospice for children with terminal illness.

Social gain for the benefit of our community is our primary objective and is what we feel most passionate about. We are embedded in the heart of Sheerness, and we strive to fully understand our community's needs. We seek to give our community their 'voice' to be heard and our continual support to enhance their social inclusion and well-being. The focus of our objectives is to include people of all ages and abilities, from all walks of life within our community and give them the equality they deserve to access voluntary involvement, work experience placements and the exciting training opportunities to learn a wide range of valuable and transferable skills and to acquire nationally recognised qualifications.

The Station delivers social gain on so many levels from mentoring individuals to supporting local groups and organisations, and by the provision of educational training to schools and governing bodies and by its substantial support of our community.

As the restrictions have lifted, we have resumed student training with the Oasis Academy and with our National award-winning Saturday Youth-led show. All students are now progressing their Bronze & Silver Arts Awards and we are optimistic that the presentations of certificates will be held at the Oasis Academy later this year where Sheppey FM sponsors the Academy's 'Achievement Shield'.

Further funded training projects have also restarted, partnering with the Kent Police Violence Reduction Unit, the Kent Community Foundation, Swale Borough Council Environment, and the Kent & Medway Progression Federation working with the University of Creative Arts.

We are fully booked with training courses until the end of 2021.

Our output features 'local' weather, traffic & travel, local talent, a 'Community Events Diary', quizzes and give-away prize competitions. We do not use national news but prefer to research and home produce our own local news as this is more relevant to our listeners. Precedence is given to guest interviews and topical discussions on issues affecting our local community. Our interviews strengthen the station's involvement and engagement within our community and is beneficial to the interviewee, encouraging an increase in 'up-take' of their services. We believe that the more we network and engage, the stronger our understanding of our community and its needs.

We create social gain by dedicating our daily shows to local health support groups to raise awareness of their provision of specific support services and their offer of professional counselling available locally. This helps to point people in the right direction to access medical help, counselling and to decrease their isolation.

Further shows are dedicated to Oasis Academy and presented by their young students to help them gain further accredited qualifications. We have also set up an in-house radio studio at Oasis Academy called 'Academy Sounds'. This is broadcast throughout the academy, and we dedicate our FM air-time on a regular basis to 'Academy Sounds' productions.

With restrictions now lifting, we can now start to attend public events with our road-shows, and we also aim to resume our constant flow of local bands, musicians and singers that perform 'live' in our studios. We further promote local artistes on our two Facebook pages (Sheppey FM Local Gig Guide and Sheppey FM Local Talent) We also promote local authors on our Sunday morning 'Arts review' show.

Sheppey Matters
(A company limited by guarantee)

Trustees' report (continued)
for the year ended 31 March 2021

Achievements and performance (continued)

Magic 1 2 3 (project manager Bev Nolker)

As we had no funding in October and November to support families, we were overjoyed to obtain some short-term monies from BBC Children in Need to enable us to move forward with our project during Covid. We have been able to reach out and support 38 children who would have otherwise not been able to receive any help for their ADHD.

In fact, we have been able to have a further reach with families in our more rural areas who would not be able to attend a physical location due to lack of transport. Being able to carry out Zoom meetings with families has been a huge asset to the project. We were unable to, physically, meet with the families. Therefore, boxes of resources were packaged up and either posted or hand delivered in readiness for their sessions.

We carried out a 'meet and greet' Zoom call with the family prior to the first session. This ensured that not only were the parent/carers aware of who would be 'meeting' them each week, but it gave the opportunity for us to find out more about the young person. Part of their resource pack was an 'All About Me' worksheet which the young person completed. They were then able to talk to us about their likes/dislikes, favourite foods, games, hobbies etc. It was a good way of breaking the ice and they were able to ask questions of us at the same time.

We found that the families had a lot of other questions during the sessions, so being able to access them immediately and display other resources on the computer screen, in real time, was a huge asset. We were able to email or post extra resources after each Zoom session as well. It was an efficient, streamlined process.

We have found that some families have asked for extra sessions as their young people have benefitted from the connection with people that understand how their amazing brains work. We have accommodated those families and have prepared and delivered extra resources for them to interact with us over Zoom.

Part of the funding was also used to develop a peer mentoring programme for five girls aged between ten and twelve. They have been learning how to support a peer or friend who has ADHD by learning about how the ADHD brain works, the executive functions which are essential for daily functioning as well as some basic coaching skills to help build self-esteem and confidence. At the end of the course, they will all receive a certificate and peer mentor badge to use in their learning environment. Two of the girls are home-schooled but they have a group of pen friends who also have ADHD. They have expressed their wishes to be able to support their friends with their ADHD via pictures and worksheets they can create and post. All participants have worked very hard on their workbooks and the resources they have been given as part of the project.

Here is some feedback from one of the families who took part in the peer mentoring programme:

"Thank you for the amazing sessions that E was lucky enough to be given the opportunity to participate in. She has grown in confidence and has a really amazing view of herself, and others affected by ADHD.

She found the course positive, knowledgeable, and inspiring. With the hope she can help her peers overcome issues they face and give them the scientific facts behind certain behaviours, and feelings (she loves science)."

"We are so proud of the young lady she has become and thank you for your continued support, encouragement and uplifting strategies that really do promote positive thinking in young minds."

"Thanks to you my daughter loves and is at peace with herself just a little bit more."

"Seeing the fantastic person we all see, through her own eyes is a pleasure and honestly all a parent could ever wish for. From the bottom of my heart thank you."

Overall, 38 children took part in this programme from 28 families.

Sheppey Matters
(A company limited by guarantee)

Trustees' report (continued)
for the year ended 31 March 2021

Achievements and performance (continued)

Isle Connect You (project manager Rebecca Gebbie)

This project started in September 2020. It is a three-year project aimed at reducing isolation and loneliness in the over 65s. During the month of October and November we had 32 people on the Isle Connect You project that we are supporting. The two coordinators have a split of 50/50 of these cases. Our customers live in Sheerness, Halfway, Minster, Queenborough, Warden Bay and Leysdown.

In October, the team went out and delivered flyers to many neighbourhoods, Doctors Surgeries, and community notice boards. We had several referrals come to us from this leaflet drop. Due to the ongoing COVID pandemic we were not able to meet our customers for the planned sessions or daytrips we had hoped for.

