

Young People Taking Action

CHARITY NUMBER 1102645

STATEMENT OF ACCOUNTS

For the year ended 31 August 2023

Young People Taking Action

ESTABLISHED BY DEED

CHARITY NUMBER 1102645

Registered Address:	53 High Street Leiston Suffolk IP16 4EL
Trustees	Jack Fairweather (Chair) Abbie-Rose Reardon Rebekah Williams Ronald Hostler
Independent Examiner	CRASL Carlton Park House Carlton Park Industrial Estate Saxmundham Suffolk IP17 2NL
Bankers	Barclays Bank plc 4 Church Street Woodbridge Suffolk IP12 1DJ

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ESTABLISHED BY DEED

TRUSTEES' REPORT FOR THE YEAR ENDED 31 August 2023

OBJECTIVES AND ACTIVITIES

Mission Statement

Young People Taking Action (YPTA), locally known as the CYDS project, was set up in 1997 to support young people aged 8-29 in the Suffolk Coastal Area by the provision of an information and support service.

In particular to help young people to reach their full potential and to improve the conditions of life for young persons who have the need for such as service due to social or economic circumstances.

Young People Taking Action is dedicated to continuing to improve and update the services, giving continuity of care to all service users, especially those who are marginalised.

Primary Objectives

- * Free, confidential, open minded, non-judgemental support.
- * To aid young people to reach their full potential
- * To empower young people to take control of their daily lives and future independence.
- * To respect the rights of the individual and their choices.
- * To Provide information and advice on topics, which may hinder young people reaching their goals.
- * To meet the needs of young people in the local community and surrounding area.
- * To advocate on behalf of the young people so they receive the best and most useful service for them.
- * To offer a service which is user-friendly and flexible to the needs of the users, which offers the opportunity for early intervention together with crisis support.

Young People Taking Action aims to promote public benefit by tackling the issues outlined below:

- * Develop independence and empowerment.
- * Develop self-awareness.
- * Develop self-esteem and confidence.
- * Gain an understanding of services available to them.
- * Develop new skills and coping strategies.
- * Change self-abusing patterns of behaviour.
- * Reduce loneliness, isolation and social marginalisation.
- * Receive opportunities to challenge themselves in a supportive environment.
- * Gain relevant information to make informed choices.

The work we have undertaken in the past year and what we hope to achieve in the incoming year will be explained in more details over the following pages.

The trustees have taken due regard of the guidance published by the Charity Commission on public benefit.

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ACHIEVEMENTS AND PERFORMANCE

Introduction to the year

Over the last year CYDS has continued to deliver a valuable service to young people living in our area of benefit and for some from outside of it.

The project has been able to offer different and interesting learning experiences, such as short educational courses to help people into education, training or employment, diversionary holiday activities and hobby sessions allowing young people the chance to try something new, such as art, photography and film making.

The organisation also continues to be proactive in offering young people courses, which the staff team sees as being beneficial to the ongoing wellbeing of the young people with mental health needs. Including Mental Health First Aid.

We continue to be able to cover all sessions with paid qualified staff assisted by volunteers, some of which are young people from within the project and some local people from the wider community keen to help the young people.

Open Access

Our centres in Leiston and Saxmundham offered open access time, a total of 40 hours per week. This open access work is of real importance as without it we would not be able to build the relationship with the members enabling us to support them into the other more structured work we offer or into other training / employment opportunities. Also, it gives the members time to unwind, blow off steam, have fun, meet up with friends, try new things and relax in a safe comfortable environment. This year has been hard for us not being able to keep contact with many of our young members and them with us, even though we offer online support.

Offer One 2 One Counselling

This year we have had to double our hours of free counselling for young people. As the demand is ever increasing.

One to One Mentoring

Over the last year we have had to offer many more sessions of one-to-one mentoring with young people. This is so we can support more young people before and after their main counselling programme, to deal with extra triage, and to support those who do not need full counselling support but do need regular ongoing support.

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Fun Activities

From our centre we offer a wide range of fun activities for members including arts and crafts, photography, use of internet, computer gaming, pool table, music, board games, TV, film projects, music projects, cooking, competitions.