During the months of October and November we were able to continue the small-scale garden gate type visits. We had planned to take some of the members to a holistic garden in Faversham – however this had to be cancelled due to the restrictions. We met with customers on good weather days during October at the beach for a socially distanced walk and talk, in a park with our own pop-up chairs, or if the customer requested, we refrained from meeting and spoke on the telephone – continuing with well-being calls.

Due to the change in weather the team planned a better way to meet and speak with customers. The Garden Gate in November was no longer an option as the weather had become cold and wet. We converted one of our other project's minibuses into a mobile "meet and greet unit" – with the idea that we could drive to our customers and invite them onto the warm bus and talk – with the possibility of taking out specialist service providers, such as citizens advice, community wardens etc. - please see photos below. We also found that some of our customers did not wish to meet at their homes due to problems with their neighbours, or not having a back garden to meet in. This mobile opportunity would navigate around these issues.



Everything was put in place for this to be rolled out – however this was unable to go ahead as restrictions tightened and so could not take our minibus out, we therefore parked this plan – which we will restart when restrictions lighten. During the months of November and December - Swale was rated as the highest area for COVID figures and due to this we were put into local tiers of restrictions, meaning for the safety of our customers and staff we would stop the face-to-face meetings until things got better, Coordinators increased their wellbeing calls and looked at different activities we could get out to our customers.

Lockdown has affected our members greatly, they have been the section of society that have had to shield and isolate to remain safe, this has meant that we have kept in contact to ensure they have.

Community Engagement is vital during this time to ensure we are giving our people what they need – we devised several social media campaigns to get the message out about loneliness and isolation, this increased the amount of people that wanted to access our service.

Sheppey Matters

(A company limited by guarantee)

Trustees' report (continued) for the year ended 31 March 2021

Achievements and performance (continued)

The winter months were quite possibly the hardest point of the lockdown, the weather was cold, and people were struggling with the increased lockdown restrictions. During the month of January, we provided our members with bird boxes in line with the Big Garden Bird Watch 2021 – they were delivered to their homes as flat pack or premade with art stencils etc. We had 14 packs to make, 5 flatpacks and 9 premade. Feedback from the participants was extremely positive and we had our first 95-year-old lady request to make her own bird box as flat pack – she really enjoyed this activity and bought it to the coffee mornings we hold on Wednesdays to show the rest of the group.

We also introduced our weekly coffee mornings on a Wednesday – each coffee morning was themed. We held quizzes and a bespoke 'race night' – in which participants were delivered a goodie bag and given a link to log on to in the evening. Each participant dressed up for the occasion – A night at the races. They bet on their favourite animal (all animated) and bet for fun – no money was involved. Feedback from the event was fantastic and really helped break up the evening for the groups as evenings would often be a difficult time of the day for many.

We planned a monthly book club offering for the participants of the project. There are 8 of the participants that have taken up this activity. We have had a few problems with this offer as our age group tend to struggle with their deteriorating eyesight. So, we have purchased some MP3 players and USB memory sticks that we can download audio books onto for them to listen to and join in with the book club.

Route 66 was born! We introduced a virtual tour covering 2,448 miles across the map - for people over the age of 65 to get them moving and having fun whilst connecting at the same time. This launched on the 1st March 2021. We have 18 participants on this and have moved many miles to date. We held a virtual tour in Chicago where the Route 66 kicked off with trip advisors' number one tour guide giving us a river tour of the area. We then moved on 298 miles to St Louis. Each landmark we reached customers receive an email with interesting information about the area, music, and food information. On the 30th of March we got to 800 miles and moved to Springfield Missouri and held a Ghost Tour of Pythian Castle. We have delivered food that our community chef prepared and cooked based on a typical meal you would expect to see in Texas. This was extremely well received.

We connected with an organisation in America – The New York Federation for Seniors. We have arranged a pen pal scheme where we match our participants with theirs and send mail across the pond. This has been well received and given our customers an exciting perspective and new spin on having a pen pal. This has been extended to Australia too.

During the month of March, we provided a teacup activity – planting plants and decorating the cup and saucer, these creative art and craft events have gone well, with participants bringing their creations to the weekly coffee club sessions we are also running.

Towards the end of March, we launched a recruitment campaign for volunteers. Our wellbeing calls have really been a lifeline for customers – every week we call our participants and check how they are doing. They have not been keen to rush out once restrictions ease and we will continue to offer services online to those who are anxious about coming out too soon.

Sheppey Matters
(A company limited by guarantee)

Trustees' report (continued)
for the year ended 31 March 2021

Achievements and performance (continued)

Mobile Matters (project manager Russell Cashman)

Mobile Matters is a new project which opened in December 2020 and is funded for one year, bringing Sheppey Matters services to other parts of the island not served by one of our venues.

It has been unable to get out and meet the community due to social restrictions in place since the previous year, which have directly impinged on its full launch. However, since the relaxation of some of the restrictions, for the first time on 29th April under the current restrictions we were able to offer a service to the local community. The surrounding areas were heavily leafleted, and the response was better than expected and there has been a promising number of new members to Sheppey Matters. In the coming months we will be taking Mobile Matters to several locations on the Isle of Sheppey which will include colleagues from our sister projects and our work partners. We envisage that as we re-visit sites in the future that the attendance should rise significantly. We have also contacted the local primary school to offer the tablets to them to assist with pupils that have fallen behind in their studies and those who do not have access to a computer.

Everyday Active (project manager Julie Calder)

This year has been a tough year for both our mental and physical health and although we have been allowed out to exercise once a day (apart from those that were shielding), fear of catching COVID, lack of company, knowledge and physical contact have all played a part in low motivation, and self-esteem to take up this opportunity.

It has been especially tough for those that have been shielding, which has resulted in poor postural stability, a huge decline in mobility and an increase in falls, poor mental health, isolation, and confidence.

While we were able to go out in groups of six, I Nordic walked twice a day Monday and Friday with residents that already had health conditions and mobility problems doing a one hour session, with each group talking and motivating each other, we did stretch exercises at the end of the session to help keep them supple. I also did one to one teaching with those that were more vulnerable, these were predominately those that had come from welfare calls that were either made by myself, other Sheppey Matters colleagues or other services such as the community wardens, and the garden gate visits later in the year.

To reach a wider audience I worked with Amanda and wrote programmes for people to do at home while they were listening to Sheppey FM radio, with the emphasis on fun but safe routines, such as the Muscles from Brussels!