Targeted Support

We have been able to offer one to one support sessions to local young people to help them to get the best possible transition from school life to adult life. Most of this work is aimed at young people not in, or at risk of being not in, education, employment, or training. Or young people who have been identified as young offenders or at real risk of becoming involved in crime.

Young Parents

Our Young People group is back and regularly supporting several young parents. With a range of issues including bonding with their child, life skills, housing, benefits, support with substance misuse, toxic relationships.

Welfare

We are able to offer free use of phone and Wi-Fi, washing machine, tumble dryer, shower, cooking facilities and basic food to young people in real need for these.

Holiday Activities

There are a range of sports, creative or community projects run during school holidays to give young people a chance to have fun, gain resilience, make new friends, and learn to work as a team and to give something back to the local community.

Yoxford

We have been running a weekly youth club session in Yoxford. This is mostly sports and fun activities. But it has made it possible to encourage the young people into other projects we offer.

Wickham Market

We have been running a weekly youth club session in Wickham Market. We have run some sports and fun activities. But the level of need in Wickham Market is much higher. Around substance misuse, ASB, unsafe sexual behaviour, driving while under the influence. So we have had to deliver a lot more mentoring and workshops around the issues.

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Detached Work

We have been going out and about around the streets of Leiston, Saxmundham and Wickham Market offering information, advice and activities to young people who do not use our centres.

Financial review

Incoming resources amounted to £182,008, after incurring costs of £182,092, the net balance for the year was a deficit of £83 as shown on page 8. The directors consider the year end financial position to be satisfactory.

Principal Funding Sources

The principal funding sources for the charity are grants to enable it to meet its charitable objectives. During the year, these grants were chiefly from The National Lottery's Community Fund, Children in Need, Robert McAlpine Foundation, Limbourne Trust, East Suffolk District Council and Saxmundham Town Council.

Reserves Policy

Unrestricted funds represent the balance arising from past operating activities. The Charity is actively seeking funding for its ongoing work for the coming year. The main expenditure incurred by the charity is in relation to wages, and the trustees are satisfied that the balance of the fund is sufficient to meet the day-to-day operating requirements of the charity for a period of three months, amounting to approximately £15,000

Free reserves at 31st August 2023 amount to £58,771.

Restricted funds are held in accordance with the terms used for each project.

PLANS FOR FUTURE PERIODS

A Better place to deliver our work in Wickham Market

We use a small meeting room at the back of the village hall. As the main room is already booked out throughout the week. We really need a bigger venue that we can use for more hours each week, to be able to offer a wider range of activities and groups.

Holiday Activities

Offer a bigger holiday activities programme to a wider group of young people. To give young people something to look forward too. With fun activities away from home and back outside in the fresh air again.

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Partnerships

Continue to offer the use of our centre to other services and organisation that work with young people in our area and to work towards CYDS being at the centre of the local Integrated Youth Support Service.

Independent Examiner

CRASL Accounting Services will be re-appointed as independent examiner for the ensuing year.

Small Companies Provision

This report has been prepared in accordance with special provision for small companies under part 15 of the Companies Act 2006.



Jack Fairweather
Chair

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INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF Young People Taking Action

I report on the accounts of the charity for the year ended 31 August 2023, which are set out on pages 8 to 14.

RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND EXAMINER

As the charity's trustees you are responsible for the preparation of the accounts; you consider that the audit requirement of section 144(2) of the Charities Act 2011 (The Act) does not apply. It is my responsibility to state, on the basis of procedures specified in the General Directions given by the Charity Commissioners under section 145(5)(b) of the Act, whether particular matters have come to my attention.

Your attention is drawn to the fact that the charity has prepared accounts in accordance with published on 16 July 2014, the Financial Reporting Standard for Smaller Entities (FRSSE) is in

preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has since been withdrawn.