As we had to adapt our way of working this also meant communicating by mail because a lot of the residents that use Sheppey Matters do not have access or cannot use the internet, Sheppey Matters Newsletters became a lifeline of communication and writing articles to help the members stay healthy and connected, I supported this by providing articles on healthy eating, how to boost your immunity by eating everyday products and explained how they supported the body's defences, and an index of telephone numbers of Mental health support numbers for loss, suicide, family break ups, Men's support services to name but a few.

Kent Sport has provided articles for the magazine to support engagement and services online to keep people connected and ideas for local activities on their Everyday Active site, and a user's guide for those that find websites difficult to use.

I produced several articles that provided routines, and ideas of ways they could keep themselves active at home, and later through an inequalities fund, provided equipment such as DVDs, Dyno bands, squeeze balls and an Active at home booklet that provided not only exercise but practical advice on safety and staying motivated. Since September I have been supporting the Isle Connect You team and their clients to access services both locally or to online health services such as the NHS Fall Prevention service and following up with them through the process. I have supported the Route 66 activity by providing those less able to be more active through armchair activities and routines, with DVDs and Nordic Walking poles if money is an issue.

Sheppey Matters

(A company limited by guarantee)

Trustees' report (continued) for the year ended 31 March 2021

Achievements and performance (continued)

I am continuing with the One-to-One support and advice on both health issues and physical problems for those that are isolated through fear or lack of motivation, who are more vulnerable.

I have recently produced an article to support those that are carrying extra weight because of lack of movement or comfort eating during lockdown, with ideas on how to get them back or down to a healthier weight and will follow up for the next newsletter with additional tips, and ideas.

Nordic Walking has now returned, and 2 leaders have been trained with funding from Kent Sport to support me to run extra sessions around the island due to the high demand.

S said, "this is the most I've walked in 2 years" previous to walking with the poles she had struggled to walk outside her house due to muscle loss and fear of falling."

Community Gardener (project manager Anita Brunt)

Covid-19 has provided the opportunity to plan for post Covid-19 and to work in different ways. Within legal limitations of restrictions much has been achieved by the Community Gardener project.

We provided 20 Art in the Garden activity packs and are currently working on gardening and nature based activity packs for 50 families. With support from Oasis Academy Isle of Sheppey and participants from the wider community we enabled completion of the ASDAN Gardening Short Course. 14 participants passed their ASDAN with 6 credits and 1 participant with 2 credits. Additionally, 8 of these students completed their Arts Awards in conjunction with the gardening course. We had many positive statements from the students involved. Sheppey Matters staff training continued with the Community Gardener staff, Anita and Paul, completing the Mental Health First Aid training (Mind). Anita completed the Award in Social and Therapeutic Horticulture Programme Development for her chosen client group of Dementia (Thrive).

The Community Gardener allotment plots continued to supply the Community Chef (8 visits. Produce market value £118), Holy Trinity Food Bank (13 donations. Produce market value £320 to 15 households), and a residential care home with activities and fresh produce (Produce market value £45). The Community Gardener supported the Community Chef to supply food to the vulnerable. We held a bumblebee hunt through Bumblebee Conservation Trust for allotment holders and a plot to plate activity for an ADHD family in conjunction with the Community Chef.

Natural England provided seed funding to establish the need of nature reconnection. High number of positive feedbacks supports this need. In conjunction with Swale Borough Council, Beachfields Gardens, Sheerness has become an ongoing joint project within which Sheppey Matters may construct a Community Garden for reflection, commemoration, and celebration. Client gardens have gained importance. Through the Isle Connect You project the Community Gardener provides remedial gardening work enabling access to the residents outdoor spaces.

Ongoing communication continues to establish a time to return and complete any outstanding work with groups with whom we were working pre-Covid-19. The Community Gardener provides regular updates and information for Sheppey Matters mailings, provided a regular newsletter to groups we work with, updates post on social media, and provides a regular gardening slot on Sheppey FM 92.2.

Sheppey Matters
(A company limited by guarantee)

Trustees' report (continued)
for the year ended 31 March 2021

Financial review

a. Going concern

After making appropriate enquiries, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the accounting policies.

b. Reserves policy

The Trustee Board expects that the Charity, at any one time, will hold the equivalent of a minimum of four months worth of unrestricted expenditure within unrestricted reserves. This equates to a minimum level of £23,000. At the Balance Sheet date the Charity has unrestricted reserves amounting to £55,808. The Board review this policy on an annual basis.

The Charity will maintain a positive reserve which will be expended in accordance with grant applications over the next few years.

c. Results for the year

The results for the year are set out within the Statement of financial activities, on page 22, and shows a surplus for the year of £132,621 (2020: a deficit of £1,843), with total income of £694,576 (2020: £552,477) and total expenditure of £561,955 (2020: £554,320).

As set out on page 23, at the Balance sheet date the Charity holds total funds of £349,550, with £24,517 being held in designated funds, £293,742 in restricted funds, and £31,291 in unrestricted general funds.

Structure, governance and management

a. Constitution

The Charity is constituted under a Charity Commission Scheme and is a registered charity number 1102847. Sheppey Matters is a charitable company limited by guarantee, incorporated in March 2000 and registered as a charity in March 2004.

b. Methods of appointment or election of Trustees

The management of the Charity is the responsibility of the Trustees who are elected or co-opted under the terms of the Trust Deed. The current policy of the Trustees is to recruit new trustees from a local partnership committee known as the 'Sheppey Health and Wellbeing Group' which is comprised of local residents and representatives from agencies who provide services in Sheppey Healthy Living Centre (known as Sheppey HLC).

c. Pay policy for key management personnel

The policy is in line with similar charities in the local area.

Sheppey Matters
(A company limited by guarantee)

Trustees' report (continued)
for the year ended 31 March 2021

Structure, governance and management (continued)

d. Risk management

The Trustees have assessed the major risks to which the Charity is exposed and are satisfied that systems and procedures are in place to mitigate exposure to the major risks.