I understand that this has been done in order for the accounts to provide a true and fair view in accordance with the Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

BASIS OF INDEPENDENT EXAMINER'S REPORT

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

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INDEPENDENT EXAMINER'S STATEMENT

In connection with my examination, no matter has come to my attention:

- 1 which gives me reasonable cause to believe that in any material respect the requirements
 - * to keep accounting records in accordance with section 130 of the Act; and
 - * to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the Act.
- have not been met; or
- 2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

A handwritten signature in blue ink, appearing to read 'CRASL', with a large, sweeping flourish above it.

CRASL
Saxmundham

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STATEMENT OF FINANCIAL ACTIVITIES

For the year end 31 August 2023

				2023	2022
	<u>Note</u>	Unrestricted £	Restricted £	<u>Total</u> £	<u>Total</u> £
Income and endowments from					
<i>Voluntary Income:</i>					
Donations and legacies	2	67,940	0	67,940	132,217
Grants		100,876	0	100,876	0
<i>Activities for generating funds:</i>					
Charitable activities	3	13,028	0	13,028	17,511
Investments		0	0	0	0
Interest Received		164	0	164	14
Total income and endowments		<u>182,008</u>	<u>0</u>	<u>182,008</u>	<u>149,742</u>
 Expenditure					
<i>Cost of generating voluntary income</i>					
Charitable activities	4	182,092		182,092	147,518
Total expenditure		<u>182,092</u>		<u>182,092</u>	<u>147,518</u>
 Net movement in funds					
		-83		-83	2,224
 Balances brought forward					
		58,854		58,854	56,630
		<u>58,771</u>		<u>58,771</u>	<u>58,854</u>

All of the Charity's activities are classed as continuing.

The Charity has no recognised gains or losses other than those shown above.

The notes on pages 8 to 14 form part of these accounts.

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BALANCE SHEET AS AT 31 August 2023

	Note	£	2023 £	£	2022 £
Fixed Assets					
Tangible Assets	5		1,558		1,947
			<u>1,558</u>		<u>1,947</u>
Current Assets					
Stock		0		0	
Debtors and prepayments	6	7,351		80	
Current Account		27,043		33,752	
Savings Account		25,177		25,013	
Cash in hand		<u>0</u>		<u>0</u>	
		59,571		58,845	
Liabilities					
Amounts falling due in one year	7	2,356		1,938	
Net current assets			<u>57,214</u>		<u>56,907</u>
Net assets			<u>58,772</u>		<u>58,854</u>
Funds					
General			58,771		58,854
			<u>58,771</u>		<u>58,854</u>

Approved by the Board of Trustees on 10th June 2024 and signed on its behalf by:

N. J. Hoster

Trustee

Young People Taking Action

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NOTES TO THE ACCOUNT

1 ACCOUNTING POLICIES

Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice and in accordance with the Financial Reporting Standards for Smaller Entities (effective January 2015) and the Charities Act 2011. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note. The financial statements have been prepared to give and 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair' view. This departure has involved following Accounting and Reporting by the Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRSSE).

Preparation of accounts on a going concern basis

The assessment of the trustees is that the charity is a going concern.

Income

All incoming resources are included on the Statement of Financial Activities when the charity has sufficient certainty that receipt of the income is probable and the amount can be measured reliably.

Expenditure

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party. It has been classified under headings that aggregate all costs related to the at category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources. The charity is not registered for VAT and accordingly expenditure is shown gross of irrecoverable VAT. Grants offered subject to conditions which have not been met at the year end date are notes as commitment but not accrued as expenditure.

Voluntary Income

All donated income is included in income on receipt where the donor requires that the sum is to be treated as income in future accounting periods.

Investment Income

Interest received is included when receivable.

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Fixed Assets

Depreciation is provided on fixed assets at rates calculated to write off the costs, less estimated residual value, or each asset over its expected useful life as follows:-

Furniture, Fixtures and Fittings - 20% on reducing balance

Stock

Stock is valued at a lower of cost and net realisable value

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STATEMENT OF FINANCIAL ACTIVITIES

	Note	Unrestricted £	Restricted £	2023 <u>Total</u> £	2022 <u>Total</u> £
2 Donations and legacies					
Donations & Legacies	8	67,940	0	67,940	132,217
Grants	9	100,876	0	100,876	0
		<u>168,816</u>	<u>0</u>	<u>168,816</u>	<u>132,217</u>
3 Charitable activities					
Youth Club		12,038	0	12,038	12,971
Snack Bar / Training		860	0	860	1764
Holiday Activities		0	0	0	2,776
Hire Income		130	0	130	0
		<u>13,028</u>	<u>0</u>	<u>13,028</u>	<u>17,511</u>
4 Charitable activities					
Coffee bar & Food		1,826	0	1,826	2,049
Fundraising Costs		12,545	0	12,545	4,797
Wages & Salaries		108,107	0	108,107	95,533
Employers NIC		3,326	0	3,326	2,235
Employers Pension		5,250	0	5,250	4,357
Rent & Rates		10,800	0	10,800	10,800
Light, Heat & Water		2,495	0	2,495	2,574
Telephone		546	0	546	604
Waste Disposal		471	0	471	278
Licences & Fees		237	0	237	391
Insurance		1,324	0	1,324	745
Counselling		10,426	0	10,426	6,864
Equipment & Repairs		1,156	0	1,156	803
Saxmundham		587	0	587	398
Holiday Activities		3,238	0	3,238	758
Stationery & General		903	0	903	1,147
Accountancy		795	0	795	384
Depreciation		389	0	389	431
Projects		1,596	0	1,596	200
Leiston Youth Club		12,776	0	12,776	11,157
Training		1,729	0	1,729	1,013
Travel		1,569	0	1,569	0
		<u>182,092</u>	<u>0</u>	<u>182,092</u>	<u>147,518</u>

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STATEMENT OF FINANCIAL ACTIVITIES

5 Fixed Assets	Equipment	Furniture	Total
	£	£	£
Cost			
At 1 September 2022	2,077	61,398	63,475
Additions	0	0	0
Less: Grants	0	0	0
	<hr/>	<hr/>	<hr/>
At 31 August 2023	2,077	61,398	63,475
Depreciation			
At 1 September 2022	416	61,112	61,528
Charge for the year	332	57	389
	<hr/>	<hr/>	<hr/>
At 31 August 2023	748	61,169	61,917
Net book Value			
At 31 August 2023	<hr/> 1,329 <hr/>	<hr/> 229 <hr/>	<hr/> 1,558 <hr/>
At 1 September 2022	<hr/> 1,661 <hr/>	<hr/> 286 <hr/>	<hr/> 1,947 <hr/>

6 Debtors and prepayments	2023	2022
Employee Loan (T Chandler)	200	0
Employee Loan (C Trotter-Lanlgois)	4,466	0
Net Wages	2,565	50
DEA	120	30
	<hr/> 7,351 <hr/>	<hr/> 80 <hr/>

7 Liabilities: Amounts falling due within one year		
Accruals	420	384
PAYE	1,373	1,082
Pension	563	472
	<hr/> 2,356 <hr/>	<hr/> 1,938 <hr/>

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STATEMENT OF FINANCIAL ACTIVITIES

8 Donations & Legacies

Amazon Smile	£48
Waitrose	£428
Fairweather Law	£1,000
F B Coales Family Trust	£1,000
Albert Hunt Trust	£3,000
Community Action Suffolk	£3,040
Ganzoni Charitable Trust	£2,000
The Grace Trust	£500
Homeland Charitable Trust	£3,500
Fitton Trust	£300
Robert McAlpine Foundation	£7,500
Mrs L D Rope Third Charity	£5,000
The Kerrison Trust	£5,000
The Sir Robert Gooch Trust	£500
Limbourne Trust	£8,000
The Nicholas Young Foundation	£1,000
D.C Moncrieff Charitable Trust	£500
The Sackler Trust	£10,000
The H D H Wills 1965 Charitable Trust	£1,000
The Grant Foundation	£2,000
Matthews Wrightson Charitable Trust	£600
The Belstead Ganzoni Charitable Trust	£2,000
Other	£10,024
	<u>£67,940</u>

9 Grants

Children In Need	£ 21,336
Suffolk Community Fund	£ 6,000
East Suffolk Council	£ 5,000
National Lottery Community	£ 68,540
	<u>£ 100,876</u>