The Trustees have considered what they believe to be the main risks the Charity is facing. These are deemed to be as follows:

1. Reliance on one or few funders – the Charity has expanded its funder base to ensure the potential loss of one funder has a minimal effect (or as minimal as possible).
2. Loss of key staff; staff are kept engaged and are valued by the Charity. It recognises that losing a staff member at the end of a period of funding can be detrimental to the Charity as skills are lost, so the Charity always endeavours to keep staff even if in a different role. It cannot afford to lose years of training and investment in a staff member.
3. Effect of COVID; the Charity has worked hard to maintain meaningful contact with both its beneficiaries and funders since March 2020. Without the support of either beneficiary or funder the Charity would have struggled. Regular online staff meetings and social events have maintained the high level of involvement and dedication from the team whilst beneficiaries have seen a wide range of support services provided through the Charity or partners.
4. Loss of public support; the Charity has worked hard over the years to establish itself a good name and high level of support from all areas of the local community. It regularly checks media and social media for adverse comments and keeps a close and strong relationship with residents, businesses, other charities, and community groups plus those in authority and influential positions (councillors, council leaders etc.).
5. Loss of use of the healthy living centre; the Charity holds a 25 year lease which expires January 2028. It relies on its partner in the centre, Swale Community Leisure, to undertake the operational aspect of the centre (security, maintenance etc). Its contract ends October 2025 so the Charity may find itself faced with substantial extra costs to operate the centre on its own or be obliged to find alternative premises. The HLC provides significant unrestricted income for the Charity.

e. COVID-19 and its effects on Sheppey Matters

COVID-19 started to affect operations in early March as the pandemic started to make its mark on our and other local services. The first impact was the suspension of our community bus transport scheme as day trips and transfers for the school and day centre. The announcement of the lockdown on Monday 23 March 2020 stopped all activities apart from our community radio station, Sheppey FM 92.2 which was permitted to continue to deliver health messages and government information regarding COVID-19. This had a positive effect on the station as it changed its output to meet the new need and has received many compliments and accolades for a greater community engagement.

As the pandemic period has continued into the 2020/21 year, the Charity has risen to the challenge of providing much needed services to our community, either on our own or in partnership. Most projects have operated in some format and have changed their outputs to suit the immediate needs of the community.

The Charity placed five staff on furlough (three drivers, cleaner and office administrator) to take advantage of the Job Retention Scheme. It has benefitted from funding from Swale Borough Council through the Discretionary Payment scheme.

Sheppey Matters

(A company limited by guarantee)

Trustees' report (continued) for the year ended 31 March 2021

Structure, governance and management (continued)

The Charity has been fortunate to have many projects starting or in the middle of three year funding which has offered a level of stability. The unrestricted income usually generated through room hire, minibus trips or radio advertising was greatly reduced; Sheppey Matters was delighted to receive financial support to offset some of these losses during the pandemic period from both new and existing funders. Despite the effects of COVID-19, the Charity remains in a robust position, and whilst it may have to consider staff numbers during the next six to twelve months, the Board and senior management are confident that it will still be serving the island's health and well being for a considerable period. It has recently celebrated its first 25 years of services and fully intends to take positive and meaningful strides into the second 25 years.

In August 2020, the healthy living centre has reopened; there has been a mixed reaction from clients about returning to the centre; only time and the caring and passionate approach of the project staff will tell how quickly and safely sessions return and residents participate in a confident and assured manner.

Sheppey Matters intended to reopen the remaining projects during September, albeit under COVID-19 safe conditions. This happened but the continuing presence of COVID resulted in the closure of the centre and other venues for the remainder of the financial year, apart from our radio station which continued to broadcast albeit under restrictions. The healthy living centre finally reopened in April 2021. Two new projects 'Isle Connect You' and Mobile Matters opened in late 2020, whilst the project 'Sheppey Lifestyle' due to finish in September, was extended to April 2021 to allow it to continue its excellent community work; demand for help is expected to be much higher as the year progresses and our more vulnerable community starts to return to social opportunities.

The Board of Trustees, staff and volunteers are united in their efforts to ensure the ongoing success of Sheppey Matters in delivering its valuable work to the Sheppey community and have positive plans for the Charity's future both financially and operationally.

Plans for future periods

The Trustees will continue to support the objectives of the Charity for the foreseeable future.

Statement of Trustees' responsibilities

The Trustees (who are also the Directors of the Charity for the purposes of company law) are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year. Under company law, the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the Charity and of its income and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS 102);
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the Charity's transactions and disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Sheppey Matters
(A company limited by guarantee)

Trustees' report (continued)
for the year ended 31 March 2021

Disclosure of information to auditor

Each of the persons who are Trustees at the time when this Trustees' report is approved has confirmed that:

- so far as that Trustee is aware, there is no relevant audit information of which the Charity's auditor is unaware, and
- that Trustee has taken all the steps that ought to have been taken as a Trustee in order to be aware of any relevant audit information and to establish that the Charity's auditor is aware of that information.

Auditor

The auditor, Kreston Reeves LLP, has indicated his willingness to continue in office. The designated Trustees will propose a motion reappointing the auditor at a meeting of the Trustees.

Approved by order of the members of the Board of Trustees on 26 October 2021 and signed on their behalf by:



Michael John Brown
Trustee

Sheppey Matters
(A company limited by guarantee)

Independent auditor's report to the Members of Sheppey Matters

Opinion

We have audited the financial statements of Sheppey Matters (the 'Charity') for the year ended 31 March 2021 which comprise the Statement of financial activities, the Balance sheet, the Statement of cash flows and the related notes, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the Charity's affairs as at 31 March 2021 and of its incoming resources and application of resources, including its income and expenditure for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Charities Act 2011.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the United Kingdom, including the Financial Reporting Council's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the Trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the Trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the Annual report other than the financial statements and our Auditor's report thereon. The Trustees are responsible for the other information contained within the Annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Sheppey Matters

(A company limited by guarantee)

Independent auditor's report to the Members of Sheppey Matters (continued)

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Charities (Accounts and Reports) Regulations 2008 requires us to report to you if, in our opinion:

- the information given in the Trustees' report is inconsistent in any material respect with the financial statements; or
- sufficient accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records and returns; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees

As explained more fully in the Trustees' responsibilities statement, the Trustees (who are also the Directors of the Charity for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the Trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the Trustees are responsible for assessing the Charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Trustees either intend to liquidate the Charity or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

We have been appointed as auditor under section 145 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an Auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Capability of the audit in detecting irregularities, including fraud

Based on our understanding of the Charity and the sector as a whole, and through discussion with the Trustees and other management (as required by auditing standards), we identified that the principal risks of non-compliance with laws and regulations related to health and safety, anti-bribery and employment law. We considered the extent to which non-compliance might have a material effect on the financial statements. We also considered those laws and regulations that have a direct impact on the preparation of the financial statements such as the Charities SORP (FRS 102) Second Edition (released October 2019), the Companies Act 2006 and other relevant charity legislation. We communicated identified laws and regulations throughout our team and remained alert to any indications of non-compliance throughout the audit. We evaluated Trustees' and management's incentives and opportunities for fraudulent manipulation of the financial statements (including the risk of override of controls) and determined that the principal risks related to: posting inappropriate journal entries to increase revenue or reduce expenditure; management bias in accounting estimates; and judgemental areas of the financial statements. Audit procedures performed by the engagement team included:

Sheppey Matters

(A company limited by guarantee)

Independent auditor's report to the Members of Sheppey Matters (continued)

- Discussions with management and assessment of known or suspected instances of non-compliance with laws and regulations (including health and safety) and fraud; and
- Assessment of identified fraud risk factors; and
- Review of cash expenditure to confirm no evidence of personal benefit; and
- Challenging assumptions and judgements made by management in its significant accounting estimates; and
- Performing analytical procedures to identify any unusual or unexpected relationships, including related party transactions, that may indicate risks of material misstatement due to fraud; and
- Confirmation of related parties with management, and review of transactions throughout the period to identify any previously undisclosed transactions with related parties outside the normal course of business; and
- Reading minutes of meetings of those charged with governance; and
- Review of significant and unusual transactions; and
- Identifying and testing journal entries, in particular any manual entries made at the year end for financial statement preparation.

As part of an audit in accordance with ISAs (UK), we exercise professional judgment and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion of the effectiveness of the charitable company's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the Trustees.
- Conclude on the appropriateness of the Trustees' use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the charitable company's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in my Auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of my Auditor's report. However, future events or conditions may cause the Charity to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

Sheppey Matters
(A company limited by guarantee)

Independent auditor's report to the Members of Sheppey Matters (continued)

Use of our report

This report is made solely to the Charity's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the Charity's trustees those matters we are required to state to them in an Auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Charity's and its trustees, as a body, for our audit work, for this report, or for the opinions we have formed.



Kreston Reeves LLP
Chartered Accountants
Statutory Auditor

Chatham Maritime

Date: 1 November 2021

Kreston Reeves LLP are eligible to act as auditors in terms of section 1212 of the Companies Act 2006.

Sheppey Matters
(A company limited by guarantee)

Statement of financial activities (incorporating income and expenditure account)
for the year ended 31 March 2021

	Note	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £	Total funds 2020 £
Income from:					
Donations and legacies	3	63,657	547,220	610,877	406,500
Charitable activities	4	27,728	55,860	83,588	145,658
Investments	5	111	-	111	319
		<u>91,496</u>	<u>603,080</u>	<u>694,576</u>	<u>552,477</u>
Total income					
Expenditure on:					
Charitable activities	6	68,417	493,538	561,955	554,320
		<u>68,417</u>	<u>493,538</u>	<u>561,955</u>	<u>554,320</u>
Total expenditure					
Net income/(expenditure)					
Transfers between funds	12	23,079 (29,333)	109,542 29,333	132,621 -	(1,843) -
		<u>(6,254)</u>	<u>138,875</u>	<u>132,621</u>	<u>(1,843)</u>
Net movement in funds					
Reconciliation of funds:					
Total funds brought forward		62,062	154,867	216,929	218,772
Net movement in funds		(6,254)	138,875	132,621	(1,843)
		<u>55,808</u>	<u>293,742</u>	<u>349,550</u>	<u>216,929</u>
Total funds carried forward					

The notes on pages 25 to 38 form part of these financial statements.

Sheppey Matters
(A company limited by guarantee)
Registered number: 03946296

Balance sheet
as at 31 March 2021

	Note	2021 £	2020 £
Fixed assets			
Tangible assets	9	18,586	34,646
Current assets			
Debtors	10	23,458	39,027
Cash at bank and in hand		332,248	194,114
		355,706	233,141
Creditors: amounts falling due within one year	11	(24,742)	(50,858)
Net current assets		330,964	182,283
Total net assets		349,550	216,929
Charity funds			
Restricted funds	12	293,742	154,867
Unrestricted funds	12	55,808	62,062
Total funds		349,550	216,929

The entity was entitled to exemption from audit under section 477 of the Companies Act 2006.

The members have not required the entity to obtain an audit for the year in question in accordance with section 476 of the Companies Act 2006.

However, an audit is required in accordance with section 145 of the Charities Act 2011.

The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to entities subject to the small companies regime.

The financial statements were approved and authorised for issue by the Trustees on 26 October 2021 and signed on their behalf by:



Michael John Brown
Trustee

The notes on pages 25 to 38 form part of these financial statements.

Sheppey Matters
(A company limited by guarantee)

Statement of cash flows
for the year ended 31 March 2021

	2021	2020
	£	£
Cash flows from operating activities		
Net cash used in operating activities (see note 17)	139,174	47,812
Cash flows from investing activities		
Dividends, interests and rents from investments	110	319
Purchase of tangible fixed assets	(1,150)	-
Net cash (used in)/provided by investing activities	(1,040)	319
Change in cash and cash equivalents in the year	138,134	48,131
Cash and cash equivalents at the beginning of the year	194,114	145,983
Cash and cash equivalents at the end of the year	332,248	194,114

The notes on pages 25 to 38 form part of these financial statements

Sheppey Matters
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2021

1. General information

Sheppey Matters is a charitable company limited by guarantee incorporated in England and Wales. The registered office is Sheppey Leisure Centre, Broadway, Sheerness, Kent, ME12 1HH. The principal activities of the Charity are as set out in the Trustees' Report.

2. Accounting policies

2.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Sheppey Matters meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

2.2 Company status

The Charity is a company limited by guarantee. The members of the Charity are the Trustees named on page 1. In the event of the Charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the Charity.

2.3 Going concern

The Trustees assess whether the use of going concern is appropriate i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the Charity to continue as a going concern. The Trustees make this assessment in respect of a period of at least one year from the date of authorisation for issue of the financial statements and have concluded that the Charity has adequate resources to continue in operational existence for the foreseeable future and there are no material uncertainties about the Charity's ability to continue as a going concern, thus they continue to adopt the going concern basis of accounting in preparing the financial statements.

Whilst the impact of the Covid-19 pandemic has been assessed by the Trustees, so far as is reasonably possible, due to its unprecedented impact on the worldwide economy it is difficult to evaluate with any certainty the potential outcomes on the Charity's future activities. However, taking into consideration the Charity's level of reserves, the Trustees believe that the Charity will be able to continue in operational existence for the foreseeable future.

Sheppey Matters
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2021

2. Accounting policies (continued)

2.4 Income

All income is recognised once the Charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Grants are included in the Statement of financial activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the Balance sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

2.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the Charity's objectives, as well as any associated support costs.

All expenditure is inclusive of irrecoverable VAT.

2.6 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the Charity; this is normally upon notification of the interest paid or payable by the institution with whom the funds are deposited.

2.7 Tangible fixed assets and depreciation

Tangible fixed assets costing £1,000 or more are capitalised and recognised when future economic benefits are probable and the cost or value of the asset can be measured reliably.

Tangible fixed assets are initially recognised at cost. After recognition, under the cost model, tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. All costs incurred to bring a tangible fixed asset into its intended working condition should be included in the measurement of cost.

At each reporting date the Charity assesses whether there is any indication of impairment. If such indication exists, the recoverable amount of the asset is determined to be the higher of its fair value less costs to sell and its value in use. An impairment loss is recognised where the carrying amount exceeds the recoverable amount.

Depreciation is charged so as to allocate the cost of tangible fixed assets less their residual value over their estimated useful lives on the following bases:

Motor vehicles	- 5 years straight line
Fixtures and fittings	- 5 years straight line

Sheppey Matters
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2021

2. Accounting policies (continued)

2.8 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

2.9 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

2.10 Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the Charity anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised in the Statement of financial activities as a finance cost.

2.11 Financial instruments

The Charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

2.12 Pensions

The Charity operates a defined contribution pension scheme and the pension charge represents the amounts payable by the Charity to the fund in respect of the year.

2.13 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Charity for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Sheppey Matters
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2021

3. Income from donations and legacies

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £	Total funds 2020 £
Donations	778	3,272	4,050	3,637
Grants	62,879	543,948	606,827	402,863
	<u>63,657</u>	<u>547,220</u>	<u>610,877</u>	<u>406,500</u>
Total 2020	<u>4,727</u>	<u>401,773</u>	<u>406,500</u>	

4. Income from charitable activities

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £	Total funds 2020 £
Charitable activities (see note 21)	27,728	55,860	83,588	145,658
	<u>27,728</u>	<u>55,860</u>	<u>83,588</u>	<u>145,658</u>
Total 2020	<u>145,658</u>	<u>-</u>	<u>145,658</u>	

5. Investment income

	Unrestricted funds 2021 £	Total funds 2021 £	Total funds 2020 £
Bank interest receivable	111	111	319
	<u>111</u>	<u>111</u>	<u>319</u>
Total 2020	<u>319</u>	<u>319</u>	

Sheppey Matters
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2021

6. Analysis of expenditure by activities

	Direct costs 2021 £	Support costs 2021 £	Total funds 2021 £	Total funds 2020 £
Charitable activities (see note 21)	553,335	8,620	561,955	554,320
Total 2020	547,772	6,548	554,320	

7. Staff costs

	2021 £	2020 £
Wages and salaries	334,846	291,000
Social security costs	16,794	15,012
Pension costs	6,564	4,690
	358,204	310,702

The average number of persons employed by the Charity during the year was as follows:

2021 No.	2020 No.
25	25

The average headcount expressed as full-time equivalents was:

2021 No.	2020 No.
15	14

No employee received remuneration amounting to more than £60,000 in either year.

During the year the Charity's key management personnel received remuneration and benefits, including employer's national insurance contributions, amounting to £70,894 (2020: £64,713).

Sheppey Matters
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2021

8. Trustees' remuneration and expenses

During the year, no Trustees received any remuneration or other benefits (2020 - £NIL).

During the year ended 31 March 2021, no Trustee expenses have been incurred (2020 - £NIL).

9. Tangible fixed assets

	Motor vehicles £	Fixtures and fittings £	Total £
Cost or valuation			
At 1 April 2020	119,717	49,697	169,414
Additions	-	1,150	1,150
Disposals	(8,089)	-	(8,089)
At 31 March 2021	<u>111,628</u>	<u>50,847</u>	<u>162,475</u>
Depreciation			
At 1 April 2020	88,685	46,083	134,768
Charge for the year	13,413	3,018	16,431
On disposals	(7,310)	-	(7,310)
At 31 March 2021	<u>94,788</u>	<u>49,101</u>	<u>143,889</u>
Net book value			
At 31 March 2021	<u><u>16,840</u></u>	<u><u>1,746</u></u>	<u><u>18,586</u></u>
At 31 March 2020	<u><u>31,032</u></u>	<u><u>3,614</u></u>	<u><u>34,646</u></u>

Sheppey Matters
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2021

10. Debtors

	2021	2020
	£	£
Due within one year		
Trade debtors	19,674	35,463
Other debtors	10	-
Prepayments and accrued income	3,774	3,564
	23,458	39,027
	<u><u>23,458</u></u>	<u><u>39,027</u></u>

11. Creditors: Amounts falling due within one year

	2021	2020
	£	£
Trade creditors	2,839	4,533
Other taxation and social security	5,575	4,820
Other creditors	-	1,293
Accruals and deferred income	16,328	40,212
	24,742	50,858
	<u><u>24,742</u></u>	<u><u>50,858</u></u>

	2021	2020
	£	£
Deferred income at 1 April 2020	36,012	-
Resources deferred during the year	11,288	36,012
Amounts released from previous periods	(36,012)	-
Deferred income at 31 March 2021	11,288	36,012
	<u><u>11,288</u></u>	<u><u>36,012</u></u>

Sheppey Matters
(A company limited by guarantee)

**Notes to the financial statements
for the year ended 31 March 2021**

12. Statement of funds

Statement of funds - current year

	Balance at 1 April 2020 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2021 £
Unrestricted funds					
Designated funds					
Redundancy Reserve	24,517	-	-	-	24,517
General funds					
General Funds	37,545	91,496	(68,417)	(29,333)	31,291
Total Unrestricted funds	62,062	91,496	(68,417)	(29,333)	55,808
Restricted funds					
Restricted Funds (see Note 21)	154,867	603,080	(493,538)	29,333	293,742
Total of funds	216,929	694,576	(561,955)	-	349,550

Sheppey Matters
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2021

12. Statement of funds (continued)

Statement of funds - prior year

	Balance at 1 April 2019 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2020 £
Unrestricted funds					
Designated funds					
Redundancy Reserve	5,615	-	-	18,902	24,517
General funds					
General Funds	11,946	150,704	(106,203)	(18,902)	37,545
Total Unrestricted funds	17,561	-	(106,203)	-	62,062
Restricted funds					
Rural Youth	7,713	40,213	(28,467)	-	19,459
Chef	5,854	16,746	(13,982)	-	8,618
Chef Childrens Centre	17,831	5,900	(11,712)	-	12,019
Arts & Media	4,006	49,153	(53,159)	-	-
Sheppey Allotments	1,608	1,403	(2,207)	-	804
SCMC	23,521	13,145	(31,745)	-	4,921
Sheppey ADHD	10,040	11,900	(5,386)	-	16,554
Sheppey Wheels	39,360	1,000	(19,033)	-	21,327
Sheppey Lifestyle	64,938	122,694	(156,615)	-	31,017
Magic 1-2-3	7,076	8,615	(8,319)	-	7,372
Henry Smith	19,264	48,900	(54,255)	-	13,909
Tudor	-	20,000	(7,280)	-	12,720
Garfield Weston Foundation	-	25,000	(18,853)	-	6,147
Colyer Fergusson	-	37,104	(37,104)	-	-
	201,211	401,773	(448,117)	-	154,867
Total of funds	218,772	401,773	(554,320)	-	216,929

Sheppey Matters
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2021

13. Summary of funds

Summary of funds - current year

	Balance at 1 April 2020 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2021 £
Designated funds	24,517	-	-	-	24,517
General funds	37,545	91,496	(68,417)	(29,333)	31,291
Restricted funds	154,867	603,080	(493,538)	29,333	293,742
	<u>216,929</u>	<u>694,576</u>	<u>(561,955)</u>	<u>-</u>	<u>349,550</u>

Summary of funds - prior year

	Balance at 1 April 2019 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2020 £
Designated funds	5,615	-	-	18,902	24,517
General funds	11,946	150,704	(106,203)	(18,902)	37,545
Restricted funds	201,211	401,773	(448,117)	-	154,867
	<u>218,772</u>	<u>552,477</u>	<u>(554,320)</u>	<u>-</u>	<u>216,929</u>

Sheppey Matters
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2021

14. Analysis of net assets between funds

Analysis of net assets between funds - current year

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £
Tangible fixed assets	5,874	12,712	18,586
Current assets	64,676	291,030	355,706
Creditors due within one year	(14,742)	(10,000)	(24,742)
Total	55,808	293,742	349,550

Analysis of net assets between funds - prior year

	Unrestricted funds 2020 £	Restricted funds 2020 £	Total funds 2020 £
Tangible fixed assets	10,160	24,486	34,646
Current assets	66,748	166,393	233,141
Creditors due within one year	(14,846)	(36,012)	(50,858)
Total	62,062	154,867	216,929

Sheppey Matters
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2021

15. Reconciliation of net movement in funds to net cash flow from operating activities

	2021 £	2020 £
Net income/expenditure for the year (as per Statement of Financial Activities)	132,621	(1,841)
Adjustments for:		
Depreciation charges	16,431	19,446
Dividends, interests and rents from investments	(110)	(319)
Loss on the sale of fixed assets	779	-
Decrease/(increase) in debtors	15,569	(4,794)
Increase/(decrease) in creditors	(26,116)	35,322
Net cash provided by operating activities	139,174	47,812

16. Analysis of cash and cash equivalents

	2021 £	2020 £
Cash in hand	332,248	194,114
Total cash and cash equivalents	332,248	194,114

17. Analysis of changes in net debt

	At 1 April 2020 £	Cash flows £	At 31 March 2021 £
Cash at bank and in hand	194,114	138,134	332,248
	194,114	138,134	332,248

18. Pension commitments

The Charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the Charity in an independently administered fund. The pension cost charge represents contributions payable by the Charity to the fund and amounted to £6,564 (2020: £4,690). There were no amounts payable to the fund at the Balance sheet date (2020: £Nil).

Sheppey Matters
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2021

19. Operating lease commitments

At 31 March 2021 the Charity had commitments to make future minimum lease payments under non-cancellable operating leases as follows:

	2021	2020
	£	£
Not later than 1 year	6,062	6,062
Later than 1 year and not later than 5 years	10,610	16,672
	<u>16,672</u>	<u>22,734</u>

20. Related party transactions

Two of the Trustees, K Pugh and P Murray are also trustees of Swale CVS, with C White being an employee of Swale CVS. During the financial year, Sheppey Matters incurred expenditure with Swale CVS of £9,600 (2020 £18,604) and received income of £17,426 (2020: £Nil). All of these transactions were conducted at arms length. There were no amounts outstanding at the Balance sheet date (2020: balance of £1,490 owed to Swale CVS).

MJ Brown and K Pugh are both trustees of Work This Way. During the financial year Sheppey Matters incurred expenditure of £Nil (2020: £Nil) with this organisation. All of these transactions were conducted at arms length. There were no amounts outstanding at the Balance sheet date (2020: £Nil).

C White is also a trustee of Home Start Sittingbourne and Sheppey. During the financial year Sheppey Matters has incurred expenditure of £288 (2020: £292) with this organisation. All of these transactions were conducted at arms length. There were no amounts outstanding at the Balance sheet date (2020: £Nil).

K Pugh is also a trustee of Queenborough Fishery Trust. During the financial year Sheppey Matters has incurred expenditure of £Nil (2020: £1,000) with this organisation. All of these transactions were conducted at arms length. There were no amounts outstanding at the Balance sheet date (2020: £Nil).

P Murray is also a director of Swale Community Leisure. During the financial year Sheppey Matters has received income of £1,717 (2020: £3,882) from this organisation and incurred expenditure of £2,945 (2020: £13,080). All of these transactions were conducted at arms length. There was a balance of £Nil (2020: £4) owed to Swale Community Leisure at the year end and a balance owed by Swale Community Leisure of £1,717 (2020: £678).

P Murray and N Martin are also trustees of Age UK Sheppey. During the financial year Sheppey Matters has received income of £875 (2020: £Nil) from this organisation. All of these transactions were conducted at arms length. There were no amounts outstanding at the Balance sheet date (2020: £Nil).

Sheppey Matters

Notes to the financial statements
For the year ended 31 March 2021

21. Restricted funds - breakdown by project

	Rural Youth	Chaf Children's Centre	Chaf Centre	Arts & Media	Sheppey Allotments	SCMC	Sheppey ADHD	Sheppey Wheels	Sheppey Lifestyle	Magic 1-2-3	Henry Smith	Tudor	Garfield Weston Foundation	Back to the Future	Colyer Fergusson	Community Projects	Healthy Living Centre	Isle Connect You	KCC Early Help & Preventative Services	Kent Sport	Mobile Matters	Really Cares	Swale CVS JA	Test Bed	Total 2021	Total 2020	
Funds brought forward	19,459	8,618	12,019	-	804	4,921	16,554	21,327	31,017	7,372	13,909	12,720	6,147	-	-	-	-	-	-	-	-	-	-	-	154,867	201,211	
Income and endowments from																											
Grants	34,345	300	2,100	3,580	-	25,419	4,428	13,303	54,195	15,521	44,350	17,000	25,000	15,000	15,000	3,245	38,800	130,659	7,450	19,898	60,214	10,000	-	4,141	543,948	401,773	
Donations	15	323	-	-	-	-	-	1	-	-	250	-	-	-	-	52	-	-	-	-	2,631	-	-	-	-	3,272	-
Room Hire	-	-	-	-	-	-	-	90	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	90	-
Travel	-	-	-	-	-	-	-	22,944	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	22,944	-
Services / Work Undertaken	100	2,517	-	2,000	-	10,353	-	75	-	-	-	-	-	-	-	230	-	-	-	-	-	-	17,426	-	-	32,701	-
Reimbursements / Repayments	-	-	-	70	-	-	-	97	-	-	-	-	-	-	-	-	-	-	48	-	-	-	-	-	-	215	-
Other income	-	-	-	-	-	-	-	(90)	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	(90)	-
	34,460	3,140	2,100	5,650	-	35,772	4,428	36,420	54,195	15,521	44,600	17,000	25,000	15,000	15,000	3,527	38,800	130,707	7,450	19,898	62,845	10,000	17,426	4,141	603,080	401,773	
Expenditure on																											
Direct expenses																											
Advertising and Publicity	-	-	-	-	-	-	149	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	149	4,036
Bank Charges and Interest	-	-	-	-	-	-	-	-	-	-	-	-	61	-	-	-	-	-	-	-	-	-	-	-	-	61	231
Computer Expenses	-	-	(8,484)	-	-	315	271	-	-	2,175	1,386	4,331	2,295	-	-	-	-	1,648	-	-	3,641	-	-	-	-	7,578	16,718
Goods Given as Grants	-	-	-	14,160	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	14,160	-
Hall / Room Hire	-	-	-	-	-	-	-	-	1,821	-	1,758	-	-	-	-	-	-	-	-	-	-	-	-	-	-	3,579	4,817
Insurance	-	978	-	-	-	-	-	4,705	(70)	-	2,740	-	471	-	-	-	-	-	-	-	-	-	-	-	-	8,824	9,747
Legal and Professional Fees	-	-	-	48	-	2,371	-	96	3,500	-	48	-	1,300	-	-	-	-	96	-	-	-	-	-	-	-	7,459	14,455
Management Fees	3,000	-	-	-	-	2,000	-	2,000	-	1,800	2,000	-	-	-	-	-	2,000	-	-	-	5,000	-	-	-	-	17,800	10,000
Motor and Travel	74	1,889	781	49	-	118	-	9,550	97	-	1,095	-	70	230	-	-	30	645	-	-	-	-	473	-	-	15,101	11,107
Postage, Printing, Photocopying and Stationery	38	(1)	(8)	275	-	252	873	-	20	441	629	-	874	703	-	-	-	394	-	153	-	-	-	-	-	4,643	2,465
Profit / Loss on Disposal of FA's	-	598	-	(493)	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	105	-
Repairs, Maintenance and Equipment	1,617	238	19	5,517	-	1,569	1,338	145	1,732	1,216	3,240	2,223	-	1,316	-	1,018	-	2,512	-	543	13,125	-	5,365	1,680	44,413	24,553	
Sundry Expenses	13	1	-	4,087	-	1,819	814	1,704	646	42	3,086	2,800	1,960	697	(1)	-	236	29	-	(1)	588	-	17	1	18,538	15,828	
Telephone and Internet	-	-	-	30	-	-	-	51	(1)	-	697	865	965	-	-	-	-	449	-	-	83	-	100	-	-	3,239	3,869
Training	12	-	-	-	-	2,620	-	268	532	-	-	-	-	-	-	-	-	112	-	804	-	-	200	-	-	4,548	2,664
Utilities	-	-	-	-	-	1,746	-	-	-	-	(420)	3,140	1,420	-	-	-	-	-	-	-	-	-	-	-	-	5,886	9,759
Work Undertaken	-	-	-	-	-	150	2,651	-	-	-	1,000	-	-	-	-	-	-	240	-	-	1,290	-	-	-	-	5,331	6,766
Wages and Salaries	18,138	3,318	3,865	4,380	-	13,406	-	30,728	50,397	13,458	22,190	8,691	2,140	10,467	8,126	-	19,791	46,108	-	12,725	15,245	-	9,287	3,002	295,462	272,582	
Employers NI	918	320	194	444	-	179	-	910	3,270	540	1,753	653	226	712	768	-	1,023	3,578	-	885	877	-	887	116	18,253	13,727	
Employers Pension Costs	409	7	115	131	-	58	-	700	744	205	577	251	194	244	-	-	576	1,109	-	381	272	-	279	12	6,264	4,078	
Depreciation	-	-	-	-	804	1,268	-	9,843	-	230	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	12,145	14,167
	24,219	7,348	4,966	20,144	804	25,251	8,716	60,432	62,424	20,639	39,779	24,954	11,782	14,319	9,137	1,018	23,656	56,920	-	15,490	40,121	-	16,608	4,811	493,538	441,569	
Support costs																											
Auditors' remuneration	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	3,840
Auditors' remuneration - non-audit	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	2,708
	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	6,548
Net movement in funds	10,241	(4,208)	(2,866)	(14,494)	(804)	10,521	(4,288)	(24,012)	(8,229)	(5,118)	4,821	(7,954)	13,218	681	5,863	2,509	15,144	73,787	7,450	4,408	22,724	10,000	818	(670)	109,542	(46,344)	
Transfers between funds	-	-	-	14,494	-	-	-	14,169	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	670	-	29,333	-
Funds carried forward	29,700	4,410	9,153	-	-	15,442	12,266	11,484	22,788	2,254	18,730	4,766	19,365	681	5,863	2,509	15,144	73,787	7,450	4,408	22,724	10,000	818	-	293,742	154,867	